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The UPR in atherosclerosis

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Abstract

Multiple systemic factors and local stressors in the arterial wall can disturb the functions of endoplasmic reticulum (ER), causing ER stress in endothelial cells (ECs), smooth muscle cells (SMCs), and macrophages during the initiation and progression of atherosclerosis. As a protective response to restore ER homeostasis, the unfolded protein response (UPR) is initiated by three major ER sensors: protein kinase RNA-like ER kinase (PERK), inositol-requiring protein 1 α (IRE1 α), and activating transcription factor 6 (ATF6). The activation of the various UPR signaling pathways displays a temporal pattern of activation at different stages of the disease. The ATF6 and IRE1 α pathways that promote the expression of protein chaperones in ER are activated in ECs in athero-susceptible regions of prelesional arteries and before the appearance of foam cells. The PERK pathway that reduces ER protein client load by blocking protein translation is activated in SMCs and macrophages in early lesions. The activation of these UPR signaling pathways aims to cope with the ER stress and plays a pro-survival role in the early stage of atherosclerosis. However, with the progression of atherosclerosis, the extended duration and increased intensity of ER stress in lesions lead to prolonged and enhanced UPR signaling. Under this circumstance, the PERK pathway induces expression of death effectors, and possibly IRE1 α activates apoptosis signaling pathways, leading to apoptosis of macrophages and SMCs in advanced lesions. Importantly, UPR-mediated cell death is associated with plaque instability and the clinical progression of atherosclerosis. Moreover, UPR signaling is linked to inflammation and possibly to macrophage differentiation in lesions. Therapeutic approaches targeting the UPR may have promise in the prevention and/or regression of atherosclerosis. However, more progress is needed to fully understand all of the roles of the UPR in atherosclerosis and to harness this information for therapeutic advances.

Keywords

Atherosclerosis; Unfolded protein response; Endoplasmic reticulum; Stress

Introduction

Atherosclerosis is the primary pathological process that leads to cardiovascular disease, the leading cause of mortality and illness in developed countries [1]. Intensive studies on the cellular and molecular mechanisms of atherosclerosis over the past decades have led to a consensus view that retention of lipoproteins and a subsequent maladaptive inflammatory response are major contributors to atherogenesis. Although therapeutic interventions targeting lipoprotein metabolism have made great progress, atherosclerosis remains a common and challenging illness. Many aspects of atherogenesis still remain incompletely understood, and novel therapeutic targets to prevent the disease or cause its regression need to be identified and validated [2].

Work over the last decade has revealed that endoplasmic reticulum (ER) stress is an important event during the initiation, progression, and clinical progression of atherosclerosis [3]. The ER is the cellular organelle responsible for the proper folding and maturation of secretory and membrane proteins. In addition, the ER is also the major intracellular reservoir of calcium, and its membrane is the place where many rate-limiting enzymes of lipid biosynthesis are located. Stimuli such as oxidative stress, ischemic insult, disturbances in calcium homeostasis, and enhanced expression of normal and/or folding-defective proteins lead to the accumulation of unfolded proteins and other perturbations in ER function [4]. As an adaptive action, the unfolded protein response (UPR) is triggered to maintain ER homeostasis. In mammalian cells, the UPR is triggered by the activation of at least three major stress sensors located on the ER membrane: protein kinase RNA-like ER kinase (PERK), inositol-requiring protein 1 α (IRE1 α), and activating transcription factor 6 (ATF6) [5]. These sensors are maintained in an inactive state under non-stress conditions through an association with the protein chaperone glucose-regulated protein 78 (GRP78)/BiP in the ER lumen. However, upon aggregation of unfolded proteins and other ER stress conditions, GRP78 dissociates from these sensors, allowing their activation and initiation of UPR signaling.

One critical action of UPR signaling is to reduce protein synthesis as a means to re-establish homeostasis. In particular, activated PERK blocks general protein synthesis by phosphorylating (p) eukaryotic initiation factor 2 α (eIF2 α), and IRE1 α may cause degradation of certain mRNAs through a process known as regulated IRE1-dependent decay (RIDD). Second, a coordinately regulated transcriptional network is activated, involving three distinct UPR transcriptional factors, ATF4, ATF6, and X-box binding protein 1 (XBP1), to regulate the expression of genes required to restore ER homeostasis. Ironically, ATF4 escapes translational inhibition through a mechanism involving alternative open-reading frame usage in the 5' UTR of the *Atf4* transcript. ATF4 translocates to the nucleus and activates genes that encode amino acid transporters and genes that protect against oxidative stress. ATF6 is activated by limited proteolysis after its translocation from the ER to the Golgi apparatus. Active ATF6 regulates the expression of ER chaperones and XBP1. XBP1 must undergo mRNA splicing to achieve its active form, which is carried out by IRE1 α . Spliced XBP1 protein (sXBP1) translocates to the nucleus and controls the transcription of ER chaperones and components of the ER-associated degradation (ERAD) process. ERAD functions at the post-translational level by targeting misfolded proteins of ER for ubiquitination and subsequent degradation by the proteasome. Together, the three UPR signaling branches coordinately act at the transcriptional, post-transcriptional, and post-translational level to resolve ER stress by blocking general protein synthesis, enhancing the folding capacity, and initiating degradation of potentially cytotoxic protein aggregates [5-7].

The development of atherosclerosis is a chronic, complex process involving a number of systemic and arterial-wall risk factors. Atherogenesis begins with the retention of apolipoprotein B-containing lipoproteins in focal areas of the arterial subendothelium. The retained and subsequently modified subendothelial lipoproteins, as well as other risk factors like shear stress, contribute to the activation of vascular endothelial cells (ECs). Activated endothelium expresses adhesion molecules that cause monocytes to stick to the endothelium and infiltrate into the vascular wall, where they differentiate into macrophages and ingest retained lipids to become "foam cells." Macrophages, together with the T cells, mast cells, and other inflammatory cells that enter developing atherosclerotic lesions, contribute to a maladaptive inflammatory response that drives atherosclerosis [8, 9]. The cytokines and growth factors produced by these immune cells promote a change in the localization and phenotype of smooth muscle cells (SMCs). In response to atherogenic stimuli, SMCs undergo a conversion from a "contractile" phenotype to a "synthetic" phenotype. The

synthetic SMCs produce a massive amount of extracellular matrix in the lesions. SMCs and extracellular matrix contribute to the further retention of lipoproteins and immune cells during the progression of atherosclerosis, while in advanced lesions they appear to help stabilize plaques through the synthesis of a fibrous cap overlying the lesions [10]. Eventually, the increasingly complex lesion consists of immune cells, vascular ECs and SMCs, connective-tissue elements, lipids, and debris. In the center of an atheroma, foam cells and extracellular lipid droplets form a core region, which is surrounded by a cap of SMCs and a collagen-rich matrix. T cells, macrophages, and mast cells continue to infiltrate the progressive lesion and are particularly abundant in the shoulder region where the atheroma grows [11]. Importantly, only a small percentage of lesions lead to acute clinical manifestations resulting from plaque rupture and subsequent thrombosis and vessel occlusion [12]. A common feature of these unstable plaques is the accumulation of apoptotic immune cells and vascular cells [13, 14]. Normally apoptotic cells are removed by phagocytic cells (“efferocytosis”). As lesions progress, these apoptotic cells become “secondarily necrotic” due to defective efferocytosis. The cumulative effect of these late lesional events is the generation of a necrotic core, which, in concert with pro-atherogenic effects of residual surviving macrophages, promotes further inflammation, plaque instability, and thrombosis [13].

Although the UPR is initiated as an adaptive response, an unresolved UPR response can lead to apoptotic cell death, perhaps designed to get rid of potentially damaging cells through efferocytosis. In addition, components of the UPR regulate various physiological and pathological processes, ranging from lipid and cholesterol metabolism and energy homeostasis, to inflammation and cell differentiation [15]. Inflammation and apoptosis are key pathological processes in atherosclerosis. The potential role of UPR in regulating these processes, together with evidence showing activation of UPR in early and advanced atherosclerotic lesions, suggest a link of UPR to the progression and clinical complications of atherosclerosis. This review is designed to provide an overview of the evidence for UPR activation in atherosclerosis, the possible roles the UPR may play in atherosclerosis, and the therapeutic potentials to treat atherosclerosis by targeting the UPR.

Evidence of UPR activation in atherosclerosis (Fig. 1)

Advanced atherosclerotic plaques provide a pathophysiological environment that can cause ER stress and activate the UPR, which is due, at least in part, to the presence of oxidized lipids, inflammation, and metabolic stress [11]. ER stress and UPR activation markers have been observed in both human and animal atherosclerotic lesions. Myoishi et al. [16] examined the histological sections of human atherosclerotic coronary artery lesions obtained at autopsy or after directional coronary atherectomy (DCA). The lesions in the human coronary specimens from autopsy were classified by histochemistry as being diffuse intimal thickening, fibrous plaques, thick-cap atheroma, thin-cap atheroma, or ruptured plaques. The latter two classifications are associated with acute clinical syndromes, while the former three types of plaques are not. Both SMCs and macrophages exhibited a markedly increased expression of the ER chaperones GRP78 and GRP94 and CCAAT/enhancer binding protein homologous protein (CHOP) in thin-cap atheroma and ruptured plaques compared with intimal thickening, fibrous plaques, and thick-cap atheroma. The DCA specimens in the study came from patients with stable angina pectoris (SAP) or unstable angina pectoris (UAP) according to clinical manifestation. Again, morphometric analysis demonstrated that the numbers of KDEL- and CHOP-positive cells were significantly higher in patients with UAP than SAP. Similarly, the mRNA expression of GRP78 and CHOP were higher in UAP patients. Although this study cannot make any conclusions about causation, it provides evidence that activation of UPR is associated with the severity and clinical complications of atherosclerosis in humans.

Causation studies linking the UPR to atherosclerosis have relied upon genetically engineered mouse models of atherosclerosis. Mouse models of atherosclerosis faithfully recapitulate early lesion development, and although plaque rupture does not occur in these models, they do develop features that are known to be associated with plaque rupture in humans, including necrotic cores and intimal cell apoptosis. The activation of UPR signaling is found at different stages of atherosclerosis in mice. Zhou et al. assessed the expression of UPR markers in three stages of lesional macrophages at the aortic root in *ApoE*^{-/-} mice: intimal macrophages, macrophage foam cells within the fatty streak, and macrophage foam cells in complex lesions [17]. Protein disulphide isomerase and the ER chaperones GRP78 and calreticulin were found to be highly expressed in both non-lipid-loaded macrophages and macrophage foam cells, as well as in the medial SMCs. Phospho-PERK was observed at all stages of lesional macrophage development. In advanced lesions, cells within the cap were strongly positive for phospho-PERK, and intimal SMCs were occasionally positive for phospho-PERK. CHOP immunostaining of murine atherosclerotic lesions can yield a false-positive signal, but Western blot analysis of lesional extracts demonstrate strong CHOP expression in advanced lesions, consistent with the aforementioned study with human plaques. Consistent with these data, laser-captured RNA from macrophage-rich regions of advanced murine plaques show high levels of *Chop* mRNA [18]. T cell death-associated gene 51 (TDAG51), which is an ER stress-inducible protein that promotes detachment-mediated apoptotic cell death [19], was observed at all stages of lesions. Finally, both spliced (active) and unspliced (latent) forms of the XBP1 protein were increased in the advanced lesion group.

Lipid metabolism and UPR

Macrophages are capable of ingesting apolipoprotein-B (apoB)-containing lipoproteins and transporting ingested lipoproteins from late endosomes to the ER, where cholesterol is esterified to form inert lipid droplets. However, macrophages in advanced lesions appear to have reduced capability of esterifying cholesterol, leading to intracellular accumulation of unesterified (free) cholesterol [20]. In this setting, trafficking of free cholesterol to the normally cholesterol-poor ER membrane alters the physicochemical properties of this membrane and leads to disruption of ER function and activation of the UPR [21]. A cytosolic lipid chaperone called macrophage fatty acid-binding protein-4 (aP2) regulates cellular lipid trafficking and metabolism. Human THP-1 monocytes cultured with oxidized low-density lipoprotein (oxLDL) showed induction of aP2 expression [22], and aP2-deficient macrophages showed significantly reduced p-PERK, P-eIF2 α , and XBP1 splicing upon treatment with palmitate [23]. Thus, aP2 appears to be a mediator between lipotoxic signals and macrophage ER stress. The role of aP2 in this process involves suppression of activation of liver X receptor (LXR), which up-regulates key lipogenic enzymes that convert saturated fatty acids into less toxic monounsaturated fatty acids [23]. In *ApoE*^{-/-} mice, total or macrophage-specific aP2-deficiency provides significant protection against atherosclerosis [24].

Shear stress induced UPR

Endothelial function and dysfunction are central to the focal origin and regional development of atherosclerosis. Atherosclerotic lesions generally occur at arterial bends, characterized by flow separation and low shear stress. Using a nonatherosclerotic pig model, Davies' group compared the transcript profiles of endothelial cell samples isolated from discrete coronary and non-coronary arterial regions of varying susceptibilities to atherosclerosis [25]. The analysis revealed markers of ER stress activation in atherosusceptible vs. athero-resistant regions. The differentially expressed ER-associated genes were functionally categorized into mRNA processing, protein folding, protein transport and quality control, protein degradation, and ER lipid biosynthesis [26]. In athero-susceptible

regions, IRE1 α , ATF6, and XBP1, but not PERK or eIF2 α , were activated in concert with a higher transcript expression of protein folding enzymes and chaperones. Moreover, expression levels of *ATF4* and *CHOP* mRNA, but not protein, were increased. These data suggest UPR activation in endothelial cells occurs at the very early stage of atherosclerosis. At this stage, UPR may be functioning as a protective response to the disturbed blood flow and low shear stress. However, if UPR activation is prolonged or exacerbated by other ER stress inducers, such as hypercholesterolemia, it may be detrimental to the survival of the endothelium. For example, overexpression of spliced XBP1 induced endothelial loss from blood vessels during ex vivo culture of mouse artery segments. Importantly, adenoviral gene transfer of spliced XBP1 to the vessel wall of *Apoe*^{-/-} mice resulted in development of atherosclerotic lesions after aorta isografting [27].

Hyperhomocysteinemia-induced UPR

Epidemiologic studies suggest that moderately elevated total serum homocysteine (tHcy) levels are prevalent in the general population and, though still controversial [28], may be associated with an increased risk for cardiovascular disease, independent of classic cardiovascular risk factors [29]. Studies using genetic- or diet-induced animal models of hyperhomocysteinemia (HHcy) have demonstrated a causal relationship between HHcy and accelerated atherosclerosis [30, 31]. HHcy can be induced in animal models by using diets supplemented with methionine, which is metabolized to homocysteine after being co-ingested with cholesterol. In these models, HHcy increases atherosclerotic lesion size, and was found to enhance the expression of ER stress markers, including GRP78/94 and phospho-PERK, in the advanced lesions of *Apoe*^{-/-} mice. Interestingly, heat shock protein 47 (HSP47), an ER-resident molecular chaperone involved in collagen folding and secretion, was also increased in advanced lesions of HHcy mice. In advanced lesions, GRP78/94 and HSP47 were predominantly localized to the smooth muscle cell-rich fibrous cap, suggesting activation of the UPR in SMCs [31]. SMCs are the major producers of extracellular matrix proteins in atherosclerotic lesions, and this high level of protein synthesis may increase the protein client load in ER and thereby cause UPR activation. Another mouse study suggested that homocysteine may specifically target the PERK branch of the UPR in macrophages. Interestingly, the expression of GRP78/94 was comparable between mice fed with or without methionine supplementation despite of methionine-induced HHcy [32]. The finding that HHcy induces an UPR was also demonstrated in a rabbit model, in which endothelial CHOP expression was induced in association with EC apoptosis and larger plaque size [33]. Addition of taurine in the diet, which blocks absorption of methionine, did not improve the lipid profile but markedly inhibited the increase in plasma methionine and Hcy and was associated with a decrease in endothelial CHOP expression [33].

UPR and apoptosis in atherosclerotic lesions

Apoptosis is a prominent event in advanced atheroma and a major cause of plaque rupture. Sustained UPR activation has been linked to apoptosis in multiple cell types including pancreatic cells, liver cells, immune cells, and vascular cells [34]. UPR activation in advanced atherosclerosis is associated with intimal cell apoptosis in both human and animal studies. In the aforementioned human study, thin-cap atheroma and ruptured plaques, or lesions from patients with unstable angina pectoris, displayed significantly higher levels of TUNEL-positive (apoptotic) macrophages and SMCs compared with earlier or more stable lesions [16]. Correspondingly, these unstable plaques also showed a higher expression of CHOP, and a large portion of the CHOP-positive cells were TUNEL positive. Similar findings occur in the advanced lesions of fat-fed *Apoe*^{-/-} mice [17]. The oxysterol 7-ketocholesterol was present at higher levels in human thin-cap atheroma compared with thick-cap atheroma. 7-Ketocholesterol, which is the most abundant oxysterol in human

atheroma, can cause oxidative and ER stress. Treatment of cultured coronary artery SMCs or THP-1 monocytes with 7-ketocholesterol induced the upregulation of ER chaperones and apoptosis [16].

Even in advanced lesions, only a small percentage of cells are apoptotic at any one point in time. One study found that early lesional macrophages accumulated FC but that these cells were not apoptotic [17]. One possible explanation is that apoptotic cells are rapidly cleared by neighboring macrophages via efferocytosis [13]. On the other hand, this may reflect the pro-survival function of early UPR activation. Some UPR markers found in early lesions including GRP78, GRP94, and spliced XBP1 are activated after human blood monocytes are differentiated into macrophages by macrophage-colony stimulating factor (M-CSF) *in vitro*, and this process actually protects macrophages from ER stress-induced apoptosis [35]. The conversion of UPR signaling from pro-survival to pro-apoptotic is probably a slowly evolving process *in vivo* as manifested by the delayed expression of CHOP. Moreover, the initial ER stress response is often accompanied by other pro-survival pathways in early lesions, such as interferon- β , Akt (or protein kinase B), NF- κ B, p38 α , extracellular signal-regulated kinase (ERK), and autophagy [3]. Apoptosis eventually occurs when the balance between pro-survival and proapoptotic functions breaks down.

The causative role of CHOP in macrophage apoptosis in advanced atherosclerosis has been established by studying athero-prone mice with genetically engineered deletion of CHOP. In particular, when CHOP knockout mice were bred with *Ldlr*^{-/-} or *ApoE*^{-/-} mice and fed with Western diet, CHOP deficiency was associated with somewhat less total lesion area and much less necrotic area [18]. Macrophage apoptosis in advanced lesions of CHOP knockout mice was significantly reduced [18, 36]. The peritoneal macrophages isolated from CHOP knockout mice also displayed less apoptosis compared to WT cells when stressed with 7-ketocholesterol or oxLDL plus the peroxynitrite donor SIN-1. As mice generally do not develop spontaneous plaque rupture in aorta, an artificial plaque rupture model was generated by the ligation and cuff placement method [36]. The number of plaque disruption events was markedly prevented by CHOP knockout in this model, supporting the hypothesis that activation of CHOP contributes to the instability of atherosclerotic plaques. Moreover, bone marrow-derived cells seem to be the major player in CHOP-dependent plaque disruption, as transplantation of CHOP knockout donor bone marrow into *Chop*^{+/+} mice was sufficient to reduce plaque disruption. Interestingly, another bone marrow transplantation study reported that recipient CHOP deficiency significantly suppressed both cuff injury-induced neointimal formation and hypercholesterolemia-induced atherosclerotic plaque formation to a greater extent than donor CHOP deficiency, although macrophage apoptosis was not studied [37]. This suggests that the role of CHOP in atherosclerosis may be not limited to macrophage apoptosis and that SMC and/or EC CHOP may function in atherogenic processes.

Mechanisms of UPR-mediated apoptosis relevant to atherosclerosis

ER stress-mediated apoptosis in macrophages

ER stress-induced apoptosis in macrophages has been extensively studied by a number of laboratories and, as described above, is relevant to advanced atherosclerosis. ER stress in cultured macrophages can be induced by forcing intracellular accumulation of unesterified cholesterol or by exposure to “athero-relevant” ER stress inducers like oxysterols [20, 38, 39]. A comprehensive understanding of the pro-apoptotic actions of prolonged CHOP expression has been obtained based on both *in vitro* studies and aforementioned genetically modified animal studies (reviewed in [34]). One prominent mechanism involves the induction of ER oxidase 1 α (ERO1 α) by CHOP in ER-stressed macrophages, which activates inositol triphosphate receptor (IP3R)-mediated release of calcium into the cytosol.

This increase in cytosolic calcium activates a kinase called calcium/calmodulin-dependent protein kinase II (CaMKII), which triggers apoptosis execution pathways through a number of mechanisms. These mechanisms include induction of the Fas death receptor, mitochondrial release of apoptogens, a pro-apoptotic pathway involving signal transducer and activator of transcription-1 (STAT1), and NADPH oxidase-mediated ROS generation [40-42].

In addition to this well-characterized mechanism based on macrophage studies, two other molecular mechanisms of CHOP-induced cell apoptosis have also been identified. First, CHOP regulates the expression of anti-apoptotic and proapoptotic members of BCL family. CHOP down-regulates the anti-apoptotic BCL family member protein Bcl-2 and Bcl-2 transduction of these cells rescues the cells from both oxidative stress and apoptosis [43-45]. On the other hand, CHOP up-regulates the pro-apoptotic protein Bim and PUMA, leading to mitochondria-dependent apoptosis [46, 47]. Second, CHOP induces the expression of its transcriptional target DNA damage-inducible protein 34 (GADD34), which promotes the dephosphorylation of eIF2 α and thus restores protein translation. The increased protein client load in cells with high levels of protein synthesis can further perturb ER function leading to cell death [48]. Whether any of these mechanisms is relevant to cell death in atherosclerosis remains to be determined.

In most of in vitro experiments, a high dose of ER stress inducers is used, which can probably trigger the full spectrum of UPR signaling. However, macrophages in atherosclerotic lesions are likely exposed to a more subtle ER stress environment and may require a “second hit” to become apoptotic. In vitro and in vivo data suggest that pattern recognition receptors (PRRs), notably scavenger receptors and toll-like receptors (TLRs), can function as second hits to trigger apoptosis in macrophages exposed to low levels of ER stress [3]. For example, low doses of 7-ketocholesterol, thapsigargin, or the peroxynitrite donor SIN-1 showed synergetic effects on macrophage apoptosis when combined with PRR activators that are known to be present in advanced lesions, such as oxidized phospholipids, oxidized LDL, and saturated fatty acids [42]. The mechanism by which PRR activation tips the balance toward apoptosis in ER-stressed macrophages involves amplification of cell death pathways, such as NADPH oxidase-mediated ROS generation, and suppression of ER stress-induced compensatory cell survival pathways [42, 49, 50].

ER stress-mediated apoptosis in ECs and SMCs

In cultured ECs, homocysteine-induced CHOP induction and apoptosis can be prevented by a dominant negative form of IRE1 [51]. IRE1 causes XBP-1 splicing and activation, and the overexpression of spliced XBP1 induces apoptosis in cultured human umbilical vein endothelial cells (HUVEC) and endothelial loss from blood vessels ex vivo [27]. Interestingly, this effect was found to be mediated by the down-regulation of the adherens junction molecule VEcadherin. Reconstitution of VE-cadherin significantly increased the survival of HUVECs in these cells. Homocysteine-induced EC death can also be mediated by the induction of TDAG51, which is up-regulated by phosphorylated eIF2 α [19]. Overexpression of TDAG51 in ECs decreases cell adhesion and promotes detachment-mediated apoptosis. Furthermore, glycated and oxidized LDL, two common ER stressors present in atherosclerotic lesions, induce prolonged ER stress in cultured ECs by inducing oxidative stress and inhibiting the ER calcium pump SERCA [52].

In cultured SMCs, increased CHOP expression and apoptosis have been observed following exposure to 7-ketocholesterol [53] and unesterified cholesterol [54]. Silencing CHOP by small interfering RNA decreased 7-ketocholesterol-induced cell death [16]. 7-Ketocholesterol also activated the IRE-1/c-Jun-N-terminal kinase (JNK) /AP1 signaling pathway, which led to increased expression of Nox-4 and subsequent oxidative stress.

Silencing Nox-4 expression significantly reduced the 7-ketocholesterol-induced production of ROS and abolished apoptotic events [53].

As mentioned above, studies in ECs and SMCs have suggested a role for IRE1 α in apoptosis. Several molecular mechanisms of activated IRE1 α -induced apoptosis have been explored and need to be examined in athero-relevant studies. First, IRE1 α 's RNase can cause endonucleolytic decay of many ER-localized mRNAs, including those encoding chaperones. Thus persistent IRE1 α activation can signal an inability to adapt to ER stress and trigger a switch to apoptosis [55]. Second, activation of IRE1 α can recruit the adaptor protein TNFR-associated factor 2 (TRAF2), which results in the activation of the apoptosis signal-regulating kinase 1 (ASK1) pathway and its downstream target JNK [56]. JNK can induce apoptosis through a BAX/BAK-dependent mitochondrial pathway. For instance, JNK disrupts the balance between the pro- and anti-apoptotic factors upstream of BAX/BAK via activation of the pro-apoptotic proteins BIM and BMF [57] and deactivation of the anti-apoptotic protein BCL-2 [58]. Third, sustained IRE1 α RNase activation induces caspase-2 (CASP2) protein via a rapid decay of select microRNAs that normally repress translation of *Casp2* mRNA [59]. Once activated, CASP2 cleaves the pro-apoptotic BCL-2 protein BID, which then localizes to mitochondria to induce BAX/BAK-dependent apoptosis [60]. Fourth, the decay of miR-17 by hyperactivated IRE1 α also causes the elevation of thioredoxin-interacting protein (TXNIP) expression. Elevated TXNIP activates the NLRP3 inflammasome, which cleaves procaspase-1 to its active form, in turn causing maturation and secretion of IL-1 β , thus promoting sterile inflammation and apoptosis [61].

UPR and inflammation in atherosclerosis

Growing evidence suggests that signaling pathways in the UPR and inflammation are interconnected through various mechanisms. First, PERK-mediated translational attenuation leads to shortage of I κ B due to its shorter half-life, thereby freeing NF- κ B to translocate to the nucleus. Second, the IRE1 α -TRAF2 complex recruits and activates JNK and I κ B kinase (IKK). Activated JNK phosphorylates the transcription factor AP1. Activated IKK phosphorylates I κ B leading to its degradation and activation of NF- κ B. Activated AP1 and NF- κ B induce the transcription of a large number of inflammatory mediators. Third, an increase in the protein folding load in the ER can lead to the accumulation of ROS, which may initiate an inflammatory response. (reviewed in [62]) Importantly, the links between UPR and inflammation are evident in various inflammation-driven metabolic diseases [63].

Inflammation and UPR are particularly important in atherosclerosis. For example, accumulation of free cholesterol (FC) in macrophages leads to the induction and secretion of tumor necrosis factor- α (TNF α) and interleukin-6 (IL-6), which is mediated by FC-induced activation of the IKK/NF- κ B pathway as well as activation of MKK3/p38, Erk1/2, and JNK1/2 mitogen-activated protein kinases (MAPK). The activation of all of the signaling pathways and induction of both cytokines require cholesterol trafficking to ER. The CHOP branch of the UPR signaling is required for Erk1/2 activation and IL-6 induction. In contrast, one or more other ER-related pathways are responsible for activation of p38, JNK1/2, and IKK/NF- κ B and for the induction of TNF α [64]. Interestingly, in contrast to the aforementioned IRE1 α -mediated activation of the nucleotide oligomerization domain receptor protein 3 (NLRP3) inflammasome and the subsequent release of the pro-inflammatory cytokine IL-1 β in THP-1 monocytes [61], another study found that the activation of NLRP3 inflammasome caused by the ER stressors brefeldin A (BFA), tunicamycin, and thapsigargin in THP-1 monocytes and human macrophages was independent of PERK, IRE1 α , or ATF6 [65]. Further studies are required to characterize this unconventional ER stress response.

Evidence gained from ECs also supports a link between ER stress and inflammation. Studies using human aortic ECs found that UPR-related genes were induced by the oxidized phospholipid oxidized 1-palmitoyl-2-arachidonoyl-sn-glycero-3-phosphocholine (oxPAPC)-treated human aortic ECs [66, 67]. The ATF4 and XBP1 branches of the UPR were essential mediators of basal and oxPAPC-induced expression of the inflammatory cytokines IL-8, IL-6, MCP1, and the chemokine CXC motif ligand 3 (CXCL3) [67, 68]. In vivo, ATF3 and ATF4 were strongly expressed in ECs in the more inflammatory shoulder area of human coronary atherosclerotic lesions rather than in the fibrous cap area. The shoulder region also showed a high level of the oxidized phospholipid oxPAPC, suggesting a link between oxPAPC and the UPR [68].

ER stress and macrophage differentiation

Macrophage phenotypic variation is evident in atherosclerosis as it is in other inflammatory conditions [69]. Although this variation is often denoted by the letter “M” followed by a number, such as “M1” for so-called classically activated macrophages and “M2” for so-called alternatively activated macrophages, a clear delineation is usually not observed [70]. Nonetheless, this notation appears in the literature and will be used below. In chow-fed *ApoE*^{-/-} mice, lesion-infiltrated macrophages of young mice exhibit predominantly the M2 phenotype, whereas M1 macrophages are dominant in more advanced lesions of aged mice [71]. ER stress was recently found to be a key regulator of macrophage differentiation and cholesterol deposition [72]. ER stress was found to be necessary to generate the M2 phenotype through JNK activation and increased PPAR γ expression. This process was coupled with induced expression of the macrophage scavenger receptors CD36 and steroid receptor RNA activator 1 (SRA1) and increased foam cell formation. On the other hand, suppression of ER stress shifted differentiated M2 macrophages toward an M1 phenotype and subsequently suppressed foam cell formation by increasing HDL- and apoA-1-induced cholesterol efflux [72]. Moreover, M2-polarized macrophages were more sensitive to the lipotoxic effects of oxLDL than non-polarized macrophages or non-differentiated monocytic cells [73]. These studies raise the possibility that suppression of ER stress, by promoting M2 to M1 conversion, may reduce foam cell formation and macrophage apoptosis and thus prevent plaque progression. However, M1 macrophages are generally considered as pro-inflammatory cells and M2 macrophages as anti-inflammatory cells. These in vitro findings raise the interesting question of how the putative phenotypic switch between M1 and M2 macrophages is regulated in atherosclerosis and what the net effect is of these two opposing functions in disease progression.

ER stress as therapeutic target

Given the role of ER stress and UPR in the progression of atherosclerosis, therapeutic strategies to combat prolonged ER stress may have beneficial effects on preventing and alleviating the disease. Currently, agents that non-specifically relieve ER stress, such as chemical chaperones, and agents selectively targeting distinct UPR signaling molecules are under investigation in pre-clinical models. Although the mechanisms of these agents are not completely known, and not all of them have been tested in atherosclerosis-relevant models, they represent an important initial step towards targeting ER stress to treat atherosclerosis.

Chemical chaperones

So-called “chemical chaperones” have emerged as a potential therapeutic approach in multiple ER stress-related diseases. Chemical chaperones are small molecules that non-selectively stabilize mutant proteins by facilitating their proper binding. However, the majority of chemical chaperones require high concentrations to effectively prevent the misfolding of mutant proteins. These reagents at high concentration can cause non-specific

effects and toxicity, which often makes them unsuitable for in vivo applications, especially chronic indications [74]. Currently, two chemical chaperones, namely 4-phenylbutyric acid (PBA) and tauroursodeoxycholic acid (TUDCA), are approved by the US Food and Drug Administration for use in humans [74, 75]. Both have been recently tested in mouse models of atherosclerosis.

Western diet-fed Apoe^{-/-} mice receiving PBA exhibited a dose-dependent reduction in atherosclerosis. Several UPR markers, including phosphorylated eIF2 α , phosphorylated PERK, and ATF3, were suppressed in the lesions of mice treated with PBA, suggesting that restoring ER function can protect against the deleterious effects of toxic lipids in promoting atherosclerotic lesions. In cultured macrophages, PBA was shown to relieve saturated fatty acid-induced lipotoxicity [23], and it has also been found to alleviate glucolipotoxicity or tunicamycin-induced oxidative stress, ER stress, and apoptosis in THP-1 monocytes [76]. The effect of TUDCA treatment was tested in Western diet-fed AMP-activated protein kinase alpha 2 (*Ampk α 2*) and *Ldlr* double knockout mice [77]. Deletion of *Ampk α 2* in *Ldlr* knockout mice enhances the progression of atherosclerotic lesions, and this effect is associated with elevated levels of ER stress markers, such as ATF6, KDEL, and XBP-1. Long term administration of TUDCA inhibited the activation of UPR markers in the lesions of these mice and suppressed the progression of atherosclerosis. Although chemical chaperones show a promising effect on relieving atherosclerosis, a definite link between their anti-atherogenic effects and ER stress-relieving function has not been established. For example, PBA has other biological actions, notably inhibition of histone deacetylases. Future studies determining whether the beneficial effects of these drugs are abrogated in genetically modified animal models with deficiency of UPR signaling molecules will be needed to test whether their anti-atherogenic effects are dependent on suppression of the UPR.

Drugs targeting IRE1 α

IRE1 α is an evolutionally conserved bifunctional enzyme possessing both kinase and endoribonuclease activities [5]. Elucidation of the crystal structure of yeast Ire1 [78] has promoted the discovery of pharmaceutical agents targeting this molecule. The activation of IRE1 α requires dimerization. By using purified yeast Ire1 in a drug screen study, it was found that the flavonol quercetin can bind to a novel allosteric site at the dimer interface of Ire1's kinase extension nuclease domain and activate Ire1's RNase activity [79]. Quercetin and its related flavonols exert multiple functions in in vitro studies, including endothelium-independent vasodilator effects, protective effect on nitric oxide and endothelial function under oxidative stress, suppression of platelet aggregation, inhibition of LDL oxidation, and reduction of adhesion molecules and other inflammatory markers [80]. Importantly, quercetin inhibits oxLDL-induced toxicity in endothelial cells by reducing intracellular oxidant accumulation, an effect which is mediated by the attenuation of JAK2-STAT3-responsive death/survival signaling pathways involving multiple MAPKs [81]. Quercetin also prevents H₂O₂-induced apoptosis of RAW264.7 macrophages via its antioxidant activity and induction of heme oxygenase 1 gene expression [82]. Intriguingly, a recent study demonstrated that quercetin inhibits ER stress and UPR signaling in macrophages [83]. The oxLDL and tunicamycin-induced activation of UPR signaling, such as the phosphorylation of IRE1 α , the nuclear translocation of ATF6, and the upregulation of XBP1 and CHOP, is generally suppressed by quercetin. This effect can be possibly interpreted by a dose-dependently attenuated oxLDL-induced cholesterol accumulation in quercetin-treated macrophages, which may facilitate the relief of ER stress [83]. Or it can be explained by the aforementioned antioxidant functions of quercetin. On the other hand, it is plausible that the selective activation of IRE1 α RNase activity followed by XBP1 splicing plays a protective role, thus cutting the demands of further phosphorylation of IRE1 α and expression of XBP1.

Normally, the kinase activity of IRE1 through autophosphorylation is necessary for the ligand (ADP) binding and dimerization of IRE1 that favors its endoribonuclease activity [84, 85], while in certain circumstance this process can be bypassed [86]. Furthermore, the kinase activity of IRE1 mediates the TRAF2 recruitment and JNK activation, whereas the endoribonuclease activity of IRE1 is dispensable [56]. Interestingly, the binding of quercetin and IRE1 α is independent of the phosphorylation of IRE1 α [79], which may thus separate the deleterious function of its kinase activity and the potentially beneficial function of its RNase activity. Overall, which if any of the beneficial effects of quercetin depends on its activation of IRE1 α RNase needs to be further investigated.

To more specifically target IRE1 α activity, a peptide derived from the kinase domain of human IRE1 α has been recently investigated [87]. This peptide promoted IRE1 α oligomerization and enhanced its *Xbp1* mRNA cleavage activity in vitro in cultured human hepatocellular carcinoma cells and in *Caenorhabditis elegans*. The peptide attenuated both ER stress-induced JNK activation and RIDD. Cells transfected with this peptide displayed increased survival and reduced apoptosis upon tunicamycin-induced ER stress. Although the peptide has not been tested in atherosclerosis-relevant studies, the approach of targeted and selective activation of the catalytic properties of IRE1 α may hold promise in this disease.

Drugs targeting eIF2 α

The phosphorylation of eIF2 α suppresses global protein translation, which is thought to be a protective mechanism against excess protein client load in ER. The selective pharmacological targeting eIF2 α dephosphorylation events may be useful in diseases involving client load-induced ER stress. In a screen for small molecules that protect cells from ER stress, salubrinal, a selective inhibitor of the cellular complexes that dephosphorylate eIF2 α was identified [88]. Salubrinal treatment protected the rat pheochromocytoma cell line PC12 from tunicamycin-induced apoptosis in a dose-dependent manner, but did not exert inhibitory effects on non-ER stress-induced apoptosis.

Guanabenz, a α 2-adrenergic receptor agonist in the treatment of hypertension, has been recently found to selectively inhibit the dephosphorylation of eIF2 α by regulating growth arrest and GADD34 [89]. GADD34, which is induced by CHOP, forms a complex with the catalytic subunit of protein phospholipase 1 (PP1c), resulting in dephosphorylation of eIF2 α and resumption of protein synthesis [90]. Guanabenz binds to a regulatory subunit of GADD34 and inhibits the activity of PP1c, and studies using ER-stressed cells showed that it can lower protein production rates to levels manageable by available chaperones, thus protecting cells from the lethal accumulation of misfolded proteins. Other α 2-adrenergic receptor agonists tested in the same study did not affect dephosphorylation of eIF2 α , indicating the effect of guanabenz on UPR is independent of its effect on the α 2-adrenergic receptor.

Considerations in designing drugs targeting UPR

Several important concerns should be kept in mind when designing drugs targeting UPR signaling. Most importantly, UPR signaling is a physiological protective mechanism that protects the ER from transient disturbances. Thus, overly robust inhibition of certain UPR pathways to combat disease processes may have adverse effects on ER homeostasis in normal cells. Along these lines, different branches of the UPR may play distinct functions in any given disease process. To the extent that some branches may be protective while others are pathogenic, selective UPR branch targeting may offer promise in the therapeutic arena. Moreover, even in the same disease like atherosclerosis, different cell types, such as macrophages, ECs, and SMCs, may have distinct responses to ER stress, some of which may be protective and others detrimental. Thus, careful consideration of adverse effects

needs to be included in UPR targeting strategies, some of which may be addressed by selective UPR branch targeting, selective cell targeting, and the identification of molecules, such as CHOP, that appear to have a higher “pathophysiologic/physiologic” index than other molecules, notably XBP1.

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Abbreviations

Ampkα2	AMP-activated protein kinase alpha 2
AP1	Activator protein 1
apoB	Apolipoprotein-B
ATF6	Activating transcription factor 6
BFA	Brefeldin A
CaMKII	Calcium/calmodulin-dependent protein kinase II
CASP2	Caspase-2
CHOP	CCAAT/enhancer binding protein homologous protein
CXCL3	Chemokine CXC motif ligand 3
DCA	Directional coronary atherectomy
ECs	Endothelial cells
eIF2α	Eukaryotic initiation factor 2 α
ER	Endoplasmic reticulum
ERAD	ER-associated degradation
ERK	Extracellular signal-regulated kinase
ERO1α	ER oxidase 1 α
FC	Free cholesterol
GRP78	Glucose-regulated protein 78
HHcy	Hyperhomocysteinemia
HSP47	Heat shock protein 47
HUVEC	Human umbilical vein endothelial cell
IKK	I κ B kinase
IL-6	Interleukin-6
IRE1α	Inositol-requiring protein 1 α
JNK	c-Jun-N-terminal kinase
LXR	Liver X receptor
MAPK	Mitogen-activated protein kinases
M-CSF	Macrophage colony-stimulating factor

NLRP3	Nucleotide oligomerization domain receptor protein 3
oxLDL	Oxidized low-density lipoprotein
PBA	4-Phenylbutyric acid
PERK	Protein kinase RNA-like ER kinase
PP1c	Protein phospholipase 1, catalytic subunit
PRRs	Pattern recognition receptors
RIDD	IRE1-dependent decay
SAP	Stable angina pectoris
SMCs	Smooth muscle cells
SRA1	Steroid receptor RNA activator 1
STAT1	Signal transducer and activator of transcription-1
sXBP1	Spliced XBP1 protein
TDAG51	T cell death associated gene 51
tHcy	Total serum homocysteine
TLRs	Toll-like receptors
TRAF2	TNFR-associated factor 2
TNFα	Tumor necrosis factor- α
TUDCA	Tauroursodeoxycholic acid
TXNIP	Thioredoxin-interacting protein
UPR	Unfolded protein response
XBP1	X-box binding protein 1
UAP	Unstable angina pectoris

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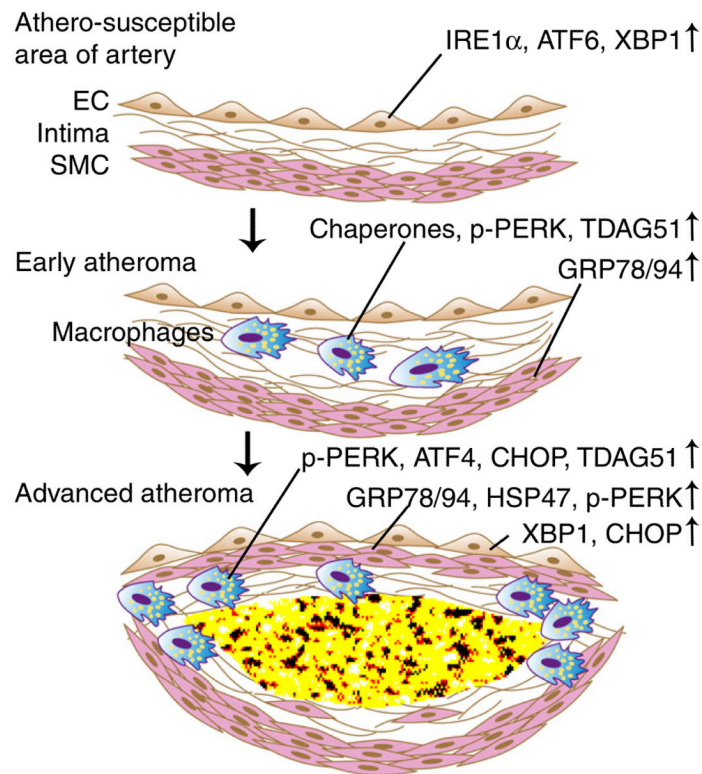
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**Fig. 1.**

Sequential activation of UPR signaling pathways in atherosclerosis. Endothelial cells (ECs) in athero-susceptible regions of pre-lesional arteries are primed for expression of ER chaperones with induced expression of ATF6, IRE1 α , and XBP1. ER chaperones are expressed in both early and advanced atheroma, most likely as a compensatory response to restore ER homeostasis. The PERK pathway is activated in macrophages at all stages of atherosclerosis and in ECs and SMCs in advanced lesions. The early activation of the PERK pathway might be protective through suppression of protein synthesis, which reduces ER protein client load. However, sustained and enhanced PERK activation induces CHOP in advanced lesions, leading to apoptosis. Similarly, the early expression of XBP1 in ECs promotes ER chaperone expression, while it likely becomes detrimental in advanced lesions. Despite a paucity of evidence in vivo, XBP1 splicing in advanced lesions indicates IRE1 α activation, which may promote apoptosis through other nuclease actions. Please see text for specific details