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## EDHF in the Brain: Influence of Sex, Vessel Size and Disease State

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### SUMMARY

The endothelial layer of cells lining the intimal surface of blood vessels is essential for proper vascular function. The endothelium releases multiple vasodilator and protective factors including nitric oxide (NO), prostacyclin (PGI<sub>2</sub>) and endothelium- derived hyperpolarizing factor (EDHF); an imbalance in these factors predisposes to vascular diseases such as stroke. These factors are differentially regulated by vessel size, sex hormones and disease state; therefore, playing differential roles in different tissues following vascular injury. In particular, the EDHF candidate called epoxyeicosatrienoic acid (EETs), plays a prominent role in microvessel function, especially after ischemia, thereby making this signalling pathway an attractive target for therapy in vascular disease, including stroke.

### Keywords

EDHF; EET; cerebrovascular; endothelial; vasodilation; ischemia

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### Endothelial dysfunction

The endothelium was once thought of as a simple layer of cells providing a barrier between the bloodstream and surrounding tissue. We now know that this monolayer is of critical importance to vascular function. It not only maintains tone, it regulates angiogenesis, blood coagulation as well as inflammatory responses. A delicate balance of these factors is maintained in healthy physiology; disrupting this balance causes endothelial dysfunction, which is a contributing factor to cardiovascular disease and stroke. In humans endothelial dysfunction is characterized by an imbalance in the release of vasoactive factors, which leads to an alteration in vascular tone. The endothelium releases both relaxant and constricting substances that act together to regulate vascular tone. In 1980, the importance of the endothelial cells lining vessel walls to acetylcholine (ACh)- induced relaxation of the blood vessel was revealed (1). Since then, three key players of vasodilation have been identified and studied; nitric oxide (NO), prostacyclin (PGI<sub>2</sub>) and endothelium- derived hyperpolarizing factor (EDHF), with the identity of this last factor still being a subject of debate. These three factors will be discussed here in the context of the cerebrovasculature, with particular emphasis on EDHF (2, 3, 4).

## The contribution of endothelial- derived factors to vasodilation: the effects of vessel size, injury and gender

### 1. Nitric Oxide

Before being identified as nitric oxide by Ignarro and colleagues (5), the vasodilating substance released by endothelial cells was referred to as endothelium- derived relaxing factor (EDRF). NO is generated from L-arginine by NO synthase (NOS), and diffuses to the vascular smooth muscle from the endothelial cell causing relaxation through activation of soluble guanylate cyclase, and increasing cyclic guanosine monophosphate (cGMP) (6).

It has been shown that the amount of NO released from the endothelium varies with vessel size, resulting in varying relaxation of smooth muscle in vessels of different sizes, with NO-mediated dilation being most important in large vessels (7). Inhibition of NOS by NG-nitro-L-arginine (L-NNA) is more effective at attenuating ACh- induced relaxations of rat peripheral vessels in the aorta compared to smaller mesenteric vessels indicating that NO plays a more prominent role in larger than smaller vessel relaxation (8). This is consistent with higher endothelial NOS (eNOS) expression in the rat aorta than mesenteric arteries (9). Studying purinoceptor- induced vasodilation in isolated rat middle cerebral arteries (MCA), its branches and penetrating arterioles, it has also been demonstrated that the importance of NO- mediated vasodilation decreases along the cerebrovascular tree, with its effects being most pronounced in the MCA and decreasing with vessel size (10). In contrast to these studies where agonist-induced relaxations were studied, experiments have also been carried out aimed at investigating the effect of NO on basal tone by treatment of rat cerebral vessels with the NOS inhibitor, N<sup>G</sup>-monomethyl-L-arginine (L-NMMA) and measuring vessel constriction. In this paradigm, diameter- dependent vessel constrictions were observed, with large vessels exhibiting larger contractory responses than arterioles, showing that NO has a larger influence on basal tone of larger arteries than on the microvasculature in the brain (11). The possibility of arterioles having inherent impaired constrictor capacity has been discounted; these effects were shown to be due to decreased nitric oxide (11). Thus, both in the peripheral and cerebral circulations, the contribution of NO- induced relaxation is dependent on vessel size.

The vasodilatory responses of vascular smooth muscle to nitric oxide have been investigated following ischemic brain injury. Ex vivo using cerebral arterioles, the contractory effect of inhibition of NOS has been shown to be diminished following ischemia/reperfusion, indicating that the regulation of blood flow is altered following stroke. It has been suggested, that this is not a result of an attenuated responsiveness to NO by the vascular smooth muscle but that production of NO is decreased following ischemia (12,13). Following MCA occlusion in vivo, enhancing levels of NO, either using its precursor L-arginine or the NO donor sodium nitroprusside, has been shown to be protective, increasing cerebral blood flow (CBF) to the ischemic region thus reducing tissue damage in rats (14,15). Conversely, reducing NO levels has deleterious effects, eNOS null mice display reduced CBF and larger infarct sizes following MCA occlusion compared to wild-type controls (16). Inhibition of NOS during reperfusion in rat stroke models results in a lack of CBF recovery, whereas vehicle treated rats recover CBF to pre-occlusion levels, highlighting the importance of endogenous NO in restoring blood flow following ischemia to large cerebral vessels (14,17). While this evidence suggests that NO donors may be therapeutically useful following stroke, it should be stressed that while endothelial NO has beneficial effects following stroke due to its effects on the cerebral vasculature and CBF, there is evidence that neuronal NO has deleterious effects on neurons (16,18). Also, while enhancing NO levels in the vasculature of mechanical stroke models in the rat is beneficial, stroke paradigms modelling arterial

thrombosis- induced stroke showed no beneficial effects to L-arginine on CBF or infarct volume (19).

Sex differences have been shown to exist in stroke incidence, and estrogen is known to be neuroprotective in experimental models of cerebral ischemia (20, 21); this protection, in part, has been attributed to estrogen's vasodilatory ability (22). It has been shown that estrogen receptor activation in cerebrovascular tissue leads to increased protein levels and activity of endothelial nitric oxide synthase (eNOS), indicating that increased NO production might play a role in the neuroprotective effects of estrogen (23). Taken together, it appears that, although it is down- regulated during ischemia, NO is protective in large cerebral vessels in cycling females compared to males.

## 2. Prostacyclin

Prostacyclin (PGI<sub>2</sub>), a product of arachidonic acid metabolism by cyclooxygenase (COX) enzymes, is produced by endothelial cells and has vasodilating properties. Consistent with this, exogenous PGI<sub>2</sub> has been shown to increase CBF in baboons (24). The role of prostacyclin as an endothelial- derived vasodilator is of particular importance in infants. In human cerebral arteries, endothelium- dependent relaxations to ACh have been shown to be larger in infants than in adults; these relaxations in infants are suppressed by the PGI<sub>2</sub> inhibitor indomethacin, but not L-NMMA, indicating that the primary relaxing factor in infants is PGI<sub>2</sub>. The reverse was true in adult vessels where NO was the primary factor responsible for vasodilation and PGI<sub>2</sub> inhibition had no effect (25). It appears that the sensitivity to PGI<sub>2</sub> decreases with age, with cerebrovascular dilation being prostacyclin- dependent and NO- independent in the infant, dependent on both in the juvenile and NO- dependent in the adult (25, 26).

Studies are scarce on whether PGI<sub>2</sub>- dependent vasodilation is influenced by vessel diameter. A study using different sizes of rat peripheral vessels showed that indomethacin did not affect the relaxant responses to ACh in any of the vessels, regardless of size (8). Given that PGI<sub>2</sub>- mediated vasodilation is age- dependent, and these experiments were not carried out in infants, a diameter- dependent response may have been masked.

In the cerebrovasculature, prostacyclin levels are regulated following ischemic injury; protein and mRNA levels of prostacyclin synthase, the enzyme involved in the last step of the metabolism of arachidonic acid in generating PGI<sub>2</sub>, are increased following cerebral ischemia in the rat. It is co-localized with PECAM-1 to the endothelial cells of both large and small vessels in the brain. Increased PGI<sub>2</sub> levels have been shown to be protective against ischemic injury, as forced expression of prostacyclin synthase, as well as administration of PGI<sub>2</sub> analogues decreases infarct size (27–29). This effect, unlike the protective effect of NO, may be attributed to both endothelial and neuronal actions as PGI<sub>2</sub> has been shown to protect cultured cortical neurons from hypoxia/reperfusion injury in vitro, while in vivo PGI<sub>2</sub> increases CBF after MCA occlusion in cats and rats (29–31).

The expression of PGI<sub>2</sub> appears to be sexually dimorphic. Endothelial cells isolated from human vein umbilical cord from male and female babies, show that male cells synthesize more PGI<sub>2</sub> than female cells (32). Although PGI<sub>2</sub> does not play a major role in vasodilation in the adult, this sex difference does continue into adulthood where ACh- dependent relaxation of eNOS null mesenteric arteries is unaffected by indomethacin in females but greatly reduced in males. It is thought that COX activity, to an extent, compensates for lack of NO in eNOS knockout mice in males as plasma PGI<sub>2</sub> levels are increased in eNOS null mice in males but not in females (33).

### 3. Endothelium- derived hyperpolarizing factor

In the early 1980s a factor released from the endothelium that causes hyperpolarization in smooth muscle cells via opening of potassium channels was suggested, this relaxant factor has since been termed endothelium- derived hyperpolarizing factor (EDHF) (34–36). It was shown that acetylcholine, in addition to relaxation, was able to cause endothelium- dependent transient hyperpolarizations of vascular smooth muscle, and that these two phenomena were independent of each other. This was attributed to an endothelium- derived factor, one that was neither prostacyclin nor EDRF (NO) (36–38). The non- NO and non- PGI<sub>2</sub> relaxations were shown to be mediated by potassium, as they were blocked by potassium channel inhibitors, while extracellular potassium ions mimicked the effects of EDHF. EDHF hyperpolarizes endothelial cells, increasing potassium ions in the myoendothelial space which cause smooth muscle relaxation. Potassium ions are also another candidate for EDHF (39). Accordingly, there are 4 main criteria for a vasodilatory response to be defined as being EDHF- mediated. First, as with NO and PGI<sub>2</sub>, the dilation must be endothelial dependent; removal of the endothelium would abolish the smooth muscle relaxation. Second, dilations must be independent of NO and PGI<sub>2</sub>, therefore inhibition of NOS or COX enzymes would not eliminate the vasodilatory response. Third, EDHF- mediated dilations must be accompanied by hyperpolarization of the vascular smooth muscle. Fourth, dilations are sensitive to potassium channel inhibition, in particular the calcium- activated potassium channel (K<sup>+</sup><sub>Ca</sub>) located on the endothelial cells (10, 35,40). In the periphery both small (SK<sub>Ca</sub>) and intermediate (IK<sub>Ca</sub>) conductance channels must be inhibited to prevent EDHF- mediated vasodilation, while in the cerebral circulation IK<sub>Ca</sub> are important in mediating hyperpolarization in the absence of NO, with SK<sub>Ca</sub> contributing additionally only when NOS is activated (41–43) The identity of EDHF is to this day a much-debated topic, it has been suggested that there are multiple EDHFs depending on the vascular bed. As discussed later, we believe that epoxyeicosatrienoic acids contribute to the EDHF response in the cerebral microvasculature.

The importance of EDHF- mediated vasodilation has, like nitric oxide, been shown to be influenced by vessel size. Much of the work regarding vessel size has been carried out on the aorta and various branches of mesenteric artery in the rat. Using isolated blood vessels from these vascular beds, it was shown that the smaller vessels were more sensitive to agents modulating the potassium channel, than larger vessels, but insensitive to NOS inhibition, demonstrating that the contribution of NO is more prominent in the aorta, while that of EDHF is more prominent in the smaller vessels of the mesenteric arteries. This therefore indicates that the EDHF contribution to endothelium- dependent relaxations and hyperpolarizations increases as the vessel size decreases (7–9,44). Similarly studies on human gastric arteries and rat conduit arteries have shown that the contribution of EDHF is greater in smaller than in larger vessels (45, 46). The same holds true in the cerebrovasculature. It has been observed in the rat brain, when studying purinoceptor- mediated vasodilation, that the role of EDHF becomes more prominent as vessel sizes decrease along the cerebrovascular tree (10), and a significant portion of the vasodilatory response to ADP in brain microvessels has been attributed to EDHF (47). It therefore appears that in both peripheral and cerebral vascular beds, the significance of EDHF to endothelium- dependent vasodilation increases as the vessel diameter decreases, which is the opposite for NO. This differing contribution of EDHF to vasodilation, as well as that of NO and PGI<sub>2</sub>, depending on vessel size is summarized in figure 1.

As with nitric oxide and prostacyclin, vasodilatory responses of EDHF are altered following ischemic injury. EDHF- mediated dilations seem to be potentiated following middle cerebral artery (MCA) occlusion and similar observations have been made using other cerebral injury models (48–50). The vast majority of studies into EDHF- mediated vasodilation following cerebral ischemia have been carried out in direct comparison to the altered responses to NO.

Following ischemia/reperfusion (I/R), the potentiated EDHF-mediated dilations of the rat MCA were in contrast to diminished NO-mediated dilations; it has been suggested that the up-regulation of the EDHF mechanism compensates for a decline in NO-mediated vasodilation (48). This suggestion, together with findings in the peripheral circulation, lead to the belief that NO dampens EDHF-mediated responses in the brain, however it has been shown that NO does not suppress EDHF-mediated vasodilation in the MCA, and as mentioned previously both SK<sub>Ca</sub> and IK<sub>Ca</sub> are involved in mediating EDHF responses in the presence of NO, indicating that EDHF is also important in the uninjured state in the presence of NO (43, 51, 52). It has been reported that, following I/R, parenchymal arterioles were able to maintain EDHF responsiveness, however this was lost in the MCA (12). This resistance of the arterioles compared to the arteries is consistent with EDHF-mediated relaxations being more significant in small diameter vessels, and EDHF responses being more resistant to I/R than NO. The concept of compensation by EDHF for the diminished NO-mediated responses has also been demonstrated in the periphery, where EDHF-mediated vasodilation was upregulated in eNOS-null mice (53, 54). In both the brain and periphery it appears that, while in the normal physiological state both NO and EDHF contribute to vasodilation, EDHF plays a more pronounced role when NO responses are dampened following injury (12,48,51,52,55,56).

The actions of EDHF have, as for nitric oxide, been shown to be sexually dimorphic. EDHF has been shown to be the principal endothelium-derived vasodilator in female mice as mean arterial blood pressure was unaffected in eNOS and COX-1 double knock-out mice (the “EDHF” mouse); however it was elevated in male mice. This indicates that either the compensatory mechanism of EDHF for the loss of NO is functionally more important in females than in males or that the EDHF component is physiologically more important in regulating blood pressure in females than males (33,57). This latter explanation appears to be the case in mesenteric arteries where EDHF release is increased in females compared to males. This sex difference has been shown to be estrogen-dependent, as reduced EDHF-mediated relaxation is observed in ovariectomized females, but can be reversed by addition of exogenous estrogen (57–59). A greater EDHF component has also been observed in the femoral artery, where female mice exhibited greater EDHF-mediated relaxation compared to males in response to ACh (60). In the cerebrovasculature, the sex differences in EDHF-mediated vasodilation are of stark contrast to those just described in the periphery. It has been shown that smooth muscle cell hyperpolarization of the MCA is decreased in females compared to males (61). Furthermore, compared to males, ATP-induced EDHF-mediated dilations are negligible in the MCA of female rats, though dilations can be increased by ovariectomy, indicating that estrogen also plays a role in mediating this sex difference (62). These contrasting gender differences in the brain and periphery highlight that the nature of EDHF-mediated responses are very much dependent on the particular vascular bed. A possible explanation for these seemingly conflicting phenomena may be that these gender differences were studied in the MCA, which is a large vessel. As discussed earlier, the EDHF contribution to vasodilation increases as vessel size decreases; further studies are needed to shed light on whether the effects of estrogen observed in the periphery may hold true in the cerebral microvasculature (10).

Different identity of EDHF in these different vascular beds. Also, as will be discussed later, EDHF responses vary in large versus small diameter vessels in the brain. These studies showing a very small effect in the female have been carried out on the MCA. The results may be very different in the cerebral microvessels.

**Is epoxyeicosatrienoic acid the EDHF in the brain?**—The identity of EDHF has remained elusive and hotly debated over recent years. Candidates include epoxyeicosatrienoic acids, potassium ions, hydrogen peroxide and myoendothelial gap

junctions among others (39, 63–66). The contribution of each of these has been the subject of many reviews (55, 67); this review will focus on epoxyeicosatrienoic acids as EDHF.

Epoxyeicosatrienoic acids (EETs) are endothelium- derived vasodilating eicosanoids. They are metabolites of arachidonic acid, formed by cytochrome P450 epoxygenase (CYP450). There are 4 EET regioisomers formed from arachidonic acid: 5,6-, 8,9-, 11,12-, 14–15-EET. In the brain, EETs are produced by both endothelial cells and by astrocytes indicating that the cerebrovasculature has a dual supply of EETs; for the purposes of this review, endothelium- derived EETs only will be discussed (68–70, unpublished results).

Endothelial EETs are produced in response to chemical and physical stimuli including muscarinic agonists such as acetylcholine and methacholine as well as bradykinin and shear stress (68, 70). They have vasodilatory actions in the brain and heart, as well as in other vascular beds. In bovine coronary arteries, exogenous arachidonic acid has been shown to induce endothelium- dependent relaxations. Inhibition of CYP450, using SKF 525a, reduces this relaxation suggesting that the product of arachidonic acid metabolism, EET, is involved in this relaxation of the coronary artery. In fact, all 4 EET regioisomers have been shown to be synthesized in bovine coronary artery endothelial cells from arachidonic acid and all produce concentration- dependent relaxation of coronary smooth muscle (71–73). Circulating EETs are known to be taken back up by endothelial cells and incorporated into phospholipids; it has been suggested that this stored supply of EETs is able to produce chronic vasoactive effects. The addition of exogenous EETs to coronary arterial ring preparations is able to increase the relaxation response to bradykinin, however on inhibition of EET incorporation into endothelial phospholipids, this potentiation is lost. This suggests that, in the coronary circulation at least, the phospholipase activity of bradykinin is able to release stored EETs, which act to enhance vasodilation (74, 75). Vasodilatory EETs are therefore synthesized by, and stored in vascular endothelial cells. If EETs are indeed an EDHF, it is possible that this store is important for the compensatory actions of EDHF when NO is compromised.

In the brain, EETs play an important role in the regulation of blood flow. Studies using laser-Doppler flowmetry have shown that, in the rat, inhibition of CYP450 results in reduced blood flow in the cerebral microcirculation, this is independent of any effect of CYP450 inhibition on NOS and therefore attributed to a decrease in formation of EETs globally in the brain (76). Experiments aimed at altering EETs levels by manipulating their metabolism rather than inhibiting their formation have shown similar results. Mice lacking the enzyme responsible for degrading EETs, soluble epoxide hydrolase (sEH), exhibit increases in cortical blood flow, while over-expression of sEH conditionally in the endothelium decreases cerebral blood flow (77); unpublished results). These effects are presumably due to the vasodilatory actions of increased and decreased EET levels, respectively, in the brain. Using ischemic models of cerebral injury, our laboratory has shown that sEH- null mice display increased cerebral blood flow during vessel occlusion and reduced infarct size following the insult, suggesting that this protection is linked to the vasodilatory effects of increased levels of EETs in the brain microvasculature during ischemia, resulting in increased cerebral perfusion and thus reduced injury. Such observations highlight the importance of EETs in regulating vascular function in the brain during stroke (77).

While EETs are established vasodilatory agents, since it was first suggested in the 1980s, speculation still remains on the matter of whether EETs constitute EDHF (78). There is much experimental evidence supporting this notion in certain vascular beds. Indeed, the work carried out in the cardiac circulation has led to the acceptance that EETs are the EDHF in the heart. Using isolated preparations of pre-contracted bovine coronary artery it has been shown that EDHF- mediated relaxations (i.e. nitric oxide- independent dilations sensitive to

$K^+_{Ca}$  channel inhibitors) are sensitive to CYP450 inhibition indicating that EETs are involved in this response. 14,15- and 11,12- EET are known to increase the open-state probability of  $K^+_{Ca}$  channels; it therefore follows that dilations induced by exogenous 11,12- EET are abolished on  $K^+_{Ca}$  channel inhibition. Furthermore, agonist- induced hyperpolarization of bovine and porcine coronary smooth muscle is abolished by CYP450 inhibition but enhanced by CYP450 induction in the pig. This suggests that, in the cardiac circulation, endothelial- derived EETs, synthesized by CYP450, are a vasodilating, hyperpolarizing factor that act by opening  $K^+_{Ca}$  channels, consistent with the criteria discussed earlier for EDHF (64, 65, 79).

Evidence for EETs being an EDHF are not confined to the cardiac circulation. Studies on skeletal muscle arterioles in eNOS null mice have shown that EDHF- mediated dilations in response to acetylcholine are attenuated by inhibitors of cytochrome P450, indicating that EDHF in these vessels is, as in the heart, synthesized by cytochrome P450. Similar results have been observed in the rat aorta and renal circulation. In humans a CYP450- mediated EDHF response is seen in mammary and forearm circulations as well as cardiac and skeletal circulations (54, 55, 80, 81).

There is also evidence in the brain that the actions of EETs are consistent with that of EDHF. NO- and prostacyclin- independent vasodilations have been shown to be mediated by a cytochrome P450 product, inhibition of this enzyme in the guinea pig cerebral artery attenuated this relaxation indicating that a decrease in the production of EETs reduces vasodilation (82). Mechanistically, the relaxation to exogenous 8,9- and 11,12- EET have been shown to be mediated by an increase in activation of smooth muscle cell potassium channels in feline cerebral arteries (83). Recent evidence also suggests that, via TRPV4 channels on cerebral artery smooth muscle cells, 11,12-EET is able to cause membrane hyperpolarization, which in turn causes activation of calcium- activated potassium channels (84). It is important to note that other components of the arachidonic acid pathway, upstream of EETs have also been shown to act in a similar manner. Phospholipase  $A_2$ , which releases arachidonic acid from phospholipids, has been shown in the MCA to be involved in UTP- induced increases in endothelial calcium concentrations and vasodilation by regulating TRPV4 channels (85).

In the cerebral vasculature, evidence suggests that there is not a single factor operating as EDHF, and that the identity of EDHF may change along the vascular tree. For instance, there is evidence indicating that EETs do not contribute to the EDHF response in large calibre vessels (86). The majority of studies investigating the identity of EDHF in the brain have been carried out on the rat MCA where potassium ions and gap junctions appear to mediate the EDHF response. It has been shown that UTP- induced dilations, which are accompanied by endothelial cell hyperpolarization, require stimulation of the  $IK_{Ca}$  channel (42), and it has been suggested that potassium ions act as an EDHF in the MCA (87). It has been demonstrated that the manner in which the endothelial cell hyperpolarization becomes transmitted to the vascular smooth muscle, allowing for vasodilation to occur, is via gap junctions. Blockade of these junctions, while having no effect on endothelial hyperpolarization, reduced smooth muscle hyperpolarization and subsequent dilation. (88). It therefore appears that in the MCA, EDHF- mediated vasodilation can be explained by activation of  $IK_{Ca}$  channels, potassium ions and myoendothelial gap junctions which allow for communication between the endothelial cells and vascular smooth muscle.

In the large calibre MCA You and colleagues demonstrated that EETs are not an EDHF in this vessel. Using epoxygenase inhibitors, thus blocking EET production, they showed that UTP- induced EDHF- mediated dilations were only slightly decreased. Also, use of the EET antagonist 14,15-EEZE had no effect (86). However, in small calibre vessels in the brain

there is evidence that EETs may in fact mediate the EDHF response. Using isolated cerebral penetrating arterioles, it has been shown that, ATP- induced vasodilation is dependent on EETs. Inhibition of EET production by MS-PPOH reduced vessel dilation in response to ATP but had no effect on basal tone. These studies were not carried out in the presence of NO or prostacyclin inhibitors. However, it was observed that the ATP- induced dilations were sensitive to  $IK_{Ca}$  inhibition, but not  $SK_{Ca}$ , consistent with a small contribution of NO to vasodilation in microvessels (10, 43, 89). Taken together, this data indicates that while EETs may not be an EDHF in large calibre vessels in the brain, they may contribute to EDHF- mediated vasodilation in the cerebral microvasculature.

Consistent with the known mediators of endothelial- mediated vasodilation NO and  $PGI_2$ , and also EDHF, the actions of EETs have been also been shown to be sexually dimorphic in the periphery. Using gracilis arterioles, experiments have shown that vasodilation in females is mediated by EETs, however in males NO is the predominant vasodilatory mechanism, this is consistent with EETs being EDHF in the periphery. Vasodilation is decreased in OVX females and increased by estrogen replacement indicating that this gender difference is dependent on estrogen (90, 91). In the brain, estradiol has been shown to decrease sEH levels in OVX rats, however there have been no studies into gender differences in the levels of EETs in the brain as a whole or in the cerebral endothelium (92). Investigations into whether EETs levels in the brain, particularly in microvascular endothelial cells, differ between males and females, and their influence on vasodilation will be pertinent in assessing EETs as EDHF in the brain.

It is important to note that in the periphery, there have been lines of argument against a role for EETs as EDHF, these however, are largely confined to gastric and mesenteric circulations. In the human gastric vascular bed, while there is evidence for the actions of an EDHF in microvessels, potassium channel- mediated relaxations of smooth muscle are not inhibited by CYP450 inhibition, indicating that EETs are not involved in the EDHF response (45). In the mouse mesentery, the EDHF response was shown to be mediated by hydrogen peroxide and not P450 metabolites. In one study P450 eicosanoids were vasodilatory, however this was brought about by their ability to activate eNOS, while another study found that inhibiting P450 epoxygenases had no effect on vasodilation in either male or female rats; both of these studies indicate that EETs are not EDHF in the mesentery (93, 94). Also, in both mouse hindlimb and small femoral arteries, inhibition of P450 epoxygenase has been shown not to effect EDHF- mediated relaxation, where gap junctions were implicated instead (60). Even in the coronary circulation, where it is established that EETs constitute the EDHF response, it has been suggested that in the human microcirculation, hydrogen peroxide is more important as an EDHF than EETs as hydrogen peroxide inhibits CYP450 enzymes, and that EETs compensate when there is lack of hydrogen peroxide (95).

The issue of whether EETs are EDHF has therefore been the subject of many investigations in many species and vascular beds. It has been suggested that the identity of EDHF may be different between vascular beds (82), this is consistent with contradicting evidence on whether EETs are EDHF in different vessels.

In the cerebrovasculature, EETs do appear to fulfil the 4 criteria described earlier that have to be met by an EDHF. (1) EETs are produced by cerebral endothelial cells and cause vasodilation, which is (2) independent of NO and  $PGI_2$ . (3) This relaxation is brought about via vascular smooth muscle cell hyperpolarization and (4) activation of calcium- activated potassium channels. There is also evidence that the physiological actions of EETs may be consistent with EDHF in the brain. While it has been shown that EETs may not be an EDHF in the MCA, the vasodilatory effects of EDHF in the brain are known to be more



pronounced in small rather than large diameter vessels and evidence does indicate that EETs may contribute to EDHF- mediated vasodilation in small calibre cerebral vessels (10, 86, 89). EDHF responses in the brain have been shown to be regulated by the sex steroid estrogen, with EDHF- mediated dilations being diminished in the female MCA compared to males; whether such a gender difference is observed for the actions of EETs remains to be determined.

Whether the physiological actions of EETs are compatible with those of EDHF are less clear. To date, there have not been any studies directly comparing the effect of EETs on vasodilation between cerebral vessels of different diameters. EDHF responses in the brain have been shown to be regulated by the sex steroid estrogen, with EDHF- mediated dilations being diminished in females compared to males.

**The role of EETs in the brain following stroke and influence of sex**—As already mentioned, EETs have been shown to be neuroprotective following stroke. Experimentally, EETs levels are commonly manipulated indirectly by altering the levels of the soluble epoxide hydrolase (sEH) enzyme responsible for the hydrolysis of EETs into their biologically less active metabolites. Enhancement of EET signaling in the brain is protective by both vascular and non-vascular means.

We have previously shown that reducing sEH levels in the brain is protective to mice following middle cerebral artery occlusion (MCAO). Using a pharmacological inhibitor of sEH, 12-(3-adamantan-1-yl-ureido)- dodecanoic acid butyl ester (AUDA-BE), infarct volume was reduced; an effect that was attributed to a non- vascular mechanism, as cerebral blood flow was unaltered on sEH inhibition (96)]. This protection was abolished on co-administration of N-methylsulfonyl-6-(2-propargyloxyphenyl) hexanamide (MS-PPOH), an inhibitor of P450 expoygenase, indicating that these results are due to increased EETs in the brain. Similarly, sEH- null mice exhibit smaller infarct sizes following MCAO (77)]. However in this paradigm and in contrast to the inhibitor study, the protective effects were attributed to increased cerebral blood flow.

Different polymorphisms in the EPHX2 gene, which encodes sEH, are associated with different susceptibilities to stroke. In humans, certain populations carrying an EPHX2 polymorphism (R287Q) resulting in decreased sEH activity (and thus presumably increased EET levels) have a reduced risk of ischemic stroke (97)]. When this same polymorphism is introduced into cultured cortical neurons, they are protected from an in-vitro model of ischemia, oxygen- glucose deprivation (OGD). While in contrast, neurons expressing a human sEH polymorphism resulting in increased sEH enzymatic activity displayed increased cell death following OGD (98).

It therefore appears that sEH inhibition is protective against ischemic stroke by a variety of methods, not only by vasodilation and increased cerebral blood flow, but also by direct actions on neurons.

In the brain, the expression and activity of sEH are lower in females than males. This corresponds with increased protection in females against cerebral ischemia, who display both increased blood flow and a smaller infarct size compared to males. In rodents, these sex differences have been demonstrated to be due to estrogen. Estrogen decreases sEH protein in the brain, while ovariectomy increases levels, and functionally ovariectomy of females increases infarct size to levels similar to those seen in males. This sex difference is also abolished in sEH- null mice, where male infarct sizes are reduced to those seen in females (92, 99).

## FUTURE PERSPECTIVE

With further investigation into the influence of gender differences on endothelial EETs in the brain, and in particular of estrogen, manipulation of epoxyeicosanoid levels may provide an attractive avenue for gender-specific medical intervention for devastating cerebrovascular diseases such as stroke. Although manipulating sEH/EET levels in humans poses its own problems, a positive aspect of this route is that EETs are not deleterious to neurons, which is in contrast to other endothelial-derived substances such as nitric oxide. Furthermore if, true to being an EDHF in the brain, the vasodilator influence of EETs are dependent on vessel size, EETs may not just represent a gender-specific therapy, but may also be used differentially in small vessel disease, such as lacunar stroke and white matter lesion (WML)-associated vascular cognitive disorder (VCD).

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## EXECUTIVE SUMMARY

### Endothelial dysfunction

- An imbalance in vasoactive substances released from the endothelium is a factor contributing to vascular disease including stroke.

### The contribution of endothelial- derived factors to vasodilation; the effects of vessel size, injury and gender

#### 1. Nitric Oxide

- The vasodilator effects of NO are most important in large calibre blood vessels
- NO levels are decreased following ischemic insult.
- Increasing endothelial NO levels is protective against ischemic injury in the brain by increasing cerebral blood flow, however this may not be therapeutically useful as NO has deleterious effects on neurons.
- Estrogen may be protective against ischemia by increasing NO levels, affording protection to large diameter vessels in females.

#### 2. Prostacyclin

- The vasodilatory effects of PGI<sub>2</sub> do not appear to be dependent on vessel size.
- Vasodilatory properties are most pronounced in infants.
- Prostacyclin synthase levels are increased following ischemic insult, and increased PGI<sub>2</sub> levels are protective against ischemia.
- Prostacyclin levels are increased in males compared to females, indicating that it plays a compensatory role for a lack of NO in males but not females.

#### 3. EDHF

- The vasodilatory effects of EDHF are most important in small calibre vessels.
- Compensates for lack of NO after injury, but is also important under normal physiological conditions.
- In the periphery, EDHF plays a more prominent role in females than males; in the cerebral vasculature the reverse appears to occur.

### Is epoxyeicosatrienoic acid the EDHF in the brain?

- EETs in the brain meet the 4 criteria of the mechanism of action of EDHF.
- EETs are vasodilatory; increasing their levels during ischemic insult is protective by increasing cerebral blood flow.
- Gender differences in EETs levels in brain endothelial cells have not been studied; this will be important in assessing whether the physiological actions of EETs in the brain hold true to being part of the EDHF mechanism.
- The effects of EETs on vasodilation are dependent on vessel size; they are more prominent in small rather than large calibre vessels.

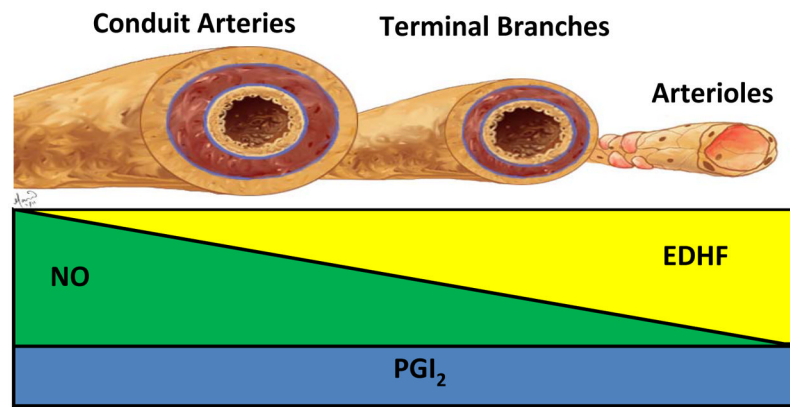


**The role of EETs in the brain following stroke and influence of sex**

- sEH inhibition is protective against cerebral ischemia:
  - Pharmacological inhibition and genetic ablation of sEH decreases infarct size *in vivo*, by both vascular and non-vascular actions.
  - Human polymorphisms decreasing sEH levels decrease neuronal death following ischemia *in vitro*. The reverse is true for polymorphisms increasing sEH.
- sEH expression is lower in the female brain, affording them protection against ischemia. sEH levels are regulated by estrogen.

**Conclusions**

- EETs contribute to EDHF-mediated vasodilation in the cerebral vasculature.
- It is possible that endothelial EETs are preferentially protective against ischemic brain insult in females than males. Further studies are needed to determine this.
- EETs appear to have a greater vasodilatory role in small versus large calibre vessels, however further studies are needed to investigate a direct comparison between cerebral vessels of different diameters.
- EETs, by increasing cerebral blood flow, may be protective to brain microvessels following stroke.



**Figure 1.** Schematic representation of the relative contribution of the 3 major endothelial- derived vasodilating factors. The vasodilatory contribution of nitric oxide (green) is largest in large calibre vessels such as conduit arteries, decreasing with vessel size. The opposite is observed for EDHF (yellow). Its vasodilatory role is most pronounced in small calibre vessels such as arterioles, this contribution to vessel relaxation decreases as vessel size increases. Whether the influence of prostacyclin (blue) is dependent on vessel size is less established, though it is expressed in both large and small vessels. The influence of contribution of prostacyclin in the adult is much smaller than that of NO and EDHF.