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Förster resonance energy transfer microscopy and spectroscopy for localizing protein-protein interactions in living cells

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Abstract

The fundamental theory of Förster resonance energy transfer (FRET) was established in the 1940's. Its great power was only realized in the past 20 years after different techniques were developed and applied to biological experiments. This success was made possible by the availability of suitable fluorescent probes, advanced optics, detectors, microscopy instrumentation and analytical tools. Combined with state-of-the-art microscopy and spectroscopy, FRET imaging allows scientists to study a variety of phenomena that produce changes in molecular proximity, thereby leading to many significant findings in the life sciences. In this review, we outline various FRET imaging techniques and their strengths and limitations; we also provide a biological model to demonstrate how to investigate protein-protein interactions in living cells using both intensity- and fluorescence lifetime-based FRET microscopy methods.

Keywords

FRET; FLIM; FLIM-FRET; protein-protein interactions

Introduction

Förster resonance energy transfer (FRET) is a non-radiative energy transfer process from an excited molecule (the donor) to another nearby molecule (the acceptor), via a long-range dipole-dipole coupling mechanism. The efficiency of energy transfer (E) from the donor to the acceptor is dependent upon the inverse of the sixth power of the distance (d) separating them, subject to the Förster distance (R_o) at which E is equal to 50% (Equation 1 and Figure 1A) (1–4). As shown in Equation 2, R_o (in Ångstrom) of a FRET pair depends upon: (i) the relative orientation between the dipoles of the donor emission and the acceptor absorption - κ^2 ranging from 0 to 4; (ii) the refractive index of the medium - n ; (iii) the donor quantum yield - QY_D ; (iv) the acceptor extinction coefficient - ϵ_A ; and (v) the overlap integral between the donor emission and acceptor absorption spectra. For the majority of FRET pairs, R_o values are in the order of a few nanometers (3~7 nm). Therefore, FRET is typically limited to within 10 nm, providing a sensitive tool for studying a variety of phenomena that produce changes in molecular proximity.

$$E = \frac{R_o^6}{R_o^6 + d^6} \quad (1)$$

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$$R_o = 0.211 \cdot \left\{ k^2 \cdot n^{-4} \cdot QY_D \cdot \epsilon_A \cdot \frac{\int_0^\infty f_D(\lambda) f_A(\lambda) \lambda^4 d\lambda}{\int_0^\infty f_D(\lambda) d\lambda} \right\}^{\frac{1}{6}} \quad (2)$$

FRET imaging is a powerful tool in life-science research (5–14). FRET measurements have been made between single-molecules (15), in tissues and even in whole animals (16,17). In flow cytometry, both *in vitro* and *in vivo*, FRET assays have been widely used to characterize DNA-protein, lipid-protein and protein-protein interactions (8,18–22). For example, Dye et al. (20) applied a FRET-based flow cytometric analysis of fusion proteins in live yeast cells to study the dimerization of the wild-type and the mutated Tom70p N-terminal transmembrane domain, and demonstrated that flow cytometry combined with FRET is a powerful tool for studying protein-protein interactions in a large number of individual cells. FRET microscopy imaging can provide spatial and temporal information of protein interactions in living cells under physiological conditions to address fundamental biological questions (23–32). Confocal FRET microscopy was employed to track the internalization of transferrin receptor-ligand complexes in live cells (27,33). FRET imaging has also been used to investigate the causes along with potential diagnostic tools and treatments for diseases (34–36). In the Alzheimer's disease study, advanced fluorescence lifetime-based FRET imaging enabled the detection of the spatial abnormalities of tau molecules as pathogenic markers in tissue sections (36). In pharmaceutical research, FRET imaging is used extensively in high throughput or content screening platforms for compound or drug screening (37–39). A FRET assay was designed for the screening of inhibitors of ADAMTS1, which plays a crucial role in inflammatory joint diseases; the results demonstrated the FRET assay to be an excellent tool not only for measuring ADAMTS1 activity, but also identifying new potential inhibitors (39).

In this review, we first provide some basic guidelines for choosing a FRET pair, and then describe various FRET microscopy and spectroscopy imaging techniques – their strengths and limitations, and avoiding pitfalls for using them are also emphasized. Through our annual FRET workshops (www.kcci.virginia.edu/workshop) and users of our imaging core, we have learned that interpreting FRET signals and energy transfer efficiency data with respect to their significance in a complex biological system presents the biggest challenge for most biologists. Using a real biological model as a showcase, we demonstrate how to employ both intensity- and fluorescence lifetime-based FRET imaging methods to investigate protein-protein interactions in living cells, and how to interpret the scattered FRET data points using quantitative FRET data analysis strategies.

FRET Pairs

Choosing a suitable FRET pair is the first step for successful FRET imaging. We are fortunate to have many choices: various fluorescent proteins have been developed and employed for FRET imaging to visualize dynamic protein interactions under physiological conditions (26,28,29,40–55). The development of organic dyes with improved photostability and excellent spectral characteristics provides additional choices for FRET imaging (27,33,56–60), as well as the utility of the emerging field of quantum dots (61,62). The selection of a correct FRET pair depends on the actual biological question to be investigated, the type of biological specimen to be imaged, the available instrumentation and the technique applied to measure FRET. A few selected fluorescent probes that have been used extensively for FRET imaging are given in Table 1.

A FRET pair with a large R_o value is generally favored, because of increased likelihood of FRET occurrence. The R_o value of a FRET pair can be estimated from their photophysical properties based on Equation 2 as described above. A sufficient overlap (> 30%) between

the donor emission and acceptor absorption spectra is critical for FRET to occur. However, this overlap often causes the spectral bleedthrough problem for quantifying FRET based on acceptor sensitized emission (described below). However, the spectral bleedthrough is usually not an issue for measuring FRET based on the donor signals only, such as in acceptor photobleaching and fluorescence lifetime-based FRET measurements (described below). The donor quantum yield is also an important factor to achieve robust FRET efficiencies. Comparing the R_0 values of CFP-YFP (49 Å), mCerulean-YFP (53 Å), and mCerulean3-YFP (56 Å) indicates that the differences are mainly caused by the different quantum yields of CFP (0.4) vs. mCerulean (0.62) and vs. mCerulean3 (0.87), which have almost identical excitation and emission spectra. In fluorescence lifetime-based FRET measurements, a donor, whose intrinsic lifetime has multiple components, can complicate the data analysis and should be avoided by choosing for example mCerulean or mCerulean3 over CFP. Other important factors for successful FRET imaging to be considered include photo-stability, brightness, and blinking issues.

FRET Microscopy and Spectroscopy

FRET depopulates the excited state of the donor, resulting in a decreased probability of photon emission from the donor and a shortening of the donor lifetime in the excited state; meanwhile, the probability of the photon emission from the acceptor increases (sensitization). Thus, FRET can be measured from changes in intensities (Figure 1B) or fluorescence lifetimes (Figure 1C) of the donor in the presence and absence of the acceptor, or by quantifying the sensitized emission of the acceptor. These FRET measurements typically require the donor and acceptor to be different fluorophores (called hetero-FRET), although the acceptor need not be fluorescent (e.g. dark quenchers) for measuring FRET based on the donor. FRET can also occur between identical fluorophores, called homo-FRET which can be measured by fluorescence anisotropy imaging (Figure 1D). Many FRET microscopy and spectroscopy techniques have been developed (63) - the basic concepts of several commonly used methods are summarized in Table 2 and explained in more details below.

2-channel Ratiometric FRET (rFRET) imaging

The rFRET approach is qualitative, only uses the donor excitation wavelength and measures the ratio of the acceptor emission and donor emission signals, representing a FRET index (Table 2) (37–39,64). This method is suitable for a fixed donor-acceptor stoichiometry (e.g. biosensor), in which case a higher 'Acceptor:Donor' ratio indicates a larger E . This method cannot measure E directly, and also suffers from not being able to remove bleedthrough contaminations resulting from the donors and the acceptors of varied stoichiometry. On the plus-side, the 'Acceptor:Donor' ratio readouts can be extremely fast by measuring both the donor and acceptor emission signals simultaneously, making the technique a major tool for FRET-based biosensor screening applications (37–39). To accurately track the dynamic FRET changes of a biosensor over time, one should carefully check if the ratio is affected by photobleaching perturbations, since the donor and acceptor molecules are likely to bleach at different rates at the donor excitation wavelength.

Acceptor photobleaching FRET (apFRET) imaging

In apFRET imaging, E can be quantified by measuring the donor intensities or fluorescence lifetimes before and after photobleaching the acceptor molecules (Table 2) (28,65–67). The specimen containing both the donor and the acceptor serves as its own control in apFRET imaging, making the technique straightforward.

However, the apFRET method is typically considered as an end-point assay, and thus is not suitable for intervention or time-lapse studies, although complete bleaching of the acceptor may not be required by some partial apFRET techniques (68,69). The intensive light illumination and the extensive time required for the photobleaching process may generate a few problems: (i) specimen movement and/or photo-damage to the specimen; (ii) bleaching of the donor; (iii) photo conversion of the donor or the acceptor (70). The percentage of donor bleached (*PDB*) factor given in Table 2 can be used to correct for unwanted photobleaching of donor molecules during acceptor photobleaching; this factor may be determined using the donor-only control specimen under the same photobleaching condition as the double-label specimen. Besides *PDB*, János et al. (67) also introduced factors to correct for incomplete photobleaching of the acceptor, the acceptor back bleedthrough to the donor channel and the post-bleached acceptor photo conversion to the donor channel; an ImageJ plugin called AccPbFRET developed by János et al. (67) is freely available at <http://biophys.med.unideb.hu/accpbfret>.

Photo-quenching FRET (pqFRET) imaging

The pqFRET approach uses photo-activateable fluorescence proteins as FRET acceptors, which turn from an original dark to a bright fluorescent state upon brief ultraviolet excitation (29). *E* can be quantified by measuring the donor intensities before and after activating the acceptor (Table 2). Other than measuring FRET, the pqFRET assay also allows monitoring the diffusion of the activated acceptor fluorophores over time, providing direct measurements of protein mobility, exchange and interactions in living cells (29).

3-channel FRET imaging

This approach measures FRET based on the acceptor sensitized emission - the FRET signal. The three imaging channels are defined as: the 'Donor' channel uses the donor excitation and the donor emission filter; the 'FRET' channel employs the donor excitation and the acceptor emission filter; the 'Acceptor' channel applies the acceptor excitation and the acceptor emission filter (Table 2). The 3-channel FRET imaging is most widely used because it provides the capability for accurate and quantitative FRET measurements with any fluorescence microscopy and spectroscopy system. However, to correct the spectral bleedthrough (SBT) contaminations in the FRET signal, images of the donor-alone and the acceptor-alone control specimens in addition to the double-label specimens are acquired in the three imaging channels. Images are then processed by a computer algorithm to quantify FRET signals and efficiencies and correct potential SBT contaminations and autofluorescence, as described below.

Donor spectral bleedthrough (DSBT)—Cause: The donor fluorophore is excited by the donor excitation wavelength and emits in the acceptor emission range and is contained in the FRET signal in the FRET channel.

Check: Use the donor-alone control specimen and take images in the 'FRET' channel.

Correction: Use the donor-alone control specimen to determine the DSBT ratio (*dr*), which will be used to estimate the amount of DSBT for the double-label in the 'FRET' channel (Table 2).

Acceptor spectral bleedthrough (ASBT)—Cause: The acceptor fluorophore excited by the donor excitation wavelength yields its natural fluorescence, which is detected along with the FRET signal in the FRET channel.

Check: Excite the acceptor-alone control specimen with the donor wavelength and take images in the `FRET' channel.

Correction: Use the acceptor-alone control specimen to determine the ASBT ratio (ar), which will be used to estimate the amount of ASBT in the `FRET' channel (Table 2).

Donor spectral bleedthrough at the acceptor excitation wavelength (DSBTa)—

Cause: The donor fluorophore is excited by the acceptor excitation wavelength and emits in the acceptor emission range, posing a problem for ASBT correction.

Check: Use the donor-alone control specimen and take images in the `Acceptor' channel.

Correction: Use the donor-alone control specimen to determine the DSBTa ratio (dr_a), which will be used to estimate the amount of DSBTa in the ASBT correction (Table 2). It is common to have DSBTa with multi-photon excitation. For single-photon excitation, however, it can usually be avoided by choosing an optimal FRET pair and a suitable combination of the donor and the acceptor excitation wavelengths.

Acceptor back spectral bleedthrough at the donor excitation wavelength

(ASBTb)—Cause: The acceptor fluorophore is excited by the donor excitation wavelength and emits in the donor emission range, causing a problem for quantifying the quenched donor signal.

Check: Use the acceptor-alone control specimen and take images in the `Donor' channel.

Correction: Use the acceptor-alone control specimen to determine the ASBTb ratio (ar_b), which will be used to estimate the amount of ASBTb in the donor channel (Table 2). ASBTb can usually be avoided by choosing an optimal FRET pair.

Specimen autofluorescence—Cause: The specimen contains autofluorescent molecules, which are detected by acceptor or donor excitation wavelengths.

Check: Use the unlabeled specimen and take images at identical imaging conditions in all three imaging channels to verify if there are detectable autofluorescence signals in each channel.

Correction: For homogenous autofluorescence, one can determine its level using the unlabeled specimen for each imaging channel, and then subtract it from the corresponding images of the labeled specimen. Accurate removal of spatially varied autofluorescence can be challenging, but can be done by spectral imaging and linear unmixing (described below).

Comments: It should be stressed that specimen autofluorescence and some of the above-described SBT contaminations should be verified in other FRET imaging methods as well. For example, specimen autofluorescence and ASBTb should be verified in apFRET, pqFRET, rFRET imaging or fluorescence lifetime imaging (described below), where only the donor signals are measured in the `Donor' channel.

While the issues of SBT corrections may appear to be daunting, many 3-channel FRET imaging algorithms (71–87) were developed to ameliorate its effects. Commercial software solutions are widely available from companies including Olympus, Nikon, Zeiss, Leica, PerkinElmer, Molecular Devices (MetaMorph), Applied Precision Imaging, Bitplane, MediaCybernetics, and others. On the other hand, many researchers designed their own software based on published or their own algorithms, being fairly straightforward with basic programming skills (see Table 2). We developed the processed FRET (PFRET) algorithm

(77,82,86), and created a proprietary ImageJ-based software package. The software can be obtained by contacting the University of Virginia Patent office (<http://innovation.virginia.edu>). Three free ImageJ-based software plugins are in the public domain: RiFRET (www.biophys.dote.hu/rifret), developed based on Ref. (85) can correct for SBT and autofluorescence contaminations and calculate FRET efficiencies pixel-by-pixel, and importantly, the source codes of this software are available for modification for other applications; PixFRET (www.unil.ch/cig/page16989.html), developed based on Ref. (80) also offers SBT corrections and calculates normalized FRET signals (by donor, acceptor, the product of both, or the square root of the product of both) as well as FRET efficiencies; the FRET and Colocalization Analyzer plugin (<http://rsbweb.nih.gov/ij/plugins/fret-analyzer/fret-analyzer.htm>), developed based on Ref. (83) has a simple interface to estimate SBT contaminations and produce a FRET index for each pixel, which is defined as the increase of intensity in the FRET channel over the donor and the acceptor SBTs; however this software can only be used for 8-bit images.

Three representative algorithms are compared in Table 2: (i) the Gordon et al. method (74) considers all possible SBT contaminations; (ii) the E-FRET approach (79) only considers DSBT and ASBT, which are the major SBT components for the majority of FRET experiments; (iii) different from these two methods, the PFRET algorithm used here does not assume a constant SBT ratio for the whole intensity dynamic range (e.g. 0 ~ 4095 for the 12-bit imaging), but rather estimates the SBT ratios based on varying signal levels (77,86). The PFRET software allows users define the number of the intensity ranges to estimate the corresponding SBT ratios and specify an intensity threshold value above which the pixels are only used for calculating SBT ratios. A proper threshold value should be chosen upon the imaging depth to avoid poor signal-to-noise effects and this is especially critical for using a constant SBT ratio. We shall emphasize that it is important to collect a number of single-label control images (dim-to-bright), which cover the entire intensity dynamic range. A comparison of using constant vs. dynamic SBT ratios to produce the FRET results of a same data set is presented by Figure 2. A more thorough comparison between the PFRET and Gordon et al. methods was made to demonstrate the advantage of using dynamic rather than constant SBT ratios (88). In 3-channel FRET imaging, E is determined using the FRET signal and the quenched donor (qD) signal as the basis for the calculation (Table 2). The FRET signal is produced by the sensitized acceptor and measured in the 'FRET' channel, while the qD signal is produced by the donor and measured in the 'Donor' channel. Thus, a correction factor ' G ' is used in the Gordon et al. and E-FRET methods, and ' c ' is used in the PFRET method (Table 2) to compensate for the difference between the donor and acceptor quantum yields as well as different detection efficiencies (e.g. detector sensitivity) for the donor and the acceptor. Theoretical modeling of the ' G ' factor (74) and coefficient ' c ' (82,86) are described in the literature, and several methods were deployed to experimentally measure them (76,79,86,89). It should be noted that the PFRET method considers DSBT as part of qD for a more accurate E estimation (86) (Table 2).

Spectral FRET (sFRET) imaging

In vitro FRET experiments are commonly conducted in solution in cuvettes using a spectrofluorometer, applying donor excitation and measuring signals for the whole 'donor-and-acceptor' emission range in 1-nm increments. FRET can be quantified by evaluating the double-label spectra data in comparison to the donor-alone and the acceptor-alone reference spectra (56,90). With specimens on a substrate (cells, tissue), spectral microscopy imaging produces a λ -stack consisting of spatial and spectral dimensions to measure emission signals in a series of spectral intervals equally sampled over a spectral range, at each pixel location. In sFRET imaging, the signals emitted from the donor, the acceptor or the autofluorescent fluorophores can be accurately separated by the spectral unmixing based on the

corresponding reference spectra, which are obtained from the donor-alone, the acceptor-alone or the unlabeled specimens, respectively (91–97). Thus, DSBT, DSBTa, ASBTb and autofluorescence can be accurately removed by spectral unmixing, making the sFRET technique particularly suitable for multiphoton excitation FRET applications (93,97,98). However, the FRET signal may still contain ASBT after spectral unmixing. The processed spectral FRET (psFRET) method employs a similar strategy as PFRET for removing ASBT in sFRET microscopy imaging (95) (Table 2).

Fluorescence lifetime imaging (FLIM) FRET

Fluorescence lifetime is the average time a molecule spends in the excited state before returning to ground state. The fluorescence lifetime of a fluorophore carries information about events in its local microenvironment which affects its photophysical processes. FRET adds a non-radiative dissipation pathway for the excited state energy of the donor and thus shortens its fluorescence lifetime. Using FLIM, E can be quantified by measuring the reduction of the donor fluorescence lifetime, resulting from quenching in the presence of an acceptor (99) (Table 2). The FLIM-FRET approach has several advantages over intensity-based FRET imaging: (i) FLIM-FRET measurements typically do not require corrections for spectral bleedthrough, necessary for intensity-based measurements of acceptor sensitized emission; (ii) fluorescence lifetime measurements are insensitive to the change in fluorophore concentration, excitation intensity, or light scattering and to some extent of photobleaching – all these factors potentially induce artifacts in intensity-based imaging; and (iii) FLIM-FRET methods have the capability to estimate the percentage of 'FRETing' and 'non-FRETing' donor populations (100), which cannot be distinguished by most intensity-based FRET methods; the E measured in most intensity-based FRET methods are often called *apparent E*, which *inter alia* includes 'non-FRETing' donors in the calculation.

FLIM-FRET measurements require advanced instrumentation as well as understanding of the basic physics for data analysis and interpretation. In the past 15 years, rapid developments in FLIM have greatly advanced and simplified the technique, and various FLIM methods have been developed for biological and clinical applications (32,101,102). More importantly, commercial stand-alone FLIM systems or integrated with existing multiphoton, confocal or wide-field microscopes have become available from Picoquant, Becker & Hickl, Lambert Instruments, ISS, Intelligent Imaging Innovations and others. FLIM therefore has become more of a routine tool for many laboratories for FRET studies (32,34,59,103–121). A recent development by Leray et al. (114) applied a 3-D polar plot analysis to spectrally resolved FLIM data, demonstrating that this multi-model fitting-free approach yields more accurate FRET measurements.

FLIM techniques are generally subdivided into the time-domain (TD) and the frequency-domain (FD), although the basic physics for both are essentially identical (32,99,102,122). TD FLIM uses a pulsed light source synchronized to high-speed detectors and electronics to directly measure the fluorescence decay profile to estimate the fluorescence lifetime. FD FLIM employs a modulated excitation light source, and measures the phase shift(s) and amplitude attenuation(s) of the emission relative to the excitation to estimate the fluorescence lifetime. The repetition rate of the excitation source in TD FLIM or the fundamental modulation frequency of the excitation source in FD FLIM are chosen according to the fluorescence lifetime to be measured, e.g. megahertz for measuring nanosecond lifetimes. Several TD and FD FLIM techniques are briefly described below.

TD FLIM by time correlated single photon counting (TCSPC)—TCSPC typically uses a pulsed laser, a photon-counting detector and TCSPC electronics (32,108,123–125). A spectrofluorometer synchronizes the detector to the excitation pulse and records the photon

arrival time relative to the excitation pulse. By accumulating photons for a period of time, a 'photon counts' histogram, called fluorescence decay, is generated to project the fluorescence lifetime. For laser scanning microscopes, the TCSPC device synchronizes both the detector and the scanning clock to the excitation pulse, and records the arrival time as well as spatial information for each detected photon; the fluorescence decay profile is shown for each pixel.

TD FLIM using a gated image-intensifier camera—Gating-camera FLIM is typically found on wide-field and spinning-disk confocal microscopes using a pulsed laser, an image-intensifier camera and gating-control electronics. The gating camera can be operated at superfast speeds to detect photons within a time (gating) window for hundred picoseconds to milliseconds relative to the excitation pulse (105,126). A number of images are acquired in sequential gating windows to estimate the fluorescence lifetime. Extracting the single-component lifetime requires collecting two gated images at a minimum – this may only take a couple of seconds or less (105,127), making the gating-camera FLIM technique suitable for high-content screening FRET applications (121,128).

TD FLIM using a streak-camera—A streak camera system, consisting of a streak scope and a fast CCD camera, can be operated to transform the temporal profile of a light pulse into a spatial profile on a detector by causing a time-varying deflection of the light across the width of the detector (129). In this FLIM method, a pulsed (one- or multi-photon) laser is synchronized with a streak camera system, and a stack of images is acquired to generate a 2-D fluorescence lifetime image: each line of an image consists of the decay profile to establish the fluorescence lifetime for each pixel along the x-dimension; each image contains the decay profiles for one line of pixels along the y-dimension (107,109,129).

Digital FD FLIM—In traditional heterodyne FD FLIM, both the light source and the detector are modulated, but at slightly different frequencies, e.g. a few hundred hertz. The digital FD FLIM employs a modulated pulsed excitation source, but does not require modulating the detector (130). In this technique, the detector is working in a photon-counting manner, and all operations including the generation of the light modulation frequency, the generation of the cross-correlation sampling frequency and the assignment of the time of arrival of a photon to a bin are digital, allowing multi-frequency measurements (for extracting multi-component lifetimes) to be done simultaneously, greatly improving photon efficiency and data acquisition speed (32,130).

FD FLIM using an image-intensifier camera—Camera-based FD FLIM is typically applied in widefield or spinning-disk confocal microscopes, using a LED or diode laser excitation light source and an image-intensifier camera, both modulated at slightly different frequencies (Heterodyne) (131) or at the same frequency (Homodyne) (132,133). Similar to the gating-camera TD FLIM, the camera-based FD FLIM technique also provides fast imaging speeds (54).

A few precautions need to be taken with FLIM-FRET measurements: (i) a FLIM system should always be carefully calibrated prior to a FRET study, using fluorescence lifetime standards (32); (ii) it is important to make sure that the donor fluorophores reside in the same microenvironment in both donor-alone control and double-label specimens, since the fluorescence lifetime of a fluorophore can be affected by its microenvironment (e.g. pH, temperature); and (iii) most of FLIM data analysis methods estimate the fluorescence lifetimes through least-square fittings of measured data based on a single- or multi-exponential decay model; it is important to have reproducibility of data for a particular data processing model (32).

Fluorescence anisotropy imaging FRET

For a randomly oriented population of fluorophores excited by linearly polarized light, those molecules with their absorption dipole oriented parallel to the polarization axis are preferentially excited. In fluorescence anisotropy (polarization) microscopy, the photons emitted from fluorophores excited by a linearly polarized light source are measured using two linear polarizer filters – one parallel to the direction of the excitation and the other perpendicular to that direction; the anisotropy value is determined using both the parallel and the perpendicular emission signals (Table 2), indicating the degree of the fluorophore orientation. The anisotropy value will decrease (called depolarization) if the fluorophore changes its orientation between excitation and emission, which can be caused by FRET, the basic concept for measuring FRET by fluorescence anisotropy (Figure 1D). Anisotropy has been employed to measure monomer-dimer transition of GFP-tagged proteins (134) and to quantify protein cluster sizes with sub-cellular resolution (135). There are advantages of using fluorescence anisotropy FRET measurements: (i) both the donor and the acceptor are tagged with the same fluorophore (homo-FRET), and thus there is no bleedthrough problem; and (ii) the parallel and perpendicular emission signals can be simultaneously measured by extremely fast anisotropy readouts, making the technique suitable for FRET screening applications (136,137). However, one should also keep in mind that depolarization can also be caused by an objective lens of a high numerical aperture (> 1.0). The fluorophore rotation can also change its orientation resulting in depolarization, although this effect can usually be ignored for large molecules like fluorescent proteins since energy transfer takes place more rapidly than their motions (134–140). It has been demonstrated that time-resolved anisotropy imaging can overcome many of the limitations of intensity-based anisotropy imaging for FRET measurements (134,135,138–140).

A FRET example for localizing protein-protein interactions in living cells

Prior to biological studies, a FRET imaging approach/system should be calibrated. A comparative method to determine the accuracy of FRET measurements was developed by the Vogel laboratory (NIH) (141). The approach uses “standards” in the form of genetic constructs encoding fusions between donor and acceptor fluorescent proteins separated by defined amino acid (aa) linker sequences. A series of FRET-standard constructs were generated through encoding Cerulean and Venus, directly coupled by either a 5, 17 or 32 aa linker - named as C5V, C17V and C32V correspondingly (141). In addition, a construct of a low FRET efficiency (CTV) was also made by separating Cerulean and Venus with a 229-aa TRAF domain (93). These plasmids are available at www.addgene.org/Steven_Vogel. Employing these FRET standards, we calibrated our PFRET, spectral FRET, time- and frequency-domain FLIM-FRET techniques, which roughly produced the same FRET efficiency of each construct: the C5V and CTV expressed in live cells gave 40~50% and 5–10% FRET efficiencies, respectively (12,32,86).

A biological FRET application used here concerns the basic region-leucine zipper (bZip) domain of the CCAAT/enhancer binding protein alpha (C/EBP α) transcription factor. The bZip family proteins form obligate dimers through their leucine-zipper domains, which positions the basic region residues for binding to specific DNA elements. Immunocytochemical staining of differentiated mouse adipocyte cells showed that endogenous C/EBP α is preferentially bound to satellite DNA-repeat sequences located in regions of centromeric heterochromatin (142,143). When the C/EBP α bZip domain is expressed as a fusion fluorescent protein in cells of mouse origin, it is localized to the well-defined regions of centromeric heterochromatin in the cell nucleus (Figures 3–5) (32). A FRET system for investigating this biological model in living cells was built by fusing the C/EBP α bZip domain to Cerulean (bZip-Cerulean, FRET donor) and Venus (bZip-Venus, FRET acceptor) fluorescence proteins separately.

Acceptor photobleaching spectral FRET

The acceptor photobleaching FRET approach combined with the spectral imaging microscopy provides a quick way to verify whether FRET is occurring. The donor de-quenching (if FRET occurred) can be directly observed from comparing the pre- and post-spectra of bleaching the acceptor, without data processing. For cells co-expressing bZip-Cerulean and bZip-Venus, the intensity increase (de-quenching) of the donor bZip-Cerulean was observed after bleaching the acceptor bZip-Venus, confirming a FRET event (Figure 3) and encouragement to proceed. However, the bleaching process takes time (typically one minute per cell in this experiment) during which the cell might move slightly or the molecules of interest moved, causing inaccuracies for quantitative data analysis. Thus, we chose the PFRET approach to collect data for extensive quantitative data analysis.

Confocal FRET using the PFRET method

Confocal FRET microscopy in combination with the PFRET method was used to simultaneously quantify the donor, acceptor, FRET signals and efficiencies ($E\%$ s) (Figure 4). For 230 regions of interest (ROIs) selected from 15 cells, $E\%$ s vary from ~10% to ~30% (Figure 4). The coefficient ' c ' (0.635) for the $E\%$ calculation (described above) was experimentally estimated using FRET-standard constructs (86). Plotting $E\%$ against the 'acceptor-to-donor' ratios for all selected ROIs shows a positive correlation ($R = 0.8$) between the two (Figure 4). This range of $E\%$ s was expected, based on the fact that homo-dimerization can produce dimers with either two bZip-Cerulean or bZip-Venus monomers (no hetero-FRET), when only dimers with one donor (bZip-Cerulean) and one acceptor (bZip-Venus) may produce FRET signals. For example, ROIs containing a large proportion of dimers with two bZip-Cerulean monomers will result in a low 'acceptor-to-donor' ratio, because of a high level of unquenched donor signals, affecting the $E\%$ calculation and thus producing low $E\%$ s. In contrast, when the 'acceptor-to-donor' ratio is high, the likelihood of the $E\%$ being based on bZip-Cerulean monomers having formed dimers with bZip-Venus monomers and becoming quenched is much greater. The presence of bZip-Venus/bZip-Venus dimers may affect the 'acceptor-to-donor' ratio but will not affect the $E\%$ calculation.

TCSPC FLIM-FRET

FLIM can provide a robust verification of intensity-based FRET measurements. The two-photon excitation TCSPC FLIM method was used to measure the quenched donor (Cerulean) fluorescence lifetimes due to the energy transfer from bZip-Cerulean to bZip-Venus (Figure 5). The average unquenched Cerulean lifetime obtained from 10 cells only expressing bZip-Cerulean was 2.75 ns, and the quenched bZip-Cerulean lifetimes measured from 10 cells co-expressing bZip-Cerulean and bZip-Venus ranged from 2.0 to 2.6 ns, producing an $E\%$ range of 5.5% to 27.3% (32). FLIM results clearly demonstrated FRET between bZip-Cerulean and bZip-Venus, confirming the ranges produced by intensity-based FRET.

Conclusion

Based on our literature analysis of the FRET-related publications, FRET applications have grown exponentially as shown by the number of publications in many diverse fields of the life sciences since the 1990's (details at www.kcci.virginia.edu/Literature). The exponential growth will continue, driven by the development of novel and advanced FRET techniques and the demonstration of their utilities to address a variety of biological questions, of which three-color FRET is one example (31). While we have explained in great detail the various SBT correction steps required for quantitative analysis, in reality, advanced algorithms in available software make these corrections a matter of routine. On the other hand, how to quantitatively interpret the FRET data in a meaningful biological way can be challenging: (i)

positive or negative control experiments are always helpful if not actually required; **(ii)** a FRET technique is best calibrated using e.g. “FRET standards”, prior to being applied to a biological study; and **(iii)** optimization of both specimen- and imaging-related variables in a FRET experiment can be time consuming but play an important role in having a successful FRET assay.

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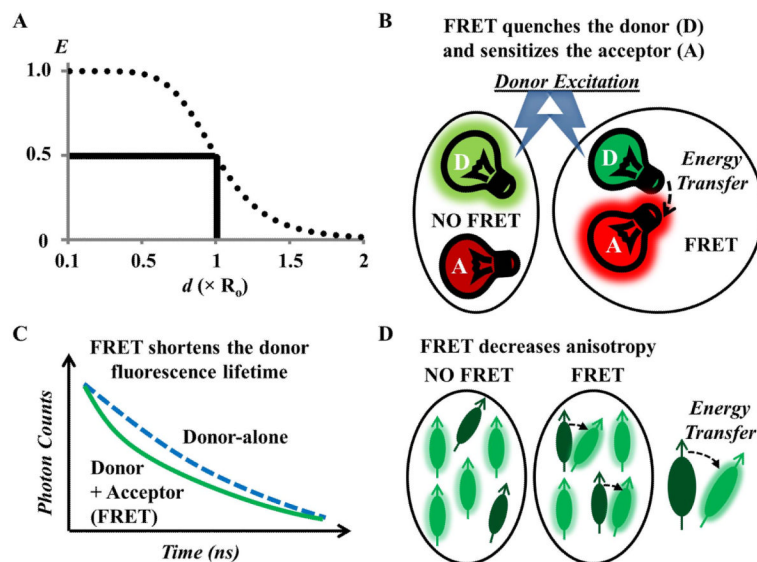


Figure 1. The basic concepts of measuring FRET

(A) The energy transfer efficiency (E) is plotted as a function of the donor-acceptor separation distance (d), expressed in units of the Förster distance (R_0) of the FRET pair, typically in the order of a few nanometers; the sharp decrease from $0.5R_0$ to $1.5R_0$ demonstrates the power of FRET for investigating phenomena that produce changes in molecular proximity. (B, C, D) FRET imaging methods are generally categorized into (B) fluorescence intensity-based, (C) fluorescence lifetime-based and (D) fluorescence anisotropy-based measurements (see text for more details).

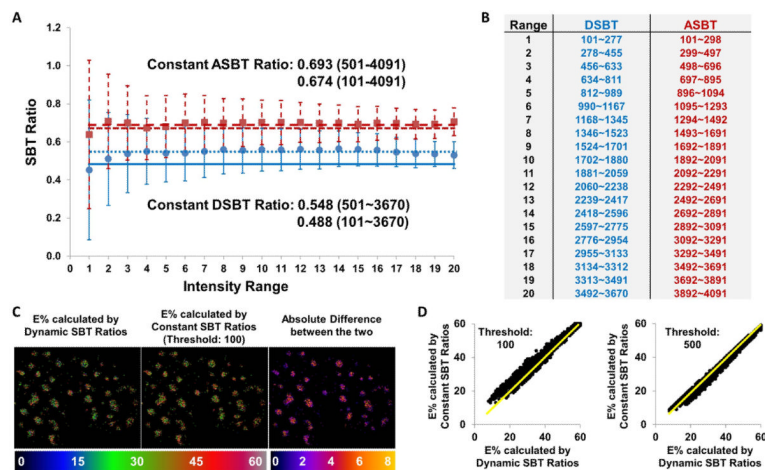


Figure 2.

The comparison between the FRET results of a same data set obtained with the constant SBT ratios estimated in a single intensity range or the dynamic SBT ratios in 20 intensity ranges. A threshold value of 100 (>100) was used for calculating the dynamic SBT ratios, and two different threshold values of 100 (>100) and 500 (>500) to calculate the corresponding constant SBT ratios. **(A)** The mean values and the standard deviations of the dynamic donor (dot) and acceptor (square) SBT ratios at different intensity ranges are plotted along with the constant donor (solid line – 100 and dotted line - 500) and acceptor (short dashed line – 100 and long dashed line - 500) SBT ratios. **(B)** The table shows the intensity levels for each intensity range used to estimate the dynamic SBT ratios. **(C)** For a same field as an example, the E% images obtained using the dynamic SBT ratios vs. the constant SBT ratios with a threshold value of 100 are compared – the absolute difference image is made by taking the absolute value of the difference between the two E% images at the same pixel. **(D)** The pixel-by-pixel correlations between E% images obtained using the dynamic and constant SBT ratios are plotted. (The data set used here is the same as in Figure 4, where the experimental details are explained. It should be noted that - background is removed from raw images to obtain zero-background images prior to the FRET processing, i.e. SBT estimation, removal of SBT, FRET and E% calculations; saturated pixels are meaningless and thus ignored.)

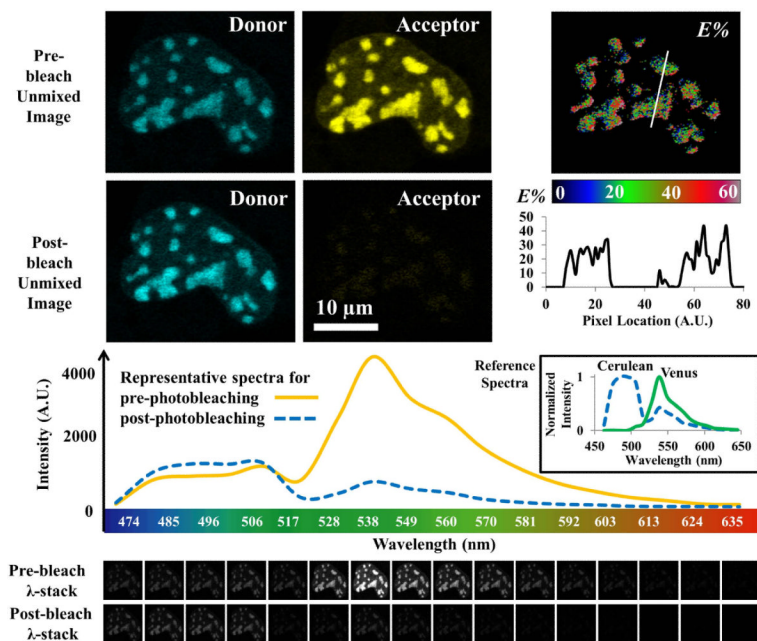


Figure 3. Acceptor photobleaching spectral FRET microscopy

Live cells co-expressing Cerulean (donor) and Venus (acceptor) tagged bZip were excited by a 458 nm laser line, and spectral images (λ -stack for 470 ~ 640 nm) were acquired at the same imaging conditions, before and after photobleaching the acceptor with the 514 nm laser line (bleaching time: ~120 seconds). Comparing the pre- and post-bleach spectra shows successful photobleaching of the acceptor and also an intensity increase (de-quenching) of the donor, indicating FRET between them. Using the donor and acceptor reference spectra obtained from cells expressing either bZip-Cerulean or bZip-Venus, spectral linear unmixing of a λ -stack produced two unmixed images: one only contains emission signals from the donor, the other only the acceptor emission signals. The same contrast adjustment was applied for the pre-bleach and post-bleach unmixed images of each channel (Donor: 0 ~ 1500, Acceptor: 0 ~ 4000, 12-bit). The FRET efficiency (E%) image was calculated using the pre- and post-bleach unmixed images of the donor channel (see Table 2). However, the E% calculation was limited to the centromeric regions by setting an intensity threshold of 500 for the pre-bleach acceptor image – clearly seen from the E% profile plotted as a line in the E% image. (Zeiss 510 Meta confocal microscope and 63X / 1.4NA oil immersion objective)

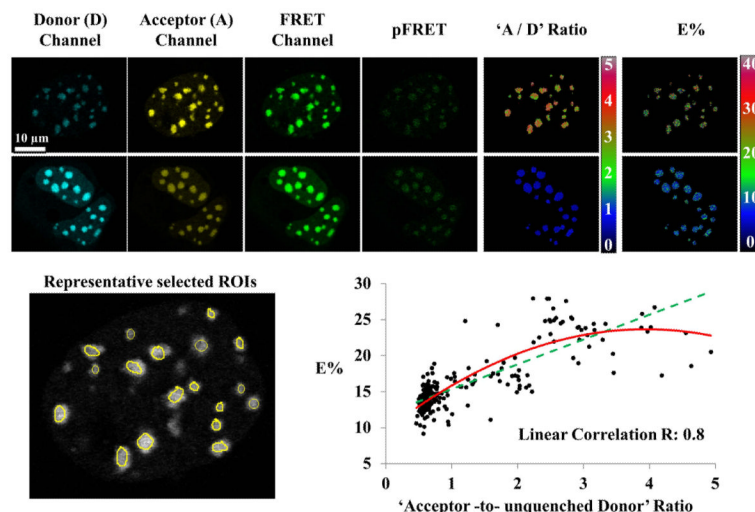


Figure 4. Confocal FRET microscopy using the PFRET method

Images of live cells co-expressing Cerulean- (donor) and Venus- (acceptor) tagged bZip were acquired in the Donor, FRET and Acceptor imaging channels. Together with the images acquired from cells only expressing bZip-Cerulean or bZip-Venus (not shown), the images of the double-expressing cells were processed using the PFRET algorithm to remove spectral bleedthrough contaminations and calculate the pFRET and the FRET efficiency (E %) images (see text and Table 2). Due to different acceptor : donor ('A/D') ratios, a range of E%s emerged (see text for discussions). As an example, two sets of images of double-expressing cells having different 'A/D' ratios are shown for a comparison: for each set, the raw and pFRET images are contrasted in the same range (top: 0~1500, bottom: 0~3000, 12-bit); the 'A / D' ratio image was obtained by calculating pixel-by-pixel ratios between the two images acquired in the acceptor and the donor imaging channels, respectively; the ratio (0~4) or E% (0~40) images of both sets are color-contrasted in the same range, indicating larger 'A / D' ratios yielding higher E%s. This is confirmed by plotting E% against the 'acceptor -to- unquenched donor' ratios for 230 regions of interest (ROIs) selected from 15 cells. The unquenched donor is determined by adding the pFRET signal (multiplied by the coefficient 'c', see text) to the quenched donor signal. The graph shows an increasing trend of E% with an increased 'acceptor -to- unquenched donor' ratio, by either a 2nd order polynomial (solid) or linear (dashed) curve fitting. (Zeiss 510 Meta confocal microscope and 63X / 1.4NA oil immersion objective; the Donor channel: the 458 nm laser line and the 470–500 nm band-pass filter; the FRET channel: the 458 nm laser line and the 535–590 nm band-pass filter; the Acceptor channel: the 514 nm laser line and the 535–590 nm band-pass filter)

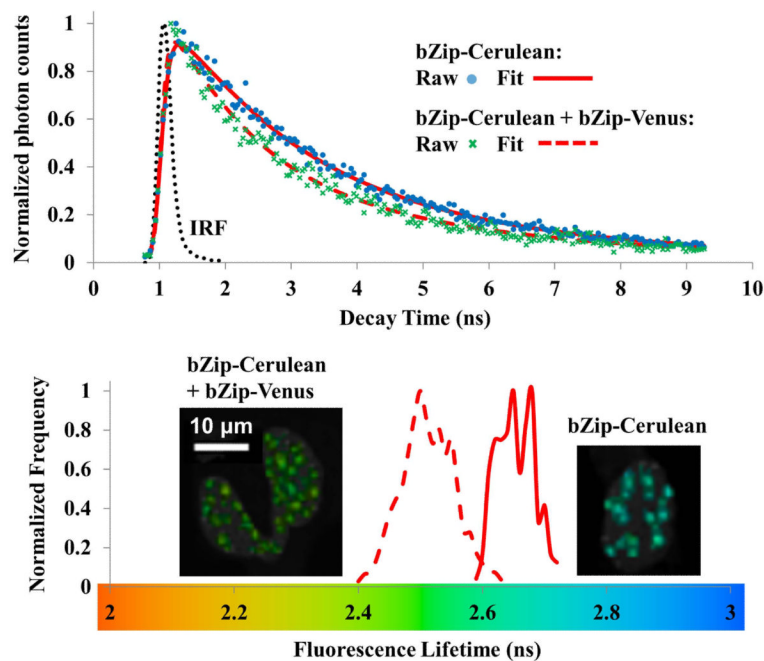


Figure 5. Two-photon excitation (TPE) time correlated single photon counting (TCSPC) fluorescence lifetime imaging (FLIM) FRET microscopy

TCSPC FLIM data sets were acquired from cells co-expressing bZip-Cerulean and bZip-Venus and cells that only express bZip-Cerulean as the donor-alone control. The fluorescent lifetime decay kinetics for the bZip-Cerulean (FRET donor) in the absence and presence of bZip-Venus (acceptor) were determined by fitting the decay data into a single or double exponential decay model, respectively, with the estimated instrument response function (IRF). By applying a suitable intensity threshold, fitting was only applied to pixels in the centromeric heterochromatin regions of the cell nucleus. The comparison between the representative decay data points, fitting curves and fluorescence lifetime images and distributions of the two cases clearly shows bZip-Cerulean in the presence of bZip-Venus decays faster (i.e. has a shorter lifetime) than that in the donor-alone control cells, demonstrating bZip-Cerulean was quenched by bZip-Venus due to FRET. (Biorad Radiance 2100 Confocal / Multiphoton imaging system and Nikon 60X / 1.2NA water immersion objective; a Coherent Mira-900 ultrafast (repetition rate of ~78 MHz) pulsed (pulse width of ~150 femtoseconds) laser was tuned to 820 nm for the TPE wavelength; a Becker & Hickl (BH) SPC-150 board was used to synchronize the laser pulse to the scanning clock; photons were counted by using a BH PMH-100-0 photomultiplier tube detector; all decay data sets were analyzed using the BH SPCImage software Version 3.8.9)

Table 1

Selected FRET Pairs in Biology

FRET Pairs ⁽¹⁾	Ex / Em (nm) ⁽²⁾	Comments	Ref
Fluorescent proteins (FPs)			
BFP-GFP	BFP: 383/448	BFP was one of the early FPs used in FRET experiments; however, it has a low quantum yield (0.31) and typically requires UV excitation.	(26,28)
BFP-YFP	GFP: 488/507 YFP: 514/527		
CFP-YFP (49.14 Å)	CFP: 439/476	CFP-YFP has been a widely used FRET pair. Cerulean, mCerulean3, mTurquoise - Venus are better substitutes with improved quantum yield, brightness and photostability.	(28,40–43,45,54,55)
Cerulean-Venus (53.76 Å)	Cerulean: 433/475		
mCerulean3-Venus (56.88 Å)	mCerulean3: 433/475		
mTurquoise-Venus (56.55 Å)	mTurquoise: 434/474 Venus: 515/528		
mTFP1-Venus (58.77 Å)	mTFP1: 462/492	mTFP1 has a high quantum yield (0.85) and is photostable.	(44,47,51)
mTFP1-mKO2 (54.74 Å)	mKO2: 551/565		
mTFP1-tdTomato (64.16 Å)	tdTomato: 554/581	GFP can be a good FRET donor to pair with a red FP acceptor.	(45,52,53)
GFP-mRFP1 (52.45 Å)	GFP: 488/507		
GFP-mCherry (52.97 Å)	mRFP1: 584/607		
GFP-tdTomato (63.52 Å)	mCherry: 587/610		
Small molecules			
Tryptophan-Dansyl (21 Å)	Tryptophan: 288/348 Dansyl: 331/535	Tryptophan naturally exists in animal and plant cells.	(90)
Fluorescein-Rhodamine (52.5Å, see Ref. 56)	Fluorescein: 492/520 Rhodamine: 542/564	Many combinations of FRET pairs can be made from Alexa and Cy dyes with higher quantum yields, and better pH and photo stability, compared to the fluorescein (FITC), TRITC, Rhodamine and Texas Red dyes.	(27,33,56–60)
Fluorescein-Cy3	Alexa488: 496/519		
Alexa488-Alexa555 (67.5Å, see Ref. 27)	Alexa555: 555/565 Alexa568: 578/603		
Alexa488-Cy3	Alexa633: 632/647		
Alexa568-Alexa633	Alexa647: 650/665		
Alexa568-Alexa647	Cy3: 550/570		
Cy3-Cy5 (60Å, see Ref. 58)	Cy5: 650/670		
Cy5-Cy5.5 (73Å, see Ref. 58)	Cy5.5: 675/695		

¹The Förster distance of the FRET pair in Angstrom (Å) in parentheses. The Förster distance of a FP FRET pair is calculated by an in-house developed numerical program based on Equation 2, where k^2 and n are assumed to be 2/3 and 1.33, respectively (see Ref. (51)). For small molecules, the Förster distances are obtained from the corresponding references.

²The approximate peak excitation (Ex) and emission (Em) wavelengths (within a range of 250 to 800 nm) of a fluorophore.

Table 2

FRET microscopy and spectroscopy imaging methods

Method	Images ¹	FRET efficiency (<i>E</i>) or index (<i>r</i>) calculation ²
Ratiometric FRET (37-39,64)	DAdd, DAda	$r = DAdd/DAda$
Acceptor Photobleaching FRET (28,65-67)	DAdd _{preb} DAdd _{postb} Ddd _{preb} , Ddd _{postb}	$E = 1 - (DAdd_{preb}/DAdd_{postb})$ $E = 1 - (1 - PDB)(DAdd_{preb}/DAdd_{postb})$ $PDB = 1 - (Ddd_{postb}/Ddd_{preb})$; (see text)
Photo Quenching FRET (29)	DAdd _{prea} DAdd _{posta}	$E = 1 - (DAdd_{posta}/DAdd_{prea})$
Fluorescence Steady-state Imaging	DAdd, DAda DAaa Ddd, Dda Ada, Aaa Daa, Add	Gordon et al. (74) ³ $E = FRET / \{FRET + G \cdot qD\}$ $qD = DAdd - FRET \cdot ar_b - A \cdot ar_b$ $FRET = \frac{DAda - DAdd \cdot dr - A[ar - dr \cdot ar_a]}{1 - (dr \cdot ar_b / ar)}$ $A = \{DAaa - (DAda \cdot dr_a)\} / \{1 - (ar \cdot dr_a)\}$
	Bleedthrough Ratios: $dr = Dda/Ddd$ $ar = Ada/Aaa$ $dr_a = Daa/Dda$ $ar_b = Add/Aaa$	E-FRET (79) ³ $E = FRET / \{FRET + G \cdot qD\}$; $qD = DAdd$ $FRET = DAda - dr \cdot DAdd - ar \cdot DAaa$ Processed FRET (PFRET) (77,86) ³ $E = 1 - \frac{qD \cdot [1 + dr(qD)]}{c \cdot FRET + qD[1 + dr(qD)]}$; $qD = DAdd$ $FRET = DAda - dr(DAdd) \cdot DAdd - ar(DAaa) \cdot DAaa$
Spectral FRET	DAdλ, DAaλ Ddλ, Adλ, Aaλ	Processed Spectral FRET (PSFRET) (95) ³ $E = 1 - \{qD / (c \cdot FRET + qD)\}$; $qD = DAddu$ $FRET = DAda - ar(DAaa) \cdot DAaa$
Fluorescence Lifetime Imaging	DAdd, Ddd	$E = 1 - (\tau DA / \tau D)$; (see note 4)
	DAdd _{preb} DAdd _{postb}	$E = 1 - (\tau DA_{preb} / \tau DA_{postb})$; (see note 4)
Fluorescence Anisotropy	Steady-state or Time-resolved (134-140)	$r = (I_{ } - I_{\perp}) / (I_{ } + 2I_{\perp})$

¹The capital letters denote the type of specimen: DA - the specimen containing both the donor and the acceptor; D - the donor-alone specimen; A - the acceptor-alone specimen. The first lower case letter represents the excitation for the donor (d) or the acceptor (a). The second lower case letter represents the detected emission range for the donor (d), the acceptor (a) or both as a λ-stack (λ). For subscripts, “preb” and “postb” refer to pre- and post-photobleaching of the acceptor, respectively; while “prea” and “posta” mean pre- and post-activation of the photo-activateable acceptor, respectively. In fluorescence lifetime imaging, measured data varies between acquisition methods (see text for details). In anisotropy imaging, the donor and acceptor are identical fluorophores, and images are acquired both, perpendicular (I_{\perp}) and parallel ($I_{||}$) to the direction of the polarized excitation.

²All *E* or *r* calculations can be performed on a pixel-by-pixel basis.

³See text for details about each method. In spectral FRET imaging, ‘DAddu’ and ‘DAaau’ are the images obtained from the spectral linear unmixing of the ‘Dadλ’ λ-stack; ‘DAaau’ is the image obtained from unmixing the ‘DAaλ’ λ-stack, with the donor (‘Ddλ’) and the acceptor (‘Aaλ’) reference spectra.

⁴ τDA (τDA_{preb} – quenched donor lifetime) and τD (τDA_{postb} – unquenched donor lifetime) are estimated from DAdd (DAdd_{preb}) and Ddd (DAdd_{postb}), respectively. See text for more details on each method.