

Melanoma Epidemic: An Analysis of Six Decades of Data From the Connecticut Tumor Registry

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ABSTRACT

Purpose

Melanoma is the most commonly fatal form of skin cancer, with nearly 50,000 annual deaths worldwide. We sought to assess long-term trends in the incidence and mortality of melanoma in a state with complete and consistent registration.

Methods

We used data from the Connecticut Tumor Registry, the original National Cancer Institute SEER site, to determine trends in invasive melanoma (1950-2007), in situ melanoma (1973-2007), tumor thickness (1993-2007), mortality (1950-2007), and mortality to incidence (1950-2007) among the 19,973 and 3,635 Connecticut residents diagnosed with invasive melanoma (1950-2007) and who died as a result of melanoma (1950-2007), respectively. Main outcome measures included trends in incidence and mortality by age, sex, and birth cohort.

Results

In the initial period (1950-1954), a diagnosis of invasive melanoma was rare, with 1.9 patient cases per 100,000 for men and 2.6 patient cases per 100,000 for women. Between 1950 and 2007, overall incidence rates rose more than 17-fold in men (1.9 to 33.5 per 100,000) and more than nine-fold in women (2.6 to 25.3 per 100,000). During these six decades, mortality rates more than tripled in men (1.6 to 4.9 per 100,000) and doubled in women (1.3 to 2.6 per 100,000). Mortality rates were generally stable or decreasing in men and women through age 54 years.

Conclusion

Unremitting increases in incidence and mortality of melanoma call for a nationally coordinated effort to encourage and promote innovative prevention and early-detection efforts.

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INTRODUCTION

Melanoma has become an increasingly common cancer throughout much of the developed world.¹⁻⁵ Prior analyses of Connecticut Tumor Registry (CTR) data for the period of 1950 to 1989 predicted overall increases in melanoma incidence throughout the 1990s. Earlier cohort analyses for the state of Connecticut from the period of 1950 to 1984 indicated a decline in mortality rates among women born in the 1930s and men born since the 1950s. Recent analysis of the US SEER registry (1992-2006) found increasing mortality rates among those age \geq 65 years, with decreasing mortality rates for younger individuals.⁵

Assessing long-term trends in the incidence and mortality of melanoma in settings with complete and consistent registration is vital to evaluate the possible effects of prevention or early-detection

efforts to plan for future health service requirements, such as workforce demands, and build cancer-control strategies to mitigate the toll of this once-rare cancer.

METHODS

The state of Connecticut has the longest-operating population-based cancer registry in the United States—the CTR—with cancer registrations dating back to 1935, nearly 40 years before the establishment of the US National Cancer Institute SEER program in 1973.^{6,7} The CTR provides sex-, age-, and time period–specific counts of malignant melanoma incidence, along with breakdowns of rates by anatomic subsite, histologic subtype, and tumor thickness (ie, Breslow's depth). It also provides Connecticut population counts supplemented by data obtained from the US Census.⁸ According to the 2010 census, Connecticut has a population of 3,574,097, which is an approximately 75% increase over the 1950 population of

2,007,280. Coding of melanoma can be found in the SEER coding and staging manuals.⁹

This analysis of time trends in melanoma rates included men and women age 20 to 84 years. We restricted the analysis to whites because they comprised 97% of all patient cases. Rates and counts were grouped into the following time periods for the analysis: 1950 to 1954, 1960 to 1964, and 1973 to 1977 (to coincide with start of SEER program in 1973), 1983 to 1987, 1993 to 1997, and 2003 to 2007. The last year of complete data on recorded patient cases and deaths was 2007 at the time of analysis. We used the total state population to calculate rates based on census data and present crude population rates stratified by sex and age.

We classified Breslow thickness categories as ≤ 1.00 , 1.01 to 2.00, 2.01 to 4.00, > 4.00 mm, and unknown. Thickness distributions were compared by diagnosis period (1993-1997 *v* 2003-2007) and sex.

To analyze time trends and evaluate group differences for invasive melanoma incidence, in situ melanoma incidence, and mortality, we performed log-linear modeling using R and generalized linear models.¹⁰ We did not model anatomic site or thickness outcome because of missing data from earlier periods. We assumed that the observed number of patient cases followed a Poisson distribution. Data were fit to models containing terms for age, sex, and birth cohort (decade of birth). The models also contained population values that were used as an offset (to force coefficient to be 1). Model-checking methods included Akaike information criterion and likelihood ratio tests for nested models.¹¹ The best-fitting models for each of the three outcomes included sex, age, birth cohort, and interaction between age and birth cohort. In each of the final Poisson regression models, the estimated main effects for age and birth cohort were statistically different from zero using *t* tests; the significance of the interaction term was tested using changes in the Akaike information. Sex was an important first-, second-, and third-order term; to simplify the interpretation of the regression models, we ran separate age, birth cohort, and age \times birth cohort models with the male and female data. Predicted values from the age and birth cohort models were used to create fitted curves across age for birth cohort and time period (time period = cohort + age), showing trends in rates.

RESULTS

Invasive Melanoma

From 1950 to 2007, 19,973 malignant melanomas (excluding in situ tumors) were diagnosed in white Connecticut residents between the ages of 20 and 84 years. Over this entire period, 54.2% were diagnosed in men. However, profound temporal shifts by sex were evident; women comprised 58% of patient cases in 1950, whereas men comprised 56% by 2007. A shift in median age at diagnosis was also observed; the median age at diagnosis in 1950 was 53 years in men and 52 years in women, and in 2007, it was 65 years in men and 58 years in women.

In the initial period (1950-1954), a diagnosis of invasive melanoma was rare, with 1.9 patient cases per 100,000 for men and 2.6 per 100,000 for women (Table 1; Fig 1). Between 1950 and 2007, the overall incidence rates rose more than 17-fold in men (1.9 to 33.5 per 100,000; Table 1) and more than nine-fold in women (2.6 to 25.3 per 100,000). The average annual increase in melanoma incidence over this period was 0.6 per 100,000 in men and 0.4 per 100,000 in women. The observed rate of increase rose steadily over the years until the last decade, when the increase accelerated to 0.8 per 100,000 per year in men and 0.6 per 100,000 per year in women.

This trend was particularly pronounced in middle-age and older people. After age 50 years, rates for men in all age groups increased more than 20-fold, highlighted by 45-fold increases for men age 65 to 69 years. From the 1950s to 1970s, incidence rates were relatively consistent for younger versus older individuals. By the mid 1980s, a

shift toward onset at middle and older age began, particularly for men. By 2003 to 2007, diagnoses among men age > 50 years were nearly 4 \times greater than those among younger men (Table 1; Fig 1).

The overall acceleration in rate increases over the most recent 10 years is explained largely by increases at the oldest and youngest ages. Incidence rates for many younger-age subgroups (age 30-59 years) have stabilized, whereas elderly men and women (age 75-79 years) experienced rate increases of 64% and 72%, respectively. Compared with young men (age 20-29 years), incidence rates rose sharply for young women (age 20-29 years), nearly doubling between 1993 to 1997 and 2003 to 2007. In 1950, rates in men exceeded those in women at approximately age > 34 years, whereas in 2007, rates in men first exceeded rates in women at age 50-54 years.

In modeling incidence, best results were obtained from models containing age and sex interactions. Time trends were significant in both sexes and in all age groups except the youngest (age < 35 years). Slopes for time trends increased with age consistently, except for a somewhat steeper slope for men age 65 to 70 years.

Birth cohort analysis (Fig 2) clearly showed the trends in melanoma incidence rates in the CTR data. The expected pattern of increasing incidence with age was observed for all patients across all birth cohorts, but there were also progressive increases at all ages with increasing decade of birth. The increases were largest at older ages and in the more recent birth cohorts. There was no apparent decrease or even plateauing in the rates for the most recent birth cohorts. Although there were only modest increases or even slight decreases in a few age groups (Table 1), invasive melanoma rates among those age < 40 years continued to increase in the most recent time periods, particularly among women.

In Situ Melanoma

Ascertainment of in situ melanoma first became available in 1973. The rate of increase in incidence of in situ melanoma increased over time, with the greatest increase in the most recent decade. For those age < 50 years, the ratio of in situ melanoma to invasive melanoma rose from 0.36 to 0.66 in men and from 0.54 to 1.05 in women (Table 1).

Anatomic Site

From the mid 1970s to the most recent period, the proportion of melanomas occurring on the head and neck and upper limbs and shoulders increased slightly, whereas the proportion of melanomas on the trunk remained essentially the same (Table 2).

Tumor Thickness

The proportion of melanomas diagnosed at ≥ 2.01 mm differed between 2003 to 2007 (11.3%) and 1993 to 1997 (12.8%) when excluding melanomas with unknown thickness and tumors with no mass or tumor found. Thinner melanomas (< 1 mm) were more common in the most recent period when including (67.6% *v* 61%) and when excluding melanomas with unknown thickness (75.1% *v* 72.7%; Table 2).

Mortality

During the study period, 3,635 white Connecticut residents died as a result of melanoma. Melanoma deaths were more common in men (58%) than women (42%) and increased more steeply over time

Table 1. Invasive Melanoma, In Situ Incidence, and Melanoma Mortality in Connecticut Tumor Registry, 1950 to 2007

Incidence	Rates per 100,000 by Age (years)													Counts by Age (years)		
	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	Overall	< 50	≥ 50
Invasive melanoma																
Men																
1950-1954	1.7	1.3	2.8	3.4	2.4	2.1	3.0	2.2	3.9	2.2	4.9	6.9	9.6	1.9	53	43
1960-1964	1.9	3.1	3.7	5.4	7.6	7.7	5.7	7.8	6.3	4.7	11.3	9.4	16.8	3.8	128	106
1973-1977	2.9	3.1	6.6	8.0	13.7	15.9	21.0	16.5	18.0	25.8	22.8	31.0	24.3	8.6	221	363
1983-1987	3.3	3.1	6.6	12.5	18.2	19.0	26.9	31.4	42.2	43.4	49.3	48.7	76.2	15.1	316	725
1993-1997	2.3	3.1	7.4	12.2	21.2	26.3	38.0	50.4	68.6	86.8	98.0	106.7	102.9	25.5	418	1311
2003-2007	4.2	3.1	9.4	12.7	20.6	31.3	35.8	50.8	81.6	100.2	123.7	174.2	176.4	33.5	473	1810
Women																
1950-1954	1.1	2.8	3.4	1.4	4.4	3.3	1.9	4.6	3.7	7.5	9.7	8.4	5.8	2.6	65	68
1960-1964	2.8	2.7	3.8	6.6	6.2	5.0	6.3	4.6	5.2	7.4	7.5	10.6	5.3	3.6	123	106
1973-1977	3.4	5.4	7.3	9.4	12.4	13.2	14.2	11.2	9.7	14.3	12.2	15.7	17.9	7.3	232	276
1983-1987	2.7	8.9	11.9	12.5	15.1	21.2	24.5	23.3	24.6	19.2	21.1	19.5	26.4	12.3	372	504
1993-1997	3.6	9.9	13.6	20.9	25.4	23.4	24.0	35.1	37.4	35.7	39.8	37.6	48.1	19.4	561	794
2003-2007	7.1	15.0	15.3	18.1	25.5	33.6	32.0	39.8	41.3	49.8	64.0	64.0	60.4	25.3	631	1158
In situ melanoma																
Men																
1973-1977	0.0	1.3	0.0	0.5	0.3	0.7	0.4	1.3	0.9	0.8	1.9	0.0	1.5	0.4	8	16
1983-1987	0.0	2.0	0.3	0.3	1.9	2.3	2.0	3.7	6.1	8.0	5.1	9.3	10.5	1.7	22	99
1993-1997	0.3	5.4	1.6	2.0	6.6	7.9	14.1	21.4	30.4	42.1	52.7	55.5	52.4	11.0	109	622
2003-2007	1.1	2.8	2.3	6.8	8.6	16.6	24.0	33.6	51.8	69.5	103.9	131.5	149.6	22.8	209	1316
Women																
1973-1977	0.4	0.2	0.2	0.7	0.7	0.7	0.6	1.0	0.3	0.3	1.3	1.1	0.7	0.4	13	15
1983-1987	0.5	0.6	1.0	1.4	1.9	1.6	3.2	1.2	3.8	5.7	2.6	2.6	7.1	1.6	36	78
1993-1997	0.7	8.2	4.2	6.1	10.3	9.8	13.9	17.1	17.7	16.7	21.5	25.7	14.3	8.4	198	403
2003-2007	3.0	4.7	7.6	13.7	18.8	22.0	26.3	31.0	40.2	53.9	50.0	54.7	52.9	19.5	400	1005
Melanoma mortality																
Men																
1950-1954	0.3	0.5	1.2	1.9	0.8	2.1	0.7	1.5	3.9	2.2	4.1	6.9		1.6	26	30
1960-1964	0.3	0.8	0.7	2.8	1.7	2.1	4.3	4.9	3.9	1.9	6.9	9.4		2.6	37	66
1973-1977	0.0	1.5	1.5	1.8	2.9	2.9	5.1	6.9	6.8	7.6	9.3	9.4	10.0	2.5	46	126
1983-1987	0.0	1.0	1.4	1.8	2.9	2.9	7.4	9.3	11.2	11.1	15.8	9.3	19.7	3.5	58	193
1993-1997	0.0	0.0	1.0	1.6	1.4	2.7	4.2	8.7	9.0	12.7	13.6	24.8	22.6	3.8	44	215
2003-2007	0.0	0.0	0.0	0.0	1.8	2.2	3.3	7.6	9.4	14.5	25.1	32.2	35.2	4.9	32	276
Women																
1950-1954	0.3	0.9	0.7	1.2	0.8	1.2	1.0	2.5	2.5	4.5	2.8	1.1		1.3	20	30
1960-1964	0.0	1.0	1.1	1.9	1.2	0.9	1.6	1.2	3.8	3.1	5.0	3.8		1.7	28	44
1973-1977	0.0	0.0	1.7	2.5	2.0	3.4	2.8	2.8	3.6	5.6	4.6	4.9	5.2	1.8	41	82
1983-1987	0.0	0.0	1.0	1.8	1.6	4.1	2.2	5.4	4.2	6.8	6.7	4.8	6.4	2.4	43	115
1993-1997	0.0	0.0	0.0	1.2	2.0	1.7	2.5	5.3	4.7	3.9	6.5	10.4	14.2	2.5	35	138
2003-2007	0.0	0.0	0.0	0.0	0.0	2.8	2.0	3.8	4.4	4.8	9.3	10.1	8.3	2.6	28	137

in men. Although women had steady increases of approximately 0.01 to 0.02 per 100,000 per year, melanoma mortality in men increased by 0.05 to 0.06 per 100,000 per year until 1993, when it accelerated to 0.11 per 100,000 per year. Overall, from the period 1950 to 1954 to the period of 2003 to 2007, mortality rates doubled in women (1.3 to 2.6 per 100,000) and tripled in men (1.6 to 4.9 per 100,000). The median age of melanoma death changed from 55 years in men and 58 years in women in 1950 to 1954 to 72 years in men and 70.5 years in women in 2003 to 2007.

These mortality trends across > 50 years were not uniform across age groups, with mortality rates generally stable or dropping in men and women below age 55 years (Fig 3). Conversely, above these ages, mortality rates increased over time, particularly among men age > 65 years, who had a six-fold increase in melanoma mortality.

The birth cohort analysis (Fig 4) showed that with each successive cohort from 1910 to 1950, mortality rates rose for men and women age > 50 years, with the largest increases found for men. These increases in risk by birth cohort were particularly steep at older ages. For example, for men age 55 years, there was approximately a two-fold increase between 1900 and 1950, whereas for men age 65 years, there was approximately a three-fold increase (1890 to 1940). Below 50 years of age, mortality rates increased with birth cohort for those born before 1950 but plateaued or decreased slightly for those born in 1950 or later.

From 2003 to 2007, not one death was recorded for women age < 45 or for men age < 40 years. This compares with 40 deaths in women and 36 deaths in men for these age groups in the first two time periods (1950-1954 and 1960-1964 combined).

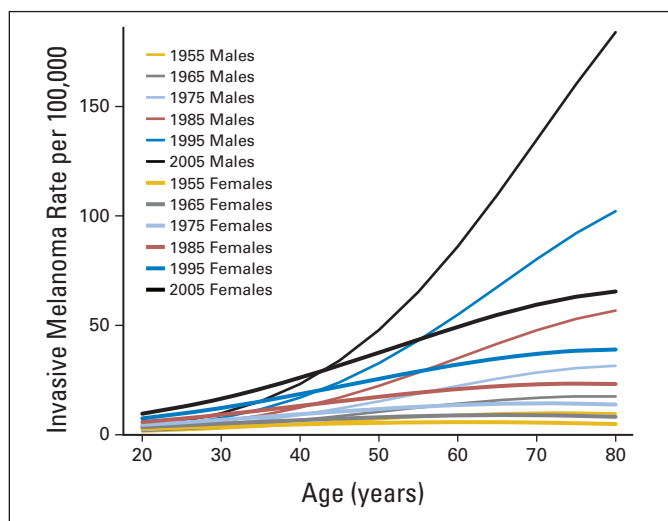


Fig 1. Invasive melanoma rates in Connecticut Tumor Registry from 1950 to 2007 by sex, age, and time period (estimates from Poisson regression model). Time periods centered on mid-decade year; note that first two time periods actually straddle second year of decade.

Mortality-Incidence Ratios

The ratio of melanoma deaths to patient cases decreased steadily over the nearly 60 years. During the period of 1950 to 1954, there was one death for every 1.5 patient cases, decreasing to one death for every 7.8 patient cases during 2003 to 2007. In the most recent period, for men age 70 to 74 years, there was one death per 4.9 patient cases and one death per 5.4 patient cases for men age 75 to 79 years. For men age 45 to 49 years, there was one death per 14.2 patient cases and one death per 12.0 patient cases for women in the same age group (data not shown).

DISCUSSION

With nearly 60 years of data from the state with the longest-running population-based cancer registry, we have described the evolution of a

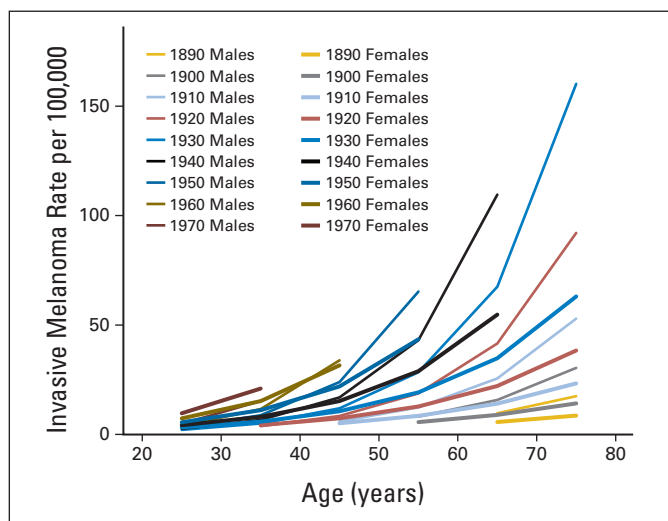


Fig 2. Invasive melanoma rates in Connecticut Tumor Registry from 1890 to 1970 by sex, age, and birth cohort (estimates from Poisson regression model). Time periods centered on mid-decade year, with birth cohorts centered on decade.

cancer from its relative insignificance to one with major public health importance. Incidence rates in white Connecticut residents have risen nearly 2,000% since 1950; the population of the state has increased by 75%. Mortality rates tripled in men during these six decades and doubled in women.

Three major points emerge. First, there has been a marked shift from a cancer striking younger individuals to one that disproportionately burdens individuals age > 50 years; however, most recent data indicate a resurgence of melanoma in the youngest women.¹² Second, the ratio of deaths to patient cases has dropped markedly. Third, examining successive birth cohorts, from 1910 to 1945, mortality rates begin to rise at age 45 years for women and age 50 years for men and increase precipitously by age and time period; moderation of this increase appears only for those born in 1950 or later. Mortality rate increases are particularly steep for men; for example, for men born in 1930, mortality rates exceed 30 deaths per 100,000.

Incidence rates for most age groups continue to increase, including the youngest age groups, and there is little evidence to support a projected drop in melanoma incidence in Connecticut as the youngest birth cohorts age. In fact, increases in incidence were observed for the youngest residents, particularly in women, and these differences by sex may be related to new trends in sun exposure or use of tanning beds.¹³⁻¹⁶ Increases were also particularly high for elderly residents, who likely used little sun protection in their childhood and early adult years. Of most concern, mortality continues to rise in men starting at age 65 and in women at age 70 years, with little evidence of stabilization.

For the time period covered by both SEER and Connecticut data (1973-2007), strikingly similar patterns emerge: notably sharply rising incidence rates, a shift in the burden of disease from younger to older populations, and an overall mortality rate that has only begun to stabilize.⁷ Generally, results presented herein are similar to those found in nearly all analyses of melanoma trends in Europe and Australia.¹⁴ For this analysis, we used CTR data for many reasons. An enhanced historical perspective can be achieved with more than 20 years of additional data from 1950 to 1972; these extra years are invaluable in examining various cohorts as they navigated through historical and cultural events, such as overseas wars exposing fair-skinned populations to intermittent bursts of ultraviolet exposure¹⁶ and changes in clothing habits and recreational and workplace exposures that may have influenced both sun protection habits, exposure, and rates of disease. As one of the original SEER registries, Connecticut has had a long-standing commitment to retrieving patient cases from among Connecticut residents diagnosed in nearby states and to ensuring that dermatopathology laboratories report patient cases to the state registry.

Although there has undoubtedly been improved reporting of melanoma of the skin in Connecticut as well as in the SEER program areas beginning in 1973, we are confident that the overall trends in both incidence and mortality are real. Improved reporting in the last few decades cannot explain the consistent overall trends beginning from the earliest time periods for which data are available.

Going forward, these results clearly recommend strengthening and promoting the two central foci of melanoma control: primary prevention and early detection of melanoma.^{17,18} Reasonably high numbers of cases in young people, particularly young women, speak to the need for comprehensive, multisite community-based sun protection programs in schools, recreational sites, and pediatricians' offices.^{19,20}

Table 2. Distribution of Melanoma Characteristics by Diagnosis Period*

Characteristic	1950-1954		1960-1964		1973-1977		1983-1987		1993-1997		2003-2007	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Behavior												
In situ	—	—	—	—	52	4.5	235	10.9	1,332	30.2	2,930	30.9
Invasive	229	100.0	463	100.0	1,092	95.5	1,917	89.1	3,084	69.8	4,072	69.1
Sex												
Female	133	58.1	229	49.5	508	46.5	876	45.7	1,355	43.9	1,789	44.5
Male	96	41.9	234	50.5	584	53.5	1,041	54.3	1,729	56.1	2,283	55.5
Age at diagnosis, years												
< 50	118	51.5	251	54.2	453	41.5	688	35.9	979	31.7	1,104	27.1
≥ 50	111	48.5	212	45.8	639	58.5	1,229	64.1	2,105	68.3	2,968	72.9
Anatomic site												
C44.0-C44.4, head and neck	—	—	—	—	169	15.5	317	16.5	523	17.0	738	18.1
C44.5, skin of trunk	—	—	—	—	378	34.6	688	35.9	1,149	37.3	1,388	34.1
C44.6, skin of upper limb and shoulder	—	—	—	—	237	21.7	403	21.0	707	22.9	993	24.4
C44.7, skin of lower limb and hip	—	—	—	—	232	21.2	408	21.3	578	18.7	818	20.1
C44.8-C44.9, overlapping and skin, NOS	—	—	—	—	76	7.0	101	5.3	127	4.1	135	3.3
Breslow thickness, mm												
≤ 1	—	—	—	—	—	—	—	—	1,870	60.6	2,722	66.8
1.01-2	—	—	—	—	—	—	—	—	377	12.2	493	12.1
2.01-4	—	—	—	—	—	—	—	—	223	7.2	258	6.3
> 4	—	—	—	—	—	—	—	—	108	3.5	153	3.8
No mass/tumor found	—	—	—	—	—	—	—	—	3	0.1	36	0.9
Unknown/not stated/microinvasion	—	—	—	—	—	—	—	—	503	16.3	410	10.1

Abbreviation: NOS, not otherwise specified.

*For melanomas diagnosed in white Connecticut residents age 20 to 84 years. All characteristics except behavior refer to invasive melanoma only.

Such programs should advocate for adoption of sun protection policies as well as avoidance of and restrictions to tanning bed use for youth. Identification of populations at highest risk for thick, late-stage melanoma is crucial and can also be led and inspired by community-based programs and public health department initiatives that target messages for the prompt and early detection of melanoma.

There is room for cautious optimism about these programs because the overall mortality rate has stabilized for women since the mid

1980s in Connecticut and elsewhere in the United States.⁶ Moreover, mortality rates for Connecticut men and women between 20 and 50 years of age have been dropping since the 1970s. Conversely, Connecticut data strongly reinforce the fact that middle-age and older men have not shared these encouraging trends and suffer a disproportionate burden of melanoma deaths. The Institute of Medicine has recommended that physicians pay particular attention to the skin of older men,²¹ and public education efforts have urged middle-age and

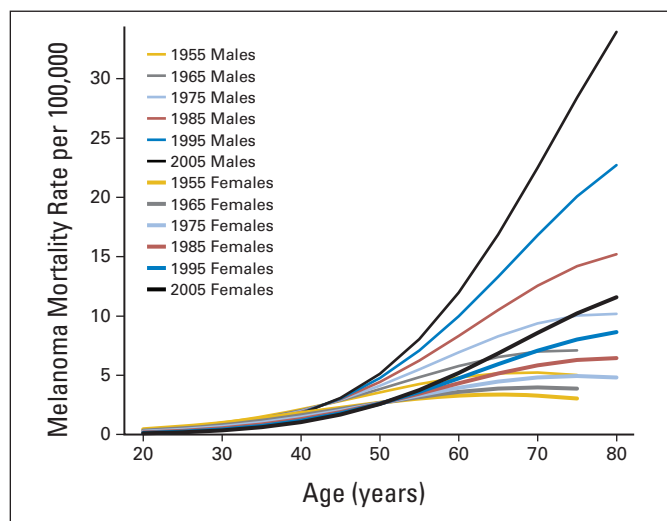


Fig 3. Melanoma rates in Connecticut Tumor Registry from 1950 to 2007 by sex, age, and time period (estimates from Poisson regression model). Time periods centered on mid-decade year, with birth cohorts centered on decade.

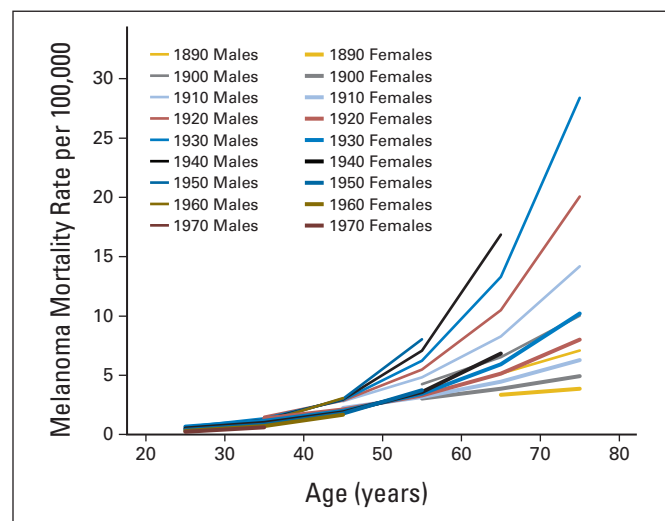


Fig 4. Melanoma rates in Connecticut Tumor Registry from 1890 to 1970 by sex, age, and birth cohort (estimates from Poisson regression model). Time periods centered on mid-decade year, with birth cohorts centered on decade.

older men to ask their significant others and physicians to examine hard-to-see areas.²²

There is the possibility that some component of the increase in incidence may be attributed to improved registration of melanomas that would not have been recorded earlier. An upswing in the diagnosis of in situ disease may be attributed to both its recognition and classification as a separate entity than to severely dysplastic nevi or severely atypical melanocytic hyperplasia. Differential classification over time is of concern, but it is likely more so for melanoma in situ and is less likely to be affecting the ratio of invasive cases to deaths.²³ There is also the possibility that some melanomas diagnosed in Connecticut more recently were subject to the overdiagnosis of melanoma that has been reported elsewhere.^{24,25} If this is the case, and if it has occurred in the more recent period, the use of a mortality-to-incidence ratio that depends on an accurate historical and current estimate of incidence may be affected. The fact that mortality rates and incidence of melanoma > 2 mm are stable in Connecticut and elsewhere⁶ provides some evidence against a disease marked primarily by the overdiagnosis or surveillance bias that has been observed elsewhere.²⁴ On the basis of pathology from the United States and other countries and covering the 50-year period from 1930 to 1980, one review concluded that “these findings argue against changes in histological appearance as being responsible for more than a small portion of the continuous increase of some 3% to 8% per annum observed in malignant melanoma incidence.”^{26p483} Uniform coding of Breslow thickness has only been available since 1988; hence, examination of change in Breslow thickness over time was limited to the two most recent study periods. Finally, there seems to be strong concordance for the reporting of melanoma as a cause of death; validation of cause of death certification was 93%.²⁷

In conclusion, in Connecticut, a state with exemplary recording of invasive melanoma, in situ disease, and deaths, mortality rates for men begin to rise at age 55 years, with the largest

increases for men age > 65 years. In light of the recent reduction of 40% in melanoma deaths in a large screening program in Germany,²⁸ large-scale educational and screening campaigns targeting high-risk populations in the United States must be implemented to drive down the incidence and mortality of this preventable cancer.

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