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## Protective Effects of Curcumin Against Rotenone and Salsolinol Induced Toxicity: Implications for Parkinson's Disease

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### Abstract

Parkinson's disease (PD) is a debilitating neurodegenerative disorder that results from the loss of or damage to dopaminergic cells in the substantia nigra. Exposure to either the pesticide rotenone or the endogenous neurotoxin salsolinol has been shown to mimic this dopaminergic cell loss. In this study we first sought to determine whether combination of rotenone and salsolinol would result in an additive or synergistic toxicity. For this purpose we utilized SH-SY5Y cells, a human neuroblastoma cell line that is commonly used to model dopaminergic neurodegeneration. We then tested whether curcumin, a natural plant compound with known health benefits including potential neuroprotective properties, could also protect against rotenone and/or salsolinol induced toxicity. Moreover, since apoptotic mechanism has been implicated in toxicity of these compounds the anti-apoptotic effect of curcumin was also evaluated. Our results indicate a synergistic toxicity of low concentrations of rotenone (1 and 5  $\mu$ M) and salsolinol (25 and 50  $\mu$ M) that was associated with apoptosis as determined by cell flow cytometry. There was also an increase in caspase-3 levels. Pretreatment with curcumin (1-10  $\mu$ M) dose-dependently attenuated rotenone and/or salsolinol induced toxicity and the associated apoptosis. These results suggest that exposure to a combination of rotenone and salsolinol may contribute to the pathology of PD, and that curcumin has a therapeutic potential in this disease.

### Keywords

Curcumin; Salsolinol; Rotenone; Neuroprotection; Parkinson's disease; SH-SY5Y cells; Cell flow cytometry; Caspase3

### 1. Introduction

Parkinson's disease (PD) is a progressive neurodegenerative disorder that causes increased debilitating symptoms resulting from loss or damage to dopaminergic cells in the substantia nigra (SN). The causes for the development and progression of neurodegenerative disorders including PD invariably involve an interaction between the person's environment and genetic disposition. In fact, many studies link PD with exposure to various endogenous (e.g., salsolinol) and exogenous toxins (e.g., MPTP = 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine) (reviewed by (Tieu, 2011)). Therefore, these compounds are often used to create *in-vitro* and *in-vivo* models to study PD. Salsolinol is an endogenous neuromodulator in dopaminergic cells formed during the metabolism of dopamine (Mravec, 2006). Dysregulation of salsolinol, especially its (R) enantiomer in the brain, is thought to contribute to development of PD (Dostert et al., 1988, Nagatsu, 1997, Naoi et al., 1997,

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Antkiewicz-Michaluk, 2002). It has been proposed that salsolinol and its derivatives (e.g. norsalsolinol, N-methyl-norsalsolinol, N-methyl-salsolinol) may serve as a marker for PD as they are increased in the cerebrospinal fluid (Maruyama et al., 1995) and the urine (Moser et al., 1996) of patients with PD. Exogenous compounds that are non-isoquinoline derivatives have also been shown to induce dopaminergic cell death in the SN. One such example is rotenone, a naturally occurring plant toxin that has been developed into a widely used pesticide and insecticide. Rotenone's toxicity has been demonstrated in various *in vitro* (Hartley et al., 1994, Gao et al., 2002, Freestone et al., 2009) and *in vivo* (Caboni et al., 2004) studies. Moreover, it has been shown that when low doses of multiple exogenous factors are combined, a synergistic neurotoxicity may result. Thus, combination of nontoxic or minimally toxic concentrations of rotenone and lipopolysaccharide (LPS, derived from membrane of gram-negative bacteria causing inflammatory-mediated damage) can result in exaggerated or synergistic toxicity (Gao et al., 2003a). However, the effects of exposure to a combination of an endogenous compound, such as salsolinol, with an exogenous compound like rotenone are unknown.

The goal of this study was two folds: First, we sought to determine if salsolinol and rotenone administered together would have an additive or synergistic toxicity to dopaminergic cells. Second, we were curious to determine if curcumin could protect against these effects. Curcumin, an extract from the root of tumeric (*Curcuma longa*), has been empirically shown to have antioxidant (Sharma, 1976, Ruby et al., 1995, Sandur et al., 2007a) anti-inflammatory (Sandur et al., 2007b, Aggarwal and Harikumar, 2009, Jurenka, 2009), and anti-depressant properties (Xu et al., 2005, Kulkarni et al., 2008, Bhutani et al., 2009, Li et al., 2009, Hurley et al., 2013). Epidemiological studies have suggested that societies that widely use curcumin show reduced incidence of inflammation-influenced and cognitive function diseases such as Alzheimer's Disease (Chandra et al., 2001, Vas et al., 2001, Ng et al., 2006, Aggarwal et al., 2007). It has also been suggested that curcumin may potentially reduce incidence of PD, as reflected in studies showing an absence of age-related changes in nigral dopaminergic neurons in Indian populations that consume large amounts of curcumin (Muthane et al., 1998, Alladi et al., 2009, Darvesh et al., 2012).

To achieve the goals of the study, we measured cell survival following exposure to various concentrations of salsolinol and rotenone, alone and in combination utilizing SH-SY5Y cells. These cells, derived from human neuroblastoma cells, are commonly used as an *in vitro* model of the nigral dopaminergic cells (Copeland et al., 2007, Das and Tizabi, 2009, Xie et al., 2010, Ramlochansingh et al., 2011, Brown et al., 2013). Moreover, we evaluated possible contribution of apoptotic and/or necrotic mechanisms to the toxicity of these compounds and the protective effects of curcumin.

## 2. Materials and methods

### 2.1 Cell culture

SH-SY5Y human neuroblastoma cells were obtained from American Type Culture Collection (ATCC, Manassas, VA). SH-SY5Y cells in passage 20-25 were grown from frozen in a humidified incubator with 5% CO<sub>2</sub> at 37°C in a 1:1 mixture of Dulbecco's Modified Eagle Medium and HAM's F12 (Cellgro, Mediatech Inc. Manassas, VA) with penicillin/streptomycin (100 IU/ml), gentamicin (50 µg/ml), and 10% fetal bovine serum. Cells were grown in cell culture flasks were > 80% confluent.

### 2.2 Drug treatment

Once cells were confluent they were harvested and plated into 96 well plates at ~ 12,000 cells per well. The cells were allowed 24 hours to settle and adhere to the bottom before

drug treatment. Then, fresh media containing various concentrations of drugs (salsolinol, rotenone, or curcumin all from Sigma-Aldrich, St. Louis, MO) were added to aspirated wells.

**2.2.1 Salsolinol and rotenone**—In order to determine the concentration-responses, salsolinol (25, 50, 100, 200, 400, and 800 $\mu$ M) or rotenone (1, 5, 25, 50, 100, and 200  $\mu$ M) were added to the cell media for 24 h. Cell viability was then assessed using MTT (3,[4,5-dimethyliazol-2-yl]-2,5-diphenyltetrazolium bromide) assay. Based on these results, non-toxic concentrations of salsolinol and rotenone were combined for the combination studies. Drugs were added to the cells at the same time for 24 hours before determining cell viability. Control wells were treated with pure media in five independent replicates of the experiment.

**2.2.2 Curcumin pretreatment**—In order to test the neuroprotective effects of curcumin, 1 h before addition of individual or combined toxicants, various concentrations of curcumin (1, 5, and 10  $\mu$ M) were added to the wells and again, 24 h later cell viability was determined by MTT assay.

### 2.3 MTT assay

Cell viability was determined by MTT assay (MP Biomedical, Sana Ana, CA colorimetric assay as detailed previously (Ramlochansingh et al., 2011, Brown et al., 2013). Briefly, following the 24 h incubation, 30  $\mu$ l of MTT tetrazole (0.5 mg/ml) in PBS containing 10 mM HEPES was added to each well. The plates were incubated for three additional hours at 37°C followed by aspiration. The plates were then allowed to dry in the incubator for 1 h. The incorporated dye was solubilized in 100  $\mu$ l of 0.04 N HCl in isopropanol. In order to determine cell viability the absorbance was measured spectrophotometrically in a plate reader at 570 nm with a background of 630 nm. Cell viability was calculated by subtracting the test results from the background and is presented as a percentage of the control.

### 2.4 Cell Flow Cytometry

Cell flow cytometry as described previously (Ramlochansingh et al., 2011, Brown et al., 2013) was used to detect apoptosis vs necrosis by measuring and sorting cells by fluorescent labeling of markers on cell surface. Briefly, cells were grown and treated following the same procedure listed under drug treatment above. The cells were harvested and washed twice with cold PBS and then gently suspended in a solution that consisted of 100  $\mu$ l Annexin V-Fluos labeling solution, 5  $\mu$ l of fluorescein isothiocyanate labeled by Annexin V-FITC and 5  $\mu$ l of propidium iodide (PI). Afterwards, the cells were incubated in the dark at room temperature for 15 minutes before adding 500  $\mu$ l Annexin V-Fluos labeling solution to each well. Finally, the cells were subjected to flow cytometry using a cellometer machine (Nexcelom, Lawrence, MA) followed by analysis of apoptotic and necrotic fraction using FCS express software.

### 2.5 Caspase-3 Western Blot

To determine whether the apoptotic mechanism was associated with an increase in caspase levels, we quantified caspase-3 levels as described previously (Ramlochansingh et al., 2011). Briefly, following the 24 h incubation cells were removed and were incubated in cell lysis buffer (10 mM Tris-buffer, 5 mM EDTA, 150 mM NaCl, 0.5% Triton X-100 (v/v) with protease inhibitors (Sigma-Aldrich, St. Louis, MO). Protein concentration was determined using Thermo Scientific protein assay reagents. The protein was loaded at 30  $\mu$ g per well, as verified by  $\alpha$ -actin and separated on a 12% SDS-polyacrylamide gel and then transferred to PVDF membrane (Immobilon-P: Millipore Corporation, Bedford, MA). After a 1/2 hour block in Blocking Reagent, 5% nonfat milk in TBST buffer (TBS buffer with 2% Tween-20)

the membranes were incubated with primary antibody (1:800) in TBST buffer overnight at 4°C. The following day the membranes were rinsed 5 times in fresh TBST and incubated for 1 hour at room temperature in secondary antibody (1:1000). The membranes were then rinsed 5 times in fresh TBST and relative intensity of the bands was visualized and recorded using chemiluminescence.

## 2.6 Statistical analysis

Statistical differences between groups were determined by one-way ANOVA and the Tukey post-hoc using Graphpad Prism 3 (Graphpad Software Inc, San Diego, CA) where significance was set a priori at  $p < 0.05$

## 3. Results

### 3.1 Rotenone only toxicity

Figure 1 depicts the effects of various concentrations of rotenone on SH-SY5Y cell viability. There was a clear dose-response effect, with higher concentrations of rotenone resulting in greater cell toxicity. Maximum toxicity (about 50%) was achieved with the 100  $\mu\text{M}$  rotenone ( $p < 0.001$ ). Thus, this concentration of rotenone was chosen to test the potential protective effects of curcumin. Rotenone at low concentration (1 or 5  $\mu\text{M}$ ) did not result in any toxicity, so these low concentrations were selected for the combination studies.

### 3.2 Salsolinol only toxicity

Figure 2 depicts the effects of various concentrations of salsolinol on SH-SY5Y cell viability. There was a clear dose-response effect, with higher concentrations of salsolinol resulting in greater cell toxicity. Maximum toxicity (about 50%) was achieved with the 400  $\mu\text{M}$  salsolinol ( $p < 0.001$ ). Thus, this concentration of salsolinol was chosen to test the potential protective effects of curcumin. Salsolinol at low concentration (25 or 50  $\mu\text{M}$ ) did not result in any toxicity, so these low concentrations were selected for the combination studies.

### 3.3 Rotenone + Salsolinol toxicity

Figure 3 depicts the effects of rotenone and salsolinol combination on cell viability. Combination of very low and ineffective concentration of rotenone (1  $\mu\text{M}$ ) with salsolinol (25  $\mu\text{M}$ ) resulted in significant toxicity (approx. 32%,  $p < 0.01$ ). Combination of higher ineffective concentrations of rotenone (5  $\mu\text{M}$ ) with salsolinol (50  $\mu\text{M}$ ) resulted in significantly higher toxicity (approx. 59%,  $p < 0.001$ ). Thus, a synergistic toxicity was observed with rotenone/salsolinol combination. These concentrations were therefore used to assess curcumin's protective effects.

### 3.4 Curcumin protection against rotenone toxicity

Figure 4 depicts the effects of various concentrations of curcumin on cellular toxicity induced by 100  $\mu\text{M}$  rotenone. Curcumin at the lowest concentration of 1  $\mu\text{M}$  reduced rotenone's toxicity by approx. 34% ( $p < 0.05$ ) and at 5  $\mu\text{M}$  reduced the toxicity by approx. 45% ( $p < 0.01$ ). The higher concentration of 10  $\mu\text{M}$  curcumin, resulted in approx. 27% reduction in toxicity ( $p < 0.05$ ). Thus, maximal protection was provided by the middle concentration of 5  $\mu\text{M}$  curcumin.

### 3.5 Curcumin protection against salsolinol toxicity

Figure 5 depicts the effects of various concentrations of curcumin on cellular toxicity induced by 400  $\mu\text{M}$  salsolinol. Curcumin at the lowest concentration of 1  $\mu\text{M}$  reduced salsolinol toxicity by approx. 41% ( $p < 0.01$ ) and at 5  $\mu\text{M}$  reduced the toxicity by approx. 45%

( $p < 0.01$ ). The higher concentration of 10  $\mu\text{M}$  curcumin, resulted in approx. 22% ( $p < 0.05$ ). Thus, similar to what was observed with rotenone, maximal protection against salsolinol was provided by the middle concentration of 5  $\mu\text{M}$  curcumin.

### 3.5 Curcumin protection against rotenone + salsolinol toxicity

Figure 6 depicts the effects of various concentrations of curcumin on cellular toxicity induced by the combination of either 1  $\mu\text{M}$  rotenone + 25  $\mu\text{M}$  salsolinol or 5  $\mu\text{M}$  rotenone + 50  $\mu\text{M}$  salsolinol. Curcumin at the lowest concentration of 1  $\mu\text{M}$  reduced the toxicity of rotenone 1  $\mu\text{M}$  + salsolinol 25  $\mu\text{M}$  by approx. 23% ( $p < 0.05$ ) and at 5  $\mu\text{M}$  reduced the toxicity by approx. 30% ( $p < 0.01$ ). The higher concentration of 10  $\mu\text{M}$  curcumin, resulted in approx. 15% ( $p < 0.05$ ) reduction in toxicity. Similar results were obtained with curcumin against toxicity induced by the higher combination of rotenone 5  $\mu\text{M}$  + salsolinol 50  $\mu\text{M}$ , where maximum protection was provided by 5  $\mu\text{M}$  curcumin. Hence in this case also maximal protection against both combinations of rotenone + salsolinol was provided by the middle concentration of 5  $\mu\text{M}$  curcumin.

### 3.6 Cell Flow Cytometry

Figure 7 depicts the percentage of apoptosis and necrosis following combination treatments of rotenone and salsolinol as well as pretreatment with various concentrations of curcumin. As evident, cellular toxicity was principally mediated by apoptosis. Here also, curcumin dose-dependently reduced apoptosis with maximum reduction caused by 5  $\mu\text{M}$  curcumin.

### 3.7 Caspase 3

Figure 8 depicts the levels of caspase3, a mediator of apoptosis following treatments with rotenone 5 $\mu\text{M}$ , salsolinol 50  $\mu\text{M}$  and their combination as well as pretreatment with 5  $\mu\text{M}$  curcumin. Whereas neither rotenone nor salsolinol individually had any effect on caspase3 levels their combination resulted in a significant increase (approx. 58%,  $p < 0.001$ ) in caspase3, which was reduced by approximately 24% following curcumin pretreatment ( $p < 0.01$ ).

## 4. Discussion

The results of the current study not only confirm that rotenone and salsolinol can induce toxicity in SH-SY5Y cells model of dopaminergic neurons (Copeland et al., 2007, Das and Tizabi, 2009, Ramlochansingh et al., 2011, Song et al., 2012, Brown et al., 2013), but also indicate that when the two are combined in concentrations that do not induce any toxicity on their own would result in significant toxicity. This is an important extension of the current knowledge, since it implies that the two agents might interact synergistically to induce Parkinson like symptoms in susceptible individuals. Moreover, the results suggest therapeutic potential for curcumin in PD. This contention is based on the findings that curcumin at relatively low concentrations could at least partially protect against the cellular toxicity induced by rotenone, salsolinol and their combination.

The pathways by which salsolinol and rotenone cause neurotoxicity have some similarities, but also include key differences. It has been suggested that salsolinol leads to neurotoxicity through inhibition of mitochondrial complex II (succinate-Q reductase) activity, and/or by initiating apoptotic processes by generating free radicals (Maruyama et al., 1995, Storch et al., 2000). Rotenone's effect has been attributed to inhibition of mitochondrial complex I (Betarbet et al., 2000, Alam and Schmidt, 2002, Hoglinger et al., 2003), the release of NADPH oxidase-derived superoxide from activated microglia (Gao et al., 2002) and possibly alteration of glutamate transmission (Leng et al., 2003, Moussa et al., 2008). Both drugs might also cause inflammation, which appears to contribute to the formation of PD

(Gao et al., 2003a,b, Zhang et al., 2011, Chinta et al., 2013). Our results indicate that the toxicity induced by the combination of rotenone and salsolinol is also mediated through apoptotic process that is likely caspase-dependent, although this latter contention needs to be verified by further analysis of other caspases as well as the caspase-3 activity.

Curcumin's protective effects appear to be mediated by inhibition of apoptosis, as there was a dose-dependent reduction in apoptosis and a parallel decrease in caspase3 levels. However, it is important to note that even at the highest effective concentration, curcumin only partially blocked the toxicity induced by rotenone and/or salsolinol. Although this effect of curcumin was highly significant, it would be of interest to determine whether curcumin might have synergistic protection with other drugs (e.g. nicotine) that has been shown to be protective in this model (Copeland et al., 2005, Copeland et al., 2007, Ramlochan Singh et al., 2011). Moreover, it would be of relevance to determine the effect of curcumin alone or in combination with other drugs in in-vivo models.

It is also of relevance to note that the varied effects of curcumin, including its anti-oxidant (Sharma, 1976, Ruby et al., 1995, Sandur et al., 2007b) and anti-inflammatory (Sandur et al., 2007b, Aggarwal and Harikumar, 2009, Jurenka, 2009) properties may provide further benefits in treatment of PD with distinct etiologies. Moreover, the mood regulating effects of curcumin as documented by various preclinical and some clinical studies (Xu et al., 2005, Kulkarni et al., 2008, Bhutani et al., 2009, Li et al., 2009, Hurley et al., 2013) can be an added advantage in PD, since epidemiological studies suggest significant co-morbidity between PD and depression (Loas et al., 2012; Starkstein et al., 2012; Worth, 2013)

In summary, the results indicate that combination of salsolinol (a potential endogenous toxin) and rotenone (a potential exogenous toxin) at concentrations that alone do not cause any toxicity can create a one-two-punch effect, and significantly decreases survivability of SH-SY5Y cells. Pre-treatment with curcumin provided significant, but not total, neuroprotection against high concentrations of these toxicants as well as their combination. Although further in-vivo experiments into protection and mechanism of curcumin protection is necessary, the results support therapeutic potential of curcumin in PD.

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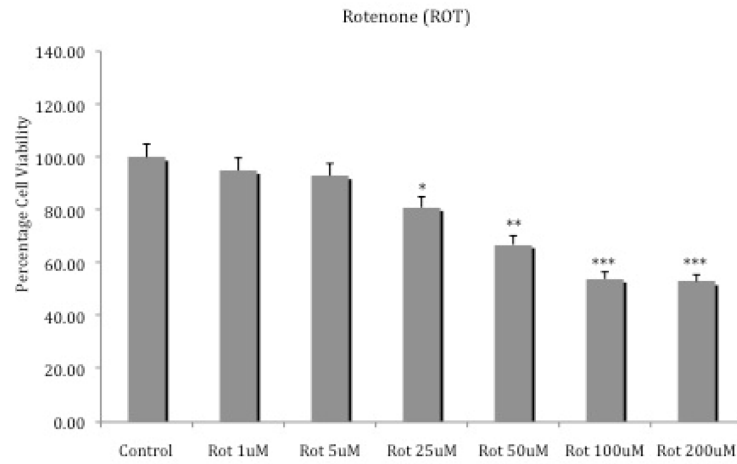


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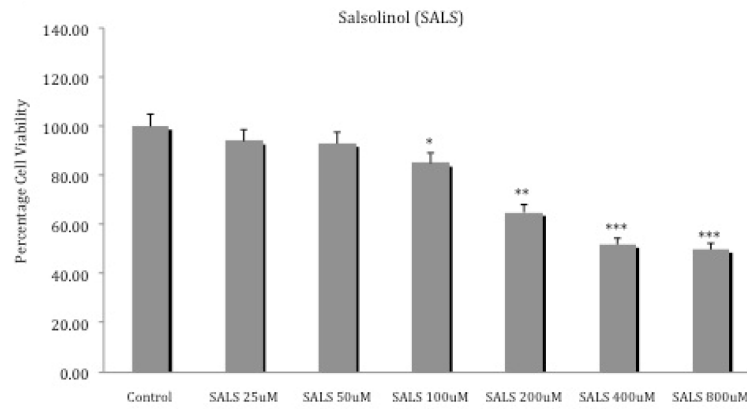
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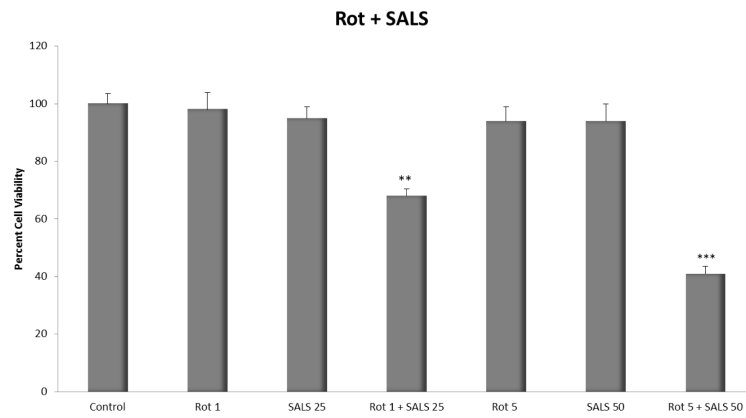
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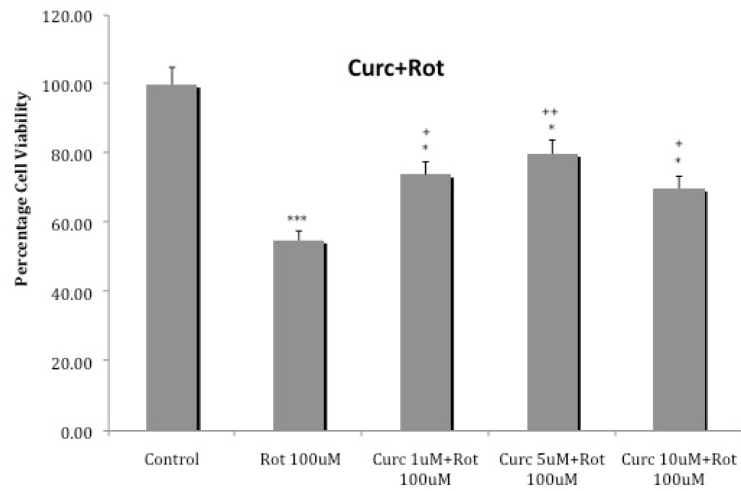
**Fig. 1.** Effects of various concentrations of rotenone on SH-SY5Y cell viability. Cells were exposed for 24 h and cell viability was determined by MTT assay. Values represent mean  $\pm$  SEM of five independent experiments, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  compared to control.



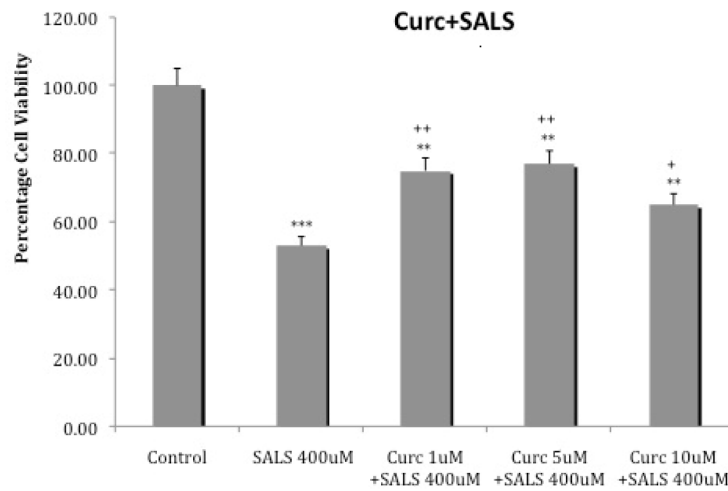
**Fig. 2.** Effects of various concentrations of salsolinol on SH-SY5Y cell viability. Cells were exposed for 24 h and cell viability was determined by MTT assay. Values represent mean  $\pm$  SEM of five independent experiments, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  compared to control.



**Fig. 3.** Effects of various combinations of low concentrations of rotenone and salsolinol on SHSY5Y cell viability. Cells were exposed for 24 h and cell viability was determined by MTT assay. Values represent mean  $\pm$  SEM of five independent experiments, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  compared to control.

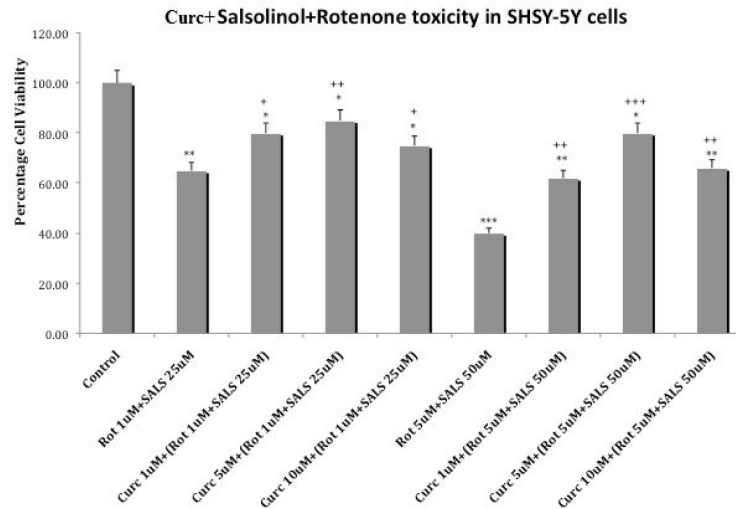


**Fig. 4.** Effects of various concentrations of curcumin on cellular toxicity induced by 100 uM rotenone. Cells were exposed for 24 h and cell viability was determined by MTT assay. Values represent mean  $\pm$  SEM of five independent experiments, \* $p$ <0.05, \*\*\* $p$ <0.001 compared to control. + $p$ <0.05, ++ $p$ <0.01 compared to rotenone.

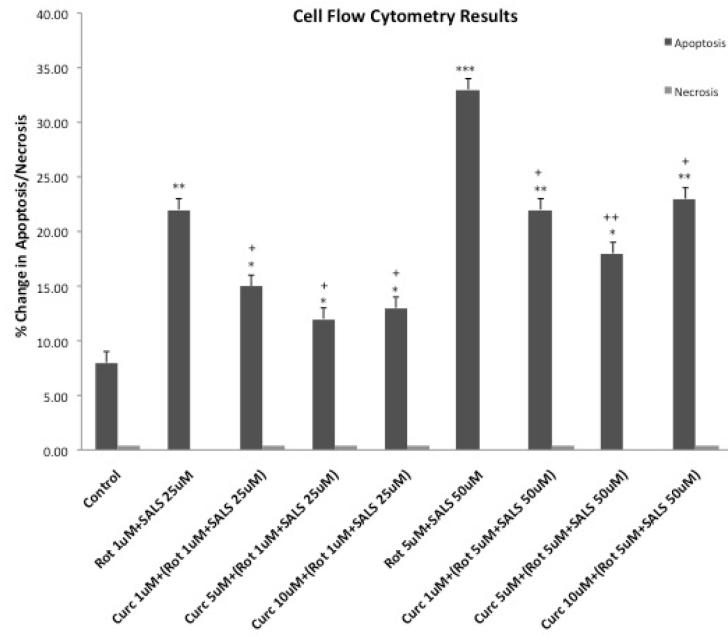


**Fig. 5.** Effects of various concentrations of curcumin on cellular toxicity induced by 400 uM salsolinol. Cells were exposed for 24 h and cell viability was determined by MTT assay. Values represent mean  $\pm$  SEM of five independent experiments, \*\* $p < 0.01$ , \*\*\* $p < 0.001$  compared to control. + $p < 0.05$ , ++ $p < 0.01$  compared to salsolinol.

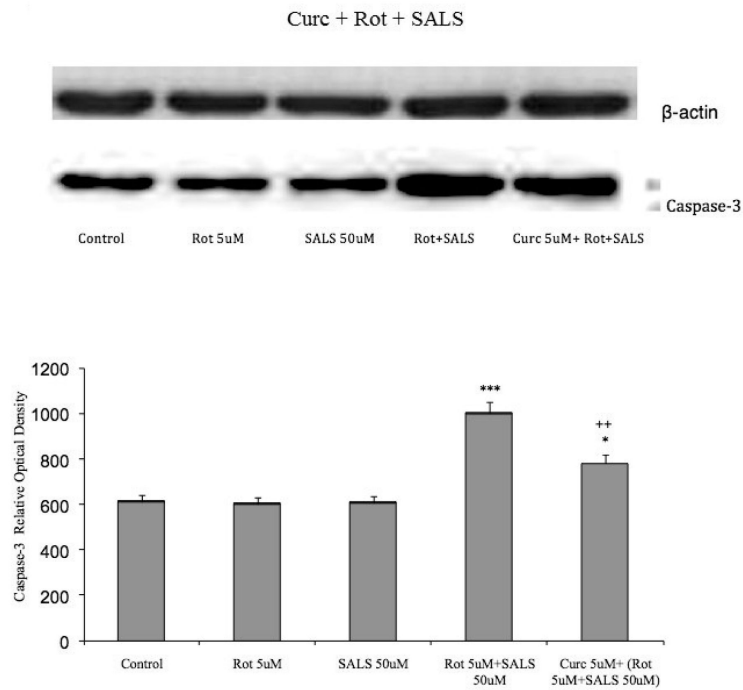


**Fig. 6.**

Effects of various concentrations of curcumin on cellular toxicity induced by combination of rotenone and salsolinol. Cells were exposed for 24 h and cell viability was determined by MTT assay. Values represent mean  $\pm$  SEM of five independent experiments, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  compared to control. + $p < 0.05$ , ++ $p < 0.01$ , +++ $p < 0.001$  compared to combination of rotenone and salsolinol.



**Fig. 7.** Effects of rotenone, salsolinol and their combination, as well as curcumin pretreatment on percentage of apoptosis and necrosis as determined by cell flow cytometry. Cells were exposed for 24 h. Values represent mean  $\pm$  SEM of five independent experiments, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$  compared to control. + $p < 0.05$ , ++ $p < 0.01$  compared to combination of rotenone and salsolinol.



**Fig. 8.** Effects of rotenone, salsolinol and their combination, as well as curcumin pretreatment on caspase3 levels as determined by Western blot. Cells were exposed for 24 h. Values represent mean  $\pm$  SEM of five independent experiments, \* $p$ <0.05, \*\*\* $p$ <0.001 compared to control, ++ $p$ <0.01 compared to combination of rotenone and salsolinol.