

## Original Article

# HER2 protein overexpression and gene amplification in upper urinary tract urothelial carcinoma-an analysis of 171 patients

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**Abstract:** Upper urinary tract urothelial carcinomas (UUTUC) are infrequent and show an occurrence of about 5-10% of all urothelial carcinomas. In this study, we investigated the HER2 status of 171 UUTUC patients with nephroureterectomy. The number of patients is the largest of any HER2 study. All 171 cases were analyzed for both HER2 overexpression using immunohistochemistry and HER2 gene amplification using dual-color *in situ* hybridization. The scoring system proposed by the ASCO/CAP and ToGA trials was used. Out of 171 patients, 140 patients had a HER2 score-0 or score-1 (81.9%), 17 a score-2 (9.9%), and 14 a score-3 (8.2%) with immunohistochemistry. HER2 gene amplification was observed in 31 out of 171 cases (18.1%). A good correlation was observed between protein overexpression and gene amplification ( $p < 0.0001$ ). Twenty-three UUTUC (13.5%) were determined as HER2-positive cancer according to ASCO/CAP and ToGA criteria. HER2 positivity in patients over 70 years old was higher than that of patients under 70 years old ( $p = 0.0132$ ). HER2 expression correlated to a high histological grade ( $p = 0.0003$ ) and the coexistence of a high grade carcinoma *in situ* ( $p = 0.0089$ ). No HER2-positive cancer was observed in patients with renal pelvic UUTUC (0 out of 76,  $p < 0.0001$ ). HER2-positive UUTUC showed a shorter recurrence time in the residual urinary bladder after nephroureterectomy with Kaplan-Meier analysis ( $p = 0.0284$ ) and multivariate analysis ( $p = 0.0034$ ). The results suggest that HER2 positivity in UUTUC is an independent predictive marker for early recurrence of urothelial carcinoma in the residual urinary bladder after surgery.

**Keywords:** HER2, immunohistochemistry, DISH, urothelial carcinoma, upper urinary tract, tissue microarray

## Introduction

Upper urinary tract urothelial carcinomas (UUTUC) are infrequent and have an occurrence of about 5-10% of all urothelial carcinomas [1-5]. Compared with bladder carcinomas, UUTUC show a less favorable prognosis because of late presentation and/or diagnosis [6]. Chemotherapy has been considered effective for UUTUC [7, 8], but overall survival of patients with advanced UUTUC has not significantly improved despite advancements in chemotherapy regimens in recent decades [9, 10]. Combination chemotherapy consisting of weekly paclitaxel and gemcitabine plus cisplatin resulted in higher response rates to treatment, but did not provide significant overall survival rates because of increased hematological tox-

icity [11]. The identification of molecular targeted therapy is an important step to provide treatments that are better than systemic toxic chemotherapy.

Human epidermal growth factor receptor type 2 (HER2) is located on chromosome 17q21 and is a transmembrane tyrosine kinase growth factor receptor [12]. It consists of a growth factor binding ectodomain, a single transmembrane segment, an intracellular protein-tyrosine kinase catalytic domain, and a tyrosine-containing cytoplasmic tail. The genes for the four members of this family, HER1-HER4, are found on different human chromosomes [13]. HER1-HER4 are associated with cell development, proliferation and differentiation, protein overexpression, and/or gene amplification associated

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with a poor prognosis, rapid progression and metastasis in several types of carcinomas [14]. HER2 protein overexpression and gene amplification are observed in various malignancies, such as breast, ovary, stomach, colon, small intestine, and lung cancers [15-19].

HER2 protein overexpression and/or gene amplification are investigated routinely for almost all breast carcinomas and for chemotherapy-resistant advanced gastric cancers. The molecular targeted therapies for HER2 are performed in neoadjuvant, adjuvant and/or metastatic settings in both breast and gastric cancers, and the effects have been reported to be favorable [18, 20, 21].

There are many previous studies examining HER2 overexpression and/or gene amplification in urothelial carcinomas of the urinary bladder [22-29], but only four using systematic analysis have investigated UUTUC [30-33]. Several reports on urothelial carcinomas have yielded conflicting results, with extensive variability in the incidence rates of HER2 overexpression, ranging between 0 and 89%, and HER2 gene amplification, ranging between 0 and 59% [22-48]. One paper reported no strong association between HER2 protein overexpression and gene amplification [34]; however, HER2 protein overexpression and gene amplification has been reported to correlate well in both breast and gastric cancers [18, 49].

With variability in the information available, the aim of this study was to clarify the HER2 status of UUTUC, such as protein overexpression and gene amplification, and examine for any correlations and relationships with clinical outcomes using 171 UUTUC patients.

### Materials and methods

#### *Study population*

One hundred and seventy-one patients with UUTUC (76 of pelvis, 49 of ureter and 46 of both ureter and pelvis) (119 men and 52 women) who underwent nephroureterectomy at The University of Tokyo Hospital between 1996 and 2012 were included in the study (**Table 1**). No patient received neoadjuvant chemotherapy. In 31 cases, bladder cancer was found and treated before or at the time of nephroureterectomy.

All research protocols were approved by the institutional review board at The University of Tokyo Hospital.

#### *Histopathological evaluation*

Each operative specimen was fixed in 10% formalin and embedded in paraffin. All cases with hematoxylin and eosin-stained sections were examined by a certified surgical pathologist (T.M.) unaware of clinical outcome data. Tumor histology and grade were defined by the World Health Organization/International Society of Urologic Pathology consensus classification [50, 51]. Staging of the tumors was performed according to the TNM classification [50]. All cases were urothelial carcinomas. Lymphovascular invasion was examined by hematoxylin and eosin staining and Elastica van Gieson staining.

#### *Immunohistochemical analysis and dual-color in situ hybridization analysis*

Specimens were processed using a manual tissue microarray (TMA; Beecher Instruments, Silver Spring, MD, USA). Two pieces of 2-mm tissue core, larger than that widely used (0.6-mm), were selected from representative tumor areas and transferred to each TMA block to assess for protein and gene expression [51, 52]. Eight TMA blocks were constructed in total. Immunohistochemistry for HER2 were performed using PATHWAY HER-2/neu (clone 4B5) primary antibody (Roche Ventana Medical Systems Inc., Tokyo, Japan) as per the standardized Ventana PATHWAY HER2/neu protocol using a BenchMark Autoimmune Stainer (Roche Ventana Medical Systems Inc., Tokyo, Japan). Staining was performed on 4- $\mu$ m tissue microarray sections, and membrane staining was evaluated. Protein expression was scored according to the American Society of Clinical Oncology/College of American Pathologists (ASCO/CAP) guidelines [49] and the results of the Trastuzumab for Gastric Cancer (ToGA) trial [18] of HER2 staining, defined as score-0 (no staining), score-1 (incomplete membrane staining), score-2 (complete but weak membrane staining in >10% of tumor cells) and score-3 (intense membrane staining in >30% of tumor cells) [49]. Immunoreactivity was evaluated by a certified pathologist (T.S.) blind to other data.

HER2 gene amplification was examined using dual-color *in situ* hybridization (DISH). Dual-

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**Table 1.** Correlations between HER2 positivity and clinicopathological features in UUTUC patients who underwent nephroureterectomy (n=171)

	N	HER2 status		p-value
		Positive	Negative	
Total	171	23 (13.5%)	148 (86.5%)	
Gender				
Male	119	14 (11.8%)	105 (88.2%)	p=0.3284
Female	52	9 (17.3%)	43 (82.7%)	
Age				
Under 70	93	7 (7.5%)	86 (92.5%)	p=0.0132
Over 70	78	16 (20.5%)	62 (79.5%)	
Side				
Right	85	13 (15.3%)	72 (84.7%)	p=0.4823
Left	86	10 (11.6%)	76 (88.4%)	
Previous bladder tumor				
Present	31	7 (22.6%)	24 (77.4%)	p=0.0996
Absent	140	16 (11.4%)	124 (88.6%)	
Tumor Stage				
pTa, pTis, pT1	75	7 (9.3%)	68 (90.7%)	p=0.1630
pT2-pT4	96	16 (16.7%)	80 (83.3%)	
Location of tumor				
Ureter	49	9 (18.4%)	40 (81.6%)	p<0.0001
Pelvis	76	0 (0%)	76 (100%)	
Both	46	14 (30.4%)	32 (69.6%)	
Tumor growth				
Papillary	126	15 (11.9%)	111 (88.1%)	p=0.3216
Sessile	45	8 (17.8%)	37 (82.2%)	
Histological grade				
Grade 3	97	21 (21.6%)	76 (78.4%)	p=0.0003
Non-Grade 3	74	2 (2.7%)	72 (97.3%)	
Lymphovascular invasion				
present	74	13 (17.6%)	61 (82.4%)	p=0.1681
absent	97	10 (10.3%)	87 (89.7%)	
Co-existence of HG CIS				
Present	83	17 (20.5%)	66 (79.5%)	p=0.0089
Absent	88	6 (6.8%)	17 (93.2%)	
Lymph node metastasis				
Present	19	3 (15.8%)	16 (94.2%)	p=0.7513
Absent	152	20 (13.2%)	132 (86.8%)	

color means black and red colors, that is, silver precipitation is deposited in the nuclei, and single copies of the HER2 gene are visualized as single black dots (metallic silver signals) and single copies of chromosome 17 (CEP17) as red dots (alkaline-phosphatase) on the same slide. All DISH steps were performed using an automatic Ventana BenchMark XT (Roche Ventana Medical Systems Inc.). Slides were

then counterstained with hematoxylin. The numbers of CEP17 and HER2 signals were counted in 20 or 40 non-overlapping nuclei per core by conventional bright-field microscopy (Olympus 51BX, Olympus Japan, Tokyo, Japan). Only cells on which at least two CEP17 reference probe signals could be identified on a section were included for review. HER2 gene amplification was examined in all 171 cases by DISH. We defined a HER2/CEP17 ratio >2.2 as HER2 gene amplified UUTUC according to the ASCO/CAP recommendation for evaluation of gene amplification of breast cancer [18]. A single certified pathologist (T.S.) evaluated each microarray specimen to determine HER2 gene amplification.

### Statistical analysis

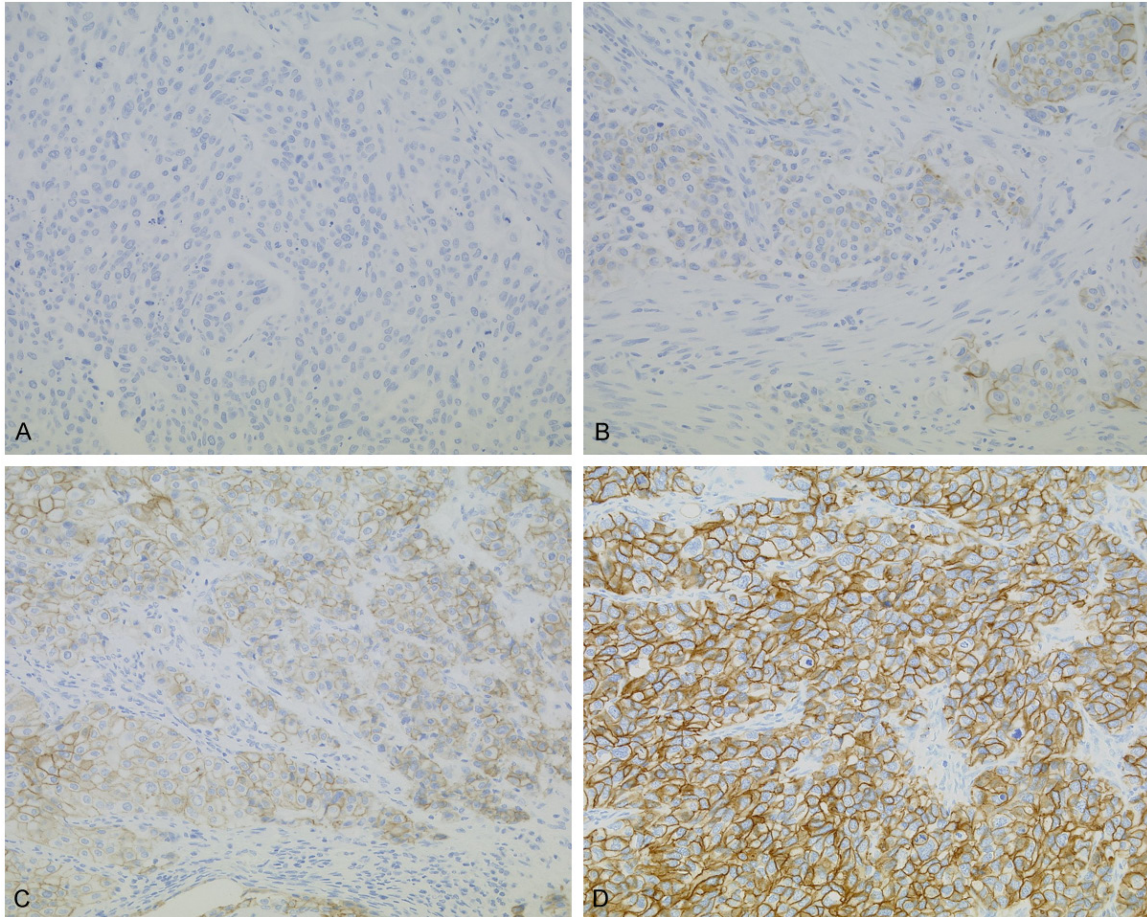
All statistical analyses were performed using SAS software (version 9.3, SAS Institute, Cary, NC, USA). All *p*-values were two-sided. Differences were considered significant at *p*<0.05. For categorical data, the chi-square test was performed. Kaplan-Meier and log-rank tests were used for survival analysis. To control for confounding variables, multivariate Cox proportional hazards regression models were used. The multivariate models included gender, age at diagnosis, tumor side, tumor location, tumor architecture, lymphovascular invasion, concomitant high grade carcinoma *in situ* (HG CIS), tumor stage (pTa-pT2 vs. pT3-pT4), and lymph node metastasis.

### Results

#### HER2 protein overexpression and gene amplification in UUTUC

Immunohistochemical staining patterns of HER2 are shown in **Figure 1**. Out of 171

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**Figure 1.** HER2 expression using immunohistochemistry in UUTUC. A: Negative for HER2 was score-0. B: Weakly positive for HER2 was score-1. Weak staining was categorized as negative. C: Moderately positive for HER2 was score-2. Gene examination using DISH or FISH is recommended for score-2 in UUTUC, and group was divided into HER2-positive or negative urothelial carcinomas. D: Strongly positive for HER2 was score-3. A-D: Magnification  $\times 200$ .

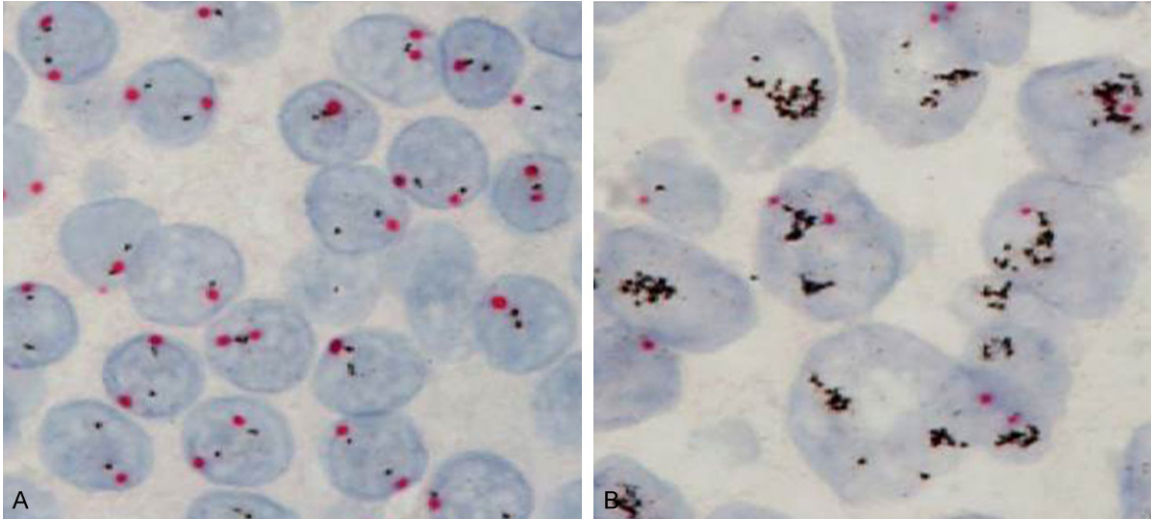
patients, 140 showed score-0 or score-1 (81.9%), 17 showed score-2 (9.9%), and 14 showed score 3 (8.2%) with immunohistochemistry. Gene amplification was observed in 31 (18.1%) out of 171 cases (**Figure 2**). A good correlation between HER2 protein overexpression and gene amplification was observed ( $p < 0.0001$ , **Table 2**). Twenty-three patients were determined to be HER2-positive UUTUC (**Table 2**) according to ASCO/CAP and ToGA recommendations [18, 49].

### *Clinicopathological analysis of HER2-positive UUTUC*

The relationship between HER2 positivity and clinicopathological factors are shown in **Table 1**. A statistically significant difference was observed for HER2 positivity between patients aged over 70 years (16 positive cases in 78

patients, 20.5%) and patients aged under 70 years (7 positive cases in 93 patients, 7.5%) ( $p = 0.0132$ ). For tumor location (localized to the ureter, to the renal pelvis, or to both the ureter and renal pelvis), a significant difference was observed for HER2 positivity. No HER2-positive patient showed tumors localized to only the renal pelvis (0 out of 76 renal pelvic urothelial carcinomas,  $p < 0.0001$ ). For histological grade, HER2-positive UUTUC was determined as Grade 3 for 21 (21.7%) out of 97 patients, but non-Grade 3 cases were determined in only two (2.7%) out of 74 patients, there was a significant statistical difference ( $p = 0.0003$ ). For concomitance of HG CIS, a significant difference was observed for HER2 positivity between patients with and without HG CIS; 17 (20.5%) patients in 83 cases with HG CIS vs. six (6.6%) patients in 88 cases without HG CIS ( $p = 0.0089$ ). No statistical differences were observed

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**Figure 2.** HER2 amplification by DISH in UUTUC. Red dots indicate centromere (CEP17) and black dots represent HER2. A: HER2/CEP17=0.97 mean negative for amplification of HER2 gene. B: HER2/CEP17=6.72 mean amplification of HER2 gene. Magnification  $\times 1,000$  (oil emersion lens).

**Table 2.** HER2 analysis using immunohistochemistry and dual-color *in situ* hybridization ( $p < 0.0001$ )

		HER2 gene amplification		
		(-)	(+)	Total
HER2 protein overexpression	0, 1+	128	12	140
	2+	8	9*	17
	3+	4*	10*	14
	Total	140	31	171

\*HER2-positive cancer.

between the other clinicopathological factors and HER2 positivity (Table 1).

### *HER2 expression and clinical outcome of UUTUC*

One hundred and forty patients without previous bladder cancers before nephroureterectomy were analyzed, and Kaplan-Meier analysis revealed that HER2-positive patients showed a significant association with shorter time to recurrence in the residual urinary bladder after nephroureterectomy (log-rank  $p = 0.0284$ , Figure 3). This shorter time to recurrence in HER2-positive patients showed a statistically significant difference not only in univariate but also in multivariate Cox models. The multivariate hazard ratio was 3.70 (95% confidence interval, 1.54-8.87) for time to recurrence in the residual urinary bladder ( $p = 0.0034$ , Table 3).

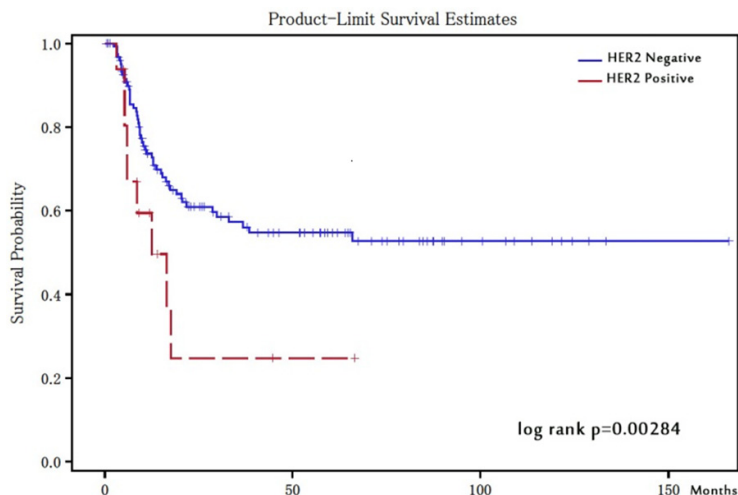
### Discussion

HER2 positivity in UUTUC was significantly associated with age, a high histological grade, tumor location, and concomitant HGICIS. HER2-positive patients with UUTUC showed a shorter time to recurrence in the urinary bladder after nephroureterectomy using Kaplan-Meier analysis. These results suggest that HER2 positivity in UUTUC is an independent prognostic factor of shorter time to recurrence in the urinary bladder after nephroureterectomy as shown by multivariate analysis.

Many studies have reported on HER2 status in a multitude of cancer types. Targeted therapy using trastuzumab is commonly applied worldwide for gastric and mammary carcinoma in preoperative (neoadjuvant), postoperative (adjuvant) and metastatic settings.

For urothelial carcinomas, there are many papers reporting on the status of HER2 protein overexpression and gene amplification, but several studies have reported conflicting results. For example, the reported incidence of HER2 overexpression varies between 0 and 89%, and gene amplification between 0 and 59% [22-48]. One of the reasons for this variation may be because of the characterization of special membrane staining, such as U-shaped

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**Figure 3.** Time to recurrence in urinary bladder-comparison with HER2 positive and negative patients. Kaplan-Meier analysis revealed that HER2-positive patients showed significant association with a shorter bladder recurrence after nephroureterectomy (log-rank  $p=0.0284$ ).

and/or basolateral staining with immunohistochemistry. In the present study, several cases showed such immunostaining patterns, and these particular patterns are similar to those of gastric cancer [18], and are determined as being negative for HER2 because of the incomplete staining pattern under the previous ASCO/CAP criteria. This difficulty can be overcome by applying the same ToGA recommendations adopted for gastric cancer [48] (that is, positive staining for HER2 as U-shaped and basolateral) for the estimation of HER2 status with immunohistochemistry in UUTUC.

Another point to note in the literature are reports that scored cases as score-2 and score-3 using only immunohistochemistry and treated them as HER2-positive cancers, and then investigated correlations with clinicopathological outcomes [36]. HER2-positive cancers should be determined using a combination of immunohistochemistry and fluorescence *in situ* hybridization or DISH if the HER2 status is score-2 with immunohistochemistry for both breast and gastric cancers according to ASCO/CAP and ToGA recommendations [18, 49]. Therefore, in the present study, 12 HER2 amplification cases were determined as being HER2-negative cancers because they showed score-0 or score-1 with immunohistochemistry. This group (HER2 gene amplification but negative for HER2 protein overexpression) showed a poor response to trastuzumab in subgroup analysis in the ToGA trial [18].

In the present study, HER2-positive cancers showed a higher occurrence in patients aged over 70 years ( $p=0.0132$ ). Previous reports found no statistically significant correlation between HER2 status and age in urothelial carcinomas [21, 54], and the incidence rate of HER2-positive breast cancer tended to be higher in patients less than 40 years old [55]. With increasing age comes a higher chance of a cancer being inoperable because of increased complications. Such cases may be better suited to oncological therapy using anti-HER2 targeted drugs, such as trastuzumab, lapatinib and pertuzumab.

With regard to tumor location, no HER2-positive patients were observed to have renal pelvic urothelial carcinomas (0 out of 76 patients). A few studies have examined tumor location in UUTUC. Langner C *et al.* [32] reported that HER2 overexpression and gene amplification were infrequent in UUTUC, and only a small number of patients might benefit from HER2-targeted cancer therapy. In their report, no strong overexpression (score-3) of HER2 with immunohistochemistry was observed in 53 patients with UUTUC. The researchers examined 48 cases of urothelial carcinoma in the renal pelvis and only five in the ureter. The rate of pelvic urothelial carcinoma in their study was very high, so it is possible that cases of strong overexpression (score-3) of HER2 were not observed.

For HER2 positivity and histological grade, Grade 3 UUTUC showed a statistically higher rate compared with Grade 2 or Grade 1 ( $p=0.0003$ ) in the present study. This finding is consistent with other studies [30, 51]. A more frequent coexistence with HG CIS in HER2-positive UUTUC was observed compared with HER2-negative UUTUC also.

For urothelial carcinomas of the urinary bladder, urothelial carcinoma with HG CIS were aggressive and multifocal, so cystectomy was adopted even for non-muscle invasive urothelial carcinomas, as recommended by the European Association of Urology [56]. It is sug-

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**Table 3.** Univariate and multivariate analyses of HER2 positivity and patient outcome (time to recurrence in the urinary bladder)

	Univariate analysis			Multivariate analysis		
	HR	(95% CI)	p value	HR	(95% CI)	p value
HER2 positivity	2.19	(1.07-4.51)	0.0325	3.70	(1.54-8.87)	0.0034
Sex (female vs. male)	0.76	(0.41-1.38)	0.3625	0.75	(0.39-1.46)	0.4003
Age (≥70 vs. <70)	0.79	(0.47-1.35)	0.3959	0.60	(0.33-1.10)	0.0994
Side (right vs. left)	1.09	(0.65-1.82)	0.7563	1.02	(0.59-1.79)	0.9395
Tumor location (ureter vs. renal pelvis)	1.36	(0.81-2.29)	0.2513	1.45	(0.79-2.67)	0.2347
Tumor architecture (sessile vs. papillary)	0.82	(0.44-1.51)	0.517	0.78	(0.36-1.69)	0.5212
Histological grade (Grade 1, 2 vs. Grade 3)	0.70	(0.42-1.18)	0.1818	0.34	(0.14-0.83)	0.0173
Concomitant carcinoma <i>in situ</i> (present vs. absent)	0.99	(0.58-1.67)	0.9637	1.53	(0.78-3.02)	0.2187
Tumor stage (pT3-pT4 vs. pTa-pT2)	0.92	(0.54-1.55)	0.7433	1.00	(0.34-2.94)	0.3399
Lymphovascular invasion (present vs. absent)	1.24	(0.73-2.09)	0.4317	1.65	(0.68-4.03)	0.2719
Lymph node metastasis (present vs. absent)	1.30	(0.62-2.76)	0.4874	2.24	(0.85-5.90)	0.1040

CI, confidence interval; HR, hazard ratio.

gested that the careful examination of another foci of urothelial carcinoma may be needed in HER2-positive UUTUC.

HER2 positivity was significantly associated with shorter recurrence of urothelial carcinomas in the residual urinary bladder after nephroureterectomy ( $p=0.0284$ , **Figure 3**). Recurrence in the urinary bladder after nephroureterectomy occurs in 30-51% of UUTUC patients [57, 58]. Tsai *et al.* [33] reported that HER2 expression of UUTUC was significantly associated with tumor recurrence. In their study, they investigated HER2 status in 94 patients with UUTUC using immunohistochemistry, and found that the incidence of subsequent tumor recurrence in the urinary bladder significantly correlated to ureteral tumor involvement and HER2 expression. They also reported that tumor staging and HER2 expression were independent predictors of disease progression, disease-free survival and overall survival using univariate and multivariate analyses. In the current study, both HER2 positivity and high grade (Grade 3) UUTUC recurred in the urinary bladder early after surgery, but we found no statistically significant relationship between HER2 status and disease-free survival and overall survival. HER2 positivity and a high histological grade of UUTUC were also associated with a shorter recurrence time in the bladder using multivariate analysis. This suggests that HER2 positivity in UUTUC is an independent predictive marker for early recurrence of urothelial carcinoma in the residual urinary bladder after nephroureterectomy, and that the

residual urinary bladder should be examined after a short period following operation.

In conclusion, since HER2-positive UUTUC have a high histological grade and recur in the residual urinary bladder early after surgery, the HER2 status with UUTUC should be examined to provide information to help manage aggressive UUTUC.

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### Disclosure of conflict of interest

The authors have no conflicts of interest to declare.

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