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Local Effects of Pregnancy on Connexin Proteins that Mediate Ca²⁺-Associated Uterine Endothelial Nitric Oxide Synthesis

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Abstract

Uterine artery adaptations during gestation facilitate increases in uterine blood flow and fetal growth. **Hypothesis:** Local expression and distribution of uterine artery connexins play roles in mediating *in vivo* gestational eNOS activation and Nitric Oxide production. We established an ovine model restricting pregnancy to a single uterine horn and measured uterine blood flow, uterine artery shear stress, connexins 37/43 and P⁶³⁵eNOS protein levels in uterine artery and systemic artery [Omental and Renal] endothelium and connexins in vascular smooth muscle. Uterine blood flow and shear stress were locally (unilaterally) and substantially elevated by gestation. During pregnancy uterine artery endothelial gap junction proteins connexins 37/43 were locally regulated in the gravid horn and elevated 10.3- and 25.6-fold; uterine artery endothelial P⁶³⁵eNOS and total eNOS were elevated 3.3- and 2.9-fold; whereas uterine artery vascular smooth muscle connexins 37/43 were locally elevated 12.5- and 5.9-fold, respectively. Less pronounced changes were observed in systemic vasculature except for significant pregnancy-associated increases in omental artery vascular smooth muscle connexin 43 and omental artery endothelial P⁶³⁵eNOS and total eNOS. Gap junction blockade using connexin 43, but not connexin 37 specific GAP peptides abrogated uterine artery endothelial ATP-induced Ca²⁺-mediated nitric oxide production. Thus uterine artery endothelial connexin43, but not connexin 37 regulates Ca²⁺-mediated nitric oxide production required for the vasodilation to accommodate increases in uterine blood flow and shear stress during healthy pregnancies.

Keywords

Connexins; Estrogen; Nitric Oxide; Endothelium; Shear Stress; Uterine Blood Flow

Introduction

Pregnancy is characterized by dramatic cardiovascular adaptations, the most substantial being the 30-50 fold increase in the uterine blood flow (UBF) to meet the metabolic demands of developing fetuses^{1,2}. Women with endothelial dysfunction have pregnancies with increased susceptibility to preeclampsia³. Compared to normal uterine artery (UA) doppler ultrasounds at 23-25 weeks' gestation, preeclamptic women with fetal growth

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Conflict(s) of Interest/Disclosure(s)

None

restriction have reduced UBF⁴ Pregnant women who exhibit proteinuric hypertension and reductions in UBF also have aberrant levels of circulating estrogens and their metabolites⁵ and in some^{6,7} but not all studies^{8,9} nitric oxide (NO) metabolites.

During the ovarian follicular phase and normal pregnancy, elevations in UBF are associated with higher endogenous estrogen^{2, 10} and UA endothelial (UAendo) elevations in estrogen receptors (ER)^{11, 12}, endothelial nitric oxide synthase (eNOS), and NO^{9,13-15}. Local ER and NO-mediated regulation of UBF was demonstrated by decreases in UBF in response to unilateral infusion of ER antagonist (ICI-182,780) or NOS inhibitor (L-NAME)^{10, 16-18}. To better understand local UBF and eNOS regulation, we developed a unilateral model of pregnancy by isolating one uterine horn (nongravid) so that pregnancy is restricted only to the other horn (gravid) throughout gestation^{19, 20}. UA endothelial cells from pregnant ewes (P-UAECs)²¹ have sustained excitatory eNOS phosphorylation at serine 635 (P⁶³⁵) with ATP treatment, suggesting this site is an important index of eNOS activity^{22, 23}. A better understanding of *in vivo* regulation of eNOS activation is important for deciphering gestational regulation of UBF. For instance, the frictional force of flowing blood exerted on the endothelium, shear stress, is a very potent powerful physiologic stimulus of endothelial NO production and needs additional scrutiny in the UAs *in vivo*^{24,25}

Emerging literature has defined important interactions between Gap junctions and NO signaling for the development of hypertension²⁶. Various connexin isoforms have been reported in, vascular smooth muscle (VSM)²⁷ and endometrium²⁸. C×43, but not C×37 or 40 were detectable in passage 4 P-UAECs and that when C×43 Gap junction channels were blocked with Gap27 (a C×43 specific extracellular loop mimetic peptide), normal pregnancy-associated Ca²⁺ bursts and eNOS activation upon ATP stimulation were abrogated.²⁹

We hypothesize that associated with physiologic rises in UBF and UA shear stress, *ex vivo* expressions of UAendo and UA_{vsm} Gap junction proteins are elevated during pregnancy vs. the nonpregnant luteal and follicular phase, and that restricting pregnancy to a single uterine horn only induces local unilateral ipsilateral increases in UBF, UA shear stress, and UAendo/ UA_{vsm} connexin expression. We evaluated: 1) UBF, UA shear stress and expression of C×37/C×43 in UAs (endo vs. VSM) as well as UAendo serine P⁶³⁵ and total eNOS during the ovarian cycle and pregnancy; 2) if changes in UBF, shear stress, and expression are unilaterally and locally specific to the gravid uterine vascular bed or also noted in systemic (Omental and Renal) arteries (OA and RA); and 3) if C×37 or C×43 *ex vivo* are functionally responsible for modulating Ca²⁺-induced NO production by UAendo during gestation.

Materials and Methods

See online supplement (<http://hyper.ahajournals.org>).

Animal Ethical Approval—We used 54 multiparous ewes (*Ovis Aire*). Protocols were approved by the Animal Care and Use Committee.

Tissue Collection and ex vivo Endothelium vs. VSM Isolation—Nonsurvival surgery was performed on: Nonpregnant (Luteal, n=8; Follicular, n=8), Unilateral Pregnant (Nongravid vs. Gravid sides, n = 15), and Control Pregnant (n=23) groups. Using transonic flow probes bilateral UBF was determined¹⁴ and arteries were obtained and frozen. Endothelial-isolated proteins from UAendo, OAendo, RAendo and adjacent VSM¹⁶ were prepared. Western analysis was performed using antibodies to C×37, C×43, P⁶³⁵ eNOS, and total eNOS.

Calculation of Shear Stress—Shear stress was calculated as $4 Q\eta/\pi r^3$. Q =UBF, η =viscosity and r =radius²⁵

Simultaneous in situ measurement of [Ca²⁺]_i and NO in intact UAendo—[Ca²⁺]_i and NO imaging was performed using fura-2 AM and DAF-2 DA²⁹ comparing control vs. ATP (100 μ M) treatments with or without (43,37)Gap27 (300 μ M) to inhibit C \times 43 Gap junctions. Additional control (40, 37)Gap26 and scrambled Gap27 were evaluated.

Statistical Analysis—ANOVA was performed (Luteal, Follicular, Nongravid Unilateral, Gravid Unilateral, and Pregnant) followed by comparisons using protected Fisher's Least Significant Difference. Regression analyses were performed to determine the highest order (linear, quadratic, etc. Table S1) regression models between UBF, connexins, and eNOS. Data are reported as Means \pm SEM (P <0.05).

Results

UBF and Shear Stress (Figure 1)

Compared to luteal UBF (21.8 \pm 1.4 mL/min), perfusion was elevated to 51.1 \pm 5.4 and 42.4 \pm 8.9 mL/min during the follicular phase and to the nongravid side of the unilateral pregnant ewes. UBF to unilateral gravid and control pregnant horns were equal (850 \pm 74 and 838 \pm 68 mL/min) and greater than nonpregnant and unilateral nongravid groups. Compared to luteal (4.1 \pm 0.35 dynes/cm²), follicular phase (8.0 \pm 0.85 dynes/cm²) and unilateral nongravid (6.4 \pm 1.76 dynes/cm²) shear stresses were elevated. Shear stress in both the unilateral gravid and control pregnant groups was equal and significantly elevated (21.5 \pm 3.77 and 25.2 \pm 1.96 dynes/cm²).

Connexin 37 and 43 Expression in UAendo and UA_{vsm}

UAendo C \times 37 remained unchanged and relatively low in follicular and unilateral nongravid groups (2.1 \pm 0.8- and 1.5 \pm 0.5-fold of luteal; Figure 2A). UAendo C \times 37 in the unilateral gravid and control pregnant groups were respectively 6.4 \pm 2.0- and 10.3 \pm 1.6-fold higher than luteal and greater than follicular and unilateral nongravid groups. UAendo C \times 43 levels remained unchanged and were relatively low in nonpregnant follicular and unilateral nongravid groups (3.2 \pm 0.9- and 5.1 \pm 1.0-fold). Unlike C \times 37, UAendo C43 levels were elevated similarly in the unilateral gravid (21.3 \pm 4.1-fold) and control pregnant groups (25.8 \pm 4.7-fold). UAendo C \times 43 was correlated (P < 0.001) more so than C \times 37 with UBF (Figure S-1A/B).

Follicular UA_{vsm} C \times 37 had intermediary values (2.2 \pm 1.8 fold) compared to either nonpregnant luteal or unilateral nongravid groups (Figure 2B). The unilateral nongravid group was elevated 6.8 \pm 2.1-fold. UA_{vsm} C \times 37 was elevated similarly in the unilateral gravid and control pregnant animals 13.4 \pm 2.5- and 12.5 \pm 2.2-fold. UA_{vsm} C \times 43 was elevated in the unilateral nongravid, gravid, and pregnant groups 4.7 \pm 1.3-, 5.7 \pm 1.1-, and 5.8 \pm 1.3-fold, respectively. Follicular UA_{vsm} C \times 43 had intermediary values (3.2 \pm 1.1-fold) similar to the other four groups. UA_{vsm} C \times 37 was correlated (P < 0.001) more so than C \times 43 with UBF (Figure S-1C/D).

Connexin 37 and 43 Expression in OAendo and RAendo

OAendo C \times 37, OAendo C \times 43, and RAendo C \times 37 remained unchanged (Figure S-2). RAendo C \times 43 was lower in the unilateral group (P < 0.012).

Connexin 37 and 43 Expression in OAvsm and RAvsm

OAvsm C×37 and C×43 were unchanged except C×43 was elevated in pregnant controls (Figure S-3). RAvsm C×37 was decreased in follicular, unilateral, and pregnant. RAvsm C×43 levels were similar amongst the four groups.

P⁶³⁵ eNOS and Total eNOS Expression in UAendo, OAendo, and RAendo

Levels of the UAendo excitatory eNOS phosphorylation site P⁶³⁵ were relatively low and remained unchanged in the follicular and unilateral nongravids (2.4 ± 0.8 - and 1.1 ± 0.4 -fold, Figure 3A). UAendo P⁶³⁵ eNOS levels were elevated 3.8 ± 0.7 - and 3.3 ± 0.6 -fold, in the unilateral gravid and pregnant groups, respectively which were greater than unilateral nongravid, but not the folliculars ($0.1 > P > 0.05$). UAendo total eNOS for follicular and unilateral nongravids averaged 1.9 ± 0.8 - and 0.3 ± 0.1 -fold and was equally elevated in unilateral gravid (4.6 ± 1.0 -fold) and pregnant (2.9 ± 0.6 -fold). UAendo C×37 and C×43 were highly correlated with either UAendo P⁶³⁵ eNOS or total eNOS more so in the Unilateral Gravid ($P < 0.007$) than the Pregnant Controls (Figure S-4). OAendo P⁶³⁵ eNOS remained unchanged in follicular and unilateral groups (1.4 ± 0.4 - and 1.1 ± 0.15 -fold; Figure 3B), but was elevated 3.0 ± 0.6 -fold in pregnant controls. OAendo total eNOS levels remained low in the follicular and unilateral groups (1.9 ± 0.8 - and 0.7 ± 0.1 -fold) and was elevated 5.8 ± 1.5 -fold in pregnant controls. RAendo P⁶³⁵ eNOS and total eNOS levels did not change amongst the 4 groups (Figure 3C).

Simultaneous Ex Vivo Imaging of [Ca²⁺]_i and NO in UAendo

To determine the role of Gap junctions on ATP-induced periodic [Ca²⁺]_i bursts and rapid oscillations in UAendo (Figure 4), (43,37)Gap 27²⁹ was used to interrupt Gap junction communication. Pre-treatment (3h) with (43, 37)Gap 27 had little effect on the ATP-induced maximal [Ca²⁺]_i height or incidence of the initial [Ca²⁺]_i peak, but abrogated long-term [Ca²⁺]_i bursts and oscillation responses. Because (43, 37)Gap 27(sequence SRPTEKTIFII) inhibits C×43 and C×37, we established peptide specificity using (40, 37)Gap 26 (specific to C×40 and C×37; n=5) (Figure 4) or (43, 37 scramble peptide)Gap 27 (n=2)²⁹. UAendo (43,37) Gap 27 treatment, not the other peptides, specifically blunted both overall NO production and maximum UAendo NO production rate by 49%.

Discussion

Consistent with previous reports^{2,10,16,17}, follicular phase and late gestation UBFs were elevated. Restricting pregnancy to a single uterine horn^{19, 20} only showed increased ipsilateral UBF possibly due to pregnancy specific uterine adaptations to local endogenous hormone secretion (e.g. estrogen, VEGF, etc). Although there was a 25-50% reduction in total number of placentomes¹⁹, UBF to the gravid unilateral and control pregnant horns was equal as reported in another study³⁰ in which one horn was ligated on day 5 of pregnancy; however they did not measure nongravid UBF. The mechanism(s) how UBF equilibrates in this unilateral model vs. pregnant controls are important, even more so under the limited uterine tissue available prior to conception. One of the most potent mechanisms for controlling vasodilator production and vascular remodeling is laminar shear stress^{24,25,31}. We report the first *in vivo* estimates of ovine UA shear stress showing that it was substantially and equally elevated to the unilateral gravid and in control pregnancy. The pregnancy-induced fold change of UBF was greater than that of shear stress demonstrating that shear stress is normalized during pregnancy, due mainly to the increase in UA radius, but to a lesser extent reductions in viscosity (Supplement)²⁵. Shear stress is a very powerful physiologic stimulator of eNOS^{25,31} and eNOS P⁶³⁵³² suggesting that NO produced by UAendo via local/unilateral increases in UA shear stress helps drive increases in UBF.

This is the first report showing that C×37 and C×43 are highly expressed and elevated in UAendo by pregnancy. Previously we did not detect C×37 in cultured P-UAECs and C×43 showed equal expression in nonpregnant (NP)-UAECs and P-UAECs²⁹. Thus C×37 expression is lost and C×43 is reduced by the 4th passage in culture. Alternatively the observed UAendo C×37 could be derived from another cell type present in the endothelial-isolated enriched tunica intimal proteins (e.g. pericytes) which were removed during the UAEC isolation processes^{15,21}. Consistent with other vascular beds³³ we also noted significant UA_{vsm} expression of C×37 and C×43. UA_{vsm} C×37 and C×43 were elevated by the follicular phase, but even more so by pregnancy; both are physiologic states of high estrogen^{2,5,10,12,16}. The unilateral nongravid side also showed elevations in UA_{vsm} C×37 and C×43, demonstrating that systemic circulating hormones (e.g. estrogen) may partly regulate VSM C×s. Myometrial C×43 is up-regulated when endogenous estrogen is elevated and C×43 is categorized as a “contraction associated protein” increased in labor when the estrogen/progesterone ratio is high³⁴. Pregnancy-associated C×37 were increased equally in UAendo and UA_{vsm} (10.3-and 12.5-fold) suggesting that C×37 synthesis may be co-regulated for forming myoendothelial Gap junctions between UAendo and UA_{vsm}^{27,35}. By contrast, pregnancy-induced C×43 increases were much greater in UAendo than UA_{vsm} (25.5-and 5.8-fold).

Consistent with previous reports^{9,11-15}, we observed that UAendo total eNOS is elevated during the follicular phase and pregnancy reporting for the first time that surgically- induced unilateral gravid, but not nongravid UAendo had increases in eNOS expression. Stimulatory phosphorylation serine 635, an index of enzyme activity in UAendo^{22, 23}, is also elevated unilaterally by pregnancy suggesting that both expression capacity and activity of eNOS are increased. Additionally, we observed pregnancy-associated adaptations in the nonreproductive OAendo which showed increases in both P⁶³⁵ eNOS and total eNOS, the latter confirming our previous observation¹⁵. This suggests a systemic OAendo adaptation to a vasorelaxation phenotype consistent with studies demonstrating that systemic and uterine resistance vessels show greater endothelium and NO- mediated vasorelaxation in pregnant vs. nonpregnant rats³⁶, and women³⁷.

Using least squares regression analysis we defined significant relationships between UA C×s with UBF, or eNOS. C×37 or C×43 relative to UBF (Figure S-1) data points for pregnant controls and the unilateral gravid sides clustered in very similar patterns. Moreover, UBF was maintained in the unilateral model similar to that observed in the pregnant controls even though overall uterine space and tissue mass were reduced. R² values for UAendo C×37 and C×43 with UBF were 0.48 and 0.60, respectively demonstrating a stronger relationship for UAendo C×43 to regulate UBF. In contrast, UA_{vsm} C×37, not C×43, showed a strong a relationship with UBF; R² values of 0.43 and 0.18, respectively, suggesting that UA_{vsm} C×37 may in part be regulating vascular growth and remodeling^{2, 38}. Correlations of UAendo C×43 with P⁶³⁵ eNOS and total eNOS were highly significant and greater than UAendo C×37 (Figure S-4). Within the gravid unilaterals, this relationship was greatly improved demonstrating that C×43 and eNOS are more correlated with the gravid side of the pregnancy; i.e. R² values increased to 0.43 for P⁶³⁵ eNOS and 0.47 for total eNOS independent of the substantially lower control pregnant data points. Thus UAendo C×43, but not C×37, has an intimate positive association with P⁶³⁵ eNOS and total eNOS. This suggests that UBF maintenance, even in the face of greatly reduced uterine space, is adaptive via an eNOS mechanism to maintain UA delivery of nutrients and oxygen for fetal growth.

The current physiologic functional *ex vivo* data showing that C×43, but not C×37, was a prerequisite requirement for ATP-mediated Ca²⁺ burst associated NO production are consistent with our observations in passage 4 P-UAECs, but not NP-UAECs²⁹. Gap27, a

connexin (43, 37) specific peptide, did not alter the initial peak of calcium, but reduced subsequent Ca^{2+} bursts seen upon ATP treatment. As recently described³⁹ the ATP-stimulated $[\text{Ca}^{2+}]_i$ response in individual UAendo cells is comprised of an initial peak followed by transient calcium bursts are required for the simultaneous and robust production of NO. We show herein that the ATP-stimulated pregnancy programmed burst pattern for Ca^{2+} -mediated NO production was specifically abrogated by pre-treatment with (43,37)Gap27, but not (40,37)Gap26, or scrambled Gap27. Moreover, (43, 37) Gap27 pretreatment of UAendo from pregnancy converted ATP-stimulated Ca^{2+} and NO responses to ones that were identical to those we previously observed from nonpregnant Luteal or Follicular UAendo³⁹.

Perspectives

Gap junctions have a role in regulating vasodilatory pathways that modulate numerous cardiovascular functions which when dysfunctional contribute to hypertension. The connection between endothelial dysfunction, reduced NO biosynthesis, and reduced UBF in preeclampsia was previously noted^{4,6,7,9}. We show the normal physiologic rises in UBF and UA shear stress, Cx43, and eNOS are increased via local mechanisms only in the uterine vessels adjacent to the uterine horn that contain a feto-placental unit. Understanding the mechanisms regulating UA function, gives us greater understanding of the specific mechanisms controlling normal UBF during gestation which may function abnormally in preeclampsia. Mechanisms controlling UBF may be modulated by local steroid hormones or growth factors produced by the placenta, locally secreted into the uterine venous blood and reaching the tissues via arterial-venous shunts or the lymphatic drainage in order to cause unilateral vasodilation and vascular remodeling. We reported that UA endothelial ATP-induced eNOS activation and NO production is Ca^{2+} -mediated and has an obligatory requirement for Cx43. Thus even in conditions of uterine space limitations and placental insufficiency, uterine perfusion is partly maintained at control levels via the co-regulation of Cx43 and eNOS for more robust NO production. The end result is to maintain UBF for nutrient and oxygen delivery and thus fetal growth in an albeit comprised *in utero* environment.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Novelty and Significance

What is New?

The Gap junction protein, Cx43, is crucial for local Ca^{2+} -mediated eNOS activation and NO production by UA endothelium. We demonstrated an important physiologic mechanistic role for connexins and elevations in UA shear stress to maintain uterine perfusion via NO during pregnancy.

What is Relevant?

Preeclampsia with IUGR is a disorder of pregnancy seen in 5-13% of gestations and is associated with reduced UBF causing significant maternal and fetal morbidity and mortality as well as greater susceptibility and earlier onset of future cardiovascular disease in both the mother and baby.

Summary

In gravid uterine endothelium, we demonstrated that UA shear stress, endothelial Cx43 and eNOS are locally elevated and that the gap junction protein Cx43 is crucial for Ca^{2+} -mediated eNOS activation. These data demonstrate an important physiologic mechanistic role for connexins in regulating the increases in ovine UBF during pregnancy that is needed for fetal development.

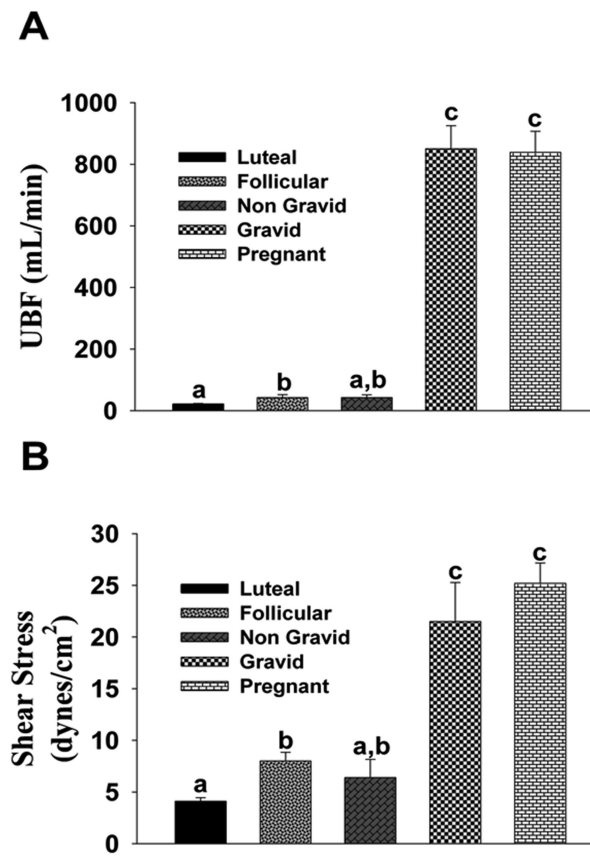


Figure 1. *In Vivo* measurement of uterine artery (A) Blood Flow (UBF) and (B) Shear Stress Nonpregnant (Luteal and Follicular) and Nongravid/Gravid Unilateral and Pregnant groups. Means \pm SEM; Different letters denote differences ($P<0.05$).

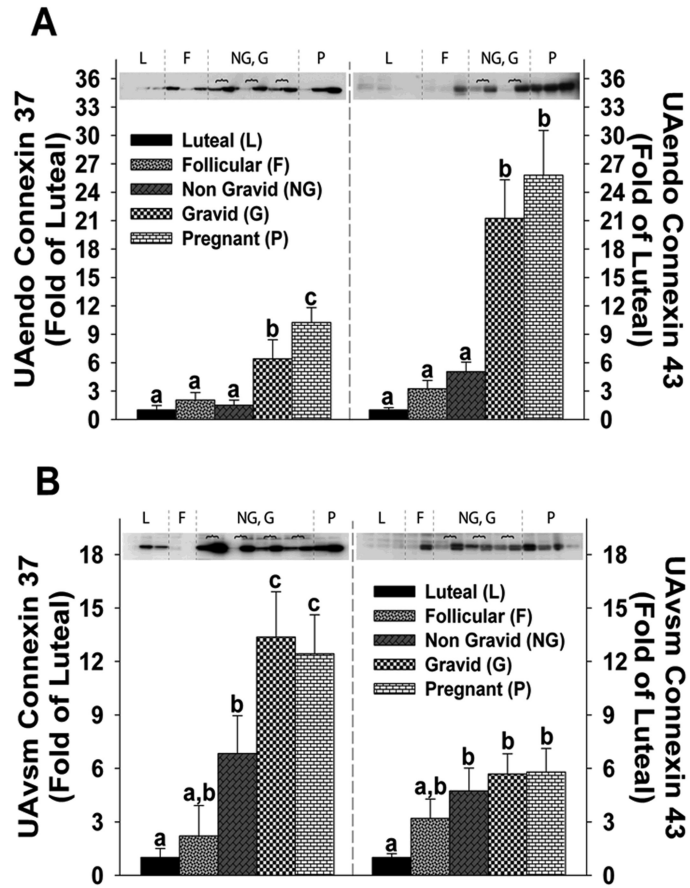


Figure 2. Connexin 37 and 43 protein expression in (A)uterine artery endothelium (UAendo) and (B)vascular smooth muscle (UAvsm) from luteal, follicular, nongravid/gravid unilateral pregnant, and control pregnant ewes
 Western Blot analysis comparing relative levels of connexin 37 and 43 in from luteal (L;n=8), follicular (F;n=8), unilateral [nongravid (NG) vs. gravid (G);n=15], and pregnant (P;n=23) sheep. Horizontal brackets (**) represent NG (left),G (right) pairs within individual animals. Data are expressed as Means±SEM fold of L. Different letters denote differences (P<0.05).

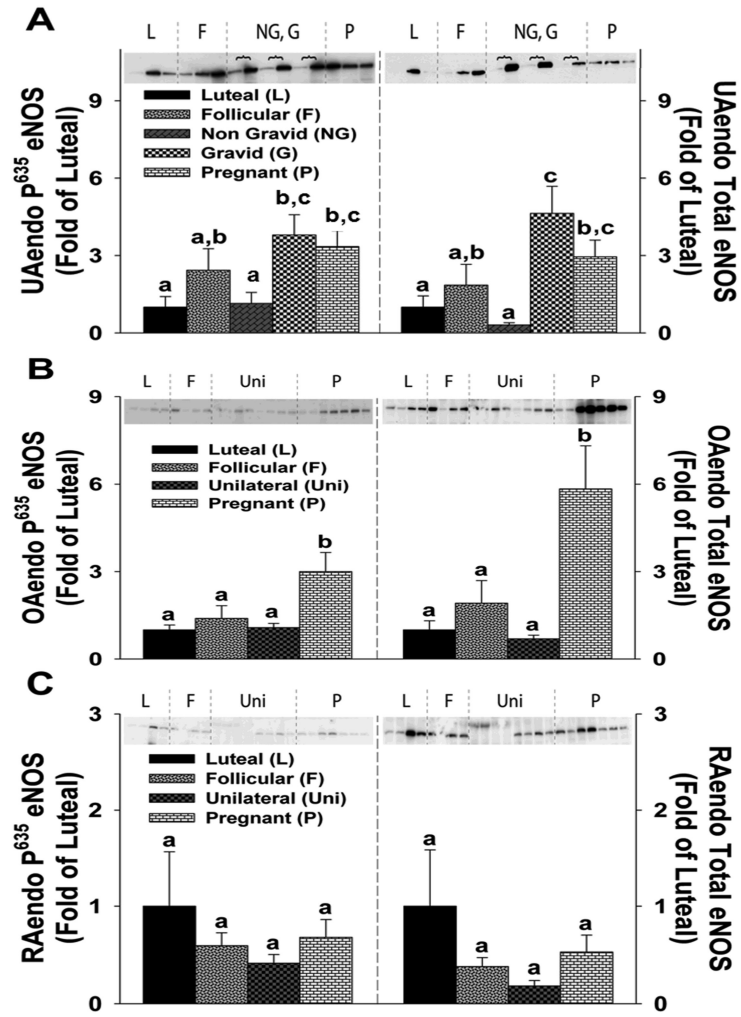


Figure 3. P⁶³⁵ eNOS and Total eNOS protein expression in (A)uterine artery (UAendo) and (B&C)systemic artery endothelium (OAendo/RAendo) from luteal, follicular, unilateral, and pregnant ewes

Western Blot analysis comparing the relative levels of P⁶³⁵ eNOS and total eNOS in (A)UAendo and (B)OAendo and (C)RAendo obtained from luteal (L;n=8), follicular (F;n=8), unilateral [nongravid (NG) vs. gravid(G) n=15], and pregnant (P;n=23) sheep for UAendo as well as luteal (L;n=4), follicular (F;n=4), unilateral (Uni;n=8) and pregnant (P;n=7) for both OAendo and RAendo. Data are expressed as Means±SEM fold of L. Horizontal brackets () represent NG (left lanes), G(right lanes) pairs within individual animals. Different letters denote differences (P<0.05).

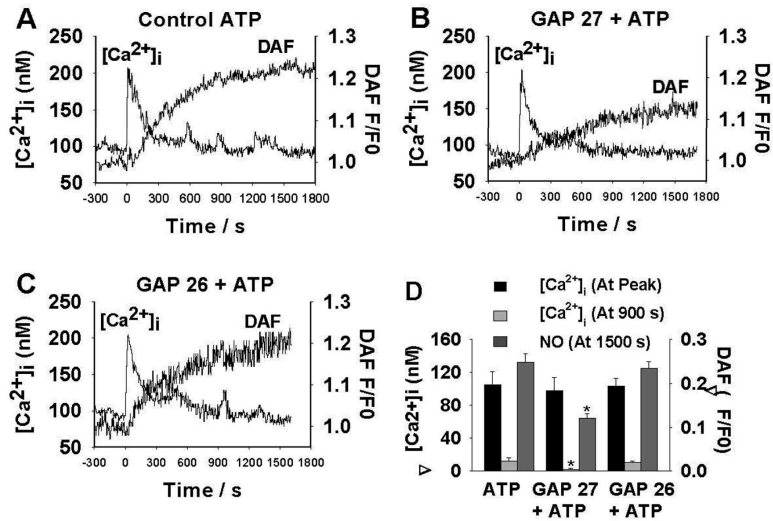


Figure 4. Simultaneous *in situ* measurements of intracellular free Ca^{2+} concentrations ($[Ca^{2+}]_i$) and nitric oxide (NO) levels in individual cells of intact uterine artery (UA) endothelium
 (A) Representative simultaneous recordings of ATP-induced (100 μ M; 25 min) increases in $[Ca^{2+}]_i$ and DAF-2 fluorescence (NO) from a single intact UA endothelial cell from control pregnant ewes. (B) Effect of Gap27 (300 μ M) pre-exposure on ATP-induced $[Ca^{2+}]_i$ and NO production. (C) Effect of Gap26 (300 μ M) pre-exposure on ATP-induced $[Ca^{2+}]_i$ and NO production. 4A & C show multiple $[Ca^{2+}]_i$ peaks (bursts) whereas 4B shows a single initial $[Ca^{2+}]_i$ peak (burst) and reduced NO. (D) Summary: Effect of Gap27 and GAP26 (300 μ M) pre-treatment on Mean \pm SEM ATP-induced $[Ca^{2+}]_i$ and NO production in intact UA endothelium. Responses: We determined $[Ca^{2+}]_i$ at both the initial peak and at 900 s and DAF-2 signals at 1,500 s from 6 to 8 ewes for GAP27 and 5 for GAP26. * $P < 0.05$ ATP > Gap 27 + ATP.