

NIH Public Access

Author Manuscript

Cryobiology. Author manuscript; available in PMC 2015 April 01.

Published in final edited form as: *Cryobiology*. 2014 April ; 68(2): 166–175. doi:10.1016/j.cryobiol.2013.12.007.

Rationally optimized cryopreservation of multiple mouse embryonic stem cell lines: I—Comparative Fundamental Cryobiology of Multiple Mouse Embryonic Stem Cell Lines and the Implications for Embryonic Stem Cell Cryopreservation Protocols

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Abstract

The post-thaw recovery of mouse embryonic stem cells (mESCs) is often assumed to be adequate with current methods. However as this publication will show, this recovery of viable cells actually varies significantly by genetic background. Therefore there is a need to improve the efficiency and reduce the variability of current mESC cryopreservation methods. To address this need, we employed the principles of fundamental cryobiology to improve the cryopreservation protocol of four mESC lines from different genetic backgrounds (BALB/c, CBA, FVB, and 129R1 mESCs) through a comparative study characterizing the membrane permeability characteristics and membrane integrity osmotic tolerance limits of each cell line. In the companion paper, these values were used to predict optimal cryoprotectants, cooling rates, warming rates, and plunge temperatures, and then these predicted optimal protocols were validated against standard freezing protocols.

Keywords

ES cells; embryonic stem cells; embryonic stem; cryopreservation; fundamental cryobiology; membrane permeability; mouse; osmotic tolerance limits; osmotically inactive cell volume

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Introduction

Coordinated projects, such as the Knockout Mouse Project (KOMP) [5], Canada's North American Conditional Mouse Mutagenesis Program (NorCOMM, http://norcomm.org), and the European Conditional Mouse Mutagenesis Program (EUCOMM, http:// www.eucomm.org) [6], will create thousands of mutant mouse embryonic stem cell (mESC) lines as a step towards producing thousands of genetically modified mice for biomedical research. They will also create the logistical problem of animal storage and maintenance. Storage and maintenance of live animal lines when not actively under research are highly impractical [18], but cryo-banking of mouse lines as embryonic stem cells (ESC) is costeffective, and the restoration of mESCs into live, reproductively viable mice is routine [49,53]. The efficiency of this process is greatly enabled when cryopreservation and thawing methods produce healthy, rapidly dividing, germ-line competent cells.

Percent post-thaw recovery (PTR) following cell cryopreservation has been demonstrated to vary widely across and within species, and ESCs are no exception. Human and non-human primate ESCs are notoriously difficult to cryopreserve and there have been numerous studies designed to improve PTR using variations of non-equilibrium and equilibrium-cooling methods [8,29,31,32,34,39,40,50,51,56,61]. Mouse ESC cryopreservation, on the other hand, has generally been regarded as successful [30] and relatively few reports have been published that center around post-thaw recovery following cryopreservation [16,45,54,55]. However, it is difficult to compare estimates of mESC recovery between reports such as those of Ure et al. [55] and Udy et al. [54], which count recovery of colonies as opposed to individual cells, and reports such as that by Miszta-Lane et al. [45] and Kashuba Benson et al. [35], where the percent of single cells are reported. Additionally, the report by Miszta-Lane et al. [45] centers on the 129R1 mESC line, which is one cell line that cryopreserves satisfactorily. Anecdotal reports (personal communication, D. Nielsen, Stem Cell Technologies technical support, 2004; personal communication, Xin Yu, University of California-Davis, 2004) and a recent publication from Kashuba Benson et al. [35] concerning the C57BL/6 cell line show PTR of mESCs to be highly variable across cell lines.

A fundamental approach to improving cryopreservation methods is based on Mazur's Two Factor Hypothesis [42], in which the ideal freezing protocol is one that optimally balances two key damaging forces of intracellular ice formation and solute effects. Systematic analysis of key cryobiological parameters of a cell enables the description of the total cell response to water and solute (in particular, cryoprotective agents (CPAs)) movement across the cell membrane and the temperature dependence of this process. These parameters include osmotic tolerance limits (OTL), osmotically inactive cell volume (V_b), hydraulic conductivity (L_p), the CPA permeability of the cell membrane (P_s), and the activation energy (E_a) for L_p and P_s . Quantification of these parameters enables the computer modeling and subsequent testing in our companion manuscript where we estimate optimal cooling and warming rates as well as optimal plunge temperatures with the goal of maintaining intracellular supercooling below two Kelvin to minimize potential damaging intracellular ice formation [42], while cooling and warming quickly to minimize damaging solute effects.

We previously designed a method to improve post-thaw recovery for a C57BL/6 mESC line by which ESC lines could be systematically analyzed in order to derive optimal cooling and warming rates as well as plunge temperatures [35]. In the present study, we analyzed and compared four mESC lines of different genetic backgrounds (BALB/c, CBA, FVB, and 129R1) in order to determine fundamental cryobiological factors that are responsible for the observed wide variation in PTR. With these data, we can determine protocols individualized to each cell line that optimize PTR or gain clues as to whether a "one-size fits all" protocol could be designed to optimize PTR in all mESC lines or in groups of mESC lines with common characteristics. Therefore the purpose of the present study is two-fold: to standardize post-thaw recovery data across multiple cell lines, and to investigate the hypothesis that the variation of cryopreservation success among mESC lines can be explained in part by biophysical variation.

Materials & Methods

Embryonic stem cells

The following mESC lines were acquired at early passage: BALB/c (Thromb-X Group, Chemicon International, Temecula, CA, now part of Millipore, Billerica, MA), CBA (Thromb-X Group), FVB/N (Thromb-X Group), and 129R1 (A. Nagy, Mount Sinai Hospital, Toronto, Canada). Mouse ESC cultures were negative for all pathogens (IMPACT I test, Research Animal Diagnostic Laboratory, Columbia, Missouri; www.radil.missouri.edu/info/index.asp).

Cell culture

Embryonic stem cells were cultured on primary mouse embryonic fibroblast cells (PMEF) (Millipore, Billerica, MA) at 37 °C and 5% CO₂. Culture media for the 129R1 mESC line and BALB/c mESC line (R1/C culture medium) contained 15% Defined FBS (Hyclone, Logan, UT), 0.1mM non-essential amino acids (GIBCO/ Invitrogen, Carlsbad, CA), 1.0 mM sodium pyruvate (GIBCO), 100 μ M beta-mercaptoethanol (Sigma Aldrich, St. Louis, MO), 50 IU/mL penicillin (GIBCO), 50 μ g/mL streptomycin (GIBCO), and 1000 U ESGRO/mL (Millipore) in high glucose DMEM (Millipore). CBA and FVB mESCs were cultured in RESGRO culture medium (Millipore). Embryonic stem cells were passaged and/or collected every 2 days or at approximately 80% confluence.

Embryonic stem cells were used within 10 passages from the original, and were of normal karyotype at highest passage. Cell counts were performed using a hemacytometer and Trypan blue stain (Sigma Aldrich) for membrane integrity for all standard cultures.

Separation of mESCs from feeders by differential sedimentation

For all experiments, mESCs were separated from the feeder cells using a differential sedimentation technique previously described by Doetschman [19]. The separation of PMEF from mESCs is routine, and there are many variations of the basic method exploiting the difference in the rate at which fibroblast feeder cells and mESCs settle and adhere to culture dishes [28,46,52]. Briefly, trypsinized ESC cultures containing PMEF were centrifuged, resuspended in 10 mL of culture medium, and plated on the original 100 mm cell culture

dish for 30 min at 37 °C. Following incubation, the cell suspension was transferred to a second culture dish for one-hour incubation at 37 °C in order to remove remaining fibroblast feeders. Following the second incubation, the cell suspension was removed, and these collected ESCs were counted, centrifuged, and resuspended in either DPBS or culture medium for experimentation. Our application of the Doetschman sedimentation method resulted in greater than 99% removal of contaminating feeder cells from the ES cell suspension (data not shown).

Prior to cryopreservation, post-thaw analysis, or any experiments requiring single cell suspension, visual confirmation of single cell suspensions was performed using a compound microscope.

Standard cryopreservation method

For the standard equilibrium cooling method, cells were resuspended in freezing medium (1.3 M (10%) Me₂SO (Sigma Aldrich), 50% defined fetal bovine serum (Hyclone), and 40% culture medium) in 1mL aliquots in cryovials (Nalgene Nunc International, Rochester, NY). Cryovials were transferred to a commercially available freezing kit (Nalgene), refrigerated at -80 °C overnight (a process which cools at a rate of approximately 1 °C/minute), and subsequently transferred to liquid nitrogen (LN₂).

Percent post-thaw recovery by cell line

For all cell lines, mESCs in culture were trypsinized into single cell suspensions, feeder cells were removed, and mESCs were resuspended at 1×10^6 cells/mL in standard freezing medium containing prepared R1/C culture medium. Membrane integrity prior to cryopreservation was assessed by flow cytometry analysis (FACScan, BD Biosciences, San Jose, CA) of propidium iodide staining of suspended cells in 1X PBS. Immediately post-thaw, ESCs were diluted drop-wise over a one minute time period by 5 volumes of culture media, centrifuged, resuspended in 1X PBS, stained with propidium iodide, and analyzed by flow cytometry for membrane integrity. Percent post-thaw recovery was expressed with consideration for both total cell count and percent membrane intact cells before and after cryopreservation:

 $PTR = \frac{total \ post \ thaw \ membrane \ intact \ cells}{total \ pre \ freeze \ membrane \ intact \ cells} (100).$

Electronic particle counter

Using the method previously described by Kashuba Benson *et al.* [35], a modified [14] electronic particle counter (EPC) (Coulter Counter model ZM, Beckman Coulter, Inc., Fullerton, CA) was used for all cellular volumetric measurements with volume calibration using standard nominal 10 µm polystyrene latex particles (Beckman Coulter, Inc., Fullerton, CA) at 0, 6, 12, and 22 °C. Raw volumetric data were exported into Mathematica (Wolfram Research Inc., Champaign, Illinois) computing package for processing and analysis.

Determination of osmotic tolerance limits

Osmotic tolerance limits were defined by the maintenance of plasma membrane integrity, as indicated by propidium iodide exclusion in 80% of the ESC population following exposure to anisosmotic conditions using sodium chloride as the impermeable solute, in the manner previously described by Kashuba Benson et al. [35]. Briefly, solutions of varying osmolality were prepared using Dulbecco's Phosphate Buffered Saline (DPBS) that was adjusted to the appropriate osmolality by the addition of either double distilled water or sodium chloride (Sigma Aldrich). The solutions were adjusted to pH 7.1 using sodium hydroxide or hydrochloric acid as necessary. The osmolality of each solution was verified using a vapor pressure osmometer (Wescor, Logan, UT). On three separate days for each ESC line, ESCs were trypsinized and separated from fibroblast feeders. Equal numbers of cells were then exposed to solutions of 37, 75, 150, 600, 1200, 2400 and 4800 mOsm (n=3 for each solution) for 10 minutes at room temperature. Cells were abruptly returned to isosmotic by the abrupt addition of appropriate volumes of hyperosmotic solution in the case of hypoosmotic conditions, and hypoosmotic solution in the case of hyperosmotic conditions. Cells were then centrifuged for five minutes at 200g and resuspended in isosmotic solution. Cells exposed to anisosmotic conditions were compared to controls in which the same quantities of cells were exposed to isosmotic conditions (285 mOsm) following the same protocol. Plasma membrane integrity was assessed by flow cytometry analysis (FACScan, Becton Dickinson, San Jose, CA) of propidium iodide exclusion.

Measurement of cell osmotic response

Embryonic stem cell volumetric response to variable osmolality was measured at 22 °C using an EPC, as previously described [11,20,21,35,44,48]. Mean cell volume response was measured in real time following abrupt exposure to 206, 285, 600, 900, 1350, and 2880 mOsm solutions prepared from 10X PBS (Sigma) and Milli-Q water and adjusted to pH 7.1 with hydrochloric acid. The osmolality of the solutions was verified using a vapor pressure osmometer (Wescor). Data were averaged over 100 ms intervals prior to analysis. Three replicates were performed for each experimental condition. For representative plot of the output, please refer to Figure 1 in this manuscript, and Figure 2.1A from [35]. Electronic particle counter data can be subject to noise due to cellular debris and ambient electrostatic variation. Custom software was utilized that used an approach similar to that of Armitage and Juss [3] but with maximum likelihood estimates of locations of population means [13] to avoid influence of non-uniformly distributed noise (see Figure 1 for characteristic processing output).

Equilibrated cell volumes were normalized to their respective isotonic values, and plotted against the reciprocal of normalized osmolality in accordance with the Boyle Van't Hoff relationship [36,47]. Linear regression was performed using Mathematica to fit the Boyle Van't Hoff equation to the data. This equation is defined by

$$V = \frac{\pi^{iso}}{\pi} W^{iso} + V_{\rm b},$$

where V is total cell volume at osmolality π , W^{iso} is isotonic cell water volume, π^{iso} is isotonic osmolality, and V_{b} is the osmotically inactive cell volume. V_{b} was determined by performing a linear regression of volume as a function of the reciprocal of osmolality and extrapolating to infinite osmolality (i.e. $1/\pi=0$)—note the regression line was not forced through isosmotic volume [12].

Determination of permeability parameters

As previously described by Kashuba Benson *et al.* [35], cell volume changes over time were measured by an EPC following abrupt addition of cells to 1.0 M CPA in 1X PBS. Volumetric changes were measured in the presence of 1.0 M Me₂SO, 1.0 M EG, and 1.0 M PG at 0, 6, 12, 22, and 34 °C. For a representative plot of the experimental output, please refer to Figure 2.1B [35]. Measurements of cells in the presence of 1.0 M glycerol were determined at 22 °C. Three replicates were performed for each treatment on 3 different days.

Data were fit to the following two-parameter mass transport model [36] to determine membrane permeability coefficients for cryoprotective agents (P_s) and hydraulic conductivity in the presence of cryoprotectants (L_p) at all temperatures:

$$\begin{array}{lll} \frac{dW}{dt} &=& -L_{\rm p} \: ART \: \rho \left(M_{\rm s} {+} \pi_{\rm n} - \frac{S {+} N}{\rho W} \right), \\ \frac{dS}{dt} &=& P_{\rm s} \: A\rho \left(M_{\rm s} - \frac{S}{\rho W} \right). \end{array}$$

Here, subscripts s and n indicate permeating and non-permeating quantities, respectively, *A* is the volume independent spherical surface area at V_{iso} , $\rho \approx 1 \text{ kg/L}$ is the density of water to within 1% error. We assume the relationship $N = W^{iso} \pi^{iso}$. The Arrhenius relationship (see [43])

$$P(T) = P_0 exp\left[\frac{E_{\rm a}}{R}\left(\frac{1}{T_0} - \frac{1}{T}\right)\right],$$

where P_0 is the value at some absolute reference temperature T_0 , R is the gas constant and E_a is the activation energy for the process, expressed in kcal/mol, was used to determine the temperature dependence for the parameters $P(T)=L_p$ and $P(T)=P_s$. The parameter E_a was determined as the slope of the linear regression of $R \ln(P(T))$ versus 1/T.

Statistical analysis

For all comparisons, standard two-way analysis of variance (ANOVA) was performed with the SAS General Linear Models program (SAS Institute, Inc., Cary, NC) using a value of p<0.05 for significance. In situations where a plot of the residuals of a data set was not normally distributed, data were normalized using either natural logarithm or square root transformation. Based on the results of the ANOVA for V_b and lower OTL values, Fisher's least significant difference tests were conducted to evaluate significant differences between mESC lines (p<0.05). All values are presented as mean \pm SEM, unless stated otherwise. It is important to note that cell line and genetic background are completely confounded variables; when reporting statistical significance in the Results section, we used the term, "genetic background".

Results

Percent post-thaw recovery varied by cell line under standard conditions

Percent post-thaw recovery of mESC lines varied significantly across genetic background (p<0.05) under standard freezing conditions. Percent post-thaw recovery was 32.5 ± 4.0% (average ± SEM) for the BALB/c line, 17.2 ± 1.6% for the CBA line, 10.0 ± 2.7% for the FVB line, and 24.4 ± 1.1% for the 129R1 line (Figure 2). Values were significantly different between the BALB/c, CBA, and FVB lines and between the FVB and 129R1 mESC lines (p<0.05).

Osmotically inactive and isosmotic cell volume

Isosmotic volumes were $744 \pm 5 \ \mu\text{m}^3$, $960 \pm 20 \ \mu\text{m}^3$, $690 \pm 5 \ \mu\text{m}^3$, and $719 \pm 6 \ \mu\text{m}^3$ (mean \pm SE), for the BALB/c, CBA, FVB, and 129R1 cell lines, respectively. There was a significant effect of cell line and day (*p*<0.05) on isosmotic volume. Mouse ESCs from all lines behaved as ideal osmometers (*W* π = constant) over a range of 200 mOsm to 2800 mOsm. Extrapolation of the regression line to infinite osmolality yielded osmotically inactive fractions (*V*_b/*V*^{iso}) of 0.432 ± 0.024 for the BALB/c line, 0.391 ± 0.033 for the CBA line, 0.526 ± 0.024 for the FVB line, and 0.520 ± 0.045 for the 129R1 line. There was a significant main effect of genetic background on *V*_b (*p* < 0.05), with *V*_b of the CBA mESC line significantly lower than that of the FVB or 129R1 mESC line (*p* < 0.05). The previously published *V*_b value for the C57BL/6 mESC line [35] is listed for comparative purposes with values for the cell lines in this study in Table 2, and linear regressions are shown in Figure 3.

Osmotic tolerance

The effects of anisosmotic conditions on mESC membrane integrity, as determined by propidium iodide (PI) exclusion, are shown along with previously published 80% osmotic tolerance limits for the C57BL/6 mESC line [35] for illustrative purposes, in Figure 4. Interpolation between data points was used to determine upper and lower osmolalities where 80% of the mESC population retained membrane integrity for each cell line and each day. This resulted in estimates of between 142 ± 5 mOsm (mean over experimental days \pm SEM) and 816 ± 40 mOsm (1.6 and $0.6 \times V_{iso}$, BALB/c), 153 ± 5 mOsm and 784 ± 10 mOsm (1.6 and $0.6 \times V_{iso}$, BALB/c), 153 ± 5 mOsm and 784 ± 10 mOsm (1.6 and $0.6 \times V_{iso}$, CBA), 163 ± 5 mOsm and 671 ± 80 mOsm (1.4 and $0.7 \times V_{iso}$, FVB), and 143 ± 5 mOsm and 1003 ± 141 mOsm (1.5 and $0.7 \times V_{iso}$, 129R1). There was a significant main effect of genetic background on the lower OTL (p<0.05), in which the lower OTL of the FVB cell line was significantly higher (p<0.05) than that of the 129R1 or BALB/c mESC line. Genetic background was not a significant main effect for upper OTL. Genetic background was not a main effect for the range of OTL.

Permeability parameters

Changes in mESC volume in the presence of 1.0 M CPA, measured over time by electronic particle counter (EPC) at 0, 6, 12, 22, and 34 °C, were fitted to compute L_p and P_s . Room

temperature (RT) values of L_p , P_s , and their associated activation energies ($E_a^{L_p}$ and $E_a^{P_s}$) are shown in Tables 3,4, and 5. For all cell lines, L_p and P_s values in the presence of glycerol were significantly lower (p<0.05) than either L_p or P_s values in the presence of Me₂SO, PG, or EG. Based upon this finding, glycerol was deemed inappropriate for equilibrium freezing of these mESC lines and E_a values were not assessed.

a. Hydraulic conductivity at room temperature—Two-way ANOVA revealed that genetic background and CPA type, as well as the interaction between these factors all had a significant effect on the room temperature (22 °C) water permeability parameter L_p (p<0.05). Highest to lowest L_p values were: 129R1, FVB, CBA, and BALB/c. To examine differences between genetic backgrounds, we first made comparisons of data that had been grouped across CPA types, in particular L_p in the presence of glycerol was significantly lower than L_p in the presence of Me₂SO, PG or EG (p<0.05). Overall, L_p in the presence of Me₂SO was significantly higher than values in the presence of EG and PG at room temperature (p<0.05). Please refer to Table 3 for a list of L_p values.

To obtain more detailed comparisons between genetic backgrounds, we compared the water permeability parameters for each cell line within a given CPA type at 22 °C. Values for L_p in the presence of Me₂SO were significantly lower (p<0.05) for the CBA and BALB/c cell lines relative to the FVB or 129R1 mESC lines. In EG, room temperature L_p values of the 129R1 mESC line were significantly higher (p<0.05) than those of the BALB/c and CBA mESC lines. In PG, values of L_p were significantly higher (p<0.05) for the 129R1 mESC line relative to the BALB/c and CBA mESC lines. In glycerol, among all L_p values, those for the BALB/c line were significantly lower (p<0.05) than those of the CBA, FVB, and 129R1 mESC lines; however there was no significant difference between CBA, FVB, and 129R1 mESC lines.

Finally, the effect of CPA on L_p values was analyzed for each genetic background. In keeping with the main effects described above, within the BALB/c, FVB, and 129R1 lines, L_p in glycerol was significantly lower than L_p for all other CPAs (p<0.05), and within the CBA line, L_p in glycerol was significantly lower than L_p in Me₂SO and PG (p<0.05). There was no significant difference between L_p in Me₂SO, PG, and EG within the BALB/c, CBA, or 129R1 mESC lines. However, for the FVB line, L_p in Me₂SO was significantly higher than L_p in the presence of EG, PG, or glycerol.

b. Temperature dependence of hydraulic conductivity—Two-way ANOVA

revealed a main effect of genetic background $E_{a}^{L_{p}}$ on (p<0.05), but no main effect of CPA. Fisher LSD comparisons of genetic background indicated that $E_{a}^{L_{p}}$ values for the 129R1 line were significantly higher than those of the CBA and FVB lines (p<0.05). There was no significant main effect of the interaction of genetic background and CPA on $E_{a}^{L_{p}}$. However, for comparisons of $E_{a}^{L_{p}}$ values for specific CPA among strains, post-tests showed that in the presence of Me₂SO, $E_{a}^{L_{p}}$ was significantly higher for the 129R1 line than for that of the CBA line (p<0.05). Please refer to Table 5 for mean $E_{a}^{L_{p}}$ values and their standard errors, and Figure 5 for their corresponding Arrhenius plots.

c. Solute permeability at room temperature—Two-way ANOVA revealed that genetic background and CPA type, as well as the interaction between these factors all had a significant effect on the room temperature (22 °C) solute permeability parameter P_s (p<0.05). Using Fisher LSD post-test multiple comparisons among strains, we found significant differences (p<0.05) in overall P_s values between cell lines of all genetic backgrounds with the exception of between the CBA and BALB/c mESC lines. In this case the order from lowest to highest P_s values was: 129R1, FVB, (CBA or BALB/c). As stated previously, P_s for glycerol was significantly lower than it was for Me2SO, EG, and PG. Overall, the PG P_s value was significantly higher that for Me2SO (p<0.05); however there was no significant difference between P_s in EG and in either Me₂SO or PG.

Looking at the effects within each CPA group, we found differences among genetic backgrounds for P_s values. In particular, room temperature P_s values for Me₂SO and PG did not significantly differ between the FVB and 129R1 cell lines or between the CBA and BALB/c cell lines; however Me2SO P_s values for the FVB and 129R1 mESC lines were significantly lower (p<0.05) than those of the BALB/c and CBA lines. Room temperature EG P_s values did not differ significantly between the FVB and 129R1 cell lines. However, there were significant differences with other cell lines comparisons. Highest to lowest EG P_s by cell line was: BALB/c, CBA, (FVB or 129R1) (p<0.05). Finally, there were no significant differences in glycerol P_s values between genetic backgrounds.

To examine the interaction of CPA and strain, the effect of CPA on P_s values was analyzed within each genetic background. For all genetic backgrounds, glycerol P_s was significantly lower (p<0.05) than P_s for the other CPAs. Within the CBA, 129R1, and FVB cell lines, there was no significant difference between P_s for Me₂SO, EG, and PG. Within the BALB/c cell line, P_s for Me₂SO was significantly lower than that for EG (p<0.05). Please refer to Table 4 for a list of P_s values.

d. Temperature dependence of solute permeability—Two-way ANOVA indicated that both genetic background and CPA significantly affected $E_{a}^{P_{s}}$. Fisher post-test analysis of strain effects revealed that BALB/c line $E_{a}^{P_{s}}$ values were significantly lower (p<0.05) than those of the FVB and CBA lines. Moreover, Fisher post-test analysis of CPA effects indicated that $E_{a}^{P_{s}}$ values were significantly higher (p<0.05) in the presence of PG than in the presence of Me₂SO or EG. For interactions, we found that the BALB/c $E_{a}^{P_{s}}$ in the presence of EG was significantly lower (p<0.05) than that of the CBA line in the presence of PG. Please refer to Table 5 for a list of $E_{a}^{P_{s}}$ values and Figure 5 for their corresponding Arrhenius plots.

Discussion

Post-thaw recovery of cells following cryopreservation has been demonstrated to vary widely across cell types as well as among and within species. These differences can be attributed to wide-ranging differences in fundamental cryobiological parameters specific to individual cell types and species [25,58]. This variability even extends to individuals; a good example being bull spermatozoa, where not only is there variability from individual to

individual, but also from sample to sample from the same individual [17]. Embryonic stem cells have demonstrated tremendous variability in post-thaw recovery from species to species. Embryonic stem cell post-thaw recovery using 1 M Me₂SO, a cooling rate of 1 °C/ minute, and plunge temperature of -80°C can range from 0.1 to 1% in human ESCs [22,33], from 0.4 to 5% in non-human primate ESCs [22] (personal communication, Shoukhrat Mitalipov, Oregon National Primate Research Center, 2004), and anywhere from 10% to 90 percent with mESCs [35,45] (personal communication, Deanna Nielsen, Stem Cell Technologies technical support, 2004; personal communication, Xin Yu, University of California-Davis, 2004). With the exception of the 2007 report of an 88% post-thaw recovery rate in the 129R1 mESC line by Miszta-Lane et al. [45], and a 31.9% post-thaw recovery rate in a C57BL/6 mESC line by Kashuba Benson et al. [35], reports of variability in post-thaw recovery of mESCs have been largely anecdotal or confined to laboratory observation. This study examined the post-thaw recoveries of four mESC lines from differing genetic backgrounds and describes the fundamental cryobiological cell parameters that would contribute to such differences. Defining such parameters allows us to predict cell volume excursions during the addition and removal of CPAs and estimate the degree of dehydration cells undergo during cooling [1], and accordingly develop cryopreservation protocols that maximize post-thaw recovery by minimizing damaging intracellular ice formation and solute effects.

As expected, with the standard cryopreservation protocol (1 M Me₂SO, 1 °C/minute cooling rate to -80 °C, plunge into liquid nitrogen, then warming in a 37 °C water bath), the percent post-thaw recoveries of membrane-intact cells of BALB/c, CBA, FVB, and 129R1 mESC lines were shown to vary significantly by genetic background, with a range of 10.0 to 32.5% recovery (Figure 2). Interestingly, the post-thaw recovery of 129R1 mESCs of $24.4 \pm 1.2\%$ was dramatically different from the 88% recovery rate reported by Miszta-Lane et al. [45] under similar conditions. Our definition of post-thaw recovery may have been stricter, resulting in lower percentages, as we considered only the single-cell population during FACScan analysis and excluded cell clusters. Importantly, our method accounted for cell lysis during cryopreservation and warming by considering the total number of cells, membrane-intact and not, both prior to and following cryopreservation. Additionally, while cell counts pre-and post-centrifugation were similar (data not shown), it is possible that the centrifugation step prior to measurement of membrane integrity also resulted in reduced cell recovery and lower post-thaw numbers. However, this centrifugation step is part of standard culture methodology [46] as a post-thaw means to remove remaining CPA and as such, mimics the practical laboratory situation. Cells with damaged membranes are potentially lost during such a process; however the same cells, if not lost, would also be excluded from viable cell counts using the propidium iodide-exclusion membrane integrity assay. The variable of cell loss during centrifugation was also controlled by the application of this step to all treatment groups in our experiments, therefore this centrifugation step was not considered to have a large effect on post-thaw cell recovery.

For this study we chose to use a membrane integrity test instead of long-term end point assays such as a measure of apoptosis or colony formation. While the latter assays are potentially more appropriate indicators of long-term post-thaw survival, determining

appropriate apoptotic assays for post-thaw mouse embryonic stem cells is beyond the scope of this primarily biophysical study, and these extended assays would be extremely impractical for our large comparative study. The classical biophysical approach we used considers primarily mechanical damage phenomena (e.g. death due to intracellular ice formation, exceeding osmotic tolerance limits) and therefore a propidium iodide-exclusion membrane-integrity assay is an appropriate test of these phenomena and a baseline indicator of cell survival.

Osmotic tolerance ranges differed significantly at the lower limits, and there were some differences at upper osmotic tolerance range in the absence of an overall effect of genetic background. However, with the broad range of osmotic tolerance limits displayed by all cell lines in this study (Figure 4), these differences were not great enough to warrant changing the standard freezing media CPA concentration of 10%, or roughly 1 M, for any individual line as the addition of 1 M CPA, especially drop-wise [27], should not have a damaging osmotic effect. In fact, osmotic tolerance limits such as these would possibly enable even higher concentrations of CPAs to be used in vitrification protocols if necessary, as long as the CPAs were added in stepwise fashion. In general, all cell lines displayed a relatively wide range of osmotic tolerance, expressed as factors of V_{iso} , ranging from lower volume limits of 0.6-0.7 \times V_{iso} to upper limits of 1.4 - 1.6 \times V_{iso}. These ranges are consistent with previous findings with the C57BL/6 mESC line $(0.6-1.5 \times V_{iso})$ [35] and are also comparable to limits of other cell types such as canine pancreatic islets $(0.6-1.52 \times V_{iso})$ [62], human spermatozoa (0.75-1.02 × V_{iso})[24], human umbilical cord blood CD34+ cells (0.6-1.52 × $V_{\rm iso}$ [59], and human granulocytes (0.7-1.68 \times $V_{\rm iso}$)[4]. For consistency with our previous study [35], we used NaCl as the major osmolyte to create hyperosmotic solutions. However, there have been reports of differential damage upon exposure to ionic or nonionic solutes used to induce anisosmolality [23], possibly due to increased ion permeability [16,41,57]. While this effect is not universal [60], it is possible that the use of NaCl had a confounding effect on our osmotic tolerance experiments.

The Boyle van't Hoff regressions in Figure 3 show consistently high residual at the 600 mOsm level, echoing the results from our previous work with the C57BL/6 mESC line [35]. In fact, discarding either the isosmotic volume point or the 600 mOsm volume point, one would arrive at considerably lower osmotically inactive volumes (data not shown). The consistency of this phenomenon across cell lines suggests that there may be active cell volume regulation in mESC and further investigation into this phenomenon is warranted.

Recently, Katkov [37] published an analysis of parameter estimation in the cryobiological literature, stating that it may be incorrect to assume that the temperature dependence of the solute permeability parameter P_s follows the Arrhenius relationship (with activation energy $E_a^{P_s}$). Katkov's argument is that P_s is actually a lumped parameter ωRT , where ω is the "solute mobility" term which should have an Arrhenius-like dependence on temperature (with activation energy $E_a^{P_s}$). Our study was instigated before this argument was made and therefore optimal freezing protocols were produced with predictions of subzero P_s made with $E_a^{P_s}$. Because the solute permeability data were fit (with a high correlation coefficient) with the assumption that P_s follows the Arrhenius model of temperature dependence, the

error induced by using this model is minimized at temperatures near the range in which measurements were made. Much below these temperatures, say less than -10 °C, P_s is small enough so that the effects of error in parameter values are greatly reduced, and the effects on optimal cooling rates are effectively zero.

There has been some recent discussion on the appropriateness of using suprazero biophysical parameters to predict subzero behavior (see e.g. [2,7]). Unfortunately, there are considerable challenges in measuring subzero biophysical parameters putting this beyond the scope of this study. This potential source of error has the potential for influencing both optimal cooling rate and optimal plunge temperature. However, we note that this extrapolation technique has been recently very successfully applied in mESCs [35].

The combination of the significant effects of genetic background on $V_{\rm b}$, permeability parameters, and E_a strongly suggests that optimal cooling rates will vary with genetic background, and that a "one-size fits all" protocol may not suffice. Additionally, significant overall effects of CPA on permeability parameters and E_a^{Pcpa} suggest that optimal cooling rates will also vary by CPA. As was previously determined with the C57BL/6 mESC line [35], glycerol was determined to be unsuitable for equilibrium cooling for all mESC lines studied due to its markedly lower room temperature values of L_p and P_s . Future studies will include theoretical simulations to predict optimal cooling rates for cryopreservation methods involving Me₂SO, EG, and PG. Experimental validation of the predicted optimal cooling rates as well as predicted optimal plunge temperatures will be performed with Me₂SO and PG. 1,2-propanediol will be preferentially studied due to its more stable glass forming properties relative to EG and Me₂SO [9,10] and due to overall propylene glycol P_{s} being significantly higher than that for Me₂SO P_s at room temperature across the four mESC lines studied [35], which would enable the most rapid addition and removal of CPA at room temperature with minimal damage to the cell membrane [35,26]. Predicted optimal cooling rates of Me₂SO will be explored for comparative purposes, as it is the CPA used in standard cryopreservation protocols.

Acknowledgments

The authors (CMK and JDB) wish to state that John Critser played a critical role in the design and analysis of the present study, and made significant contributions to the initial drafts. This work was initially undertaken while we were both students in his lab, and his insight and enthusiasm for meaningful cryobiological discovery through basic science still shines in these manuscripts.

Funding: This work was supported, in part, by grants from the National Institutes of Health, National Center for Research Resources (U42 RR1482, T32-RR07004, R41RR025927) and the Cryobiology Research Institute.

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Figure 1.

Output of data reduction algorithm for Boyle Van't Hoff volumetric data. The left panel shows raw uncalibrated data from the Coulter counter. The middle and right panels show histograms for the data from the left panel. The algorithm first determines the approximate minimum that occurs between the cell volume signals and the low volume debris and noise, (left (blue) dashed line, center panel), removes the data corresponding to volumes less than this line, and removes large volumes above the same "count" to reduce influence from doublet cells and large debris (see Armitage and Juss [3] for a similar approach). The algorithm then uses a maximum likelihood estimate based on the normal distribution on the remaining data (shown in the right panel) to determine sample mean (red line, all panels). The solid lines are associated plots of the resulting Gaussian normal probability distribution function. Note that due to processing, the uncalibrated volumes from the left panel one do not align with

those of the other panels.



Percent post-thaw recoveries of membrane-intact BALB/c, CBA, FVB, and 129R1 (R1) mouse embryonic stem cells frozen in cryovials in standard freezing conditions (10⁶ cells/mL, 1 °C/minute cooling rate, 1.0 M Me₂SO, -80 °C plunge temperature). Percent post-thaw recovery is expressed as mean ± SEM. Different superscripts indicate significantly different means (*p*<0.05).

Previously published results for C57BL/6 mouse embryonic stem cells cryopreserved under the same conditions (indicated with the asterisk) are included for reference [35], but are not included in the statistical analysis.



Figure 3.

Boyle van't Hoff plots for all cell lines with corresponding linear regressions and infinite-osmolality intercept $V_b/V^{iso} \pm$ standard error. Error bars indicate standard error of the mean at each osmolality.



Figure 4.

Osmotic tolerance limits (OTL) of five mouse embryonic stem cell (mESC) lines as determined by plasma membrane integrity. Previously published data for the C57BL/6 mESC line [35] are included for comparative purposes but were not included in statistical analyses. Equal quantities of mESCs were exposed to solutions of 38, 75, 150, 600, 1200, 2400, and 4800 mOsm for 10 minutes at room temperature, and compared with controls exposed to isosmotic solution (285 mOsm) in the same manner. Plasma membrane integrity was assessed by flow cytometry analysis of propidium iodide exclusion. A. Inverted U-shaped osmotic tolerance curves of BALB/c, C57BL/6 (B6), CBA, FVB, and 129R1 (R1) mESC lines. B. OTL, defined as the range of osmolalities in which 80% of cells maintained plasma membrane integrity, for each of 5 different mESC lines (n=3). "0" represents isosmotic (285 mOsm). Distance from isosmotic is in terms of mOsm. Inset numbers indicate the extrapolated mean osmolalities (through linear regression) ± SEM at which 80% of mESCs retained membrane integrity. SEM for all lower OTL was ± 5 mOsm. Different lower case superscripts indicate statistically significant differences in lower OTL (*p*<0.05).



Figure 5.

Arrhenius plots of water and solute permeability as a function of temperature for all cell lines and CPAs with resulting best-fit parameters from a linear regression represented as best fit of the regression slope \pm the predicted standard error of the slope. Variables and their units are given in Table 1.

Definition of major symbols and terms

Symbol or abbreviation	Description	Units	Value
<i>s</i> , <i>n</i> , <i>w</i>	Subscripts: s, solute; n, non-permeating; w, water	None	None
L _p	Hydraulic conductivity in the presence of cryoprotectant	µm min ⁻¹ atm ⁻¹	Parameter
P _s	Solute permeability	µm min ⁻¹	Parameter
$E_{\rm a}$	Activation energy	kcal mol-1	Parameter
Т	Temperature	Κ	295
Α	Cell surface area	μm^2	Parameter
V	Total cell volume	μm^3	Variable
$V_{\rm b}$	Osmotically inactive cell volume	μm^3	Parameter
W	Intracellular water volume	μm^3	Variable
S	Moles of internal permeating solute at time t	Moles	Variable
t	Time	Seconds	Variable
$\pi^{ m iso}$	Osmolality of initial (isotonic) intracellular nonpermeating solutes	Osm kg ⁻¹ H ₂ O	0.290
π_{n}	Osmolality of extracellular nonpermeating solutes	Osm(kg H ₂ O) ⁻¹	Variable
M _s	Molality of extracellular permeating solutes	Mol (kg H ₂ O) ⁻¹	Variable
Ν	Osmoles of intracellular salts	Osm	Variable
\bar{V}	Partial molal volume of solute	L mole ⁻¹	Variable
R	The universal gas constant	kcal mole ⁻¹ K ⁻¹	$1.987 imes 10^{-3}$

Osmotically inactive cell volume fraction (V_b/V^{iso}) and isosmotic volume of five mouse embryonic stem cell lines.

Cell line	V _b /V ^{iso}	V ^{iso} (um ³)
C57BL/6*	0.497 ± 0.013	695±4
BALB/c	$0.432\pm0.024^{a,b}$	744±5 ^a
CBA	0.391 ± 0.033^{a}	960±20 ^b
FVB	0.526 ± 0.024^{b}	690±5°
129R1	0.520 ± 0.045^{b}	719±6 ^a

 $V_{\rm b}$ is expressed as a volume fraction of isosmotic cell volume ± SEM. Different superscripts indicate statistically significant differences within columns (p<0.05), i.e. similar superscripts indicate statistically indistinguishable groups within columns (p<0.05).

^{*}The V_b/V^{iso} value for the C57BL/6 mESC line is previously published [35] and listed for ease of comparison; V^{iso} for the C57BL/6 mESC line was not previously published. Neither value was included in statistical analyses.

Room temperature hydraulic conductivity (L_p) for five mouse embryonic stem cell (mESC) lines in the presence of 1.0 M cryoprotective agent (CPA).

Genetic background	Dimethyl sulfoxide	Ethylene glycol	1,2-propanediol	Glycerol
C57BL/6*	0.41 ± 0.03	0.48 ± 0.06	0.42 ± 0.03	0.14 ± 0.01
BALB/c	$0.15 \pm 0.01^{a,1}$	$0.15\pm0.01^{a,1}$	$0.18 \pm 0.01^{a,1}$	$0.05 \pm 0.01 \ ^{b,1}$
CBA	$0.21 \pm 0.01^{a,1}$	$0.15 \pm 0.01^{a,b,1}$	$0.19\pm0.01^{a,1}$	$0.09 \pm 0.01^{b,2}$
FVB	$0.39 \pm 0.04^{a,2}$	$0.24\pm 0.03^{b,1,2}$	$0.22\pm 0.04^{b,1,2}$	$0.10\pm0.01^{c,2}$
129R1	$0.53 \pm 0.12^{a,2}$	$0.35\pm0.02^{a,2}$	$0.33 \pm 0.04^{a,2}$	$0.10\pm0.01^{b,2}$

Hydraulic conductivity values are expressed as mean \pm SEM µm·min⁻¹·atm⁻¹. Different superscripts indicate statistically significant effects (p<0.05): of CPA within each genetic background on L_p values (letters, rows), or of genetic background within each CPA group on L_p values (numbers, columns).

* Values for the C57BL/6 mESC line are previously published [35] and listed for ease of comparison, but were not included in statistical analyses.

Room temperature cryoprotectant permeability (P_s) for five mouse embryonic stem cell (mESC) lines in the presence of 1.0 M cryoprotective agent (CPA).

Genetic background	Dimethyl sulfoxide	Ethylene glycol	1,2-propanediol	Glycerol
C57BL/6*	4.59 ± 0.41	4.17 ± 0.24	6.58 ± 0.38	1.05 ± 0.07
BALB/c	$8.62 \pm 0.53^{a,1}$	$11.74 \pm 0.84^{b,1}$	$10.51 \pm 0.67^{a,b,1}$	$1.99 \pm 0.25^{1,c}$
CBA	$9.10\pm0.60^{a,1}$	$8.41 \pm 0.28^{a,1}$	$9.40\pm0.61^{a,2}$	$2.32\pm0.28^{1,b}$
FVB	$4.53 \pm 0.37^{a,2}$	$5.32 \pm 0.50^{a,2}$	$6.92\pm0.64^{a,3}$	$1.33 \pm 0.37^{1,b} \\$
129R1	$4.00 \pm 0.48^{a,2}$	$3.92\pm0.23^{a,2}$	$5.24 \pm 0.27^{a,4}$	$0.99\pm0.07^{1,b}$

Cryoprotectant permeability values are expressed as mean \pm SEM µm·min⁻¹. Different superscripts indicate statistically significant effects (*p*<0.05): of CPA within each genetic background on *P*_S values (letters, rows), or of genetic background within each CPA group on *P*_S values (numbers, columns).

* Values for the C57BL/6 mESC line are previously published [35] listed for ease of comparison but were not included in statistical analyses.

Activation energies of hydraulic conductivity ($E_{a}^{L_{p}}$) and of cryoprotectant permeability ($E_{a}^{P_{s}}$) for five mouse embryonic stem cell (mESC) lines in the presence of 1.0 M cryoprotective agent (CPA).

		$E_{ m a}^{L_{ m p}}$			$E_{\mathrm{a}}^{\mathrm{u}\mathrm{s}}$	
Genetic background	Me ₂ SO	EG	PG	Me ₂ SO	EG	PG
C57BL/6*	14.29	15.35	14.12	15.47	13.19	14.08
BALB/c	$12.33 \pm 0.60^{a,1,2}$	$12.94 \pm 0.49^{\rm a,1}$	$13.80 \pm 0.52^{a,l}$	$13.44 \pm 0.81^{\rm a,l}$	$13.04 \pm 0.21^{\rm a,l}$	$15.15 \pm 1.11^{\rm a,1}$
CBA	$10.82 \pm 1.61^{\mathrm{a},\mathrm{l}}$	$13.01 \pm 1.09^{a,l}$	$11.51 \pm 0.45^{a,l}$	$17.35 \pm 2.37^{\rm a,1}$	$16.75 \pm 1.16^{a,l}$	$19.79 \pm 0.46^{\rm a,1}$
FVB	$12.29 \pm 1.42^{a,1,2}$	$13.01 \pm 1.09^{a,1}$	$10.09 \pm 1.34^{\rm a,l}$	$16.94\pm1.47^{\mathrm{a},\mathrm{l}}$	$14.95 \pm 0.66^{\rm a,l}$	$19.00\pm1.99^{\mathrm{a},\mathrm{l}}$
129R1	$16.82 \pm 1.98^{a,2}$	$14.52 \pm 0.50^{a,l}$	$12.94\pm1.03^{\mathrm{a},\mathrm{l}}$	$13.80 \pm 1.78^{a,l}$	$15.85 \pm 0.63^{a,l}$	$18.17\pm 0.70^{a,1}$

perscripts indicate statistically indistinguishable groups, r_{a}^{Lp} or E_{a}^{Ps} values (numbers, columns).

* Values for the C57BL/6 mESCline are previously published values [35] listed for ease of comparison but were not included in statistical analyses. Me2SO, dimethyl sulfoxide; EG, ethylene glycol; PG, 1,2-propanediol.