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A mixture of an environmentally realistic concentration of a phthalate and herbicide reduces testosterone in male fathead minnow (*Pimephales promelas*) through a novel mechanism of action

Jordan Crago^a and Rebecca Klaper^{b,*}

^aDepartment of Biological Sciences, University of Wisconsin-Milwaukee, Milwaukee, WI 53204, United States

^bSchool of Freshwater Sciences, University of Wisconsin-Milwaukee, Milwaukee, WI 53204, United States

Abstract

Several chemicals that are used by humans, such as pesticides and plastics, are released into the aquatic environment through wastewater and runoff and have been shown to be potent disruptors of androgen synthesis at high concentrations. Although many of these chemicals have been studied in isolation, a large amount of uncertainty remains over how fish respond to low concentrations of anti-androgenic mixtures, which more accurately reflects how such chemicals are present in the aquatic environment. In this study male fathead minnows (FHM) (*Pimephales promelas*) were exposed to environmentally relevant concentrations of two anti-androgens, the herbicide linuron, and the plasticizer di(2-ethylhexyl) phthalate (DEHP) individually and as part of a mixture of the two for a 28-day period. At the end of this period there was a reduction in plasma testosterone (T) concentrations in male FHM exposed to the mixture, but not in FHM exposed individually to linuron or DEHP or the control FHM. There was also a significant reduction in 17 β -estradiol (E2) in the DEHP-only and mixture exposed groups as compared to the control. Contrary to what has been previously published for these two chemicals in mammals, the lower plasma T concentrations in male FHM exposed to the mixture was not a result of the inhibition of genes involved in steroidogenesis; nor due to an increase in the expression of genes associated with peroxisome proliferation. Rather, an increase in relative transcript abundance for CYP3A4 in the liver and androgen- and estrogen-specific SULT2A1 and SULT1st2 in the testes provides evidence that the decrease in plasma T and E2 may be linked to increased steroid catabolism. Feedback from the pituitary is not repressed as the relative expression of follicle stimulating hormone β -subunit mRNA transcript levels in the brain was significantly higher in both DEHP and mixture exposed FHM. In addition, luteinizing hormone β -subunit mRNA transcript levels increased but were not significant in the mixture as compared to the control. Hormone receptor mRNA transcript levels in the liver and testes were not significantly different across all four exposure groups. This study highlights the importance of assessing environmentally relevant concentrations of mixtures when determining risk to aquatic organisms.

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*Corresponding author at: School of Freshwater Sciences, University of Wisconsin-Milwaukee, 600 East Greenfield Avenue, Milwaukee, WI 53204, United States. Tel.: +1 414 382 1713; fax: +1 414 382 1705. jcrago@uwm.edu (J. Crago), rklaper@uwm.edu (R. Klaper).

Keywords

Phthalates; Herbicides; Anti-androgen; Fathead minnow; Endocrine disruption; Low-dose

1. Introduction

Many fish populations are continually exposed to a wide variety of contaminants that can exert deleterious effects on endocrine function. In particular, recent monitoring programs have highlighted the occurrence of anti-androgenic chemicals as part of complex mixtures in the environment (Hill et al., 2010). Compounds that inhibit androgen-signaling can act through several modes of action: (1) competitively binding to the androgen receptor (AR), thus inhibiting the transcription of androgen-dependent genes; (2) modifying the production of androgens through the inhibition of rate-limiting genes and enzymes involved in steroidogenesis; or (3) increasing the degradation of androgen precursors and testosterone (T) in the testes or liver. In all three cases, the compound(s) disrupts one or multiple biologic pathways along the hypothalamic-pituitary-gonadal axis (HPG). Previous research has shown that exposure to individual anti-androgenic compounds, such as vinclozolin and prochloraz, reduce fecundity, alter secondary sex characteristics, impact gonadal morphology, and lower plasma T concentrations (Ankley et al., 2009a, 2009b; Martinovi et al., 2008). Although many of these chemicals have been studied in isolation, a large amount of uncertainty remains regarding the response of fish to low concentrations of anti-androgenic mixtures, a more accurate representation of the types of exposures that occur in the aquatic environment.

Studies that have examined the effects of mixtures of endocrine-disrupting compounds (EDCs) on fish have focused mostly on estrogenic compounds. The literature on these effects is somewhat contradictory. Whereas a number of studies have suggested an additive effect (Brian et al., 2005; Correia et al., 2007; Zhang et al., 2009), other studies have found that the mRNA expression profile of the individual chemical differs from that of the mixture in both the genes expressed and the level of expression (Filby et al., 2007; Finne et al., 2007). In addition, dose can influence genomic response with some chemicals (Clewell et al., 2011; Gentry et al., 2010; Hockley et al., 2006) but the impact of exposure dose on gene expression related to endocrine function is unknown. Differences could have a significant impact on conclusions regarding endocrine disruption potential and in environmental monitoring for endocrine disruption where the exposure from an individual or mixture of chemicals is at a concentration that is below the level in which current biomarker responses occur.

This study exposes male FHM to two anti-androgenic chemicals at concentrations reported in the environment, the herbicide linuron and di(2-ethylhexyl) phthalate (DEHP), individually and as part of a mixture to assess the changes in plasma hormone levels and mRNA expression along the HPG axis. The urea-based herbicide linuron is used on a variety of agricultural crops and inhibits photosynthesis in broadleaf weeds. It has been found in aquatic habitats up to $1 \mu\text{g L}^{-1}$ (ppb) (Woudneh et al., 2009). Linuron is considered a mixed-effect anti-androgen as it has been shown to competitively bind with the androgen receptor, and inhibit cytochrome P450 (CYP)17 lyase production, which in turn decreases T production in rats (Lambright et al., 2000; Wilson et al., 2009). In FHM, in vitro assays have shown that linuron competitively binds to the AR_{fhm} (Foster, 2006), but it is still unknown whether linuron inhibits CYP17 expression. In fish, the inhibition of testosterone production from exposure to mixed-effect anti-androgens may be compound- and species-specific. Carp (*Cyprinus carpio*) testes and liver exposed to a similar mixed-effect anti-androgen diuron, saw no change to testosterone synthesis and metabolism, but there was a decrease in

testosterone production in FHM exposed to another mixed-effect anti-androgen prochloraz (Ankley et al., 2009b; Thibaut and Porte, 2004).

DEHP is a commonly used plasticizer that is pervasive in the aquatic environment. It has been estimated to occur normally between 2 and 3 $\mu\text{g L}^{-1}$, but has been measured at concentrations as high as 98 $\mu\text{g L}^{-1}$ (Frömme et al., 2002). Although previous research indicated that a variety of phthalates, including DEHP, were estrogenic in mammals, it is now thought that phthalates, act mostly as anti-androgenic endocrine disruptors (Jobling et al., 1995; Liu et al., 2005). In rats, DEHP and several other phthalates have been shown to decrease fetal testis T production and reduce the expression of steroidogenic genes, such as Steroidogenic Acute Regulatory protein (StAR), CYP17 and CYP11a (Foster, 2006). DEHP has not been shown to be an androgen receptor antagonist or interfere with the genetic expression of the androgen receptor mRNA transcript (Gray et al., 2000). In fish, there has been little research performed on the effects of DEHP or phthalates in general on hormone levels or gene expression in adult male fish. DEHP has been shown to decrease 5'-reductase activity, which in turn decreases the synthesis of 5'-androstenedione and 5'-dihydrotestosterone in the testes of male carp (Thibaut and Porte, 2004). High doses of DEHP (5000 mg/kg) increased peroxisome proliferation in the testes, but has not been shown to inhibit expression of genes involved in steroidogenesis (Uren-Webster et al., 2010). In the same study, although there was no difference in the relative expression of ER1, ER2a, and ER2b mRNA transcripts in the liver and testes, there was a significant increase in vitellogenin mRNA transcripts levels, which would indicate an estrogenic effect at high-levels of DEHP exposure. Dibutyl phthalate has been shown to increase plasma T concentrations, but decrease androgen associated spiggin concentrations in male sticklebacks (*Gasterosteus aculeatus*) (Aoki et al., 2011). In both of these studies the relative expression of steroidogenic genes were unchanged. Therefore it is still unclear what the mechanism by which DEHP or other phthalates act on androgen synthesis and androgen responsive gene expression in fish.

The goal of this study was (1) to examine whether there is a significant change in endocrine function when male FHM are exposed to environmentally-relevant concentrations of linuron or DEHP. (2) How mixtures of these chemicals influence endocrine function and (3) to determine the mechanism by which changes in endocrine function may occur, and specifically if this is due to an inhibition of steroidogenesis or some other mechanism of action (Fig. 1). Plasma T and 17 β -estradiol (E2) concentrations were measured to assess changes in hormone production. Gonadosomatic index (GSI) was measured to assess changes in testes size. The relative mRNA transcript level of luteinizing hormone β -subunit (LH β) and follicle-stimulating hormone β -subunit (FSH β) in the brain were measured to assess changes in the feedback response mechanism in the HPG axis that would be associated with changes in T and E2 production. The relative mRNA transcript levels of StAR, CYP11a, 3 β -hydroxysteroid dehydrogenase (3 β -HSD), CYP17, and 17 β -HSD were measured in the testes, as all five proteins are necessary for testosterone synthesis. The relative mRNA transcript level of aromatase (CYP19a1), which is responsible for converting T to E2 was also measured in the testes to assess potential changes in E2 production. The relative mRNA transcript levels of three hormone receptors, AR, estrogen receptor (ER)1 and ER2b, were measured in both the testes and liver to assess changes to receptor expression that may be due to exposure to anti-androgenic compound(s). Increased peroxisome proliferation in the testes was assessed by measuring mRNA transcript levels of peroxisome proliferator-activated receptor-alpha (PPAR α) as well as the PPAR α -responsive genes acyl-coenzyme A oxidase1 (ACOX1) and enoyl-coenzyme A, hydratase/3-hydroxyacyl coenzymeA dehydrogenase (EHHADH) in the testis. Increased expression of ACOX1 and EHHADH are associated with peroxisome proliferation and has been measured previously in fish (Uren-Webster et al., 2010). Plasma hormone concentrations can partially

be mediated by changes in hormone degradation rates that occur primarily in the liver, but also locally in the testes. Therefore, the relative mRNA transcript levels of phase I-metabolizing enzyme cytochrome P450 3A4 (CYP3A4), androgen-specific phase II-metabolizing enzyme sulfotransferase dehydrogenase 2A1 (SULT2A1) and UDP glucuronosyltransferase 2B15 (UGT2B15), and estrogen-specific phase II-metabolizing enzyme SULT1st2 were measured in both the testes and the liver. Finally, the mRNA transcript level of the pregnane X-receptor (PXR) was measured in the testes and liver because PXR has been shown to bind to DEHP and all four of these phase I and II enzymes are in part transcriptionally regulated by the PXR (Bélanger et al., 1998; Cooper et al., 2008; Sonoda et al., 2002; Yamazaki and Shimada, 1997).

2. Methods

2.1. Chemicals

Both linuron and DEHP were purchased from Sigma–Aldrich Chemical Co. (St. Louis, MO, USA). All other reagents used were of analytical grade. A 2.4 ppm stock solution of linuron, was created by dissolving 2.4 mg of linuron in 40 μL of methanol, and then pipetting this mixture into 1 L of reagent grade water. The 1 L stock solution was then added directly into 23 L of dechlorinated water in an exposure tank. For DEHP exposure, 0.288 μL of liquid DEHP stock solution (1 g/mL) purchased from Sigma–Aldrich was added to 1 L of reagent grade water, vigorously shaken for 5 min, and then added directly into 23 L of dechlorinated water in an exposure tank. For the mixture exposure, stock solutions of both linuron and DEHP were prepared as stated previously and added to 22 L of dechlorinated water in an exposure tank.

2.2. Exposure study

Adult male FHM were obtained from a laboratory culture at the Great Lakes WATER Institute (Milwaukee, WI). A total of 40 male FHM, divided evenly among the four exposures, were used in the 28-day trial. For each exposure 10 male FHM placed in a single 24 L tank filled with dechlorinated water (pH 6.8, total hardness (CaCO_3) = 120), and were acclimatized for 2 days before exposure. A full-spectrum bulb provided a 16:8 h light:dark cycle, and a water temperature of 24 °C was kept throughout the 28-day experiment. Fish were fed TetraMin (Tetra, Blacksburg, VA), a commercially bought flake fish food, once daily throughout the exposure study. Male FHM were exposed to one of four treatments: control (methanol), 1 $\mu\text{g L}^{-1}$ dose of linuron, 12 $\mu\text{g L}^{-1}$ dose of DEHP, or 1 $\mu\text{g L}^{-1}$ dose of linuron plus 12 $\mu\text{g L}^{-1}$ dose of DEHP. To account for exposure to the methanol vehicle, methanol levels were made constant among all treatment groups by adding 40 μL of methanol was added to 1 L of reagent grade water and then 2.4 μL of the methanol solution was added to the control and DEHP treatments. Water exchange occurred every three days, at which time new solutions of methanol, linuron and DEHP were added. At the end of the exposure period there were 35 fish remaining (N = control: 10, linuron: 8, DEHP: 9, mixture: 8).

After 28 days, the fish were euthanized and whole body and testes were weighed to the nearest 0.1 mg using an analytical scale. The GSI of each fish was determined by dividing the weight of the organ by the weight of the fish and then multiplying by 100. Blood was drawn and centrifuged to collect plasma, and the testes, liver and brain, which included the pituitary, were removed. Plasma, testes, liver and brain were flash frozen in liquid nitrogen and stored at -80 °C for later use.

2.3. Gene expression

RNA was extracted from gonad, liver, and brain samples using TriZol reagent (Invitrogen, Carlsbad, CA), following the instruction of the manufacturer. Samples were cleaned to remove any solvent contamination by precipitating RNA with a 1 M NaCl aqueous solution, and washing the precipitate with ethanol. RNA was then dissolved in 40 μ L of water, and stored at -80°C . RNA concentrations (ng/ μ L) were measured using a Nanodrop spectrophotometer (Thermo Fischer Scientific, Wilmington, DE). Degradation of RNA was assessed on a BioAnalyzer (Agilent, Santa Clara, CA). FHM testes, liver and brain RNA were DNase treated (Promega, Madison, WI) prior to cDNA creation. For each tissue sample, cDNA was synthesized from 500 ng/ μ L of FHM testes, liver and brain RNA.

Partial mRNA sequences for all 20 genes were identified in the National Center for Biotechnology Information database (Table 1). Primers were designed using the PrimerQuest software from Integrated DNA Technologies (Coralville, IA), and then ordered from their site. Primer sequences are listed in Table 1. For FHM equivalent SULT2A1, SULT1st2 and UGT2B15, the genes were identified from zebrafish genome database (zebrafish SULT2st1 GenBank accession no. NM 198914, SULT1st2 GenBank accession no. NM 183347.2, UGT2B5 GenBank accession no. NM 001177345.1). These three genes have been identified as homologs to human SULT2A1 (Sugahara et al., 2003) and UGT2B15 (Huang and Wu, 2010) or in the case of SULT1st2 responsible for 17 β -estradiol and estrone degradation in zebrafish (Sugahara et al., 2003).

Gene expression was quantified using Brilliant II SYBR Green QPCR (Stratagene, La Jolla, CA) per manufacturer's instruction. RT-PCR was performed on the Opticon (MJ Research, Waltham, MA) with the following protocol: 1 cycle at (i) 95°C for 10 min; 39 cycles at (ii) 95°C for 1 min; (iii) 60°C for 30 s. Relative QPCR expression was determined using Real-time PCR Miner (Zhao and Fernald, 2005) and normalized to the transcript levels for β -actin, as it did not vary across treatments.

2.4. Testosterone and 17 β -estradiol sampling protocol

Plasma T and E2 in males was analyzed using competitive enzyme immunoassay kits (Cayman Chemical, Ann Arbor, MI) following the instruction of the manufacturer. Absorbance readings were performed on the Wallac 1420 Explorer (PerkinElmer, Irvine, CA) at 405 nm for 1 s. Concentration values were calculated by comparing absorbance of samples to a standard curve. Samples were analyzed in duplicate, and re-assayed if the coefficient of variance between duplicates was above 20%.

2.5. Statistics

All data from the experiment were tested for normality using a Kolmogorov–Smirnov test, and homogeneity of variance using Levene's test. In cases where the QPCR data or log₂ transformed data met parametric assumptions, one-way analysis of variance (ANOVA) was used to test for differences across groups, while differences between groups were determined using Tukey test. For the cases in which the data did not conform to parametric assumptions, a nonparametric Kruskal–Wallis test (KW) was used to test for differences across groups, and a Dunn's test was used to determine differences among groups. Differences were considered significant at $p < 0.05$. Data are presented as mean \pm standard error of the mean. All statistical analyses were conducted using PASW v.18 (SPSS, Chicago, IL).

3. Results

3.1. Testosterone, 17 β -estradiol production and gonado-somatic index

There was no difference in the plasma testosterone concentration for male FHM exposed to either linuron-only or DEHP-only as compared to the control. Conversely, male FHM exposed to the mixture had significantly lower levels of plasma testosterone as compared to the control, linuron-only and DEHP-only exposed FHM (KW $p = 0.003$, $df = 3$, Chi square = 14.115; Dunn post hoc mixture vs. control: $p = 0.009$, mixture vs. linuron-only: $p = 0.002$, mixture vs. DEHP-only: $p < 0.001$) (Fig. 2A). There was also a significant decrease in plasma E2 in DEHP-only and mixture exposed male FHM as compared to the control and linuron-only exposed FHM (KW $p = 0.004$, $df = 3$, Chi square = 13.515; Dunn post hoc DEHP vs. control $p = 0.055$; DEHP vs. linuron $p = 0.018$; mixture vs. control: $p = 0.011$; mixture vs. linuron $p = 0.001$. There was no difference in plasma E2 in the linuron-only exposure as compared to the control (Fig. 2B). GSI did not differ among the four groups ($p > 0.05$).

3.2. LH β and FSH β mRNA transcript expression

There was no difference in the relative expression of LH β among the four groups ($p > 0.05$) (Fig. 3A). Although not statistically significant, there was a trend toward increased relative mRNA levels of LH β in male FHM exposed to the mixture as compared to the control, and a trend downward in linuron-only exposed FHM. There was a significant increase in the relative expression of FSH β in male FHM exposed to the mixture as compared to the control and linuron-only FHM (ANOVA: $p < 0.001$, $df = 28$, $F = 11.741$, Tukey mixture vs. control: $p = 0.001$; mixture vs. linuron-only: $p < 0.001$). There was also a significant increase in the expression of FSH β in male FHM exposed to DEHP-only as compared to the control and linuron-only FHM. (Tukey: DEHP vs. control: $p = 0.017$, DEHP-only vs. linuron-only: $p = 0.005$) (Fig. 3B). There was no difference in the relative expression of FSH β between the control- and linuron-only male FHM.

3.3. Relative expression of steroidogenic enzyme mRNA transcripts

In this study, there was no difference in the relative expression of StAR, 3 β -HSD, CYP11a, CYP17, 17 β -HSD or CYP19a1 among all four exposure groups ($p > 0.05$). Although there was variation in the relative expression of all six genes among all groups, it was not significant (Fig. 4A–F).

3.4. Relative expression of hormone receptor mRNA transcripts

There was no difference in the relative expression of AR, ER1, and ER2 β mRNA transcripts in the testes of FHM across all treatments ($p > 0.05$). There was no difference in the relative expression of ER1 mRNA transcripts in the liver of FHM across all treatments ($p > 0.05$). Although there was variation in the relative expression of all three genes among all groups, it was not significant (Fig. 5A–D).

3.5. Peroxisome proliferation

Increased peroxisome proliferation was assessed by measuring relative mRNA transcript levels of PPAR α as well as PPAR α -responsive genes, ACOX1 and EHHADH. There was no difference in the relative expression of PPAR; among the four exposure groups ($p > 0.05$). Although not statistically significant, there was a trend toward decreased relative mRNA levels of PPAR α in male FHM exposed to DEHP-only as compared to the control (Fig. 6A). There was no difference in the relative expression of either ACOX1 or EHHADH among the four exposure groups ($p > 0.05$) (Fig. 6B and C).

3.6. Phase I and II metabolism in the liver and testes

In the liver, there was a significant increase in the relative expression of CYP3A4 in DEHP-only and mixture exposed male FHM as compared to the control and linuron-only exposed FHM male (ANOVA: $p = 0.004$, $df = 24$, $F = 6.068$; Tukey: DEHP-only vs. control $p = 0.033$; mixture vs. control $p = 0.007$; mixture vs. linuron-only: $p = 0.035$) (Fig. 7A). Although there was an increase in the relative expression of hepatic CYP3A4 in male FHM exposed to linuron-only, it was not significant from that of the control ($p > 0.05$). There was no difference in the relative expression of either hepatic SULT2A1, UGT2B5, or SULT1st2 among all groups ($p > 0.05$) (Fig. 7B–D).

In the testes, there was no amplification of CYP3A4 in any of the exposures. There was a significant increase in the relative expression of SULT2A1 in mixture exposed male FHM as compared to the control and linuron-only exposed male FHM (KW $p = 0.027$, $df = 3$, Chi square = 8.760; Dunn post hoc: mixture vs. control $p = 0.044$; mixture vs. linuron $p = 0.011$). There was also a significant difference between DEHP-only and linuron-only exposed FHM (Dunn post hoc: $p = 0.032$) (Fig. 8A). There was a no difference in the relative expression of testicular UGT2B5 among treatments ($p > 0.05$). Although there was an increase in the relative expression of UGT2B5 in male FHM exposed to the mixture it was not significant (Fig. 8B). There was no difference in the expression of SULT1st2 among exposures ($p > 0.05$) (Fig. 8C).

The relative expression of PXR was compared among exposure groups to assess whether changes in T and E2 were potentially a PXR-mediated response. There was no difference in the relative expression of hepatic PXR among any groups ($p > 0.05$). There was a significant increase in the expression of testicular PXR in male FHM exposed to the mixture as compared to all other groups (ANOVA $p = 0.001$, Tukey mixture vs. control $p = 0.023$; mixture vs. linuron-only $p < 0.001$, mixture vs. DEHP-only $p = 0.012$).

4. Discussion

4.1. Changes to plasma E2 and T concentrations and genes along the HPG axis

This paper highlights the need for studies examining the impacts of low concentrations of environmentally relevant mixtures on aquatic organisms. In this study, DEHP appears to have an anti-estrogenic effect as both DEHP-only and mixture-exposed male FHM had significantly decreased plasma E2 concentrations. To our knowledge the decrease in plasma E2 has not been previously reported in male fish exposed to any phthalate. This decrease was in conjunction with a significant increase in FSH β in the brain which would indicate that the HPG feedback mechanism was not altered during exposure. Although there was an increase in the relative expression of CYP19a1 in DEHP-only exposed male FHM it was not significant. There was also a decrease in plasma T concentrations in the mixture-exposed male FHM that was not seen in the control or individual exposures. Plasma T concentrations in the linuron-only and DEHP-only exposed male FHM were slightly higher. A similar increase in plasma T concentrations was seen in male sticklebacks exposed to dibutyl phthalate (Aoki et al., 2011). Unfortunately plasma E2 concentrations and FSH β were not measured in that study. Although there was no difference in LH β among treatment groups, this in part was due to the large variability in the relative expression of LH β across treatments.

In this study, there was no change the relative expression of genes associated with steroidogenesis across all groups. Although previous reports in mammals have shown that both linuron and DEHP, individually and as part of a mixture, inhibit the expression of genes involved in steroidogenesis, this appears to not be true in fish (Aoki et al., 2011; Hotchkiss et al., 2004; Rider et al., 2008; Uren-Webster et al., 2010).

There was no difference in the relative mRNA transcript levels of genes associated with hormone receptor expression in the testes (AR, ER1, and ER2b) or the liver (ER1), and corresponds to previous research in zebrafish injected with DEHP (Uren-Webster et al., 2010). That said, it cannot be discounted that one or both of the compounds are acting at the protein level. Since linuron has been shown to competitively bind to the ARf_{hm} in vitro, one possibility is that it was acting to inhibit testosterone synthesis at the protein level.

In this study, the effect of decreased T and E2 concentrations on male FHM reproduction is unknown. Although there was no change in the relative expression of 17 β -HSD, CYP19a1, AR, ER1 or ER2b, there was no histological work performed to assess whether Leydig and Sertoli cells were degraded.

4.2. Peroxisome proliferation

Exposure to high concentrations of DEHP has been shown to disrupt spermatogenesis in zebrafish and mammals action, and is associated with increased peroxisome proliferation via PPAR α signaling pathway (Onorato et al., 2008; Uren-Webster et al., 2010). This study did not find any difference in the relative mRNA transcript levels of the PPAR α or the peroxisome proliferation associated ACOX1 or EHHADH, among all treatments. There was no histological work performed to assess whether there was an increased number of peroxisomes in the Leydig and Sertoli cells.

4.3. Phase I and II metabolism in testes and liver

Phase I and II enzymes are responsible for the degradation and clearance of xenobiotic compounds, including DEHP and linuron (Cooper et al., 2008; Hurst and Waxman, 2004; Takeuchi et al., 2008). Induction of hepatic Phase I and II enzymes are also responsible for steroid oxidative hydroxylation and conjugation and have been shown to increase T and E2 metabolism and clearance (see You, 2004 for review). In this study hepatic expression of CYP3A4 was significantly increased in DEHP-only and mixture exposed male FHM, and could be associated with increased E2 and T metabolism. DEHP has been shown to increase CYP3A4 expression, as well as increase testosterone degradation in rats (Cooper et al., 2008; Fan et al., 2004). In addition, adult male rats exposed to high concentrations of DEHP showed an increase in plasma E2 and a decrease in phase I and II enzymes associated with E2 metabolism (Corton et al., 1997; Eagon et al., 1994). In this study, there was no difference among the exposure groups in the relative expression of androgen-specific SULT2A1 and UGT2B15, and estrogen-specific SULT1st2 in the liver, which corresponds with other studies in carp exposed to either DEHP or diuron (Thibaut and Porte, 2004). This would indicate that if increased steroid metabolism is taking place in the liver, CYP3A4 and possibly some other phase I and II enzyme(s) are responsible.

Although phase II metabolism of steroids mainly occurs in the liver, it can also occur in the testes (Chatterjee et al., 1994; Strott, 2002). The decrease in plasma T concentrations in male FHM exposed to the mixture may be due to the synergistic action from the two anti-androgenic compounds that were not seen in the individual exposures. In male rats, SULT2A1 is inhibited by the AR, presumably allowing for increased levels of androgens (Chatterjee et al., 1987, 1994). Linuron has been shown to competitively bind to the AR in FHM in vitro (Wilson et al., 2004), which in turn could allow for induction of SULT2A1 by PXR, PPAR α or some other nuclear factor that was not assessed. PXR has been shown to induce SULT2A1 expression in mammalian prostate, and in turn modulate endogenous hormone levels (Hurst and Waxman, 2004; Sonoda et al., 2002; Zhang et al., 2010). One hypothesis is that this same function is happening in the testes of the FHM exposed to the mixture. Due to the limited amount of plasma that can be collected from FHM (10–20 μ L/

fish), this study did not assess the concentrations of sulphated steroids or xenobiotics. Therefore, further research is needed to confirm this hypothesis.

4.4. Other factors that may play a role in hormone concentrations

In this study, plasma T and E2 concentrations and mRNA expression were measured at the end of the 28-day exposure period. The difference in plasma hormone concentrations seen among the exposure groups may be influenced by the time of sampling. Previous studies have shown that the relative expression of steroidogenic genes and both plasma T and E2 concentrations can change over the time during single and multiple exposure events (Ankley et al., 2007, 2009b; Martinovi et al., 2008). Differences between the individual- and mixture-exposed male FHM may be due to the increased overall dosage of combining two anti-androgenic compounds in the mixture. Previous dose-response studies in fish exposed to phthalates have not shown a decrease in plasma T or inhibition of steroidogenesis with increasing dose (Aoki et al., 2011; Uren-Webster et al., 2010). As for linuron, a similar mixed-effect anti-androgen prochloraz did show a dose-responsive decrease in plasma T concentrations, but the effective dose was much higher (300 ppb) than used in this study (Ankley et al., 2009b). Therefore it cannot be discounted that time of sampling as well as the increased dose-level played a role in the differences in plasma T and E2 concentrations among exposure groups.

5. Conclusion

Our results demonstrate that the effects from exposure to a mixture of chemicals can have an impact that is greater than that seen from the individual exposures. In addition, mixtures have a different impact than either chemical alone. Therefore, due to this potential additive or synergistic effect, the individual compounds that make-up the mixture can occur at lower concentrations than previously tested and still have an endocrine disrupting effect. Although individual exposure studies can offer important insight into the specific mechanisms of action of a particular chemical, they fail to elucidate additive or synergistic effects that the chemical may have as part of an environmentally relevant mixture. Therefore it is imperative that low-level exposures to environmentally relevant mixtures be used in risk assessment of endocrine disrupting chemicals.

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Abbreviations

FHM	fathead minnow
DEHP	di(2-ethylhexyl) phthalate
T	testosterone
AR	androgen receptor
ER	estrogen receptor
HPG	hypothalamic-pituitary-gonadal axis
EDCs	endocrine-disrupting compounds
CYP	cytochrome P450
StAR	Steroidogenic Acute Regulatory protein

GSI	gonadosomatic index
LHβ	luteinizing hormone β -subunit
FSHβ	follicle-stimulating hormone β -subunit
3β-HSD	3 β -hydroxysteroid
17β-HSD	17 β -hydroxysteroid
CYP19a1	aromatize
PPARα	peroxisome proliferator-activated receptor-alpha
ACOX1	acyl-coenzyme A oxidase1
EHHADH	enoyl-coenzyme A hydratase/3-hydroxyacyl coenzyme A dehydrogenase
SULT2A1	sulfotransferase dehydrogenase 2A1
SULT2st1	sulfotransferase dehydrogenase 1st2
UGT2B15	UDP glucuronosyltransferase 2B15
ANOVA	pregnane X-receptor PXR
KW	one-way analysis of variance Kruskal Wallis

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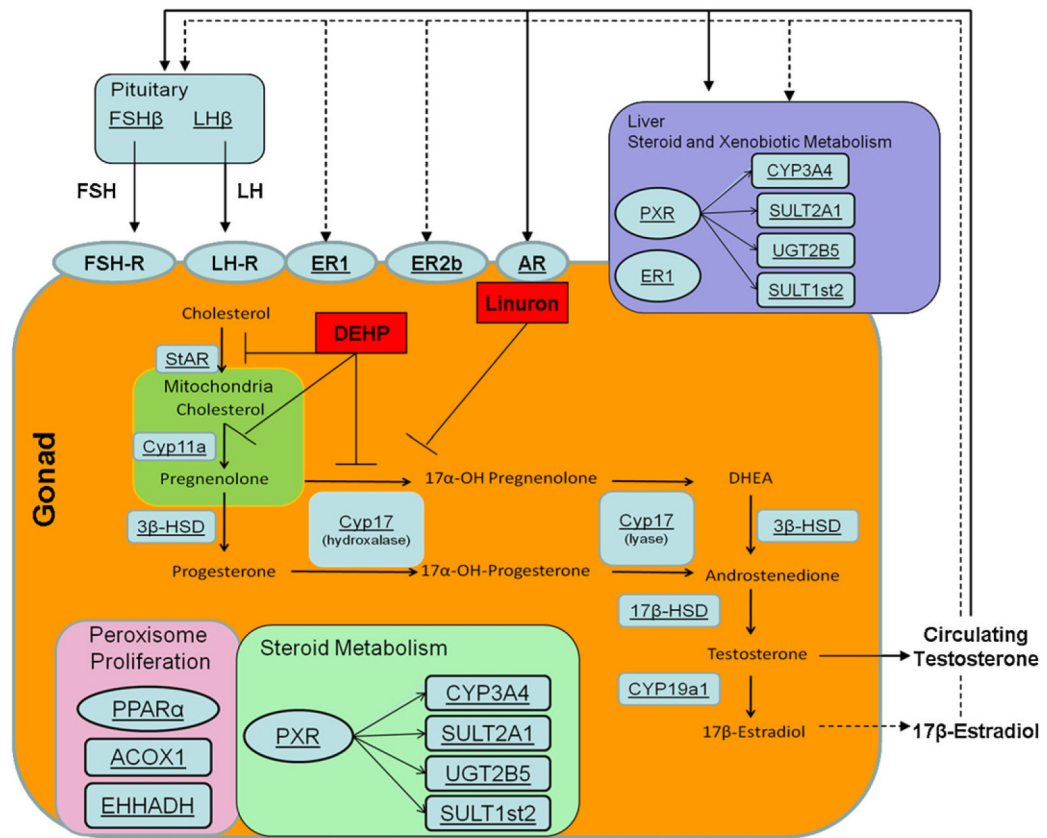


Fig. 1. Diagram of the organs and genes involved in testosterone production and metabolism. mRNA transcript levels of genes involved in these process are underlined. Specific inhibitory targets of DEHP and linuron are shown.

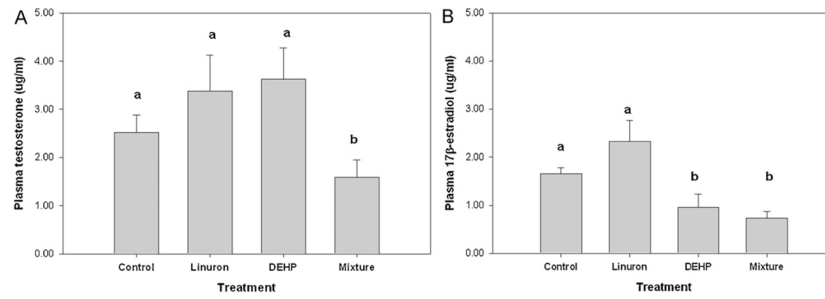


Fig. 2.

(A) Plasma testosterone and (B) plasma 17 β -estradiol concentrations ($\mu\text{g}/\text{mL}$) in male FHM exposed to the control, linuron, DEHP, or the mixture. Error bars represent \pm SEM. $N =$ control: 10, linuron: 8, DEHP: 9, mixture: 8. Testosterone KW $p = 0.003$; Dunn post hoc mixture vs. control: $p = 0.009$, mixture vs. linuron $p = 0.002$, mixture vs. DEHP $p < 0.001$. 17 β -estradiol KW $p = 0.004$, $df = 3$, Chi square = 13.515; Dunn post hoc DEHP vs. control $p = 0.055$; DEHP vs. linuron $p = 0.018$; mixture vs. control: $p = 0.011$; mixture vs. linuron $p = 0.001$.

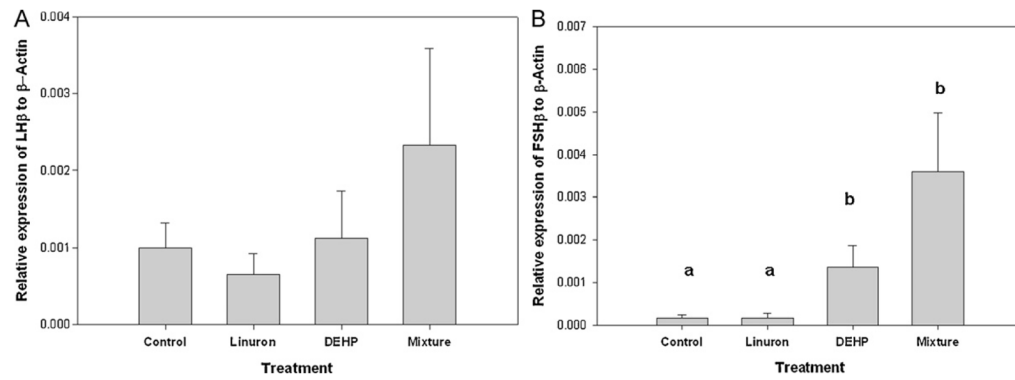


Fig. 3.

Relative mRNA transcripts expression of (A) LH β and (B) FSH β mRNA transcripts in brain of male FHM exposed to the control, linuron, DEHP, or the mixture. Error bars represent \pm SEM. N = control: 10, linuron: 8, DEHP: 9, mixture: 8. ANOVA: $p < 0.001$, Tukey DEHP vs. control: $p = 0.017$, DEHP vs. linuron: $p = 0.005$, mixture vs. control: $p = 0.001$; mixture vs. linuron: $p < 0.001$.

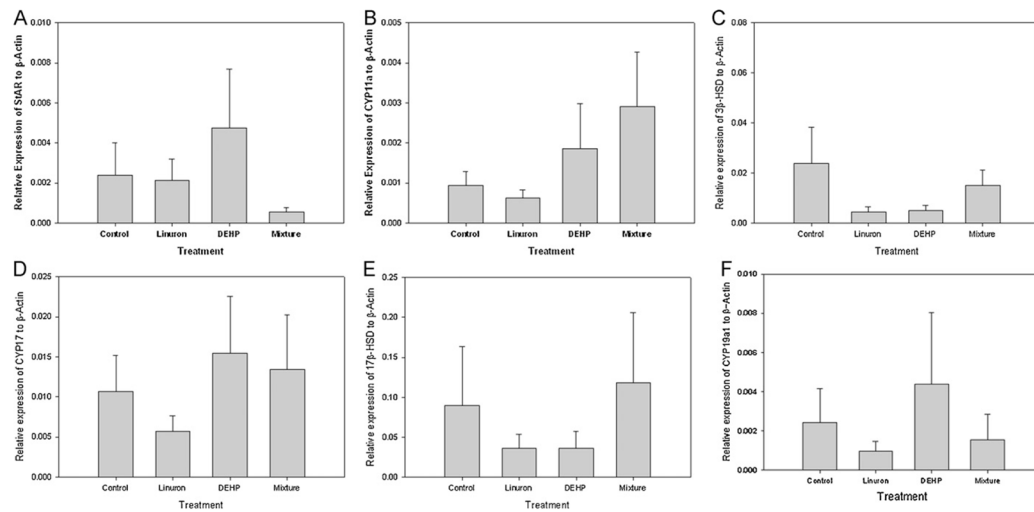


Fig. 4. Relative mRNA transcripts expression of genes involved in steroidogenesis in testis of male FHM exposed to the control, linuron, DEHP, or the mixture. (A) StAR, (B) CYP11a, (C) 3 β -HSD, (D) CYP17, (E) 17 β -HSD, (F) CYP19a1. Error bars represent \pm SEM. N = control: 10, linuron: 8, DEHP: 9, mixture: 8.

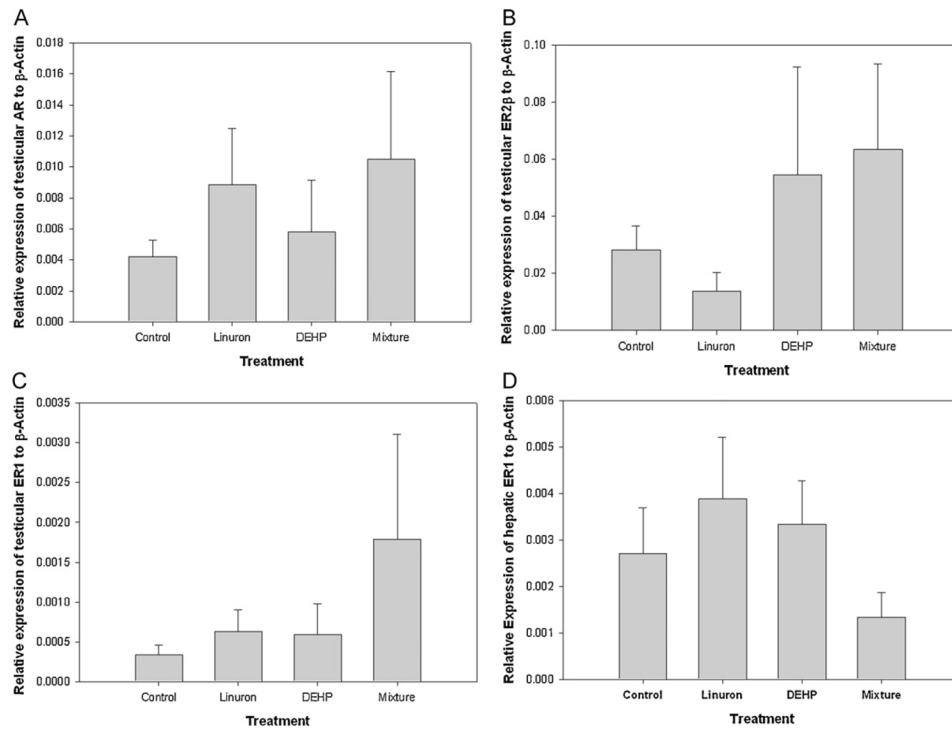


Fig. 5. Relative mRNA transcripts expression of testes (A) AR, (B) ER2 β , (C) ER1, and (D) hepatic ER1 of male FHM exposed to the control, linuron, DEHP, or the mixture. Error bars represent \pm SEM. N = control: 10, linuron: 8, DEHP: 9, mixture: 8.

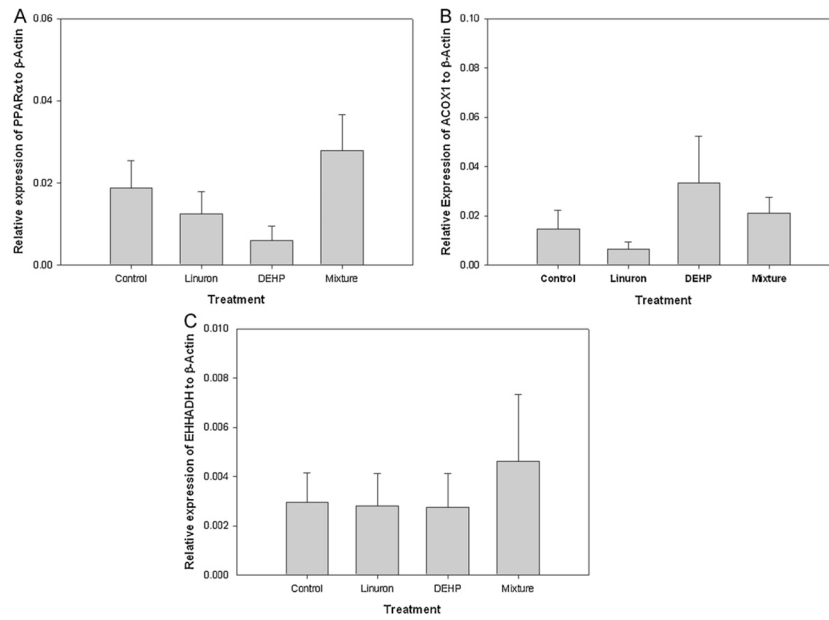


Fig. 6. Relative mRNA transcripts expression of genes involved in peroxisome proliferation in testis of male FHM exposed to the control, linuron, DEHP, or the mixture: (A) PPAR α , (B) ACOX1, (C) EHHADH. Error bars represent \pm SEM. *N* = control: 10, linuron: 8, DEHP: 9, mixture: 8.

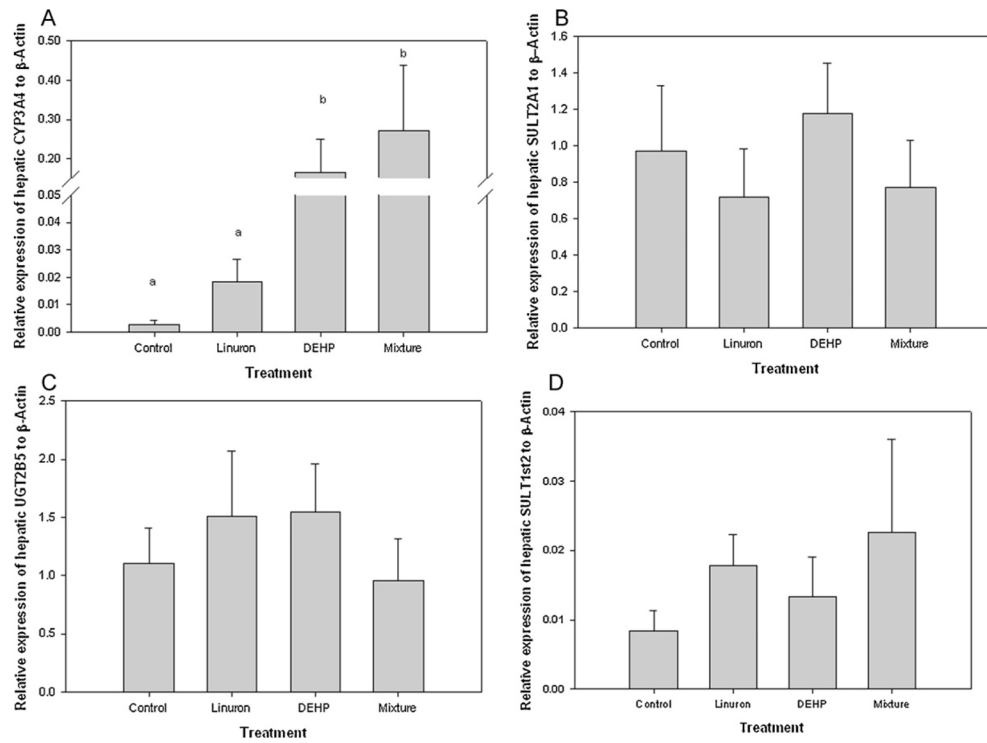


Fig. 7. Relative mRNA transcripts expression of hepatic (A) CYP3A4, (B) SULT2A1, (C) SULT1st2, (D) UGT2B5 in male FHM exposed to the control, linuron, DEHP, or the mixture. Error bars represent \pm SEM. *N* = control: 10, linuron: 8, DEHP: 9, mixture: 8. CYP3A4 ANOVA: $p = 0.004$, $df = 24$, $F = 6.068$; Tukey: DEHP vs. control $p = 0.033$; mixture vs. control $p = 0.007$; mixture vs. linuron: $p = 0.035$.

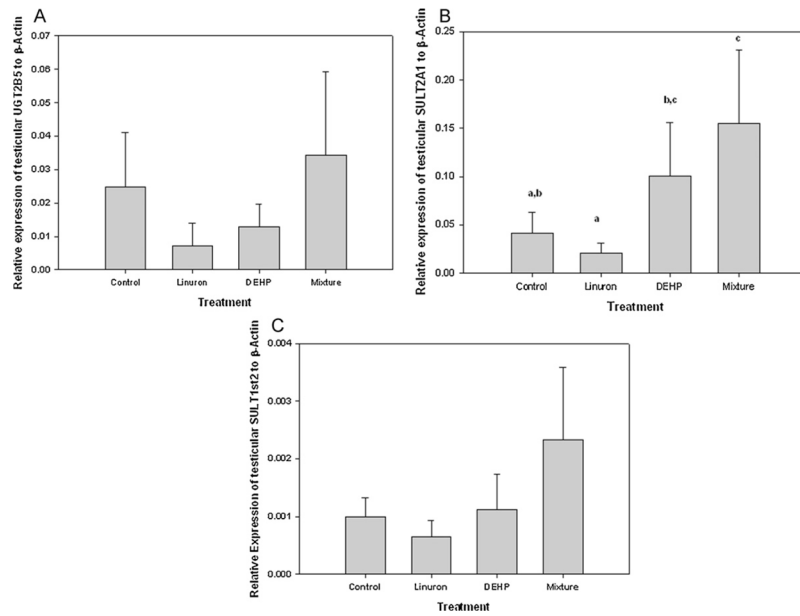


Fig. 8. Relative mRNA transcripts expression of (A) SULT2A1, (B) SULT1st2, (C) UGT2B5, (D) PXR in testis of male FHM exposed to the control, linuron, DEHP, or the mixture. Error bars represent \pm SEM. N = control: 10, linuron: 8, DEHP: 9, mixture: 8. SULT2A1 KW p = 0.027, Dunn post hoc: DEHP vs. linuron p = 0.032, mixture vs. control p = 0.044; mixture vs. linuron p = 0.011). PXR ANOVA p = 0.001, Tukey mixture vs. control p = 0.023; mixture vs. linuron p < 0.001; mixture vs. DEHP p = 0.012.

Table 1

List of primer sequences, function and organ measured.

Gene	GenBank accession no.	Sequence	Organ measured
Hormone receptors			
ER1	AY775183.1	FWD:5'-ATCACCATGATGTCCCTGCTCACA-3' REV: 5'-AGCCAAGAGCTCTCCAACAACTGA-3'	Testes, Liver
ER2b	AY566178.1	FWD:5'-GGTGCAAGGCTTCTTCAACCGGA-3' REV: 5'-TTGTCAATGGTGCCTGGTTGGTG-3'	Testes
AR	AY727529.1	FWD:5'-AACGAGTTGGGAGAGAGGCAACTT-3' REV: 5'-ATCTCCAACCCAGAGCAAAGACCA-3'	Testes
Steroidogenesis			
StAR	DQ360497.1	FWD:5'-AAACTGCGTGCTGGCATTTCCTAC-3' REV: 5'-TGCTCAGCTTCACTGAACGTCTCT-3'	Testes
CYP11a	DQ360498.1	FWD:5'-TGGTGTGCTGGCTAGCCTTCTAAT-3' REV: 5'-AGGTGATACGAGCAGCCGAGATTT-3'	Testes
3 β -HSD	DT361291.1	FWD:5'-GCTGTCAATGTACAAGGGACGGA-3' REV: 5'-TTGGTCTTTGGGTAGGCATCTCA-3'	Testes
CYP17	AJ277867.1	FWD:5'-AGGCTCTGGCAAAGATGGAACTCT-3' REV: 5'-AAGAACCACACCAAACCTTGCCTG-3'	Testes
17 β -HSD	DT161033.1	FWD:5'-TGGAGGCAAGAGCTAAAGGTGTCA-3' REV: 5'-AGAAAGGCAGCACACTCTGGATGA-3'	Testes
CYP19 α	AF288755.1	FWD:5'-ATGTTGATCGCGGCTCCAGATACT-3' REV: 5'-TTAACCTGGACAGATGCGAGTGCT-3'	Testes
Stimulation of testosterone production			
LH β	DQ242617.1	FWD:5'-TCCTCCATGTGAGCCAATCAACGA-3' REV: 5'-AGACATTGGAGAACGGGCTCTTGT-3'	Brain
FSH β	DQ242616.1	FWD:5'-GCAGCTGCATCACAATCGACACAA-3' REV: 5'-AGGGCAGCCTTTAAACTCGTAGGT-3'	Brain
Peroxisome proliferation			
PPAR α	EU195886.1	FWD:5'-ATGGAGCCCAAATTCAGTTCGCC-3' REV: 5'-ATGTGCTCGATCCGTGACACGTTA-3'	Testes
ACOX1	DT169074.1	FWD:5'-TTACGACCCTCCACCCAAGAGTT-3' REV: 5'-TGTAGGCCATGACACTTTCCTGT-3'	Testes
EHHADH	DT190723.1	FWD:5'-AGCCGTTATAGGTCTGGGCACAAT-3' REV: 5'-TAGCATGCCAATCACCATCTGCCT-3'	Testes
Steroid/xenobiotic metabolism			
PXR	EU153254.1	FWD:5'-GATCATGTCGGATGAGGCCGTC-3' REV: 5'-CCGCTGCACTCCATCTTCAGG-3'	Testes, Liver
CYP3A4	EU332794.1	FWD:5'-TTCCGTTCTTCGGAACGATGCTGA-3' REV: 5'-TGTGTTTGACACCCACAGTTTAC-3'	Testes, Liver
SULT1st2	DT167241.1	FWD:5'-AAACTGCAGAGGCGACCAGAGATA-3' REV: 5'-TACCTGCTTTGGGATAAGTGGCGA-3'	Testes, Liver

Gene	GenBank accession no.	Sequence	Organ measured
SULT2A1	DT317390.1	FWD:5'-AGGCCGAACTGTACACGGTTCATA-3' REV: 5'-TGCCGGATTTGGGATAAGTGACGA-3'	Testes, Liver
UGT2B5	DT183511.1	FWD:5'-CACTTTGCGTCCAAACATCAGGCT-3' REV: 5'-ACATGAGCCAGGGAGAATCGGAAA-3'	Testes, Liver
Normalizer			
β -Actin	EU195887.1	FWD:5'-TCTTCCAGCCATCCTTCCTTGG-3' REV: 5'-CTGCATACGGTCAGCAATGCC-3'	Testes, Liver, Brain