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Lipoprotein(a) Concentrations, Rosuvastatin Therapy, and Residual Vascular Risk: An Analysis from the JUPITER Trial

Amit V. Khera, MD¹, Brendan M. Everett, MD, MPH^{1,2}, Michael P. Caulfield, PhD³, Feras M. Hantash, PhD³, Jay Wohlgemuth, MD³, Paul M Ridker, MD, MPH^{1,2}, and Samia Mora, MD, MHS^{1,2}

¹Division of Preventive Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, MA

²Division of Cardiovascular Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, MA

³Quest Diagnostics Nichols Institute, San Juan Capistrano, CA

Abstract

Background—Lipoprotein(a) [Lp(a)] is an LDL-like particle largely independent of known risk factors and predictive of cardiovascular disease (CVD). Statins may offset the risk associated with elevated Lp(a), but it is unknown if Lp(a) is a determinant of residual risk in the setting of low LDL-cholesterol after potent statin therapy.

Methods and Results—Baseline and on-treatment Lp(a) concentrations were assessed in 9,612 multiethnic JUPITER trial participants before and after random allocation to rosuvastatin 20 mg/ day or placebo, with outcomes reported for whites (N=7,746). Lp(a) concentrations (nmol/L) were highest in blacks (median [25^{th} – 75^{th} percentile] 60 [34–100]), then Asians (38 [18–60]), hispanics (24 [11–46]), and whites (23 [10–50]); p<0.001. While the median change in Lp(a) with rosuvastatin and placebo was zero, rosuvastatin nonetheless resulted in a small but statistically significant positive shift in the overall Lp(a) distribution (p<0.0001). Baseline Lp(a) concentrations were associated with incident CVD: adjusted hazard ratio (HR) per 1-SD increment in Ln[Lp(a)] 1.18 (95% CI 1.03 – 1.34; p=0.02). Similarly, on-statin Lp(a) concentrations were associated with residual risk of CVD: adjusted HR 1.27 (95% CI 1.01 – 1.59; p=0.04), which was independent of LDL-cholesterol and other factors. Rosuvastatin significantly reduced incident CVD among participants with baseline Lp(a) median (HR 0.62, 0.43–0.90) and Lp(a)<median (HR 0.46, 0.30–0.72), with no evidence of interaction. Similar results were obtained when analyses included non-whites.

Conclusion—Among white JUPITER participants treated with potent statin therapy, Lp(a) was a significant determinant of residual risk. The magnitude of relative risk reduction with rosuvastatin was similar among participants with high or low Lp(a).

Keywords

Lipoproteins; Statins; Risk Factors

Correspondence: Samia Mora, MD, MHS, Brigham and Women's Hospital, 900 Commonwealth Avenue East, Boston, MA 02215., Phone: 617-278-0783, Fax: 617-264-9194, smora@partners.org.

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Medical therapies, including statins, have demonstrated efficacy in the prevention of cardiovascular events across a wide spectrum of baseline risk.¹ However, substantial residual risk has fostered interest in identifying the underlying risk factors in hopes of identifying novel targets of therapy. Lipoprotein(a) [Lp(a)] is a low density lipoprotein (LDL)-like particle with apolipoprotein B covalently linked to apoliprotein(a) by a single disulfide bond.²

Since its initial description by Berg in 1963 as a variant of LDL, the Lp(a) molecule has generated interest regarding its potential proatherogenic or prothrombotic role in human disease.³ Circulating concentrations of Lp(a) differ widely across individuals and ethnic subgroups, mediated in large part by genetic variation at the *LPA* gene locus.² Individuals contain highly polymorphic copy numbers of the Kringle IV-type 2 domain, with lower numbers relating to smaller apoliprotein(a) size and increased plasma Lp(a) concentrations.⁴ Robust associations between Lp(a) and cardiovascular disease (CVD) outcomes have been noted in previous studies conducted in general populations, with Lp(a) concentrations providing small, statistically significant improvement in risk prediction when added to conventional risk factors.^{5, 6} Recent Mendelian randomization studies have linked genetic variations at the *LPA* locus to both circulating plasma concentrations and the risk of CVD, supporting a possible causal role of Lp(a) in CVD pathogenesis.^{7, 8}

Previous studies have suggested that statin therapy may attenuate the risk associated with Lp(a), although current data addressing this common clinical question remains very limited.⁹ After the completion of the Justification for the Use of Statins in Prevention: An Intervention Trial Evaluating Rosuvastatin (JUPITER) trial but before obtaining the Lp(a) measurements, we prespecified the hypothesis that the residual risk of CVD may be related in part to increased Lp(a) concentrations. Therefore, we determined the association of baseline and on-treatment Lp(a) concentrations with incident CVD events in the context of potent rosuvastatin therapy and very low achieved LDL-cholesterol concentrations in JUPITER.

Methods

Study Population

JUPITER (Clinical Trial.gov number NCT00239681) was a primary prevention randomized, double-blind, placebo-controlled trial investigating whether rosuvastatin 20 mg per day would decrease incident CVD in 17,802 asymptomatic individuals with LDL-cholesterol (LDL-C) < 130 mg/dL and a high-sensitivity C-reactive protein (hsCRP) 2.0 mg/L.¹⁰ Exclusion criteria for the JUPITER trial were diabetes, previous or current use of lipid-lowering therapy, or triglycerides greater than 500 mg/dL. The trial protocol stipulated both a baseline and 12-month visit for blood draws and immediate trial assays. Study participants were requested but not required to provide samples for additional phenotyping: 11,953 participants provided these additional samples at both baseline and one year, and of these, 9,612 had sufficient sample remaining for Lp(a) assessment. Owing to ethnic variation in Lp(a) concentrations and the smaller proportion of non-white participants in JUPITER, the primary outcomes analysis is reported among white participants (n = 7,746) with subsequent sensitivity analyses that included all 9,612 white and non-white participants. A small number of samples failed assay quality control criteria (< 0.2%), leading to an effective size of 7,730 and 7,739 individuals for the baseline and on-statin white cohort, respectively.

Laboratory Measurements

Lipid, apolipoprotein, and hsCRP values were assayed in a core laboratory as previously described.^{10–12} Consistent with previous JUPITER biomarker analyses, on-treatment Lp(a)

concentrations were defined as values obtained after one year of randomized treatment.^{11–14} Lp(a) concentrations were measured in a blinded manner at Quest Diagnostics Nichols Institute (San Juan Capistrano, CA) using a commercially available assay (Randox Laboratories; Crumlin, Co. Antrim, United Kingdom) that is not affected by Kringle IV type-2 repeats. Given substantial interindividual variability in the number of Kringle IV type-2 repeats and thus Lp(a) molecular weight, values were measured and reported in nmol/L to reflect the concentration of Lp(a) particles. This methodology of Lp(a) assessment is in accordance with a recent National Heart, Lung, and Blood Institute workshop recommendation.¹⁵ An assessment of five standard samples across a broad range of Lp(a) concentrations indicated that conversion to mg/dL can be approximated by dividing nmol/L values by 2.15 ($r^2 = 0.998$ for linearity). Mean coefficient of variation for the assay was 3.5%, 4.0% and 2.6 % at Lp(a) concentrations of 38, 60 and 138 nmol/L, respectively.

Outcomes

Our primary outcome was the pre-specified JUPITER trial primary endpoint, a composite CVD endpoint that included incident myocardial infarction, stroke, hospitalization for unstable angina, arterial revascularization, or cardiovascular death. In the current analysis, we also examined a combined endpoint of CVD and all-cause mortality consistent with prior analyses of lipids and residual risk in JUPITER.¹² Endpoint criteria have been described previously; all were adjudicated by an independent committee blinded to treatment assignment.¹⁰

Statistical Analysis

Statistical analyses were performed with SAS version 9.1 (SAS Institute Inc., Cary, North Carolina). Medians, 25th, and 75th percentiles were calculated for continuous variables. The significance of variation in Lp(a) values across categorical clinical characteristics was assessed using the nonparametric Wilcoxon rank sum or Kruskal-Wallis one-way analysis of variance tests. Spearman coefficients were used to express the magnitude of correlation between baseline and on-treatment biomarkers with corresponding Lp(a) concentrations.

Tests of outcomes were performed by calculating incidence rates per 100 person-years, with exposure time calculated as the time from randomization to occurrence of the primary endpoint or the date of death, last study visit, withdrawal, or loss to follow-up. Consistent with previous JUPITER biomarker analyses, on-treatment Lp(a) concentrations were defined as values obtained at one year of treatment.¹⁻¹⁴ As in prior reports, we decided a priori to include all postrandomization events in the on-treatment analysis of associations with incident events given minimal impact of statin therapy on Lp(a) and that any such change would have occurred within the first few weeks of randomization. Cox proportional hazard regression models were used to calculate hazard ratios (HRs) and 95% confidence intervals (CI) for first CVD. Hazard ratios are reported both per standard deviation (SD) increment in the natural logarithm (ln) of Lp(a) expressed as a continuous variable, and according to Lp(a) quartiles. P values for trend were obtained by including quartile number as a variable in the regression model. Regression models were adjusted for age, gender, and treatment group, with subsequent additional adjustment for smoking status, family history of premature coronary disease, body mass index, systolic blood pressure, fasting glucose, HDL-cholesterol, LDL-cholesterol, and log transformed values for triglycerides and hsCRP. Results were also unaffected in a sensitivity analysis that removed family history of premature coronary disease from the adjusted model. Similar analyses were subsequently conducted using an expanded endpoint of the primary endpoint plus all-cause mortality. Additional sensitivity analyses were performed including non-white participants. We assessed for non-linearity in the association of Lp(a) and outcomes by repeating the analyses The risk reduction for the primary endpoint with rosuvastatin therapy was calculated in participant subgroups dichotomized by the median baseline Lp(a) concentration to assess for heterogeneity of effect. Statistical tests for interaction between Lp(a) concentration and treatment allocation in relation to outcomes were obtained using likelihood ratio tests. Cutpoint analysis implemented a threshold of 50 mg/dL (approximately 108 nmol/L using a correction factor of 2.15) as well as the 90th percentile of Lp(a) in accordance with the recommendations of a recent expert panel and a previous cohort analysis respectively.^{16, 17} All P-values were two-tailed with a value < 0.05 considered to indicate statistical significance.

Results

Lp(a) concentrations were greatest in black participants (n = 853; median 60 nmol/L), then Asians(n=138; median 38 nmol/L), then hispanics (n = 784; median 24 nmol/L) and whites (n = 7730; median 23 nmol/L), as displayed in Supplemental Table 1. Subsequent analyses were thus restricted to white participants unless otherwise noted.

Baseline characteristics of the white JUPITER Lp(a) cohort were similar to those in which Lp(a) was not available and the overall study population, except for a slightly decreased prevalence of metabolic syndrome in patients included in the present analysis (Table 1). As shown in Table 2, women had higher Lp(a) concentrations than men (26 vs 22 nmol/L, p<0.0001). Participants with metabolic syndrome had lower Lp(a) compared with those without metabolic syndrome (20 vs 25 nmol/L, p<0.0001). As anticipated, Lp(a) was weakly correlated with other risk factors at baseline and on-statin treatment (Supplemental Table 2). Spearman correlation coefficients between baseline Lp(a) and LDL-cholesterol, apolipoprotein B, and hsCRP were 0.13, 0.08, and 0.04, respectively.

Among the placebo group, Lp(a) concentrations at baseline and twelve months were stable and highly self-correlated (Spearman r = 0.95; intraclass correlation coefficient 0.93 [95% CI 0.89–0.97]). Similar results were noted in the rosuvastatin arm, with Spearman r = 0.95 and intraclass correlation coefficient 0.92 (95% CI 0.87 – 0.97). While the median change in Lp(a) with rosuvastatin and placebo was zero, rosuvastatin nonetheless resulted in a small but statistically significant positive shift in the overall Lp(a) distribution; 25th, 75th percentile change in Lp(a): (–1, 5) for rosuvastatin, and (–3, 2) for placebo, p<0.0001. No relationship was noted between change in LDL-cholesterol and change in Lp(a) with statin therapy (Spearman r = 0.02; p=0.14).

Incident cardiovascular events according to baseline Lp(a) concentrations

During a median follow-up of 2.0 years, the primary and expanded CVD endpoints occurred in 210 and 283 white JUPITER participants respectively. Baseline Lp(a) was associated with increased risk of CVD (Table 3), with fully adjusted HR per 1-SD increment in ln Lp(a) (representing an approximately 2.5-fold increment in Lp(a)) of 1.18 (95%CI 1.03 – 1.35) and 1.21 (95%CI 1.08 – 1.36) for the primary and expanded endpoint respectively. Incidence rates and HRs also indicated a statistically significant increased risk in the quartile of patients with the highest Lp(a) concentrations (> 50 nmol/L) as compared to those in the referent quartile with the lowest Lp(a) values, with adjusted HR of 1.64 (95% CI 1.12 – 2.41) for the primary endpoint and 1.61 (95%CI 1.16 – 2.25) for the expanded endpoint. The association of baseline Lp(a) with CVD did not differ according to randomized treatment group, with no significant interaction in an unadjusted model including treatment group and Lp(a) as a continuous variable (p-interaction = 0.80; Supplemental Tables 3 and 4) or

quartile number (p-interaction =0.80). Furthermore, the association of Lp(a) with CVD was similar across clinically relevant clinical subgroups as displayed in Supplemental Table 5 (p-interaction > 0.05 for all). The observed relationship was somewhat stronger in participants with baseline hsCRP below the cohort median of 4.0 mg/L, with HR 1.32 (95% CI 1.10 – 1.59), as compared with those equal to or above the median, HR 1.05 (95% CI 0.88 – 1.26), although this interaction did not achieve statistical significance in formal interaction testing (p-interaction = 0.09).

Residual risk according to on-statin Lp(a) concentrations

Among patients allocated to rosuvastatin, greater on-treatment Lp(a) concentrations were similarly associated with residual risk of CVD, with adjusted HR of 1.27 for each SD change in Lp(a) (95% CI 1.01 – 1.59) for the primary endpoint and 1.29 (95% CI 1.07–1.56) for the expanded endpoint (Table 4). Quartile analysis showed directionally consistent results. Additional models that examined on-treatment Lp(a) adjusted for on-statin (instead of baseline) concentrations of HDL-cholesterol, LDL-cholesterol, ln triglycerides, and ln hsCRP yielded similar results (Supplemental Table 6).

Threshold analysis

The previously recommended threshold of 50 mg/dL (approximately 108 nmol/L) was exceeded by 11% of white participants at baseline. Compared with participants whose baseline Lp(a) was <50 mg/dL, those with Lp(a) 50 mg/dL had increased risk of CVD, with fully adjusted HRs of 1.57 (95% CI 1.08 – 2.27; p=0.02) and 1.69 (95% CI 1.24 – 2.31; p=0.001) for the primary and expanded endpoints, respectively. Similarly, participants whose on-statin Lp(a) exceeded this threshold (13% of the cohort) exhibited a trend towards increased risk for the primary (HR 1.67; 95% CI 0.93 – 3.02; p=0.09) and expanded endpoint (HR 1.54; 95% CI 0.93 – 2.55; p=0.09). A similar analysis dichotomized white participants based on the 90th percentile value (116 nmol/L at baseline, 134 nmol/L in the on-statin group). Compared with white participants whose Lp(a) was <90th percentile, individuals with baseline Lp(a) 90th percentile had a trend towards increase risk of the primary endpoint (adjusted HR 1.48; 95% CI 1.00 – 2.20; p=0.05) which was statistical significant for the expanded endpoint (adjusted HR 1.64; 95% CI 1.18 – 2.27; p=0.003). Onstatin analyses indicated similar results (primary endpoint adjusted HR 1.96; 95% CI 1.04 – 3.67; p=0.04; expanded endpoint adjusted HR 1.75; 1.02 – 3.00; p=0.04).

Lp(a) associations in multiethnic cohort and by ethnic subgroups

A sensitivity analysis was conducted in the multiethnic cohort including all participants with Lp(a) concentrations available. The baseline cohort included 9,591 multiethnic participants, in whom the primary and expanded endpoints occurred in 234 and 327 participants respectively. The adjusted HRs per 1-SD (roughly 2.5-fold) increase were 1.19 (95% CI 1.04 – 1.35; P = 0.01) for the primary endpoint and 1.19 (95% CI 1.06 – 1.32; P = 0.002) for the expanded endpoint. A similar analysis was conducted using the on-statin subgroup involving 4,797 participants with 81 primary and 118 expanded endpoints observed. The adjusted HRs per 1-SD increase were 1.29 (95% CI 1.03 – 1.61; P = 0.02) and 1.25 (95% CI 1.04 – 1.50; P = 0.02) for the primary and expanded endpoints.

Few primary events occurred in blacks (n=13) or hispanics (n=6), limiting power to explore relationships with incident events. The adjusted HRs per 1-SD increment were 1.43 (95% CI 0.69 - 2.98; P = 0.34) in black participants and 1.23 (95% CI 0.55 - 2.75) in hispanic participants in this cohort. There was no evidence of interaction by ethnicity when model involved all ethnic groups (p-interaction = 0.52) or in an additional analysis that dichotomized participants as white vs. nonwhite (p-interaction = 0.37).

Efficacy of rosuvastatin according to baseline Lp(a)

Rosuvastatin had similar efficacy in reducing the incidence of the primary and expanded endpoints in participant subgroups with above or below median baseline Lp(a) concentrations (Figure), p-interaction = 0.33 and 0.10 for the primary and expanded endpoint respectively.

Discussion

This evaluation from the JUPITER trial among participants with initially low LDLcholesterol and elevated hsCRP demonstrates that baseline Lp(a) concentrations were associated with increased CVD risk. In addition, among white participants randomly allocated to potent statin therapy who achieved very low LDL-cholesterol (median ontreatment LDL-cholesterol 54 mg/dl), baseline and on-statin Lp(a) concentrations were associated with residual risk of CVD. This was independent of other risk factors, including LDL-cholesterol. Rosuvastatin had similar efficacy in reducing CVD regardless of baseline Lp(a). Threshold analyses using previously proposed clinical cutpoints demonstrated potential utility in identifying asymptomatic individuals at increased CVD risk. This increased risk in the context of robust LDL-cholesterol and CRP-lowering with statin therapy reinforces growing interest in targeting Lp(a) for residual risk assessment and potential modulation for therapeutic gain.

Our data complement recent studies demonstrating that genetic polymorphisms conferring higher Lp(a) concentrations were associated with increased risk for atherosclerotic events, thus supporting the notion that lifelong elevation in Lp(a) may be causally associated with CVD.^{7, 8} However, the relative contribution of multiple potential mechanisms remains unclear.² Apolipoprotein(a) may lead to a prothrombotic state based on interference with plasminogen activation. Additional data has demonstrated an effect of Lp(a) on endothelial cell permeability, adhesion molecule expression, and regulation of vascular proliferation.² Lp(a) also serves as a carrier of oxidized phospholipids which may propagate atherosclerosis via inflammatory pathways. Indeed, Lp(a) concentrations are increased in humans with a broad range of inflammatory conditions.^{18–20}

The results from this study are broadly consistent with a recent individual participant metaanalysis that noted adjusted risk ratios per 1-SD increment of ln Lp(a) for coronary disease of 1.13 (95% CI 1.09 – 1.18).⁵ We confirmed the substantially increased Lp(a) concentrations in blacks and modest elevations in women noted in previous reports.⁵ Lp(a) concentrations were highest in blacks, followed by Asians, then hispanics and whites. Although our study included fewer nonwhite than white participants, a recent analysis from the Atherosclerosis Risk in Communities study found similar associations with CVD among whites and blacks.²¹ We also note lower concentration of Lp(a) in participants with the metabolic syndrome, a finding that is consistent with previous data indicating an inverse relationship between baseline Lp(a) and incident diabetes in two large population-based cohorts.²²

Prior data regarding the relationship between Lp(a) and CVD outcomes in the setting of statin therapy is limited and inconsistent. An analysis of the Familial Atherosclerosis Treatment Study involving 146 males with both hypercholesterolemia and a family history of premature coronary disease suggested that baseline Lp(a) concentrations were associated with coronary disease severity but that the impact of high Lp(a) on clinical events was attenuated if LDL-cholesterol reduction >10% was achieved pharmacologically, a concept that was not supported by the current JUPITER results.⁹ In the Scandinavian Simvastatin Survival Study of secondary prevention among individuals with hypercholesterolemia, baseline Lp(a) concentrations were moderately higher in patients who ultimately suffered a

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major coronary event or all-cause death, but on-treatment Lp(a) concentrations were not measured.²³ The Air Force/Texas Coronary Atherosclerosis Prevention Study (21 coronary events) reported an HR of 1.15 (95% CI 0.72 - 1.84) per 3.5-fold increase (roughly one SD) in baseline Lp(a) concentrations, a point estimate similar in magnitude to the current analysis.⁵ By contrast, null associations were noted in a small case control study (108 cases) from the West of Scotland Coronary Prevention Study.²⁴ These disparate findings may reflect varying methodologies in Lp(a) measurement and mixed adherence to current recommendations to use size-independent metrics of Lp(a).

Therapeutic targeting of Lp(a) concentrations to achieve cardiovascular risk reduction is not currently practiced clinically. Niacin is known to decrease Lp(a) by up to 40%, in addition to other effects on lipids.²⁵ The recently completed AIM-HIGH and HPS2-THRIVE studies, which failed to demonstrate clinical benefit with the addition of niacin or niacin/laropiprant to LDL-reduction therapy, may afford an opportunity for additional analyses of these interventions in subgroups of participants with elevated Lp(a).^{26–27}

Beyond niacin, multiple novel agents currently in various stages of development have been noted to decrease Lp(a) concentrations. For example, the cholesteryl ester transfer protein inhibitor anacetrapib decreased Lp(a) by 36% and is currently being evaluated in the Phase III Randomized EValuation of the Effects of Anacetrapib Through Lipid-modification trial (NCT01252953).²⁸ Inhibition of proprotein convertase subtilisin/kinexin 9 (PCSK9) has also demonstrated moderate ability to decrease Lp(a) in addition to LDL-cholesterol reduction.²⁹ Mipomersen, an antisense oligonucleotide targeting apolipoprotein B also decreased Lp(a) by 17% and was approved recently by the Food and Drug Administration for the treatment of familial hypercholesterolemia.³⁰ Interventions that specifically target Lp(a) are not available at present, although an antisense oligonucleotide directed against Kringle IV repeats demonstrated ability to reduce Lp(a) in transgenic murine models.³¹ Enthusiasm has increased for an intervention trial that selectively enrolls patients with elevated Lp(a) concentrations, although no specific trial plans have been announced.²

Current study limitations include the two-year median length of follow-up in the JUPITER trial related to the study's early termination due to clinical benefit. Generalizability may be limited beyond the population studied, specifically asymptomatic and nondiabetic participants meeting LDL-cholesterol and hsCRP eligibility criteria. Strengths of the study include the large number of participants with randomized baseline and on-treatment Lp(a) concentrations assayed with a validated immunoassay independent of kringle IV type-2 repeats, detailed baseline cardiovascular risk assessment, prospective endpoint adjudication, and the use of potent statin therapy with very low achieved LDL-cholesterol concentrations.

Conclusions

In this cohort of asymptomatic white JUPITER participants with low LDL-cholesterol and elevated hsCRP, Lp(a) was a significant determinant of residual risk. Furthermore, the efficacy of rosuvastatin in reducing CVD was similar among participants with high or low Lp(a) concentrations. Future studies are needed to directly assess the impact of specifically lowering Lp(a) concentrations for potentially reducing residual risk.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1.

Efficacy of rosuvastatin according to baseline lipoprotein(a) concentration. Hazard ratios and 95% confidence intervals according to intention-to-treat analysis for the primary endpoint (top) and the expanded endpoint (bottom) by baseline lipoprotein(a) concentrations. For the primary endpoint, hazard ratio with rosuvastatin therapy was 0.47 (95%CI 0.30 – 0.72) for participants with baseline Lp(a) concentration below the median and 0.62 (95%CI 0.43 – 0.90) in those above the median (p-interaction = 0.33). Similarly, for the expanded endpoint, hazard ratios were 0.46 (95%CI 0.32 – 0.69) and 0.72 (95%CI 0.52 – 0.97) for those below and above the median respectively (p-interaction = 0.10).

Table 1

Clinical characteristics of white participants in the JUPITER Lp(a) cohort and overall study population

	Lp(a) Cohort (N= 7,746)*	Lp(a) Unavailable (N = 4,937)	Overall Cohort (N = 17,802)
	Median (25 th – 75 th %) or N (%)	Median (25 th – 75 th %) or N (%)	Median (25 th – 75 th %) or N (%)
Age, yr	66 (60 - 71)	66 (60 - 71)	66 (60 – 71)
Female Sex	2574 (33%)	1623 (33%)	6801 (38%)
Rosuvastatin group	3882 (50%)	2476 (50%)	8901 (50%)
BMI, kg/m ²	28 (25 - 32)	29 (26 - 32)	28 (25 – 32)
SBP, mm Hg	135 (125– 146)	134 (125 – 145)	134 (124 – 145)
DBP, mm Hg	80 (74 - 86)	80 (75 - 87)	80 (75 - 87)
Current smoker	1111 (14%)	733 (15%)	2820 (16%)
FH of premature CHD	1054 (14%)	656 (13%)	2045 (11.5%)
Metabolic syndrome	2892 (38%)	2151 (44%)	7375 (42%)
Aspirin use	1463 (19%)	929 (19%)	2958 (16.6%)
hsCRP, mg/L	4.0 (2.7 – 6.4)	4.1 (2.8 - 6.6)	4.3 (2.9 – 7.1)
Lipoprotein(a), nmol/L	23 (10 - 50)		
LDL-cholesterol, mg/dL	110 (96 – 120)	110 (97 – 120)	108 (94 – 119)
HDL-cholesterol, mg/dL	50 (41 - 61)	48 (40 - 59)	49 (40 - 60)
Triglycerides, mg/dL	114 (82 – 160)	120 (87 – 174)	118 (85 – 169)
Total cholesterol, mg/dL	187 (172 – 201)	187 (171 – 201)	185 (169 – 200)
Glucose, mg/dL	95 (89 - 101)	96 (89 – 104)	94 (88 - 102)
Glycated hemoglobin, %	5.6 (5.4 - 5.8)	5.7 (5.4 - 5.9)	5.7 (5.5 – 5.9)
GFR, ml/min/1.73 m ² of body surface area	73 (65 – 82)	72 (64 - 81)	74 (65 – 84)

* Baseline Lp(a) measurements available on 7730 white participants. Family history of premature coronary disease defined as diagnosis of the disease in a male first-degree relative before the age of 55 years or in a female first-degree relative before the age of 65 years.

Table 2

Baseline lipoprotein(a) concentration according to clinical subgroups among white JUPITER participants

		N	Median (25 th – 75 th %)	P-value
Sex	Men	5172	22 (10 - 47)	< 0.0001
	Women	2574	26 (12 - 53)	
Treatment group	Placebo	3864	23 (10 - 48)	0.96
	Rosuvastatin	3882	24 (10 - 51)	
Current smoker	No	6635	23 (10 - 49)	0.61
	Yes	1111	25 (10 - 52)	
FH of premature CHD	No	6666	23 (10 - 49)	0.09
	Yes	1054	25 (11 – 53)	
Metabolic syndrome	No	4788	25 (11 – 53)	< 0.0001
	Yes	2892	20 (10 - 44)	
Aspirin use	No	6283	23 (10 - 49)	0.16
	Yes	1463	23 (11 – 54)	

Family history of premature coronary disease defined as diagnosis of the disease in a male first-degree relative before the age of 55 years or in a female first-degree relative before the age of 65 years.

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	Quartile One	Quartile Two	Quartile Three	Quartile Four	P-trend	HR/SD increment	P-value
Range (nmol/L)	10	11 - 23	24 - 49	50			
Primary Endpoint							
# of events / N	44 / 1991	50 / 1884	45 / 1957	71 / 1898		210 / 7730	
Incidence rate, per 100 person years	0.99	1.17	1.02	1.62	0.02	1.20	
Model One	1.00	$\begin{array}{c} 1.18\\ (0.79-1.78)\\ \mathbf{P}=0.44 \end{array}$	$\begin{array}{c} 1.04 \\ (0.68-1.58) \\ \mathbf{P}=0.87 \end{array}$	$\begin{array}{c} 1.70 \\ (1.16-2.47) \\ P=0.006 \end{array}$	0.01	1.19 (1.05 – 1.36)	0.008
Model Two	1.00	$\begin{array}{c} 1.19\\ (0.79-1.79)\\ \mathbf{P}=0.40 \end{array}$	$\begin{array}{c} 1.02 \\ (0.67-1.56) \\ \mathbf{P}=0.93 \end{array}$	$\begin{array}{c} 1.64 \\ (1.12-2.41) \\ P=0.01 \end{array}$	0.02	$ \begin{array}{c} 1.18 \\ (1.03 - 1.35) \end{array} $	0.02
Primary Endpoint Plus Total Morts	lity						
# of events / N	59 / 1991	63 / 1884	67 / 1957	94 / 1898		283 / 7730	
Incidence rate, per 100 person years	1.32	1.47	1.53	2.14	0.004	1.62	
Model One	1.00	$\begin{array}{c} 1.11 \\ (0.78-1.59) \\ P=0.56 \end{array}$	$\begin{array}{c} 1.15\\ (0.81-1.63)\\ \mathbf{P}=0.44 \end{array}$	$\begin{array}{c} 1.66\\ (1.20-2.29)\\ P=0.002 \end{array}$	0.002	(1.09 - 1.37)	0.0005
Model Two	1.00	$\begin{array}{c} 1.12 \\ (0.78-1.60) \\ P=0.54 \end{array}$	$\begin{array}{c} 1.14 \\ (0.80-1.63) \\ \mathbf{P}=0.47 \end{array}$	$\begin{array}{c} 1.61 \\ (1.16-2.25) \\ P=0.005 \end{array}$	0.005	(1.08 - 1.36)	0.001

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Hazard ratios are expressed per 1-SD increment in ln Lp(a), with 1-SD representing an approximately 2.5-fold increment in Lp(a). N = 7,730 reflective of number of white participants with baseline Lp(a) value available.

Model One: Adjusted for age, gender, and treatment group.

Model Two: Adjusted for age, gender, treatment group, smoking, family history of premature coronary disease, body mass index, systolic blood pressure, fasting glucose, HDL-cholesterol, LDLcholesterol, ln triglycerides, ln hsCRP **NIH-PA Author Manuscript**

Table 4

Association between on-statin lipoprotein(a) and residual risk among white JUPITER participants randomly allocated to rosuvastatin

	Quartile One	Quartile Two	Quartile Three	Quartile Four	P-trend	HR/SD	P-value
Range (nmol/L)	10	11 - 23	24 - 53	54			
Primary Endpoint							
# of events / N	19 / 1068	10 / 872	22 / 984	24 / 953		75 / 3877	
Incidence rate, per 100 person years	67.0	0.52	86.0	1.10	0.13	0.86	
Model One	1.00	$\begin{array}{c} 0.65 \\ (0.30-1.39) \\ P=0.26 \end{array}$	$\begin{array}{c} 1.16\\ (0.63-2.15)\\ P=0.63\end{array}$	$\begin{array}{c} 1.47 \\ (0.81-2.69) \\ P=0.21 \end{array}$	0.10	1.29 (1.03 – 1.60)	0.02
Model Two	1.00	$\begin{array}{c} 0.64 \\ (0.30-1.39) \\ \mathbf{P}=0.26 \end{array}$	$\begin{array}{c} 1.17\\ (0.63-2.18)\\ P=0.62 \end{array}$	$\begin{array}{c} 1.37\\ (0.73-2.57)\\ \mathbf{P}=0.32\end{array}$	0.17	1.27 (1.01 – 1.59)	0.04
Primary Endpoint Plus Total Mort:	ality						
# of events / N	23 / 1068	17 / 872	31 / 984	35 / 953		106 / 3877	
Incidence rate, per 100 person years	96.0	0.88	1.38	1.61	0.02	1.21	
Model One	1.00	$\begin{array}{c} 0.90\\ (0.48-1.69)\\ \mathbf{P}=0.75 \end{array}$	$\begin{array}{c} 1.33\\ (0.77-2.28)\\ \mathbf{P}=0.31 \end{array}$	$\begin{array}{c} 1.75 \\ (1.03-2.97) \\ \mathbf{P}=0.04 \end{array}$	0.02	$ \begin{array}{c} 1.30 \\ (1.08 - 1.56) \end{array} $	0.006
Model Two	1.00	$\begin{array}{c} 0.91 \\ (0.48 - 1.70) \\ \mathbf{P} = 0.65 \end{array}$	$\begin{array}{c} 1.35\\ (0.78-2.32)\\ \mathbf{P}=0.37\end{array}$	$\begin{array}{c} 1.71 \\ (0.99 - 2.95) \\ P = 0.06 \end{array}$	0.03	1.29 (1.07 – 1.56)	0.01
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increment in Lp(a). lold 5 alery appr an lillig repr Ņ VIII I Lp(a), 5 Ξ sed per 1-SU increment Hazard ratios are expres

Model One: Adjusted for age and gender.

Model Two: Adjusted for age, gender, smoking, family history of premature coronary disease, body mass index, systolic blood pressure, glucose, and on-treatment levels of HDL-cholesterol, LDL-cholesterol, In triglycerides, and In hsCRP