

NIH Public Access

Author Manuscript

Curr Med Chem. Author manuscript; available in PMC 2014 May 07.

Published in final edited form as: *Curr Med Chem*. 2009 ; 16(6): 643–651.

Modulation of Microglial Innate Immunity in Alzheimer's Disease by Activation of Peroxisome Proliferator-activated Receptor Gamma

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Abstract

Alzheimer's disease (AD) is the leading cause of dementia in the elderly. Although the etiology of AD remains unclear, microglia-mediated neuroinflammation is believed to play an important role in its pathogenesis. Microglial activation occurs in AD and is characterized by apparent phagocytic activity and by increased production and secretion of several cytokines, chemokines, reactive oxygen and nitrogen species, prostaglandin (PG)E2, and neurotrophic factors. Microglial activation can be neuroprotective through the release of neurotrophic factors and by phagocytosing Aβ, a critical neurotoxic component in AD brain. Concurrently, microglial activation causes elevated inflammatory responses that lead to paracrine damage to neurons. Therefore, a well-controlled microglial activation that diminishes microglial-mediated oxidative damage while promoting neuronal protection may be the key for AD therapy. Peroxisome proliferator-activated receptor gamma (PPARγ) has recently gained increasing attention in AD due to its function as a molecular target for nonsteroidal anti-inflammatory drugs (NSAIDs). In this review, we will discuss the role of $PPAR\gamma$ in microglial innate immunity in AD and how pharmacological manipulation of microglial activation using PPARγ ligands might facilitate the treatment of AD.

Keywords

Alzheimer's disease; microglial activation; PPARγ; neuroinflammation; β-amyloid; therapy

1. INTRODUCTION

Alzheimer's disease (AD) is the leading cause of neurodegenerative diseases that cause dementia, and afflicts approximately 25 million individuals worldwide. Senile plaques, which predominantly consist of β -amyloid (A β), are one of the pathological hallmarks in AD brain [1]. Although the pathogenesis of AD remains unclear, microglia are associated

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with A β plaques and are thought to play an important role in the pathogenesis of AD [2–7] for review].

Under physiological conditions, microglia actively monitor and respond to changes in the microenvironment [8,9]. Microglia become activated in several diseases. Activation is characterized by morphological changes and by production of various effectors that are critical for neuronal survival during pathological events. These effectors include cytokines, chemokines, reactive oxygen and nitrogen species, prostaglandins (PGs), and neurotrophic factors [10–13]. As a result of such functional changes, microglial activation in AD can be neuroprotective by phagocytosing Aβ and by releasing neurotrophic factors to promote neuronal survival. In contrast, microglial activation also accelerates oxidative stress by accumulating pro-inflammatory cytokines and reactive oxygen and nitrogen species, which in turn leads to exacerbation of AD pathogenesis. Indeed, Aβ is one of a handful of endogenous ligands known to activate microglial innate immunity, a contributor to AD pathogenesis, and has been used for microglial activation as a model in AD research. Hypotheses regarding the misfolding and aggregation of Aβ peptides that are responsible for triggering microglia-mediated inflammation in pathological conditions are under intensive investigation [14–21]. In addition, there are various stimulants used with differing inflammatory activation pathways. Specifically, lipopolysaccharide (LPS) is widely used as an inflammatory stimulant in microglial activation studies. Thus, in this review microglial activation refers to the state stimulated by any of the various stimulants cited in the literature.

Currently there is no cure for AD, and to date, FDA-approved treatments for AD provide symptomatic relief only. Therefore, to overcome these deficits a disease-modifying approach is needed [22–24]. There is an emerging consensus that understanding the regulation of microglial activation may be critical for AD therapy. Treatments devised to promote the beneficial effects of microglial activation, such as enhancing Aβ clearance, while diminishing neuroinflammation are a therapeutic target for AD. Several epidemiologic studies have demonstrated that non-steroidal anti-inflammatory drugs (NSAIDs) are efficacious in reducing the incidence and risk of AD, thereby perhaps suppressing processes of AD at very early stages [25–29]. Discrepant results have been reported from clinical trials of NSAIDs in patients with dementia or mild cognitive impairments from AD.

A postulated target of NSAIDs is peroxisome proliferator-activated receptor gamma (PPAR γ) [30–33]. Activation of PPAR γ has been shown to be anti-inflammatory and therefore may be capable of modulating microglial innate immunity. In addition, PPARγ activation exerts other beneficial functions such as control of energy metabolism through the modulation of mitochondrial function. PPARγ activation may promote normal mitochondrial functioning through PPARγ coactivator 1α (PGC-1α) [34]. Thus, PPARγ has received increasing attention in AD therapy. The main theme of this review will focus on PPAR γ activation in microglial innate immunity in AD. Importantly, we will discuss how pharmacological manipulation of microglial activation using PPARγ ligands might complement treatment of AD.

2. ANTI-INFLAMMATORY PROPERTIES OF PPARγ

PPAR γ and two other genetically distinct isoforms (PPAR α , PPAR β/γ are highly related receptor isoforms encoded by three genes on chromosomes 3p25, 22q12-q13.1, 6p21.2 p21.1, respectively. All three are members of the PPAR subfamily of nuclear hormone receptor superfamily comprising steroid, thyroid, and retinoid receptors with approximately 75 proteins in the mammalian proteome [35]. There are four known PPARγ mRNA isoforms, PPAR γ -1–4, generated from one single PPAR γ gene with alternate promoter usage and splicing [36]. PPAR γ -1, PPAR γ -3, and PPAR γ -4 encode the same protein, while PPARγ-2 possesses an additional exon (exon 2) comprised of 28 amino acids. Studies show that a P12A polymorphism at exon 2 of PPAR γ gene is linked to type 2 diabetes and was recently found to confer a higher risk of AD in individuals 80 years or older [37].

PPARs are intimately involved in the regulation of gene expression for cell differentiation, apoptosis, glucose and lipid metabolism, inflammation, and carcinoma development [38– 39]. Regulation of target gene expression by PPARs is ligand-dependent and requires binding to peroxisome proliferator response elements (PPREs) in the enhancer sites of regulated genes. PPARs have a highly conserved DNA-binding domain, encoding two zinc fingers, and a ligand binding site in its C-terminal region. Also, heterodimerization between PPARs and retinoid X receptors (RXR α , RXR β , RXR γ) is required for the transcription activity. Upon binding of a ligand to the PPAR-RXR heterodimer complex, nuclear-receptor corepressor proteins are released from the complex, leading to binding of activated PPAR-RXR to PPREs of a target gene, which in turn downregulates or upregulates gene expression. Nevertheless, some regulation of gene expression by PPARs can be also PPRE independent through a poorly understood mechanism called receptor-dependent transrepression that is believed to inhibit transcription factors, including nuclear factor kappa B (NF-κB), activator protein-1 (AP-1), and signal transducer and activator of transcription-1 (STAT-1) [40,41].

In brain, PPARs have been described in both neurons and glia, with PPARγ localized to specific regions [42,43]. Frontal cortex, basal ganglia, reticular formation, some cranial nerve nuclei, deep cerebellar nuclei, and cerebellar Golgi cells are rich in PPARγ and RXRs, while the hippocampal regions CA1 and CA3 are relatively low in those expressions. Given the pathological significance of the hippocampus in AD, the distinct expression patterns of the receptors may imply different susceptibility to the amyloidogenesis in various brain regions. All three PPARs are expressed in astrocytes, while PPARγ is the major form expressed in microglia, suggesting a role for PPARγ in microglia-mediated neuroinflammation. Not surprisingly, ligands for PPARγ, including both natural metabolites and synthetic compounds, seem to have different binding affinity for $PPAR\gamma$ as well as differing biological impacts. Details will be discussed in the next section.

The anti-inflammatory effects of PPARγ agonists on monocyte/macrophage activation were first studied by Ricote *et al* [44] and Jiang *et al* [45]. It was elucidated that PPARγ agonist 15-deoxy-delta (12,14)-prostaglandin J2 (15d-PGJ2) and a synthetic PPARγ agonist BRL49653 may attenuate interferon-γ (IFNγ)-stimulated activation of monocytes/ macrophages as reflected in inducible nitric oxide synthase (iNOS), matrix

metalloprotease-9 (MMP-9), and scavenger receptor type A. Agonist 15d-PGJ2 and/or troglitazone also led to inhibition of phorbol myristyl acetate (PMA)-induced proinflammatory cytokines, such as TNFα. Effector functions of microglia were reported by Petrova *et al* [46] and Bernardo *et al* [47]. Although they came to different mechanistic conclusions, their studies agreed that PPARγ agonists are capable of suppressing LPSinduced expressions of iNOS and pro-inflammatory cytokines. By measuring secretion of pro-inflammatory cytokines and cyclooxygenase-2 (COX-2) expression, subsequent studies by others also indicated that PPARγ agonists decreased Aβ- and LPS-stimulated microglial activation [48,49].

Microglia are postulated to play an important role in pathogenesis of several neurodegenerative diseases where they become activated, displaying innate immune responses and increased phagocytic activity. A robust innate immune response occurs in association with Aβ-containing plaques in brains of patients with AD, which may contribute to the pathogenesis of the disease [50–52]. However, as demonstrated by numerous examples, microglial activation is a double-edged sword and need not be exclusively deleterious [53]. In fact, double transgenic mice that overexpress an AD-causing mutant form of human APP as well as a natural inhibitor of complement C3 suggest that the innate immune response in AD may be beneficial in part by enhancing clearance of Aβ peptides from plaques through phagocytosis [54]. Thus, an emerging consensus hypothesizes that aggregated Aβ stimulates a presumably beneficial microglial phagocytic response while at the same time activating a neurotoxic glial innate immune response. If microglial phagocytosis fails to remove the aggregated Aβ, a protracted innate immune response becomes neurotoxic. This fact implies two apparently mutually exclusive therapeutic strategies: stimulate microglia to enhance Aβ clearance and suppress microglial activation to dampen bystander damage to neurons. As a result, completely suppressing microglial activation may not be effective in reversing AD pathogenesis. It is conceivable that clearance of the existing amyloid plaques in AD brain is critical in preventing and/or reversing the pathogenesis, since reducing exposure of neurotoxic Aβ to neurons is an ultimate goal for maintaining normal brain function. Recently, increasing research is focusing on PPARγ activation of microglia in AD because of its function as a target for NSAIDs, suggesting that PPAR γ might have potential for modulating microglial activation in neurodegenerative diseases.

3. LIGAND-ACTIVATED PPARγ **ACTIVITY IN REGULATION OF MICROGLIAL INNATE IMMUNITY**

3.1. Most Common PPARγ **Ligands**

PPARγ activation requires ligand binding for subsequent regulation of gene transcription. Ligands for PPAR γ include both synthetic compounds and endogenous metabolites with different binding affinities to the receptor [55]. Chemical structures of some PPARγ ligands are presented in Figure 1. The first known and probably the most potent endogenous PPARγ ligand is 15d-PGJ2, which is the PGD2 derivative from arachidonic acid [56]. Of note, studies report that naturally occurring 15d-PGJ2 may exert beneficial effects on antiinflammation, dependent and/or independent of its function in activating PPARγ (*vide*

infra). Other endogenous PPARγ ligands include gamolenic acid, arachidonic acid, docosahexanoic acid, eicosapentaenic acid, and some polyunsaturated fatty acid metabolites, such as certain hydroxyeicosatetraenoic acid (HETE) and hydroxyoctadecadienoic acid (HODE) [57]. HETE and HODE can be generated from oxidation of arachidonic acid and linoleic acid, respectively, found in oxidized low density lipoprotein (oxLDL) as well as in membranes. The 11-, 15-HETE and 9-, 13-HODE are among those capable of activating PPAR γ with potency similar to 15d-PGJ2 [58,59].

For synthetic PPARγ ligands, the most widely known compounds are the thiazolidinediones (TZDs) that were initially developed for treatment of type II diabetes mellitus (DM). TZDs, also known as glitazones, include troglitazone (Rezulin), pioglitazone (Actos), rosiglitazone (Avandia), and ciglitazone. Troglitazone was the first member of this class to be approved by the FDA for clinical application, however it has subsequently been removed from the market due to its association with an increased risk of hepatitis [60]. In addition to their antidiabetic potency, all of the above TZDs possess anti-inflammatory properties *in vitro* and *in vivo.* Pioglitazone and rosiglitazone, two current FDA approved TZDs for DM, are the most common drugs used in several studies for their anti-inflammatory properties, especially in regulation of microglial activation.

Some TZD-related derivatives that possess potent PPARγ activity are small heterocyclic thiadiazolidinones (TDZDs) [61]. Several TDZDs, including 2,4-dibenzyl-1,2,4 thiadiazolidine-3,5-dione (NP00111) and the related compounds, 4-benzyl-2-methyl-1,2,4 thiadiazolidine-3,5-dione (TDZD-8), and many other synthetic TDZDs (Martinez-A), have been reported [62–64]. They are non-ATP competitive inhibitors of serine/threonine glycogen synthase kinase 3β (GSK-3β), although some of their neuroprotective functions can be dependent or independent of GSK-3β inhibition. In contrast to TZDs, TDZDs appear to have favorable oral bioavailability and blood-brain barrier (BBB) permeability and show neuroprotective effects against LPS- and kainic acid-induced inflammation. Thus, it has been postulated that TDZDs could be of better use in AD therapy. Other TZD derivatives, such as JTT-501, KRP-297, L764406, MCC-555, and some tyrosine-based PPARγ agonists, such as GW1929, GW7845, GI262570, L796449, and L805645 have also been designed and their actions in AD remain to be explored [65–71].

NSAIDs are classic drugs for inflammatory diseases and have been intensively studied in AD. Ibuprofen, indomethacin, and NO-releasing flurbiprofen (e.g. NCX2216 and HCT1026) are known to have PPARγ activity in cell culture models [29,36,72–74]. However, ibuprofen, indomethacin, and HCT1026 tend to completely suppress microglial activation without promoting phagocytic activity. Thus, these drugs may not effective for advanced disease and could be of better use in pre-clinical stages of the disease. In contrast, NCX2216 appears to have dynamic regulation of microglial activation, rather than complete inhibition, through the modulation of PPARγ activation. This may make it be ideal for conferring therapeutic benefit during the course of AD. The proposed interpretation will be discussed in detail below.

Another drug with newly indicated function in $PPAR\gamma$ activation is Telmisartan, an angiotensin receptor II type 1 (AT1) blocker used in treatment of hypertension [75,76]. It

exerts a variety of pleiotropic functions, including antioxidative, anti-apoptotic, and antiinflammatory effects. Telmisartan has been reported to attenuate TNFα and COX-2 expression, reduce oxidative damage, and suppress NADPH oxidase subunit p22 (phox) gene expression, most likely *via* its partial PPARγ agonist activity [77,78]. Although Telmisartan possesses anti-inflammatory and antioxidative stress properties in an intracerebral hemorrhage, the potential effect on regulation of microglial activation in AD is unknown.

3.2. Treatment of PPARγ **Ligands on Microglial Immune Activation**

Controlling microglial activation is a promising disease-modifying approach for AD therapy. As discussed above, various ligands are capable of activating PPARγ with different potencies. Increasing evidence indicates that treatment of PPAR γ ligands appear to modulate microglial innate immunity, especially in regulation of pro-inflammatory cytokines such as interleukin (IL)-1α, IL-6, and tumor necrosis factor alpha-(TNFα), which have been implicated in the pathogenesis in AD and the regulation of amyloid peptide protein synthesis. *In vitro*, rosiglitazone, pioglitazone, and ciglitazone have been shown to suppress secretion of TNFα, IL-1β, and/or IL-6 in primary microglia induced by LPS or phorbol 12-myristate 13-acetate [79–81]. In some reports, TZDs also showed activity in inhibiting NO production and proinflammatory gene expressions, such as iNOS, COX-2, and MMP-9 [82–84]. *In vivo*, an acute oral pioglitazone treatment was reported to reduce the number of activated microglia and expression of COX-2 and iNOS in brain of APPV717I mice, an AD transgenic model [85]. A similar protective effect of pioglitazone was found in LPS-treated mice [84] and in mice treated with 1-methyl-4-phenyl-1,2,3,6 tetrahydropyridine (MPTP) [86]. Molecular mechanisms underlying the beneficial effects of pioglitazone potentially involve inhibition of p38 and/or suppression of transcription factor NFκB, AP-1 and STATs [87]. Of note, the neuroprotective property of pioglitazone also functions directly by inhibiting oxidative stress in neurons. In addition, rosiglitazone increased IL-4, an anti-inflammatory cytokine that may suppress the activity of IL-1β [88].

The synthetic TZDs are more potent in activating PPARγ activity than endogenous 15d-PGJ2, which appears to be a relatively weak PPARγ agonist at low μM range [89,90]. However, evidence has shown that 15d-PGJ2 may be more effective in attenuating microglial immune responses than TZDs. 15d-PGJ2 has been shown to attenuate the expression of a variety of immune response genes in monocytes/macrophages through inhibition of I-κB kinase activation, alkylation of NF-κB-rel proteins, covalent modification and oligomerization of c-Jun which interferes with its DNA binding activities, and inhibition of AP-1 and phosphorylation of Janus kinase-STAT inflammatory signaling [91–95]. According to the literature and our unpublished data, the antiinflammatory effects of TZDs and 15d-PGJ2 are apparently involved in mechanisms independent of PPARγ activation, including pro-inflammatory cytokine release, iNOS and COX-2 expression and associated signaling. This was shown when these effects were not prevented by a PPARγ antagonist, GW9662. In another study, PGA2, a 15d-PGJ2-like cyclopentenone prostaglandin without apparent PPARγ binding affinity, was also reported to show ability of regulating microglial activation similar to 15d-PGJ2 [79]. Thus, these findings suggest that the beneficial effects

of PPARγ ligand treatments are not necessarily achieved through activating PPARγ directly.

Of note, several *in vivo* models show that some TZDs have limited or no permeability across the BBB, suggesting a lack of direct impact on brain PPARγ: pioglitazone has poor permeability and rosiglitazone is reported not to cross the BBB at all. Another indicator of likely indirect brain effects of TZDs is found when evaluating corticosteroid levels. Because high levels of serum corticosteroids may impair cognitive function, TZDs may stimulate improvement of learning and memory in animals by reducing peripheral corticosteroids. Thus, the beneficial effects of these $\text{PPAR}\gamma$ ligands in animal models further implicate an indirect effect on the brain and may be due to multi-targeting in antiinflammation.

In contrast to TZDs, TDZDs are small heterocyclic thiadiazolidinones with favorable oral bioavailability, BBB permeability and show neuroprotective effects against LPS and kainic acid-induced inflammation. Thus, it has been postulated that TDZDs could be of better use in AD therapy. TDZDs are non-ATP competitive inhibitors of GSK-3β, which is critical in AD pathogenesis. However, some of their neuroprotective functions appear to be dependent or independent of GSK-3β inhibition. Intriguingly, the antiinflammatory effects of TDZDs, such as NP00111, NP01138, and NP031112, on pro-inflammatory cytokines and proteins are dependent of PPARγ activation because the beneficial effects were completely inhibited by the antagonist GW9662 [62,96].

Another intriguing aspect of PPARγ ligands in modulating microglial activation is with respect to NSAIDs. It is postulated that the potency of NSAIDs to stimulate PPARγ activity contributes to their ability to inhibit COX and iNOS activity and NFκB signaling, all of which is beneficial for AD therapy. In AD transgenic mice, ibuprofen and indomethacin did reduce Aβ load [85,97]. However, these conventional NSAIDs showed largely disappointing results in several AD human trials, with the beneficial effects even less potent in patients with advanced AD. These results suggest that the beneficial effects may be compoundspecific.

Complete suppression of microglial activation may not be ideal for AD treatment because some functions of microglial activation may have neuroprotective effects [3, 98]. Recently, a NO-releasing flurbiprofen, NCX2216, has been shown to be effective on AD amyloid pathology and can either promote or inhibit microglial activation. NCX2216 and its related compound HCT1026 are *R*-enantiomer and NO-releasing derivatives of flurbiprofen. Unlike HCT1026, NCX2216 not only suppressed inflammation but also activated microglia *in vivo* and *in vitro*. Thus, NCX2216 may promote clearance of amyloid plaques. It is postulated that the presence of a NO-donating moiety with anti-oxidant activity, i.e., ferulic acid, may contribute to its dynamic regulation of microglial activation. The underlying mechanism may be explained by its unique nitration effects on PPARγ receptor [72]. It was found that NCX2216 possessed a long lasting effect on PPARγ and can induce nitration of the receptor, resulting in suppression of further PPARγ activation by itself or by endogenous ligands. The action prevents complete inhibition of microglial activation. As a result, NCX2216 transiently inhibited TNFα and NO production, while PGE2 and IL-1β are persistently inhibited. Thus, treatment of NCX2216 preserves certain functions of microglial

activation that may have protective outcomes. One important function is microglial phagocytosis in Aβ clearance, which will be discussed below. The potential of NCX2216 in AD therapy is under investigation.

Taken together, the beneficial effects of PPARγ ligands are compound-specific and can be dependent and/or independent of PPARγ activation. The most potent PPARγ agonists are not necessarily the most effective compounds for regulation of microglial regulation. Therefore, the key to successful AD therapy may lie in modulating microglial activation, through dynamic regulation of PPARγ activation while preserving the beneficial function of microglial activation which diminishes neuroinflammation.

3.3. Regulation of Microglial Aβ **Phagocytosis by Activation of PPAR**γ

In addition to the anti-inflammatory activity, another function of PPAR γ is its ability to promote Aβ clearance. Aβ clearance is an action that reduces Aβ-activated neuroinflammation in brain and is critical to AD pathogenesis. It is hypothesized that microglial phagocytic activity plays an important role in reducing Aβ accumulation, which may be inhibited in AD brain. Phagocytosis is a complicated process [99,100 for review] and is a specialized immune function critical in protecting brain against neurotoxic agents during pathological events. It removes Aβ accumulation as well as apoptotic cells in AD. Entry of a substance into microglia by phagocytosis requires re-organization of the actinbased cytoskeleton involved in ligation of receptors with Aβ-forming phagosomes and phagolysosomes. Recognition of the ligation can be opsonin-dependent (*via* classical Fc receptors or complement receptors) or opsonin-independent (*via* non-classical mannose receptors or scavenger receptors). Fc receptors are various types of receptors for the Fc portion of IgG, such as $Fc\gamma RI$ and $Fc\gamma RI$. CR3, the receptor for the complement protein C3bi, is the important complement receptor in this regard.

Aβ can bind to a variety of cell surface receptors, including the B-class scavenger receptor CD36, the alpha(6)beta(1)-integrin, the integrin-associated protein/CD47, receptor for advanced glycation endproducts (RAGE), serpin enzyme complex receptor, and heparin sulfate proteoglycans [101–105]. However, not all receptor bindings are involved in induction of microglial activation and/or phagocytosis. In microglia, binding between fibrillary Aβ and cell surface receptors, including the B-class scavenger receptor CD36, the alpha(6)beta(1)-integrin, and the integrin-associated protein/CD47, activate intracellular signaling cascades involved in phagocytic machinery [106]. It was reported that PPARγ activation induced Aβ clearance in primary murine mixed glia and cortical neuronal cultures. Other studies reported that the naturally occurring 15D-PGJ2 and synthetic TZDs, such as rosiglitazone, were able to transcriptionally induce expression of CD36 in macrophages [83]. The binding has been shown to drive a tyrosine kinase-based signaling cascade leading to induction of phagocytic activity. It was reported that phosphorylation of Vav, a guanine nucleotide exchange factor (GEF) for Rac1, appears to be required for Aβstimulated intracellular signaling events upstream of phagosome formation; Vav-deficient microglia showed attenuated phagocytic activity [107]. However, the effects of PPARγ agonists on these signaling events and expression of opsonin-dependent receptors in microglia are still unknown.

3.4. Regulation of PGE2 Expression by PPARγ **Activation**

Prostaglandin E2 (PGE2) is a product derived from arachidonic acid by cyclooxygenase (COX) and specific synthases. There are conflicting reports of PGE2 both mediating neurotoxicity and being neuroprotective, as well as both enhancing and suppressing macrophage phagocytosis. Increased PGE2 in the central nervous system, as occurs early in AD, may thus have both pro- and anti-inflammatory actions and may significantly modulate microglial phagocytosis. However, ongoing high levels of PGE2 appear to have adverse effects on AD pathogenesis. These reported differences indicate that regulation of PGE2 seems to be an appropriate target for AD therapy. Some nitric oxide-releasing NSAIDs derived from flurbiprofen, such as NCX2216 and HCT1026, are more potent than other NSAIDs in activating PPARγ. Intriguingly, these flurbiprofen derivatives have been shown to inhibit PGE2 synthesis in microglia, which action is associated with their ability in activating PPARγ [72].

PGE2 is a potent autocrine and paracrine factor that is distinct from other eicosanoid products of COX because of multiple G-protein coupled receptor subtypes of E prostanoid (EP), EP1-4, that are linked to functionally antagonistic second messenger systems. All EP receptor subtypes are expressed in brain. Recently, we reported that ablation of a one microglial PGE2 receptor, EP2, may enhance microglial Aβ phagocytosis while suppressing bystander damage to neurons from Aβ activation of microglial [108]. Data suggest that expression of microglial EP2 inhibits microglial phagocytic activity and is critical to microglia-mediated neuroinflammation. Furthermore, we also found that 15d-PGJ2 suppressed LPS-induced EP2 mRNA expression in microglia, suggesting a role of PPARβ in regulation of EP2-mediated neurotoxicity (unpublished data). This finding is consistent with other reports that PPARγ activation by TZDs inhibits EP2 expression in carcinoma cells [109]. Taken together, it appears that the beneficial effects of PPAR γ activation may be involved in regulation of EP2 signaling.

3.5. Synthetic Ligands for PPARγ **in Human Trial**

Rosiglitazone use has recently been reported in two clinical studies with AD subjects. In the first, a small clinical study examining 30 subjects with mild AD or amnestic mild cognitive impairment, a 6-month treatment of rosiglitazone (4 mg daily) was associated with an improved memory and cognitive function as measure by delayed recall and selective attention [110]. The authors also reported that serum APP concentrations remained unchanged in subjects treated with rosiglitazone, while serum APP levels were reduced in the control group, consistent with the observation that Aβ decreases with progression of AD. Although using serum APP or A β levels to assess A β status in brain is still controversial, the data support the possible therapeutic use of PPARγ agonist for AD.

Another larger scale study of patients was reported by Risner *et al* [111]. A total of 336 mild-to-moderate AD patients treated with 3 different doses of rosiglitazone (2, 4, and 8 mg daily) and 106 patients receiving placebo completed the study. Following six months of treatment, outcomes were measured by AD Assessment Scale-Cognitive and Clinician's Interview-Based Impression of Change Plus Caregiver Input global scores. This study suggests that the 8 mg dose of rosigliatazone may be associated with improved cognitive

function in a subgroup defined by inheritance of common alleles of the apolipoprotein E gene (*APOE*), but with only marginal significance. Importantly, the data indicated that the beneficial effects were significantly impaired in those patients who inherited the ε4 allele of *APOE*. In contrast to those who inherited only ε2 and ε 3 alleles of *APOE*, ε4 allele-positive patients did not show improvement in response to drug. These studies support the beneficial effect of PPARγ agonist in AD therapy for at least some patients. However, the efficacy of the drug in treating AD is not satisfactory. Given the limited permeability of rosiglitazone across the BBB as discussed above, it is unclear whether rosiglitazone can modulate microglial activation in brain. Thus, there is plenty of room for improvement in future drug discovery.

4. SUMMARY

AD is the most commonly occurring dementia in elderly and is a devastating disease with massive neurodegeneration, which leads to major loss of brain function and eventually death. Because there is no cure for AD and current FDA-approved AD treatment is limited to symptomatic relief, a disease-modifying approach is needed. Although the etiology of AD remains to be clarified, microglia-mediated neuroinflammation has been implicated in the pathogenesis of AD. Even as it has become clear that the pathological impacts of microglial activation are complex, there is justifiable optimism that treatments devised to promote the beneficial effects of microglial activation, such as enhancing Aβ clearance while diminishing neuroinflammation, are an appropriate therapeutic target for AD. Due to its anti-inflammatory properties, PPARγ has conceivably gained increasing attention in AD research. Several *in vivo* and *in vitro* studies have indicated that activation of PPARγ by various ligands suppresses microglia-mediated neuroinflammation to different extents. However, it appears that efficacy in AD models is ligand specific and may be related to PPARγ activation. Indeed, activation of PPARγ is beneficial in down-regulation of proinflammatory gene expression as well as in control of microglial activation. To effectively counteract the disease, microglial activation needs to be finely regulated rather than completely inhibited in order to preserve the neuroprotective mechanisms while minimizing the microglia-mediated neuroinflammation. Finally, although the role of microglial activation is being examined predominantly in AD, a variety of neurodegenerative diseases share a similar presence of microglia-mediated inflammation and oxidative stress. The approaches or drugs developed by targeting microglial function in AD may also apply to other neurodegenerative diseases.

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Figure 1. Chemical structures of PPAR γ ligands.