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REVIEW

MicroRNA signature and function in retinal neovascularization

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Abstract

Ischemic retinopathies are clinically well-defined chronic microvascular complications characterized by gradually progressive alterations in the retinal microvasculature and a compensatory aberrant neovascularization of the eye. The subsequent metabolic deficiencies result in structural and functional alterations in the retina which is highly susceptible to injurious stimuli such as diabetes, trauma, hyperoxia, inflammation, aging and dysplipidemia. Emerging evidence indicates that an effective therapy may require targeting multiple components of the angiogenic pathway. Conceptually, mircoRNA (miRNA)-based therapy provides the rationale basis for an effective antiangiogenic treatment. miRNAs are an evolutionarily conserved family of short RNAs, each regulating the expression of multiple protein-coding genes. The activity of specific miRNAs is important for vascular cell signaling and blood vessel formation and function. Recently, important progress has been made in mapping the miRNA-gene target network and

miRNA-mediated gene expression control. Here we highlight the latest findings on angiogenic and antiangiogenic miRNAs and their targets as well as potential implications in ocular neovascular diseases. Emphasis is placed on how specific vascular-enriched miRNAs regulate cell responses to various cues by targeting several factors, receptors and/or signaling molecules in order to maintain either vascular function or dysfunction. Further improvement of our knowledge in not only miRNA specificity, turnover, and transport but also how miRNA sequences and functions can be altered will enhance the therapeutic utility of such molecules.

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Key words: MircoRNA; Angiogenesis; Retinal neovascularization; Vascular endothelial growth factor; Ischemia; Endothelial cell

Core tip: This review examines the critical regulatory role of microRNAs (miRNAs) in the process of normal and pathological angiogenesis and the prospects that they provide for the development of new treatments. miRNAs are both upstream and downstream of multiple growth factors in regulating endothelial proliferation, migration, and vascular patterning, processes critical for normal and abnormal formation of blood vessels. Emphasis in this review is placed on how specific vascular-enriched miRNAs regulate cell responses to various cues by targeting several factors, receptors and/or signaling molecules in order to maintain either vascular function or dysfunction.

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INTRODUCTION

Angiogenesis is the generation of new blood vessels from pre-existing ones, a process initiated by branching "decisions" of endothelial cells (ECs) to undergo proliferation, guided migration, tubulogenesis, vessel fusion and pruning. Physiological angiogenesis is crucial in maintaining normal vascular growth and homeostasis from embryogenesis to postnatal life, especially in instances of fetal development, wound healing, transplantation, post-ischemic tissue repair and the menstrual cycle^[1-4]. However, excessive angiogenesis is a commonly occurring pathogenic condition in more than 30 diseases, including eve diseases, cancer, rheumatoid arthritis, atherosclerosis, diabetic nephropathy, pathologic obesity, asthma, cystic fibrosis, inflammatory bowel disease, psoriasis, endometriosis, vasculitis and vascular malformations. In particular, the vascular beds supplying the retina often sustains injury as a result of underlying diseases such as diabetes, trauma, hyperoxia, aging, dyslipidemia, or the interaction of genetic predisposition, environmental insults and age. The high metabolic and oxygen demands make the retina highly susceptible to these injurious stimuli which lead to an arrest of vascular development, vaso-obliteration and/or vascular occlusion. The subsequent vascular pathological response observed, especially in intraocular vascular diseases, generates disorganized, leaky, and tortuous vessels that leak into the interface between the vitreous and the retinal tissue, attracting fibroglial elements causing severe hemorrhage, retinal detachment, and vision loss. These are the characteristic features of neovascular and fibrovascular diseases of the eye such as retinopathy of prematurity and proliferative diabetic retinopathy. The exudative or "wet" form of age-related macular degeneration (AMD) which largely affects choroidal vessels and cause blindness in elderly populations is characterized by the overgrowth of the choriocapillaris that invade the Bruch's membrane and grow into subretinal spaces^[5,6].

GROWTH FACTOR EXPRESSION AS A DETERMINANT FACTOR OF NORMAL AND PATHOLOGICAL ANGIOGENESIS IN THE RETINA

The formation of an aberrant and dysfunctional vasculature is commonly initiated by the uncontrolled expression or, lack thereof of growth factors including vascular endothelial growth factor (VEGF), Notch and Wnt signaling components, bone morphogenic protein, thrombospondins and insulin-like growth factors (IGFs)^[7-11]. In particular, VEGF, a highly specific mitogen for ECs, is a major determinant of normal and pathological formation of the retinal vasculature^[12]. Loss of VEGF attenuates blood vessel formation in mice embryos leading to early embryonic lethality and causes defective vascularization in adults^[13-16]. Conversely, high expression of VEGF is common in avascular peripheral hypoxic regions of the retina compared to already vascularized areas^[17]. Under conditions of oxygen deprivation, hypoxia-inducible factor 1α (HIF- 1α) is activated and binds to its responsive elements in the promoter region of VEGF and other hypoxia-responsive genes, causing their upregulation and subsequent abnormal vessel growth^[18]. Anti-VEGF treatments have been useful in reducing neovascularization of the eye. However, not all patients have achieved an optimal response. Safety data from several studies identified ocular and systemic adverse events including subretinal fibrosis, endophthalmatis, traumatic cataract, non-ocular hemorrhage, etc. Additionally, the use of anti-VEGF treatments, in the case of AMD in diabetic patients, interfered with myocardial revascularization and, in some cases, worsened the pathology in the diabetic eyes as a result of VEGFdependent loss of neurotrophic and vasculotropic factors^[19].

There are numerous other factors that contribute to neovascular growth. The erythropoietin (Epo) and VEGF genes, for instance, exhibit a similar expression pattern during both physiological and pathological vessel growth and inhibition of Epo suppressed retinal neovascularization both in vivo and in vitro^[20,21]. Other factors such as basic fibroblast growth factor (bFGF), platelet derived growth factor (PDGF), transforming growth factor alpha, interleukin 8 (IL-8), connective tissue growth factor (CTGF), pigment epithelium-derived factor, IGF- I, and matrix metalloproteinase (MMP)-2 were similarly implicated in the neovascular response and are considered as potential therapeutic targets. In addition, inflammation-mediated cyclooxygenase-2 (COX-2) can modulate angiogenesis via its interaction with VEGF^[22] and important pro-angiogenic and neovascular functions have been associated with the activation of the reninangiotensin system, ephrins, tyrosine kinase receptors and ligands (e.g., tie/angiopoietin receptors). Together, all these factors form a well-coordinated and functional network of molecules affecting the process of normal and pathological angiogenesis. Emerging evidence indicates that antiangiogenic therapy may require therapeutic approaches that target multiple components of the angiogenic pathway^[23-26]. Conceptually, microRNA-based approaches may potentially provide the rationale basis for such approaches.

MICRORNA BIOGENESIS AND FUNCTION IN THE MODULATION OF GENE EXPRESSION

Key events in gene regulation depend on specific small non-coding RNA-guided posttranscriptional regulators, commonly referred to as miRNAs that target a "mixture" of diverse growth and differentiation factor mRNAs encoding networks^[27]. MicroRNAs are a relatively abundant class of gene expression regulators that function as "micromanagers" of gene expression^[28]. These are short non-coding RNAs (18-25 nucleotides) which work



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Figure 1 Schematic representation of microRNA (miRNA) biogenesis. *miRNA* genes are transcribed into large pre-miRNA (capital R) that are cleaved by a protein complex containing the endonuclease Drosha into shorter pre-miRNAs. The latter are then transported to the cytoplasm by exportin-5. A complex containing the endonuclease, Dicer, then cleaves the loop portion of the pre-miRNA (capital R) to form a short duplex molecule that is unwound, and the single-stranded mature mirNA is then passed to Argonaute to from a functional mature, approximately 22 nucleotide, miRNA that inhibit translation after base-pairing with the 3' UTR of the miRNA (capital R) target.

post-transcriptionally to negatively regulate gene expression through translational inhibition or degeneration of mRNAs. They might act as on-off switches to eliminate mRNAs that should not be expressed in a particular cell type or at a particular moment. MicroRNAs can also act to fine tune mRNA abundance and adjust the levels of their mRNA targets within a physiological range in response to environmental cues. A single miRNA has the capacity to target multiple target mRNAs, which can themselves be targeted by numerous other miRNAs. To date, 1186 mouse miRNA and 1872 human miRNA sequences have been noted on the miRBase database and may control at least 30% of all the protein-coding genes^[29].

Since the discovery of miRNAs, their biogenesis has been thoroughly examined and it is now known that both miRNAs and small interfering (si) RNAs share the same cellular machinery^[4,30]. Most *miRNA* genes are transcribed by RNA polymerase II, which is usually responsible for the transcription of protein coding genes, to yield several kilobase-long primary miRNA (pri-miRNA) transcripts (Figure 1). Pri-miRNAs have characteristic loop stem (or hairpin) morphology and contain the mature miRNA sequence in the stem portion near the loop. The microprocessor, containing the endonuclease Drosha, cleaves the pri-miRNA into shorter pre-miRNAs that are transported to the cytoplasm by exportin-5. Once in the cytoplasmic compartment, pre-miRNAs undergo the final steps towards maturation. The first step involves "dicing" of the loop portion of the molecule by another endonuclease, Dicer and the transactivation response RNA binding protein (TRBP). A miRNA-miRNA duplex that is unwound is released together with the single-stranded mature miRNA. The latter is then passed to Argonaute to from a functionally mature, approximately 22 nucleotide miRNA. The 2-8-bp "seed" region in the 5' end of miRNAs binds to target 3'UTR of mRNA sequences and inhibits translation if base-pairing is imperfect or initiates mRNA cleavage if base-pairing is perfect.

REGULATION OF ANGIOGENESIS BY MICRORNAS

The first studies of the functional significance of the miRNA pathway in angiogenesis were performed using conditional deletion of Dicer alleles, as complete loss of Dicer resulted in a significant reduction of the mature miRNA profile and early embryonic lethality^[31,32]. Yang *et al*^[32] have shown that mice with Dicer gene deletion lack adequate blood vessel formation in embryos and yolk sacs and die between 12.5 and 14.5 d postgestation, thus implicating Dicer-dependent miRNA genesis in the regulation of blood vessel formation. Defects in these mice were due to dysregulation of VEGF



and its receptors, KDR and FLT-1, along with Tie-1, an angiopoietin-2 receptor^[32]. Similarly, silencing of Dicer or Drosha in (ECs) using siRNA significantly inhibited capillary sprouting and altered expression patterns of Tie-2, VEGF receptor 2 (VEGFR2/KDR), Tie-1, endothelial nitric oxide synthase (eNOS) and IL-8 in vitro^[33,34]. Another study by Otsuka *et al*^[35] showed that in female Dicer hypomorphic mice, infertility ensued from lack of angiogenesis in the ovaries. Further analysis revealed that impaired angiogenesis resulted from the absence of two pro-angiogenic miRNAs, miR17-5p and let-7b, which target anti-angiogenic factors^[35]. Additionally, nude mice subcutaneously injected with siRNA-transfected ECs showed reduced angiogenic sprouting of transplanted cells^[33]. In two EC-specific Dicer knock-out mouse models generated by Suarez et al^[34], postnatal angiogenesis significantly decreased in response to multiple stimuli. In this study, transfection of cells with miR-18a, miR-17-5p, and miR-20a (collectively forming the miR-17-92 cluster) restored normal angiogenesis in Dicer knockout mice^[34]. Taken together, these studies established a role of Dicer-dependent miRNA biogenesis in the control of angiogenesis in vitro and in vivo.

MICRORNA SIGNATURE IN NORMAL AND PATHOLOGICAL ANGIOGENESIS

Recent studies have examined miRNA expression profiles and patterns during retinal angiogenesis^[8,36-38]. More than 250 miRNAs have been enumerated in the retina and new information on the regulation and mode of action of those miRNAs is progressively emerging^[38]. Specific functions have been attributed to individual angiogenic miRNAs, although the challenge still remains in validating their protein targets^[23,36,39-46]. Similarly, differential expression of miRNAs during retinal neovascularization has been studied in the mouse model of oxygen-induced retinopathy (OIR). In this model, seven miRNAs were upregulated, including miR-451, -424, -146, -214, -199a, -181 and -106a, when compared to control retinas, while miR-31, -150 and -184 were downregulated. However, this study provided only an exhaustive list of potentially key angiogenic miRNAs whose expression patterns, localization, and actual targets remain unclear.

Greater insights on angiogenic and antiangiogenic miRNA expression and function have been obtained from *in vitro* studies and other *in vivo* models of pathological angiogenesis. Poliseno *et al*^{47]} have performed the first large-scale analysis of miRNA expression in human umbilical vein endothelial cells using miRNA arrays. Twenty seven highly expressed miRNAs were identified, 15 of which were predicted to regulate the expression of receptors for angiogenic factors (*e.g.*, Flt-1, Nrp-2, FGF-R, c-Met, c-Kit). Additional studies from other groups have identified a total of 200 miRNAs that are expressed in ECs^[4,24]. Overall 28 endothelial-specific miRNAs were highly expressed in 5 out of 8 of the profiling studies including miR-221/222, miR-21, the let-7 family, miR-126,

miR-17-92 cluster, and the miR 23-27-24 cluster^[4,24,25]. Angiogenic factors and receptors are putative targets of those miRNAs^[1,7,48,49]. However, it should be noted that both abundantly expressed miRNAs as well as the rarely expressed ones play important regulatory roles and the exact *in vivo* relevance of all miRNAs expressed in ECs remains to be determined. Since angiogenesis involves complex and intertwined pathways, we have classified the currently known endothelial-specific miRNAs based on the context/conditions of their expression (Figure 2).

Hypoxia-sensitive miRNAs

Microarray-based expression profiling revealed that specific miRNAs are induced under hypoxic conditions and target angiogenic factors produced by ECs^[50]. In particular, miR-15b, -16, -20a and -20b were shown to be upregulated under hypoxic conditions and target VEGF^[50]. Additionally, miR-15b and miR-16 are predicted to be putative regulatory miRNAs of uPAR, COX2, and *c-MET*, which themselves are induced in response to hypoxic conditions^[50]. Upregulation of these miR-NAs is p53- and HIF-1α-dependent. Other microarraybased expression profiles have also revealed a set of hypoxia-induced miRNAs which are also over-expressed in tumors^[51]. In particular, miR-210 is hypoxia-induced in all cell types tested^[41,52]. In ECs subjected to hypoxia, miR-210 regulates the tyrosine kinase receptor ephrin-A3 that contributes to vascular remodeling. miR-210 promotes the formation of capillary-like structures in cultured ECs but, under hypoxic conditions, it decreases ECs tube formation and migration^[52,53]. miR-100 is another hypoxia-sensitive miRNA that was shown to be significantly down-regulated after hind-limb ischemia^[54]. Under these conditions, miR-100 repressed the expression of an angiogenic serine/threonine protein kinase targeted by rapamycin^[55]. Furthermore, Shen et al^[39] reported a dramatic increase in the expression of miR-106a, -146, -181, -199a, -214, -424 and -451 in a model of retinal ischemia suggesting their potential roles in the pathogenesis of neovascular diseases of the eye. Similarly, the hypoxiainduced miR-424 and miR-200 target the protein complex that stabilizes HIF- α and promote angiogenesis^[56,57].

Growth factor-sensitive miRNAs

The effects of several angiogenic factors are mediated by miRNAs such as miR-155, -191, -21, -18a, -130a, -17-5p, -20a, -296, -101, -125b and -132^[58]. In particular, serum, VEGF, and bFGF increased the expression of miR-130a, which enhances angiogenesis by downregulating the expression of anti-angiogenic homeobox proteins such as growth arrest-specific homeobox and Homeobox protein Hox-A5^[52,59]. In the presence of VEGF or epidermal growth factor (EGF), the levels of miR-296 were significantly up-regulated in primary human brain microvascular ECs^[60]. miR-296 was also found to be up-regulated in tumors and targets the hepatocyte growth factor-regulated tyrosine kinase substrate that inhibits degradation of key angiogenic growth factor recep-



Figure 2 Overview of major angiogenic and antiangiogenic miRNAs and their targets in promoting or suppressing retinal neovascularization. VEGF: Vascular endothelial growth factor; IGFs: Insulin-like growth factors; HIF-1 α : Hypoxia-inducible factor 1 α ; bFGF: Basic fibroblast growth factor; PDGF: Platelet derived growth factor; IL-8: Interleukin 8; MMP: Matrix metalloproteinase; ICAM-1: Intercellular adhesion molecule-1; TNF- α : Tumour necrosis factor-alpha; MAPK: Mitogenactivated protein kinase.

tors such as VEGF receptor 2 and PDGF receptor $\beta^{[60]}$. Conversely, miR-101 was found to be down-regulated by VEGF which then allows the expression of histonemethyltransferase enhancer of zest homolog 2, increasing methylation of histone H3 and enhancing a pro-angiogenic response^[61]. miR-125b was induced transiently by VEGF and negatively regulates vascular endothelial (VE)cadherin to suppress tube formation in vitro and tumor growth in vivo^[62]. A prolonged over-expression of miR-125b in vivo resulted in blood vessel regression. Transforming growth factor β (TGF- β) which is best known for its profibrotic activities, is a potent inducer of VEGF gene expression in retinal pigment epithelial cells^[63]. However, numerous miRNAs have also been found to regulate and participate in TGF- β -induced VEGF expression^[64]. Such effect is mediated by miR-29a which targets the phosphatase and tensin homolog (PTEN) gene, leading to the activation of the protein kinase B pathway, increased VEGF expression and angiogenesis^[64]. Similarly, miR-132, which is undetectable in normal endothelium, was shown to be induced by VEGF and FGF in ECs and trigger neovascularization in the retina^[65,66].

Inflammation and cytokines

Inflammation typically has beneficial effects on an acute basis, but it produces undesirable effects if persisting chronically. Angiogenesis sustains inflammation by providing oxygen and nutrients for inflammatory cells which, in turn, stimulates pathological angiogenesis^[67]. The increased expression of many inflammatory proteins such as IL-1, IL-3 and tumour necrosis factor-alpha (TNF- α), is regulated at the level of gene transcription

through the activation of proinflammatory transcription factors, including nuclear factor-kappa-B (NF- κ B). In retinal ECs of diabetic rats, the expression of miR-146, -155, -132 and -21 up-regulates $NF\kappa B$ gene expression and activity^[67]. In contrast, miR-146 negatively regulates IL-1 receptor-associated kinase 1 and TNF receptor-associated factor 6 which are themselves induced following NF- κ B activation^[52,67]. Thus, targeting miR-146 may have an anti-inflammatory potential.

Meanwhile, T cell derived cytokine IL-3, a pro-inflammatory and a pro-angiogenic cytokine, was reported to down-regulate the expression of miR-296, miR-126, and -miR-221/222 in ECs^[68]. The miR-222 exhibited antiangiogenic effects by negatively regulating STAT5A in a mouse model of retinal neovascularization^[68]. miR-126 has been portrayed as an anti-inflammatory molecule because it suppresses TNF- α mediated vascular cell adhesion molecule 1 (VCAM-1) expression and leukocyte interactions with ECs^[26,31,52].

Reactive oxygen species as inducers of EC senescence

There is considerable evidence that increased production of reactive oxygen species (ROS) in the retina affects retinal vessel formation, although the mechanisms by which this occurs are not fully understood^[69]. ROS such as superoxide anions such as H₂O₂ inhibit EC growth and increased cell death which are commonly associated with vaso-obliteration preceding ischemia^[70]. Overexpression of miR-23a from the miR-23-27-24 cluster inhibits H₂O₂-induced apoptosis in retinal pigment epithelial cells from AMD patients *via* the repression of Fas, an activator of the apoptotic pathway^[71]. Similarly, the miR-200c is up-regulated in ECs by oxidative stress and affects EC proliferation and death by inhibiting ZEB1^[72].

The miRNA profiling of aging human primacy ECs revealed that miR-17,-21,-216,-217,-31b, and-181a/b are highly expressed^[73]. In particular, miR-217 is progressively expressed in response to EC stimulation by ROS and targets Sirt1 (silent information regulator 1) that regulates angiogenic gene expression *via* deacetylation of histones^[31,73]. Inhibition of miR-217 in ECs reduced senescence and enhanced angiogenesis^[73]. Likewise, miR-34a targets Sirt1 and impairs angiogenesis which leads to the onset of senescence^[31,74].

OTHER MIRNAS WITH POTENTIALLY IMPORTANT ANGIOGENIC FUNCTIONS IN THE RETINA

Other miRNAs with potentially important angiogenic functions in the retina were shown in Figure 2.

miR-221/222

miR-221 and miR-222 are two paralogue miRNAs located in close proximity to one another on Xp11.3 chromosome^[26,47]. Over-expression of miR-221/222 reduced EC growth in vitro by targeting the c-Kit receptor, a tyrosine kinase receptor for stem cell factor which regulates EC migration, and survival as well as tube formation^[47,52]. EC transfection with miR-221/222 inhibits tube formation, migration, and wound healing^[47,52]. Conversely, miR-221/222 positively regulates proliferation and migration of cultured vascular smooth muscle cells, suggesting a cell type-specific function^[68,75]. The proangiogenic effects of miR-221/222 in smooth muscle cells are p27 and p57-dependent. A recent study in zebra fish showed that miR-221 deficiency resulted in drastic developmental vascular defects which underscore an important function of miR-221/222 in angiogenesis^[11]. In the latter study, miR-221 acts autonomously on the VEGF-C/Flt4 signaling pathway, altering endothelial tip and stalk cell phenotypes^[11]. miR-221 promotes tip cell migration and proliferation by negatively regulating cyclin dependent kinase inhibitor 1b and phosphoinositide-3-kinase regulatory subunit 1^[11]. The discrepancy between the in vitro and in vivo activities of miR-221/222 may be due to a differential effect on the mature and non-mature circulatory system. Further studies are needed to ascertain the regulation and function of miR-221/222 in developmental and pathological angiogenesis in the retina.

miR-17-92 cluster

The miR-17-92 cluster is a polycistronic *miRNA* gene located in intron 3 of chromosome 13 in humans, and contains six mature miRNAs, miR-17, -18a, -19a, -19b-1, -20a and -92a^[3,4,26]. This cluster is highly expressed in ECs and tumor cells and is strongly up-regulated by ischemia^[28,31,52,76]. Ectopic expression of the miR-17-92 cluster partially rescued the angiogenic phenotype of Dicer-deficient ECs^[58]. Similarly, restoration of miR-17 in combination with let-7b in Dicer knockout mice also partially normalized corpus luteum angiogenesis by targeting the tissue inhibitor metalloproteinase-1, an antiangiogenic factor^[35]. The pro-angiogenic function of this cluster is due to the inhibition of the anti-angiogenic molecules thrombospondin-1 and CTGF by miR-18 and miR-19, respectively^[58]. However, the function of this miRNA cluster in retinal angiogenesis remains to be elucidated.

miR-126

miR-126 is the best characterized EC-specific miRNA and is known to be highly conserved among species^[1,26]. It is encoded by intron 7 of the EGF-like domain 7. miR-126 enhanced VEGF signaling by directly targeting the 3'UTR of Sprouty-related EVH1 domain containing protein-1 and phosphoinositol-3-kinase regulatory subunit 2^[1,7,26,31,49]. Thus, miR-126 promotes angiogenesis by targeting negative regulators of the angiogenic pathway. miR-126 affects cell migration, reorganization of the cytoskeleton, capillary network stability, and cell survival in vitro^[7]. It also altered developmental angiogenesis and vascular integrity. Fifty percent of miR-126 null mice died as a result of severe systemic edema, ruptured blood vessels and multifocal hemorrhages^[49]. Vascularization of the retina was shown to be severely impaired in mice that survived the miR-126 deletion^[49]. An intravitreal injection of miR-126 in the retina reduced the levels of VEGF, IGF-2, and HIF-1 $\alpha^{[77]}$. Additionally, miR-126 exhibited tumor suppressor functions in lung cancer cells by negatively regulating VEGF both in vivo and in vitro^[26,78]. Hence, strategies to modulate miR-126 levels may hold a great therapeutic value against retinal neovascular diseases.

miR-200b

The miR-200 family is up-regulated by stimuli such as TGF- β 1 and PDGF and suppresses growth of human microvascular ECs^[57]. Hypoxia inhibits miR-200b expression, prompting an elevated *Ets-1* gene expression and its downstream target genes such as *MMP1* and *VEGFR2*^[57]. Intravitreal injection of miR-200b mimicked reduced elevated levels of VEGF and prevented angiogenesis in a model of diabetic retinopathy^[79]. Thus, the regulation of miR-200b in retinal neovascular diseases may prevent the aberrant expression of critical factors associated with pathological angiogenesis.

miR-214

miR-214 is located on a non-coding intronic Dynamin-3 gene sequence and its expression is controlled by the transcription factor Twist-1. HIF-1 α mediates Twist-1 transcription, which then allows miR-214 expression^[80]. Concordantly, miR-214 was shown to be up-regulated in ischemic conditions when HIF-1 α was stabilized^[80]. A recent study has shown that miR-214 directly targets Quaking (QKI) and regulates the expression and secretion of angiogenic growth factors such as VEGF, bFGF



and PDGF^[81]. Quaking plays an essential role in vascular development^[82]. *In vivo* silencing of miR-214 enhanced the formation of blood vessels on Matrigel plugs and increased the secretion of pro-angiogenic growth factors^[81]. Additionally, miR-214 is substantially increased in the mouse model of OIR^[39]. Inhibition of miR-214 enhanced normalization of the vascularization of the retina through the expression of QKI, suggesting that miR-214 may function directly to either block pathological neovascularization or prevent hyperoxia-induced vasoobliteration^[81].

miR-329

miR-329 targets the important pro-angiogenic gene, CD146, and inhibits angiogenesis in vitro and in vivo^[83]. CD146 is an adhesion molecule and an endothelial biomarker which actively participates in the angiogenic process^[83,84]. CD146 functions as a co-receptor for VEGFR2 and activates the p38/IKB kinase/NF-KB signaling pathway leading to increased EC migration and tube formation. A study by Wang *et al*^[83] has shown that exposure of ECs to VEGF represses endogenous miR-329 expression, resulting in the simultaneous upregulation of CD146 and treatment with miR-329 significantly reduced retinal neovascularization. miR-329 is thought to inhibit the expression of many downstream pro-angiogenic genes including intercellular adhesion molecule-1 (ICAM-1), IL-8, and MMP-2, among others. Thus, miR-329 serves as a potential therapeutic target in pathological retinal angiogenesis.

miR-21

miR-21 is located on chromosome 17q23.2 within the protein-coding region of the transmembrane protein $49^{[85]}$ miR-21 promotes angiogenesis by inhibiting phosphate and tensin homolog deleted on chromosome 10 (PTEN), a potent negative regulator of the phosphatidyl inositol-3 kinase/AKT signaling pathway. By blocking Akt signaling, PTEN decreases both eNOS activity and VCAM-1 expression^[31,86,87]. In tumor cells, overexpression of miR-21 significantly increased the levels of HIF- α and VEGF. In primary bovine retinal microvascular ECs, inhibition of miR-21 drastically reduced proliferation, migration, and tube-forming capacity reinforcing the important pro-angiogenic role of miR-21 in the retinal microvasculature^[88].

miR-23-27-24 cluster

The miR-23-27-24 cluster is highly enriched in ECs and is well conserved between rodent and humans^[40]. There are two paralogs of the clusters: an intergenic miR-23a-27a-24-2 cluster and an intronic miR-23b-27b-24-1 cluster on vertebrate chromosomes 8 and 13 respectively^[40]. miR-27a/b and miR-23a/b mediate proper capillary formation in response to VEGF *in vitro*^[40]. miR-27a/b and miR-23a/b repress anti-angiogenic gene expression such as SPROUTY2, SEMA6A and SEMA6D^[40]. These anti-angiogenic genes inhibit the mitogen-activated protein kinase pathway and VEGF pathway^[40]. Additionally, miR-23a/b and miR-27a/b also promote choroidal neo-vascularization (CNV)^[40]. Silencing of miR-23a/b and miR-27a/b suppressed CNV in mice^[40]. Thus, targeting the miR-23-27-24 cluster may have beneficial therapeutic applications in the treatment of AMD.

miR-132

miR-132 is highly up-regulated in human embryonic stem cells and tumors whereas it was undetectable in a normal endothelium^[26,65]. However, stimulation of ECs by growth factors increased the levels of miR-132 which then activates quiescent endothelium by suppressing p120RasGAP^[26,65,66]. Suppression of p120RasGAP led to the activation of Ras which then increases VEGFmediated phosphorylation of mitogen-activated protein kinase extracellular related protein kinase kinase-1^[65]. Ectopic expression of miR-132 was sufficient to induce EC proliferation *in vitro* and its inhibition significantly reduced growth factor-mediated angiogenesis *in vivo* and *in vitro*^[65]. Additionally, inhibition of miR-132 also greatly decreased retinal neovascularization in mice^[65]. Thus, early detection and modulation of this miRNA may inhibit the onset of neovascularization.

CONCLUSION

Treatment and management of neovascular diseases rely mainly on pharmacotherapy and/or surgical procedures. However, these treatments are seldom efficacious and they often are plagued by unwanted side effects and/or insurmountable complications. The use of miRNAs that specifically target a set of angiogenic genes appears to be a viable alternative approach. Currently, there are numerous ongoing clinical trials designed to test the efficacy and effectiveness of such approach in the treatment of various disorders (e.g., atherosclerosis, cancer, inflammatory diseases) and the preliminary results are promising^[89-91]. Neovascular diseases including those of the eye will likely test/use such approach in a near future as our understanding of miRNA regulation and the molecular mechanisms underpinning their functions increases every day.

MicroRNAs are also increasingly considered as potential diagnostic markers of disease stages. Indeed, miRNAs have been discovered in a wide variety of extracellular body fluids such as saliva, serum, plasma, milk, and urine as nuclease resistant entities^[24,31,92]. These extracellular circulating miRNAs enable cell-to-cell communication and also provide insight into the physiological states or progression of pathological diseases within the secreting cells^[92-94]. miRNAs are thought to be secreted from cells in three possible ways: (1) *via* passive leakage from cells resulting from injury, inflammation, apoptosis or necrosis; (2) *via* an active secretion method in membrane-bound vesicles such as exosomes, shedding vesicles and apoptotic bodies; and (3) *via* an active secretion method of proteinmiRNA complexes^[92]. Exosomes are 30 nm-100 nm ves-



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icles, arising from multivesicular bodies and their release is mediated by the enzyme sphingomyelinase-2^[31,92-95]. Shedding vesicles, arising from the plasma membrane, is facilitated *via* a ligand-receptor method. Further insight into the exosomal miRNA formation and circulation may not only validate their prognostic potential in the slowly developing neovascular diseases of the eye but, will also help design optimal delivery systems of miRNAs *in vivo*.

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