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## **Microbiome, Sex Hormones, and Immune Responses in the Reproductive Tract: Challenges for Vaccine Development Against Sexually Transmitted Infections**

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## **Mucosal Immunology of the Reproductive Tract**

The female and male reproductive tracts are complex compartmentalized systems where immune cells, hormones, and microorganisms interact (Figure 1). The characteristics of the reproductive tract mucosa are distinct from other mucosal sites.[1] Unlike the gastrointestinal and respiratory mucosae, they lack inductive mucoepithelial sites (e.g. Peyer's patches). As such, a significant proportion of IgG in genital secretions is derived from the local circulation. Sexually transmitted infections, especially chlamydia, can still elicit a strong local IgA and cell-mediated immune response.[2–4] Unlike most other mucosal sites (except the lower respiratory tract), the dominant immunoglobulin in genital secretions is IgG rather than IgA.[5]

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## **The Female Reproductive Tract**

The female reproductive tract may be divided into two parts: the lower (vagina and ectocervix) and upper (endocervix, uterus, fallopian tubes) tracts. The lower tract epithelium consists of multiple cell layers of stratified squamous epithelial cells that lack tight junctions allowing the movement of small molecules between the cell lines. The upper tract epithelium consists of a single tightly bound layer of columnar cells. The transition or transformation zone between the two has been shown to be a major effector and inductive site for cell mediated immune responses.[6]

## **Innate Immunity**

The epithelial surfaces of the female reproductive tract are covered with mucus which exhibits microbicidal activity.[7] The epithelial cells actively participate in the innate immune response.[8, 9] In addition to their barrier function, they express pattern recognition receptors (PRRs) that mediate secretion of cytokines, chemokines, and antimicrobial peptides. They are also involved in antigen presentation. Neutrophils are distributed throughout the female genital tract, with the highest numbers in the upper tract. They are involved in phagocytosis, and the production of cytokines and antimicrobial peptides.[10] Antimicrobial peptides, which include defensins, chemokines, antiproteases, and enzymes play an important role in innate responses.[11] Macrophages and dendritic cells are similarly present throughout the female reproductive tract, with higher concentrations in the upper tract.[12] They are involved in phagocytosis and antigen presentation. In addition to their role in antigen presentation, dendritic cells have been shown to be critical players in inducing homing of effector and memory lymphocytes to mucosal tissues and in activation of memory T-cells.[13, 14] These functions highlight their role as an important bridge between the innate and adaptive immune responses. Natural killer (NK) cells are widely distributed, but have a distinct phenotype from NK cells found in the systemic circulation. [15] They produce pro-inflammatory cytokines, promote macrophage activation, and cytotoxic T-cell generation. A newly described population of innate lymphoid cells (ILCs) play a role in regulating epithelial cell responses and maintaining local homeostasis. ILCs have been described in the skin, and in the intestinal and respiratory tracts (NK cells comprise a sub-group of ILCs).[16] Several studies have highlighted the role of commensal bacteria in regulating the development, maintenance, and function of ILCs.[17] Far less is known about ILCs in the reproductive tract.

#### **Adaptive Immunity**

The humoral (Th2) arm of the adaptive immune response in the genital tract consists mainly of IgG as well as secretory IgA (sIgA).[18] The ratio of these antibodies varies by site. sIgA is characterized by enhanced neutralizing activity [19, 20] and enhanced resistance to proteolysis [21]. Unlike IgG, sIgA does not activate complement. In addition to local production, there appears to be significant contribution of IgG from the systemic circulation to genital secretions.[22, 23] The uterus is an important source of immunoglobulins in cervicovaginal secretions. T-lymphocytes are found in the stroma of the upper and lower reproductive tract as well as within epithelial cells (intraepithelial lymphocytes).[24] CD8+ T-cells drive Th1 cell-mediated immunity that targets intracellular pathogens. CD4+ T-cells secrete IFN-γ and drive B-cell maturation. Th17 cells play a role in host defense against extracellular pathogens by mediating the recruitment of neutrophils and macrophages to infected tissues.[25, 26] The female reproductive tract restricts entry of activated T-cells in the absence of inflammation or infection.[27] Consequently, parenteral vaccines that rely on cellular immunity to prevent STIs have not been successful. Recently, vaccines that elicit tissue-resident memory T-cell responses have been shown to be feasible [28, 29] and may

hold the key to a successful vaccination strategy against herpes simplex viruses and other sexually transmitted pathogens.

## **The Male Reproductive Tract**

In the male reproductive tract, keratinized stratified squamous epithelial cells cover the external surface of the penis. The male urethral orifice consists of a non-keratinized stratified squamous epithelium that transitions in the penile shaft to a pseudostratified columnar epithelium. The urethral epithelium expresses several membrane-associated mucins that act as a first-line of defense.[30] The male reproductive tract is an immune privileged site. For example, tight junctions between Sertoli cells prevent entry of complement and immunoglobulins into the seminiferous tubules. This is referred to as the blood-testis barrier. This relative suppression of adaptive immunity is accompanied by an enhanced innate immune response against local infections. Far less is known about the mucosal immune system of the male reproductive tract than is known about the female tract.

## **Innate Immunity**

Antimicrobial peptides are found in the testes, seminal vesicles, epididymis, and prostate. [31] As with the female reproductive tract, epithelial cells lining the male urethral tract express PRRs and are involved in antigen presentation.[32] Macrophages and dendritic cells are abundant in the prepuce and penile urethra and are found in the epididymis and prostate. [33] They are notably absent in the seminal vesicles. Neutrophils are present in the prepuce and variably present in the urethra, prostate, and epididymis. NK cells have been demonstrated in the prostate, testis, and prepuce.

#### **Adaptive Immunity**

IgG is the main immunoglobulin found in seminal plasma and it is serum-derived. IgA, mainly IgA1, is also present and is derived from serum and *in situ* production. B-cells that produce these antibodies are mainly found in the penile urethra and prostate. CD8+ T-cells and CD4+ T-cells are abundant in the penile urethra and also found in the vas deferens, epididymis, seminiferous tubules, and prepuce. It appears that the penile urethra, with the abundant distribution of immune cells, may be a major site of immune induction.[32]

## **The human microbiota**

"Microbiota" represent an assemblage of microorganisms present in a defined environment. The overwhelming majority of microbial species (>99%) resist cultivation in the laboratory. [34, 35] The development of methods to detect fastidious or non-cultivable organisms through amplification and determination of the sequence of conserved genes, or cultureindependent profiling, has precipitated a revolution in microbiology. It relies on amplification and sequencing of the marker genes (such as the 16S ribosomal RNA (rRNA) gene) and has greatly increased appreciation for the complexity, in even seemingly simple microbial consortia, including the genital microbiota.

## **Microbiota and Immune Responses**

Researchers have begun to assert that the human microbiome should be considered in vaccine research.[36] Data is mounting that the gut microbiota plays a role in modulating immune response both locally and systemically.[37–39] Among participants in clinical trials testing the efficacy of oral vaccines against polio, rotavirus and cholera, there were disparities in host immune response outcomes based on geography (developing vs. developed countries). [36] It is hypothesized that the gut microbiota may have contributed to the diverse vaccine efficacy. Ferreira *et al.* [36] reviewed several studies of probiotic strains

which were used for a short time frame, on the order of  $1-5$  weeks, and concluded that probiotics boosted antibody responses to oral vaccines against rotavirus,[40, 41] *Salmonella*, [42] poliovirus [43] and *Vibrio cholera* [44–46]. Among infants who were parenterally administered vaccines against diphtheria, tetanus, *Haemophilus influenzae* type B, and hepatitis B, probiotics proved beneficial in improving immune responses.[47–49] While these findings are exciting, the mechanism of interaction between the gut microbiota and host responses remains largely unknown. An even more unfamiliar territory is the role of the penile or vaginal microbiota in the context of STI vaccinations.

#### **Vaginal Microbiota**

Vaginal bacterial communities are thought to play an important role in preventing colonization by pathogenic organisms, including those responsible for sexually transmitted infections (STIs), vulvovaginal candidiasis, and urinary tract infections.[50, 51] Fundamental differences exist in the microbial diversity of vaginal communities present among reproductive-age women.[52, 53]

Molecular studies based on the 16S rRNA gene have identified over 265 microbial species in the vagina.[52, 54] Composition and relative abundance of these species varies dramatically between women and rapid fluctuations between *Lactobacillus*-dominated and non-dominated states are common.[52, 54] *Lactobacillus* spp. play a critical role in maintaining a healthy vagina. It is postulated that lactobacilli restrict the growth of nonindigenous organisms by acidifying the milieu and producing bacteriocins and lactic acid. [55]

There are five consistent groupings, referred to by Ravel *et al.* as community state types (CSTs), into which the vaginal microbiota can be categorized (Figure 2).[52] These five CSTs are described as dominated by *Lactobacillus crispatus* (CST I)*, Lactobacillus gasseri* (CST II)*, Lactobacillus iners* (CST III)*, or Lactobacillus jensenii* (CST V), whereas the fifth (CST IV) has lower proportions of *Lactobacillus* spp. and higher proportions of anaerobic organisms including BV-associated bacteria [53] such as *Prevotella, Megasphaera, Sneathia*, and *Atopobium*. The latter CST was recently split into two states termed CST IV-A and IV-B.[54] CST IV-A is characterized by various species of anaerobic bacteria belonging to the genera *Anaerococcus*, *Peptoniphilus, Prevotella* and *Streptococcus,* while CST IV-B is characterized with higher proportions of the genera *Atopobium* and *Megasphaera* among others. (Table 1)

The human vagina and the bacterial communities that reside therein represent a finely balanced mutualistic association. Dysbiosis of the vaginal microbiology, such as observed in bacterial vaginosis (BV), have been linked to an approximate 2-fold increased risk for acquisition of STIs, including HIV, gonorrhea, chlamydia, trichomoniasis, herpes simplex virus (HSV) and human papillomaviruses (HPV).[56–61] Likewise, BV-associated bacteria have been shown to increase viral replication and vaginal shedding of HIV-1 and HSV-2. [62–67] Although the etiology of BV remains unknown, it is characterized by a relatively low abundance of *Lactobacillus* spp. and increased abundance of anaerobic bacteria, including *G. vaginalis*, *Prevotella* spp., *Mobiluncus* spp., and *A. vaginae* as well as other taxa of the order *Clostridiales* (BVAB1, BVAB2, BVAB3).[53] Enzymes and decarboxylases produced by anaerobic bacteria are thought to degrade proteins to odorific amines, which is characteristic of BV.[68]

The Nugent Gram stain scoring system has a relatively high sensitivity to the diagnosis of BV among symptomatic women.[69] There is also a strong association between CST and Nugent scoring. In Ravel *et al.*'s study of 394 women, among those who had high Nugent scores, 86.3% were in CST IV, although 13% were classified to *L. iners-* and 1% to *L.*

*gasseri*-dominated communities.[52] None of the 105 women classified to *L. crispatus*dominated communities had a high Nugent score. That 13% of *L. iners* dominated communities rank in the high Nugent scores may reflect difficulties in differentiating *L. iners* from *G. vaginalis* by Gram stain because of similarities in morphology between the two species.

BV is likely multifactorial in etiology.[70] Numerous epidemiologic investigations have identified factors that increase a woman's risk to BV. Menstrual blood, a new sexual partner, the number of sex partners, vaginal douching, lack of condom use, and African American ethnicity appear to be among the strongest risk factors for BV.[71–75] The racial disparities may reflect specific host-microbe interactions. The distribution of CSTs also is different among various races/ethnicities (Figure 3), with a higher percentage of African-American and Hispanic women categorized as CST III (*L. iners*-dominated) or CST IV (low relative abundance of *Lactobacillus* spp.).[52] Other suspected causative factors for BV include smoking, vaginal lubricants, and the presence of bacteriophages that destroy *Lactobacillus* spp.[76, 77]

Evaluations of the longitudinal dynamics of bacterial communities has revealed that some communities change markedly over short time periods, whereas others are relatively stable. [54, 78] (Figure 4 and 5) The menstrual cycle is associated with a significant (negative) effect on the stability of the microbiota, but these effects are influenced by bacterial communities.[54] Sexual activity is also associated with lack of stability. Profiles of CSTs can be derived from time series of community samples and clustered into five cohorts, which Gajer and Brotman *et al.* referred to as *community classes*.[54] These classes reflect similarities in changes in community composition over time. Some classes were highly dynamic and reflected frequent switches between different CSTs. Classes dominated by *L. crispatus* and *L. gasseri* experienced the fewest fluctuations at the level of community composition, however, some communities that lacked significant number of *Lactobacillus* spp. also demonstrated stability (Figure 5). These communities were stable over time and were observed to have consistently high or intermediate Nugent scores. Vaginal communities dominated by *L. iners* demonstrated either a lack of constancy or notable stability. *L. iners*-dominated communities were often seen transitioning to CST IV, a low-*Lactobacillus* state. These findings are critical, as they highlight a novel concept- there may be intervals of susceptibility to STIs and risk could be established by the frequency and duration of these increased susceptibility events.

The microbiome is thought to impact the cervicovaginal mucosal immune responses. Certain bacterial products, particularly from anaerobes, have been shown to result in induction of proinflammatory cytokine production through TLR stimulation [79], dendritic cell activation and maturation,[80] and immune cell migration, apoptosis, and phagocytosis through the production of specific short-chain fatty acids.[81] *G. vaginalis*, a facultative anaerobe, has been shown to produce sialidases, which are capable of inactivating local IgA.[82]

The vaginal microbiome plays a major role in women's reproductive health. We are just beginning to understand the temporal dynamics of vaginal bacterial communities, how they shift from a healthy state to a BV-like state, and how the bacterial communities differ in terms of resistance and resilience to internally or externally imposed disturbances. Surprisingly little is known about the composition of vaginal bacteria across the lifespan, how the interactions of the microbiota with vaccines may vary by age, how they differ between individuals, or how we can harness the vaginal microbiome to protect against STIs. Finally, it is worth mentioning that chronic viral infections, our virome, are a stable part of our metagenome.[83] The virome may significantly influence the host's physiological and immunological responses, adding an additional layer of complexity to these interactions.

#### **Penile Microbiota**

The penile microbiome has been less studied than the vaginal microbiota. The coronal sulcus (CS) and distal urethra have distinct bacterial communities.[84] The microbiota in the urine appears to reflect distal urethral microbiota.[85] The CS microbiota appears more stable than the urine microbiota and the composition of the CS microbiota is strongly influenced by circumcision.[84, 86] BV-associated taxa, including *Atopobium*, *Megasphaera*, *Mobiluncus*, *Prevotella* and *Gemella*, are detected in CS specimens from both sexually experienced and inexperienced participants.[84] Lactobacilli and streptococci are found in high relative abundance in urine but their abundance is inversely correlated. The penis and the urethra can be colonized by a variety of BV-associated bacteria that may be a result of sexual contact.[84]

Price *et al.* demonstrated a decrease in anaerobic bacteria of the penile coronoal sulci after medical male circumcision (MMC).[86] It is hypothesized that circumcision may reduce genital mucosal inflammation by altering microbial burden. Randomized controlled trials have shown MMC reduces the risk of HIV and STI acquisition, including HSV and HPV in men and HPV, BV and *T. vaginalis* in women.[87–89]

## **Sex Hormones and the Reproductive Tract**

## **Sex Hormones and Immune Responses**

The interaction between sex hormones and the immune system is complex. Most of the published data have focused on the female reproductive tract. Limited data exist for the male reproductive tract.

Immune responses in the female genital tract are regulated by sex hormones: Antigen presentation, cytokine production, immunoglobulin production and transport, and induction of tolerance have all been shown to be influenced by variations in the levels of sex hormones.[9, 90] In addition, the impact of sex hormones appears to differ between the lower and upper genital tract in women. Most cells in the reproductive tract express estradiol receptors (epithelial cells, macrophages, stromal cells, and lymphocytes). There appears to be some consistency in hormonal effects on lower genital tract immunity- namely, a dampening of cervicovaginal immune responses around the time- and for a short period of time following ovulation.[91] This is consistent with the body's attempt to optimize the environment to promote successful fertilization and subsequent embryo development. Some investigators have defined the term "window of vulnerability" that begins shortly before ovulation (around day 12 of a normal menstrual cycle- the pre-ovulatory follicular phase at the time of the β-estradiol peak) and persists until around day 21 (mid luteal phase around the time of the progestational peak).[92] During this period, mucus of low viscosity is produced rather than the protective viscous mucus produced at other times (this helps to promote sperm motility, but also enhances access to pathogens). Interestingly, that is the period when the microbiota exhibit its highest level of stability.[54] Immunoglobulin and antimicrobial peptide levels in the lower tract are low (but antimicrobial peptide levels increase in the upper tract).[18, 93–95] Cell-mediated immunity is also affected by sex hormone levels.[90] In the upper tract, cellular immunity is high during the follicular phase, but declines during the luteal phase-most likely to optimize implantation. In the lower tract, cellular responses, particularly cytotoxic T-cell responses appear to be elevated throughout the menstrual cycle independent of hormonal stimulation.

The use of exogenous sex hormones, i.e. hormonal contraception (HC), by hundreds of millions of women worldwide, further complicates the picture. There has been a great deal of interest in studying the impact of sex hormones (both endogenous and exogenous) on susceptibility to STIs. Animal and cell-culture models have long suggested that sex

hormones modify the risk of some lower genital infections, including HIV. Epidemiological studies in humans have yielded conflicting results.[96] Part of the inconsistency has been attributed to significant behavioral confounding factors in these studies. However, other biological explanations are possible- even probable. Most of the studies did not correlate systemic hormone levels to the measured outcome, and many did not take into account duration of exogenous hormone exposure.[96, 97] For example, duration of HC use has been shown to have a direct impact on susceptibility to infection and to be a critical factor in the development of immune responses to infection (see 'Vaccines and Sex Hormones', below).

#### **Sex Hormones and the Microbiota**

An intriguing study was conducted in 29 healthy women initiating oral contraception.[98] Gingival sulcus specimens were obtained prior to HC initiation (HC has been associated with increased risk of gingivitis in some studies), 10 days post initiation, and 3 weeks later. There was little change in the microbial communities between pre-HC and 10 days post HC but at 3 weeks post-HC, a striking increase in the number of *Prevotella* species was noted. This small study suggests that mucosal microbial communities are affected by sex hormones and that duration of exposure may be a critical variable. The impact of sex hormones on the vaginal microbiome has not yet been determined, but the estrogen stimulated accumulation of glycogen in the vaginal epithelium is thought to play a major role in maintaining a protective *Lactobacillus-*dominated microbiota.

Data from our group and others suggest that the use of certain types of hormonal contraceptives may decrease the risk of disruptions in the vaginal microbiota as defined by the clinical syndrome of BV.[99–103] HC may exert their effects on the vaginal microbiota in at least two different ways. As mentioned above, estrogen stimulates glycogen accumulation in vaginal epithelial cells, in turn, glycogen could serve as a carbohydrate source for *Lactobacillus* spp. [104] The end product, lactic acid, helps vaginal fluid maintain low pH and prevents the overgrowth of bacteria associated with BV.[55] Studies have also suggested an association between higher estrogen serum levels and reduced BV prevalence. [105] The other mechanism by which HC, especially progestin, may affect the vaginal microbiota is through its inhibitory effect on uterine bleeding. Menstruation has been positively correlated with low *Lactobacillus* vaginal microbiota.[54, 75] Data from cohorts of pregnant women also suggest stability of the microbiota during pregnancy.[106]

## **Vaccines and the Reproductive Tract**

Parenteral vaccines against mucosal pathogens of the genital tract have been successful, particularly when they induce strong serum IgG levels that cross mucosal epithelia to provide local protection. The HPV vaccine is the most obvious example.[107].

There are only a few examples of mucosal vaccines (oral polio, cholera, and influenza). Several factors have hindered the development of effective mucosal vaccines. Mucosal immune responses are, to a certain extent, compartmentalized. While vaginal, intranasal, and sublingual immunizations have been found to elicit adequate genital mucosal immune responses- the intranasal route, oral and rectal routes of immunization have been less successful.[108] In rodent models, the combination of parenteral and intranasal routes of immunization yielded the best outcome when comparing combination approaches. Very few studies have been performed in humans. In one of the few studies conducted in women, vaginal immunization with the B subunit of cholera toxin resulted in higher cervicovaginal antibody responses compared to the oral and rectal immunization routes.[109] In men, parenteral and systemic immunizations resulted in the detection of IgG and IgA antibodies in semen. Intranasal and rectal routes of immunization have not been well explored in men.

Another challenge of mucosal vaccination is immunological tolerance.[110] Most mucosal sites tend to exhibit mucosal tolerance via induction of regulatory T-cells (Treg) that dampen immune responses following antigen exposure. To overcome this tendency for tolerance, mucosal vaccines must be potent. Potency may be enhanced by the use of live vaccines, whole cell vaccines that express one or more pathogen-associated molecular pattern (PAMP), and/or the use of adjuvants.

## **Vaccines and Sex Hormones**

The impact of endogenous and exogenous sex hormones on mucosal immune responses must be considered when trying to optimize vaccine responses in the genital tract. The importance of this concept has been clearly demonstrated in animal models. Using a mouse model, the use of depot medroxyprogesterone acetate (DMPA) increased susceptibility to HSV-2 infection >100 fold.[111] A significant lowering of antibody responses to HSV-2 in DMPA-treated mice following immunization with a HSV-2 vaccine was also reported. Most intriguing was the incidental observation that the duration of DMPA use prior to HSV-2 challenge affected the immune response to future re-challenge. In an elegant study, mice immunized intravaginally with an attenuated strain of HSV-2 following longer (15 days) exposure to DMPA (DMPA-15 group) failed to show protection when challenged with wildtype HSV-2.[112] In contrast, mice that were immunized shortly after DMPA treatment (DMPA-5 group), were fully protected and showed no genital pathology after HSV-2 challenge. High viral replication titers, low levels of gamma interferon, dampening of  $T_H1$ responses, and poor specific antibody responses characterized the DMPA-15 group in contrast to the DMPA-5 group. These experiments demonstrate that duration of HC use may impact innate and acquired immune responses, thereby influencing the susceptibility to and course of the infection.

Far less is known about the impact of sex hormones on responses to vaccines in humans. A study by Johansson *et al.* highlights the potentially critical role of sex hormones: In 21 volunteers who received a mucosal vaccine containing cholera toxin B antigen, the investigators administered the vaccine either independently of the menstrual stage or on days 10 and 24 in the cycle in different groups of participants.[113] Vaginal and nasal vaccinations both resulted in significant IgA and IgG anti-cholera toxin B subunit responses in serum in the majority of the volunteers in the various vaccination groups. Only vaginal vaccination given on days 10 and 24 in the cycle induced strong specific antibody responses in the cervix. In another study, women who received the parenteral HPV vaccine had the highest levels of cervical IgG and IgA detected during the follicular phase of the cycle, and these levels decreased significantly around the time of ovulation.[114]

In an era where much of the hope of future STI control lies in vaccine development, the effects of endogenous and exogenous sex hormones on mucosal and systemic immune responses must be critically evaluated.

#### **Vaccines and the Microbiome**

There are no studies that evaluate the association between the vaginal microbiota and successful vaccination. These studies are critical and could lead to a novel dual approach to STI prevention which integrates (1) vaccines and (2) control of the microbiota. To achieve these goals, continued efforts to better understand bacterial community dynamics over time (inter-bacterial and bacterial-host) are necessary. Such studies would lead to the development of interventions to maintain a healthy microbiota. For example, the development of personalized pre-biotics that would maintain a healthy vaginal microbiota, preventing adverse ecological shifts, or of probiotic mixtures that could seed a microbial community to restore and/or maintain a healthy environment, may be envisionned.

Numerous studies have already demonstrated the positive effect of probiotics (primarily through boosting *Lactobacillus*) on prevention of infections in the female reproductive tract. Unfortunately, there is little rationale for the selection of probiotic strains; none consider the differences in vaginal microbiota observed among women and there are few well-designed randomized placebo-controlled studies. The application of genomic technologies represent a major step towards achieving this goal. Personalized treatments could be geared toward a better appreciation of species-specific and temporal changes in microbiota.

## **Conclusions**

The success of the HPV vaccine (reviewed by Schiller *et al.* [115]) has re-energized the field of STI vaccine research after earlier disappointing results with HSV [116, 117] and gonorrhea [118, 119] vaccines. There are currently several new candidate HSV and chlamydia vaccines in various stages of development and recent advances in the fields of immunology and vaccine design offer hope for the development of vaccines targeting gonorrhea and syphilis.[120] To optimize vaccine responses against STIs, in addition to optimizing antigen types, formulations, adjuvants, and delivery methods,[121–123] we need a clear understanding of the interactions taking place at the mucosal surfaces. Vaccine development must take into account the differences between the systemic and mucosal immune responses, the compartmentalization of the mucosal immune responses, the unique characteristics of the reproductive tract mucosae, the role of the microbiome, the impact of sex hormones, and the interactions among all of these factors. We are just beginning to decipher these complex relationships.

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## **Highlights**

- **•** The reproductive tract is a unique mucosa that lacks inductive mucoepithelial sites
- **•** Reproductive tract mucosal immune responses are compartmentalized
- **•** Dampening of immune responses around the time of ovulation has been observed
- **•** Immune responses are affected by resident bacterial communities and sex hormones
- **•** Successful vaccines against STIs must take into account its unique environment



#### **Figure 1.**

There are multiple potential interactions between the immune system, sex hormones, the microbiome and vaccine efficacy. Some of these interactions may be bidirectional. Vaccines against sexually transmitted pathogens should take into account all of these factors.



## **Figure 2.**

Heatmap showing the distribution of microbial taxa found in the vaginal microbial communities of 394 reproductive-age women. Adapted with permission from *Proceedings of the National Academy of Sciences of the United States of America* [52].



## **Figure 3.**

Percentage of vaginal bacterial community state types within each ethnic group of women. The number of women from each ethnic group is in parantheses. Reproduced with permission from *Proceedings of the National Academy of Sciences of the United States of America* [52].



#### **Figure 4.**

Daily temporal dynamics of vaginal bacterial communities in six women over a 10-week period. The relative abudance of each phylotype is depicted as interpolated bar graphs. Phylotypes color codes are indicated on the right of each bar graph. Daily Nugent scores (range 0–10) and pH (range 4–7) are indicated below the graph. Red solid circles represent menstruation. Missing pH values are indicated by red box, otherwise pH is in line with a value of 4. Missing Nugent scores are also indicated by the red box, otherwise the score is in line with a score of 0. The figures show that the top four participants (A, B, C, D) carry highly stable communities dominated by *L. crispatus* (A), *L. iners* (B) and non-*Lactobacillus* dominated communities (C and D). Women E and F experienced very low stability communities with both high Nugent scores and pH. Unpublished data, personal communication from Ravel and Brotman.



## **Figure 5.**

Profiles of community state types, Nugent scores and menses for 32 women over a 16 week period. (A) Dendogram of distances between proportions of the five communities state types identified and measured within a woman over time. (B) Color bar indicates community class designation and is defined by clusters of proportions of community state types within a woman over time. (C) Profiles of community state types in which Nugent scores have been superimposed. Menses for each woman are indicated by boxes. Each time point is represented by a color-coded community state type (color key on top). Reproduced with permission from *Science Translational Medicine*.[54]

#### **Table I**

## Community State Types (CST) in the Vaginal Microbiota*†*



*†* CSTs reflect the clustering of samples based on bacterial composition and abundance. Gajer and Brotman *et al.* previously reported on these 6 CSTs among women in Baltimore, MD.54

*\** CST IV-A is characterized by various species of anaerobic bacteria including *Anaerococcus, Peptoniphilus* and *Prevotella* spp., whereas CST IV-B had higher proportions of bacteria from the genera *Atopobium* and *Megasphaera* among others.