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Tissue concentration of systemically administered antineoplastic agents in human brain tumors

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Abstract

The blood–brain-barrier (BBB) limits the penetration of many systemic antineoplastic therapies. Consequently, many agents may be used in clinical studies and clinical practice though they may not achieve therapeutic levels within the tumor. We sought to compile the currently available human data on antineoplastic drug concentrations in brain and tumor tissue according to BBB status. A review of the literature was conducted for human studies providing concentrations of antineoplastic agents in blood and metastatic brain tumors or high-grade gliomas. Studies were considered optimal if they reported simultaneous tissue and blood concentration, multiple sampling times and locations, MRI localization, BBB status at sampling site, tumor histology, and individual subject data. Twenty-Four studies of 19 compounds were included. These examined 18 agents in contrast-enhancing regions of high-grade gliomas, with optimal data for 2. For metastatic brain tumors, adequate data was found for 9 agents. Considerable heterogeneity was found in the measurement value, tumor type, measurement timing, and sampling location within and among studies, limiting the applicability of the results. Tissue to blood ratios ranged from 0.054 for carboplatin to 34 for mitoxantrone in high-grade gliomas, and were lowest for temozolomide (0.118) and etoposide (0.116), and highest for mitoxantrone (32.02) in metastatic tumors. The available data examining the concentration of antineoplastic agents in brain and tumor tissue is sparse and limited by considerable heterogeneity. More studies with careful quantification of antineoplastic agents in brain and tumor tissue is required for the rational development of therapeutic regimens.

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Keywords

Brain tumor; Tissue concentration; Antineoplastic agent; Microdialysis; Blood–brain-barrier

Introduction

The systemic administration of antineoplastic agents for malignancies of the central nervous system (CNS) assumes that these agents are able to reach the target tissue. For this to occur, they must move from the blood, through the blood–brain-barrier (BBB) and extracellular fluid to reach the malignant glial cells. However, many factors, including the BBB, interstitial pressure, and efflux pumps may limit the distribution of systemic therapies into brain and tumor tissue [1–4]. Cerebral spinal fluid (CSF) is often used as a surrogate marker of brain tissue or extra-cellular fluid (ECF) concentration, however, significant differences between the BBB and the blood-CSF barrier severely limit the accuracy of this approximation [5, 6]. Despite this knowledge, little data on the distribution of antineoplastic drugs within the human brain tissue have been published. Consequently, many agents may be studied in clinical trials and used in clinical practice without evidence of therapeutic CNS concentrations.

The intact BBB is thought to selectively inhibit agents of high molecular weight (MW), strong negative charge, and low lipid solubility [7]. In addition, efflux transporters actively extrude some agents from the brain [8–10]. Predictive models of BBB penetration have utilized these factors and others with variable success [3, 11–13]. Various authors have outlined the molecular factors that reliably predict penetration of the intact BBB. These include a small number of nitrogen and oxygen atoms $(<5$ is optimal), MW less than 400– 500, a small number of hydrogen bond donors or acceptors (<8–10 is optimal), a log P (ratio of solute concentration in octanol relative to water) between 1.5 and 2.7, a log D (ratio of solute concentrations in octanol relative to water at a specified pH) between 1 and 3 (at physiological pH), and a small polar surface area $(<$ 60–70 Å²) [7, 11, 14]. Recent work has also identified physical size >11 nm as a potentially limiting factor in the diffusion of agents across the tumour BBB [15]. The ability of an agent to penetrate into brain tissue is therefore dependent on these inter-related factors.

In malignant glioma and other disease states, disruption of the BBB occurs via various mechanisms [16]. This can be measured qualitatively by contrast-enhanced computed tomography (CT) scan and magnetic resonance imaging (MRI) [17]. BBB disruption may allow for molecules with a wider range of properties to pass into the brain extra-cellular fluid (ECF) or alter the distribution of those known to cross [18]. Conversely, some agents, such as dexamethasone or bevacizumab, may restore the function of the BBB, also potentially altering concomitant drug pharmacokinetics [19, 20]. An understanding of the relative penetration of antineoplastic agents in various settings is therefore required for prudent selection of agents for further clinical investigation.

In recent years, several methods have been applied to measure drug levels in vivo (Table 1) [2, 3, 21–23]. In humans, the most common techniques are surgical tissue sampling and microdialysis, though the latter has been introduced to human studies relatively recently.

Microdialysis (MD) involves the surgical implantation of a small catheter into specific regions of interest [24]. The catheter samples the ECF compartment, which is proposed to be the most predictive of active drug concentration and is not confounded with intravascular or intracellular concentrations [25]. In addition, it allows for repeated or continuous sampling of the brain ECF. The advantages of this technique are the definite in vivo localization (confirmed with imaging of the radio-opaque membrane tip) and the opportunity for multiple measurements, which enables detailed assessment of brain ECF pharmacokinetics. Brain and tumor tissue removed at the time of surgery (ST) provide the opportunity to measure drug concentrations directly. This technique is preferred for drugs with long halflives that are at steady-state; however, it is limited by providing a single measurement time point, contamination of the measurement from the intravascular and intracellular compartments, and difficulty in determining a specific sample location in relation to BBB permeability. Finally, autopsy specimens have also been used to measure tissue concentration, however, significant variability may occur from time of drug administration to time of death, and simultaneous measurement of serum concentrations is not possible. Novel approaches to drug measurement in vivo take advantage of conventional imaging techniques, recently demonstrated in rodents with doxorubicin covalently linked to gadolinium and imaged with MRI, but do not allow for direct quantitative measurement [22]. There has thus far been little consideration about the ability of a drug to access the tissue of interest prior to advancing drugs to clinical trials in neuro-oncology. However, there is now increasing recognition of techniques that allow measurement of drug in human brain and there is increasing data about brain concentrations. We sought to compile the published data on the directly measured concentrations of antineoplastic agents in the human brain and brain tumor tissue.

Materials and methods

A review of the literature was performed to find all human studies reporting concentrations of antineoplastic agents in blood and high grade (grade III or IV) glioma (HGG) or tumor tissue metastatic to brain. Tumor concentration measurements were restricted to surgical tissue or microdialysis techniques, with contemporary analytical techniques of either mass spectrometry or liquid chromatograpy. Studies were identified by an electronic search of Medline from 1966 to the present. The following MeSH heading search strategy was used to search medline for relevant studies: (Antineoplastic Agents OR Antineoplastic Protocols OR Chemotherapy, Adjuvant OR Chemotherapy, Cancer, Regional Perfusion OR Drug Therapy OR Drug Therapy, Combination) AND (Brain OR Central Nervous System) AND Pharmacokinetics AND (Microdialysis OR Tissue). The New Approaches to Brain Tumor Therapy (NABTT) Consortium database was searched for studies of potential relevance. Online search of meeting proceedings from the American Society of Clinical Oncology, and the Society for Neuro-Oncology was also performed to identify data awaiting publication.

The abstracts and titles of the returned citations were searched to identify all publications reporting the concentration of an antineoplastic agent measured directly from human brain tissue or ECF. Two investigators (AD and MP) then reviewed the full texts of these studies and extracted data from those reporting a measure of brain tissue concentration. Studies reporting only cerebral spinal fluid concentrations were excluded. Where possible, studies

reporting data on multiple histologic types were included if HGG or metastatic tumor data was separable from other histologies. All data included in the analysis were found in peerreviewed publications.

Qualitative analysis was performed to determine the applicability of the study results. The following qualities were used to determine the suitability of the study for estimating the penetration of antineoplastic agents into the CNS: simultaneous brain and blood concentration measurements, multiple sampling times, multiple sampling sites, MRI localization of sampling site, tumor histology, individual subject data, multiple subjects, and BBB status at sampling site (contrast enhancing vs. no enhancement). Only studies meeting each of the above criteria were considered optimal, with data from these studies considered robust an easily interpretable. Studies not meeting the above criteria were included in the analysis but were considered qualitatively less robust, such that the lack of this data would make interpretation and comparison of the results more difficult.

Tissue to blood ratios were calculated as concentration of the agent in tumor or brain tissue divided by the simultaneous concentration of the agent in blood. Samples were considered simultaneous if they were taken within 10 min of one another or reported to be simultaneous. Where concentrations were not reported, area under the curve was used to calculate the ratio. When only a tissue to blood ratio was reported, this value was used for our analysis.

Results

Literature search retrieved 1441 studies that fit the criteria. Of these, 47 studies involving 27 antineoplastic compounds met our inclusion criteria. Adequate data was available for 17 agents in 22 studies for HGG, and 9 agents in 12 studies for metastatic tumors (Fig. 1); 10 studies contained data on both HGG and metastatic tumors [18, 26–48]. Two of these studies (Blakeley [18] and Portnow [26]) were regarded as optimal based on the criteria above.

Qualitative analysis of the included studies revealed considerable heterogeneity in the content and quality (Table 2). The measurement of tissue concentration was reported in various ways among studies, such as area under the concentration–time curve (AUC), peak concentration, simultaneous concentration, steady state concentration, and tissue to blood ratio. Blood values were reported with similar variability. The timing of blood and tumor samples relative to one another and relative to drug administration was variably reported. The dosing regimen of the agent often differed significantly within and among studies. Tissue sampling location was often reported vaguely, especially in studies of surgical tissue. This limited the ability of the investigators to classify the measurement according to location (contrast enhancing versus non-enhancing or tumor center versus tumor edge versus brain adjacent to tumor). Only microdialysis studies used precise MRI localization of tissue sampling, which enabled the determination of local BBB integrity. Finally, the patient population was often mixed within studies, including patients with low grade glioma, HGG, glioma of unspecified grade, and metastatic tumors of various histologies. Studies often reported results in this context without reporting individual patient data.

Summary data for the agents in these studies is found in Tables 3 and 4 for HGG and metastatic tumors, respectively. The MW, lipophilicity, number of nitrogen and oxygen atoms, are included as reference because of their potential importance in BBB translocation (as discussed above). Log P values were not found for the liposomal formulation of daunorubicin, therefore the Log P reported here is for the conventional parenteral daunorubicin formulation. Mean tissue to blood ratios are grouped according to sample location. Tissue to blood ratios from tumor center or contrast-enhancing areas were available from 20 studies on 18 compounds for HGG. The tissue to blood ratio from non-enhancing areas was reported in eight studies of six compounds, while four studies of three different compounds reported measurements from brain tissue distant to the tumor. A considerable range for tissue to blood ratios was found both within and among antineo-plastic agents, from a small percentage of plasma concentrations (such as 20% for temozolomide) to multiple times that found in blood (such as $34\times$ for mitoxantrone) (Table 3). Generally, tissue to blood ratios were higher in contrast-enhancing than non-enhancing regions, and areas of brain distant to tumor. For tumors metastatic to brain, tissue to blood ratios were calculated from measurements of contrast-enhancing tumor in all 12 studies. Similar to HGG, tissue to blood ratios in the metastatic tumor group showed a wide range, from brain concentrations of 11% for etoposide to 32.02-fold that seen in blood for mitoxantrone (Table 4).

Compounds where data was available from multiple studies were grouped together, and plotted according to their contrast-enhancing tissue to blood ratio for HGG (Fig. 2) and metastatic tumors (Fig. 3). Compounds were ranked according to mean tissue to blood ratio, with sample size inversely proportional to the size of the bubbles. The antineoplastic agents with the lowest tissue to blood ratios included carboplatin, temozolomide, teniposide, etoposide, and methotrexate. Those with the highest tissue to blood ratios included mitoxantrone, gefitinib, and estramustine. Idarubicin and paclitaxel were found to have a much higher tissue to blood ratio in HGG compared to metastatic brain tumors.

Discussion

The literature surrounding the tissue concentrations of systemically administered antineoplastic agents in human HGG and metastatic brain tumors is sparse and heterogeneous. Few agents have published data on tissue concentration despite their routine use in clinical practice. Those with published data are studied and reported with significant variation, severely limiting the applicability of the data. There is a need for a more systematic approach to the collection and reporting of this data so that agents are chosen for clinical efficacy studies in a rational scientific manner.

The study of brain tissue concentration of antineoplastic agents is vitally important to neurooncology. Drugs cannot be expected to provide benefit without first reaching the target tissue, yet brain tissue concentration is only one factor determining drug efficacy. For example, the tissue to blood ratio for temozolomide was found to be quite low despite its apparent clinical utility in HGG while other drugs have very high tissue to blood ratios, such as gefitinib, and yet no clear evidence of efficacy [49, 50]. Thus, although tissue to blood ratio provides a measure of tissue concentration of these agents, the therapeutic effect also

relies on other properties of the drug and its target. Furthermore, one would not expect brain tumor tissue concentrations to be homogeneous, since factors such as BBB permeability are not homogeneous. Thus measuring drug concentration at a single well-defined point may be expected to generate different results than a slightly different area of tumor or over multiple time points. Failure to achieve adequate penetration into heterogeneous portions of tumor may explain why many conventional and novel therapies with in vitro efficacy have had disappointing clinical results. This tumor heterogeneity may also help to explain the observation that idarubicin and paclitaxel had much higher tissue to blood ratios in HGG than metastatic tumors. This may difference may also indicate qualitative or quantitative differences in the BBB disruption caused by HGG and metastatic tumors. Further work evaluating these potential differences may provide many insights into the BBB, the differences between metastatic and primary brain tumors, and their clinical behavior.

Studies such as the ones reviewed here are clearly a small step towards understanding the penetration of drugs into the CNS. As novel techniques allow for more precise measurement of drug concentrations in vivo, we will begin to better understand which agents are reaching the target tissue in adequate concentrations. Future studies should include a clear statement about the location of tissue concentration sampling in relation to contrast-enhancing areas on MRI. Sampling from contrast enhancing and non-enhancing areas, and in the setting of BBB-active agents will greatly improve the understanding of tissue penetration in relation to BBB integrity. Such data may ultimately inform the most effective timing and use of combination therapy, particularly when considering the potentially mixed effects of radiotherapy, angiogenesis inhibitors and other agents on BBB integrity [19, 51].

Although we designed our search strategy to be comprehensive, it should be noted that it did not include grey literature, and as such may have missed some pharmaceutical industry studies. The impact of this is likely to be small given that neurosurgical tissue specimens or MD catheter implantation in patients would have likely occurred at academic institutions and therefore be published in peer-reviewed journals. We also specifically excluded animal studies to reduce the heterogeneity of the results, although the importance of animal studies in this area cannot be overstated, particularly for agents not currently approved for human use. We are not aware of in vivo data to suggest that animal and human models are directly comparable, and of the studies retrieved by our search strategy, no such comparison was found. In addition, controversy exists as to the appropriate measure of tissue concentration. Our analysis found many different methods are used to report this single measure. In order to attempt a standardized comparison, we calculated or used the reported tissue to blood ratio, however, the tissue to blood ratio itself provides a global picture of many processes, and its relationship to therapeutic efficacy is not clear [52]. Furthermore, the vast majority of studies only reported tissue concentrations on which to base a tissue to blood ratio calculation. The use of area under the concentration–time curve to calculate tissue to blood ratios may be more informative as a single measure by accounting for the exposure time course of a particular drug, both those reaching steady-state and those given intermittently, but was rarely reported. Our requirement of multiple sampling times for optimal studies was meant be inclusive of studies where AUC was not directly reported but where an attempt had been made to consider changes in drug concentration over time. The heterogeneity in the reporting of all study details also greatly limited the current analysis, and thus clearly

hinders the application of the results to clinical practice. Ideally, all studies of this nature would report on the details of drug administration, dose, and route, the timing with respect to sampling, the tissue type, a precise location of the sample in relation to BBB integrity, and use a standardized unit of measure such as the area under the concentration–time curve in both tumor tissue and blood. This requires sampling at multiple time points but would provide significantly more detail. As more studies of this nature are published, reporting more of these details with individual patient data and sampling from multiple tumor locations would provide meaningful data on which to base rational decisions for clinical trials and clinical practice, thereby allowing neuro-oncologists to plan treatment strategies in an evidence-based manner.

We have evaluated the existing literature on brain tumor and tissue concentrations of antineoplastic agents in humans. Further work to characterize the penetration of antineoplastic agents in the human CNS is clearly required. Techniques that allow for accurate localization, multiple sampling times, and that facilitate the study of tissue concentrations in various clinical settings are preferred. This may include microdialysis, surgical tissue, and novel methods of direct and indirect measurement of drug concentration. As additional data becomes available, it may be beneficial to develop an online public database to provide a forum for freely accessibly and searchable data. Such an effort would minimize duplication, guide new studies towards agents without data, improve reporting standards, and allow investigators to extract information on potential compounds of interest to ultimately design rational clinical efficacy studies.

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Fig. 2.

Contrast-enhancing tissue to blood ratio shown graphically by individual study for HGG. Bubble size is inversely proportional to study sample size. Optimal studies represented by red bubbles. Agents ranked along vertical axis according to tissue to blood ratio; agents with multiple studies shown individually but grouped together. (Color figure online)

Fig. 3.

Contrast-enhancing tissue to blood ratio shown graphically by individual study for metastatic brain tumors. Bubble size is inversely proportional to study sample size. Optimal studies represented by red bubbles. Agents ranked along vertical axis according to tissue to blood ratio; agents with multiple studies shown individually but grouped together. *IV* Intravenous, *IA* Intra-arterial. (Color figure online)

Table 1

Methods of drug concentration measurement in brain tissue

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Qualitative summary of included studies Qualitative summary of included studies

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inducing anti-epileptic drug

 a' Samples taken within minutes of each other

 \boldsymbol{a} Samples taken within minutes of each other

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Studies sorted alphabetically by agent name; agents with optimal studies grouped separately. *TBR* tissue to blood ratio, *MW* molecular weight rounded to nearest g mol−1, *N* number of nitrogen atoms, number of oxygen atoms, *n* sample size; MW, N, O, log(p) data from <http://pubchem.ncbi.nlm.nih.gov>

O

 $a_{\mbox{\small Lipophilicity measured as log(p)}}$ *a*Lipophilicity measured as log(p)

 b Chemical data shown is for daunorubic
in hydrochloride, with no available data on liposomal formulation *b*Chemical data shown is for daunorubicin hydrochloride, with no available data on liposomal formulation

Table 3

Studies sorted alphabetically by agent name. TBR tissue to blood ratio, MW molecular weight rounded to nearest g mol⁻¹, N number of nitrogen atoms, O number of oxygen atoms, n sample size; MW, N, O, log(p) data from htt *O* number of oxygen atoms, *n* sample size; MW, N, Studies sorted alphabetically by agent name. *TBR* tissue to blood ratio, *MW* molecular weight rounded to nearest g mol−1, *N* number of nitrogen atoms, O, log(p) data from<http://pubchem.ncbi.nlm.nih.gov>unless otherwise referenced

 $a_{\mbox{\small Lipophilicity measured as log(p)}}$ *a*Lipophilicity measured as log(p)

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 $b_{\rm CISplatin}$ administered in
tra-arterially *b*Cisplatin administered intra-arterially

 $\emph{``Chemical data shown is for {\it dannon}bicin hydrochloride}$ *c*Chemical data shown is for daunorubicin hydrochloride

 d_Breaki lung, paraganglioma, teratocarcinoma *d*
Breast, lung, paraganglioma, teratocarcinoma