

Neighborhoods and Infectious Disease Risk: Acquisition of Chlamydia during the Transition to Young Adulthood

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ABSTRACT *Adolescents and young adults have the highest rates of sexually transmitted infections (STIs) in the USA despite national priority goals targeting their reduction. Research on the role of neighborhoods in shaping STI risk among youth has increased in recent years, but few studies have explored the longitudinal effects of neighborhoods on STI acquisition during the adolescent to young adult transition. The aims of this study were to examine: (1) the longitudinal relationships between the neighborhood context (poverty, residential instability, and racial/ethnic concentration) of exposure during adolescence and young adults' acquisition of chlamydia, and (2) the extent to which sexual risk behaviors and depression over the transition from adolescence to young adulthood mediate the relationship between the neighborhood context of exposure during adolescence and young adults' acquisition of chlamydia. A longitudinal observational design was employed using data from the National Longitudinal Study of Adolescent Health (Add Health), waves 1–3 (1994–2002). The sample was composed of 11,460 young adults aged 18 to 27 years. Neighborhood measures during adolescence were derived from the 1990 US Census appended to adolescents' interview data. Chlamydia infection was measured via urine assay at wave 3 and 4.6 % of the young adults in the sample tested positive for chlamydia. Multilevel logistic regression analyses were conducted adjusting for numerous neighborhood and individual risk factors. Multivariate findings indicated exposure to neighborhood poverty during adolescence increased the likelihood of a positive urine test for chlamydia during young adulthood (AOR=1.23, 95 % CI=1.06, 1.42), and the association was not mediated by sexual risk behaviors or depression. Further research is needed to better understand the pathways through which exposure to neighborhood poverty contributes to chlamydia over the life course as are comprehensive STI prevention strategies addressing neighborhood poverty.*

KEYWORDS *Neighborhood, Chlamydia, Sexually transmitted infection, Life course*

INTRODUCTION

Adolescents and young adults have the highest rates of sexually transmitted infections (STIs) in the United States^{1,2} despite national priority goals targeting their reduction.³ Thus, calls to address the contribution of the social determinants of health to STIs among this vulnerable population have increased.³ One growing body of research has focused on neighborhood context—primarily contemporary neighborhood racial and ethnic composition and poverty concentration and their

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associations with STI outcomes. These studies are predominantly rooted in social disorganization theory,⁴⁻⁶ which posits neighborhoods characterized by racial and ethnic heterogeneity, concentrated poverty, and residential instability are more likely to experience a wide range of problematic outcomes due to weakened social ties and informal social control capacities and reduced access to institutional resources (e.g., quality schools and health care). Study findings generally support the basic claims of social disorganization theory with respect to associations between community poverty and STI across a range of pathogens. Specifically, ecological studies found higher community rates of gonorrhea,⁷⁻¹⁰ chlamydia,⁷ syphilis,⁷ and HIV¹¹ in communities characterized by concentrated poverty, highlighting the clustering of STIs in vulnerable geographic contexts. In addition, two recent studies, one using cross-sectional multilevel analyses¹² and the other a generalized estimating equation approach¹³ found young adults living in neighborhoods with higher levels of concentrated poverty were more likely to have trichomoniasis or repeated chlamydia infections compared to their peers in more advantaged neighborhoods. Both adjusted for a host of potential confounding relationships strengthening the evidence that neighborhood poverty is associated with individual acquisition of STI above and beyond differences in levels of risk.

Social disorganization theory also posits that racially and ethnically diverse neighborhoods weaken social ties between residents due to distrust of dissimilar "others" whereas homogeneity is thought to enhance community cohesion and facilitate recognition of shared norms and goals.⁴⁻⁶ However, segregated African American communities do not appear to benefit from racial homogeneity with respect to STI outcomes, perhaps due to the negative effects of protracted poverty and social isolation in these communities.⁶ For example, prior multilevel research found that young adults who lived in neighborhoods with higher concentrations of Black residents were more likely to have trichomoniasis compared to their peers in less segregated neighborhoods, and this relationship was mediated by neighborhood poverty.¹² Thus, the neighborhood racial disparity in trichomoniasis was hypothesized to be due in part to higher rates of poverty more commonly experienced in racially segregated African American neighborhoods.¹² Furthermore, racial discrimination is linked to the formation of racially segregated sexual networks, and to the disproportionate incarceration of African American males.¹⁴ Combined, the subsequent reduction in the male-to-female sex ratio due to incarceration, the segregation of sexual networks, and the high levels of concentrated poverty that characterize many segregated African American communities lead to the development of high-risk environments primed for STI epidemics. In contrast to segregated African American communities, immigrant enclaves are hypothesized to be protective against STI due to traditional norms regarding sexual activity.¹⁵ Research examining these relationships is limited though, and the findings mixed. For example, an ecological study found lower incidence rates of gonorrhea and chlamydia in neighborhoods in which 60 % or more of the residents were Hispanic compared to those with similar proportions of Black residents.¹⁵ However, no significant association between immigrant concentration and trichomoniasis was found in the aforementioned multilevel study,¹² although the direction of the relationship was negative. Differences in the measurement of what constitutes an immigrant enclave, sampling design (local vs national), or analytic strategy (ecological vs multilevel analyses) could account for the disparate findings.

Residentially unstable communities also are hypothesized to experience weakened social ties, trust, and social control capacities due to higher proportions of renters

and the greater frequency of in- and out-migration of community members.⁴⁻⁶ High-risk behaviors may then be more likely to occur in residentially unstable communities due to perceptions of greater anonymity and lower informal social control capacities. However, few studies have focused on the effects of residential instability on STI outcomes compared to other community characteristics, and the findings have been contradictory to the disorganization hypothesis. For example, one study found residential instability was associated with fewer self-reported STIs,¹⁶ whereas another found no significant relationship between residential instability and trichomoniasis, but the direction of the relationship was consistent with the former study.¹² These counter-intuitive findings suggest that rather than increasing STIs due to disrupted social ties, residential instability may reduce STI risk perhaps through the prevention of closed sexual networks¹² that are known to increase STI transmission.¹⁷

Although previous research has elucidated linkages between neighborhood social disorganization and acquisition of STI, particularly with respect to neighborhood poverty, limitations exist. First, most studies on neighborhoods and STIs have employed ecological analyses, in which the STI outcome was measured at the community level (e.g., community STI rate) via administrative data.^{7-9,11} Although ecological analyses provide important information about the community context, all data are at the community-level precluding investigation of the variation in individual outcomes and adjustment for potential confounding relationships between the community and individual-level data.¹⁸ Consequently, mixed findings between ecological and multilevel analyses on the relationships between neighborhood characteristics and STI outcomes may be explained, in part, by the adjustment of confounding individual and family risk factors in the multilevel model. Second, the majority of studies have focused on contemporaneous relationships.^{7-9,11} However, life course theory posits that social processes across contexts and over time shape human development and that their effects on outcomes may be more salient during transitions,¹⁹ such as the transition from adolescence to young adulthood. Thus, the neighborhood conditions to which individuals are exposed during adolescence may influence their subsequent STI risk during young adulthood. Third, research exploring the neighborhood and individual mechanisms through which the neighborhood context may contribute to individual STI outcomes is limited, but needed to advance our understanding of how neighborhoods operate. For example, the prior research discussed previously found neighborhood poverty mediated the relationship between neighborhood racial concentration of African Americans and young adults' acquisition of trichomoniasis. Furthermore, others have found neighborhood poverty and neighborhood physical and social disorder were associated with an increased engagement in sexual risk behaviors²⁰⁻²³ and depression²⁴⁻²⁶ among adolescents—outcomes also linked to adolescents' STI acquisition^{1,27} as well as to one another.^{27,28} However, the majority of prior research has been either cross-sectional or focused on only one phase of the life course, primarily adolescence.

Therefore, the aims of this study were to examine: (1) the longitudinal relationships between the neighborhood context (poverty, residential instability, and racial/ethnic concentration) of exposure during adolescence and young adults' acquisition of chlamydia, including the potential mediating effects of concentrated poverty and residential instability on the relationship between racial and ethnic concentration and chlamydia infection, and (2) the extent to which sexual risk behaviors and depression over the transition from adolescence to young adulthood mediate the

relationship between the neighborhood context of exposure during adolescence and young adults' acquisition of chlamydia. This study builds on previous research in three significant ways: (1) employment of multilevel analysis to simultaneously examine individual and neighborhood factors that may affect the likelihood of chlamydia; (2) employment of a longitudinal design that included a host of neighborhood and individual measures collected at two-time points during the transition from adolescence to young adulthood; and (3) examination of potential neighborhood and individual-level mechanisms through which the broader neighborhood context may contribute to STI during the transition from adolescence to young adulthood.

METHODS

Study Design and Sample

Data for this study were from the National Longitudinal Study of Adolescent Health (Add Health), waves 1 (1994–1995) and 3 (2001–2002).^{29,30} Add Health is a school-based, longitudinal study whose participants were in the 7th–12th grade at the first wave of data collection. Currently, four waves of data have been collected from multiple sources spanning adolescence to young adulthood. The sample for this study was comprised of those respondents from wave 1 who were relocated and interviewed during the wave 3 data collection time frame ($N=15,170$) with a weighted response rate of 75.6%.³¹ Add Health provides sampling weights for 14,322 young adults, and of these 12,545 respondents had urine assay results for chlamydia. Participants missing data on model covariates were excluded from the analysis ($n=1,085$ or 8.6%) for a final sample size of 11,460 young adults aged 18 to 27 years. Analysis indicated those missing from the sample were more likely to experience individual and neighborhood poverty at both waves, live in racially concentrated neighborhoods at both waves, and live in residentially unstable neighborhoods at wave 1. Although participants who were excluded were from more vulnerable populations known to be at higher risk for the outcome, we found no statistically significant differences in the odds of chlamydia infection between young adults missing from the sample and those included in the final analysis. Sensitivity analyses addressing the possible bias introduced by listwise deletion of item missing respondents resulted in comparable findings to those presented below (available upon request).

Dependent Variable

The dependent variable was infection with chlamydia (yes=1) at wave 3. Add Health respondents provided a urine sample taken from their first stream of urine on the day of the wave 3 interview, which was tested for chlamydia via Ligase Chain Reaction (LCR™) amplification technology in the Abbott LCx® Probe System.³²

Independent Variables

Neighborhood Social Context during Adolescence The neighborhood was defined as the census tract of residence; consistent with previous research.¹² Wave 1 neighborhood measures were derived from the 1990 US Census and provided to researchers in Add Health's contextual data set. Three indicators of the neighborhood social context were examined—racial and ethnic concentration,

concentrated poverty, and residential instability. Racial and ethnic concentration consisted of two measures—(1) Black residential concentration measured as the proportion of Black residents in the census tract and (2) ethnic residential concentration measured via the mean of three standardized items: proportion of Latino/Hispanic residents, proportion of linguistically isolated residents, and proportion of foreign-born residents ($\alpha=0.95$). Concentrated poverty was measured as the mean of four standardized items: proportion of households below poverty, proportion of households on public assistance, total unemployment rate, and proportion of female-headed households with children ($\alpha=.82$). Residential instability was measured as the mean of two standardized items: proportion of households living in the census tract for 5 years or more and proportion of owner occupied homes ($\alpha=.82$).

STI Risk Factors

Sexual risk behaviors and depression measures were included in the analysis as potential mediators of the relationship between the neighborhood context during adolescence and young adults' acquisition of chlamydia. Sexual risk behaviors included: age at first vaginal intercourse (18–27 years, 16–17 years, 10–15 years, or never—reference); STI in the year prior to wave 1 (yes=1); multiple vaginal sex partners in the year prior to wave 3 (three or more partners in the past year; yes=1); condom used at last sex (yes=1); level of binge drinking in year prior to wave 3 (number of days during the past year drank five or more drinks ranging from never to every/almost every day); and drug use during the month prior to wave 3 (if used marijuana, methamphetamine, cocaine, or other illegal drug; yes=1). Depression was based on nine items from the CES-D available at both waves; measurement was consistent with prior research investigating depression and STI.²⁷ Items were summed and respondents who scored greater than 10 on the scale were considered depressed. A categorical measure was then created for those who reported depression only at wave 1 (past), depression only at wave 3 (current), depression at both waves (chronic), or no depression at either wave (reference).

Control Variables

A host of neighborhood and individual control variables from both waves were included in the analyses. Wave 3 neighborhood control measures were included to examine associations between the contemporaneous neighborhood and young adults' acquisition of chlamydia: racial and ethnic concentration, concentrated poverty, residential instability, and urbanicity (proportion of residents in the census tract living in an urban area). The variables were measured identically to the wave 1 neighborhood context measures except they were derived from the 2000 US Census. Wave 1 neighborhood urbanicity was also included as a control variable. The following individual-level sociodemographic factors derived from waves 1 and 3 in-home interviews were included: gender (male=1), race and ethnicity (non-Hispanic Black, Hispanic, non-Hispanic "other", or non-Hispanic white—reference); foreign birth (yes=1), heterosexual orientation at wave 3 (yes=1); parental economic hardship at wave 1 (received food stamps, housing assistance, or AFDC in the past year; yes=1), lived in a two parent household at wave 1 (yes=1), respondent economic hardship at wave 3 (received food stamps, housing assistance, or AFDC in the past year; yes=1); employed at least 10 h weekly at wave 3 (yes=1); attending high school or college at wave 3 (yes=1); married at wave 3 (yes=1); living with parents at wave 3 (yes=1); and the number of times participants moved between waves 1 and 3 (continuous measure). In addition, a measure for antibiotic use in the month prior to wave 3 was included to adjust for potential treatment of an undiagnosed STI (yes=1).

Analysis

Descriptive statistics were conducted using SAS survey procedures, version 9.2 (SAS Institute, Cary, NC) to examine the prevalence of chlamydia and the sample characteristics. Multilevel modeling for non-linear outcomes was employed for multivariate analyses using HLM 6.08 software (Scientific Software International, Lincolnwood, IL). Because Add Health does not provide survey weights for multilevel models analyzing neighborhoods, all multilevel analyses were conducted unweighted. However, school stratification variables were included in the multilevel analyses to adjust for the sampling design as directed by Add Health (personal communication, Kim Chantala, Add Health User's Conference, 2008). These variables included geographic area (northeast, west, midwest, and south—reference), school size, school urbanicity, school type (public or private), and ethnic mix (proportion of students who were non-Hispanic White).^{29,30} Sensitivity analyses were conducted using standard logistic regression (all neighborhood measures disaggregated to the individual level), weighted (to account for attrition, over-sampling) and adjusted for the complex survey design. Findings of both analytic strategies were consistent with one another, thus we present the findings from the multilevel analyses due to our primary interest in the wave 1 neighborhood effects.

We examined five random intercepts logistic regression models estimated using LaPlace estimation procedures. We focused the first two models on the contemporaneous relationships between neighborhood social context during young adulthood and young adults' odds of being infected with chlamydia. The wave 3 neighborhood measures were disaggregated to the individual-level for analysis because our key interest was in the longitudinal effects of neighborhood social context at wave 1 on subsequent chlamydia infection. The intercept random effect adjusts standard errors of wave 1 neighborhood coefficients for clustering at that wave (clustering within neighborhood at wave 3 was substantially reduced due to geographic dispersion of the sample). Models 3 and 4 focused on the associations between wave 1 neighborhood measures and chlamydia infection, such that model 3 included wave 1 neighborhood racial and ethnic concentration and in model 4, neighborhood concentrated poverty and residential instability were added to the analysis. We selected this model building strategy as prior research found neighborhood poverty mediated the relationship between neighborhood racial concentration and trichomoniasis, thus we wanted to examine these potential relationships. Model 5 examined the extent to which STI risk behaviors and depression mediated the relationships between the wave 1 neighborhood context and young adults' acquisition of chlamydia. In model 5, chlamydia infection at wave 3 is modeled as a function of wave 1 sociodemographic characteristics, STI risk factors, and depression at the individual level, with the effects of relevant wave 1 neighborhood social context measures estimated as a separate level in the model. Specifically, Y_{ij} takes on a value of unity if person i in wave 1 neighborhood j has chlamydia at wave 3 (otherwise $Y_{ij}=0$), and let μ_{ij} denote the probability $Y_{ij}=1$.

At level 1, the log-odds of chlamydia at wave 3 are as follows:

$$\ln\left(\frac{\mu_{ij}}{1 - \mu_{ij}}\right) = \beta_{0j} + \sum_{q=1}^Q \beta_{qj} X_{qij}$$

where β_{0j} is the intercept, β_{qj} are coefficients describing the effects of Q individual level covariates X (sociodemographic, STI-risk factors, and depression) on the log odds of chlamydia at wave 3.

At level 2,

$$\beta_{0j} = \gamma_{00} + \sum_{p=1}^P \gamma_p(\text{wave 1 neighborhood social context})_p + u_{0j}$$

Where γ_{00} is the overall grand mean, γ_p are the wave 1 neighborhood social context measures of interest (racial and ethnic concentration, concentrated poverty, and residential instability) that may independently contribute to chlamydia risk (along with additional neighborhood controls), and u_{0j} is the neighborhood-level error term.

RESULTS

Descriptive statistics are presented in Table 1, including unweighted and weighted proportions and means. Findings were consistent with the exception of race and ethnicity due to oversampling and weighted adjustments. The unweighted findings indicated 4.6 % of young adults in the study sample had chlamydia at wave 3. The mean age was 22 years, 47 % were male, 89 % reported they were heterosexual, and nearly 18 % were married. The majority self-identified as non-Hispanic white (55 %) and 8 % were foreign born. The young adults reported greater household economic hardship during adolescence (17 %) compared to young adulthood (7 %). Descriptive statistics of additional control measures are presented in Table 1.

Multivariate results are presented in two tables with Table 2 including models 1 and 2 and Table 3 including models 3–5. Because the prevalence of chlamydia in our sample was low (4.6 %), the presented odds ratios approximate relative risk ratios. Models 1 and 2 examined the associations between the contemporary neighborhood control variables and young adults' acquisition of chlamydia. In model 1, no significant relationships between wave 3 neighborhood racial or ethnic concentration and young adults' odds of having a chlamydia infection were found. Neighborhood concentrated poverty and residential instability measures were included simultaneously in model 2; no significant associations between either of the indicators and young adults' acquisition of chlamydia were found. Models 3–5 focused on the longitudinal associations between the neighborhood context of exposure during adolescence and young adults' acquisition of chlamydia, including potential mediating relationships. Specifically, in model 3, neither the racial nor the ethnic concentration of the neighborhood of exposure during adolescence increased the odds of young adults' acquisition of chlamydia. Model 4 included the indicators for neighborhood residential instability and concentrated poverty. No significant associations between living in a residentially unstable neighborhood during adolescence and young adults' acquisition of chlamydia were found. However, young adults who lived in a neighborhood with higher concentrations of poverty during their adolescence (wave 1) had a higher odds of chlamydia at wave 3 compared to their more advantaged peers (AOR=1.25, 95 % CI=1.08, 1.45). Furthermore in model 5, the lagged effect of exposure to neighborhood poverty during adolescence on young adults' odds of chlamydia at wave 3 was statistically significant and the size of the effect relatively unchanged after accounting for potential mediating relationships with young adults' STI risk factors and depression (AOR=1.23, 95 % CI=1.06, 1.42).

DISCUSSION

Our study was one of the first to find evidence that exposure to neighborhood poverty during adolescence increases the likelihood of chlamydia infection during young

TABLE 1 Characteristics of the unweighted and weighted sample of young adults aged 18–27 years, waves 1–3 of the National Longitudinal Study of Adolescent Health (Add Health), N=11,460

	Unweighted sample	Weighted sample
	%	% (SE)
Positive urine screen for <i>Chlamydia</i>	4.6	4.1 (0.36)
Male	47.2	50.5 (0.68)
Race and ethnicity		
Hispanic	16.3	11.6 (1.73)
Black	20.5	15.3 (1.97)
Other	8.0	4.5 (0.79)
White (reference)	55.2	68.6 (2.91)
Foreign born	7.9	5.7 (0.85)
Heterosexual orientation (w3)	89.3	89.3 (0.45)
Parental economic hardship (w1)	17.0	17.3 (1.27)
Two parent household (w1)	54.5	56.8 (1.28)
Economic hardship (w3)	7.0	6.9 (0.51)
Employed (w3)	70.1	70.2 (1.01)
Enrolled in school (w3)	38.0	37.0 (1.53)
Married (w3)	17.6	17.2 (0.99)
Living with parents (w3)	39.9	39.1 (1.33)
Antibiotics prior month (w3)	13.5	13.7 (0.49)
Age at first vaginal intercourse		
18–25 years	27.6	26.2 (0.98)
16–17 years	30.7	31.0 (0.62)
10–15 years	29.1	30.3 (1.01)
Has not has vaginal intercourse	12.6	12.5 (0.56)
STI in prior year (w1)	2.2	2.2 (0.27)
3+ sex partners prior year (w3)	14.7	15.0 (0.53)
Condom use last sex (w3)	56.7	56.3 (0.73)
Drug use prior year (w3)	22.7	24.5 (0.79)
Depression		
Depressed wave 1 only	12.3	11.0 (0.49)
Depressed wave 3 only	15.3	15.1 (0.55)
Depressed waves 1 and 3	6.4	6.1 (0.37)
Never depressed (reference)	66.0	67.7 (0.70)
	Mean (SD)	Mean (SE)
Age in years (w1) range 11–21 years	15.6 (1.73)	15.4 (0.12)
Number times moved since wave 1 range 0–10	2.1 (2.14)	2.1 (0.07)
Binge drinking prior year (w3) range 0–6	1.20 (1.56)	1.34 (0.05)

adulthood, above and beyond numerous STI risk factors occurring at both time-points. These findings are in accordance with life course theory,¹⁹ and prior research on the longitudinal effects of neighborhood poverty and other health outcomes such as body mass index, weight gain,³³ asthma, diabetes, hypertension, heart disease, and stroke.³⁴ However, in contrast to the lagged effects of neighborhood poverty on chlamydia infection, our study did not find significant longitudinal relationships between the neighborhood racial and ethnic concentration or residential instability and young adults' STI acquisition. While it is plausible these neighborhood measures have no

TABLE 2 Multilevel logistic regression: relationships between the neighborhood social context and chlamydia in young adulthood—National Survey of Adolescent Health (Add Health), waves 1–3, *N*=11,460

	Model 1	Model 2
	AOR (95 % CI)	AOR (95 % CI)
Level 1 fixed effects		
STI risk factors		
Age at first vaginal intercourse		
18–25 years		
16–17 years		
10–15 years		
Has not has vaginal intercourse		
STI in prior year (w1)		
3+ sex partners prior year (w3)		
Condom use last sex (w3)		
Binge drinking prior year (w3)		
Drug use prior year (w3)		
Depression		
Depressed wave 1 only		
Depressed wave 3 only		
Depressed waves 1 and 3		
Never depressed (reference)		
Wave 3 neighborhood context		
Proportion Black concentration	1.08 (0.96, 1.21)	1.04 (0.90, 1.21)
Immigrant concentration	1.01 (0.89, 1.15)	0.99 (0.86, 1.14)
Concentrated poverty		1.06 (0.89, 1.25)
Residential instability		0.99 (0.86, 1.15)
Proportion urban	0.94 (0.69, 1.28)	0.96 (0.69, 1.31)
Level 2 fixed effects		
Wave 1 neighborhood context		
Proportion Black concentration		
Immigrant concentration		
Concentrated poverty		
Residential instability		
Proportion urban		
Intercept	0.03 (0.02, 0.04)***	0.03 (0.02, 0.04)***
Random effect		
Tau	0.02435	0.02563

^aUnweighted analysis adjusted for wave 1 stratification variables of geographic region, school urbanicity, school size, and ethnic mix

^bAll models also included the following control variables: gender, age, race and ethnicity, foreign birth, sexual orientation, wave 1 family structure, number of residential move between waves, wave 1 and 3 economic hardship, and wave 3 marital status, employment, school attendance, living with parents, and antibiotic use

p*<0.05; *p*<0.01; ****p*<0.001

longitudinal effects on acquisition of chlamydia, alternative explanations should be explored. For example, the lagged effects of living in neighborhoods with high concentrations of Black or Hispanic residents during adolescence on young adults' acquisition of chlamydia may vary by the social processes occurring within the neighborhoods (e.g., social cohesion, trust, norms) or by individual characteristics (race/ethnicity, SES; coping skills). Thus, researchers should employ more comprehensive

TABLE 3 Multilevel logistic regression: relationships between the neighborhood social context and chlamydia in young adulthood—National Survey of Adolescent Health (Add Health), waves 1–3, $N=11,460^a$

	Model 3	Model 4	Model 5
	AOR (95 % CI)	AOR (95 % CI)	AOR (95 % CI)
Level 1 fixed effects ^b			
STI risk factors			
Age at first vaginal intercourse			
18–25 years			1.60 (0.99, 2.56)
16–17 years			1.94 (1.25, 3.02)**
10–15 years			1.80 (1.15, 2.82)*
Has not has vaginal intercourse			1.00
STI in prior year (w1)			0.92 (0.51, 1.66)
3+ sex partners prior year (w3)			1.52 (1.19, 1.94)**
Condom use last sex (w3)			1.03 (0.84, 1.26)
Binge drinking prior year (w3)			1.02 (0.95, 1.11)
Drug use prior year (w3)			1.28 (0.98, 1.66)
Depression			
Depressed wave 1 only			0.94 (0.70, 1.25)
Depressed wave 3 only			0.87 (0.66, 1.16)
Depressed waves 1 and 3			1.30 (0.90, 1.86)
Never depressed (reference)			1.00
Wave 3 neighborhood context			
Proportion Black concentration			
Immigrant concentration			
Concentrated poverty			
Residential instability			
Proportion urban			
Level 2 fixed effects			
Wave 1 neighborhood context			
Proportion Black concentration	1.07 (0.97, 1.18)	0.95 (0.84, 1.08)	0.96 (0.85, 1.09)
Immigrant concentration	0.94 (0.83, 1.07)	0.91 (0.80, 1.05)	0.91 (0.80, 1.05)
Concentrated poverty		1.25 (1.08, 1.45)**	1.23 (1.06, 1.42)**
Residential instability		0.92 (0.79, 1.06)	0.92 (0.80, 1.06)
Proportion urban	0.76 (0.58, 1.01)	0.79 (0.59, 1.06)	0.80 (0.60, 1.06)
Intercept	0.03 (0.02, 0.04)***	0.03 (0.02, 0.04)***	0.02 (0.01, 0.04)***
Random effect			
Tau	0.02060	0.03706	0.00018

^aUnweighted analysis adjusted for wave 1 stratification variables of geographic region, school urbanicity, school size, and ethnic mix

^bAll models also included the following control variables: gender, age, race and ethnicity, foreign birth, sexual orientation, wave 1 family structure, number of residential move between waves, waves 1 and 3 economic hardship, and wave 3 marital status, employment, school attendance, living with parents, and antibiotic use

* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$

data on the social processes characterizing neighborhoods and their potential interaction with compositional factors. The potential for cross-level interactions with key individual level factors should also be explored. In addition, Add Health data do not include measures for contiguous census tracts, thus our neighborhood measures do

not capture residence in larger segregated regions that may amplify STI risk. Future research using indices of residential segregation is needed to strengthen our understanding of the depth of community exclusion from others on STI outcomes.³⁵ Last, the multiple neighborhoods to which we belong over our life course could cumulatively influence our health or the effects of neighborhood exposures may be more salient at critical phases in the life course. For example, Wodtke, Harding, and Elwert³⁶ recently found prolonged exposure to neighborhood socioeconomic disadvantage from aged 2 to 17 years significantly decreased the likelihood of graduating from high school. Furthermore, the authors note the impact on graduation was much larger in their study using the duration of exposure to neighborhood disadvantage measure compared to prior research measuring neighborhood disadvantage at only one time-point.³⁶ Although we sequentially examined the contemporary and lagged effects of neighborhood exposures on acquisition of chlamydia, information on the neighborhood of residence between waves of data collection is not available in Add Health. This lack of information could have led to an underestimation of the effects of the contemporary neighborhood conditions on young adults' acquisition of chlamydia leading to the non-significant associations found in our study. Thus, when data permit, researchers should consider exploring neighborhood effects cumulatively or at critical time points in the life course using more advanced multilevel statistical modeling.³⁶⁻³⁸

Our study also examined the extent to which sexual risk-taking behaviors and depression occurring during the transition from adolescence to young adulthood mediated the relationships between exposure to neighborhood poverty during adolescence and young adults' acquisition of chlamydia, however, no significant effects were found. Methodological and developmental factors may account for the unanticipated findings. First, as in most studies, the measurement of sexual risk behaviors and depression were based on adolescent and young adult self-report, thus under-reporting of behaviors due to social desirability concerns or poor recall may have occurred. Second, although exposure to neighborhood poverty during adolescence has been found to increase the likelihood of depression^{24,25} and/or sexual risk taking²⁰⁻²³ among adolescents, the effect of neighborhood poverty on these outcomes may not persist into young adulthood. Specifically, the numerous cognitive and developmental changes that occur during the transition from adolescence into young adulthood may enhance young adults' decision-making capacities regarding engagement in high-risk behavior. Third, the effect of neighborhood poverty on sexual risk taking and depression also may vary by the duration of exposure to neighborhood poverty³⁶ as well as other risk and protective factors occurring at the individual and/or neighborhood level (e.g., coping skills, personality, individual income, neighborhood cohesion, etc.).

The findings of this research illustrate the deleterious effect of exposure to neighborhood poverty during adolescence on the acquisition of chlamydia during young adulthood. Further research on the mechanisms through which exposure to neighborhood poverty during one phase of the life course contributes to future STI risk is greatly needed. For example, neighborhood of residence during adolescence could influence opportunities for future partner selection as prior research indicates socioeconomic homophily in partner selection is common.³⁹ Thus, young adults who lived in an impoverished neighborhood during their adolescence may have a pool of higher risk sexual partners to choose from compared to their peers from more advantaged neighborhoods. Furthermore, sustained exposure to neighborhood poverty during adolescence into young adulthood may increase the risk further as geographic poverty is linked to higher STI rates in the community,⁷⁻¹¹ thus the

probability of subsequent contact with an infected sexual partner is significantly higher compared to those in communities with lower STI rates.

In addition to potential network explanations, chronic stress associated with living in adverse neighborhood contexts may impair immune system function and increase biological vulnerability to STI.⁴⁰ Chronic stress is hypothesized to increase infectious disease risk, in part through dysregulation of the hypothalamic–pituitary–adrenal axis and the subsequent irregularities to immune function, particularly inflammation and cortisol secretion.⁴¹ Research on the linkages between neighborhood conditions and biological measures of health is burgeoning, and findings are suggestive that neighborhood disadvantage may have deleterious effects on immune function. Specifically, studies found neighborhood socioeconomic disadvantage,⁴² and neighborhood deprivation and low safety⁴³ were associated with higher interleukin-6 levels whereas short-term increases in neighborhood burglary rates were linked to higher CRP levels among men, but not among women.⁴⁴ With respect to cortisol, neighborhood violence has been linked to irregularities in the diurnal curve among a sample of adults, including lower cortisol levels upon waking and a slower decline in levels over the earlier part of the day.⁴⁵ Neighborhood cohesion, poverty, and disorder also were examined, but the findings were less consistent and significant effects were modest. Others found high levels of perceived (e.g., disorder, violence, safety, etc.) or observed (e.g., crime, vacant housing, etc.) neighborhood stressors or low levels of perceived neighborhood social support were associated with a blunted cortisol diurnal curve due to a flatter rate of cortisol decline throughout the day.⁴⁶ However, most studies to date have focused on adult samples, thus research investigating these relationships with adolescent samples and over critical periods in the life course is warranted.

Several limitations to our study warrant discussion. First, Add Health does not contain data on neighborhood social processes or individual stress measures, thereby limiting exploration of potential mechanisms that may explain how neighborhood poverty during adolescence contributed to chlamydia infection in young adulthood. Second, Add Health employed a school-based design and only those young adults who attended school at wave 1 were in the sample. Third, control measures for anal intercourse were not included in this study as 2,579 young adults did not complete the section of the interview that included these behaviors; therefore sexual orientation was used as a crude proxy.

Despite these limitations, our study highlights the deleterious effects of exposure to neighborhood poverty during adolescence on chlamydia infection in young adulthood, above and beyond numerous individual and neighborhood risk factors. Further research is needed on the potential mechanisms linking exposure to neighborhood poverty during adolescence to chlamydia in young adulthood. Adolescents and young adults experience a disproportionate burden of chlamydia infection in the USA and our findings strengthen the evidence that comprehensive STI prevention strategies addressing neighborhood poverty are needed to address the sexual health needs of this vulnerable population.

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