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## 2'-Hydroxy ceramide in membrane homeostasis and cell signaling

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### Abstract

Ceramide is a precursor of complex sphingolipids and also plays important roles in cell signaling. With the advances in lipid analytical technologies, the structural diversity of ceramide species have become evident, and the complexity of cellular metabolism and function associated with distinct ceramide species is beginning to be revealed. One of the common structural variations of ceramide is 2'-hydroxylation of the *N*-acyl chain. Fatty acid 2-hydroxylase (FA2H) is one of the enzymes that introduce the hydroxyl group during *de novo* synthesis of ceramide. FA2H is essential for the normal functioning of the nervous system, as evidenced by demyelinating disorder associated with FA2H mutations in humans and mice. Studies of *Fa2h* mutant mice indicate that lack of 2'-hydroxy galactosylceramide in the myelin membrane results in loss of long-term stability of myelin and eventual demyelination. FA2H also regulates differentiation of various cell types (epidermal keratinocytes, schwannoma cells, adipocytes). When provided exogenously, ceramide induces apoptosis in many cell types. Interestingly, the effective concentration of 2'-hydroxy ceramide that induces apoptosis is significantly lower compared to non-hydroxy ceramide, and cells die much more rapidly, suggesting that 2'-hydroxy ceramide can mediate proapoptotic signaling distinct from non-hydroxy ceramide. Collectively, current evidence clearly shows that 2'-hydroxy ceramide and 2'-hydroxy complex sphingolipids have unique functions in membrane homeostasis and cell signaling that could not be substituted by non-hydroxy counterparts.

### Keywords

Ceramide; 2-hydroxy-ceramide; sphingolipids; 2-hydroxy-sphingolipids

### Introduction

The sphingolipid ceramide is a precursor of all complex sphingolipids as well as an essential component of sphingolipid-mediated cell signaling. Ceramide is composed of a long-chain base and an amide-linked fatty acid (the *N*-acyl chain). Both the long-chain base and the *N*-acyl chain are structurally highly diverse (Fig. 1). Commonly found ceramide species in mammalian cells contain a long-chain base of 16–20 carbons in length that can be saturated, C4–5 unsaturated, or C4-hydroxylated. The *N*-acyl chain is mostly 14–24 carbons in length

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and saturated or monounsaturated. Some of the ceramide species also contain 2'-hydroxy *N*-acyl chain, which are highly abundant in the brain and in the epidermis of the skin. Further complexity exists in ceramide species in the epidermis, testis and epididymal spermatozoa. The long-chain base in epidermal ceramide can be 12–28 carbons in length, some of which contain C6 hydroxyl group (Robson et al., 1994; Stewart and Downing, 1999). The epidermal ceramides also contain very unique ultra-long-chain fatty acids (28–36 carbons) with omega-hydroxyl group, which is either esterified with linoleic acid or linked to proteins (Breiden and Sandhoff, 2013; Madison, 2003; Rabionet et al., 2013). The unique ceramides in testis and epididymal spermatozoa contain polyunsaturated *N*-acyl chain of 27–32 carbons with or without 2'-hydroxyl group (Zanetti et al., 2010). Thus, there can be hundreds of different ceramide molecular species present in a single cell. Although the reason for the extreme diversity in ceramide molecular species is not fully understood, current evidence indicates that many of the structural modifications are associated with distinct biological activities. This review will focus on 2'-hydroxylation of the *N*-acyl chain and describe recent advances in our understanding of the biosynthesis and function of 2'-hydroxy ceramide.

## Synthesis of 2'-hydroxy ceramide

In the first step of *de novo* synthesis of ceramide, serine and a fatty acid (primarily palmitate) are condensed to 3-keto-dihydrosphingosine by serine palmitoyltransferase (SPT), and then reduced to dihydrosphingosine by 3-keto-dihydrosphingosine reductase (KDSR). Dihydroceramide synthase (CerS) catalyzes the *N*-acylation of dihydrosphingosine to form dihydroceramide using acyl-CoA. The 2'-hydroxyl group can be introduced in this step to form 2'-dihydroceramide. All six isoforms of CerS can utilize 2-hydroxy acyl-CoA to synthesize 2'-hydroxy dihydroceramide (Mizutani et al., 2008). Fatty acid 2-hydroxylase (FA2H) is one of the enzymes that supply 2-hydroxy fatty acids (Alderson et al., 2004) (Fig. 2).

Primary cells from patients with FA2H deficiency provided an opportunity to study FA2H-independent synthesis of 2'-hydroxy sphingolipids. FA2H-deficient fibroblasts, lymphocytes, and erythrocytes all contained 2'-hydroxy sphingomyelin, indicating there is at least one other 2-hydroxylase (Dan et al., 2011). Identity of the second enzyme is currently unknown, and the substrate for the 2-hydroxylation has not been determined.

Upon 2-hydroxylation of a fatty acid, the C2 carbon becomes chiral, creating two possible stereoisomers, 2*R*- and 2*S*-hydroxy fatty acid. Interestingly, the *N*-acyl chain of mammalian 2'-hydroxy sphingolipids were reported to be exclusively in the 2*R* configuration (Karlsson et al., 1969; Mislow and Bleicher, 1954). This stereo-specificity is consistent with the stereospecific 2-hydroxylation by FA2H (Guo et al., 2012). There is some evidence of 2*S*-hydroxy fatty acid in mammalian sphingolipids in foodstuff (Jenske and Vetter, 2008). The mechanism of enzymatic synthesis of the 2*S* isomer is currently unknown.

## 2'-Hydroxy-ceramides/sphingolipids in the nervous system

In the legendary 1884 publication “*A Treatise on the Chemical Constitution of the Brain*” Thudicum noted high concentrations of a group of lipids containing nitrogen and sugar, but no phosphorus, which he named cerebrosides (Thudicum, 1884). Although the precise structures of cerebrosides were not known at the time, Thudicum did determine that the most abundant cerebroside contained a 2-hydroxy fatty acid. Later it was determined to be galactosylceramide (GalCer) with 2-hydroxy tetracosanoic acid (Klenk, 1928). In the following decades, additional 2'-hydroxy GalCer species with other fatty acids differing in chain lengths and desaturation were identified [see (Deuel, 1951) for review of early

studies]. These sphingolipids are the main components of mammalian myelin in both the central nervous system (CNS) and the peripheral nervous system (PNS).

As mentioned above, there is redundancy in 2-hydroxylase enzymes in most tissues. An exception is myelin-forming cells (oligodendrocytes in the CNS and Schwann cells in the PNS), which exclusively depend on FA2H for the production of 2'-hydroxy GalCer as demonstrated by the discovery of FA2H deficiency in 2008 (Edvardson et al., 2008). Children with mutations in the *FA2H* gene developed leukodystrophy and spastic paraparesis. Since then, several groups have reported various *FA2H* mutations/deletions in a total of 35 cases as of this writing (Cao et al., 2013; Dick et al., 2010; Donkervoort et al., 2013; Garone et al., 2011; Kruer et al., 2010; Pierson et al., 2012; Rupps et al., 2012; Tonelli et al., 2012). In most cases, affected children develop normally until 2–6 years of age, and then start to exhibit frequent falls and walking difficulties. Progressive spasticity follows, and they eventually lose ability to move and communicate, eventually leading to death. Interestingly, initial developmental myelination appears unaffected, and PNS myelin is less affected in the early stage of the disease. These observations indicate that 2'-hydroxy GalCer is dispensable for the myelination process but critical for the long-term stability of myelin.

A timely report on *Fa2h* knockout mice corroborated the findings in FA2H deficiency (Zoller et al., 2008). Myelin in *Fa2h* knockout mice were devoid of 2'-hydroxy GalCer. While such myelin appears morphologically and functionally indistinguishable from normal myelin of wild type mice, its long-term stability is compromised, leading to eventual demyelination. Using cell type-specific *Fa2h* mutant (*Fa2h<sup>lox/lox</sup> Cnp1-Cre*) mice, Potter *et al.* demonstrated that the CNS demyelination and neuronal cell loss was caused by loss of *Fa2h* in oligodendrocytes, and therefore resulted from abnormalities in myelin lipids (Potter et al., 2011). Further, *Fa2h* null mice had additional deficits in spatial learning and memory that were not present in the cell type-specific mutants (summarized in Table 1). These findings indicate that a major role of FA2H in the nervous system is to produce 2'-hydroxy GalCer in oligodendrocytes to confer structural stability to myelin sheath. The mouse phenotypes also indicate that FA2H plays a role in non-oligodendrocytes involved in the learning and memory function of the brain. An intriguing possibility is that 2'-hydroxy ceramide/sphingolipids regulate neurogenesis or neuronal connectivity, which could be tested using neuron-specific *Fa2h* mutant mice.

The idea that 2'-hydroxy GalCer confers structural stability to myelin membrane is supported by the current knowledge about 2'-hydroxy ceramide/GalCer in lipid packing. Several biophysical studies used synthetic GalCer and model membranes to show how 2'-hydroxyl group affects lipid-lipid interactions. The hydroxyl group is located near the polar region of the membrane where it can form hydrogen bonds with neighboring lipids and the polar head group (Pascher and Sundell, 1977). The 2'-hydroxyl group facilitates tight lipid packing via a network of hydrogen bonds, thereby stabilizes the gel phase of the lipids (Boggs et al., 1988; Lofgren and Pascher, 1977; Pascher, 1976). The 2'-hydroxyl group also enhances carbohydrate-carbohydrate interactions between the head groups of galactolipids on apposing membranes (Stewart and Boggs, 1993). In the absence of 2'-hydroxy GalCer, lipid packing within myelin would be less tight, possibly making myelin more susceptible to chemical and physical insults such as inflammation and mechanical damage. It is of note that one of the patients with FA2H deficiency “developed normally until age three, when he suffered a febrile illness and afterwards ‘started tripping often’” (Pierson et al., 2012). It is conceivable that neuroinflammation triggered demyelination in this patient.

## Hydroxy-ceramide in cell signaling

The concept of ceramide as a signaling molecule was established during the 1990s. While a large number of studies have shown various roles of ceramide in numerous cellular processes, 2'-hydroxy ceramide had been largely dismissed as nonexistent in most cells, and, when examined, it was inactive in inducing apoptosis (Ji et al., 1995). This landscape is gradually changing. A number of tissues and cell types have been shown to contain 2'-hydroxy ceramide and 2'-hydroxy complex sphingolipids (Hama, 2010). In most cells, however, it is unknown whether 2'-hydroxy ceramide and its metabolites play a role in cell signaling. Below are recent developments that indicate involvement of FA2H in cell differentiation (summarized in Table 2).

First evidence for the involvement of FA2H in cell differentiation was reported in a study of epidermal keratinocytes (Uchida et al., 2007). As mentioned above, 2'-hydroxy ceramide is a major component of the cornified layer of the epidermis. Uchida et al. showed that FA2H was highly upregulated during differentiation of cultured human keratinocytes, and that *FA2H* knockdown resulted in a reduced proportion of 2'-hydroxy ceramide. Unexpectedly, *FA2H* knockdown also resulted in formation of abnormal epidermal lamellar bodies, and the keratinocytes failed to form the extracellular lamellar membranes. These findings indicate that FA2H not only supply the precursor for skin 2'-hydroxy ceramide but also regulates the differentiation process in keratinocytes. The mechanism for this regulation remains unknown.

Schwann cells are the myelin-forming cells of the peripheral nervous system. Cultured Schwann cells upregulate the genes involved in producing myelin components when treated with cAMP. We reported that *Fa2h* expression was upregulated by cAMP treatment in primary rat Schwann cells (Maldonado et al., 2008). Interestingly, the level of upregulation was an order of magnitude greater compared to other myelin-associated genes *Cgt* and *P0*, suggesting that FA2H may have an additional function other than producing myelin lipids. A subsequent study of D6P2T schwannoma cells showed evidence for a role of FA2H in cell differentiation (Alderson and Hama, 2009). As Schwann cells, D6P2T cells respond to cAMP and show differentiated phenotypes, including withdrawal from the cell cycle and upregulation of myelin basic protein (Clark et al., 1998; Friessen et al., 1997). In this process, the cyclin-dependent kinase inhibitors p21 and p27 are upregulated in response to cAMP (Atanasoski et al., 2006; Friessen et al., 1997). In our study, the upregulation of p21 and p27 by cAMP treatment was greatly diminished by *Fa2h* knockdown. This result indicates that cAMP-induced upregulation of these genes is facilitated by elevated 2'-hydroxy-ceramide (or its metabolite) resulting from concomitant upregulation of FA2H.

Guo et al. reported strong evidence that FA2H mediates adipocyte differentiation (Guo et al., 2010). *Fa2h* expression increases during hormone-induced differentiation in 3T3-L1 adipocytes along with other genes involved in lipogenesis. *Fa2h* knockdown had striking effects in this process; expression of adipocyte markers was diminished, and accumulation of triacylglycerol was blocked. In mature adipocytes, *Fa2h* knockdown inhibited basal and insulin-stimulated glucose uptake and lipogenesis. These effects were attributed, at least in part, to enhanced diffusional mobility of raft-associated lipids in the plasma membrane, which was associated with facilitated endocytosis of GLUT4 glucose transporter. As the authors suggested, it is also possible that FA2H regulates signaling pathways and/or transcription factors necessary for adipocyte differentiation.

The aforementioned studies on cell differentiation did not identify specific 2'-hydroxy lipids that mediate the biological activities of FA2H. In a recent study, we focused on the growth inhibitory activity of exogenously provided 2'-hydroxy ceramide. In an earlier study

Kyogashima *et al.* demonstrated higher pro-apoptotic activity of mixed 2'-hydroxy ceramide fraction isolated from equine kidneys compared to non-hydroxy ceramide fractions (Kyogashima *et al.*, 2008). Szulc *et al.* showed that synthetic 2*R*'-hydroxy-C6-ceramide showed stronger growth inhibitory activity against MCF7 cells compared to the 2*S*' isomer or non-hydroxy-C6-ceramide (Szulc *et al.*, 2010), though the mechanism of the growth inhibition was not determined. Using synthetic 2*R*'- and 2*S*'-hydroxy-C16-ceramide, we demonstrated that proapoptotic activity of 2*R*' isomer was much more potent compared to the 2*S*' isomer or non-hydroxy C16-ceramide (Kota *et al.*, 2013). Treatment with 2*R*'-hydroxy-C16-ceramide induced rapid dephosphorylation of Akt and MAP kinases, while the 2*S*' isomer and non-hydroxy C16-ceramide did not induce dephosphorylation at the same concentrations. These findings strongly suggest that 2*R*'-hydroxy ceramide induces apoptosis via specific cellular targets, possibly protein phosphatases.

In the recent years, a tantalizing research area on 2-hydroxyoleic acid (2-OHOA) has emerged. When exogenously provided, 2-OHOA shows remarkable biological activities. It suppresses glioma cell growth and induces differentiation *in vitro* and *in vivo* (Barcelo-Coblijn *et al.*, 2011; Teres *et al.*, 2012). It also induces ER stress and autophagy in tumor cells (Marcilla-Etxenike *et al.*, 2012). Many of its biological activities are explained by altered plasma membrane lipid composition and aberrant sphingolipid metabolism (Martin *et al.*, 2013a). At least one sphingolipid enzyme (sphingomyelin synthase) is directly activated by 2-OHOA (Barcelo-Coblijn *et al.*, 2011; Martin *et al.*, 2013b). It is plausible to speculate that some of the actions of 2-OHOA is due to 2'-hydroxy-C18:1-ceramide produced upon 2-OHOA administration.

## Concluding remark

In the past several years, evidence has accumulated that 2'-hydroxy ceramide/sphingolipids have distinct biological functions to regulate various cellular processes. The works summarized above point to two modes of action. First, physical properties of cell membranes are modulated by 2'-hydroxy ceramide/sphingolipids. This is evident from the findings in myelin of *Fa2h* null mice and the plasma membrane properties of *Fa2h*-knockdown adipocytes. Second, 2'-hydroxy ceramide likely regulate cell differentiation and apoptosis by binding to specific target proteins. Identifying such target proteins will be a key to understanding the mechanism of cell regulation by 2'-hydroxy ceramide.

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## Abbreviations

<b>FA2H</b>	fatty acid 2-hydroxylase
<b>SPT</b>	serine palmitoyltransferase
<b>CerS</b>	dihydroceramide synthase
<b>GalCer</b>	galactosylceramide
<b>CNS</b>	central nervous system
<b>PNS</b>	peripheral nervous system
<b>2-OHOA</b>	2-hydroxyoleic acid

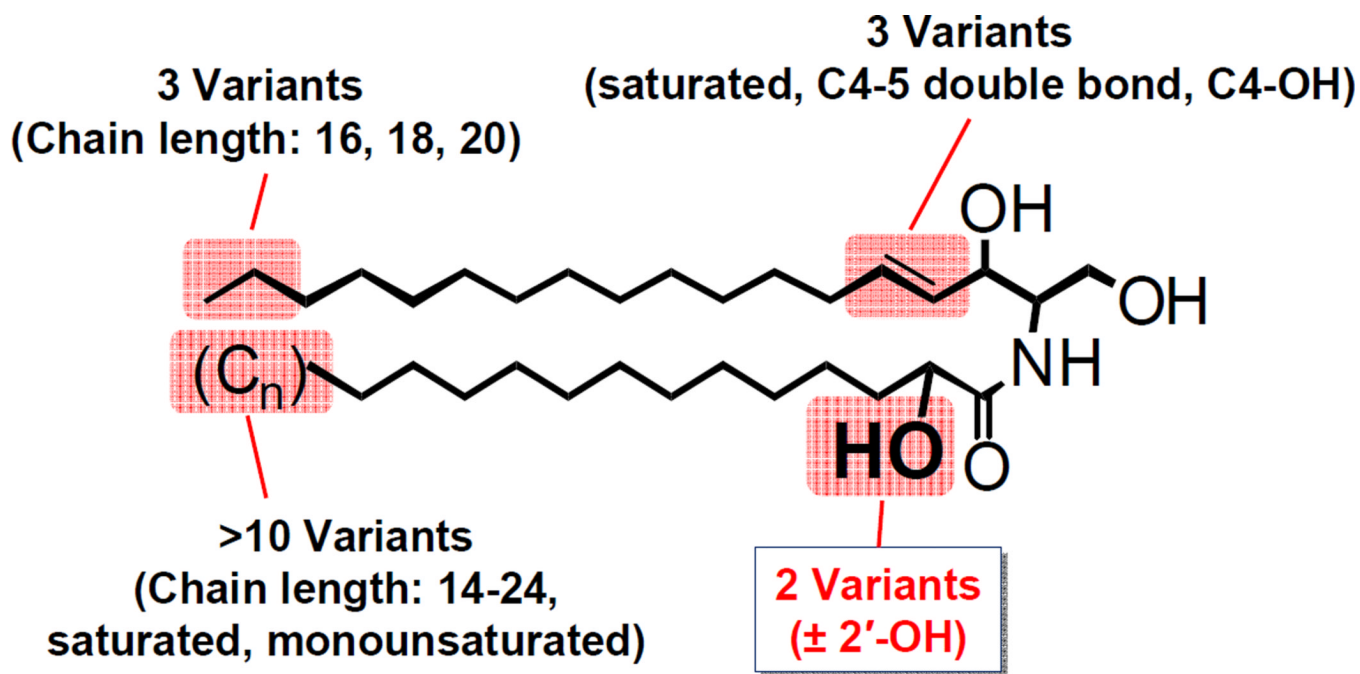
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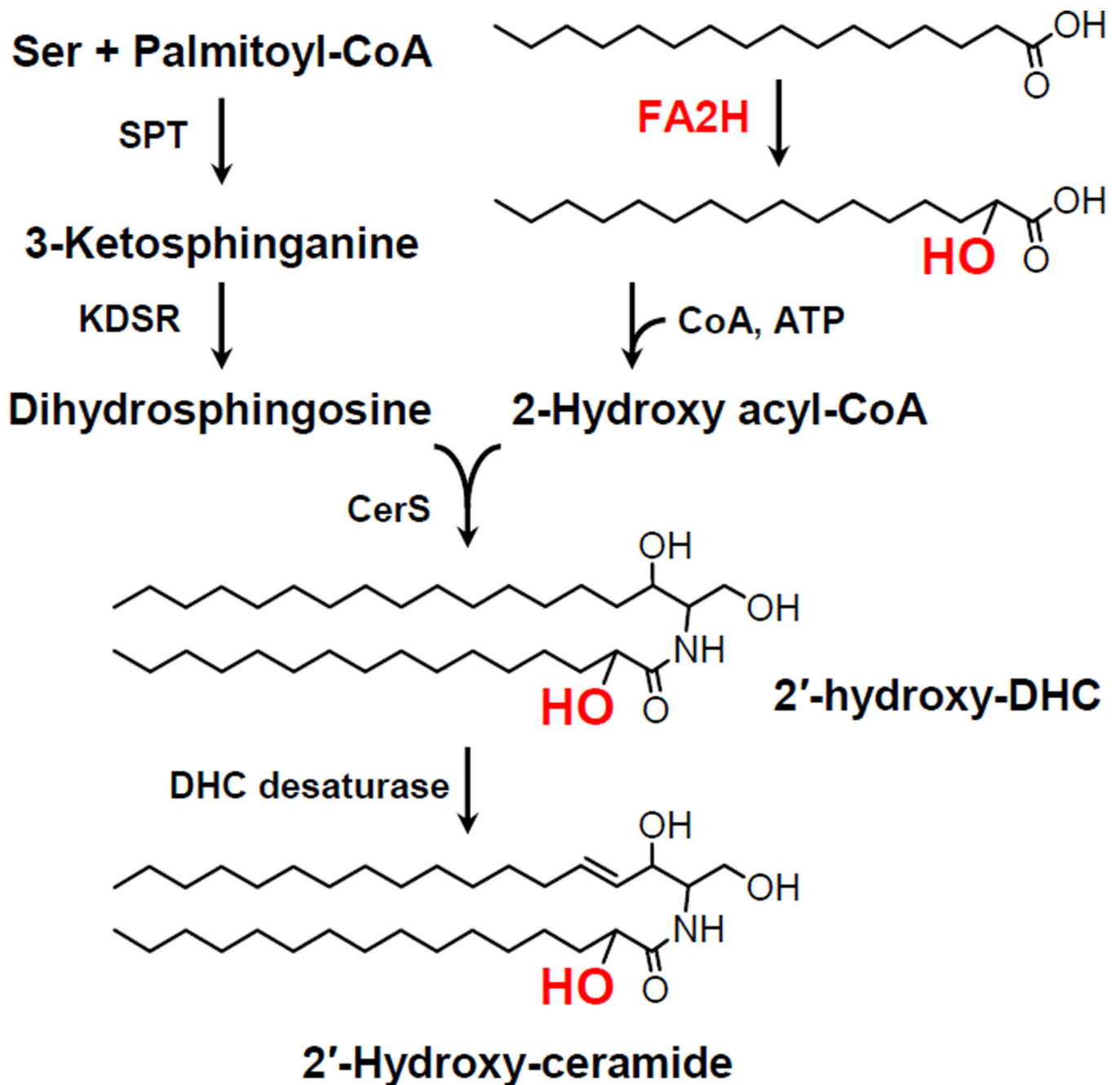
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**Fig. 1.**

Common ceramide species in mammalian cells. The structural variations of ceramide species commonly found in most mammalian cells are shown. Additional diversity exists in unique ceramide species in the epidermis, testis, and epididymal spermatozoa (see text).



**Fig. 2.**  
*De novo* synthesis of 2'-hydroxy ceramide. SPT, serine palmitoyltransferase; KDSR, 3-keto-dihydrosphingosine reductase; CerS, dihydroceramide synthase; DHC, dihydroceramide.

**Table 1**CNS phenotypes of *Fa2h* null mice and conditional mutant lacking *Fa2h* in oligodendrocytes \*

CNS Phenotype	<i>Fa2h</i> <sup>-/-</sup>	<i>Fa2h</i> <sup>flox/flox</sup> Cnp1-Cre
Loss hFA-GalCer	Yes	Yes
Demyelination	Yes	Yes
Cerebellar Purkinje cell loss	Yes	Yes
Cerebellar dysfunction	Yes	Yes
Learning and memory deficits	Yes	No

\* Data from (Potter et al., 2011)

**Table 2**Effects of *FA2H* knockdown on cellular phenotypes

<b>Cell type</b>	<b>Phenotype</b>	<b>Reference</b>
Cultured keratinocytes	Partial loss of 2'-hydroxy ceramide	(Uchida et al., 2007)
	Aberrant lamellar body formation	
	Loss of secreted lamellar materials	
D6P2T schwannoma	Partial loss of 2'-hydroxy ceramide	(Maldonado et al., 2008)
	Enhanced migratory property	
	Impaired cAMP-induced cell cycle exit	(Alderson and Hama, 2009)
3T3-L1 adipocyte	Diminished adipocyte marker expression	(Guo et al., 2010)
	Impaired glucose uptake and lipogenesis	
	Enhanced diffusional mobility of raft-associated lipids	
	Increased GLUT4 endocytosis	