

Original Article

Chitosan oligosaccharides suppress LPS-induced IL-8 expression in human umbilical vein endothelial cells through blockade of p38 and Akt protein kinases

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Aim: To investigate whether and how COS inhibited IL-8 production in LPS-induced human umbilical vein endothelial cells (HUVECs). Methods: RT-PCR, enzyme-linked immunosorbent assays (ELISA) and Western blotting were used to study IL-8 expression and related signaling pathway. Wound healing migration assays and monocytic cell adhesion analysis were used to explore the chemotactic and adhesive activities of HUVECs.

Results: COS 50–200 µg/mL exerted a significant inhibitory effect on LPS 100 ng/mL-induced IL-8 expression in HUVECs at both the transcriptional and translational levels. In addition, COS 50–200 µg/mL inhibited LPS-induced HUVEC migration and U937 monocyte adhesion to HUVECs in a concentration-dependent manner. Signal transduction studies suggest that COS blocked LPS-induced activation of nuclear factor-kB (NF-kB) and activator protein-1 (AP-1) as well as phosphorylation of p38 mitogen-activated protein kinase (MAPK) and phosphokinase Akt. Further, the over-expression of LPS-induced IL-8 mRNA in HUVECs was suppressed by a p38 MAPK inhibitor (SB203580, 25 µmol/L) or a phosphatidylinositol 3-kinase (PI3K) inhibitor (LY294002, 50 µmol/L).

Conclusion: COS inhibited LPS-induced IL-8 expression in HUVECs through the blockade of the p38 MAPK and PI3K/Akt signaling pathways.

Keywords: anti-inflammatory agents; arteriosclerosis; lipopolysaccharides; endothelial cells; chemokine; MAPK; phosphatidylinositol 3-kinase; interleukin-8; NF-kappa B; chitosan oligosaccharides

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Introduction

Endothelial cells (ECs) located in the inner lining of the vascular space play a key role in maintaining essential physiological processes of the vasculature^[1]. Serving as a barrier between the bloodstream and vascular wall, ECs are sensitive to pathological stimuli in the body. Once activated by extracellular mediators, ECs initiate a variety of inflammatory responses, which ultimately lead to the formation of cardiovascular diseases. Lipopolysaccharide (LPS), the major portion of the outer membrane of gram-negative bacteria, is a strong risk factor for vascular inflammation^[2]. In the pathogenesis of infectious diseases, high levels of LPS directly lead to the occurrence of inflammatory responses elicited by ECs, including enhancement of endothelial permeability, secretion of chemokines and recruitment of circulating leukocytes^[3]. Among these activities, LPS-induced interleukin-8 (IL-8) expression should receive more attention for its substantial contribution to endothelial damage. As an early chemotactic signal in an inflammation reaction, IL-8 not only promotes the recruitment and adhesion of leucocytes but also mediates the complex activation of ECs^[4, 5]. Therefore, the inhibition of IL-8 expression in activated ECs has been considered as a potential therapeutic strategy against vascular inflammation.

Chitosan, the deacetylated derivative of chitin, is a linear polymer of β -(1,4)-linked *D*-glucosamine^[6]. Chitosan oligosaccharides (COS) are depolymerized products of chitosan by either chemical or enzymatic hydrolysis. As a cellulose-like biopolymer, COS are mainly produced from the exoskeleton of crustaceans and the cell walls of fungi and insects. Traditionally, COS were recommended as a healthy food in Asian countries for their diverse pharmacological effects such as antioxidant, antimicrobial, antitumor and antidiabetic activities^[7-10]. In addition, recent studies suggest that COS have potential anti-inflammatory properties *in vivo* and *in vitro*. For example, Song *et al* reported that COS may be a potential immunoadjuvant for the treatment of metastatic tumors^[11]. In the studies

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by Villiers *et al*, chitosan was found to regulate the balance of dendritic cell-induced IL-10 and IL-12 production^[12]. In addition, COS were shown to inhibit the production of nitric oxide, IL-6 and tumor necrosis- α (TNF- α) in activated murine macrophages (RAW264.7)^[13, 14]. To the best of our knowledge, however, no studies have been performed to examine the effect of COS on LPS-induced IL-8 production in ECs, which may be helpful for determining the effect of COS in the treatment of vascular diseases.

Human umbilical vein endothelial cells (HUVECs) were demonstrated to be a useful *in vitro* model for studying the expression and regulation of inflammatory cytokines in response to exogenous stimuli^[15]. The aim of this study was to explore whether and how COS inhibited IL-8 production in LPS-induced HUVECs. We evaluated the inhibition of IL-8 gene expression by COS in HUVECs at the transcriptional and translational levels. In addition, we assayed the suppressive effects of COS on LPS-induced HUVEC migration and U937 monocyte adhesion to HUVECs. To identify the underling mechanism(s) by which COS inhibits IL-8 over-production in HUVECs, we explored the roles of nuclear factor κB (NF- κB), p38 mitogen-activated protein kinase (MAPK) and phosphokinase Akt after LPS exposure.

Materials and methods

Chemicals and reagents

COS were prepared by our laboratory (the degree of deacetylation was over 95%) and were free of endotoxin according to a limulus amebocyte lysate test^[16]. The weight percentages of COS with degrees of polymerization (DP) of 2-6 in an oligomixture were 3.7%, 16.1%, 28.8%, 37.2%, and 14.2%, respectively. LPS from Escherichia coli and 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) were obtained from Sigma (St Louis, MO, USA). The p38 MAPK inhibitor (SB203580) was purchased from Invitrogen Corporation (Carlsbad, CA, USA). The phosphatidylinositol 3-kinase (PI3K) inhibitor (LY294002), rabbit anti-NF-κB p65 polyclonal antibody and 2',7'-bis-(2-carboxyethyl)-5-(and-6)-carboxyfluorescein, acetoxymethyl ester (BCECF AM) were obtained from Beyotime Institute of Biotechnology (Jiangsu, China). Rabbit anti-p38 MAPK, anti-phospho-p38 (p-p38) MAPK, anti-Akt, anti-phospho-Akt (p-Akt), anti-c-Jun, anti-phospho-c-Jun (p-c-Jun) and anti-GAPDH polyclonal antibodies and horseradish peroxidase (HRP)-conjugated goat anti-rabbit IgG were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Dulbecco's-modified Eagle's medium F12 (DMEM-F12), RPMI-1640 medium and fetal bovine serum (FBS) were obtained from Gibco (Grand Island, NY, USA).

Cell culture and drug treatment

HUVECs were isolated from normal human umbilical cords, digested with 0.05% trypsin and 0.02% EDTA, and eluted with DMEM-F12. Cells were grown in DMEM-F12 containing 5 units/mL heparin, 30 μ g/mL endothelial cell growth supplements, 100 units/mL penicillin, 100 units/mL streptomycin and 10% FBS. At confluence, the cells were subcultured at a

1:3 ratio and then cultured in an atmosphere of 95% air and 5% CO_2 at 37 °C. Passage 2–6 was chosen for experiments. The U937 monocytic cell line from Wuhan Institute of Cell Biology (Wuhan, China) was maintained in RMPI-1640 medium supplemented with 10% FBS and antibiotics.

After reaching sub-confluence, the HUVECs were pretreated with vehicle or COS (50–200 μ g/mL) in DMEM-F12 with 1% FBS for 24 h. The cells were then washed with phosphate-buffered saline (PBS, pH 7.4) and exposed to 100 ng/mL of LPS for different time intervals.

Cell viability assay

HUVECs were plated at a density of 5×10^3 cells/well into 96-well plates containing 150 µL of DMEM-F12 with 10% FBS and incubated overnight. Cells were treated with 150 µL of COS (50–200 µg/mL) or LPS (100 ng/mL) in DMEM-F12 with 1% FBS for 24 h. After the treatment, the cells were washed with PBS and incubated with MTT (5 mg/mL) in culture medium with 1% FBS. Following 3 h of incubation at 37 °C, the medium was discarded, and the formazan blue, which formed inside the cells, was dissolved in 100 µL of DMSO. The optical density at 490 nm was determined with a Sunrise Remote Microplate Reader (Grodig, Austria). The cell viability of each well was presented as percentage of the control level.

Reverse transcriptase-polymerase chain reaction (RT-PCR)

Total RNA was extracted from HUVECs using TRIZOL (Takara, Dalian, China). Reverse transcription was performed in 10-µL reaction mixtures containing 1 µg total RNA, 2.5 units AMV reverse transcriptase, 25 pmol oligo-dT primer, 10 nmol dNTP mixture and 20 units RNase inhibitor (Bioer, Hangzhou, China) at 42 °C for 1 h and 95 °C for 5 min. To quantify the IL-8 mRNA expression in HUVECs, RT-PCR was carried out in 20-µL PCR reaction mixtures containing 1 µL cDNA reaction mixture, 10 nmol dNTP mixture, 10 pmol sense and antisense primers, and 2 units BioReady rTag polymerase (Bioer, Hangzhou, China). The following primers were used for mRNA amplification: IL-8 (292 bp, sense 5'-ATG ACT TCC AAG CTG GCC GTG GCT-3'; antisense 5'-TCT CAG CCC TCT TCA AAA ACT TCT C-3') and GAPDH (230 bp, sense 5'-CTC TCT GCT CCT CCT GTT CGA CAG-3'; antisense 5'-GTG GAA TCA TAT TGG AAC ATG T-3'). The thermal cycling program was as follows: 4 min at 94 °C for initial denaturation and 30 cycles of 30 s at 94 °C, 30 s at 60 °C for IL-8 and 54 °C for GAPDH, and 30 s at 72 °C. For PCR product analysis, 6 µL of each reaction mixture was electrophoresed on a 1.5% agarose gel containing 1% GoldViewTM. Band intensities were analyzed with ImageJ software (NIH, USA) and are presented as a percentage of GAPDH expression.

Enzyme-linked immunosorbent assay (ELISA) for IL-8

The concentration of IL-8 in the culture medium was detected with an ELISA kit according to the manufacturer's instructions (R&D Systems, Minneapolis, USA). Briefly, 100 μ L of experimental supernatants or IL-8 standard dilution was added into a microplate pre-coated with anti-IL-8 human monoclonal

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antibody and incubated for 1.5 h at 37 °C. The microplate was then washed, reacted with detection antibody for 1 h and washed again. Next, horse radish peroxidase (HRP) was added for a 30-min incubation before another wash and subsequent incubation with the substrate solution for 15 min. Finally, the reaction was stopped with 2 mol/L H₂SO₄ and the absorbance of each well was measured at 450 nm using a Sunrise Remote Microplate Reader (Grodig, Austria). The concentration of IL-8 (pg/mL) was acquired by comparing the absorbance values to those obtained from a standard curve.

Wound healing migration assay

HUVECs were seeded at a density of 10⁵ cells/well in 24-well plates in DMEM-F12 with 10% FBS. After reaching subconfluency, the cells were pretreated with COS as described above. Subsequently, the cell monolayer was scratched with a pipette tip to obtain a "wounded" zone. The medium and dislodged cells were aspirated, and then the remaining cells were exposed to LPS (100 ng/mL) for 12 h. After incubation, the cells were washed with PBS, fixed with 4% paraformalde-hyde, and stained with hematoxylin and eosin. Cell migration was observed, and photos were taken using a phase contrast microscope (Wetzlar, Germany). The number of migrated cells in the wounded area under different experimental conditions was counted using a pre-defined frame.

Monocytic cell adhesion assay

HUVECs were grown in DMEM-F12 with 10% FBS at a density of 10^5 cells/well in 24-well plates. After growth to subconfluence, the cells were pretreated with COS as described above. Following the pretreatment, the cells were washed with PBS and exposed to LPS (100 ng/mL) for 4 h. U937 monocytes were incubated in RPMI-1640 medium containing 10% FBS and 10 µmol/L of fluorescent dye BCECF-AM at 37 °C for 1 h. Fluorescence-labeled U937 cells were washed with PBS twice and seeded at a density of 5×10^4 cells/well onto HUVECs treated with COS and/or LPS. After incubation at 37 °C for 1 h, non-adherent U937 cells were removed by gentle washing with PBS, and the images of random fields were captured using a Leica DMRX microscope (Wetzlar, Germany). The fluorescent intensity of each image was measured with Image-Pro Plus 6.0 software (Media Cybernetics, USA).

Preparation of cell lysates

Nuclear and cytoplasmic fractions were separated using a nuclear and cytoplasmic protein extraction kit (Beyotime, Jiangsu, China). Briefly, cells were washed with ice-cold PBS (pH 7.4), harvested and resuspended in 200 μ L lysis buffer A (10 mmol/L Hepes with pH 7.9, 10 mmol/L KCl, 0.1 mmol/L EDTA, 1 mmol/L dithiothreitol, 0.4% Igepal CA-630, 5 μ mol/L leupeptin, 2 μ mol/L pepstatin A, 1 μ mol/L aprotinin and 1 mmol/L phenylmethylsulfonyl fluoride). Following a violent vortex, the obtained lysates were incubated for 10 min on ice and centrifuged at 12 000×g for 5 min at 4 °C. The supernatant, consisting of the cytoplasmic fraction, was aliquoted for analysis. The pellets were resuspended in 50 μ L

nuclear extraction buffer B (20 mmol/L Hepes with pH 7.9, 0.4 mol/L NaCl, 1 mmol/L EDTA, 1 mmol/L dithiothreitol and 1 mmol/L phenylmethylsulfonyl fluoride) and then agitated for 30 min at 4 °C. After centrifugation at 12 000×g for 10 min, the supernatant containing nuclear extracts was collected. For isolation of total cell extracts, the cells were lysed in RIPA lysis buffer (50 mmol/L Tris with pH 7.4, 150 mmol/L NaCl, 1% Triton X-100, 1% sodium deoxycholate, 0.1% sodium dodecyl sulfate and 0.05 mmol/L EDTA) for 15 min on ice. The lysates were centrifuged at 12 000×g for 10 min at 4 °C, and the supernatants were collected. Protein content of extracted samples was measured using a bicinchoninic acid protein assay kit (BioMed, Beijing, China). All samples were stored at -80 °C until further analysis.

Western blot analysis

To evaluate the expression of target proteins, cell lysates were boiled in 5×loading buffer (125 mmol/L Tris HCl, pH 6.8, 10% SDS, 8% dithiothreitol, 50% glycerol and 0.5% bromochlorophenol blue) for 10 min. Equal amounts of protein (50 µg) were separated on 8%-12% SDS-polyacrylamide gels and transferred to 0.45 µm polyvinylidene fluoride membranes. The membranes were blocked with 5% skim milk in PBS with 0.1% Tween 20 (PBST) for 1 h and incubated with primary antibodies overnight at 4 °C, including NF-KB p65 (1:250), phosphorylated (p)-p38 (1:500), p38 (1:500), p-Akt (1:1000), Akt (1:1000), c-Jun(1:1000), p-c-Jun (1:1000) and GAPDH (1:1000). Then the membranes were washed with PBST and incubated with HRP-conjugated secondary antibodies for 1 h at room temperature. After the final wash, specific protein bands were visualized using enhanced chemiluminescence reagents (ECL), and densitometric analysis was performed with the use of a PDI Imageware System (Bio-Rad, Hercules, CA, USA).

Statistics

Statistical analyses were performed using SPSS 10.0 package (SPSS Inc, Chicago, IL, USA). Data are represented as means \pm SD. One-way ANOVA and Student's *t*-tests were performed to determine statistical significance. Values with *P*<0.05 were considered significant.

Results

COS fail to decrease the cell viability of HUVECs

Because COS have been reported to stimulate the growth of normal cells and to induce tumor cell apoptosis^[17, 18], their effect on the cell viability of HUVECs was assessed. After treatment with COS (50, 100, and 200 μ g/mL) or LPS (100 ng/mL) alone for 24 h, no difference was observed compared to the vehicle-treated group (data not shown), indicating that both COS and LPS at the above concentrations failed to cause cytotoxic effects on HUVECs.

COS inhibit LPS-induced IL-8 expression in HUVECs at the transcriptional and translational levels

To investigate whether COS are capable of inhibiting LPSinduced IL-8 expression in HUVECs at the transcriptional



level, the cells were pretreated with COS as described previously and then exposed to LPS (100 ng/mL) for 4 h. As indicated in Figure 1A, stimulation with LPS caused a 333.7%±36.7% increase in the mRNA level of IL-8 compared to the vehicle-treated group (P<0.01). COS (100 and 200 µg/mL) pretreatment for 24 h significantly inhibited LPSinduced over-expression of IL-8 mRNA (48.9%±2.9% and 47.7%±4.3% of that of the LPS-treated group, respectively, P<0.01).

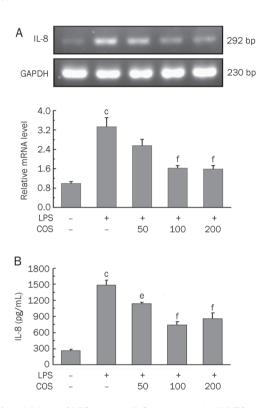


Figure 1. Inhibition of LPS-induced IL-8 expression in HUVECs by COS at transcription and translation levels. (A) Cells were pretreated with COS (50, 100, and 200 µg/mL) for 24 h and then exposed to LPS (100 ng/mL) for 4 h. After treatment, the IL-8 mRNA level was determined by RT-PCR analysis as described in Materials and methods. (B) Cells were pretreated with COS (50, 100, and 200 µg/mL) for 24 h and then exposed to LPS (100 ng/mL) for 8 h. After treatment, the concentration of IL-8 in culture medium was determined by ELISA analysis as described in Materials and methods. Data are expressed as means±SD (*n*=3). ^c*P*<0.01 compared to the vehicle-treated group; ^e*P*<0.05, ^f*P*<0.01 compared to the LPS-treated group.

The effect of COS on LPS-induced IL-8 secretion in HUVECs was also determined using ELISAs. As expected, we found that the secretion of IL-8 in the supernatant fraction of HUVECs was significantly increased by an LPS (100 ng/mL) challenge for 8 h (550.5 \pm 33.5% of the vehicle-treated group, *P*<0.01) (Figure 1B), whereas pretreatment with COS (50, 100, and 200 µg/mL) markedly reduced the IL-8 concentration to 77.0 \pm 1.4% (*P*<0.05), 50.0 \pm 3.8% (*P*<0.01) and 58.3 \pm 6.4% (*P*<0.01) of that of the LPS-treated group, respectively.

COS suppress LPS-induced HUVEC migration

To evaluate the suppressive effect of COS on LPS-induced HUVEC migration, a wound-healing method was used with some modifications^[19]. As shown in Figure 2, after exposure to LPS (100 ng/mL) for 12 h, the number of cells migrating into the "wounded" zone was increased to 261.0%±20.9% of the vehicle-treated group (*P*<0.01), whereas COS (50, 100 and 200 μ g/mL) pretreatment for 24 h led to a concentration-dependent decrease in HUVEC migration (50 μ g/mL, 89.5%±12.5%, *P*=0.42; 100 μ g/mL, 69.8%±4.2%, *P*<0.05; 200 μ g/mL, 62.5%±1.9%, *P*<0.05, *vs* the LPS-treated group).

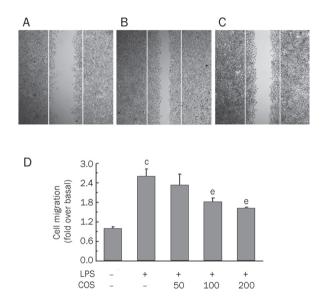
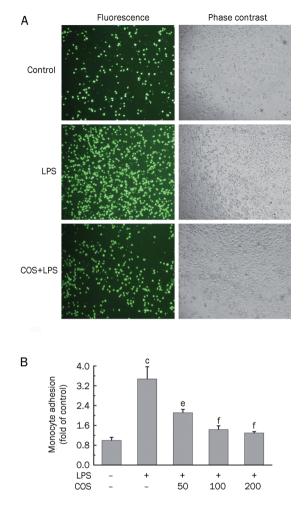


Figure 2. Suppressive effect of COS on LPS-induced HUVEC migration. (A) After wounding of the HUVEC monolayer, cells were stimulated with vehicle for 12 h. (B) After wounding of the HUVEC monolayer, cells were stimulated with LPS (100 ng/mL) for 12 h. (C) After pretreatment with COS (200 µg/mL) for 24 h, the HUVEC monolayer was wounded and then exposed to LPS (100 ng/mL) for 12 h. (D) HUVEC migration was presented as a percentage of the vehicle-treated group. Cells migrated into the denuded area were counted as described in Materials and methods. Data are expressed as means±SD. (*n*=3). ^cP<0.01 compared to the vehicle-treated group; ^eP<0.05 compared to the LPS-treated group.

COS inhibit U937 cell adhesion to LPS-induced HUVECs

To determine whether the inhibition of IL-8 expression by COS in LPS-induced HUVECs was associated with a decrease in monocyte adhesion, we assessed U937 cell adhesion to HUVECs challenged by LPS. There was a 348.2%±43.5% increase in the rate of U937 cell adhesion to HUVECs after LPS exposure (100 ng/mL) for 4 h compared to the vehicle-treated group (P<0.01) (Figure 3). When HUVECs were pretreated with COS for 24 h before exposure to LPS, the number of adherent U937 cells was strikingly reduced (50 µg/mL, 60.8%±3.6%, P<0.05; 100 µg/mL, 41.3%±4.1%, P<0.01; 200 µg/mL, 37.2%±1.9%, P<0.01 *vs* the LPS-treated group).





А _{NF-кВ (р65)} GAPDH 2.0 Relative protein level 1.6 1.2 0.8 0.4 0.0 LPS 200 COS 50 100 В p-c-Jun c-Jur 1.5 Relative protein level (fold over control) 1.2 0.9 0.6 0.3 0.0 LPS + + COS 50 100 200

Figure 3. Inhibitory effect of COS on U937 cell adhesion to LPSinduced HUVECs. Cells were pretreated with COS (50, 100, and 200 µg/mL) or vehicle for 24 h, exposed to LPS (100 ng/mL) for 4 h and then incubated with fluorescent-labeled U937 cells for 1 h. (A) Representative fluorescence and phase contrast images of HUVECs were shown. (B) Monocyte adhesion was presented as a percentage of total fluorescent intensity of the vehicle-treated group. Data are expressed as means±SD. (*n*=3). ^c*P*<0.01 compared to the vehicle-treated group; ^e*P*<0.05, ^f*P*<0.01 compared to the LPS-treated group.

COS display a blocking effect on LPS-induced NF- κB and AP-1 translocation into the nuclei of HUVECs

Because increased expression of IL-8 is known to be associated with the activation of NF- κ B and AP-1^[20, 21], we tested the inhibitory effects of COS on LPS-induced nuclear translocation of both transcription factors in HUVECs. As shown in Figure 4A, in comparison to the vehicle-treated group, LPS (100 ng/mL) exposure for 4 h stimulated NF- κ B translocation into the nucleus of HUVECs, as indicated by an increased protein level of NF- κ B p65 in the nucleus (187.5%±16.9%, *P*<0.01). However, this translocation was remarkably down-regulated by COS pretreatment for 24 h (50 µg/mL, 46.6%±6.5%, *P*<0.01; 100 µg/mL, 8.8%±1.1%, *P*<0.01; 200 µg/mL, 20.1%±1.2%, *P*<0.01, *vs* the LPS-treated group). In parallel, COS pretreatment also suppressed LPS-induced AP-1 activation in the

Figure 4. Blocking effect of COS on LPS-induced NF-κB and AP-1 translocation into nucleus of HUVECs. (A) Relative protein levels of NF-κB in nucleus of HUVECs. (B) Relative protein levels of AP-1 in nucleus of HUVECs. Cells were pretreated with COS (50, 100, and 200 µg/mL) for 24 h and then exposed to LPS (100 ng/mL) for 4 h. After treatment, nuclear and cytoplasmic fractions were analyzed for detection of NF-κB by Western blot analysis as described in Materials and methods. Data are representative of three experiments (mans±SD). ^cP<0.01 compared to the vehicle-treated group; ^eP<0.05, ^fP<0.01 compared to the LPS-treated group.

nucleus of HUVECs, which was presented as the relative expression of c-Jun, a major component of AP-1 (50 μ g/mL, 56.9%±8.0%, *P*<0.05; 100 μ g/mL, 34.0%±4.1%, *P*<0.01; 200 μ g/mL, 63.1%±3.9%, *P*<0.05, *vs* the LPS-treated group) (Figure 4B). These results suggest that COS effectively inhibited LPS-induced NF- κ B and Ap-1 activation in HUVECs.

COS inhibit LPS-induced over-expression of phosphorylated p38 MAPK and Akt in HUVECs

Next, we determined the effect of COS on the p38 MAPK signaling pathway, which is involved in the regulation of upstream gene expression in HUVECs^[22]. The results in Figure 5A show that LPS (100 ng/mL) exposure for 10 min induced a rapid increase in p-p38 protein levels in HUVECs (120.6%±14.5% of the vehicle-treated group, *P*<0.01). After



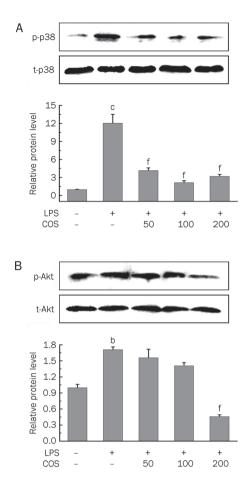


Figure 5. Inhibitory effect of COS on LPS-induced over-expression of phosphorylated p38 MAPK (A) and Akt (B) in HUVECs. Cells were pretreated with COS (50, 100, and 200 µg/mL) for 24 h and then exposed to LPS (100 ng/mL) for 10 min for p38 detection and for 1 h for Akt detection. After treatment, cell lysates were extracted and the protein levels of phosphorylated p38 (p-p38) MAPK, total p38 (t-p38) MAPK, phosphorylated Akt (p-Akt) and total Akt (t-Akt) were determined by Western blot analysis as described in Materials and methods. Data are representative of three experiments (mans \pm SD). ^bP<0.05, ^cP<0.01 compared to the LPS-treated group.

pretreatment with COS at concentrations of 50, 100, and 200 μ g/mL for 24 h, the level of p-p38 was reduced to 34.6%±3.5% (*P*<0.01), 17.8%±2.5% (*P*<0.01) and 26.6%±2.4% (*P*<0.01) of that of the LPS-treated group, respectively.

Several studies have reported the activation of the phosphatidylinositol 3-kinase (PI3K)/Akt pathway and its contribution to the up-regulated production of inflammatory cytokines in activated endothelial cells^[23]. Thus, we analyzed the effect of COS on LPS-induced PI3K/Akt activation in HUVECs. As shown in Figure 5B, the level of p-Akt in HUVECs was increased to 171.5%±10.8% of that of the vehicle-treated group (*P*<0.05) after LPS (100 ng/mL) exposure for 1 h. COS pretreatment for 24 h failed to inhibit LPS-induced Akt phosphorylation from 50 to 100 µg/mL. However, COS at 200 µg/mL exhibited a significant inhibition of p-Akt (26.6%±1.9%)

of that of the LPS-treated group, *P*<0.01).

p38 MAPK and PI3K inhibitors suppress LPS-induced IL-8 mRNA levels in HUVECs

A p38 inhibitor, SB203580, and a PI3K inhibitor, LY294002, were used in this study to determine whether COS inhibited LPS-induced IL-8 expression in HUVECs through the blockade of the p38 MAPK and PI3K/Akt signaling pathways. When cells were pretreated with SB203580 (25 μ mol/L) or LY294002 (50 μ mol/L) for 1 h and then challenged with LPS (100 ng/mL) for 4 h, LPS-induced expression of IL-8 mRNA was reduced to 52.4%±2.6% (*P*<0.01) and 56.4%±3.4% (*P*<0.05), respectively, in comparison to the LPS-treated group (Figure 6A and 6B). Additionally, treatment with the inhibitors alone had no effect on IL-8 mRNA expression in HUVECs that were not treated with LPS. These results indicate that the p38 MAPK and PI3K/Akt pathways are required for LPS-induced

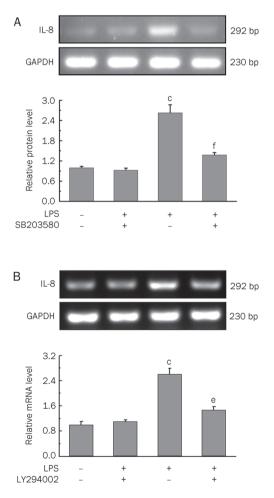


Figure 6. Suppressive effects of p38 MAPK inhibitor, SB203580 (A) and Pl3K inhibitor, LY294002 (B) on LPS-induced IL-8 mRNA level in HUVECs. Cells were pretreated with SB203580 (25 μ mol/L) or LY294002 (50 μ mol/L) for 1 h and then exposed to LPS (100 ng/mL) for 4 h. After treatment, the mRNA expression of IL-8 was analyzed by RT-PCR as described in Materials and methods. Data are representative of three experiments (mans±SD). ^cP<0.01 compared to the vehicle-treated group; ^eP<0.05, ^fP<0.01 compared to the LPS-treated group.

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IL-8 expression at the mRNA level.

Discussion

Endothelial dysfunction, the early stage of vasculopathy, is closely related to the vascular inflammatory process, and excessive secretion of pro-inflammatory cytokines released by damaged ECs may indicate a dysregulation of the host defense against invasive stimuli in vivo^[22]. This view is supported by Papadopoulou et al and by Seino et al^[24, 25], who found that over-expression of IL-8, IL-6, monocyte chemoattractant protein-1 (MCP-1) and other chemokines occurred in ECs and the intima of atherosclerotic lesions. Therefore, the inhibition of IL-8 and other mediators in activated ECs through drugs or specific nutrients might be of great benefit in the maintenance of endothelial homeostasis and the prevention of vascular diseases. Several intervention studies have shown that COS can regulate immune responses by decreasing the production of pro-inflammatory cytokines^[12-14]. Our results provide the first evidence that COS inhibit the production of IL-8 in LPSinduced HUVECs through the blockade of the p38 MAPK and PI3K/Akt signaling pathways.

As a key mediator in acute inflammatory responses, IL-8 can be produced in ECs stimulated by IL-1β, TNF-α, LPS, and other infectious agents^[23, 26, 27]. In this context, drugs with antiinflammatory activities have been investigated to ameliorate endothelial damage by limiting the synthesis and release of IL-8. For example, ghrelin, a newly discovered hormone, was verified to inhibit TNF-a-induced IL-8 production in ECs^[28]. Moreover, ciprofloxacin, one of the quinolone antibiotics, displayed a suppressive effect on IL-8 mRNA expression in ECs^[29]. In this study, we determined the mRNA expression and protein secretion of IL-8 in LPS-induced HUVECs. We found that pre-incubation with COS ameliorated the elevated production of IL-8 by LPS stimulation. Because incubation of COS (50-200 µg/mL) alone for 24 h showed no inhibitory effect on the cell viability of HUVECs, it was apparent that the inhibition of IL-8 production by COS pretreatment was not due to a decrease in cell numbers but to a down-regulation in the cellular production of IL-8. The data support our hypothesis that COS may exert a blunting effect on LPS-induced IL-8 production in ECs.

In the process of vascular inflammation, chemotactic stimuli direct the migration of leukocytes toward damaged vessel walls and the subsequent adhesion to $\text{ECs}^{[30]}$. In addition, activated ECs by themselves can migrate to surrounding tissues to spur the formation of new blood vessels, which is essential for the aggravation of vascular diseases^[31]. In experimental studies, LPS has been shown to promote human endothelial cell migration by inducing the activation of related inflammatory cytokines such NF- κ B and IL-8, which is the main tissue-derived chemoattractant for leukocytes and partly contributes to the interaction of leukocytes with ECs^[32, 33]. Based on these reports, we examined the effects of COS on LPSinduced HUVEC migration and monocyte (U937 cell line) adhesion to HUVECs. As expected, LPS stimulation not only promoted HUVEC migration but also intensified U937 cell adhesion to HUVECs, and these effects were reversed by COS pretreatment. Considering the excessive production of IL-8 in HUVECs challenged by LPS, it can be speculated that COS might lessen LPS-induced HUVEC migration and U937 cell adhesion through inhibition of IL-8 production. Conversely, the study by Park *et al* provided a different observation that chitosan treatment elicited neutrophil migration, which was enhanced with an increasing degree of *N*-acetylation of chitosan^[34]. As the *N*-acetylation degree of COS (<1 kDa) used in the present study is below 5%, perhaps it is the different *N*-acetylation degree and different molecular weight between chitosan and COS that led to the opposite pharmaceutical effects in the two observations.

Among the known cell signaling pathways, NF-KB, and AP-1 are two well-studied transcription factors and have been demonstrated to induce the production of inflammatory cytokines such as IL-8, IL-6, and adhesion molecules^[27, 35]. In resting cells, NF-kB exists in its canonical form as a p50/p65 heterodimer bound to the inhibitor factor-kB (IkB) in the cytoplasm^[36]. In response to extracellular stimulation such as by LPS and TNF-a, the degradation of IkB through proteolysis is initiated, which allows for the translocation of NF-KB from the cytoplasm into the nucleus, where it activates the transcription of target genes^[4]. AP-1, a heterodimer formed by the products of the c-Fos and c-Jun, is another nuclear transcription factor that is involved in inflammation by binding to the upstream promoters of inflammatory cytokines^[37]. In this study, COS pretreatment suppressed LPS-induced NF-KB and AP-1 activation by reducing the levels of both transcription factors in the nuclei of HUVECs, from which we therefore speculate that the inhibitory effect of COS on IL-8 over-production in LPSinduced HUVECs may result from the suppression of NF-KB and AP-1 activation.

Among the cell signaling pathways in ECs, p38 MAPK and PI3K/Akt are reported to act upstream of NF-KB and AP-1. In the case of TNF-α-induced IκB degradation and subsequent NF-KB activation in HUVECs, a pivotal role for p38 MAPK has been identified^[21]. Additionally, p38 activity is necessary for the recruitment of AP-1, which subsequently promotes IL-8 expression^[38]. Studies by Isoda et al and Kim et al showed that the release of pro-inflammatory cytokines was positively related to the activation of NF-KB and AP-1 through the up-regulation of phosphorylated PI3K and Akt levels^[27, 39]. Hence, we assessed the effect of COS on LPSinduced phosphorylation of p38 MAPK and Akt. Our findings suggest that COS pretreatment suppressed the phosphorylation of these two pro-inflammatory kinases in HUVECs challenged by LPS. More importantly, the LPS-induced IL-8 mRNA expression was partially, but significantly, inhibited by pretreatment with specific inhibitors of p38 MAPK (SB203580) and PI3K (LY294002), implying a critical role for both signaling pathways in the regulation of IL-8 expression^[40, 41]. On the other hand, the partial effects of SB203580 and LY294002 also revealed potential roles for other signaling pathways. Taken together, these results might indicate that COS blocked LPSinduced signal transduction of IL-8 in HUVECs at least partly



by suppressing the phosphorylation of p38 MAPK and Akt and the translocation of NF- κB and AP-1.

Binding of COS to a specific receptor is thought to be a prerequisite for enhancing cell activation^[42]. In studies by Feng *et al*, oligochitosan was found to interact with the mannose receptor in macrophages and was subsequently internalized into cells^[43]. Regretfully, it remains to be determined whether COS can also be internalized into HUVECs and, if so, which membrane molecules are involved in COS-mediated inhibition of pro-inflammatory cytokine production. These puzzling presumptions indicate that the action of COS on endothelial cells may be complex, and further efforts are required to explore the underlying mechanisms by which COS exert their anti-inflammatory effects.

In conclusion, our investigation demonstrated that COS exerted an inhibitory effect on LPS-induced IL-8 expression in HUVECs at the transcriptional and translational levels. Furthermore, COS inhibited LPS-induced HUVEC migration and U937 monocyte adhesion to HUVECs. Signal transduction studies suggest that COS act by interfering with the phosphorylation of p38 MAPK and Akt and the translocation of NF-xB and AP-1. Our findings underscore a role of COS in ameliorating endothelial dysfunction by exogenous insults to the vasculature.

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Author contribution

Yu-guang DU and Chao YU designed the experiments; Hongtao LIU, Pei HUANG, and Pan MA performed the research; Qi-shun LIU analyzed the data; and Hong-tao LIU wrote the paper.

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