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Invading one step at a time: the role of invadopodia in tumor metastasis

Helicia Paz^{1,#}, Navneeta Pathak^{1,2,#}, and Jing Yang^{1,2,3,*}

¹Department of Pharmacology, University of California, San Diego, La Jolla, CA, USA

²Biomedical Sciences Program, University of California, San Diego, La Jolla, CA, USA

³Department of Pediatrics, University of California, San Diego, La Jolla, CA, USA

Abstract

The ability to degrade extracellular matrix is critical for tumor cells to invade and metastasize. Recent studies show that tumor cells utilize specialized actin-based membrane protrusions termed invadopodia to perform matrix degradation. Invadopodia provide an elegant way for tumor cells to precisely couple focal matrix degradation with directional movement. Here we discuss several key components and regulators of invadopodia that have been uniquely implicated in tumor invasion and metastasis. Furthermore, we discuss existing and new therapeutic opportunities to target invadopodia for anti-metastasis treatment.

Introduction

Metastasis, the spread of tumors cells from a primary tumor to a secondary site, is a complex, multi-step process, and is the main cause of mortality in cancer patients. During metastasis, carcinoma cells invade the surrounding extracellular matrix (ECM), intravasate through endothelium into the systemic circulation, then extravasate again through capillary endothelium, and finally establish secondary tumors at distant sites¹. Several key stages of metastasis, including invasion, intravasation, and extravasation, are thought to involve ECM degradation and remodeling. In recent years, actin-rich subcellular protrusions known as invadopodia have been shown to be critical for ECM degradation². Invadopodia consist of an actin-rich core surrounded by a number of important protein components, including cytoskeletal modulators, adhesion proteins, scaffolding proteins, and signaling molecules³. The central function of invadopodia is to recruit various matrix proteases to cell-ECM focal contacts for matrix degradation.

Unlike other actin-based protrusions such as lamellipodia and filopodia that are present in normal cells, invadopodia are uniquely present in invasive cancer cells and are considered the transformed version of podosomes, which are present in highly invasive normal cells such as macrophages, osteoclasts, and dendritic cells. In-depth reviews have covered all the

*Correspondence: Jing Yang, jingyang@ucsd.edu.

#The first two authors contributed equally to this work.

Conflict of interest

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molecular components of podosomes/invadopodia and their biological functions in development and pathogenesis³. This review focuses on a selective set of invadopodia components and regulators that are relatively unique to invadopodia and are specifically modulated in human cancers (Figure 1, Table 1). Additionally we will discuss the contributions of these invadopodia components to invasion and metastasis, and the therapeutic opportunities to target these components for cancer treatment.

STRUCTURAL COMPONENTS

As an actin-based structure, invadopodia engage a large number of structural and regulatory proteins that control actin dynamics, such as Arp2/3, Ena/Vasp, and various small GTPases. Here we discuss three players, cortactin, MENA, and Tks proteins that play critical roles at invadopodia and have been implicated in tumor progression. Cortactin and MENA are both key players of actin polymerization and dynamics, therefore their roles in tumor invasion and metastasis go beyond invadopodia to general cell migration and other actin-based cellular processes. In contrast, Tks proteins are known to be more specifically involved in invadopodia formation, therefore its impact on tumor invasion and metastasis is thought to be largely due to their functions at invadopodia.

Cortactin

Cortactin is a cytoskeletal protein that when phosphorylated can recruit the Arp2/3 complex to promote invadopodia formation. Cortactin was originally identified as a Src phosphorylation target in Src-transformed chicken embryo fibroblasts⁴. Src binds to cortactin through direct interaction with the SH2 domain of Src⁵ and phosphorylates cortactin in v-Src transformed 3T3 fibroblasts^{4, 6}.

Since Src kinase plays an essential role in invadopodia regulation (discussed in detail in a later section), cortactin has been shown to be a key regulator of actin polymerization at invadopodia in response to Src activation. The association of cortactin with invadopodia was first described in MDA-MB-231 cells, in which microinjection of anti-cortactin antibodies reduced their ability to degrade extracellular matrix⁷. Furthermore, immunoprecipitation of cortactin revealed its presence in invadopodia-enriched membrane fractions⁷. Finally, immunofluorescence indicated cortactin at actively degrading invadopodia^{7, 8}. Knockdown of cortactin in MDA-MB-231 cells resulted in inhibition of actin/cortactin positive puncta and matrix degradation, suggesting that cortactin is required for invadopodia formation and function⁸. Cortactin localization at invadopodia coincided with phosphotyrosine puncta, which is consistent with Src regulation of cortactin phosphorylation⁹. Src activation of cortactin resulted in the localization of Nck1 and N-WASP at invadopodia, in addition to the disengagement of cofilin, all of which are required for Arp2/3-mediated actin polymerization to promote invadopodia formation^{10, 11}.

Since cortactin regulates various actin-based cellular programs, including invadopodia and lamellipodia formation and dynamics, its role in tumor cell invasion and metastasis is well documented. Overexpression of cortactin in NIH3T3 cells resulted in increased invasion in a Matrigel Boyden chamber assay¹². Similarly, overexpression of cortactin in MDA-MB-231 cells resulted in increased invasion, which correlated with increased metastatic bone

lesions¹³. In contrast, overexpression of a phosphorylation deficient cortactin inhibited invasion and resulted in minimal bone metastatic lesions¹³. Similar results were obtained in a hepatocellular carcinoma (HCC) model, where overexpression of wild-type cortactin in the non-metastatic HCC cell line KIM1 increased metastatic incidence without affecting primary tumor growth¹⁴.

Cortactin was first implicated in the progression of human cancers through gene amplification at Chromosome 11q in breast and squamous cell carcinomas^{13, 15, 16}. Additionally, high levels of cortactin expression are also observed in human ovarian, bladder, and lung cancer^{4, 7, 13, 15}. Importantly, overexpression of cortactin is associated with poor patient prognosis in breast and head and neck squamous carcinomas, further highlighting a critical role of cortactin in human tumor progression^{13, 16}.

MENA

Mena is a member of the Enabled (Ena)/vasodilator-stimulated phosphoprotein (VASP) family of proteins, which are involved in the regulation of actin polymerization. Mena protein is upregulated in breast, pancreatic, colon, gastric, cervical cancers, and melanoma, with the expression of specific isoforms regulating the invasive properties of breast cancer cells¹⁷⁻¹⁹. Due to its role in actin polymerization, Mena is a logical regulator of invadopodia formation. Mena was found to co-localize with cortactin and F-actin at invadopodia¹⁸. Additionally, Mena-null MMTV-PyMT mammary tumors exhibited reduced invasion into the surrounding stroma²⁰. In conjunction, Mena-null mice had significantly fewer circulating tumor cells and lung metastases, when compared to control mice, suggesting that Mena expression is necessary for tumor cell intravasation and invasion²⁰.

Interestingly, gene profiling in rat MTLn3 and mouse PyMT breast tumors identified an invasion specific isoform of Mena, called Mena^{INV}, whose expression was correlated with invasive ability¹⁷. Mena^{INV} increased invasion of MTLn3 cells into collagen gels, indicating a unique role for Mena^{INV} in carcinoma cell invasion¹⁸. Additionally, MTLn3 cells expressing Mena^{INV} exhibited increased membrane protrusions compared to parental MTLn3 cells¹⁸. In terms of metastatic progression, Mena^{INV} expression was associated with highly metastatic carcinomas in the PyMT mouse mammary tumor model²¹. Philippart et al. also observed that overexpression of Mena^{INV} in MTLn3 cells resulted in increased micrometastatic lung formation, despite no effect on primary tumor growth¹⁸, again indicating the importance of regulating Mena mRNA splicing in tumor invasion and metastasis²⁰.

Tks Adaptor Proteins

The Tks adaptor proteins Tks4 and Tks5 are named after Tyrosine Kinase Substrate with 4 or 5 SH3 Domains, respectively. Tks proteins only contain SH3 and PH domains for protein-protein and protein-lipid interactions; therefore they are thought to serve as adaptor proteins that recruit other proteins and lipids²² for invadopodia assembly.

The role of Tks5 in invadopodia was first discovered using a Src substrate screening assay, and further characterized based on its localization to invadopodia in Src-transformed

fibroblasts²³. Tks5 is required for both invadopodia formation and invasion activity in a variety of human cancer cell lines, as knocking down Tks5 reduced matrix degradation activity and invasion²⁴. Likewise, introduction of Tks5 into the human breast epithelial cell line T47D, which lacks endogenous Tks5 expression, promoted invadopodia formation²³. Tks5 was shown to bind to ADAM12²⁵, a metalloproteinase associated with invadopodia. Furthermore, Tks5 is also associated with the actin regulatory protein N-WASP²⁶ and involved in the recruitment of AFAPA-110, p190RhoGAP, and cortactin to invadopodia²⁷. Finally, Tks5 binds to p22^{phox}, a part of the NADPH oxidase complex that generates reactive oxygen species (ROS), which facilitates invadopodia assembly and function²⁸.

The family member Tks4 also localizes to invadopodia in Src-transformed cells and is required for invadopodia assembly²⁹. However, Tks4 and Tks5 seem to play non-redundant roles in invadopodia function. Cells lacking Tks4 formed actin puncta resembling invadopodia, but these cells failed to degrade ECM components, even in the presence of high levels of Tks5²⁹. This is thought to be due to a crucial role of Tks4 in recruiting MT1-MMP to invadopodia since no MT1-MMP was detected in the rudimentary invadopodia present in Tks4 knockdown cells²⁹.

To test the role of Tks5 in tumor metastasis, Eckert et al. showed that knocking down Tks5 in Ras-transformed human mammary epithelial cells that overexpress Twist1 inhibited both local invasion and the ability of these cells to form lung metastases, while primary tumor formation rates were not altered²⁴. These data strongly indicate that Tks5, and likely its role in invadopodia assembly, are required for the early steps of metastasis. To test whether Tks5 functions during extravasation and metastatic outgrowth, Blouw et al. injected Src-transformed 3T3 cells with Tks5 knockdown into immunocompromised mice via tail vein. While Tks5 knockdown did not significantly affect the number of lung colonies, the metastases derived from the cells with Tks5 knockdown were significantly smaller³⁰. These data suggest that Tks5 could be further required for the expansion of secondary tumors in distant sites.

PROTEASES

Given their central function to recruit proteases to cell-matrix contacts for matrix remodeling, invadopodia are shown to contain a large numbers of proteases. The proteases found at invadopodia include metalloproteases (both secreted and membrane-tethered matrix metalloproteinases [MMPs]), the ADAM (A Disintegrin And Metalloproteinase) family members, and membrane-bound serine proteases, all of which have been implicated in cancer progression and metastasis. Past research has focused on developing metalloproteinase inhibitors to suppress ECM degradation and tumor metastasis. Although these inhibitors show promising results in cell culture and tumor xenograft models, numerous metalloproteinase inhibitors have failed in clinical trial³¹. Further studies indicate that some metalloproteinases could have anti-tumorigenic effects³². Therefore, the strategy of broadly blocking metalloproteinases to abrogate metastasis might not be a viable approach to prevent tumor metastasis. Here we discuss a few proteases that are unique to invadopodia and might be promising new targets in inhibiting tumor invasion and metastasis.

Metalloproteinases

MT1-MMP—MT1-MMP (also known as MMP14), a membrane-anchored metalloproteinase, is considered a central player of invadopodia-mediated ECM degradation. MT1-MMP cleaves³³ several substrates *in vitro*, including ECM components such as fibronectin, type I, II, and III collagen, laminins, vitronectin, and aggrecans^{34–37}. Additionally, MT1-MMP is capable of activating other MMP zymogens: MT1-MMP activates MMP2 by cleaving the N-terminal prodomain of pro-MMP2³⁸, and MMP9 is activated through an activation cascade involving MT1-MMP, MMP2, and MMP3³⁹. MT1-MMP is shown to be required for the matrix degradation activity of invadopodia. Artym et al. found that cortactin aggregation initiated accumulation of MT1-MMP at invadopodia⁸. This study also found that while MT1-MMP knockdown moderately impacted the initial stages of invadopodia formation, matrix degradation was strongly suppressed⁸, indicating that MT1-MMP is essential for functional invadopodia.

MT1-MMP is delivered to invadopodia via multiple routes. Studies from Yu et al. show that N-WASP, which promotes actin nucleation, promotes the delivery of MT1-MMP from late endosomes to invadopodia^{40, 41}. MT1-MMP can also be mobilized by the Rab8-dependent secretory pathway and delivered to collagen-contact sites⁴². Finally, MT1-MMP can also be internalized by both clathrin- and caveolae-mediated endocytosis^{3, 43} and this internalization serves to recycle MT1-MMP back to invadopodia when needed.

A key inducer of invadopodia, the Src kinase, has also been shown to directly regulate the delivery of MT1-MMP to invadopodia. Src-mediated phosphorylation of MT1-MMP in its AP2 clathrin adaptor binding domain slows endocytosis of MT1-MMP and increases matrix degradation activity⁴³. In addition, phosphorylation of MT1-MMP by Src at Tyr573 has been shown to be required for tumor cell proliferation, invasion of 3D collagen matrices, and tumor growth in nude mice^{44, 45}. Finally, a recent study found that this phosphorylation was required for mono-ubiquitination of Lys581, which is involved in MT1-MMP trafficking to the cell surface and cellular invasion through collagen matrices⁴⁶.

An increase in MT1-MMP expression is generally associated with poor prognosis in a wide variety of human cancers, including breast, lung, melanoma, colorectal, and squamous cell carcinomas⁴⁷. MT1-MMP expression has also been directly linked to metastasis in mouse tumor models. MT1-MMP-deficient mice were bred with MMTV-PyMT mice, and then PyMT-positive mammary glands lacking MT1-MMP were orthotopically transplanted into wild-type mice. While palpable tumors developed faster with MT1-MMP-deficient mammary glands, metastatic spread was reduced by 50%⁴⁸. Consistent with this study, Perentes et al. injected MDA-MB-231 cells with MT1-MMP knockdown into the mammary fat pad of SCID mice⁴⁹ and found that MT1-MMP knockdown resulted in a significant decrease in lung metastasis without affecting primary tumor growth⁴⁹. These results suggest that MT1-MMP is required for metastatic development *in vivo*.

Since blocking MMP activity has failed in clinical trials as an anti-metastasis therapy, possibly due to the broad spectrum of inhibition and severe toxicities^{50, 51}, new therapeutic strategies aim to target the specific MMPs that contribute to disease progression⁵⁰. A fully humanized monoclonal antibody (DX-2400, Dyax Corporation) that targets MT1-MMP at

its catalytic domain showed great promise in pre-clinical studies. DX-2400 abrogated MMP2 cleavage on tumor and endothelial cells, blocked angiogenesis, and reduced tumor formation and metastasis^{50, 52}. Another humanized antibody targeting the non-catalytic hemopexin domain of MT1-MMP has recently shown promise in inhibiting invasion and angiogenesis in pre-clinical studies⁵³. The therapeutic potential of targeting MT1-MMP to inhibit invadopodia-mediated tumor invasion and metastasis holds great future promise.

ADAM Proteases

The ADAMs are a family of disintegrin and metalloproteinases that are involved in a variety of biological processes, including cell adhesion, migration, proteolysis, myoblast fusion, and fertilization⁵⁴. Here, we focus on ADAM12 due to its more established presence at invadopodia. ADAM12 has two alternatively spliced variants: ADAM12-L, which consists of pro-, metalloprotease, disintegrin, cysteine-rich, transmembrane, and cytoplasmic domains, and ADAM12-S, which lacks the transmembrane and cytoplasmic domains⁵⁵.

ADAM12 contributes to invadopodia function at multiple levels, including degrading the ECM, modulating integrin function, and functioning as a sheddase to activate growth factors⁵⁶. ADAM12 is localized to invadopodia; it binds to the scaffold protein Tks5²⁵, and has been found to trigger invadopodia assembly⁵⁷. The sheddase activity of ADAM12 may contribute to the overall degradation activity of invadopodia. A recent study by Días et al. demonstrated that ADAM12 expression was elevated in a Notch-dependent manner under hypoxic conditions⁵⁸. ADAM12 promoted the ectodomain shedding of heparin-binding EGF-like growth factor, which in turn induced invadopodia formation and the invasive activity of cancer cells⁵⁸.

ADAM12 is implicated in a variety of cancers, including breast, prostate, lung, liver, brain, and bone cancers, as well as aggressive fibromatosis⁵⁹. In human breast cancer patients, Roy et al. showed that ADAM12 is a prognostic marker: urinary levels of ADAM12 increased along with disease stage⁶⁰. Transgenic mice expressing the ADAM12-S isoform driven by the MMTV-LTR promoter were bred with mice carrying the polyoma middle T (PyMT) oncogene in the mammary gland; PyMT expression in the mammary gland led to rapid formation of mammary carcinomas. Tumors in mice expressing ADAM12-S developed faster than in littermates expressing PyMT alone⁶¹. Similarly, ADAM12-S isoform significantly increased the ability of MCF-7 cells to migrate and invade, which led to a higher incidence of local and distant metastases *in vivo*⁶². Interestingly, cells expressing a catalytically dead mutant of ADAM12-S failed to promote tumor development, indicating that the proteolytic activity of ADAM12-S is required to promote formation of distant metastases⁶².

Serine Proteases

Two transmembrane type II serine proteases of the Dipeptidyl-Peptidase (DPP) family, Fibroblast Activation Protein (FAP, FAP α , also known as seprase), and DPP4, have also been associated with invadopodia. Both DPP4 and FAP α contain exopeptidase activity and FAP α also exhibits endopeptidase activity^{63, 64}. Previous studies have shown that FAP α is localized at invadopodia as a complex with DPP4⁶⁵, or alternatively, associated with α 3 β 1

integrin, with the integrin serving as a docking site for FAP α ⁶⁶. The role of FAP α in invadopodia is currently unclear, but some studies suggest that its gelatinase activity may contribute to the overall degradation activity of invadopodia. Christiansen et al. found that FAP α digests collagen I into smaller fragments following initial cleavage by MMP-1, suggesting that FAP α works together with other proteases to cleave partially degraded ECM components⁶⁷.

A key difference between FAP α and DPP4 is that expression of DPP4 is ubiquitous throughout all tissues, whereas that of FAP α is restricted to tissues undergoing wound healing and epithelial cancers^{64, 68}, thus making FAP α a unique player in tumor progression. Indeed, FAP α has been shown to be expressed in a variety of aggressive cancers, including breast, colon, and ovarian cancers, and malignant melanoma⁶⁹. Additionally, genetic deletion of FAP α inhibited tumor growth in a K-ras-driven model of endogenous lung cancer and in a mouse model of colon cancer. Pharmacological inhibition of FAP α also attenuated tumor growth in these mouse models, indicating that FAP α is a promising target for therapeutic intervention⁷⁰. In human and mouse tumors, FAP α has been shown to be expressed in stromal fibroblasts, carcinoma cells, and immune cells^{69, 71–73}. What remains to be answered is whether and how FAP α in individual cell types contributes to tumor progress and whether the role of FAP α at invadopodia is critical for tumor invasion and metastasis.

Previous attempts to target FAP α for therapeutic intervention have proved to be challenging. In 2003, Phase I/II clinical trials for the humanized FAP α monoclonal antibody Sibrotuzumab failed to demonstrate measurable therapeutic activity in patients with metastatic colorectal cancer,⁷⁴ with only 2 out of 17 patients having stable disease during the Phase II trial⁷⁴. However, this antibody has not been shown to block any cellular or protease function of FAP α , which might explain the lack of therapeutic effects. In 2007, a small molecule inhibitor of FAP α , Talabostat, was developed to inhibit the protease activity of FAP α . Again, minimal clinical activity was observed in patients with metastatic colorectal cancer receiving Talabostat alone⁷⁵, or in metastatic melanoma patients receiving Talabostat in conjunction with cisplatin treatment⁷⁶. However, the stability of this inhibitor in vivo is thought to be extremely poor, thus limiting its effectiveness.

Given these recent setbacks in targeting FAP α , efforts have recently turned to FAP α – mediated immunotherapy. One approach is to develop DNA vaccines to target FAP α , thus eliminating all FAP α -positive cell types in a tumor. Several groups reported that through CD8⁺ T cell-mediated killing, such therapy successfully suppressed primary tumor cell growth and metastasis of implanted breast and colon tumors without obvious toxicity^{77, 78}. Another approach is to deliver radioisotopes specifically to the tumor site using FAP α antibodies as cargoes. Pre-clinical studies involving two humanized FAP α monoclonal antibodies (ESC11 and ESC14) labeled with the radiolanthanide ¹⁷⁷Lu have yielded promising results: both antibodies accumulated in human FAP α -positive xenografts and delayed tumor growth⁷⁹. Given that FAP α is expressed in various cell types in a tumor, it is important to recognize that the effect of targeting FAP α on tumor progression cannot solely be explained by inhibition of invadopodia. However, these results suggest a unique approach to targeting components of invadopodia in human cancers.

REGULATORY COMPONENTS

Since extracellular matrix is essential for cell survival and proliferation, invadopodia-mediated matrix degradation is a highly regulated process. Understanding the upstream inducing signals of invadopodia formation and function is still in its infancy. A significant numbers of signaling regulators, including EGFR, PDGFR, PI3 kinases, c-Met have been implicated in invadopodia regulation in various cancer cell lines. Since many of them play critical roles in multiple cellular processes in cancer, including cell proliferation and apoptosis, it is difficult to attribute their functional impact on tumor progression specifically to invadopodia. Thereby here we discuss a few key upstream signaling pathways that have been more uniquely implicated in invadopodia function during tumor progression and metastasis.

Phosphorylation via Src and Arg tyrosine kinases

Tyrosine phosphorylation of many core components is critical to trigger invadopodia assembly and function. Especially, two tyrosine kinases, Src and Arg, stand out as essential activators of invadopodia.

Src kinase—The Src kinase is the founding member of the Src family of non-receptor tyrosine kinases⁸⁰, of which, Src is the only family member that is uniquely linked to invadopodia. The role of Src in invadopodia formation was first described by Chen et al., where Rous sarcoma viral(RSV) transformation of chicken embryonic fibroblasts resulted in actin rosette, or podosome formation. Additionally, RSV mediated cellular transformation correlated with the appearance of pp60^{Src} accumulation at these rosettes⁸¹. Similarly, invadopodia formation was enhanced with constitutive expression of active c-Src, as evidenced by co-localization of F-actin and cortactin staining⁸². In contrast, overexpression of a kinase inactive c-Src and knockdown of c-Src by RNAi showed decreased invadopodia formation and degradation activities^{9, 83, 84}. Closer examination of protrusion formation in MDA-MB-231 cells revealed that overexpressing wild-type Src or constitutively active Src exhibited invadopodia extension into the collagen gel⁹.

Src kinase has been shown to play a major role in the invasive process. Expression of c-Src in SYF (*src*^{-/-}, *yes*^{-/-}, *fyn*^{-/-}) murine embryonic fibroblasts (MEF) promoted invasion, while Ras^{V-12} failed to do so in a Boyden chamber assay⁸⁵. Similarly, MDA-MB-231 breast cancer cells treated with Src siRNAs exhibited reduced matrix degradation and invasion through matrix-coated chambers⁸⁴. Treatment with Src inhibitors, Dasatinib, PP2, or SU6656, in MDA-MB-231 cells reduced invasion through Matrigel, indicating the importance of Src activity for tumor cell invasion into the extracellular matrix (ECM)⁸⁶.

Although Src was originally isolated as an oncogene, recent studies suggest a more critical role for Src in tumor metastasis^{85, 87, 88}. Specifically, c-Src activity is correlated with increased bone metastases, poor clinical prognosis, and reduced survival for breast and colon carcinoma patients^{86, 89, 90}. Src gene deletion in MMTV-polyoma middle T antigen (PyMT) mammary tumor models resulted in a reduction in circulating tumor cells, despite no defect in primary mammary tumor initiation and proliferation⁹¹. Similarly, Src siRNA treated L3.6pl pancreatic cancer cells exhibited a reduction in lung and liver metastasis⁹². c-

Src was required for formation of metastatic lung colony formation by H-Ras^{V-12} expressing SYF (src^{-/-}, yes^{-/-}, fyn^{-/-}) MEF cells, supporting the role of Src in tumor progression⁸⁵. Likewise, BoM-1833, a bone metastatic derivative of MDA-MB-231 cells, which were injected into recipient mice, showed increased survival and reduced bone metastases upon treatment with Src siRNA⁸⁹.

Since Src activity plays a prominent role in cancer progression, it becomes an ideal therapeutic target. The Src selective inhibitor, SU6656, has been found to inhibit Src kinase activity, as evidenced by reduced levels of phospho-Y418-Src. SU6656 was also found to significantly reduce invadopodia formation, as well as migration and invasion of the human breast cancer line MDA-MB-231⁸². KX2-391 is a first-in-class Src selective inhibitor on clinical trial that targets the unique Src substrate binding site⁹³. KX2-391 has shown promising preclinical data, with KX2-391 treatment, in combination with paclitaxel, resulting the regression of pre-established MDA-MB-231 xenograft tumors⁹⁴. Additionally, KX2-391 treatment led to reduced metastasis formation of MDA-MB-231 tumors the lung and liver⁹⁴. Phase I trials in patients with solid tumors showed that KX2-391 is well tolerated and demonstrated preliminary antitumor activity, with several patients displayed halted disease progression⁹⁵.

Abl/Arg—Similar to Src kinase, the Abl family of non-receptor tyrosine kinases, which includes c-Abl and the Abl-related gene (Arg/Abl2), plays an important role in tumor progression in human leukemia, non-small cell lung cancer, breast cancer, melanoma, and pancreatic cancer⁹⁶. Specifically, c-Abl and Arg kinases activities have been shown to correlate with poorly differentiated and highly invasive breast cancer lines⁹⁷. The role of Abl/Arg kinase was initially hypothesized in invadopodia formation due to previously known activation of Abl by Src kinases. More specifically, PDGF and EGF stimulation of fibroblast and breast cancer cells resulted in c-Abl activity through Src and Fyn phosphorylation^{97, 98}. Treatment of various highly invasive breast cancer cell lines with Src inhibitor SU6656 reduced c-Abl and Arg activity⁹⁷. Src activation of Arg is required for cortactin phosphorylation and actin polymerization at invadopodia, as knockdown of Arg in MDA-MB-231 cells resulted in no cortactin phosphorylation and reduced F-actin barbed end generation⁸⁴.

The Abl family of non-receptor tyrosine kinases has also been localized directly to the invadopodia structure. YFP-tagged wildtype and constitutively active Arg co-localized with cortactin positive invadopodia, in Src expressing NIH3T3 cells, while kinase-inactive Arg expression disrupted invadopodia formation⁹⁹. Similarly, immunofluorescence staining of Arg in MDA-MB-231 cells showed co-localization with Tks5 positive invadopodia⁸⁴.

Abl and Arg kinases also play a significant role in tumor invasion and metastasis. Knockdown of Abl and Arg reduced the ability of MDA-MB-231, and its metastatic derivatives, to degrade extracellular matrix and invade^{97, 99}. Inhibition of Abl kinase activity with STI571, an Abl/Arg inhibitor, reduced invasion of MDA-MB-435S breast cancer cells in a Matrigel invasion assay⁹⁷. MDA-MB-231 cells, expressing Arg and Abl shRNA constructs, showed fewer circulating tumor cells *in vivo* compared to control tumor-bearing mice¹⁰⁰. Similarly, Gil-Henn et al. showed that STI571-treated mice showed fewer

circulating tumor cells than control mice bearing MDA-MB-231 tumors¹⁰⁰. These results indicate that Abl kinase activity is required for tumor cell intravasation.

A number of tyrosine kinase inhibitors with dual specificities toward Src and Abl family tyrosine kinases, including Dasatinib, Saracatinib, and Bosutinib, have been developed and showed promising activities against tumor invasion and metastasis in several solid tumors preclinical studies. Specifically, these inhibitors were found to significantly reduce invadopodia formation, as well as migration and invasion of the human breast cancer line MDA-MB-231^{86, 101, 102}. Additionally, treatment of mice with Dasatinib led to reduced formation of bone metastases by BoM-1833 cells⁸⁹. Similar results have been observed in pancreatic tumors, with Dasatinib treatment leading to a reduction in primary tumor growth and metastasis formation by L3.6pl cells⁹². However, these inhibitors have shown limited activity in monotherapy trials⁹³. It is important to note, however, that completed clinical trials studying the efficacy of Src/Abl inhibitors have been conducted in unselected cancer patients. Many ongoing trials using biomarkers (such as cortactin phosphorylation) to pre-select patients who are more likely to benefit from Src/Abl inhibition, hold promise for the future success of Src/Abl inhibitors in cancer treatment⁹³.

Integrin-mediated signaling

Given that integrins are the key connection between cell protrusions and the surrounding extracellular matrix, it is not surprising that integrins play important roles in invadopodia regulation. Integrin clustering at invadopodia was first described in Rous sarcoma viral transformation of chicken embryonic fibroblasts (RSVCEF). RSVCEFs cultured with fibronectin coated beads exhibited invadopodia formation, which was associated with $\beta 1$ staining¹⁰³. Interestingly, fibronectin positive vesicles were found to co-stain with $\beta 1$ integrin; further validating the functional role of invadopodia in matrix degradation¹⁰³. In contrast, murine embryonic fibroblasts overexpressing Src and depleted for $\beta 1$ integrin exhibit reduced rosette formation¹⁰⁴. In addition, treatment of SCC61 squamous cell carcinoma cells with an integrin blocking peptide or a $\beta 1$ integrin blocking antibody led to a reduction in actively degrading invadopodia per cell¹⁰⁵. Lastly, knocking down $\beta 1$ integrin in MDA-MB-231 and MTLn3 mammary adenocarcinoma cells led to a reduction in mature invadopodia formation¹⁰⁶.

How integrins regulate invadopodia function has not been clearly elucidated. Various studies indicate that integrins promote invadopodia maturation by serving as a docking station for various proteases and/or activating Arg kinase for actin stabilization. Laminin peptide activation of $\beta 1$ integrin in LOX human melanoma cells led to increased invadopodia-mediated degradation¹⁰⁷ due to increased seprase/FAP α recruitment to invadopodia via binding to $\beta 1$ integrin^{7, 107}. More recently, $\beta 1$ integrin has been found to activate Arg kinase. FRET-based experiments point to direct interaction between $\beta 1$ integrin and Arg at Tks5 positive invadopodia¹⁰⁶.

Changes in integrin-mediated adhesion signaling complexes are known to play an important role in tumor cell proliferation, migration and survival¹⁰⁸. Specifically, loss of $\beta 1$ integrin in MMTV-driven Erb2 breast tumor mice reduced Y416 c-Src phosphorylation and metastatic lesion formation in the lungs¹⁰⁹. Similarly, tail vein injection of MDA-MB-435 breast

cancer cells, expressing a constitutively active mutant $\alpha v\beta 3$ exhibited enhanced metastatic lung colonization¹⁰⁹. To date, it is unclear which integrin subunits are the predominant forms required for invadopodia function. Since the focus of current integrin-targeted therapies has been on their anti-angiogenic properties, their potential as an anti-metastatic treatment via invadopodia inhibition requires identifying and targeting invadopodia-specific integrins in the near future.

Transcriptional regulation by EMT-inducing factors

To detach from the primary tumor and invade through the surrounding tissue, carcinoma cells need to first break down cell-cell junctions, become more motile, remodel cell-matrix adhesion sites, and invade through the ECM. A developmental program termed Epithelial-Mesenchymal Transition (EMT) enables tumor cells to obtain such properties. During EMT, cells need to coordinate the dissociation of cell-cell adhesion and the breakthrough of basement membrane to accomplish this complex morphogenetic event¹. Recent studies indicate a critical role of invadopodia-mediated ECM degradation during EMT.

The EMT program is orchestrated by a group of transcription factors, all of which have been implicated in tumor invasion and metastasis¹¹⁰. Specifically, the bHLH transcription factor Twist1 was shown to play critical roles in tumor metastasis in both breast tumor xenografts and in mouse skin tumor models^{111, 112}. Eckert et al. found that Twist1 was required for ECM invasion by inducing the formation of invadopodia in human and mouse breast tumor cells²⁴. Twist1 was found to directly induce expression of PDGFR α , which then activates Src kinase to promote invadopodia formation²⁴. Furthermore, blocking invadopodia formation by knocking down PDGFR α or Tks5 abolished the ability of Twist1 to promote tumor metastasis in mice. This study not only uncovers Twist1 as a novel upstream regulator of invadopodia formation, but also provides a direct link between invadopodia and metastasis.

Another potent inducer of EMT is Transforming Growth Factor beta (TGF β)¹. TGF β promotes EMT via activation of extensive intracellular signaling that involves Smad proteins, ERK, and Jagged/Notch signaling, among others¹¹³. Of particular interest in the context of invadopodia, Eckert et al., showed that knocking down Twist1 blocked the ability of TGF β to induce PDGFR α and invadopodia formation²⁴. In addition, Pignatelli et al. also demonstrated that Hic-5, a focal adhesion adaptor protein induced by TGF β , localized to invadopodia in TGF β -treated MCF-10A cells. They showed that Hic-5 was phosphorylated by Src kinase upon TGF β stimulation and this phosphorylation was required for TGF β -induced invadopodia formation and invasion, thereby further emphasizing the role of EMT-inducing genes in invadopodia regulation¹¹⁴.

Matrix stiffness and mechano-regulation

Recent evidence has implicated matrix stiffness in tumor progression and increased incidence in metastasis, through increased collagen deposition¹¹⁵⁻¹¹⁷. Several elegant studies show that increasing matrix stiffness without altering biochemical components of extracellular matrix (ECM) can induce a malignant phenotype, suggesting that mechanical force exerted by stiff ECM could play a critical role in tumor invasion and metastasis¹¹⁸. In

mice, Lysyl oxidase-mediated collagen crosslinking stiffens tumor ECM and promotes breast tumor progression¹¹⁹. Furthermore, inhibition of lysyl oxidase (LOX) blocks tumor invasion and eliminates metastasis formation from orthotopically grown breast tumors³³.

Indeed, ECM rigidity is indicated in invadopodia regulation. Specifically, Alexander et al. noted that CA1d breast cancer cells plated on increasing concentrations of gelatin showed increased invadopodia formation and ECM degradation¹²⁰. Interestingly, two studies showed that both CA1d and 804G bladder cancer cells exhibited increased invadopodia formation when placed on matrix substrates with increasing mechanical rigidity without changing their biochemical components¹²¹. Furthermore, these studies showed that invadopodia-mediated ECM degradation only increased when placed on surfaces within the kPa range, which corresponds to the stiffness in tumors¹²¹. While it is not well understood how matrix rigidity regulates invadopodia formation, this study suggests that activation of p130Cas and FAK via myosin II, which acts as mechanosensors that transmit mechanical signals from ECM, could play a prominent role¹²⁰. Given the effects of increasing matrix stiffness on invadopodia functions, it is possible that mechanical forces generated by rigid tumor matrix stiffness could modulate invadopodia function to impact tumor progression and metastasis.

The role of invadopodia in tumor invasion and metastasis

The critical role of invadopodia in ECM degradation explains why the ability to form invadopodia largely correlates with the invasive and metastatic potential of tumor cells¹²². Suppressing invadopodia formation by inhibiting Src, Twist1, or Tks5 have been convincingly shown to inhibit tumor metastasis in various tumor models. Invadopodia could play critical roles during three steps of the metastatic process: invasion into the surrounding stroma, intravasation into the vasculature, and extravasation (Figure 2). Direct in vivo visualization and assessment of invadopodia formation during the metastatic process has proven to be challenging due to the limited numbers of invadopodia-specific markers in a 3D microenvironment. Furthermore, it remains unclear whether actin-based protrusions observed in 2D culture, including filopodia and invadopodia, share similar components or merge into one structure in 3D; thus confusing the issue of defining invadopodia in vivo.

New imaging techniques have made it possible to begin to identify invadopodia-like protrusions in vivo (Figure 2). Using 3D time-lapse imaging, Gligorijevic et al. (2012) observed protrusion formation by MTLn3 rat mammary adenocarcinoma xenograft tumors growing in the mammary fat pad of SCID mice. These protrusions were positive for cortactin and proteolytic activity, as evidenced by cleaved collagen 3/4 staining, indicating the presence of invadopodia in vivo¹²³. Looking specifically at the intravasation, Gligorijevic et al. used the photoconvertible Dendra2 protein to trace tumor cell intravasation in vivo. Control MTLn3 primary tumor cells were shown to disappear from the imaging area due to dissemination of cells into the blood stream. In contrast, knocking down N-WASP resulted in no visible dissemination¹²³. Yamaguchi, H. et al (2005) observed similar invadopodia-like protrusions during tumor cell intravasation using intravital imaging. GFP expressing MTLn3 cells revealed invadopodia-like protrusions extending into the blood vessel wall¹²⁴. These invadopodia-like protrusions were shown to help tumor cells

to penetrate the ECM surrounding the blood vessel walls and to squeeze through the endothelial barrier¹²⁴. Together, these data strongly support the notion that invadopodia are required for tumor cell intravasation (Figure 2).

Assessment of invadopodia formation during the extravasation process is more limited; however, protrusive structures have been identified by actively extravasating tumor cells^{125, 126}. Specifically, time course observations of intra-mesenteric vein injection of GFP-positive rat tongue carcinoma cells reveal clusters of tumor cells in the sinusoids¹²⁵. Over time, the authors noted focal loss of basement membrane at sinusoidal areas where extravasation was taking place¹²⁵. The loss of basement membrane indicates potential sites of active ECM degradation by invadopodia. Protrusive structures have also been identified by actively extravasating MDA-MB-435 cells expressing Twist1 upon injection into the vasculature of zebrafish¹²⁶. Direct imaging of tumor cells in the vasculature revealed that Twist1-overexpressing cells display large rounded protrusions¹²⁶, suggesting that invadopodia-like protrusions by extravasating tumor cells contribute to ECM degradation and breaking through the endothelium barrier (Figure 2).

Future directions and therapeutic implications

As discussed, recent progresses suggest an essential role of invadopodia in tumor invasion and metastasis. The specific presence of invadopodia in invasive tumor cells and their unique ability to precisely coordinate localized ECM degradation with cell movement make them ideal targets for anti-metastasis therapies.

A number of critical issues need to be resolved to put invadopodia at the forefront of tumor metastasis research and treatment. First, although actin assembly and elongation during invadopodia initiation have been extensively studied, it remains unclear what and how matrix degrading enzymes are recruited to invadopodia to perform their functions. Since broad inhibition of MMPs has not been successful in blocking metastasis, the strategy to inhibit protease recruitment could be a promising new route to specifically targeting ECM degradation and tumor invasion. Second, it remains unclear whether and how the molecular components and regulation of invadopodia and other actin-based membrane protrusions are different. Since many invadopodia components play critical roles in various cellular processes, such as proliferation, apoptosis, and migration, it is difficult to attribute all their observed activities on tumor progression to invadopodia function. Understanding such differences would further solidify the unique role of invadopodia in tumor metastasis *in vivo*, and lead to more specific targeting therapies against invadopodia in tumors without affecting normal cellular functions.

To move invadopodia inhibitors into therapeutic applications against tumor metastasis, we first need to determine how to apply invadopodia inhibitors for cancer treatment. As discussed, the main function of invadopodia in tumors is to promote matrix degradation and tumor invasion, but not to regulate cell proliferation or survival. Therefore, the main utility of invadopodia inhibitors should be to prevent primary and secondary metastasis occurrences, instead of inhibiting the growth of established primary tumors and metastases. Invadopodia inhibitors could be beneficial in preventing new metastasis development in a number of metastasis-prone cancer patient groups. Using breast cancer as an example, a

group of cancer patients who have already developed limited metastatic diseases, such as a single brain metastasis, may use invadopodia inhibitors to prevent secondary metastasis lesions in the brain. Also patients that have presented lymph node positivity could benefit from invadopodia inhibitors to prevent distant metastasis development. Furthermore, recent gene expression profiling and biomarker studies make it possible to predict long-term metastasis occurrence and survival outcome in early-stage breast cancer patients. Invadopodia inhibitors, in combination with traditional chemotherapies, could potentially reduce metastasis development in the selected high-risk patient population based on such molecular profiling.

Another pressing issue that faces the entire metastasis field, including the invadopodia research, is how to develop proper clinical trials to test anti-metastatic agents, such as invadopodia inhibitors. As discussed above, invadopodia mainly function to promote matrix degradation, thus perturbation of their functions in tumors have little or no effect on tumor proliferation. Unfortunately, the current clinical trial system requires all anti-cancer agents to show efficacy in phase II by shrinking established primary tumors and/or distant metastases in patients before moving to phase III trials and regulatory approval. Only after approval can these agents be tested in metastasis prevention trials for more early-stage cancer patients. Since invadopodia-specific inhibitors are unlikely to shrink existing tumors and metastases, these inhibitors would fail in current phase II clinical trials even though they might be potent to prevent new metastasis occurrence. A stimulating article by Dr. Patricia Steeg (Nature 2012) has proposed that the rate of new metastasis occurrence in metastasis high-risk patients as a more appropriate end point for metastasis prevention trials¹²⁷. Given the unique role of invadopodia in tumor invasion and metastasis, invadopodia inhibitors need to be tested in better-designed metastasis prevention trails to explore their full potentials in combating tumor metastasis.

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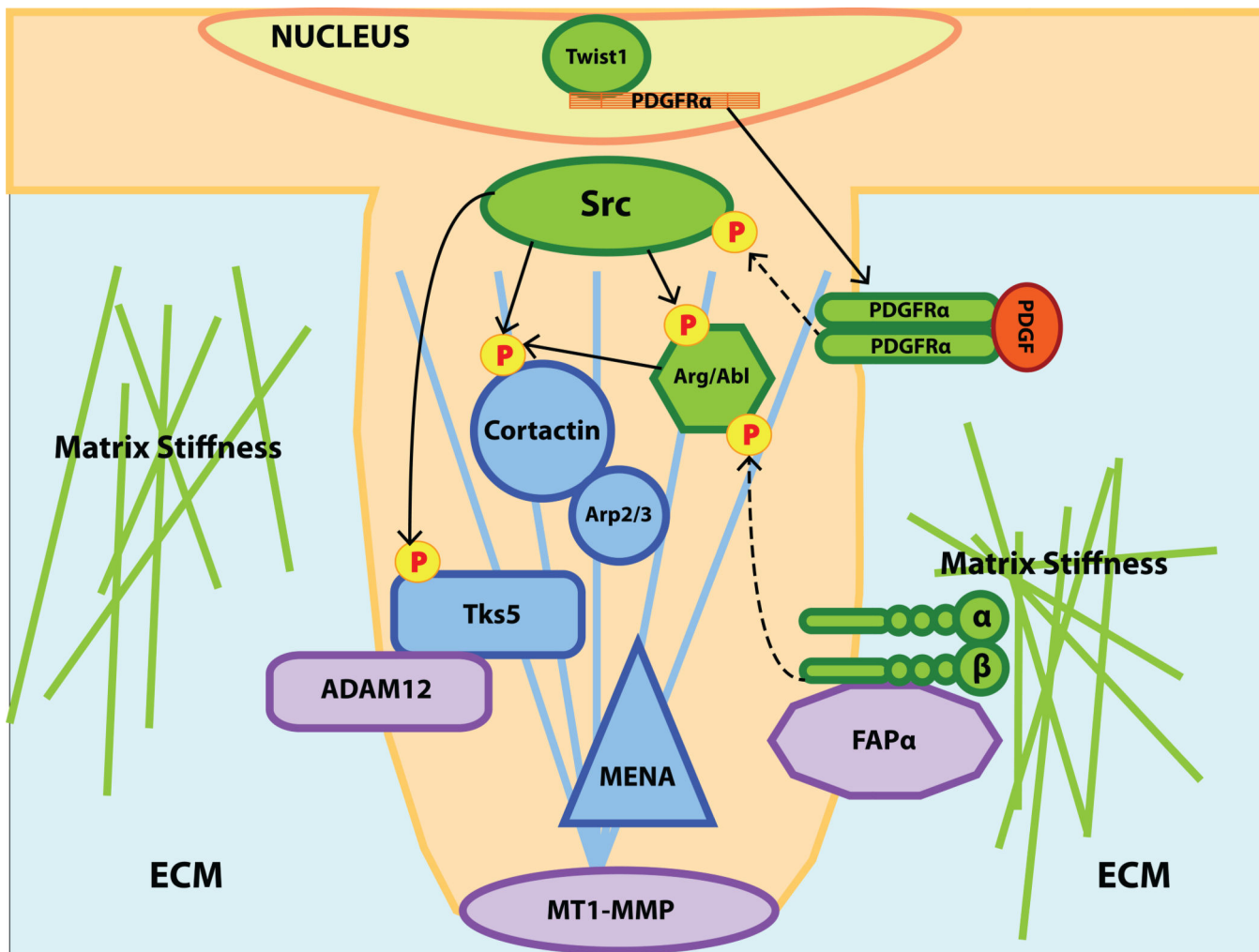


Figure 1. An overview of the invadopodia components and regulators discussed in this review Twist1-induced expression of PDGFR α leads to increased Src kinase activity, which serves as a trigger for invadopodia formation. Src-mediated phosphorylation of the structural components cortactin and Tks5 and the Arg/Abl tyrosine kinase promotes invadopodia assembly. Integrin β 1 serves as an adhesion mediator between invadopodia and ECM, an activator of Abl/Arg at invadopodia, a sensor of matrix stiffness to regulate invadopodia assembly, and a potential docking site for FAP α . Structural components of invadopodia, which include the actin core, are labeled in blue, proteases are labeled in purple, and regulatory components are labeled in green.

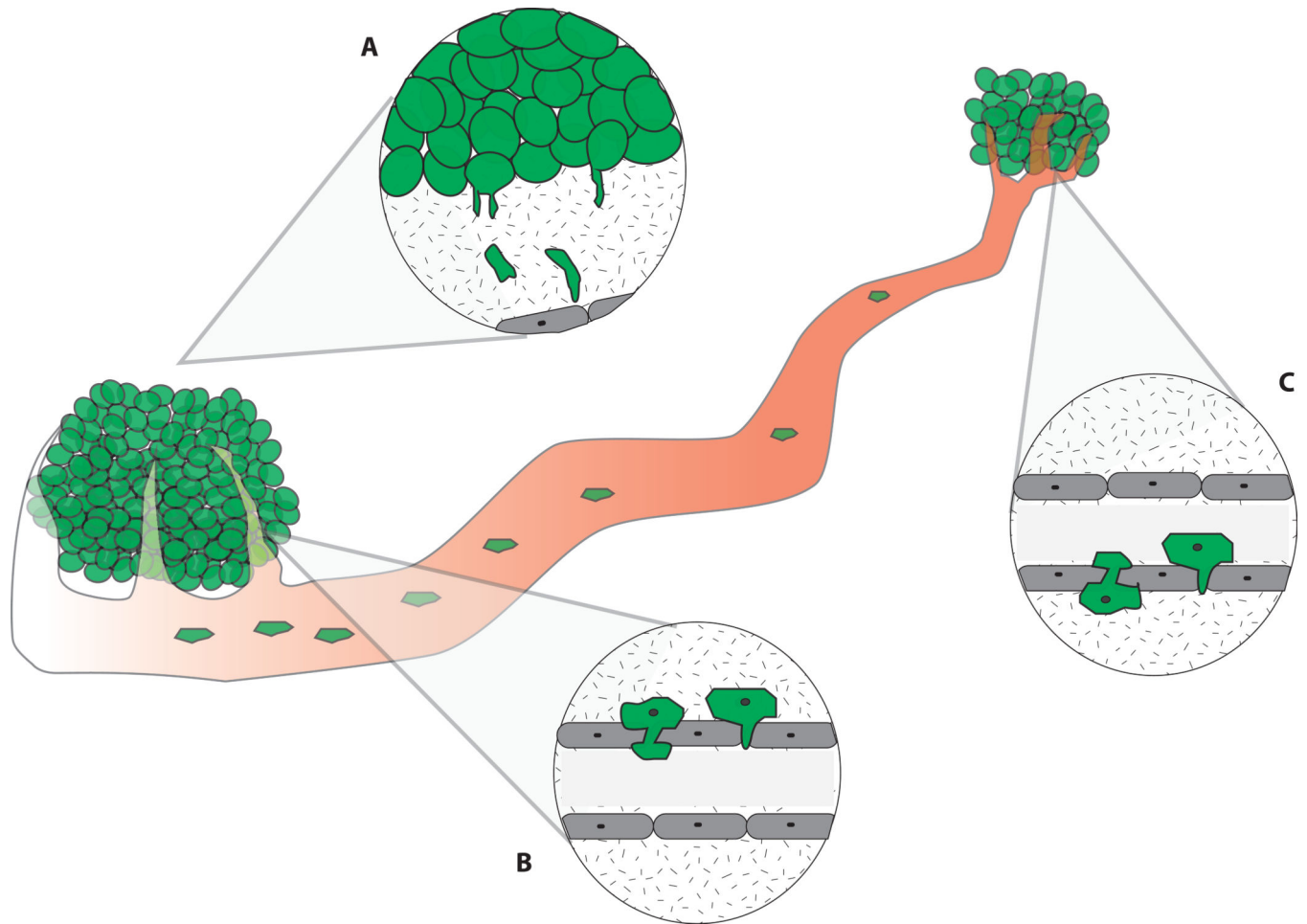


Figure 2. The role of invadopodia in metastasis progression

Tumor metastasis takes place in a series of steps: invasion into the surrounding stroma(A), intravasation into the vasculature(B), extravasation out of the vasculature(C), and colonization at distant sites. Given that invadopodia function to degrade ECM, invadopodia are thought to play critical roles during various steps of metastasis (A–C).

Table 1

A list of invadopodia components and regulators, their roles in invadopodia, invasion, and metastasis, and their therapeutic potentials.

| | Component | Cancer | Invadopodia | Invasion | Metastasis | Therapeutics |
|-----------------------|------------------|---|-------------|-------------|---------------|--------------|
| Core Elements | Cortactin | Breast, Head and Neck, Lung, Ovarian, Bladder | 7-11 | 12, 13 | 13, 14 | - |
| | MENA | Breast, Pancreatic, Colon, Gastric, Cervical Cancer, and Melanoma | 18 | 17-19, 21 | 18, 20, 21 | - |
| | Tks | Breast, Melanoma | 23, 27-29 | 24, 29 | 24, 30 | - |
| Proteases | MT1-MMP | Breast, Lung, Squamous Cell, Colorectal, and Melanoma | 8, 40, 42 | 44-46 | 48, 49 | 50-53 |
| | ADAM12 | Breast, Prostate, Lung, Brain, Liver, Bone | 25, 57 | 58, 62 | 62 | - |
| | Serine Proteases | Breast, Colon, Ovarian, Melanoma | 65, 66 | - | - | 74, 75, 79 |
| | Src | Breast, Colon | 9, 81-84 | 9, 83-86 | 85, 87-89, 91 | 89, 93-95 |
| Regulatory Components | Abl kinases | Leukemia, Breast | 84, 98 | 97, 99, 100 | 100 | 93, 101, 102 |
| | Integrin | - | 103-106 | 103 | 109 | - |
| | Twist | - | 24 | 24 | 111, 112 | - |