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Morphogen gradients in Development: from form to function

Jan L. Christian

Dept. of Neurobiology and Anatomy and Internal Medicine, Division of Hematology and Hematological Malignancies, University of Utah, Salt Lake City, Utah, 84132

Jan L. Christian: jan.christian@neuro.utah.edu

Abstract

Morphogens are substances that establish a graded distribution and elicit distinct cellular responses in a dose dependent manner. They function to provide individual cells within a field with positional information, which is interpreted to give rise to spatial patterns. Morphogens can consist of intracellular factors that set up a concentration gradient by diffusion in the cytoplasm. More commonly, morphogens comprise secreted proteins that form an extracellular gradient across a field of cells. Experimental studies and computational analyses have provided support for a number of diverse strategies by which extracellular morphogen gradients are formed. These include free diffusion in the extracellular space, restricted diffusion aided by interactions with heparan sulfate proteoglycans, transport on lipid-containing carriers or transport aided by soluble binding partners. More specialized modes of transport have also been postulated such as transcytosis, in which repeated rounds of secretion, endocytosis and intracellular trafficking move morphogens through cells rather than around them, or cytonemes, which consist of filopodial extensions from signal receiving cells that are hypothesized to reach out to morphogen sending cells. Once the gradient has formed, cells must distinguish small differences in morphogen concentration and store this information even after the gradient has dissipated. This is often achieved by translating ligand concentration into a proportional increase in numbers of activated cell surface receptors that are internalized and continue to signal from endosomal compartments. Ultimately, this leads to activation of one or a few transcription factors that transduce this information into qualitatively distinct gene responses inside the nucleus.

Introduction

Pattern formation is the process by which a specialized cell, the fertilized egg, divides to give rise to seemingly identical cells. Over time and space, these cells take on distinct fates and eventually become organized into functional organ systems. Within a single organ, such as the heart, multiple classes of differentiated cells must synchronize their duties to ensure that the organ as a whole is functional. In addition, intricate coordination of all organ systems is required to generate a functional, mature animal. The complexity of this process is enormous, even at the level of the simplest invertebrate models and seems overwhelming in the case of higher vertebrates. While much remains to be understood about how an egg gives rise to the adult, one of the unifying principles of development is the idea that embryogenesis proceeds via the iterative process of generating naïve fields of cells, and then providing cells within each field with unique positional information, which they then interpret to give rise to spatial patterns. Through this process, the embryo is sequentially subdivided, initially along the major body axes, and then into smaller, and more refined units such as organ primordia that are further partitioned and patterned.

A fundamental problem in embryonic patterning is how naïve fields of cells are provided with positional information. Over 50 years ago, an elegant solution to this problem was hypothesized in the form of a morphogen gradient^{$1-3$}. Morphogens are substances that form concentration gradients across fields of cells or nuclei and elicit distinct cellular responses in a dose dependent manner. Morphogens can consist of cytoplasmic proteins, such as transcription factors that form a gradient by diffusion within a single cell or syncytium, or secreted signaling molecules that travel from cell to cell. In most cases, morphogens guide the generation of different cell types in a specific spatial order, usually by inducing unique transcriptional responses in a dose dependent manner. More recent studies have shown that morphogen gradients can also provide positional information to organize cell polarity rather than specify cell fate within a field⁴. In this case the direct readout is independent of transcription. Morphogens also function to coordinate organ growth and patterning⁵.

The existence of morphogen gradients, and the identity of many morphogens are now well established. Although each gradient is distinguished by unique features, common strategies used to generate morphogen gradients can be identified. This article draws on selected classic examples from the literature to illustrate the major mechanisms by which morphogen gradients are hypothesized to be formed and fine-tuned, and how cells read their position within the gradient. It concludes with a brief description of the next level of systems organization, how gradients are interpreted.

ESTABLISHMENT OF INTRACELLULAR MORPHOGEN GRADIENTS

The first identified morphogen, and perhaps the best studied, is the transcription factor Bicoid⁶ . Bicoid forms a gradient across the anterior-posterior axis of the early *Drosophila* embryo that patterns the head and thorax^{7, 8}. The Bicoid gradient forms in an embryonic syncytium consisting of a common cytoplasm supporting many nuclei⁹. This is a relatively unique developmental context, and one in which the problem of morphogen distribution is simplified since a gradient can be established by simple diffusion from the source. Despite this seeming simplicity, the exact mechanism by which the Bicoid gradient forms remains controversial.

The Bicoid protein gradient originates with *bicoid* messenger RNA, which is deposited at the anterior pole of the fertilized egg¹⁰ (Figure 1, green shading). Following fertilization, the embryo undergoes 13 synchronous rounds of nuclear division that are not accompanied by cellular division. During the initial nuclear divisions, the egg is a homogeneous mixture of yolk granules and cytoplasm with nuclei distributed throughout the core (Fig. 1A,B,D,E), but during later cycles the nuclei move to the surface of the embryo (Fig. 1C,F). At approximately 3 hours of development, the embryo consists of ~6000 nuclei located in a cortical shell, surrounding the yolk in the center of the egg. A gradient of immunoreactive Bicoid protein can be detected within nuclei even prior to this time, with concentration decreasing as a function of distance from the anterior pole⁸ (Fig. 1B,C, orange shading). The primary mechanism by which Bicoid specifies cell fate in the early embryo is by activating or repressing transcription of its target genes, with different genes being transcribed at different locations in the embryo based on the concentration of bicoid protein present in the nuclei at that position^{7, 8, 11–14}.

The dynamics of Bicoid gradient formation have been analyzed using live imaging of green fluorescent protein (GFP) tagged forms of Bicoid^{15–17} and four models have been proposed to explain how the gradient forms¹⁸, with two of these predominating¹⁹. The most straightforward way in which this gradient might form is by localized translation of *bicoid* RNA at the anterior pole and simple diffusion of the protein away from the source, accompanied by a constant rate of degradation^{8, 20} (Fig. 1A–C). This model is widely accepted, although calculations based on experimental measurements suggest that the rate of diffusion of Bicoid protein is too slow to account for the observed dynamics of gradient formation¹⁷. Alternatively, it has been proposed that the Bicoid protein gradient is preconfigured by a *bicoid* RNA gradient²¹ (Fig. 1D–F). This model is attractive, since local translation of a graded RNA makes the issue of protein diffusion rates irrelevant for gradient

formation. It is also consistent with the observation that *bicoid* RNA is released from the anterior pole following fertilization²², and that its distribution matches that of Bicoid protein at the time that a stable protein gradient can first be detected²¹. Careful analysis of the dynamics of *bicoid* mRNA gradient formation, however, suggests that the spatial distribution of *bicoid* RNA contributes to, but cannot fully account for the protein gradient, and that movement of both RNA and protein is essential²³.

Bicoid provides an elegant, simple example of how morphogens can pattern embryos by bringing two predominant factors into play. First, the gradient forms in a unique developmental context where cell walls do not provide a barrier to free movement. Second, the morphogen itself directly induces changes in gene expression that specify distinct cell fates rather than relying on signals relayed from downstream receptors and cytoplasmic components to effect changes in gene expression. While this direct route to gradient formation is less common in vertebrates, there are a few examples of analogous mechanisms operating in early embryos. In *Xenopus,* for example, RNA encoding the transcription factor VegT is anchored to the vegetal cortex in the oocyte (Fig. 2A, green shading) but is released and becomes distributed throughout the vegetal half of the early cleavage stage embryo^{19, 24–26} (Fig. 2B). The RNA is then translated to generate a graded distribution of nuclear VegT protein that is restricted to prospective endodermal cells²⁷ (Fig. 2B, C orange shading). During the late blastula stage, VegT activates transcription of a number of target genes including those encoding secreted morphogens of the transforming growth factor-β (TGF-β) family, such as nodal^{28, 29} (Fig. 2C, small white circles). Thus, in this example an initial transcription factor gradient is formed prior to cellularization, and the downstream targets of this transcription factor are extracellular proteins that further propagate the signal in the multicellular embryo 30 . This morphogen cascade is responsible for dose dependent induction of endodermal and mesodermal fates along the animal-vegetal $axis³¹$. Specifically, cells closest to the vegetal pole are exposed to a high concentration of nodal and adopt an endodermal fate, while those near the equator sense a lower dose of nodal and become mesoderm (Fig. 2C). Another example of a gradient that initially forms independent of protein movement between cells, is the fibroblast growth factor 8 (FGF8) gradient that forms in the presomitic mesoderm of early chick and mouse embryos³². In this case, an RNA gradient is established by restricted transcription of the *fgf8* gene in the most immature cells at the posterior tip of the tail. As cells move away from the posterior pole and begin to mature, the *fgf8* gene is no longer transcribed and existing transcripts slowly decay, setting up a posterior- to anterior- gradient of *fgf8* mRNA, which is then translated to generate a corresponding protein gradient. This situation is similar to the *bicoid* mRNA gradient in *Drosophila*, but is also different in that the *fgf8* gradient forms across a field of cells rather than within the confines of a single cell. Furthermore, the RNA is translated to make a secreted protein rather than a transcription factor, and this forms a secondary gradient that can move outside of cells.

ESTABLISHMENT OF EXTRACELLULAR MORPHOGEN GRADIENTS

Intracellular morphogen gradients formed by diffusion and/or localized translation in the cytoplasm are the exception rather than the rule. A more common mechanism of gradient formation in development is the locally restricted transcription of a gene encoding a secreted protein, followed by movement of the signaling molecule across or through a field of cells. Many different secreted proteins, including members of the Wnt [Wingless (Wg) in *Drosophila*], Hedgehog (Hh), FGF and TGF-β families, have been shown to function as morphogens. In each case, a stable gradient of extracellular protein is organized across a field of cells. The amount of ligand present at each position determines the level of activation of the associated cell surface receptor and downstream intracellular signal

transduction cascade, and this in turn triggers dose dependent activation or repression of distinct target genes.

At first glance, formation of an extracellular gradient seems to be a simple matter of free diffusion of the morphogen away from its source followed by degradation, either outside of receiving cells or following receptor activation and internalization. In reality, the problem is considerably more complex. High affinity interaction of ligands with their cognate receptors restricts free diffusion and strongly influences the shape of morphogen gradients. In addition to physically restricting movement, receptors play important roles in either stabilizing ligands on the cell surface³³ or targeting them for endocytosis and lysosomal degradation³⁴. Secreted ligands interact not only with signal transducing receptors, but also with numerous proteins present on the cell surface or in the extracellular matrix and these binding partners can hinder and/or enhance extracellular movement. It is difficult to isolate and assess the role of these binding proteins in ligand transport because they often have more direct functions in promoting or inhibiting intracellular signal transduction, which clouds interpretation of the effect of their removal on gradient formation. An additional complication arises in that some ligands are post-translationally modified by the covalent addition of lipids and thus remain tightly associated with the plasma membrane, a process that is seemingly incompatible with long-range extracellular movement. Because the various extracellular signaling molecules that work as morphogens have very different biophysical and biochemical properties there is no single mechanism that can fully explain gradient formation in all cases. It is likely, in fact, that different mechanisms are used by the same morphogen in different cellular contexts. Experimental evidence coupled with theoretical predictions supports three major mechanisms by which extracellular morphogen gradients can form and these are presented below.

Movement in the extracellular space—The best-studied mechanism by which secreted proteins establish a long-range extracellular gradient is by movement through the extracellular space. Direct evidence for this model was initially hard to obtain due to the difficulty of detecting small amounts of soluble proteins in the extracellular space against a background of intracellular protein that is either in transit to the cell surface during its biosynthesis, or that has been re-internalized following secretion. In recent years, technical improvements in antibody staining and the ability to visualize the real time movement of fluorescently tagged proteins in unfixed tissues have confirmed the role of extracellular movement in establishing morphogen gradients. In a few cases, morphogens appear to move by passive diffusion through the extracellular space. The TGF- β family members activin, nodal and TGF-β1, for example, appear to move relatively freely from their source to establish an extracellular gradient in *Xenopus*^{35, 36} tissue recombination experiments^{35, 36} (Fig. 3A). More often, however, morphogen movement is regulated by local interactions with other molecules in a process termed restricted or facilitated diffusion. Evidence supporting the role of heparan sulfate proteoglycans (HSPGs), lipid containing particles and soluble extracellular binding proteins in promoting diffusion of secreted proteins is discussed below. It should be kept in mind that different morphogens employ different binding partners, that a single morphogen may utilize more than one of these binding partners in different contexts or even in the same transport process, and that binding partners may function in processes other than ligand transport.

Transport facilitated by interactions with HSPGs: Genetic and cell biological studies have shown that heparan sulfate proteoglycans (HSPGs) play an essential role in extracellular movement of many developmental signals including Hh, Wnt/Wg, FGF and bone morphogenetic proteins [Bmps or Decapentaplegic (Dpp) in flies] 3^7 . Assessment of the specific role of HSPGs in ligand transport is complicated by the fact that these proteins may also be required for signal transduction, and can affect morphogen stability, endocytosis and

intracellular trafficking. This section provides a brief overview of what is known about the role of HSPGS in promoting restricted diffusion. A more comprehensive review of this topic can be found in a recent article by Yan and Lin³⁸.

HSPGs consist of a protein core to which heparan sulfate (HS) and and other glycosaminoglycan (GAG) chains are attached (Fig. 3B). Three major classes of HSPGs have been described-glypicans, syndecans and perlecans. Glypicans are tethered to the cell membrane by a glycophosphatidylinositol (GPI) anchor while syndecans are single-pass transmembrane domain proteins and perlecans are secreted proteins that are deposited into the extracellular matrix. Among these, glypicans play a major role in regulating gradient formation. This function has been best studied in the *Drosophila* wing disc, where it is possible to directly image the movement of morphogens across a simple field of epithelial cells. The *Drosophila* glypicans Division abnormally delayed (Dally) and Dally-like (Dlp) are believed to be essential for movement of Hh, Wg and Dpp in the wing disc, as evidenced by the fact that these morphogens are unable to move across the surface of clones of cells mutant for *dally* and/or *dlp*^{39–41}. HS modifications are clearly important for this function since mutations in GAG biosynthetic enzymes, or mutations in ligands that abolish their ability to bind to GAG chains lead to defective morphogen signaling and gradient formation in both vertebrates and invertebrates^{38, 42}. While a role for HSPGs in promoting morphogen movement has been well documented in the context of the *Drosophila* wing disc, and in some cases in vertebrates 42 the mechanism by which they do so is less well understood. One possibility is that the morphogen is simply moving down its concentration gradient by being passively displaced from GAG chains on cells near the source and then binding to GAG chains on more distal cells (Figure 3B). Alternatively, it is conceivable that the GPI linkage on glypicans might allow for jumping of HSPG-bound ligand from cell to cell since GPIlinked proteins can be released from the cell surface by the action of phospholipases, or can be transferred intact between the plasma membrane of adjacent cells⁴³. Other classes of membrane anchored HSPGs may function non-cell autonomously to transfer ligands to receiving cells in a similar fashion. In early mouse embryos, for example, cell surfacetethered HS chains are essential for local reception of FGF signals and can also transmit FGF signals to nearby cells in a fashion that is dependent on serine protease activity⁴⁴. Finally, HSPGs may function more generally to promote the stability of morphogens, affording them more time to diffuse away from producing cells prior to being degraded. Consistent with this last possibility, HSPGs stabilize Wnts in the extracellular space by preventing aggregation45 and Dally has been suggested to compete with and protect Dpp from receptor mediated endocytosis and degradation⁴⁶. Accessory proteins that enhance ligand stability and diffusion by modulating their interactions with HSPGs have also been identified. The secreted protein shifted, for example, binds to and promotes the stability and signalling range of Hh in the *Drosophila* wing disc, perhaps by strengthening its interactions with $HSPGs^{47, 48}$. Another secreted protein, Pentagon, interacts directly with Dally and this leads to enhanced stability and spread of Dpp protein away from its source⁴⁹. The situation may be more complex in some cases, however, since binding to HSPGs has also been shown to accelerate degradation and to restrict movement of ligands. For example, the mammalian ortholog of Dlp, Glypican-3 (GPC3), competes with the Sonic hedgehog (Shh) receptor, patched, for ligand binding and targets Shh for endocytosis and degradation⁵⁰. Similarly, interactions with HSPGs enhance internalization and degradation of vertebrate $Bmps⁵¹$ whereas deletion of the HSPG binding motif in Bmp4 generates a ligand with an expanded range of action in both frogs and mice^{52, 53}. Enzymatic digestion of HS chains leads to a similar expansion of the range of FGF movement in zebrafish embryos⁵⁴. Further studies will be required to determine whether these seemingly opposite effects of HSPGs in either promoting or inhibiting long range movement of morphogens reflect tissue- or speciesspecific functions or whether they can be accounted for by differences in experimental design.

Facilitated transport of lipid-linked morphogens: Lipid containing vehicles are likely to participate in transporting a subset of morphogens, such as Hh and Wnts, that are posttranslationally modified by addition the addition of palmitic acid and/or cholesterol^{55, 56}. These modifications have been shown to be essential for morphogen movement and for signaling and yet they present a problem in that these lipid-modified proteins must acquire a soluble form in order to travel by diffusion. One mechanism by which they have been proposed to become water-soluble is by assembling into multimeric aggregrates with the hydrophobic lipid moiety positioned on the inside and hydrophilic residues on the outside^{57–59} (Fig. 4A). Another proposed solution to the problem of insolubility is to package lipid-linked proteins inside of vesicles so that they are surrounded by a membrane bilayer. These export vesicles, called exosomes, could be formed when vesicles carrying newly synthesized lipid-linked proteins from the golgi become incoporated into multivesicular bodies (MVBs). The cargo-carrying vesicles would then be released during exocytosis, when MVBs fuse with the plasma membrane. In the *Drosophila* wing disc, Wg is detected inside of vesicles that were originally proposed to be specialized exosomes named argosomes 60 . This model has been updated as more recent studies have shown that these vesicular structures are instead lipoprotein complexes that may function to transport both Wg and Hh (Fig. 4B)⁶¹. Lipoproteins are large macromolecules consisting of a central core of hydrophobic lipids surrounded by an outer layer of phospholipids, cholesterol and held together by specialized proteins called apolipoproteins. Lipoprotein particles are best known for their role in transporting cholesterol and other lipids from their site of synthesis in the liver, intestine or fat body to different target sites in the body via the blood stream. Once they reach the target tissue, the lipid cargo is delivered via lipoprotein-receptor uptake and is used in membrane formation, steroid hormone biosynthesis, or post-translational modification of lipidated proteins. In *Drosophila*, Wnt and Hh proteins have been shown to co-fractionate with lipoprotein particles in the wing disc and reductions in lipoprotein levels causes a loss of long-range but not short-range signaling, suggesting lipoproteins are required for carrying these morphogens outside of cells^{61, 62}. Definitive evidence that lipoproteins function as intercellular carriers of lipidated morphogens in vertebrate organisms is limited, although proteomic analysis has shown that Indian hedgehog cofractionates with very low density lipoprotein in human plasma⁶³. Furthermore, in early mouse embryos Shh has been detected outside of cells in lipid containing particles that resemble lipoproteins⁶⁴. Interestingly, in *Drosophila* wing discs Hh containing lipoprotein particles are recruited to the membrane by binding to HS moieties on Dally and these Hh containing particles remain bound to Dally even after it is shed from the cell surface by cleavage of its GPI anchor. These findings suggested the possibility that HSPGs and lipoproteins might function in concert to transport morphogens outside of cells. This does not appear to be the case, however since the interaction of lipoproteins with Dally does not appear to impact Dally function in facilitating the spread of Hh across the wing disc, although it does enhance Hh signaling⁶⁵.

Transport facilitated by soluble binding partners: Many morphogens associate with secreted binding partners that enhance or, more commonly, inhibit their activity and in select cases these proteins have been proposed to serve a dual function as transport vehicles. *Dpp*, for example, is expressed in dorsal and lateral regions of early *Drosophila* embryos while the gene encoding the Dpp binding protein *Short gastrulation* (*Sog)*, is expressed in adjacent ventrolateral cells (Fig. 5). Sog plays both positive and negative roles in regulating Dpp activity. First, it binds to Dpp and blocks its interaction with receptors and prevents the signal from spreading toward ventral cells. At the same time, it facilitates Dpp movement toward dorsal cells. Dpp is released from the inactive complex through the action of the protease tolloid (Fig. 5, yellow lightning bolt), which cleaves Sog^{66} . As a result of these interactions, peak levels of Dpp ligand are concentrated in a narrow dorsal domain. A

refined version of this model that includes a third binding protein and preferential transport of heterodimeric ligands, has also been proposed 67 . These BMP binding partners are conserved in vertebrates and may fulfill a similar transport function in some contexts.

The primary role of Sog, and its vertebrate ortholog Chordin, is to inhibit the ability of Dpp/ Bmp to bind and activate its receptor⁶⁸. In many tissues, negative feedback loops function to establish mutually exclusive domains of *bmp/dpp* and *chordin/sog* transcription on opposite sides of a field of cells (Fig. 5B). This serves to generate overlapping gradients of the ligand and its inhibitor in the extracellular space, which serves to fine-tune the Bmp/Dpp activity gradient 69 . In certain cases, as described above, the inhibitor also sharpens the gradient by facilitating ligand transport. Chordin and Sog also bind to cell surface HSPGs and this potentiates their ability to antagonize Bmp/Dpp signaling⁶⁶. It is not known whether or how interactions of Chordin/Sog with HSPGs affect morphogen movement on the cell surface.

Trancytosis—Another mechanism by which morphogens might establish an extracellular gradient is through consecutive rounds of endocytosis into receiving cells, followed by intracellular trafficking and exocytosis (Fig. 6). This mechanism, termed transcytosis, has the obvious advantage of circumventing problems associated with extracellular movement of "sticky" proteins, such as the lipid-modified morphogens described previously. Initial support for this model came from the observation that ligands can be readily detected inside of signal receiving cells located far from the source^{70, 71}. In some cases, more ligand is seen inside of signal receiving cells than is found in the extracellular space. These findings are difficult to interpret, however, since receptor mediated endocytosis of bound ligands is also known to be required to traffic ligands to the lysosome for degradation and this plays an important role in shaping the gradient. In addition, there is growing awareness that although ligand-bound receptors are initially activated at the plasma membrane, the ligand-receptor complex often must be internalized in order to fully activate cytoplasmic components of the transduction cascade and propagate the signal to the nucleus, as discussed later (see Fig. 8). Thus, one cannot readily determine whether ligand that is detected inside of signal receiving cells far from the source got there as a part of the signal transduction or termination process, or whether it was transported inside of cells as a prelude to intracellular trafficking and exocytosis. Recent studies have shown that Dpp ligand can move across clones of cells lacking the Dpp receptor, suggesting that receptor-meditated transcytosis is not required to transport Dpp across the Wing disc⁷². These findings do not, however, rule out a role for transcytosis that occurs independent of signalling receptors in gradient formation. The finding that Wg protein can be detected inside cells distal from the source, even in the absence of know signaling receptors, lends support to the concept of transcytosis as a means of gradient formation. Additional support has come from studies in *Drosophila* wing discs showing that blockade of endocytosis within clones of cells prevents morphogen transport across the clone and thus precludes gradient formation⁷¹. The interpretation of this experimental result has been called into question by theoretical predictions showing that blocking endocytosis would lead to an increase in the number of receptors present on the cell surface, and that high affinity interactions with these receptors might trap morphogens and indirectly prevent their transport⁷³. More recent kinetic analysis, however, in which the technique of fluorescence recovery after photobleaching was used to visualize the spread of ligand into cells deficient for endocytosis supports transcytosis as a mechanism to generate a robust and stable gradient, at least in the context of the *Drosophila* wing disc⁷⁴. Attempts to detect transcytosis in vertebrate embryos have not been successful to date^{36, 75}. Additional experimental evidence will be required to validate this intriguing possibility.

Cytonemes—A more specialized way in which morphogen gradients may form is through the involvement of structures termed cytonemes. Cytonemes are thin actin-based filopodial bridges that extend across multiple cells to bring membranes from non-adjacent cells into

close apposition. Cytonemes were first identified and have been best studied in the *Drosophila* wing disc where they were hypothesized to be responsible for distributing morphogens⁷⁶. Specifically, it was hypothesized that morphogens are released from signal sending cells at the site of cytoneme contact and then bind to receptors located on the filapodial membrane to active a second messenger that travels the length of the cytoneme to reach the body of distally located target cells (Fig. 7A). The strength of the signal decays as a function of the distance traveled, generating a gradient of activity in the bodies of target cells. Alternatively, it has been proposed that the ligand-bound receptor might be trafficked back to the cell body to directly activate its signaling cascade in the target cell (Fig. 7B). Consistent with this idea, morphogen receptors have been detected in puncta trafficking along the length of cytonemes where they might conceivably be traveling to the tip to be activated by ligand on signal sending cells, or they might be ferrying the bound ligand back to the target cell⁷⁷. Similar actin-based filopodia have been detected traversing the blastocoele of early mammalian embryos where they provide a physical connection between cells of the inner cell mass and the trophectoderm⁷⁸. Morphogen receptors have been immunolocalized to these cell extensions consistent with the possibility that they function to transport or receive signals from ligands released by distal cells as has been proposed in *Drosophila*⁷⁸. Cytonemes have the intriguing property of orienting and growing toward morphogen producing cells, suggesting that the morphogen might be functioning as a type of chemoattractant76. Recent work in *Drosophila* has shown that cells can make distinct subtypes of cytonemes that respond to a specific ligand by segregating the receptor for that particular ligand on the surface of the cytoneme as it grows toward the source⁷⁹. This raises the interesting possibility that individual cells within a field might simultaneously respond to multiple morphogens by sending out distinct filapodial sensors in several directions. The existence of cytonemes has been documented in a number of organisms, but how or whether they function to sense or distribute morphogens is less clear.

INTERPRETING MORPHOGEN GRADIENTS

Establishing an extracellular ligand gradient is only the first step in assigning positional information to cells within a field. Once the gradient has formed, cells must distinguish small changes in extracellular morphogen concentration, store this information even after the gradient has dissipated, and ultimately transduce this information into qualitatively distinct gene responses inside the nucleus. How this happens is not completely understood but general principals are described below.

In many cases, morphogen concentration outside of cells is directly proportional to differences in the activity of one or a few downstream transcription factors that then regulate distinct target genes in a dose dependent manner. Analysis of how an activin morphogen gradient is interpreted in *Xenopus* embryos provides a straightforward example of how this might happen $80, 81$. Canonical activin signals are transduced via a linear membrane to nucleus pathway. Specifically, the ligand binds to and activates a receptor complex that then directly phosphorylates the transcription factor, Smad2, inducing it to form a complex with Smad4. This complex then translocates to the nucleus and activates gene transcription. Individual cells have been shown to perceive activin concentration by assessing the absolute number of occupied receptors on the cell surface. The number of activated receptors determines the relative rate at which Smad2 is phosphorylated, which in turn establishes the Smad2 concentration in the nucleus of a given cell. Thus, in this case activin concentration appears to be translated into a proportional increase in the level of a single activated transcription factor. Notably, many ligand-receptor combinations can activate multiple intracellular signal transduction cascades. In this case, ligand dose could theoretically determine which branch of the cascade is activated to provide qualitative differences in

nuclear response, rather than dictating levels of a single activated transcription factor. In general this seems to be the exception rather than the rule.

Extracellular gradients dissipate over time and yet cells cells continue to sense morphogen concentration and remember their position in a gradient even after the ligand is no longer present outside of cells^{81, 82}. The ability of cells to memorize morphogen concentration can be partially accounted for by the fact that most ligand-bound receptors are internalized into the cell and continue to signal from endosomal compartments even after the ligand is removed from the extracellular space⁸³ (Fig. 8A). The duration of this intracellular signaling event can vary and is determined by the rate at which the receptor complex is transported from endosomes (where it can signal) to lysosomes (where it is degraded and can no longer signal). Receptors are marked for lysosomal trafficking by the covalent attachment of ubiquitin residues to their cytoplasmic tails in a reaction catalyzed by an enzyme complex that includes a substrate specific ubiquitin ligase. The relative activity of the ubiquitin ligase determines how long an activated receptor continues to signal inside of the cell and thus significantly impacts the final cellular output in response to a given concentration of ligand^{83, 84}. Various signaling pathways can modify the activity of these enzymes, suggesting a potential mechanism by which different cells could respond differently to the same morphogen concentration due to cross talk between distinct signal transduction cascades85. Specifically, if the ubiquitin ligase that targets a given receptor is upregulated, this would shorten the window during which that receptor could activate downstream second messengers and thereby dampen the nuclear response (Fig. 8B). Whether this mechanism is used to fine tune gradients in vivo, and if so, how widely applicable it is remains speculative.

Morphogen concentration generally dictates the level of activity of a downstream transcriptional effector, but this still leaves open the question of how genes respond to different concentrations of a given transcription factor. There is not one answer to this complicated question. Multiple mechanisms are used to convert transcription factor dosage into distinct gene responses downstream of a given morphogen as described in a comprehensive review by Ashe and Briscoe⁸⁶. One simple strategy that is employed to elicit distinct gene responses to the same transcription factor exploits differences in the binding affinity of DNA sequences within promoter elements of target genes. In principle, low affinity binding sites will be occupied only in cells where high concentrations of morphogen generate high levels of activation transcription factor whereas high affinity binding sites will be occupied throughout the gradient. A second general strategy is to integrate positive and negative inputs provided by morphogen-triggered transcription factor activation with those from other tissue-specific transcription factors expressed in only a subset of cells. A third strategy relies on secondary interactions between the protein products of the first wave of transcriptional targets. Together, these types of strategies can generate intricate positive and negative feedback circuits and/or secondary overlapping gradients of transcriptional activators and repressors that act on the same set of target genes.

Conclusion

Over the past fifty years, morphogen gradients have evolved from theory to reality. Visualization of the nuclear bicoid gradient provided the first in vivo evidence that morphogens can function as spatial regulators of development⁸. Most putative morphogens, however, are secreted proteins rather than nuclear factors. In the past decade, elegant studies in *Drosophila* have directly visualized gradient formation by ectopically expressed, tagged proteins and in some cases by endogenous proteins. By contrast, efforts to directly visualize extracellular gradients of endogenous morphogens in vertebrate species have been less successful and much of our knowledge of gradient formation in vertebrates relies instead on

indirect readouts. The identification of specific target genes that are activated downstream of specific ligands, for example, has made it possible to visualize putative gradients of secreted proteins indirectly by looking at the end point of the signaling cascade. More recent discoveries of second messengers that are activated by different ligands, and the development of reagents to detect phosphorylated, active forms of these messengers have taken us a step closer to the ligand, allowing for detection of activity gradients across a field of cells. Experimental studies together with more recent computational analyses have provided support for a diverse number of different strategies by which morphogen gradients are formed, but these are based largely on the results of analyses performed in *Drosophila*. A challenge for the future will be to use advanced imaging techniques and the growing arsenal of genetic tools to not only test these models more rigorously in *Drosophila*, but to determine how broadly applicable they are across the animal kingdom.

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Figure 1. Illustration of the Bicoid gradient in the early syncitial *Drosophila* **embryo** (A–F) Following fertilization of the *Drosophila* egg, nuclei divide in the absence of cell division and remain positioned near the center of the embryo for the first 8 cell cycles (A–B, D–E) but then migrate to the periphery (C,F). *bicoid* RNA (green shading) is deposited at the anterior pole of the egg (A,D) and a nuclear Bicoid protein gradient (orange shading) forms either by translation of the localized RNA followed by protein diffusion away from the anterior pole (AC) or by diffusion of RNA away from the anterior pole followed by local

translation of the graded RNA (D–F). Anterior is to the left in all panels.

Figure 2. The VegT-nodal morphogen gradient in the early *Xenopus* **embryo**

(A–C) *vegT* RNA (green) is anchored to the cortical cytoskeleton at the vegetal pole of the oocyte (A) but is released upon oocyte maturation and diffuses toward the animal pole during early cleavage stages (B). Local translation of *vegT* RNA generates a gradient of VegT protein (orange) that is restricted to nuclei of prospective endodermal cells located near the vegetal pole (B,C). VegT activates transcription of target genes such as *nodal* and other TGF-β family members, which encode secreted morphogens (C, small circles). Nodal is proposed to specify endodermal (endo) and mesodermal (meso) fate at high and moderate doses, respectively. Cells that are not exposed to nodal adopt an ectodermal (ecto) fate.

Figure 3. Extracellular movement of morphogens assisted by interactions with HSPGs Illustration of morphogen movement through the extracellular space by free diffusion (A) or facilitated by interactions with HSPGs (B). Illustration is schematic and not meant to imply that morphogen movement is restricted to one side of the cell.

Figure 4. Proposed modes of extracellular transport of lipid-linked morphogens

Lipid-linked morphogens may form micellar-like aggregates in which lipids are positioned on the inside and are surrounded by hydrophobic residues (A) or they may be transported on lipoprotein complexes (B). Illustration is schematic and not meant to imply that morphogen movement is restricted to one side of the cell.

Figure 5. Extracellular transport of Dpp facilitated by Sog

Sog competes with receptors for binding to Dpp and restricts its ability to signal to ventral cells while facillitating its diffusion toward the dorsal side of the embryo. Tollid cleaves Sog, releasing Dpp and enabling it to bind and activate receptors. Illustration is schematic and not meant to imply that morphogen movement is restricted to one side of the cell.

Figure 6. Model for morphogen transport by transcytosis

Schematic illustration of a model in which morphogens are actively moved between cells by repeated rounds of secretion, endocytosis and intracellular transport in vesicles.

Figure 7. Model for cytoneme function in morphogen gradient formation

Morphogen receiving cells extend long actin-based filopodia toward morphogen secreting cells. Receptors are proposed to bind the morphogen at points of contact and to either activate second messengers that then traffic back to the body of the target cell (A) or to directly traffic the bound morphogen to receiving cells (B). Illustration is schematic and not meant to imply that morphogen movement is restricted to one side of the cell.

Figure 8. Lysosomal trafficking of activated receptors can shape the morphogen activity gradient

(A) Following ligand binding, receptor-ligand complexes are internalized and continue to activate second messengers from endosomal compartments. Receptors can be trafficked back to the membrane, or they can be trafficked to the lysosome (red arrow) where they are degraded. (B) Cellular influences that accelerate receptor ubiquitinylation lead to a corresponding increase in the rate of lysosomal trafficking (red arrow) and degradation. This shortens the duration of intracellular signaling, and hence the strength of the nuclear response to an identical extracellular morphogen gradient. Illustration is schematic and not meant to imply that morphogen movement is restricted to one side of the cell.