

MT1M and MT1G promoter methylation as biomarkers for hepatocellular carcinoma

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Abstract

AIM: To investigate the potential of promoter methylation of two tumor suppressor genes (TSGs) as biomarkers for hepatocellular carcinoma (HCC).

METHODS: A total of 189 subjects were included in this retrospective cohort, which contained 121 HCC patients without any history of curative treatment, 37 patients with chronic hepatitis B (CHB), and 31 normal controls (NCs). DNA samples were extracted from 400 μ L of serum of each subject and then modified using bisulfite treatment. Methylation of the promoters of the TSGs (metallothionein 1M, *MT1M*; and metallothionein 1G, *MT1G*) was determined using methylation-specific polymerase chain reaction. The diagnostic value of combined *MT1M* and *MT1G* promoter methylation was evaluated using the area under the receiver operating characteristic curves.

RESULTS: Our results indicated that the methylation status of serum *MT1M* (48.8%, 59/121) and *MT1G* (70.2%, 85/121) promoters in the HCC group was significantly higher than that in the CHB group (*MT1M* 5.4%, 2/37, $P < 0.001$; *MT1G* 16.2%, 6/37, $P < 0.001$) and NC group (*MT1M* 6.5%, 2/31, $P < 0.001$; *MT1G* 12.9%, 4/27, $P < 0.001$). Aberrant serum *MT1M* promoter methylation gave higher specificity to discriminate HCC from CHB (94.6%) and NCs (93.5%), whereas combined methylation of serum *MT1M* and *MT1G* promoters showed higher diagnostic sensitivity (90.9%), suggesting that they are potential markers for noninvasive detection of HCC. Furthermore, *MT1M* promoter methylation was positively correlated with tumor size ($r_s = 0.321$, $P < 0.001$), and HCC patients with both *MT1M* and *MT1G* promoter methylation tended to show a higher incidence of vascular invasion or metastasis ($P = 0.018$).

CONCLUSION: *MT1M* and *MT1G* promoter methylation may be used as serum biomarkers for noninvasive detection of HCC.

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Key words: *MT1M*; *MT1G*; Methylation; Serum biomarker; Hepatocellular carcinoma

Core tip: DNA methylation of tumor suppressor gene promoter regions appears to be a valuable biomarker in many tumors, including hepatocellular carcinoma (HCC). We found that aberrant serum metallothionein 1M (*MT1M*) promoter methylation gave higher specificity to discriminate HCC from chronic hepatitis B and normal controls. In contrast, combined methylation of serum *MT1M* and metallothionein 1G promoters showed higher diagnostic sensitivity. This indicates that they may be used as potential biomarkers for noninvasive detection of HCC.

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INTRODUCTION

Hepatocellular carcinoma (HCC) is the sixth most common tumor and has the third highest mortality^[1]. The areas of highest incidence are Asia and Africa, which are linked to the wide prevalence of hepatitis B virus (HBV) infection^[2]. However, the incidence of HCC has been rapidly increasing in the United States and United Kingdom over the past 20 years, which is attributed to increased hepatitis C virus (HCV) infection^[3,4]. In addition, aflatoxin B1 exposure and alcohol addiction are also associated with hepatocellular carcinogenesis. Despite advanced treatment, patients with HCC have a dismal 5-year survival rate of about 5%, as a result of late diagnosis^[5]. Currently available screening tests to detect HCC mainly combine serum α -fetoprotein (AFP) and ultrasound (US). Regrettably, their effectiveness remains controversial, and the diagnostic rate of AFP meets with a low sensitivity and that of US depends on examiner expertise, patient data, presence of liver cirrhosis, and tumor size^[6,7]. Great efforts have been made to find new biomarkers for early detection of HCC. As a result, the potential value of tumor-associated DNA methylation as a biomarker has attracted much attention^[8,9].

It is well known that the silencing of tumor suppressor genes by promoter hypermethylation is responsible for carcinogenesis. Some studies have found that tumors shed methylated DNA sequences into the blood in the early stages^[10-13]. Moreover, Zhang *et al.*^[14] found that methylated DNA could be detected 1-9 years before the clinical diagnosis of HCC. Thus, methylated DNA has been suggested as an ideal biomarker because of its early appearance in the disease course, as well as its easy and noninvasive detection in biological samples. In addition, the DNA methylation pattern is more stable than protein and RNA expression, which changes markedly and unpredictably^[9].

The metallothioneins (MTs) are a superfamily of low-molecular-weight, cysteine-rich intracellular proteins, consisting of at least 10 functional members (MT1A, MT1B, MT1E, MT1F, MT1G, MT1H, MT1X, MT2A, MT3, and MT4)^[15,16]. The role of MTs in metal homeostasis, protection against oxidative damage, cell proliferation and apoptosis, resistance to radiation and chemotherapy, as well as several aspects of the carcinogenic process, has been revealed^[17-21]. Some studies have shown that MT-1 and MT-2 are frequently downregulated in HCC^[22-25], and decreased MT expression might be an early event in HCC progression^[22]. MT downregulation may be concerned with hypermethylation of *MT* promoters, as shown in rat hepatoma^[26]. Moreover, others have reported that metallothionein 1M (MT1M)^[27] and metallothionein 1G (MT1G)^[28] are decreased in human HCC tissues by pro-

motor hypermethylation.

Therefore, in the present study, we hypothesized that methylation of *MT1M* and *MT1G* promoters could be detected in the serum of patients with HCC, and aimed to define optimal gene sets as noninvasive markers for early detection of HCC.

MATERIALS AND METHODS

Collection of serum specimens

After obtaining informed consent, we collected 189 serum samples from 121 patients with HCC, 37 patients with chronic hepatitis B (CHB), and 31 normal controls (NCs), based on clinical and laboratory examinations. Patients with HCC and CHB were recruited from those enrolled from July 2011 to March 2013 at Qilu Hospital, Shandong University in accordance with American Association for the Study of Liver Diseases Practice Guidelines for HCC and CHB, respectively^[29,30]. All cases of HCC included in our study were confirmed by pathological data. Serum samples were collected from HCC patients who did not receive curative treatments such as surgical resection, transcatheter arterial chemoembolization (TACE), or radiofrequency ablation before and during the study. Exclusion criteria included other tumors, co-infection with HCV or human immunodeficiency virus, and other causes of chronic liver diseases. The patient selection process is shown in Figure 1.

Tumor size was calibrated by computed tomography and presented as the longest diameter. AFP concentration > 20 ng/mL was regarded as abnormal^[31]. The study protocol was approved by the Ethics Committee of Qilu Hospital.

Serum DNA extraction and sodium bisulfite modification

DNA was extracted from 400 μ L of serum with the QIAamp DNA Blood Mini Kit (Qiagen, Hilden, Germany) following the DNA Purification from Blood or Body Fluids protocol. Bisulfite modification was performed using the EZ DNA Methylation-Gold Kit (Zymo Research, Irvine, CA, United States) according to the manufacturer's instructions. After bisulfite treatment, all unmethylated cytosine residues were converted to uracil, whereas the methylated residues would have been resistant to this modification and remained as cytosine. The modified DNA was finally stored at -20 °C before methylation-specific polymerase chain reaction (MSP).

MSP

The primer pairs of *MT1M* and *MT1G* for MSP analysis were as described previously^[27,28] (Table 1). One microliter of bisulfite-treated DNA, 0.5 μ L each primer (10 μ mol/L), 10.5 μ L nuclease-free water, and 12.5 μ L Premix Taq (Zymo Research) were mixed together to form a 25- μ L MSP reaction mixture. The PCR protocol included an initial denaturation at 95 °C for 10 min, followed by 45 cycles of denaturation at 95 °C for 30 s, annealing at the respective temperature (54 °C for *MT1M*, 59 °C for *MT1G*-U, and 50 °C for *MT1G*-M) for 40 s, primer ex-

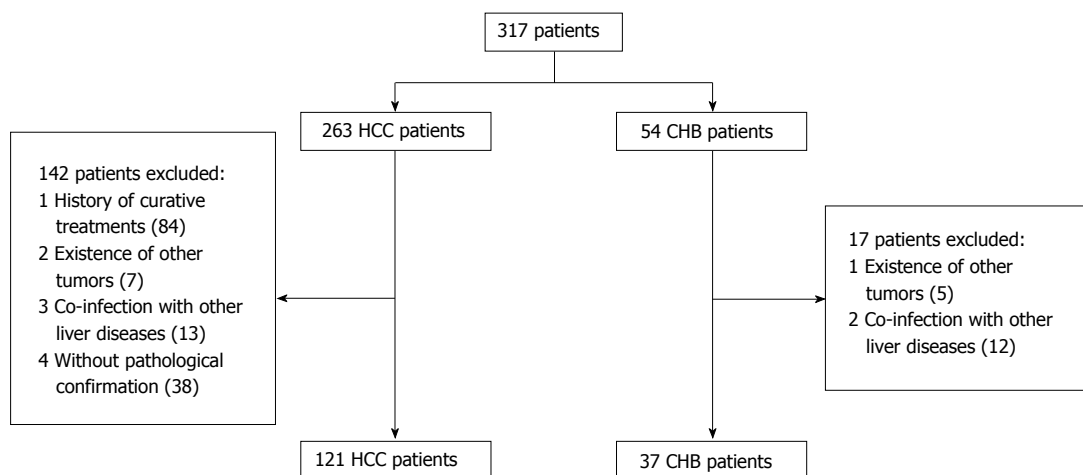


Figure 1 Patient selection process. HCC: Hepatocellular carcinoma; CHB: Chronic hepatitis B.

Table 1 Primers for polymerase chain reaction			
Primers	Sequences	Annealing temp (°C)	Size (bp)
<i>MT1M</i>			
U	5'-TTGAAAATGGTGGGGTGA-3'	54	163
	5'-AAACTATACACCAAATAATACACAATATCC-3'		
M	5'-GACGTCGCGACGTTAAG-3'	54	124
	5'-ACGCCGAATAATACGCAAT-3'		
<i>MT1G</i>			
U	5'-GGGGTGTGTTTGTGGTGTGTG-3'	59	135
	5'-AAACACCCACCCACCCCTT-3'		
M	5'-TTCGCGAGTCGGTGGCAAAG-3'	50	96
	5'-CCGGATCCCGACCTAAACT-3'		

tension at 72 °C for 40 s, and a final extension at 72 °C for 10 min (Table 1). Water without DNA was used as a negative control. PCR products were electrophoresed on 2% agarose gels, stained with Gel Red, and visualized under UV illumination.

Statistical analysis

The differences in DNA methylation status of *MT1M* and *MT1G* promoters between different groups and the associations between gene methylation in HCC patients and clinical pathological variables were analyzed using the χ^2 test. Correlation between *MT1M* and *MT1G* promoter methylation and tumor size was calculated by Spearman rank correlation. Diagnostic value of combined methylation of *MT1M* and *MT1G* promoters and serum AFP level was evaluated by the area under the receiver operating characteristic curves (AUC). Differences were considered significant at $P < 0.05$. All statistical analyses were conducted with SPSS 16.0 software.

RESULTS

Methylation status in serum

The methylation status of *MT1M* or *MT1G* promoter in 121 patients with HCC, 37 patients with CHB and 31

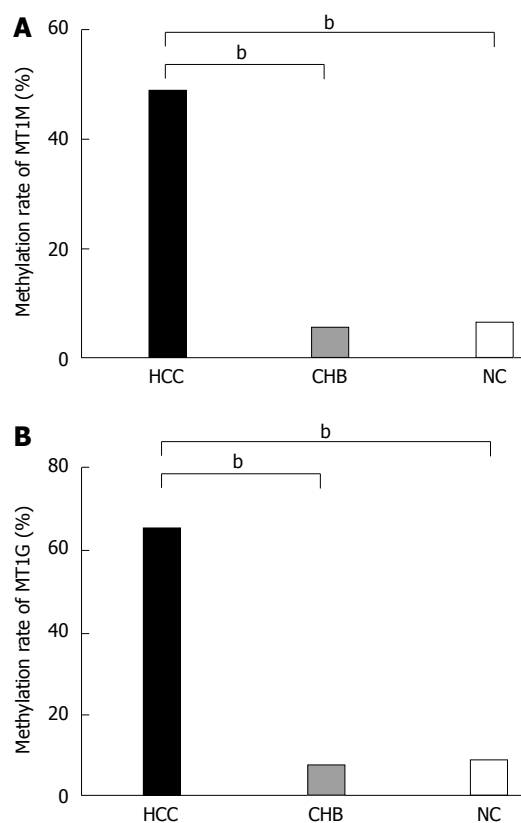


Figure 2 Percentage methylation of *MT1M* and *MT1G* in hepatocellular carcinoma, chronic hepatitis B and normal controls groups. A: Percentage methylation of *MT1M* was 48.8% (59/121) in the HCC, 5.4% (2/37) in the CHB, and 6.5% (2/31) in the NC groups; B: Percentage methylation of *MT1G* was 70.2% (85/121) in the HCC, 16.2% (6/37) in the CHB, and 12.9% (4/31) in the NC groups ($^bP < 0.001$).

NCs was compared (Figure 2). The methylation percentages were higher in HCC (48.8% for *MT1M* and 70.2% for *MT1G*) than in CHB (5.4% for *MT1M* and 16.2% for *MT1G*) or NCs (6.5% for *MT1M* and 12.9% for *MT1G*) ($P < 0.001$). However, no differences were found for either of them between the CHB and NC groups. Representative MSP results for methylated *MT1M* and *MT1G*

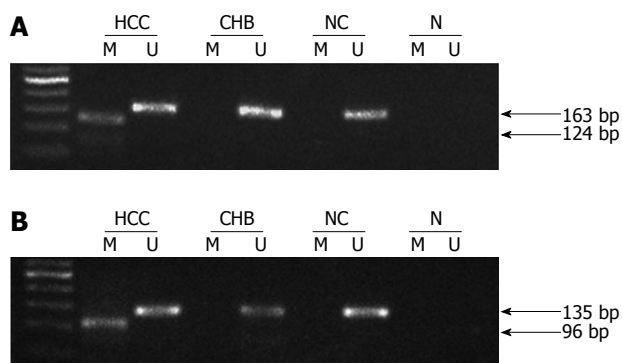


Figure 3 Representative methylation of metallothionein 1M and metallothionein 1G gene promoters by methylation-specific polymerase chain reaction. A: The methylated and unmethylated sequences of *MT1M* were 124 and 163 bp, respectively; B: The methylated and unmethylated sequences of *MT1G* were 96 and 135 bp, respectively. N: Negative control; M: Methylation-specific primers; U: Unmethylation-specific primers.

Table 2 Clinicopathological data and serum metallothionein 1M and metallothionein 1G promoter methylation in hepatocellular carcinoma patients

Characteristics	n	<i>MT1M</i>			<i>MT1G</i>		
		¹ M	² U	P value	¹ M	² U	P value
Total number	121	59	62		85	36	
Gender							
Male	100	50	50	0.552	70	30	0.896
Female	21	9	12		15	6	
Age (yr)							
≥ 55	67	32	35	0.807	46	21	0.670
< 55	54	27	27		39	15	
HBV infection							
Yes	100	50	50	0.552	69	31	0.512
No	21	9	12		16	5	
Vascular invasion or metastasis							
Yes	44	26	18	0.086	33	11	0.387
No	77	33	44		52	25	
Histological differentiation							
Poor	41	18	23	0.610	26	15	0.426
Moderate	50	27	23		38	12	
Well	30	14	16		21	9	
TNM stage							
I - II	64	26	38	0.058	44	13	0.115
III-IV	57	33	24		41	23	
Tumor multiplicity							
Single	72	26	36	0.741	52	20	0.565
Multiple	49	23	26		33	16	
Tumor size(cm)							
≥ 5	59	38	21	0.001	38	21	0.170
< 5	62	21	41		47	15	

¹Methylated; ²Unmethylated.

promoters are shown in Figure 3.

Correlation with clinicopathological parameters

For analysis of the correlation between methylation status of a single gene promoter in serum and clinicopathological features, there was a significant association between the methylation ratio of *MT1M* promoter and tumor size ($P = 0.001$) (Table 2). Further analysis revealed that the correlation was positive ($r_s = 0.321$, $P < 0.001$) (Table

Table 3 Correlation of metallothionein 1M and metallothionein 1G promoter methylation with tumor size

Gene	Tumor size (cm)		rs	P value
	Methylated M (P ₂₅ -P ₇₅)	Unmethylated M (P ₂₅ -P ₇₅)		
<i>MT1M</i>	6.5 (4.0-9.0)	3.9 (2.2-6.4)	0.321	0.000
<i>MT1G</i>	4.4 (2.9-8.0)	5.0 (3.5-7.9)	-0.049	0.590

M: Median; P₂₅: First quartile; P₇₅: Third quartile; rs: Spearman correlation coefficient; *MT1M*: Metallothionein 1M; *MT1G*: Metallothionein 1G.

Table 4 Vascular invasion or metastasis and a combination of metallothionein 1M and metallothionein 1G promoter methylation

Characteristic	n	<i>MT1M</i> and <i>MT1G</i>		
		¹ M	² U	P value
Vascular invasion or metastasis				
Yes	44	18	26	0.018
No	77	16	61	

¹Both *MT1M* and *MT1G* were methylated; ²One of *MT1M* and *MT1G* was methylated or neither of them methylated. *MT1M*: Metallothionein 1M; *MT1G*: Metallothionein 1G.

Table 5 Sensitivity and specificity of gene sets for hepatitis B virus (+) hepatocellular carcinoma detection in chronic hepatitis B group

No.	Marker	TP/FN	FP/TN	Sensitivity (%) TP/(TP + FN)	Specificity (%) TN/(TN + FP)
1	AFP	56/44	14/23	56.0	62.1
2	<i>MT1M</i>	50/50	2/35	50.0	94.6
3	<i>MT1G</i>	69/31	6/31	69.0	83.8
4	<i>MT1M/MT1G</i>	90/10	7/30	90.0	81.1

Sensitivity (%), TP/(TP + FN) and specificity (%), TN/(TN + FP) of each gene set were calculated and plotted. *MT1M/MT1G*, *MT1M* or *MT1G* promoter methylation. TP: True positive; FN: False negative; FP: False positive; TN: True negative.

3). Moreover, advanced TNM stage (III-IV) was associated with a more elevated percentage of serum *MT1M* promoter methylation than early TNM stage (I - II), although the difference was not significant ($P = 0.058$) (Table 2). In addition, HCC patients with both *MT1M* and *MT1G* promoters methylated (18/44) tended to show a higher incidence of vascular invasion or metastasis than those with only one or neither gene methylated (16/77) ($P = 0.018$) (Table 4). However, no significant relationships were observed between the methylation levels of *MT1M* and *MT1G* promoters and other parameters, such as sex, age, HBV infection, serum AFP levels, tumor multiplicity or TNM stage ($P > 0.05$).

Sensitivity and specificity for single or combination methylation

There were 100 HCC patients with HBV infection (Table 2). To discriminate HBV-associated HCC from CHB, *MT1M* and *MT1G* promoter methylation showed a

Table 6 Sensitivity and specificity of gene sets for hepatocellular carcinoma detection in normal controls group

No.	Gene	TP/FN	FP/TN	Sensitivity (%) TP/(TP+FN)	Specificity (%) TN/(TN+FP)
1	MT1M	59/62	2/29	48.8	93.5
2	MT1G	85/36	4/27	70.2	87.1
3	MT1M/MT1G	110/11	5/26	90.9	83.9

Sensitivity (%), TP/(TP + FN) and specificity (%), TN/(TN + FP) of each gene set were calculated and plotted. *MT1M/MT1G*, *MT1M* or *MT1G* promoter methylation. TP: True positive; FN: False negative; FP: False positive; TN: True negative; MT1M: Metallothionein 1M; MT1G: Metallothionein 1G.

moderate sensitivity (*MT1M*, 50%, 50/100; *MT1G*, 69%, 69/100) but a high specificity (*MT1M*, 94.6%, 2/37; *MT1G*, 83.8%, 6/37), whereas the sensitivity and specificity of AFP were 56% (56/100) and 62.1% (23/37), respectively (Table 5). To discriminate HCC from the NC group, the specificity was still high (*MT1M*, 93.5%, 2/31; *MT1G*, 87.1%, 4/31) (Table 6). Otherwise, combined methylation of *MT1M* and *MT1G* promoters gave a sensitivity up to 90.9% (110/121) but a lower specificity to discriminate HCC from the NC (83.9%, 5/31) or CHB (81.1%, 7/37) groups (Tables 5 and 6). Moreover, the AUC of combined methylation of *MT1M* and *MT1G* promoters was 0.855 (95%CI: 0.785-0.910), which was significantly higher than that of AFP (0.754; 95%CI: 0.673-0.824) ($P = 0.0446$) (Figure 4).

DISCUSSION

DNA methylation is suggested as a promising biomarker for cancer detection. However, most studies about DNA methylation have concentrated on the analysis of tumor tissue, which is invasive and not always available, as well as one single gene, which cannot provide enough diagnostic sensitivity. In the present study, we first demonstrated that aberrant methylation status of *MT1M* and *MT1G* promoters could be detected in the serum of patients with HCC, and the frequencies were 48.8% (59/121) and 70.2% (85/121) using MSP, which were significantly higher than those in the CHB and NC groups. This was consistent with previous studies in which *MT1M* and *MT1G* promoters were methylated in HCC tissues^[27,28]. From a diagnostic point of view, assaying a single gene, *MT1G* promoter methylation, showed a higher sensitivity of 70.2%, whereas *MT1M* promoter methylation gave a higher specificity to discriminate HCC from CHB (94.6%) and NCs (93.5%). However, combined methylation of *MT1M* and *MT1G* promoters significantly elevated the diagnostic sensitivity for HCC (90.9%). In addition, aberrant methylation status of *MT1M* and *MT1G* promoters was also observed in early HCC, including TNM stage I, well differentiated and small in size, as well as in patients with negative AFP. Thus, analysis of *MT1M* and *MT1G* promoter methylation showed potential value in early detection of HCC.

MT was first isolated in 1957. In addition to its func-

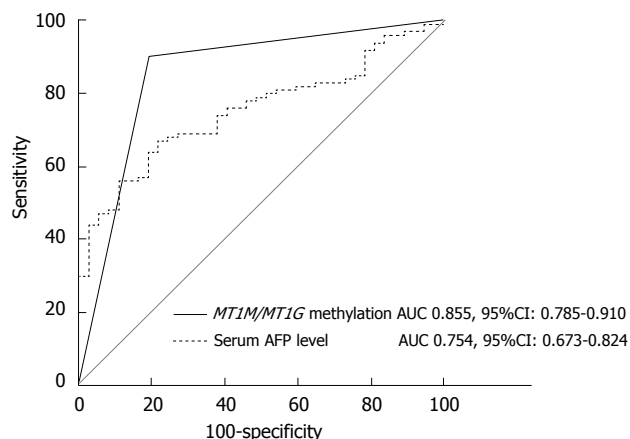


Figure 4 Receiver operating characteristic curves of α -fetoprotein and combined methylation of metallothionein 1M and metallothionein 1G promoters. *MT1M/MT1G*, *MT1M* or *MT1G* promoter methylation. AUC: Area under the ROC curve; MT1M: Metallothionein 1M; MT1G: Metallothionein 1G

tion in metal homeostasis and protection against oxidative damage, several studies have focused on its role in tumors. However, large discrepancies in MT exist between different tumor types. MT expression in tumors of the lung, nasopharynx, breast, kidney, ovary, testes, thyroid, salivary gland, and urinary bladder is increased^[20,21], but it is decreased in other tumors such as prostate cancer, colorectal cancer and HCC^[22-25,32-34]. Compared with overall MT expression in tumors, its isoforms appear more specific and play distinct roles in different tumor types, such as breast cancer, urological malignancies, and nasopharyngeal cancer^[35]. However, there are few reports on the expression of different isoforms of MT in HCC. *MT1M* and *MT1G* are two major isoforms that were recently reported to be downregulated in HCC tissues by promoter hypermethylation. Restored expression of *MT1M* in HCC cells impedes HCC cell growth, and low levels of *MT1M* are correlated with clinical TNM grade^[27]. *MT1G* acts as a TSG in HCC and patients with *MT1G* promoter methylation have a poorer prognosis, although the difference is not significant^[28].

In our present study, we also evaluated whether methylation status of serum *MT1M* and *MT1G* promoters in patients with HCC was associated with any clinicopathological parameter. *MT1M* promoter methylation was positively correlated with tumor size ($r_s = 0.321$, $P < 0.001$), suggesting that methylated *MT1M* promoter could reflect tumor load. In addition, patients with advanced TNM stage (III-IV) showed a higher elevated percentage of serum *MT1M* promoter methylation than those with early TNM stage (I - II), although the difference was not significant ($P = 0.058$). These differences from the previous study^[27] may have been due to the use of different biological samples of HCC in different regions. Surprisingly, HCC patients with combined methylation of *MT1M* and *MT1G* promoters tended to show a higher incidence of vascular invasion and lymph node or extrahepatic metastasis ($P = 0.018$). Tumor invasion in the portal vein is the main route for intrahepatic metas-

tasis, which is regarded as the most frequent metastatic site of HCC^[36]. Lymph node or extrahepatic metastasis is less common. Although curative resection remains a major effective method for HCC, the possibility of tumor recurrence, caused mainly by metastasis, leads to dismal prognosis. Therefore, combined methylation of serum *MT1M* and *MT1G* promoters may be a valuable prognostic marker for HCC. Also, our findings indicated that *MT1M* and *MT1G* may not only be tumor suppressors but also metastatic suppressors in HCC. However, the molecular mechanisms of this remain unclear. In previous studies, it was reported that *MT1G* methylation contributes to tumor invasion in prostate cancer and peripheral pulmonary adenocarcinoma^[37,38]. However, to the best of our knowledge, no studies have investigated *MT1M* and tumor invasion. Further study is necessary to elucidate the mechanism of how *MT1M* and *MT1G* promoter methylation synergistically acts on metastasis in HCC. However, no significant differences between serum *MT1M* and *MT1G* promoter methylation and sex, age and history of HBV infection were observed, thus the analysis of serum *MT1M* and *MT1G* promoter methylation enabled the detection of HCC independent of patient settings.

Our findings demonstrated that MT isoform gene expression may be specific and reciprocal in carcinogenesis and progression of HCC. They also support the concept that the clinical significance of MT expression in HCC might be further defined if specific MT isoforms were known for individual tumors^[26].

Our study had some limitations. First, the small number of HCC patients and NCs may have led to bias. Second, we do not have long-term follow-up data for HCC patients, which may reveal the predictive value of *MT1M* and *MT1G* promoter methylation in prognosis. Further study with a larger number of cases and longer follow-up is needed.

In conclusion, we demonstrated that *MT1M* and *MT1G* promoter methylation was frequently detected in serum of patients with HCC, and appeared to be a valuable diagnostic marker for noninvasive detection of HCC. Furthermore, we observed that *MT1M* promoter methylation was associated with tumor size and combined *MT1M* and *MT1G* promoter methylation in serum was easily detected in HCC patients with vascular invasion or metastasis, suggesting that it may be a useful prognostic marker as well.

COMMENTS

Background

Hepatocellular carcinoma (HCC) is one of the most common fatal tumors worldwide. Currently available screening tools for the diagnosis of HCC mainly depend on serum α -fetoprotein and ultrasound. However, the sensitivities and specificities of the two tools remain controversial.

Research frontiers

Great efforts have been devoted to searching for new biomarkers for early diagnosis of HCC. In the present study, we demonstrated that *MT1M* and *MT1G* promoter methylation might be noninvasive biomarkers for diagnosis of HCC.

Innovations and breakthroughs

The authors demonstrated aberrant methylation of serum *MT1M* and *MT1G* promoters in HCC and reported the potential value of the two gene promoters as biomarkers for noninvasive and early diagnosis of HCC.

Applications

Serum *MT1M* and *MT1G* gene promoter methylation might be applied in the early diagnosis of HCC as novel and noninvasive biomarkers.

Terminology

MT1M and *MT1G* are two major isoforms in the metallothionein superfamily, and are low-molecular-weight, cysteine-rich intracellular proteins. DNA methylation is an epigenetic event to alter gene expression and function, which refers to the covalent addition of a methyl group without changing the order of bases. A biomarker is a substance used as an indicator of a biological state.

Peer review

This was a diagnostic trial. *MT1M* and *MT1G* promoter methylation is reported as serum biomarkers for HCC, which might be interesting for clinical practice.

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