

NIH Public Access

Author Manuscript

Magn Reson Imaging. Author manuscript; available in PMC 2015 May 01.

Published in final edited form as:

Magn Reson Imaging. 2014 May ; 32(4): 397–401. doi:10.1016/j.mri.2013.12.019.

A Comparison of Individual and Population-Derived Vascular Input Functions for Quantitative DCE-MRI in Rats

David A. Hormuth II1,3, **Jack T. Skinner**1,2, **Mark D. Does**1,2,3,4, and **Thomas E. Yankeelov**1,2,3,5,6

¹Institute of Imaging Science, Vanderbilt University Nashville, Tennessee, USA

²Department of Radiology and Radiological Sciences, Vanderbilt University Nashville, Tennessee, USA

³Department of Biomedical Engineering, Vanderbilt University Nashville, Tennessee, USA

⁴Department of Electrical Engineering, Vanderbilt University Nashville, Tennessee, USA

⁵Department of Physics, Vanderbilt University Nashville, Tennessee, USA

⁶Department of Cancer Biology Vanderbilt University Nashville, Tennessee, USA

Abstract

Dynamic contrast enhanced magnetic resonance imaging (DCE-MRI) can quantitatively and qualitatively assess physiological characteristics of tissue. Quantitative DCE-MRI requires an estimate of the time rate of change of the concentration of the contrast agent in the blood plasma, the vascular input function (VIF). Measuring the VIF in small animals is notoriously difficult as it requires high temporal resolution images limiting the achievable number of slices, field-of-view, spatial resolution, and signal-to-noise. Alternatively, a population-averaged VIF could be used to mitigate the acquisition demands in studies aimed to investigate, for example, tumor vascular characteristics. Thus, the overall goal of this manuscript is to determine how the kinetic parameters estimated by a population based VIF differ from those estimated by an individual VIF. Eight rats bearing gliomas were imaged before, during, and after an injection of Gd-DTPA. *Ktrans ,* v_e , and v_p were extracted from signal-time curves of tumor tissue using both individual and population-averaged VIFs. Extended model voxel estimates of *Ktrans* and *v^e* in all animals had concordance correlation coefficients (CCC) ranging from 0.69 to 0.98 and Pearson correlation coefficients (PCC) ranging from 0.70 to 0.99. Additionally, standard model estimates resulted in CCCs ranging from 0.81 to 0.99 and PCCs ranging from 0.98 to 1.00, supporting the use of a population based VIF if an individual VIF is not available.

Keywords

MRI; dynamic contrast; DCE; tumor; pharmacokinetic modeling; input function

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Please send correspondence to: Thomas E. Yankeelov, Ph.D., Vanderbilt University Institute of Imaging Science, AA 1105 Medical Center North, 1161 21st Avenue South, Nashville, TN 37232-2310, USA, Thomas.yankeelov@vanderbilt.edu.

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Introduction

Dynamic contrast enhanced magnetic resonance imaging (DCE-MRI) can be used to investigate vascular properties of tumors including blood vessel perfusion and permeability, and tissue volume fractions. DCE-MRI probes these characteristics by rapidly acquiring heavily *T1*-weighted images before, during, and after injection of a paramagnetic contrast agent (CA) such as gadopentetate dimeglumine (Gd-DTPA). Pharmacokinetic modeling of the resulting signal-intensity time courses allow for estimating the local physiological properties (1) making it a valuable tool in preclinical and clinical studies of, for example, anti-angiogenic treatments (2).

One challenge with pharmacokinetic modeling of DCE-MRI data is estimating the time rate of change of the concentration of the CA in a nearby feeding vessel, the so-called vascular input function (VIF). Accurately estimating the VIF is particularly challenging in small animals where small vessel sizes impedes direct VIF measurement (3). Imaging based approaches to measuring the VIF typically require a technical balance between high temporal resolution acquisitions to capture the VIF's rapid uptake and high spatial resolution to observe tumor heterogeneity (4,5). Two alternative imaging derived approaches that alleviate the technical constraints of acquiring both high spatial and temporal resolution images are reference region methods and the use of a population-averaged VIF. In a reference region analysis, characterization of the VIF can be avoided by using the parameters and the signal-intensity time course of a reference tissue, which can be acquired at a lower temporal resolution, to calibrate CA uptake in tumors (6,7). Rather than acquire a VIF for each individual subject, some investigators have explored using a populationaveraged VIF built from a cohort of subjects and subsequently used for pharmacokinetic analysis (8-13). Replacing an individual based VIF with a population-averaged VIF can reduce the need for high temporal resolution and alleviate SNR restrictions required for individual VIF measurements, thereby potentially allowing improved characterization of the tumor environment.

Following the work of Loveless *et al* (11), the goal of this study is to determine, in a cohort of tumor bearing rats, the differences in kinetic parameters resulting from replacing an individually measured VIF with a population based VIF. The resulting parameters were statistically compared at both the voxel and ROI level.

Methods

Animal Model

Female Sprague-Dawley rats ($n = 8$, 234-270 g) were anesthetized, given analgesic and inoculated with C6 glioma cells $(1\times10^5 \text{ cells})$ *via* stereotaxic injection. CA was injected through a jugular catheter placed within 24 h prior to imaging. During each MRI procedure body temperature was maintained near 37 °C by a flow of warm air directed over the animal and respiration was monitored using a pneumatic pillow. Each rat was anesthetized using 2% isoflurane in oxygen for all surgical and imaging procedures. All experimental procedures were approved by Vanderbilt University's Institutional Animal Care and Use Committee.

DCE-MRI

Imaging procedures are described in more detail elsewhere (14). Briefly, MRI was performed using a 9.4 T horizontal-bore magnet (Agilent, Santa Clara, CA, USA). A precontrast T_I map was generated with data from an inversion-recovery snapshot experimentrepetition time $(TR) = 12s$, with 10 TIs logarithmically spaced between 0.250 and 11 s, two

averaged excitations, 128×128 samples, 32×32 mm field of view. Two slices were acquired during the DCE-MRI experiment, one through the center of the brain tumor and another through the neck containing the major vessels feeding the brain. The DCE-MRI protocol consisted of a standard spoiled gradient-echo sequence with $TR/TE/a = 10$ ms/2.1 ms/15 \degree , a 96 \times 96 acquisition matrix, and two averaged excitations resulting in a temporal resolution of approximately 2 seconds. Dynamic images were collected before, during, and for 20 minutes after manually delivering a 200 μl bolus of 0.05 mmol kg−1 Gd-DTPA (Magnevist, Wayne, NJ) over 5 s.

Data Analysis

For each animal, the pre-contrast T_I map was used to identify the tumor ROI from which the concentration of the CA in tissue space (C_t) was calculated. A voxel ROI was then manually drawn around the linguofacial artery in the neck from which voxels exhibiting partial volume effects with tissue were eliminated by visual inspection and the remaining voxels (5-10 voxels) were averaged to form the VIF, from which the concentration of the CA in the blood/plasma space (C_p) was calculated. After aligning the arrival times of the individual VIFs (VIF_{ind}), the mean of the eight VIF_{ind} was used to generate the population-averaged VIF (VIF_{pop}). Following the method of Li *et al*, each animal's VIF_{ind} and VIF_{pop} were scaled so that the concentration time course of a 50 voxel ROI in the temporalis muscle yielded a v_e of 0.11 (15-19). The scaled VIF_{ind} and VIF_{pop} for each animal were used with the *C^t* and fit to both the standard (ST) and the extended (EX) models in MATLAB R2012a (Natick, MA, USA). The ST model is given by:

$$
C_t(t) = K^{trans} \int_0^t C_p(u) e^{-\left(K^{trans}/v_e\right)(t-u)} du, \quad [1]
$$

where *Ktrans* is the volume transfer constant (in units of min−1) and *v^e* is the is extravascularextracellular volume fraction. The EX includes a vascular volume fraction, v_p , within the tissue space:

$$
C_t(t) = K^{trans} \int_0^t C_p(u) e^{-\left(K^{trans}/v_e\right)(t-u)} du + v_p C_p(t).
$$
 [2]

After fitting the voxel data to the ST and EX models the coefficient of determination, r^2 , was calculated to measure the goodness of fit to the voxel data. Voxel fits with a returned *r* 2 $<$ 0.6, or estimated parameters outside the physiological range (0 < K^{trans} < 1 min⁻¹, 0 < v_e < 1, and $0 < v_p < 1$) were removed from subsequent analyses.

Statistical Analysis

Agreement between pharmacokinetic parameters extracted from the ST (*Ktrans* and *v^e*) and EX (K^{trans} , v_e , and v_p) models were examined. The parameters estimated with VIF_{pop} and VIFind were paired. The paired voxel and ROI data for each animal was then compared based on its Pearson correlation coefficient (PCC) and concordance correlation coefficient (CCC) (20).

Results

Population-averaged VIF

The eight individual VIFs are shown in Figure 1a. Figure 1b shows the same individual VIFs after the application of a multiplicative scaling factor as described by Li *et al* and others (16,21,22), to minimize flow effects. The population-averaged VIF is presented in Figure 1c (black line) where the gray lines represent one standard error from the populationaveraged VIF. Both the peak and the washout share a similar standard error (18.0% and

14.73% of the mean, respectively). Figure 1d shows an example dynamic R_I time course obtained from a single voxel. The VIF_{ind} and VIF_{pop} based fits both resulted in r^2 values of 0.97.

ROI Analysis

The results of ROI analysis are presented in the bottom rows of Tables 1 and 2. The ROI value for the PCC and CCC were calculated from the individual rat ROIs. Table 1 presents the calculated PCCs for both the ST Model and the EX model, while table 2 displays the calculated CCC's from the ST and EX model parameter estimation. For the ROI analysis, a strong linear relationship was observed between parameters estimated using VIF_{pop} and VIFind with *Ktrans* and *v^e* having PCCs greater than 0.94. Likewise, ROI analysis resulted in CCCs greater than 0.74 for ST and EX model estimates of K^{trans} and v_e . v_p had a lower PCC (0.56) and a lower CCC (0.18) compared to K^{trans} and v_e results. ST estimates of K^{trans} and *ve* had greater PCCs (PCC = 0.98 and 0.98, respectively) compared to EX estimates of *Ktrans* and v_e (PCC = 0.97 and 0.94, respectively). Likewise, ST estimates of K^{trans} and v_e also had greater CCCs (CCC = 0.76 and 0.86, respectively) compared to EX estimates of *Ktrans* and v_e (CCC = 0.74 and 0.82, respectively).

Voxel Analysis

The estimated parameters obtained by fitting the voxel level C_t time courses to the ST and EX models with both VIF_{ind} and VIF_{pop} were compared across all animals. The results are presented in Tables 1 and 2. The PCC along with its 95% confidence intervals computed for each animal and parameter are presented in Table 1. ST and EX estimates of *Ktrans* and *v^e* returned from voxel data analysis resulted in PCCs ranging from 0.70 to 1.00. The PCC between the VIF_{ind} and VIF_{pop} estimates of v_p was < 0.77.

The high level of agreement between parameters estimated with VIF_{pop} and those estimated with VIF_{ind} is presented in Table 2 by the CCC and its 95% confidence interval. For most rats, ST estimates of K^{trans} and v_e resulted in increased PCCs (16 of 16) and CCCs (12 of 16) over their EX model counterparts. In general, a weak correlation (CCC < 0.72) was observed between estimates of v_p estimated using VIF_{pop} and VIF_{ind} .

Discussion and Conclusions

A substantial challenge to performing quantitative DCE-MRI in small animals is the measurement of the VIF. While there are imaging and non-imaging approaches that can provide a reasonable estimate of the VIF, each method has its limitations. The necessity for high temporal resolution for imaging based estimates of the VIF significantly restricts the SNR, FOV, and spatial resolution available to characterize the tumor itself. Additionally, to better investigate tumor growth, angiogenesis, or treatment response, multiple slice or 3D data sets are desired which will result in either a decreased spatial resolution and/or FOV in order to maintain a temporal resolution appropriate for VIF estimation. One way to acquire multi-slice, high spatial resolution DCE-MRI data—without forfeiting a high temporal resolution VIF—is to use a population based VIF. This work has reported on the implementation and agreement between a population-averaged VIF and an individually acquired VIF in tumor bearing rats.

The motivation of using a population-averaged over an individual VIF is the potential for high spatial resolution images to characterize tumor heterogeneity. Initially, high temporal resolution images are still needed to generate the VIF_{pop} , but future experiments using the resulting population based VIF benefit by the decrease in required temporal resolution and the increases in spatial resolution, and/or SNR, and/or FOV. Investigating tumor

microstructure through ROI analysis, however, is a useful tool and can be used clinically, for example, in grading gliomas using extracted *Ktrans* values (23). In this study, ROI analysis of ST and EX estimates of K^{trans} and v_e suggests that using the VIF_{pop} provided parameters statistically similar, as observed by $CCCs > 0.74$, to those produced with the VIF_{ind}. Both the voxel and ROI estimates of v_p resulted in lower PCCs and CCCs compared to estimates of *K*^{*trans*} and *v_e*. The poorer correlation and linear relationships between VIF_{pop} and VIF_{ind} estimates of v_p may arise from its increased sensitivity to deviations from the "true VIF". Additionally, when a rapid bolus injection is used (as was done here) errors in v_p estimation generally increase as temporal resolution, SNR, and v_p decrease (24,25). If VIF_{ind} compared to VIF_{pop} was assumed to result in more accurate estimates of v_p , the "true VIF" would be more similar to the VIF_{ind} resulting in a decreased correlation between the two estimates. When the "true VIF" is less biased towards either the VIF_{ind} or the VIF_{pop} , the resulting estimates of v_p should have an increased correlation, which could account for the higher CCCs observed in rats 5 and 8 compared to the remaining rats.

The results of this study also suggest that ROI and voxel estimates of v_e using the VIF_{pop} produced more statistically similar values and stronger linear relationships to VIF_{ind} estimates than estimates of K^{trans} . The increased agreement of v_e over K^{trans} in this study may be traced back to the use of a scaled VIF to avoid inflow effects. Because the VIF is scaled to produce an assumed v_e value of a reference tissue, error may be induced if the actual v_e of the reference tissue is significantly different due to physiological conditions and/ or disease states. Additionally, the higher PCC and CCC observed in ST model estimates over their EX model counterparts at both a voxel and ROI level, suggest an increased sensitivity to variations between VIF_{pop} and VIF_{ind} due to the inclusion of the plasma space within the tissue space.

Although using a population-averaged VIF may allow improved characterization of the tumor environment by reducing the temporal resolution and FOV constraints, it may not capture physiological differences between animals due to disease progression. In other studies, experimental or physiological variation between animals was shown to affect VIFpop estimates of model parameters (10,26). However, assuming that experimental procedures remained consistent between animals, physiological variation did not seem to affect the degree to which VIF_{pop} estimated parameters agree with VIF_{ind} parameters. Thus, if the injection protocol reported here is followed, the reported VIF_{pop} may be used in lieu of a VIFind.

In summary, the results of this study indicate that both K^{trans} and v_e estimated using a population based VIF have a high level of agreement to those estimated using an individual VIF. Additionally, the results of this study validate the work done previously in mice (11). Thus, we propose that individual VIFs can be obtained and averaged to form a population VIF providing a suitable replacement for an individual VIF when one is not readily available.

Acknowledgments

We thank the National Institute of Health for funding through NIBIB EB001744, NCI R21CA169387, NCI P30CA068485, NCI R01CA138599, NCI 2R25CA092043, and NCI R25CA136440. The authors thank Zou Yue for performing the animal surgeries. The Authors also thank Dr. Mary Loveless, Ph.D. and Dr. Jennifer Whisenant, Ph.D. for informative discussions.

Grant Sponsor: NIBIB EB001744, NCI R21CA169387, NCI P30CA068485, NCI R01CA138599, NCI 2R25CA092043, and NCI R25CA136440

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Hormuth et al. Page 8

Figure 1.

Panels **(a-b)** display the eight individual VIFs un-scaled and scaled, respectively. Panel **(c)** displays a population averaged VIF and the standard error at each time point; individual VIFs were tightly grouped resulting in a small difference between the standard error at the peak and during the washout period. Panel **(d)** shows an example voxel R_I time course within a tumor fit with both the individual and population based VIFs, both of which show a good fit to the measured R_I time course ($r^2 = 0.97$, for both).

Table 1

PCC Results for ST and EX Model Voxel and ROI Estimates

Table 2

CCC Results for ST and EX Model Voxel and ROI Estimates

