

Sucralose Induces Biochemical Responses in *Daphnia* magna



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Abstract

The intense artificial sweetener sucralose has no bioconcentration properties, and no adverse acute toxic effects have been observed in standard ecotoxicity tests, suggesting negligible environmental risk. However, significant feeding and behavioural alterations have been reported in non-standard tests using aquatic crustaceans, indicating possible sublethal effects. We hypothesized that these effects are related to alterations in acetylcholinesterase (AChE) and oxidative status in the exposed animals and investigated changes in AChE and oxidative biomarkers (oxygen radical absorbing capacity, ORAC, and lipid peroxidation, TBARS) in the crustacean *Daphnia magna* exposed to sucralose (0.0001–5 mg L⁻¹). The sucralose concentration was a significant positive predictor for ORAC, TBARS and AChE in the daphnids. Moreover, the AChE response was linked to both oxidative biomarkers, with positive and negative relationships for TBARS and ORAC, respectively. These joint responses support our hypothesis and suggest that exposure to sucralose may induce neurological and oxidative mechanisms with potentially important consequences for animal behaviour and physiology.

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Introduction

The intense artificial sweetener sucralose is approved for human consumption in more than 70 countries. Due to the stability of the molecule, it is frequently found in recipient waters at concentrations ranging from 0.1 to 1.0 g L^{-1} [1-3], and has been detected even in offshore waters, such as the Atlantic Gulf Stream [4]. Due to this exceptional chemical stability in combination with high water solubility and widespread use, sucralose has been proposed as an ideal tracer for human activities [3–5]. Generally, it is not of concern as an environmental pollutant, and, indeed, sucralose has been shown to possess no bioconcentration properties [6,7]. Also, no adverse acute toxic effects of sucralose have been observed using standard toxicity tests in aquatic plants, algae, crustaceans and fish [5,7–9], and risk assessment propose a PEC/PNEC ratio well below 1, suggesting negligible risk to aquatic organisms [9]. However, in non-standard ecotoxicity tests, significant feeding and behavioural effects of exposure to sucralose were observed in crustaceans following a short term exposure [7,10]. Due to this conflict of information, more studies on environmental fate and biological effects of this widespread environmental substance in non-target organisms are needed.

In an *in vitro* study using human liver cells, sucralose was found to react with cob(I)alamin, a reduced form of vitamin B₁₂, forming alkylcobalamin (Suc-Cbl), and it was suggested that such reactions, may affect the cobalamin levels, analogous to exposure to epoxides and nitrous oxide [11]. Moreover, sucralose has raised concerns as a possible human health hazard, mostly in public media, because of its chlorinated structure [12,13]. A chlorinated sugar, 6-Chloro-6 deoxyglucose, and its hydrolysis products that have structural resemblance with sucralose, have been shown to have degener-

ative effects on nerve cells [14,15]. The responses to chlorosugars are very complex and species specific, varying greatly from no measurable effects to both sublethal (e.g., infertility) and acute (e.g., neurotoxicity) effects, depending on the chemical form of the sugar and the test organism [15,16]. In crustaceans *Gammarus zadachi* and *Daphnia magna* exposed to sucralose, alterations in swimming behaviour were observed [7] raising concerns about its potential neurotoxic effects in aquatic animals. These macro- and microcrustaceans represent ecologically relevant groups in freshwater ecosystems and commonly used model species in ecotoxicology [17,18]. "The Daphnia system" is becoming a leading research model for understanding environmental influences on various responses across different levels of biological organization and subsequent stressor induced acclimation and adaptation.

As behavioral aberrations observed in crustaceans may have a neurological origin, application of biomarkers to detect a neurological dysfunction would help understanding responses to environmentally relevant sucralose concentrations in these animals. Acetylcholinesterase (AChE) is an essential enzyme for the regulation of acetylcholine turnover responsible for terminating the transmission of many neuronal cell types across synapses. In (eco)toxicology, it is considered the most important biomarker of cholinergic signalling in the nervous system [19–21]. The AChE activity is thus a widely used biomarker [22], with the enzyme inhibition being a sign of chemically-induced neurotoxicity. However, increased AChE levels have also been observed in various species, including test organisms commonly used in ecotoxicology [23-25], which may be related to various roles of AChE responding to many external stimuli other than in cholinergic neurotransmission [26]. Moreover, evidence is accumulating that increased AChE activity observed in neurodegeneration is associated with high levels of reactive oxygen and nitrogen species (ROS and RNS, respectively) and oxidative stress. The latter is defined as an imbalance between endogenous free radical production through normal metabolism and antioxidant defences, and it is an important gateway to cellular damage caused by a variety of stress factors [27–28]. In particular, a direct linkage between oxidative stress and the enzymatic activity of AChE in the human brain has been suggested [29]. In ecotoxicological studies, the integrated assessment of AChE and oxidative stress biomarkers has also been advocated to increase sensitivity and understanding of the organismal effects observed in field and laboratory studies [30].

To our knowledge, this is the first study examining biomarker responses in aquatic organisms exposed to sucralose. Based on the observed swimming abnormalities in Daphnia exposed to sucralose [7] and recent findings that correlate AChE activity with oxidative stress in humans [29,31], we hypothesized that these behavioural effects are related to alterations in AChE and oxidative status. More specifically, the following hypotheses were put forward: (1) alterations in AChE and oxidative status occur following exposure to sucralose; (2) lipid peroxidation and AChE responses to sucralose are modulated by antioxidants as antioxidative and prooxidative processes are intrinsically coupled; and (3) AChE responds in concert with oxidative damage measured as increase in lipid peroxidation levels. We tested these hypotheses experimentally by exposing Daphnia magna to a range of sucralose concentrations and measuring AChE activity in concert with commonly used biomarkers of oxidative status, oxygen radical absorbing capacity (ORAC; represents level of antioxidant defences) and lipid peroxidation (TBARS; thiobarbituric acid reactive substances, represents level of oxidative damage). Since oxidative and neurotoxicity biomarkers commonly exhibit nonmonotonic or biphasic responses [32,33], we applied generalized linear regression analysis (GLM) with an arbitrary function of the response variable (the link function) to vary linearly with the predicted values (rather than assuming that the response itself must vary linearly). As recently pointed out, GLM approach has a great potential in ecotoxicological studies, because it can enable us to explain several factors which could collectively contribute to the variation in a response variable (e.g., observed toxicity of the given chemical) or identify interrelationships between biomarkers, and, thus, provide a better understanding of the response mechanisms in ecologically relevant settings [34,35]. The other advantages GLM in ecotoxicological studies, and particularly, mixed models with GLM, include unequal replicating, missed samples, flexible error distributions, etc. [36]; all these are highly appreciated when possibilities to have many standardized replicates within a treatment are limited. These advantages were particularly relevant in our study that was conducted using microscopic animals that provided very little material for biomarker analysis. Therefore, having a large number (several hundred) of individuals that could be used for the experiment and that are standardized in terms of age and feeding background was logistically challenging. To overcome this challenge, we run several consecutive experiments covering the broad range of sucralose concentrations (Table 1) and used GLM to account for possible variations between the experiments and differences in starting conditions of daphnia body.

Materials and Methods

1. Exposure of Daphnia magna

Neonates (<24 hour) of Daphnia magna were allowed to grow for three days in M7 medium and fed Pseudokirchneriella subcapitata following the recommendations of OECD Guideline 211. The 3-d old animals (Instars 2 and 3) were exposed to sucralose for 24 h in 100 mL jars, 30 individuals per beaker. As sucralose effects on mobility in Daphnia magna had previously been observed during a 24 h exposure [7], the subcellular level (biomarkers) were assumed to be detectable after this period. The sucralose concentrations tested were: 0.1, 0.5, 1, 5, 10, 50, 100, 500, 1000, and $5000 \ \mu g \ L^{-1}$; the M7 was used as a media; duplicate samples were obtained for each test concentration. Due to practical reasons, the test was conducted in four experimental runs. In each run, a batch of daphnids was distributed among the test concentrations and controls in two replicates. The range of the test concentrations in each experimental run is shown in Table 1; in each run, controls (M7 medium only) were used to normalize the treatment values to account for variations in the animal condition (e.g., body size) between the experiments. Upon termination of the exposure, the animals from each experimental jar were pooled into an Eppendorf vial (30 individuals sample⁻¹; 2 samples per concentration) and stored at -80°C until the biochemical analyses. No mortality during the incubations was observed.

2. Sample preparation

For extraction, the samples were homogenized in 300 μL cold (4°C) potassium phosphate buffer (PPB; 0.1M, pH 7.2) [24] using MINI BEADBEATERS-8 homogenizer. The homogenate was centrifuged at 3300× g for 5 min at 4°C; the supernatant was collected, aliquoted and frozen in -80°C.

3. Biochemical assays

All biochemical analyses were performed using microplate reader FLUOstar Optima (BMG Lab Technologies, Germany) with absorbance and fluorescence configurations, depending on a particular assay. All samples, standards and blanks were analyzed in duplicates.

- **3.1. BCA assay.** Protein concentration (mg mL⁻¹) was measured using the bicinchoninic acid assay (BCA, Pierce Ltd.) with bovine serum albumin (BSA) as standard according to the manufacturer's instructions. For each assay, 20 µL of the homogenate well⁻¹ were used; the absorbance was measured at 540 nm, integration time of 1 s, 20 measurements well⁻¹. The measured values were used to calculate individual protein weight of the test animals (µg ind⁻¹).
- 3.2. TBARS Assay. Lipid peroxidation was measured in 185 μ L homogenate mixed 1:1 ice-cold trichloroacetic acid; PPB was used as a blank. The mixture was incubated on ice for 5 min and centrifuged at 9300× g for 5 min. Reaction solution (200 μ L of 83 mM thiobarbituric acid (TBA) in glacial acetic acid: 1.5 M NaOH (1:1) pH 3.5) was added to 200 μ l of supernatant and incubated for 60 minutes in a boiling water bath. After cooling, 220 μ L 1-butanol: pyridin (15:1) mixture were added to all samples and standards, mixed for 2×10 s. Fluorescence was measured in the organic phase at excitation/emission wavelengths of 540/590 nm. Concentrations were derived from a standard curve of 1,1,3,3-tetramethoxypropane (malon-aldehyde acid; MDA; [37]). The results are reported in pM MDA equivalents ind⁻¹.
- **3.3. ORAC assay.** The ORAC was measured using the modified $ORAC_{FL}$ method [38] with fluorescein (Fluka; 79.6 nM

Table 1. Experimental concentrations of sucralose and biomarker values measured in Daphnia magna.

Exp	Concentration mg L ⁻¹	Protein μg ind ⁻¹	AChE	ORAC	TBARS pmol MDA ind ⁻¹
			nmol min ⁻¹ μg ⁻¹	μ g ind $^{-1}$ trolox eqv.	
I	0.005; 0.05; 0.5	4.7–4.9	10.0–14.9	0.56-0.72	2.10-5.17
	Control	4.7	11.5	0.58	1.90
II	0.0005; 0.1	5.5-6.3	8.7–17.0	0.75-0.87	1.75-4.53
	Control	5.7	14.5	0.82	3.13
III	5	5.4-6.0	14.4–17.2	0.87	2.46-4.66
	Control	5.8	14.4	0.84	2.8
IV	0.001; 0.01; 1	4.6-5.5	6.8–17.0	0.41-0.71	1.68-5.10
	Control	5.0	9.8	0.64	3.39

A control using M7 medium was included in each of the four experiments (Exp I to IV). Data for the biomarkers within the experiment are shown as ranges (min-max) and for controls as mean values. Note that number of treatments differs among the experiments. doi:10.1371/journal.pone.0092771.t001

well⁻¹) as a fluorescent probe, 2,2'- azobis (2-amidinopropane) dihydrochloride (AAPH; Sigma–Aldrich; 23 mM well⁻¹) as a peroxyl radical source, and Trolox (Sigma–Aldrich; 21.7 μ M well⁻¹) as a standard. For each assay, 4 μ L of the homogenate were brought to 20 μ L with PPB and used to measure ORAC; the values were expressed in trolox-equivalents, in μ g ind.⁻¹.

3.4. AChE assay. The AChE activity was measured with the absorbance assay [39,40] using acetylthiocholine iodide (AcSCh) as a substrate and dithiobisnitrobenzoate (DTNB) as a reagent. Specific activity was measured at 25°C and expressed as nmol of AcSCh min⁻¹ mg protein⁻¹.

4. Determination of sucralose in the exposure water

The sucralose concentrations were determined in duplicate samples representing controls and nominal concentrations of 5, 50, 500 and 5000 μgL⁻¹; for logistical reasons, only 50% of all treatment samples and controls were analysed (Table S1 in File S1), which was considered acceptable given the low betweenreplicate variability in the analyzed samples. Sucralose (purity 98%) and sucralose-d6 (surrogate standard, isotopic purity >98%) were purchased from Toronto Research Chemicals Inc. (North York, Canada). Ammonium hydroxide 25% (puriss) was purchased from Fluka (Buchs, Switzerland). Methanol (LichroSolve) was purchased from Merck (Darmstadt, Germany). Water was of milli-Q grade from a milli-Q ultrapure water system, MilliQ PLUS 185 from Millipore (Stockholm, Sweden). Sucralose was extracted from the water samples by solid phase extraction [2]. Briefly, surrogate standard was added to 5 mL of water sample and sucralose was enriched on an Oasis HLB 60 mg 3 cc cartridge (Waters corp.). After elution with 2 mL methanol and change of solvent, the concentrations of sucralose were determined by electrospray LC/MS/MS.

5. Statistics

The duplicate experimental samples for each concentration were used as individual data-points in the regression analysis. All data were Box-Cox transformed to improve homogeneity and approach normal distribution. Generalized linear models (GLZ module) in STATISTICA 8.0 (StatSoft 2001, Tulsa, USA) with normal error function and log-link function were used to evaluate whether nominal sucralose concentration explained the variation in ORAC, TBARS, and AChE levels in the test animals. The level of variation in individual protein weight attributable to the experimental run and sucralose concentration was also estimated

using GLZ to account for the between-run variability in animal condition; the variation of the latter is assumed to be represented by the variation in the individual protein weight (Table 1). All biomarker data were normalized to the respective control values in each experiment (Table 1). As ORAC levels were hypothesized to affect lipid peroxidation and AChE inhibition, their significance as covariables in the models for TBARS and AChE were tested. Also, the relationship between AChE and TBARS was evaluated to further test the involvement of oxidative mechanisms into the neurotoxic response. Finally, individual body size of daphnids measured as individual protein weight was initially included in all models; a biomarker: protein ratio was thus split into its components as this increases the sensitivity of the analysis [41]. Akaike Information Criterion (AIC) was used to optimise the number and combination of predictive variables included. To validate the proposed models, the Wald statistic was used to check the significance of the regression coefficient for each parameter, a likelihood ratio test was used to evaluate the statistical significance of including or not including each parameter and model goodness of fit was checked using deviance and Pearson χ2 statistics. Residual plots for each model were assessed visually to exclude remaining un-attributed structure indicative of a poor model fit. The relationship between nominal and measured sucralose concentrations was examined by ordinary linear regression.

Results

The relationship between the nominal and measured sucralose concentrations was strongly significant (p<0.001, r^2 = 0.99). However, the measured concentrations were approximately 40% lower than the nominal concentrations. Since only nominal concentrations were known for the entire dataset, they were used in the analysis of the experimental data; however, implications of the systematically overestimated exposure concentrations are believed to result in an underestimation of the real effects as addressed in the Discussion section.

There was a significant difference in protein weight among the sets of daphnids used in the different experiments (Table 1), with significantly higher values in the Experiment I (GLM; Wald = 5.814, df = 3, p<0.016; Table S2 in File S1). The variation in protein weight was not related to the exposure as indicated by no significant effect of the sucralose concentration (Wald = 1.064, df = 1, p>0.3).

The biomarker values varied both within and between the experiments (Table 1). When all the experimental data were considered, the biomarker variability was highest for TBARS, followed by AChE and ORAC (Table 1).

The nominal sucralose concentration was a significant positive predictor for TBARS, ORAC, and AChE activity in daphnids (Table 2), although none of the biomarkers followed a unidirectional concentration-dependent response. Moreover, normalized individual protein weight was a significant positive predictor for TBARS, with the largest effect size (Table 2). In the ORAC model, the protein weight, although not significant, had a large effect size and was retained as a covariable based on the AIC evaluation procedure (Table 2). The AChE response was linked to both oxidative biomarkers, with the positive and negative relationships with TBARS and ORAC, respectively (Table 2, Fig. 1). In the AChE model, the effect of ORAC was much stronger than that of the sucralose concentration (Table 2), whereas in the TBARS model, negative ORAC effect on lipid peroxidation levels was not significant, albeit retained in the model based on the AIC values (Table 2).

Discussion

We found a supporting evidence for the hypothesized effects of sucralose on biomarkers of neurotoxicity (AChE) and oxidative status (ORAC and TBARS) in the test species $Daphnia\ magna$. Moreover, these effects on AChE and TBARS were significantly ORAC-dependent, indicating that AChE activity and lipid peroxidation responded both directly to the sucralose exposure and indirectly to the alterations in the antioxidant levels. Also, the use of nominal concentrations in the statistical analyses may underestimate the real effect as the actual concentrations were considerably ($\sim 40\%$) lower than the nominal concentrations. Although our experimental design suffered from other drawbacks, such as variations in daphnid body size between the experimental

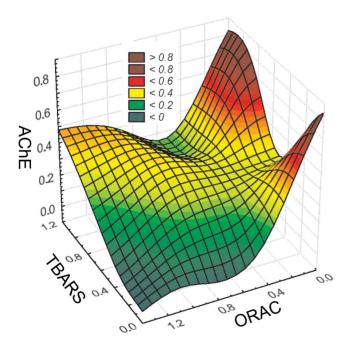


Figure 1. Relationships between AChE, ORAC and TBARS in *Daphnia magna* (all data from the Experiments 1–4 are combined). The data are Box-Cox transformed and normalized to the respective controls. doi:10.1371/journal.pone.0092771.g001

Table 2. Generalized Linear Models for biomarkers of oxidative damage (lipid peroxidation, TBARS, pmol ind⁻¹), antioxidative defense (total oxygen radical absorbance capacity, ORAC, mg Trolox ind⁻¹) and neurotoxicity (acetylcholinesterase activity, AChE, nmol AcSCh min⁻¹ mg protein⁻¹) in *Daphnia magna* exposed to a range of sucralose concentrations (sucralose, 0.1–5000 μ g L⁻¹); individual protein weight (protein, μ g ind⁻¹) was used as a proxy for body size.

Biomarker	Effect	Estimate	Standard error	Wald statistics p	
(A) TBARS	Sucralose	0.001	0.00	7.12	0.008
	Protein	4.243	2.15	3.91	0.048
	ORAC	-0.413	0.33	1.59	0.21
(B) ORAC	Sucralose	0.001	0.00	5.98	0.01
	Protein	2.54	2.23	1.30	0.25
(C) AChE	Sucralose	0.001	0.00	7.15	0.007
	ORAC	-0.249	0.78	10.31	0.001

(A) TBARS as a function of sucralose concentration, protein and ORAC; (B) ORAC as a function of sucralose concentration and protein; and (C) AChE as a function of sucralose concentration and ORAC. All data for the regression analysis were Box-Cox transformed; significant effects are in bold face. doi:10.1371/journal.pone.0092771.t002

runs (which despite our efforts to account for that statistically may have introduced additional uncertainty) the overall co-variation in the biomarker responses indicates that alterations in AChE and oxidative status are interrelated. These coordinated responses further suggest that exposure to sucralose may induce neurological and oxidative mechanisms, with potentially important consequences for animal behaviour and physiology.

Inhibition of AChE activity is commonly interpreted as an indicator of neurological effects. However, we observed a stimulating effect of sucralose on the AChE activity. The reports of stimulatory effects on AChE activity are relatively scarce, but Holth and Tollefsen [42] found such effects on the electric eel Electrophorus electricus induced by the polar fraction of produced water from oil and gas production platforms. Moreover, algal toxins, metals and pesticides have been reported to induce a biphasic response in the AChE activity, with initial stimulatory effects followed by inhibition [43-45]. A similar time-dependent biphasic response to invariant concentration of a organophosphorous insecticide was found in the cladoceran Bosmina spp., with the initial stimulatory phase that coincided with increased mortality during the first 24 h of exposure and followed by AChE inhibition [46]. In humans, AChE activity generally increases with age [47]; furthermore, the elevated AChE activity has been linked to neurodegenerative diseases, e.g., Alzheimer's disease, Parkinson's disease, multiple sclerosis and Restless legs syndrome (RLS) [47,48].

It has also been shown that in pathological conditions, oxidative mechanisms are involved in mediating effects on AChE [29]. In our study, AChE in sucralose-exposed *Daphnia* was negatively related to the antioxidant capacity measured as ORAC and positively to lipid peroxidation measured as TBARS, although the relationships were not linear (Table 2; Fig. 1). These observations are in line with several experimental studies linking AChE activity to oxidative stress in cell cultures and in vertebrate model organisms. For example, in cultured retinal cells, the increase in AChE activity induced by amyloid β-peptide was mediated by

oxidative stress, indicating that antioxidants preventing the compromise of the enzyme activity have an important role in the maintenance of acetylcholine synaptic levels [29]. A study by Schallreuter and Elwary [49] showed that epidermal AChE is a target to H₂O₂-mediated oxidation of methionine and tryptophan residues and that this activation/deactivation of AChE by H₂O₂ is concentration-dependent. Interestingly, both AChE activity and lipid peroxidation increased in rats' brain as a result of exposure to cigarette smoke [50] and in zebrafish brain as a result of exposure to ethanol [51]. In line with this, we found that both biomarkers increased in response to sucralose exposure in Daphnia magna (Table 2; Fig. 1). It is well documented that the changes in AChE activity affect several physiological and behavioural processes and may have consequences for feeding, identification and avoidance of predators, and spatial orientation [52]. Similarly, changes in oxidative status are impinging on organism's fitness and may thus impact ecological interactions [53]. Indeed, the effects observed in daphnids that are ecologically important [54] as they are often the primary grazers of algae, bacteria and protozoans in freshwater systems and the primary forage for zooplanktivorous fish [55], may propagate in the food web and cause cascading responses.

Chemoreceptor studies in crustaceans have shown that carnivorous species detect primarily amino acids, while herbivorous and omnivorous species are also sensitive to carbohydrates [56]. Sugar receptors have been found in Daphnia, indicating that these animals likely sense some sugars, presumably dissolved in water and serving as cues for food sources [57]. In rats, however, significant differences in the taste perception for different sugars (i.e., maltose and sucrose) and a phenotypic variability in preference for sucralose have been reported [58,59]. Therefore, it is possible that exposure to sucralose stimulates feeding and increases caloric intake that may also predispose the test animals to oxidative stress [60,61]. Even though increased food intake might have occurred in our experiment, this has not translated into increased protein weight (i.e., growth) as indicated by no significant effect of sucralose concentration on the individual protein weight of Daphnia exposed to the broad interval of sucralose concentrations (Table S2 in File S1). In addition to the possible increase in food intake, some sugars (i.e., sucrose, lactose) can induce a heart arrhythmia in *Daphnia* [62]. Generally, feeding and heart rates change in concert, however, in cladocerans

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exposed to toxic algae, an asynchrony in these physiological responses during a short-term incubation has been observed, indicating a pathological condition that resulted in a long-term fitness decline [63]. More experimental studies are needed to measure coordinated physiological responses (feeding, metabolism and growth) to sucralose in animals with different diets in ecologically relevant settings as these effects are likely to be dependent on feeding habits and nutrition status of the test organisms.

A debate still ensues on the existence of biological effects of artificial sweeteners in non-target species living in areas receiving discharges from anthropogenic activities [3,9]. Although sucralose was not found to bioaccumulate in the aquatic food chain from algae to daphnids and to fish, the bioconcentration factor (BCF) for the daphnids was slightly higher (BCF = 1.6–2.2) than for the algae and the fish (BCF<1) [6]. Whether this reflects a specific sensitivity of these grazers to the contaminant is unclear, but our results emphasize the importance of combining fitness-related responses with biomarkers and more generalized and ecologically relevant (grazing, food selectivity, energy transfer efficiency, etc.) in situ responses to identify ecological effects of environmentally relevant sucralose levels in surface waters.

Supporting Information

File S1 This file includes the following: Table S1. Nominal and measured concentrations in the experiment. **Table S2.** Generalized linear model testing effects of the experimental run.

(DOCX)

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Author Contributions

Conceived and designed the experiments: AKEW EG. Performed the experiments: AKEW BL MAE. Analyzed the data: AKEW EG. Wrote the paper: AKEW MAE BL EG.

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