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# Design of 3D engineered protein hydrogels for tailored control of neurite growth

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# Abstract

The design of bioactive materials allows for tailored studies probing cell-biomaterial interactions; however, relatively few studies have examined effects of ligand density and material stiffness on neurite growth in 3D. Elastin-like proteins (ELPs) have been designed with modular bioactive and structural regions to enable the systematic characterization of design parameters within 3D materials. To promote neurite outgrowth and better understand the effects of common biomaterial design parameters on neuronal cultures, we here focused on cell-adhesive ligand density and hydrogel stiffness as design variables for ELP hydrogels. With the inherent design freedom of engineered proteins, these 3D ELP hydrogels enabled decoupled investigation into the effects of biomechanics and biochemistry on neurite outgrowth from dorsal root ganglia (DRG). Increasing the cell-adhesive RGD ligand density from 0 to  $1.9 \times 10^7$  ligands/µm<sup>3</sup> led to a significant increase in the rate, length, and density of neurite outgrowth, as quantified by a high-throughput algorithm developed for dense neurite analysis. An approximately two-fold improvement in total neurite outgrowth was observed in materials with the higher ligand density at all time-points through 7 days. ELP hydrogels with initial elastic moduli of 0.5, 1.5, or 2.1 kPa and identical RGD ligand densities revealed that the most compliant materials led to the greatest outgrowth, with some neurites extending over 1800 µm by day 7. Given the ability of ELP hydrogels to efficiently promote neurite outgrowth within defined and tunable 3D microenvironments, these materials may be useful in developing therapeutic nerve guides and the further study of basic neuronbiomaterial interactions.

# Keywords

Hydrogel; Neuron Neurite Stiffness; Three-dimensional; Engineered protein

# 1. Introduction

Injuries and diseases of the peripheral and central nervous systems lead to dysfunction and loss of neuronal tissue. The neurons responsible for signal transmission have limited regenerative potential to bridge large tissue defects and are rarely able to re-establish distant axonal connections [1–2]. Extension of long neurites, the collective term for neuronal processes of axons and dendrites, remains a challenge for both endogenous and transplanted neurons [3]. A multitude of biomaterials have been developed to promote neurite growth,

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including high-water content hydrogels from both natural and synthetic sources [4]. Natural hydrogels such as collagen and fibrin gels successfully promote extensive neurite outgrowth [5–8], but their material properties can vary depending on source location and species [9–10]. This prevents systematic control of biochemical and biomechanical design parameters known to impact neurite extension. In contrast, engineered material systems enable this design control, allowing investigators to dictate molecular structure, functional bioactivity, and resulting cell-material interactions [11–15].

Elastin-like proteins (ELPs) are produced by recombinant protein synthesis yielding engineered protein polymers made entirely of amino acids. This synthetic strategy dictates exact materials design from the molecule up, providing an orthogonal approach to traditional synthetic polymerization techniques for creating tunable bioactive matrices that can control cell function [16]. The high-fidelity transcription and translation processes are a precise and accurate synthesis method resulting in biopolymers with exact specificity of the amino acid monomer sequence and no polydispersity. These proteins are designed by mimicking the useful functionalities found in native matrix proteins. The modular combination of multiple functional peptide sequences enables the rational design of entirely new proteins with specified biomaterial design parameters. In ELPs, repetitive short elastin-like structural sequences (Figure 1) confer material elasticity and resilience without any known cellinteraction domains [17]. Selected bioactive sequences can be interspersed between these elastin-like domains to enable specific cell adhesion interactions [18] and tailored rates of enzymatic degradation [19]. To date, these ELPs have been used in cell culture for only twodimensional (2D) studies identifying the effect of cell-adhesive ligand density on neurite outgrowth of PC12 cells, a model neuronal-like cell line [20].

While traditional cell culture utilizes stiff, planar, 2D substrates, recent results have highlighted the importance of dimensionality for neuronal culture, with 3D matrices critically affecting neural metabolic activity, growth, and phenotype [21–22]. Much has been learned regarding neural cell-cell and cell-material interactions by studying cells seeded on biomaterials in 2D [8, 23–25] and in some cases allowing for migration into the material (termed 2.5D) [26]. However, in 2D cells must reorganize their integrin cell-surface receptors and cytoskeleton to adapt to the planar presentation of receptor ligands, leading to distinct dynamic and spatial differences in the distribution of cell-cell and cell-matrix interactions compared to 3D [27-29]. In a 3D environment, cells are no longer restricted to a polarized, planar geometry, as they sense and respond to stimuli from multiple directions with differentially distributed traction forces [30]. In the case of neurons, dimensionality plays a major role in neurite extension, retraction, branching, and maturation into axons and dendrites. As a result, neurons cultured in 3D versus 2D environments display strikingly distinct morphologies, with 3D cultures resulting in neuritic geometries more representative of that which occur in vivo [21]. These data strongly suggest that the development of biomaterials for neural regenerative applications requires 3D analysis, and therefore, tunable materials that allow for cell-material interactions in all three dimensions.

Biomechanics and cell-adhesive ligand density are two critical regulators of neurite outgrowth that can be tuned to create extracellular matrix-like microenvironments. First, the stiffness of a supporting matrix is known to be a major factor in determining the behavior of cultured neural cells [22–25, 31]. Brain and spinal cord matter are some of the most compliant human tissues, and as such, it has been hypothesized that compliant hydrogels are most well suited to induce neural regeneration [2]. In many cases, significant improvements in neurite growth [22, 24–25, 31] and neuronal differentiation from NSCs [23, 32] were reported for biomaterials with the lowest stiffness tested. Others have shown enhanced NSC proliferation and differentiation at intermediate stiffnesses that closely match the mechanical properties of native neural tissue [22–23]. In addition to stiffness, independent control of

function [13, 24, 33]. The RGD ligand specifically has been incorporated into a number of biomaterials and tuned to examine location- and concentration-dependent effects on neurite length and branching [20, 24, 34–36]. Cells may respond to these biomechanical and biochemical cues in a context-dependent manner [24]; thus having independent control of each parameter within the same biomaterial can enable systematic evaluation of cellmaterial interactions.

Here our goal was to design a family of ELP hydrogels to promote outgrowth of neurites in a 3D environment and to better understand the effects of biomaterial design parameters on the rate, length, and density of neurite growth. These amorphous 3D matrices allowed viable encapsulation and extensive neurite growth from explanted chick dorsal root ganglia (DRG), a commonly studied tissue composed of neurons and glia found at the interface between the central and peripheral nervous systems. Individual neurites were surrounded by matrix and grew in multiple focal planes, thus demonstrating the three-dimensionality of the system. Through the use of an in-house-designed, automated image processing algorithm, we show that the biomechanical and cell-adhesive biochemical parameters of ELP hydrogels both have profound effects on neurite length distribution, longest neurite outgrowth distance, and total outgrowth. Tuning the cell-adhesive RGD density from 0 to  $1.9 \times 10^7$  ligands/µm<sup>3</sup>, while maintaining a constant modulus of 1.5 kPa, resulted in a roughly two-fold increase in total DRG neurite outgrowth over 7 days in 3D culture. In contrast, tuning initial elastic moduli from 0.5 to 2.1 kPa by adjusting the matrix crosslink density, while maintaining a constant  $1.9 \times 10^7$  RGD ligands/µm<sup>3</sup>, inhibited neurite outgrowth across all time points tested. These results demonstrate the usefulness of ELP hydrogels to present systematically controlled and defined 3D microenvironments to neuronal cultures, thereby allowing multifunctional and independent control over cell-adhesive and biomechanical properties that influence cell behavior.

# 2. Materials and Methods

#### 2.1 Elastin-like polypeptide synthesis and purification

ELPs were designed and synthesized as previously reported with a cell-adhesive, fibronectin-derived extended RGD sequence or a non-adhesive RDG scrambled sequence (Figure 1) [20]. Briefly, the encoding plasmid was transformed into the BL21(DE3) strain of Escherichia coli. Cultures were grown to an OD<sub>600</sub> of 0.8. Protein production was induced under the T7-lac promoter with 1 mM b-isopropyl thiogalactoside (IPTG) for 4-6 hours. Cell pellets were harvested and lysed by sonication in TEN buffer (0.1 M NaCl, 0.01 M Tris, 0.001 M EDTA salt, pH=8) with 1 mM phenylmethylsulfonyl fluoride protease inhibitor. ELP was purified by iterative temperature cycling and centrifugation at  $4^{\circ}$ C in H<sub>2</sub>O (pH 9) to collect ELP in solution, followed by 37°C in 1 M NaCl to pellet the ELP. Purity was confirmed by SDS-PAGE. Purified ELP was dialyzed against H<sub>2</sub>O using a 10,000 MWCO membrane and lyophilized.

# 2.2 Hydrogel crosslinking and DRG encapsulation

Lyophilized ELP was dissolved at 3.75 wt% in phosphate-buffered saline (PBS) overnight at 4°C with agitation. ELP solutions were then sterile filtered (0.22-µm pore size) and kept on ice. Tetrakis(hydroxymethyl)phosphonium chloride (THPC) crosslinker solution was diluted in PBS to the appropriate concentration, sterile filtered, and kept on ice.

Dorsal root ganglia (DRG) were isolated from embryonic day 9 (E9) chicks and collected in sterile medium containing 10% fetal bovine serum (FBS) and 1% penicillin/streptomycin. Using a similar hydrogel encapsulation protocol as previously reported [37]. Individual

DRGs were placed in 5-mm diameter molds of silicone rubber (height of 0.5 mm) affixed to glass coverslips. ELP and THPC solutions were mixed in an 80:20 volumetric ratio, and 15.5  $\mu$ L added to each DRG to fill the hydrogel mold, resulting in a final amorphous scaffold of 3.0 wt% (Figure 1C). In the case of RGD density experiments, the ratio of crosslinker reactive groups (4 hydroxymethyl groups per THPC molecule) to ELP reactive sites (14 primary amines per molecule) was kept constant at 1:1 using a THPC crosslinker stock solution of 2.64 mg/mL. For hydrogels with different crosslink densities, the concentration of THPC was adjusted to achieve reactive site ratios of 0.5:1, 1:1, and 2:1, using THPC solutions of 1.32, 2.64, and 5.28 mg/mL, respectively.

Hydrogels were allowed to polymerize at room temperature for 10 minutes, followed by 10 minutes at 37°C, during which time the ELP hydrogels become opaque. The hydrogels were then flooded with warm DRG culture medium consisting of 10% FBS and 1% penicillin/ streptomycin in DMEM, supplemented with 50 ng/mL nerve growth factor (NGF) according to the literature [8, 38–40]. DRGs were cultured at 37°C in 5% CO<sub>2</sub> and 100% humidity. Medium was exchanged every two days.

#### 2.3 Hydrogel mechanical property determination

Hydrogels were crosslinked as above on top of glass microscope slides. The silicon mold was carefully removed and the hydrogel immersed in a pool of PBS at 37°C. Elastic modulus in compression mode was determined by generating stress-strain curves in unconfined compression to 15% strain. Curves were normalized by subtracting the baseline force of wet runs in PBS alone. Mass swelling ratio was calculated from hydrogel wet mass divided by dry mass after lyophilization. All measurements were completed in triplicate.

#### 2.4 Cell staining and confocal microscopy

DRGs encapsulated in 3D ELP hydrogels (n>7 for each hydrogel condition with at least 3 independent experiments) were rinsed twice briefly with PBS and stained with live/dead solution containing 2  $\mu$ M calcein acetoxymethylester and 4  $\mu$ M ethidium homodimer-1 in DMEM without phenol red for 45 minutes at 37°C, 5% CO<sub>2</sub>, and 100% humidity. After staining, gels were rinsed twice with PBS and immediately imaged as a 3D stack using confocal microscopy (Leica SPE). *Z*-stacks of greater than 100  $\mu$ m depths into the hydrogel were created with 2.4- $\mu$ m intervals between slices and compressed into a maximum projection image. The opacity of the ELP hydrogels prevented further imaging penetration depths with this microscopy set-up. When necessary to image a large field of view, the Leica LAS AF software was used to automate *xy* tiling and facilitate image stitching. Percent cell viability was quantified by counting the number of green pixels and dividing by the total number of red and green pixels in maximum projection images.

For immunocytochemistry, hydrogels were rinsed briefly with PBS and fixed overnight in 4% paraformaldehyde at 37°C. The remaining procedures were carried out at room temperature. Samples were washed four times in PBS, permeabilized with 0.25% Triton X-100 in PBS for 30 minutes, washed two times with PBS, and blocked with 5% bovine serum albumin (BSA) and 0.5% Triton X-100 in PBS for 90 minutes. Samples were then incubated overnight with primary antibody (mouse anti-beta-tubulin, 1:500; rabbit anti-S100, 1:400; diluted in 2.5% BSA and 0.5% Triton X-100 in PBS) and rinsed three times in PBS at 60 minutes each. Finally, samples were incubated with secondary antibodies (goat anti-mouse, 1:500; goat anti-rabbit, 1:500) with Hoescht (1:5000) overnight and washed more than six times for 30 minutes each in PBS. Images were collected using a Leica SPE confocal microscope as described above.

#### 2.5 Image processing and data analysis

A Matlab code was written for analyzing maximum projection images of the live/dead stained DRGs, as the high neurite outgrowth density prevented processing with existing neurite tracking software such as Neuron J. A threshold filter was applied to maximum projection images of live cells to obtain binary black/white images. The initial DRG explant boundary was manually outlined, and the Matlab code calculated the explant center of mass. Neurite extension lengths for a single explant were measured along 360 radial directions from the explant center of mass in one-degree increments. For each radial vector, the neurite "start point" was defined as the initial explant boundary and the neurite "end point" was defined as the last valued pixel. Neurite lengths were grouped into 50- $\mu$ m bins to generate a histogram for each individual DRG culture. Histograms were grouped and averaged for each hydrogel condition, and statistical significance was evaluated using the Kolmogorov–Smirnov test. Longest neurite and total neurite outgrowth data is presented as means with standard deviation. Statistical significance was determined using a single-tailed t-test assuming unequal variances and a p-value < 0.05.

#### 2.6. Hydrogel molding into a two-layered, composite cylindrical conduit

An agarose cylinder (outer diameter ~3 mm) was inserted within a ~20 mm length of silicone tubing (inner diameter ~5 mm), leaving a ring-shaped gap of ~2 mm gap on all sides. This gap was filled with 10 wt% ELP solution mixed with a 1:1 stoichiometric ratio of THPC crosslinker and ~2 drops of blue food coloring to enhance visualization. After polymerization, as described above, the agarose cylinder core and silicone tubing were removed, leaving a cylindrical conduit of ELP. This conduit was filled with a second ELP solution of 3 wt% ELP mixed with THPC crosslinker (1:1 stoichiometric ratio) and ~2 drops of red food coloring to distinguish the solution from the outer conduit.

# 3. Results and Discussion

#### 3.1 Independent tuning of hydrogel RGD density and modulus

Hydrogel crosslink density was tuned by adjusting the THPC crosslinker concentration while maintaining a constant protein polymer concentration at 3.0 wt%. As expected, increasing the stoichiometric ratio of total THPC reactive sites (4 per molecule) to primary amines present in our ELP (14 per molecule) from 0.5:1 to 1:1 to 2:1 increased the initial elastic modulus of the resulting amorphous hydrogel (E = 0.5, 1.5, and 2.1 kPa, respectively, Figure 2A). By designing exactly four cell-adhesive RGD ligands into each ELP molecule and by maintaining a constant protein concentration with the engineered matrices, we were able tune the hydrogel network crosslink density without varying the cell-adhesive ligand density. This provides a distinct advantage over performing such studies with native or harvested proteins such as collagen or fibrin. In such cases, it is difficult to decouple cell-adhesive ligand density and stiffness, as changing the protein concentration to tune the modulus also leads to differences in the density of cell-adhesive ligands.

Alternatively, ELPs facilitated making crosslinked hydrogels of similar mechanical properties while tailoring the RGD cell-adhesive ligand density. The ability to control cellbinding ligand type and density, and thus to study their effects on cell morphology and differentiation, has proven to be a useful strategy for understanding specific cell-matrix interactions and utilizing them to induce a desired cell response [13, 24, 33]. The modular design of our engineered protein facilitates the creation of identical ELPs that differ only in the bioactive RGD ligand sequence. Using recombinant protein technology, an otherwise identical ELP was synthesized that included a negative control, non-cell-adhesive, scrambled RDG sequence. Homogenous mixing of ELPs with and without the putative RGD cell-adhesive sequence enabled creation of hydrogels with RGD densities of 0,  $0.96 \times 10^7$ ,

and  $1.9 \times 10^7$  ligands/cm<sup>3</sup> (0, 1.6, and 3.2 mM, respectively). As expected, because all ELP hydrogels had a total protein content of three wt%, the resulting mass swelling ratios were found to be statistically identical (16.3, 15.8, and 16.3, respectively, Figure 2B). These results validate the use of the lysine-reactive crosslinker THPC to enable independent tuning of crosslink density and cell-adhesive ligand density within 3D ELP hydrogel microenvironments.

## 3.2 Three-dimensional culture of DRGs in ELP hydrogels

To evaluate cytocompatibility of this 3D biomaterial, we quantified the viability of embryonic chick DRGs encapsulated within the family of crosslinked ELP hydrogels. As demonstrated by live/dead staining with calcein AM and ethidium homodimer, respectively, DRG explants were highly viable after encapsulation with only a small fraction of dead cells observed at early time points (Figure 2C). Quantification of multiple crosslinking experiments (n 7 for each hydrogel design) demonstrated that neither RGD density nor crosslink density significantly impacted survival after encapsulation (Figure 2D). In all cases, viability of stained cells was greater than 79% (Figure 2D) and increased over time as the neurites grew and extended outward from the initial explant. The THPC crosslinking mechanism, which covalently reacts with primary amines, may react with cell-surface proteins, potentially resulting in the isolated cell death observed at early time points. Alternatively, this initial cell death may be the result of DRG tissue isolation resulting in axon severing and loss of cell-cell contacts. While few studies have quantified neuronal viability in 3D, our cell viability was consistent with that observed for dissociated DRG neurons encapsulated in Puramatrix peptide gels [41] and PEG-fibrinogen gels [42]. THPC therefore affords a readily available, cost-effective, and water-soluble mechanism for cytocompatibly crosslinking hydrogels.

In the work here, the small amount of cell death observed did not appear to inhibit the neural regeneration of encapsulated neurons, as they rapidly extended neurites into the surrounding 3D matrix. In these engineered protein hydrogels, neurites may be able to extend if the initial mesh size is sufficiently large to allow penetration or if cells proteolytically degrade the local matrix to increase the mesh size. In the absence of proteases, ELP hydrogels are hydrolytically stable for at least 4 weeks with no evidence of degradation [19]. Neurites quickly emerged from the explanted tissue and extended into the matrix in all directions as early as day 1 in most cases (Figure 3A). This outgrowth occurred in multiple planes to the maximum imaging depth of approximately 100 µm (Figure 3A); indicating neurite growth was not limited to the underlying coverslip. Previous studies of cells on compliant hydrogels of similar elastic moduli as the materials used here (~1-5 kPa) have demonstrated that cells may be capable of "sensing" an underlying rigid substrate such as a glass coverslip. For mesenchymal stem cells, which can exert matrix stresses of hundreds of pN per  $\mu$ m<sup>2</sup>, the estimated depth to which the cells can sense the underlying stiff mechanical interface is 1–  $3.4 \,\mu\text{m}$  [43–44]. In contrast, neurons are capable of exerting much smaller stresses on the order of 30 pN per  $\mu$ m<sup>2</sup> [45]; therefore, they are even less sensitive to the underlying rigid substrate. A conservative estimate is that only those neurons within  $1-2 \,\mu m$  of the interface may be affected by the rigid coverslip. In other words, we hypothesize that 98–99% of the total 100-µm imaging depth includes neurites that are fully surrounded by a 3D hydrogel matrix without sensing the underlying stiff substrate. We further confirmed this hypothesis by evaluating neurite outgrowth at various hydrogel depths as discussed below in section 3.5 and as shown in Supplemental Information Figure S1. Neural culture within such a 3D environment removes the spatial constraints of traditional 2D cultures for migration and neurite extension [27, 46].

Immunostaining demonstrated that the outgrowth was indeed neurite extension, as the majority of the growth was positive for the neuronal marker beta-tubulin with very few glial

cells migrating into the matrix (Figure 3B). For potential therapeutic applications, modulating glial migration and proliferation may be important in enhancing injury repair. In the peripheral nervous system, this may include stimulating Schwann cell activation to promote axon regeneration [47], whereas in the central nervous system it is desirable to prevent the glial overgrowth commonly observed after injury, where formation of a glial scar inhibits axon and dendrite regeneration [48]. This scar-like behavior also has been reported to occur when mixed populations of neural cells are cultured on stiff 2D tissue culture polystyrene plates and other stiff material systems [22].

#### 3.3 High throughput quantification of neurite outgrowth

Accurately quantifying neurite growth is a technically challenging, but key focus for studies of neuronal regeneration. Even simplified measures of neurite extension, such as the "longest" neurite length measurement often employed, can require laborious image analysis. Over the last decade, significant progress has been made in developing computational tools for analyzing images of neurons and neuronal networks. The large selection of software now available for quantifying neurite growth generally involves the identification of the cell body followed by either "global" techniques, *i.e.*, whole image processing involving thresholding and skeletalization of the neuronal tree (axons and dendrites) or by "local" techniques, *i.e.*, systematic exploration that iteratively predicts points along a neurite, effectively tracing out axons and dendrites [49]. Unfortunately, much of this software including NeuronJ and Neurolucida is designed to process images containing sparse populations of neurons and is not suited for the analysis of the very dense growth resulting from DRGs encapsulated in our hydrogels. Furthermore, culturing cells in a 3D environment further complicates the ability to generate accurate and representative data. Consequently we developed a high-throughput method to quantify large numbers of neurites from many independent samples.

Each sample was imaged in 3D to greater than 100-µm depth using a 2.4-µm step-size, and the resulting image stack was compressed into a maximum projection image (Figure 3C, upper left). Preprocessing steps including thresholding and transformation into a binary representation were applied uniformly across all images. After manually tracing the initial DRG explant boundary, the search algorithm automatically quantified neurite outgrowth around the DRG by measuring the Euclidean distance between the initial explant boundary and the furthest neurite growth (Figure 3C, upper right). By repeating this measurement at one-degree intervals around the entire explant center of mass, a detailed data set was collected that included information about the neurite outgrowth distance, neurite outgrowth density, and distribution of neurite outgrowth from each DRG (Figure 3C, bottom right). These data can be displayed as a histogram of neurite outgrowth distance, which shows the distribution in neurite outgrowth for an individual sample (Figure 3C, bottom left). The algorithm facilitates rapid analysis of a large number of samples; therefore, several histograms were obtained for multiple independent samples at each biomaterial condition and time point (n>7 per condition). Furthermore, the algorithm enables further data analysis to report common measurements of neurite extension such as longest neurite outgrowth distance and total neurite outgrowth (Figures 4, 5) [6]. Using this method, we quantified 148 DRG samples, resulting in more than 53,000 individual distance measurements to present an accurate distribution of neurite outgrowth, both within a single DRG sample and between samples.

#### 3.4 Cell-adhesive RGD ligands enhance neurite outgrowth

Two otherwise identical protein-based ELP biomaterials were fabricated, one with a celladhesive, fibronectin-derived RGD sequence and another containing a sequence-scrambled, non-adhesive RDG peptide. DRGs were encapsulated within these two biomaterials, estimated to contain ligand densities of 0 and  $1.9 \times 10^7$  ligands/µm<sup>3</sup>, respectively (n = 8–16

per condition and time point from at least 4 different experiments). This enabled direct comparison of matrices with distinctly different cell-adhesive characteristics yet identical mechanical properties (reactive site ratio of 1:1, initial modulus = 1.5 kPa) (Figure 2B). RGD density had a profound effect on both outgrowth distance and density of neurites (Figure 4A). Consistent with previous reports, cells exhibited some minimal growth and neurite extension in the absence of RGD ligands, presumably due to synthesis of their own ECM.[14, 22]

After 1 day of culture, over 50% of neurite outgrowth had Euclidean distances of less than 50  $\mu$ m for both the 0 and  $1.9 \times 10^7$  ligands/ $\mu$ m<sup>3</sup> samples. Statistical analysis by Kolmogorov-Smirnov testing showed that the population distributions were already statistically different at day 1 and became increasingly distinct throughout the 7-day culture period (Figure 4B), indicating that the rate of neurite growth was enhanced in the presence of the RGD ligand. There were significant heterogeneities observed between different DRG samples within the same experimental group, which is understood as inherent for complex biological systems, particularly those that use heterogeneous primary tissue composed of multiple cell types. By day 3 hydrogels with RGD ligand present yielded a clear increase in length and number of neurites, with a much larger percentage of neurites found in length scales longer than 350  $\mu$ m (Figure 4B). On day 7 this effect was even more pronounced (Figure 4B).

A limiting factor in neural regeneration is the ability to extend axons long distances over which nerves do not spontaneously regenerate. Thus we further analyzed our data to determine the longest neurite outgrowth distance from each encapsulated DRG. Over the course of 7 days, the  $1.9 \times 10^7$  ligands/µm<sup>3</sup> samples were able to promote neurite lengths of over 1400 µm (Figure 4C). Comparing the two RGD densities, there was a statistically significant difference in longest neurite outgrowth between the two samples only on day 7 (Figure 4C). The outgrowth distance (i.e., 500–1000 microns over several days) is comparable with that previously observed in bioactive hydrogels [38, 50–51].

To represent the density of neurite growth, we defined the total neurite outgrowth as the summation of the neurite Euclidian distances measured at each one-degree interval. In contrast to the *longest* neurite outgrowth distance, the *total* neurite outgrowth was more than doubled at every time point when comparing the ELP materials with and without RGD ligands (Figure 4D). This demonstrates that neurite outgrowth was more uniformly distributed in the presence of the RGD ligand and also highlights the importance of characterizing multiple parameters of neurite outgrowth when evaluating 3D biomaterials. Thus, ELP hydrogels with RGD ligands promoted extension of a larger number of long neurites, which is a common goal in neural regeneration strategies.

#### 3.5 Neurite outgrowth is enhanced in more compliant ELP hydrogels

To evaluate the impact of initial hydrogel stiffness on neurite outgrowth, DRGs were encapsulated in ELP hydrogels of identical protein weight percent (3 wt%) and RGD density  $(1.9 \times 10^7 \text{ ligands/}\mu\text{m}^3)$  and altered crosslink density (n = 7–12 per condition and time point from at least 3 different experiments). As observed by live/dead staining, neurite outgrowth occurred by day 1 in the most compliant matrix (0.5 kPa), by day 3 in the intermediate stiffness matrix (1.5 kPa), and only rarely by day 7 in the stiffest matrix (2.1 kPa) (Figure 5A). Kolmogorov-Smirnov analysis of the population distributions revealed statistically significant differences between all three matrices at all time points (Figure 5B). Initial ELP hydrogel stiffness therefore has a significant effect on neurite outgrowth, as decreased stiffness consistently resulted in a higher percentage of neurites at longer length scales.

To confirm our hypothesis that the majority of imaged neurons were not affected by the presence of the underlying rigid coverslip (as discussed in section 3.2), data from day 3 samples were analyzed using two different hydrogel depths: 0-100 µm (Figure 5) and 50- $100 \,\mu m$  (Figure S1). For the Figure S1 analysis, the 50- $\mu m$  thick sections contain neurites far removed from the underlying coverslip. This depth is more than five times the length scale of a single cell ( $\sim 5 \times 8 \,\mu$ m) and is much greater than the depth previously shown to result in cellular substrate sensing  $(1-3.4 \,\mu\text{m})$  [43–44]. Both the longest neurite outgrowth and total outgrowth retain statistically significant differences between the 0.5, 1.5, and 2.1 kPa hydrogels (Figure S1). Longest outgrowth measurements are comparable with those for full thickness analyses (Figures S1A and 5C), indicating that long neurite outgrowth was not associated with the underlying coverslip. As expected, total outgrowth measurements are about half of that for the full thickness analyses, since neurites are quantified in only half of the full observation volume (Figures S1B and 5D). These data confirm that the presence of the underlying glass coverslip does not statistically affect the longest neurite outgrowth nor the total neurite outgrowth. These data further demonstrate that the individual neuronal cells are experiencing a 3D hydrogel microenvironment.

Similar to the histograms, the longest neurite outgrowth distance was significantly enhanced in the more compliant matrices across all conditions at every time point for the comprehensive, full thickness data sets (Figure 5C). In the most compliant matrix (0.5 kPa), an average longest outgrowth of 1826 µm was observed at 7 days. The decrease in stiffness also promoted a greater density of long neurites, as demonstrated by the total neurite outgrowth distance (Figure 5D). After 7 days, total neurite outgrowth was limited to 67,000  $\mu$ m in the stiffest hydrogel, while growth was promoted to 170,000 and 332,000  $\mu$ m in the 1.5 and 0.5 kPa hydrogels, respectively. Because cell viability within all ELP hydrogels was indistinguishable at day 1 (Figure 2) and the DRG explants in the stiffest hydrogels appeared to survive well (Figure 5A), it is unlikely that the observed differences are due to porosity limitations on diffusion of growth factors or nutrients. Although a few exceptions have been reported [52], a consistent trend has begun to emerge suggesting that more compliant biomaterials tend to promote neurite extension [24-25, 31, 38]. While direct comparison with previous reports is difficult due to differences in cell type and outcome measurements, the range of mechanical stiffnesses studied here (G'  $\sim$ 170–700 Pa, assuming a Poisson's ratio of (0.5) [53] is similar in magnitude to previous studies utilizing alginate and agarose matrices (G'~180-330 Pa) [25, 32].

In this study, crosslink density was used as a mechanism for varying hydrogel stiffness. In amorphous hydrogel systems, such as crosslinked ELPs, a change in crosslink density changes the mesh size, thereby impacting hydrogel stiffness as well as the diffusion rate of soluble factors through the polymer matrix. As these materials are made exclusively from recombinant proteins, these hydrogels degrade via proteolysis. An increase in stiffness has been reported to alter protease secretion of encapsulated neurons [54] and may similarly alter protease activator and protease inhibitor secretion. In our system, the protein weight percent, and therefore the concentration of substrate sites for proteolytic action, was kept constant across all hydrogel formulations. However, the secretion, diffusion, activation, and inactivation of cell-secreted proteases all may be altered in response to hydrogel mesh size, potentially resulting in different patterns of local matrix degradation within hydrogels of varying crosslink density. Therefore, the molecular mechanism(s) responsible for the observed differences in neurite outgrowth within amorphous hydrogels of varying initial moduli cannot be identified without further studies. Towards this goal, ELP hydrogels have been designed to include different proteolytic degradation domains with tunable degradation kinetics [20]. Therefore, these ELP matrices may be appropriate for future investigation into the interplay between initial hydrogel mechanics, hydrogel mesh size, local proteolytic degradation, and 3D neurite outgrowth.

#### 3.6. Fabrication of a two-layered, composite ELP conduit

To demonstrate the potential application of these materials to fabricate nerve guides, a twolayered, composite ELP conduit was constructed. ELP hydrogels can be formed within molds of any shape to create composite structures that have regions of distinct material properties [19]. Using silicone tubing and solidified agarose as our molding materials, we first fabricated a hollow, cylindrical tube of 10 wt% ELP (Figure 6). This outer tube (length  $\sim$ 20 mm, outer diameter  $\sim$  5 mm, inner diameter  $\sim$ 3 mm) was subsequently filled with a 3 wt % ELP solution. This two-layered composite structure was able to support its own weight and maintain the two distinct layers of ELP properties (as visualized using dyes in Figure 6). This two-step molding technique allows fabrication of a fully ELP core/shell conduit with an outer shell (blue) that provides structure and handling ability and an inner core (red) that is suitable for 3D neurite outgrowth as shown above. Previous work by others has demonstrated that conduit geometries can promote the alignment of neurite outgrowth by physical constrainment [55-57], although this remains to be studied for the scaffolds shown here. It is now known that the inner lumen filler of nerve guidance conduits plays an essential role in promoting regeneration across large nerve gaps [58] highlighting the importance of a suitable biomaterial filler such as the most compliant RGD-ligand containing hydrogels we have developed here. Further ELP scaffold optimization, for example, creating a topographically aligned pattern or including additional ligand sequences, may further promote neurite alignment and long axonal regeneration, both of which are thought to be critical for therapeutic biomaterials applications.

# 4. Conclusions

The engineered ELP hydrogels presented here combine the bioactivity and specificity of native ECM proteins with the reproducibility and predictable tailorability of synthetic polymers to create 3D hydrogels that promote tissue growth. A family of ELP hydrogels was designed with modular bioactive and structural regions to enable the systematic synthesis and characterization of materials with specified design parameters. We show here that this ELP hydrogel enables such reductionist studies of cell-biomaterial interactions to be conducted in 3D. Our data demonstrate the ability to systematically and independently tailor the cell-adhesive RGD ligand density and hydrogel stiffness to tunably promote 3D neurite outgrowth. Further optimization of the RGD ligand density and elastic modulus of the ELP hydrogels may be capable of inducing even greater neurite extension.

With our chosen biological model we observed large population heterogeneity in neurite outgrowth lengths. Our in-house-designed analysis method clearly captured this phenomenon and enabled elucidation of statistically significant differences between various hydrogel designs. The success of inducing neurite growth to very long length scales (greater than 1 mm in compliant matrices with RGD ligands) in our 3D ELP hydrogels is promising for the regeneration of long axonal connections. Furthermore, the density of neurite outgrowth indicates very large numbers of neurons were able to regrow axons.

This work demonstrates the versatility and responsiveness of our modularly designed ELP hydrogels for neural cell culture and supports continued development as a biomaterial tissue construct for promoting neurite growth. For example, this gelation format may be adapted to create ELP hydrogels of any shape and size allowing creation of guidance conduits supportive of aligned nerve fiber growth [55, 59]. While promoting extensive neurite growth is important, only oriented growth is clinically useful. As demonstrated here, these engineered proteins can be patterned into structured devices of varying crosslinking ratios to fabricate ELP conduits filled with a neurite-permissive ELP hydrogel. Other design patterns could vary RGD ratios or biodegradation rates [19] to create regions that promote or inhibit localized growth. Due to the matrix versatility and biospecificity, ELP hydrogels may be

further designed to promote the growth of other cell types of interest in neural regenerative medicine such as oligodendroyctes, Schwann cells, and neural stem cells. Taken together, these data suggest that ELP hydrogels may be therapeutically relevant toward inducing neurons to regenerate severed axons and encourages the further investigation of these biomaterials for neural regeneration applications.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1.

Schematic of ELP design and hydrogel network. (A) ELPs were designed with modular repeats of bioactive (grey diamond) and elastin-like (green bar) sequences. The bioactive domains were either an extended RGD sequence to confer the engineered protein with cell-adhesion ligands, or the non-adhesive scrambled RDG sequence. (B) The elastin-like structural domains included lysines (purple) for site-specific crosslinking with primary amine-reactive crosslinkers yielding a 3D hydrogel network. (C) Photograph (left) and schematic (right) of ELP crosslinked into an amorphous, semi-translucent hydrogel using a 5 mm silicone mold (orange) to encapsulate a single DRG cluster and culture the system within a 24-well plate.



#### Figure 2.

Mechanical properties of ELP hydrogels and cell encapsulation viability. (A) Increasing the ratio of THPC reactive sites to primary amines in the ELP led to an increase in hydrogel elastic modulus without any changes in RGD adhesive ligand density. (B) Alternatively, the density of bioactive RGD ligands in a hydrogel was tuned without changing the hydrogel mechanical properties as shown by mass swelling ratio. (C) DRG explants after 1 day of culture stained live (green) and dead (red) indicated only a small number of dead cells in the periphery of the DRG. (D) Viability on day 1 indicated that cell survival was not affected by variations in the hydrogel RGD ligand density or hydrogel crosslink density.



#### Figure 3.

Characterization and quantification of 3D neurite growth from DRGs. (A) Neurites extended in multiple planes throughout the 3D ELP matrix as visualized by a maximum projection image of live cell staining throughout a 93 mm z-stack. (B) The growth observed from DRG explants was primarily neurites extending from beta-tubulin positive neurons (red). Few S100 positive glial cells (green) migrated into the matrix. (C, clockwise from upper left) Maximum projection images were created from 3D z-stacks of live/dead stained DRGs. The initial explant area was manually traced (highlighted in orange) and an in-house algorithm was used for quantification of the dense neurite growth. The Euclidian distance from the initial DRG explant boundary to the most distant outgrowth was determined at 1 degree increments radially from the initial DRG explant center of mass (center of mass marked with a cross, example start/end points of outgrowth distance marked with green boxes). This yielded neurite outgrowth distance measurements at each degree angle. For each DRG, these were plotted in a histogram grouping neurite lengths into 50-µm bins.



#### Figure 4.

Effect of cell-adhesive RGD ligand density on neurite growth in 3D ELP hydrogels. (A) Neurites extended from the initial DRG explant in hydrogels with 0 and  $1.9 \times 10^7$  celladhesive RGD ligands/µm<sup>3</sup> over the course of 7 days in culture. (B) The population distribution of neurite outgrowth lengths between the two hydrogel types was statistically different at all time points as determined by Komolgorov-Smirnov testing. Each thin, dotted line represents the percentage of neurites at each outgrowth distance within a single DRG sample, whereas darker solid lines indicate the population averages. (C) The longest neurite outgrowth for the two hydrogel conditions was statistically different only at 7 days. (D) When outgrowth length was summed for the complete radial distribution, hydrogels with $1.9 \times 10^7$  RGD ligands/µm<sup>3</sup> facilitated statistically greater outgrowth at all time points. Data presented as average +/– standard deviation. n = 8–16 from at least 4 different experiments. \* indicates p < 0.05



#### Figure 5.

Effect of matrix stiffness on neurite growth in 3D ELP hydrogels. (A) Neurites extended by day 1 in 0.5 kPa hydrogels, by day 3 in 1.5 kPa hydrogels, and not until day 7 in 2.1 kPa hydrogels. (B) At all time points, more and longer neurites were promoted as hydrogel stiffness decreased. Each hydrogel stiffness resulted in statistically different population distributions at each time point as determined by Komolgorov-Smirnov analysis. Each thin, dotted line represents the percentage of neurites at each outgrowth distance within a single DRG sample, whereas darker solid lines indicate the population averages. (C) The longest penetration into the surrounding matrix varied significantly as a function of hydrogel stiffness. (D) Hydrogel stiffness also led to statistically different total amount of growth at all time points. Data presented as average +/– standard deviation. n = 7–12 from at least 3 separate experiments. \* indicates p < 0.05



#### Figure 6.

Elastin-like protein hydrogels can be formed in any shape, including that of a conduit. (A) A hollow tube was molded from 10 wt% ELP (1:1 crosslinking ratio) stained with blue food coloring to aid visualization (length ~20 mm, outer diameter ~5 mm, inner diameter ~3 mm). (B) This hollow conduit was filled with a second ELP solution (3 wt%, 1:1 crosslinking ratio, stained red) that is suitable for neurite extension. The conduit can freely support itself (lower right), but is flexible and compliant.