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Of plasticity and specificity: dialectics of the micro- and macroenvironment and the organ phenotype

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Abstract

The study of biological form and how it arises is the domain of the developmental biologists; but once the form is achieved, the organ poses a fascinating conundrum for all the life scientists: how are form and function maintained in adult organs throughout most of the life of the organism? That they do appears to contradict the inherently plastic nature of organogenesis during development. How do cells with the same genetic information arrive at, and maintain such different architectures and functions, and how do they keep remembering that they are different from each other? It is now clear that narratives based solely on genes and an irreversible regulatory dynamics cannot answer these questions satisfactorily, and the concept of microenvironmental signaling needs to be added to the equation. During development, cells rearrange and differentiate in response to diffusive morphogens, juxtacrine signals and the extracellular matrix (ECM). These components, which constitute the modular microenvironment, are sensitive to cues from other tissues and organs of the developing embryo as well as from the external macroenvironment. On the other hand, once the organ is formed, these modular constituents integrate and constrain the organ architecture, which ensures structural and functional homeostasis and therefore, organ specificity. We argue here that a corollary of the above is that once the organ architecture is compromised in adults by mutations or by changes in the microenvironment such as aging or inflammation, that organ becomes subjected to the developmental and embryonic circuits in search of a new identity. But since the microenvironment is no longer embryonic, the confusion leads to cancer: hence as we have argued, tumors become new evolutionary organs perhaps in search of an elusive homeostasis.

> "It turns out that an eerie type of chaos can lurk just behind a facade of order---and yet, deep inside the chaos lurks an even eerier type of order."

> > -Douglas Hofstadter¹

INTRODUCTION

How a single fertilized egg develops into a multicellular animal, bearing tissues and organs with distinct morphologies and functions, is one of the most spectacular problems in organismal biology. The establishment of the animal body plan and organogenesis i.e. development of organs within it, is achieved within a time frame that is remarkably short relative to the life-time of the organism (developmental time tables for mouse and chicken are approximately 21 days, and for human is 9 months, in comparison to their average life spans, which are approximately 2-, 6- and 70–80 years). Whereas organ-specificity, the *maintenance* of organ structure once developed and its functional integrity is not visually as dramatic as the path of their *development*, how it is logistically maintained through such relatively long life spans, represents an equally fascinating puzzle.

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Not surprisingly, most organs do not start functioning in their adult physiological state as they develop. Mammary epithelial cells do not start producing milk until long after puberty, when they proliferate and branch out within the mammary fat pad. Similarly, the precartilage limb cells in vertebrate embryos undergo patterning and differentiation much before the appendages are called upon to function after birth. It is thus reasonable to suppose that the molecular mechanisms of organogenesis will differ from those involved in maintaining the structural and functional identity of the organ (organ specificity) throughout its post-natal period. In fact, organogenesis and organ specificity appear to have different end points: the first results in progressive emergence of divergent states from a single state and the second pertains to the persistence of a single state over time (i.e. homeostasis).

Developing tissues have to be exquisitely sensitive to cues from their external surroundings (macroenvironment) as well to their microenvironments: there has to be rapid and reciprocal cues and responses to allow the diverse changes in both tissue patterns and eventual differentiation. *This context-dependent sensitivity in tissue- and organ- phenotype that occurs independent of genotypic changes such as mutation and is reversible with change in context, is known as phenotypic plasticity.* The latter is an essential characteristic of development, and has been argued to be a crucial mechanism for the evolution of morphological diversity^{2, 3}. On the other hand, once organogenesis stops, the organ has to become more constrained in architectural response to its external environmental conditions but still be responsive to organ-specific cues for functional performance. We argue that once this distinction gets blurred and organ architecture becomes compromised as well, the organ becomes subject to both developmental and evolutionary rules with the end result being a novel and rapidly evolving 'tumor organ'²!

In this brief review we undertake a comparative analysis of the relation of organs (before and after they develop) to their micro/macro-environment, and propose how this contributes to making developmental systems malleable, organs constrained, and tumors subject to developmental chaos.

The first section of our review uncovers the dynamics of interaction between developing tissues and cues that come from outside and within the growing embryo. In the second section we discuss the adult organ microenvironment and how it contributes to organ specificity. We end by proposing that loss of organ architecture re-activates the embryonic response in a non-embryonic microenvironment, a root cause of organ confusion in developing cancer. Our arguments are predominantly based on experimental findings in mammary gland biology, especially in relation to specificity, but we believe the general principles would be applicable to any vertebrate organ.

1. DECODING THE DEVELOPMENTAL MICRO- AND MACRO-ENVIRONMENTS

In a theoretical paper in 1982 one of us argued that the unit of function in higher organisms is the cell plus the ECM since the latter sends signals to the nucleus/chromatin and receives signals back in a series of dynamic and reciprocal in interactions⁴. A later paper defined the unit of function as the organ itself⁵. The process of organogenesis also is a series of bidirectional and dynamic communications between a community of cells and their microenvironment, resulting in the modification of both: the cells become increasingly differentiated and the microenvironment becomes concurrently more organized to give the organ the final pattern and structure. This model of morphogenesis referred to as dynamic reciprocity⁴ provides a more realistic narrative than other deterministic models that view organogenesis as consisting of 'blueprints' and 'programs' of multigene interactions⁶. Using

specific examples, the following subsection shows the nature of microenvironmental cues and how these may influence developmental outcome.

A. Developmental mechanisms and plasticity

In one of the most dramatic biological findings of the $20th$ century, Wilmut and coworkers did the ultimate experiment: they showed that the nucleus of an epithelial cell from a sheep mammary gland, when inserted into an enucleated embryonic cell in the gestational uterine environment could give rise to an entire mammal⁷. Precartilage cells of the avian limb in culture can be induced to differentiate into brown adipocyte-like cells despite the fact that the brown fat phenotype and the brown adipocyte differentiation pathway are absent in the avian clade,⁸ and there are literally 'numerous' told and untold other examples. Although nuclear reprogramming - as was performed in Wilmut's experiments - and the absolute responsiveness of the intact cells within different microenvironmental contexts are viewed by many as distinct phenomena, we will argue here that both point to a fundamental biological principle, i.e. that development and the maintenance and/or re-acquisition of the differentiated state share the same biological plasticity. Evolution of form and function are highly context-dependent outcomes that are determined by the microenvironment in which the genome and the cell find themselves. What are the factors or processes that give rise to these contexts in the first place?

In addition to the microenvironment, the macroenvironment also plays surprising roles in the outcome of the offspring. The dissection of the mechanisms of macroenvironmentdependent variation in development is complicated by the fact that such cues often affect several morphological traits at the same time, and at the molecular level, simultaneously alter the dynamics of several genes⁹. That said, clear-cut examples do exist where a morphological trait shows variations specific to changes in its surroundings (e.g., temperature-dependent variation in centipede segment number 10 , the dependence on diet of the presence of horns in beetles¹¹, production of winged offspring by pea aphids in response to predator attack on their colonies¹², variation in digit number with alteration in the temperature of egg incubation in chickens¹³, and the size dependence of penises in intertidal barnacles on water wave dynamics¹⁴). How can the influence of the macroenvironment on tissue phenotype be explained at the molecular level? This is a current hot topic of research. One of the links proposed is the endocrine system: temperature regulates the temporal dynamics of ecdysone, an insect hormone that influences the size of the eye-spots in the wings of the butterfly *B. anynana*15. In an elegant example of predator-induced phenotypic change, juvenile *Daphnia* develop defensive neckteeth in response to chemical signals from predator insect larvae. This involves upregulation of genes transcribing sex hormones, developmental transcription factors as well as proteins constituting the extracellular milieu e.g., morphogens sonic hedgehog (SHH) and wingless, and epidermal growth factor receptor $(\overline{EGFR})^{16}$. The structuralist school of natural philosophers represented first by Lamarck¹⁷ and St Hilaire and currently by Newman and Müller¹⁸ among others, ascribes a more direct developmental role of the macroenvironment, wherein biophysical and biochemical factors such as temperature, pH, ionic composition can influence the material (soft¹⁹ and excitable²⁰) properties of the developing embryonic tissues thereby transforming cellular patterns.

Interestingly, phenotypic change can occur also due to inherent variation or noise that occurs in all living systems independent of changes in their environment and genotype. Considerable progress in understanding biological noise has been made through investigations on determination of cell fate decisions in prokaryotic systems (e.g. differentiation in *Bacillus subtilis*21) and simple eukaryotic systems (e.g. stress-response genes in *Saccharomyces*22). There are well-established examples from multicellular

development as well, where stochasticity is employed in constructive ways to give rise to spatial heterogeneity in gene expression and cell fates²³, although it is kept under stricter control by a host of regulatory mechanisms including, but not limited to, synchronous expression by stalled polymerases²⁴ and inter-nuclear communication in order to minimize error in readout of signals from transcriptional factors²⁵. In certain cases noisiness is actively recruited to give rise to patterns, for example the random patterning of color photopigments in the compound eye of fruitflies²⁶ and cell fate determination of gonadal precursor cells in *C. elegans*27. There are excellent reviews for a more in-depth discussion of the role of stochasticity in cell state change²³ and tissue patterning²⁸. In summary, the state of being malleable ('plastic') to respond to external signals by changing shape, function or destiny through stochasticity and micro- and macro-environmental influences, is a key property of development. As Kirschner and colleagues state: "Interconvertible multistatedness is a key aspect of multicellular self-organization"²⁹, but we like to add that 'interconvertibility' would surely be subjected to microenvironmental influences.

The establishment of antero/posterior axis in drosophila embryo is in response to bicoid $gradient^{30}$ and the transformation of mammalian foregut endodermal cells into liver progenitors is induced by signals from cardiac endoderm 31 . As these examples show, the developmental microenvironment includes both extracellular molecules, as well as cells that are adjacent to, but not necessarily part of the prospective organ parenchyma. In addition, as the variation in form and function mentioned above in *B. anynana* and *Daphnia* indicate, the developmental microenvironment is integrated with cues from outside of the embryo as well, in order to influence the phenotypic outcome of developing tissues. In the rest of this subsection we focus on the developmental microenvironment, specifically its three major and ubiquitous molecular components: morphogens, ECMs and cell membrane proteins that mediate juxtacrine interactions.

B. Morphogens

The discovery of developmental microenvironment can be traced to the classical transplantation experiments by Lewis, Spemann and Mangold that led to the discovery of embryonic induction, the ability of embryonic tissues to influence each other's fate^{32, 33}. Lewis's remarkably prescient quote: "It will be natural to inquire into the nature of these influences to determine if they are mechanical, chemical, electrical or unknown influences still to be discovered" set the stage for the investigation of the makeup of the tissue microenvironment³⁴. The first of these "influences", revealed through rigorous biochemical studies of the 20th century, are morphogens, soluble molecules that are secreted from one tissue, diffuse within the extracellular space and bind to receptors in distal tissues altering their phenotype 35 .

Several vertebrate organs that show branching morphogenesis (e.g., mammary gland, lung, salivary gland, kidney) develop through interactions between the epithelial tissue and the surrounding stromal mesenchyme, involving an exchange of morphogenic signals between both tissues³⁶. Mammary gland development follows this recipe, although it differs from other above-mentioned organs in that it develops postnatally. In preadolescence, a small rudimentary gland with a limited number of tiny branches is present within the fat pad and the principal morphogenesis is initiated by pubertal endocrine dynamics 37 . Studies on ovariectomized mice³⁸ or mice with knockout of estrogen receptor ER-α³⁹ reveals that the endocrine system stimulates the expression of the morphogen amphiregulin⁴⁰ that interacts with epidermal growth factor receptor (EGFR) to induce elongation of mammary gland ducts. Experiments using 3D laminin-rich ECM (lrECM) culture assays with mammary gland organoids, established in the Bissell laboratory⁴¹ show that the morphogens FGF-2 and -7 induce branching in organoids of EGFR-null mice^{40, 41} suggesting that they lie

downstream of the amphiregulin-EGFR pathway. TGF-β, another morphogen under the control of female sex hormones⁴² regulates both quiescence⁴³ and branching pattern of the mammary epithelia in normal glands^{43–45} (see Figure 1 upper panel). Mammary branching morphogenesis is therefore a good example of how the endocrine cues influence the immediate components of the tissue microenvironment such as morphogens to influence spatial patterning of cells during development.

C. Extra Cellular Matrices: Signaling scaffolds

ECM proteins, along with their membrane receptors such as integrins, dystroglycans⁴⁶ and endopeptidases that cleave and remodel ECMs such as metalloproteinases (MMPs), constitute an important axis of the developing microenvironment. The role of the ECM as a mechanical link between the epithelial and mesenchymal tissues during their developmental interaction was first postulated by Clifford Grobstein in 1955⁴⁷. Since then, ECM has been shown to mediate tissue patterning and differentiation in almost all developmental systems; some of the earliest demonstrations included collagen-mediated differentiation of myoblasts in myotubes⁴⁸, and the role of collagen in differentiation of corneal epithelia⁴⁹. In an interesting switch, culture studies on how the differentiated state is maintained (which we will discuss in the subsequent section on organ-specificity), have provided additional clues to the contribution of ECM to organogenesis. The idea that ECM molecules in general, and the basement membrane (BM) in particular, would signal via their receptors to the nucleus and chromatin and thus would play a crucial role in organ-specificity and homeostasis was articulated in 1982, and then 1987, based on cell culture studies on liver hepatocytes and mammary epithelial cells⁴.

Briefly reviewing the developmental role of ECM in mammary morphogenesis, collagen I is one of the first ECM proteins that appears during ductal elongation in the pubertal mammary gland *in vivo*50. In fact the stromal collagen I achieves an orientation prior to branching morphogenesis that then determines the direction in which the invading epithelia branch and proliferate⁵¹. Collagen I is predominantly distributed around the large mammary ducts during postnatal development. During branching within the mammary gland of the virgin mice, the invading edges of the epithelia, also known as the terminal end buds, are surrounded by a BM that is predominantly composed of hyaluronic acid⁵². In contrast, the basement membrane surrounding the ducts consists of a distinct set of ECM molecules which includes laminin-111, collagen IV, laminin-322 and $HSPGs^{53}$.

The most well-studied class of ECM receptors are integrins, a family of evolutionarily conserved proteins that function in almost every organogenetic process, and particularly in the development of branched organs such as salivary gland⁵⁴, kidney and lung⁵⁵. In vivo studies on mammary morphogenesis in mice show for instance, that the deletion of α 2 integrin and the functional inhibition of β1 integrin attenuate mammary ductal branching⁵⁶⁵⁷. We are still discovering the precise spatiotemporal expression of different integrins during mammary development⁵⁸. Given that integrins have a large set of ligands they can bind to, it is possible that the same integrin subunit may participate in binding to different ligands in different locales of the gland.

The role of MMPs, the ECM remodeling enzymes, in mammary ductal morphogenesis is well documented. The membrane-bound MT1-MMP and diffusible MMP-2 are found at the invasive front of penetrating terminal end buds where MMP-2 facilitates the invasion of the TEBs into the stroma59. MT1-MMP has been shown also to facilitate the invasion of mammary epithelial cells by softening the collagenous microenvironment contiguous with the invading front of mammary cells in $3D$ culture⁶⁰, but most importantly as mentioned above, it is responsible for the invasion of the epithelial cells through its transmembrane/ cytoplasmic domain which interacts with β1 integrin for signaling⁵⁸. MMP-2 represses

lateral budding in mid-pubertal mammary glands. MMP-3 does not affect primary ductal invasion but promotes lateral branching both in vivo and in 3D gels in culture⁵⁹.

ECM can bring about and transform tissue patterns by altering cellular motility (e.g., neural crest migration⁶¹) and by spatially modulating cellular quiescence and proliferation (presence of laminin-111 in the BMs of already-formed mammary epithelial ducts inhibits cellular proliferation whereas its absence at the TEBs allows for the growth and invasion⁶²). In addition, ECM composition and its interaction with cells allows it to influence the rheological properties (such as viscosity and elasticity) of developing tissues influencing their phenotypic outcome (cells in tissues with ECM organized as basement membranes can exhibit buckling, wrinkling and folding effects 63 , unlike mesenchymal tissues where cells are embedded in a more rigid $ECM³⁶$. In fact extensive exon/domain shuffling of ECM proteins coincided with⁶⁴, and likely contributed to, the earliest events of metazoan evolution that witnessed an incredible plasticity in multicellular morphologies⁶⁵.

D. Juxtacrine signaling

The third component of developmental microenvironment that we consider in this review consists of receptor-ligand pairs that reside on the cell surface and interact with each other to initiate signaling. This interaction occurs when one cell bearing a receptor and the other bearing its cognate ligand are next to each other, hence the signaling is referred to as juxtacrine. Two well-known examples of juxtacrine signaling are the interaction between the Notch family of receptors and its ligands, and the interaction between Eph receptor tyrosine kinases and their transmembrane ligands, Ephrins. Notch pathway contributes to the determination of cell fates through the process of lateral inhibition: it amplifies stochastic differences in expression of Notch and its receptors, which transforms a relatively uniform cell population into two distinct populations⁶⁶. This is evidenced during Notch mediated conversion of proneural clusters into neuronal and glial cells during neurogenesis. Notch is also involved in tissue compartmentalization⁶⁷ and during vertebrate somitogenesis⁶⁷, processes where it is utilized to communicate cell-fate decisions across spatial scales. Ephrins and their counterreceptors Ephs have been traditionally described as essential cues for axon guidance⁶⁸ but they influence cellular patterning in important developmental processes such as neurogenesis⁶⁹, somitogenesis⁷⁰ and angiogenesis⁷¹. Here we will briefly discuss the role of Eph-Ephrin in mammary branching morphogenesis.

Microarray analysis and in situ hybridization data⁷² suggest that Ephrin-B1 is enriched significantly in the stroma surrounding the TEBs relative to the cells surrounding the ducts. On the other hand, the transcript levels of ephrin receptor EphA2 is high in the TEB epithelia in comparison to ductal epithelial cells. Although there is no evidence that the epithelial EphA2 interacts with the stromal Ephrin-B1, it seems likely that an Eph-Ephrin juxtacrine interaction involving one or both of Ephrin-B1 and EphA2 is unique to the TEB microenvironment making it different from the ductal microenvironment. Mammary glands of mice with EphA2 deletion show decreased epithelial invasion into the mammary fat pad and impaired branching, consistent with the notion that juxtacrine signaling plays an important role in ductal patterning during mammary gland development⁷³.

We have used the examples of morphogens, ECM and juxtacrine signaling to decode some of the characteristic interactions between cells and their microenvironment in a developmental context. These components interact with each other, recruit cues from other parts of the developing embryo as well as also respond to external macroenvironment. This makes the phenotype of developing tissues an emergent outcome that is shaped by the dynamic context surrounding the cells. In the case of postnatally developing mammary gland, cues from endocrine system and the surrounding stroma act on the mammary

epithelial cells along with their microenvironmental components such as morphogens and ECM molecules in order to give rise to the mammary branching pattern.

Once the organ forms, and becomes functionally differentiated, its structure and pattern must be 'locked in' *in vivo* to maintain homeostasis. In the next section, we summarize work describing the microenvironment of the adult functioning organ and discuss how it may participate in this 'locking in' or 'breaking out'.

2. DECODING THE ORGAN MICROENVIRONMENT

Organs in the post-developmental stage of an organism's life history generally differ from their developmental stage in three aspects: 1. Architectural constraints: Organs achieve an anatomical architecture (through dynamic and reciprocal signaling between the chromatin and the extracellular components that make up the organ microenvironment) that makes them distinct from each other, and which are generally well insulated from external macroenvironmental influences relative to the embryonic tissues. 2. Integration: The organ microenvironment is integrated with other organs and tissues through the cardiovascular, nervous and endocrine systems. Some organs undergo changes in architecture in response to cues from these systems during the life of the organism. As a result, the term macroenvironment now refers to all the other tissues and organs of the adult organismal body that signal to the organ and influence its phenotype. 3. Delineation of labor: Cells and tissues within a given organ each perform a specialized function. For example, in the case of the mammary gland, luminal epithelial cells (LEPs) are involved in production and secretion of milk, and the myoepithelial cells (MEPs) contract to facilitate milk secretion. This is traditionally referred to as 'terminal differentiation', originally used by geologists to refer to specific chemical changes in rocks⁷⁴ but appropriated by biologists at the turn of the $19th$ century to refer to what was perceived to be, 'irreversible' changes in fate of cells75. The rigidity of the term "terminal", well suited for the rigid geology, is poorly suited for biology and has for too long prevented biologists from looking beyond the cell as a unit of function.

There is some old literature, unfortunately little read let alone cited, that demonstrates that differentiation is also entirely dependent on its context. Elegant experiments performed almost half a century ago by Deome and colleagues showed that even 'terminally differentiated' mammary epithelia, upon transplantation into mammary fat pads cleared of their epithelia, could recapitulate the formation of the entire mammary epithelial tree⁷⁶. Recent work by Gilbert Smith's group shows that ectodermal cells from semeniferous tubules of adult testes⁷⁷ and in another instance neural stem cells⁷⁸ (both from a murine strain expressing the Rosa26–LacZ reporter gene under Wap-Cre promoter during pregnancy), when mixed with mammary epithelial cells and placed in epithelia-free fat pads were redirected to exhibit mammary epithelial phenotype and function. Of course the ultimate example is Dolly: cells from a frozen mammary gland could recreate the entire animal⁷ . Thus differentiation in an adult functioning organ is not intrinsically terminal; it is a contextual function of its organ microenvironment. The latter keeps the cell in its differentiated state. It also suggests that the microenvironment of an adult organ is essentially inhibitory: to maintain homeostasis, the microenvironment must prevent inappropriate growth⁷⁹, apoptosis⁸⁰ and trans-differentiation. The cell rarely, if ever, is autonomous within an organ. The next section presents evidence from mammary gland biology supporting this notion.

A. The mammary acinus - and not isolated mammary epithelial cells bereft of their ECM and tissue polarity - is the unit of lactating mammary function

Much of our knowledge regarding the molecular mechanisms responsible for the structure and function of the lactating mammary gland has come from a combination of engineered

mice and 3D cultures of mammary epithelial cells in lrECM (see Figure 1 lower panel) or floating collagen gels $81, 82$. This is because when fully functioning tissues, including mammary epithelia are taken from the organ, dissociated and cultured on rigid and flat substrata, they lose form and function very rapidly 83 . The mammary cells lose their functional capacity to respond to lactogenic cues or to secrete milk proteins⁸³. In contrast, appropriate microenvironmental contexts such as floating collagen gels allow expression of tissue-specific genes^{4, 81, 82, 84} or formation of a few of the milk proteins such as the caseins 82 . The latter was shown later to be a function of the formation of a basement membrane⁸⁵, in particular the presence of laminin-111. Additionally we now know that the reason that the cells become functional in floating collagen gels and are able to form the BM is because in the detached gel, tension is released and the cells are able to become polarized⁸⁶. That laminin-111 is sufficient for producing β-casein as long as the cells are within or on top of a gel was demonstrated by the fact that even single cells will express β-

casein when laminin-111 was added to collagen gels⁸⁷. Production of other milk proteins, however, requires an additional layer of complexity. Formation of acini with tight junctional complexes that form the lumen is required for expression of whey acidic protein, another milk protein in rodent milk^{88, 89}.

In vivo, the acini form at the distal end of the ducts of the mammary arbor during midpregnancy and lactation. An acinus consists of luminal (LEPs) and myoepithelial cells (LEPs) and is surrounded by a BM consisting of laminin-111, laminin V, collagen IV and other globular proteins and glycosaminoglycans⁹⁰. β-casein gene expression in the acini is dependent on the interaction between β1 integrin and laminin-111⁹¹. Using 3D cultures of LEPs embedded in collagen I, with and without MEPs, Gudjonnson and coworkers showed that MEPs are responsible for laminin-111 synthesis and therefore formation of laminin-111-containing BM92. The LEPs secrete milk in response to lactogenic cues from the endocrine system only when cells' are provided correct cues by their microenvironment, in this case laminin-111. The latter includes MEPs in addition to the BM, in order to form the 'double layered tube' that exists in vivo.

There is another aspect to the acinar architecture: the cells have to be arranged in a way that makes the whole acinus polar. The LEPs always lie to the apical side of MEPs. Milk secretion is always directed centripetally from the apical surface of LEPs into the lumen and this polarity of the structure has profound implications for functional differentiation.

B. The central significance of acinar polarity

How is acinar polarity attained and maintained? Mammary epithelial cells cultured in 2D monolayers have 'cellular polarity', which is an ancient cellular behavior, predating multicellularity⁹³, whereby the cells acquire distinct basal and apical surfaces. There is a difference, however, between the polarity of the tissues in an appropriate 3D context and cells in monolayers.

The comparative study of the formation of polar acini by culturing two well-established human mammary cell lines - S1 (the non-malignant component of the HMT3522 progression series⁹⁴) and MCF-10A in lrECM demonstrates that basal and apical polarity are established via distinct but overlapping mechanisms⁹⁵. Both S1- and MCF10A- derived acini show basal polarity when cultured in 3D lrECM, but only S1 acini express Zonula Occludens-1 (a marker for glandular apical polarity)^{92, 96}. Using a high-throughput culture assay to estimate the relative contribution of different BM components to apical polarity, it was shown that the establishment of apical polarity requires also collagen \dot{IV}^{95} .

Moreover, acini formed by culturing S1 or MCF10A in 3D, using chicken BM do not achieve significant polarity even though CBM contains both laminin-111 and collagen IV.

CBM unlike lrECM produced by a tumor from mice⁹⁷ does not form a gel⁹⁵. Therefore, in addition to chemical constitution, physical properties of the BM are important for tissue polarity⁸⁶.

Which comes first: Cellular polarity or the acini? Tanner et al. showed recently that the ability to form acini from single adult epithelial cells involves a novel morphomechanical process98: Single mammary epithelial cells within an lrECM gel, undergoes multiple rotations, where actin is organized to one of the poles before dividing; as non-malignant cells divide, there is attachment and polarity between the mother/daughter cells as well as their progenies produced by the progressive cycles of cell division (Figure 2A). The motion is synchronous, hence referred to as coherent angular motion (CAMo); its perturbation by pharmacological inhibition of actomyosin network leads to non-polar amorphous cellular masses. Interestingly, the silencing of partitioning deficient 3 homolog (PAR3), a tight junction protein involved in cell polarity as well as inhibition of E-Cadherin resulted in termination of CAMo and formation of shapes other than acini, suggesting that acinar morphogenesis is dependent on cell-cell adhesion and polarity.

C. What non-malignant and cancer cells grown in 3D teach us about organ specificity?

The HMT3522 human cancer progression model, consisting of the non-malignant S1 cells, malignant T4-2, and their isogenic intermediates is an ideal system with which to study the link between growth and polarity⁹⁴.

Non-malignant S1 cells form organized polar acini in lrECM (Figure 3: State I); in contrast, T4-2 cancer cells in 3D show significantly higher expression of β 1- and β 4 integrins, higher ratio of cell-surface β1 integrin to β4 integrins and random non-polar distribution of β1-, β4-, $α6-$ and $α3$ integrins in comparison to S1 cells⁹⁹. Additionally a number of other oncogenic pathways such as EGFR, MAP kinase, PI3 Kinase are overexpressed (Figure 2: State II). Inhibiting overexpression of signaling in any of these pathways when cancer cells are placed in 3D, polarizes the cells, increases adhesion and leads to formation of growth-arrested and basally polarized T4-2 structures that resemble the non-malignant acini, although the apical polarity is not restored to the same degree as basal polarity¹⁰⁰ (Figure 2: State III). The interesting phenomenon here is that all signaling pathways appear to integrate when any one of them is inhibited: For example, normalizing the hyperactive EGFR activity in T4-2, normalizes β1 integrin and vice versa¹⁰¹, revealing a tight reciprocal inter-modulation between tissue polarity and growth arrest, although the two are bifurcated downstream of PI3K signaling 102 .

It is possible that these same mechanisms apply to other acinar forming tissues such as prostate. Preliminary experiments using prostate cell lines under similar conditions also 'reverted' them toward a non-malignant phenotype 103 . Thus malignant cells with a grossly abnormal genome can be reverted to a normal architecture and in doing so, radically reduced tumorigenicity^{99, 101}.

The reverse is also true: Loss of architecture leads to disorganized colonies, oncogenic pathway activation and increased growth. MMP9, a matrix metalloproteinase that is upregulated in several cancers, has the ability to cleave laminin-111 and remodel the mammary BM, is regulated by MEK/ERK pathway and in turn regulates that pathway¹⁰⁴. Activation of MMP9 leads to disruption of polarity, activation of MEK/ERK, β1 integrin, EGFR and PI3Kinase pathways and forces the S1 cells into proliferation¹⁰⁵. The BM is thus a prominent constituent of the adult organ microenvironment that contributes to organ specificity by integrating function, growth and structure. Among Eph-Ephrin family, EphA2 is upregulated in breast cancer specimens as well as aggressive cancer cell lines¹⁰⁶. EphA2

overexpression in non-malignant MCF10A cells deregulates their signaling, resulting in aberrant cell adhesion, invasive behavior in culture and tumorigenicity in vivo 106 .

D. The evolutionary basis of organ homeostasis

In the previous section we described how the organ microenvironment, contributes to organ specificity by integrating aspects of function and architecture at several levels. What emerges out of a comparative study of organ development and specificity is that similar gene products are employed in both processes. Even some of the cellular and tissue level processes are similar although they may be directed towards opposite ends. For example, the cellular morphomechanics evidenced during the axis elongation of Drosophila eggs (Figure 3B) appears to be similar to CAMo (Figure 3A), but the result is topologically opposite – the follicles lose their sphericity and become ellipsoid¹⁰⁷. Laminin-111 is involved in cellular quiescence of adult mammary epithelial cells 62 but stimulates proliferation in mouse embryonic stem cells¹⁰⁸. Epithelial-mesenchymal interactions during development consist of proliferative and morphogenetic signals that are reciprocally exchanged between the two cell types leading to organogenesis³⁶. On the other hand the interactions between adult stromal mesenchyme and adult normal epithelia are often anti-proliferative: Mammary stromal fibroblasts and caveolin 1-expressing adipocytes both inhibit the mitogenic potential of mammary epithelia¹⁰⁹¹¹⁰.

How did the mechanism of organ specificity evolve? Were the molecular players and the interactions in the context of organogenesis 'co-opted' to give rise to, and maintain, the organ architecture? Clues to the resolution of these issues are not yet all here, and may have to come from systems analyses of analogously complex engineering and computational networks. *In any given complex system that can assume a number of different states due to stochasticity or internal dynamics or extraneous impulses, any specific state or set of states, towards which the system gravitates from all adjacent neighboring states is defined as an attractor* ¹¹¹. In complex biological systems with multiple components and a greater number of spatially and temporally specific interactions, the probability of having more than one attractor is high. Not all these attractors are physiological. Those involving abnormal expression of components or anomalous interactions would be detrimental to the structure and functioning of the system and yet be stable. Otherwise seldom visited, these attractors represent potential traps wherein the system may be driven by pathological insults^{112–114}. For example, the electrical dynamics of a normally pulsating heart, and two of its pathologies, myocardial infarction and atrial fibrillation, are very different but each represents distinct attractor states 115 . One of the ways in which a system may escape from one attractor and enter into another is if the system is inherently noisy or if an external perturbation manages to nudge it out from one into another. On the other hand, the attractor is made stable by constraining forces that attenuate the effects of external forces and/or decrease the noisiness of the system.

We suggest that the physiologically functioning adult organ keeps a stable architecture, representing an attractor, through the organ microenvironment. Developmental state of an organ primordium is another attractor. It is not as strong as the adult organ attractor since the developmental microenvironment is less constraining – phenotypic plasticity accorded to development as a result is the raw material for evolution of new organ types. Indeed the tumor microenvironment resembles the developmental microenvironment in a number of respects; both are less constraining with some morphological aspects that are more similar between the two states than that of the normal functioning organ. Cancer state of the organ represents a third attractor as has been pointed out by large-scale analysis of gene networks in pulmonary and hepatocellular cancers¹¹⁶. Gupta and coworkers postulated that individual tumors consist of more than one cell populations with distinct phenotypes and the relative

proportions of these phenotypes are kept in equilibrium with each other through stochastic transitions between the phenotypes 117 . The work from the laboratories of Petersen, Bissell and coworkers provides a clear experimental basis for such a postulate 118 . Organ physiological and pathological states have been likened to attractors before¹¹⁹ but the association is based on the differentiated state of the normal and cancer cells and the gene networks responsible for it. As we discuss above, the differentiation state of the cell and its microenvironment are reciprocally and dynamically linked, and at any given time one or the other could be dominant over the other⁴. For example, Rous sarcoma virus, which is tumorigenic in chickens, is neither tumorigenic nor teratogenic in early chick embryos¹²⁰. pp60v-src expression can become part of normal cells of a feather in a chick embryo when injected into embryonic stage 24 wing, is non-tumorigenic until very close to hatching, despite the fact that the virus replicates and also expresses src-specific kinase in the embryonic cells¹²¹. As we have shown, even cancer cells can be 'reverted' to an organized non-invasive phenotype by normalizing the dynamics of key transducers of microenvironment^{99, 100}. The example of Wilmut's Dolly discussed above shows that the embryonic environment helps 'revert' adult chromatin to an embryonic fate⁷. These examples strengthen our thesis that it is the microenvironment and not the differentiated state of given cells that defines and separates the developmental, physiological and cancer states of the organ.

The systems biology-based interpretation however allows us to hypothesize and explore other mechanisms by which organ specificity is established. Among the most interesting of these is the shrinking of 'interaction space' by global reduction of gene expression leading to a decreased probability that the organ state would enter abnormal and possibly pathological attractors. This is achieved by chromatin condensation associated with histone deacetylation in adult mammary epithelial nuclei and is triggered by 'outside-in' signaling from the laminin-111-rich BM via the actin cytoskeleton¹²². LrECM-induced repression of transcription is also mediated by higher DNA methylation brought about by the expression of methyl CpG binding protein $(MeCP2)^{123}$. A second mechanism of maintaining specificity is the tight integration of organ microenvironmental constituents: bidirectional crossmodulation between the proliferation-promoting EGFR and the adhesion-inducing β1 integrin that is seen in acinar epithelial cells upon their being organized by their BM. Both EGFR and β1 integrin have abnormal expression in malignant cells and inhibiting either one of them down-regulates the other. This tight reciprocal cross-modulation of two tissue-level behaviors, proliferation and adhesion can potentially constrain the variability of the organ state and makes it specific and evolutionary stable¹²⁴. Even widely conserved developmental mechanisms may lack such cross-modulation between key cellular and genetic components. An example is the disequilibrium between the proliferative rate of presomitic mesodermal cells and the periodicity of oscillation of the Notch pathway that has lead to remarkable inter-specific variability in the somite number (and consequently the number of vertebrae) within reptilian clade¹²⁵.

We now know that the presence of regulatory feedback loops is a property that is ubiquitous among multicomponent systems and possibly necessary for normalizing homeostasis (e.g. see summary of interconnectedness of signaling pathways when cancer cells are reverted by using a single agent for a given pathway: all other known oncogenic pathways get corrected¹⁰⁰). It was suggested to have been essential for organ specificity more than 30 years ago⁴ and shown by mathematical analyses to be essential for robustly functioning complex systems¹²⁶. Given that laminin-111 plays a central and integrative role in the mammary organ microenvironment by linking phenotype-determining properties such as tissue polarity, BM formation, cell proliferation and gene expression, the study of potential regulatory feedbacks especially by laminin-111 on its deposition or gene expression, and on its interacting partners represents a future direction for research.

CONCLUSION

In recent times we have witnessed the emergence of multidisciplinary research in biology involving cell-, developmental-, cancer-, systems- biologists, bioengineers, biophysicists, as well as physicists and mathematicians in order to tackle questions that may be ripe for answers. Undertaking such an endeavor has required terms and concepts that in each of these disciplines may have different connotations. Thus the statement that cancer is a developmental disease or that tumors may be "developing organs"¹²⁷ may be understood differently within each discipline. In this essay, we have tried to bring the concept of plasticity from developmental biology and specificity from cell and tumor biology within a single conceptual framework. Much more remains to be done and we look forward to a time that biology could gain a first principle. Given how little we still know about the mysteries of the organism and organ specificity though, we may have to contend with the possibility that the absence of a first principle may indeed turn out to be biology's equivalence of its first principle!

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Bhat and Bissell **Page 19**

Figure 1. Patterning functions of morphogens and ECM in mammary gland morphogenesis Upper panel: Confocal image of an engineered Y-shaped mammary epithelial branching tubule with (a) cells stained for actin (red) and nuclei (green). The computed spatial map of inhibitory diffusible morphogen TGF-β, produced by mammary epithelial cells (and shown in the form of a heatmap in (b) predicts that the local concentration of the inhibitor is highest at the point of trifurcation (where initiation of branching does not take place) and lowest at the distal ends of the tubules, where branching is allowed (c). Branching is determined by the interplay of the local tissue geometry and the spatial geometry of morphogen diffusion. (Adapted from Nelson et al 2006^{44} ; Hayes et al, 2006^{128})

Lower panel: Mouse mammary epithelial cells when cultured on top of laminin-111-rich ECM, develop into spheroid multicellular structures that are encased in basement membrane. These structures resemble in vivo mammary acini in size and shape. After four days, a lumen forms through epithelial cell death in the center. The lumen then fills up with milk, secreted by the peripheral epithelial cells. The lower left panel is a light microscope picture of an acinus from a section of a gland *in vivo*. The lower middle panel shows a low magnification transmission electron microscopic image of an acinus formed in culture. (Adapted from Barcellos-Hoff et al, 1989^{129})

Bhat and Bissell Page 20

A Rotation of S1 mammary cells cultured in 3D

Figure 2. Organ specificity in 3D: an emergent property of a multicomponent interaction network

Systems biology potentially reveals the relationship between homeostasis and cancer. Shown here is an n-dimensional interaction space with the axes representing protein expression levels.

State I depicts the phenotypic organization of normal/non-malignant mammary gland as an acinus that emerges if the mammary epithelial cells are placed in lrECM. The acinus is characterized by cellular quiescence, basal and apical polarity and lumen formation. An intact laminin-111-rich BM ensures repression of oncogenic signaling pathways and downregulation of a metalloproteinase MMP9^{79, 101, 104}.

State II depicts an amorphous phenotype with loss in acinar organization and polarity and cell proliferation, all of which occur when proteolytic MMPs are overexpressed in either non-malignant human breast cells $(MMP9)^{104}$ or in mammary glands in vivo $(MMP3)^{130}$. Overexpression of MMP results in proteolysis and destruction of the BM, leading to loss in tissue specificity and eventually tumors¹³¹.

State III depicts a reverted and re-organized mammary epithelial phenotype with growth arrest, a partial restoration of polarity (only basal polarity returns). The reversion occurs when one or more of the oncogenic signaling pathways or MMPs are inhibited $99, 101$.

Bhat and Bissell Page 21

Figure 3. Coherent morphomechanics of cells in organ specificity and embryogenesis

(A) Coherent angular motion (CAMo) of non-malignant S1 breast epithelial cells occurs when they are cultured in 3D gels leading to the formation of polar spheroidal acinar-like structures as revealed by live imaging of the cells with fluorescent signals from the nuclear histone (green) and actin cytoskeleton (red) (upper and middle panels). By day 5 the S1 acini growth-arrest (lowermost panel) with concurrent lumen formation. (Adapted from Tanner et al., 2012)

(B) Synchronized circumferential rotation of Drosophila follicular cells coincides with axis elongation of its eggs. The left and middle figures of upper panel show follicular elongation as Drosophila oogenesis proceeds. Upper right figure shows quantification of the aspect ratio of the elongating follicle. Lower panel shows the synchronized revolution of follicular cells (through yellow and white dots and arrows) and their germline nuclei (red, blue asterisks and arrow) against collagen IV (green) containing microenvironment as oogenesis takes place (reprinted from Haigo and Bilder, 2011, with permission).