

# Expression of Toll-like receptor-3 is enhanced in active inflammatory bowel disease and mediates the excessive release of lipocalin 2

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Accepted for publication 8 May 2013

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## Introduction

The pathogenesis of inflammatory bowel disease (IBD) involves both genetic susceptibility and environmental factors. Genetic studies suggest an important role for the innate immune system in IBD pathogenesis [1].

The normal intestine shows a balance between factors activating host immunity, such as gut bacteria, dietary antigens, endogenous inflammatory stimuli and host defence. The host responds to maintain mucosal integrity and down-regulate the inflammatory response to avoid excessive inflammation [2]. Perturbed homeostasis between commensal bacteria and mucosal immunity is a critical determinant in the development of inflammation in IBD [3]. Although the precise dysfunction remains unclear, emerging evidence has revealed that host-derived anti-microbial peptides play a key role in determining the composition of

## Summary

Anti-microbial peptides might influence the pathogenesis and course of inflammatory bowel disease (IBD). We sought to clarify the role of the anti-microbial glycoprotein lipocalin 2 (LCN2) in the colon by determining its localization and regulation in IBD. Following a microarray gene expression study of colonic biopsies from a large IBD population ( $n = 133$ ), LCN2 was localized using immunohistochemistry and *in-situ* hybridization. Moreover, we examined the regulation of LCN2 in HT-29 cells with a panel of pattern recognition receptors (PRRs) and sought evidence by immunohistochemistry that the most relevant PRR, the Toll-like receptor (TLR)-3, was indeed expressed in colonic epithelium in IBD. LCN2 was among the 10 most up-regulated genes in both active ulcerative colitis (UCa) and active Crohn's disease (CDa) versus healthy controls. LCN2 protein was found in both epithelial cells and infiltrating neutrophils, while mRNA synthesis was located solely to epithelial cells, indicating that *de-novo* synthesis and thus regulation of LCN2 as measured in the gene expression analysis takes place in the mucosal epithelial cells. LCN2 is a putative biomarker in faeces for intestinal inflammation, different from calprotectin due to its epithelial site of synthesis. LCN2 release from the colonic epithelial cell line HT-29 was enhanced by both interleukin (IL)-1 $\beta$  and the TLR-3 ligand poly(I:C), and TLR-3 was shown to be expressed constitutively in colonic epithelial cells and markedly increased during inflammation.

**Keywords:** Crohn's disease, inflammatory bowel disease, lipocalin 2, TLR-3, ulcerative colitis

gut commensal bacteria, and there is accumulating evidence of a dysregulated expression of anti-microbial peptides (e.g. defensins) in intestinal epithelial cells in IBD [4,5].

Lipocalin 2 (LCN2), known formerly as neutrophil gelatinase-associated lipocalin (NGAL), is an anti-microbial glycoprotein. It has high affinity for secreted bacterial siderophores, which scavenge for iron. By binding siderophores, LCN2 reduces available iron for bacterial growth and plays an important role in bacterial colonization [6,7]. LCN2 was found originally in neutrophil granules, but respiratory and intestinal epithelial cells, endothelial cells and renal tubular cells also express LCN2 during inflammation and injury [8–11]. LCN2 has properties of an acute phase protein and in several inflammatory and infectious diseases is released rapidly into the systemic circulation [7,9,12]. Some studies have suggested a role for LCN2 as a disease activity marker in IBD [10,13,14].

From our large study on colonic mucosal gene expression in IBD, we show that *LCN2* is among the most over-expressed genes in active ulcerative colitis (UC) and Crohn's disease (CD). This led us to examine the localization and regulation of *LCN2* in colonic biopsies. Because Toll-like receptors (TLRs) are key mediators of intestinal innate host defence, we examined the effect of various TLR- and nucleotide-binding oligomerization domain (NOD) ligands on *LCN2* release from colonic epithelial cell lines.

## Materials and methods

### Patient material

Patients undergoing colonoscopy for known or suspected IBD at the Gastrointestinal Endoscopy Unit, St Olav's University Hospital, Trondheim, Norway were included into the study. Healthy controls were recruited among people undergoing colonoscopy due to gastrointestinal symptoms and who had no signs of gastrointestinal disease.

Four adjacent endoscopic pinch biopsies were taken from non-inflamed mucosa of IBD patients or healthy controls at the hepatic flexure and at the site of maximally inflamed mucosa, if found. Three biopsies were snap-frozen and kept on liquid nitrogen for molecular analyses, and one was formalin-fixed. Inflammation was confirmed on haematoxylin and eosin-stained slides by an expert pathologist before including the sample in the analysis.

Blood was drawn and serum prepared by 30-min coagulation at ambient temperature before centrifugation at 2000 g, 4°C for 10 min and stored at -80°C.

### Ethical considerations

All subjects gave informed written consent. The study was approved by the Regional Medical Research Ethics Committee (ref. no. 5.2007.910) and registered in the Clinical Trials Protocol Registration System (identifier NCT00516776).

### Gene expression analysis

Gene expression analysis has been described previously [15]. A full data set from microarray analysis is available at ArrayExpress E-MTAB-184.

### Histological examination, immunostaining and *in-situ* hybridization

Formalin-fixed, paraffin-embedded biopsies were cut into 4- $\mu$ m-thick sections for routine histology, immunohistochemical (IHC) examination and *in-situ* hybridization. *LCN2* and TLR-3 immunohistochemistry was performed on 25 randomly selected biopsies, including healthy controls, inactive UC (UCi), active UC (UCa), inactive CD (CDi) and active CD (CDa) (five from each group).

Primary antibody, rabbit polyclonal anti-human *LCN2* (antibody 41105) was diluted 1:500. Primary antibody, mouse monoclonal anti-human TLR-3 (antibody 13915) was diluted 1:50. Primary antibodies were from Abcam (Cambridge, UK). Secondary antibody was from Dako Real Envision (rabbit/mouse) and detection was performed using diaminobenzidine (DAB)+ chromogen (Dako, Glostrup, Denmark). Two independent examiners assessed the epithelium staining for both *LCN2* and TLR-3 as no to little staining, or moderate to strong staining. Fisher's test was used to detect group differences. Three different types of negative control were made for the TLR-3 staining: first, by merely excluding primary antibody; secondly, by replacing primary antibody with non-human-immunized antibody of the same isotype as the primary antibody for TLR-3 used (mouse, monoclonal IgG1; X0931; Dako); and thirdly, blocking primary antibody with recombinant human TLR-3 peptide (Abnova P0506, Heidelberg, Germany).

*In-situ* hybridization for *LCN2* mRNA was performed on the same colonic biopsies as the immunohistochemical staining, using a custom RNAscope (Advanced Cell Diagnostics, Hayward, CA, USA) kit, according to the manufacturer's protocol.

### Culture, stimulation and small interfering RNA transfection of intestinal epithelial cells

The human intestinal cell lines HT-29, HCT 116 (colorectal adenocarcinoma) and SW620 (lymph node metastasis of a colorectal adenocarcinoma) were used [cat. no. HTB-38, CCL247 and CCL227, respectively; American Type Culture Collection (ATCC), Manassas, VA, USA]. The medium for HT-29 and SW620 was RPMI-1640 with 10% fetal calf serum, glutamine 2 mM and gentamicin 0.05%, and for HCT 116 we used McCoy's medium (ATCC) with 10% fetal calf serum, 1% L-glutamine and 1% penicillin-streptomycin. Cells were cultured at 37°C, 5% CO<sub>2</sub>. Trypsin/ethylenediamine tetraacetic acid (EDTA) was used to detach the cells from the culture flasks. Cells were counted using the Countess Automated Cell Counter (Life Technologies, Grand Island, NY, USA). Stimulation was performed in triplicate with 20 000 or 30 000 cells per well on 96-well plates overnight. The medium was then replaced and ligand added. The ligands were the lipopeptide Pam3CysSK4 (P3C) (TLR-2/1) 300 ng/ml, lipomannan (LM) (TLR-2/6) 30 ng/ml, synthetic double-stranded RNA mimic polyinosinic:polycytidylic acid (poly(I:C)) (TLR-3) 0.5, 5 or 50  $\mu$ g/ml, lipopolysaccharide (LPS) (TLR-4) 100 ng/ml, flagellin (TLR-5) 100 ng/ml, the anti-viral compound R848 (TLR-7/8) 100 ng/ml [all from InvivoGen, Toulouse, France, except poly(I:C) from Amersham Bioscience, Piscataway, NJ, USA], unmethylated cytosine-phosphate-guanosine (CpG) dinucleotides (TLR-9) 10  $\mu$ M (TibMolBiol, Berlin, Germany), the peptidoglycan component muramyl dipeptide (MDP) (NOD2) 1  $\mu$ g/ml

**Table 1.** Characteristics of subjects enrolled in serum lipocalin 2 (LCN2) analysis.

	Controls	UC	CD	<i>P</i>
Number of subjects (total 223)	23	119	81	
Age (range)	43 (19–71)	42 (19–76)	42 (19–71)	n.s.
Female sex (%)	13 (55.6%)	56 (47.1%)	35 (43.2)	n.s.
Duration of disease(range)	–	12 (0–40)	10 (3–28)	n.s.
5-ASA/S-ASA (%)	0	94 (79.0%)	27 (33.3%)	0.000 <sup>α</sup>
Systemic corticosteroids (%)	0	15 (12.6%)	24 (29.6%)	0.007 <sup>β</sup>
hsCRP (range)	1.9 (0.3–12.8)	2.3 (0.3–96.4)	4.3 (0.3–67.6)	0.000 <sup>γ</sup>

Age, duration of disease and high sensitivity C-reactive protein (hsCRP) are given as median. Gender and medication are given as numbers. <sup>α</sup>Significantly higher use of 5-ASA/salazopyrine in UC *versus* CD subjects; <sup>β</sup>significantly higher use of systemic steroids in CD *versus* UC subjects; <sup>γ</sup>significantly higher hsCRP in CD *versus* both controls and UC subjects. CD: Crohn's disease; UC: ulcerative colitis; n.s.: not significant; 5-ASA/S-ASA: aminosalisyllic acid/sulphasalazine.

(InvivoGen, Toulouse, France) and the recombinant human cytokines interleukin (IL)-10, 100 ng/ml and IL-1 $\beta$ , 100 ng/ml (both from PeproTech, Rocky Hill, NJ, USA), CXCL8 50 ng/ml (Invitrogen, Paisley, UK), tumour necrosis factor (TNF)- $\alpha$  100 ng/ml and interferon (IFN)- $\gamma$  1, 10 and 100 ng/ml (both from PeproTech). The cells were stimulated for 20 h before supernatant was harvested and stored at  $-20^{\circ}\text{C}$ . LCN2 was analysed in supernatant using a commercially available enzyme-linked immunosorbent assay (ELISA) kit, DY 1757 (R&D Systems, Abingdon, UK). The cell viability was assessed by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT)-assay, as described previously [15].

To validate the poly(I:C)-induced TLR-3 response, HT-29 cells were transfected for 24 h using lipofectamin, RNAiMAX (Ambion, Invitrogen Dynal, Oslo, Norway) and *TLR3* small interfering RNA (siRNA) (sense-GAACUG GAUAUCUUUGCATT, anti-sense-UGGCAAAGAUAUCC AGUUCTT) (5 nM) or a control siRNA RNA (sense-UUCUCCGAACGUGUCACG UdTdT, anti-sense-ACGUG ACACGUUCGGAGAA dTdT) (5 nM) (Qiagen, Solentuna, Sweden). The cells were then stimulated with poly(I:C) 5  $\mu\text{g}/\text{ml}$  for 20 h as described. The supernatant was collected and stored at  $-20^{\circ}\text{C}$  for analysis of LCN2 using ELISA. The remaining cells were either lysed and used for *TLR3* quantitative reverse transcription-polymerase chain reaction (qRT-PCR) or analysed by MTT-assay.

### RNA isolation and *TLR3* qRT-PCR

RNA isolation and *TLR3* qRT-PCR was performed as described previously [15] using *TaqMan* gene expression assays for *TLR3* (Hs01551078\_m1) and for the housekeeping gene *GAPDH* (Hs99999905\_m1).

### Serum analyses

LCN2 was measured in serum using a LCN2 ELISA kit based on the polyclonal rabbit antibody (antibody

954) developed by T. Flo [16]. Samples were diluted 1:100.

A commercially available assay was used for high sensitivity measurement of C-reactive protein (CRP) in serum (Tina-quant, Roche, Indianapolis, IN, USA).

In the LCN2 analysis in serum and plasma from healthy volunteers, serum was prepared by 30-min coagulation at ambient temperature before centrifugation at 2000 *g*,  $4^{\circ}\text{C}$  for 10 min. Plasma was obtained by immediate centrifugation of citrate blood at 2200 *g*,  $4^{\circ}\text{C}$  for 10 min. LCN2 was analysed using a commercially available ELISA kit, DY 1757 (R&D Systems).

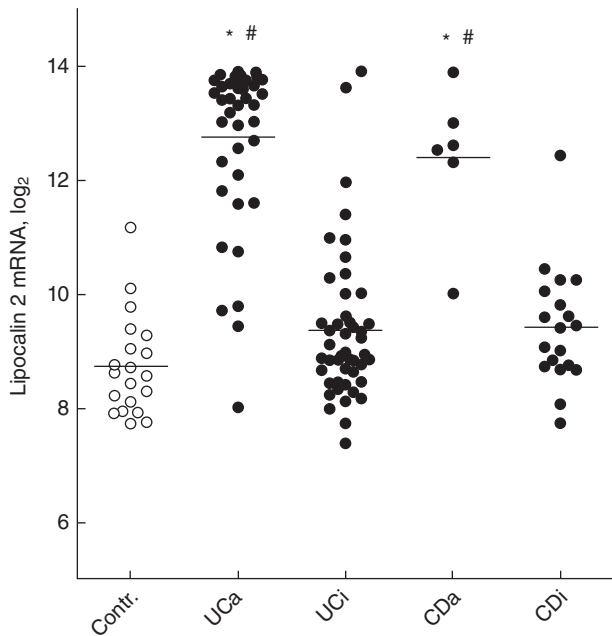
### Statistical analysis

Microarray data analysis was performed as described previously [17]. Other data were assessed for normality using the Shapiro–Wilk test. The data from serum and supernatant were not distributed normally and were thus tested by Kruskal–Wallis test; if significances were detected, the Mann–Whitney *U*-test was used to detect group differences. Correlation between serum protein levels was performed with the non-parametric Spearman's rank correlation. Calculations were performed by PASW Statistics version 20 and GraphPad Prism version 5.0. Differences of  $P < 0.05$  (two-sided) were considered significant.

## Results

### Clinical material

The 133 colonic biopsies were taken from 112 subjects and have been described previously [15]. Serum samples were from 223 subjects partly overlapping the biopsy material. There were no differences in patient characteristics between the groups (Table 1). However, aminosalisyllic acid/sulphasalazine (5-ASA/S-ASA) was used more often in the UC group and CD patients used more systemic steroids, as expected from clinical practice.



**Fig. 1.** The results of microarray-derived gene expression levels of lipocalin 2 (LCN2) mRNA in colonic biopsies are shown as  $\log_2$ . Mean and individual values plotted. UC: ulcerative colitis; CD: Crohn's disease; a, active; i, inactive. \* $P < 0.001$  versus control, # $P < 0.001$  versus inactive disease.

### LCN2 mRNA and protein expression in colonic biopsies

The microarray analysis showed a remarkable over-expression of *LCN2* in biopsies from UCa and CDa compared to controls, or to biopsies from UCi or CDi (Fig. 1). *LCN2* was among the 10 most over-expressed genes comparing UCa or CDa to healthy controls [17]. The  $\log_2$  difference between UCa and controls was 4.10 (fold change 17.15), between UCa and UCi was 3.56 (fold change 11.79), between CDa and controls was 3.85 (fold change 14.42) and between CDa and CDi was 3.17 (fold change 9.00). These were highly significant. There was no significant difference in *LCN2* expression UCi or CDi versus controls, but a tendency to higher *LCN2* abundances could be seen.

The mRNA expression levels of IL-1 $\beta$ , CXCL8, TNF- $\alpha$  and IFN- $\gamma$  were also over-expressed in both UCa and CDa, correlating strongly with *LCN2*. For IL-1 $\beta$ ,  $\rho = 0.748$ , CXCL8,  $\rho = 0.729$ , TNF- $\alpha$ ,  $\rho = 0.542$  and IFN- $\gamma$ ,  $\rho = 0.618$  (all correlations  $P < 0.001$ ).

*LCN2* immunohistochemistry of colonic biopsies showed strong staining of the epithelium in UCa and CDa (Fig. 2a), both enterocytes and goblet cells. Interestingly, goblet cell mucus stained positive in active disease. Moreover, *LCN2*-positive polymorphonuclear leucocytes were seen. Colonic epithelial cells in UCi or CDi were negative or weakly positive for *LCN2*. *LCN2* epithelial staining was assessed as significantly increased in both UCa and CDa versus controls,

and also in UCa versus UCi and CDa versus CDi (all  $P < 0.05$ , two-sided). *LCN2* immunostaining in epithelium was not significantly different in UCi versus control or CDi versus control.

*In-situ* hybridization revealed *LCN2* induction in colonic epithelial cells in the same biopsies positive for *LCN2* by immunohistochemistry (Fig. 2b). No infiltrating immune cells or other cells of the lamina propria or submucosa were positive for *LCN2*.

### Stimulation of colonic epithelial cell lines and *LCN2* release

The dynamics of *LCN2* regulation was studied further in the cell lines HT-29, HCT 116 and SW620. The *LCN2* response to pathogen associated molecular patterns (PAMPs) is particularly interesting, thus we used a ligand panel covering TLR-1–9 and included NOD2 due to its role in IBD. The HT-29 and SW620 cell lines were tested for the full panel, HCT116 with TLR-3 ligand. We found that the HT-29 cells release *LCN2* constitutively, and the release was enhanced markedly by the TLR-3 ligand poly(I:C) (Fig. 3). SW620 did not release *LCN2* at all. The HCT 116 cell line also released *LCN2* dose-dependently after poly(I:C) stimulation (Supporting information, Fig. S1).

The correlation between *LCN2* and mRNA of the proinflammatory cytokines IL-1 $\beta$ , CXCL-8, TNF- $\alpha$  and IFN- $\gamma$  in the microarray data was studied further by examining whether or not these cytokines release *LCN2*. IL-1 $\beta$  potently induced *LCN2* release from HT-29 cells, and this effect was additive to poly(I:C) (Fig. 4). Neither CXCL8, TNF- $\alpha$  or IFN- $\gamma$  induced *LCN2* release. HT-29 cells did not produce IL-1 $\beta$ , either constitutively or upon stimulation with the same ligands as used when assessing *LCN2* release.

### Silencing of TLR-3 in poly(I:C)-stimulated HT-29 cells

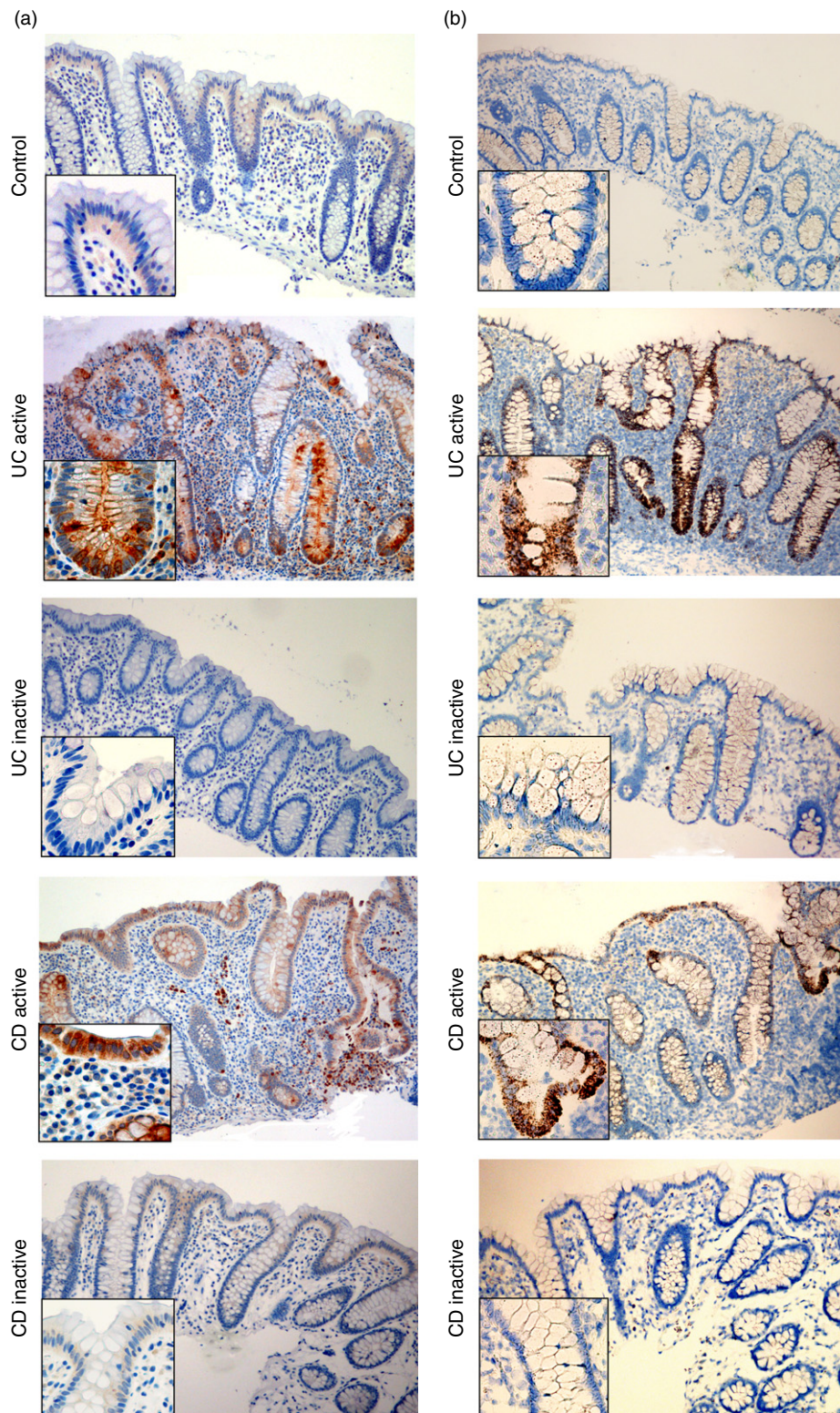
Besides TLR-3, dsRNA can also signal via at least three other sensors: melanoma differentiation-associated gene 5 (MDA-5), retinoic acid inducible gene-1 (RIG1) and protein kinase R (PKR). The TLR-3-mediated response to poly(I:C) in HT-29 cells was thus explored further using small interfering RNA (siRNA) for *TLR3*. Poly(I:C) increased *LCN2* release twofold compared to the constitutive release from HT-29 cells, and TLR-3 siRNA almost abolished this response (Fig. 5).

In the same experiment, poly(I:C) increased *TLR3* 9.53-fold. Further, siRNA transfection of poly(I:C)-stimulated cells attenuated *TLR3* to 33.1% of cells transfected with non-silencing siRNA. HT-29 cell viability was unaltered by poly(I:C) or the transfecting reagents as assessed by MTT assay (Supporting information, Fig. S1).

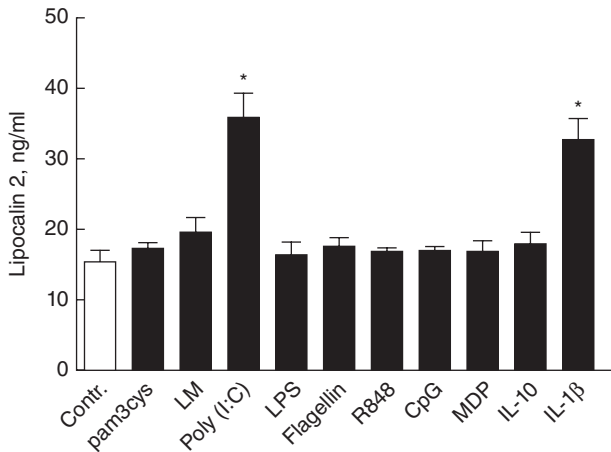
### Localization of TLR-3 in the colonic mucosa

Having observed the TLR-3-induced *LCN2* response, colonic biopsies were examined by immunohistochemistry

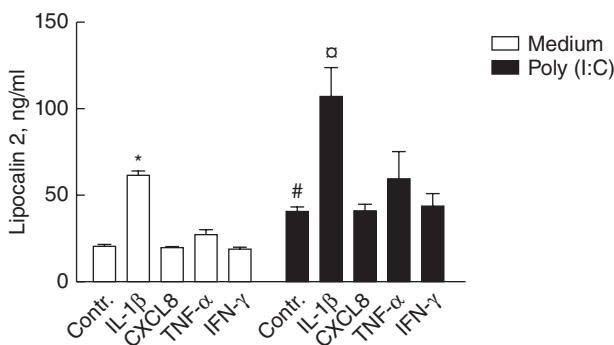




**Fig. 2.** (a) Immunohistochemical staining of lipocalin 2 (LCN2) in colonic biopsies from controls, active and inactive ulcerative colitis (UC), active and inactive Crohn's disease (CD). LCN2 is located in the infiltrating neutrophils and the epithelial cells, both with the appearance of enterocytes and goblet cells. We found significantly increased LCN2 expression in epithelium of active ulcerative colitis (UC) and active Crohn's disease (CD) versus controls. (b) *In-situ* hybridization of LCN2 in the same biopsies as immunohistochemical staining. The LCN2 mRNA is located only in the epithelial cells, indicating that these cells are responsible for *de-novo* synthesis. Also, we found significant expression of LCN2 mRNA in the epithelium of active disease versus healthy control mucosa. Original magnification  $\times 10$  and  $\times 40$ .



**Fig. 3.** Lipocalin 2 (LCN2) release from HT-29 cells stimulated with pattern recognition receptor (PRR) ligands; from left to right, Toll-like receptors (TLR)-1–9, nucleotide-binding oligomerization domain (NOD)2 and the cytokines interleukin (IL)-10 and IL-1 $\beta$  for 20 h. We found a considerable constitutive release of LCN2. \* and # $P < 0.05$  versus medium. Mean  $\pm$  standard deviation is shown.



**Fig. 4.** Lipocalin 2 (LCN2) release from HT-29 cells after 20 h stimulation with proinflammatory cytokines with and without poly(I:C). Poly(I:C) and interleukin (IL)-1 $\beta$  both induce LCN2 release, but in an additive pattern. \* and # $P < 0.05$  versus medium control.  $\square P < 0.05$  versus poly(I:C) control. Mean  $\pm$  standard deviation.

for TLR-3, and TLR-3 positivity was seen in the epithelium (Fig. 6). TLR-3 positivity increased significantly in UCa and CDa versus controls ( $P < 0.05$ , two-sided), but there was no significant difference in TLR-3 staining of the epithelium between UCi or CDi versus controls. The TLR-3 staining was located in the nuclei/perinuclear areas. To ensure the staining specificity, we added three different types of negative control in a repeated IHC experiment for TLR-3 as described in Materials and methods. The TLR-3 staining pattern was reproduced, but could not be visualized in any of the three controls, as expected (Supporting information, Fig. S1). This nuclear/perinuclear pattern of staining for TLR-3 has been found previously by others in fibrosarcoma cells [18].

### Serum levels of LCN2

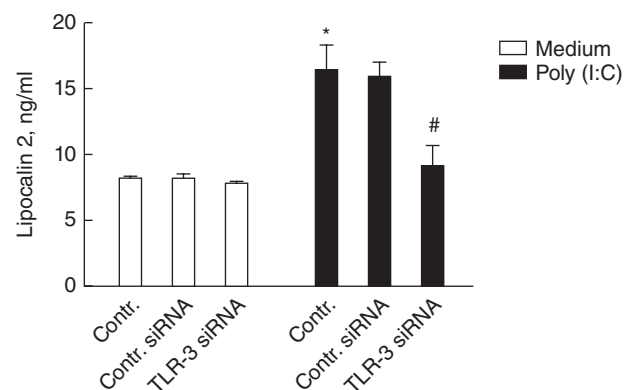
As mucosal LCN2 was increased markedly in active IBD, it is potentially a marker of disease activity.

Serum levels of LCN2 were increased significantly in CD patients compared to controls (Fig. 7a), but not in UC patients. Because the results in both the UC and CD groups are from patients with both active and inactive disease these were recalculated, restricting the data to patients with endoscopic results from the time of blood sampling, and a significant increase in serum LCN2 in UCa versus UCi (Fig. 7b) was found. In a further analysis of serum LCN2 in all subjects included we found a correlation to CRP,  $\rho = 0.315$  and  $P < 0.001$  (two-sided).

This shows that LCN2 in serum might reflect IBD disease activity, but the strength of correlation was somewhat weak. We hypothesized that the weak correlation between serum LCN2 and CRP was caused by LCN2 leaking *ex vivo* from neutrophils, which store large amounts of this peptide. Thus, we examined whether technical procedures during blood sampling and preparation of serum could influence LCN2 levels. In a study in healthy volunteers ( $n = 3$ ), we found that LCN2 levels in plasma were markedly lower, 50–9% of that in serum.

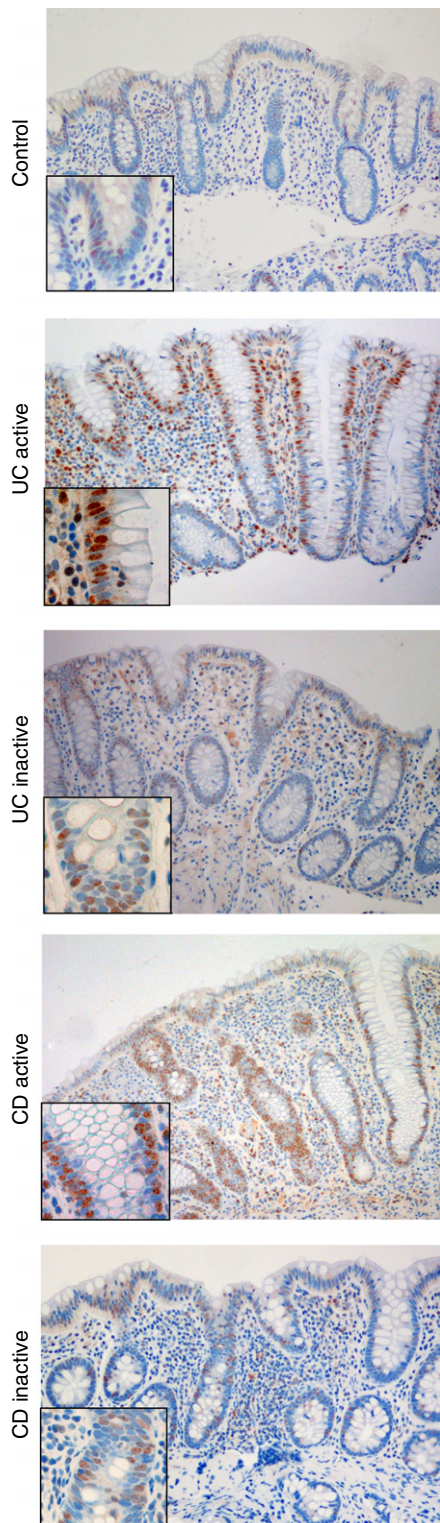
### Discussion

The present work is based on a microarray study of a large and well-controlled material collection of colonic biopsies from an IBD population obtained in a routine clinical setting. The remarkably potent and robust LCN2 response in active IBD seen in our own material makes it likely that this anti-microbial peptide has an important role in these diseases. Over-expression of LCN2 in IBD has been shown previously to variable degrees and in materials of variable size [19–21].



**Fig. 5.** The poly(I:C) effect on lipocalin 2 (LCN2) release was silenced in HT-29 cells by transfection with Toll-like receptor (TLR)-3 siRNA. The cells were transfected for 24 h using TLR-3 siRNA or control/non-signalling siRNA and then stimulated with poly(I:C) or left unstimulated (medium) for 20 h. \* and # $P < 0.05$ . Mean  $\pm$  s.d. of triplicates.

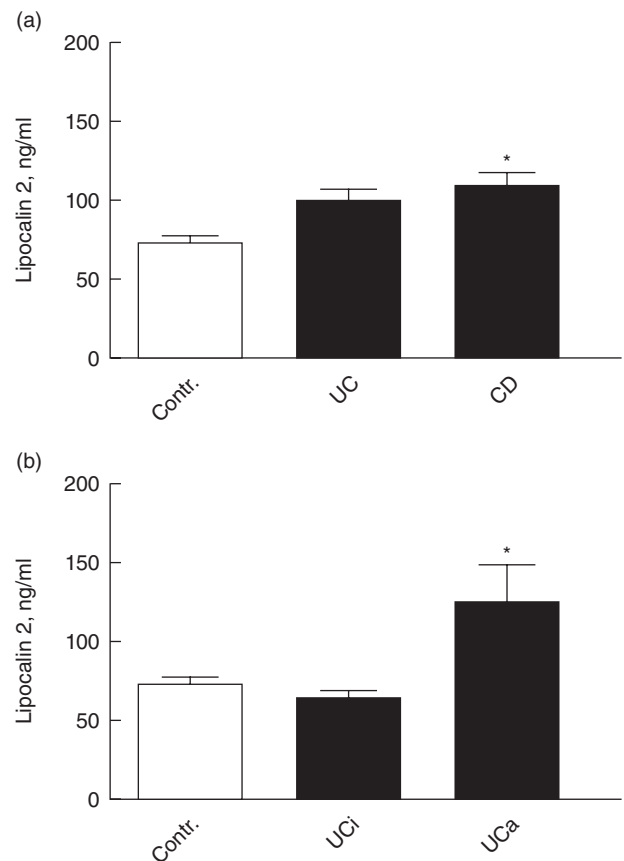




**Fig. 6.** Immunohistochemical staining of Toll-like receptor (TLR)-3 in colonic biopsies from controls, active and inactive ulcerative colitis (UC), active and inactive Crohn's disease (CD). TLR-3 staining is found in the epithelium and also in various cell types in lamina propria. The TLR-3 expression of the epithelium was enhanced in both active UC and active CD *versus* healthy controls. Original magnification  $\times 10$  and  $\times 40$ .

Our immunohistochemical and *in-situ* hybridization studies located LCN2 protein to epithelial cells and neutrophils, while ongoing synthesis was found only in the epithelial cells. Neutrophils are 'prepacked' with LCN2, and further synthesis does not take place as the mature cells are released into peripheral blood. These findings are in accordance with previous studies [10,22]. From our results we conclude that the profound up-regulation of LCN2 in microarray analysis is due to LCN2 induction in the epithelium. Having localized inducible *de-novo* synthesis of LCN2 in colonic IBD to epithelial cells only, we wanted to explore if LCN2 could be induced by PRRs and found that TLR-3 stimulation by the dsRNA-mimicking substance poly(I:C) induced LCN2 release *in vitro*. Supplementary studies with siRNA inhibition of TLR-3 confirmed that the poly(I:C) response was indeed mediated via TLR-3, indicating strongly that TLR-3 has a central role in the LCN2 response in IBD.

Moreover, as the gene expression levels of several of the central proinflammatory cytokines were correlated with



**Fig. 7.** (a) Serum lipocalin 2 (LCN2) levels in ulcerative colitis (UC) and Crohn's disease (CD) patients (both active and inactive disease) *versus* controls. \* $P < 0.05$ , two-sided *versus* controls. (b) Serum LCN2 level in endoscopic verified active UC,  $n = 22$  and inactive UC,  $n = 16$  *versus* healthy controls,  $n = 23$ . \* $P < 0.05$  two-sided, *versus* inactive UC. For difference between active UC and controls,  $P = 0.0550$ . In both figures mean  $\pm$  standard deviation is shown.

that of *LCN2* in the microarray study, we tested these for effect on *LCN2* release. IL-1 $\beta$  induced *LCN2* release potently in both cell lines, as also found by Cowland *et al.* [9] in keratinocytes and a pneumocyte-derived cell line. We found the effect of IL-1 $\beta$  on *LCN2* to be additive to poly(I:C). While the gene expression of the proinflammatory cytokines CXCL8, TNF- $\alpha$  and IFN- $\gamma$  also correlated well with *LCN2* in our initial microarray study, no effect could be shown on *LCN2* release in this experimental system. These results suggest a dual mechanism of *LCN2* release *in vivo*. The relative importance of TLR-3 signalling *versus* IL-1 $\beta$  in induction of *LCN2* is unknown; however, as the cell system tested does not produce IL-1 $\beta$  itself, TLR-3 signalling represents a more direct effect on *LCN2* induction in epithelial cells.

To substantiate further a role for TLR-3 in IBD, we examined its expression on protein level by immunohistochemistry of colonic biopsies. We found TLR-3 to be expressed constitutively in the colonic epithelium. Changes in expression level are generally difficult to assess on histological sections, and must be interpreted with caution. However, after examining sections from 25 biopsies, the results appear to be fairly solid. We found enhanced expression of TLR-3 in mucosal biopsies with active inflammation compared to healthy controls and inactive IBD. This constitutive expression of TLR-3 in colonic epithelium has been shown previously [23,24]. In contrast to our findings, Cario and Podolsky [23] found unchanged expression of TLR-3 in active UC *versus* inactive UC and reduced TLR-3 in active CD *versus* inactive CD. They compared the fluorescence intensity in samples from a material of both inflamed and non-inflamed biopsies from ileum and colon in UC and CD patients. This heterogeneity might have biased their results. The material used in the present work is very well controlled, and our assessment of TLR-3 expression in colonic epithelium might be more robust. Thus, to the best of our knowledge, this is the first study that shows increased TLR-3 expression in epithelial cells in active IBD.

Currently, there is scarce knowledge and some controversy around the role of TLR-3 in gut inflammation in general. There is some proof of up-regulation of TLR-3 in intestinal epithelial cells upon rotavirus infection *in vitro* [25]. Previous studies indicate both protective and detrimental effects of TLR-3 signalling on gut inflammation [26–28]. The presence of TLR-3 and its action in the colonic epithelium is of potentially great interest in understanding the disease mechanisms of IBD. TLR-3 senses dsRNA, which is found during replication of most viruses, in addition to the dsRNA viruses themselves. There is also evidence that TLR-3 senses endogenous mRNA from damaged tissue and might maintain inflammation independently of viral infection [27,29]. Our studies show enhanced expression of TLR-3 and a strong regulation of *LCN2* in active IBD, suggesting that TLR-3, via binding of viral RNA or endogenous mRNA, has a role in the regulation of *LCN2*. The obvious

role for *LCN2* in this setting is as an anti-microbial peptide [7]. This opens the interesting possibility of *LCN2*, with its anti-bacterial effect, to be a part of the mechanisms behind the altered microbiome that is associated with IBD.

A very interesting aspect of *LCN2* in IBD is as a marker of inflammation. Previous studies have suggested serum *LCN2* as a clinically useful marker of bowel inflammation [13]. Our results also showed that *LCN2* levels in serum correlate with CRP. However, the clearly lower levels of *LCN2* that we found in plasma, compared to serum, suggest strongly that *LCN2* release from neutrophil leucocytes contributes significantly to *LCN2* levels in blood, and that the use of *LCN2* in blood as a clinical marker of inflammation will depend critically upon laboratory procedures.

Our results indicate that *LCN2* in the epithelium reflects the degree of local inflammation, as it correlates well with proinflammatory cytokines in the mucosa. Moreover, we saw strong *LCN2* staining in both the cytoplasm of enterocytes and in the mucus of goblet cells. This suggests that secretion of *LCN2* from goblet cells is an important mechanism for *LCN2* release into gut lumen. Additionally, *LCN2* from neutrophil leucocytes might leak into the gut lumen. This is interesting in a clinical setting, and *LCN2* in faeces has been found to be correlated with disease activity during gut inflammation in both humans and mice [14,30]. Currently, faecal calprotectin is considered the best non-invasive marker of bowel inflammation. Calprotectin is found in neutrophils, and to some extent in monocytes, and thus reflects mucosal infiltration and shedding. As *LCN2* is released from both neutrophils and activated epithelial cells it has the potential to be a more sensitive marker of disease activity than calprotectin, especially in chronic inflammation where neutrophils are scarce.

Our study has revealed that there is markedly enhanced *LCN2* expression in active IBD, mediated most probably via TLR-3 signalling. TLR-3 expression is enhanced in epithelium in active IBD, suggesting the interesting view of viral or endogenous mRNA as factors contributing to altered immunological homeostasis in IBD. *LCN2* is an extremely interesting protein in clinical practice, with potential as a marker of active IBD, measured in plasma or faeces.

### Acknowledgements

We thank Kari Slørdahl, Bjørn Munkvold, Liv Ryan and Unni Nonstad at Department of Cancer Research and Molecular Medicine (IKM), Norwegian University of Science and Technology (NTNU), who provided excellent technical assistance. The microarray and bioinformatics work were provided by Genomics Core Facility at NTNU supported by the Functional Genomics Programme (FUGE) of the Norwegian Research Council (RCN). This study was supported by grants from the Liaison Committee between the Central Norway Regional Health Authority and NTNU (A.E.Ø.), the Norwegian Cancer Society (N.J.N. and



M.B.) and NTNU (A.v.B.G.). This work also received funding from a research grant from the Liaison Committee between St Olav's University Hospital and the Faculty of Medicine, NTNU.

## Disclosure

The authors have nothing to declare.

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## Supporting information

Additional Supporting Information may be found in the online version of this article at the publisher's website:

**Fig. S1.** Immunohistochemical staining of Toll-like receptor (TLR)-3 in colonic biopsy from actively inflamed mucosa in

ulcerative colitis and three different types of negative controls in the same experiment are shown. We used serial sections from same biopsy. The first negative control was made by omitting primary antibody (no ab). In the second negative control, primary antibody was replaced by isotype

immunoglobulin (Ig)G1 directed against non-human epitope (IgG1). The third control was made by blocking primary antibody with recombinant human TLR-3 peptide (rhTLR-3+TLR-3ab);  $\times 10$  and  $\times 40$  magnification for each slide are shown.