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Impact of Multidrug-Resistant Organisms on Patients Considered for Lung Transplantation

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INTRODUCTION

The long-term success of lung transplantation is limited by the development of infections and chronic rejection, otherwise known as bronchiolitis obliterans syndrome (BOS).¹ Infection with multidrug-resistant (MDR) organisms is particularly problematic in patients with cystic fibrosis (CF), which is the third most common indication for lung transplant. Understanding the clinical impact and management options for these pathogens is critical for optimizing posttransplant outcomes and maximizing the benefit of a limited supply of donor organs.

Patients with CF are increasingly colonized and infected with MDR bacteria and fungi before transplant.^{1,2} Although *Pseudomonas aeruginosa* remains the predominant pathogen in patients with CF undergoing lung transplant evaluation, the prevalence of other species such as *Stenotrophomonas maltophilia*, *Achromobacter xylosoxidans*, *Pandorea*, and *Ralstonia* has also increased over the past decade.^{3–5} Outcomes in CF have greatly improved with the introduction of inhaled tobramycin and oral azithromycin, but the increasing use of these and other broad-spectrum antimicrobials has also led to changes in CF sputum microbiology.^{6,7} Antibiotic use has led to a loss of diversity in respiratory flora and increases in antimicrobial resistance.^{6,8,9} With regard to MDR pathogens, few data are available to guide specific therapy and predict the posttransplant outcomes for pathogens other than *P aeruginosa* (**Table 1**).¹⁰

SPECIFIC ORGANISMS

Pseudomonas aeruginosa

Microbiology and ecology—*P aeruginosa* is an opportunistic gram-negative aerobic bacillus found commonly in indoor and outdoor freshwater environments.¹¹ Displaying a multitude of virulence factors, *P aeruginosa* often manifests in 1 of 2 distinct phenotypes, a

tissue-invasive pathogen causing acute pneumonia and sepsis or as a chronic colonizer in damaged airways, such as in CF.^{12,13} Although *P aeruginosa* has a variety of virulence factors that may predispose this organism to severe acute infections, genome analysis of *P aeruginosa* strains in chronically infected recipients with CF has demonstrated that strains tend to display a different set of characteristics that allow the organism to persist as a chronic colonizer. These factors include

- Hyper mutability¹⁴
- Downregulation of virulence factors including toxin production, flagellum, and lipopolysaccharide O chains¹⁵
- Mucoïd phenotype, characterized by production of alginate biofilm
- Evasion from and inhibition of phagocytosis^{15,16}
- Multiple mechanisms of antibiotic resistance

Epidemiology—Among patients being considered for lung transplantation, most pseudomonal infections are seen in chronic suppurative lung diseases, with a prevalence of *P aeruginosa* in up to 80% of patients with CF and bronchiectatic lung diseases.¹⁷ Pretransplant colonization is a significant risk factor for infection after transplant, increasing the risk of infection by an odds ratio of 4.7.^{18,19} *Pseudomonas* is the most common cause of pneumonia in the first month after transplant and accounts for one-third of posttransplant pneumonias.^{20,21} This organism is particularly problematic in patients with CF.²² Posttransplant airway colonization with *P aeruginosa* has also been associated with BOS, which is the primary cause of mortality in lung transplant recipients. It is not clear whether the risk of BOS is seen only in patients with de novo infection or whether this extends to patients who were colonized before transplant.^{23,24} The posttransplant survival of patients colonized with pan-resistant *P aeruginosa* before transplant is similar to those with sensitive bacteria at 1 year (88% vs 96%), but worse at 3 years (63.2% vs 90.7%).²⁵ However, the average mortality with pan-resistant bacteria is comparable with that of the entire lung transplant population and thus patients should not be denied transplant candidacy because of pan-resistant *P aeruginosa*.¹⁰

MDR *P aeruginosa*, defined as resistance to greater than 3 or more classes of antibiotics, is common in patients with CF, with prevalence rates ranging from 10% to 45%.^{26–28} Cutting-edge sequencing techniques have provided new insights into the longitudinal effects of antibiotic treatment on the bacterial ecosystem in these patients.^{8,9} Findings from these recent studies by Zhao and colleagues⁸ and Fodor and colleagues⁹ suggest that use of antibiotics seemed to be the primary driver of the loss of diversity in respiratory flora, as opposed to age or lung function. A comparison between 1996 and 2008 demonstrated increased resistance to tobramycin in *P aeruginosa* isolates (11.8% vs 30.4%, $P<.001$), and increased carbapenem-resistant, aztreonam-resistant, and MDR *P aeruginosa* in patients who were exposed to intravenous carbapenems.⁶

Pretransplant management—CF Foundation guidelines recommend chronic use of inhaled antibiotics, such as tobramycin or aztreonam, reserving systemic antibiotics for

symptomatic exacerbations. Antibiotics are typically selected based on local susceptibility testing; typical classes of antibiotics with antipseudomonal activity include extended spectrum cephalosporins, β -lactam/anti- β -lactamase, carbapenems, quinolones, and aminoglycosides. The increase in MDR *P aeruginosa* over the past 2 decades had led to interest in assessment of synergy with antibiotics, using either the checkerboard dilution assay or the multiple combination bactericidal assay (MCBT).^{29,30} Synergy is defined as those combinations with demonstrable bactericidal activity. In studies from 1990 to 2006, combinations containing meropenem had the most bactericidal activity, showing in vitro efficacy in greater than 60% of strains.²⁹ Studies of the clinical efficacy of synergy testing have shown mixed results. In a randomized trial of patients with CF with respiratory exacerbations, antibiotic therapy guided by MCBT therapy did not improve the time interval between exacerbations, lung function, or end-of-treatment bacterial density before transplant.³¹

Posttransplant treatment—Most centers treat recipients with a history of *P aeruginosa* with 2-drug antipseudomonal therapy for 2 to 3 weeks postoperatively to reduce the risk of pneumonia and allograft colonization, based on previous susceptibilities.^{32–34} However, most centers avoid systemic colistin and aminoglycosides if possible because of cumulative nephrotoxicity when combined with calcineurin inhibitors for immunosuppression. Synergy testing may be beneficial in patients with CF with MDR *P aeruginosa* who are undergoing lung transplant, based on lower rates of septicemia and pleural infections seen in a retrospective study. Inhaled tobramycin and colistin are components of successful eradication strategies for de novo *P aeruginosa* in pediatric patients with CF, and may have a role in preventing colonization of the new allograft after transplant. However, the efficacy of these agents for posttransplant eradication has not been well studied. Surgical debridement of the sinuses after transplant has also been associated with reduced incidence of bacterial pneumonia and BOS.

Burkholderia Species

Microbiology and ecology—*Burkholderia* species are gram-negative bacteria found ubiquitously in the soil and moist environment. Members of this genus include *Burkholderia cepacia* complex, *gladioli* and *mallei*, and *pseudomallei*. Previously believed to represent 1 species, advances in genetics have shown that the *B cepacia* complex (BCC) comprises several phylogenetically similar but distinct species, including *B multivorans* and *B cenocepacia*. The latter has recently been further subdivided into epidemic (transmissible) and nonepidemic strains. Because patient-to-patient transmission of *Burkholderia* species has been consistently documented, the CF Foundation has recommended segregation of patients infected with BCC from each other and from other patients. Recent subclassification of *Burkholderia* species has shown strain-specific differences in the virulence of these pathogens, in the pretransplant and posttransplant settings.

Epidemiology—Although BCC are generally not pathogenic in healthy hosts, *Burkholderia* species colonize the respiratory tract in 15% to 22% of patients with CF. Although early eradication strategies have been used in the CF population, most patients who acquire these organisms develop chronic infection.³⁵ Chronic infection with BCC,

defined as the isolation of a species on 2 or more occasions over a minimum of 6 months, has been associated with an accelerated decline in lung function and increased mortality in recipients with CF.³⁶ Unfortunately, pretransplant colonization with *B. cenocepacia* has been associated with the highest risk for posttransplant mortality (relative risk 8.43, $P < .005$) and most lung transplant centers have denied transplantation to candidates infected with this species.^{37–39} More recently, it has been appreciated that infection with transmissible strains of *B. cenocepacia* may not be as hazardous as infection with the nontransmissible strains.³⁷ Further studies are needed to determine if patient selection criteria or other factors also played a role in the observed mortality differences. Pretransplant colonization with *B. gladioli* has also been associated with increased mortality in lung transplant recipients (hazard ratio 2.23, $P = .04$) and complications that include mediastinal abscesses, pleural infection, and chest wall infection.^{37,40–42} There is currently insufficient data to determine whether the increased posttransplant mortality is primarily attributable to chronic and MDR infection or also extends to those transiently infected with *B. gladioli* before transplant. Many transplant centers currently consider *B. gladioli* to be a relative contraindication to lung transplant. Given the strain and species, and the specific virulence of the various members of the BCC, programs should refer specimens to reference laboratories with DNA fingerprinting capacity, if needed to determine the exact species and strain.

Treatment—Treatment of most acute exacerbations with *Burkholderia* species include trimethoprim sulfamethoxazole as the drug of choice as well as typical antipseudomonal antibiotics, such as ceftazidime and meropenem.^{40,43} As a result of multiple resistance mechanisms, including an efflux pump, chronic infection with BCC is associated with an 80% prevalence of MDR, defined as resistance to 3 or more classes of antibiotics.^{40,44} In this setting, some experts recommend synergy testing to determine optimal antibiotic combinations, although its efficacy is uncertain.⁴⁵ There are limited data about the optimal treatment approach after transplant, although most centers recommend prolonged combination antibiotic therapy given the high risk of fatal infection after transplant.

Acinetobacter baumannii

Microbiology—*Acinetobacter* is a gram-negative coccobacillus found in a broad variety of environments. Historically, a pathogen of humid climates, *Acinetobacter* species have become increasingly prevalent as causes of nosocomial infections.^{46,47} *A. baumannii* can be particularly problematic due to some of the following virulence factors:

- Ability to survive dry environmental conditions for weeks⁴⁸
- Wide range of resistance mechanisms^{49,50}
- Enhanced adherence to bronchial epithelium using fimbriae⁵¹
- Production of a polysaccharide capsule that can delay phagocytosis⁵²

In the United States, transmission is typically traced to common source contamination in nosocomial settings, such as respiratory equipment in intensive care units, but community infection has been reported in other continents.

Epidemiology—Most of the nosocomial *A baumannii* infections occur in the setting of outbreaks; however, prolonged colonization can contribute to the endemicity of this pathogen after an outbreak. In 1 multicenter study, the prevalence of *Acinetobacter* in intensive care patients approximated 3%, predominantly as outbreaks.⁵³ Furthermore, the rapid acquisition of multiple mechanisms of resistance has led to the emergence of strains that are pan resistant.⁵⁴

Peritransplant management—Treatment of *Acinetobacter* infections is based on local susceptibility patterns, but typical antibiotic choices include third-generation or fourth-generation cephalosporins, carbapenems, and β -lactams/anti- β -lactamase combinations. Colistin may be of benefit with resistant strains. In the pretransplant setting, *Acinetobacter* infections may become more prevalent as more centers become willing to transplant candidates who are on mechanical ventilatory or extracorporeal life support. Although there are currently no published reports describing the incidence or effect of pretransplant *Acinetobacter* infections on posttransplant outcomes, the concern for fatal posttransplant infection likely prevents many from being considered for transplantation. Infections with MDR *A baumannii* in lung transplant recipients can have devastating outcomes. In 1 series of 6 patients infected with carbapenem-resistant *A baumannii* during a hospital outbreak, the organism was persistently recovered from the respiratory tract in 4 of 6 recipients despite aggressive treatment and all 4 died as a result of this infection.⁵⁵ In another report that included 16 solid-organ transplant recipients with *A baumannii* that was resistant to all antimicrobials except tigecycline and colistin, patients who were initially treated with colistin monotherapy demonstrated 91% mortality.⁵⁶ However, following a new protocol to determine the local mechanism of resistance (OXA-23 gene) and subsequent synergy testing, an initial treatment regimen of carbapenem and colistin resulted in a 60% survival rate in subsequent patients infected with *A baumannii*. Further studies are needed to determine the circumstances under which patients with pretransplant *A baumannii* infection can undergo lung transplantation with acceptable posttransplant outcomes.

Nontuberculous Mycobacteria

Infections with nontuberculous mycobacteria (NTM) are fairly prevalent in patients with several pretransplant chronic lung processes including adult-onset bronchiectasis and CF. Overall, there is no difference in posttransplant mortality between patients with or without positive NTM cultures, however the rate of NTM disease is highest in patients with *Mycobacterium abscessus*.⁵⁷ Key points about NTM and lung transplant candidates are⁵⁷⁻⁶¹

- Prevalence estimates of carriage are 3% to 13% in pretransplant patients and 10% to 22% after transplant.
- Many patients (~40%) who have pretransplant NTM continue to have positive cultures after transplant.
- *M abscessus* is considered a relative contraindication to transplant because of its virulence and intrinsic resistance to antimicrobial agents.

M abscessus

Microbiology—*M abscessus*, a rapidly growing mycobacterium (ie demonstrating visible growth on solid media within 7 days) is increasingly recognized as an important human pathogen.⁶² This bacteria is found in water and soil and is capable of colonizing skin surfaces, the gastrointestinal tract, and the respiratory tract of humans. It is one of the most resistant organisms to antimicrobial agents, the mechanisms of which are the focus of increasing research. Natural and acquired resistance mechanisms include

- The presence of a waxy impermeable cell wall
- Antibiotic-modifying enzymes
- Target-modifying enzymes that confer resistance to macrolides
- Efflux pumps

The complete genome sequence became available in 2009, allowing for further classification of substrains and the discovery that *M abscessus* shares several characteristics with slow-growing mycobacteria.

Epidemiology—Before transplant, the most frequently isolated species are *Mycobacterium avium* complex (41%) followed by *M abscessus* (7%). *M abscessus* can cause skin infections in nosocomial settings, bronchopulmonary infections in patients with chronic lung diseases, and disseminated infections in immunocompromised hosts. There are few data on the clinical outcome of *M abscessus* infections in transplant recipients. Chernenko and colleagues⁶⁰ conducted a follow-up survey of 62 centers to determine the incidence and clinical outcomes of *M abscessus* infections before and after lung transplant.⁶¹ Seventeen of 5200 transplant recipients were infected with *M abscessus* after transplant; of these, only 2 were infected with *M abscessus* before transplant, suggesting that pretransplant infection with *M abscessus* may have been a contraindication to transplant at many centers.

Peritransplant treatment—Treatment is recommended in patients who have progressive disease, or who may need lung transplantation in the future. *M abscessus* infections are intrinsically resistant to most standard antibiotics and antituberculous agents. Typical modal minimum inhibitory concentrations are less than tissue/serum levels only for clarithromycin, aminoglycosides, ceftazidime, and tigecycline, with some strain-specific variability in susceptibility patterns. Most recommendations are to use a multidrug regimen including clarithromycin, aminoglycoside, and a third agent for 24 months, but the efficacy of the multidrug approach is mixed. The success rates of sputum conversion and maintenance of negative cultures depend significantly on resistance profiles, ranging from 60% for macrolide-sensitive organisms to less than 20% in macrolide-resistant strains. Although *Mycobacterium avium* complex is more frequently recovered from respiratory samples, the isolation of the species rarely meets the American Thoracic Society (ATS) definition of clinical disease and may not require treatment.⁵⁸ In those cases that meet the ATS criteria, standard treatment approaches include clarithromycin, ethambutol, and rifampin for a minimum of 12 months.⁶²

Scedosporium Species

Scedosporium colonization is common in patients with advanced CF, and infections are a problem in lung transplant recipients.⁶³ Among North American lung transplant recipients, *Scedosporium* species are the second most common cause of filamentous fungal infection, following only aspergillosis.^{64,65} *Scedosporium* colonization is a risk factor for invasive disease after lung transplant.⁶⁵ Patients who are colonized with *Scedosporium* before transplant can develop infections with the same strain after the transplant.⁶⁶ Identifying patients who are carrying *Scedosporium* before transplant is crucial in that it gives clinicians a chance to try to modify the risk for posttransplant infection. Such information can also be used to inform decisions regarding the suitability of the patient for lung transplant.

Ecology and microbiology of *Scedosporium*—Clinically relevant species include *S. prolificans*, *S. apiospermum*, and the closely related *Pseudallescheria boydii*. Recent work has identified *S. aurantiacum* as a new species within the *P. boydii* complex.⁶⁷ Because the nomenclature has evolved in recent years, references to these fungi in the literature can be confusing. For example, *S. apiospermum*, *P. boydii* and *S. aurantiacum* have previously been reported as 1 species.

Scedosporium species are found in soil, water, and air. Their abundance is related to increasing nitrogen concentrations and decreasing pH within a range of 6.1 to 7.5. Human activity, including intense fertilization and hydrocarbon waste, supports growth of *Scedosporium* species in the environment. Some of the highest concentrations of *Scedosporium* species can be found at industrial sites, near gas stations, in urban parks, and within agricultural areas.⁶⁸

Geographic locale affects the epidemiology and microbiology of *Scedosporium* carriage in at-risk patients.

- *Scedosporium* colonization and infection are particularly prevalent in Australia.
- Environmental sampling in Australia has revealed an abundance of *S. aurantiacum* and *S. prolificans* in locations of high human activity.⁶⁹

In 1 Australian medical center, molecular epidemiology analysis showed a single common type isolated in multiple patients suggesting a shared exposure source.⁷⁰ In general, however, exposure tends to be spread out over diverse regions, and in most studies a point source cannot be identified.^{71,72}

Epidemiology of *Scedosporium* carriage—Presence of *Scedosporium* species can be a common finding in the respiratory tract and sinuses of patients with CF, bronchiectasis, and even interstitial lung disease.^{70,73–75}

- Patients with late-stage CF are at particularly high risk for carriage.
- After *Aspergillus*, *Scedosporium* species are typically the most commonly isolated filamentous fungi in patients with CF.
- Carriage rates have been reported to be in the 3% to 10% range.^{63,76,77}

The intersection of environmental exposure and host factors affects the epidemiology of colonization and infection. In CF, the conditions created by viscous secretions, airway abnormalities, and the impact of chronic and recurrent bacterial colonization and infection favor carriage of these fungi. In 1 study, patients with *Scedosporium* colonization were significantly less likely to be colonized with mucoid strains of *P aeruginosa*, whereas colonization rates were higher in those who had received previous therapy with antistaphylococcal penicillins.⁷⁸

Accurate detection of respiratory tract colonization with *Scedosporium* and identification to the species level can be challenging. Because treatment regimens differ by infecting species, identifying *Scedosporium* to the species level is crucial. Molecular techniques can assist in this task. Additional techniques that are in development include use of mass spectroscopy and assays that detect a siderophore that is specific for *S apiospermum*.^{79,80}

- When using standard culture media, *Scedosporium* carriage can be underestimated because of overgrowth by faster-growing bacteria and fungi (eg, *P aeruginosa* and *Aspergillus* species).
- Specialized semiselective mycologic isolation medium such as SceSel can increase yield.^{81,82} Such media should be used in addition to standard fungal culture techniques when evaluating patients.⁷⁷
- Once the fungus is grown in culture, a species-specific multiplex polymerase chain reaction (PCR) can differentiate between clinically relevant species.⁸³
- Application of PCR directly to sputum is another approach that can be used to detect occult organisms to the species level.⁸⁴

The natural history of *Scedosporium* carriage is variable. Colonization may be transient or persist in the bronchial passages or sinuses for years.⁸⁵ Once persistent colonization is established, it becomes difficult to eradicate.^{86,87} Patients tend to become exclusively colonized with 1 species (eg, *S prolificans*, *S aurantiacum* or *S apiospermum*), but may carry multiple strains of that species.⁸⁸

Clinical manifestations and treatment before transplant—Clinical manifestations of *Scedosporium* in patients with CF (before transplant) include^{63,86}

- Asymptomatic carriage; this is the most common presentation.
- Mycetoma, which tends to occur in preexisting lung cavities and is sometimes referred to as a fungus ball.
- Allergic bronchopulmonary disease, which is a syndrome much like allergic bronchopulmonary aspergillosis.
- Invasive disease is uncommon, but may occur in patients with CF. Can be limited to the lung or present as disseminated infection.⁸⁹

Evaluation of a patient with CF with findings suggestive of invasive infection, mycetoma, or allergic bronchopulmonary disease should include a search for *Scedosporium*.

Scedosporium species are difficult to treat with antifungal agents. Based on in vitro data and clinical experience, treatment options for *S apiospermum* (and the related *P boydii*) and for *S aurantiacum* are^{90,91}

- Voriconazole, which is probably the best choice
- Combination therapy with an echinocandin and either voriconazole or amphotericin B (AmB)

S prolificans can be resistant to multiple antifungal agents, including voriconazole and AmB. Treatment options for invasive infection with *S prolificans* include^{92–96}

- Surgical management
- Micafungin combined with voriconazole or AmB
- Voriconazole combined with terbinafine has also been effective in vitro and in clinical *S prolificans* infections

The role of posaconazole for any of the *Scedosporium* species is unclear at this time, but may be an option for those that are intolerant or not responding to voriconazole.⁹⁷

Susceptibility testing, which generally requires sending the isolate to a reference laboratory, is an important element in constructing an antifungal regimen for such infections.

Treatment considerations in patients with chronic lung disease who are carrying *Scedosporium* depend on the species, the clinical scenario, and the prospects for lung transplant. The decision to treat is generally straightforward in patients with invasive disease. The approach to asymptomatic colonization is a more difficult decision point. Patients who are colonized with *Scedosporium* before transplantation may progress to disseminated infection after lung transplant. Therefore, an effort should be made to control the fungus in such patients.⁸⁵ Voriconazole is usually the drug of choice in this situation, but breakthrough infections have developed with this and other agents (eg, AmB and itraconazole).^{66,97} Moreover, eradication of *Scedosporium* may not be possible, requiring consideration of indefinite fungal prophylaxis after transplant.

Infections after lung transplant—The clinical manifestations of *Scedosporium* infection after lung transplant are diverse and range from asymptomatic colonization to severe invasive disease.^{97–100} In 1 study, proven (including disseminated) infection was diagnosed in 36% of lung recipients from whom *Scedosporium* was recovered.¹⁰¹

- Infection in lung transplant recipients generally originates in the lungs and sinuses, which are also the typical sites of pretransplant colonization.
- An important aspect of *Scedosporium* infections in lung transplant recipients is a tendency toward disseminated infection with clinical manifestations that include fungemia, brain abscess, endocarditis, cutaneous involvement, spondylodiscitis, and endophthalmitis.^{65,97,100,102}
- Once disseminated infection develops, the disease is nearly always fatal despite use of multiple antifungal agents and surgical excision.

Treatment options for invasive scedosporiosis after lung transplant are generally unsatisfactory.⁷⁵ Response to therapy depends on the extent of infection and the infecting organism. Disseminated infection with any of the *Scedosporium* species is nearly always associated with mortality. Infections caused by *S prolificans* are extraordinarily difficult to treat and tend to have poorer responses to antifungal therapy than those caused by *S apiospermum*.¹⁰³ The ideal treatment regimens for infection with the various *Scedosporium* species are not known. Treatment failures are common and, when successful, antifungal therapy generally needs to be given for months or longer. Relapses are common and lifelong therapy may be required.

The general approach to *Scedosporium* infection after transplant is

- *S apiospermum* and *S aurantiacum*: voriconazole ± echinocandin
- *S prolificans*: surgical therapy and adjunctive voriconazole ± an echinocandin ± terbinafine

Aspergillus terreus

Aspergillosis is the most common fungal infection in lung transplant recipients.¹⁰⁴ A small but significant proportion of cases are caused by *Aspergillus terreus*. Exposure to this difficult-to-treat fungus is via inhalation of airborne conidia from environmental sources. Colonization or infection in a patient with chronic lung disease before transplant can be particularly problematic. *A terreus* has been identified in outdoor air, home tapwater, and compost.^{105–107} After transplant, *A terreus* infection can progress rapidly and is associated with a high mortality rate.¹⁰⁸ *A terreus* tends to be resistant to AmB. Prophylactic use of aerosolized AmB, which is a common practice in lung transplant programs, is a risk factor for infection with this fungus.^{109–113} *A terreus* is generally susceptible to voriconazole and this is the drug of choice for invasive disease.

SUMMARY

Advances in supportive care, including broad use of antimicrobial agents, are prolonging the lives of patients with advanced lung disease. A byproduct of these advances has been an increasing prevalence of carriage and infection with MDR organisms. When such infections occur after transplant, the results can be disastrous. In this regard, infections with highly resistant strains of *P aeruginosa*, *Burkholderia*, *Acinetobacter*, nontuberculous mycobacteria, *Scedosporium*, and *A terreus* can be particularly problematic. An understanding of the epidemiology, diagnosis, and treatment of these infections is important when evaluating a pretransplant candidate.

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KEY POINTS

- In prospective transplant recipients, the most important multidrug-resistant (MDR) organisms are *Pseudomonas aeruginosa*, and species of *Burkholderia*, *Acinetobacter*, nontuberculous mycobacteria, and *Scedosporium*.
- Carriage of MDR organisms before transplant can predict the development of difficult-to-treat infections after lung transplantation.
- Identification of colonization and infection with MDR organisms is important to help guide antimicrobial decisions before and after transplant, and to determine suitability for lung transplantation.
- Development of personalized antimicrobial regimens for lung transplant recipients depends on an understanding of the epidemiology, microbiology, and clinical implications of these organisms.

Table 1

Commonly used antimicrobials for MDR pathogens

Organism	1st Line Antimicrobials	Contraindication to Transplant
MDR. <i>P aeruginosa</i>	Carbapenem, piperacillin/tazobactam, cefepime +/- an aminoglycoside or quinolone	Rare
Pan resistant <i>P aeruginosa</i>	Any of above +/- colistin	
<i>B cenocepacia</i>	Ceftazidime, tetracyclines, trimethoprim-sulfamethoxazole, carbapenem	Probable
<i>B gladioli</i>	Piperacillin, aminoglycosides, carbapenem, ciprofloxacin	Possible
<i>A baumannii</i>	Carbapenem, colistin, tigecycline, ampicillin/sulbactam	Possible
<i>M abscessus</i>	Clarithromycin + amikacin	Possible
	2nd line: Clarithromycin + imipenem or ceftoxitin	
<i>M avium complex</i>	Clarithromycin, ethambutol, rifampin	Rare
<i>S apiospermum</i>	Voriconazole +/- echinocandin	Possible
<i>S prolificans</i>	Voriconazole +/- echinocandin +/- terbinafine	Possible
<i>A terreus</i>	Voriconazole +/- echinocandin	Rare

Data from. 62,112,113