

NIH Public Access

Author Manuscript

Br J Haematol. Author manuscript; available in PMC 2014 March 31.

Published in final edited form as:

Br J Haematol. 2013 May ; 161(4): 587–593. doi:10.1111/bjh.12304.

A randomized Phase I/II Trial of HQK-1001, an oral fetal globin gene inducer, in β–thalassaemia intermedia and HbE/β– thalassaemia

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Abstract

β–thalassemia intermedia syndromes (BTI) cause hemolytic anemia, ineffective erythropoiesis, and widespread complications. Higher fetal globin expression within genotypes reduces globin imbalance and ameliorates anemia. Sodium 2,2 dimethylbutyrate (HQK-1001), an orally bioavailable short-chain fatty acid derivative, induces γ-globin expression experimentally and is well-tolerated in normal subjects. Accordingly, a randomized, blinded, placebo-controlled, Phase I/II trial was performed in 21 adult BTI patients (14 with HbE/β⁰ thalassemia and 7 with β⁺/β⁰ thalassemia intermedia, to determine effective doses for fetal globin induction, safety, and tolerability. HQK-1001 or placebo were administered once daily for 8 weeks at four dose levels (10, 20, 30, or 40 mg/kg/day), and subjects were monitored for laboratory and clinical events. Pharmacokinetic profiles demonstrated a $t_{1/2}$ of 10–12 hours. Adverse events with HQK-1001 treatment were not significantly different from placebo treatment. Median HbF increased with the 20 mg/kg treatment doses above baseline levels by 6.6% and 0.44 g/dL (p <0.01) in 8/9 subjects; total hemoglobin (Hgb) increased by a mean of 1.1 gm/dL in 4/9 subjects. These findings identify a safe oral therapeutic which induces fetal globin in BTI. Further investigation of HQK-1001 with longer dosing to definitively evaluate its hematologic potential appears warranted.

Keywords

Beta thalassaemia intermedia; fetal hemoglobin; clinical trial; pharmacokinetics

β-thalassemia syndromes are among mankind's most common hereditary monogenic diseases and are WHO-designated as a global health burden (Weatherall, 2010). βthalassemias are caused by more than 200 molecular mutations which reduce synthesis of the β-globin chains of hemoglobin A ($\alpha_2 \beta^A$), resulting in excess, unmatched α-chains in developing erythroblasts, which precipitate and damage red blood cell membranes, causing intramedullary hemolysis, anemia, and extramedullary hematopoeisis (Cappellini *et al*,

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RB and SP participated in study design and were involved in all aspects of the trial conduct. SP, SF, AI, and SLT participated in the writing and review of the manuscript. WW analyzed data. SLT and MB performed laboratory studies. SF, AI, NS, SK, AT, NC were significant clinical contributors to the trial.

2004; Schrier, 1997). β-thalassemia syndromes are classified in severity based on steadystate hemoglobin levels and transfusion dependency. β-thalassemia major, and β– thalassemia intermedia (BTI) are both caused by inheritance of two β-globin gene mutations (Gallo *et al*, 1979; Galanello *et al,* 2011). BTI causes moderate anemia in childhood that often progresses to transfusion-dependency in older age, iron loading and unique complications related to expanded erythropoiesis and hemolysis (Gallo *et al*, 1979; Capellini *et al*, 2004; Taher *et al*, 2010; Perrine, 2005; Uda *et al*, 2008; Galanello *et al,* 2011).

It has been well-established from genetic studies that higher fetal hemoglobin (HbF) expression within the same genotypes reduces anemia in β-thalassemia (Capellini *et al*, 2004; Taher *et al*, 2010; Gallo *et al*, 1979; Uda *et al*, 2008; Galanello *et al,* 2011; Perrine, 2005; Steinberg *et al*, 2001). Increased synthesis of fetal globin chains (γ–globin) reduces the globin chain imbalance, ineffective erythropoiesis, and hemolysis (Gallo *et al*, 1979; Galanello *et al*, 2011; Schrier, 1997). Within genotypes, the differential synthetic levels of fetal globin can result in differences in steady state total hemoglobin levels of as much as 1 gram (Galanello *et al*, 2011). Earlier γ-globin inducing therapeutics, such as 5-azacytidine, sodium phenylbutyrate, and arginine butyrate, demonstrated proof-of-concept of the benefits of increasing HbF in beta thalassemia, with subsequent rises in total hemoglobin, and even abolished transfusion requirements (Perrine, 2005; Steinberg *et al*, 2001; Schrier, 1997; Collins *et al*, 1995; Perrine *et al*, 1993; Cappellini *et al*, 2000; Reich *et al*, 2000; Hajjar *et al*, 1994; Singer *et al*, 2005; Fucharoen *et al*, 1996; Ley *et al*, 1982; Dunbar *et al*, 1989; Lowrey *et al*, 1993; Olivieri *et al*, 2011; Bourantas *et al*, 1997; Nisli *et al*, 1996; Rachmilewitz *et al*, 1998). Yet, this treatment approach has not become widely adopted due to requirements for parenteral administration or large drug doses, which are not easily tolerated for chronic use. While hydroxyurea has shown some benefit in select populations (Singer *et al*, 2005; Fucharoen *et al*, 1996), cytotoxic agents are less effective in beta thalassemia than in sickle cell disease. No HbF-inducing therapeutics are currently approved by regulatory authorities for treatment of β-thalassemias. An oral, non-cytotoxic agent that induces HbF expression could benefit many patients worldwide.

Sodium 2,2 dimethylbutyrate (SDMB, *HQK-1001*) is a promoter-targeted, short-chain fatty acid derivative which is orally bio-available, noncytotoxic, benign in toxicology testing, and has a $t_{1/2}$ of 11 hours in normal human volunteers and sickle cell patients, favorable features for long-term use (Pace *et al*, 2002; Castaneda *et al*, 2005; Perrine *et al*, 2009; Perrine *et al*, 2011). We report here a dose-ranging trial of this oral therapeutic in β-thalassemia intermedia. An active dose was identified in patients from two geographic regions which are globally representative of molecular mutations common in Mediterranean, Middle Eastern, and Asian beta thalassemia patients. Pharmacokinetic (PK) profiles were favorable for a long-term therapeutic, and no safety concerns were found.

METHODS

This was a randomized, blinded, sequential dose-escalation trial (NCT 00790127, www.clinicaltrials.gov). The primary objective of this study was to assess the safety and tolerability of HQK-1001 when administered daily for 8 weeks in subjects with βthalassemia intermedia (BTI). Secondary objectives were: 1) to evaluate pharmacokinetic (PK) profiles of HQK-1001, and 2) to assess potential effects of HQK-1001 on fetal globin expression and hemoglobin in subjects with BTI within a brief dosing period. The study was approved by the Institutional Review Boards of Sirijaj Hospital in Bangkok, Thailand, and the Rafik Hariri University Hospital and the Chronic Care Center in Beirut, Lebanon, and subjects were recruited over a two month period at each site. Eligibility criteria required a diagnosis of β-thalassemia intermedia with total hemoglobin levels between 5 and 9 gm/dl, ages 18–50, inclusive, and a maximal spleen dimension 2 cm below the left costal margin

for non-splenectomized subjects, based on lower responses in extreme splenomegaly noted in prior trials of other HbF inducers (Perrine, 2005). Exclusion criteria included participation in regular red blood cell transfusions or other experimental medications. Female patients were required to have negative pregnancy tests before dosing and every 4 weeks. After written informed consent was obtained, subjects were randomized to receive active treatment or placebo according to a schedule prepared by independent biostatisticians at a contract research organization Quintiles, Inc., and employing a table of random numbers. Randomization was made to each of 4 dose levels in two subject cohorts, with a wash-out period between each dose level. Subjects were randomized to receive active study medication or placebo for 8 weeks (56 days) with a 4-week follow-up period and a wash-out period of at least 8 weeks. Randomization to HQK-1001 or placebo was made at a ratio of 7:2 at dose level 1, (10 mg/kg/dose), and a ratio of 6:1 at dose levels 2, 3, or 4. All subjects were re-randomized between HQK-1001 or placebo for the second study cycle. Cohort 1 received active study medication at 10 mg/kg/dose first, and then 30 mg/kg/dose, following the wash-out period. Cohort 2 received active medication at 20 mg/kg/dose and then 40 mg/ kg/dose. Participants, caregivers, investigators and laboratory personnel were blinded to interventions. An Independent Safety Monitoring Committee reviewed data in 4 subjects treated for at least 28 days at each dose level before dosing was begun at a higher level. If no safety concerns were observed, randomization to the next dose level was allowed. Subjects who had ferritin levels <1000 ng/ml received supplementation once/daily with standard doses of ferrous fumarate, and all subjects received folic acid once daily to support erythropoiesis during the treatment and follow-up periods.

Safety assessments and HbF assays

The predetermined primary outcomes were safety assessments and PK profiles, and secondary outcomes were changes in HbF from baseline, within the context of a brief doseranging trial. Safety assessments were performed at screening and every 2 weeks during the study with physical examinations, complete blood counts, complete chemistry and coagulation panels, urinalyses, and electrocardiograms (ECG). All patients who received at least one dose were included in the safety population. Adverse event severity was graded by the blinded investigators using the NCI CTCAE v 3.0, with grades of 1 (mild), 2 (moderate), 3 (severe), 4 (life-threatening), and 5 (fatal). Two sets of HbF levels were obtained over a two-month period and averaged with the Day 0 levels for baseline values. HbF was assayed by HPLC, F-reticulocytes, and F-cells by flow cytometry as previously described (Garner *et al*, 1998). A serum pregnancy test was performed on women of child bearing potential (WCBP) prior to dosing and every 4 weeks. All subjects underwent blood sampling (at 2, 4, 6, 8, 12, and 24 hours following the dose) for PK analysis on day 13 and day 55, the last day of dosing, and a plasma level was obtained 1 week after the last dose of study drug. During the 56-day period of drug administration at each level, subjects were contacted between visits by study personnel to monitor safety and compliance with study drug. Pre-specified and exploratory analyses were performed using Wilcoxon sign rank tests to evaluate change from baseline values within each treatment group by the independent biostatisticians. Exploratory analyses were performed to evaluate mean and median differences between dose levels and not as formal hypothesis testing.

Pharmacokinetic studies and analyses

The pharmacokinetic (PK) population for the study consisted of a total of 21 unique subjects across the two Cohorts with 8 subjects in Cohort 1, 10 mg/kg doses, 9 subjects in Cohort 2, 20 mg/kg dosing, 6 subjects in Cohort 1, 30 mg/kg doses, and 9 subjects in Cohort 2, 40 mg/ kg doses. For each dose level, once daily oral dosing was conducted for 8 weeks. Pharmacokinetic (PK) profiles were obtained on Day 13 for all dose levels (10, 20, 30, and 40 mg/kg). Subjects who received placebo or had no or insufficient plasma PK samples

taken on Day 13 were excluded from the PK population analysis for that specific cycle. Plasma HQP-1001 concentrations were summarized using descriptive statistics (including N, mean, standard deviation (SD), coefficient of variation (CV%), median, minimum, and maximum) for each dose level. Derived plasma PK descriptive statistics were tabulated by dosing group and summary statistics presented for PK parameters $(C_{MAX}, T_{MAX}, C_{MIN})$ AUC_τ, t¹/₂, λ z, Cavg, and CLss_F) are the arithmetic and geometric mean, CV%, SD of the arithmetic mean, median, minimum, maximum, and N. Subjects who received HQP-1001 and had complete concentration-time profiles through at least Day 13 of one test cycle were included in the PK population for non-compartmental PK analysis.

RESULTS

Demographics and Safety Assessments

Twenty-four subjects were screened and twenty-one unique subjects enrolled on the trial; 14 patients with HbE/ β^0 thalassemia enrolled in Thailand; 7 subjects with β^0/β^+ thalassemia mutations were studied in Lebanon. There were 17 females and 4 males, ages from 19– 49 years. Patient demographics, baseline hematologic characteristics, and molecular mutations are shown in Table I (A and B). All the Lebanese BTI patients were splenectomized; 9 of 14 Thai subjects were splenectomized. The study enrolled over 3 months and was conducted during 2009–2010; data collection and analysis were completed in 2011 by Quintiles, Inc., and Premier Research Group.

Thai HbE/ β^0 thalassemia patients only were enrolled in Cohort 1 at dose levels 10 mg/kg and 30 mg/kg, because the study opened first at the Thailand site. In Cohort 2, 6 Lebanese subjects and 3 Thai subjects were randomized to receive active study drug and 2 were randomized to receive the placebo. Eighteen patients completed 2 dose levels on the study; 3 subjects discontinued early due to events which were considered not drug-related by the blinded Investigators. All subjects were included in the subgroup analyses. A tolerable safety profile was observed at all dose levels; no dose-related patterns for incidence and severity of adverse events (AEs) by dose of HQK-1001 or differences from placebo treatment were observed. The most frequent adverse events noted were headache, upper respiratory infection, fatigue, nausea, and dizziness, as shown in Table 2. Upper respiratory tract infection and headache were more common in the 10 mg/kg group. Nausea, vomiting, and abdominal pain were reported in the 20 and 40 mg/kg groups. Fatigue was reported more frequently in the 40 mg/kg group. Five subjects experienced 5 severe adverse events (SAEs); (3 HQK-1001 subjects had 3 SAEs, and 2 placebo subjects had 2 SAEs). Severe adverse events (SAEs) included upper abdominal pain, gastritis, suprapubic pain, and back pain in one HQK-1001 treated subject each; headache and gastroenteritis occurred in one placebo subject each. All the SAEs were considered *unrelated* to the study drug by the blinded Investigators, and no apparent dose-dependent pattern was observed. The most frequent AEs considered possibly drug-related by the Investigators included fatigue and nausea, with no clear dose dependent pattern observed. No significant adverse differences in laboratory studies for hematology, chemistry, coagulation, or urinalysis were observed between the treatment groups. Weight measurements showed a slight decrease from baseline at the end of the treatment period for the placebo, 10, 30, and 40 mg/kg HQK-1001 groups, while the 20 mg/kg treatment group showed a slight increase in weight. An independent expert cardiology review performed to evaluate ECGs determined there was no treatment effect for RR, PR, QRS, QT, or QTc interval values by dose or time. No clinically relevant findings were observed with other safety parameters of physical examinations or concomitant medications.

Pharmacokinetic profiles

Anemia ranges from moderate to severe in BTI patients and plasma volumes vary accordingly. To evaluate potential metabolic differences in this diverse patient population, PK profiles were studied over multiple time points. Drug concentrations which induce fetal globin expression in preclinical studies *in vitro* were readily maintained at 10–20 mg/kg doses and were highly exceeded at 30–40 mg/kg doses. HQK-1001 has a low clearance and a relatively long half-life; the plasma concentrations are quite high, with steady-state concentrations averaging 24.0 to 88.1 µg/mL over the 10 to 40 mg/kg dose range. Both halflife and CLss/F were constant over the dose range tested, indicating the PK profiles likely will be applicable to others. Steady state PK profiles per dose cohort obtained on day 13 are illustrated in Figure 1. Dose proportional increases in overall exposure as measured by AUC, ranged from 579 to 2110 h* µg/mL over the dose ranges studied. Minimum and maximum plasma concentrations increased with dose levels; C_{max} means ranged from 41 to 154 μ g/mL over the 10–40 mg/kg dose group. Median T_{MAX} occurred at 2 to 4 hours across the four dose levels. Terminal half-life ranged from 12 hours at the 10 mg/kg dose to 10 hours at the 40 mg/kg dose. Concentrations associated with optimal HbF induction in vitro were observed at the 20 mg/kg dose level (Boosalis et al, 2011).

Fetal globin assays

In this first clinical evaluation of HQK-1001 in beta thalassemia, increases in HbF above baseline were observed in some individuals in all study drug dose cohorts, ranging from 3% to 22% above individual subjects' averaged baseline levels, while differences were not observed in the placebo-treated subjects, shown in Figure 2A. On Day 55, the last day of dosing, change from baseline in percent HbF in placebo, 10, 20, 30 and 40 mg/kg HQK-1001 dose groups was 0.7, 3.2, 6.6, 2.4, and 3.0%, respectively. The dose level with the largest median increase in HbF was the 20 mg/kg group. Median absolute HbF at Day 55 decreased from baseline by a median of −0.4 g/L in the placebo group and increased above baseline by 2.0, 4.4, 0.7, and 1.0 g/L in the 10, 20, 30, and 40 mg/kg HOK-1001 dose groups, respectively. Changes in HbF above baseline were evident in 4/8 subjects treated at 10 mg/kg and in 8/9 subjects treated with 20 mg/kg doses of SDMB (2/3 subjects in Thailand and 6/6 subjects in Lebanon). Lesser changes were observed at 30 mg/kg doses, administered only in Thai patients). The highest single HbF response, 21.8% increase above the subject's baseline, was observed at 40 mg/kg/dose in a Lebanese BTI patient. Rises in total Hgb have not generally occurred in β-thalassemia patients within an 8-week time-frame with other therapeutics; longer treatment courses of 3–6 months were required for butyrate, phenylbutyrate, hydroxyurea, or decitabine. Median changes in total hemoglobin (Hgb) of most dose groups in this study overall were not positive. However, increases in total Hgb were observed in 4/6 Lebanese BTI subjects or (4/9 total subjects) treated at 20 mg/kg doses, the same dose which produced the highest HbF responses (Figure 2B). Changes in Fcells were detected in both subject groups. Per cent F-reticulocytes increased by a median of 6.6% in the 30 mg/kg dose in HbE/β thalassemia subjects and were not significantly changed from baseline (−0.34) in the placebo group. Per cent F-cells increased maximally above baseline by a median of 7.4% with 10 mg/kg doses in HbE/β thalassemia subjects and by a mean of 14.6% in the 7 Lebanese BTI β^{0}/β^{+} thalassaemia subjects from a mean baseline of 66% to 81% with treatment, (p< 0.01, paired t-test), shown in Table III.

DISCUSSION

BTI patients comprise 30–50% of beta thalassemia populations in some regions (Cappellini *et al*, 2004; Taher *et al* 2010; Gallo *et al*, 1979). Serious complications are increasingly recognized in BTI, including cardiac failure, osteoporosis, cord compression, pulmonary hypertension, iron overload, thromboses, refractory leg ulcers, and ischemic brain lesions

(Cappellini *et al*, 2004; Taher *et al* 2010). Intermittent or regular transfusions often become indicated (Cappellini *et al*, 2004; Taher *et al* 2010).

A non-cytotoxic oral therapeutic which increases fetal globin expression, reduces globin chain imbalance, and is tolerable for long–term patient use should be beneficial in reducing anemia in affected individuals. Preclinical studies with HQK-1001 in thalassemic erythroid progenitors and anemic baboons indicated two potential therapeutic effects: fetal globin induction and enhanced erythroid survival through the pro-survival Bcl-family proteins (Bcl-xL) (Perrine, 2005, 2009; Pace *et al*, 2002; Castaneda *et al*, 2005). The latter effect is associated with improved hematologic responses with rhu-Erythropoietin in β^+ thalassemia subjects with relatively low levels of erythropoietin (Perrine, 2005). Thus, this SCFAD offers a dual rationale for evaluation in BTI. HQK-1001 has a wide safety margin in formal toxicology studies, is non-mutagenic and non-cytotoxic (Perrine *et al*, 2011). Variable metabolism is a primary factor which limits the efficacy of many drugs (Wilkinson, 2005); however, the PK profiles of HQK-1001 in β-thalassemia intermedia patients treated here were consistent within and between subjects, and drug half-lives and clearance were constant over the dose range of 10–40 mg/kg. These patterns should reduce variation in responses related to drug metabolism. The 20 mg/kg doses may have been associated with higher responses because this dose produced plasma concentrations in the range (20–800 µM) that is most effective *in vitro*, whereas peak plasma concentrations achieved at 30–40 mg/kg doses (> 1 mM, 117 µg/ml), may suppress erythroid proliferation *in vitro* (Boosalis, 2011).

β-thalassemia intermedia subjects have variably accelerated rates of erythroid cell apoptosis, and translation of fetal globin induction into increases in total hemoglobin has required dosing periods of at least 3–6 months with parenteral drugs 5-azacytidine, decitabine, or butyrate to achieve significance, perhaps allowing time for higher-F cells to accumulate and selectively survive (Collins *et al*, 1995; Perrine *et al*, 1993; Cappellini *et al*, 2000; Reich *et al*, 2000; Hajjar *et al*, 1994; Singer *et al*, 2005; Fucharoen *et al*, 1996; Ley *et al*, 1982; Dunbar *et al*, 1989; Lowrey *et al*, 1993; Olivieri *et al*, 2011). While median changes in total hemoglobin were not significant in this brief trial, it is encouraging that increases in total hemoglobin in 4/9 subjects at the 20 mg/kg dose level occurred within 8-weeks. Why some subjects had more rapid responses is not clear in this small group; however, the rapid responders had higher basal levels of HbF, >58%, compared to other subjects. What level of hematologic response is required for definitive benefit and amelioration of clinical disease in BTI will depend in part on the magnitude of baseline anemia in any individual subject. A wide spectrum of clinical severity occurs in the β-thalassemias, related to the >200 globin molecular mutations and secondary genetic modifiers (Thein *et al*, 2009; Nuinoon *et al*, 2010; Jiang *et al*, 2006; Garner *et al*, 1998).28–36 Splenomegaly, EPO levels, and age affect baseline severity and influence responses to other HbF-inducing therapeutics in BTI patients (Perrine, 2005); larger and longer trials are required to evaluate their influence on hematologic parameters such as hemoglobin levels. In summary, this study identifies a new oral therapeutic that can be easily administered long-term, has favorable PK profiles with little variability between subjects, and which induced HbF in 8/9 treated BTI subjects at the optimal dose identified. Longer studies of HQK-1001 in diverse thalassemia populations should now be performed to determine which genetic subtypes or patient characteristics may respond most favorably with more extended use.

Acknowledgments

Supported by HemaQuest Pharmaceuticals

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Figure 1.

Pharmacokinetic profiles of HQK-1001 shown by dose cohort.

HbF (%) Change

A.

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B.

Figure 2.

A. Changes in HbF from baseline by dose cohort. Values in Lebanese subjects are shown by the open symbols; values in Thai subjects are shown by the closed symbols. B. Total hemoglobin levels increased in 4 of 6 Lebanese beta thalassaemia intermedia subjects treated with HQK-1001 at 20 mg/kg/dose for 8 weeks. Hemoglobin levels are shown in the 6 subjects who received active study drug at 20 mg/kg/dose. The end of the dosing period is designated by the dotted line.

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Table I

A. Demographic and Baseline Characteristics: Safety Population **A. Demographic and Baseline Characteristics: Safety Population**

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ID Gender Age

Spleen Status

01002 Female 32 S β17(A->T) / βE 6.6 35 6 M 819 Female 44 S Female 44 P 8100 P 810 9 9 P 810 9 P 810 P 810 9 P 810 9 P 810 P 810 P 810 9 P 8 01004 Female 35 NS β105bp deletion / βE 9.8 \vert 9.8 | \vert

 ∞ ∞

32 $\frac{4}{3}$ 35

Female Female Female

01002 01003 01004

 $\beta17(A\!\!-\!\!>\!\!T)/\beta E$ $\beta17(A\text{-}\!\!>\!\!T)/\beta E$

 35 \circ 22

6.6

9.8 6.8

 $\beta105bp$ deletion / βE

 $_{\rm NS}$

Thalassemia Genotype

Total Hgb (g/dL)

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Table II

A. Adverse events which occurred in >10% of subjects are shown by dose cohort in the top panel and serious adverse events are shown in the lower A. Adverse events which occurred in >10% of subjects are shown by dose cohort in the top panel and serious adverse events are shown in the lower
panel.

Table III

% F-cells in Lebanese β-thalassemia intermedia subjects at baseline and with HQK-1001 treatment at 20 mg/ kg doses; subject 2007 received only 40 mg/kg/doses. Mean F-cells increased from 66% at baseline to 81% with treatment, (p<0.01, paired t-test).

