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β -Arrestin1-Biased β_1 -Adrenergic Receptor Signaling Regulates MicroRNA Processing

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Abstract

Rationale: MicroRNAs (miRs) are small, non-coding RNAs that function to post-transcriptionally regulate gene expression. First transcribed as long primary miR transcripts (pri-miRs), they are enzymatically processed in the nucleus by Drosha into hairpin intermediate miRs (pre-miRs) and further processed in the cytoplasm by Dicer into mature miRs where they regulate cellular processes following activation by a variety of signals such as those stimulated by β -adrenergic receptors (β ARs). Initially discovered to desensitize β AR signaling, β -arrestins are now appreciated to transduce multiple effector pathways independent of G protein-mediated second messenger accumulation, a concept known as biased signaling. We previously showed that the β -arrestin-biased β AR agonist carvedilol activates cellular pathways in the heart.

Objective: Here, we tested whether carvedilol could activate β -arrestin-mediated miR maturation, thereby providing a novel potential mechanism for its cardioprotective effects.

Methods and Results: In human cells and mouse hearts, carvedilol upregulates a subset of mature and pre-miRs but not their pri-miRs in β_1 AR-, G protein-coupled receptor kinase 5/6- and β -arrestin1-dependent manner. Mechanistically, β -arrestin1 regulates miR processing by forming a nuclear complex with hnRNPA1 and Drosha on pri-miRs.

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Disclosures

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Conclusions: Our findings indicate a novel function for β_1 AR-mediated β -arrestin1 signaling activated by carvedilol in miR biogenesis, which may be linked, in part, to its mechanism for cell survival.

Keywords

β -arrestin-biased β -adrenergic receptor signaling; carvedilol; heart disease; microRNA biogenesis

Introduction

MicroRNAs (miRNAs or miRs), a class of ~22 nucleotide non-coding RNAs, govern post-transcriptional repression of target mRNAs. Various roles of miRs in normal cardiac physiology have been reported including the control of myocyte growth, contractility, and the maintenance of cardiac rhythm¹. Furthermore, gain- and loss-of-function studies of a selective group of miRs suggested that aberrant expression of the miRs could be necessary and sometimes even sufficient for the pathogenesis of various heart diseases^{2, 3}, pointing towards miRs as new regulatory mechanisms and potential therapeutic targets for heart disease to complement pharmacological approaches¹.

MiR biogenesis is regulated in a complex manner, involving numerous protein-protein and protein-RNA interactions⁴. Both miR-regulator and miR-target availability often differ among cell types, tissues and especially during disease initiation and progression, responding to different upstream signaling pathways to activate distinct downstream targets. It is understood that miRs are influenced at the transcriptional level but are also regulated during further downstream steps in which two RNase III enzymes, Drosha and Dicer, play dominant roles in the control of miR maturation. Several post-transcriptional regulatory mechanisms of miR maturation have been identified. For example, several proteins including Smads and E2-ER α modulate miR processing in a RNA helicase-dependent or -independent manner⁵⁻⁷. Interestingly, a proteomic analysis assessing the global cellular interactions of the G protein-coupled receptor (GPCR) signaling mediators, β -arrestin1 and β -arrestin2, identified that β -arrestins may play regulatory roles in miR processing⁸.

β -arrestin1 and β -arrestin2 were initially discovered to desensitize GPCR signaling in response to agonist stimulation. However, it is now appreciated that β -arrestins can also transduce multiple effector pathways independent of G protein signaling when receptors are stimulated by certain ligands, a concept known as biased signaling⁹⁻¹³. The proposed mechanism for this signaling bias is based on the bar-code hypothesis where unbiased and β -arrestin-biased ligands impart distinct patterns of receptor phosphorylation by specific GPCR kinases (GRKs), thus converting ligand-induced conformation of the receptor into selective β -arrestin functions¹⁴⁻¹⁶. For example, ligands that promote GRK2/3-mediated receptor phosphorylation lead to desensitization and internalization whereas ligands, such as the β -adrenergic receptor (β AR) antagonist (i.e. β -blocker) carvedilol (Carv), that promote GRK5/6-mediated receptor phosphorylation stimulate β -arrestin signaling¹⁴⁻¹⁶. Indeed, Carv is one of three β -blockers approved for heart failure and has many documented actions including antagonism of β_1 AR, β_2 AR and α_1 AR as well as antioxidant effects^{17, 18}. We previously showed that Carv stimulates β -arrestin-mediated β_1 AR cardioprotective signaling without activating G proteins, providing an additional mechanism for its clinical efficacy⁹. However, our understanding of whether β -arrestin-biased signaling regulates nuclear processes remains limited.

We postulated that miR could in part explain how GPCR-mediated β -arrestin signaling pathways confer physiological outcomes such as anti-apoptosis. Although β -arrestins are known to be involved in multiple cytoplasmic signaling networks^{19, 20}, it is increasingly

appreciated that β -arrestins also play important roles in the nucleus^{21, 22}. Of the two non-visual and ubiquitous arrestins, β -arrestin1 is thought to be the major isoform involved in nuclear signaling since, unlike β -arrestin2, it lacks a nuclear export signal²³. Here, we investigate whether stimulation of β ARs by the β -arrestin-biased agonist Carv, can regulate miR expression in both cultured cells and the heart. Out of 9 human and 1,040 mouse miRs examined, we found that human miR-190 and five human/mouse miRs (125a-5p, 125b-5p, 150, 199a-3p and 214) were upregulated by Carv stimulation and that this effect was absent in cells or mice lacking either β_1 AR, GRK5/6 or β -arrestin1. While Carv did not increase the expression of pri-miRs, it enhanced expression of pre-miRs by promoting the interaction of β -arrestin1 with components of the nuclear Drosha microprocessor complex. Our data provide evidence that the biased β -blocker Carv stimulates β -arrestin1-mediated miR processing which may be an important mechanism for its cardioprotective effects.

Methods

Details of cell culture, siRNA experiments, immunoprecipitation, immunoblotting, immunofluorescence staining, quantitative real-time RT-PCR, Northern blot, RNA-CHIP, treatment protocol for mice, β AR radioligand binding, microRNA microarray analysis, luciferase-based microRNA processing assay, and statistical analysis are provided in online supplement.

Results

A β -arrestin-biased β AR ligand, carvedilol induces the expression of human miR-190 in HEK293 cells

To test whether the β -arrestin-biased β -blocker carvedilol (Carv) can regulate miR expression, we used HEK293 cells stably expressing the wild-type β_1 AR (WT β_1 AR cells). WT β_1 AR cells were treated with 1 μ M of the β AR agonist isoproterenol (Iso, unbiased agonist), the β_1 AR antagonist metoprolol (Met, neutral unbiased β -blocker), or Carv (β -arrestin-biased β -blocker). We assessed the expression of 4 miRs (miR-1, -21, -190 and -221) based on their known association with GPCR signaling pathways²⁴⁻²⁶. Among the 4 human miRs examined, only hsa (*homo sapiens*, human)-miR-190 was activated at 8h and 20h after Carv stimulation (Figure 1A and Online Figure I). In our Carv time-course experiments, 8h and 20h were the time points showing significant activation of miR-190 expression (Online Figure II). The increase in miR-190 was not seen with either Iso or Met stimulation, but Met pretreatment was able to block the increase with Carv (Figure 1A). In addition, Carv did not upregulate miR-190 expression in HEK293 cells overexpressing either β_2 AR or α_1 AR (Figure 1B). Lastly, treatment with 10 μ M of antioxidants (α -tocopherol and ebselen) failed to affect miR-190 expression (Online Figure III). Collectively, these results indicate a β_1 AR-mediated mechanism of Carv action.

Since Iso did not stimulate miR-190 expression (Figure 1A), we tested the effect of treatment with the activator of adenylyl cyclase, forskolin (Forsk). Interestingly, the upregulation of miR-190 by Carv was blocked by pretreatment with 10 μ M forskolin (Online Figure IV), suggesting inhibition of miR-190 expression by G_{α_s} protein-mediated signaling. Since Carv is dissolved in DMSO, we treated WT β_1 AR cells with DMSO (0.1% [v/v]) alone for 8h or 20h and found no activation of miR-190 expression (Online Figure V).

Increase in miR-190 levels elicited by β -arrestin-biased β_1 AR stimulation requires GRK5/6 phosphorylation and β -arrestin1

We next tested whether β -arrestin signaling is required for Carv-induced miR-190 expression. Since GRK-mediated phosphorylation of the receptor promotes the recruitment

of β -arrestins to the ligand-activated receptor^{9, 14, 27}, we examined the involvement of GRK phosphorylation in Carv-mediated miR-190 activation. Cells stably expressing WT β_1 ARs or mutant GRK⁻ β_1 ARs (that lack GRK phosphorylation sites on the β_1 AR c-terminal tail) were treated with 1 μ M Carv. WT β_1 AR cells showed an increase in miR-190 expression upon Carv stimulation but GRK⁻ β_1 AR cells lacked this effect (Figure 1C). To test which of the GRKs are involved in miR-190 upregulation, we performed knockdown experiments using siRNAs targeting the individual GRKs. WT β_1 AR cells transfected with either scrambled siRNA (Si-Control) or siRNAs individually targeting GRK2, GRK3, GRK5 or GRK6 were stimulated with 1 μ M Carv. Carv-mediated miR-190 upregulation was abrogated in cells transfected with siRNAs targeting GRK5 or GRK6, but not GRK2 or GRK3 (Figure 1D), consistent with the hypothesis that phosphorylation-specific GRK sites on the c-terminal tail of the β_1 AR are required to promote Carv-mediated signaling^{9, 15, 16}. To test the role of β -arrestins in this process, we treated WT β_1 AR cells with Carv in the presence of siRNAs targeting β -arrestin1 (Si- β arr1), β -arrestin2 (Si- β arr2) or β -arrestin1/2 (Si- β arr1/2). Knockdown of β -arrestin1 abrogated the increase in miR-190 expression (Figure 1E), indicating its central role in this β_1 AR-mediated process.

Induction of miR-190 by β -arrestin1-biased β_1 AR agonism occurs at a post-transcriptional step

To examine which step of miR biogenesis is regulated by β -arrestin1, we measured the expression of primary transcript (pri)-, premature (pre)- and mature-miR-190. WT β_1 AR cells were treated with 1 μ M Carv for 8h or 20h and the expression of pri-, pre- or mature-miR-190 was detected using QRT-PCR and Northern blot analysis. While Carv increased the expression of pre- or mature-miR-190, it did not increase the expression of pri-miR-190 at any of the time-points examined (Figure 2A and Online Figure VI), suggesting that β -arrestin1 is involved in miR-190 processing. Supporting this idea, we observed that Carv-mediated upregulation of pre-miR-190 was prevented by treatment with siRNAs directed against β -arrestin1 or β -arrestin1/2 but not with siRNAs directed against β -arrestin2 (Figure 2B). Altogether, we demonstrate that Carv stimulation requires β -arrestin1 to activate human miR-190 processing.

Carvedilol-mediated β -arrestin-biased agonism of β AR induces unique miR signatures in mouse hearts

Based on our cell data, we hypothesized that in the mammalian heart β -arrestin1 may promote the processing of a specific subset of pri-miRs into pre-miRs by the nuclear Drosha microprocessor complex. We tested this hypothesis by performing miR microarray profiling in mouse hearts to identify miR signatures regulated by stimulation with Carv. We used 8 to 12-week-old WT mice and infused them with DMSO (vehicle control) or Carv (19mg/kg/day) for 7 days based on our time-course experiments with 2 cardiac-enriched miRs (data not shown). Among 1,040 mmu (*mus musculus*, mouse)-miRs that we profiled, 21 miRs were upregulated and 13 miRs were downregulated upon stimulation with the β -arrestin-biased ligand Carv (Online Figure VII and Online Table I). Interestingly, we found that the expression level of miR-190, which was regulated by Carv in HEK293 cells, was not detectable in the mouse heart and only approximately 10% of profiled miRs were detectable in the hearts, indicating tissue- or cell type-specific miR expression patterns.

We next sought to validate the 11 miRs with a minimum intensity of 500 (Online Table I, top panel). Using Taqman miR QRT-PCR analysis, we found that only 5 miRs were verified to be upregulated by Carv (Online Table II, shown in red color). Time-course experiments from 1 to 7 days of Carv treatment showed that the relative expression levels of the 5 regulated miRs were highest at 7 days (Online Figure VIII). Importantly, Iso or Met did not significantly activate the expression of these 5 miRs (Online Figure IX) in agreement with

our HEK293 cell data (Figure 1A). In summary, we found that the expression of 5 mouse miRs (125a-5p, 125b-5p, 150, 199a-3p, and 214) and human miR-190 is upregulated upon stimulation with the β -arrestin-biased β AR ligand Carv.

β -arrestin1 and GRK5/6 phosphorylation of β_1 AR post-transcriptionally induce *in vivo* miR expression by promoting miR processing

We next tested whether Carv-mediated induction of the five mouse miRs occurs post-transcriptionally and whether it requires β -arrestins, GRKs and two β AR subtypes. We measured the expression level of the 5 verified miRs using QRT-PCR and Northern blot analysis in hearts from WT, β -arrestin1 knockout (KO) and β -arrestin2 KO mice infused with DMSO or Carv. The Carv-mediated activation of five miRs occurred in both WT (Figure 2C and Online Figure X) and β -arrestin2 KO mice (Figure 2C and F), but was not observed in hearts from β -arrestin1 KO mice (Figure 2C and F). Carv did not increase the expression of pri-miRs (Figure 2D and Online Figure X) although levels of pre-miRs were increased upon Carv stimulation in WT (Figure 2E and Online Figure X) and β -arrestin2 KO mice (Figure 2E-F), and these increases were blunted in β -arrestin1 KO mice (Figure 2E-F). While Carv stimulation of transgenic (TG) mice overexpressing WT β_1 ARs induced an increase in expression of pre- and mature miRs, hearts overexpressing a receptor that lacks GRK phosphorylation sites (GRK $^{-}$ β_1 AR TG) or hearts lacking either GRK5, GRK6 or β_1 AR, showed no induction of these 5 miRs (Figure 3A-C and Online Figure XI). These *in vivo* data are consistent with the cellular data and support the concept that Carv stimulates β_1 AR-mediated miR biogenesis in β -arrestin1- and GRK5/6-dependent manner.

To test whether the upregulation of the 5 miRs found in the *in vivo* experiments also occurs in Carv-stimulated WT β_1 AR cells, we performed QRT-PCR and Northern blot analysis after 20hr treatment and showed the induction of 5 miRs (Online Figure XII), suggesting that the newly identified miR regulatory mechanism exists in both HEK293 cells and mouse hearts.

We next investigated whether the β_1 AR-mediated mechanism of miR regulation is confined to Carv. We measured the expression level of six identified pri-, pre- and mature miRs in the hearts from WT mice and WT β_1 AR cells treated with the β AR antagonist Alprenolol (Alp), which has also been shown to be a weak β -arrestin-biased ligand of β_1 AR²⁸. Similar to Carv, Alp increased the levels of pre- and mature miRs without affecting the expression of pri-miRs in both Alp-treated mouse hearts and WT β_1 AR cells (Online Figure XIII). Taken together, these data indicate that β -arrestin1-biased signaling of β_1 AR stimulates the processing of a subset of miRs.

β -arrestin1 interacts with the nuclear Drosha microprocessor complex in a Carv-dependent manner

Based on the nuclear localization of β -arrestin1²³ and its potential interaction with two components of the nuclear Drosha microprocessor complex (DDX5 or hnRNPA1)⁸, we tested whether β -arrestin1 may regulate miR processing in the nucleus by interacting with the Drosha microprocessor complex. We performed co-immunoprecipitation experiments in the nuclear lysates of both WT β_1 AR cells transiently overexpressing tagged-plasmids and mouse hearts without and with treatment of Carv. We observed that Carv induced a time-dependent association of β -arrestin1 with both hnRNPA1 (a RNA binding protein involved in RNA helicase-independent miR processing²⁹) and Drosha in the nuclear lysates of WT β_1 AR cells overexpressing β -arrestin1 but not β -arrestin2 (Figure 4 A-B and Online Figure XIVA-D). We also demonstrate that β -arrestin1 co-localizes with endogenous Drosha and hnRNPA1 in the nucleus, by performing immunofluorescence staining on WT β_1 AR cells that contain overexpressed GFP- β -arrestin1 following stimulation with Carv (Online Figure XV).

The Carv-mediated association of β -arrestin1 with hnRNPA1 was markedly decreased by treatment with RNase A [single-stranded RNA nuclease] and RNase V1 [double-stranded RNA nuclease] whereas the interaction of β -arrestin1 with Drosha was not affected by these RNases, indicating that β -arrestin1 interacts with hnRNPA1 via RNA molecules (Figure 4C). Importantly, we demonstrate that Carv stimulated the nuclear interaction of β -arrestin1 with hnRNPA1 and Drosha in endogenous systems using WT, β -arrestin2 KO and β_1 AR TG mouse hearts (Figure 4 D-E and Online Figure XIVE), but was lost in Carv-treated β_1 AR KO hearts (Figure 4F). No interaction with β -arrestin1 was found with the two RNA helicases: DDX5 and DDX17. Taken together, our data suggest that Carv stimulation of the β_1 AR promotes β -arrestin1 translocation to the nucleus where it interacts with hnRNPA1 and Drosha of the microprocessor complex to process a subset of pri-miRs.

Carvedilol induces the association of β -arrestin1 with primary transcripts of β -arrestin1-regulated miRs (β_1 -miRs)

To test whether the β -arrestin1-hnRNPA1-Drosha complex assembles specifically on pri- β_1 -miRs after Carv stimulation, we performed RNA-chromatin immunoprecipitation (ChIP) analysis on WT β_1 AR cells co-transfected with pCMV- β_1 -miRs and tagged β -arrestin1, hnRNPA1, or Drosha along with siRNAs targeting β -arrestin1. The association of β -arrestin1 or Drosha with pri- β_1 -miRs was induced on Carv stimulation for 20h, whereas a RNA binding protein, hnRNPA1 constitutively associated with pri- β_1 -miRs. Knockdown of β -arrestin1 abrogated the Carv-mediated increase in association of the β -arrestin1-Drosha complex with pri- β_1 -miRs (Figure 1E and 5A-E). We detected a constitutive association of pri-miR-690 with β -arrestin1-hnRNPA1-Drosha complex while the nuclear interaction was not induced by Carv (Figure 5F), confirming that miR-690 is not regulated by Carv stimulation (Online Supplementary Table 2). Thus, formation of β -arrestin1-hnRNPA1-Drosha complex is pri-miR-specific.

Carvedilol induces Drosha-mediated microRNA processing by β -arrestin1

To directly demonstrate a role of β -arrestin1 in pri-miR processing by the Drosha microprocessor complex, we performed pri-miR processing assays in WT β_1 AR cells as described previously³⁰. We fused luciferase (LUC) reporters to pri-miRs that are regulated by β -arrestin1 [β -arrestin1-regulated miRs or β_1 -miRs] (Figure 6A) and monitored the loss of LUC activity as a measure of Drosha-dependent processing of pri-miRs into pre-miRs³⁰. Carv treatment resulted in a time-dependent 30-50% fall in LUC activity due to cleavage of the pri-miRs (Figure 6B), which was prevented in the presence of siRNA targeting either β -arrestin1 or Drosha, but not β -arrestin2 (Figure 1E and 6C-D). Similar results were obtained for Carv-induced processing of the human pri-miR-190 by β -arrestin1 (Online Figure XVI). Taken together, these data indicate that β -arrestin1 can regulate the post-transcriptional processing of miRs through its nuclear interaction with pri-miRs and the Drosha microprocessor complex by stimulating the β_1 AR with the biased-ligand Carv.

Discussion

In this study, we show an essential role of β -arrestin1 in miR processing following stimulation by the β -arrestin-biased β AR agonist carvedilol. We demonstrate that this process results from stimulation of the β_1 AR and requires β -arrestin1 to promote the processing of a subset of miRs in murine hearts and human cells. The molecular mechanism for this β -arrestin1-mediated miR processing function involves the formation of a nuclear complex of hnRNPA1 and Drosha with β -arrestin1 to activate RNA helicase-independent miR processing (Figure 7). Our working hypothesis for the mechanism by which β -arrestin1 enhances miR processing is that GRK5/6 phosphorylation of the β_1 AR mediates the recruitment of β -arrestin1 to the ligand-occupied receptor, resulting in translocation of β -

arrestin1 to the nucleus where it interacts with a subset of pri-miRs and components of the Drosha microprocessor complex. Supporting this hypothesis is the miR processing data showing that knockdown of β -arrestin1 or Drosha prevented pri-miR processing of the 6 identified β -arrestin1-regulated miRs (β 1-miRs) (Figure 6C and Online Figure XVI) and co-immunoprecipitation data showing that the interaction of β -arrestin1 with hnRNPA1 is sensitive to RNase treatment (Figure 4C).

Sequence motif detection analysis using 6 identified miRs suggests that β 1-miRs may have potentially conserved sequence motifs in their stem regions although additional profiling analyses in different tissues or cells will be required to definitely identify a β -arrestin1 sequence motif. This sequence analysis together with the RNA-CHIP data (Figure 5) suggest that β -arrestin1 promotes miR processing by translocating to the nucleus and directly associating with pri-miRs. While we believe this to be the most plausible mechanism, it is possible that activation of β ₁AR signaling pathways downstream of β -arrestin1 (eg. EGFR, ERK or AKT) could regulate miR processing and thus indirectly exert regulatory effects on the activation of miR processing³¹. It is also possible that the regulation of β -arrestin1 in the Drosha step is indirect through interaction with hnRNPA1 or other RNA-binding proteins although our sequence analysis showed that β 1-miRs have no consensus sequences for direct hnRNPA1 binding. Additional studies will be needed to further clarify the mechanism of β -arrestin1 in miR processing.

β -arrestins not only desensitize G protein signaling but also activate a number of signaling networks by scaffolding a diverse group of signaling proteins at the GPCRs^{32, 33}. The important roles of β -arrestins in regulating cytoplasmic signaling networks are now well recognized^{19, 20}. However, the role of β -arrestins in modulating nuclear function is less well studied^{8, 21, 22}. Our data identifies a new nuclear function of β -arrestin1, the isoform of β -arrestins known to translocate to the nucleus²³, as a regulator of miR processing in β ₁AR. It is interesting that only β -arrestin1 regulates miR processing while both β -arrestins are involved in β ₁AR-mediated cardioprotective signaling^{9, 27}. This likely reflects the fact that β -arrestin1 lacks a nuclear export sequence allowing for its retention in the nucleus after activation and translocation²³. However, we can not rule out the possibility that β -arrestin2 regulates other miR biogenesis steps (eg. miR degradation, nuclear export and dicing) rather than Drosha processing because we observed that the levels of pre-miR-150, pre-miR-214 and mature miR-214 are reduced in β -arrestin2 KO mouse hearts compared to WT (Figure 2C and E).

β -arrestin1 functioning in the nucleus has recently been reported. β -arrestin1 is a nuclear transcriptional regulator of endothelin type A receptor-mediated β -catenin signaling³⁴, and shown to be important for tumor progression and stem cell regulation. β -arrestin1 also functions as an important regulator of polycomb group proteins (transcriptional repressors), suggesting its involvement in epigenetic regulation²² as well as in the regulation of histone acetylation in human neuroblastoma cells following δ -opioid receptor stimulation²¹.

We previously showed that β ₁AR uses GRK5/6 and β -arrestins to promote cardiomyocyte survival pathways against chronic catecholamine stimulation in the absence of G protein activation²⁷. Our subsequent study suggested that Carv functions as a β -arrestin-biased ligand to promote cardioprotective signaling⁹, providing a possible mechanism for its clinical efficacy. Interestingly, a recent meta-analysis showed that Carv did not reduce patient readmissions compared with other β -blockers although it led to less sudden cardiac death and all-cause mortality in patients with acute myocardial infarction and those with heart failure³⁵. Therefore, identifying additional beneficial downstream signaling pathways activated by Carv should lead to a better understanding of how biased ligands exert their cardioprotective effects.

Consistent with our previous findings, we show that the unbiased agonist Iso and unbiased antagonist Met did not activate the expression of $\beta 1$ -miRs (Figure 1A and Online Figure IX) and that Forsk, which activates G α s protein signaling, blocked Carv-mediated miR-190 activation (Online Figure IV). These data, in addition to data in Figure 1D and 3B, are consistent with the receptor phosphorylation bar-code hypothesis where distinct phosphorylation patterns of the c-terminal tail of the receptor encodes for different function of β -arrestin¹⁴. In particular, it was shown for the $\beta 2$ AR that Carv induced a phosphorylation pattern distinct from that of Iso. Notably, Carv only induced an increase in phosphorylation on two GRK5/6 sites while Iso triggered a change in the phosphorylation status of 13 sites including PKA, GRK2 and GRK5/6 sites¹⁴. This selective phosphorylation profile of Carv is consistent with the β -arrestin-biased signaling induced by this ligand. Surprisingly, recent studies demonstrated that GRK2, which requires G proteins for its activation, exerts a strong negative effect on β -arrestin-dependent signaling through its competition with GRK5 and GRK6 for receptor phosphorylation^{14, 16}, which in turn mediates the balance between G protein and β -arrestin signaling. These previous studies are again in agreement with our data showing that Iso did not activate the expression of $\beta 1$ -miRs and that Met or Forsk blocked Carv-mediated activation of $\beta 1$ -miRs.

Carvedilol is a nonselective β AR antagonist with high affinity for both $\beta 1$ ARs and $\beta 2$ ARs. However, we show that only $\beta 1$ AR stimulation by Carv mediates miR processing. A possible mechanism for the β AR subtype specificity is the requirement of a unique β -arrestin conformation for activating miR processing. This idea is supported by our recent study showing that recruitment of the β -arrestin to $\beta 1$ AR, but not $\beta 2$ AR induces a β -arrestin conformation that promotes a stable complex between the $\beta 1$ AR, β -arrestin and CaMKII to activate signaling³⁶. Moreover, recent work has shown that catecholamine stimulation of $\beta 2$ ARs promotes DNA damage in a β -arrestin1-dependent manner³⁷. Taken together, our findings suggest that carvedilol-stimulated $\beta 1$ ARs require GRK5/6 to promote β -arrestin1-mediated miR processing in the nucleus and ultimately cardioprotective signaling.

Additional discussion of the therapeutic potential and the *in vivo* relevance of targeting the β -arrestin1-mediated miR regulatory mechanism in cardiac dysfunction is provided in online supplement.

In conclusion, our data identify β -arrestin1 as an important mediator of Droscha function to regulate miR biogenesis in the heart and provide new insights into our understanding of how selective ligands for the $\beta 1$ AR may modulate the metabolism of specific miRs. We postulate that the development of high affinity $\beta 1$ AR-biased ligands, that display better efficacy for this newly discovered β -arrestin1-mediated miR regulatory network, may provide a new class of drugs for the treatment of cardiovascular diseases.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Non-Standard Abbreviations and Acronyms

Alp	Alprenolol
βARs	β-adrenergic receptors
β-blockers	β-adrenergic receptor antagonists
β1-miRs	β-arrestin1-regulated miRs
Carv	carvedilol
Forsk	forskolin
GPCR	G protein-coupled receptor
GRK	G protein-coupled receptor kinase
Iso	isoproterenol
KO	knockout
LUC	luciferase
Met	metoprolol
MiRNAs or MiRs	microRNAs
Pre-miRs	hairpin intermediate microRNAs or premature microRNAs
Pri-miRs	long primary microRNA transcripts
TG	transgenic
WT	wild-type
WTβ₁AR cells	HEK 293 cells stably overexpressing wild-type β ₁ ARs

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Novelty and Significance

What Is Known?

- β -arrestin-mediated β_1 -adrenergic receptor (β_1 AR) signaling confers cardiac protection.
- The β -blocker carvedilol is a weak activator (biased ligand) of the β_1 AR/ β -arrestin pathway.
- A role for β -arrestin in activating cellular signaling networks is increasingly being recognized as an important modulator of normal physiology and disease.

What New Information Does This Article Contribute?

- β -arrestin1-biased β_1 AR signaling induced by the β -blocker, carvedilol regulates the biogenesis of a subset of microRNAs in the mouse heart and human cells.
- Carvedilol-mediated microRNA processing requires G protein-coupled receptor (GPCR) kinase (GRK) 5/6, β -arrestin1 and the β_1 AR.
- This effect of carvedilol is mediated by the formation of a nuclear complex of β -arrestin1 with the Drosha and hnRNPA1, critical components for RNA helicase-independent microRNA processing.

β -arrestin-biased agonism is an emerging concept in the GPCR signaling field in which unique ligand-activated conformational states can selectively stimulate GPCRs to signal through β -arrestin in the absence of G protein activation. Since GPCRs are the target of approximately 40% of all modern medicinal drugs, β -arrestin-biased ligands have been considered to have important therapeutic utility. Here, we report an essential role for β -arrestin1 in microRNA processing following stimulation by the β -arrestin-biased β AR agonist carvedilol. While carvedilol did not increase the expression of primary microRNA transcripts, it enhanced expression of premature microRNAs by promoting the interaction of β -arrestin1 with components of the nuclear Drosha microprocessor complex. We believe that modulation of the β_1 AR/ β -arrestin1/microRNA pathway by carvedilol could lead to the development of pharmacological strategies (i.e. β -arrestin1-biased ligands), allowing effective modulation of microRNAs that may be important in regulating the progression of cardiac disease and cardiac remodeling.

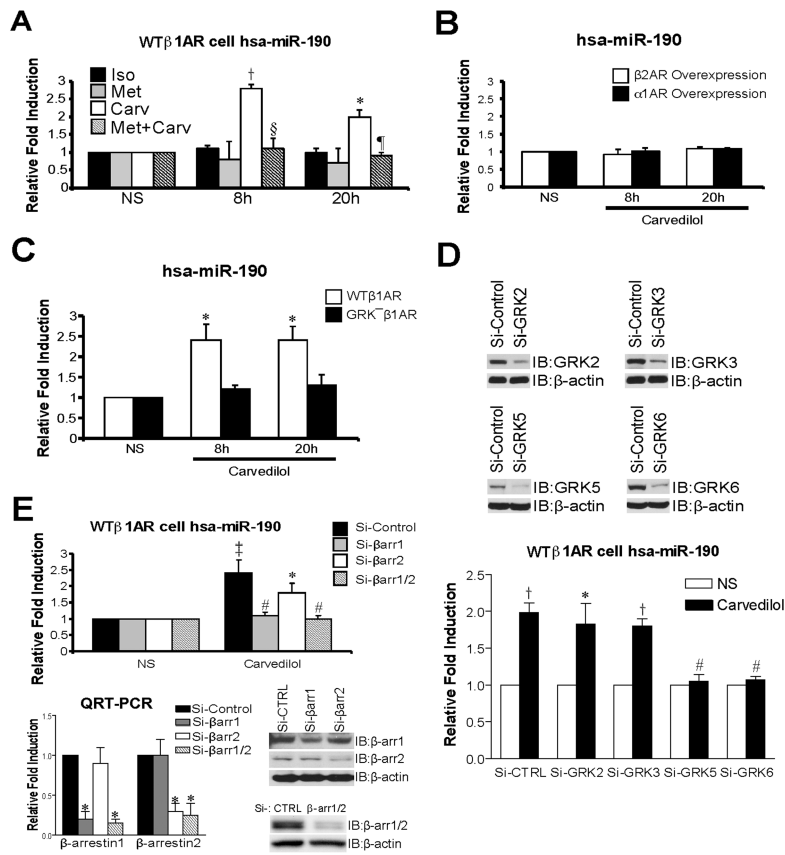


Figure 1. Carvedilol stimulation induces upregulation of human miR-190, which is dependent on β_1 AR, GRK5/6 and β -arrestin1

A, HEK293 cells stably expressing WT β_1 ARs (WT β_1 AR cells) were treated with 1 μ M of isoproterenol (Iso), metoprolol (Met) or carvedilol (Carv) for 8h or 20h. Expression of mature human (*hsa: homo sapiens*)-miR-190 was detected using the TaqMan miR assay. Among the 3 β AR ligands tested, only the β -arrestin-biased ligand Carv activated expression of hsa-miR-190. The pretreatment of 10 μ M Met for 4h blocked Carv-mediated hsa-miR-190 activation. **B**, HEK293 cells overexpressing β_2 ARs or α_1 ARs were treated with 1 μ M Carv and the expression of hsa-miR-190 was measured as described above. Carv did not induce miR-190 expression in β_2 AR- or α_1 AR-overexpressing cells. **C**, HEK293 cells stably expressing WT β_1 AR or GRK $^{-}$ β_1 AR were treated with 1 μ M Carv. WT β_1 AR induced an increase in hsa-miR-190 expression following Carv treatment, while GRK $^{-}$ β_1 AR lacked this effect. **D**, WT β_1 AR cells were transfected with either scrambled siRNA (Si-Control or Si-CTRL) or siRNAs targeting GRKs. Hsa-miR-190 activation was abolished in cells transfected with siRNAs targeting GRK5 or GRK6. **E**, WT β_1 AR cells were transfected with either Si-Control or siRNAs targeting β -arrestin1/2 (Si- β arr1/2), β -arrestin1 (Si- β arr1) or β -arrestin2 (Si- β arr2). Carv-mediated hsa-miR-190 activation was diminished in cells transfected with Si- β -arrestin1 or Si- β -arrestin1/2. Knockdown of β -arrestins was confirmed by both QRT-PCR and IB. NS: no stimulation with Carv (vehicle, 0.1% [v/v] DMSO). IB: immunoblotting. Data are shown as mean \pm SEM for n=4 independently obtained biological samples (**A**, **C** and **D**) and n=5 independently obtained biological samples (**B** and **E**). *, $P < 0.05$ vs. NS, Iso, Met, GRK $^{-}$ β_1 AR or Si-Control; †, $P < 0.01$ vs. NS, Iso or Met; ‡, $P < 0.001$ vs. NS; #, $P < 0.05$ vs. Si-Control; §, $P < 0.01$ vs. Carv; ¶, $P < 0.001$ vs. Carv.

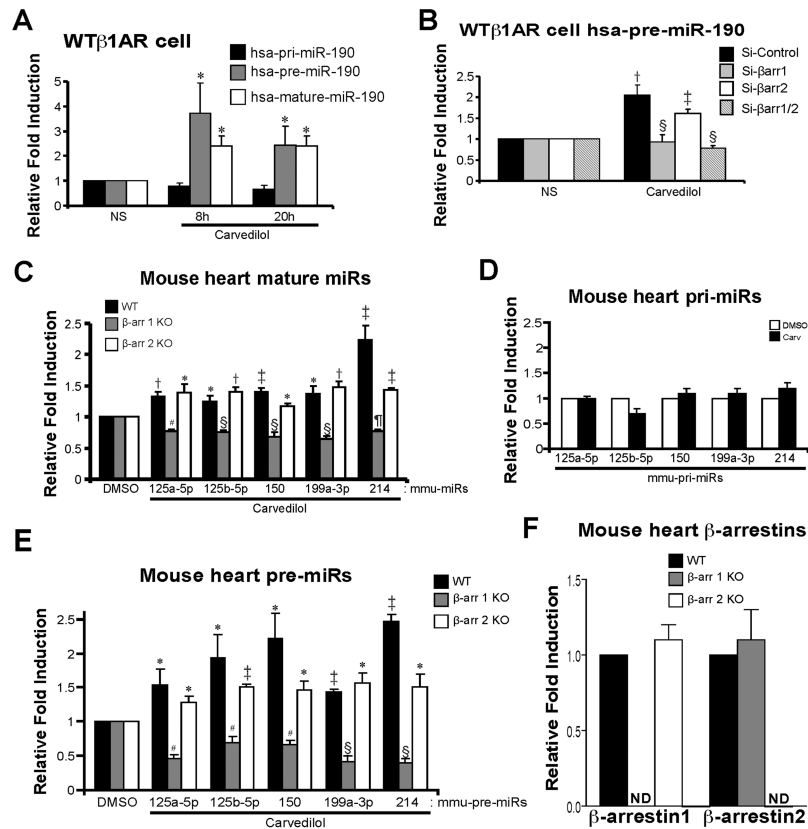


Figure 2. β-arrestin1 is required for Carv-mediated miR activation, which occurs at a post-transcriptional step

A, WTβ₁AR cells were treated with 1μM Carv for 8h or 20h. Expression of primary (pri), premature (pre), or mature hsa-miR-190 was detected using TaqMan miR assay for mature and pri-miRs and using Power SYBR Green PCR assay with pre-miR primers. Carv stimulation did not activate hsa-pri-miR-190 expression but resulted in mature or pre-hsa-miR-190 activation. **B**, WTβ₁AR cells were transfected with siRNAs as described in Figure 1E. Carv-mediated hsa-pre-miR-190 activation was diminished in cells transfected with siRNAs targeting β-arrestin1/2 or β-arrestin1. **C** and **E**, WT, β-arrestin1 knockout (KO) or β-arrestin2 KO mice were infused with DMSO (vehicle control) or Carv (19mg/Kg/day) for 7 days by using micro-osmotic pumps. QRT-PCR experiments were performed on RNAs from mouse hearts. Five mature (**C**) or pre- (**E**) miRs were elevated upon Carv stimulation in both WT and β-arrestin2 KO mice. However, this induction was completely abolished in β-arrestin1 KO mice, indicating an essential role of β-arrestin1 in the synthesis of pre-miRs. **D**, WT mice were infused with DMSO or Carv as above. QRT-PCR experiments were performed in mouse hearts using Taqman pri-miR assays. Expression of pri-miRs was not changed significantly upon Carv stimulation. **F**, QRT-PCR analysis was performed in mouse hearts using Taqman gene expression assays for β-arrestins. NS: no stimulation. ND: not detected. Data are shown as mean ± SEM for n=7 independently obtained biological samples (**A**), n=5 independently obtained biological samples (**B**) and n=8 independent mice per group (**C**, **D**, **E** and **F**). *, *P* < 0.05 vs. NS, hsa-pri-miR-190 or DMSO; †, *P* < 0.01 vs. NS or DMSO; ‡, *P* < 0.001 vs. NS or DMSO; #, *P* < 0.05 vs. WT or β-arrestin2 KO; §, *P* < 0.01 vs. Si-Control, WT or β-arrestin2 KO; ¶, *P* < 0.01 vs. WT or β-arrestin2 KO. Notably, the levels of mature miR-214 (**C**) and pre-miR-214 (**E**) are reduced in β-arrestin2 KO

compared to WT ($P < 0.001$) and the level of pre-miR-150 (E) is reduced β -arrestin2 KO compared to WT ($P < 0.05$).

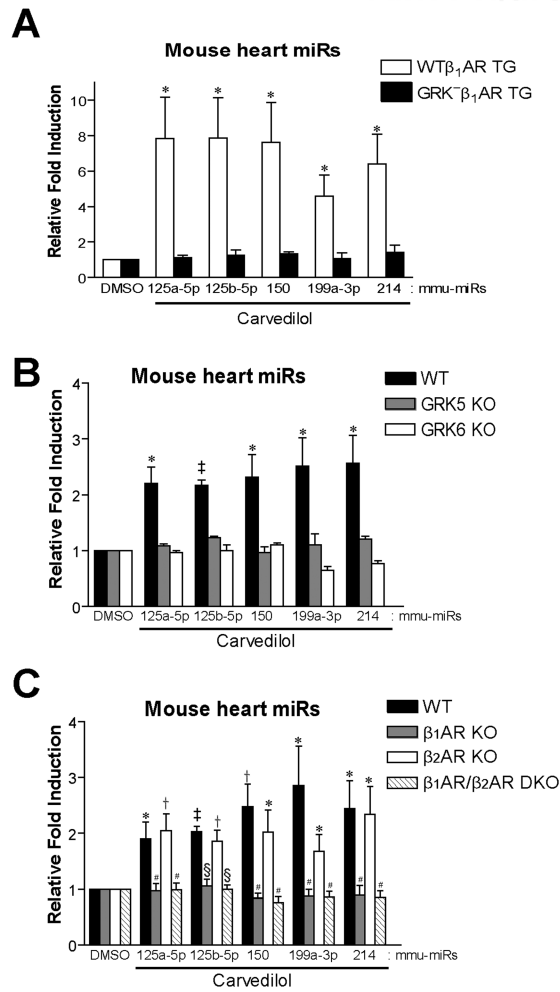


Figure 3. Carv-mediated *in vivo* miR activation requires GRK5/6 phosphorylation of β_1 AR
A, Cardiac specific transgenic (TG) mice expressing WT β_1 AR or GRK $^{-}$ β_1 AR were treated with Carv as shown in Figure 2. WT β_1 AR induced an increase in mature miR expression following Carv treatment, while GRK $^{-}$ β_1 AR lacked this effect. **B-C**, WT and various KO mice were treated with Carv as aforementioned. Carv-mediated miR activation, which is seen in WT and β_2 AR KO mice, was abolished in GRK5 KO, GRK6 KO, β_1 AR KO and β_1 AR/ β_2 AR double KO (DKO) mice. Data are shown as mean \pm SEM for n=6 independent mice per group. *, $P < 0.05$ vs. DMSO or GRK $^{-}$ β_1 AR TG; \ddagger , $P < 0.01$ vs. DMSO; \ddagger , $P < 0.001$ vs. DMSO; #, $P < 0.05$ vs. WT or β_2 AR KO; \S , $P < 0.01$ vs. WT or β_2 AR KO.

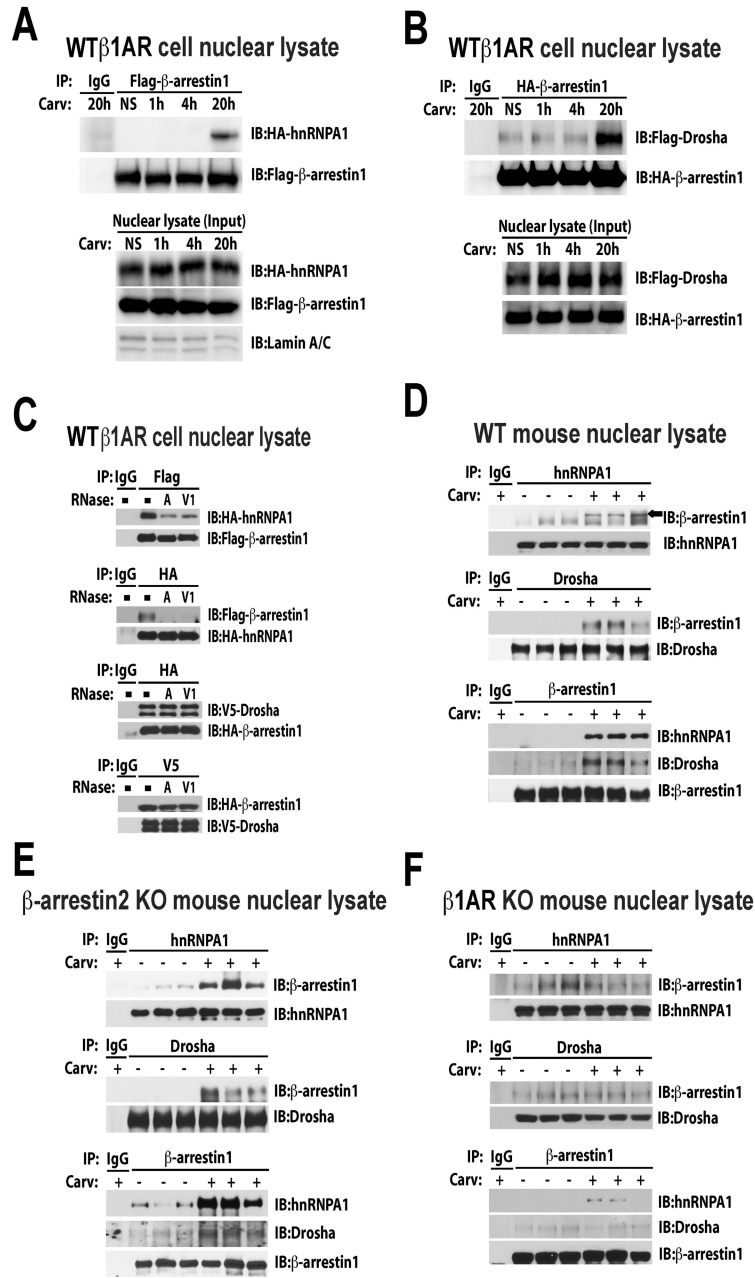


Figure 4. Carv induces the RNA-dependent nuclear interaction of β -arrestin1 with hnRNPA1, an important regulator of RNA helicase-independent miR processing by Drosha

A-B, WT β 1AR cells were transfected with Flag- β -arrestin1 and HA-hnRNPA1 (**A**) or HA- β -arrestin1 and Flag-Drosha constructs (**B**). After Carv treatment, nuclear extracts (NEs) were prepared and subjected to immunoprecipitation (IP) with anti-Flag, anti-HA, or non-specific IgG (control). NEs were immunoblotted with lamin A/C antibody for nuclear marker. Interaction of hnRNPA1 or Drosha with β -arrestin1 was examined by immunoblotting (IB) with anti-HA and anti-Flag. **C**, RNA dependence of interaction of β -arrestin1 with hnRNPA1 and Drosha. WT β 1AR cells transfected with tagged plasmids were serum-starved for 4h and stimulated with Carv for 20h. NEs were treated with RNase A (single-stranded RNA nuclease) or RNase V1 (double-stranded RNA nuclease) prior to IP.

Immunoprecipitates were subjected to IB. **D-F**, WT (**D**), β -arrestin2 KO (**E**) and β_1 AR KO (**F**) mice were infused with Carv or vehicle control and then NEs were prepared from three independent mice per group. Endogenous interaction was confirmed using indicated antibodies. NS: no stimulation.

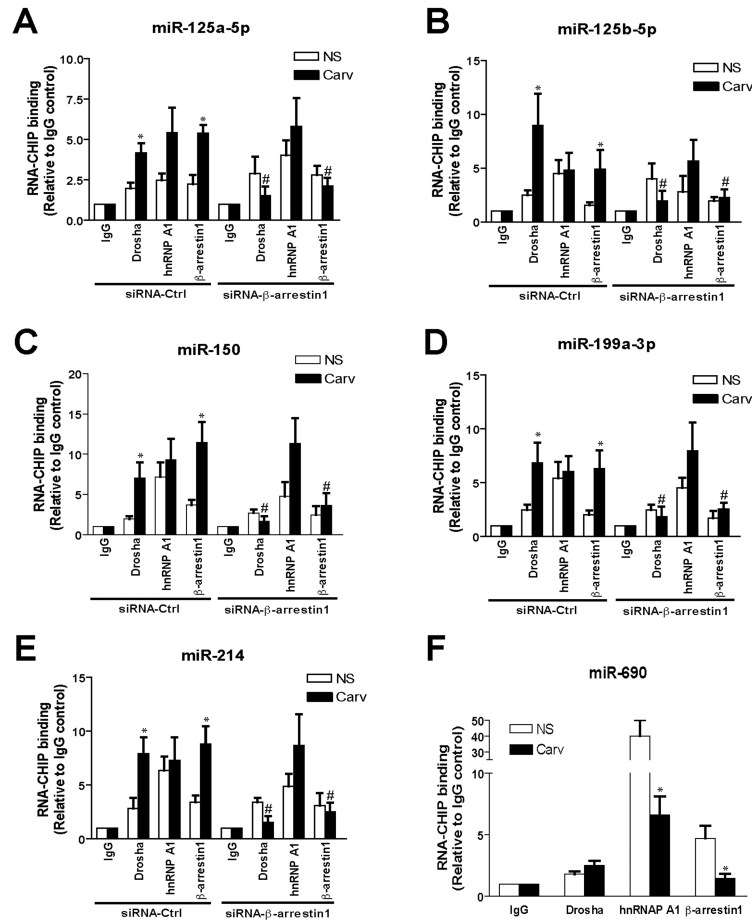


Figure 5. β -arrestin1 associates with pri- β 1-miRs in a Carv-dependent manner

WT β ₁AR cells were transfected with pCMV- β 1-miRs (A-E) or pCMV-miR-690 [control miR] (F), tagged plasmids (HA- β -arrestin1, Flag-hnRNPA1 or V5-Drosha) and control siRNA (siRNA-Ctrl) or siRNA- β -arrestin1 (A-E, as described in Figure 1E), followed by Carv treatment (20h). RNA-ChIP was performed with HA, V5, hnRNPA1 antibody or non-specific IgG (control), followed by PCR amplification with β 1-miR primers (A-E) or miR-690 primers (F). Data are shown as mean \pm SEM for n=4 independently obtained biological samples. *, $P < 0.05$ vs. NS; #, $P < 0.05$ vs. Carv of siRNA-Ctrl.

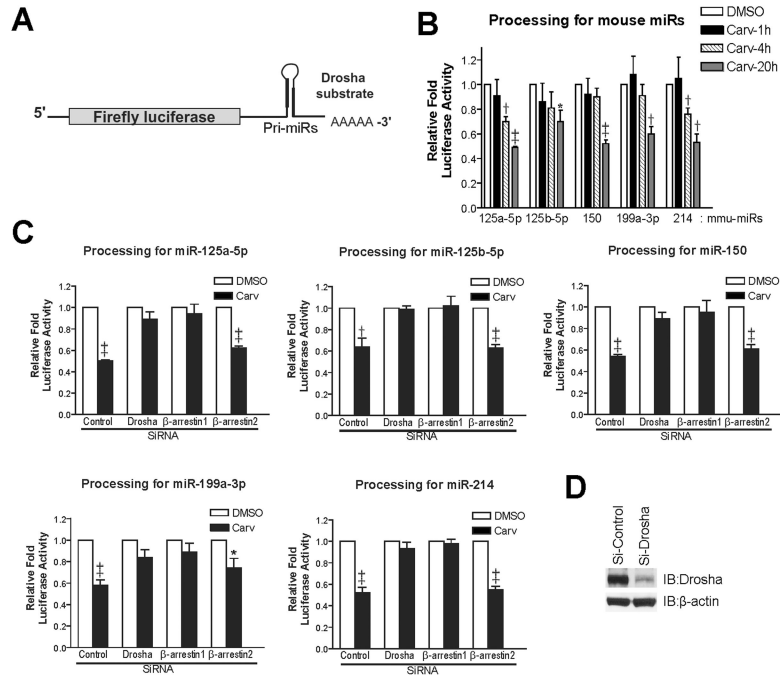


Figure 6. Carv facilitates Drosha-mediated miR processing by β -arrestin1

A, Pri-miRs of five mouse β -arrestin1-regulated miRNAs were cloned into 3'UTR of luciferase construct. **B-D**, *In vivo* pri-miR processing assay measures pri-miR cleavages by Drosha. WT β_1 AR cells were transfected with mock (**B**), control siRNA or siRNAs directed against Drosha, β -arrestin1 or β -arrestin2 (**C-D**). At the same time, cells were transfected with CMV-LUC empty or CMV-LUC-pri-miR constructs together with pRL-CMV for transfection efficiency control. After 48h, cells were serum-starved for 4h and stimulated with Carv for either 1-20h (**B**) or 20h (**C**). Firefly LUC activity was normalized to Renilla LUC activity using dual LUC assays. The relative fold induction of LUC activity was calculated by normalizing to the CMV-LUC empty plasmid control. Efficiency of Drosha, β -arrestin1 or β -arrestin2 interference was confirmed by IB (**D** and Figure 1E). Data are shown as mean \pm SEM for four independent experiments. *, $P < 0.05$ vs. DMSO; †, $P < 0.01$ vs. DMSO; ‡, $P < 0.001$ vs. DMSO.

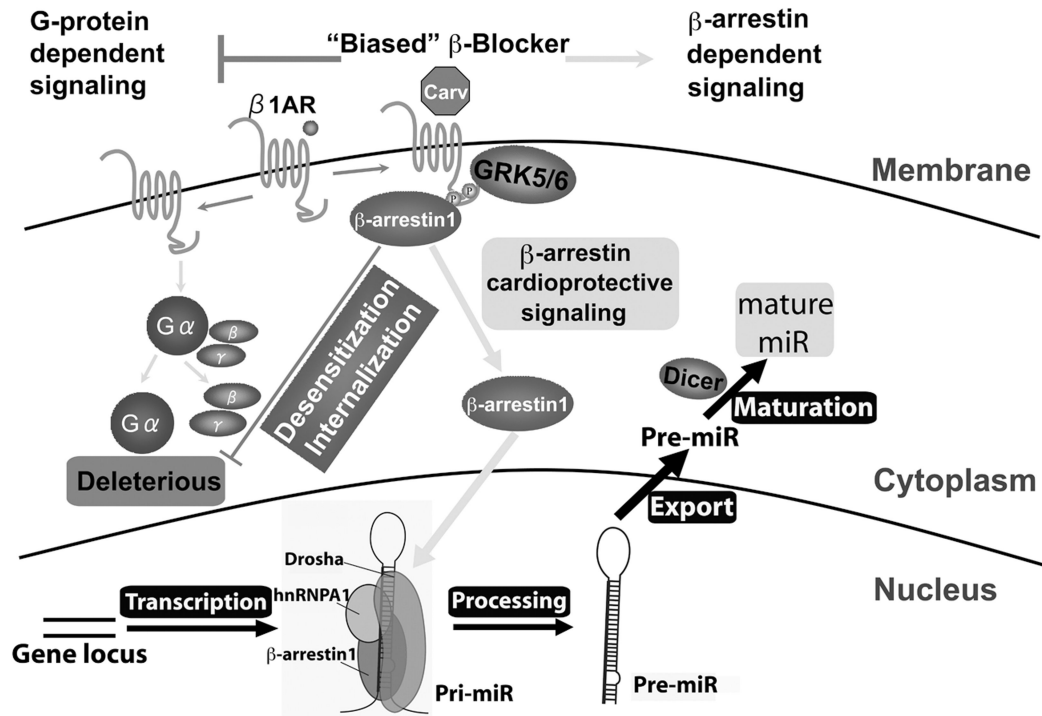


Figure 7. β -arrestin1 stimulates the processing of a subset of miRNAs in the mouse heart and human cells

The β -arrestin-biased β -blocker Carv, which was shown to stimulate β -arrestin-mediated cardioprotective signaling in the absence of G protein activation⁹, induces the expression of a selective group of miRNAs in a β_1 AR-, GRK5/6- or β -arrestin1-dependent manner (Figures 1-3). Our data produced using both HEK293 cells stably expressing WT β_1 AR and mouse hearts suggest that β -arrestin1 promotes RNA helicase-independent processing of primary miR transcript (pri-miR) into precursor miR (pre-miR) by forming a complex with components (eg. hnRNPA1 or Drosha) of the nuclear miR microprocessor complex (Figures 4-6).