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## **A phase I trial of Flavopiridol in relapsed multiple myeloma**

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#### **Abstract**

**Purpose—**Flavopiridol is primarily a cyclin-dependent kinase (CDK)-9 inhibitor and we performed a dose escalation trial to determine the maximum tolerated dose, safety, and generate a pharmacokinetic profile.

**Methods—**Patients with a diagnosis of relapsed myeloma after at least two prior treatments were included. Flavopiridol was administered as a bolus then continuous infusion weekly for 4 weeks in a 6 week cycle.

**Results—**Fifteen patients were treated at three dose levels (30 mg/m<sup>2</sup> bolus, 30 mg/m<sup>2</sup> CIV to 50 mg/m<sup>2</sup> bolus, 50 mg/m<sup>2</sup> CIV). Cytopenias were significant and elevated transaminases (grade 4 in 3 patients, grade 3 in 4 patients, and grade 2 in 3 patients) were noted but were transient. Diarrhea (grade 3 in 6 patients, grade 2 in 5 patients) did not lead to hospital admission. There were no confirmed partial responses although one patient with  $t(4;14)$  had a decrease in his monoclonal protein greater than 50% percent that did not persist. Pharmacokinetic properties were similar to prior publications and immunohistochemical staining for cyclin D1 and phospho-retinoblastoma did not predict response.

**Conclusions—**Flavopiridol as a single agent given by bolus then infusion caused significant diarrhea, cytopenias, and transaminase elevation but only achieved marginal responses in relapsed myeloma [\(ClinicalTrials.gov](http://ClinicalTrials.gov) identifier NCT00112723).

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Multiple myeloma; flavopiridol

### **INTRODUCTION**

Multiple Myeloma (MM) is a plasma cell neoplasm for which modern therapies have approximately doubled overall survival[17], primarily due to bortezomib, a proteasome inhibitor, and immune modulators (IMiDs) thalidomide and lenalidomide [31] that lead to interferon regulatory factor-4 inhibition[18] and caspase-mediated apoptosis. The vast majority of myeloma patients will still die of progressive disease leading to a search for novel agents.

Cyclin-dependent kinase (CDK) inhibition is an attractive target as MM cells are dependent on cell cycle dysregulation to overcome c-Myc induced apoptosis[26, 28]. Cell cycling is regulated in part by CDK complexes, and therapeutic intervention to prevent their binding to cyclins is of interest in myeloma as most myeloma cells have high levels of cyclin D1, D2 and/or D3[1] that phosphorylate retinoblastoma (Rb), moving cell cycle progression forward. *In vitro* studies have shown marked decrease in myeloid cell leukemia-1 (MCL-1) and phospho- RNA polymerase II after sustained exposure to Flavopiridol in U266[10], 8226[25], and OPM- 2[13] cell lines, but this could be overcome by overexpression of BCL-XL and BCL-2 and a resistance mechanism was suggested by late MCL-1 overexpression.

Flavopiridol targets the cyclin-dependent kinase (CDK) 9/cyclin T complex (preventing activation of RNA polymerase II)[5, 9], downregulates MCL-1[13], induces mitochondrial permeability changes[15], and interrupts NF-κB pathway by inhibiting IκK[29]. It is highly protein bound when in human serum, requiring a 30-minute intravenous bolus followed by 4-hour intravenous infusion – with this hybrid infusional schedule, significant responses have been observed in patients with refractory chronic lymphocytic leukemia[3].

Previous trials using dosing based on *in vitro* cytotoxicity were ineffective in patients with treated multiple myeloma[10] thought to be from inadequate AUC levels reached. We designed a phase I dose escalation study to establish the maximum tolerated dose (MTD) and describe toxicities associated with single agent flavopiridol in patients with relapsed myeloma.

#### **Methods**

#### **Clinical trial**

This study was approved by the Ohio State University Cancer Institutional Review Board and informed consent was obtained from all enrolled patients. Adult patients were required to have symptomatic myeloma using criteria from the International Myeloma Working Group[11] and be seen as outpatients in the myeloma clinic at The Ohio State University Arthur G. James Hospital and Solove Research Institute. This trial was registered on [clinicaltrials.gov](http://clinicaltrials.gov) as NCT00112723.

Patients with a diagnosis of relapsed myeloma after at least two prior treatments with no limit on prior therapies were included. Adequate organ function was required with creatinine less than or equal to 1.5 mg/dL and total bilirubin less than or equal to twice the institutional upper limit of normal. Adequate hematologic parameters were also required with a hemoglobin greater than or equal to 9 g/dL, absolute neutrophil counter greater than or equal to  $1500/\mu L$ , and platelets greater than or equal to  $50,000/\mu L$ ; however, lower platelet values

were allowed if attributable to the patient's underlying myeloma on screening bone marrow biopsy. Flavopiridol was administered weekly via central venous catheter as a 30 minute intravenous bolus followed by a 4-hour continuous intravenous infusion (CIV) for 4 weeks in a 6 week cycle. Responses were recorded based on International Myeloma Working Group Criteria[12].

Toxicity was assessed using the Common Terminology Criteria for Adverse Events (CTCAE), version 3.0. until July 31, 2010 and version 4.0 beginning August 1, 2010. Dose limiting toxicity (DLT) was defined as 1) any grade 3–4 non-hematologic toxicity (except leukopenia or neutropenia) that does not resolve or decrease to grade 1–2 within 2 weeks, or 2) any grade 4 hematologic toxicity that causes more than a one week delay in administration of therapy. Granulocyte colony stimulating factor (G-CSF) was used at the discretion of the treating investigator. The MTD was defined as that dose level beneath the dose at which 2 or more of 6 patients experienced DLT.

#### **Pharmacokinetic (PK) analysis**

Plasma samples were obtained on days 1 and 22 of the first cycle. Sodium heparinized blood was obtained at the following time points: prior to dosing  $(t=0)$ , at 0.5, 1, 3, 4.5, 6, 8 and 24 hours after initiation of infusion on day 1 and day 22. Blood samples were centrifuged, and plasma was stored at (−70)°C until analysis. Flavopiridol quantification in plasma samples was achieved using a validated liquid chromatography-tandem mass spectrometry assay as previously described[23]. Plasma flavopiridol concentration-time data were analyzed using standard non-compartmental methods in WinNonlin Professional v 5.2.1 (Pharsight, Mountain View, CA).

#### **Immunohistochemical analysis**

We hypothesized that cyclin D1 overexpression would sensitize myeloma cells to flavopiridol[8]. Immunohistochemical staining (IHC) for Cyclin D1 (BCL-1) (Neomarkers) and Retinoblastoma (RB-358, Leica), and phospho-RB (pRB, Leica) was performed on the 4 micron (µm) sections of formalin-fixed, paraffin-embedded (FFPE) bone marrow biopsy or clot sections. Briefly, sections were placed in a 60°C oven for one hour, cooled, and deparaffinized and rehydrated through xylenes and graded ethanol solutions to water. All slides were quenched for 5 minutes in 3% hydrogen peroxide  $(v/v)$  for endogenous peroxidase. Antigen retrieval was performed by a heat method in which the specimens were placed in a citric acid solution (pH 6.1) for 25 minutes at 94°C and cooled for 15 minutes. Slides were then placed on an autostainer (Dako Immunostaining) for immunohistochemistry. The antibodies for Cyclin D1, RB, and pRB were used at a dilution of 1:100, 1:50, and 1:100, respectively and incubated for 30 minutes at room temperature. The Envision Plus horseradish peroxidase (HRP) with 3,3'-diaminobenzidine (DAB) chromogen (Dako) was used to produce a brown precipitate. Slides were then counterstained in Richard Allen hematoxylin. A scoring system was developed from a single observer (author WZ) based on intensity for the majority of the stained plasma cells with 0–1 negative, 2 as moderate, and 3 strong.

#### **Statistical analysis**

This protocol is a standard 3×3 phase I dose escalation study of single agent flavopiridol to determine the maximum tolerable dose of the agent to be used in a phase II evaluation of response. Separate, parallel phase I studies were conducted in each of six disease groups (indolent B-cell NHL, mantle cell lymphoma, intermediate grade B-cell NHL, T/NK-cell NHL, Hodgkin's lymphoma, multiple myeloma) in order to determine disease-specific DLT, MTD and recommended phase II doses.

Spearman correlation analysis (two-tailed p-values) was performed between clinical response and immunohistochemical staining results for BCL-1, RB, and pRB using Prism v 5.0F (GraphPad Software, San Diego, CA).

Statistical analyses for PK parameters were performed on all enrolled patients with evaluable PK data ( $n=15$ ); PK profiles that yielded 30% estimated area under the concentration versus time curve from zero to infinity  $(AUC_{(0-\infty)})$  extrapolation were omitted from final analyses. Paired t-tests were used to evaluate differences in  $\text{AUC}_{(0-\infty)}$  and  $\text{C}_{\text{max}}$ between days 1 and 22 of cycle 1. The associations between PK parameter estimates and dose level were tested using one-way analysis of variance (ANOVA) and 2-sample t-tests or nonparametric tests when appropriate. Data are described with means  $\pm$  standard deviations and/or medians with ranges. These data were analyzed using SigmaPlot v11 (Systat Software Inc.).

#### **Results**

#### **Patients**

Fifteen patients (ages 49–81 years) with relapsed myeloma were treated. The median number of prior therapies was  $7(3-12)$ . At the time of study entry, 10 patients displayed a complex karyotype, 2 patients demonstrated 17p deletion by CD138-selected fluorescence in situ hybridization (FISH; Rosette Sep), and one patient showed  $t(4;14)$  fusion by FISH. There were 3 patients with karyotypic chromosome 13 deletion and 9 patients with deleted LAMP or D13S319 probes by FISH. At study entry, 8 patients had International Staging System (ISS) stage 3 disease, 3 with stage 2, and 4 with stage 1 disease. Five patients were treated in cohort 1 (30 mg/m<sup>2</sup> bolus, 30 mg/m<sup>2</sup> CIV; 30/30), 3 patients in cohort 2 (30 mg/  $\text{m}^2$  bolus, 50 mg/m<sup>2</sup> CIV; 30/50), and 7 patients in cohort 3 (50 mg/m<sup>2</sup> bolus, 50 mg/m<sup>2</sup> CIV; 50/50). The median number of cycles received was one. Two patients at the 30/30 level and one patient at 50/50 had to be replaced as they did not finish the first cycle.

#### **Response**

Immunoglobulins, free light chains, and 24-hour urine samples were obtained at screening and then the appropriate myeloma proteins were obtained on the first day of each subsequent cycle to follow response. There were no confirmed partial responses although one patient had a decrease in his monoclonal protein greater than 50% percent which was not quite maintained with the second cycle and hence qualifies as a confirmed MR. Overall there was one minor response, one patient with stable disease for three cycles, and the remainder suffered either progressive disease after the first cycle (4 patients) or did not continue on study treatment (9 patients).

The one patient with a minor response had an IgA myeloma with a  $t(4;14)$ , deletion chromosome 13, and tetraploid cytogenetics by FISH that had been treated with vincristine, doxorubicin, and high dose dexamethasone (VAD) with progression, complete response with salvage bortezomib and dexamethasone, then an autologous transplant from which he remained in a remission off maintenance therapy for three years until relapse then treatment on this clinical protocol.

#### **Toxicities**

Grade 3/4 toxicities were significant (table 2). Cytopenias were considerable with grade 4 neutropenia (11 patients), grade 4 anemia (7 patients), and grade 4 thrombocytopenia (3 patients). Elevated transaminases (grade 4 in 3 patients, grade 3 in 4 patients, and grade 2 in 3 patients) were frequent but was asymptomatic and resolved in the periods between flavopiridol exposure. Diarrhea (grade 3 in 6 patients, grade 2 in 5 patients) was common

but did not lead to hospitalization. There were two patients with neutropenic pneumonia and one patient with neutropenic fever.

There were eight serious adverse events related primarily to pancytopenia with or without infection, asymptomatic elevated transaminases, or progressive myeloma. Patient E (30/50) became febrile with grade 3 neutropenia after her initial infusion for which 20 mg intravenous dexamethasone was added to subsequent treatments. However, on day 20 of cycle 1, she presented septic due to citrobacter bacteremia. Patient B (30/50) became infected day 2 of cycle 1 with pseudomonas bacteremia, and patient P (50/50) became pancytopenic and septic during cycle 1. Patients K (50/50) and J (30/50) both developed asymptomatic grade 4 elevated transaminases. On day 1 of cycle 2, Patient C (30/50) developed mental status changes from hypercalcemia attributed to progressive disease. Patient G (30/50) developed grade 4 neutropenia and thrombocytopenia with cycle 1, and suffered a pathologic fracture just prior to treatment on cycle 2 day 1 consistent with progressive disease. After progressing on therapy and receiving infusional DCEP (Dexamethasone-Cyclophosphamide-Etoposide-Platinum), patient R (50/50) became septic with grade 4 neutropenia and died within 30 days of his last dose of flavopiridol.

#### **Immunohistochemistry**

Pretreatment biopsy or aspirate samples were stained for BCL-1 (Cyclin D1, CCND1), RB, and pRB (table 3). A single reviewer scored the intensity of staining in plasma cells. RB staining was seen in all but one specimen. The intensity of BCL-1 and RB staining could not be statistically associated with response ( $p=0.84$  and  $p=0.12$  respectively), but intense staining was seen in two of the patients with stable disease. The staining intensity of pRB showed no correlation with response to flavopiridol (p=0.88).

#### **Pharmacokinetics**

Plasma samples from 15 patients (a total of 24 concentration-time profiles with 187 plasma concentration observations) were available for analysis. Three PK profiles for 3 patients were omitted due to  $30\%$  AUC<sub>(0- $\infty$ )</sub> extrapolation, resulting in 14 plasma flavopiridol concentration-time profiles on day 1 and 7 profiles on day 22 (Figure 2). Data points for determining the terminal elimination phase  $(\lambda z)$  were selected automatically in WinNonlin and resulting  $\lambda z$  ranges were determined to be adequate by manual review. Three dose levels, ranging from total dose (bolus + maintenance) of 60 to 100 mg/m<sup>2</sup>, were administered in this study. Among those with PK data on both days 1 and 22 ( $n=6$ ), the mean differences in AUC<sub>(0-∞)</sub> and C<sub>max</sub> for day 22 versus day 1 were not significant (P=0.53 and P=0.57, respectively), where the average difference in  $AUC_{(0-\infty)}$  was 1.00 hr\*µM, (95% CI –2.78 to 4.78 hr\*µM) and the average difference in C<sub>max</sub> was 0.153 µM (95% CI: −0.50 to 0.80 µM). There was no statistically significant difference between the apparent volume of distribution based on terminal phase (Vz), total body clearance (CL) and terminal phase elimination half-life  $(T_{1/2})$  for the 2 dosing days in these same individuals. PK parameter data from cycle 1 days 1 and 22 combined are summarized in Table 4.

When the PK parameter estimates for cycle 1 day 1 were compared between the 3 dose levels, a significantly higher mean  $AUC_{(0-\infty)}$  was observed for dose level 3 compared to dose level 2 (P<0.05; Figure 3a). The mean  $AUC_{(0-\infty)}$  for dose level 2 was unexpectedly lower than that of dose level 1, likely because there were only 3 concentration profiles available for evaluation for this dose level. The mean  $\text{AUC}_{(0-\infty)}$  for dose level 3 was higher when compared to dose level 1 but not statistically significant. The differences in mean  $C_{\text{max}}$  of all dose levels were insignificant (Figure 3b). The mean  $T_{\text{max}}$  was longer in the 30/50 and 50/50 mg/m<sup>2</sup> dose level groups compared to 30/30 mg/m<sup>2</sup> (1.18±1.22; 1.40±1.67 hr and 0.52±0.03, respectively). However, it should be noted that there was one outlier in the

 $30/50$  mg/m<sup>2</sup> dose level group (3.0 hr), and 2 outliers (4.6 and 4.5 hr) in the latter group. The medians  $T_{\text{max}}$  were comparable among the 3 dose levels.

There were also no large differences in Vz, and  $T_{1/2}$  of flavopiridol among the three dose levels. The clearance parameters estimated here, except for the  $30/50$  mg/m<sup>2</sup> dose level, were very comparable to the previously published data[2]. Based on a two compartment population pharmacokinetic model with first-order elimination, we previously reported flavopiridol clearance of  $31.4 \pm 5.4$  L/Hr[22]. In this study, the mean CL for the 30/30 and 50/50 mg/m<sup>2</sup> dose levels were 39.97 $\pm$ 20.87 and 38.56  $\pm$  14.26 L/Hr, respectively. The CL estimated from the 30/50 mg/m<sup>2</sup> group was significantly higher than the other 2 groups (p<0.005). This is consistent with the lower mean AUC estimated as presented above, and this unexpected result should be interpreted cautiously and may be attributed to the small sample size. Overall, pharmacokinetics appear comparable to that reported for flavopiridol in other hematologic malignancies[2, 3, 22].

#### **Discussion**

In this phase I trial of flavopiridol in relapsed multiple myeloma, we determined the MTD at 50 mg/m<sup>2</sup> 30-minute bolus followed by 50 mg/m<sup>2</sup> 4-hour CIV. With only one documented marginal response, we did not feel that there was adequate single agent activity to continue into the phase II portion of the trial.

CDK inhibition is a tempting therapeutic target because increased expression of at least one of the three CCND genes is a near universal event in plasma cell dyscrasias[1]; CCND1 is expressed in hyperdiploid myeloma, while CCND2 is expressed by most of the remaining tumors. D-type cyclins are critical regulators of the cell cycle that act in a complex with cyclin-dependent kinases (CDKs) -4 or -6 to promote the phosphorylation of the retinoblastoma protein (Rb) to initiate cellular transition from  $G_1$  to S phase[6, 7, 20, 27]. Focal amplification of cyclin D1 may be required for CDK inhibitors to keep p21<sup>CIP1</sup> level low and inactivate NF-κB[16], while RB1 mutations or deletions may lead to resistance to Flavopiridol as with other CDK inhibitors, or perhaps resistance could be mediated by autophagy as it is in CLL[19]. Notably in our trial immunohistochemical staining for BCL-1 and pRB was unable to demonstrate a correlation between the staining and response – this staining was exploratory as a phosphorylated antibody in bone marrow samples has not been validated and immunohistochemical analysis is semi-quantitative at best. In a phase Ib study of Flavopiridol in combination with bortezomib[14], responses were seen in bortezomib naïve myeloma patients, confirming the molecular studies[21] demonstrating that resistance for bortezomib and CDK inhibitors overlap.

Flavopiridol led to considerable adverse events in this patient population and responses were generally short-lived. It is possible that the higher doses used in this patient population in the final cohort represent responses that we would see more commonly at even higher doses, but unfortunately off target effects of neutropenia and diarrhea would prevent further dose escalation. Flavopiridol is no longer being pursued in lymphoproliferative diseases but ongoing trials are accruing in combination in myeloid neoplasms in combination with standard cytotoxic agents. Preclinical evaluation of the CDK inhibitor AT7519 has demonstrated the importance of glycogen synthase kinase-3β for apoptosis[24], testing that has not been performed with most other CDK inhibitors including flavopiridol. The precise anti-neoplastic mechanism of action of CDK inhibitors in myeloma remains controversial.

In summary this phase I trial established the MTD of single agent flavopiridol MTD to be 50 mg/m<sup>2</sup> 30-minute bolus followed by 50 mg/m<sup>2</sup> 4-hour CIV. The clinical evaluation of CDK inhibitors in MM has been hampered by tight therapeutic indices[4, 30] and lack of efficacy

in early phase studies. Novel agents with broader CDK inhibition[21, 24] and wider therapeutic indices relative to flavopiridol are needed with compounds such as SCH-72765 and TG-02 in phase 3 and 1 clinical trials, targeted towards patients most likely to respond with p16 or p18 deletions.

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#### **Figure 1. Myeloma clinical response**

At baseline and on day 1 of each subsequent cycle, myeloma clinical labs were repeated and response determined as determined by the International Myeloma Working Group Criteria (IMWG). Patient G had serum free light chain disease only. Patients C, F, G, M, N, O, P had only baseline laboratories drawn – patients F, O, P were replaced during cycle 1 and the remainder had non-measurable disease per IMWG criteria.

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#### **Figure 3. Comparison of AUC by dose level**

A. Relationship between C1D1  $AUC_{0-\infty}$  and dose levels (p=0.024, ANOVA). B. Relationship between C1D1 Cmax and dose levels (p=0.16, ANOVA). *Abbreviations*: DL1, Dose level 1= 30/30 mg; DL2, dose level 2=30/50 mg; and DL3, dose level 3=50/50 mg. Solid line within the box represents the median, the lower and upper box borders represent the first and third quartiles, and the whiskers extend to the minimum and maximum values. The mean is marked with a dotted line.  $\degree$ p<0.05

**Table 1**

Treated patients Treated patients



showed one copy of 13q14.3 (D13S319) while those with 13- deletion had only one copy of the LAMP probe. Abbreviations Protein is the paraprotein secreted with lambda light chains represented as LLC.<br>International Staging S showed one copy of 13q14.3 (D13S319) while those with 13- deletion had only one copy of the LAMP probe. *Abbreviations* Protein is the paraprotein secreted with lambda light chains represented as LLC. International Staging System (ISS) and β2-microglobulin represent values obtained during screening. Priors are the number of prior treatments received, not lines of therapy. Karyotype was listed as failed Patients F, O, and P were replaced as they did not complete the first cycle due to progression or toxicity. Patient E was the only patient that did not have CD138-selected FISH. Patients with 13q deletion Patients F, O, and P were replaced as they did not complete the first cycle due to progression or toxicity. Patient E was the only patient that did not have CD138-selected FISH. Patients with 13q deletion when there were insufficient metaphases. when there were insufficient metaphases.

#### **Table 2**

#### Toxicities



Adverse events (grades 2–4) with an attribution of possible, probable, or definitely related to flavopiridol therapy with the highest grade of all toxicities per patient tabulated above. Leukopenia was ignored in favor of more specific toxicities of lymphopenia and/or neutropenia. Toxicites were graded according to CTCAE version 3.0. Small cohort sizes prevented a comparison of toxicities between cohorts.

#### **Table 3**

#### Plasma cell pretreatment staining



Immunohistochemistry on paraffin-embedded bone marrow core tissue was performed for BCL-1, retinoblastoma (RB), and phospho-RB (pRB) and patient IDs were sorted from best response to worst response when possible. A score was assigned which represents the intensity for the majority of stained plasma cells. 0–1+ will be considered as negative, 2+ as moderate, and 3+ will be strong. The majority of the pRB stains are in agreement with RB, but patients G and M were not. Patient's I, L, and P had inadequate plasma cells for staining and are not listed. Best response per IMWG was listed whenever possible.

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evaluable PK profiles by day included in the mean and standard deviation (SD) calculations. Data is presented as mean ± SD (1st line) and median [range] (2nd line). Abbreviations: AUC 0-∞, estimated<br>area under the flavopi area under the flavopiridol concentration vs. time curve from zero to infinity; CL, total body clearance; C<sub>max</sub>, maximum observed concentration; Vz, apparent volume of distribution based on terminal Summary of non-compartmental PK parameter estimates by dose levels for cycle 1 day 1 and cycle 1 day 22 combined. N is the number of treated patients per dose level while PK is the number of Summary of non-compartmental PK parameter estimates by dose levels for cycle 1 day 1 and cycle 1 day 22 combined. N is the number of treated patients per dose level while PK is the number of evaluable PK profiles by day included in the mean and standard deviation (SD) calculations. Data is presented as mean ± SD (1st line) and median [range] (2nd line). *Abbreviations:* AUC 0 phase; T1/2, terminal phase elimination half-life; T<sub>max</sub>, time corresponding to C<sub>max</sub>; SD, standard deviation. phase; T1/2, terminal phase elimination half-life; Tmax, time corresponding to Cmax; SD, standard deviation.