

## ORIGINAL ARTICLE

## Cerebrovascular reactivity in the brain white matter: magnitude, temporal characteristics, and age effects

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White matter (WM) comprises about half of the brain and its dysfunction is implicated in many brain disorders. While structural properties in healthy and diseased WM have been extensively studied, relatively little is known about the physiology underlying these structural characteristics. Recent advances in magnetic resonance (MR) technologies provided new opportunities to better understand perfusion and microvasculature in the WM. Here, we aim to evaluate vasodilatory capacity of the WM vasculature, which is thought to be important in tissue ischemia and autoregulation. Fifteen younger and fifteen older subjects performed a CO<sub>2</sub> inhalation task while blood-oxygenation-level-dependent (BOLD) magnetic resonance imaging (MRI) images were continuously collected. The cerebrovascular reactivity (CVR) index showed that the value of CVR in the WM ( $0.03 \pm 0.002\%/mm\text{ Hg}$ ) was positive, but was significantly lower than that in the gray matter (GM) ( $0.22 \pm 0.01\%/mm\text{ Hg}$ ). More strikingly, the WM response showed a temporal delay of  $19 \pm 3$  seconds compared with GM, which was attributed to the longer time it takes for extravascular CO<sub>2</sub> to change. With age, WM CVR response becomes greater and faster, which is opposite to the changes seen in the GM. These data suggest that characteristics of WM CVR are different from that of GM and caution should be used when interpreting pathologic WM CVR results.

*Journal of Cerebral Blood Flow & Metabolism* (2014) **34**, 242–247; doi:10.1038/jcbfm.2013.194; published online 6 November 2013

**Keywords:** blood oxygenation level dependent; CO<sub>2</sub>; hypercapnia; magnetic resonance imaging

## INTRODUCTION

White matter (WM) comprises about half of the brain and is composed of bundles of myelinated nerve cell processes that connect various brain regions to each other.<sup>1</sup> White matter dysfunction is implicated in a number of neurologic diseases such as stroke,<sup>2</sup> Alzheimer's disease,<sup>3</sup> multiple sclerosis,<sup>4</sup> and traumatic brain injury.<sup>5</sup> At present, imaging studies of WM diseases primarily rely on structural imaging techniques, such as T<sub>2</sub>-weighted MRI, diffusion tensor imaging, and magnetization transfer imaging.<sup>6,7</sup> Unfortunately, relatively little is known about the physiologic underpinnings that led to these alterations. Moreover, by the time structural changes can be detected, irreversible damage often has occurred and treatment options are limited. Physiologic changes usually take place before structure is altered, thus imaging of physiologic parameters may provide an early marker for disease diagnosis and progression. The present study aims to examine vascular parameters in the brain WM.

Compared with the gray matter (GM), vascular physiology of WM is still poorly understood. This is primarily because WM contains 70% to 75% less vasculature compared with GM,<sup>8</sup> resulting in a considerably lower signal-to-noise ratio.<sup>9</sup> Recent technical advances in imaging methodologies have mitigated some of these problems and provided the potential to examine vascular physiology in the WM.<sup>10</sup> For example, it has been suggested that baseline cerebral blood flow (CBF) of WM can be quantitatively assessed with arterial-spin-labeling (ASL) MRI on a region-by-region and tract-by-tract basis and that WM CBF is

inversely correlated with diffusion fractional anisotropy.<sup>10,11</sup> The present study is focused on the examination of another important property of microvasculature: its ability to dilate on stimulation. This physiologic property, referred to as cerebrovascular reactivity (CVR),<sup>12–14</sup> is a critical function of healthy blood vasculature.<sup>12,13</sup> In the GM, this index has been measured using breath-hold,<sup>15–19</sup> pharmacological challenge with acetazolamide,<sup>20</sup> and inhalation of CO<sub>2</sub>,<sup>14,18,21</sup> and is of great importance in functional MRI and its quantitative interpretation.<sup>22–27</sup> To date, CVR in the WM has not been studied systematically. Characterization of WM CVR may provide new insights into the mechanisms of ischemic and inflammatory responses in the WM, in particular in diseases such as multiple sclerosis<sup>28</sup> and stroke.<sup>29</sup> The knowledge of CVR may also improve our understanding of autoregulatory capacity of vasculature in the WM.

In the present study, we determined CVR by using CO<sub>2</sub> inhalation as a vasodilatory challenge and measured blood-oxygenation-level-dependent (BOLD) signal changes during this physiologic maneuver. Responses of WM CVR were examined in the context of both magnitude and temporal features. The most striking observation was that WM response to CO<sub>2</sub> inhalation was considerably delayed compared with that in the GM, and this was interpreted as the time it takes for the extravascular CO<sub>2</sub> to build up and reach a new steady state. The effect of age on these parameters was investigated by comparing WM CVR between younger and older participants. For comparison, baseline CBF in WM was also measured with ASL in these participants.

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This work was supported, in part, by the National Institutes of Health (R21 AG034318, R37 AG006265, R21 NS078656, R01 NS067015, R01 MH084021, and R01 AG042753). Received 23 August 2013; revised 27 September 2013; accepted 8 October 2013; published online 6 November 2013

## MATERIALS AND METHODS

### Participants

This study was approved by the Institutional Review Board of the University of Texas Southwestern Medical Center and the University of Texas at Dallas, and was performed in accordance with the guidelines of the Declaration of Helsinki and Belmont Report. All subjects gave informed written consent before participation. Fifteen younger (age  $27 \pm 1.4$  years, range 20 to 35 years, 5 males and 10 females) and fifteen older (age  $75 \pm 2$  years, range 62 to 86 years, 8 males and 7 females) subjects were examined. Participants were recruited through flyers and advertisements in the local media. All participants recruited underwent extensive health screening and had no contraindications to MRI scanning (pacemaker, implanted metallic objects, and claustrophobia) and were generally in good health, with no serious or unstable medical conditions such as neurologic disease, brain injury, uncontrollable shaking, past bypass surgery or chemotherapy, or use of medications that affect cognitive function. All participants had a Mini-Mental-State-Exam<sup>30</sup> score of 26 or greater.

### Experimental Procedures

Experiments were performed on a 3 Tesla MRI scanner using an 8-channel receive-only head coil (Philips Medical Systems, Best, The Netherlands). The body coil was used for radio frequency transmission. Foam padding was placed around the head to minimize motion during MRI scan acquisition.

Cerebrovascular reactivity was measured with a hypercapnia challenge, in which participants inhaled 5% CO<sub>2</sub> gas while BOLD MR images were simultaneously acquired. The details of the CVR measurement were described previously.<sup>14</sup> Briefly, during the CVR scan, subjects were fitted with a nose clip, and breathed room air and the prepared gas in an interleaved manner (60 seconds CO<sub>2</sub>, 60 seconds room air, repeated three times) through a mouthpiece. The prepared gas was a mixture of 5% CO<sub>2</sub>, 74% N<sub>2</sub>, and 21% O<sub>2</sub> contained within a Douglas bag. The gas was delivered to the subject through a two-way non-rebreathing valve and mouthpiece combination (Hans Rudolph, 2600 series, Shawnee, KS, USA). A research assistant was inside the magnet room throughout the experiment to switch the valve and monitor the subject. Images of BOLD MR were acquired continuously during the entire experimental period. The end-tidal CO<sub>2</sub> (Et CO<sub>2</sub>), the CO<sub>2</sub> concentration in the lung which approximates that in the arterial blood, was also recorded throughout the breathing task using a capnograph device (Capnogard, Model 1265, Novamatrix Medical Systems, Wallingford, CT, USA). The total duration for the CVR scan was 7 minutes. The BOLD sequence used the following imaging parameters: single-shot echo planar imaging, field-of-view =  $220 \times 220$  mm<sup>2</sup>, matrix size =  $64 \times 64$ , 43 axial slices, thickness = 3.5 mm, no gap, repetition time/echo time/flip angle = 2,000 ms/25 ms/80°, and 210 volumes.

Baseline CBF was measured using a pseudo-continuous arterial-spin-labeling sequence, which has been shown to provide an improved sensitivity compared with previous ASL methods.<sup>31,32</sup> Scan parameters were pseudo-continuous labeling with a duration of 1.65 seconds, delay = 1.525 seconds, labeling radio frequency duration = 0.5 ms, pause between radio frequency pulses = 0.5 ms, labeling pulse flip angle = 18°, single-shot echo planar imaging, field-of-view =  $240 \times 240$  mm<sup>2</sup>, matrix =  $80 \times 80$ , 27 axial slices, thickness = 5 mm, repetition time/echo time = 4,020 ms/14 ms, 30 pairs of label and control images, duration 4 minutes.

In addition, a T<sub>1</sub>-weighted high-resolution image was acquired using the Magnetization-Prepared-Rapid-Acquisition-of-Gradient-Echo (MPRAGE) sequence (voxel size =  $1 \times 1 \times 1$  mm<sup>3</sup>, scan duration = 4 minutes).

### Data Processing

Cerebrovascular reactivity data were analyzed using the software Statistical Parametric Mapping (SPM), (University College London, UK) and in-house MATLAB (MathWorks, Natick, MA, USA) scripts.<sup>14</sup> Pre-processing of the BOLD images included motion correction and registration with T<sub>1</sub>-weighted anatomic images. The data were analyzed in individual space. This is because spatial normalization to standard space usually results in smoothing of the image, which could increase the partial voluming effect of GM on WM regions-of-interest (ROIs).

Quantitative analyses of the data have primarily focused on the ROI results as they are more reliable than voxelwise results in the WM. The WM ROI was defined using the following three steps to minimize GM contribution (Figure 1). In the first step, the T<sub>1</sub>-weighted MPRAGE image was segmented (SPM5, University College London, UK) to obtain a WM probability map and only voxels with a WM probability of 90% or greater

were included in the preliminary ROI. Second, recognizing that the BOLD resolution ( $3.4 \times 3.4 \times 3.5$  mm<sup>3</sup>) is considerably lower than MPRAGE and that there could be slight misregistration between BOLD and MPRAGE, we further eroded the preliminary WM ROI (i.e., peeling off a 1-mm layer) three-dimensionally by six times, resulting in a rather small but minimally contaminated WM ROI (see Figure 1 for an example). Finally, voxels inside WM lesions, which could occur in older adults, were excluded using T<sub>2</sub>-weighted image that has been preregistered to the MPRAGE space. We found that only <1% of the voxels in our WM ROI (after erosion) was located in lesion regions, because lesion voxels were predominantly periventricular while our WM ROI consisted of primarily deep WM voxels. Blood-oxygenation-level-dependent time courses of the voxels within the final ROI were subsequently averaged. For comparison, a GM ROI was also delineated by selecting voxels with a GM probability of 90% or greater. These voxels were identified from a single slice immediately above the lateral ventricles, where it contains cortical GM only (no deep GM) and the coregistration between MPRAGE and BOLD images is highly reliable. Gray matter ROIs from other slices were also investigated, but no dependency of the results on sampling position was found.

From the averaged BOLD time course, two measures were obtained: the delay time and magnitude. Previous studies have established that the trace of end-tidal CO<sub>2</sub> and GM BOLD signal have a time shift of ~15 seconds,<sup>14,33</sup> which is the time it takes for the blood to travel from the lungs to the brain tissue and for the vessels in the tissue to react to the change in CO<sub>2</sub> concentration. This delay time may be different for WM, thus was specifically determined in the present study. The procedure was based on conducting a series of multiregression analyses with a range of delay times and identifying the delay that corresponds to the best fit. Specifically, in each regression analysis, the BOLD time course was used as the dependent variable, and the time-shifted Et CO<sub>2</sub> curve and a linear curve to account for BOLD signal drift were used as the independent variables (Figure 1). The range of Et CO<sub>2</sub> shift tested was from 0 to 60 seconds. A residual error was obtained for each regression analysis. The different regression analyses used an increasing amount of shift in Et CO<sub>2</sub>. The shift that yielded the least residual errors was determined to be the optimal delay between Et CO<sub>2</sub> and the BOLD signal. Next, the magnitude of CVR was calculated using the coefficients from linear regression at the optimal delay,<sup>14</sup> and is written in %BOLD signal per mmHg. The above analyses were conducted separately for GM and WM time courses.

Arterial-spin-labeling MR images were used to calculate a quantitative CBF map by subtraction of the control and label image sets following procedures established previously.<sup>34</sup> The 30 repeated scans were averaged to improve the signal-to-noise ratio. The WM and GM ROIs described were applied to the ASL data to obtain baseline CBF values in these regions.

### Statistical Analysis

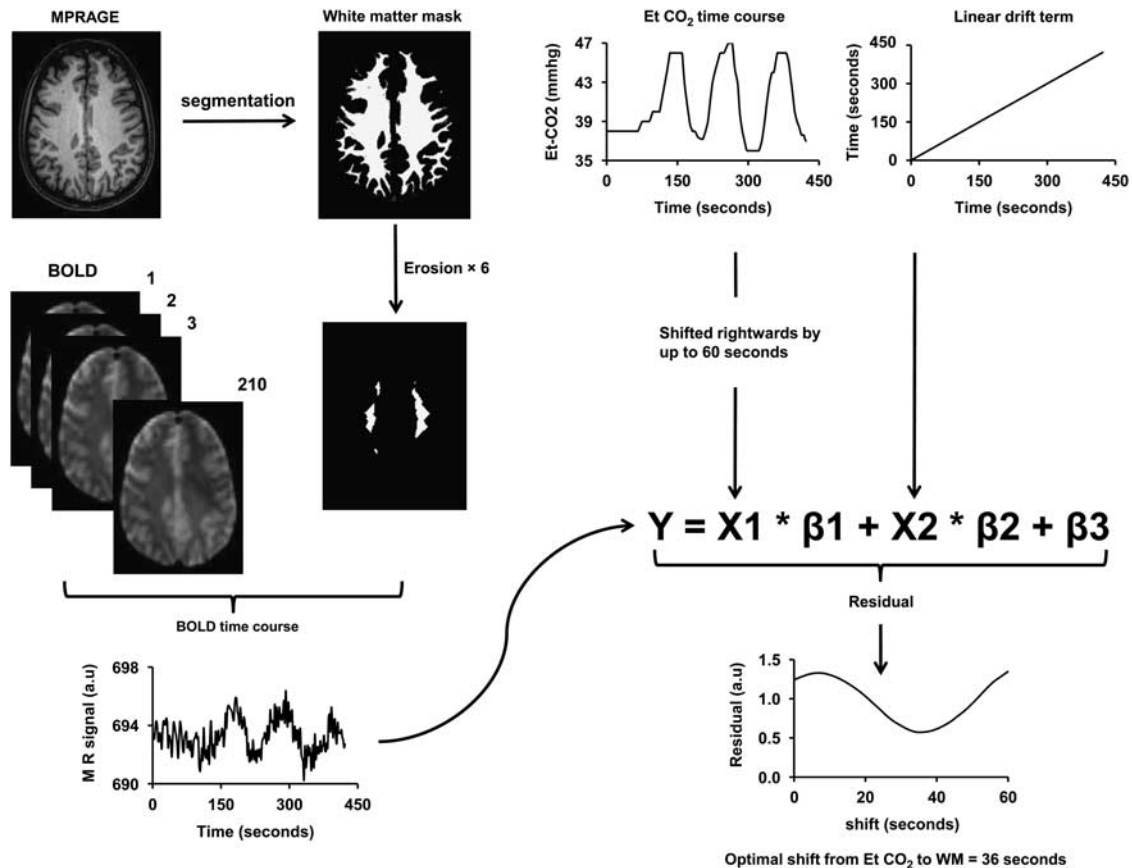
All parametric values are reported in mean  $\pm$  standard error. Data from younger and older groups were compared with a two-sample Student's *t*-test. The GM and WM results were compared with a paired Student's *t*-test. A *P* value of 0.05 or less is considered as significant.

### Exploratory Analysis on the Curvature Differences Between White Matter and Gray Matter Time Courses

In the regression analysis, the temporal differences in WM and GM time courses have mainly been modeled as simple time shift. Another possibility is that the two signals could have different curvatures. Specifically, the WM time course may have a smoother and broader response compared with the GM due to dispersion of the bolus in WM vasculature.<sup>35</sup> We therefore tested this possibility by convolving the GM time courses,  $Y_{GM}(t)$ , with a mono-exponential 'dispersion' function,  $d(t) = e^{-t/\tau}$ , to yield a smoothed version of the GM time course,  $\bar{Y}_{GM}(t) = Y_{GM}(t) \otimes d(t)$ . Multiregression analysis was then performed in which  $\bar{Y}_{WM}(t)$  was used as the dependent variable and  $\bar{Y}_{GM}(t)$  was the independent variable and a linear term was a covariate, similar to that shown in Figure 1. This regression analysis was performed for a range of  $\tau$  values (0 to 60 seconds) in the dispersion function. The optimal value for the time constant  $\tau$  was determined based on minimal residual errors.

## RESULTS

Volumes of WM ROI were  $10.9 \pm 1.0$  cm<sup>3</sup> ( $N = 15$ ) and  $5.7 \pm 1.0$  cm<sup>3</sup> ( $N = 15$ ) in younger and older participants, respectively. Both were sufficiently large for accurate signal estimation, although the

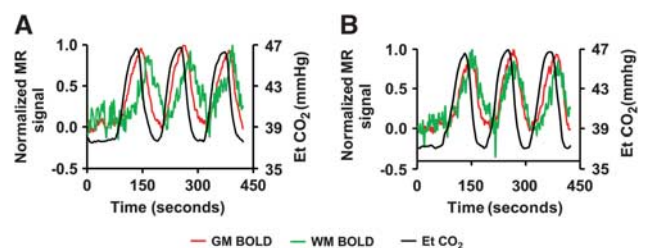


**Figure 1.** Illustration of analysis steps for the quantification of white matter (WM) cerebrovascular reactivity (CVR) and delay time. Upper left: Magnetization-Prepared-Rapid-Acquisition-of-Gradient-Echo (MPRAGE) T<sub>1</sub>-weighted image is segmented using SPM5 to obtain a mask of WM (voxels with >90% WM probability). To further reduce the likelihood of gray matter (GM) partial volume, the mask is eroded three-dimensionally by six times. Thus, the final mask is considerably small, but is expected to contain minimal GM contribution. The final mask is then applied on the blood-oxygenation-level-dependent (BOLD) image series to obtain a BOLD time course in the WM, which is used as the dependent variable in the linear regression analysis. Upper right: End-tidal (Et) CO<sub>2</sub> time course and a linear drift term are used as independent variables in the linear regression analysis. To identify the optimal delay time, the Et CO<sub>2</sub> curve is shifted rightwards by 0 to 60 seconds at an interval of the acquisition repetition time (TR) (2.0 seconds). At each shift, the linear regression analysis was performed and a residual error term is calculated. The optimal delay time is then determined based on the shift that yields the least residual error.

younger group had a significantly greater volume ( $P < 0.001$ ). The average WM probability of these ROIs was  $0.9989 \pm 0.0001$  and  $0.9981 \pm 0.0003$  for younger and older subjects, respectively, suggesting that GM partial volume was minimal. Volumes of GM ROI were  $5.0 \pm 0.1$  and  $3.86 \pm 0.08 \text{ cm}^3$  in younger and older subjects, respectively.

Average time courses of Et CO<sub>2</sub>, GM, and WM BOLD signals in young subjects are shown in Figure 2a. The most interesting feature is that there is a clear temporal delay in the WM time course relative to the GM. Table 1 summarizes the quantitative results. It can be seen that, in young subjects, GM signal lags behind the Et CO<sub>2</sub> time course by ~15 seconds, which is in agreement with the previous literature.<sup>14,33</sup> In the WM, BOLD signal appears to manifest a further and drastic delay of 19 seconds, compared with the GM. The magnitude of WM CVR was  $14 \pm 1\%$  of that in the GM ( $P < 0.001$ ).

End-tidal CO<sub>2</sub>, GM, and WM BOLD signals in older subjects are shown in Figure 2b. Cerebrovascular reactivity parameters in older subjects showed several important differences from that in young. First, the lag between Et CO<sub>2</sub> and GM time courses in elderly was significantly greater ( $P = 0.003$ ) than that in young (Table 1). Second, the delay between GM and WM BOLD time course is considerably shorter in elderly (from 19 seconds in young to 8 seconds in elderly,  $P = 0.002$ ). Moreover, the magnitude of WM



**Figure 2.** Time courses of End-tidal (Et) CO<sub>2</sub>, gray matter (GM) blood-oxygenation-level-dependent (BOLD), and white matter (WM) BOLD signal in (A) younger and (B) older subjects. To highlight the timing differences, the magnetic resonance (MR) signals have been normalized such that normocapnic signal is 0 and hypercapnic signal is 1. The Et CO<sub>2</sub> values are plotted in units of mmHg (right axis). It can be seen that the WM time courses lag behind the GM signal, which in turn lags behind the Et CO<sub>2</sub>. The curves were obtained from averaging across all subjects. Error bars are not plotted for clarity of the figure.

CVR was found to be greater ( $P = 0.003$ ) in older than in younger subjects (Table 1). As a result, the WM/GM CVR ratio in elderly was  $29 \pm 2.7\%$ , much greater ( $P < 0.001$ ) than that in young ( $14 \pm 1\%$  as

**Table 1.** Summary of CVR and CBF results in the GM and WM ROIs ( $N = 15$  for younger group;  $N = 15$  for older group)

Group	CVR delay (seconds)			CVR magnitude (% BOLD/mm Hg CO <sub>2</sub> )		CBF (mL/100 g per minute)		
	Et CO <sub>2</sub> to GM	Et CO <sub>2</sub> to WM	GM to WM	GM	WM	GM	WM	WM/GM ratio
Young ( $N = 15$ )	15.3 ± 0.6	34.4 ± 2.9	19.1 ± 3.0	0.22 ± 0.01	0.03 ± 0.002	68.2 ± 2.5	15.9 ± 0.8	0.23 ± 0.01
Old ( $N = 15$ )	18.5 ± 0.8	26.9 ± 1.3	8.4 ± 1.0	0.17 ± 0.01	0.05 ± 0.005	52.9 ± 2.8	18.8 ± 1.8	0.35 ± 0.02
<i>P</i> value	0.003	0.029	0.002	<0.001	0.003	<0.001	0.152	<0.001

BOLD, blood-oxygenation-level-dependent; Et CO<sub>2</sub>, end-tidal CO<sub>2</sub>; CBF, cerebral blood flow; CVR, cerebrovascular reactivity; GM, gray matter; ROIs, regions-of-interest; WM, white matter.

Data are presented in mean ± standard error. *P* values listed are based on each comparison and are not corrected for multiple comparisons.

described above). Baseline CBF data showed similar trends (Table 1) in that the WM/GM CBF ratio in elderly ( $35 \pm 2\%$ ) was greater ( $P < 0.001$ ) than that in young ( $23 \pm 0.9\%$ ). Finally, GM CVR in elderly was significantly lower ( $P < 0.001$ ) than that in young, which is relatively well established from the previous literature.<sup>36,37</sup>

Further analysis was performed to test the possibility that the WM time course is best matched by the convolution of the GM time course with an exponential dispersion function, rather than by simply shifting the GM time course. The optimal time constant for the exponential function was found to be  $26 \pm 5$  and  $8 \pm 2$  seconds for younger and older subjects, respectively, with a significant group difference ( $P = 0.004$ ). The convolution analysis yielded slightly lower ( $P = 0.038$ ) residual error ( $1.4 \pm 0.3$  in units of MR signal) than the shift analysis ( $1.7 \pm 0.3$ ).

## DISCUSSION

The present study conducted a systematic examination of CVR in the WM and its dependence on age. Our data suggested that, in addition to the expected difference in response magnitude, CVR in the WM is different from that in the GM in several important aspects. Furthermore, while the amplitude of reactivity decreases with age in the GM, the opposite pattern is seen in the WM.

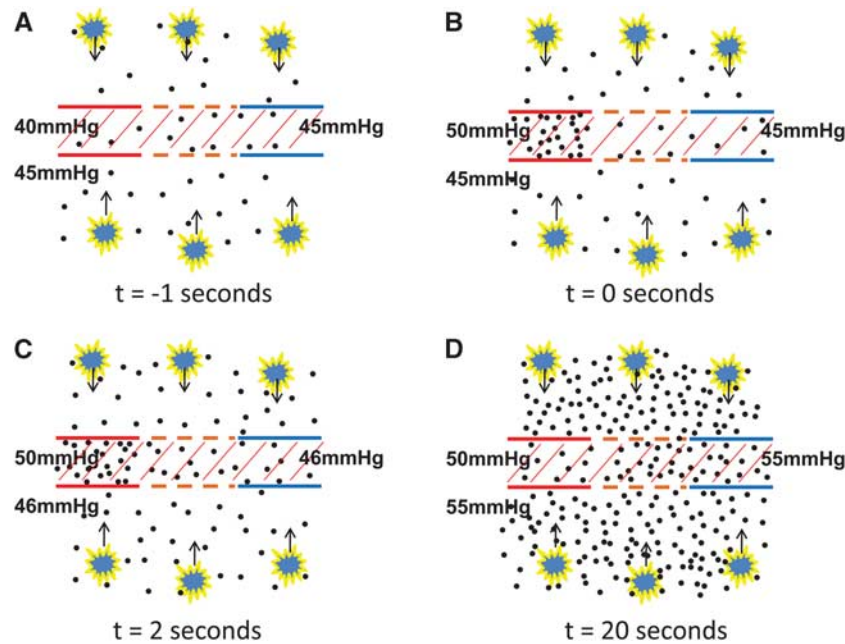
One of the main findings of the present study is that CVR response in the WM is considerably slower than that in the GM, consistent with a slower rise time reported by Rostrup *et al.*<sup>13</sup> Using the shift analysis, we found that the WM response lags behind the GM by 19 seconds in young individuals. Using a different analysis based on the dispersion, it was found that the WM signal is equivalent to the GM signal smoothed by an exponential function with a time constant of 26 seconds. This is surprising considering that the WM ROI is located just a few centimeters deeper than the GM. Of course, it is well known that blood arrives later in the WM than in the GM due to the known anatomy of the vasculature.<sup>35</sup> However, evidence from ASL and DSC-MRI literature suggests that this should only be 2 to 3 seconds at most.<sup>38</sup> Therefore, we hypothesize that this large delay is primarily due to a slow response of the WM compared with the GM. Specifically, we propose that it takes considerable amount of time for the extravascular CO<sub>2</sub> in the WM to build up and reach a new steady state, after the arterial CO<sub>2</sub> content has been altered. Figure 3 shows a qualitative illustration of this potential mechanism. The longer buildup time is primarily attributed to a low CBF in the WM, such that the amount of additional CO<sub>2</sub> that is brought to the WM per unit time is relatively small. Given the large fraction of tissue in the WM (98% tissue, 2% blood), it is plausible that it takes tens of seconds for the extravascular CO<sub>2</sub> concentration to change. It should also be noted that hypercapnia-induced vasodilation is primarily mediated by extravascular CO<sub>2</sub> concentration rather than intravascular CO<sub>2</sub>. This notion is derived from animal data that selective inhibition of vascular endothelium

function does not reduce hypercapnic response whereas inhibition of neuronal nitric oxide synthase does.<sup>39</sup>

Another interesting finding of the present study is that WM in the older subjects showed a faster CVR response compared with young, such that the GM-to-WM delay in elderly is not as pronounced as those in young. Following our proposed mechanism described in the previous paragraph, this would mean that extravascular CO<sub>2</sub> concentration in the WM of older individuals increases more rapidly upon a change in arterial CO<sub>2</sub> content. This prediction is consistent with the baseline CBF results that WM CBF was greater in older than in younger subjects, thus it takes less time for the CO<sub>2</sub> to build up. The reason that WM CBF and CVR are greater in elderly than in young may be associated with the mechanical properties of the WM. White matter in young subjects is tightly packed with axons and myelin, which makes it difficult for blood to penetrate and for vessels to dilate. This notion is supported by recent findings that, within healthy brain, fiber tracts that have higher fractional anisotropy (i.e., tighter organization with more myelin) tend to have a lower CBF.<sup>11</sup> In older individuals, as age-related demyelination and axon loss takes place, WM becomes less densely packed, thus exhibiting less hindrance for blood to flow through loose WM fibers.

Characteristics of WM CVR have been discussed in two previous studies. Mandell *et al.*<sup>40</sup> reported that WM CVR could actually be negative (i.e., BOLD signal decreases with CO<sub>2</sub> inhalation), especially in WM regions adjacent to lateral ventricles. The authors interpreted these findings as a steal phenomenon by the GM in response to hypercapnia. Blockley *et al.*<sup>33</sup> showed in a voxel-by-voxel analysis that WM CVR had a considerable delay, similar to those shown in this study. However, the authors were not able to rule out the possibility of estimation errors and considered these as artifacts due to low signal-to-noise ratio in their data.<sup>33</sup> In the present study, we have used several procedures to improve the reliability of our data. First, we have focused our analysis on ROI results, which have greater signal-to-noise ratio compared with single-voxel results. Second, to ensure that the voxels included in the ROI are indeed WM voxels and to minimize partial volume of GM, we used tissue segmentation in combination with ROI erosion such that only the core of the WM region is included in the final ROI. Third, we have used a shift-based analysis, in which the range of shifts tested included both shorter and longer than the expected GM delay. Thus, if noise had caused a difference in GM and WM timing, then we should at least observe the WM time course leading the GM in some (e.g., 25%) subjects, which we did not see. Finally, we studied two separate groups of subjects (younger and older) and both showed a significant GM-versus-WM difference. Thus, the probability of random noise to cause the same false positive observation in two studies is relatively low.

The results in this study have several practical implications for the design and analysis of CVR studies. First, given the considerable differences in delay times between tissue types, frequency-domain data analysis<sup>33</sup> may be a preferred approach



**Figure 3.** A proposed mechanism to explain the delay in cerebrovascular reactivity (CVR) response in the white matter (WM). (A) Under normocapnic steady state, arterial  $\text{CO}_2$  partial pressure is  $\sim 40$  mm Hg and tissue  $\text{CO}_2$  is  $\sim 45$  mm Hg. Red lines indicate arterial vessel wall. Brown color denotes capillary vessel wall, which is shown as dashed lines to indicate that it is permeable to  $\text{CO}_2$  molecules. Blue lines indicates venous vessel wall. It is assumed that tissue and blood  $\text{CO}_2$  concentrations have reached equilibrium in capillary, thus venous  $\text{CO}_2$  pressure is the same as tissue  $\text{CO}_2$ . Hatched area indicates intravascular space. Black dots illustrate  $\text{CO}_2$  molecules. The yellow symbols indicate tissue cells, which generate  $\text{CO}_2$  and the arrows indicate that  $\text{CO}_2$  generated by tissue is cleared through blood vessels. (B) When the hypercapnic blood first arrives, arterial  $\text{CO}_2$  concentration will increase, delivering extra  $\text{CO}_2$  to the tissue. (C) However, tissue and venous  $\text{CO}_2$  pressure shows a much slower change than the arterial  $\text{CO}_2$ , due to the large space of tissue compared with the rate of blood flow. Note that, with a perfusion of 30 mL/100 g per minute, the amount of blood delivered to the WM per second is only 0.5% of the tissue space. Therefore, during the first few seconds after the arterial  $\text{CO}_2$  has changed, extravascular  $\text{CO}_2$  may not show a pronounced alteration. (D) With time, extravascular  $\text{CO}_2$  concentration increases substantially and a new steady state is reached.

over time-domain analysis, as it is less sensitive to the delay in time course. Second, it is desirable to use a breathing paradigm that could generate a BOLD time course of an approximate sinusoidal function, so that the time course would have a prominent frequency peak. To achieve this, one can use a feedback/feedforward system targeting for a sinusoidal curve.<sup>33</sup> Alternatively, one can use a fixed inspired  $\text{O}_2$  method with a short period (e.g., switching gas every minute).<sup>14</sup> Due to the mixing of gas bolus in the lung and dispersion of blood bolus along its path to the brain, the BOLD time course with this paradigm is also generally similar to a sinusoidal curve. Third, high temporal resolution in data acquisition (e.g., short repetition time) is desired to accurately depict time delays in the signal. Finally, when evaluating WM CVR data under pathologic conditions, potential change in both amplitude and temporal features should be considered. Note that, if the delay time is not properly accounted for, the response amplitude may be underestimated leading to mis-interpretation of results.

For the quantification of timing difference between the WM and GM BOLD time courses, we used two analysis methods, one based on shifting the time course and the other based on convolution of the time course with an exponential dispersion function. From our mechanistic model proposed in Figure 3, the dispersion and smoothing of the WM response relative to GM seem more plausible. Additionally, the convolution analysis yielded lower residual error compared with the shift analysis, again supporting the dispersion method. However, given that the WM BOLD time course is generally variable and the residual error is of similar amplitude using the two analyses, the exact determination of the optimal analysis method as well as the physiologic interpretation

requires further investigation. A limitation of the present study is that the gender distributions in the younger and older groups were not exactly matched. The older group had more male subjects. It is known that females and males could have different blood flow. Therefore, some of the CBF findings (e.g., lower GM CBF in old) could be influenced by this confounding factor.

### Conclusions

White matter CVR in response to hypercapnia is different from that of GM in several important aspects. Aside from the expected reduction in magnitude, WM response was slower than GM by tens of seconds. This may be attributed to the longer time it takes for WM extravascular  $\text{CO}_2$  to accumulate and may be related to the lower perfusion in this tissue type. With age, WM CVR becomes greater and faster, which is opposite to the changes seen in the GM.

### DISCLOSURE/CONFLICT OF INTEREST

The authors declare no conflict of interest.

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