

Point of care cutaneous imaging technology in melanoma screening and mole mapping

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Abstract

Melanoma is a malignancy of melanocytes or pigment-producing cells located predominantly in the skin. It is less common than other skin cancers but causes the greatest number of skin cancer-related deaths worldwide. The incidence of melanoma continues to increase and early detection is the most promising means of decreasing morbidity and mortality. Currently, physicians perform routine skin cancer screenings for melanoma without the benefit of imaging devices more advanced than handheld magnifiers or dermatoscopes. However, it is possible that the diagnosis of melanoma may be improved with technology that provides diagnostic discrimination beyond what is possible on routine inspection. This article reviews current and emerging technologies to aid in the diagnosis of melanoma. Ultimately, these advances may enhance the early diagnosis of melanoma.

Introduction

The incidence of malignant melanoma has been increasing by 2.6% annually over the last decade, with approximately 76,790 new cases resulting in 9,480 deaths in 2013 [1]. Additionally, melanoma is one of the most common forms of cancer in young adults and represents a significant health concern, particularly in terms of years of life lost [1,2]. A key prognostic indicator of melanoma is the depth of the lesion in millimeters at the time of diagnosis. Melanoma *in situ*, which is confined to the epidermis, is considered completely curable. Thin melanoma (≤ 1 mm) has a 5 year survival rate of 94% [2]. However, once melanoma has progressed and metastasized to other parts of the body, effective treatment is limited. The 5-year survival rate for patients with stage IV melanoma is less than 15% [1,2]. Melanoma responds poorly to chemotherapy and radiation at this stage. Therefore, melanoma prognosis and cure rates can be dramatically improved by early diagnosis when the lesion is thinnest.

Clinical signs of early melanoma are often ambiguous; even the most experienced dermatologist may have

difficulty identifying and differentiating it on a clinical basis from other pigmented lesions, such as atypical nevi. As a result of this clinical need, diagnostic tools have been developed to aid the clinician in deciding whether a lesion is suspicious enough to require biopsy.

Handheld epiluminescence microscopy or dermoscopy is a common modality used to inspect the pigment network pattern at the epidermodermal junction zone and to evaluate it for indicators of malignant transformation. More recently, the advent of computer-based systems provides sophisticated functionalities allowing for software algorithms to analyze specific features of lesions relevant to predicting malignancy. In addition, diagnostic aids for mole mapping, such as total body photography, improve the ability to longitudinally monitor patients who have too many moles to otherwise track for clinically significant changes. Both dermoscopy and mole mapping are becoming more commonplace [3]. Emerging technologies, such as *in vivo* reflectance confocal microscopy, optical coherence tomography, and even infrared imaging are currently being investigated to determine their utility

for noninvasive diagnosis of melanoma. This article summarizes the currently available modalities used to aid in the detection of melanoma in conjunction with full body skin examinations.

Total body photography

One of the most frequently used tools, total body photography or mole mapping, is an effective means of monitoring pigmented lesions over time. This method uses high-quality, professional, full-body photographs to document the appearance and location of pigmented lesions on the body. High-resolution photographs of a single lesion under dermoscopy can also be taken, and is frequently used for monitoring suspicious lesions where biopsy is not yet indicated. At each physician visit, pigmented lesions from these photos are compared to those seen on a full body examination to aid in the identification of new and/or changing lesions. However, this method is time consuming and expensive, largely due to the cost of the photographer.

Analysis of individual, high-risk lesions over time based on comparisons with digital photos has been shown to be effective in detecting new and subtly changing pigmented lesions [4-6].

One observational trial of 530 high-risk patients with 53 diagnosed melanomas demonstrated increased sensitivity in detection of melanoma when digital dermoscopy photos were available for comparison, compared to lack of photographs. The chance of successfully detecting melanoma rose 17% with the use of digital dermoscopy [7]. Another trial found that total body photography assisted with detecting new or subtly changing melanomas, which did not fit classical clinical features of melanoma [6]. Melanomas detected were also thinner, although this could be a reflection of sampling bias since patients who undergo total body photography may also be more likely to follow-up with their dermatologists or employ other sun-protective measures [8]. Total body photography seems to be most useful in high-risk patients, including those with a strong history of melanoma or older individuals. In patients younger than 50, less than 1% of new lesions identified on full body skin examination, using their total body photographs as a reference point, were diagnosed as melanoma. In comparison, in the cohort of patients 50 years and older, 30% of new lesions discovered using the same method were diagnosed as melanoma [9]. Several other studies have demonstrated the usefulness of total body photography in the detection of melanoma in high-risk populations [4,5,9,10].

Despite these documented benefits in detecting melanoma using total body photography, there is still a lack

of data to support whether this modality leads to decreased morbidity and/or mortality [11-13]. Total body photography, while effective for tracking clinical change in lesions or the development of new lesions, is time-consuming and laborious. In addition, in the US, health insurance often does not cover the cost of taking the professional photos, which ranges from \$400-\$500 [14,15].

Traditional digital total body photography relies on physical photographs, which the patient brings to each appointment, or which the physician stores as part of the paper medical record. In contrast, several computerized imaging systems store sequential digital images. MoleMax (Derma Medical Systems, Vienna, Austria), FotoFinder (FotoFinder Systems Inc, Columbia, MD, USA), MoleMap CD (DigitalDerm Inc, Columbia, SC, USA), Smartscope (MidCon Distribution Inc, Overland Park, KS, USA), DermSpectra (DermSpectra, Tuscon, AZ, USA), DermaTrak Skin Imaging Centers (Canfield Scientific, Fairfield, NJ, USA), and Melanoscan (Melanoscan Inc, Stamford, CT, USA) all offer alternatives to traditional full body photography. All of these devices allow for comparison of high-resolution digital images, and some have software that calculates the likelihood of malignancy based on clinical features. While these devices are promising, many lack large-scale clinical trials supporting their efficacy. Of published studies in peer-reviewed journals that examined these devices, the majority are sponsored by the device company. All of these devices need to be coupled with clinical judgment when examining any patient for melanoma.

Confocal scanning laser microscopy

Confocal scanning laser microscopy (CSLM) uses the inherent reflective properties of the tissue to distinguish between various skin structures and ultrastructures [16]. This non-invasive technology has a hand-piece that is applied to the skin, with the resulting image showing up on a monitor. CSLM devices operate in two forms: reflectance and fluorescence mode. Reflectance mode is used in clinical practice, while fluorescence mode is still mainly confined to research [16]. Under reflective CSLM, melanin granules and melanosomes have a higher refractive index than surrounding structures, which can be distinguished on the confocal microscope. CSLM can even detect amelanotic melanomas due to the presence of melanosomes in amelanotic lesions [17]. Additionally, one study examining 27 melanomas compared to 90 benign nevi found that CSLM had a sensitivity and specificity of 88% and 98%, respectively [18]. Another study comparing 20 melanomas and 50 benign nevi using CSLM found a sensitivity and specificity of 98% and 99%, respectively [19]. Positive predictive values have been reported to be as high as 97.5% in

diagnosing melanoma using CSLM [19-21]. Compared to handheld dermoscopy (in a study of 37 melanomas and 88 benign nevi) the sensitivity and specificity of CSLM was 97% and 83%, respectively. Sensitivity and specificity of dermoscopy was 89% and 84%, respectively [21].

Advances in CSLM technology promise to make this a valuable tool in improving diagnostic accuracy and ease of use. This technology provides visualization to the level of the superficial dermis and has a resolution comparable to that of standard pathology or 5 μm permanent sections. In addition, it allows for non-invasive imaging of multiple lesions during the same session. A decade ago, CSLM devices were large and bulky. Technologic advances have contributed to the development of more portable CSLM devices with handheld imaging pieces connected to a monitor.

Despite the apparent potential of CSLM, its use is limited by several factors. CSLM requires a high level of experience to interpret the images. Upfront costs are also considerable, with commercially available CSLM equipment costing upwards of \$50,000. After purchasing the equipment, additional supplies are necessary to evaluate each lesion. This can represent an additional evaluation cost of \$1.00 per lesion.

Multispectral imaging

Multispectral technology uses radiation ranging from 400–1000 nm to provide the end-user with a series of digital images [14]. They provide multispectral information in the spatial and spectral domains by capturing radiation intensity at a specific point and as a function of wavelength, respectively. These newer devices hold promise in distinguishing between malignant and benign pigmented lesions.

MelaFind (MELA Sciences Inc, Irvington, NY, USA) uses multispectral technology to quantitatively characterize suspicious lesions. This device evaluates the lesion in 10 different spectral bands, which range from 430–950 nm. The images are evaluated by proprietary software, which determines the border of the lesion and analyzes its parameters, such as color variation, asymmetry, perimeter and textural changes. Clinicians must first use their own clinical judgment in determining which lesions should be evaluated by MelaFind, as the technology is highly inaccurate if used on lesions known to be benign such as seborrheic keratosis or cherry angiomas [14,22-24]. This device is designed to aid the physician in determining which lesions to biopsy, providing binary outcomes of positive (biopsy should be considered) or negative (lesion is less suspicious). Because of its binary output, user experience is not as essential as it is with other devices,

such as CSLM, but does assume clinical expertise in diagnosing common dermatologic lesions. In a multi-center study on MelaFind of 1383 patients, the sensitivity of MelaFind was 98%. The device detected mostly thin melanomas or borderline lesions (high-grade dysplastic nevi, atypical melanocytic proliferations/hyperplasias). In lesions histologically proven to be melanoma, MelaFind's average specificity was 9.9%, which was higher than the 3.7% specificity of dermatologists. Of note, this multi-centered study was sponsored by MELA Sciences, which produces the MelaFind device [25]. Currently, the cost of imaging ranges from \$25 to \$175 for evaluation of one lesion and around \$25 for additional lesions [15,26].

The SIAscope (Spectrophotometric Intracutaneous Analysis, made by Biocompatibles, Farnham, Surrey, UK) uses multispectral imaging to detect three chromophores: melanin (in the epidermis and upper dermis), hemoglobin, and collagen. Using a handheld device connected to a monitor, the physician is able to evaluate the pattern of each chromophore in clinically suspicious lesions. In a study of 348 pigmented lesions (52 melanomas), sensitivity and specificity for melanoma was 80% and 83%, respectively [27]. In a cohort of primary care providers, SIAscope's sensitivity was 94%, with a false negative rate of 4% [28]. Another study, examining 881 pigmented lesions (31 melanomas), found no difference in the sensitivity and specificity of SIAscope use compared to dermoscopy use by dermatologists [29]. Thus, it is unclear whether this device provides any more benefits than conventionally used tools (such as dermoscopy) when performing a full body skin examination. The MoleMate system incorporates the SIAscope device with a diagnostic algorithm for primary care physicians to use. Its efficacy is currently under investigation [30-32]. For optimal use, the SIAscope requires experienced users who can accurately interpret SIAscope images. Additionally, the SIAscope algorithms use features common to benign lesions, thus classifying benign lesions such as seborrheic keratosis or cherry angiomas as suspicious [33].

Other technologies on the horizon

Several other types of technologies are in development for the detection of melanoma. Infrared spectroscopy [34], Raman spectroscopy [35,36], thermographic imaging [37], tissue elastography [38], fiber diffraction [39], electric impedance spectroscopy [40,41], and noninvasive genomic detection [42] may all play a role in assisting with the diagnosis of melanoma in the future. Mobile smartphone apps also offer an opportunity for patients to monitor their own skin for suspicious lesions, but current apps have, thus far, been shown to be insufficiently accurate [43,44].

Use of imaging modalities by primary care physicians for melanoma screening and mole monitoring

Cutaneous imaging modalities can be used to enhance screening for melanoma by primary care physicians as well as the monitoring of high-risk patients by dermatologists. Dermoscopy can be an effective tool for trained primary care physicians to screen for melanoma. In several studies involving primary care physicians, dermoscopy increased their sensitivity in detecting malignant lesions, leading to improvements in confidence and accuracy in referring suspicious lesions to dermatologists [11,45,46]. However, learning dermoscopy can be a time-consuming process for primary care physicians, with the average general practitioner requiring 30 hours of internet-based learning to acquire adequate skills in interpreting dermoscopy images [47]. For dermatologists, dermoscopy can also serve as a valuable tool in monitoring high-risk patients, leading to improved diagnostic accuracy when compared to naked eye examination [48,49].

Total body photography is an effective tool for detecting new or changing lesions by patients, primary care physicians, and dermatologists. In particular, total body photography can improve self-skin examination accuracy and melanoma detection by patients [50,51]. Mole mapping can also improve patients' self-confidence and knowledge when conducting skin self-examinations [50]. Thus, it can be used for both screening purposes and monitoring of high-risk lesions.

CSLM requires significant operator experience to interpret images, and the equipment is prohibitively expensive for use in primary care. Due to these factors, CSLM is typically used only at major academic centers with specialized pigmented lesion programs. CSLM can significantly improve specificity in detection of melanoma compared to dermoscopy alone [52].

MelaFind's efficacy in detecting malignancy has only been evaluated in dermatologists, showing increased sensitivity and specificity when diagnosing melanomas [15,25].

Table 1. Imaging technologies

Modality	Benefits	Limitations	Cost	Use by primary care	Use by dermatologists	Sensitivity	Specificity
Total body photography	Allows provider and patient to monitor pigmented lesions over time.	Time consuming and expensive largely due to the cost of the photographer.	\$400-500 (varies by photographer).	May improve skin examination quality by primary care physicians, although no randomized controlled trials have been conducted.	May improve skin examination quality by dermatologists, although no randomized controlled trials have been conducted.	Unknown	Unknown
Confocal scanning laser microscopy (CSLM)	Handheld device that provides high-resolution visualization (comparable to standard pathology) to the level of the superficial dermis.	Requires a high level of operator experience, relatively high upfront cost to the provider.	\$50,000 per device. \$1 (supplies) to image a lesion.	No, prohibitively expensive and high level of experience required for device use and image interpretation.	Yes, but usually academic centers with specialized pigmented lesion programs.	88-98%	83-99%
MelaFind	Simple binary output (biopsy vs. don't biopsy). User experience is not as essential as with other devices such as CSLM.	Requires clinical expertise in diagnosing common dermatologic lesions, e.g. differentiating nevi from seborrheic keratoses	\$7000 per device. \$25 to \$175 for evaluation of one lesion and around \$25 for additional lesions (not covered by insurance).	No, although analysis algorithm and binary output holds potential for use by a primary care physician. Current device algorithm requires training to identify a clinically suspicious lesion suitable for imaging.	Yes, improves the sensitivity and specificity of dermatologists in detecting melanoma.	98%	10%
Siascope	Handheld device, provides high-quality images, less expensive than other devices.	Operator dependent, requires experienced users who can accurately interpret SIAscope images.	\$5000 - \$8000 per device.	No, although a scoring algorithm targeted at primary care physicians is currently in development and shows promise.	Yes, but operator dependent.	80-94%	83%

Abbreviations: CSLM, confocal scanning laser microscopy.

Because MelaFind depends on the clinician's judgment to first identify a suspicious lesion to evaluate, it can result in inter-user variability. However, MelaFind's analysis algorithm of suspicious lesions and binary output does hold potential for use by a primary care physician trained to first identify a clinically worrisome lesion [53]. Further studies involving primary care physicians need to be conducted to evaluate its efficacy in this population.

SIAScope holds promise for use by primary care physicians. When used by primary care physicians, SIAScope has a sensitivity of 94%, with a false negative rate of 4% [28]. In the UK and Australia, a scoring algorithm was recently developed, tailored to primary care physicians using SIAScope [32,33]. Additional studies evaluating the efficacy of these protocols are underway.

Conclusion

While recent technological advances in the cutaneous imaging and diagnosis of melanoma are promising, there are still significant barriers to their widespread implementation (for a summary of imaging technologies see table 1). These modalities require time, appropriate training, and experience for proper use. To encourage widespread use, these technologies need to provide accurate information to the clinician in a time-efficient manner. Additionally, they need to show improved patient outcomes through decreased morbidity and/or mortality. Adoption by primary care physicians will likely enhance the rate of early diagnosis of melanoma and decrease morbidity and mortality in populations at risk.










Abbreviations

CSLM, confocal scanning laser microscopy.




Disclosures

The authors declare that they have no disclosures.

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