# Bioactive Lysophospholipids: Role in Regulation of Aqueous Humor Outflow and Intraocular Pressure in the Context of Pathobiology and Therapy of Glaucoma

Ponugoti Vasantha Rao<sup>1,2</sup>

### Abstract

Homeostasis of aqueous humor (AH) outflow and intraocular pressure (IOP) is essential for normal vision. Impaired AH outflow through the trabecular meshwork (TM) and a resultant elevation in IOP are common changes in primary open-angle glaucoma (POAG), which is the most prevalent form of glaucoma. Although elevated IOP has been recognized as a definitive risk factor for POAG and lowering elevated IOP remains a mainstay for glaucoma treatment, little is known about the molecular mechanisms, especially external cues and intracellular pathways, involved in the regulation of AH outflow in both normal and glaucomatous eyes. In addition, despite the recognition that increased resistance to AH outflow via the conventional pathway consisting of TM and Schlemm's canal is the main cause for elevated IOP, there are no clinically approved drugs that target the conventional pathway to lower IOP in glaucoma patients. The aim of this article is to briefly review published work on the importance of bioactive lysophospholipids (eg, lysophosphatidic acid and sphingosine-1-phosphate), their receptors, metabolism, signaling, and role in the regulation of AH outflow via the TM and IOP, and to discuss pharmacological targeting of key proteins in the lysophospholipid signaling pathways to lower IOP in glaucoma patients.

### Introduction

# Aqueous humor outflow and intraocular pressure in normal and glaucomatous eyes

**T**LAUCOMA IS THE second leading cause of blindness J globally, and more than 2.5 million people are affected by glaucoma in the United States alone.<sup>1</sup> Glaucoma, if untreated, can lead to irreversible blindness due to optic nerve degeneration and loss of retinal ganglion cells.<sup>1,2</sup> Although genetic, age, metabolic, environmental, and ethnic factors are recognized to influence the incidence and onset of glaucoma, a broader and clearer understanding of glaucoma pathobiology has remained elusive.<sup>3–5</sup> Primary open-angle glaucoma (POAG), the most prevalent form of glaucoma in the United States, is associated with elevated intraocular pressure (IOP), which is considered a definitive risk factor for POAG.<sup>2,6</sup> Importantly, lowering IOP has been shown to delay vision loss in glaucoma patients, and lowering IOP has remained a primary treatment option for glaucoma.<sup>2,6-9</sup> Although several different drugs are currently available for lowering IOP, the efficacy of available drugs is not adequate to control elevated IOP to the desired levels in different glaucoma patients.<sup>10–12</sup> Therefore, there is an immediate unmet need for novel and targeted therapy to effectively manage elevated IOP and prevent loss of vision in glaucoma patients. To develop novel IOP-lowering treatments, however, it is imperative that we identify the external cues and unravel different intracellular pathways which regulate IOP and understand the molecular basis of increased IOP.

IOP is maintained primarily by a balance between the amounts of aqueous humor (AH) secreted by the ciliary epithelium into the eye anterior chamber (inflow) and its outflow via the pressure-dependent conventional route and non-pressure-dependent uveoscleral route.<sup>2,13</sup> It is commonly believed that elevated IOP derives primarily from the increased resistance to AH outflow through the conventional or trabecular pathway consisting of trabecular meshwork (TM), Schlemm's canal (SC), and the juxtacanalicular connective tissue (JCT).<sup>13–15</sup> The TM is a unique structure consisting of highly porous beams of collagen covered by endothelial-like cells with extracellular material occupying

Departments of <sup>1</sup>Ophthalmology and <sup>2</sup>Pharmacology and Cancer Biology, Duke University School of Medicine, Durham, North Carolina.

the spaces between the beams. The ICT region between the TM and SC comprises cells that are embedded in extracellular matrix (ECM). The SC is a continuous endothelial lined canal that drains AH into the collecting channels and aqueous veins.<sup>13</sup> Structurally, the conventional AH outflow pathway is considered as having developed to support the maintenance of optimal IOP by regulating resistance to AH outflow, which is required for normal eve shape and vision. Although the causes underlying the development of increased resistance to AH outflow are not completely clear, glaucomatous eyes have been found to exhibit fewer cells in the TM, alterations in ECM organization, and turnover in the JCT region, and accumulate sheath-like plaque material in the outflow pathway.<sup>13–18</sup> It is also widely believed that changes such as tissue stiffness due to altered cellular contraction, oxidative damage, and altered metabolic activity of TM tissue are associated with increased resistance to AH outflow and elevated IOP.<sup>13,19-23</sup> Little is known, however, about the cellular and molecular mechanisms that drive the increase in resistance to AH outflow and trigger the associated changes in glaucomatous eyes.

In addition to the changes described earlier, it is becoming increasingly evident that AH derived from the glaucoma patients contains elevated levels of transforming growth factor-beta (TGF- $\beta$ ), endothelin-1, connective tissue growth factor (CTGF), myocilin, and several other cytokines.<sup>23-28</sup> A great deal of effort has gone into exploring how these different bioactive agents influence TM tissue properties and cell biology in the context of AH outflow in both in vitro and in vivo studies.<sup>15,16,24,29-36</sup> These efforts are beginning to unravel the participation of several different intracellular signaling mechanisms, including Rho GTPase, Wnt, ECM/ mechanotransduction, integrins, nitric oxide, PKC, BMPs/ SMADs, MAP kinases, and others, in regulating contractile properties of TM cells, ECM turnover, adhesive interactions, biomechanical properties, permeability, and survival of outflow pathway tissues and cells.14,24,37-40 These different observations offer significant insights into the regulation of AH outflow and suggest several novel avenues to target selected signaling pathways and other molecular targets for increasing AH outflow through the conventional pathway, and for the development of new and mechanism-based IOP lowering drugs.<sup>10,13,40,41</sup> Importantly, since the conventional AH outflow pathway is not only recognized to be the main site for increased resistance to AH drainage but also account for more than 80% of total AH drainage, it is ideal to have drugs targeted to this pathway to lower IOP in glaucoma patients and none are currently available. Although the prostaglandin F2a receptor agonists are widely used to lower elevated IOP and considered the first line of treatment for glaucoma, their efficacy was found to be only moderate with their longterm use.<sup>10,11</sup> Therefore, there is an increasing interest and need in developing the TM-targeted and efficacious IOPlowering drugs. This effort is beginning to show some promising progress, and a number of new and TM-targeted drugs are in human clinical trials, including the Rho kinase inhibitors, nitric oxide modulators, and adenosine agonists.<sup>10</sup>

As a part of recent efforts to explore and unravel additional cellular mechanisms regulating AH outflow via the TM and SC, we and others have identified that certain bioactive lipids, especially lysophospholipids, influence the TM cell contractile and cell adhesive properties, AH outflow, and IOP, highlighting a significant role for these molecules in both normal and aberrant regulation of outflow dynamics.<sup>42–44</sup> In the rest of this review, I will be focusing my discussion primarily on the role and mechanism of action of lysophospholipids [eg, lysophosphatidic acid (LPA) and sphingosine-1-phosphate (S1P)] in AH outflow and IOP, lysophospholipid metabolism, and receptors, and will be addressing the significance of the targeting of certain key molecules in the lysophospholipid signaling pathways to lower IOP and treatment of glaucoma. Importantly, dysregulation of these signaling pathways is implicated in various disease processes and is considered a viable therapeutic target for the treatment of several diseases.<sup>45–47</sup> Therefore, I will start with a brief background on lysophospholipids and their physiological and pathological roles in a broader context.

## Lysophospholipids: role in physiological and pathological contexts

Lysophospholipids are membrane-derived lysolipids with a broad range of biological activities, and they participate in a myriad of physiological and pathological processes, including development, immunity, smooth muscle contraction, neurite extension, cancer, inflammation, fibrosis, obesity, angiogenesis, and atherosclerosis.45,46,48-60 Lvsophospholipids refer to any phospholipids that are missing one of their 2 O-acyl chains. They are divided into 2 major groups: lysoglycerophospholipids and lysosphingolipids with LPA and S1P being prominent representatives of the 2 classes, respectively. LPA and S1P act at the extracellular and intracellular levels, mediating their biological effects via different G-protein-coupled receptors (GPCRs), which are linked to the subunits of  $G\alpha 12/13$ , Gq/11 and Gi heterotrimeric G-proteins.<sup>45,48,51,60</sup> There are several wellcharacterized and cognate subtypes of GPCRs for S1P and LPA, including  $S1P_{1-5}$  and LPA<sub>1-6</sub>, respectively.<sup>45,51,57</sup> These different GPCRs belong to either EDG or P2Y receptor clusters and are expressed widely in different tissues and cell types. In addition to these well-characterized GPCRs, there are some additional putative receptors that have been shown to participate in LPA-mediated responses.<sup>57</sup> These bioactive lysolipids, which act in an autocrine and paracrine fashion, are generated primarily by erythrocytes and platelets with circulating plasma levels in the nanomolar to micromolar range.45,46,51 The GPCRs for both LPA and S1P have high binding affinity for their respective ligands, typically in the low nanomolar range. Agonist stimulation of these receptors activates and regulates several different intracellular signaling pathways.45,54,60 In addition to the different species of LPA and S1P lysolipids, there are other lysolipids, including lysophosphatidylcholine (LPC), lysophosphatidylserine, lysophosphatidylinositol, lysophospholipidthreonine, lysophosphatidylethanolamine, and sphingosyl phosphorylcholine. The relative roles of these latter lysolipids in intracellular signaling are not as well understood as those of LPA and S1P. In addition, unlike S1P, which is a single molecular type, LPA is a diverse group of molecules consisting of either a saturated or unsaturated fatty acid chain esterified at sn-1 or sn-2 positions of the glycerol moiety.<sup>60,61</sup>

LPA, a mono-acylglycerol-3-phosphate, is produced largely from lysophosphatidyl choline by autotaxin (ATX)/ lysophospholipase D (LysoPLD), a secretory ectonucleotide pyrophosphatase/phosphodiesterase (ENPP2) enzyme.<sup>62,63</sup>

While LysoPLD-catalyzed production of LPA is predominantly extracellular, it is also produced intracellularly through different mechanisms.<sup>46</sup> Phospholipase A1/Phospholipase A2 (PLA2) and phospholipase-D (PLD) enzymes produce LPA by PLD-mediated conversion of phosphatidylcholine to phosphatidic acid and subsequent conversion of phosphatidic acid to LPA by PLA1/2.46,56,62 In addition, Acyl glycerol kinase also produces LPA from monoacyl glycerol.<sup>64</sup> LPA can be metabolized rapidly by lipid phosphate phosphatases (LPP) through dephosphorylation. There are 3 integral membrane LPPs that act as ecto-enzymes to dephosphorylate extracellular LPA.65,66 In plasma and serum, LPA exists predominantly in a bound form with albumin and gelsolin.<sup>60</sup> Bioactive LPA regulates a wide variety of cellular processes, including cell proliferation, differentiation, migration, transcription, and survival, by activating different signaling pathways that are mediated by Ras, Rho, and Rac, adenylyl cyclase, PLC, PLD, AKT, and PI3 kinases. 48,52,56-58,60 By activating these different intracellular molecules via their cognate GPCRs, lysophospholipids regulate multiple and redundant cellular processes.<sup>60</sup> LPA has been also shown to mediate its intracellular effects by regulating calcium influx and peroxisome proliferator-activated receptor-gamma nuclear receptor activity.<sup>67–69</sup> Dysregulated signaling mediated by LPA, LPA receptors, and ATX has been shown to be involved in the pathobiology of various diseases, including cancer, neurological diseases, fibrosis, inflammation, and atherosclerosis.<sup>52,67,70</sup> The definitive roles for LPA, LPA receptors, and ATX have been confirmed by the phenotypes associated with mutations in the respective genes in humans, gene knockout models, and by the use of specific pharmacological inhibitors.<sup>46,52,71,72</sup> Moreover, various antagonists and agonists of LPA receptors and ATX inhibitors are being developed to explore their therapeutic potential in targeted treatments for different diseases.<sup>52,73,74</sup>

Similar to LPA, S1P is also a pleiotropic bioactive lipid mediator that acts extracellularly via specific GPCRs on the cell surface and intracellularly via distinct target sites.45,51 S1P is produced from sphingosine by sphingosine kinase (SK). Sphingosine, in turn, is generated from ceramide degradation by ceramidase. SKs (SK1 and SK2), which phosphorylate sphingosine, are activated by various external factors, including growth factors, cytokines, and agonists.45,51 S1P can be reversibly dephosphorylated by the action of 2 specific sphingosine-1 phosphate phosphatases<sup>50,66</sup> and LPP.<sup>65,66</sup> In addition, S1P can be hydrolyzed irreversibly by S1P lyase. S1P generated intracellularly can be secreted into the extracellular spaces by the Spinster 2 transporter and ATP-binding cassette transporters. 45,51,54,75 S1P acts extracellularly through 5 specific cell surface GPCRs-S1P<sub>1-5</sub>.<sup>45,50,54</sup> Engagement of these receptors is linked to the activation of various intracellular signaling pathways that are mediated by Rho, Rac, Ras, ERK, Wnt, PLC, adenylyl cyclase, AKT, and PI3 kinase.45,50,51,54 In addition, various growth factors activate SKs, and there appears to be some cross-talk and feed-forward relationship between S1P and TGF-ß signaling.<sup>67</sup> S1P in plasma is bound to highdensity lipoprotein (HDL) and low-density lipoprotein (LDL) proteins, and some of the recognized effects of HDL and LDL are actually attributed to the bound S1P.45,54 Many lines of evidence also point to an intracellular or second messenger role for S1P, involving direct interaction with and activation of intracellular targets, including histone deacetylase, tumor necrosis factor receptor-associated factor 2, PKCδ, and amyloid precursor protein cleaving enzyme-1.45,51,54 S1P plays a vital role in various cellular processes, including proliferation, differentiation, migration and survival, cell adhesive interactions, and permeability.45,50,51,54 Dysregulation of S1P synthesis and its signaling mechanisms has been shown to be associated with various diseases, including cancer, inflammation, angiogenesis, immune cell trafficking, cardiac, and pulmonary complications.45,50,54 Interestingly, a sphingolipid receptor modulator (FTY720; Fingolimod/Gilenva) was recently approved for human use as a treatment for relapsed Multiple Sclerosis, representing an exciting advancement that has catalyzed the development and screening for inhibitors and activators of LPA and S1P receptors, and analogs and inhibitors of LPA and S1P for therapeutic use.<sup>47,54,76–78</sup> Similar to LPA, the definitive roles of S1P in various physiological and disease processes were derived from gene-targeted mouse models and mutations in humans.45,54 Taken together, lysophospholipids are potent bioactive mediators, and this is an exciting research area for both basic and translational work. Importantly, this area is primed for drug development and for exploring the role(s) of lysophospholipids in the etiology of different diseases.<sup>45,51,79</sup>

In the context of AH outflow and IOP, both LPA and S1P have been demonstrated to activate Rho and Rac GTPase signaling and to regulate actin cytoskeletal organization, cell adhesive interactions, cell–cell junctions, permeability, and contraction in the cells of AH outflow pathway, including the TM and SC.<sup>42,44,80</sup> In addition, enzymes generating these lysolipids were found to influence AH outflow and IOP.<sup>43,81</sup> There is also some evidence of dysregulation of LPA production in the AH and optic nerve head of glaucoma patients.<sup>43,82,83</sup> In addition, these bioactive lipids have been shown to play a critical role in the expression of ECM and  $\alpha$ -smooth muscle actin.<sup>84</sup> Therefore, the rest of this discussion will focus on the biological effects of LPA, S1P, ATX, and PLA2, and other lipids in the regulation of AH outflow and IOP in both normal and glaucoma subjects.

# Lysophospholipids in regulation of AH outflow and IOP

AH outflow through the TM or conventional route is a predominant drainage pathway, and it is becoming increasingly evident that AH drainage is regulated by various external factors, including growth factors, steroids, and force/pressure.<sup>40</sup> Therefore, there is a great deal of interest in identifying and characterizing various external cues involved in modulating AH outflow through the TM. For TM and SC cells, changes in cell contractile properties, mechanotransduction, cell shape, phagocytosis, stiffness, and cell adhesive interactions are some of the characteristics recognized to participate and influence AH outflow.13,40,41 Based on these cellular characteristics, a considerable amount of effort has been invested into identifying the bioactive agents that regulate TM and SC cell contractile properties, actomyosin organization, and cell-ECM and cell-cell interactions in the context of homeostasis of AH outflow and IOP.  $^{40,41}$  In addition to growth factors, steroids, and ECM molecules, various fatty acids, including eicosanoids, prostaglandins, and other lipids such as lysophospholipids, are recognized to influence cell contractile and cell adhesive properties of TM and SC cells.<sup>42,44</sup> From this point onward, the discussion will be focused on the known effects of lysophospholipids in TM and SC cells and in AH outflow and IOP.

Lysophosphatidic acid. The presence of LPA in various biological fluids, including AH, has been well documented,<sup>85–87</sup> and confirmed by both enzyme-based and high pressure liquid chromatography in conjunction with mass spectrometry.<sup>85</sup> In addition to LPA, the presence of its major precursor, LPC has been confirmed in the AH of rabbits.<sup>85</sup> Although LPA is expected to be present in human AH, there is little to no information currently on the levels of LPA in human AH.87 There is, however, overwhelming evidence that LPA influences cell adhesive, actin cytoskeletal organization, and contractile properties of TM cells derived from different species, including human and porcine.42,80,84,88 Moreover, both TM cells and TM tissue derived from human eyes have been shown to express various LPA-specific GPCR receptors that are specific to LPA.42 In serum-starved TM and SC cells, LPA has been shown to induce a robust increase in actin stress fibers, focal adhesions (vinculin and paxillin based), and contraction in association with increased myosin light chain (MLC) phosphorylation.<sup>42</sup> These effects were found to be mediated predominantly by LPA-induced activation of Rho GTPase signaling.42,84 LPA was one of the earliest biological agents recognized to be a potent activator of Rho GTPase signaling in various endothelial and epithelial cell types.<sup>89</sup> In TM cells, LPA also has been shown to increase the expression of various ECM proteins and CTGF.<sup>84,90</sup> In addition, LPA has been reported to increase SC cell stiffness and intracellular calcium levels.<sup>19,42</sup> Interestingly, myocilininduced anti or de-adhesive interactions in TM cells have been found to be suppressed in the presence of LPA.<sup>91,92</sup> LPA has been demonstrated to increase SC cell permeability barrier activity by following the diffusion of horse radish peroxidase using the transwell cell culture system.<sup>80</sup> In human TM cells, expression of one of the GPCR receptors of LPA, LPAR1 has been shown to be regulated by miR-NA200c.88 Most significantly, LPA perfusion has been demonstrated to increase resistance to AH outflow in enucleated porcine eyes, confirming a direct influence of LPA on AH outflow, which is expected to influence IOP.<sup>42</sup> Based on these consistent observations, it is deemed important to evaluate the in vivo effects of LPA and its receptor activation on IOP in live animals. Most importantly, it is necessary to determine whether deregulation of LPA production or expression of its cell surface receptors is associated with elevated IOP in glaucoma patients. In addition, to gain further insights into the role of LPA in AH outflow, we need to evaluate the effects of antagonists of LPA or direct targeting of LPA receptors on AH outflow and IOP. Several antagonists of LPA and specific inhibitors and antibodies of LPA receptors are being explored for therapeutic importance in the treatment of different medical conditions, including cancer and fibrosis.93 Extracellular LPA is produced predominantly by ATX, a secretory LysoPLD that is ubiquitously expressed.52

Autotaxin/lysophospholipase D. ATX was originally discovered as an autocrine motility factor comprising ~900 amino acids released by human melanoma cells.<sup>94</sup> This functional property was the basis for its name ATX. It is also known as ENPP2. To date, at least 3 splice variants/isoforms ( $\alpha$ ,  $\beta$ , and  $\gamma$ ) of ATX have been identified in both human and mouse.<sup>95</sup> ATX is expressed in a number of different tissues, and high levels of ATX protein have been observed in various biological fluids.<sup>52</sup> ATX is a secreted glycoprotein with Lyso-PLD activity that hydrolyzes LPC to produce equimolar amounts of LPA and choline.62,63,96 ATX has also been reported to generate S1P but is not the main source for S1P.96 Aberrant expression and activity of ATX has been shown to be associated with various pathological conditions, including cancer, neuropathic pain, and fibrosis.<sup>52,97</sup> It is a multidomain protein consisting of 2N-terminal somatomedin B-like domains, a central catalytic phosphodiesterase domain, and a Cterminal nuclease-like domain.<sup>79,97,98</sup> ATX binds to  $\beta$ 1 and  $\beta$ 3 integrins, and this binding facilitates the generation of LPA on demand in the proximity of signaling receptors on the cell surface.99-102 A functionally active, non-catalytic domain of ATX mediates the matricellular and anti-adhesive role of this glycoprotein, which possesses heparin-binding properties.<sup>103</sup> The crystal structure of ATX has been elucidated, and its catalytic activity domain is well characterized.<sup>79,98,100,104</sup> Based on the elevated levels of ATX in various pathological conditions, this protein has been considered a promising therapeutic target for inflammation, fibrosis, and cancer. 52,73,97 Importantly, both pharmacological inhibition and gene targeting of ATX have been found to reduce the levels of LPA in plasma and different tissues.<sup>62,105,106</sup> Therefore, the development of ATX inhibitors has engendered a great deal of interest from pharmaceutical companies.74,98

Human TM cells express all 3 isoforms of ATX.43 In human AH, ATX was identified as one of the abundant proteins based on quantitative proteomics.43 ATX is also present in AH of different species, including rabbits, rodents, and porcine.43 Importantly, LysoPLD activity of ATX was found to be significantly elevated in the AH of POAG patients.<sup>43</sup> This recent observation motivated us to explore the influence of ATX inhibition on IOP and the inhibition of ATX activity using a small molecular inhibitor (S32826), which significantly reduces IOP in a live animal model when presented via either the topical or the intracameral route of delivery.<sup>43</sup> Moreover, the suppression of ATX expression in human TM cells by siRNA revealed decreases in actin stress fibers and MLC phosphorylation.<sup>43</sup> Collectively, these promising preliminary observations warrant additional and detailed studies on the levels of LPA and LPC, ATX, and its LysoPLD activity in the AH of glaucoma patients in comparison with age-matched controls to explore the possible involvement of dysregulated ATX activity in the pathobiology of increased IOP and glaucoma. Further support for the involvement of ATX in the pathobiology of glaucoma was derived via the noted 10-fold increase in ATX expression in astrocytes derived from the optic nerve head of POAG patients as compared with normal subjects.82 Development and characterization of ATX-specific inhibitors is being actively explored for the treatment of different diseases.<sup>74</sup> Therefore, there is an opportunity to test the translational benefit of several of these small molecular inhibitors in lowering IOP and treatment of glaucoma. For proof of concept, in addition to testing the effects of ATX inhibitors on IOP, it is necessary to target the expression of ATX in the AH outflow pathway or TM tissue using ATX siRNA and determining their specific effects on AH outflow.

*Phospholipase A2.* Phospholipids, which are essential components of cellular membranes, are the major source for

free fatty acids such as arachidonic acid and lysophospholipids. Both these products, in turn, influence various cellular processes by acting as second messengers and engaging GPCRs.<sup>51,59,60</sup> Phospholipids are characterized by a glycerol backbone to which a polar phosphodiester group is linked at the sn-3 carbon, and 2 fatty acid-derived acyl residues are linked at the *sn*-1 and *sn*-2 carbons.<sup>61</sup> Lysophospholipids are glycerophospholipids in which one acyl chain is lacking 107,108 The superfamily of PLA2 enzymes is responsible for the hydrolysis of the sn-2 position fatty acid of membrane phosphatidylcholine, resulting in the generation of free fatty acid such as arachidonic acid and LPC.61,108,109 Arachidonic acid generated by PLA2s can be further metabolized by cyclooxygenases, lypooxygenases, and cytochrome 450 enzymes and generate various eicosanoids, which can, in turn, influence various biological processes.<sup>108</sup> Similarly, LPC can be converted to LPA by ATX/LysoPLD. Therefore, the PLA2s are expected to play a vital role in regulating various cellular processes and pathological conditions.<sup>109</sup> PLA2s are also known to influence membrane homeostasis. Similar to LPA and S1P, inhibitors of PLA2, knockout mouse models, and human gene mutations have demonstrated a definitive role for the lysophospholipids in various physiological and pathological processes. 61,108,109

More than 30 different PLA2s have been found to be expressed in mammalian tissues and classified into different subtypes based on their size, distribution, substrate specificity, and calcium requirement, including secretory PLA2, cytosolic PLA2s, and calcium-independent PLA2s.<sup>109</sup> The tissues of AH outflow pathway of humans, including the TM, have been shown to express all 3 subtypes of PLA2s based on immunohistochemistry and immunoblot analysis.83 In addition, glaucomatous TM tissue derived from POAG patients has been reported to contain elevated levels of PLA2s, indicating the potential role of PLA2s in TM biology and AH outflow in both normal and glaucomatous eyes.<sup>5</sup> Lysosomal PLA2 has been also reported to be present in AH of humans.<sup>110</sup> Currently, however, only little is known about the role played by PLA2s in AH outflow and IOP despite the known critical and predominant role of this class of enzymes in producing the eicosanoids and lysophospholipids that are confirmed to modulate AH outflow and IOP.<sup>111</sup>

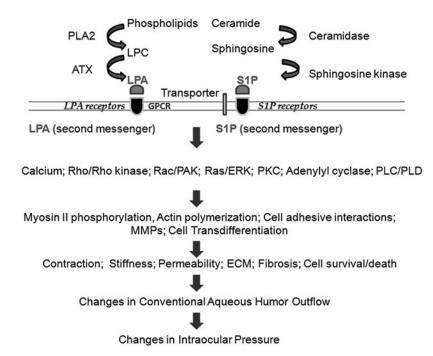
Very recently, we not only confirmed the distribution pattern of 2 isoforms of calcium-independent phospholipaseA2 (iPLA2 $\beta$  and iPLA2 $\gamma$ ) in human TM and cultured TM cells, but also established their role in regulation of AH outflow facility.<sup>81</sup> Using isoform-specific small molecular inhibitors of iPLA2 (S-Bromoenol lactone) and (R-Bromoenol lactone), it has been demonstrated that iPLA2y plays a significant role in the regulation of TM cell contractile properties, cell shape, and cell adhesive interactions by controlling MLC phosphorylation.<sup>81</sup> These changes appear to be mediated by the signaling activities of Rho GTPase, PKC, and arachidonic acid in TM cells.<sup>81</sup> Importantly, the inhibition of iPLA2γ but not iPLA2β appears to suppress Rho GTPase activation and decrease the levels of total arachidonic acid in TM cells.<sup>81</sup> Significantly, the inhibition of iPLA2 $\gamma$  in perfused enucleated porcine eyes led to an increased AH outflow facility in association with increased TM relaxation.<sup>81</sup> These observations confirm the importance of iPLA2 $\gamma$  in homeostasis of AH outflow. Therefore, further mechanistic studies exploring whether iPLA2y-mediated effects on AH outflow and contractile properties are predominantly controlled by changes in arachidonic acid or levels of LPA or both would be insightful for understanding the importance of iPLA2 in homeostasis of IOP. In addition, whether changes in iPLA2 expression in the outflow pathway are associated with elevated IOP are necessary to glean information regarding a potential role for iPLA2 in the pathobiology of elevated IOP and glaucoma. Of course, further studies targeting these and other subtypes of PLA2s and exploring their therapeutic potential in lowering IOP might also offer novel insights into new treatment options for elevated IOP in glaucoma patients.

Sphingosine-1-phosphate. S1P is a potent bioactive lipid that is known to regulate various cellular processes, including proliferation, differentiation, survival, and migration. It has been shown to play a vital role in vascular development, permeability, angiogenesis, and immune cell trafficking and is involved in cancer, autoimmune and vascular problems.<sup>45,50,51</sup> Significantly, dysregulation of S1P levels is associated with various diseases.<sup>45,51</sup> Both TM and SC cells have been shown to express different S1P-specific receptors.42,112 TM and SC cells treated with S1P have been demonstrated to undergo changes in actin cytoskeletal organization, stimulation of Rho and Rac GTPase activation, increase permeability barrier, cell adhesive interactions (both focal adhesions and adherens junctions), and MLC phosphorylation.<sup>42,113</sup> Importantly, S1P has been shown to influence AH outflow facility, and perfusion with S1P has been shown to decrease outflow facility in different species.<sup>42,112,114</sup> Interestingly, an antagonist of S1P2 receptor but not S1P1 or S1P3 receptors was reported to suppress S1Pinduced decrease in AH outflow facility in human eyes.<sup>44</sup> These different observations offer definitive evidence for the importance of S1P in the regulation of AH outflow and IOP. However, little is known about S1P levels, expression profiles of S1P kinases, S1P phosphatases, and receptors in the glaucomatous human eye. Most significantly, pharmacological manipulation of S1P signaling has been shown to have therapeutic importance in the treatment of multiple sclerosis, offering possibilities for their utility in the treatment of other diseases, including glaucoma.47,51

Lipidomics. Based on existing data on lysophospholipids and their role in AH outflow facility and IOP, it is reasonable to speculate that alterations in lysophospholipid biology in both AH and the tissues of outflow pathway might be linked to altered IOP in glaucoma.43 At present, we have very limited information about the different species of phospholipids and lysophospholipids present in AH and TM tissue and their alteration in glaucoma. Only, very recently, lipidomic analyses have been undertaken to examine the distribution profile of different phospholipids, ceramides, and glycosphingolipids in AH and TM tissue from both normal and glaucomatous eyes by mass spectrometric methods.<sup>115–117</sup> Importantly, these emerging analyses have started to unravel the presence of several distinct and common phospholipids, ceramides, and glycosphingolipids in normal and glaucoma specimens.<sup>115–117</sup> In addition, the levels of both phospholipids and glycosphingolipids were reported to be decreased in the glaucomatous AH and TM, indicating their potential role in the pathophysiology of glaucoma and elevated IOP.<sup>115,116</sup> Therefore, an additional and comprehensive lipidomics analysis of various bioactive lipids in glaucoma and normal human subjects of both AH and TM tissue might provide significant insights into their role in elevated IOP and glaucoma pathobiology.

#### **Concluding Remarks**

Different species of LPA and S1P and other lysophospholipids such as LPC are considered important bioactive factors that are involved in the regulation of various cellular activities. In addition, there is overwhelming evidence in support of their role in several physiological and pathological processes, and the value of key proteins involved in lysophospholipid metabolism and signal transduction as drug targets is being actively explored for the treatment of different diseases. We have strong experimental evidence in support of the involvement of both LPA and S1P, their receptors, and metabolic enzymes in regulating AH outflow via the conventional pathway and in modulation of IOP (Fig. 1). However, we have very limited information on the regulation status of lysophospholipid production and metabolism in TM and SC cells and in the AH outflow pathway in the context of homeostasis of AH outflow resistance and IOP. Therefore, further studies that explore and understand the potential role of LPA and S1P, their receptors, their production and metabolism, and their regulation in glaucomatous specimens in comparison to age-matched human subjects are expected to unravel novel insights into their involvement in both homeostasis of IOP and pathobiology of glaucoma. This knowledge is also expected to offer novel insights into drug targeting of the LPA and S1P biology to lower IOP and treatment of glaucoma. Specific antagonists and analogs of LPA and S1P, receptor antagonists, and inhibitors of enzymes (ATX, SK and PLA2s) that produce these lipid growth factors are being developed and screened currently by various pharmaceutical companies to explore their therapeutic significance for the treatment of different diseases, including cancer, inflammation, autoimmune diseases, and fibrosis. Encouragingly, this is an area of promise as evidenced by the recent approval of drugs (Fingolimod, an analog of S1P) targeting the S1P receptor for the clinical treatment of Multiple Sclerosis. A number of new drug compounds, targeting the LPA receptors and ATX, are also in clinical trials for the treatment of cancer and fibrosis. Therefore, additional studies focused on testing the drug targets and inhibitors of LPA, S1P, ATX, and PLA2, along with lipidomics of TM tissue and AH derived from both normal and glaucomatous eyes, are expected to uncover new targets and drugs for the treatment of glaucoma and elevated IOP, and to identify changes in lipid metabolites and understand their role in increased IOP and glaucoma pathobiology. Overall, this emerging area of bioactive lipid growth factors appears to be worthy of further exploratory efforts



**FIG. 1.** Schematic illustration of generation of lysophosphatidic acid (LPA) and sphingosine-1-phosphate (S1P) and the role of their signaling pathways in the regulation of aqueous humor (AH) outflow and intraocular pressure (IOP). LPA is generated largely extracellularly by autotaxin (ATX) by converting lysophosphatidylcholine (LPC) to LPA generated by different phospholipase A2s (PLA2s). In contrast to LPA, S1P is generated predominantly inside the cell by the conversion of sphingosine to S1P by sphingosine kinase. Sphingosine is generated from ceramide by ceramidase. S1P can be transported to extracellular spaces through the ABC transporters and spinster 2. Both LPA and S1P act extracellularly through specific cell surface G-protein coupled receptors (GPCRs) and activate a wide variety of intracellular signaling pathways, including Rho/Rho kinase, Rac/p21-activated kinase (PAK), Ras/extracellular-receptor kinase (ERK), protein kinase (PKC), phospholipase C (PLC), and phospholipase D (PLD). LPA can be also produced intracellularly, and inside the cell, both LPA and S1P are known to serve as second messengers acting through different targets. The GPCR-stimulated signaling events, in turn, influence different cellular processes in trabecular meshwork and Schlemm's canal cells, in turn, appear to modulate AH outflow and subsequently, IOP.

toward understanding the role of lysosphingolipids in the homeostasis of IOP, AH outflow resistance, and elevated IOP in glaucoma and serves as fertile ground for the discovery of novel drug targets to lower IOP in glaucoma patients.

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#### **Author Disclosure Statement**

No competing financial interests exist.

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Address correspondence to: Dr. Ponugoti Vasantha Rao Department of Ophthalmology Duke University School of Medicine 2351 Erwin Road Durham, NC 27710

E-mail: p.rao@dm.duke.edu