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# Small-Animal PET of Steroid Hormone Receptors Predicts Tumor Response to Endocrine Therapy Using a Preclinical Model of Breast Cancer

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# Abstract

Estrogen receptor- $\alpha$  (ER $\alpha$ ) and progesterone receptor (PR) are expressed in most human breast cancers and are important predictive factors for directing therapy. Because of de novo and acquired resistance to endocrine therapy, there remains a need to identify which ER $\alpha$ -positive (ER $\alpha$ <sup>+</sup>)/PR-positive (PR<sup>+</sup>) tumors are most likely to respond. The purpose of this study was to use estrogen- and progestin-based radiopharmaceuticals to image ER $\alpha$  and PR in mouse mammary tumors at baseline and after hormonal therapy and to determine whether changes in these imaging biomarkers can serve as an early predictive indicator of therapeutic response.

**Methods**—Mammary adenocarcinomas that spontaneously develop in aged female mice deficient in signal transducer and activator of transcription-1 (STAT1) were used. Imaging of ERa and PR in primary tumor–bearing mice and mice implanted with mammary cell lines (SSM1, SSM2, and SSM3) derived from primary STAT1-deficient (STAT1<sup>-/-</sup>) tumors was performed. Hormonal treatments consisted of estradiol, an ER agonist; letrozole, an aromatase inhibitor; and fulvestrant, a pure ER antagonist. Small-animal PET/CT was performed using <sup>18</sup>F-fluoroestradiol (<sup>18</sup>F-FES) for ER, <sup>18</sup>F-fluoro furanyl norprogesterone (<sup>18</sup>F-FFNP) for PR, and <sup>18</sup>F-FDG for glucose uptake. Tracer uptake in the tumor was quantified and compared with receptor concentration determined by in vitro assays of resected tumors.

**Results**—Primary STAT1<sup>-/-</sup> mammary tumors and implanted SSM2 and SSM3 tumors showed high <sup>18</sup>F-FES and <sup>18</sup>F-FFNP uptake and were confirmed to be ERa<sup>+</sup>/PR<sup>+</sup>. Classic estrogeninduced regulation of the progesterone receptor gene was demonstrated by increased <sup>18</sup>F-FFNP uptake of estradiol-treated SSM3 tumors. Treatment with fulvestrant decreased <sup>18</sup>F-FFNP, <sup>18</sup>F-FES, and <sup>18</sup>F-FDG uptake and inhibited growth of SSM3 tumors but decreased only <sup>18</sup>F-FES uptake in SSM2 tumors, with no effect on growth, despite both tumors being ERa<sup>+</sup>/PR<sup>+</sup>. Decreased <sup>18</sup>F-FFNP uptake by SSM3 tumors occurred early after initiation of treatment, before measurable tumor growth inhibition.

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**Conclusion**—Using small-animal PET, a profile was identified that distinguished fulvestrantsensitive from fulvestrant-resistant  $\text{ER}\alpha^+/\text{PR}^+$  tumors before changes in tumor size. This work demonstrates that imaging baseline tumoral <sup>18</sup>F-FES uptake and initial changes in <sup>18</sup>F-FFNP uptake in a non-invasive manner is a potentially useful strategy to identify responders and nonresponders to endocrine therapy at an early stage.

## Keywords

PET imaging; estrogen receptor; progesterone receptor; breast cancer; endocrine therapy

Estrogen receptor- $\alpha$  (ER $\alpha$ ) is expressed in most human breast cancers and is an important predictive factor for directing therapy. Compared with patients with ER $\alpha$ -negative tumors, patients with ER $\alpha$ -positive (ER $\alpha^+$ ) tumors typically have longer overall survival and are more likely to respond to hormone-based therapies designed to decrease endogenous estrogens or block ER transcriptional activity, such as aromatase inhibitors, tamoxifen, or fulvestrant. However, some patients with ER $\alpha^+$  tumors do not respond to endocrine therapy (1).

The progesterone receptor gene (*PGR*) is a classic estrogen-stimulated target gene, and currently both ER $\alpha$  and progesterone receptor (PR) are routinely measured using immunohistochemistry as part of the pathologic assessment of breast cancer (2). Although immunohistochemistry is the current gold standard for detecting steroid hormone receptor expression, noninvasive imaging offers several advantages. For instance, imaging can assess the entire lesion, which is advantageous for tumors with heterogeneous receptor expression that could lead to biopsy sample error. Furthermore, noninvasive imaging is useful for metastatic lesions that may be technically difficult to biopsy or for patients at high risk for biopsy-related complications. Repeated imaging can assess whole-body disease burden over time, as one cannot presume that recurrent or metastatic lesions retain the same steroid hormone expression profile as the primary tumor and discordance occurs in up to 30% of the patients who ultimately have a decreased response to hormonal therapy (3,4).

The ability of these nuclear receptors to bind ligand provides a convenient target for the development of imaging agents (5). The estrogen-based radiopharmaceutical <sup>18</sup>Ffluoroestradiol (<sup>18</sup>F-FES) has high specific activity, binding affinity, and selectivity for ERa over the ER $\beta$  subtype (6) and has been shown to exhibit high specific uptake by ER-rich target tissues and  $ER\alpha^+$  mammary tumors using small-animal models (7,8). For human breast cancer patients, use of <sup>18</sup>F-FES PET as a measure of tumoral ERa expression has been validated by the gold standards of immunohistologic and biochemical receptor assays with significant concordance (9-11). <sup>18</sup>F-FES imaging has also been shown to be a predictive assay for endocrine therapy since patients with pretreatment <sup>18</sup>F-FES standardized uptake values greater than 1.5-2.0 correlate with a positive response to therapy (12,13). Although not as well studied as <sup>18</sup>F-FES, progestin-based radiopharmaceuticals such as <sup>18</sup>F-fluoro furanyl norprogesterone (<sup>18</sup>F-FFNP) have been developed for PR imaging as an indicator of a functionally intact ERa signaling pathway (14). Preclinical studies have demonstrated high <sup>18</sup>F-FFNP uptake in the uterus and ovaries of estrogenprimed immature female rats (14), and initial results for <sup>18</sup>F-FFNP imaging of human breast cancer patients have recently been published (15).

The goal of this study was to determine whether changes in tumoral steroid hormone receptor expression as assessed by molecular imaging after endocrine therapy are of predictive value using a preclinical animal model of human luminal breast cancer. Disruption of the gene for the signal transducer and activator of transcription-1 (STAT1) in mice results in a complete lack of responsiveness to interferons and, interestingly,

spontaneous development of mammary tumors (16). These adenocarcinomas are remarkably similar to human luminal breast cancers since they express ER $\alpha$  and PR, require ovarian hormones for growth, and have significantly overlapping gene expression profiles (17). Furthermore, the tumors are *HER2/neu*-negative (17) and have no detectable epidermal growth factor receptor or ER $\beta$  protein expression (Szeman Ruby Chan and Robert D. Schreiber, unpublished data, May 29, 2012). In the current study, we performed <sup>18</sup>F-FES and <sup>18</sup>F-FFNP PET of primary and implanted STAT1-deficient (STAT1<sup>-/-</sup>) mammary tumors at baseline and in response to fulvestrant, a pure ER $\alpha$  antagonist, to determine whether changes in these imaging bio-markers can serve as an early predictive indicator of the ultimate response to therapy. An imaging approach that successfully predicts tumor response to standard endocrine therapy would be a useful tool for the further evaluation of novel breast cancer treatments.

# MATERIALS AND METHODS

#### Cell Culture, Tumor Implantation, and Hormone Treatments

Spontaneous STAT1<sup>-/-</sup> mammary (SSM) tumor cell lines (SSM1, SSM2, and SSM3) generated from 3 independent primary tumors (17) were maintained in Dulbecco modified Eagle/F12 medium supplemented with 10% fetal bovine serum, 1% L-gluta-mine, 1% penicillin–streptomycin, 50  $\mu$ M 2-mercaptoethanol, and 5  $\mu$ g/mL and 10 ng/mL concentration of insulin and transferrin, respectively. Wild-type (WT) 129S6/SvEv and STAT1<sup>-/-</sup> (129S6/SvEv) female mice were purchased from Taconic Farms, Inc., and fed an estrogen-free diet (Harlan Teklad). All animal experiments were performed according to the Guidelines for the Care and Use of Research Animals established by Washington University's Animal Studies Committee. Intact female WT mice 6–8 wk old were injected subcutaneously with 10<sup>6</sup> SSM1, SSM2, or SSM3 mammary tumor cells in 100  $\mu$ L into the right thoracic mammary fat pad. Tumor growth was monitored by palpation and measured in 2 perpendicular dimensions with calipers. The average of the 2 perpendicular measurements was plotted as mean tumor diameter.

Letrozole (50  $\mu$ g per mouse once daily; Sigma) was administered via intraperitoneal injection. 17 $\beta$ -estradiol (20  $\mu$ g per mouse once daily; Sigma) and fulvestrant (5 mg [in sunflower oil] per mouse once weekly; Sigma) were administered via subcutaneous injection.

### **Radiopharmaceuticals and Small-Animal PET**

<sup>18</sup>F-FDG was provided by the Cyclotron Facility at Washington University. <sup>18</sup>F-FFNP was synthesized as described by Dehdashti et al. (15) using a methanesulfonate precursor (18) under typical labeling conditions (potassium carbonate, Kryptofix<sub>222</sub> [Merck], acetonitrile, 85°C, 5 min) (19). 16 $\alpha$ -<sup>18</sup>F-FES was synthesized according to the literature (20), with modifications (21). Specific activities were measured using standard analytic high-performance liquid chromatography and exceeded 65 GBq (1,746 mCi)/µmol for <sup>18</sup>F-FFNP and 113 GBq (3,048 mCi)/µmol for <sup>18</sup>F-FES.

The mice were injected in the tail vein with 11.1 MBq ( $300 \ \mu$ Ci) of <sup>18</sup>F-FDG, 11.1 MBq ( $300 \ \mu$ Ci) of <sup>18</sup>F-FDG, or 5.55 MBq ( $150 \ \mu$ Ci) of <sup>18</sup>F-FES on separate imaging days. Before <sup>18</sup>F-FDG administration, the mice were kept fasting for at least 6 h. Images were acquired with a small-animal PET/CT scanner (Inveon and Focus-220; Siemens Preclinical Solutions) 1 h after injection of the radiotracer. A 10-min scan with a <sup>57</sup>Co transmission source was performed for attenuation correction, followed by a 10-min static emission scan. Images were reconstructed using a maximum a posteriori algorithm (22) and were coregistered with CT images to identify the regions of interest. The PET images were

quantified using Inveon Research Workplace 3.0 (Siemens Medical Solutions USA, Inc.). Regions of interest were manually drawn within the tumor on the PET/CT images and, as a measure of nontarget tissue activity, within the triceps muscle. Activity measurements (Bq/ $\rm cm^3$ ) were divided by the decay-corrected injected dose (Bq) and multiplied by 100 to obtain a tissue uptake index expressed as percentage injected dose per gram of tissue.

### In Vitro Receptor Assays

For Western blot analysis, the excised frozen tumors were crushed with a cryogenic tissue pulverizer (Cellcrusher; Ballina). Whole-cell lysates were obtained using a 1:1 volume of radio-immunoprecipitation assay buffer (Sigma) containing 2 mM sodium vanadate, protease inhibitor cocktail (1:500, Sigma), and phosphatase inhibitor cocktail (1:100, Sigma). Protein concentration in the supernatant was determined using the Bradford method. One hundred micrograms of lysate were resolved using 7.5% sodium dodecylsulfatepolyacrylamide gel electrophoresis and transferred onto nitrocellulose membranes. Primary antibodies included anti-ERa (1:100, clone 6F11, VP-E613; Vector Laboratories), anti-PR (1:1,000, sc-538; Santa Cruz Biotechnology), and anti-β-actin (1:5,000, clone AC-74; Sigma). Secondary antibodies included goat antimouse IgG IRDye800 conjugated (1:10,000; Rockland Immunochemicals) and Alexa Fluor 680 goat antirabbit IgG highly cross-adsorbed (1:20,000; Invitrogen). Protein bands were visualized and quantified using the Odyssey Infrared Imaging System (LI-COR Biotechnology). Full-length recombinant human ERa protein (Invitrogen) was used to generate standard curves for semiquantitative receptor measurement in the tumor samples according to the method used by Saji et al. (23). Molar concentrations of ERa were calculated using linear regression ( $r^2$  values ranged from 0.966 to 0.997) and are expressed as fmol/mg of total protein extract. Competitive ER and PR ligand binding assays with <sup>3</sup>H-estradiol and <sup>3</sup>H-promegestone, respectively, were used to determine receptor concentrations as described previously (24).

#### **Statistical Analyses**

Tumor growth curves were analyzed by a freely distributed test available at http:// www.stat.ucl.ac.be/ISpersonnel/lecoutre/Tgca/english/index3.html. An unpaired *t* test was used to determine statistical significance between experimental and control groups. All tests were 2-sided, and a *P* value of less than 0.05 was considered significant. Analyses were performed using Prism, version 5.04 (GraphPad Software).

# RESULTS

# <sup>18</sup>F-FES and <sup>18</sup>F-FFNP Uptake of Primary STAT1<sup>-/-</sup> Mouse Mammary Tumors

We investigated the in vivo steroid hormone receptor status of primary mammary tumors in aged female STAT1<sup>-/-</sup> mice using small-animal PET/CT with <sup>18</sup>F-FES and <sup>18</sup>F-FFNP for ER $\alpha$  and PR, respectively. The mean age of the mice was 61 wk (range, 55–68 wk). The average ratio of tumor-to-muscle uptake (T:M) was 4.5 and 4.4 for <sup>18</sup>F-FES and <sup>18</sup>F-FFNP imaging, respectively (Figs. 1A and 1B). For reference, uterine <sup>18</sup>F-FES uptake measured with biodistribution studies was 12.2 ± 1.4 percentage injected dose/g, which yielded an average T:M of 42. Western blot analysis showed that the tumors expressed ER $\alpha$  and PR protein (Supplemental Fig. 1), consistent with immunohistochemical results previously reported (17) and with their receptor profile determined by imaging (Fig. 1). In the 4 tumors examined, there was a predominance of the PR-A isoform. Also noted was a phosphorylated form of PR-A, which appeared as a doublet at the expected molecular size of PR-A because of slower electrophoretic migration of the phosphorylated protein (25). Thus, the mammary tumors that develop spontaneously in STAT1<sup>-/-</sup> mice are ER $\alpha$ <sup>+</sup>/PR-positive (PR<sup>+</sup>) and can be detected in vivo with <sup>18</sup>F-FES and <sup>18</sup>F-FFNP imaging.

# <sup>18</sup>F-FES, <sup>18</sup>F-FFNP, and <sup>18</sup>F-FDG Uptake of Implanted STAT1<sup>-/-</sup> Tumor Cell Lines

Because the development of primary STAT1<sup>-/-</sup> mammary tumors requires a long latency and is thus not synchronous, 3 SSM tumor cell lines, SSM1, SSM2, and SSM3, were used in subsequent experiments. These tumor cell lines were generated from independent primary tumors and can be propagated in vitro and implanted in the mammary fat pad for expedited experimentation (17). The SSM cell lines were implanted into WT female mice, and tumors were imaged with <sup>18</sup>F-FES, <sup>18</sup>F-FFNP, and <sup>18</sup>F-FDG PET as a marker of tumor glucose metabolism.

The highest <sup>18</sup>F-FES and <sup>18</sup>F-FFNP uptake was observed with the SSM3 tumors (average T:M, 9.0 and 8.8, respectively) (Fig. 2). SSM2 tumors showed <sup>18</sup>F-FES and <sup>18</sup>F-FFNP uptake similar to that in the primary tumors (average T:M, 4.3 and 3.9, respectively). Although SSM1 tumors displayed mild <sup>18</sup>F-FES uptake (T:M, 1.8; P < 0.001), they did not demonstrate statistically significant higher <sup>18</sup>F-FFNP uptake over muscle (T:M, 1.4; P = 0.08), consistent with previous results demonstrating SSM1 as ER $\alpha$ -poor and PR-negative (17). Although the SSM3 tumors displayed greater <sup>18</sup>F-FES and <sup>18</sup>F-FFNP uptake than the SSM2 tumors, <sup>18</sup>F-FDG uptake was less in the SSM3 tumors (average T:M, 4.0) than in the SSM1 and SSM2 tumors (Supplemental Fig. 2). Because the SSM3 tumors displayed the greatest <sup>18</sup>F-FES and <sup>18</sup>F-FFNP uptake, this cell line was utilized for subsequent experiments using hormonal therapies.

# Estrogen-Inducible <sup>18</sup>F-FFNP Uptake of SSM3 Tumors

To use this preclinical model to test the ability of steroid hormone receptor imaging for predicting early response to hormonal therapy, we must confirm that *PGR* behaves as an estrogen-regulated target gene in the SSM tumors. As an alternative approach to ovariectomy, SSM3-tumor-bearing WT mice were treated with letrozole, an aromatase inhibitor, in an attempt to decrease baseline PR protein expression such that maximum induction by estradiol could be detected, since aromatase inhibitor treatment of mice with intact ovaries has been shown to decrease serum estradiol levels (26). Baseline <sup>18</sup>F-FFNP small-animal PET was performed on mice treated for 2 d with letrozole, and the images were compared with those of untreated mice. No significant difference in <sup>18</sup>F-FFNP uptake was observed between the groups (Supplemental Fig. 3), indicating that baseline <sup>18</sup>F-FFNP uptake cannot be lowered any further without ovariectomy. After baseline imaging, letrozole-treated mice were treated with estradiol for 24 h and reimaged with <sup>18</sup>F-FFNP. The average T:M ratios increased from 3.6 for the untreated mice to 6.9 for the estrogenstimulated mice (Fig. 3). A biodistribution assay performed after the post-treatment imaging session yielded similar results, with  $3.8 \pm 0.3$  percentage injected dose/g (T:M, 3.7) <sup>18</sup>F-FFNP uptake measured in the untreated tumors and  $6.4 \pm 0.2$  percentage injected dose/g (T:M, 5.4) in the treated tumors (P = 0.0003). Consistent with the agonist properties of estradiol, average uterine weights increased in the estrogen-stimulated mice  $(120 \pm 5.7 \text{ mg})$ , compared with untreated mice (71.8  $\pm$  6.9 mg; P = 0.0017). Thus, PR expression, reflected by  ${}^{18}$ F-FFNP uptake, is estrogen-inducible and indicative of functional ER $\alpha$  signaling in the SSM3 tumors.

# Effect of the Pure ER Antagonist, Fulvestrant, on SSM3 Tumor Growth and <sup>18</sup>F-FFNP, <sup>18</sup>F-FES, and <sup>18</sup>F-FDG Uptake

Fulvestrant is a pure antiestrogen with several mechanisms of antagonistic action, including competitive inhibition of receptor binding with estradiol; interference with nucleocytoplasmic receptor shuttling, dimerization, and DNA binding; and targeting of ER for proteasome-mediated degradation (27). SSM3-tumor–bearing WT mice were treated with vehicle control or fulvestrant for 2 wk and then imaged with <sup>18</sup>F-FFNP at endpoint to test whether pharmacologic inhibition of estrogen signaling would decrease estrogen-

regulated target genes such as PGR. Fulvestrant-treated mice showed significantly reduced tumoral <sup>18</sup>F-FFNP uptake, compared with control mice (T:M, 3.6 and 4.9, respectively) (Fig. 4A), with a decrease in both PR-A and PR-B protein levels (Supplemental Fig. 4). Consistent with these results, PR concentrations decreased from 1,670 (±480) fmol/mg of protein in the control tumors to 877 ( $\pm$ 180) fmol/mg of protein in the fulvestrant-treated tumors as determined by a conventional in vitro PR ligand binding assay. Similarly, tumoral <sup>18</sup>F-FES uptake was also significantly decreased (T:M, 3.6 for fulvestrant-treated mice and 8.4 for control mice; Fig. 4B), reflective of the ability of fulvestrant to block receptor-radiotracer binding and to induce ER degradation. On semiquantitative Western blot analysis, ERa protein levels decreased from 543 ( $\pm$ 38) to 277 ( $\pm$ 52) fmol/mg of protein in control and fulvestrant-treated tumors, respectively (P = 0.008) (Supplemental Fig. 4). Similar results were obtained using a conventional in vitro ER ligand binding assay, which demonstrated 467 (±100) fmol/mg of protein in control tumors and 214 (±40) fmol/mg of protein in fulvestrant-treated tumors. Decreased <sup>18</sup>F-FDG uptake was also observed in the fulvestrant-treated mice (T:M, 7.0 vs. 5.1) (Supplemental Fig. 5). Consistent with inhibition of estrogen signaling, growth of the fulvestrant-treated tumors was arrested, whereas tumors in the vehicle control group continued to progress (P = 0.03) (Fig. 4C). Further confirmation of the antagonistic function of fulvestrant was the observation that average uterine weights decreased in the fulvestrant-treated mice (48.2  $\pm$  2.3 mg), compared with control mice (71.1  $\pm$  5.5 mg; *P* = 0.0048). Thus, <sup>18</sup>F-FFNP imaging is a useful in vivo biomarker of ERa activity.

# Effect of the Pure ER Antagonist, Fulvestrant, on SSM2 Tumor Growth and <sup>18</sup>F-FFNP, <sup>18</sup>F-FES, and <sup>18</sup>F-FDG Uptake

We further examined the use of <sup>18</sup>F-FFNP imaging to reflect the inhibitory effects of fulvestrant on estrogen signaling using another  $ER\alpha^+/PR^+$  tumor cell line, SSM2. WT mice bearing SSM2 tumors were treated with vehicle control or fulvestrant for 10 d and then imaged with <sup>18</sup>F-FFNP, <sup>18</sup>F-FES, and <sup>18</sup>F-FDG PET at the conclusion of the treatment. Surprisingly, <sup>18</sup>F-FFNP uptake was unchanged in the fulvestrant-treated group even though <sup>18</sup>F-FES uptake decreased (Figs. 5A and 5B). Western blot analysis confirmed the imaging finding, because PR protein levels were stable with fulvestrant treatment whereas ERa levels were reduced (Supplemental Fig. 6). Using semiquantitative Western blot analysis, ER $\alpha$  protein levels decreased from 300 (±25) to 175 (±25) fmol/mg of protein in control and fulvestrant-treated SSM2 tumors, respectively (P = 0.047). Therefore, whereas fulvestrant lacks the ability to inhibit PR expression and <sup>18</sup>F-FFNP uptake in the SSM2 tumors, the compound is biologically active in its ability to mediate ERa protein downregulation (Supplemental Fig. 6) and decrease uterine weight  $(43.1 \pm 3.5 \text{ mg})$  in the fulvestrant-treated mice, compared with 73.2  $\pm$  11 mg in the control mice; P = 0.0071). <sup>18</sup>F-FDG uptake was not affected (Supplemental Fig. 7), consistent with the inability of fulvestrant to attenuate the tumor growth of the drug-treated cohort (Fig. 5C). On the basis of the results demonstrated in Figures 4 and 5, <sup>18</sup>F-FFNP imaging but not <sup>18</sup>F-FES imaging can discriminate between  $ER\alpha^+/PR^+$  tumors with differing growth responses to antiestrogen therapy (i.e., SSM3 being the "responders" and SSM2 the "nonresponders").

# Early Effect of Fulvestrant on <sup>18</sup>F-FFNP Uptake of SSM3 Tumors Before Tumor Growth Inhibition

An important goal of PET in cancer research is to noninvasively predict early responses to therapies before overt changes in tumor size in order to guide further management. After establishing that 2 wk of fulvestrant treatment decreases <sup>18</sup>F-FFNP uptake of SSM3 tumors (reflecting blockade of the estrogen signaling pathway) and inhibits further tumor growth, we tested whether changes in <sup>18</sup>F-FFNP uptake can be detected early after the initiation of antiestrogen treatment (3 d), before changes in tumor growth occur.

Pretreatment small-animal PET with <sup>18</sup>F-FFNP and <sup>18</sup>F-FES showed no significant difference (P = 0.76 and 0.82, respectively) in radiotracer uptake between the SSM3-tumorbearing mice randomized to receive fulvestrant versus the control mice. Three and 4 d after treatment with a single dose of fulvestrant, imaging was repeated and showed decreased <sup>18</sup>F-FFNP and <sup>18</sup>F-FES uptake in the fulvestrant-treated mice, compared with controls (T:M, 7.4–5.4 for <sup>18</sup>F-FFNP and 6.4–3.9 for <sup>18</sup>F-FES) (Figs. 6A and 6B). Mean tumor diameter remained unchanged during the timing of the pre- and posttreatment imaging sessions (days 22 and 26 after implantation) (Fig. 6C). The experiment was continued until a separation in the tumor growth curves was confirmed. On day 29 after implantation, <sup>18</sup>F-FDG imaging showed decreased <sup>18</sup>F-FDG uptake in the fulvestrant-treated mice, compared with controls (T:M, 3.8–2.8), confirming the anti-tumor effect of fulvestrant on SSM3 tumors (Supplemental Fig. 8). Thus, <sup>18</sup>F-FFNP is a useful in vivo biomarker of the estrogen signaling pathway and can indicate early response to endocrine therapy.

# DISCUSSION

Using a preclinical model of breast cancer, we have demonstrated how imaging steroid hormone receptors can be used to predict response to endocrine therapy. Spontaneous mammary carcinomas that develop in aged female STAT1<sup>-/-</sup> mice were shown with smallanimal PET to express ERa and PR in vivo, and this finding was confirmed with in vitro receptor analysis. Classic estrogen-induced ER target gene regulation was demonstrated by increased <sup>18</sup>F-FFNP uptake using implanted SSM3 tumors, validating the hormone responsiveness of these tumors. We identified an imaging profile (decreased <sup>18</sup>F-FES, decreased <sup>18</sup>F-FFNP, and decreased <sup>18</sup>F-FDG uptake) that distinguished ERa<sup>+</sup>/PR<sup>+</sup> SSM3 tumors that are sensitive to growth inhibition by the pure ER antagonist, fulvestrant, from ERa<sup>+</sup>/PR<sup>+</sup> SSM2 tumors that are resistant (decreased <sup>18</sup>F-FES, stable <sup>18</sup>F-FFNP, and stable <sup>18</sup>F-FDG uptake). Most importantly, the imaging changes occurred before measurable changes in tumor size, suggesting that early alternative intervention may be possible for nonresponsive tumors. The mechanism responsible for divergent responses of SSM2 and SSM3 tumors to fulvestrant is currently not known and may relate to alternative growth signaling pathways upregulated in hormone-resistant breast cancers (1). However, the fact that PET with <sup>18</sup>F-FES and <sup>18</sup>F-FFNP can distinguish ERq<sup>+</sup>/PR<sup>+</sup> mouse mammary tumors that respond favorably to endocrine therapies (SSM3) from those that do not (SSM2) suggests that a similar approach might prove useful in distinguishing between  $ERa^+/PR^+$ human breast cancers that are responsive or nonresponsive to endocrine therapies and thus facilitate the selection of therapies most appropriate for individual patients. The combination of noninvasive imaging with gene expression screening assays, such as Oncotype Dx (Genomic Health, Inc.), which is used to predict chemotherapy benefit for patients with early-stage breast cancer, could further advance personalized medicine.

Small-animal imaging using <sup>18</sup>F-FES as a marker of ER $\alpha$  expression in breast cancer has been reported. Aliaga et al. used MC7-L1 and MC4-L2 cells, which are ER $\alpha^+$ /PR<sup>+</sup> mammary ductal carcinoma cell lines derived from medroxyprogesterone acetate–induced adenocarcinomas in female BALB/c mice, with ER levels of 217 ± 33 fmol/µg DNA in MC7-L1 tumors and 530 ± 132 fmol/µg DNA in MC4-L2 tumors (28). Tumor–to–reference tissue ratios of <sup>18</sup>F-FES uptake, as measured by PET at 1 h after injection, were 4.4 and 6.7, respectively, in tumors grown from the 2 cell lines (28). For comparison, biodistribution studies of 7,12-dimethylbenz(a)anthracene–induced mammary tumors in Sprague–Dawley rats yielded a tumor–to–nontarget tissue ratio of approximately 10 (8), whereas <sup>18</sup>F-FES uptake of MCF-7 xenograft tumors (a well-characterized ER $\alpha^+$ /PR<sup>+</sup> human breast cancer cell line) grown in severe combined immunodeficiency mice yielded a T:M ratio of 5.7 (29). These values are of similar magnitude to the T:M ratios of the primary STAT1<sup>-/-</sup> mammary tumors and the transplanted SSM2 and SSM3 tumors reported here (4.5, 4.3, and 9.0,

respectively). Therefore, the <sup>18</sup>F-FES uptake seen in our preclinical model system is in concordance with that of other published models.

A complication of using <sup>18</sup>F-FES to monitor ER expression during endocrine therapy is that compounds that directly bind ER (e.g., fulvestrant, tamoxifen, and raloxifene) interfere with binding of the radiopharmaceutical to the receptor (30). This was reported by McGuire et al., who observed a decrease in <sup>18</sup>F-FES uptake in all 16 patients with metastatic breast cancer after initiation of tamoxifen or toremifene therapy (31). Furthermore, agents that affect ER protein levels will also influence <sup>18</sup>F-FES binding. Thus, decreased <sup>18</sup>F-FES uptake of tumors treated with fulvestrant reflects both blockade of radiopharmaceutical binding to ER and decreased ER protein levels due to receptor degradation. In this study, <sup>18</sup>F-FES uptake was useful in identifying the ER<sup>+</sup> tumors but was not sufficient to predict response to endocrine therapy because <sup>18</sup>F-FES uptake decreased in both the fulvestrant-sensitive and the fulvestrant-resistant tumors. Similarly in human studies, posttreatment <sup>18</sup>F-FES uptake decreased in breast cancer patients with and without response to tamoxifen (12,32). However, a greater reduction in standardized uptake values 7–10 d after initiation of tamoxifen therapy was seen in responders than in nonresponders ( $55\% \pm 14\%$  decrease vs.  $19\% \pm 17\%$ , P = 0.0003) (12). Our data followed a similar trend (60%  $\pm 9\%$  decrease in <sup>18</sup>F-FES uptake for SSM3 tumors, compared with  $42\% \pm 10\%$  decrease for SSM2) but are not statistically significant (P = 0.2). Therefore, a reduction in <sup>18</sup>F-FES uptake alone cannot reliably distinguish nonresponders from responders.

Because *PGR* is a classic estrogen-regulated target gene, <sup>18</sup>F-FFNP PET allows for assessment of functional ERa signaling during endocrine therapy and avoids the problem of the therapeutic agent interfering with the imaging compound, as experienced with <sup>18</sup>F-FES. To the best of our knowledge, there are no published reports of <sup>18</sup>F-FFNP uptake by mammary tumors in rodents with which we can compare our results. <sup>18</sup>F-FFNP imaging of patients with newly diagnosed primary breast cancer before treatment showed a tumor-tonormal breast tissue ratio of  $2.6 \pm 0.9$  for PR<sup>+</sup> cancers (15), which is slightly lower than the <sup>18</sup>F-FFNP uptake of primary STAT1<sup>-/-</sup> tumors and implanted SSM2 and SSM3 cell lines. In our study, early changes in <sup>18</sup>F-FFNP uptake by ERa<sup>+</sup> tumors predicted response to fulvestrant treatment. It is notable, however, that a baseline "positive" <sup>18</sup>F-FFNP result alone was insufficient to distinguish nonresponders from responders. A similar observation for breast cancer patients was made by the Early Breast Cancer Trialists' Collaborative Group, which found that pretreatment PR status determined by ligand binding assay did not yield any additional predictive power for response to tamoxifen over ER $\alpha$  status alone (33). Similar to that study, Howell et al. showed no significant difference in survival or time to progression when analyzing PR status using only the pretreatment biopsy in patients with  $ER\alpha^+$  tumors. However, an increase in PR seen on repeated biopsy within a few weeks after initiating tamoxifen therapy did correlate with prolonged time to progression and improved survival (34). Thus, it appears that pretreatment measurement of ERa together with pretreatment and early posttreatment assessment of PR expression after the initiation of endocrine therapy yields the best predictive information.

# CONCLUSION

De novo and acquired resistance to endocrine therapy remains a major obstacle to optimal management. Thus, there is a need to identify which  $ER\alpha^+/PR^+$  tumors are most likely to respond to endocrine therapy so that ineffective therapies can be efficiently bypassed. This work suggests that measuring baseline  $ER\alpha$  levels by <sup>18</sup>F-FES PET and early changes in PR by <sup>18</sup>F-FFNP PET is a potentially useful strategy to identify responders and nonresponders to endocrine therapy. Further studies are planned to longitudinally monitor tumor progression to endocrine resistance and to investigate new therapies.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

### Acknowledgments

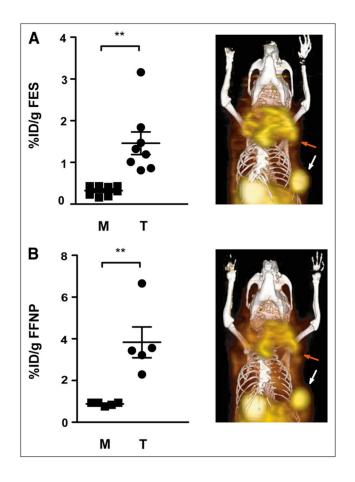
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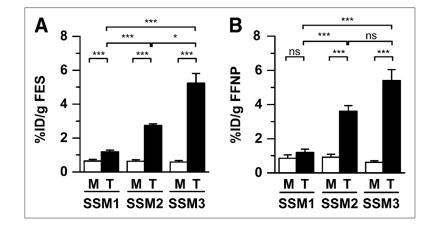
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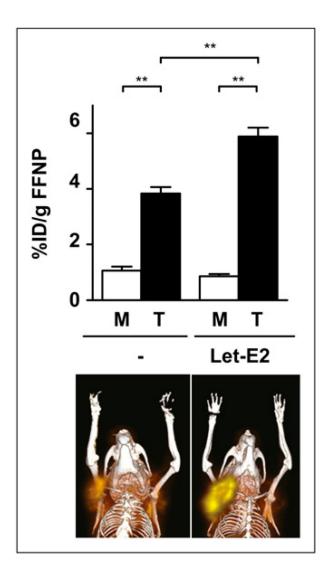
### FIGURE 1.

Aged female STAT1<sup>-/-</sup> mice with primary mammary tumors were imaged with smallanimal PET/CT using <sup>18</sup>F-FES (7 mice; 8 tumors) (A) and <sup>18</sup>F-FFNP (4 mice; 5 tumors) (B). Activity in tumor and muscle was measured and graphed. Coronal 3-dimensional fused small-animal PET/CT images are shown for mouse with large primary tumor in left upper thoracic fat pad (red arrow) and smaller tumor in left lower thoracic fat pad (white arrow). Intense physiologic activity is present in gallbladder and bowel, consistent with hepatobiliary clearance. \*\*P < 0.01.



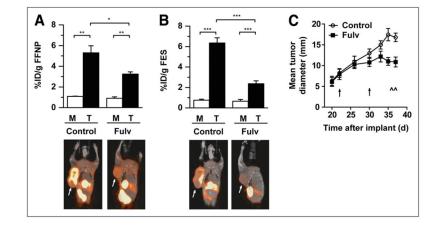
### FIGURE 2.

Female WT mice with SSM1 (n = 6), SSM2 (n = 4), or SSM3 (n = 6) tumors in right thoracic mammary fat pad were imaged using small-animal PET/CT with <sup>18</sup>F-FES (A) and <sup>18</sup>F-FFNP (B). Activity was measured in tumor and muscle. ns = not statistically significant. \*P < 0.05. \*\*\*P < 0.001.



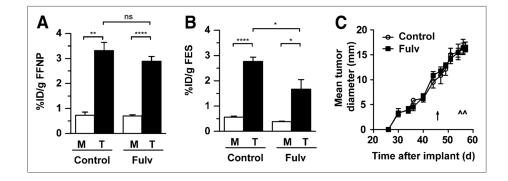
### FIGURE 3.

Female WT mice with SSM3 tumors in right thoracic mammary fat pad were treated with 50  $\mu$ g of intra-peritoneal letrozole daily for 2 d (n = 4) or were left untreated (n = 4). After baseline imaging, mice pretreated with letrozole were subsequently administered 20  $\mu$ g of subcutaneous estradiol. <sup>18</sup>F-FFNP small-animal PET of untreated mice (–) and mice treated with letrozole followed by estradiol (Let-E2) was performed 24 h later. Activity was measured in tumor and muscle. Coronal fused 3-dimensional PET/CT images and quantification are shown. \*\*P < 0.01.



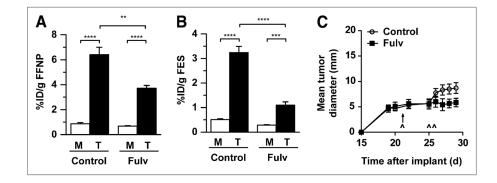
### FIGURE 4.

Female WT mice with SSM3 tumors in right thoracic mammary fat pad were treated with vehicle control (n = 5) or fulvestrant (Fulv; n = 5) on days 23 and 30 after implantation. (A and B) Small-animal PET/CT was performed using <sup>18</sup>F-FFNP (A) and <sup>18</sup>F-FES (B) on days 36 and 37 after implantation. Activity was measured in tumor (arrows) and muscle. (C) Tumor growth curve analysis (5 per group). Timing of treatments and imaging sessions is indicated by  $\uparrow$  and  $^{\text{}}$ , respectively. \*P < 0.05. \*\*P < 0.01. \*\*\*P < 0.001.



### FIGURE 5.

(A and B) Female WT mice with SSM2 tumors in right thoracic mammary fat pad were treated with vehicle control (n = 4) or fulvestrant (Fulv; n = 4) on day 47 after implantation and imaged with <sup>18</sup>F-FFNP (A) and <sup>18</sup>F-FES (B) on days 56 and 57 after implantation, respectively. Activity was measured in tumor and muscle. (C) Tumor growth curve analysis (4 per group). Timing of treatment and imaging sessions is indicated by  $\uparrow$  and  $^{\land}$ , respectively. ns = not statistically significant. \*P < 0.05. \*\*P < 0.01. \*\*\*\*P < 0.0001.



### FIGURE 6.

Female WT mice with implanted SSM3 tumors were imaged with <sup>18</sup>F-FES and <sup>18</sup>F-FFNP on postimplantation day 21 and were treated with vehicle control or fulvestrant (Fulv; 6 per group) after baseline <sup>18</sup>F-FFNP imaging. (A and B) Posttreatment <sup>18</sup>F-FFNP (A) and <sup>18</sup>F-FES (B) imaging was performed on days 25 and 26, respectively. Activity was measured in tumor and muscle. (C) Tumor growth curve analysis (6 per group). Timing of imaging sessions was as follows: postimplantation day 21 = pretreatment <sup>18</sup>F-FES and pretreatment <sup>18</sup>F-FFNP, day 25 = posttreatment <sup>18</sup>F-FFNP, and day 26 = posttreatment <sup>18</sup>F-FES. Timing of treatment and imaging sessions is indicated by  $\uparrow$  and  $\land$ , respectively. \*\**P* < 0.01. \*\*\**P* < 0.001.