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Genotyping for Severe Drug Hypersensitivity

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Abstract

Over the past decade, there have been significant advances in our understanding of the immunopathogenesis and pharmacogenomics of severe immunologically-mediated adverse drug reactions. Such T-cell-mediated adverse drug reactions such as Stevens-Johnson syndrome/toxic epidermal necrolysis (SJS/TEN), drug-induced liver disease (DILI) and other drug hypersensitivity syndromes have more recently been shown to be mediated through interactions with various class I and II HLA alleles. Key examples have included the associations of *HLA-B*15:02* and carbamazepine induced SJS/TEN in Southeast Asian populations and *HLA-B*57:01* and abacavir hypersensitivity. *HLA-B*57:01* screening to prevent abacavir hypersensitivity exemplifies a successful translational roadmap from pharmacogenomic discovery through to widespread clinical implementation. Ultimately, our increased understanding of the interaction between drugs and the MHC could be used to inform drug design and drive pre-clinical toxicity programs to improve drug safety.

Keywords

Genotyping; Altered peptide repertoire; DILI; DRESS; Human leukocyte antigen; Drug hypersensitivity; Major histocompatibility complex; Pharmacogenetics; Pharmacogenomics; Stevens-Johnson syndrome; Toxic epidermal necrolysis; Translation; SCAR

Introduction

Adverse drug reactions (ADRs) are common causes of patient morbidity and mortality and costs to the healthcare system [1–4]. Type A ADRs comprise the majority of reported drug reactions and are predictable based on the dose and pharmacologic activity of the drug. Type B ADRs account for less than 20 % of reported drug reactions and include immunologicallymediated drug reactions. More recently, some of these reactions have been shown to be immunogenetically driven [5]. Delayed hypersensitivity reactions (DHR) are a subgroup of

This article does not contain any studies with human or animal subjects performed by any of the authors.

Conflict of Interest

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Compliance with Ethics Guidelines

Human and Animal Rights and Informed Consent

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type B ADRs that are also classified according to the Gell-Coombs classification of immunologically-mediated drug reactions as type IVa-d based on the effector cell and the antigen involved. These consist of a variety of phenotypes encompassing milder skin reactions, such as exanthems, to more severe drug hypersensitivity syndromes (DHS). DHS also include severe cutaneous adverse reactions (SCARs) such as Stevens-Johnson syndrome/toxic epidermal necrolysis (SJS/TEN), drug-induced hypersensitivity syndrome (DIHS) also known as drug reaction with eosinophilia and systemic symptoms (DRESS) and acute generalized exanthematous pustulosis (AGEP). DHS may also occur where involvement is limited to one organ such as drug-induced liver disease (DILI). Onset of symptoms typically occurs a few days to 8 weeks after exposure to the antigen or drug.

DHS are driven by the inappropriate activation of T-cells. The primary proteins involved in these responses are now known to be human leukocyte antigen (HLA) molecules encoded within the major histocompatibility complex (MHC). MHC class I molecules are encoded by the genes *HLA-A, HLA-B* and *HLA*-C; whereas MHC class II molecules are encoded by *HLA-DP, HLA-DQ* and *HLA-DR*. Since HLA molecules are highly polymorphic, a systematic nomenclature has been developed. The digits before the first colon describe the allele group and the two digits following the colon signify specific subtypes of the locus. These proteins are responsible for the presentation of peptides to T-cells [5]. More recently, several associations have been characterized between certain HLA molecules and drug hypersensitivity reactions. The classic model proposed to explain these T-cell mediated reactions was the *hapten/prohapten hypothesis* proposing that drugs or their reactive metabolites covalently bind to host proteins. Alternative models were proposed including the *p-i model* that proposes that drugs bind non-covalently to the T-cell receptor (TCR) or MHC protein, leading to direct activation of T-cells without the presence of a peptide. This theory is supported by evidence that some drugs are able to elicit T-cell activation without proper antigen processing by antigen presenting cells (APCs) [6–8]. Thus, the p-i model provided a possible explanation for how T-cell activation could occur without prior exposure to a given drug [9]. In the *altered peptide repertoire model*, drugs non-covalently occupy sites within the peptide-binding groove of MHC proteins. This occupation leads to alteration of the specificities of MHC-peptide binding and results in presentation of selfpeptide antigens that are distinct from those normally bound by the unaltered MHC protein [5, 10, ••11]. Recent studies have demonstrated that this model may be central to the pathogenesis of phenotypically distinct hypersensitivity reactions to medications such as abacavir hypersensitivity syndrome and carbamazepine SJS/TEN [11–14] (Fig. 1).

Over the past decade, there have been numerous publications that have described associations between HLA alleles and DHS offering promise for identification for patients at risk and prevention of DHS that were previously believed to be unpredictable (Table 1; Fig. 2). The best characterized of these HLA-mediated DHS are discussed below.

Abacavir

The studies of abacavir-induced hypersensitivity (AHS) have created a roadmap for translational pharmacogenomics. Abacavir is a nucleoside reverse-transcriptase inhibitor used in combination antiretroviral treatment for HIV-1 infection. This syndrome was

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apparent in the pre-marketing phase of drug development of abacavir where an estimated 5– 8 % of patients developed AHS characterized by fever, malaise, gastrointestinal symptoms and organ involvement within the first 2–6 weeks of therapy [15]. Unlike DHS related to other drugs, rash was found to be a late feature of AHS and absent in up to 30 % of these patients. Treatment included immediate cessation of abacavir and supportive care. Reports of severe disease including hypotension and even death with repeat ingestion or prolonged dosing led to a stringent pharmacovigilance program surrounding the use of abacavir to encourage early discontinuation in those with potential AHS and to prevent re-exposure in those who had experience a syndrome compatible with AHS [16]. In 2001, during the premarketing phase of abacavir, a study was published that showed a higher frequency of AHS in Caucasians when compared to black and Asian populations [17]. Further studies, published in 2002, demonstrated an association between AHS and the MHC class I allele, *HLA-B*57:01* [18, 19]. Due to the higher carriage rate of *HLA-B*57:01* in populations of predominantly white race when compared to black individuals, initial studies found a particularly low sensitivity of *HLA-B*57:01* for clinically suspected AHS in non-white populations [18, 20]. However, this perceived lack of predictive value across all races was later found to be due to the high rates of false-positive clinical diagnosis of AHS which was particularly problematic in non-white races with a lower prevalence of *HLA-B*57:01*. Abacavir patch testing was found to be highly specific for the identification of those with true immunologically-mediated AHS and was used in two clinical trials that were performed to establish the clinical utility of pharmacogenetic testing for *HLA-B*57:01* [21,22]. In the PREDICT-1 trial, nearly 2,000 predominantly European Caucasian HIV-positive patients, were randomized to undergo real-time *HLA-B*57:01* screening with exclusion of abacavir therapy for *HLA-B*57:01*-positive patients or abacavir initiation followed by retrospective *HLA-B*57:01* genotyping. Clinical and patch test diagnosis of AHS were used as coprimary endpoints. Results revealed a 100 % negative predictive value of *HLA-B*57:01* as a screening test for the prevention of abacavir hypersensitivity [22]. The results of the PREDICT-1 trial were further supported by the SHAPE trial; a case-control study of black and white patients that revealed a 100 % negative predictive value of *HLA-B*57:01* for AHS across black and white populations and supported the generalizability of *HLA-B*57:01* screening across different ethnicities [21]. Additional studies have shown that *HLA-B*57:01* is cost-effective and has dramatically reduced the incidence of AHS [23, 24]. *HLA-B*57:01* screening prior to abacavir treatment has been widely implemented in routine clinical practice and is part of US FDA and international HIV treatment guidelines [25].

Recent studies have provided new insight into the molecular pathogenesis underlying AHS. Activated cytotoxic $CD8^+$ T-cells have been shown to be the main driving factor in AHS. Initially, activation of these T cells were thought to be dependent upon processing and presentation on MHC Class-I molecules via the drug/hapten theory [26]. More recently published studies provide evidence for an "altered peptide repertoire" model in which abacavir undergoes a metabolism-independent, direct and non-covalent interaction with the *HLA-B*57:01* binding cleft to form a new antigenic structure capable of eliciting a T-cell response [11, 13, 14, 27]. In 2012, Adam and colleagues produced abacavir-specific T-cell clones from *HLA-B*57:01*-positive individuals and showed that proteasome inhibition did not prevent T-cell reactivity to abacavir, providing evidence that T-cell stimulation does not

require covalent bonds to produce new antigenic determinants [••27]. Moreover, activation of T-cells have been shown to be dependent on the TCR avidity, drug concentration, and level of *HLA-B*57:01* molecules expressed on APCs [14, 27]. Additional studies have provided evidence that specific residues in the peptide binding cleft are required to elicit Tcell responses [26]. It has been shown that peptides eluted from abacavir-treated APCs expressing *HLA-B*57:01* in cell culture models include many neo-epitopes [11, 13, 14]. For example, Illing et al. demonstrated that 20–25 % of the recovered peptides from abacavirtreated *HLA-B*57:01* APCs were distinct from those isolated from untreated cells [••13]. These novel peptides were shown to lack typical carboxyl terminal aromatic hydrophobic amino acids and instead contained predominantly hydrophobic aliphatic amino acids such as isoleucine, leucine or valine residues. These differences can be explained by a change in the shape of the antigen-binding cleft from abacavir binding within the floor of the *HLA-B*57:01* F pocket peptide-binding groove [11, 13, 14]. Further support for the altered peptide repertoire model in AHS has been recently provided by two structural analyses of the abacavir-peptide-*HLA-B*57:01* complex [13, ••14]. In each of these studies, abacavir association with the *HLA-B*57:01* molecule was shown to alter the chemistry and topography of the peptide binding groove, resulting in a neo-antigen capable of eliciting an allo-reactive T-cell response [13, 14].

Carbamazepine

Carbamazepine is an aromatic amine anticonvulsant used to treat bipolar disorder, epilepsy, and trigeminal neuralgia. Carbamazepine has been associated with maculopapular eruption, DHIS/DRESS, and less commonly SJS/TEN that most typically occurs 2–8 weeks following drug initiation [28]. SJS/TEN is estimated to occur in 1–6 out of every 10,000 individuals receiving carbamazepine but has been previously noted to occur tenfold more commonly in those of Southeast Asian descent [5, 29, 30]. In 2004, Chung et al. showed that 100 % of Han Chinese patients with carbamazepine-associated SJS/TEN carried the *HLA-B*15:02* allele as compared to only 3 % in carbamazepine-tolerant controls and 8.6 % of the general population [30]. Subsequent studies have supported the association between the *HLA-B*15:02* and carbamazepine-induced SJS/TEN in Chinese, Thai, Malaysian and Indian populations [31–36]. An observational study examined the utility of *HLA-B*15:02* screening in 4,855 Han Chinese patients and subsequent avoidance of carbamazepine for those who were positive. Although rashes and other hypersensitivity syndromes occurred, there were no cases of carbamazepine-associated SJS/TEN in this group compared to an incidence of 0.23 % (i.e. 10 cases) expected based on historical data [37]. Approximately 3 % of patients carrying the *HLA-B*15:02* allele will develop carbamazepine associated SJS/TEN. Ko et al. characterized the TCR repertoire of patients with carbamazepine-associated SJS/TEN and showed that *VB-11-ISGSY*, a dominant TCR clonotype, was present in 84 % of *HLA-B*15:02* positive patients with carbamazepine-associated SJS/TEN and only 14 % of carbamazepine-naïve controls. Additionally, this clonotype was absent in all carbamazepinetolerant controls, including two individuals who were *HLA-B*15:02* carriers. Cell culture experiments on T cells from carbamazepine-naïve subjects revealed a cytotoxic phenotype following stimulation with carbamazepine in those who were both *HLA-B*15:02-* and *VB-11-ISGSY*-positive. Moreover, addition of a *VB-11-ISGSY*-specific antibody blocked

stimulation following carbamazepine exposure [•38]. These studies imply that the presence of both *HLA-B*15:02* and a specific TCR clonotype are required for the development of carbamazepine-induced SJS/TEN. *HLA-A*31:01* which is present in approximately 7 % of Han Chinese, 7–12 % of Japanese, 5 % of Koreans, and 2–5 % in northern European populations [\[allelefrequencies.net\]](http://allelefrequencies.net) has more recently been associated with DRESS/DIHS in Taiwanese, Japanese and European populations [•29, 39, 40, •41, 42]. Some but not all studies have also suggested an association between *HLA-A*31:01* and CBZ SJS/TEN in predominantly European populations [29, 43].

Multiple in vitro studies have shed light onto the molecular mechanisms underlying carbamazepine-associated ADRs. In 2012, Wei and colleagues published data that carbamazepine presentation to T-cells in the context of the *HLA-B*15:02* protein is independent of processing but does require peptide binding to stabilize the class I MHC complex on the cell surface [••12]. Additionally, APCs expressing other members of the HLA-B75 family, which includes *HLA-B*15:02*, showed T-cell activation in the context of carbamazepine presentation [12]. Modifications of the carbamazepine ring structure lead to alteration in *HLA-B*15:02* binding and T-cell response. Furthermore, mutagenesis was used to show that the region of carbamazepine association with *HLA-B*15:02* maps to the B pocket of the peptide binding groove with a contact at the Arg62 residue, a conserved amino acid among B75 serotypes [12]. An additional study by Illing et al. demonstrated that 15 % of isolated peptides eluted from carbamazepine-treated APCs expressing *HLA-B*15:02* were distinct from those obtained in untreated cells [13]. These findings support the altered peptide repertoire model as a feasible explanation for carbamazepine-induced SJS/TEN.

Allopurinol

Allopurinol is a xanthine oxidase inhibitor that has been used primarily to treat hyperuricemia and its complications, including chronic gout, since the early 1960s [44, 45]. Allopurinol hypersensitivity is characterized by a variety of cutaneous manifestations from benign maculopapular rashes to more severe forms, including SJS/TEN, and DHIS/DRESS [46]. The incidence of true allopurinol hypersensitivity is rare, with estimates to be approximately 0.1 % [47]. In 1989, a serological study revealed associations of the HLA haplotype *AW33-BW58* with cutaneous allopurinol hypersensitivity in Southern Chinese [48]. In 2005, a case-controlled study revealed *HLA-B*58:01* carriage in 100 % of allopurinol-induced SJS/TEN/DIHS/DRESS compared to 15 % of allopurinol-tolerant patients and 20 % of healthy controls [49]. Similar findings have been replicated in other ethnic groups including Japanese, Thai, and Korean populations [50–54]. In the first study of European patients, only 61 % of patients with allopurinol-induced SJS/TEN carried the *HLA-B*58:01* genotype, likely reflecting the lower carriage rate of *HLA-B*58:01* in European populations (1–6%) versus 10–15 % in Southeast Asian populations and further work has also suggested that HLA alleles in addition to *HLA-B*58:01* may be implicated [55–58].

The exact mechanism by which allopurinol causes different DHS phenotypes remains elusive, although it has been proposed that allopurinol or its metabolite oxypurinol may be

small enough molecules to bind multiple sites on the HLA molecule, possibly leading to direct TCR binding and activation [59].

Nevirapine

Nevirapine is a non-nucleoside reverse transcriptase inhibitor used in combination with antiretroviral treatment for HIV-1 infection. DHS with varying clinical phenotypes occurs within the first 6 weeks in approximately 5 % of patients who initiate nevirapine. These reactions may be characterized by a combination of rash, fever and/or hepatitis, and nevirapine has also been associated with SJS/TEN [60, 61]. Uncovering the mechanisms underlying nevirapine-related hypersensitivity has been difficult due to the varying phenotypes and multiple genetic associations across differing ethnicities. Both class I and class II MHC molecules have been implicated in varying clinical syndromes of nevirapine HSRs. A Western Australian prospective cohort study associated carriage of the Class II allele *HLA-DRB1*01:01* nevirapine-induced rash associated hepatitis and this effect was abrogated by a CD4+ count of $\langle 25 \frac{\omega}{62} \rangle$. Later studies have also supported the association between DRB1 supertype alleles: *HLA-DRB1*01:01* and *HLA-DRB1*01:02* and nevirapine hepatitis DHS phenotypes [••63, 64, ••65]. MHC class I molecules have been primarily associated with nevirapine-associated cutaneous phenotype DHS [66–71]. *HLA-B*35:05* and *HLA-Cw*04* variants were shown to be involved in cutaneous-only nevirapine reactions in several populations including African-Americans, Thai, and Han Chinese [68–71]. More recently, *HLA-C*04:01* has also been associated with nevirapine SJS/TEN in a case-control study of 117 HIV-positive patients in Malawi and 151 controls [••72].

Polymorphisms in the *CYP2B6* gene (rs2054675, rs3786547, rs3745274), the main cytochrome p450 isoform involved in nevirapine metabolism, were shown to be associated both alone and CYP2B6 516 G--> T with HLA-Cw4 with nevirapine-associated cutaneous drug reactions in blacks and whites supporting that the parent drug and concentration effects may be important in the immunopathogenesis of nevirapine DHS [••63]. Although much progress has been achieved in uncovering the immunologic basis of nevirapine hypersensitivity, many questions still remain regarding the complex interactions between immunologic, genetic, and metabolic factors.

Amoxicillin-Clavulanate

Amoxicillin-clavulanate (AC) is one of the most frequently prescribed treatments for bacterial infections. Amoxicillin-clavulanate DILI may present as cholestatic, hepatocellular, or a mixed pattern with an onset of symptoms ranging from a few days to several weeks after initial drug exposure, and rare cases require transplantation or are fatal [73].

Initial studies revealed an association between the HLA class II haplotype *HLA-DRB1*15:01* and patients with AC-associated DILI [74–76]. Later, a genome wide association study of 201 patients demonstrated that AC-induced DILI is strongly associated with the SNP rs9274407, a SNP that is highly correlated with *DRB1*15:01-DQB1*06:02* [77]. Additionally, there was an association between *HLA-A*02:01* and AC-associated DILI in Northwestern European populations, but not in those of Spanish descent [77]. The clinical

phenotypes of AC-associated DILI may be dependent on the ethnicity of the affected individual. For example, cases of AC-associated DILI in Spanish populations were characterized by hepatocellular injury, cholestatic damage, and a mixed pattern at almost equal frequencies [78]. In contrast, a cholestatic pattern of liver injury was observed in over 65 % of cases reported in French and Belgian populations [78]. A study performed by Stephens et al. evaluated 75 Spanish individuals with AC-associated DILI, of which 37 % had a hepatocellular toxicity pattern. Findings revealed an association between *HLA-A*30:02* and hepatocellular liver injury, whereas the class II haplotype *DRB1*15:01- DQB1*06:02* was significantly associated with a cholestatic or mixed pattern of DILI [79]. Research to date has been unable to establish a high positive or negative predictive value to make screening for AC-associated DILI useful. Due to the overall rare cases of ACassociated DILI and the large number of different HLA associations, HLA typing would not currently serve a purposeful role in predicting those at risk for DILI prior to initiation of AC at this time.

Flucloxacillin

Flucloxacillin is a narrow-spectrum anti-Staphylococcal semi-synthetic penicillin in wide use in Europe and Australia. DILI, typically manifest by cholestatic hepatitis beginning within 1-45 days after starting treatment, is a rare complication of flucloxacillin treatment occurring in 8.5/100,000 of new users [80, 81]. In 2009, Daly and colleagues published an association between *HLA-B*57:01* and flucloxacillin-associated DILI. In this GWAS of 51 cases of flucloxacillin DILI and 64 flucloxacillin-tolerant controls, MHC genotyping revealed an association with those carrying the *HLA-B*57:01* allele (OR = 80.6, $p = 9.0 \times$ 10^{-19}) [82].

Genotyping in Clinical Practice

The application of genetic screening for immunologically mediated drug reactions would have highest utility for those diseases that are prevalent, severe, and associated with HLA markers that show a high positive and 100 % negative predictive value. A user friendly reporting strategy and/or decision support system that is readily available to the healthcare team is an additional advantage. Even if these pre-requisites are met, however, there are many barriers to the translation of a pharmacogenomic test into clinical practice. Independent from the direct translational opportunities of an individual pharmacogenomic test or strategy, pharmacogenomics has provided enormous insights into the mechanisms behind DHS. Currently, the FDA has recommended genetic screening prior to starting abacavir and in high-risk populations of Southeast Asian descent prior to starting carbamazepine. In contrast, although the Taiwanese Department of Health is recommending *HLA-B*58:01* screening prior to initiation of allopurinol, this has not yet been implemented by the FDA. With the use of genotyping as a screening tool for certain drugs, we are able to predict and prevent severe DHS from occurring. The story of abacavir has provided a "translational roadmap" and highlights the many barriers involved in the process of identifying HLA-associated drug hypersensitivity and implementing clinical screening for specific HLA alleles. In order for HLA genotyping to be useful in the clinical setting, many fundamental criteria must be met. First, the drug of question should be widely used and have

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good efficacy, convenience, and tolerability. If there are alternatives with equal efficacy, it would be less useful to define an underlying HLA association rather than choosing an alternative and safer agent. Next, the drug toxicity should be severe and prevalent in the treatment population and associated with significant morbidity, mortality, and/or healthcare costs. Another prerequisite for successful integration of HLA pharmacogenetic testing into routine clinical care is an HLA allele that is strongly associated with an ADR along with a high (ideally 100 %) negative predictive value. The number needed to test to prevent a given DHS disease significantly impacts the cost-effectiveness and feasibility of an HLA screening test, and is dependent on the prevalence of the DHS, the prevalence of the HLA allele in the population of interest, and the positive predictive value (PPV) of the HLA allele for that specific DHS. For instance, even though abacavir hypersensitivity and flucloxacillin DILI are both strongly associated with *HLA-B*57:01*, only 30 individuals would need to be screened to prevent one case of abacavir hypersensitivity, whereas almost 14,000 patients would need to be screened for *HLA-B*57:01* to prevent a single case of flucloxacillin DILI, making the latter impractical as a screening strategy [83]. In addition, for widespread clinical translation to occur, the pharmacogenomics association must be established in a large population with a diverse genetic background. For example, the FDA currently recommends *HLA-B*15:02* testing only for Asians prior to initiation of carbamazepine therapy [84]. The ability to appropriately diagnose an ADR is another essential feature to the development of HLA screening for a particular drug. Imprecision in phenotyping or imprecise clinical classification may act as another barrier to pharmacogenomics discovery. AHS patch testing was a specific test that was useful to identify the extreme phenotype of true immunologically mediated AHS and overcome the problem of false positive clinical diagnosis [85–87]; however, sufficiently sensitive and specific tests to define a true DHS phenotype does not exist for most immunologically mediated drug reactions [88, 89].

An alert from the FDA was made in 2007 describing the increased risk of phenytoin- and fosphenytoin-associated SJS/TEN in individuals that carry the *HLA-B*15:02* genotype; however, no formal recommendations have been made to implement screening prior to initiation of either drug. In a large, multicenter prospective study from Taiwan, 4,877 carbamazepine-naïve subjects were genotyped for *HLA-B*15:02* and those who tested positive were advised to not take carbamazepine. During the study, none of the *HLA-B*15:02* negative patients developed SJS/TEN, whereas approximately ten cases would have been predicted based on the incidence of SJS/TEN. Although cross-reactivity with other anticonvulsants was not determined in this clinical study, previous clinical and patch testing studies have suggested that clinical cross-reactivity does exist between carbamazepine SJS/TEN and DIHS/DRESS and structurally related aromatic amine anticonvulsants [90]. It would be prudent to have *HLA-B*15:02*-positive patients avoid phenytoin, oxcarbazepine, eslicarbazepine acetate, phenobarbital, and probably lamotrigine [91]. These studies have significantly improved care to those patients at risk; however, it is worth noting that not all carbamazepine-induced ADRs can be attributed to having the *HLA-B*15:02* allele and clinical monitoring is recommended for all patients prescribed this medication [42].

The development of cost-effective laboratory testing that is reproducible, available and userfriendly has been critical in the expansion of genotyping amongst patients prior to the initiation of abacavir and carbamazepine. Although high resolution sequence-based typing is the gold standard methodology for determining an individual *HLA* genotype, the required expertise and expense largely limit this to research and organ transplantation centers. Most commercial laboratories have developed rapid and cost-effective assays using PCR-based tests. The development of an allele specific quality assurance program and rapid molecular techniques that translated into short turn-around-times and cost-effective testing was key to the widespread clinical translation and feasibility of *HLA-B*57:01* screening programs [92, 93]. Flow cytometric approaches using a B17 monoclonal antibody to detect any *HLA-B*57* or *HLA-B*58* allele prior to performing molecular testing has been proposed as a potentially cost-effective approach with a quick turn-around-time [94]. Identification of SNPs known to be in strong linkage disequilibrium with *HLA-B*57:01* such as HCP5 have been performed; however, studies have revealed high but less than 100 % linkage disequilibrium with *HLA-B*57:01*, meaning that the latter is still the gold standard [95]. Rapid and cost-effective molecular techniques and laboratory approaches similar to those developed for *HLA-B*57:01* screening for AHS have now been developed for other alleles such as *HLA-B*15:02* [43].

Additional Models for Drug Hypersensitivity

Viruses in the Human Herpesvirus (HHV) family (HHV-6/7, CMV, EBV) have more recently been shown to commonly reactivate during the course of DIHS/DRESS but not abacavir HSR or other SCARs [97]. In many cases, reactivation may occur 2–3 weeks following discontinuation of the implicated drug and symptoms replicate the original clinical manifestations such as fever, rash and/or hepatitis [97]. The altered peptide model has been pivotal to explain how drugs interact with the MHC to cause hypersensitivity and appears to be necessary, but not sufficient, in that it does not explain why a high proportion of patients carrying HLA risk alleles do not develop the reaction in question. For instance, while 55 % of *HLA-B**57:01-positive patients treated with abacavir develop AHS, only 3 % of *HLA-B**15:02-positive patients treated with carbamazepine develop SJS/TEN. Although the specific mechanism is not yet understood, memory T-cell responses to chronic persistent and prevalent viruses such as the HHV that cross-react with an endogenous peptide in certain individuals could explain why only a proportion of individuals carrying a specific risk HLA allele will develop a drug hypersensitivity syndrome.

Conclusions and Future Perspective

In the future, many more HLA-associated drug hypersensitivity reactions will be elucidated using pharmacogenomics, providing the potential for screening tests prior to initiation of certain drug therapies. Current barriers to the widespread translation of many of these tests into clinical practice include the lack of 100 % negative predictive value, lack of generalizability across diverse populations, and an impractically high number needed to be tested to prevent one case of a given DHS. Fortunately, the provision of rapid, cost-effective and quality assured HLA allele-specific molecular techniques have meant that laboratory programs and technology are now less of a barrier to translation. Although few of these

pharmacogenomic discoveries will feasibly translate into routine clinical practice, further research into the immunogenetics and immunopathogenesis of DHS will improve our understanding of the molecular interactions between drugs and HLA molecules. The abacavir story has created a roadmap for the identification of these reactions and implementation of screening into clinical practice. Further work on abacavir has now provided a new immunopathogenetic model for how many drugs may non-covalently interact with the MHC to elicit an altered peptide repertoire and culminate in a DHS phenotype. In the future, increasing insights into the interactions between drugs and the MHC will be key to designing strategies to predict severe reactions before their use in man and to inform drug design to improve drug safety.

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Figure 1.

The altered peptide repertoire model of abacavir hypersensitivity. Crystal structure of the abacavir-MHC-peptide complex shown to resolution of 0.2 nm (nanometers). **a** *HLA-B*57:01* is shown in *gray*, peptide V is shown in *cyan*, and abacavir is shown as a multicolored structure (*spheres* with *orange* for carbon, *blue* for nitrogen, and *red* for oxygen). **b** Abacavir binding leads to altered peptide repertoire by changing the conformation of the peptide backbone in the main chain of *HLA-B*57:01*. Binding of peptide is shown in the absence of abacavir (*yellow*) and associated with abacavir and *HLA-B*57:01* (*cyan*). **c** H-bound interactions (*black dashes*) are shown between abacavir, peptide, and *HLA-B*57:01*. Specific residues differentiating for abacavir-sensitive *HLA-B*57:01* from abacavir-insensitive *HLA-B*57:03* are shown in *magenta* (carbon), *blue* (nitrogen), and *red* (oxygen). **d** Experimental electron density showing abacavir in a Fo-Fc difference map with *blue* mesh showing the final 2Fo-Fc electron density map of abacavir in the antigen-binding cleft of *HLA-B*57:01*. H-bond interactions between abacavir and *HLA-B*57:01* are shown in *yellow*. (Adapted from Ostrov et al. [14])

Immunogenetics of drug hypersensitivity

Figure 2.

Key events in the immunogenetics of drug hypersensitivity. Over the past decade, there has been increasing recognition of the key involvement of the major histocompatibility complex in different phenotypes of immunologically-mediated drug reactions. The ability to make these associations in the 1980s was hampered by the limitation of serologically-based HLA typing techniques. With the ability of high resolution 4-digit typing, attempts to standardize clinical phenotyping, and international collaboration, it should be possible to define HLA associations within even rare forms of DHS

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Table 1

Severe drug hypersensitivity: HLA associations Severe drug hypersensitivity: HLA associations

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 4 Not all studies have confirmed an association between HLA-A*31:01 and carbamazepine-associated SJS/TEN. The association between HLA-A*31:01 appears to be stronger with carbamazepine associated DIHS/DRESS [43] ^aNot all studies have confirmed an association between HLA-A*31:01 and carbamazepine-associated SJS/TEN. The association between HLA-A*31:01 appears to be stronger with carbamazepine associated DIHS/DRESS [43]