## **Extracellular enzyme profiling of** *Stenotrophomonas maltophilia* **clinical isolates**

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**Keywords:** *Stenotrophomonas maltophilia*, virulence factors, hydrolytic enzymes, pathogenicity, nosocomial pathogen, gram-negative

**Abbreviations:** NETs, neutrophil extracellular traps; DNase, deoxyribonuclease; CSF, cerebrospinal fluid; UV, ultraviolet; PCR, polymerase chain reaction; LB, Luria bertanii; OD, optical density

*Stenotrophomonas maltophilia*, which is still defined as an organism of limited pathogenicity, has risen prominently as a nosocomial pathogen. Despite the increase in the spectrum of clinical syndromes associated with *S. maltophilia*, very little is known about the extracellular enzymes profile, pigment production and motility patterns which may have potential roles in pathogenesis. In this study, we screened and compared an array of extracellular enzymes in *S. maltophilia* collected from invasive and non-invasive clinical specimens by substrate plate assays. We also grouped the isolates as device related and non-device related and compared the enzyme profile. Our study showed all clinical isolates irrespective of source produced substantial levels of enzymes assayed, produced melanin and exhibited swimming and swarming motility pattern. These data suggests clinical isolates of *S. maltophilia* is a reservoir for pathogenic potential enzymes.

*Stenotrophomonas maltophilia* plays a major role as an opportunistic pathogen in immunocompromised individuals. Despite not yet being recorded as a highly virulent bacterium, *S. maltophilia* is often isolated from serious human infection.<sup>1</sup> High rates of isolation in immunocompromised patients, increasing multidrug-resistant strains, and lack of controlled clinical treatment trials makes this bacterium a cause of serious concern.2-5 *S. maltophilia* is frequently isolated from clinical specimens and is implicated in catheter-related bacteremia and septicemia, urinary and respiratory tract infections, and endocarditis.6-8 In most cases, *S. maltophilia* cause infection in patients with the assistance of invasive medical devices than in healthy host.<sup>9</sup>

Despite its clinical relevance, very little is known about the pathogenic mechanism of infections. Secretion of enzymes, namely proteinases, lecithinases, gelatinase, lipases, and DNase, biofilm formation, hemolysis, and motility are few properties that pathogenic microbes possess in order to establish an infection. These enzymes are considered virulent as they damage the host tissues making the host permissive for infection.<sup>10,11</sup>

Although studies have implicated the ability of *S. maltophilia* to attach to mammalian cells, form biofilms and produce large number of extracellular enzymes,<sup>12-14</sup> the presence of these factors in clinical isolates and its correlation with isolates recovered

A total of 108 *S. maltophilia* clinical isolates collected from patients admitted for various underlying diseases in tertiary care hospitals in the central region of Malaysia were investigated. Isolates were confirmed as *S. maltophilia* by lavender green colonies on blood agar, motility test, and standard biochemical assays such as DNase, catalase and oxidase activities. The isolates were genotypically confirmed by species specific polymerase chain reaction (PCR) that targeted the 23s RNA. The isolates were further reconfirmed using the VITEK® Mass Spectrometry System and an array of 64 biochemical assays. *S. maltophilia* ATCC 13637 (clinical strain) and *S. maltophilia* LMG 959 (environmental strain) from Belgian Coordinated Collections of Microorganisms (BCCM) was used as control. These study isolates were further classified as invasive or non-invasive based on the anatomical site of isolation. Invasive isolates included in the study were those that were isolated from sites such as peripheral blood and cerebrospinal fluid. Non-invasive isolates were those that were isolated from sites such as tracheal aspirate, sputum wound infections, swabs, and pus.

All isolates were screened for the secretion of a panel of extracellular enzymes such as DNase, gelatinase, hemolysin, heparinase, hyaluronidase, lecithinase, lipase, and proteinase; pigment production, which includes melanin, fluorescein, and pyocyanin; and ability to form biofilm and motility patterns. The enzyme activity was evaluated by spot (2-mm) inoculations. All substrate plate assays were incubated for 48 h at 37 °C unless otherwise specified.

For DNase agar test, 0.01% toluidine blue was used to determine DNase production after 72 h of growth at 37 °C. DNase activity was indicated by the formation of a large pink halo around an inoculum spot.<sup>15</sup> Modified DNase tube test was also employed to evaluate the DNase production as described

from different anatomical sites are not clear. Therefore, the main aims of the present study were to screen for the production of extracellular enzymes (protease, lipase, lecithinase, gelatinase, deoxyribonuclease [DNase], hyaluronidase, hemolysin) by *S. maltophilia* isolates, to compare the enzyme profiles of invasive (e.g., blood and cerebrospinal fluid) and non-invasive (e.g., sputum, tracheal aspirate, wound infection, and urine) isolates and also in device and non-device related isolates.

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earlier. Clearing of the genomic DNA band was considered to be a confirmatory test.<sup>16</sup> For gelatinase test, organisms were inoculated on 0.4% gelatin agar. The plates were incubated at 37 °C for 24 h followed by which the plates were flooded with mercuric chloride solution. Appearance of opaque zone around the inoculum showed positive results.17,18 Hemolysis was determined on trypticase soy agar containing 5% sheep blood.19 Heparinase production was tested by diluting heparin in distilled water to a final concentration of 5 U/ml followed by filter sterilization (0.45 pM) before dispensing 20 μl into 96-well micro titration plate; each well contained 30 μl of the test bacteria, incubated overnight at 37 °C. Twenty microliters of aqueous toluidine blue 0.01% was added to each well. Blue color indicated positive result, while pink indicated negative.<sup>20</sup> Hyaluronidase production was evaluated by incorporation of aqueous solutions of hyaluronic acid into Muller Hinton agar supplemented with bovine serum albumin (final concentration, 1%). After being inoculated and incubated for 48 h, each plate was flooded with 2 N acetic acid, which was removed after 10 min. The appearance of a clear zone around the inoculum indicated presence of hyaluronidase.<sup>21</sup> For lecithinase, 10 ml of the 50% egg yolk was added to 90 ml of sterilized tryptic soya agar. A white precipitate around or beneath an inoculum spot indicated lecithinase formation.10,22 Lipase activity was detected by the appearance of a turbid halo around the inocula on trypticase soy agar plates supplemented with 1% Tween 80.23 Proteinase activity was evaluated using casein hydrolysis and was tested on Mueller–Hinton agar containing 3% (w/v) skimmed milk . The presence of a transparent zone around the inoculum spot indicated a positive test.<sup>10,24</sup>

For melanin production, bacteria were grown on l-tyrosine containing agar plates to observe the brown pigment produced.<sup>25</sup> Brown color pigmentation is considered positive. Pyocyanin was tested by using Bacto Pseudomonas Agar P. The pyocyanin production is promoted by glycerol which is the source of energy while magnesium chloride and potassium sulfate enhances the intensity of pyocyanin produced.<sup>26,27</sup> Positive results were indicated by a bluish-green pigment that diffuses into the agar under UV light (366 nm).<sup>10</sup> For fluorescein, Bacto Pseudomonas Agar F is utilized. The presence of dipotassium phosphate increases the phosphorous content and magnesium sulfate provides essential ions whereby enhances the fluorescein production.<sup>27</sup> Under UV light (366 nm) a greenish yellow fluorescent pigment in the colonies and surrounding medium indicates fluorescein production.10 For all pigments, the intensities were scored as 0, 1+, 2+, or 3+ manually in a semi-quantitative way. Intensity greater than  $2+$  was considered as high pigment-producing strain.<sup>28</sup>

For biofilm assay the bacteria were grown overnight with agitation, the optical densities at 600 nm were standardized to 2, and the cultures were diluted 1:100 in Luria bertani (LB) broth. Aliquots (100 μl) were added to a 96-well plate, incubated for 24 h at 37 °C. Upon complete growth, the inoculums were discarded and washed three times with water. The plates were then incubated with crystal violet for 15 min, followed by 3 rinses with water (30 s each). Finally the biofilms were dissolved with 95% ethanol and transferred to fresh 96-well plate to measure the absorbance at 540 nm. Each sample was tested in triplicate.<sup>29</sup> The cutoff was defined as three standard deviations above the mean optical density of control (ODc).<sup>30</sup> Each isolate was classified as follows: weak biofilm producer  $OD \le 2 \times ODc$ , moderate biofilm producer  $OD \leq 4 \times ODc$  and strong biofilm producer  $OD > 4 \times ODc.^{31}$ 

Motility patterns of *S. maltophilia* were determined by examining its ability to diffuse in soft agar plates. For swimming test, tryptone broth (10 g/l tryptone/5 g/l NaCl) that contained 0.3% (w/v) agarose was used. Swim plates were inoculated with bacteria from an overnight culture in LB agar (1.5%, w/v) plates at 37 °C with a sterile toothpick. The plates were then wrapped with saran wrap to prevent dehydration and incubated at 30 °C for 12–14 h. For swarming test, the media used consisted of 0.5% (w/v) bacto-agar with 8 g/l nutrient broth, to which 5 g/l glucose was added. Swarm plates were typically allowed to dry at room temperature overnight before being used. For twitching motility test, LB broth (10 g/l tryptone/5 g/l yeast extract/10 g/l NaCl) solidified with 1% (w/v) granulated agar was used. Twitch plates were briefly dried and isolates were stab inoculated with a sharp toothpick to the bottom of the petri dish from an overnight-grown LB agar (1.5%, w/v) plate. After incubation at 37 °C for 24 h, motility patterns were determined by measuring the zone of motility in the agar.<sup>32</sup> All experiments were conducted in triplicates. The data was analyzed using graph pad prism version 5.0. Values were considered significant when *P* < 0.05.

As summarized in **Table 1** enzymatic profile indicates that most of the isolates irrespective of being invasive or non-invasive secreted all of the major enzymes that are known to destroy cell components such as membranes and proteins. **Figure 1** shows some of the assays that were tested for *S. maltophilia* isolates.

DNase, gelatinase, hemolysin, lipase, and proteinase activity were observed in all isolates studied. None of the urine isolates exhibited lecithinase, hyaluronidase, and heparinase activity. While isolates from most of the anatomical sites showed activity, 19.1% of tracheal aspirate and 56.5% of blood isolates, lecithinase secretion was observed to be absent. Among all enzymes assayed, heparinase showed variation based on the anatomical sites of isolates; 71.4% tracheal aspirate, 69.2% blood, 66.6% CSF, 80% sputum, and 69.2% wound infection were found to be positive. For pigment production, melanin was produced by majority of the invasive (91.1%) and non-invasive (95.2%). Pyocyanin and fluorescein were not observed by any of the isolates.

As depicted in **Table 2**, all isolates were biofilm producers with varied intensities. While majority of the isolates were low biofilm producers (80% invasive and 82.5% non-invasive), some showed a very strong biofilm formation (20% invasive and 17.5% non-invasive). With respect to motility, all isolates were found to be motile. Among the three modes of motility pattern tested, swimming and swarming were commonly seen, while twitching was not prominent.

When isolates were classified as device related and nondevice related, as observed for anatomical sites, most of the enzymes were secreted by all isolates. Heparinase was found to be produced by slightly more number of device-related isolates (73.2%) than non-device-related ones (62.1%). In contrast,



**Frequency among clinical isolates (***n* **= 108)**

**Table 1.** Enzymatic profiles for clinical isolates from different anatomical sites as well as device-related and non-device-related isolates

Clinical isolates collected from various anatomical sites such as tracheal aspirate, blood, cerebrospinal fluid (CSF), sputum, wound swabs, and urine showed significant variation for heparinase and lecithinase. None of the urine isolates secreted the hyaluronidase enzyme.



**Figure 1.** Enzymatic profile of *S. maltophilia* isolates. (**A**) SM ATCC, (**B**) clinical isolate of *S. maltophilia*; (**C**) *S. maltophilia* LMG 959 (environmental isolate). When (**A–C**) were compared, for all tested properties, (**C**) (environmental strain) showed comparatively less activity.

lecithinase was observed more among non-device-related isolates than device-related ones. However, both enzymes did not show any significant  $(P > 0.05)$  association with source of isolation. As observed in **Table 2**, significant association was also not observed in melanin and biofilm formation.

The striking increase in *S. maltophilia* infections with broad spectrum of clinical syndromes and with greater risk of death especially among immunocompromised and hospitalized patients has prompted an intense search for the underlying virulence determinants. To date, virulence factors of *S. maltophilia* is very minimally defined. It is very certain that *S. maltophilia* which is basically an environmental microbe would express pool of virulence determinants to establish itself as a successful clinical pathogen. Here, we performed a comprehensive screening of pathogenic determinants and extracellular enzymes secretion in clinical isolates of *S. maltophilia*. Our results clearly indicated that unlike environmental strain (LMG 959) clinical isolates of *S. maltophilia* is capable of producing a variety of extracellular enzymes and most of these enzymes are of known pathogenic potential.33,34

Proteinases plays an important role in invasiveness, host tissue damage, and evading host-defense.<sup>35</sup> Extracellular lipases help bacteria to thrive in a carbohydrate restricted environment where lipids are the sole carbon source<sup>23,36</sup> and enable in adhering to host tissue.<sup>37</sup> Lecithinase enzyme modulates the host immune system38 and play roles in cell-to-cell spread as seen in *Listeria monocytogenes* pathogenicity.39 Hyaluronidase facilitates tissue invasion.40 Heparinase plays import role in the digestion of extracellular matrix of the host tissues (mainly related to the respiratory organs) which enhances the invasiveness of the pathogen<sup>41</sup> DNase evade the innate immune response in the host by degrading neutrophil extracellular traps (NETs) and also has the capability to kill bacteria by interfering with DNA synthesis.<sup>42,43</sup>

Although *S. maltophilia* is frequently associated with respiratory infections, like most other nosocomial pathogens, it is

	<b>Melanin</b>		<b>Biofilm</b>		<b>Motility</b>	
	Positive	<b>Negative</b>	High	Low	Motile	Non-motile
Invasive ( $n = 45$ )	41(91.1)	4(8.8)	9(20)	36 (80)	100	
Non-invasive ( $n = 63$ )	60 (95.2)	3(4.7)	11(17.5)	52 (82.5)	100	
Device-related ( $n = 71$ )	65 (91.5)	6(8.4)	14 (19.7)	57 (80.2)	100	
Non-device-related ( $n = 71$ )	36 (97.2)	1(2.7)	7(18.9)	30(81)	100	

**Table 2.** Production of melanin, biofilm, and motility profile of clinical isolates of *S. maltophilia*

Neither invasive nor non-invasive isolates showed significant difference in the melanin production and biofilm formation.

also isolated from different body sites or clinical specimens such as blood, urine, wound swabs, sputum, CSF, etc. The growth of *S. maltophilia* from non-sterile sites is sometimes difficult to interpret and is not used as a proof of infection. Hence isolation from sterile sites (e.g., blood, CSF), usually represents true infection. In this study we compared invasive (e.g., blood, CSF), and non-invasive (urine, tracheal aspirate, wound swab, sputum) isolates for the production of pathogenic determinants. Among all enzymes tested lecithinase, hyaluronidase, and heparinase were not detected in urine sample. Heparinase activity was found more among sputum and tracheal aspirate. Heparinase bind with heparin sulfate (substrate for heparinase) which is a component of the proteoglycans present in bronchial airways in the extracellular matrix and transmit pathologic processes leading to tracheobronchial infection.<sup>44</sup>

Production of pigments like melanin protects bacteria from host defense mechanism and against environmental insults.<sup>45</sup> Although *S. maltophilia* is an inevitable pathogen among the immunocompromised patients, melanin production and the ability to form biofilms may enhance its protection from host

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defense mechanism. Melanin production and biofilm forming property has also shown to have association with antibiotic resistance in *S. maltophilia*. 46

*S. maltophilia* infection is usually mediated by the device or lines attached to the patients, for example breathing tubes such as endotracheal or tracheostomy tubes, ventilators and indwelling urinary catheters. Hence we compared isolates from device related and non-device related infectious to observe any differences in the virulence determinant profiles. No significant difference in any of the virulence determinant tested indicated, all clinical isolates could be reservoir for pathogenic potential determinants.

In conclusion, from the present study, it is clear that *S. maltophilia* irrespective of whether invasive or non-invasive, device-related or non-device-related is capable of producing virulence potential extracellular enzymes, which might play major roles in pathogenicity.

## **Disclosure of Potential Conflicts of Interest**

No potential conflicts of interest were disclosed.

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