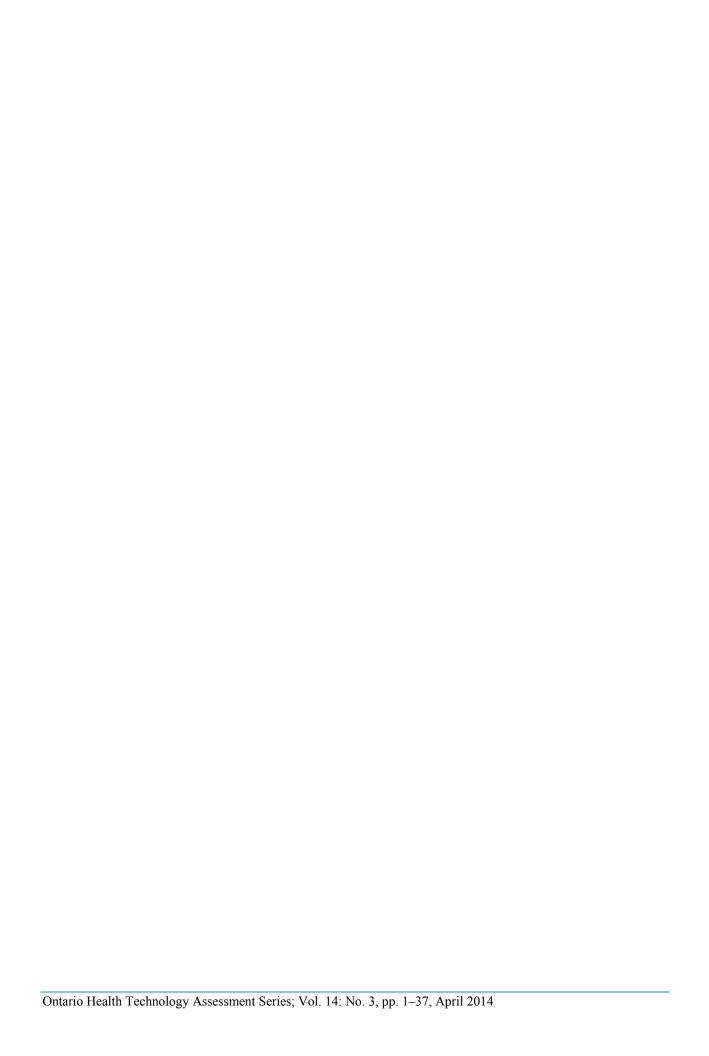


# Evaluation of a Chronic Disease Management System for the Treatment and Management of Diabetes in Primary Health Care Practices in Ontario: An Observational Study

DJ O'Reilly, JM Bowen, RJ Sebaldt, A Petrie, RB Hopkins, N Assasi, C MacDougald, E Nunes, R Goeree

April 2014



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# **Abstract**

# **Background**

Computerized chronic disease management systems (CDMSs), when aligned with clinical practice guidelines, have the potential to effectively impact diabetes care.

# **Objective**

The objective was to measure the difference between optimal diabetes care and actual diabetes care before and after the introduction of a computerized CDMS.

### **Methods**

This 1-year, prospective, observational, pre/post study evaluated the use of a CDMS with a diabetes patient registry and tracker in family practices using patient enrolment models. Aggregate practice-level data from all rostered diabetes patients were analyzed. The primary outcome measure was the change in proportion of patients with up-to-date "ABC" monitoring frequency (i.e., hemoglobin  $A_{1c}$ , blood pressure, and cholesterol). Changes in the frequency of other practice care and treatment elements (e.g., retinopathy screening) were also determined. Usability and satisfaction with the CDMS were measured.

### **Results**

Nine sites, 38 health care providers, and 2,320 diabetes patients were included. The proportion of patients with up-to-date ABC (12%), hemoglobin  $A_{1c}$  (45%), and cholesterol (38%) monitoring did not change over the duration of the study. The proportion of patients with up-to-date blood pressure monitoring improved, from 16% to 20%. Data on foot examinations, retinopathy screening, use of angiotensin-converting enzyme inhibitors/angiotensin II receptor blockers, and documentation of self-management goals were not available or not up to date at baseline for 98% of patients.

By the end of the study, attitudes of health care providers were more negative on the Training, Usefulness, Daily Practice, and Support from the Service Provider domains of the CDMS, but more positive on the Learning, Using, Practice Planning, CDMS, and Satisfaction domains.

### Limitations

Few practitioners used the CDMS, so it was difficult to draw conclusions about its efficacy. Simply giving health care providers a potentially useful technology will not ensure its use.

## Conclusions

This real-world evaluation of a web-based CDMS for diabetes failed to impact physician practice due to limited use of the system.

# **Plain Language Summary**

Patients and health care providers need timely access to information to ensure proper diabetes care. This study looked at whether a computer-based system at the doctor's office could improve diabetes management. However, few clinics and health care providers used the system, so no improvement in diabetes care was seen.

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# **List of Abbreviations**

ACE Angiotensin-converting enzyme
ARB Angiotensin II receptor blocker

**CDMS** Chronic disease management system

**CPG** Clinical practice guideline

**HDL-C** High-density lipoprotein cholesterol

**HbA**<sub>1c</sub> Hemoglobin A<sub>1c</sub>

LDL-C Low-density lipoprotein cholesterol

**P-PROMPT** Provider and Patient Reminders in Ontario: Multi-Strategy Prevention Tools

**PATH** Programs for Assessment of Technology in Health

# **Background**

# **Objective**

The objective of this study was to measure the difference between optimal diabetes care (as recommended by clinical practice guidelines [CPGs]) and actual diabetes care (as provided in primary care clinical practice) before and after the introduction of a computerized chronic disease management system (CDMS).

# **Clinical Need and Target Population**

### **Description of Disease**

Diabetes is a chronic metabolic condition characterized by hyperglycemia, and it affects more than 2 million Canadians. (1;2) Left uncontrolled, hyperglycemia can lead to serious complications (e.g., kidney disease, blindness, amputation, cardiovascular disease) and, ultimately, premature death. (3) In 2008, the Canadian Diabetes Association published the updated *Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada*, (1) providing evidence-based guidelines for optimal diabetes management.

The government of Ontario has been investing in numerous initiatives to help improve the delivery of recommended diabetes care (e.g., diabetes education centres, insulin pumps for type 1 diabetes, medications for people aged 65 years and older). (4) Despite such efforts, however, a gap still remains between evidenced-based recommendations and actual patient care. (5-7)

# Technology/Technique

Optimal diabetes care involves management by health care professionals, as well as patient education and self-management, and it depends heavily on the flow of timely, accurate information to both providers and patients. However, it can be difficult for clinicians in a busy clinical practice to consistently adhere to CPGs. In fact, doing so may be nearly impossible without a clinical information system that can compare biomedical patient data with applicable CPGs to enable, facilitate, and sustain chronic disease management. Computerized CDMSs aligned with the recommendations of CPGs may play a role in improving diabetes care. (8)

### **Chronic Disease Management Systems**

To be effective, a CDMS must be multifaceted and give clinicians ongoing support driven by clinical data. In particular, data-integrating and data-reporting CDMSs can help to better direct timely communication between patients and health care teams, focusing on elements of care that need the most improvement and attention. An effective CDMS should include the following: (9;10)

- electronic patient registries to identify and track patients grouped by subpopulation (e.g., by chronic disease)
- clinician reminders for care that is due and overdue, organized by patient (for use in opportunistic care) and by registry (for use in proactive care management at the practice level)
- patient reminders for care that is due and overdue
- ongoing self-audit performance measurement and feedback reporting for clinicians at the practice level
- a foundation in evidence-based CPGs

In 2007, the Medical Advisory Secretariat (now Health Quality Ontario) reviewed the published literature on the efficacy and effectiveness of multifaceted information technology aimed at improving the

outcomes of patients with type 2 diabetes (2007 unpublished report, Medical Advisory Secretariat). One of the aims of the review was to evaluate an integrated approach that used multiple types of information technology to target patients and/or health care providers and increase adherence to CPGs for diabetes management. The review found that although integrated information technology appeared to be promising, no definitive conclusion could be reached about its role in improving hemoglobin  $A_{1c}$  (HbA $_{1c}$ ) levels, reducing complication rates, or improving survival in people with type 2 diabetes. In response to these findings, the current study was designed to evaluate whether a CDMS introduced in Ontario primary care practices as a part of routine clinical management could improve the proportion of diabetes patients who received HbA $_{1c}$ , blood pressure, and cholesterol monitoring as recommended by the CPGs.

### P-PROMPT

The electronic CDMS evaluated in this study was initially developed to manage preventative care. It was first used to acquire and integrate data from external sources and provide data-driven supports to clinicians and patients, as a way of fostering systematic and timely regular Pap testing and screening mammography in eligible patients. An evaluation of this system demonstrated substantial improvements in preventive-care quality gaps in patients whose health care provider received the CDMS (i.e., patients were significantly more up to date on screening). (11) Based on these findings, the scope of the CDMS was fully extended to support over 20 of the most common chronic diseases, including diabetes, congestive heart failure, cigarette smoking, hypertension, and osteoporosis. This CDMS was called Provider and Patient Reminders in Ontario: Multi-Strategy Prevention Tools (P-PROMPT).

P-PROMPT is a secure web application with a centralized data repository and extensive clinical data warehousing that together provides large-scale, multi-source clinical data throughput; embedding and maintenance of diverse current CPGs; and ongoing feedback summary and detail reporting at the patient, provider, care team, regional, and provincial aggregate levels. It maintains an electronic registry of all patients rostered to a primary care practitioner; can enter individuals in multiple disease registries; and integrates all patient comorbidities and their combined care targets.

At the patient level, the system tracks, displays, and reports the last result and time since the last result for each care component (e.g., tests, examinations, counselling/education, prescriptions); colour-codes results (green, yellow, red) according to compliance with relevant guidelines; provides a dashboard summary of the patient's current overall care status and a flow sheet of recent progress; accepts and integrates new clinical data into the patient's flow sheet; assembles a care episode summary note for transfer into the electronic medical record; and automatically acquires and integrates all relevant electronic laboratory results.

At the disease level, P-PROMPT displays and reports lists of all patients, sorted in order of urgency of need, based on either lack of control or time elapsed since care; provides a dashboard summary of the registry's current overall care performance measures and a chart of recent performance progress; and permits approval of a patient list for reminder letters.

At the practice level, P-PROMPT captures and integrates data automatically from multiple sources, including electronic files uploaded from laboratories, Ministry of Health and Long-Term Care roster data, billing claims codes, and others. It then provides accountable claims-eligibility reports for Ontario Health Insurance Plan performance-bonus and incentive-fee billings.

The development of P-PROMPT was aligned with the Quality Improvement and Innovation Program, an Ontario Ministry of Health and Long-Term Care Quality Management Collaborative, which is now under Health Quality Ontario. The tracking tools in P-PROMPT are aligned with the 2008 Canadian Diabetes Association CPGs for diabetes (1) and the Ontario Health Insurance Plan physicians' chronic disease management incentive fees.

# **Field Evaluation**

# **Research Questions**

- 1. What was the absolute change from baseline in the proportion of patients in each practice who had up-to-date monitoring of HbA<sub>1c</sub>, blood pressure, and cholesterol ("ABC") in practices using a CDMS for 1 year?
- 2. What was the mean change from baseline in up-to-date clinical values for HbA<sub>1c</sub>, blood pressure, and cholesterol (total cholesterol to high-density lipoprotein cholesterol [HDL-C] ratio, HDL-C, and low-density lipoprotein cholesterol [LDL-C])?
- 3. What was the mean change from baseline in use of other care and treatment elements (foot examination, retinopathy screening, use of angiotensin-converting enzyme [ACE] inhibitors or angiotensin II receptor blockers [ARBs], microalbuminuria testing, and documentation of self-management goals)?
- 4. What was the primary health care team's evaluation of P-PROMPT with respect to Learning, Training, Using, Usefulness, Daily Practice, Practice Planning, CDMS, Support from Service Provider, and Satisfaction?

### **Research Methods**

### **Study Design**

This 1-year prospective, observational, pre/post, comparative study evaluated the use of a CDMS with a diabetes patient registry and tracker in family practices using patient enrolment models. The unit of evaluation was the individual primary care practitioner. The study analyzed aggregate practice-level data from all rostered diabetes patients in each practice.

### **Study Population**

Primary care practitioners (physicians or nurse practitioners) working in a patient enrolment model in Ontario who met all inclusion and exclusion criteria were invited to participate in the study. For the purpose of the study, a *site* consisted of 1 or more primary care practitioners enrolled in the study, along with associated team members. Sites were recruited across the province over a 13-month period and followed prospectively for 1 year.

### **Inclusion Criteria**

- Ontario primary care practitioners with a patient roster who were able to provide a list of patients in their practice
- high-speed Internet access in the practice environment, or willingness to obtain high-speed Internet access (required to access the web-based CDMS)
- physicians willing to use the CDMS or already using it at the time of recruitment

### **Exclusion Criteria**

To avoid interference with other provincial diabetes initiatives, Ontario primary care practitioners involved in the Quality Improvement and Innovation Program Learning Collaborative who were

practicing in 1 of the following Local Health Integration Networks were excluded: South West, Toronto Central, Champlain, and North West.

### **Study Intervention**

The intervention evaluated in this study was the provision of access to P-PROMPT, a web-based CDMS to evaluate the effect of its deployment and routine use on the quality of diabetes care (the system included the Canadian Diabetes Association 2008 CPGs (3)). Except for a study-specific information session, participating sites were set up with the CDMS in the same manner as sites that subscribe to the system. Setup involved a short initial training and demonstration session, including cases; an automated initial prepopulation of the system with the site's complete electronic patient roster; an initial 3-year back-population of pertinent clinical laboratory test result data and Ontario Health Insurance Plan incentive-fee billings, where available; and automated ongoing data updates throughout the study period. User support was provided as normal, but no training beyond the level provided to regular CDMS subscribers was offered.

### **Outcomes of Interest**

### Primary Outcome

Proportion of "ABC" (HbA<sub>1c</sub>, Blood Pressure, and Cholesterol) Values Up To Date

The primary outcome measure was change from baseline in the proportion of patients in each practice with optimal "ABC" monitoring for diabetes care: HbA<sub>1c</sub> at least once per 184-day period, blood pressure at least once per 365-day period, and cholesterol at least once per 184-day period. This composite outcome was considered more appropriate than individual measures, because practice-level monitoring processes should be adopted across multiple measures to improve diabetes care. To assess this composite outcome, the proportion of patients with up-to-date monitoring in each practice was calculated for all 3 parameters simultaneously, both at baseline and 1 year. Then, the absolute difference in proportion of patients with up-to-date monitoring between the 2 time points was calculated.

### Secondary Outcomes

Proportion of HbA1c, Blood Pressure, and Cholesterol Values Up To Date

The proportion of patients with up-to-date monitoring for each of the individual clinical values (i.e.,  $HbA_{1c}$ , blood pressure, and cholesterol) was also calculated at baseline and 1 year. (1) These data were used to determine the absolute difference in proportion of patients with up-to-date monitoring between the 2 time points.

Mean Change in  $HbA_{1c}$ , Blood Pressure, and Cholesterol Values

Aggregate practice-level data and patient-level data were used to examine the mean change in clinical values across and within practices from baseline to 1 year for HbA<sub>1c</sub>, blood pressure, and cholesterol (TC:HDL-C, HDL-C, and LDL-C).

### Care and Treatment Elements

Aggregate practice-level data were used to calculate the mean change from baseline in use of other care and treatment elements: the percentage of patients with an up-to-date foot examination, up-to-date retinopathy screening, use of ACE inhibitors or ARBs, and documentation of self-management goals.

### P-PROMPT Implementation, Training, and Impact

The primary health care team's appraisals of P-PROMPT were examined via questionnaire with respect to the following domains: Learning, Training, Using, Usefulness, Daily Practice, Practice Planning, CDMS, Support from the Service Provider, and Satisfaction. Each domain was evaluated using several questions.

All questions were phrased using a 5-point Likert scale in a positive direction, where *completely agree* was a positive response and *completely disagree* was a negative response (Appendix 1). All physicians enrolled in the study were asked to complete periodic questionnaires, at 2 months, 6 months, and 12 months.

### **Data Management**

### Primary Care Practice Data

Permission was requested from primary care practitioners for access to a de-identified copy of their electronic practice patient dataset, available only at the CDMS vendor's site, for the purpose of completing analyses of practice and clinical outcomes. Aggregate monthly practice-level summary data were obtained from the CDMS vendor. A 3-way agreement between primary care practitioners, the Programs for Assessment of Technology in Health (PATH) Research Institute, and Fig.P Software Inc. described the terms of the data sharing.

### **Questionnaires**

Anonymized questionnaires were received from participating primary care practice team members using a fax service provider (PROTUS, Ottawa, Ontario). Transmissions were stored on PROTUS servers for 30 days, and then old transmissions were purged when the storage period ran out. PROTUS uses industry-standard means to safeguard the confidentiality of transmissions, including firewalls and SSL technology. All documents faxed to PATH's designated 1-800 number were forwarded to PATH directly via a secure server with SSL encryption (using *Personal Information Protection and Electronic Documents Act* standards Section 4.7[11] 3) onto a data server with 128-bit Verisign SSL Certification and 1024 Bit RSA public keys.

# **Statistical Analysis**

### **Sample Size Calculation**

According to an Ontario Health Quality Council report, patients with diabetes were receiving the following levels of care, on average: 48% received regular HbA<sub>1c</sub> checks; 35% received blood pressure checks and related medication evaluations; and 64% received cholesterol checks and related medication evaluations. (12) Overall, an average of 49% of patients were receiving the recommended frequency of diabetes care. (12)

To produce an increase of 5% (from 49% to 54%) in the percentage of patients who met care guidelines, a sample size of 2,138 was required to achieve 90% power. Accounting for a 10% loss to follow-up, a sample size of 2,376 patients with diabetes was targeted for the study. The average roster size of primary care practitioners is estimated to be 1,244 patients. (13) In the 2005 Canadian Community Health Survey, 4.8% of people in Ontario reported being diagnosed with diabetes by a physician—or 60 diabetes patients per roster. (6) Therefore, the target number of primary care practices required to achieve the target patient population was 40.

### Statistical Methods

The unit of evaluation was the primary care practice, and both aggregate practice-level data and patient-level analyses were obtained for statistical analysis. Using a before-and-after design, changes from the beginning of the study to the end in each of the monitoring parameters of interest were calculated. Values at the beginning of the study were subtracted from values at the end, and the average change for the

population was calculated, with an associated measure of variance. Statistical comparisons were made using paired t-tests or chi-squared tests, and results reported as means and standard deviations or percentages, respectively. All test instruments were scored according to recommendations for the particular tests. The change in shift of distribution of ordinal scales was analyzed using the Goodman and Kruskal's gamma test. All statistical analyses were conducted using STATA Statistical Software, Release 13 (StataCorp, College Station, Texas).

### **Post Hoc Analyses**

Login and screening viewing data for each participating health care provider were obtained from the vendor to examine the frequency of use of the CDMS. Both practice- and provider-level analyses were conducted. Data were normalized by the number of patients identified in the diabetes registries.

### Results

### **Participating Primary Care Sites**

Sites: Baseline Characteristics

Eleven primary care practices were enrolled. However, 1 site discontinued the study prior to activating the CDMS. Ten sites activated the CDMS and provided baseline characteristics (Table 1). Of the 39 participating health care providers, 35 were physicians and 4 were nurse practitioners. Each site had an average of 4 health care providers (minimum, 1; maximum, 14). The total number of diabetes patients at baseline represented approximately 9.8% of the total patient roster (range, 3.0% to 19.8%).

Table 1: Baseline Characteristics of Enrolled Sites

Sites	Physicians/Nurse Practitioners per Site	Patients With Diabetes	Mean Number of Patients With Diabetes per Provider	Practice Model
1	1	186	186	Family health team
2	3	381	127	Family health team
3	6	424	71	Family health team
4	14	248	18	Family health team
5	8	675	84	Family health team
6	1	23	23	Family health team
7	2	208	104	Family health team
8	2	67	34	Family health team
9	1	48	48	Community health centre
10	1	108	108	Family health team
Total	39	2,368	61	_

The sites had used 7 different types of electronic medical record systems for approximately 3.5 years (minimum, 6 months; maximum, 6 years). None of the sites had used the P-PROMPT CDMS prior to enrolling in the study, and 9 of the 10 sites received electronic laboratory results.

One site withdrew prior to validation of the diabetes patient list. As a result, analysis of the clinical data and utilization patterns was conducted on the 9 remaining sites (N = 2,320). Of the 9 sites, 6 were followed up for at least 12 months, 1 for 10 months, and 2 for 9 months.

### Sites: Practice Participation/Engagement

Table 2 presents staff participation rates by specialty. The median number of medical and administrative staff who had access to the CDMS and who logged into the system at least once at each site was 1 physician, half a nurse practitioner, and 1 nurse, from a total staff complement of 5. Overall, only 51% of the staff complement at the sites participated in the study.

**Table 2: Study Participation by Specialty** 

Health Care Provider	Total at Site, n	Participating, n (%)
Physicians	43	22 (51)
Nurse practitioners	15	7 (47)
Nurses	29	22 (76)
Dietitians	8	3 (38)
Pharmacists	2	1 (50)
Respiratory therapists	2	1 (50)
Administrative staff	22	9 (41)
Clerical/billing staff	26	6 (23)

### Patients: Baseline Characteristics

The demographic characteristics of the diabetes patients were similar across the 9 sites, with an overall mean age of 63 years (standard deviation 14 years). Fifty-two percent of subjects were male, and mean patient body mass index was 31.1 kg/m² (in the obese range).

### Primary Outcome (ABC)

At baseline, only 13% of patients (311/2,320) had all 3 measures up to date (Figure 1). The proportion of patients with up-to-date measurements varied by site, from 0% to 59.1%. At the end of the study, the proportion of patients with ABC monitoring up to date had decreased to 11% (Figure 1).

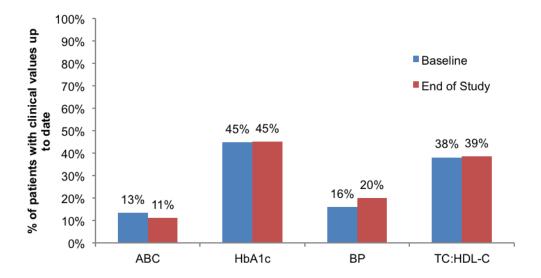


Figure 1: Proportion of Patients With Clinical Values Up to Date in the CDMS

Abbreviations: ABC, hemoglobin A<sub>1c</sub>, blood pressure, and cholesterol; BP, blood pressure; CDMS, chronic disease management system; HbA<sub>1c</sub>, hemoglobin A<sub>1c</sub>; HDL-C, high-density lipoprotein cholesterol; TC, total cholesterol.

### **Secondary Outcomes**

### Proportion of HbA<sub>1c</sub>, Blood Pressure, and Cholesterol Values Up To Date

At baseline,  $HbA_{1c}$  was most frequently up to date (n = 1,030) (Figure 1), but of those with up-to-date  $HbA_{1c}$  measurements, only 28% of the values were within the target range. Blood pressure was up to date in only 368 patients, and 16% of those measurements were in the target range. Cholesterol measurements were up to date in 883 patients, and 24% of those measurements were in the target range. The percentage of patients with up-to-date clinical values varied by site ( $HbA_{1c}$ , 12.1% to 74.1%; blood pressure, 0% to 90.3%; cholesterol, 11.3% to 65.1%).

At the end of the study, the proportion of patients with  $HbA_{1c}$  and cholesterol measurements up to date remained unchanged (Figure 1). The proportion of patients with up-to-date blood pressure monitoring increased by 4%.

### Mean Change in $HbA_{1c}$ , Blood Pressure, and Cholesterol Values

For patients who had at least 2 test results and measurements up to date, mean baseline and end-of-study values for HbA<sub>1c</sub>, blood pressure, and cholesterol are presented in Table 3. At the end of the study, there was a statistically significant reduction from baseline in diastolic blood pressure and TC:HDL-C. Mean HbA<sub>1c</sub> levels increased slightly over the study period.

Table 3: Change in Clinical Values From Baseline to End of Study

Clinical Parameter	N	Baseline	12 Months	Change		
		Mean (SD)	Mean (SD)	Mean (SD)	95% CI	P value
HbA <sub>1c</sub> , %	761	7.07 (1.30)	7.08 (1.25)	0.01 (0.96)	-0.06, 0.08	0.809
Systolic BP, mm Hg	308	128.7 (15.2)	127.1 (17.3)	-1.5 (18.2)	-3.5, 0.5	0.129
Diastolic BP, mm Hg	308	76.5 (10.9)	75.3 (11.4)	-1.2 (10.5)	-2.4, 0.0	0.042
TC:HDL-C	584	3.81 (1.18)	3.66 (1.10)	-0.16 (0.90)	-0.23, -0.09	0.001

Abbreviations: HbA<sub>1c</sub>, hemoglobin A<sub>1c</sub>; BP, blood pressure; CI, confidence interval; HDL-C, high-density lipoprotein cholesterol; SD, standard deviation; TC, total cholesterol.

### Care and Treatment Elements

The proportion of patients with up-to-date foot examinations, up-to-date retinopathy screening, use of ACE inhibitors and/or ARBs, and documentation of self-management goals was also measured. At baseline, data were unavailable or not up to date almost all patients (Table 4). By the end of the study, the proportion of patients with up-to-date monitoring had decreased for all care and treatment elements.

**Table 4: Care and Treatment Elements (N = 2,320)** 

Element	Up to Date at Baseline, N (%)	Up to Date at End of Study, N (%)	Mean Change, %
Foot examination	28 (1.2)	5 (0.2)	<b>–1</b>
Retinopathy screening	13 (0.6)	1 (0.04)	-0.56
Use of ACE inhibitors/ARBs	46 (2.0)	10 (0.4)	-1.6
Documentation of self-management goals	55 (2.4)	0 (0)	-2.4

Abbreviations: ACE, angiotensin-converting enzyme; ARB, angiotensin II receptor blocker.

### Satisfaction/Usability of P-PROMPT, Training and Impact

Of the 38 health care providers included in the analysis, 21 (55%) completed the baseline (2-month) questionnaire. The percentage of positive responses (mostly agree and completely agree) was higher than that of negative responses (strongly disagree and somewhat disagree) in 6 of the 9 categories (Table 5): Learning, Using, Practice Planning, CDMS, Support from the Service Provider, and Satisfaction. All categories had a positive trend, except for Daily Practice (e.g., "I use it during patient visits," "It assists in determining which tests and/or procedures are overdue for patients with diabetes"), where the group seemed to be divided.

Nine health care providers (24%) also completed the end-of-study questionnaire and expressed satisfaction with the CDMS; more than 50% of respondents indicated that they either "mostly" or "completely" agreed in all of the categories but Usefulness (Table 6).

For the 9 health care providers who completed both the 2-month and the 12-month questionnaires, the differences between baseline and end-of-study responses were evaluated for change (Table 6). A negative gamma coefficient indicates a movement toward the negative questions, and a positive gamma coefficient indicates a movement toward the positive questions. The magnitude of the gamma coefficient ranges from -1 to +1, similar to the Pearson correlation of nominal data, with 0.0 to 0.2 indicating "Very weak to negligible correlation" and 0.2 to 0.4 indicating "Weak or low correlation." Of the 9 domains, 3 had weak correlation from Month 2 to Month 12, while the other 6 had negligible gamma correlation. Weak negative gamma shifts were present for Usefulness, while weak positive gamma shifts were present for Using and CDMS. Negligible negative shifts occurred for Training, Daily Practice, and Support from the Service Provider; negligible positive shifts occurred for Learning, Practice Planning, and Satisfaction.

Table 5: Evaluation of the CDMS: Baseline Site Questionnaire (N = 21)<sup>a</sup>

	N	Completely Disagree	Somewhat Disagree	Slightly Agree	Mostly Agree	Completely Agree
Learning		11.6%	12.2%	21.8%	43.5%	10.9%
I quickly learn how to use it	21	2	3	3	12	1
I easily remember how to use it	21	3	3	1	13	1
It provides the ease of learning I need	21	3	3	4	10	1
It would be easy for me to improve my skill at using it	21	1	3	2	12	3
I am confident that I can learn new functions of it	21	1	1	5	12	2
I would like to learn more about how to use it	21	2	1	7	3	8
I am proficient in using it	21	5	4	10	2	0
Training		19.8%	21.0%	21.0%	34.6%	3.7%
I am satisfied with the training I received	21	3	5	4	9	0
It is easy for me to train someone to use it	21	6	5	4	5	1
It is easy for me to receive training from co-workers on how to use it	20	4	3	4	7	2
Supplemental reference material is easy to follow	19	3	4	5	7	0
Using		14.3%	16.2%	28.6%	38.1%	2.9%
find it easy to use	21	3	3	4	10	1
I can use it without written instructions	21	3	3	5	9	1
recover from mistakes quickly and easily	21	3	4	6	8	0
can use it successfully every time	21	3	4	8	6	0
Performing tasks are straightforward	21	3	3	7	7	1
Usefulness		17.6%	16.8%	36.0%	24.8%	4.8%
It helps my performance in my role	21	4	3	8	5	1
t helps me to be more productive in my role	21	4	3	6	7	1
t helps me be more effective in my role	21	4	4	9	3	1
It provides me useful information to do my job well	21	3	4	6	6	2
It provides more control over my daily work activities	21	4	4	9	3	1
It does everything I would expect it to do	20	3	3	7	7	0
Daily Practice		34.6%	11.3%	13.8%	34.6%	5.7%
use it during patient visits	20	10	5	2	2	1
t is easy to check patient data	20	6	2	2	9	1
It assists me to provide patient diabetes education	20	8	2	3	6	1

	N	Completely Disagree	Somewhat Disagree	Slightly Agree	Mostly Agree	Completely Agree
It helps me to quickly review the patient's diabetes status	20	6	3	3	7	1
It helps me to quickly review the patient's diabetes trends	20	7	2	3	7	1
It assists in determining which tests and/or procedures are overdue for patients with diabetes	20	8	1	2	7	2
It improves the quality of time with the patient	20	7	1	5	6	1
I am confident that it protects patient data confidentiality	19	3	2	2	11	1
Practice Planning		14.5%	19.6%	26.8%	33.0%	6.1%
It assists in setting practice goals	20	2	4	8	6	0
It assists in achieving practice goals	20	3	3	7	7	0
It helps me to quickly obtain an overview the practice status	20	4	3	3	9	1
It helps me to quickly review my practice improvements over time	20	3	4	8	5	0
It provides sufficient information to evaluate my overall performance in diabetes management	19	4	4	5	5	1
It represents patient-centred care	20	2	3	5	9	1
It allows team members to work at an enhanced professional level	20	3	4	4	7	2
It will assist the practice with obtaining incentive fees	20	2	5	4	6	3
It assists with preparing the monthly reports	20	3	5	4	5	3
CDMS		14.8%	10.9%	19.5%	49.0%	5.9%
It is easy to read the characters on the screens	21	2	3	4	9	3
Highlighting simplifies what I should focus on as important information	21	3	2	4	9	3
Organization of display screens is easy to follow	21	3	3	3	10	2
Arrangement of screens is simple to follow	21	3	2	4	10	2
It provides a user-friendly interface	21	3	2	4	11	1
Program pop-up messages are easy to understand	21	3	2	5	10	1
The output options (e.g. print chart notes, print patient list, transfer to EMR) are sufficient for my use	21	4	2	8	6	1
Automated data input functions (e.g., incentive code billings, laboratory data) are sufficient for my use	20	4	2	5	8	1
System speed is fast enough	21	4	2	1	13	1
It is reliable	20	1	4	2	12	1
Correcting mistakes is easy	21	3	2	6	10	0
It is easy to display the current status of a single patient	20	3	2	2	12	1

	N	Completely Disagree	Somewhat Disagree	Slightly Agree	Mostly Agree	Completely Agree
It is easy to update a single element of a patient's records	20	3	2	4	9	2
It is easy to update multiple elements of a patient's record	20	3	3	4	8	2
It is easy to display patient summary dashboards	21	3	2	4	11	1
It is easy to add (roster) a new patient	21	3	2	4	11	1
It is easy to remove (de-roster) a new patient	21	3	2	4	10	2
It is easy to display a patient's history of a single care element	21	3	2	5	9	2
It is easy to display a list of patients in a registry	21	3	2	3	11	2
It is easy to create registry list(s) and action/recall lists for printout	21	4	2	5	10	0
It is easy to update the care element status list(s)	21	3	2	4	11	1
It is easy to display practice registry summary dashboards	21	3	2	4	11	1
It is easy to display registry summary statistics	21	3	2	4	12	0
It is easy to edit care/tracking plans of patient(s) in a registry	20	3	2	6	8	1
It is easy to display a list of all patients in MD roster	21	3	3	2	12	1
It is easy to display lists of available registries with editable MD activations and default care/tracking plans	21	3	2	4	12	0
It is easy to display lists of patients who have invalid data, with editable data	19	4	2	5	8	0
I am satisfied with the way the information is organized	21	3	3	3	11	1
Support from the Service Provider		6.0%	11.9%	19.4%	35.8%	26.9%
I am always treated courteously and in a professional manner by the service provider	17	1	2	2	6	6
The technical support provided by the service provider is helpful to resolve my problems	17	1	2	3	7	4
The service provider resolves my questions within a reasonable time	17	1	2	4	6	4
Additional training is available when I ask for it	16	1	2	4	5	4
Satisfaction		10.1%	13.8%	27.5%	44.2%	4.3%
It provides the precise information I need to manage patients more effectively	19	2	3	2	11	1
It is fun to use	20	2	3	7	7	1
I would recommend it to others	20	2	3	5	8	2
It works the way I want it to work	20	2	3	4	11	0
If I would like to continue to use it in my daily practice	19	2	3	7	6	1
It is designed for all levels of computer users	20	2	2	8	8	0
Overall, I am satisfied with it	20	2	2	5	10	1

Abbreviations: EMR, electronic medical record.

<sup>&</sup>lt;sup>a</sup>Percentages may appear inexact due to rounding.

Table 6: Evaluation of the CDMS: Change From Baseline to End of Study (N = 9)<sup>a</sup>

		Completely Disagree	Somewhat Disagree	Slightly Agree	Mostly Agree	Completely Agree	Gamma	<i>P</i> -value
Learning	2 months	0.0%	4.8%	20.6%	55.6%	19.0%		
	12 months	3.3%	3.3%	21.3%	49.2%	23.0%		
	Change	3.3%	-1.5%	0.7%	-6.4%	3.9%	0.008	0.149
Training	2 months	0.0%	6.1%	33.3%	51.5%	9.1%		
	12 months	5.7%	11.4%	25.7%	40.0%	17.1%		
	Change	5.7%	5.4%	-7.6%	-11.5%	8.1%	-0.042	0.190
Using	2 months	0.0%	6.7%	35.6%	51.1%	6.7%		
	12 months	0.0%	11.6%	20.9%	48.8%	18.6%		
	Change	0.0%	5.0%	-14.6%	-2.3%	11.9%	0.210	0.170
Usefulness	2 months	0.0%	5.6%	55.6%	27.8%	11.1%		
	12 months	0.0%	31.5%	29.6%	29.6%	9.3%		
	Change	0.0%	25.9%	-25.9%	1.9%	-1.9%	-0.228	0.143
<b>Daily Practice</b>	2 months	9.5%	6.3%	20.6%	49.2%	14.3%		
	12 months	14.1%	20.3%	12.5%	42.2%	10.9%		
	Change	4.5%	14.0%	-8.1%	-7.0%	-3.3%	-0.195	0.123
Practice	2 months	0.0%	8.3%	41.7%	37.5%	12.5%		
Planning	12 months	0.0%	15.5%	26.8%	42.3%	15.5%		
	Change	0.0%	7.2%	-14.9%	4.8%	3.0%	0.062	0.123
CDMS	2 months	0.0%	0.0%	30.2%	56.7%	13.1%		
	12 months	0.5%	5.4%	17.6%	42.8%	33.8%		
	Change	0.5%	5.4%	-12.6%	-13.9%	20.7%	0.280	0.070
Support from the Service	2 months	0.0%	0.0%	17.1%	40.0%	42.9%		
Provider	12 months	0.0%	0.0%	0.0%	71.4%	28.6%		
	Change	0.0%	1.8%	-7.9%	5.4%	-20.0%	-0.172	0.208
Satisfaction	2 months	0.0%	0.0%	36.1%	54.1%	9.8%		
	12 months	0.0%	6.9%	34.5%	32.8%	25.9%		
	Change	0.0%	6.9%	-1.6%	-21.3%	16.0%	0.052	0.146

Abbreviation: CDMS, chronic disease management system.

<sup>&</sup>lt;sup>a</sup>The population analyzed includes only those sites that completed both baseline and end-of-study questionnaires.

### **Post Hoc Analysis**

Due to the lack of observed change in the outcome variables during the study period, it was decided to explore a number of factors that might help explain this result. An unexpectedly low rate of CDMS use across sites was found and could be an important factor in explaining the lack of improvement in diabetes management.

### **Overall CDMS Use**

The 9 study sites were enrolled for an average of 11 months (minimum, 8; maximum, 12). Table 7 shows the total number of views of each CDMS screen over the study period, as well as the mean views per month. The Patient/Care Status page was viewed most often, and made up 72% of usage.

Table 7: Mean Number of Views and CDMS Entries per Month

CDMS Screen	Total Views, n	Mean Views/Month, n	Minimum, n	Maximum, n
Patient Dashboard	493	45	4	165
Registry/Registry Status	5,889	541	45	3,023
Patient/Care Status	16,498	1,515	32	6,725
Manual entries	4,031	370	0	2,709

Abbreviation: CDMS, chronic disease management system.

### CDMS Use by Site

To get a sense of the level of use by site and by health care provider within each site, it was determined that views of the Patient/Care Status screen would be a good indication of P-PROMPT use for the treatment and management of patients with diabetes (although it could also indicate use for updating documentation other than at the point and time of care). Three of the 9 sites (2, 7, and 8) appeared to have used the CDMS the most during the study period (Table 8). Sites 1 and 6 appeared not to have used the CDMS at all.

Table 8: Use of the CDMS by Site<sup>a</sup>

Site #	Total Views	Number of Providers	Mean Views/ Provider	Mean Views/ Provider/ Month <sup>b</sup>	Number of Patients	Mean Views/ Patient	Mean Views/ Patient/ Month
1	32	1	32	3	186	0.2	0.01
2	6,002	3	2,001	167	381	15.8	1.31
3	1,281	5	256	21	424	3.0	0.25
4	1,057	14	76	6	248	4.3	0.36
6	158	8	20	2	675	0.2	0.02
7	607	1	607	76	23	26.4	3.30
8	6,725	2	3,363	280	208	32.3	2.69
9	353	2	177	22	67	5.3	0.66
10	283	1	283	28	108	2.6	0.26

Abbreviation: CDMS, chronic disease management system.

<sup>&</sup>lt;sup>a</sup>Site 5 withdrew prior to completion of the study.

bSites 7, 9, and 10 data were based on 9, 9, and 10 months of follow-up, respectively. Data for the other sites were based on 12 months of follow-up.

Figure 2 shows the mean number of views of the Patient Care Status screen per health care provider per patient over the course of the study. The most engaged site (site 7) logged into the system about 14 times per patient per year (1.2 times per month). Healthcare providers at two other sites (sites 2 and 4) appeared to use the tool frequently as well, logging into the system to view patient status about 8 times per patient per year.

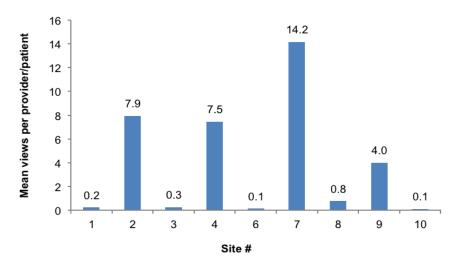


Figure 2: Mean Number of Views of the Patient/Care Status Screen per Provider per Patient<sup>a</sup>

<sup>a</sup>Site 5 withdrew prior to completion of the study.

For the site that used the CDMS most frequently (site 7), the percentage of diabetes patients with  $HbA_{1c}$  values up to date was 65% at the beginning of the study and increased to 83% by the end of the study (Figure 3). The proportion of patients at this site with blood pressure and cholesterol values up to date at the end of the study also increased, by 15% and 0.2%, respectively.

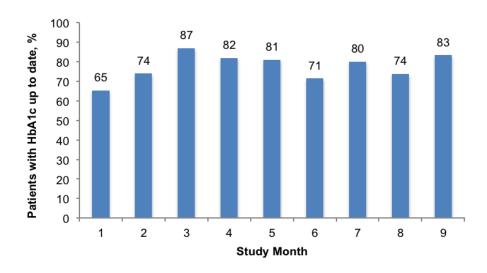


Figure 3: Proportion of Patients With HbA<sub>1c</sub> Up to Date at a Site That Used the CDMS Frequently (Site 7)

Abbreviation: CDMS, chronic disease management system; HbA $_{1c}$ , hemoglobin A $_{1c}$ .

### **Discussion**

Application of health informatics—based technologies holds great promise for positively influencing diabetes care. In Ontario, a recent before-and-after study of the routine use of CDMS in ambulatory diabetes patient care by Ontario diabetes specialists showed significant improvements in the quality of patient care as measured by the completeness of documented care delivered. (14) Information technology provides a means for the rapid and easy dissemination of information to patients and health care providers, and it improves communication between them as well. (15)

This community-based, real-world evaluation of a web-based CDMS for the treatment and management of diabetes failed to impact physician practice due to limited engagement and use of the system in the majority of practices. However, it was intriguing to note that at the site that used the CDMS to a meaningful extent, substantial improvement in patient care was observed. It was also instructive to note that in the responses to the questionnaire, most participants indicated that they used the system rarely or not at all during patient visits, but also indicated that they would like to learn more about the CDMS and wanted more training. This suggests that clinicians may not be averse to using health informatics—based CDMS technology, but will not use it if they are only given the tool and not given additional in-depth training and follow-up.

A few items were identified that may have negatively impacted the successful implementation of the CDMS: not all laboratories provide electronic data feed; there was significant heterogeneity across the sites with respect to data systems and flow of information; and some of the data needed to be entered into the CDMS manually (e.g., foot examination and blood pressure). A thorough analysis of factors that led to limited commitment to the CDMS would be very helpful. For example, Green et al (2006) (16) evaluated the successful implementation of web-based CDMS for diabetes care in Victoria, British Columbia, using a critical success factor analysis. The authors found that in addition to features of effective clinical decision support systems (e.g., automatic provision of decision support as part of clinician workflow), an array of systemic factors were also necessary for success (e.g., project management from clinical, project and information technology; health delivery system readiness for reform).

In addition to evaluating the efficacy, effectiveness, and cost-effectiveness of information technology aimed at improving patient outcomes with diabetes, it would be beneficial for decision makers to attempt to identify the determinants of implementation success prior to investing in the technology.

# **Conclusions**

This community-based, real-world evaluation of a web-based CDMS for the treatment and management of diabetes failed to impact physician practice due to limited engagement and use of this system in the majority of practices. Simply giving health care providers a potentially useful technology will not ensure its use. Organizational readiness and implementation strategies should be developed prior to introducing a CDMS.

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### **Editorial Staff**

Jeanne McKane, CPE, ELS(D)

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# **Appendices**

# **Appendix 1: Site Team Follow-up Questionnaire**

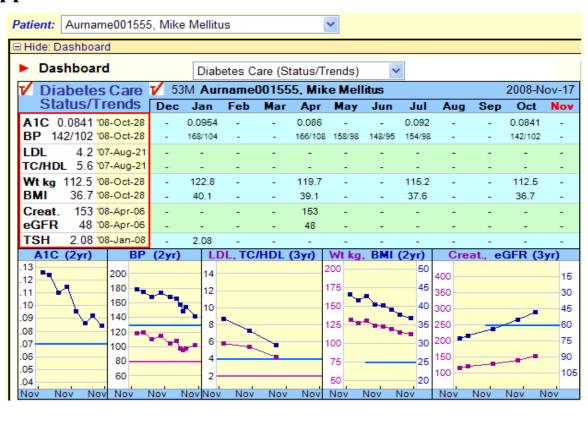
Challenging the Ontario Diabetes Care Quality Gap: Evaluation and Long-Term Cost-Utility Analysis of Using a Chronic Disease Management System (CDMS) in Primary Health Care Practices in Ontario (ODIAC-CDMS)

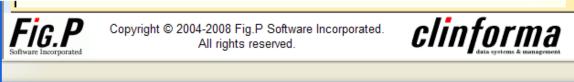
Site Tean	n Follow-up Questionnaire					
Study ID	#: Date (DD/MMN	M/YY):				
Follow-u	o: 2 month 6 month 12 i	month				
Physic Physic Chiro Pharm  For each (CDMS),	otherapist Occupational therapist Optometrist Optometrist Other  of the for the following questions regard check 1 response that corresponds most	st Re	ur desired ar	erapist	the follow	gement System ving statements
(the term	"it" in the questions below refers to the	P-PROMPT	Chronic Dis	ease Mand	agement S	System).
		Completely Disagree	Somewhat Disagree	Slightly Agree	Mostly Agree	Completely Agree
Learning						-
1. I quic	kly learn new skills to use it					
2. I easi	y remember my new skills to use it					
3. It prov	rides the ease of learning I need					
	<u> </u>					
5. I am o	I am confident that I can learn new parts of it					
6. I woul	d like to learn more about how to use it					
7. I am p	proficient in using it					
Training						
8. I am s	atisfied with the training I received					
9. It is ea	asy for me to train someone to use it					
	It is easy for me to receive training from co-workers on how to use it					
11. Suppl	emental reference material was easy to follow					
Using						
12. I find	2. I find it easy to use					
13. I can	use it without written instructions					
14. I reco	14. I recover from mistakes quickly and easily					
15. I can	use it successfully every time					
16. Perfo	rming tasks is straightforward					

		Completely Disagree	Somewhat Disagree	Slightly Agree	Mostly Agree	Completely Agree
Use	fulness					
17.	It helps my performance in my role					
18.	It helps me be more productive in my role					
19.	It helps me be more effective in my role					
20.	It provides useful information to do my job well					
21.	It provides more control over my work daily activities					
22.	It does everything I would expect it to do					
Dail	y Practice					
23.	I use it during patient visits					
24.	It helps me to increase patient education content regarding their diabetes					
25.	It helps me to quickly overview the patient's diabetes status					
26.	It helps me to quickly overview the patient's diabetes trends					
27.	It is easy to check patient data					
28.	It assists in determining what tests and/or procedures are overdue for diabetic patients					
29.	It improves the quality of time with the patient					
30.	I am confident that it protects patient data confidentiality					
Pra	ctice Planning					
31.	It assists in setting practice goals					
32.	It assists in achieving practice goals					
33.	It helps me to quickly overview the practice status					
34.	It helps me to quickly overview my practice improvements over time					
35.	It provides sufficient information to evaluate my overall performance in diabetes care management					
36.	It represents patient-centered care					
37.	It allows team members to work at an enhanced professional level					
38.	It will assist the practice with obtaining incentive fees					
39.	It assists with preparing the monthly reports					
CDI	MS					
40.	It is easy to read the characters on the screens					
41.	Highlighting simplifies what I should focus on as important information					
42.	Organization of display screens is easy to follow					
43.	Arrangement of screens is simple to follow					
44.	It provides a user-friendly interface					
45.	Program pop-up messages are easy to understand					
46.	The output options (e.g., print chart notes, print patient list, transfer to EMR) are sufficient for my use					
47.	Automated data input function (e.g., incentive code billings, laboratory data) are sufficient for my use					
48.	System speed is fast enough					
49.	It is reliable					
50.	Correcting mistakes is easy					

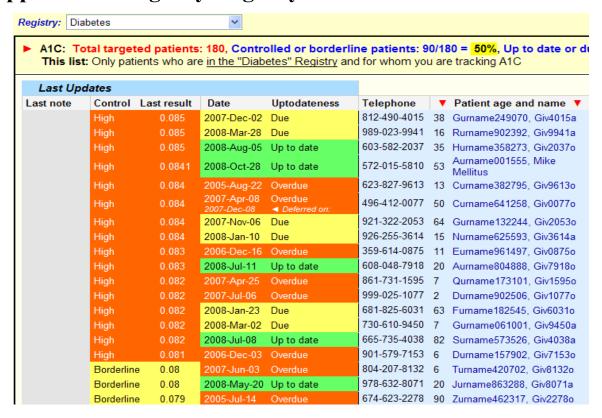
		Completely Disagree	Somewhat Disagree	Slightly Agree	Mostly Agree	Completely Agree
51.	It is easy to display the current status of a single patient					
52.	It is easy to update a single element of a patient's record					
53.	It is easy to update multiple elements of a patient's record					
54.	It is easy to display patient summary dashboards					
55.	It is easy to add (roster) a new patient					
56.	It is easy to remove (de-roster) a new patient					
57.	It is easy to display a patient's history of a single care element					
58.	It is easy to display a list of patients in a registry					
59.	It is easy to create registry list(s) and action/recall lists for printout					
60.	It is easy to update the care element status list(s)					
61.	It is easy to display practice registry summary dashboards					
62.	It is easy to display registry summary statistics					
63.	It is easy to edit care/tracking plans of patient(s) in a registry					
64.	It is easy to display a list of all patients in MD roster					
65.	It is easy to display a list of available registries with editable MJD activations and default care/tracking plans					
66.	It is easy to display lists of patients who have invalid data, with editable data					
67.	I am satisfied with the way the information is organized					
Sup	port from the Service Provider					
68.	I am always treated courteously and in a professional manner by the service provider					
69.	The technical support provided by the service provider is helpful to resolves my problems					
70.	The service provider resolve my questions within a reasonable time					
71.	Additional training is available when I ask for it					
Sat	isfaction					
72.	It provides the precise information I need to manage patients more effectively					
73.	It is fun to use					
74.	I would recommend it to others					
75.	It works the way I want it to work					
76.	I would like to continue to use it in my daily practice					
77.	It is designed for all level of computer users					
78.	Overall, I am satisfied with it					
Co	Comments					

# **Appendix 2: Patient Dashboard View**





# **Appendix 3: Registry/Registry Status View**



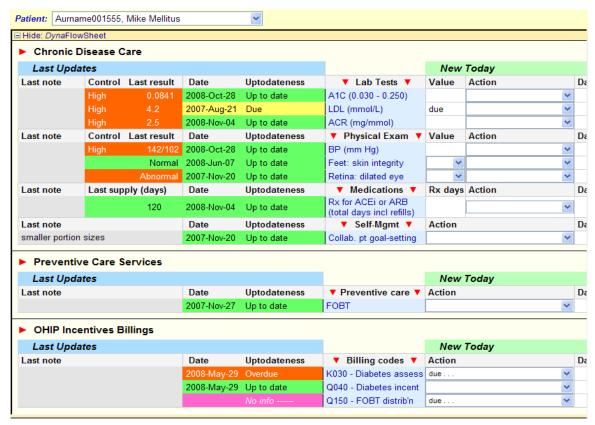


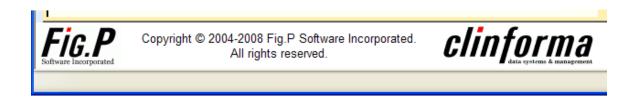
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# Appendix 4: Patient/Care Status (Dynaflow sheet)





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