

Keywords: E₂; oestrogen receptor; 4-hydroxy tamoxifen; RT–PCR; TNF; endoplasmic reticulum stress; paclitaxel; chemotherapy

Delayed triggering of oestrogen induced apoptosis that contrasts with rapid paclitaxel-induced breast cancer cell death

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Background: Oestrogen (E₂) induces apoptosis in long-term E₂-deprived MCF7 cells (MCF7:5C). Taxanes have been used extensively in the treatment of early and advanced breast cancer. We have interrogated the sequence of events that involve the apoptotic signalling pathway induced by E₂ in comparison with paclitaxel.

Methods: DNA quantification and cell cycle analysis were used to assess proliferation of cancer cells. Apoptosis was evaluated using annexin V and DNA staining methods. Regulation of apoptotic genes was determined by performing PCR-based arrays and RT–PCR.

Results: E₂-induced apoptosis is a delayed process, whereas paclitaxel immediately inhibits the growth and induces death of MCF7:5C cells. The cellular commitment for E₂-triggered apoptosis occur after 24 h. Activation of the intrinsic pathway was observed by 36 h of E₂ treatment with subsequent induction of the extrinsic apoptotic pathway by 48 h. Paclitaxel exclusively activated extramitochondrial apoptotic genes and caused rapid G2/M blockade by 12 h of treatment. By contrast, E₂ causes an initial proliferation with elevated S phase of cell cycles followed by apoptosis of the MCF7:5C cells. Most importantly, we are the first to document that E₂-induced apoptosis can be reversed after 24 h treatment.

Conclusions: These data indicate that E₂-induced apoptosis involves a novel, multidynamic process that is distinctly different from that of a classic cytotoxic chemotherapeutic drug used in breast cancer.

Endocrine therapy remains the standard of care in the treatment of oestrogen receptor (ER)-positive breast cancer (Jordan, 2009). Tamoxifen inhibits estradiol (E₂)-induced tumour growth; but continuous tamoxifen treatment of nude mice with transplantable ER-positive tumours results in tumour growth with either E₂ or tamoxifen (Osborne *et al*, 1987; Gottardis and Jordan, 1988). After 5 years of re-transplantation and tamoxifen treatment, these serially transplanted tamoxifen-stimulated tumours grow in response to tamoxifen, but paradoxically rapidly regress with physiological E₂ treatment (Yao *et al*, 2000). Development of acquired resistance to long-term (5 years) antihormonal therapy in breast cancer causes a reconfiguration of the tumour cells that now makes them vulnerable to physiological E₂-induced apoptosis.

MCF7 breast cancer cells that are resistant to long-term oestrogen withdrawal undergo apoptosis in response to E₂ (Lewis *et al*, 2005a, b). Clinical trials (Lønning *et al*, 2001; Ellis *et al*, 2009) have evaluated this concept, and their results show that about 30% of patients with advanced breast cancer who have acquired resistant to anti-hormone therapy show an objective clinical response with oestrogen therapy. The Women Health Initiative trial (WHI, 1998), which compared conjugated equine oestrogen (CEE) therapy with placebo in hysterectomised postmenopausal women, noted a paradoxical decrease in incidence of breast cancer compared with combination of CEE and progestin (Rossouw *et al*, 2002; Chlebowski *et al*, 2013), and this observation was subsequently supported by results obtained from the Million

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Women Study (Beral *et al*, 2011). In neither clinical study was a molecular mechanism offered to explain the apparent anomaly that CEE alone does not induce a profound significant increase in breast cancer risk. However, reanalysis of the mature data from the Women Health Initiative CEE alone study (Anderson *et al*, 2012) now demonstrates a persistent and sustained decrease in the incidence and mortality of breast cancer in women who received E₂ alone therapy. We recently reported that constituents of CEE cause apoptosis in long-term E₂-deprived MCF7 cells (Obiorah and Jordan, 2013). Given that these laboratory observations translate to clinical benefit for patients, it is appropriate to investigate the molecular events that precede the induction of apoptosis by E₂.

Cancer chemotherapy induces rapid death of neoplastic cells (Kaufmann and Earnshaw, 2000; Makin and Dive, 2001), but E₂-induced apoptosis, in contrast, is a delayed event. Ariazi *et al* (2011) recently identified the total gene activation sequence that occurs over a 7-day period during E₂-induced apoptosis. Endoplasmic reticulum stress is induced by E₂ that activates unfolded protein response leading to upregulation of mitochondrial proapoptotic genes. Involvement of the extrinsic pathway in E₂-induced apoptosis have been implicated, but its exact role is not clearly defined (Song *et al*, 2001; Osipo *et al*, 2003). However, nothing is known on the effect of cytotoxic chemotherapy in the MCF7:5C cells. Paclitaxel, a member of the drug family, the taxanes, is a mitotic spindle inhibitor that prevents destabilization of microtubules (Jordan *et al*, 1993; Yvon *et al*, 1999). Taxanes are used extensively as part of combination therapy in metastatic breast cancer (Robert *et al*, 2011; Kelly *et al*, 2012), and are the gold standard in the adjuvant therapy of early breast cancer where they decrease risk of cancer recurrence and mortality (Ward *et al*, 2007; Gines *et al*, 2011).

The goal of this paper is to determine the critical trigger point for E₂-induced apoptosis. We have explored the differential gene expression as a prelude to determine the early molecular events in E₂-induced apoptosis in comparison with classic cytotoxic chemotherapy-induced apoptosis. Induction of mRNA levels of proapoptotic genes confirmed whether mitochondrial and tumour necrosis factor (TNF) apoptotic pathways were activated. We compared and contrasted the ability of E₂ and paclitaxel with arrest cell cycle to advance the molecular understanding of the new biology of E₂-induced apoptosis in therapy.

MATERIALS AND METHODS

Cell culture and reagents. Cell culture media were purchased from Invitrogen Inc. (Grand Island, NY, USA), and fetal calf serum was obtained from HyClone Laboratories (Logan, UT, USA). Compounds E₂, 4-hydroxytamoxifen (4OHT) and paclitaxel were obtained from Sigma (St Louis, MO, USA). MCF7:5C cells were derived from MCF7 cells obtained from the Dr Dean Edwards (San Antonio, TX, USA) as reported previously (Jiang *et al*, 1992). It was long-term cultured in E₂-deprived medium. MCF7 cells were maintained in RPMI media supplemented with 10% fetal calf serum, 6 ng ml⁻¹ bovine insulin and penicillin and streptomycin. MCF7:5C cells were maintained in phenol-red-free RPMI media containing 10% charcoal dextran-treated fetal calf serum, 6 ng ml⁻¹ bovine insulin and penicillin and streptomycin. The cells were treated with indicated compounds (with media changes every 48 h) for the specified time, and were subsequently harvested for tissue culture experiments.

Cell growth assay. The cell growth was monitored by measuring the total DNA content per well in 24-well plates.

Fifteen thousand cells were plated per well, and treatment with indicated concentrations of compounds was started after 24 h in triplicates. Media containing the specific treatments was changed

every 48 h. On day 7, the cells were harvested and total DNA was assessed using a fluorescent DNA quantification kit (cat. no. 170-2480; Bio-Rad, Hercules, CA, USA) and was performed as previously described (Lewis *et al*, 2005a).

RNA isolation and real-time PCR. Total RNA was isolated using TRIzol reagent (Invitrogen, Carlsbad, CA, USA) and RNeasy kit according to the manufacturer's instructions. Real-time PCR was performed as previously described (Sengupta *et al*, 2010). The sequences for all primers were as follows: BCL2L11 (Bim) forward: 5'-TCGGACTGAGAAACGCAAG-3'; reverse: 5'-CTCGGTCCT CAGAACTTAC-3'. TNF forward: 5'-ACTTTGGAGTGATC GGCC-3'; reverse: 5'-GCTTGAGGGTTTGCTACAAC-3'. The change in expression of transcripts was determined as described previously and used the ribosomal protein 36B4 mRNA as the internal control (Sengupta *et al*, 2010).

Real-time profiler assay for apoptosis. RT-PCR profiler assay kits for apoptosis was used from a commercial vendor that used 384-well plates to profile the expression of 370 apoptosis-related human genes (Qiagen; SABiosciences Corp., Frederick, MD, USA; cat. no. 330231 PAHS-3012E). All the procedures were followed as previously described (Sengupta *et al*, 2013). Briefly, MCF7:5C cells were treated with control or with indicated compounds (in triplicates), and total RNA was isolated using the method mentioned earlier. Two micrograms of total RNA was reverse transcribed and RT-PCR was performed using ABI 7900HT (Foster City, CA, USA). We created an apoptotic gene signature throughout these time points after comparing them with control treatment. This gene signature was generated by comparing the expression level of all the genes with vehicle treatment and selecting the genes that were at least 2.5-fold over- or under-expressed as compared with vehicle-treated cells at a statistical significance of *P*-value of 0.05. The fold change was calculated by $\Delta\Delta C_t$ method and volcano plots were generated using the web-based tool, RT2 profile PCR array data analysis version 3.5 (Qiagen; SABiosciences Corp.).

Apoptosis assay. The concentration of paclitaxel was based on the publication by Gines *et al* (2011). The concentration of E₂ was based on the growth curve with different doses and our previous publication (Lewis *et al*, 2005a, b). MCF7:5C cells (1 × 10⁶ cells per ml) were seeded in 100-mm dishes and cultured overnight in oestrogen-free RPMI 1640 medium containing 10% SFS. The next day, cells were treated with vehicle (0.1% ethanol) as control, E₂ (1 nM) for 48 and 72 h or with paclitaxel (1 μM) for 12 and 24 h, and then harvested in cold PBS (Invitrogen, Grand Island, NY, USA) and collected by centrifugation for 2 min at 500 g. Cells were then resuspended and stained simultaneously with either with FITC-labeled annexin V and propidium iodide (PI; Pharmingen, San Diego, CA, USA) or with DNA-binding dye, YO-PRO-1 and PI (Life Technologies, Grand Island, NY, USA). Apoptosis was verified based on loss of plasma membrane integrity. Viable cells excluded these dyes, whereas apoptotic cells allowed moderate staining. Cells were analysed using a fluorescence-activated cell sorter flow cytometer (Becton Dickinson, San Jose, CA, USA). Experiments were repeated three times with similar results.

Cell cycles analysis. MCF7:5C cells were cultured in dishes and were treated with vehicle (0.1% ethanol), E₂ (1 nM) and paclitaxel (1 μM). Cells were harvested and gradually fixed with 75% EtOH on ice. After staining with PI, cells were analysed using a fluorescence-activated cell sorter flow cytometer (Becton Dickinson), and the data were analysed with CellQuest software (BD Biosciences, San Jose, CA, USA).

Statistical analysis. All data were expressed as the mean of at least three determinations, unless otherwise stated. The differences between the treatment groups and the control group were determined by one-factor or two-way analysis of variance.

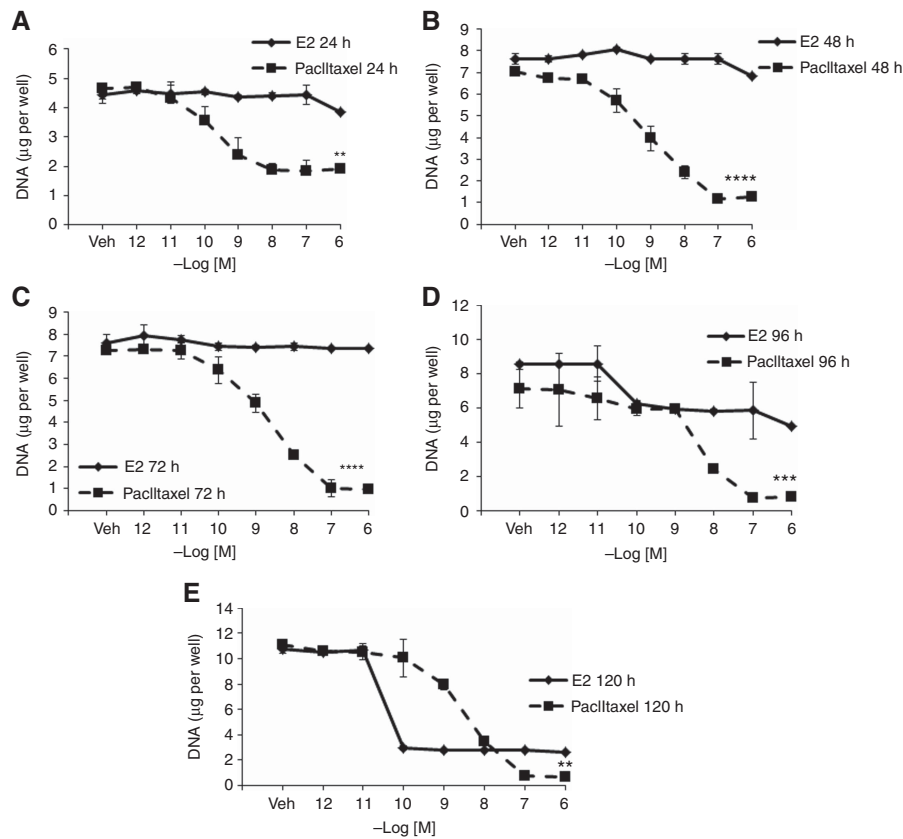


Figure 1. Effect of E₂ and paclitaxel on the growth characteristics in the MCF7:5C cells. MCF7:5C cells were seeded in 24-well plate treated with the control vehicle (Veh) or E₂ (◆) and paclitaxel (■) over a range of doses and cells were harvested after (A) 24 h, (B) 48 h, (C) 72 h, (D) 96 h and (E) 120 h. Data points shown are the average of three replicates ± s.d. (***P*<0.02,****P*<0.0003,*****P*<0.0001).

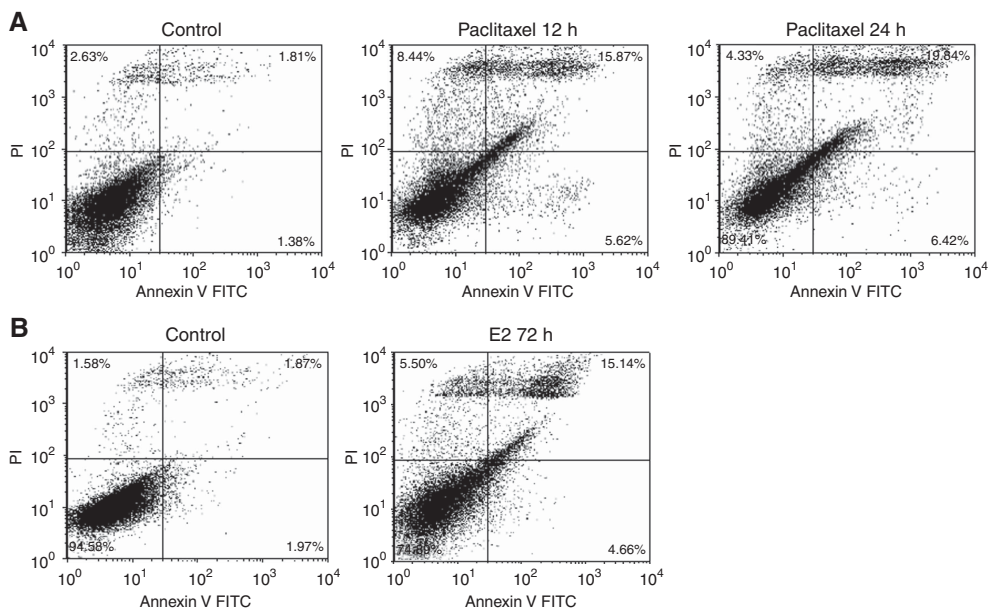


Figure 2. Differential apoptotic effects of E₂ and paclitaxel. MCF7:5C cells were treated with control or (A) paclitaxel (1 µM) for 12 and 24 h or (B) E₂ (1 nM) for 72 h, and then stained with annexin V-FITC and PI and analysed by flow cytometry. Viable cells (left lower quadrant) are annexin V-FITC - and PI -, early apoptotic cells (right lower quadrant) are annexin V-FITC + and PI -, dead cells (left upper quadrant) are PI + and late apoptotic cells (right upper quadrant) are annexin V-FITC + and PI +. Increased staining for apoptosis is observed maximally in the right upper quadrant.

RESULTS

Cell growth and apoptotic effects of E₂ and paclitaxel on MCF7:5C cells. We sought to compare the antiproliferative activity between paclitaxel and E₂ in the MCF7:5C cell line and explore their potential to induce apoptosis. Paclitaxel induced

rapid inhibition of growth in a concentration-dependent manner with maximum inhibition at 0.1 μM. Fifty percent growth inhibition was achieved in 24 h (Figure 1A), which increased to almost 100% after 48 h of treatment (Figure 1B). In contrast, E₂ achieved maximal growth inhibition at 0.1 nM, and did not quantitatively prevent cell proliferation until after 72 h (Figure 1C). Twenty-five percent of growth inhibition occurred

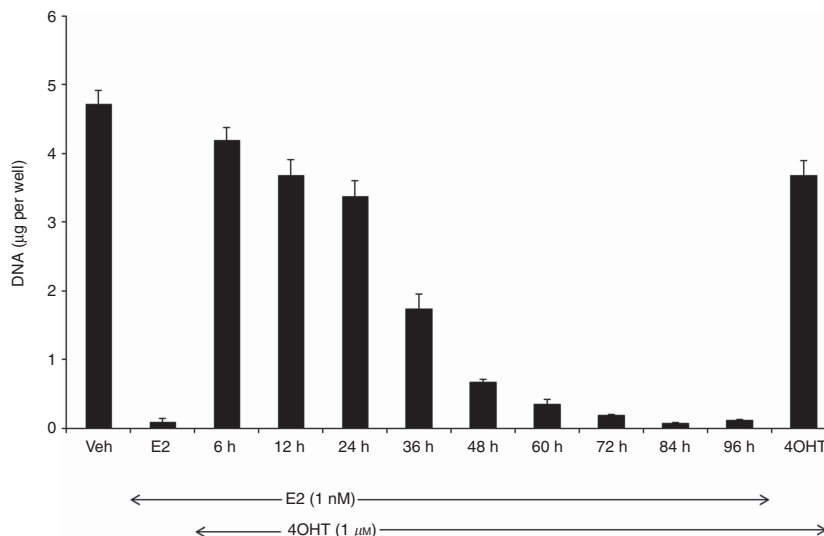


Figure 3. Deciphering the trigger point for E₂-induced apoptosis. Cells were treated with vehicle (Veh) or E₂ (1 nM) alone, and 1 μM 4OHT was added and used to block and reverse E₂ action at 6, 12, 24, 36, 48, 60, 72, 84 and 96 h. The cells were harvested after 7 days of treatment. The extent of apoptosis was determined by measuring the DNA content of the remaining cells in each well. The experiment was done in triplicates, and the data represent the mean of three independent experiments with 95% confidence intervals. The trigger point for E₂-mediated apoptosis was elucidated at the time when the apoptotic effects of E₂ could not be blocked by 4OHT.

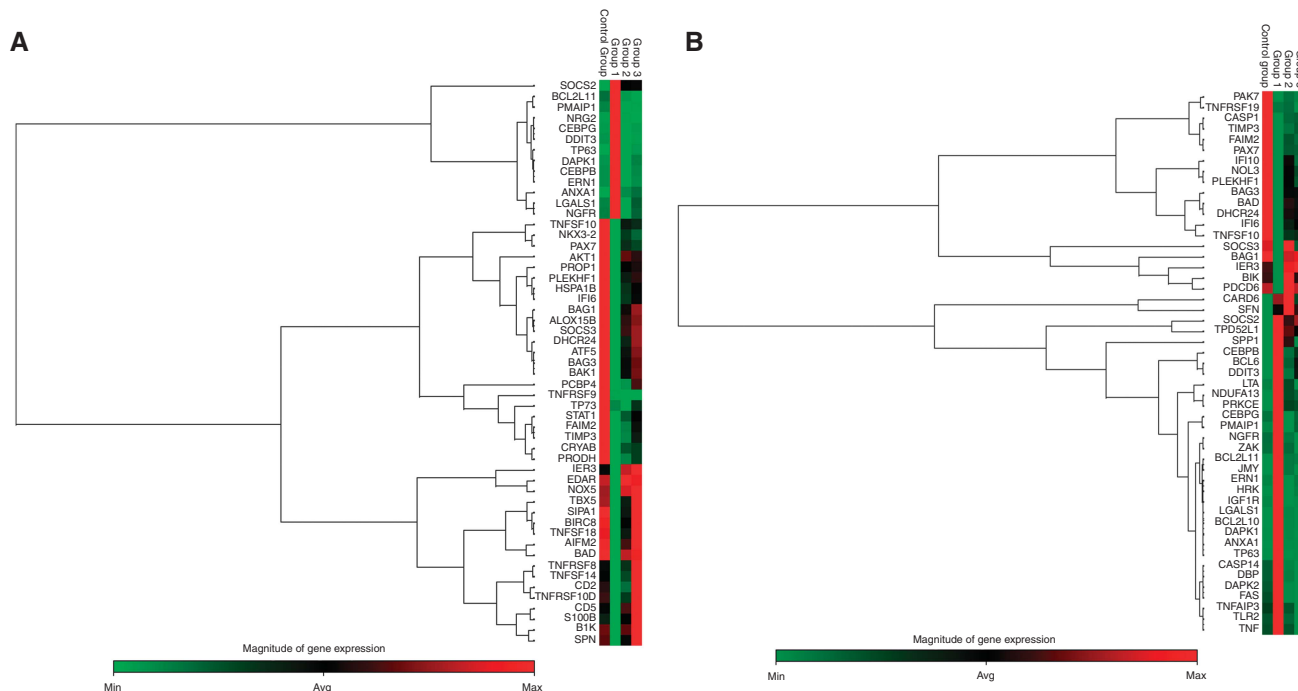


Figure 4. Heat map of E₂-mediated apoptotic genes that are differentially expressed by 36 and 48 h of treatment. Cells were parsed into groups of three replicates per treatment per time point, and then treated with either 0.1% ethanol (control group), 1 nM E₂ (group 1), 1 μM 4OHT (group 2), in the presence (group 3) or in the absence of E₂ over a period of 48 h. Total RNA was extracted and reverse transcribed as described in Materials and Methods section. Samples were loaded onto customised PCR array plates with primers for indicated apoptotic genes. Gene expression values were obtained and analysed in comparison with the controls at (A) 36 h and (B) 48 h. The maximum expressed level of any given gene is represented by red colour and minimum levels are represented as green colour.

at 96 h with E₂ treatment (Figure 1D) and this increased to 80% at the 120-h time point (Figure 1E). The decrease in cell number observed with E₂ and paclitaxel was further investigated to determine whether the growth inhibition was due to apoptosis. An increased apoptotic response (Figure 2A) was detected by increasing the percentage of annexin V staining from control 3.92–21.49% by paclitaxel after 12 h treatment, whereas an apoptotic effect was observed at 72 h with E₂ (Figure 2B). An apoptotic response was not detected after 24 h treatments with E₂ through annexin V staining (Supplementary Figure S1A). Experiments were repeated three times and a summary of results are represented in Supplementary Figure S1. Similar results were observed with a DNA-binding dye, YO-PRO-1 (Supplementary Figure S2).

Determination of the critical trigger point of estradiol-induced apoptosis. Although E₂ treatment induces apoptosis of MCF7:5C cells in a concentration-dependent manner, the cells are unresponsive to the anti-oestrogen, 4OHT. Rather 4OHT blocks E₂-mediated apoptosis (Maximov *et al.*, 2011). To further investigate the delayed response to E₂-mediated apoptosis and to determine the critical trigger point for E₂-induced apoptosis, we used 4OHT to block and rescue the cells from the apoptotic effect of E₂. In this way, we established when the cells are committed to cell death. MCF7:5C cells were treated with 1 nM of E₂, and

subsequently 1 μM of 4OHT was used to block the apoptotic effects of E₂ at the indicated time points over a range of 96 h after the addition of E₂. Cells were then all collected for DNA assay on day 7. Apoptosis triggered by E₂ was competitively inhibited and rescued for up to 24 h, and thereafter it lost the ability to rescue cells committed to E₂-induced apoptosis (Figure 3). Between 24 and 36 h, the cells are committed to apoptosis despite the anti-oestrogenic action of 4OHT. These data suggest that the critical trigger for the commitment of the cell to the induction of apoptosis by E₂ lies between 24 and 36 h.

Differential gene expression of E₂-mediated apoptosis at the critical trigger point. To identify genes associated with E₂-induced apoptosis with a particular focus on the critical trigger time point, differential regulation of apoptotic gene expression in response to E₂ was interrogated in the MCF7:5C cells. At 24 h, as expected, significant evidence of apoptotic gene induction is not apparent, rather proapoptotic genes such as *BAD* and *BCL2L10*, and Caspases 1, 9 and 10 are differentially downregulated by E₂ (Supplementary Table S1). TNF-related genes, *TNFRSF8* and *TNFSF14*, are induced by both E₂ and 4OHT, and they do not have a definitive role in the TNF-mediated apoptosis but rather are involved in the T-cell response. Interestingly, at 36 h (Figure 4A), which represents the trigger point for apoptosis, E₂ induces

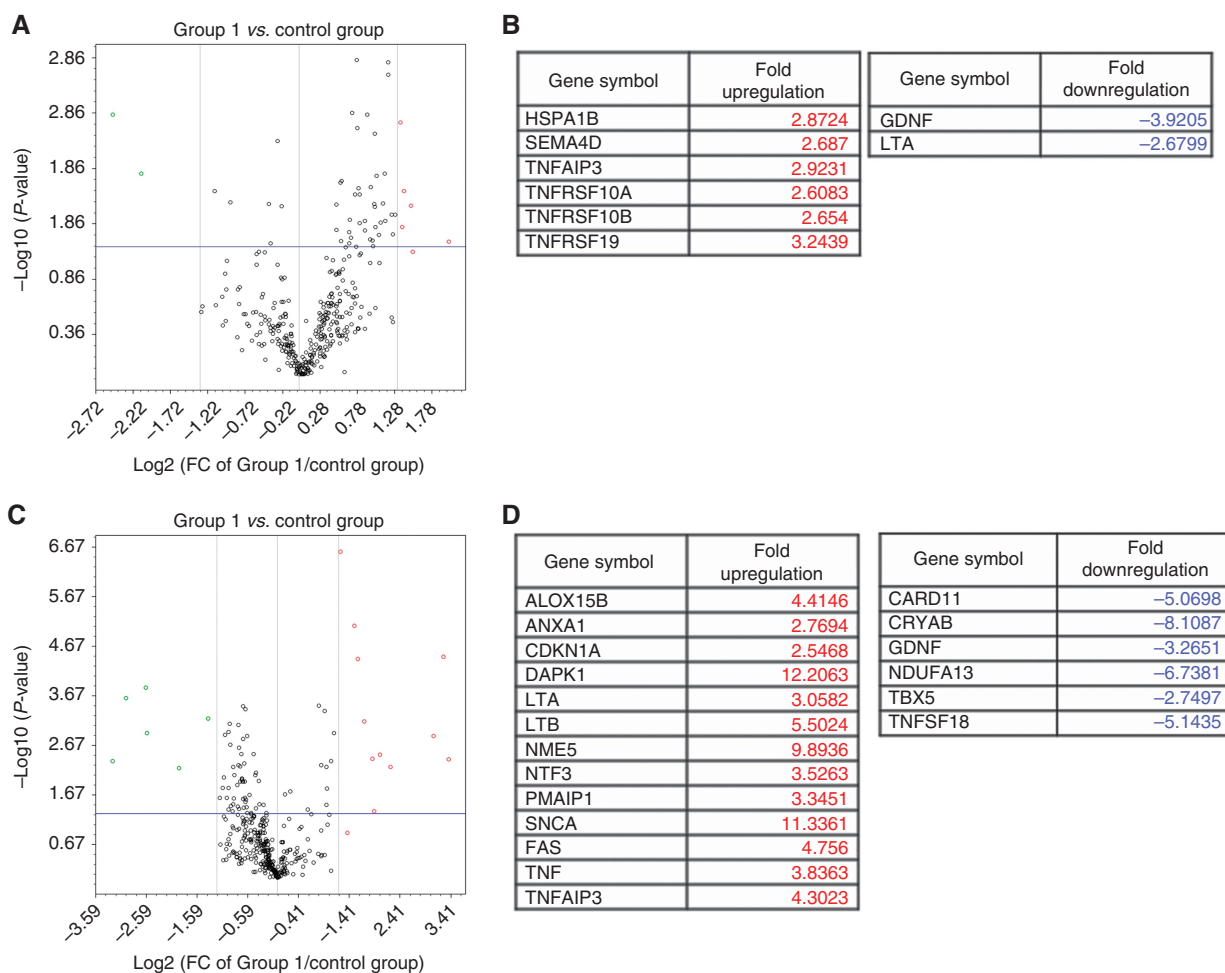


Figure 5. Determination of apoptotic genes induced by a cytotoxic chemotherapy in MCF7:5C cells. MCF7:5C cells were treated with either 0.1% ethanol (control), or 1 μM paclitaxel (group 1) for 12 and 24 h. Gene expression values were obtained and analysed in comparison with the controls, and volcano plots were generated at 12 h of treatment (**A**) and the expressed genes listed (**B**). Similarly, gene expression levels are analysed after 24 h of paclitaxel treatment (**C**) and genes are listed in **D**. The genes selected were at least 2.5-fold overexpressed or under-expressed as compared with vehicle at P -value = 0.05. Genes upregulated are represented in red and downregulated genes are represented in green.

proinflammatory genes such as *CEBPB*, *CEBPG* and *DAPK1*, and endoplasmic reticulum stress-related genes such as *DDIT3* and *ERN 1*. *BCL2L11* (*BIM*), an important member of the mitochondrial pathway and an apoptosis activator, is also upregulated by E_2 , suggesting an early involvement of the intrinsic pathway. Following 48 h of E_2 treatment (Figure 4B), the gene expression expands to involve the TNF-related genes such as *FAS*, *TNFRSF21* and *TNF*, and continued increased expression of endoplasmic reticulum stress and proinflammatory-related genes. In addition, p53 expression is increased at 48 h. *PMAIP 1* (also known as *NOXA*), a Bcl-2 homology (BH3) only family and a p53-regulated gene is also upregulated by E_2 . 4OHT acted as an anti-oestrogen and was able to block most of the effects of E_2 . The identified apoptosis-related genes are listed in Supplementary Tables S1–S3.

Paclitaxel induces TNF family of apoptosis-related genes in MCF7:5C cells. We further investigated expressed genes activated by paclitaxel that may define a molecular mechanism. Based on the biological experiments shown above (Figures 1 and 2B), paclitaxel-induced apoptosis happened after 12 h treatment and reached to a peak at 24 h. We mainly focused on detecting gene regulation by paclitaxel at these two time points. Paclitaxel selectively activated the TNF family of apoptosis-related genes. After an initial 12 h of treatment (Figure 5A and B), paclitaxel stimulated *TNFRSF10A* (TNF receptor superfamily, member 10a) and *TNFRSF10B* (TNF receptor superfamily, member 10b), which are known to be activated by the ligand TNF-related apoptosis inducing ligand (*TNFSF10/TRAIL*), and causes death through the

extramitochondrial pathway. *TNFRSF19* (TNF receptor superfamily, member 19) induces apoptosis in a caspase-independent manner. In addition, TNF proapoptotic genes, including *FAS* and *TNF*, and other TNF proinflammatory genes such as *LTA*, *LTB* and *TNFAIP3*, are activated by 24 h of treatment with paclitaxel (Figure 5C and D). Paclitaxel further induces *NOXA* and *CDKN1A* (p21) that are known to inhibit the activity of cyclin-CDK2 or -CDK4 complexes at the G1 phase. Although these two p53-regulated genes were upregulated by paclitaxel, p53 induction was not observed at 24 h. Unlike E_2 , which increases *BIM* and *TNF* mRNA levels (Figure 6A and B), paclitaxel was only able to induce *TNF* expression (Figure 6C and D). These results highlight the differences in apoptosis-related genes induced by the two treatments.

Differential effect of paclitaxel in induction of G2 blockade in comparison with E_2 . Paclitaxel prevents progression of mitosis and activates the mitotic checkpoint, paving a path for apoptosis. To elucidate whether the apoptotic effects of paclitaxel in comparison with E_2 were mediated through cell cycle arrest, we performed cell cycle analysis in MCF7:5C cells using flow cytometry. Our results reveal that paclitaxel treatment causes accumulation of cells in G₂/M phase with a concomitant reduction in the number of cells in G₁ and S phase (Figure 7) Cell cycle arrest in G₂/M phase was about threefold higher compared with control. In contrast, a G₁ or G₂ blockade was not observed with E_2 treatment. E_2 dramatically enhanced S phase at 12 h and rapidly increased to sevenfold by 48 h. This is consistent with our recent

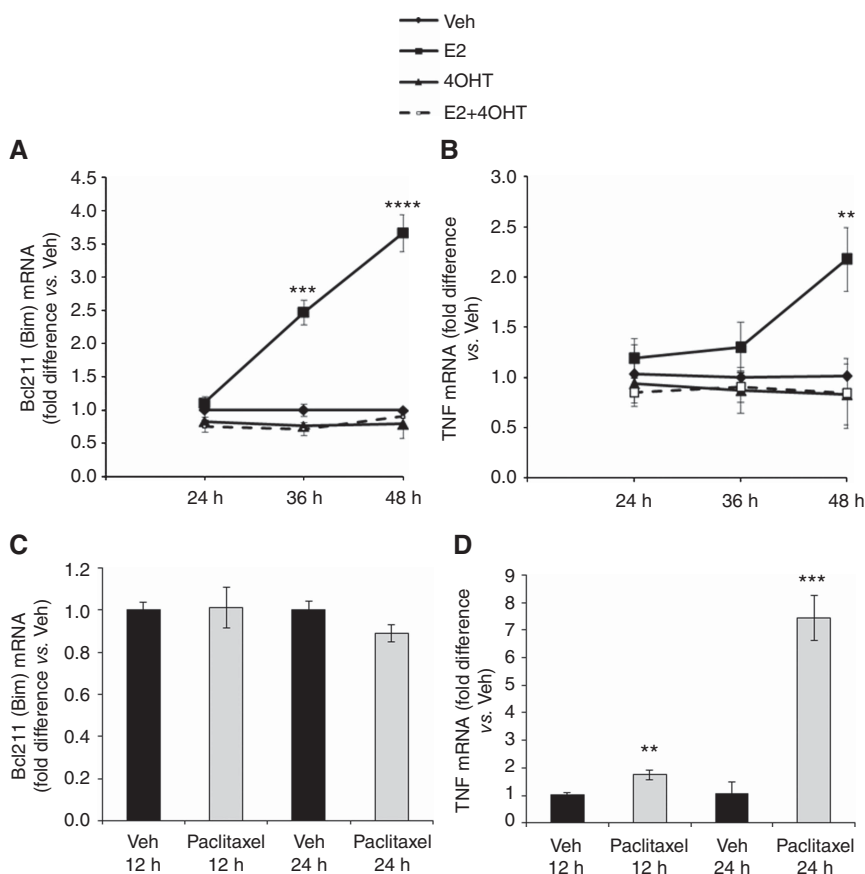


Figure 6. E_2 activates both mitochondrial and extrinsic pathway of apoptosis, whereas paclitaxel activates only the extrinsic pathway. MCF7:5C cells were treated with vehicle (Veh), 1 nM E_2 , 1 μ M 4OHT or combination treatment of E_2 and 4OHT for 24, 36 and 48 h. Total RNA was reverse transcribed and assessed for (A) *BIM* and (B) *TNF* gene expression. Induction of (C) *BIM* and (D) *TNF* mRNA was determined in MCF7:5C cells treated with either Veh or 1 μ M paclitaxel for 12 and 24 h using RT-PCR. PCR data values are presented as fold difference versus Veh-treated cells \pm s.e.m. (** P < 0.02, *** P < 0.0003, **** P < 0.0001).

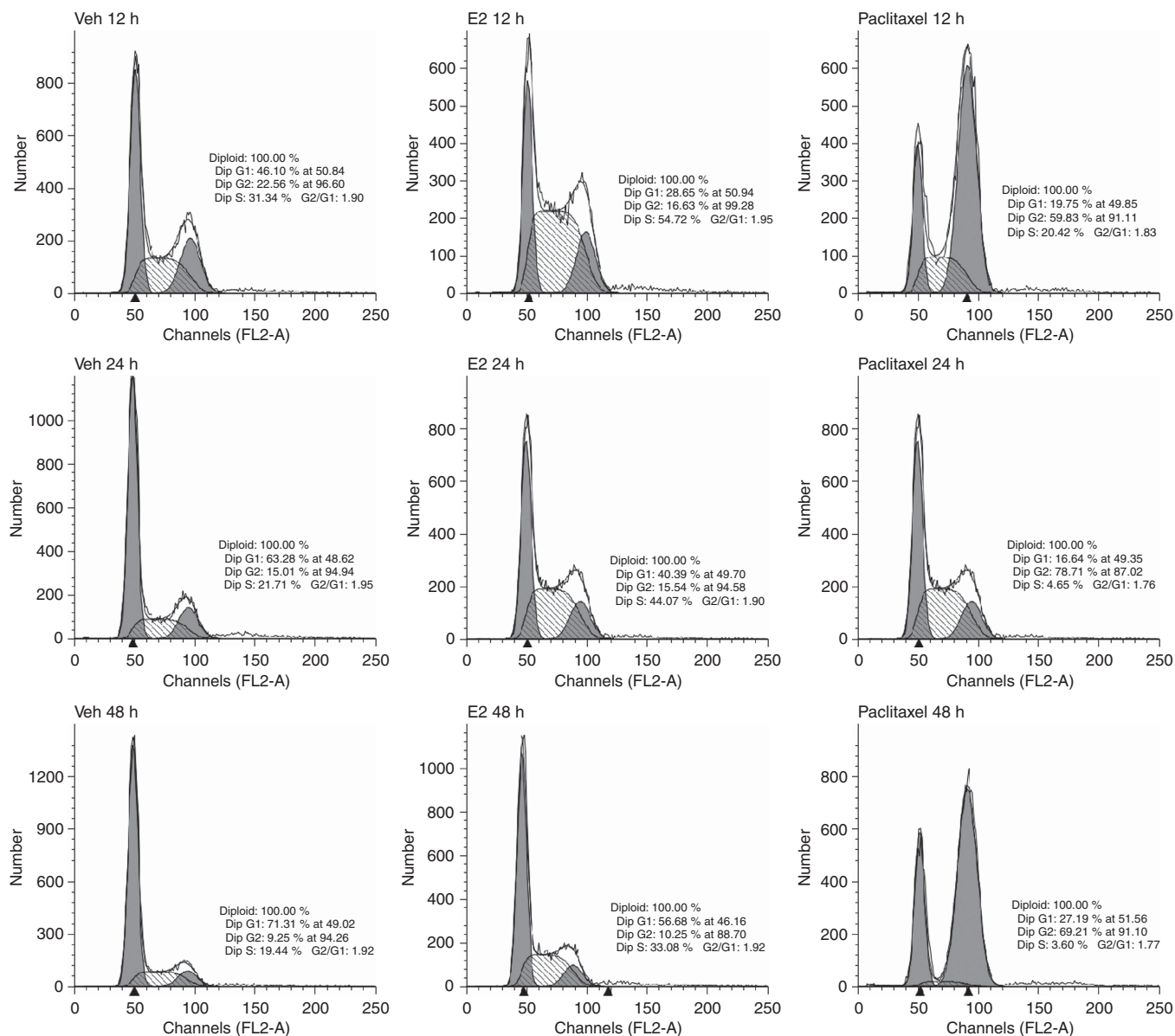


Figure 7. Cell cycle analysis of the effects of E₂ and paclitaxel in the MCF7:5C cells. Representative cell cycle profiles of MCF7:5C cells treated with either 0.1% ethanol (Veh), E₂ (1 nM) or paclitaxel (1 μM) for 12, 24 and 48 h. FL2-A represents the intensity of PI, and the y-axis represents the cell number.

publication (Fan *et al*, 2013) that E₂ increased S phase after 72 h treatment. Based on these observations, we hypothesise that the apoptotic effects of paclitaxel in MCF7:5C cells results from a perturbation in the cell cycle check points, whereas E₂ induces cell proliferation finally resulting in apoptosis.

DISCUSSION

The molecular sequence of events resulting in either E₂-induced apoptosis or paclitaxel-induced apoptosis is completely different. E₂-induced apoptosis appears to be unique. Paclitaxel rapidly induces apoptosis of MCF7:5C cells, whereas E₂ shows a delayed process for the induction of apoptosis. Using 4OHT to block and rescue E₂-induced events necessary for an apoptotic response, we observed that the trigger for apoptosis occurs after 24 h and the cells become committed to apoptosis by and after 36 h. There is activation by E₂ of endoplasmic reticulum stress-related genes and

proinflammatory genes at 36 h. Activation of the mitochondrial pathway was indicated by increased expression of BCL2L11, BIM, that continued to be upregulated at 48 h. Involvement of the extrinsic pathway was evidenced by induction of FAS, TNFRSF21 and TNF, and TNFAIP3 at 48 h. The TNF family genes are a group of cytokines that are involved in a number of processes including apoptosis (Micheau and Tschopp, 2003; Thorburn, 2004) and inflammation (De Paepe *et al*, 2012). The increased involvement of endoplasmic reticulum stress and inflammatory genes in E₂-induced apoptosis is not surprising because both pathways are known to intersect (Hu *et al*, 2006; Zhang and Kaufmann, 2008). Multiple genes induced by E₂ are NF-κB responsive that is a major regulator of inflammatory response (Baldwin, 1996; Dobrovolskaia and Kozlov, 2005). Upregulation of the observed genes provide a potential mechanism for E₂ to target a variety of inflammatory and apoptotic genes.

The importance of BIM and Bax have previously been noted and verified by selective increased expression of both proteins by E₂ (Lewis *et al*, 2005a). Involvement of the extrinsic signalling

pathway in E₂-induced apoptosis has been also observed. Osipo *et al* (2003) showed that E₂-induced regression of tamoxifen-stimulated breast cancer tumours by activating the death receptor Fas and inhibiting the antiapoptotic/prosurvival factors NF- κ B and HER2/neu. In addition, the growth of raloxifene-resistant MCF7 cells *in vitro* and *in vivo* was inhibited by E₂ by increasing Fas expression and reduced NF- κ B activity (Liu *et al*, 2003). However, unlike the present study, none of the previous studies investigated a time course of the intrinsic and extrinsic pathway in the MCF7:5C cells in E₂-induced apoptosis. Similar to our PCR array results, RNA sequencing of E₂-treated MCF7:5C cells revealed induction of multiple apoptosis-related genes (Fan *et al*, 2013); therefore, deletion of a single gene is unlikely to significantly affect E₂-mediated apoptosis in the MCF7:5C cells. E₂ induces apoptosis in osteoclasts within 24 h (Kameda *et al*, 1997) and is associated with upregulation of TGF- β and inhibition of E₂-treated cells with anti-TGF- β antibody inhibited E₂-induced apoptosis (Hughes *et al*, 1996). Therefore, this study show a unique sequential activation of endoplasmic reticulum stress, inflammatory-response genes as well as the intrinsic and extrinsic apoptosis-related genes in E₂-mediated apoptosis.

Paclitaxel, a cytotoxic chemotherapy extensively used in the treatment of breast cancer was used as a comparator to E₂ to demonstrate differences in the expression of apoptosis-related genes. Paclitaxel selectively induces the TNF proapoptotic genes, but BIM expression was not noted. On the other hand, paclitaxel kills the MCF7 cells by displacement of BIM from the BIM/BCL2 complex (Kutul and Lethai, 2010). Knockdown of BIM with siRNA significantly impairs the ability of paclitaxel to cause apoptosis in MCF7 cells (Kutul and Lethai, 2010; Ajabnoor *et al*, 2012). In contrast, another study (Czernick *et al*, 2009) showed that BIM was not required for paclitaxel-mediated apoptosis in MCF7 cells, and these apparent discrepancies could be because of differences that exist from MCF7 cell lines obtained from different sources. However, long-term deprivation of E₂ from the MCF7 cells may have induced changes in the microenvironment that may be responsible for the taxane to activate the TNF apoptosis-related genes. Flow cytometry studies show that E₂ causes both proliferation and apoptosis of the MCF7:5C cells, indicating that before the trigger for apoptosis occurs, the cells grow in response to E₂. Because cells continue to divide with elevated S phase of cell cycles, the reduction of cell number by E₂ do not become evident until after 4 days of treatment. In contrast, paclitaxel causes an immediate G2 blockade by 12 h that may explain the rapid reduction of cell number.

In conclusion, the initial target site of E₂ is ER. E₂ induces endoplasmic reticulum stress and mitochondrial apoptotic genes and a later recruitment of the TNF family of apoptotic genes, whereas paclitaxel induces a G2/M blockade and rapidly induces TNF apoptosis-related genes. The unique delayed aspect of E₂-induced apoptosis in antihormone-resistant breast cancer creates a new dimension in our opportunities to apply the knowledge for this targeted therapy of clinical significance (Ellis *et al*, 2009; Anderson *et al*, 2012; Obiorah and Jordan, 2013). This natural process of E₂-induced apoptosis may have significant applications in the further understanding of the cellular biology of cancer.

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