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## Kisspeptin neurons do not directly signal to RFRP-3 neurons but RFRP-3 may directly modulate a subset of hypothalamic kisspeptin cells in mice

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### Abstract

The neuropeptides kisspeptin (encoded by *Kiss1*) and RFamide-related peptide-3 (also known as GnIH; encoded by *Rfrp*) are potent stimulators and inhibitors, respectively, of reproduction. Whether kisspeptin or RFRP-3 might act directly on each other's neuronal populations to indirectly modulate reproductive status is unknown. To examine possible interconnectivity of the kisspeptin and RFRP-3 systems, we performed double label *in-situ* hybridization (ISH) for RFRP-3's receptors, *Gpr147* and *Gpr74*, in hypothalamic *Kiss1* neurons of adult male and female mice, as well as double-label ISH for kisspeptin's receptor, *Kiss1r*, in *Rfrp*-expressing neurons of the hypothalamic dorsal-medial nucleus (DMN). Only a very small proportion (5–10%) of *Kiss1* neurons of the anteroventral periventricular region expressed *Gpr147* or *Gpr74* in either sex, whereas higher co-expression (~25%) existed in *Kiss1* neurons in the arcuate nucleus. Thus, RFRP-3 could signal to a small, primarily arcuate, subset of *Kiss1* neurons, a conclusion supported by the finding of ~35% of arcuate kisspeptin cells receiving RFRP-3-immunoreactive fibre contacts. In contrast to the former situation, no *Rfrp* neurons co-expressed *Kiss1r* in either sex, and *Tacr3*, the receptor for neurokinin B (NKB; a neuropeptide co-expressed with arcuate kisspeptin neurons) was found in <10% of *Rfrp* neurons. Moreover, kisspeptin-immunoreactive fibres did not readily appose RFRP-3 cells in either sex, further excluding the likelihood that kisspeptin neurons directly communicate to RFRP-3 neurons. Lastly, despite abundant NKB in the DMN region where RFRP-3 soma reside, NKB was not co-expressed in the majority of *Rfrp* neurons. Our results suggest that RFRP-3 may modulate a small proportion of kisspeptin-producing neurons in mice, particularly in the arcuate nucleus, whereas kisspeptin neurons are unlikely to have any direct reciprocal actions on RFRP-3 neurons.

### Keywords

RFRP-3; GnIH; *Gpr147*; *Gpr74*; *Gpr54*; Kisspeptin; *Kiss1*; *Kiss1r*; *Tacr3*; *Tac2*; Neurokinin B; reproduction; hypothalamus

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## Introduction

Neuropeptides of the arginine-phenylalanine-amide (RFamide) family have been demonstrated to have potent modulatory effects on a variety of physiological functions, including reproduction (1). Two members of this family, kisspeptin (encoded by *Kiss1*) and RFamide-related peptide 3 (RFRP-3, encoded by *Rfrp*), have been shown to regulate mammalian reproductive function through central mechanisms, but have opposing effects on the reproductive axis in mice, with kisspeptin stimulating and RFRP-3 inhibiting reproduction, respectively.

The kisspeptin system, which includes kisspeptin and its receptor, Kiss1r (formerly known as Gpr54), is considered stimulatory and essential for reproductive function. Human patients or rodents lacking functional *Kiss1* or *Kiss1r* genes suffer from impaired puberty and hypogonadotropic hypogonadism, presenting with low levels of gonadotropins and sex steroids, underdeveloped gonads, impaired sexual development, and infertility (2–5). Exogenous kisspeptin administration potently stimulates the secretion of luteinizing hormone (LH) and follicle stimulating hormone (5–9), working centrally through a gonadotropin-releasing hormone (GnRH)-dependent mechanism (10, 11). Kisspeptin can directly activate GnRH neurons, as determined via c-fos induction (a marker of neuronal activation) in GnRH cells (6, 11) and stimulation of electrical firing of GnRH neurons in brain explants (12, 13). Anatomical support for a direct kisspeptin effect on GnRH cells includes the presence of kisspeptin neuronal fibres appositions on GnRH neurons (14–16) and high Kiss1r expression in the majority of GnRH neurons (5, 11, 12). Within the rodent brain, kisspeptin/*Kiss1* mRNA somata are found in two primary populations: the rostral hypothalamic continuum of the anteroventral periventricular nucleus and neighboring rostral periventricular nucleus (AVPV/PeN), and the arcuate nucleus (ARC) (10, 14). In the ARC, kisspeptin neurons highly co-express both neurokinin B (NKB, encoded by the *Tac2* gene) (17) and dynorphin, giving rise to the terminology KNDy neurons, but exact roles of these co-transmitters are still being elucidated.

In contrast to kisspeptin, RFRP-3 has potent inhibitory actions on both GnRH neuronal activity and LH secretion in most rodent species (18–20). RFRP-3 is produced from a precursor peptide encoded by the *Rfrp* gene (21) and is the mammalian orthologue of avian gonadotropin-inhibiting hormone (GnIH) (22, 23). Through immunohistochemical assessment, RFRP-3-immunoreactive (ir) cells are found exclusively in the dorsal-medial nucleus of the hypothalamus (DMN) of rodents (23, 24), mirroring the selective expression of *Rfrp* mRNA in this region, as determined by *in-situ* hybridization (ISH) (25, 26). In rodents, some GnRH neurons are contacted by RFRP-3 axonal fibres (23, 27, 28) and a subset of GnRH neurons express Gpr147, a high affinity receptor for RFRP-3 (26, 28). In addition, RFRP-3 can bind to a second G-protein coupled receptor, Gpr74, with lower affinity (21, 25), but this receptor is not expressed in GnRH neurons (26), and its relevance for the reproductive actions of RFRP-3 is currently unknown.

While both kisspeptin and RFRP-3 appear to modulate the reproductive axis in part by direct effects on GnRH, it is possible that these two neuropeptides may also influence reproductive status via indirect pathways. To this end, it is currently unclear if there is modulatory cross-

talk between these two neuropeptide populations. In addition to projecting to some GnRH cells, RFRP-3-ir fibres also project to a variety of brain regions that do not have GnRH neurons, including the AVPV, lateral hypothalamic area, paraventricular nucleus, and ARC (23, 24, 27–29), and appositions of RFRP-3 fibres on some kisspeptin cells in the AVPV/PeN have been observed in female mice (28). Moreover, RFRP-3's receptors, Gpr147 and Gpr74 are also expressed in several hypothalamic non-GnRH regions, including the periventricular nucleus, paraventricular nucleus, and ARC (26, 28, 30, 31). Additionally, RFRP-3 has been functionally shown to inhibit the electrical firing of some ARC kisspeptin neurons (32), suggesting that RFRP-3 may in fact be able to directly regulate this kisspeptin population. However, whether ARC kisspeptin neurons actually express RFRP-3 receptors in animals of either sex has not been addressed. Likewise, the possibility of kisspeptin neurons regulating RFRP-3 neurons, either through kisspeptin itself or one of its co-transmitters, such as NKB, has not yet been explored. Indeed, kisspeptin fibres have been observed in the DMN, and some *Kiss1r* expression has also been reported in this area (33), as has *Tacr3* (the receptor for NKB, a co-transmitter of ARC kisspeptin neurons) (34). Thus, there may be unilateral or bilateral communication between the RFRP-3 and kisspeptin populations to fine-tune each other's actions on the reproductive axis, but this has not yet been thoroughly examined.

To begin to address the possible anatomical interconnectivity of the kisspeptin and RFRP-3 systems, we used double-label ISH and immunocytochemistry to determine 1) if one or both of RFRP-3's receptors are expressed in *Kiss1* cells of either the AVPV/PeN or the ARC of males and females, 2) if the kisspeptin or NKB receptors are co-expressed with *Rfrp* neurons in the DMN, 3) if kisspeptin axonal fibres are found apposing RFRP-3 cells in the DMN, and lastly, 4) if *Rfrp* neurons co-express *Tac2* (the gene encoding NKB) which is also known to be highly expressed in the DMN.

## Materials and Methods

### Animals, Gonadectomies, and Tissue Collection

Adult C57BL6 mice of both sexes were housed on a 12-12 light-dark cycle (lights off at 1800h) with food and water available *ad libitum*. For some experiments, mice were anesthetized and bilaterally gonadectomized (GDX) one week prior to sacrifice, as previously described (35, 36). For *in-situ* hybridization studies, GDX mice or gonadal-intact mice (females in diestrus, as determined by vaginal smears) were anesthetized with isoflurane and sacrificed by rapid decapitation. Brains were collected, frozen on dry ice, and stored at  $-80^{\circ}\text{C}$ . Five coronal series of 20  $\mu\text{m}$  brain sections were cut on a cryostat, thaw-mounted onto Superfrost-plus slides, and stored at  $-80^{\circ}\text{C}$  until use in *in-situ* hybridization. For immunohistochemistry experiments, gonadal-intact male and GDX male and female mice were perfused with 4% paraformaldehyde in 0.1 M phosphate buffer for brain collection. Coronal (30  $\mu\text{m}$  thick) sections throughout the caudal hypothalamus, containing the entire ARC and DMN, were cut from each brain on a sliding microtome with a freezing stage.

For all experiments, each group consisted of 4–6 animals. All experiments were conducted in accordance with the NIH Animal Care and Use Guidelines and with approval of the

Animal Care and Use Committee of the University of California, San Diego and the University of Otago Animal Ethics Committee.

### Double-label In-Situ Hybridization (ISH)

The following cRNA ISH riboprobes have been previously described and validated: *Rfrp*, *Kiss1r*, *Gpr74*, *Gpr147* (26); *Kiss1* (10); *Tac2* (17, 37); *Gnrh* (38). *Tacr3* was cloned from adult mouse hypothalamic cDNA into pBluscript II SK(-) transcription plasmid (Stratagene, CA) as described previously (26) and corresponds to bases 286 to 691 of the mouse *Tacr3* sequence (NM\_021382).

Double-label ISH assays were performed as previously described (17, 39). For double-label assays studying ARC KNDy cells, we used *Tac2* as a designator for KNDy neurons, as pilot studies indicated that *Tac2* expression per cell was stronger than *Kiss1*, allowing for better detection with the fluorescent DIG probe. Briefly, slide-mounted brain sections encompassing the hypothalamus were fixed in 4% paraformaldehyde, pretreated with acetic anhydride, rinsed in 2X SSC (sodium citrate, sodium chloride), delipidated in chloroform, dehydrated in ethanols, and air-dried. Radio-labeled (<sup>33</sup>P) antisense *Gpr147*, *Gpr74*, *Kiss1r*, *Tac2*, or *Tacr3* (0.05 pmol/ml) and digoxigenin (DIG)-labeled *Rfrp*, *Kiss1*, *Tac2* or *Gnrh* riboprobes (Roche digoxigenin labeling kit, 1:500) were combined with tRNA, denatured by boiling, and dissolved together in hybridization buffer. The probe mix was then applied to slides (100 µl/slide), and slides hybridized at 55°C overnight. Slides were cover-slipped and placed in a 55°C humidity chamber overnight. The slides were then washed in 4X SSC and placed into RNase A treatment for 30 min at 37°C, then in RNase buffer without RNase at 37°C for 30 min. After washing in 2X SSC at room temperature, slides were washed in 0.1X SSC at 62°C for 1 hour. Slides were then incubated in 2X SSC with 0.05% Triton X-100 containing 3% sheep serum (NSS) for 75 min at room temperature and then incubated overnight at room temperature with anti-DIG antibody conjugated to alkaline phosphatase [(Roche) diluted 1:500 in Buffer 1 containing 1% NSS and 0.3% Triton X-100]. The next day, slides were washed with Buffer 1 and incubated with Vector Red alkaline phosphatase substrate (Vector Labs) for 1 h at room temperature. The slides were then air-dried, dipped in Kodak NTB emulsion, stored at 4°C, and developed and cover-slipped 9–11 days later.

ISH slides were analyzed with an automated image processing system (Dr. Don Clifton, University of Washington) by a person unaware of the treatment group of each slide (40). DIG-containing cells (*Kiss1*, *Tac2*, *Rfrp* or *Gnrh* cells) were identified under fluorescence microscopy and the grain-counting software was used to quantify silver grains (representing *Gpr147*, *Gpr74*, *Kiss1r*, *Tacr3* or *Tac2* mRNA) overlying each cell. Signal-to-background ratios for individual cells were calculated, and a cell was considered double-labeled if its ratio was >3.

### Immunohistochemistry for kisspeptin and RFRP-3 in the DMN and ARC

For dual label immunohistochemistry of kisspeptin and RFRP-3, all steps were separated by four 10 minute washes in 50 mM tris-buffered saline containing 0.5% Triton X-100 (TBS-TX). After blocking in TBS-TX containing 1% BSA and 1% normal donkey serum, sections were incubated overnight at 4 °C in sheep anti-mouse kisspeptin-52 (AC053, kindly

provided by Dr Alain Caraty, National Institute for Agronomic Research, France; 1:2000 dilution), and rabbit anti-sparrow GnIH (PAC 123/124, kindly provided by Dr George Bentley, University of California, Berkeley; 1:5000) in blocking solution. Sections were then incubated for 2 hours at room temperature in biotinylated donkey anti-sheep (1:500 dilution; Jackson ImmunoResearch) and Alexa Fluor 488 donkey anti-rabbit (1:500 dilution; Molecular Probes, Life Technologies). Following this, sections were incubated for 1 hour in Alexa Fluor 568-streptavidin (1:500 dilution; Molecular Probes). Staining was observed with a Zeiss LSM 710 confocal microscope using a 63 X objective lens and laser excitation lines and filters for 488 nm or 543 nm. Stacks of images, collected at intervals of 600 nm, were analyzed offline using ImageJ software (National Institutes of Health, Bethesda, MD). In the DMN, twenty RFRP-3 cell bodies were visualized per mouse and all kisspeptin-ir contacts recorded. In the ARC, 29–50 kisspeptin cell bodies were visualized per mouse and all RFRP-3 contacts were recorded. Contacts were defined as no black pixel between the fibre and the soma. Omission of any of the primary antibodies resulted in complete absence of staining.

### Statistical Analysis

All data are expressed as the mean  $\pm$  SEM for each group. In all experiments, differences were analyzed by Student's t-test or by 2-way ANOVA, followed by post-hoc comparisons for individual sex/treatment groups via Fisher's (protected) LSD. Statistical significance was set at  $p < 0.05$ . All analyses were performed in Statview 5.0.1 (SAS Institute, Cary, NC).

## Results

### Experiment 1: Only a small proportion of AVPV *Kiss1* neurons express *Gpr147* or *Gpr74*

We previously reported that 12–15% of *Kiss1* neurons in the AVPV/PeN of female mice express *Gpr147*, both in ovary-intact (dioestrus) and oestradiol-treated conditions (28). However, it is unknown if a similar proportion of AVPV/PeN *Kiss1* neurons in male mice express *Gpr147*. Additionally, the co-expression of *Gpr74* with *Kiss1* in the AVPV/PeN in either sex has not previously been determined. In the present experiment, we used double-label ISH to determine coexpression of *Gpr147* or *Gpr74* mRNA in *Kiss1* neurons in the AVPV/PeN of gonadally-intact female (diestrus) and male mice. Such coexpression was not also examined in GDX mice, as *Kiss1* expression is nearly undetectable in the AVPV/PeN in the GDX state (35). As expected, there was a pronounced sex difference in the number of detectable AVPV/PeN *Kiss1* neurons, with females having several fold more *Kiss1* neurons than males (data not shown) (41). In terms of RFRP-3 receptors, we found an overall low abundance of both *Gpr147* and *Gpr74* expression in the AVPV/PeN region, unlike other regions such as the paraventricular nucleus and thalamus where *Gpr147* and *Gpr74* mRNAs, respectively, were more highly expressed. In agreement with our previous study (28), quantitatively, only 12% of AVPV/PeN *Kiss1* neurons expressed *Gpr147* in females, and a similar proportion was observed in males (Figure 1). An even smaller proportion (5–6%) of AVPV/PeN *Kiss1* neurons co-expressed *Gpr74* in either sex (Figure 1). There were no statistical differences between the sexes for co-expression of either RFRP-3 receptor with *Kiss1* in the AVPV/PeN. The relative amount of *Gpr147* or *Gpr74*

mRNA per *Kiss1* cell, reflected by the number of silver grains in each *Kiss1* cell, also did not differ between sexes (not shown).

### **Experiment 2: A moderate proportion of KNDy neurons in the ARC express *Gpr147* or *Gpr74* and receive contacts from RFRP-3 fibres**

The ARC *Kiss1* population highly co-expresses *Tac2* (which encodes NKB) and is referred to as the KNDy neuron population. Here, we determined if either *Gpr147* or *Gpr74* is co-expressed in ARC KNDy neurons of adult male and female mice. We found that *Gpr147* mRNA was moderately expressed in approximately 25% of KNDy neurons in gonadally-intact female (diestrous) and male mice (Figure 2A–C). Similar levels of *Gpr147* co-expression were found in GDX mice of both sexes (Figure 2). Like *Gpr147*, 23–25% of ARC KNDy neurons in gonadally-intact male and female mice co-expressed *Gpr74* mRNA, with slightly lower but not significantly different coexpression in GDX mice (Figure 2D–E). For both assays, GDX mice had considerably more KNDy neurons than gonadally-intact mice ( $p < 0.05$ ; data not shown), as expected due to known stimulatory effects of GDX on KNDy cells in rodents (42, 43). There were no statistical differences between sexes in the degree of *Gpr147* or *Gpr74* co-expression in ARC KNDy neurons and no group differences were observed in the relative amount of receptor mRNA per KNDy neuron (silver grains per double-labeled cell; not shown). The coexpression for the two RFRP-3 receptors within KNDy neurons was evenly dispersed throughout the ARC and not noticeably different between in any anatomical subregion within the KNDy neuron population.

To further examine possible RFRP-3 neuron to kisspeptin neuron interactions, we next used double-label IHC to assess potential RFRP-3 fibre contacts on kisspeptin neurons in the ARC of female mice. For this analysis, GDX females were used, as this gonadal state allows for identification of kisspeptin cell bodies in the ARC, unlike gonadal-intact mice in which the dense kisspeptin fibre network obscures cell bodies. Supporting our receptor coexpression data above, RFRP-3 fibres were observed to appose a moderate proportion of ARC kisspeptin cells. Quantification determined that ~35% of kisspeptin soma in the ARC received RFRP-3 fibre contacts (Figure 3).

### **Experiment 3: *Rfrp* neurons do not highly express *Kiss1r* or *Tacr3* or receive axonal contacts from kisspeptin neurons**

Experiments 1 and 2 indicated that a small population of kisspeptin neurons in the AVPV/PeN, and more so in the ARC, could be responsive to RFRP-3 signaling. Next, we determined if the reciprocal relationship might also exist: could kisspeptin neurons also act on *Rfrp* neurons? To address this, we measured the degree of *Kiss1r* co-expression in *Rfrp* neurons and also determined the degree to which kisspeptin fibres contact RFRP-3 neurons in the DMN. Double label ISH for *Kiss1r* in *Rfrp* neurons in adult male and female mice revealed that essentially all *Rfrp* neurons (>99%) lacked *Kiss1r* (Figure 4A). In fact, *Kiss1r* was surprisingly absent from the DMN, despite previous ISH data demonstrating high expression of *Kiss1r* in this nucleus (33). As a positive control, pronounced *Kiss1r* mRNA expression was observed in the habenula, a known region of *Kiss1r* expression (not shown). To ensure that lack of *Kiss1r* in *Rfrp* neurons was not due to technical reasons, a second set of slides from the rostral hypothalamus of adult females was concurrently assayed for *Kiss1r*



expression in *Gnrh* neurons (Figure 4C, D) along with *Kiss1r* in *Rfrp* neurons. Whereas >85% of GnRH neurons expressed *Kiss1r*, no *Rfrp* neurons expressed *Kiss1r* (Figure 4C, D), consistent with the previous assay.

In the ARC, kisspeptin neurons co-express NKB, which could potentially be used by ARC KNDy neurons to communicate with RFRP-3 neurons via *Tacr3* signaling. Indeed, *Tacr3* (the NKB receptor) is highly expressed in the DMN region, along with NKB fibres (34, 44), but it is unknown if this specifically includes RFRP-3 neurons. Using double-label ISH for *Tacr3* and *Rfrp*, we observed robust staining for both mRNAs in the DMN of mice of both sexes (Figure 4E, F). However, quantitative analysis determined that *Tacr3* mRNA was absent in most *Rfrp* neurons. Less than 10% of *Rfrp* neurons expressed *Tacr3* in gonadally-intact males and females (Figure 4G), and similar low coexpression levels were quantified in GDX mice of both sexes, with *Tacr3* being detected in only ~8% of *Rfrp* neurons (Figure 4G). There were no statistical differences between sexes or gonadal state in the proportion of cells expressing *Tacr3* or the relative *Tacr3* mRNA level per *Rfrp* cell.

In a complementary experiment, we used double-label IHC to assess potential kisspeptin fibre contacts, which could arise from either the AVPV/PeN kisspeptin population and/or ARC kisspeptin/NKB (KNDy) cells, on RFRP-3 neurons in the DMN. Matching the receptor coexpression data, virtually no RFRP-3 cells were observed with contacts from kisspeptin fibres (Figure 5A). Quantification of the staining revealed that, on average, just 4% of RFRP-3-immunoreactive cells received apparent contacts from kisspeptin-containing fibres in gonadally-intact adult male mice (Figure 5B). Similar results were observed in GDX mice, with only ~3% and ~7% of RFRP-3 cells receiving kisspeptin fibre appositions in males and females, respectively (Figure 5B). There were no statistical differences in the degree of kisspeptin-RFRP-3 contacts between intact and GDX mice or between sexes.

#### Experiment 4: Is NKB a co-neuropeptide with RFRP-3?

*Tac2* mRNA, which codes for NKB, is known to be highly expressed in the DMN (45), but its co-expression in RFRP-3 neurons is unknown. We used double-label ISH to determine if *Rfrp* neurons are in fact the same or an overlapping population of DMN cells as those expressing *Tac2*. However, despite strong expression of both genes in the DMN region, we found that *Rfrp* and *Tac2* neurons in the DMN are mostly distinct populations, with relatively low levels of co-expression (Figure 6A, B). Quantitatively, approximately 12% of *Rfrp* neurons co-express *Tac2* in adult mice of both sexes (Figure 6C) under both gonadally-intact and GDX conditions. There were no statistical differences in the proportion of *Rfrp* neurons co-expressing *Tac2* between sexes or treatment group (Figure 6C) and there were no differences in the grains per cell representing relative *Tac2* mRNA levels in the double-labeled cells (not shown). We did not attempt to quantify the degree of reciprocal co-localization of DMN *Tac2* neurons expressing *Rfrp*. However, in general, we consistently noted significantly more total *Tac2* neurons than *Rfrp* neurons in the DMN region, indicating that the proportion of *Tac2* cells co-expressing *Rfrp* would be notably lower than the 12% of *Rfrp* neurons found to co-express *Tac2*.

## Discussion

Despite the potent and reciprocal activities of kisspeptin and RFRP-3 on the reproductive axis, comprehensive interconnectivity of these two neuropeptide systems has not been thoroughly investigated. Here, we sought to determine if the receptors for RFRP-3, Gpr147 and Gpr74, were expressed in either population of hypothalamic kisspeptin neurons and whether kisspeptin's receptor, or that for NKB, was expressed in RFRP-3 cells. We found that the majority of AVPV/PeN *Kiss1* neurons do not express either of the receptors known to mediate the actions of RFRP-3, whereas a moderate percentage of kisspeptin cells in the ARC do co-express RFRP-3 receptors. Conversely, *Kiss1r* (kisspeptin receptor) was absent in virtually all *Rfrp* neurons and almost no RFRP-3 neurons receive appositions from kisspeptin axonal fibres. Moreover, *Tacr3*, the receptor for ARC kisspeptin's co-transmitter NKB, was not highly expressed in most RFRP-3 cells. Overall, our anatomical data suggest that the kisspeptin and RFRP-3 neuronal systems likely act independently on the GnRH-pituitary axis and may only have notable communication with each other at the level of RFRP-3 signaling to ARC kisspeptin cells.

The various mechanisms by which RFRP-3 neurons might regulate the reproductive axis are not fully elucidated. A good part of RFRP-3's reproductive modulation appears to occur through the inhibition of GnRH release, and antagonizing the GnRH receptor abolishes the stimulatory effect of an RFRP-3 antagonist, RF9, on LH secretion (28). These data suggest that RFRP-3 provides an inhibitory tone upstream of GnRH signaling, since blockade of RFRP-3 signaling is only effective at stimulating LH when GnRH signaling pathways are functional. However, using several different techniques, we previously found only low to moderate co-expression of the RFRP-3 receptors, Gpr147 and Gpr74, in GnRH neurons, with a majority of GnRH cells not expressing either receptor (26, 28), matching the finding that only a subset of GnRH neurons changing their firing rate after RFRP-3 treatment (19). The ability of RFRP-3 to inhibit GnRH and LH despite a majority of GnRH cells not expressing RFRP-3 receptors could indicate that some RFRP-3-mediated inhibition on GnRH may occur indirectly. While the possibility of RFRP-3 acting on the pituitary has been hypothesized, RFRP-3 neurons of rodents are not hypophysiotropic, since they are unable take up peripherally administered retrograde tracers (46). These data exclude the possibility of RFRP-3 acting directly on the pituitary of rodents, which differs from the ovine model, where RFRP-3 can be measured in portal blood (47).

Given that only a subset of GnRH neurons expresses RFRP-3 receptors, we speculated that RFRP-3 may also regulate the GnRH axis through an intermediate neuropeptide population(s), such as kisspeptin neurons. Kisspeptin is a potent stimulator of GnRH release (10), but the "upstream" circuitry that regulates the synthesis and secretion of kisspeptin is poorly understood. Thus, we hypothesized that RFRP-3 may be an upstream factor that negatively modulates kisspeptin neurons to thereby reduce GnRH activation. This possibility was supported by data indicating that RFRP-3 fibres appose some AVPV/PeN kisspeptin neurons in female mice (28) and are also present in the ARC where kisspeptin neurons also reside (23, 24, 29). However, based on our present findings, it appears that a large majority of kisspeptin neurons, in both the AVPV/PeN and the ARC, are lacking receptors for RFRP-3. This was especially apparent in the AVPV/PeN, suggesting that kisspeptin neurons



in that nucleus are unlikely to be significantly regulated by direct RFRP-3 signaling. In the ARC, however, a moderate proportion (~25%) of kisspeptin cells co-expressed Gpr147 or Gpr74, and nearly 35% of ARC kisspeptin neurons receive RFRP-3 fibre contacts, indicating that there could be some functional regulation of kisspeptin neurons by RFRP-3 in this specific brain region. Even so, it is not clear what the functional significance of such communication would be, given the lack of RFRP-3 receptors and fibre contacts in such a large proportion of these ARC KNDy cells. Since we could not perform triple labeling experiments, we do not know if the same ARC kisspeptin cells that express Gpr147 also express Gpr74, or if different kisspeptin cells express each of the two RFRP-3 receptors. If the latter scenario, then not only would a larger proportion of ARC kisspeptin cells than what we observed (~25%) actually be responsive to RFRP-3 signals, but also the differing affinities of RFRP-3 for these receptor subtypes might enable graded or differing responses of different kisspeptin cells to the same RFRP-3 stimulus. Whereas the maximum percent of ARC kisspeptin neurons directly modulated by RFRP-3 signaling is likely capped at ~ 1/3, due to the proportion of KNDy neurons with RFRP-3 fibre appositions and RFRP-3 receptors, it remains possible that such RFRP-3 signaling may still affect the entire KNDy population indirectly via the reciprocally interconnected nature of the KNDy neuron network. Of note, we used *Tac2* expression to represent KNDy neurons, since in our hands, nearly all *Tac2* neurons (>95%) coexpress *Kiss1* in the ARC of mice (A.S. Kauffman, unpublished observation). Thus, *Tac2* expression in the mouse ARC faithfully reflects *Kiss1* expressing neurons.

One interesting possible role for RFRP-3-kisspeptin interactions that has been hypothesized is the regulation of the preovulatory GnRH/LH surge, an event driven by kisspeptin and suppressed by RFRP-3 (18, 48). RFRP-3 neuronal activity declines at the time of the LH surge (29), as does the hypothalamic concentration of RFRP-3 peptide (M.Z. Rizwan and G.M. Anderson, unpublished data). It is conceivable that this decline reduces inhibitory RFRP-3 tone on kisspeptin neurons, allowing increased kisspeptin drive to trigger the GnRH/LH surge (15). Such speculation would be consistent with previous reports of RFRP-3 causing suppression of cellular activity as well as reduced kisspeptin neuronal firing rate in the AVPV (18, 19), a key brain region implicated in the LH surge event. However, this is less consistent with our present finding of minimal RFRP-3 receptors in AVPV kisspeptin neurons. Indeed, most RFRP-3 receptors in kisspeptin neurons were located in the ARC rather than the AVPV, and the former brain region is not implicated in the LH surge in rodents. Thus, our findings suggest that any effects of RFRP-3 on AVPV kisspeptin neurons to govern the LH surge would likely be indirect on those neurons.

Initial ISH studies targeting *Kiss1r* suggested it was highly expressed in the DMN (33), and kisspeptin fibres have been observed in the DMN (49), supporting the possibility that kisspeptin signaling may interface with RFRP-3 neurons. Our present results, however, strongly exclude the possibility of kisspeptin acting on RFRP-3 neurons through *Kiss1r*, as no *Rfrp* neurons expressed the mRNA for this receptor. In fact, contrary to the initial report (33), we find no evidence of significant *Kiss1r* mRNA in the DMN area, at least under our conditions examined. This was not due to poor sensitivity of our *Kiss1r* ISH, since we observed high *Kiss1r* expression in GnRH neurons and other brain regions, as expected. To

complement this receptor expression data, we also determined if kisspeptin-containing fibres apposed RFRP-3 cells. In agreement with the ISH data, these immunohistochemistry results also excluded the likelihood of kisspeptin neurons targeting RFRP-3 neurons, as virtually all RFRP-3 neurons were devoid of kisspeptin fibre appositions. Importantly, these fibre apposition data also indicate that, due to the lack of physical connectivity, it is highly unlikely that kisspeptin neurons utilize other co-neuropeptides, such as NKB or dynorphin, to act directly on *Rfrp* neurons. This was supported by our finding that *Tacr3*, the receptor for NKB (a co-transmitter with kisspeptin from ARC cells), was absent in the vast majority of *Rfrp* neurons, despite robust *Tacr3* expression elsewhere nearby in the DMN. Any NKB interaction on the small subset of RFRP-3 neurons expressing *Tacr3* would likely arise from non-ARC NKB neurons, since almost no kisspeptin fibres appose RFRP-3 neurons (ARC KNDy neuron fibers would contain kisspeptin as well as NKB).

Most hypothalamic neuropeptide populations tend to produce more than one neuropeptide or neurotransmitter. Yet, the potential co-transmitters that may also be expressed in and released by RFRP-3 neurons are unknown. In the present study we therefore also examined if NKB was co-expressed with RFRP-3, as many neurons in the DMN highly express *Tac2*. However, despite a little degree of overlap, we found that *Tac2* was not expressed in the large majority of *Rfrp* neurons. These data suggest that the RFRP-3 and NKB neuronal populations residing in the DMN are, for the most part, distinct and separate neuropeptide populations. Thus, it presently remains unknown if RFRP-3 neurons also highly secrete additional co-transmitters or not.

In summary, the data presented here exclude the likelihood of RFRP-3 acting on any sizable proportion of kisspeptin neurons in the AVPV/PeN in either sex, but suggest that RFRP-3 may potentially provide some direct regulation to a moderate subset of ARC KNDy cells. Additionally, the possibility of a reciprocal action of direct kisspeptin or NKB on RFRP-3 neurons was strongly excluded, as no *Rfrp* neurons express *Kiss1r* and virtually no RFRP-3-ir neurons receive kisspeptin appositions or express *Tacr3*. Lastly, the majority of *Rfrp* neurons lack *Tac2*, indicating that NKB is not a co-expressed with RFRP-3 and that these are likely two separate neuronal populations in the DMN. These data demonstrate that kisspeptin is acting independently of, and in parallel with, the RFRP-3 system to govern the reproductive axis, whereas some effects of RFRP-3 on reproduction may potentially be derived via actions on a subset of ARC kisspeptin cells. Whether RFRP-3 also acts elsewhere in the brain to indirectly modulate reproduction remains unexplored, but could possibly include other regions such as paraventricular nucleus, lateral hypothalamus, thalamus, and amygdala where RFRP-3 fibres have been reported (24) and where *Gpr147* or *Gpr74* mRNAs are notably expressed (50).

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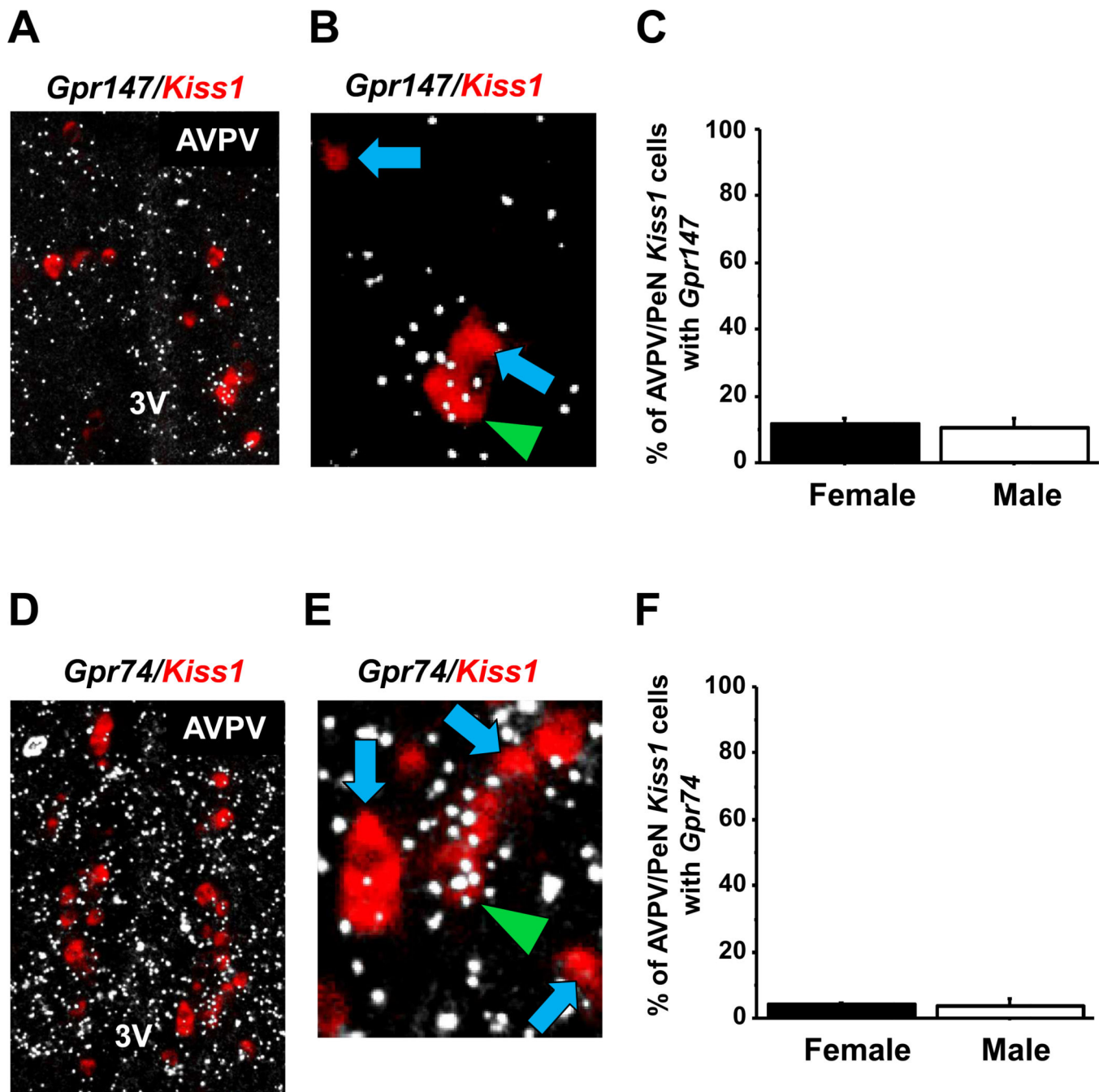
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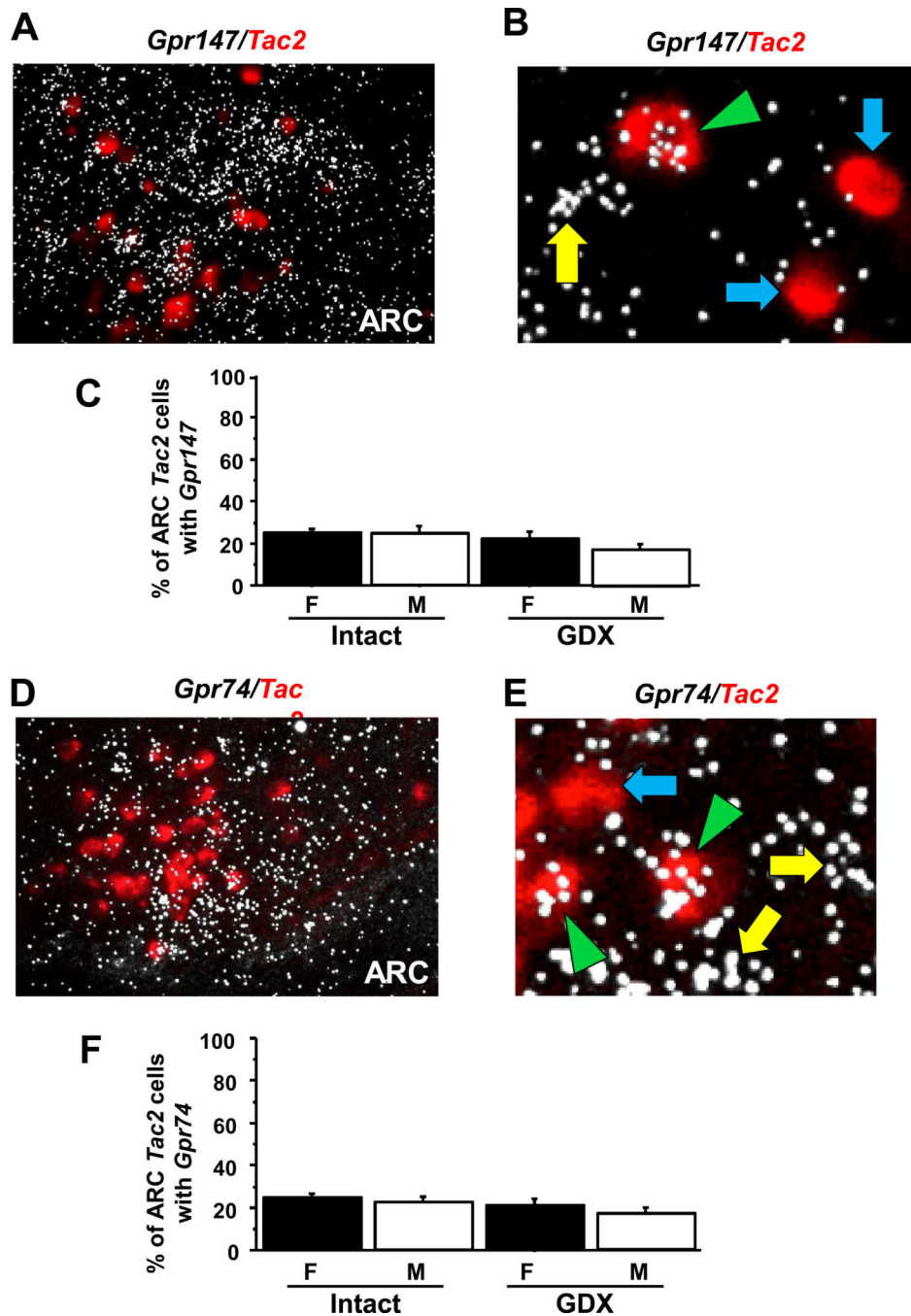




**Figure 1.** Expression of *Gpr147* and *Gpr74* in AVPV/PeN *Kiss1* neurons by double label *in-situ* hybridization. [A] Representative photomicrographs of double label *in-situ* hybridization of *Kiss1* (red fluorescence) and *Gpr147* (silver grains) in an intact male. 3V, third ventricle [B] *Kiss1* neurons co-expressing *Gpr147* (green arrowhead) and *Kiss1* neurons with no co-expression of *Gpr147* (blue arrows). [C] Quantification of the percent co-expression of *Gpr147* in AVPV/PeN *Kiss1* neurons between gonadally-intact females (F) and males (M). There were no significant differences in co-expression between any of the groups. [D]



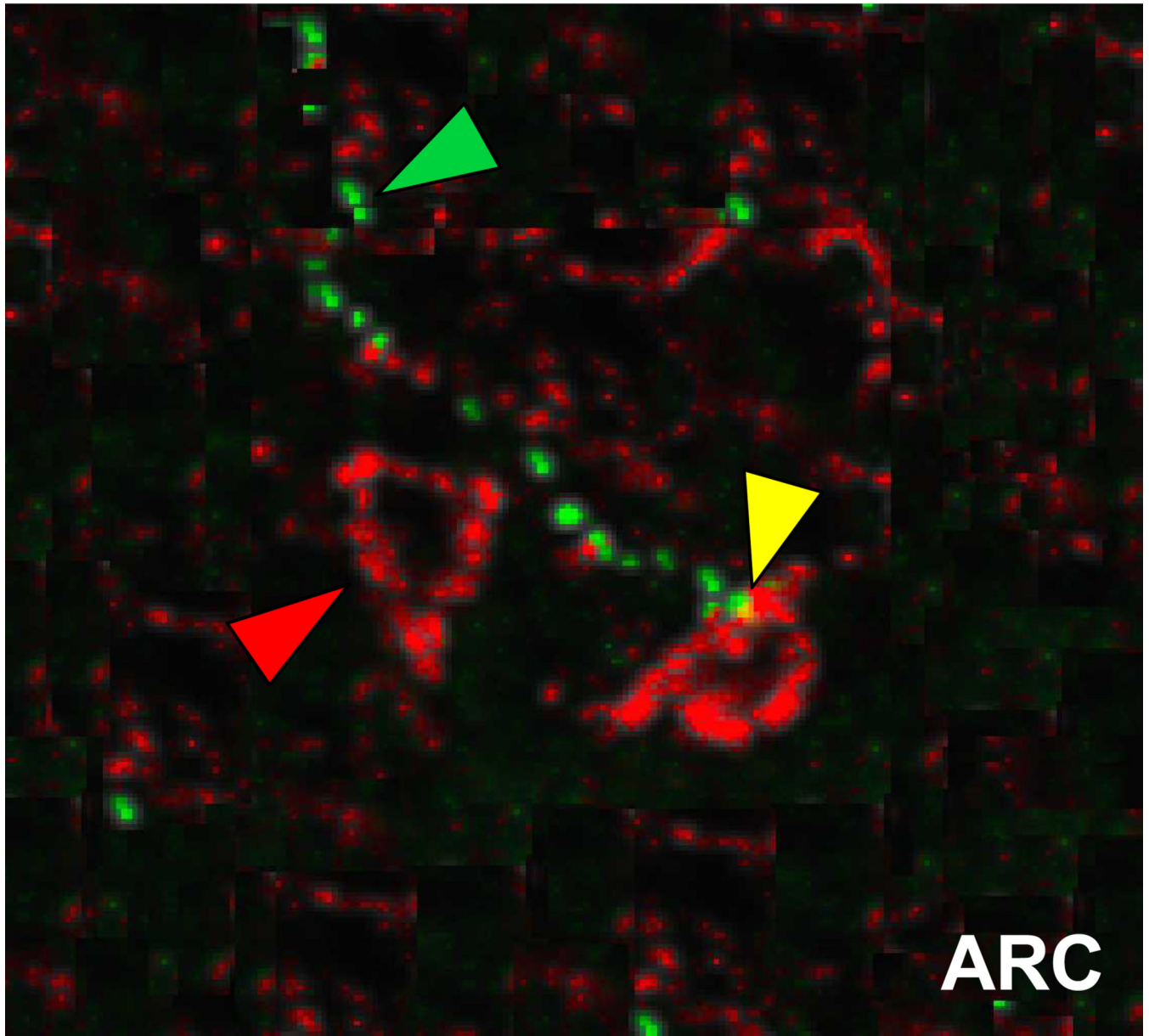
Representative photomicrographs of double label *in-situ* hybridization of *Kiss1* (red fluorescence) and *Gpr74* (silver grains) in a dioestrous female. **[E]** *Kiss1* neurons co-expressing *Gpr74* (green arrowhead) and *Kiss1* neurons with no co-expression of *Gpr147* (blue arrows). **[F]** Quantification of the percent co-expression of *Gpr147* in *Kiss1* neurons between gonadally-intact females (F) and males (M). There were no statistical differences between the sex or gonadal state.



**Figure 2.** Expression of *Gpr147* and *Gpr74* in ARC KNDy neurons by double label *in-situ* hybridization. [A] Representative photomicrographs of double label *in-situ* hybridization of *Tac2* (red fluorescence) and *Gpr147* (silver grains) in the ARC of a dioestrous female. [B] ARC *Tac2* neurons co-expressing *Gpr147* (green arrowhead) and *Tac2* neurons with no co-expression of *Gpr147* (blue arrows). [C] Quantification of the percent co-expression of *Gpr147* in *Tac2* neurons between gonadally-intact females (F) and males (M) and gonadectomized (GDX) M and F. There were no significant differences in co-expression

between any of the groups. **[D]** Representative photomicrographs of double label *in-situ* hybridization of *Tac2* (red fluorescence) and *Gpr74* (silver grains) in the ARC of a dioestrous female. **[E]** *Tac2* neurons co-expressing *Gpr74* (green arrowhead) and a *Gpr74* neuron that is not expressing *Tac2* (yellow arrow). **[F]** Quantification of the percent co-expression of *Gpr147* in *Tac2* neurons between gonadally-intact females (F) and males (M) and gonadectomized (GDX) M and F. These experimental groups were not statistically difference.

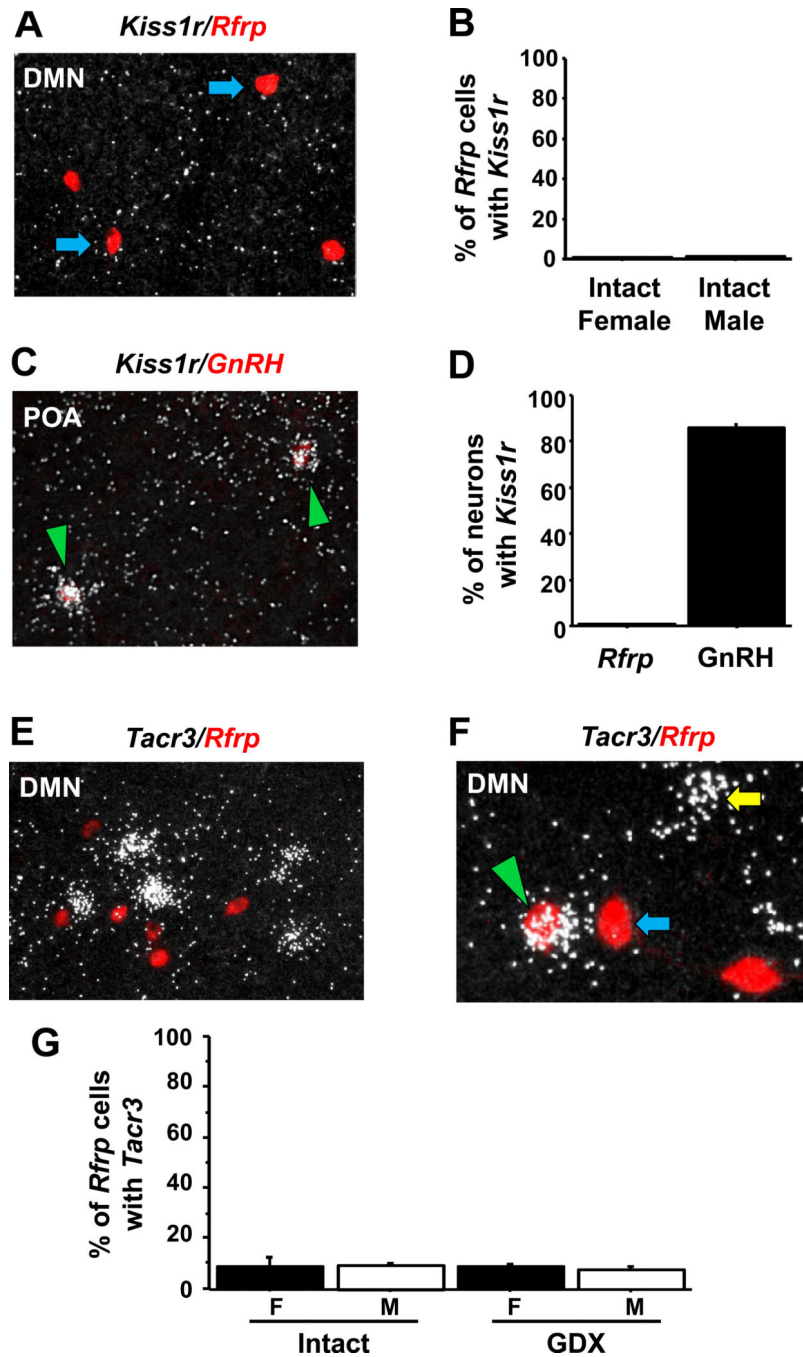
## RFRP-3/Kisspeptin



**Figure 3.**

Representative photomicrograph of RFRP-3 immunoreactive fibre (green fluorescence) in apposition with ARC kisspeptin neuron (red fluorescence) in a female mouse.

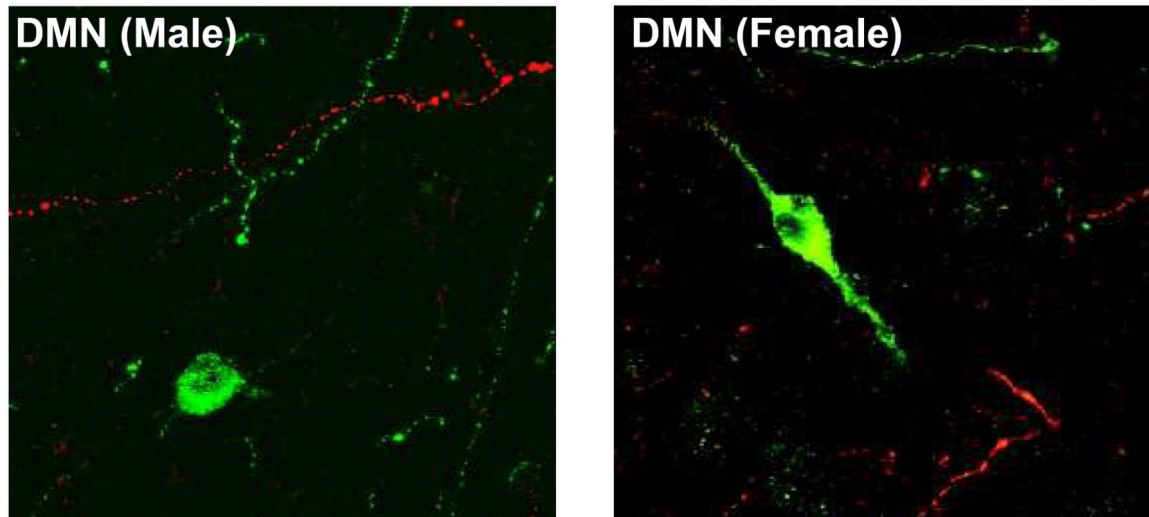
Immunohistochemical analysis revealed RFRP-3 contacts with ~35% of kisspeptin cell bodies in the ARC of GDX female mice. Figure is a collapsed stack of several confocal optical sections. Green triangle denotes example RFRP-3 fibre immunoreactivity. Red triangle denotes an ARC kisspeptin cell not receiving RFRP-3 input. Yellow triangle denotes RFRP-3 fibre contacting an ARC kisspeptin cell.



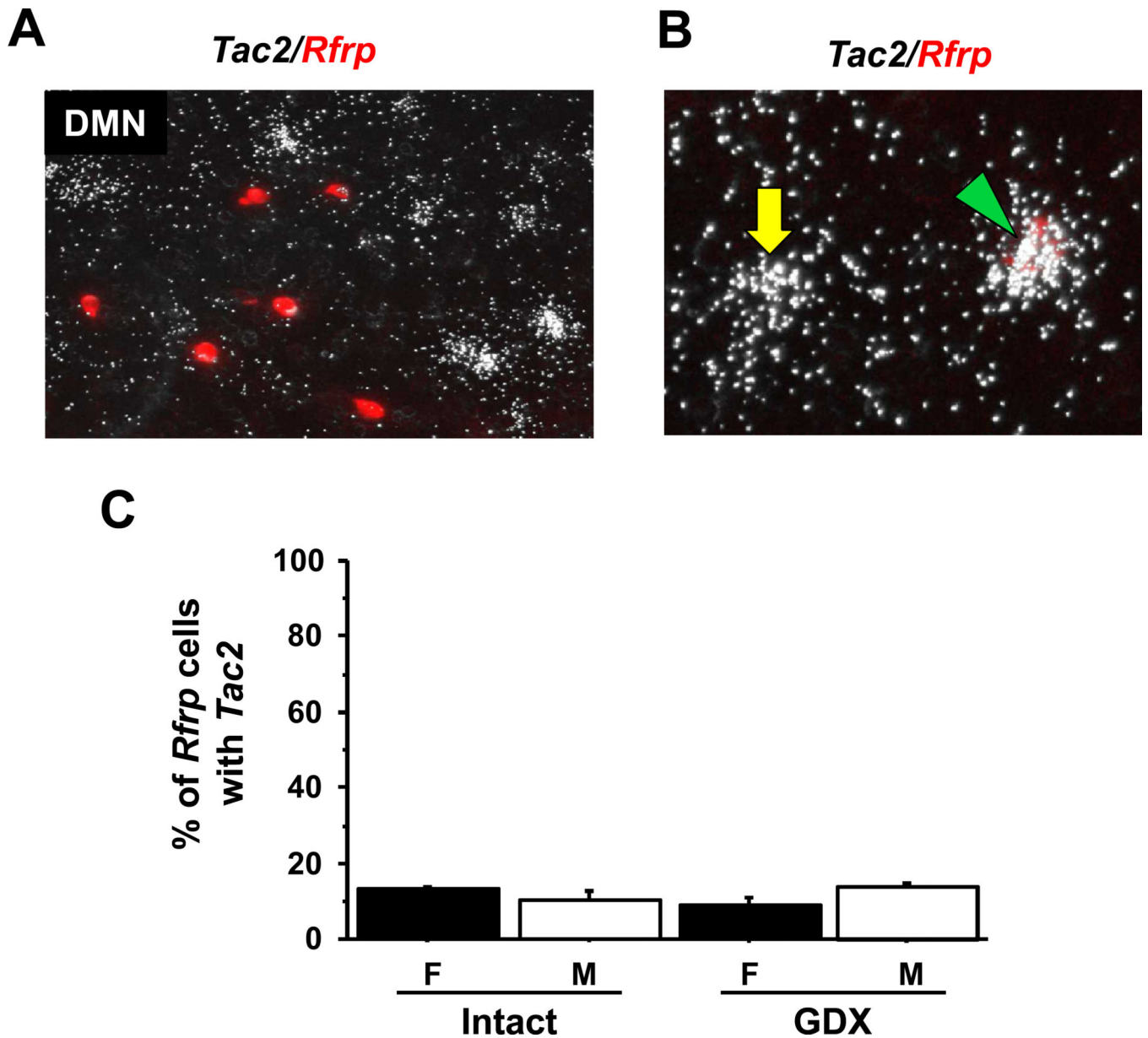
**Figure 4.** Expression of *Kiss1r* in *Rfrp* and GnRH neurons and expression of *Tacr3* in *Rfrp* neurons by double label *in-situ* hybridization. [A] Representative photomicrographs of double label *in-situ* hybridization of *Rfrp* (red fluorescence) and *Kiss1r* (silver grains) in the DMN of a dioestrous female. *Rfrp* neurons lacking *Kiss1r* are marked with blue arrows [B] Quantification of the percent co-expression of *Kiss1r* in *Rfrp* neurons between gonadally-intact females and males. There were no significant differences in co-expression between sexes. [C] Representative photomicrographs of double label *in-situ* hybridization of *Kiss1r*

(silver grains) and GnRH (red fluorescence) in the preoptic area (POA) of an intact male. Green arrowheads identify double-labeled cells [D] Quantification of the percent co-expression of *Kiss1r* in *Rfrp* or GnRH neurons in dioestrous females and intact males (percentages averaged across all animals). [E] Representative photomicrographs of double label *in-situ* hybridization of *Rfrp* (red fluorescence) and *Tacr3* (silver grains) in the DMN of an intact male mouse. [F] *Rfrp* neurons co-expressing *Tacr3* (green arrowhead) and a cell expressing *Tacr3* without *Rfrp* (yellow arrow). [G] Quantification of the percent co-expression of *Tacr3* in *Rfrp* neurons between gonadally-intact females (F) and males (M) and gonadectomized (GDX) M and F. There were no significant differences in co-expression between any of the groups.



**A****RFRP-3/Kisspeptin****B****Figure 5.**

Immunohistochemistry for kisspeptin fibres and RFRP-3 cell bodies in the mouse DMN. **[A]** Representative images of RFRP-3 cell bodies and fibres (green fluorescence) and kisspeptin fibres (red fluorescence) in the DMN of a gonadally-intact male (left) and GDX female (right). **[B]** Quantification of the percent of RFRP-3 neurons receiving contacts from kisspeptin fibres in the DMN of intact and gonadectomized (GDX) male and female mice. Almost no RFRP-3 cells were contacted and there was no statistical difference between gonadal states.



**Figure 6.** Expression *Tac2* in *Rfrp* neurons in the DMN by double label *in-situ* hybridization. **[A]** Representative photomicrographs of double label *in-situ* hybridization of *Rfrp* (red fluorescence) and *Tac2* (silver grains) in the DMN of a dioestrous female. **[B]** Higher magnification of *Rfrp* neurons co-expressing *Tac2* (green arrowhead) and a *Tac2* neuron that is not expressing *Rfrp* (yellow arrow). **[C]** Quantification of the percent co-expression of *Tac2* in *Rfrp* neurons between gonadally-intact females (F) and males (M) and gonadectomized (GDX) M and F. These experimental groups were not statistically different.