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The Zebrafish Models to Explore Genetic and Epigenetic Impacts on Evolutionary Developmental Origins of Aging

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Abstract

Can we reset, reprogram, rejuvenate or reverse the organismal aging process? Certain genetic manipulations could at least reset and reprogram epigenetic dynamics beyond phenotypic plasticity and elasticity in cells, which can be further manipulated into organisms. However, in a whole complex aging organism, how can we rejuvenate intrinsic resources and infrastructures in an intact/noninvasive manner? The incidence of diseases increases exponentially with age, accompanied by progressive deteriorations of physiological functions in organisms. Agingassociated diseases are sporadic but essentially inevitable complications arising from senescence. Senescence is often considered the antithesis of early development, but yet there may be factors and mechanisms in common between these two phenomena to rejuvenate over the dynamic process of aging. The association between early development and late-onset disease with advancing age is thought to come from a consequence of developmental plasticity, the phenomenon by which one genotype can give rise to a range of physiologically and/or morphologically adaptive states based on diverse epigenotypes, in response to intrinsic or extrinsic environmental cues and genetic perturbations. We hypothesized that the future aging process can be predictive based on adaptivity during the early developmental period. Modulating the thresholds and windows of plasticity and its robustness by molecular genetic and chemical epigenetic approaches, we have successfully conducted experiments to isolate zebrafish mutants expressing apparently altered senescence phenotypes during their embryonic and/or larval stages ("embryonic/larval senescence"). Subsequently, at least some of these mutant animals were found to show shortened lifespan, while some others would be expected to live longer in adulthoods. We anticipate that previously uncharacterized developmental genes may mediate the aging process and play a pivotal role in senescence. On the other hand, unexpected senescence-related genes might also be involved in the early developmental process and its regulation. The ease of manipulation using the zebrafish system allows us to conduct an exhaustive exploration of novel genes/genotypes and epigenotype that can be linked to the senescence phenotype, and thereby facilitates searching for the evolutionary and developmental origins of aging in vertebrates.

Keywords

Aging; Epigenetics; Evolution; Development; Disease; Genetics; Rejuvenation; Senescence; Zebrafish

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1. Introduction

The mechanisms of aging are currently the focus of extensive investigations throughout the world. During the aging process, multiple forms of tissue- and organ-specific damage and pathophysiological change accumulate, and accordingly a number of chronic diseases appear with advancing age. Scientists are now looking for the principles governing the ubiquitous process of aging, to ultimately find novel ways to attenuate or delay aging in humans as well as to develop interventions for age-associated diseases. However, understanding the molecular mechanisms of aging in vertebrates is still a major challenge of modern biology and biomedical science. There are various animal models to be considered and utilized in aging studies, and determining the optimal model system(s) remains one of the most important issues. Given certain limitations in each and all the existing models of human aging, calling for an integrative approach that uses diverse species in the hope that each would provide a piece of the puzzle and, together, would help to identify critical elements common to aging in all organisms. One of the essential limitations is availability of genetic/ genomic and epigenetic/epigenomic information detailed on relevant species. This provides the rationale for current biomedical investigations into the mechanisms of aging being conducted concurrently in genetically robust species like worms, fruit flies, and mice. In fact, small and prolific invertebrates, such as *Caenorhabditis elegans* (*C. elegans*) and *Drosophila melanogaster*, can provide the strong basis for unbiased genetic screens that identify and determine the precise functions of novel genes and their epigenetic profiles that regulate aging and lifespan transgenerationally and evolutionally. This approach has already led to the successful identification of key genes and pathways evolutionarily conserved in, and associated with, the aging process. Although evolutionally conserved mechanisms of aging could play roles in various organisms, manifestations of aging can also differ in different species. For instance, vertebrates from fish through humans often die of cancer or stroke, but invertebrates such as worms and insects unlikely die of either. Thus far, only mice have served as a widely used genetic model system to study the aging process in vertebrates, providing important insights into mammalian aging as an indispensable animal model [1]. However, studying only a single genetic model may be limiting due to diversified complexity of vertebrate aging across species. Some mechanisms of aging could be evolutionarily conserved and publicly common in vertebrates, but there are also more lineage-specific or private mechanisms of aging from a comparatively biological point of view [2]. Even the common notion that caloric (or dietary) restriction extends lifespan has not proven to be universally true, as shown in several cases including humans, some fish species, and honeybees (*Apis mellifera*) [3-9]. Therefore, a cross-species comparative biology of aging prospective is necessary to understand and obtain a more complete picture for fundamental causes of aging in speciation and biodiversity.

Development is obviously under the precise control of genetic mechanisms programmed in the genome having plasticity yet through remodeling of epigenomes (**Figure 1**). However, such precise genetic programming, unfolded by epigenetic interventions, may still subsequently be disturbed later on during the aging process that undergoes many stochastic deteriorative challenges against regenerative/repair responses and restorations where the reactivation of certain phases of the early developmental program/process contributes and/or are required (**Figure 1**). Once we consider aging as an extension of the biological process of development, the power of developmental biology and genetics in zebrafish becomes a monumental and instructive wealth of information and exploration. Zebrafish can be extensively utilized in searching for evolutionary and developmental origins of aging common in vertebrates. In fact, some of the genes we identified by an apparent senescence phenotype during embryogenesis ("embryonic senescence") had already been associated with cellular senescence and chronological aging in other organisms, while many others

have still waited to be linked to the conventional aging process in future studies. Complete loss-of-function of developmentally essential genes induce embryonic (or larval) lethality, whereas it seems like their partial loss-of-function (i.e., decrease-of-function by heterozygote or hypomorphic mutations) still remains sufficient to go through the early developmental process because of its plasticity or rather heterozygote advantage. In some cases, however, such partial loss-of-function of genes compromise normal homeostasis due to heterozygote disadvantage ("haploinsufficiency") later in adult life having a number of environmental or epigenetic challenges which less plasticity can no longer adjust to compensate (**Figure 2**). By contrast, any heterozygote-advantageous genes might gain a certain benefit(s) (much more fitness) by such partial loss-of-function later in life (**Figure 2**).

Physiological senescence may evolutionarily arise from both genetic and epigenetic drifts as well as from losing developmental plasticity in face of stress signals from the external environment that interacts with functions of multiple genes rather than effects of only a single gene mutation or defect. We wish to identify a number of such critical genes promptly in a comprehensive manner by utilizing the zebrafish model system. Presumably, certain critical portions of aging phenomena may become readily predictable based on advanced genetic and genomic approaches in zebrafish, and a systems biology approach will allow us to simulate the aging process by modeling potential stochastic values including epistatic and epigenetic impacts.

2. Zebrafish as a vertebrate model of aging

Zebrafish has emerged as a highly promising model for studies of vertebrate aging [10-18]. Combining their optical transparency at embryonic and larval stages [in some cases, even in adults throughout their lives; [19]], the small size and high fecundity of zebrafish has made them a favorite vertebrate of developmental biologists. This has resulted in detailed characterization of the zebrafish genome, the development of multiple mutant and transgenic phenotypes, and the emergence of various molecular genetics techniques (e.g., most recent genome-editing approach and targeted-gene knockout using nucleases as well as authentic knockdown using morpholino antisense oligos) [20-25], allowing for investigation of the intrinsic mechanisms underlying normal physiological and pathological events in this organism. Consequently, of the vertebrates studied to-date, zebrafish offers the most costeffective opportunity for high-throughput screens using robotic systems for evaluating mutants, identifying genes, and testing chemicals in vertebrate organisms [26-28].

In terms of the lifespan of zebrafish, however, they live quite long for approximately 3 years on average (over 5 years maximally) in laboratory conditions and show gradual senescence that is similar in many aspects to humans [10, 12]. With age, zebrafish show diversified phenotypes and symptoms, as humans make them as well. For instance, zebrafish often display spinal curvature that is possibly related to muscle abnormalities [12]. We could also detected senescence-associated β-galactosidase (SA-β-gal) activity in skin in aging zebrafish [10, 15, 29]. Moreover, as zebrafish age, they show increased accrual of lipofuscin ("aging pigment") in the liver and accumulation of oxidized proteins in muscle, [10, 29], similar to that reported in mice and humans [30-32]. Aged zebrafish further develop lipofuscin accumulation and drusen-like lesions in retinal pigment epithelium (RPE), which is similar to that seen in age-related macular degeneration (AMD) in humans. Finally, almost all zebrafish develop cataracts as long as they survived by 4 years of age (unpublished observation), when the majority of the oldest fish show retinal atrophy [29].

Our studies have further revealed several age-related degenerative changes and increases in a variety of pathological lesions in aging zebrafish, as well as an age-dependent decline in

both their reproductive and regenerative capacity [10, 15, 29]. In adult zebrafish, fin regeneration is a highly orchestrated processes involving wound healing, establishment of the wound epithelium, recruitment of the blastema from mesenchymal cells underlying the wound epithelium, and differentiation and outgrowth of the regenerated cells [33]. Importantly, such regenerative ability declines with age, leading to impaired morphology and distorted fin shape [15], which may become a valuable hallmark of aging in this animal model. There have also been observed age-associated alterations in circadian rhythmicity, sleep and cognitive function in zebrafish [13-15, 34]. Taken together, while zebrafish have relatively long life expectancy that might be tedious in some long-term experiments during the simply chronological aging process, our observations and other cumulative evidence suggest that zebrafish have become the great model system to investigate the mechanisms underlying gradual senescence in vertebrates, and can also serve as a promising model of human aging [10, 29].

3. High-throughput screening of senescence-associated mutants in vertebrates

In addition to studying the function of specific genes that have already been linked to the aging process, it is critically important to conduct unbiased mutant screens for aging phenotypes in vertebrates, in search of additional genes that affect late-onset diseases or agerelated dysfunctions. The mechanisms connecting the organismal aging process with multiple chronic age-associated human diseases ('geriatric diseases') remain a complex enigma, and scientists sometimes face conflicting arguments about 'aging phenotypes' versus 'diseases'. Both intrinsic gene-gene interactions ('epistasis') and gene-environment interactions, influencing genome/genotype and epigenome/epigenotype through numerous environmental and epigenetic factors, affect the aging process and disease progression [35, 36]. It is however poorly understood which of the complex genetic elements evolutionarily affect lifespan, how they are correlated with disease susceptibility, and how stochastic environmental and epigenetic modulations are transgenerationally responsible for the developmental origins of aging and disease in vertebrates. There may be remarkably complex interactions between unexpected, as of yet unidentified and/or even apparently unrelated genes, requiring unbiased comprehensive methods of detection and systems biology approaches to their identifications. In most vertebrates, unbiased screens for aging mutants are technically difficult and have therefore not yet been done, even in mice. On the other hand, specific phenotype-based and unbiased forward genetic screens in early development for multiple biological and biomedical purposes have already been successfully carried out in zebrafish, and can be readily adapted to current aging research, once any adequate senescence biomarker is identified and can be applied to this model system, particularly in embryos and/or larvae during the developmental process.

The features that distinguish the zebrafish as a high-throughput amenable organism for highcontent or large-scale screens include their small body size, transparent embryogenesis, and high reproductive rate, allowing the simultaneous evaluation of many siblings throughout their lives under controlled conditions, with and without certain environmental and pharmacological challenges. Moreover, the existence of various zebrafish mutants and traceable transgenic lines showing particular phenotypes already, including retroviral insertional mutant collections [37], provides a valuable rich resource for the identification of both physiological and pathological aging characteristics.

4. The aging process mimicked by "embryonic/larval senescence" phenotypes

Humans develop and age very gradually, when compared with most of the animals used as biomedical research model systems. The time-consuming aspect of aging research may become a critical limitation of the current study and approach, since some of the aging processes common to humans might, indeed, require a prolonged lifespan to become apparent and to adequately elucidate the essential determining factors of the gradual nature and mechanisms of aging.

Recent studies indicate that the rate of aging can be modulated by environmental/epigenetic as well as genetic factors, and that the clock of aging can be flexibly forwarded or even reversed by restoring characteristics of youthfulness to aged cells, tissues and organisms [38]. Although certain genetic mutations can presumably lead to the structural and functional decline of various tissues by impairing cellular functions, it is still tough to explain that single genetic mutations alone can account for the entire characteristic changes during the aging process that are shared across individuals within a species and even across species. Therefore, the hypothesis that environmental challenge-associated epigenetic alterations underlie age-related phenotypic changes of cells and tissue, as well as the agedependent increase in susceptibility to many diseases in organisms, has gained considerable support. On the other hand, to extend comprehensive explorations and analyses, the lengthy lifespan of experimental animals represents a practical obstacle for undertaking either crosssectional or longitudinal aging research, particularly in genome- and epigenome-wide studies as well as high-throughput screens of candidate factors.

One of the most promising approaches to confronting this dilemma is to assess rather environmentally mimicked young animals (even embryos and larvae) for reliable and easily measurable biomarkers of senescence that "predict" an actual (both chronological and biological) aging phenotype(s) appeared later in life. The causative link between early development and late-onset disorder with advancing age is presumably due to a consequence of developmental plasticity, the phenomenon by which one genome can give rise to a range of physiologically and/or morphologically adaptive states based on divergent epigenomes, in response to internal or external environmental cues. Thus, we hypothesized that the future aging process can be predictive based on adaptivity during the early developmental period. Modulating the thresholds and windows of plasticity and its robustness by molecular genetic and chemical epigenetic approaches, we conducted zebrafish mutant screens by identifying apparently altered senescence phenotypes during their embryonic and/or larval stages ("embryonic/larval senescence").

In genotypes susceptible to accelerated aging (caused by 'Heterozygote Disadvantage') or even delayed aging (caused by 'Heterozygote Advantage'), such biomarkers might manifest in young animals with certain gene mutations (or alleles), either spontaneously or following stress **(Figure 3**). Even if such mutations are lethal in homozygous zebrafish, most heterozygous animals develop normally and survive into adulthood. Under normal conditions, the heterozygous embryos, larvae, or young (adult) fish might not immediately reveal significant vulnerable changes in biomarkers of aging, due to the presence of 'plasticity' like partial redundant compensatory mechanisms and/or adaptive responses and upregulations (e.g., hyper activation) mediated by the remaining intact functional allele. However as confirmed by our recent study [29], several homozygous mutant (complete lossof-function) conditions as well as exposures of the corresponding heterozygote carriers to specific stress challenges can help to amplify the response in animals showing dominant premature senescence ("embryonic senescence") phenotypes even in early development (in case of senescence "enhancer mutants" of Type I genes by haploinsufficiency; **Figure 3**).

This applies to cases where gene mutations lead to an augmented response to stress (in Type I genes) or conversely a resistance to it (in Type II genes). Thus, a mutant phenotype in homozygosity as well as a specific stress challenge (instead of an actual aging challenge) in heterozygosity during early development could mimic the actual aging process and help to predict the genotypes that might be susceptible or resistant to homeostatic deteriorations that occur during aging. By using a chemical sensitizer (e.g., hydrogen peroxide) to mimic environmental influences and/or epigenetic modulation, we could indeed identify mutants with an altered response to oxidative stress; that is we expected the chemical sensitizer to induce "heterozygote advantage or disadvantage" impacts in many of the potential target genes. We then denoted this chemical genetic methodology 'CASH' (Chemically Assisted Screening in Heterozygotes) [29].

One obvious biomarker of aging to use in unbiased screens is SA-β-gal, an indicator of cellular senescence *in vitro* as well as of organismal aging in vertebrates [39-44]. In fact, we detected SA-β-gal activity in the skin as well as oxidized protein accumulation in the muscle of aging zebrafish [10, 15, 29], similar to that demonstrated in humans with age [39]. We employed this marker in a series of screens for embryonic senescence phenotypes using more than 500 mutant genomes from retrovirus-mediated insertional zebrafish mutant lines and others induced by N-ethyl-N-nitrosourea (ENU) chemical mutagenesis [29, 37]. Since all of the 306 insertional mutations screened were ultimately homozygous lethal, we needed to explore the effects of missing just one copy of the genes ('haploinsufficiency') in heterozygous adult fish with age. However, instead of characterizing the aging phenotypes throughout their lifespan, we first examined which of these mutants showed increased SA-βgal activity during embryonic development within 5 days post fertilization (dpf), either spontaneously in homozygote or following oxidative stress in heterozygote [29]. All the retrovirus-mediated insertional mutants showing the altered SA-β-gal activities in homozygous embryos or larvae are currently available at the Zebrafish International Resource Center (ZIRC).

It is possible to hypothetically model our mutant screening of developmentally essential (potentially 'beneficial' versus 'deleterious') genes for embryonic senescence considering the actual aging process (**Figure 3**). In enhancer mutants (harboring mutations in Type I Genes) with increased SA-β-gal activity, the normal allele can be more 'beneficial' to be against senescence, whereas the heterozygous allele could be rather more 'deleterious' in this sense showing accelerated aging and a subsequently shorter lifespan (the total 11 mutants categorized in this type A group; **Table 1**). On the other hand, in suppressor mutants (having mutations in Type II Genes) with decreased SA-β-gal activity, the normal allele could be relatively more 'deleterious' in senescence, but the heterozygous allele may be more 'beneficial' against senescence, having 'heterozygote advantage' of fitness (the 3 mutants are categorized as this Type II; **Table 1**). These heterozygous organisms would be anticipated to show slow or delayed aging and thus a longer lifespan.

Thus, our mutant screen revealed various genotypes designated as both enhancer and suppressor mutants with a relative increase and decrease of SA-β-gal activity, respectively, during early development. Each gene linked to increase or decreased embryonic SA-β-gal activity is also listed in the **Table 1**. We have already demonstrated that some of enhancer mutants show the accelerated aging phenotypes later in adult life, underscores the utility of such an approach for identifying early predictors of actual aging phenomena. This suggests that 'haploinsufficiency' in some genes might not be detrimental to a developing embryo probably due to developmental plasticity, but would facilitate alterations in molecular mechanisms and physiological functions characteristic of aging. If biomarkers of such alterations could be documented at an early age, they could help to predict subsequent aging phenotypes later in life.

The presence of the lower SA-β-gal levels in the mutant embryos ('suppressor mutants by loss-of-function') is intriguing and makes them attractive for further exploring the possibility of slow or delayed aging regulated by any heterozygote advantage condition of the genotypes. Identification of longevity assurance genes, which can extend lifespan by a mutation, should be elucidated to better establish the existence of the physiologically relevant model system for aging in zebrafish. Therefore, we currently anticipate being able to identify a real suppressor-type aging mutant, which displays enhanced stress resistance in advanced age and, perhaps, a longer healthy lifespan ("healthspan"). Alternatively, it might also be possible to isolate a "revertant" from the background of an accelerated aging mutant, which would restore the original normal phenotype with rejuvenation by means of any suppressor mutation (i.e., a reversal of the accelerated aging phenotype).

Our studies have demonstrated to date that the certain environmental challenges (e.g., gamma-irradiation or oxidative stress), which accelerate aging in adult zebrafish, can be effective in revealing biomarkers of aging even during early development. If the coupling of stress responses in zebrafish embryos and/or larvae with aging mechanisms in adult fish works parallel fashion, as has been demonstrated in other invertebrate animal systems and suggested by our results discussed here, this approach will be a useful and powerful tool in the search for aging-related genes more comprehensively in vertebrates. Such speedy identification of genes relevant to vertebrate aging using embryos and/or larvae would partially circumvent the need for time-consuming and lengthy lifespan analyses in any available zebrafish mutants or even natural variants.

While age-related epigenetic alterations largely remain to be elucidated in zebrafish, the initial profiles of decreased cytosine methylation at CpG island shores in some representative genes during zebrafish aging were only emerged recently [18]. In this regard, any gene identified in the zebrafish senescence mutant screening would be highly plausible candidates to be regulated by both genetic and epigenetic manners under certain environmental challenges with actual aging. In particular, since genetic code mutations occurred in epigenetic factors or elements definitely lead to heritable transmission over generations, the transgenerational effect of an epigenome(s) still significantly rely on an original genome to some extent. From such genetic and epigenetic point of view, identified genes encoding structural maintenance of chromosome (SMC) 1A-like protein and RNA polymerase II components in our mutant screening must be prominent candidates to elaborate the loop or linkage between a genome(s) and an epigenome(s) in terms of an evolutionary notion of aging. As such, although we have not further specified any target by means of the canonical epigenetic modifications such as DNA methylation, histone modifications and chromatin remodeling, extending investigations in epigenetics and epigenomics would guarantee a much deeper understanding of the complex processes of organismal aging and the mechanisms of increased risk of disease with age, at the forefront of future zebrafish aging research.

5. Evolutionary developmental origins of aging and disease

Genetic code information determines the architecture of individual organisms during development and programs the mechanisms that maintain adequate functions extended to adult life at least to some extent [45]. There is also substantial evidence which shows that constraints in early life environment are an important determinant of the risk of geriatric diseases including cancer and metabolic disease [46, 47]. One hypothesis is that the increased susceptibility to such diseases has a common origin with the developmental changes and adaptation induced in the developing tissues and organs under initially exposed particular environmental conditions, as originally proposed by Barker [48]. The developmental and environmental impacts include nutritional status and altered epigenetic

regulation of any particular gene having each genetic background. The induction of a subsequent disease risk with age is significantly dependent upon the nature of the environmental challenges as well as on the interaction of the original genetic susceptibility with the altered epigenome throughout the life course [49]. However, age-related physiological changes and pathologies may also originally derive from the drifting actions of developmental programs [50]. Age-associated epigenetic drifts in an intrinsic developmental program that tends toward imbalance with advancing age can be a cause of the progressive deteriorative changes in physiological functions and homeostasis, leading to various diseases [51, 52].

With aging, since regenerative ability also declines and degenerative potential increases in zebrafish [15], the loss/decrease of plasticity and/or onset of self-renewal defects in stem cells may be responsible for reduced regenerative capability and inefficient tissue restoration accompanied by aging. On the other hand, inadequate elasticity in aging may cause inappropriate regeneration potentially leading to cancer or degeneration by compromising homeostatic integrity and plasticity.

Of note, the fundamental aging process is not a disease itself, whereas aging obviously increases vulnerability to many diseases including cancer. In essence, therefore, aging may be considered to be one of the most prominent pathogens and carcinogens. Cancer incidences exponentially increase with age in most vertebrate species as shown in zebrafish as well as humans [53-55]. This age-associated increase of cancer incidence is presumably due to inappropriate developmental drift in aging stem cells or aged somatic cells which are voluntarily trying to reset a program having some troubles. Most of proto-oncogenes function properly in normal development and growth. Developmentally crucial genes such as *oct-3/4* and *sox2* and the proto-oncogene *c-myc* among others can reprogram differentiated somatic cells to stem cells beyond plasticity [56-58]. However, such artificially (or even naturally) induced/reversed stemness is insufficiently robust and often suffer from inevitable carcinogenesis owing to the conflicting relationship between reversing power and forwarding entropy in senescence [59]. Inappropriate fading or unexpectedly excessive actions of developmental functions in the adult stages is conceivably caused by less molecular fidelity with increasing entropy [60, 61]. The reason why plasticity is restricted to a particular period of early life is possibly that there is a difficulty in reversing the entire developmental processes of adult organisms *in vivo* [46]. Thus, it might be due to the unaffordable energy cost of assuring reproductive success and fidelity in reconstructing the prior established characteristics of aging organisms.

Segmental progeroid syndromes including Hutchinson-Gilford progeria syndrome (HGPS) (simply referred to as "progeria") are often accompanied by developmental and growth retardation, but very little is known about the developmental process of such accelerated aging disorders. We have demonstrated the impaired early developmental processes of the mesenchymal lineage in zebrafish embryos harboring the disturbed lamin A expression [62], and other lines of evidence also support the notion that developmental signaling pathways are presumably involved in the lamin A-associated aging mechanisms as well [63]. Because embryonic stem cells appear to express lamin A/C upon differentiation [64, 65], and lamin A-associated stem cell dysfunction has been linked to disruption of the Wnt and Notch signaling pathways [63, 66-68], which are essential for early vertebrate development, our observations of embryonic senescence or apoptosis in the *lamin A* gene (*LMNA*)-disturbed zebrafish might be consistent with a dysregulation of somatic stem cells leading to organismal premature aging. In particular, it is plausible that the less plasticity and insufficient self-renewal ability in mesenchymal stem cells may be responsible for the specificity of accelerated tissue degeneration, as most affected tissues in progeria are of mesenchymal origin [67]. Lamin A has also recently emerged as a key player vulnerable to

epigenetic changes that contribute to aging [69-72]. Embryonic senescence and further unforeseen developmental abnormalities may also be occurring in human (or mice) progeria in either *de novo* genetic and/or epigenetic manners, given that severe neonatal lethality has been reported [73-75]. Thus, aging research should therefore extend to the study of early developmental process at least within the context of reproduction and regeneration.

It is reasonable to assume that the developmental theory of aging approach leads to the identification of genetic and epigenetic pathways which are relevant for development alone, for aging alone, and for both development and aging [76]. Subsequently, it would be possible to establish a concept and experimental evidence of the spiral loop of genome and epigenome that can be linked to organismal evolution in aging and disease. As a fundamental task at this stage, the pathways and related molecules that have already been implicated in aging and longevity need to be more extensively investigated in early development, as characterized for the several gene products including lamin A, ataxia telangiectasia mutated (ATM), and telomerase [62, 77, 78].

6. Rejuvenating factors against aging and disease

Embryos, larvae, and juveniles of many species have greater potential for tissue repair and regeneration than adults, and eventually they lose such ability with more ages, in parallel with more diseases. Somehow, little attention has been devoted to determining 'physiological' factors characteristic of early life that could contribute to healthy aging and healthspan, being protective against adult-onset/geriatric diseases. This is presumably because 'premature aging' during early life has often been considered pathological rather physiological as a canonical context. Conceivably, however, our identified genes of senescence enhancers by loss-of-function might encode juvenile protective and/or rejuvenating factors that could normally act to delay aging and that when mutated can cause premature aging.

The morphogenic signals mediated by Hedgehog and Wnt are essential to direct pattern formation during embryogenesis and both the signal activities can remain through adulthood. Consistently, it has been reported that both Hedgehog and Wnt pathways function in aging [79-82]. In addition, critical roles of Hedgehog and Wnt signals have been implicated in metabolic regulatory events including insulin sensitivity and fat formation [83, 84]. In lines with these, as we described, our embryonic senescence mutant screens have identified the Hedgehog signal transducer, Smoothened (Smo), as a driver of SA-β-gal activity by the loss of its function [29]. Moreover, haploinsufficient accelerated aging phenotypes in retinal photoreceptors via the heterozygous *hedgehog* genotype have been reported in zebrafish [79]. Thus, Hedgehog signaling may function as an aging antagonist or rejuvenating factor [85, 86]. The outcome of several plausible candidate mutants in our mutant screening, like *smo* mutant fish, has provided a proof-of-concept for our original approach to assess the rejuvenating connection between developmental and senescence signaling pathways through the common genes during embryogenesis in zebrafish.

The secreted factor Klotho, which acts as a proficient suppressor of aging, may also be classified as a rejuvenating factor. Klotho-deficient mice manifest a syndrome resembling accelerated human aging with multiple deteriorative features [87], whereas Klothooverexpressed mice has been found to extend lifespan displaying anti-aging properties [88]. In the Klotho-deficient animals, increased Wnt signaling activity becomes evident, and in fact Klotho functions as a secreted Wnt antagonist. Thus, Klotho deficiency-induced accelerated aging is due, in part, to constitutive activation of Wnt signaling. Hence, an unexpected deleterious role of Wnt in aging has been revealed in a Klotho-deficient mouse model system, while other lines of evidence contradictorily support a beneficial effect(s) of

a Wnt signaling against on aging as it can ameliorate multiple age-associated symptoms [89]. A tissue-dependent imbalanced regulation between Klotho and Wnt may be caused by developmental drift in aging stem cells and become a reason of reduced plasticity in tissues and organs with age.

Importantly also, essential involvements of Notch and Wnt signaling pathways in the deterioration of stem cells from progeria patients and model mice have been described, respectively [63, 66-68]. In human progeria, Notch signaling is upregulated in mesenchymal stem cells, leading to activation of the downstream target genes and to increased osteogenesis and decreased adipogenesis by perturbing cellular differentiation. Furthermore, in progeria model mice, the transcriptionally active form of β-catenin, which is the wellcharacterized regulator of the canonical Wnt signaling pathway, was almost completely absent in hair follicle stem cells.

Moreover, given the recent findings that Wnt signaling and the telomerase catalytic subunit (telomerase reverse transcriptase; TERT) can potentially make a positive regulatory loop: the Wnt pathway component β-catenin can positively regulate the expression of TERT while TERT can positively regulate the expression of Wnt/β-catenin target genes [90, 91], it is now reasonable to propose that the new direct link between theses mechanistic regulations has a crucial impact on balancing regeneration/rejuvenation and cancer during the aging process beyond embryogenesis [92].

Intriguingly, a recent study revealed that the cardiac hypertrophy of aging was at least in part mediated by circulating factors, and that the systemic growth differentiation factor 11 (GDF11), a transforming growth factor β (TGF-β) family member, could reverse age-related cardiac hypertrophy. This finding suggests that at least one pathologic component of agerelated diastolic heart failure is hormonal in nature and reversible by treatment with such a rejuvenating factor [93].

Taken together, the cumulative lines of evidence support the notion that developmental signaling pathways and their possible drifting actions may be involved in the aging and rejuvenation mechanisms [50], where we recognize that the zebrafish model system can enormously contribute to the identification of rejuvenating factors against aging and the study of molecular mechanisms to reverse the aging process that are common amongst vertebrates.

7. Conclusions

Our findings from the recent studies suggest that 'embryonic senescence' in zebrafish can be connected to the process of actual aging, which manifests at both the cellular and organismal levels. These include morphological and histological changes in multiple tissues, reduced regeneration and damage to macromolecules (DNA, proteins, and lipids), lipofuscin accumulation possibly resulting in reduced intracellular trafficking, cognitive decline, circadian dysregulation, and sleep alterations among others. These hallmarks of aging, also typical of other vertebrates, have been used in our longitudinal study of aging phenotypes among the zebrafish mutants that were identified based on early-life evaluations. This and other examples indicate that zebrafish can become an ideal system to develop alternative vertebrate models in order to address the many biological questions regarding the relationship between development and aging from both genetic and epigenetic points of view, in the most amenable throughput setting.

Aging has been thought of as a stochastically 'deteriorative/destructive' process, while development is a finely 'programmed/constructive' process. However, the genetic and epigenetic robustness of aging may already be defined during early developmental stages to

a certain extent. For instance, a certain gene mutation might lead to accelerated decline in gene function that would normally occur only at old age with a particular threshold and/or window, and this process could be facilitated or modulated by challenging of multiple stressors which can mimic various environmental impacts. In such cases, dependable biomarkers of aging could be potentially revealed at a much earlier age. As we have shown in the previous study, this issue can be fruitfully explored using unbiased mutant screens for the senescence-associated biomarkers during early developmental stages [29]. Overall, I propose that the complexity of aging in higher organisms, involving the interaction of multiple genes and signaling pathways, warrants a comprehensive search for the evolutionary developmental origins as early predictors of altered aging phenotypes later in life, where we might be able to reverse the process by rejuvenation. The zebrafish animal model, with its well-established genetics and advanced high-throughput technologies, offers an unparalleled opportunity to identify aging-related genetic and epigenetic elements, and to easily analyze their function throughout the life. The highly conserved mechanisms of aging on the cellular, tissue and organismal levels can and should be addressed using zebrafish as the most affordable genetic and epigenetic model in vertebrates, comparable to *C. elegans* and *Drosophila* in invertebrate [94, 95].

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Figure 1. Programmed and stochastic regulations of development and aging through linking a genome to epigenomes

Development is largely under the precise control of genetic mechanisms 'programmed' in genome having plasticity yet through remodeling of epigenomes. Such precise genetic programming, unfolded by epigenetic interventions, may still be disturbed later on during the continued aging process that undergoes many 'stochastic' deteriorative challenges against regenerative/repair responses and restorations where the reactivation of certain phases of the early developmental program/process contributes and/or are required. The association between early development and late-onset disease with advancing age is thought to come from a consequence of developmental plasticity, the phenomenon by which one genome can give rise to a range of physiologically and/or morphologically adaptive states by remodeling epigenomes (as hypothetically shown reversible remodeling of histone methylation; Me and acetylation; Ac), in response to intrinsic or extrinsic environmental cues and genetic perturbations. The primary problem is a decrease, failure or loss of the adaptive epigenetic response at later organismal ages.

Figure 2. Modeling of the impacts of gene mutations resulting in altered (half) dosages of particular gene functions and leading to altered senescence outcomes through the aging process In the schematic, the slope of the solid black line illustrates the age-dependent regression of accuracy in gene function in a wild-type (*Wt*) organism due to in part to "programmed" senescence, accumulated structural cellular damage following intrinsic and extrinsic environmental "stochastic" events, desynchronization of molecular mechanisms, and so on. The slope of the gray or green line shows the age-dependent decline of accuracy in gene function in a heterozygous (*Het*) mutant organism identified in our screening i.e., the organisms with a presumed 50% loss of original gene function at birth leading to a shorter ('heterozygote disadvantage') or longer ('heterozygote advantage') lifespan (on X-axis). Dotted horizontal lines depict the level of gene function at which certain 'Aging Biomarkers' can be documented, i.e., aging biomarker thresholds; A and B. Homozygous (*Mu; Homo*) mutant organisms are found to be early lethal (on X-axis).

by Heterozygosity

Figure 3. Modeling of the heterozygote disadvantage ("haploinsufficiency") or advantage mutation to be against environmental insults during the aging process

In upper schematic (in mutants of Type I Genes with heterozygote disadvantage or haploinsufficiency), shifted lines to the left by arrows illustrate the more rapid decline of accuracy in the function of the same gene following early exposure to stress (e.g., oxidative stress or gamma-radiation that we used in our studies) in wild-type (*Wt*) or heterozygous (*Het*) organisms.

According to this model, in wild-type organisms, Aging Biomarker-A manifests around middle age. In the heterozygous animals, this Aging Biomarker-A manifests spontaneously even in early life stages without stress insult (on Y-axis), since its threshold lies above the 50% level of gene function, thus predicting an accelerated aging phenotype. By contrast, Aging Biomarker-B is characteristic of old age in wild-type organisms and manifests in heterozygous ones at a relatively earlier period of late adult life. Thus, neither organism would show this biomarker spontaneously during the early stage of life (e.g., embryogenesis).

However, in both organisms, exposure to stress during development or later in life can change the dynamics of gene function with age, presumably through additional structural and functional damage to cells. As a result, after stress, both Aging Biomarkers manifest earlier and the Aging Biomarker-B can now be detected earlier in life of the heterozygous organism but not the wild-type one.

In homozygous (*Mu; Homo*) mutant organisms, either Aging Biomarker-A or -B can be detected during early development (i.e., increased SA-β-gal activity) and the mutations are early lethal (on X-axis). Thus, the search for gene mutations that lead to accelerated aging phenotypes can be conducted during early development of homozygous mutants as well as heterozygous mutants with or without the use of environmental stress factors. Note that while this highly-simplified schematic illustrates changes that helped us to predict accelerated aging in zebrafish mutants with altered genes, it does not reflect the more complex relationships between the dynamics of gene functions and age that would be predicted by the "antagonistic pleiotropy" theory of aging [35, 96]. Moreover, the concerted effect of numerous genes functioning in parallel throughout life would predictably cause the overall aging process to exhibit non-linear dynamics, with stochastic environmental factors providing further modifications of age-dependent processes under real-life conditions (e.g., epigenetic drifts).

In the lower schematic (in mutants of Type II Genes with heterozygote advantage'), for heterozygous organisms, the Aging Biomarker-A may still manifest any reduction spontaneously in early development without stress insult (on Y-axis), since its threshold lies above the 50% level of gene function, thus likely predicting any delayed aging phenotype at that point (e.g., if decreased SA-β-gal activity can be observed). By contrast, Aging Biomarker-B is characteristic of old age in wild-type animals and manifests itself in heterozygous ones during relatively late adulthood beyond the age of wild type. Thus, such organisms might not show this biomarker spontaneously during early development but may induce upon exposure to stress during development or even later in life can maintain the robust dynamics of gene function with age, probably due to nature resistance to structural and functional damage to cells. As a result, even after stress exposures with age, although Aging Biomarker-A may still manifest any reduction, the Aging Biomarker-B can only be detected during middle age of the heterozygous animals beyond the wild-type age. In the homozygous mutants, however Aging Biomarker-A or -B could be "negatively" detected during early development (i.e., decreased SA-β-gal activity) and these mutations are also still early lethal (on X-axis).

Practically in our experiments, for instance, in the case of enhancer mutants with mutations in Type I Genes and increased SA-β-gal activity, the normal wild-type allele can be more beneficial to be against senescence but the heterozygous allele could be rather more deleterious and induce accelerated aging and subsequently a shorter lifespan as seen in the mutants (The 11 mutants are categorized as type I; see Table 1). On the other hand, in suppressor mutants with mutations in Type II Genes and decreased SA-β-gal activity, the normal allele could be more deleterious later in life in terms of senescence but the heterozygous mutant allele may be more beneficial to be against senescence having 'heterozygote advantage' in this regard (The 3 mutants are categorized as type II; see Table 1). These heterozygous animals are anticipated to show slow or delayed aging and a longer lifespan, while the homozygous null mutants have no fitness with lethality.

Table 1

Embryonic/Larval Senescence Mutant Genes Embryonic/Larval Senescence Mutant Genes

