Inositol 1,4,5-trisphosphate: A possible chemical link in excitation—contraction coupling in muscle

(skinned muscle fibers/inositol phosphates/calcium signals/neomycin)

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ABSTRACT The role of inositol 1,4,5-trisphosphate (Ins P_3) in excitation-contraction coupling in skeletal muscle was investigated by several methods. The following results were obtained. Ins P_3 is released by electrical stimulation of muscles. Exogenous Ins P_3 releases calcium from skinned muscle fibers at relatively high doses under normal conditions but does so at very low concentrations when blockers of the Ins P_3 5-phosphatase are present. Blockers of Ins P_3 release are effective blockers of calcium transients elicited by electrical stimulation of muscle fibers. It is proposed that Ins P_3 acts as a chemical second messenger between transverse (T)-tubular membrane depolarization and calcium release from the sarcoplasmic reticulum in skeletal muscle.

One of the outstanding questions in muscle physiology is the mechanism of excitation-contraction coupling in vertebrate skeletal muscle. Electrical depolarization of the transverse (T) tubular system membranes somehow triggers release of Ca²⁺ ions from the sarcoplasmic reticulum (SR), which in turn activates the generation of tension (1-3). Though the T-tubule and SR are only some 100-200 Å apart at the T/SR junctions, their membranes and luminal spaces do not seem to be physically continuous (4). How is the excitatory signal communicated from one structure to the other? The major present hypothesis assumes that intramembrane charge movement in the T-tubule membrane is mechanically linked to the SR membrane, causing the opening of Ca²⁺ channels (5, 6). No direct evidence for such remote-control valves has been obtained. We now wish to present evidence for a biochemical coupling mechanism, in which inositol 1,4,5trisphosphate ($InsP_3$) acts as a soluble internal transmitter. This hypothesis was first suggested by two analogies. The first is the homology between SR and endoplasmic reticulum, from which $InsP_3$ is known to release Ca^{2+} in other tissues (7, 8). Agonist stimulation of many such tissues causes the breakdown of plasma membrane phosphatidylinositol 4,5bisphosphate [PtdIns $(4,5)P_2$] to release Ins P_3 (8). The watersoluble $InsP_3$ releases Ca^{2+} from ER but is eventually degraded to $Ins(1,4)P_2$ by a phosphomonoesterase, $InsP_3$ 5-phosphatase (9, 10). The second analogy is between the T/SR junction (11) and the neuromuscular junction (12), where acetylcholine is accepted to be the chemical messenger (13). By analogy with synaptic transmitters, criteria for $InsP_3$ as an internal messenger should include the following. (i) Electrical stimulation of muscle should cause the release of $InsP_3$. (ii) Application of $InsP_3$ onto skinned muscle fibers should cause Ca^{2+} release and tension development. (iii) A powerful breakdown system for InsP₃ should be endogenous to the muscle; pharmacological inhibitors of the breakdown enzyme should potentiate and prolong the effectiveness of exogenous $InsP_3$. (iv) Pharmacological inhibitors of $InsP_3$ formation and activity should block excitation-contraction coupling; i.e., prevent T-system depolarization from releasing Ca^{2+} .

We report here the results of experiments that suggest that $InsP_3$ may meet all four criteria.

MATERIALS AND METHODS

The experiments on tension development were performed on segments of mechanically or chemically skinned skeletal muscle fibers isolated from the semitendinosus muscle of the frog Rana catesbeiana. Chemical skinning was performed by exposing muscle fibers for 10-20 min to saponin (20-50 μ g/ml) (14) added to the relaxing solution described below. Mechanical skinning consisted of carefully splitting a segment of muscle fiber immersed in relaxing solution. Short segments (5-8 mm long) of skinned fibers were attached to a fixed hook and to a high sensitivity capacitive tension transducer. Tension was recorded on both chart paper and FM tape. The relaxing solution contained 110 mM potassium aspartate, 20 mM potassium Mops, 5 mM phosphocreatine, 100 µM EGTA, 3 mM ATP, and 3 mM MgSO₄. The ATP and Mg^{2+} concentrations were adjusted in order to set the concentration of free Mg²⁺ at chosen levels. The values of the free Mg²⁺ concentration given in the text and figure legends were calculated assuming an effective K_d of 100 μ M (15). The pH of the relaxing solution was adjusted to 7.05, and the pCa to 7 by adding CaCl₂ and measuring pCa with Ca^{2+} -selective electrodes (16). The fibers were mounted in a chamber that consisted of a trough 25 mm long and 2 mm by 2 mm in cross-section. Solutions could be exchanged to within 95% in about 2 sec. The inositol phosphates used in these experiments were obtained as follows: $Ins(1,4,5)P_3$, $Ins(1,4)P_2$, and $Ins(4,5)P_2$, from C. Ballou (University of California, Berkeley); $InsP_3$ (probably a mixture of the 1,4,5 and 1,3,4 isomers) from Sigma; and InsP₃ (probably mostly 1,4,5 isomer) from erythrocyte ghosts by following a procedure described in ref. 17. The calcium contamination of the $InsP_3$ primarily used in these experiments (from C. Ballou) was less than 10 μ M for a 3 mM stock solution in water.

Biochemical measurements of the production of inositol phosphates were made on intact pairs of frog sartorius and semitendinosus muscles with wet weights from 0.5 to 1.2 g. A symmetrical pair of muscles was incubated for 12–24 hr at 4°C or 3–4 hr at 27°C in Ringer's solution containing myo-[2-³H]inositol (Amersham; 14 Ci/mmol; 1 Ci = 37 GBq) at a total concentration of 5–12 μ M and then were washed three times in Ringer's solution at 4°C for up to 1 hr. The control muscle was frozen in liquid Freon at –100°C, and the other was mounted on a rigid-rod assembly with one tendon attached to a tension transducer and the other fixed to a hook, allowing adjustment of the muscle length to its slack value.

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Abbreviations: InsP₃, inositol 1,4,5-trisphosphate; PtdIns, phosphatidylinositol; SR, sarcoplasmic reticulum.

The muscle could be stimulated by passing current between two Pt wires touching its surface. The amplitude of a 4-msec stimulus pulse was adjusted until maximal twitch tension was observed; only a few stimulations were used during this process. The muscle was then tetanically stimulated with a frequency and duration chosen for the experiment. At the end of the stimulation period, the muscle was rapidly frozen, while still being stimulated, by immersing the rod assembly in liquid Freon at -100° C. The tension records demonstrate that there was no mechanical relaxation during the freezing process. The frozen muscles were later transferred to liquid N_2 , individually ground to a fine powder, and homogenized in 3 ml of an ice-cold solution containing 10% trichloroacetic acid, 1 mM CdCl₂, and 6 mM EGTA. The homogenate was neutralized with KOH, diluted to 12 ml with water, and centrifuged at $12,000 \times g$ for 20 min, and the supernatant was passed through a 1.5-ml column of Dowex 1X8 anionexchange resin (400 mesh; formate form) to separate and quantify inositol phosphates, following standard column separation and scintillation counting procedures (17-19).

Calcium transients were recorded from cut semitendinosus fibers diffused with the Ca indicator dye arsenazo III in a Vaseline gap chamber modified for optical recordings (20, 21). The dye and the drugs used in this study were diffused into the myoplasm from the cut ends of the fiber in pools E and C of the Vaseline gap chamber (20, 21).

RESULTS

Electrical Stimulation Releases Ins P_3 . The first line of evidence for a role of Ins P_3 in muscle is that electrical stimulation does increase the myoplasmic concentration of inositol phosphates. Fig. 1 shows the results from a stimulated muscle compared with its unstimulated control. Watersoluble inositol phosphates extracted from both muscles were assayed by the usual protocol of stepwise elution from an anion-exchange resin (see *Materials and Methods*). It can



FIG. 1. Separation of radioactive inositol phosphates by Dowex 1 column chromatography. After a pair of frog muscles had been incubated with [³H]inositol, the experimental muscle was stimulated tetanically at 50 Hz for two periods of 5 sec each (separated by a rest period of 5 sec), whereas the control muscle was not stimulated. Inositol phosphates then were extracted and chromatographed. Fractions of 1 ml were collected and their levels of radioactivity were determined by scintillation counting with a confidence interval (2 SD) of less than 7%. Arrows indicate step changes in the elution solutions: 0.1 M formic acid/0.2 M ammonium formate (arrow A); 0.1 M formic acid/0.4 M ammonium formate (arrow B); 0.1 M formic acid/1 M ammonium formate (arrow C). \bullet , Experimental muscle; \Box , control muscle.

be seen that much larger amounts of InsP, $InsP_2$, and $InsP_3$ were obtained from the stimulated muscle (continuous trace, solid circles) than from the control (dotted trace, open squares). In eight experiments, tetanic stimulation lasting 10 sec or more always produced at least a doubling of $InsP_3$ content. $InsP_2$ and InsP tended to show larger increases for longer tetanic stimulations, whereas $InsP_3$ showed no consistent increase beyond those attained at 10 sec of stimulation. In two experiments with less than 5 sec of stimulation, $InsP_3$ elevation was, respectively, less marked and undetectable. Control experiments verified that the inositol phosphate elution profiles were quantitatively the same when both muscles were not stimulated, demonstrating that differences produced by electrical stimulation are significant.

InsP₃ Causes Contractures in Skinned Muscle Fibers. Fig. 2 illustrates the effects of $InsP_3$ on a fiber that was chemically skinned with saponin at 50 μ g/ml. This concentration of saponin preserves the ability of the SR to release calcium but renders the surface membrane permeable to large solutes (14). Application of 150 μ M InsP₃ in relaxing solution containing 0.5 mM free Mg²⁺ resulted in no tension development. However, increasing the InsP₃ concentration to 300 or 450 μ M gave appreciable tension development, eventually reaching 80% of that elicited by a subsequent exposure to 5 mM caffeine. Tension development in response to InsP₃ was much slower than both the response to caffeine and the relaxation upon withdrawal of InsP₃ or caffeine. This asymmetry of time courses and the relative insensitivity of the $InsP_3$ responses might be explained by degradation of $InsP_3$ in conjunction with its diffusion into the fiber (see below).

Inhibitors of InsP₃ 5-Phosphatase Increase Sensitivity to Ins P_3 . The concentrations of Ins P_3 required to produce contractures are somewhat variable from fiber to fiber. However, they are always higher than the micromolar or submicromolar doses effective in other tissue preparations in which the Ca stores are more directly exposed to the externally applied $InsP_3$ (7, 8). We believe that the differences in sensitivities can be attributed at least in part to diffusional barriers and to a powerful enzymatic system for breaking down $InsP_3$ in muscle. The enzyme responsible for the first step in deactivation, $InsP_3$ 5-phosphatase, has been studied in other preparations and has been found to be inhibited by lowering the Mg²⁺ concentration or adding inhibitors such as 2,3-bisphosphoglycerate, Cd²⁺, Zn²⁺, or Ag^+ (9, 10). We have tested the first three of these manipulations and have found that all of them have a distinct potentiating effect on the mechanical response of skinned fibers following application of $InsP_3$. Fig. 3 shows the effect of lowering the Mg^{2+} concentration on the responses to different doses of InsP₃. At 1.4 mM Mg²⁺, 60 μ M and 120 μ M $InsP_3$ were unable to elicit significant tension, but the same fiber at 0.4 mM Mg^{2+} subsequently gave a large contracture with only 30 μ M InsP₃. The effect of lowering Mg²⁺ concentration seen in Fig. 3 is too dramatic to be explained solely by the known effect of Mg²⁺ on the sensitivity of the contractile proteins to Ca^{2+} (22, 23).

Cd²⁺, another inhibitor of the InsP₃ 5-phosphatase, is also quite effective at potentiating InsP₃ contractures, especially in combination with lowered Mg²⁺ concentration (Fig. 4). At 0.04 mM Mg²⁺, 0.1 mM Cd²⁺ in the presence of 0.1 mM EGTA did not release Ca²⁺ by itself but enabled just 30 μ M InsP₃ to give a large contracture with a fast-rising phase. Tension then decayed spontaneously, probably due to an inhibition of further Ca²⁺ release from the SR, since a subsequent exposure to 60 μ M InsP₃ did not result in tension development and since the fiber was able to generate a large amount of tension when exposed to a pCa 5 solution (T_{max} in Fig. 4). We found that Ni²⁺ is comparable to Cd²⁺ in effectiveness. In two trials using 0.2 mM Ni²⁺ and 0.2 mM Mg²⁺, InsP₃ concentrations as low as 10 μ M caused signif-

FIG. 2. Isometric tension



icant contractures (24). It was also observed that high doses of InsP₃ 5-phosphatase inhibitors always resulted in contractures without exogenous application of $InsP_3$.

In several experiments, $Ins(4,5)P_2$ was unable to elicit contractures even at millimolar concentrations. $Ins(1,4)P_2$, however, gave contractures when applied at concentrations $>300 \ \mu\text{M}$ but was found to be less effective than InsP₃ in experiments in which both inositol phosphates were tested in the same fiber. In skinned muscle fibers with the SR depleted of Ca^{2+} or overtreated with saponin to destroy the SR (14), we verified that $InsP_3$ at millimolar concentrations did not elicit contractures although the fibers responded normally to direct Ca²⁺ applications.

Neomycin Blocks Excitation-Contraction Coupling. The observations that stimulated muscles produce $InsP_3$ and that exogenous $InsP_3$ can cause contractures are not sufficient to determine whether this agent is an essential link in excitation-contraction coupling or an inessential adjunct. In several preparations, the polyamine antibiotic neomycin has been shown to bind tightly to phosphatidylinositol phosphates (25) and to prevent their enzymatic degradation (17, 26). Moreover, the Ca^{2+} -stimulated release of $InsP_3$ from erythrocyte membranes has been shown to be severely blocked by this drug (17). If $InsP_3$ were essential in muscle, such blocking agents would be expected to disable excitation-contraction coupling. Fig. 5 shows that neomycin indeed blocks the Ca²⁺ transients elicited by action potential stimulation in skeletal muscle fibers into which the Ca indicator arsenazo III had diffused. Here the peak absorbance change of the Ca signal, recorded at 660 nm, is given as a function of time. The initial steady rise in the absorbance changes is due to the diffusion of the indicator into the fiber. At the times indicated by the arrows, different concentrations of neomycin were added to the solutions diffusing into the myoplasm. The signal amplitudes subsequently diminished toward a lower steady level in response to neomycin at 0.15 mM (Fig. 5A) and virtually disappeared in response to higher doses (0.3 mM, Fig. 5A, and 0.5 mM, Fig. 5B). Polylysine and to a lesser extent spermine also induced blockage of the Ca signals. The relative potencies among the different polvamines in blocking Ca transients are similar to those in



FIG. 3. Isometric tension record from a mechanically skinned muscle fiber superfused with relaxing solution containing 6 mM ATP, 7 mM Mg^{2+} (free Mg^{2+} concentration = 1.4 mM) (A) or 8 mM ATP, 7 mM Mg (free Mg^{2+} concentration = 0.4 mM) (B). Arrowheads denote the addition of the indicated concentrations of $InsP_3$ to the solution. The tension recording was interrupted between A and B.

the inhibition of metabolism of phosphatidylinositol phosphates in other preparations (26). The waveforms of the Ca signals in response to electrical stimulation were the same before and after partial blockage, being superimposable after scaling for the decrease in amplitude. Control experiments in vitro verified that neomycin had no effect on the arsenazo III response to Ca²⁺. These polyamines do not act as local anesthetics such as tetracaine or procaine nor do they grossly alter membrane surface charge, since voltage-clamp experiments showed no change in magnitude, kinetics, or voltage sensitivity of Na⁺ and K⁺ ionic currents at drug concentrations up to 0.5 mM. The blockage of excitation-contraction coupling by polyamines is not due to depletion of the SR store of calcium. Neomycin (1 mM) applied to a skinned fiber did not cause any tension, even with repeated applications and prolonged exposure. Application of 5 mM caffeine after removal of neomycin showed that the SR still retained Ca²⁺ in sufficient amounts to elicit a large contracture.

DISCUSSION

The results presented in this paper suggest that $InsP_3$ may be a chemical intermediary between the T-system depolarization and the Ca²⁺ release from the SR in skeletal muscle fibers. We have presented evidence from four types of experiments in support of this hypothesis. $InsP_3$ is generated by electrical stimulation of skeletal muscles; $InsP_3$ is able to release Ca²⁺ from SR in skinned muscle fibers; manipulations that inhibit $InsP_3$ 5-phosphatase in other systems potentiate Ins P_3 in muscle; and drugs that inhibit Ins P_3 release are effective blockers of excitation-contraction coupling. Although each line of evidence by itself cannot prove that excitation-contraction coupling is mediated by $InsP_3$ as a chemical transmitter, the combination of results does strong-



FIG. 4. Isometric tension record from a fiber chemically skinned with saponin (25 μ g/ml). The relaxing solution contained 3 mM ATP, 1 mM Mg²⁺ (free Mg²⁺ concentration = 0.04 mM). Long arrows denote additions of 0.1 mM CdCl₂, and short arrows, of indicated concentrations of $InsP_3$. At the end of the experiment the fiber was exposed to a pCa 5 relaxing solution, developing a contracture of 170 mg (T_{max}) .



FIG. 5. (A) Ca signal amplitudes as a function of the time after the fiber ends were cut in the dye-containing internal solution. Arrows denote the addition of 0.15 and 0.3 mM neomycin to the solution diffusing into the myoplasm. (B) A different fiber treated with 0.5 mM neomycin.

ly suggest some major role for $InsP_3$. A simplified scheme of the major steps proposed to occur at the T/SR junction is presented in Fig. 6. This scheme relies heavily on others described for other tissues (8) but has been modified for the specific case of skeletal muscle in that, instead of agonist binding to a receptor, the voltage change across the T-system membrane is proposed here to have the primary activating role on the hydrolysis of PtdIns(4,5)P₂ by a phosphodiesterase (PDE) to release $InsP_3$ and diacylglycerol (DG).

Most of the experiments showing generation of $InsP_3$ in tetanized muscle (e.g., Fig. 1) used stimulation periods of 3 sec or longer. They are therefore not sufficient to decide whether $InsP_3$ is generated on the millisecond time scale required for a primary role in excitation-contraction cou-

pling. Better quantification of the time course and absolute amount of $InsP_3$ released will obviously be an important goal of future experiments, especially if the powerful $InsP_3$ 5-phosphatase can be partially arrested. It is worth remembering that acetylcholine is accepted as the transmitter at the neuromuscular junction even though its release there is chemically detectable only with heavy repetitive stimulation and acetylcholinesterase inhibition (27). In addition, the freezing method used here may not be fast enough throughout the whole muscle to completely suppress the $InsP_3$ phosphatase activity, possibly resulting in larger stimulated-vs.control differences in the $InsP_2$ and InsP peaks relative to the $InsP_3$ peak. Similar effects are observed in other tissues known to use $InsP_3$ as a messenger (19). Future studies should compare the release of inositol phosphates with the metabolism of phosphatidylinositol phosphates in control and activated muscles. Such work would extend the experiments of Novotny et al. (28), who showed that prolonged K⁺ depolarizations increased [³²P]phosphate incorporation into phosphatidylinositol in muscle.

Our results show that skinned muscle fibers do contract in response to exogenous $InsP_3$ and that the response becomes faster and requires less $InsP_3$ when steps are taken to inhibit the $InsP_3$ phosphatase (Figs. 2–4). We have observed much faster responses by direct local pressure injection or iontophoresis of $InsP_3$ from a micropipette pressed against the surface of a muscle fiber (24), in which local sarcomere shortening occurred in well under a second. More sophisticated techniques, such as photochemical release of $InsP_3$ from a "caged" derivative, will be needed to determine the true kinetics of the response to $InsP_3$ and to determine whether this is compatible with the speed of excitation-contraction coupling. Use of dyes to measure both the T-system



FIG. 6. The proposed role of $InsP_3$ as a chemical link in excitation-contraction coupling. T-tubular membrane depolarization (V) stimulates the hydrolysis of PtdIns(4,5) P_2 by a phosphodiesterase (PDE) to form diacylglycerol (DG) and $InsP_3$. The latter binds to a specific receptor on the SR membrane to release calcium. $InsP_3$ is rapidly deactivated by the $InsP_3$ 5-phosphatase ($InsP_3$ -ase) to form $InsP_2$. The soluble cycle ends with *myo*-inositol (Ins), which is readily transported across the membrane. Ins is also rapidly incorporated into the lipid phase to form PtdIns, which is phosphorylated twice to form PtdIns(4,5) P_2 . The blocking or stimulating effects of tested substances on different parts of the cycle are indicated with unshaded arrows.

depolarization and the sarcoplasmic free Ca²⁺ concentration shows that the upswing of the T-system potential precedes that of the Ca signal by about 2.5 msec at 10°C (ref. 29 and unpublished results). Therefore, excitation-contraction coupling is not necessarily too fast for chemical transmission, since comparable latencies are obtained for the complex chain of events in neuromuscular transmission (30). Though diffusion times are likely to contribute very significantly to the response latency to exogenous $InsP_3$, they would be negligible for $InsP_3$ generated in the T/SR junction from endogenous PtdIns(4,5) P_2 , since aqueous diffusion over a distance of 100-200 Å requires $<1 \ \mu$ sec.

As little as $10-30 \mu M InsP_3$ was found to generate tension with free Mg²⁺ concentration lowered and Cd²⁺ or Ni²⁻ added to inhibit the $InsP_3$ phosphatase. The true range of local $InsP_3$ concentration required for Ca^{2+} release from the SR should therefore be $<10-30 \ \mu$ M. In other cell types, ED₅₀ values for InsP₃ release of Ca²⁺ are in the micromolar or submicromolar range. However, it might be advantageous for muscle to use higher transmitter concentrations and lower receptor affinities to get faster association and dissociation rates for InsP₃ with its receptor. Generating a local concentration of 10 μ M InsP₃ in a T/SR junction 100-200 Å wide would require the hydrolysis of about 100 molecules of PtdIns(4,5) P_2 per μ m² of adjacent T-tubular membrane, a small number compared with the $\approx 10^6$ total phospholipid molecules per μm^2 (31).

Although the results of neomycin blockade of excitationcontraction coupling are consistent with a transmitter role for Ins P_3 , we have yet to prove that neomycin acts in muscle by blocking $InsP_3$ formation rather than by blocking Ca^2 channels in the SR. However, our results show that neomycin is at least more specific than tetracaine or procaine, known blockers of excitation-contraction coupling (32, 33), since these local anesthetics also affect Na⁺ and K⁺ conductances (34, 35). It is also not proven that Cd^{2+} , Ni^{2+} 2,3-bisphosphoglycerate, and lowered Mg²⁺ concentration act in muscle by inhibiting $InsP_3$ phosphatase, although it is not obvious what other hypothesis could account for the similar effects of such disparate agents. The well-known ability of extracellular Cd^{2+} and Ni^{2+} to block Ca^{2+} channels does not explain the enhancement of skinned-fiber contraction reported here. However, the reported ability of $\ge 10 \ \mu M$ Cd^{2+} to induce Ca^{2+} release (36) and block ATPase activity (37) in isolated SR preparations might affect our results. Nevertheless, our experiments and those in which the blockage of the $InsP_3$ phosphatase was studied in vitro (10) were both done in the presence of EGTA at concentrations in which the calculated free Cd^{2+} concentration is in the subnanomolar range.

The mechanism by which $InsP_3$ formation might be controlled by T-tubular membrane potential remains unclear. In other systems, two mechanisms have been proposed by which a chemical receptor can trigger the enzymatic hydrolysis of PtdIns(4,5)P₂: GTP-binding coupling proteins (38) and changes in PtdIns $(4,5)P_2$ head-group conformation (8). In muscle such mechanisms would have to be activated by the T-tubular membrane depolarization. Conformational changes in transmembrane coupling proteins or $PtdIns(4,5)P_2$ head group might be responsible for the charge displacements proposed to be associated with excitation-contraction coupling (5). These hypotheses should be experimentally testable.

Obviously, a role for InsP₃ as primary transmitter requires that its formation be independent of any rise in cytoplasmic Ca^{2+} concentration, as has recently been demonstrated in secretory cells (39, 40). In some systems (e.g., human erythrocytes), $InsP_3$ can also be stimulated by high levels of Ca^{2+} (17). If such a mechanism exists in muscle, it could help to explain the phenomenon of Ca²⁺-induced Ca²⁺ release, which also requires high levels of Ca^{2+} (41). At present we cannot definitively exclude the possibility that the results shown in Fig. 1 reflect Ca²⁺-triggered instead of voltagetriggered $InsP_3$ formation. The results of Novotny et al. (28) would seem to indirectly favor the voltage-triggered $InsP_3$ release in muscle at physiological conditions.

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