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Estrogen receptor agonists and estrogen attenuate TNF- α -induced apoptosis in VSC4.1 motoneurons

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Abstract

Tumor necrosis factor-alpha (TNF- α) may cause apoptosis and inflammation in amyotrophic lateral sclerosis (ALS) and spinal cord injury (SCI). Recent studies suggest that estrogen (EST) provides neuroprotection against SCI. We tested whether 1,3,5-*tris* (4-hydroxyphenyl)-4-propyl-1H-pyrazole (PPT) (EST receptor alpha (ER α) agonist), 2,3-*bis* (4-hydroxyphenyl) propionitrile (DPN) (EST receptor beta (ER β) agonist), or EST itself would prevent apoptosis in VSC4.1 motoneurons following exposure to TNF- α . Cells were exposed to TNF- α and 15 min later treated with PPT, DPN, or EST. Posttreatment with 50 nM PPT, 50 nM DPN, or 150 nM EST prevented cell death in VSC4.1 motoneurons. Treatment of VSC4.1 motoneurons with PPT, DPN, or EST induced overexpression of ER α , ER β , or both, which contributed to neuroprotection by upregulating expression of anti-apoptotic proteins (p-AKT, p-CREB, Bcl-2, and p-Src). Our analyses also revealed that EST agonists and EST increased phosphorylation of extracellular signal-regulated kinase (ERK). The L-type Ca²⁺ channel inhibitor, nifedipine (10 μ M), partially inhibited EST agonist and EST-induced increase in phosphorylated ERK expression. The mitogen-activated protein kinase inhibitor, PD98059 (5 μ M), partially prevented ER agonists and EST from providing neuroprotection to TNF- α toxicity. Presence of the nuclear ER antagonist, ICI 182 780 (10 μ M), blocked the neuroprotection provided by all three ER agonists tested. Taken together, our data indicate that both ER α and ER β contribute to PPT, DPN, or EST-mediated neuroprotection with similar signaling profiles. Our data strongly imply that PPT, DPN, or EST can be used as effective neuroprotective agents to attenuate motoneuron death in ALS and SCI.

Introduction

Estrogen (EST) provides neuroprotection in traumatic brain injury, spinal cord injury (SCI), and ischemic injury and also in neurodegenerative diseases (Sribnick *et al.* 2003, Nilsen & Brinton 2004, Soustiel *et al.* 2005, Gerstner *et al.* 2009). The neuroprotective effects of EST may be attributable to a number of characteristics of this steroid hormone. In particular, EST acts as a powerful antioxidant and also an anti-inflammatory agent (Sribnick *et al.* 2005). Studies from our laboratory indicated that EST could prevent increases in intracellular free [Ca²⁺], activation of calpain, and apoptosis (Sur *et al.* 2003, Sribnick *et al.* 2004). The protective effects of EST are mediated via the EST receptor alpha (ER α , also called ESR1)

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Declaration of interest

The authors declare that there is no conflict of interest that may be perceived as prejudicing the impartiality of the research reported.

and EST receptor beta (ER β , also called ESR2). The effects of these ER subtypes are tissue and compartment specific. Previous reports showed that the relative contribution of either ER-dependent or ER-independent mechanism to EST-mediated neuroprotection could be due to EST concentration administered. At a physiological concentration, EST may tend to exert neuroprotection through an ER-mediated signaling pathway. Along with the increase in EST concentration used, an ER-independent (e.g. antioxidant mechanism) may impose a greater impact on the neuroprotective outcomes. EST has been shown to improve outcomes in experimental trauma, hemorrhage, shock, sepsis, myocardial ischemia-reperfusion, and acute lung injury (Lahm *et al.* 2008). ER α decreases pro-inflammatory cytokine production and ER β decreases inflammatory markers (Lahm *et al.* 2008). Only recently have selective EST agonists become available, allowing the detailed analysis of the role of ER α and ER β in central nervous system (CNS) injuries and other neurodegenerative diseases. In particular, the effects of selective ER agonists on VSC4.1 motoneurons have not yet been investigated. It also remains unknown whether the contribution of ER α and ER β differs in responses to particular cytokines.

A better mechanistic understanding of the effects of ER agonists or EST may help future targeted therapeutic interventions in CNS injuries and other neurodegenerative diseases. As to the mechanisms underlying the ER-mediated neuroprotective action of EST, recent studies showed that both ER α and ER β are expressed in nonnuclear regions. As demonstrated in a number of studies, EST and its structural analogs acted as significant neuroprotectants through their antioxidant properties in a number of model systems (Behl *et al.* 1997, Green & Simpkins 2000). Previous studies also demonstrated that EST or ER agonists protected hippocampal neurons (Wu *et al.* 2005, Zhao *et al.* 2005) and primary cortical neurons (Cordey & Pike 2005) following activation of mitogen-activated protein kinase (MAPK) signaling cascades.

In this study, we examined the effects of EST in prevention of apoptosis in VSC4.1 motoneurons exposed to tumor necrosis factor-alpha (TNF- α). In order to clarify the role of ER, we also examined whether the ER α agonist 1,3,5-*tris* (4-hydroxyphenyl)-4-propyl-1H-pyrazole (PPT) or the ER β agonist 2,3-*bis* (4-hydroxyphenyl) propionitrile (DPN) could attenuate cell death. Our results demonstrated that posttreatment with PPT, DPN, or EST was significantly protective against supraphysiological TNF- α toxicity in VSC4.1 motoneurons. Furthermore, we found that PPT, DPN, or EST significantly increased expression of anti-apoptotic proteins (e.g. AKT, Bcl-2), which paralleled their neuroprotective efficacy, indicating that both ER α and ER β could contribute to EST-mediated neuroprotection. We also evaluated the impact of the ER subtype agonists PPT and DPN on EST-inducible signaling cascades.

Materials and Methods

Cell culture

The VSC4.1 motoneuron cell line was formed by fusion of dissociated embryonic rat ventral spinal cord neuron with mouse N18TG2 neuroblastoma cell (Crawford *et al.* 1992, Smith *et al.* 1994). The motoneuron-neuroblastoma hybrid cell line (VSC4.1) was a generous gift from Dr S H Appel (Baylor College of Medicine, TX, USA). The VSC4.1 motoneurons were grown in monolayer to subconfluency in 75 cm² flasks containing 10 ml of DMEM/F12 medium with 15 mM HEPES, pyridoxine, and NaHCO₃ (Sigma), supplemented with 2% Sato's components, 1% penicillin, and streptomycin (GIBCO-Invitrogen), and 2% heat-inactivated fetal bovine serum (Hyclone, Logan, UT, USA). Optimal doses of TNF- α (Sigma), EST (Sigma), PPT, DPN, and ICI 182 780 (Tocris Cookson, Ellisville, MO, USA) for VSC4.1 cells were determined by the Trypan blue dye exclusion test. Cells were treated with 50 ng/ml TNF- α alone for 24 h to examine cell death. Moreover, cells were treated first

with 50 ng/ml TNF- α for 15 min and then with 150 nM EST or 50 nM PPT or 50 nM DPN for 24 h. Cells from all treatment groups were used for determination of morphological and biochemical features of apoptosis, analysis of mRNA expression of the genes regulating apoptosis, and analysis of specific protein expression and activity by western blotting. Neuronal viability was determined by the Trypan blue dye exclusion test, which could indicate the metabolically active cells in the cultures (Das *et al.* 2005, 2010a,b). All of the remaining experiments were repeated in triplicate with $n = 3$ for each treatment group.

Detection of apoptosis

The VSC4.1 motoneurons (1×10^5) from each treatment group were washed with PBS, pH 7.4, sedimented onto the microscopic slide using Cytobucket in Centra CL2 centrifuge (IEC, Needham Heights, MA, USA) at 150 g for 5 min and fixed in methanol. Cells from each treatment were washed with PBS, pH 7.4, sedimented onto the microscopic slide, and fixed. The morphological (Wright staining) and biochemical (ApopTag assay) features of apoptosis were examined, as described previously (Das *et al.* 2005, 2010a,b). After Wright staining and ApopTag assay, cells were counted under the light microscope to determine the percentage of apoptosis. At least 500 cells were counted from four randomly selected fields in each treatment and the percentage of apoptotic cells was calculated from three separate experiments.

Determination of intracellular free $[Ca^{2+}]$ using Fura-2 assay

The level of intracellular free $[Ca^{2+}]$ was measured in VSC4.1 motoneurons using the fluorescence Ca^{2+} indicator Fura-2/AM, as described previously (Das *et al.* 2005, 2010a,b). The value of K_d , a cell-specific constant, was determined experimentally to be 0.169 M for the VSC4.1 cells using standards of the Calcium Calibration Buffer kit with magnesium (Molecular Probes, Eugene, OR, USA).

Analysis of mRNA expression

The levels of mRNA expression of ER α , ER β , bax, bcl-2, and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) were measured using the reverse transcription-PCR (RT-PCR). Total RNA was extracted from each of the 12 treatment groups. Primers for ER α , ER β , bax, bcl-2, and GAPDH genes were designed using Oligo software (National Biosciences, Plymouth, MN, USA). The RT-PCR products were resolved by agarose gel electrophoresis. The levels of mRNA expression of the targeted genes were determined by calculating the optical density (OD) of the bands using Quantity One software (Bio-Rad; Table 1).

Antibodies

Monoclonal antibodies against β -actin (1:2000 dilution; Sigma) and GAPDH (Santa Cruz Biotechnology, Santa Cruz, CA, USA) were used to standardize cytosolic protein loading on the SDS-PAGE. Anti-cytochrome *c* oxidase subunit IV (COX4) antibody (Molecular Probes) was used to standardize the mitochondrial protein levels. COX4 is a membrane protein in the inner mitochondrial membrane and it remains in the mitochondria regardless of activation of apoptosis. Antibodies against ER α and ER β agonists were purchased from Santa Cruz Biotechnology. All other primary IgG antibodies were purchased from Santa Cruz Biotechnology or Calbiochem (Gibbstown, NJ, USA). All primary antibodies were diluted at a concentration of 1:200, unless otherwise stated. Secondary antibodies were HRP-conjugated goat anti-mouse IgG (ICN Biomedicals, Aurora, OH, USA) and HRP-conjugated goat anti-rabbit IgG (ICN Biomedicals, Solon, OH, USA) and diluted at a concentration of 1:2000.

Western blotting

Western blotting was performed, as described previously (Das *et al.* 2005, 2010a,b). The isolation of cytosolic, mitochondrial, and nuclear fractions was performed by standard procedures. Cytochrome *c* in the supernatants and pellets and also caspase-3-activated DNase (CAD) in the nuclear fractions were analyzed by western blotting. The autoradiograms were scanned using Photoshop software (Adobe Systems) and OD of each band was determined using Quantity One software (Bio-Rad).

Caspase-3, caspase-8, and caspase-9 colorimetric assays

Measurements of caspase-3, caspase-8 (Sigma), and caspase-9 (Invitrogen) activities were performed using the commercially available assay kits. Concentration of pNA released from the substrate was calculated on the basis of absorbance values at 405 nm. Experiments were performed in triplicate.

Statistical analysis

All results obtained from different treatments of VSC4.1 cells were analyzed using StatView software (Abacus Concepts, Berkeley, CA, USA). Statistically significant differences were determined by one-way ANOVA followed by the Newman–Keuls *post hoc* analysis. Data were expressed as mean±S.E.M. of separate experiments ($n = 3$). Significant difference between control (CON) and TNF- α , or TNF- α +ER agonist (PPT or DPN), or EST+ER antagonist (ICI) treatment was indicated by * $P < 0.05$ or ** $P < 0.01$. Significant difference between TNF- α and TNF- α +ER agonist (PPT or DPN) or EST posttreatment (15 min) was indicated by # $P < 0.05$ or ## $P < 0.01$.

Results

PPT, DPN, and EST prevented apoptotic death in VSC4.1 motoneurons exposed to TNF- α

We examined whether PPT, DPN, and EST could protect VSC4.1 motoneurons from TNF- α toxicity (Fig. 1). Cells were treated first with 50 ng/ml TNF- α for 15 min and then posttreated with PPT, DPN, or EST in the absence or presence of ICI for a total of 24 h (Fig. 1). Cell death was examined by Wright staining to assess morphological features (Fig. 1A) and ApopTag assay to detect DNA fragmentation as a biochemical feature of apoptosis (Fig. 1B). Cell survival was determined by Trypan blue dye exclusion test. Our dose–response analyses indicated that 50 nM PPT, 50 nM DPN, and 150 nM EST provided maximal neuroprotection (data not shown). The results obtained from Wright staining (Fig. 1A) were further confirmed by the ApopTag assay (Fig. 1B). We calculated the percentages of apoptosis based on Wright staining. The posttreatment with PPT, DPN, and EST prevented TNF- α toxicity and significantly decreased apoptotic death, compared with control (CON), in VSC4.1 motoneurons (Fig. 1C). Treatments with ER agonists and EST caused inhibition of TNF- α -mediated DNA fragmentation, showing little or no brown color cells. Compared with CON cells, treatment with 50 ng/ml TNF- α induced more than 50% increase ($P < 0.01$) in apoptotic cells (Fig. 1C). The posttreatment of cells with PPT, DPN, or EST decreased TNF- α -induced apoptosis by three- to four-fold. Our data also suggested that two ER subtypes could contribute to neuroprotection and thus the ER antagonist ICI prevented PPT, DPN, or EST-mediated protection of cells.

Involvement of ER α and ER β in neuroprotection

To ascertain whether both ER α and ER β can contribute to protection of VSC4.1 motoneurons against TNF- α toxicity, we measured the expression of ER α and ER β at the mRNA and protein levels after the treatments (Fig. 2). Treatment of cells with PPT, DPN, or EST induced overexpression of ER α and ER β at mRNA (Fig. 2A) and protein (Fig. 2B)

levels. The level of expression of ER β was less than that of ER α in PPT-treated cells, while the level of expression of ER α was less than that of ER β in DPN or EST-treated cells (Fig. 2C). Cells treated with TNF- α alone showed significantly ($P<0.05$) reduced levels of ER β and ER α at mRNA and protein levels when compared with PPT, DPN, or EST-treated cells. The posttreatment with PPT, DPN, or EST restored ER expression at protein level in cells exposed to TNF- α , while ER expression was decreased in the presence of ER antagonist. No significant changes ($P=0.234$) were seen in ER α and ER β expression at the mRNA or protein level in the presence of ER antagonist, compared with CON cells. Thus, our results demonstrated that PPT, DPN, and EST activated overexpression of ER α and ER β to block the events required for initiation of downstream apoptotic signaling cascade.

Both ER agonists and EST rapidly increased extracellular signal-regulated kinase 1/2 phosphorylation with involvement of L-type Ca²⁺ channels

We investigated whether ER agonists (PPT and DPN) and EST would cause activation of the extracellular signal-regulated kinase 1/2 (ERK1/2) signaling in VSC4.1 motoneurons and whether this activation was partially mediated by an increase in intracellular free [Ca²⁺] (Fig. 3). Our western blotting results demonstrated that both ER agonists (PPT and DPN) and EST induced a rapid and dramatic increase in activation or phosphorylation of ERK1/2 (p-ERK1/2), which quickly peaked at 0.5 h (fourfold increase compared with CON cells) and remained elevated above the baseline level for 24 h (Fig. 3A). We monitored the expression of β -actin to demonstrate equal loading of protein samples in all lanes of the western blot. We also observed slight upregulation of intracellular free [Ca²⁺] for ~0.5 h before returning to the baseline level in PPT, DPN, or EST-treated VSC4.1 cells (Fig. 3B). Thus, our results showed an apparent correlation between ERK1/2 activation and intracellular free [Ca²⁺] rise. Cells treated with TNF- α and subsequently (after 15 min) exposed to PPT, DPN, or EST significantly attenuated the [Ca²⁺] rise, compared with CON cells. Cells treated with TNF- α for 24 h demonstrated a significant increase ($P=0.009$) of more than 2- to 2.5-fold in intracellular free [Ca²⁺], compared with CON cells. This increase was significantly attenuated ($P=0.005$) by posttreatment with both ER agonists and EST. Furthermore, there was no significant difference ($P=0.437$) in intracellular free [Ca²⁺] between CON cells and those treated with TNF- α plus PPT, DPN, or EST (Fig. 3B). In our studies, we examined whether L-type Ca²⁺ channel was involved in increasing intracellular free [Ca²⁺] for ERK1/2 activation in the presence of PPT, DPN, or EST (Fig. 3C). Our results indicated that 5 min pretreatment with nifedipine (an L-type Ca²⁺ channel blocker) partially blocked the increase in ERK1/2 activation induced by the ER agonists and EST (Fig. 3C). To investigate whether ERK1/2 activation was required for ER agonists or EST to maintain neuronal survival, we measured ERK1/2 activation in cells treated with PPT, DPN, or EST alone and also in the presence of MAPK inhibitor PD98059 (Fig. 3D). Our results demonstrated that PD98059 partially blocked the expression of p-ERK1/2 and increased neuronal viability, compared with cells treated with TNF- α alone (Fig. 3E). We also examined the effects of posttreatment with ICI 182 780 (ICI), a well-known nuclear ER antagonist (Dauvois *et al.* 1993), in VSC4.1 cells. Treatment of cells with TNF- α followed by PPT, DPN, or EST along with ICI for 24 h exhibited significant decrease in cell viability (Fig. 3E). Our results also demonstrated that treatment with nifedipine, PD98059, and ICI alone did not affect survival of VSC4.1 motoneurons.

Impact of PPT, DPN, or EST on the expression of cell survival markers

A number of anti-apoptotic (survival) proteins play a central role in preventing programmed cell death and decrease in their expression has been associated with various neurodegenerative disorders. In order to investigate the impact of ER agonists and EST on the activation of some survival proteins or inactivation of pro-apoptotic proteins, we measured their levels in VSC4.1 cells after the treatments (Fig. 4). Our western blotting

demonstrated that cells treated with TNF- α and subsequently posttreated with PPT, DPN, or EST increase phosphorylation of AKT (p-AKT, an activated survival protein) and also phosphorylation of Bad (p-Bad, an inactivated pro-apoptotic protein), thus preventing its binding and inhibition of anti-apoptotic Bcl-2 protein (Fig. 4A). Furthermore, both ER agonists and EST induced phosphorylation of cAMP response element-binding protein (p-CREB) and upregulated Bcl-2 (Fig. 4A). Because CREB is known to be a transcription factor for Bcl-2, our results suggest that PPT, DPN, or EST exert their anti-apoptotic effects significantly on CREB phosphorylation and Bcl-2 upregulation via nongenomic activation of the PI3K/AKT pathway in VSC4.1 cells (Fig. 4B). Since Src is a critical upstream regulator of the EST-stimulated PI3K/AKT/eNOS pathway, we determined the expression of Src. There was a significant increase ($P<0.05$) in phosphorylation of Src (p-Src) in PPT, DPN, or EST-treated cells (Fig. 4B). Posttreatment with the ER antagonist ICI inhibited expression of survival proteins, which were initially upregulated by PPT, DPN, or EST alone (Fig. 4B). These results indicated the involvement of ER α and ER β in protection of cells.

Posttreatment with ER agonists and EST blocked extrinsic and intrinsic pathways of apoptosis

We examined the inhibitory effects of the ER agonists and EST on apoptotic cascade in VSC4.1 cells exposed to TNF- α (Fig. 5). Caspase-8 is a key enzyme in the death receptor of extrinsic pathway of apoptosis and it is also linked to the mitochondrial or intrinsic pathway of apoptosis. We performed western blotting to determine the inhibitory effects of PPT, DPN, or EST on caspase-8 activation and caspase-8-mediated cleavage of Bid to tBid for its translocation to the mitochondria (Fig. 5A). Our results showed significant increases ($P=0.001$) in 18 kDa active caspase-8 and 15 kDa tBid (mitochondrial fraction) in VSC4.1 cells treated with TNF- α (Fig. 5A). We monitored the levels of β -actin and COX4 expression to ensure that equal amounts of cytosolic and mitochondrial proteins respectively were loaded in all lanes. We also observed that posttreatment with ER agonists and EST completely blocked caspase-8 activation (western blotting) and activity (colorimetric assay) and proteolytic cleavage of Bid to tBid in cells exposed to TNF- α (Fig. 5B). In contrast, posttreatment with ICI significantly decreased inhibitory effects of PPT, DPN, or EST on caspase-8 activation and activity (Fig. 5B).

An increase in the Bax:Bcl-2 ratio is very important in initiation of mitochondrial pathway of apoptosis. We examined Bax and Bcl-2 expression at both mRNA and protein levels and found that the cells treated with TNF- α increased Bax but decreased Bcl-2 expression at both mRNA and protein levels (Fig. 5C), leading to a significant increase ($P<0.01$) in the Bax:Bcl-2 ratio in the cells (Fig. 5D). In this study, it should be noted that we used a monoclonal antibody in the western blotting to detect 21 kDa Bax α and 24 kDa Bax β isoforms, both of which were considered in determining total amount of Bax expression. The increase in the Bax:Bcl-2 ratio (Fig. 5D) could promote the mitochondrial release of the pro-apoptotic factors. Treatment of cells with the ER agonists or EST significantly attenuated ($P=0.003$) the increase in the Bax:Bcl-2 ratio, compared with cells treated with TNF- α . In addition, there was no significant difference ($P=0.687$) between CON cells and cells treated with TNF- α and posttreated with PPT, DPN, or EST. Notably, treatment of cells with PPT, DPN, or EST alone did not significantly ($P=0.435$) alter the Bax:Bcl-2 ratio.

We also examined the cytochrome *c* levels in both cytosolic and mitochondrial fractions after all treatments of the cells (Fig. 5E). After TNF- α treatment, there was a significant ($P<0.01$) disappearance of 15 kDa cytochrome *c* from the mitochondrial fraction and its subsequent appearance in the cytosolic fraction (Fig. 5F). The mitochondrial release of cytochrome *c* into the cytosol was responsible for caspase-9 activation. We detected

significant increases in 37 kDa active caspase-9 fragment and caspase-9 activity (colorimetrically) in TNF- α -treated cells (Fig. 5F). Posttreatment with PPT, DPN, or EST significantly blocked the mitochondrial release of cytochrome *c* into the cytosol and thereby inhibited caspase-9 activation in TNF- α -treated cells. Treatment of cells with the ER antagonist ICI significantly decreased the effect of PPT, DPN, or EST.

Posttreatment with PPT, DPN, or EST blocked downstream events of apoptosis

Our finding of increased intracellular free [Ca²⁺] in VSC4.1 cells treated with TNF- α for 24 h (Fig. 3B) suggested activation of the Ca²⁺-dependent protease calpain and its involvement in cell death. Therefore, we examined the levels of calpain and caspase-3 expression and their activation for mediation of apoptosis (Fig. 6). Western blotting showed an increase in m-calpain expression and a decrease in calpastatin (endogenous calpain inhibitor) expression (Fig. 6A) resulting in a significant increase in the m-calpain:calpastatin ratio (Fig. 6B) in TNF- α -treated cells. Activation of caspase-3 caused cleavage of the inhibitor of caspase-activated DNase (ICAD) to release and translocate CAD to the nucleus (Fig. 6A) leading to an increase in the CAD:ICAD ratio (Fig. 6B) so as to promote degradation of nuclear DNA in TNF- α -treated cells. Posttreatment with PPT, DPN, or EST significantly blocked the ICAD degradation and thereby translocation of CAD to the nucleus (Fig. 6B). Furthermore, treatment with the ER antagonist ICI significantly decreased the action of PPT, DPN, or EST. A uniform expression of β -actin served as a loading control for cytosolic proteins. We stained one set of gel with Coomassie blue to ensure the loading of equal amounts of nuclear proteins in all lanes. A colorimetric assay showed very significant increase in total caspase-3 activity in VSC4.1 cells after treatment with TNF- α (Fig. 6C). Posttreatment with PPT, DPN, or EST significantly attenuated caspase-3 activity but treatment with the ER antagonist ICI reversed the action of PPT, DPN, or EST (Fig. 6C).

Discussion

One central finding of this study is that posttreatment with the ER agonists such as PPT (ER α agonist) and DPN (ER β agonist), and also EST rapidly prevent Ca²⁺ influx through the L-type Ca²⁺ channel and ERK phosphorylation, both of which are required for EST-mediated neuroprotection of VSC4.1 motoneurons. Our results suggest that ER-mediated cytoprotection is due to inhibition of both extrinsic and intrinsic pathways of apoptosis. The present results support a direct relationship between cytoprotection and overexpression of survival proteins and inhibition of calpain and caspase-3 activities, as described in earlier reports (Nilsen *et al.* 2002, 2003, Sur *et al.* 2003). Both ER agonists and EST also prevent Ca²⁺ influx through the L-type Ca²⁺ channel and cell death induced by TNF- α , strongly indicating the involvement of multiple mechanisms for cell death. Posttreatment with the ER antagonist ICI significantly decreased the ability of ER-mediated cell protection, confirming the involvement of PPT, DPN, or EST in neuroprotective mechanism. Thus, these results showed that PPT, DPN, or EST worked via ER α , ER β , or both receptors to prevent apoptosis in VSC4.1 motoneurons. The underlying mechanisms of neuroprotection rendered by both ER α and ER β are in agreement with previous studies (Zhao *et al.* 2004) but differ from another study showing that low-dose ICI protects hippocampus neurons (Zhao & Brinton 2007). Different results suggest that the effect of ICI treatment may be either dose-dependent or tissue/cell-specific.

The current investigation indicates that both ER α and ER β are substantially increased at mRNA and protein levels after the treatment of cells with PPT, DPN, or EST. Our results suggest that both ER agonists and EST are responsible for protecting VSC4.1 motoneurons from TNF- α insult via the ER receptor-mediated pathway. This contention is also supported by the fact that ICI, an ER antagonist, abrogated the neuroprotective effects of PPT, DPN, or

EST. It is noteworthy that threefold lower concentration of PPT and DPN than EST exerted their neuroprotective effects, making the ER agonists (PPT and DPN) more efficacious than EST for therapeutic use. A possible explanation for these findings is that only a small amount of EST may interact with ER α and ER β , suggesting nongenomic effects. In contrast, a substantial amount of EST may bind to cytosolic ER α and ER β and diffuse into the nucleus to exert slower, genomic effects. Alternatively, it is possible that PPT and DPN have higher affinities for their respective receptors than EST itself. In this context, it is of interest to note that PPT has a 410-fold higher binding affinity for ER α than ER β , while DPN has a 70-fold higher affinity for ER β over ER α (Weiser *et al.* 2009).

It has been previously demonstrated that EST decreases Ca²⁺ influx by modulating voltage-gated L-type Ca²⁺ channels and initiates the downstream Src/ERK signaling pathways leading to EST-mediated activation of the neuroprotection and neurotropicism-associated genes in hippocampal neurons (Wu *et al.* 2005, Zhao *et al.* 2005). This study partially confirmed this unique characteristic of ER agonists (PPT and DPN) and EST for motoneuron protection via ERK activation. ERK kinases have dual function in MAPK cascade by controlling cell growth and activation of p44 and p42 MAPK (Hershberger *et al.* 2009) by phosphorylating both threonine and tyrosine residues. Activation of the Ca²⁺ signaling as a second messenger sets into motion a biochemical cascade of signaling events leading to gene expression required for neurite outgrowth and neuronal plasticity (West *et al.* 2001). This study further confirmed this unique regulation of intracellular Ca²⁺ dynamics in ER agonist and EST-treated motoneurons. Comparable magnitude of attenuation of TNF- α -mediated intracellular Ca²⁺ rise was exerted by selective ER α agonist (PPT), selective ER β agonist (DPN), and EST, suggesting that ER α and ER β may play an equivalently important role in the promotion of EST-mediated neuronal defense mechanisms leading to increased neuronal survival when exposed to neurodegenerative insults.

EST is known to modulate voltage-dependent L-type Ca²⁺ channels and both ER α and ER β may be involved in this modulatory mechanism. In this study, we used nifedipine, an L-type Ca²⁺ channel inhibitor, which moderately blocked the ER agonist and EST-induced increase in ERK phosphorylation, suggesting that L-type Ca²⁺ channels partially regulate ER α - and ER β -mediated ERK activation. These results suggest that in addition to L-type channels, ER agonist and EST may also interact with other channels, which may modulate downstream signaling events. Furthermore, we observed that the inhibition of the MAPK signaling by PD98059 partially blocked ER agonist and EST-mediated neuroprotection. These results suggest that activation of the MAPK signaling is essential for EST-mediated neuroprotection.

Signaling via AKT activation participates in neuronal survival and regulating other downstream neuronal survival markers such as CREB and Bcl-2 (Yune *et al.* 2008). Our data indicate that ER agonists and EST induced AKT activation that precedes and potentially modulates CREB activation for regulating transcription of Bcl-2. It also activates Src and induces P85 (regulatory subunit of PI3K) complex formation. This complex formation results in the successive activation of PI3K, AKT, and eNOS with consequent enhanced NO release, implicating Src as a critical upstream regulator of the EST-stimulated PI3K/AKT/eNOS pathway (Haynes *et al.* 2003). Our results also supported the general hypothesis that AKT phosphorylates Bad and thus preventing its binding and inhibition to Bcl-2 (Zoubeidi *et al.* 2010). Furthermore, our results demonstrated that both ER agonists and EST promote neuronal survival mainly through ER-mediated MAPK signaling pathway, ER-dependent mechanism, and also ER-independent mechanism.

The effects of PPT, DPN, and EST are clearly not limited to its MAPK signaling or upregulation of survival protein ability. Both ER agonists and EST may signal through a

variety of regulated pathways. Our results show that ER agonists and EST block the extrinsic pathway of apoptosis involving the caspase-8 activation and Bid cleavage, and also the intrinsic pathway of apoptosis that engages the mitochondrial permeabilization to release of cytochrome *c* (Das *et al.* 2010*a,b*). Since the mitochondria play a key role both in maintaining cellular homeostasis and triggering the activation of cell death pathways, we evaluated the effect of PPT, DPN, and EST on expression of pro-apoptotic Bax and anti-apoptotic Bcl-2 and release of cytochrome *c* in TNF- α -treated cells, as reported previously (Das *et al.* 2010*a,b*). Our current results showed that both ER agonists and EST can protect apoptotic cells by altering Bax and Bcl-2 expression at mRNA and protein levels with a decrease in the Bax:Bcl-2 ratio. Our results further demonstrated that PPT, DPN, and EST could prevent the release of mitochondrial pro-apoptotic factors and activation of caspase-9, leading to protection of cells.

Calpain and caspases play a crucial role in the execution of apoptosis (Das *et al.* 2010*a,b*). Since cell death can be classified to follow a classical apoptotic mode if execution of cell death is dependent on calpain and caspase activity, we analyzed the downstream events in VSC4.1 cells after different treatments. The processing of pro-caspase-3 to its active form is considered to be a point of no return in the death-signaling cascade. Our observation that treatment with TNF- α alone leads to an increase in calpain and caspase-3 activity and downregulation of calpastatin is in agreement with the results of previous studies (Das *et al.* 2010*a,b*). We also found that TNF- α increased the activation of caspase-3 activity and the levels of cleavage of ICAD (DFF45) in VSC4.1 cells. Notably, ICAD is a caspase-3 substrate that has to be cleaved before beginning apoptotic DNA fragmentation. CAD (DFF40) remains inactive while bound to ICAD; however, caspase-3 cleaves ICAD at two sites, thereby releasing the endonuclease, which then cleaves DNA. From our own observations, a reduction in calpain and caspase-3 activity correlates well with the reduction in the Bax:Bcl-2 ratio in PPT, DPN, and EST-treated cells. An increase in the Bax:Bcl-2 ratio is thought to be upstream of the caspases in the mitochondria-mediated apoptotic pathway. Taken together, our current data support earlier evidence that ER agonists and EST mediate cytoprotection, in part, due to inhibition of the protease activity (Sur *et al.* 2003, Sribnick *et al.* 2004).

Our results indicate that posttreatment with PPT, DPN, or EST inhibits TNF- α -mediated cell death in VSC4.1 motoneurons. Posttreatment with PPT, DPN, or EST is associated with increases in expression of ER α and ER β . The neuroprotective effect of PPT, DPN, or EST on VSC4.1 cells was blocked by the ER antagonist ICI, favoring the idea of involvement of ER α and ER β for rendering neuroprotection. In summary, this study establishes the importance of ER agonists and EST in neuroprotection. Most importantly, our investigation implies that ER agonists at a very low dose can be used as potential therapeutic agents for the treatment of CNS injuries and various neurodegenerative diseases.

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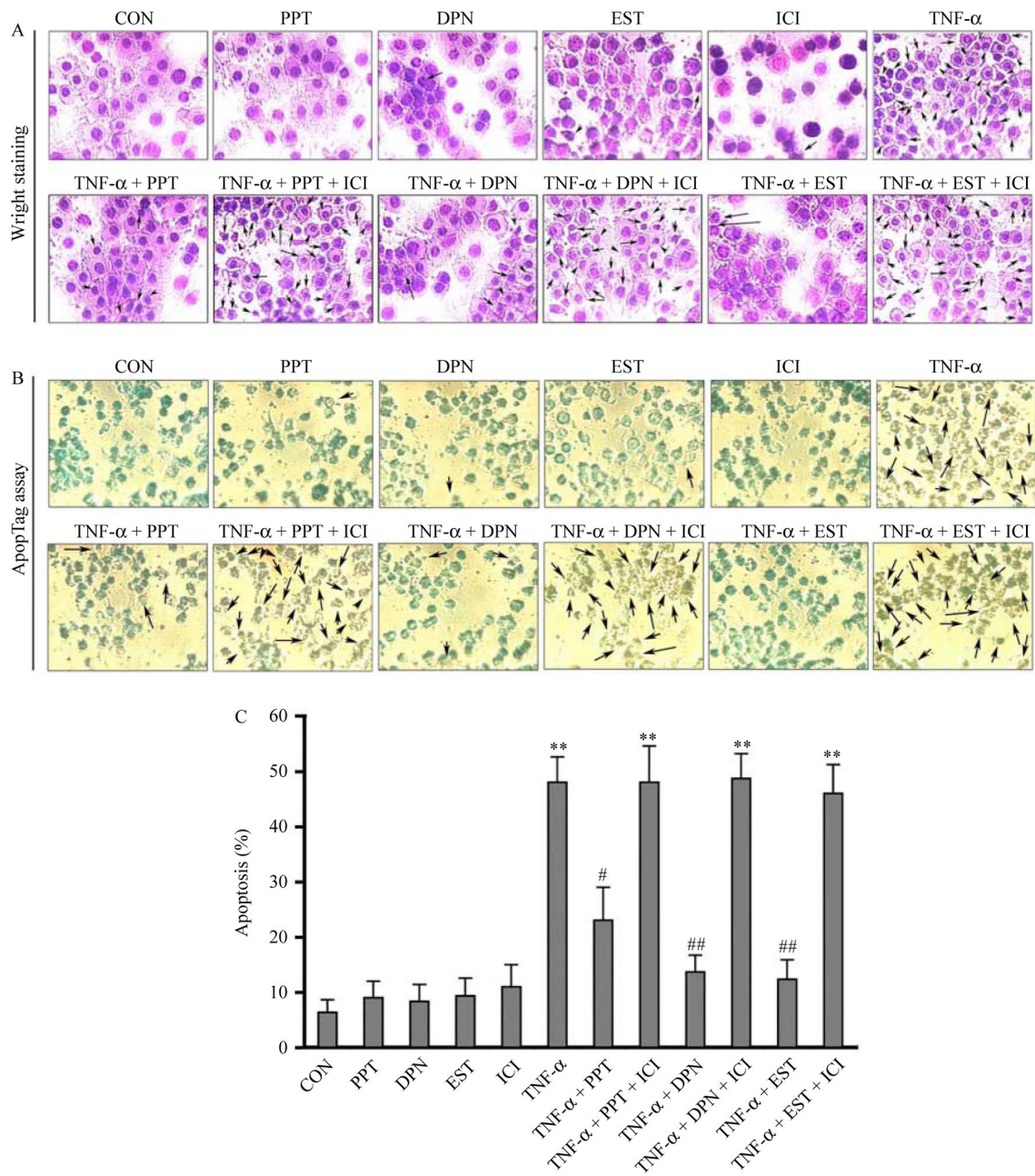


Figure 1.

Posttreatment with PPT, DPN, or EST prevented TNF- α -induced apoptosis in VSC4.1 motoneurons. Treatment groups: control (CON); 50 nM PPT (24 h); 50 nM DPN (24 h); 150 nM EST (24 h); 10 μ M ICI (24 h); 50 ng/ml TNF- α (24 h); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure). (A) Wright staining showing representative cells from each treatment group.

Arrows indicate apoptotic cells. (B) ApopTag assay showing representative cells from each treatment group. (C) Bar graphs indicating the percentage of apoptotic cells counted from each group (based on Wright staining). ** $P < 0.01$ compared to control; # $P < 0.05$ compared to TNF- α ; ## $P < 0.01$ compared to TNF- α . Full colour version of this figure available via <http://dx.doi.org/10.1677/JOE-10-0338>.

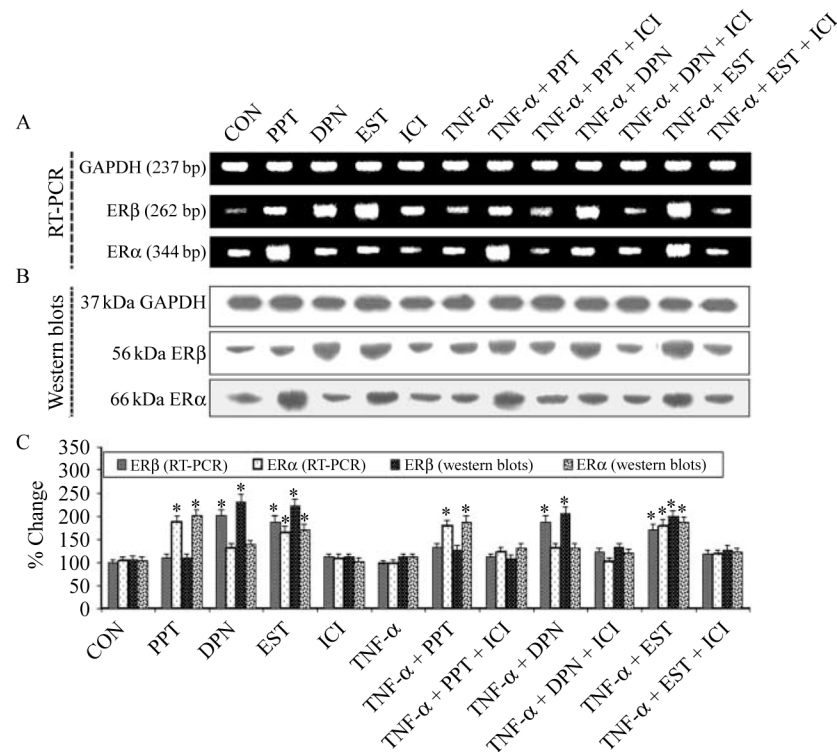


Figure 2. RT-PCR and western blotting for expression of estrogen receptor beta (ERβ) and estrogen receptor alpha (ERα). Treatment groups: control (CON); 50 nM PPT (24 h); 50 nM DPN (24 h); 150 nM EST (24 h); 10 μM ICI (24 h); 50 ng/ml TNF-α (24 h); 50 ng/ml TNF-α (24 h)+PPT (treatment at 15 min post TNF-α exposure); 50 ng/ml TNF-α (24 h)+PPT (treatment at 15 min post TNF-α exposure)+ICI (treatment at 20 min post TNF-α exposure); 50 ng/ml TNF-α (24 h)+DPN (treatment at 15 min post TNF-α exposure); 50 ng/ml TNF-α (24 h)+DPN (treatment at 15 min post TNF-α exposure)+ICI (treatment at 20 min post TNF-α exposure); 50 ng/ml TNF-α (24 h)+EST (treatment at 15 min post TNF-α exposure); 50 ng/ml TNF-α (24 h)+EST (treatment at 15 min post TNF-α exposure)+ICI (treatment at 20 min post TNF-α exposure). Representative pictures to show levels of ERβ, ERα, and GAPDH at mRNA (RT-PCR) (A) and protein levels (western blotting) (B). (C) Bar graphs indicating the changes in expression of ERβ and ERα over CON. * $P < 0.05$ compared to control.

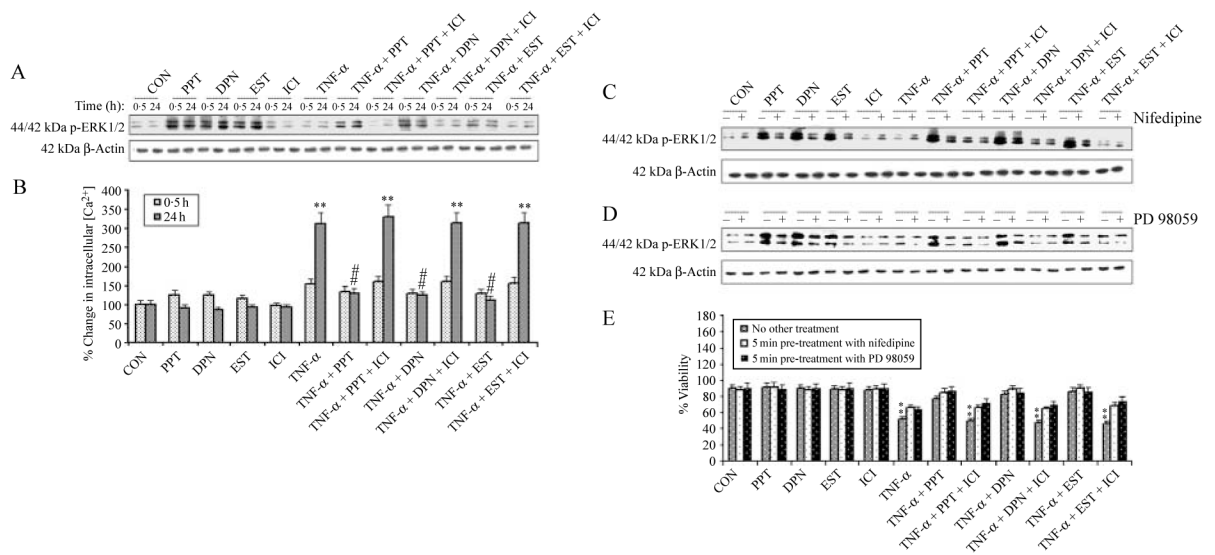


Figure 3. Determination of ERK phosphorylation, intracellular free $[Ca^{2+}]$, and involvement of L-type Ca^{2+} channels in VSC4.1 cells. Treatment groups: control (CON); 50 nM PPT (24 h); 50 nM DPN (24 h); 150 nM EST (24 h); 10 μ M ICI (24 h); 50 ng/ml TNF- α (24 h); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure). (A) Posttreatment with PPT, DPN, or EST rapidly increased ERK phosphorylation. Western blot analysis to show levels of phosphorylation of p44/42 ERK1/2 at 0.5 and 24 h. (B) Determination of intracellular free $[Ca^{2+}]$ at 0.5 and 24 h. Western blot analysis to show levels of phosphorylation of p44/42 ERK1/2 after posttreatment with nifedipine (C) and PD98059 (D). (E) Treatment with nifedipine and PD98059 increased cell viability. Trypan blue dye exclusion assay was used to assess cell viability. ** $P < 0.01$ compared to control.

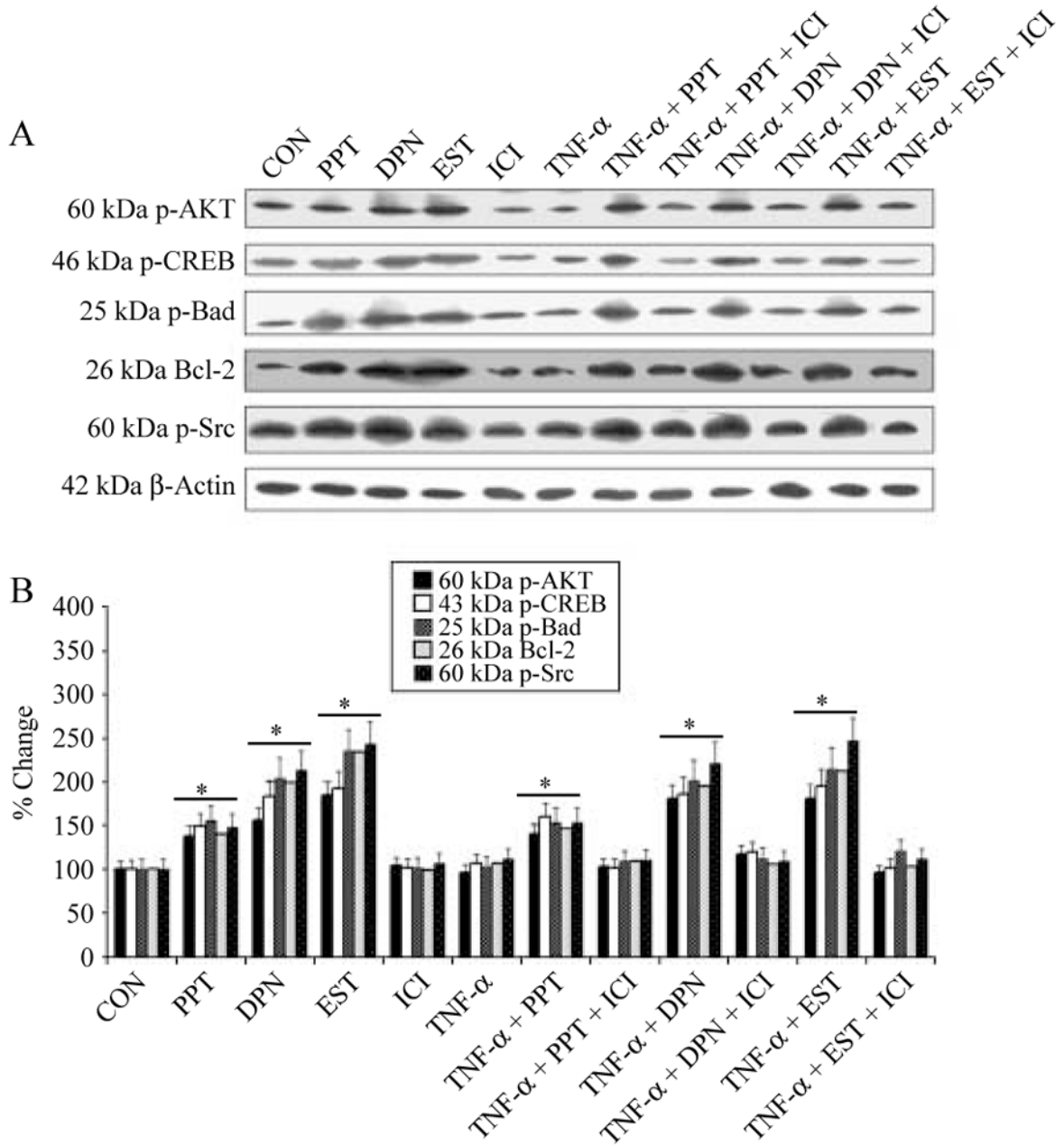


Figure 4. Determination of survival proteins. Treatment groups: control (CON); 50 nM PPT (24 h); 50 nM DPN (24 h); 150 nM EST (24 h); 10 μ M ICI (24 h); 50 ng/ml TNF- α (24 h); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h) +PPT (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure). (A) Western blotting to show levels of p-AKT, p-CREB, p-Bad, Bcl-2, p-Src, and β -actin. (B) Densitometric analysis showing percent

change in OD of the p-AKT, p-CREB, p-Bad, Bcl-2, and p-Src bands. * $P < 0.05$ compared to control.

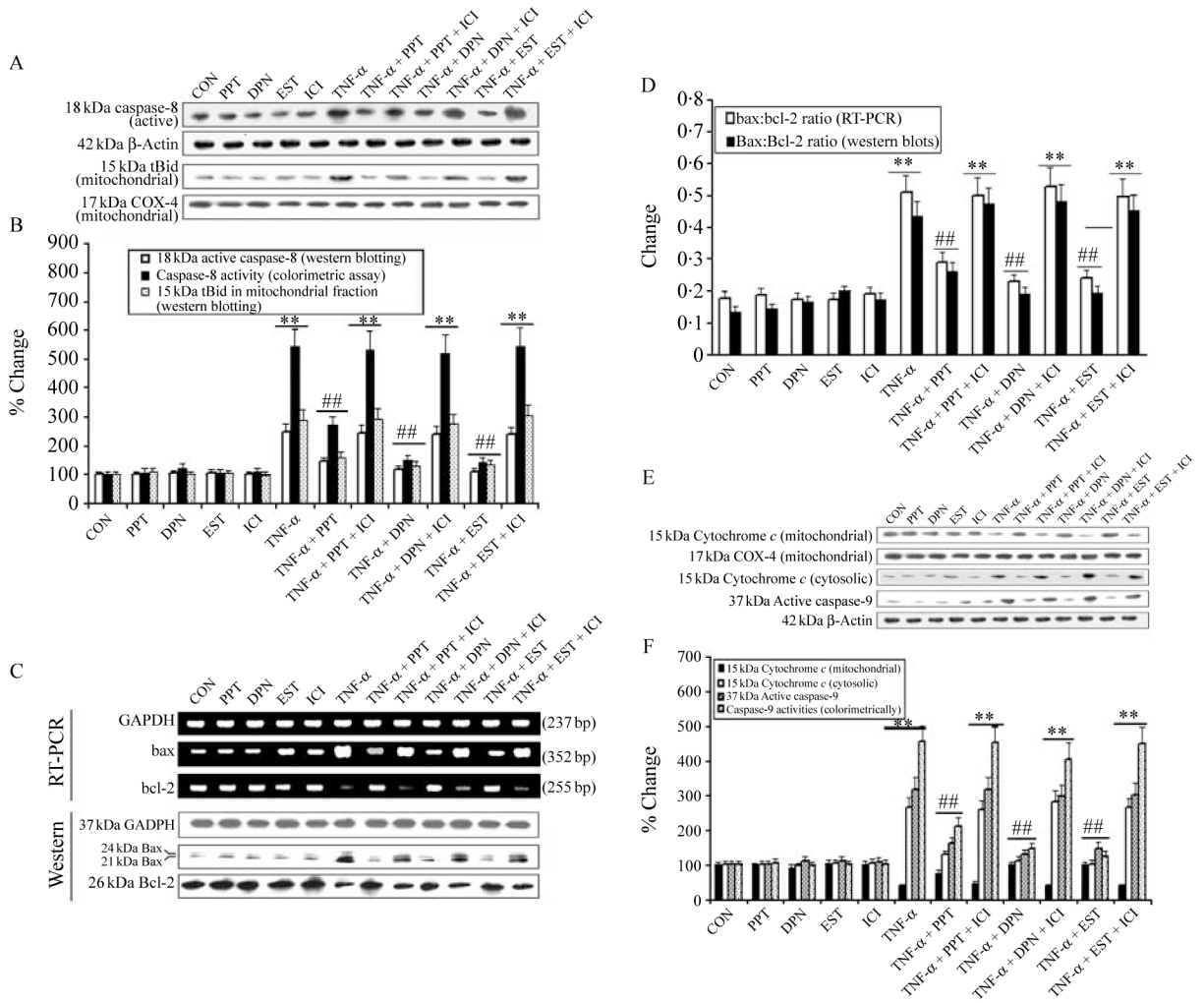
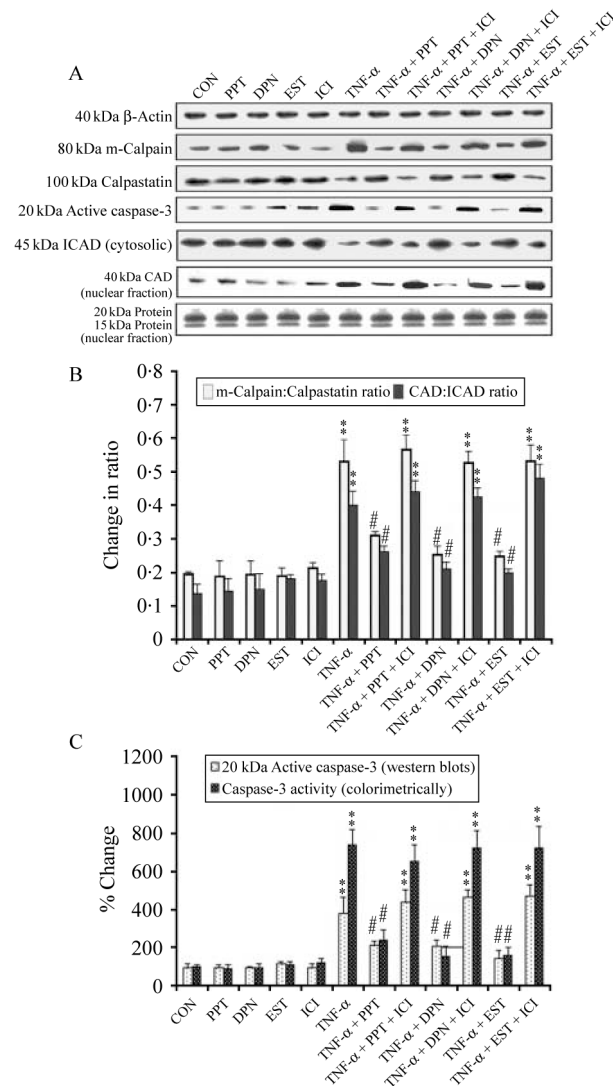


Figure 5.

Examination of components involved in extrinsic and intrinsic apoptotic pathways. Treatment groups: control (CON); 50 nM PPT (24 h); 50 nM DPN (24 h); 150 nM EST (24 h); 10 μ M ICI (24 h); 50 ng/ml TNF- α (24 h); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure). (A) Western blotting to show levels of caspase-8, β -actin, tBid, and COX4. (B) Densitometric analysis showing percent change in OD of the caspase-8 and tBid bands and determination of caspase-8 activity (colorimetrically). (C) Alteration in Bax and Bcl-2 expression at mRNA and protein levels. Representative pictures to show Bax, Bcl-2, and GAPDH at mRNA (RT-PCR) and protein (western blotting) levels after different treatments. (D) Densitometric analysis showing the Bax:Bcl-2 ratio. (E) Western blotting to show levels of cytochrome *c*, COX4, caspase-9, and β -actin. (F) Densitometric analysis showing percent change in OD of the mitochondrial and cytosolic 15 kDa cytochrome *c* and 39 kDa active

caspase-9, and determination of caspase-9 activity (colorimetrically). ** $P < 0.01$ compared to control; ## $P < 0.01$ compared to TNF- α .

**Figure 6.**

Examination of downstream events of apoptosis in VSC4.1 cells. Treatment groups: control (CON); 50 nM PPT (24 h); 50 nM DPN (24 h); 150 nM EST (24 h); 10 μ M ICI (24 h); 50 ng/ml TNF- α (24 h); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+PPT (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+DPN (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure); 50 ng/ml TNF- α (24 h)+EST (treatment at 15 min post TNF- α exposure)+ICI (treatment at 20 min post TNF- α exposure). (A) Western blotting to show levels of m-calpain, calpastatin, active caspase-3, ICAD (cytosolic), CAD (nuclear), and β -actin. (B) Densitometric analysis showing the m-calpain:calpastatin ratio and the ICAD (cytosolic):CAD (nuclear) ratio. (C) Determination of caspase-3 activation by western blotting and total caspase-3 activity by colorimetric assay. ** P <0.01 compared to control; ## P <0.01 compared to TNF- α .

Table 1

Primers used in RT-PCR for amplification of mRNA of specific genes

Gene	Primer sequences	Product size (bp)
<i>GAPDH</i>	Forward: 5'-TTC ACC ACC ATG GAG AAG GC-3' Reverse: 5'-GGC ATG GAC TGT GGT CAT GA-3'	237
<i>ERβ</i>	Forward: 5'-TCC CTC TTT GCG TTT GGA CTA-3' Reverse: 5'-TTC CCG GCA GCA CCA GTA ACC-3'	262
<i>ERα</i>	Forward: 5'-AAT TCT GAC AAT CGA CGC CAG-3' Reverse: 5'-GTG CTT CAA CAT TCT CCC TCC TC-3'	344
<i>bax</i>	Forward: 5'-GCA GAG AGG ATG GCT GGG GAG A-3' Reverse: 5'-TCC AGA CAA GCA GCC GCT CAC G-3'	352
<i>bcl-2</i>	Forward: 5'-GGA TGA CTT CTC TCG TCG CTA C-3' Reverse: 5'-TGC AGA TGC CGG TTC AG-3'	255