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Mechanism and Synergism in Epithelial Fluid and Electrolyte Secretion

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Abstract

A central function of epithelia is the control of the volume and electrolyte composition of bodily fluids through vectorial transport of electrolytes and the obligatory H₂O. In exocrine glands fluid and electrolyte secretion is carried out by both acinar and duct cells, with the portion of fluid secreted by each cell type vary among glands. All acinar cells secrete isotonic, plasma-like fluid, while the duct determines the final electrolyte composition of the fluid by absorbing most of the Cl⁻ and secreting HCO₃⁻. The key transporters mediating acinar fluid and electrolyte secretion are the basolateral Na⁺/K⁺/2Cl⁻ cotransporter, the luminal Ca²⁺-activated Cl⁻ channel ANO1 and basolateral and luminal Ca²⁺-activated K⁺ channels. Ductal fluid and HCO₃⁻ secretion are mediated by the basolateral membrane Na⁺-HCO₃⁻ cotransporter NBCe1-B and the luminal membrane Cl⁻/HCO₃⁻ exchanger slc26a6 and the Cl⁻ channel CFTR. The function of the transporters is regulated by multiple inputs, which in the duct include major regulation by the WNK/SPAK pathway that inhibit secretion and the IRBIT/PP1 pathway that antagonize the effects of the WNK/SPAK pathway to both stimulate and coordinate the secretion. The function of these regulatory pathways in secretory glands acinar cells is yet to be examined. An important concept in biology is synergism among signaling pathways to generate the final physiological response that ensures regulation with high fidelity and guards against cell toxicity. While synergism is observed in all epithelial functions, the molecular mechanism mediating the synergism is not known. Recent work reveals a central role for IRBIT as a third messenger that integrates and synergizes the function of the Ca²⁺ and cAMP signaling pathways in activation of epithelial fluid and electrolyte secretion. These concepts are discussed in this review using secretion by the pancreatic and salivary gland ducts as model systems.

Keywords

Secretory glands; WNK/SPAK pathway; IRBIT/PP1 pathway; coordination; synergism

Introduction

Fluid and electrolyte secretion is a fundamental physiological function that regulates the systemic fluid and electrolyte composition and bodily volume. Specialized tissues like secretory epithelia also generate biological fluids with defined volume and electrolyte composition that are tuned to their specific functions. Anomalous fluid and electrolyte transport is associated with many diseases, most commonly hypertension and diarrheal diseases and inflammatory diseases. Formation and secretion of fluid with defined composition is determined by vectorial ion transport to generate osmotic gradients that drive water flow through water channels down the osmotic gradient. The vectorial transport is mediated by placing selective transporters in defined cellular membranes, such as the basolateral and luminal membranes of epithelia. This by necessity requires coordination of the transport events in the two membranes, and in many cases in microdomains within membranes. Fluid and electrolyte transport in all cells and tissues is thus tightly controlled by multiple inputs that regulate both the availability and activity of the transporters in the cells and in the plasma membrane. Importantly, the multiple inputs are integrated into a synergized final response that allows high fidelity with better on/off control of the systems. The WNK/SPAK kinases and IRBIT/PP1 pathways emerged as pathways that regulate and coordinate epithelial transport. Moreover, regulation of these pathways serves to integrate and synergize multiple inputs. The present review uses secretory glands fluid and HCO_3^- secretion and its regulation by the WNK/SPAK and IRBIT/PP1 pathways as models to discuss the principal transporters, regulation and coordination of the transport and synergism among the Ca^{2+} and cAMP signaling pathways.

The major transporters mediating secretory glands fluid and electrolyte secretion

The major cell types engaged in secretory glands fluid and electrolyte secretion are the acinar clusters and the ductal system or surface epithelial cells. The volume secreted by each cell type differs among glands. For example, in the pancreas the acinar cells secrete small isotonic, NaCl-rich fluid and the duct secretes most of the fluid in the pancreatic juice. In the salivary glands, the acinar cells also secrete isotonic NaCl-rich fluid but secrete most of the fluid in saliva. However, in all glands the duct determines the final composition of the secreted fluid with its main function is absorption of the Cl^- and secretion of HCO_3^- to generate highly alkaline fluid containing as much as 140 mM HCO_3^- and about 20 mM Cl^- (72).

Key Acinar Cell Transporters

The basic transporters and the mechanism of fluid secretion are similar in most acinar cells and are illustrated in the model in Fig. 1A. As is the case in all cells, the Na^+ and K^+ gradients and membrane potential are set by the Na^+/K^+ ATPase pump that in polarized cells is located in the basolateral membrane (23, 68, 109). The Na^+/K^+ ATPase pump converts the chemical energy in ATP to osmotic energy in the form of the Na^+ and K^+ gradients. Salt uptake by acinar cells to fuel the fluid transport is mediated mostly by the ubiquitous basolateral $\text{Na}^+/\text{K}^+/2\text{Cl}^-$ cotransporter NKCC1 and partly by the Na^+/H^+

exchanger NHE1 and the $\text{Cl}^-/\text{HCO}_3^-$ exchanger AE2. NKCC1 and NHE1 also feed the Na^+/K^+ ATPase pump with Na^+ (163, 164). NKCC1 is the main Cl^- influx pathway in acinar cells that together with AE2 sets intracellular Cl^- at 40–60 mM (165). The basolateral Ca^{2+} -activated K^+ channels set the membrane potential at -50 to -60 mV (107). NHE1 and AE2 also regulate cytoplasmic pH and maintain it at about 7.2 (88, 92). The main transporters at the luminal membrane are the Ca^{2+} -activate Cl^- channel TMEM16A/Ano1 (70, 119) and the water channel AQP1 (pancreas) and AQP5 (salivary glands) (26, 81). The acinar cells tight junction is permeable to Na^+ and is the main route of transcellular Na^+ flux (71, 84, 135).

Acinar cells fluid and electrolyte secretion is regulated by multiple inputs, although most inputs transmit their signals by changes in cytoplasmic Ca^{2+} , but the secretion is augmented by the cAMP/PKA system. The physiological Ca^{2+} signal is in the form of Ca^{2+} oscillations that are initiated at the apical pole and often propagate to the basal pole (60, 63, 139). Acinar cell secretion is initiated by an increase in $[\text{Ca}^{2+}]_i$ at the apical pole that activates the Ano1 Ca^{2+} -activated Cl^- channel (70, 119, 160). The Ca^{2+} signal then propagates to the basolateral membrane and activates the K^+ channels (91, 107, 120). The identity of the basolateral K^+ channels is not known with certainty, although acinar cells express both the large-conductance $\text{K}(\text{Ca})1.1$ and the intermediate-conductance $\text{K}(\text{Ca})3.1$ channels (121). However, $\text{K}(\text{Ca}^{2+})1.1$ is expressed largely in the apical membrane (89) and the localization of $\text{K}(\text{Ca})3.1$ is not known with certainty. Activation of the Cl^- and K^+ channels by Ca^{2+} leads to Cl^- efflux into the luminal space and K^+ efflux to the interstitial space with Na^+ flow through the tight junction from the basal side to the apical side, resulting in the secretion of NaCl and generation of an osmotic gradient. The Ca^{2+} increase also activates AQP5 in acinar cells (56) that mediates the water efflux to the luminal space and cell shrinkage (3, 7, 108). Cell shrinkage causes reduction in $[\text{Ca}^{2+}]_i$ and activates the volume sensitive basolateral membrane ion transporters, NKCC1 (42, 48), NHE1 (2) and AE2 (3). Activation of NKCC1 by cell shrinkage is being studied extensively since NKCC1 activation involves phosphorylation by the volume sensitive SPAK kinase (35). The cycle of activation of luminal and basolateral membrane transporters is repeated with each Ca^{2+} spike during Ca^{2+} oscillations making acinar cells functioning as a Ca^{2+} -driven ion and water pump.

Key Ductal Transporters

Fluid and electrolyte secretion by secretory gland ducts varies between tissues. A well-established example is Na^+ and K^+ handling by the salivary and pancreatic ducts. While the pancreatic duct does not absorb Na^+ and secrete K^+ , the salivary duct expressed the epithelial Na^+ channel ENaC and the $\text{K}(\text{Ca})1.1$ K^+ channel in the luminal membrane and absorb the Na^+ and secrete K^+ to the saliva (72). However, common to all ducts is the absorption of Cl^- and secretion of HCO_3^- into the fluid secreted by acinar cells, while secreting some or most of the fluid generated by the glands. Fluid and HCO_3^- secretion is the cardinal functions of the ducts and are the activities altered in disease states. The main transporters mediating ductal fluid and HCO_3^- secretion are shown in Fig. 1B.

Ductal transport uses the energy in the Na^+ gradient and the membrane potential to secrete. The Na^+/K^+ ATPase pump is abundantly expressed in the basolateral membrane of the ducts (123, 133). The duct cells membrane potential is closed to the K^+ diffusion potential although, remarkably, the molecular identity of the K^+ channel(s) that set membrane potential is still not known with certainty. $\text{K}(\text{Ca}^{2+})1.1$ (MaxiK) channels is expressed in the luminal membrane of the pancreatic (141) and salivary gland ducts (90), indicating expression of yet unidentified K^+ channel in the basolateral membrane of duct cells that sets the membrane potential.

Ductal HCO_3^- secretion requires HCO_3^- influx across the basolateral membrane and HCO_3^- exit across the luminal membrane. $\text{Na}^+-\text{HCO}_3^-$ co-transport activity was found in the basolateral membrane of the rat pancreatic duct (164) that was later identified in the guinea pig (54, 112) and salivary gland ducts (80). The transporter was cloned from the pancreas and named pNBC1 (1). After identification of all members of the superfamily of Na^+ -driven HCO_3^- transporters it was re-named NBCe1-B (13). NBCe1-B is an electrogenic transporter with $1\text{Na}^+-2\text{HCO}_3^-$ stoichiometry (40), resulting in accumulation of cytoplasmic HCO_3^- and a net influx of osmolytes. The activity of NBCe1-B is regulated by multiple inputs, including IRBIT (131, 157), the WNK/SPAK pathway (159) and $\text{PI}(4,5)\text{P}_2$ (51), all of which converge on the NBCe1-B N terminal autoinhibitory domain (51). Regulation of NBCe1-B is discussed further below because of its central role in ductal HCO_3^- secretion.

HCO_3^- exit across the luminal membrane is mediated by the interrelated activity of the Cl^- channel Cystic Fibrosis Transmembrane conductance Regulator (CFTR) and the $\text{Cl}^-/\text{HCO}_3^-$ exchanger *slc26a6* (72). CFTR (ABCC7) was discovered as the protein mutated in cystic fibrosis (61, 117, 122) and is a member of the ATP-binding cassette (ABC) superfamily. CFTR functions as a Cl^- channel that is activated by the cAMP/PKA pathway (138). CFTR is expressed and functioning in the luminal membrane of the pancreatic and salivary gland ducts (16, 135). Although CFTR functions primarily as a Cl^- channel, CFTR has finite HCO_3^- permeability (77, 111, 126) and CFTR-mediated HCO_3^- flux becomes important at the distal portion of the ducts when luminal and cytoplasmic Cl^- are very low. CFTR is inhibited by extracellular and intracellular Cl^- and at extracellular Cl^- higher than 30 mM CFTR does not participate in HCO_3^- transport (126, 150). However, at the distal portion of the duct luminal and cytoplasmic Cl^- are at about 30 and 5–7 mM, respectively, CFTR likely participates in HCO_3^- secretion (55, 100).

Importantly, in addition to functioning as the main Cl^- channel CFTR integrates the entire transport function at the luminal membrane by interacting and regulating the function of many major luminal transporters. Thus, CFTR exists in a macromolecular complex assembled by scaffolding proteins with multiple PDZ binding domains (132, 145). In the complexes, functional interactions with CFTR were reported for ENaC, outwardly rectifying Cl^- channels, ROMK2 and KvLQT1 K^+ channels, the SLC26 transporters, NBCn1-A (NBC3) and perhaps aquaporins (69, 71). When activated by PKA, CFTR activates the SLC26 transporters to facilitate HCO_3^- secretion (66) and at the same time inhibits ENaC (137) and NBCn1-A (101) to inhibit HCO_3^- and Na^+ absorption.

The bulk of ductal HCO_3^- secretion is mediated by members of the SLC26 transporters, most prominently by *slc26a6* (29, 103). The SLC26A family consists of 10 transporters, several of which are associated with human diseases (31, 102). The transporters appear to function as dimers (21) or tetramers (43). The basic structure includes a transmembrane sector that is homologous to the core structure of the ClC Cl^- channels (96), and a STAS domain (21, 105), that functions as a protein-protein interacting domain (66). A low resolution structure of the dimer with imposed transmembrane sector and a STAS domain is shown in Fig. 2. Members of the family transport diverse substrates, including Cl^- , HCO_3^- , I^- , SO_4^{2-} , oxalate and formate and can function as electroneutral and as electrogenic exchangers and as ion channels (98). SLC26A1 and SLC26A2 functioning as SO_4^{2-} transporters (82), with SLC26A2 mediating $\text{SO}_4^{2-}/\text{Cl}^-/\text{OH}^-$ exchanger (95). *Slc26a3* and *Slc26a6* function as $2\text{Cl}^-/1\text{HCO}_3^-$ or $1\text{Cl}^-/2\text{HCO}_3^-$, respectively, electrogenic exchangers (65, 152) that can also mediate uncoupled ion fluxes (96). *Slc26a6* is probably the most versatile transporter mediating $1\text{Cl}^-/2\text{HCO}_3^-$ exchange (128), $\text{Cl}^-/\text{oxalate}$ and $\text{Cl}^-/\text{formate}$ exchange (59, 96) and uncoupled ion fluxes (24). *Slc26a4* mediates electroneutral $\text{Cl}^-/\text{HCO}_3^-/\text{I}^-$ exchange (129). SLC26A5 functions as an anion regulated, voltage sensing motor protein (124). SLC26A7 (62) and SLC26A9 (30) function as selective Cl^- channels with minimal or no HCO_3^- permeability, but can conduct other anions, in particular NO_3^- . Recent work suggested that SLC26A11 functions as a Cl^- channel (113). Secretory glands express several SLC26 transporters in the same cell, both at the basolateral and luminal membranes. Several Mendelian diseases are associated with the SLC26 transporters. Mutations in SLC26A2 causes chondrodysplasias (45), mutations in SLC26A3 causes congenital chloride diarrhea (49) and mutations in SLC26A4 are associated with Pendred syndrome (33).

Most HCO_3^- secretion in secretory glands is mediated by *Slc26a6*, where it functions mainly as $1\text{Cl}^-/2\text{HCO}_3^-$ exchanger in the duct luminal membrane (129, 136, 147). As electrogenic exchanger *slc26a6* mediates net solute transport and thus is essential for fluid secretion by the duct. *Slc26a6* was found as part of a search for novel SLC26 transporters (78), and as the oxalate transporter in the renal proximal tubule (64). *Slc26a6* mediates oxalate homeostasis by secreting oxalate into the intestinal lumen. There is no known human mutation in SLC26A6, but deletion of *Slc26a6* in mice results in urolithiasis due to increased renal oxalate load (57) and enhanced activity of the Na^+ -dicarboxylic acid transporter NaDC-1 (94). The enhanced NaDC-1 activity absorbs urinary citrate to reduced urine Ca^{2+} buffering and together with the high oxalate resulting in kidney stones. The *Slc26a6* STAS domain and NaDC-1 first intracellular loop interacts to activate *slc26a6* and inhibits NaDC-1 (94). Oxalate transport by *Slc26a6* may also have a role in salivary gland stones (Sialolithiasis) (44).

A more relevant mode of regulation of *slc26a6* is through the STAS domain that interacts with CFTR R domain to mediate the mutual activation of *slc26a6* and CFTR. The STAS domains of *Slc26a3* and *slc26a6* were shown to interact with the phosphorylated CFTR R domain (66). The unphosphorylated R domain interacts with the first nucleotide binding domain (NBD1) of CFTR to hinder formation of the ATP binding sites between NBD1 and NBD2 and inhibit CFTR (9). The isolated STAS domain was sufficient to fully activate CFTR (66) and when the R domain is targeted to the plasma membrane it activated the

SLC26 transporters (127). Similar interaction between CFTR was demonstrated for Slc26a4 (38, 129), Slc26a5 (50), Slc26a8 (118) and Slc26a9 (8, 11). These findings indicate that in the resting state the unphosphorylated CFTR R domain interacts with NBD1 to inhibit CFTR and at the same time to sequester the R domain away from the STAS domain, thus maintain the SLC26 transporters in the inactive state by their STAS domain. Cell stimulation that increases phosphorylation of the R domain causes its dissociation from NBD1 and facilitates its binding to and trapping by the STAS domain. These cause activation of both CFTR and the SLC26 transporters. The SLC26 transporters mediate $\text{Cl}^-/\text{HCO}_3^-$ exchange to absorb the Cl^- and secrete HCO_3^- . The Cl^- is returned to the luminal space by CFTR to maintain the transport by the SLC26 transporters (see Fig. 1B). In the pancreatic duct, net osmolyte secretion in the form of HCO_3^- by slc26a6 and Cl^- efflux by CFTR together with basal to luminal paracellular Na^+ flow result in osmotic water secretion to generate the pancreatic juice.

Regulation of fluid and HCO_3^- secretion by the WNK/SPAK pathway

The With-No lysine (K) Kinases (WNK) are members of the MAP kinases superfamily that lack the conserved lysine in subdomain II (53) that is contributed by a lysine in subdomain I (86). Mammals have four WNK kinases (83), with WNK1 (19, 93) and WNK4 (59, 142) being widely expressed. The domain structure of the WNKs is known only in part and includes the homologous kinase domain, an autoinhibitory domain (AID), multiple putative coiled-coil domains, and several proline-rich domains. The WNKs likely have additional domains in the large stretch between the kinase domain and the C terminus that may participate in the numerous functions of the WNK kinases (53, 83, 143).

A major role of the WNKs is the regulation of Na^+ , K^+ , Cl^- , HCO_3^- and Ca^{2+} transporters in epithelia (53, 83, 143) that is associated with hypertension. The WNKs regulate the transporters either by determining their surface expression or by regulating their activity. Extensive discussion of this topic can be found in reference (83). The present discussion refers only to regulation of transporters in secretory glands. Regulation of the NaCl cotransporter NCC by the WNKs and SPAK is the most extensively studied transporter and serves as a model system to understand the various functions of the WNKs. For example, WNK1 and WNK4 reduce the expression of NCC in the plasma membrane (15, 39, 153). WNK1 can also indirectly regulate NCC activity by phosphorylating the SPAK and OSR1 kinases (143), which activate NCC without affecting its surface expression (83). Notably, the effect of the WNKs (125, 155) is independent of their kinase function, indicating that in this case the WNKs function as scaffolds. Similarly, in secretory glands the WNKs act as SPAK scaffold to inhibit the surface expression and the activity of NBCe1-B (156), Slc26a3, Slc26a6 (100), Slc26a9 (29) and CFTR (154, 156).

Many of the WNK functions were learned from studying mutations causing pseudohypoaldosteronism type II (PHAII) that result in hypertension. Such analysis identified mutations in WNK1 and WNK4 that reduce the function of the kinases, leading to increased membrane expression of NCC and hypertension (149). Numerous subsequent studies examined the role of the WNKs in many transport events in the kidney and other epithelia (52, 83, 103). However, a new mechanism by which the mutations affect the function of the

WNKs was clarified recently with further analysis of mutations leading to PHAIL. These analyses identified the kelck-like 3 (KLHL3) (14, 79) and cullin 3 (CUL3) (14) as regulators of WNK1 and WNK4 levels (99, 130, 144). CUL3 is a component of an E3 Cullin Ring ligase (110) that interact with the adaptor KLHL3, a member of the BTB domain-containing kelck proteins. The E3 ligase ubiquitinate proteins to mark them for degradation by the proteasome (67). KLHL3 binds both CUL3 and WNK1 and WNK4, resulting in their ubiquitination and degradation. Disease causing mutations in the WNKs, KLHL3 and CUL3 inhibits the WNKs ubiquitination to increase their cellular level, and thus regulation of the level of transporters in the plasma membrane (99, 130, 144). Understanding this mode of regulation is in its early stage and likely to be extensively examined in the coming years.

The WNKs and the sterile 20 family stress kinases SPAK/OSR1 function in the same pathway in regulating ion transporters with the WNKs phosphorylating and activating the SPAK/OSR1 kinases (24, 25). SPAK and OSR1 are related kinases with apparent redundant function in many cellular and biochemical assays (36, 116, 143). The WNKs function as scaffolds for the kinases but also activate them by phosphorylating the conserved T185 and S325 of OSR1 and T243 and S383 of SPAK. The SPAK and OSR1 interacts with the [R/K]Fx[V/I] motif that is present in the WNKs and transporters regulated by SPAK/OSR1 such as NKCC1 (25, 116), Slc26a3, Slc26a6 and CFTR. The effect of the SPAK/OSR1 is specific for a given transporter. The SPAK/OSR1 activates NKCC1 and the kinase function of both the WNKs and SPAK/OSR1 is required (25, 116). On the other hand, SPAK/OSR1 inhibits the activity of NBCe1-B and CFTR (156).

The WNKs and SPAK/OSR1 pathway (WNK/SPAK pathway) is a potent negative regulator of the Cl⁻ and HCO₃⁻ transporters NBCe1-B (156), Slc26a3, Slc26a6 (100), Slc26a9 (29) and CFTR (154, 156). The WNK/SPAK pathway inhibits surface expression and the activity of NBCe1-B, Slc26a9 (29, 156) and CFTR (154, 156). The kinase-dead WNK mutants were as effective as wild-type WNKs in reducing surface expression and inhibiting the transporters and, moreover, the WNK1¹⁻¹¹⁹ fragment recapitulates all the effects of WNK1 (156). SPAK has the same effect as the WNKs. however the kinase-dead SPAK mutant reversed the effect of the WNKs, indicating that the WNKs act upstream of SPAK. *In vivo*, knockdown of the WNKs and of SPAK in the native pancreatic duct enhanced stimulated fluid secretion, indicating that the kinases exert tonic inhibition of the secretion (156) to set the basal non-secretory state of the epithelia (see below the model in Fig. 5).

The IRBIT/PP1 pathway antagonizes the function of the WNK/SPAK pathway

IRBIT (IP₃ binding protein released with IP₃) was discovered in different contexts and most recently as a protein that binds to the IP₃ binding site of the IP₃Rs (6) and as an activator of the NBCe1-B (131). The various functions of IRBIT have been discussed recently (158) and here we limit the discussion to its role in ion transport. The IRBIT domains identified include (from the N terminus) a PP1 binding motif, a PEST domain, a coiled-coil domain and a PDZ ligand at the end of the C-terminus (28, 158). The PEST domain has multiple phosphorylation sites, several of which are required for all known IRBIT functions (28, 158). Deletion of the coiled-coil domain prevents activation of target proteins by IRBIT

(159), by acting as a dominant negative (104). The PDZ ligand is required for interaction of IRBIT with the IP₃Rs (27) and formation of complexes with the HCO₃⁻ transporters (156). Within the complexes IRBIT activates several Cl⁻ and HCO₃⁻ transporters, including the Na⁺-HCO₃⁻ transporters NBCe1-B (51, 131, 159) and NBCn1-A (51), CFTR (159), NHE3 (46) and Slc26a6 (104). Activation by IRBIT has two components; IRBIT increases the surface expression of the transporters and then increases their transport activity (turnover rate).

The mechanism by which IRBIT activate transporters activity is only partially understood. The best understood mechanism is activation of NBCe1-B. The first 85 residues of NBCe1-B form an autoinhibitory domain (AID) (75). Removal of AID activates NBCe1-B to the same extent as IRBIT, and IRBIT no longer activates NBCe1-B lacking the AID (131). Recently, we analyzed further the role of the AID in the regulation of NBCe1-B by IRBIT and was able to narrow the IRBIT interacting domain to NBCe1-B(40-62) that is conserved in all Na⁺-HCO₃⁻ cotransporters family but NBCe1-A (51). NBCe1-B(40-62) is shown in Fig. 3a, which also highlight three conserved arginines. Neutralizing the arginines eliminates activation of NBCe1-B by IRBIT (Figs. 3b and 3c). The three arginines also mediate activation of NBCe1-B by PI(4,5)P₂ and the activation by IRBIT and PI(4,5)P₂ is not additive (51). Finally, negative regulation of NBCe1-B by SPAK is mediated by phosphorylation of Thr49 and Ser65 that are also located within the AID (51). The location of the arginines and the SPAK phosphorylation sites in a structural model of the N terminus domain of NBCe1-B is shown in Fig. 3f. Interestingly, Fig. 3d shows that a sequence similar to the NBCe1-B(1-85) is present in CFTR R domain and slc26a6 STAS domain. Moreover, the STAS and R domains interact with IRBIT (51), and deletion of the R domain prevents activation of CFTR by IRBIT (Fig. 3e). In addition, residues 591–696 in the C terminus of NHE3 was proposed as the IRBIT binding site (46). Further analysis showed that NHE3(606-651) has good homology with NBCe1-B(1-85) (unpublished observation). Together, these findings raise the possibility that the R and the STAS domains and NHE3(606-651) function as AID of CFTR, NBCe1-B and NHE3, respectively. IRBIT activates the transporters by relieving the autoinhibition.

A key action of IRBIT in activating the Cl⁻ and HCO₃⁻ transporters is antagonizing the effect of the WNK/SPAK pathway to surface expression of the transporters. Although by itself it has no effect on transporters surface expression, when it is co-expressed with the WNKs or SPAK IRBIT reverses the reduction in transporters surface expression, indicating that IRBIT antagonizes the effects of the WNK/SPAK pathway (156). IRBIT achieves this by recruiting the protein phosphatase 1 (PP1) to the transporter complexes. IRBIT has a PP1 binding site and actively recruit PP1 to NBCe1-B, CFTR and slc26a6 (104, 156). Significantly, mutation of the IRBIT PP1 binding motif inhibits activation of NBCe1-B and CFTR by IRBIT and overexpression of PP1 restores surface expression and partially activates the transporters in a manner similar to IRBIT (156). Accordingly, knockdown of IRBIT markedly inhibited fluid secretion by the stimulated pancreatic duct. Moreover, the reduced secretion due to IRBIT knockdown was partially recovered by knockdown of SPAK (156), further emphasizing the interplay between the IRBIT/PP1 and the WNK/SPAK pathways. Although by recruiting PP1 IRBIT dephosphorylate NBCe1-B, CFTR and slc26a6 (104, 156), it remains to be determined if PP1 specifically dephosphorylates

NBCe1-B Thr49 and Ser65 that are phosphorylated by SPAK (51) and identify the phosphorylation sites in CFTR, slc26a6, NBCn1-A, NHE3 and other transporters that may be regulated by the WNK/SPAK and IRBIT/PP1 pathways.

IRBIT acts as a third messenger to mediate synergistic activation of epithelial transport by the Ca²⁺ and cAMP signaling pathways

Synergism is a fundamental concept in biology. All physiological functions are determined and regulated by multiple signaling pathways that are integrated into a physiological response. Every one of these inputs have positive regulatory functions but, with no exception, over activation of any signaling pathway is highly toxic or lead to uncontrolled cellular and tissue functions. In fact, many diseases are caused by mutations that result in over activation of signaling by G protein coupled receptors (GPCRs) (134, 140) and tyrosine kinase receptors (10, 76) that are common in many forms of cancers. Signaling pathways interact and cooperate in several manners. A common interaction is through cross-talk (32, 151). In Ca²⁺ and cAMP signaling, the Ca²⁺ signal regulates cAMP production (148), and cAMP regulates the Ca²⁺ signal by affecting the function of IP₃ receptors (12). Cross-talk coordinates the function of multiple inputs but does guard against signaling toxicity and is not very efficient in ensuring fidelity of the integrated response. To guard against cell damaged caused by over-activation of signaling pathway and ensure high fidelity of the integrated response while achieving maximal physiological response, signaling pathways function at 5–10% of capacity but synergize to generate the maximal response.

Synergism occurs between all signaling pathways and mediates all cellular responses including gene transcription (34, 41), energy metabolism (115, 146) and secretion (37). A common signaling synergism in epithelia is between the Ca²⁺ and cAMP signaling pathways. Just to name a few examples, synergism between Ca²⁺ and cAMP signaling regulates stomach pepsinogen (114) and acid (17) secretion, pancreatic enzyme secretion (85), catecholamine secretion (4), mucus secretion by the airway (18, 20), ciliary beat frequency (87), activation of K⁺ and Cl⁻ channels and fluid secretion by salivary acinar cells (47), intestinal fluid secretion (161) and fluid secretion by the airway (58, 74). Yet, we know very little about the molecular mechanism of synergism. This begun to change with the discovery of the function of IRBIT as a third messengers and its central role in synergizing the Ca²⁺ and cAMP signaling (104). Competition between IRBIT and IP₃ for binding to the IP₃ binding domain of the IP₃Rs (5), the release of IRBIT from the IP₃Rs by IP₃ (6), PKA-mediated increased responsiveness of the IP₃Rs to IP₃ (12, 162), clustering of IP₃Rs at the apical pole of secretory epithelia (73), the expression of slc26a6 and CFTR at the luminal membrane, and activation of epithelial Cl⁻ and HCO₃⁻ transporters by IRBIT (46, 104, 156, 159), raised the possibility that IRBIT may mediate the synergistic activation of transporters by the Ca²⁺ and cAMP pathways. We used multiple experimental systems to examine the role of IRBIT as a third messenger that mediates the synergism between the Ca²⁺ and cAMP signaling pathways (104).

Expression studies in model system showed that CFTR is fully activated by maximal stimulation of the cAMP pathway and slc26a6 is fully activated by the Ca²⁺ signaling pathway (Figs. 4a, 4b). Co-expression of the transporters with IRBIT was sufficient to

partially or maximally activate them, and knockdown of IRBIT reduced their activation by the signaling pathways, indicating regulation of the transporters by IRBIT. The PKA pathway poorly activated slc26a6, but markedly left shifted the concentration-dependence for activation of slc26a6 by the Ca²⁺ signaling pathway (Fig. 4a). Conversely, the Ca²⁺ signaling pathway poorly activated CFTR, but markedly enhanced activation of CFTR by partial stimulation of PKA (Fig. 4b). These effects required elevation of cellular IP₃ but were independent on cytoplasmic Ca²⁺, indicating that elevation of cellular IP₃ rather than Ca²⁺ synergizes with PKA. Hence, the PKA and Ca²⁺ signaling pathways synergize in activation of transporters that are primarily activated by the Ca²⁺ signaling (slc26a6) or PKA (CFTR) pathways. Notably, dominant negative IRBIT constructs (Fig. 4a) and knockdown of IRBIT eliminated the synergistic activation of the transporters (104). The molecular mechanism of the synergism was revealed by showing that co-activation of the cells with low levels of the PKA and Ca²⁺ signaling pathways resulted in release of IRBIT from the IP₃ receptors and its interaction with slc26a6 and CFTR. Further direct evidence were obtained using IP₃Rs mutants in which the PKA phosphorylatable sites were mutated to the phosphomimetic glutamates (IP₃Rs(SS/EE) or the non-phosphorylatable alanines (IP₃Rs(SS/AA) (12). IP₃Rs(SS/EE) facilitated release of IRBIT from the IP₃Rs and the synergistic activation of slc26a6 and CFTR, whereas IP₃Rs(SS/AA) retarded release of IRBIT from the IP₃Rs and prevented the synergistic activation of slc26a6 and CFTR by the PKA and Ca²⁺ signaling pathways (104).

The findings in model systems were extended *in vivo* by showing that stimulation of salivary and pancreatic ducts with low concentration of cAMP-generating and IP₃-generating agonists synergize in activation of slc26a6 and of CFTR. Importantly, viral delivery of IP₃Rs(SS/AA) to salivary gland ducts eliminated the synergistic activation of slc26a6 and CFTR. Accordingly, stimulating pancreatic and salivary gland cells with IP₃ generating agonists resulted in interaction of IRBIT with slc26a6 and CFTR. Importantly, deletion of IRBIT in mice eliminated the synergistic activation of slc26a6 and CFTR by weak stimulation of the cAMP- and IP₃-signaling pathways (104). Most notably, Figs. 4c and 4d show that knockout of IRBIT eliminated the synergistic stimulation by the Ca²⁺ and PKA pathway of fluid secretion by the pancreatic duct.

Together, regulation of epithelial fluid and electrolyte transporters by the WNK/SPAK and IRBIT/PP1 pathways and the role of IRBIT in mediating the synergism between the PKA and Ca²⁺ signaling pathways lead to the model in Fig. 5 for the mechanism and synergism in epithelial fluid and electrolyte secretion. In the resting state, the WNK/SPAK pathway is associated with the transporters where SPAK phosphorylates the autoinhibitory domains of NBCe1-B, Slc26a2 and CFTR to keep most transporters internalized and inactive. At the same time, cellular IP₃ levels are low and most IRBIT is sequestered by the IP₃Rs that are clustered at the apical pole of polarized cells (73). Hence, IP₃Rs function to buffer the level of IRBIT available for binding to all IRBIT targets.

Upon cell stimulation with physiological concentrations of agonists that activate both the PKA and Ca²⁺ signaling pathway but only at 5% strength the IP₃Rs are phosphorylated by PKA. Phosphorylation of the IP₃Rs increases their affinity for IP₃ and reduces their affinity for IRBIT (104), resulting in dissociation of IRBIT from the IP₃Rs. The IP₃Rs and IRBIT

are present in the same microdomain or within a distance that allows the released IRBIT to interact with CFTR and slc26a6 present intracellularly and in the luminal membrane. IRBIT recruits PP1 that dephosphorylates the transporters at the sites phosphorylated by SPAK. This results in insertion of the transporters in the plasma membrane. In addition, binding of IRBIT to the transporters AIDs relieve their inhibitory effect, resulting in activation of the transporters. By translocating from its binding to IP₃Rs in the ER to the plasma membrane where it activates the transporters, IRBIT functions as a third messenger that transmit the information of the second messengers cAMP and IP₃ to the plasma membrane. At the same time IRBIT integrates and synergizes the activity of the PKA and Ca²⁺ signaling system, providing a molecular mechanism for the synergism in epithelial transport. So far, the synergism has been demonstrated for the function of the salivary gland and pancreatic ducts. It will be of particular interest to determine whether IRBIT mediates the synergism in other forms of epithelial fluid and electrolyte secretion, such as that by acinar cells, and in other epithelia such as the airway, intestine and the liver and non-epithelial cells, such as the neuronal and immune systems.

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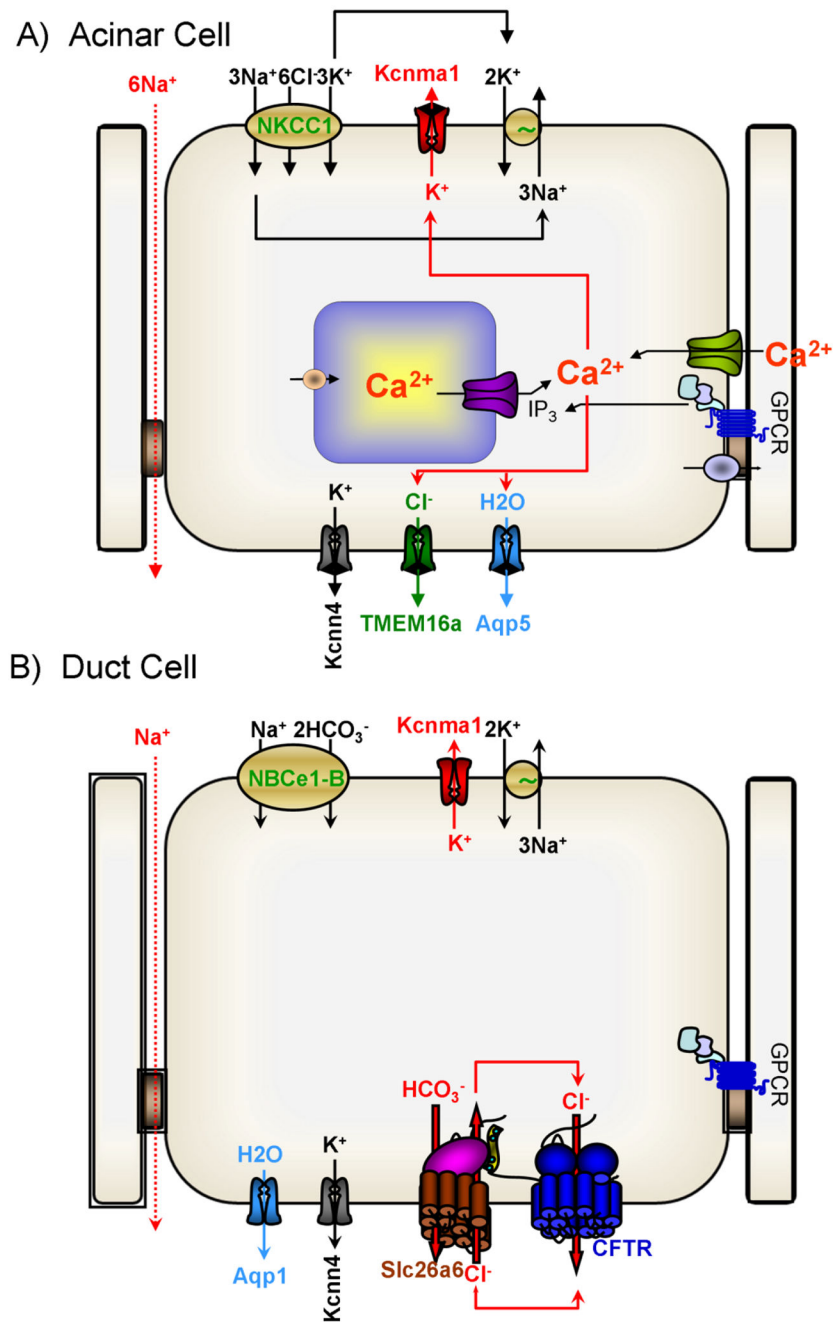


Fig. 1. Mechanism of fluid and electrolyte secretion by secretory glands acinar and duct cells
 The panels show the key transporters and the relationships between them that mediate the bulk of fluid and electrolyte secretion by secretory glands acinar (A) and duct (B) cells.

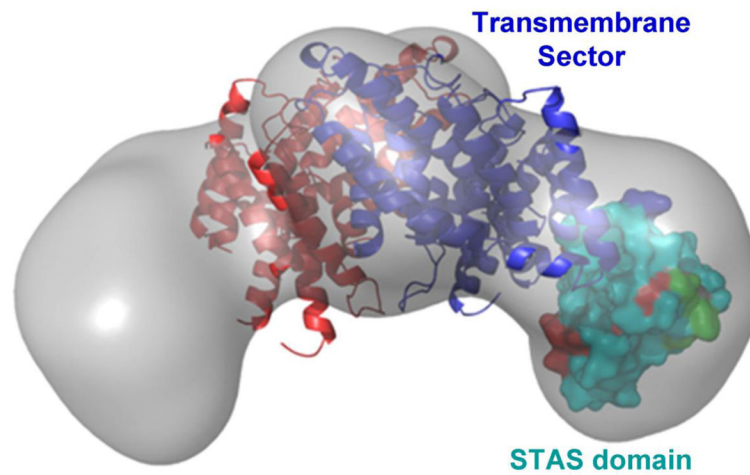


Fig. 2. The major domains of the SLC26 transporters

The gray image is the global structure of an SLC26 transporters obtained by small angle neutron scattering (22). The core transmembrane sector is modeled based on similarity to the CIC transmembrane sector (97), and the STAS domain is the solved crystal structure of Slc26a5 (106). The images were taken from the respective references.

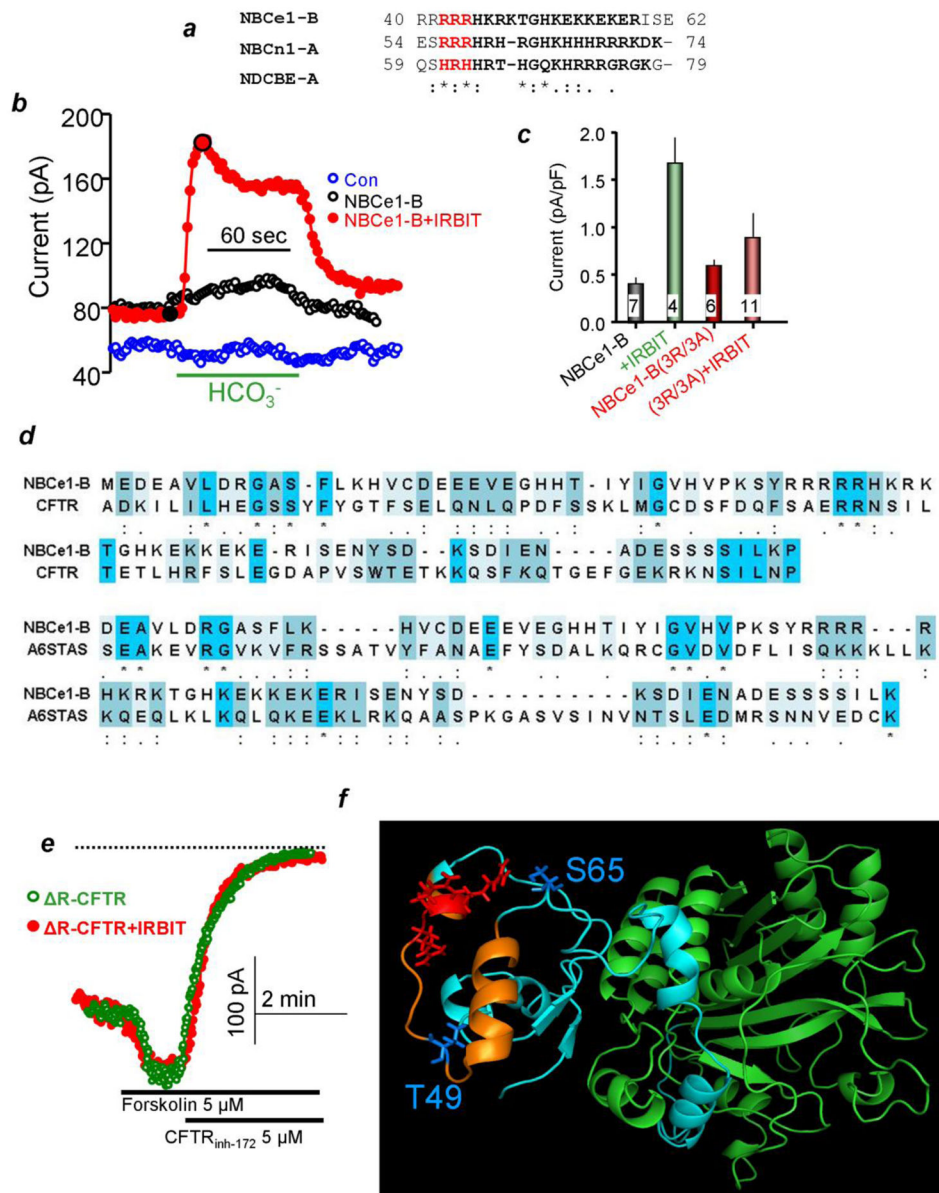


Fig. 3. The autoinhibitory domain (AID) of NBCe1-B and a potential AIDs in *slc26a6* and CFTR
 Panel (a) show alignment of a sequence within NBCe1-B AID to which IRBIT and PI(4,5)P₂ bind that require the conserved arginines (highlighted in red) and the homologous sequence in NBCn1-A and NDCBE-A. Panel (b) shows traces of NBCe1-B current in HeLa cells transfected with vector (blue), NBCe1-B (black) and NBCe1-B+IRBIT (red). Panel (c) shows the mean ± s.e.m of the NBCe1-B current measured with the indicated mutants in the NBCe1-B AID. Panel (d) is an alignment of the NBCe1-B AID with sequences within the CFTR R domain and *slc26a6* STAS domain. Panel (e) shows that IRBIT does not activate R-CFTR. Panel (f) shows a model of the first 400 residues of NBCe1-B. The green domain encompasses residues 100–400 of NBCe1-B and is similar to the structure of the N terminus of AE1. Residues 40–62 are in orange and the rest in turquoise. The mutated arginines are

shown in red in sticks form and the residues phosphorylated by SPAK are in blue. The results were taken from (51).

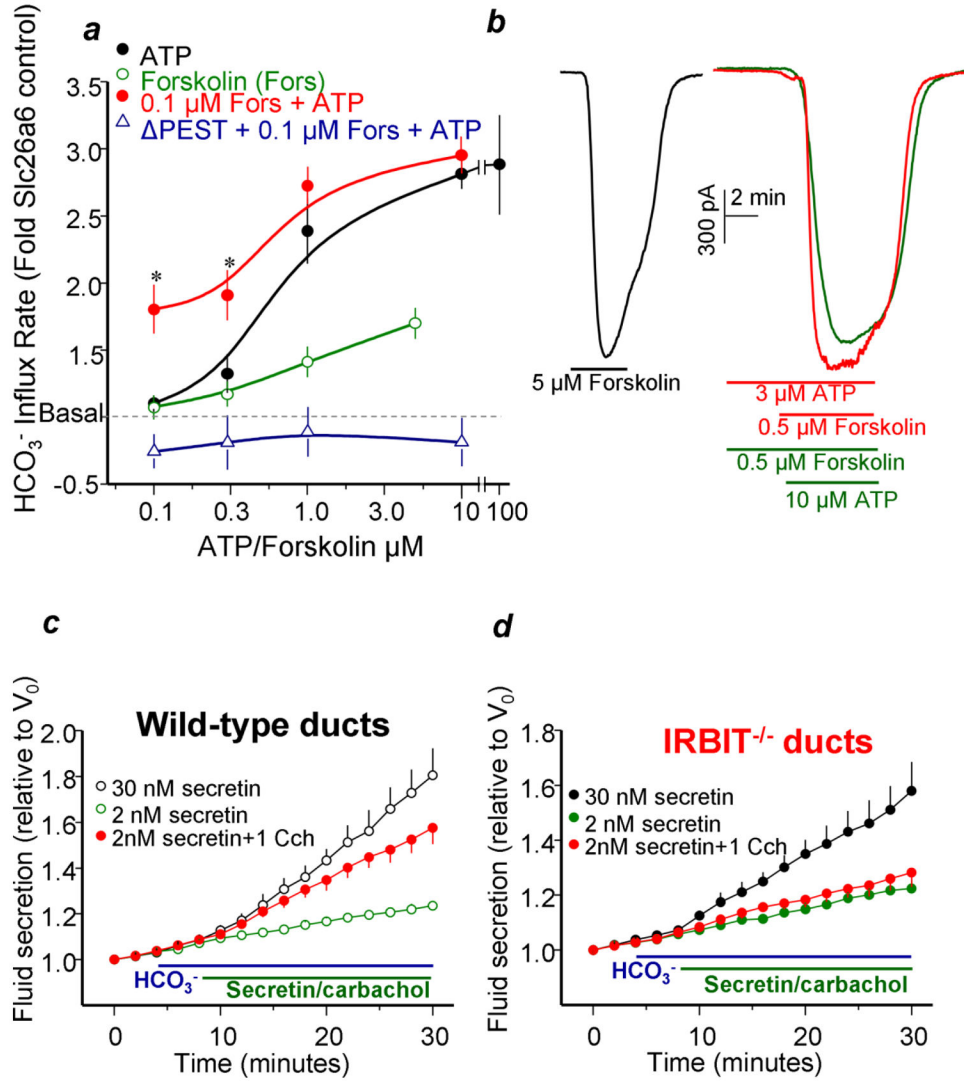


Fig. 4. IRBIT mediates the synergism between PKA and Ca²⁺ signaling pathways
 Panel (a) depict the synergistic activation of slc26a6 by 0.1 μM forskolin and 0.1 and 0.3 μM ATP. HeLa cells transfected with slc26a6 or slc26a6 and IRBIT(PEST) were stimulated with ATP alone (close black circles), forskolin alone (open green circles) or with 0.1 μM forskolin and the various concentrations of ATP (close red circles and open purple triangles). The results are the mea±s.e.m of 4–6 experiments. Panel (b) shows the synergistic activation of CFTR by 0.5 μM forskolin and 3 μM ATP. Maximal CFTR current is evoked by stimulation with 5 μM forskolin. Panels (c, d) show that IRBIT is required for synergistic activation of ductal fluid secretion. Fluid secretion in pancreatic ducts from wild-type and IRBIT^{-/-} mice was measured in sealed ducts in HCO₃⁻-buffered media and stimulated with 5 μM forskolin or 30 nM secretin (black circles), low concentration of 0.1 μM forskolin or 2 nM secretin (green circles), 1 μM carbachol (blue circles) and the combination of 2 nM secretin and 1 μM carbachol (red circles).

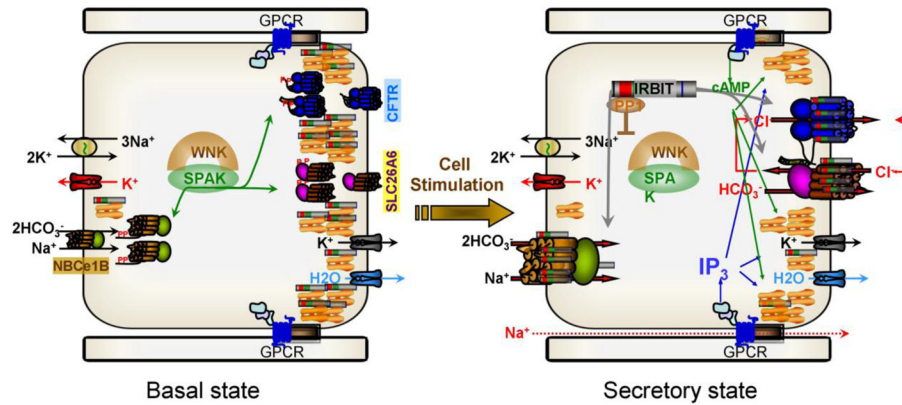


Fig. 5. IRBIT-mediated synergistic activation of epithelial fluid and HCO_3^- secretion by the cAMP and Ca^{2+} signaling pathways

In the resting state the WNK/SPAK kinases associate with the transporters and SPAK phosphorylates NBCe1-B AID, SLC26a6 STAS domain and CFTR R domain to sequester most of them in intracellular organelles. At low cytoplasmic IP_3 IRBIT is bound to the IP_3 receptors that in secretory glands are clustered at the apical pole. When the cells are stimulated with a combination of physiological concentrations of IP_3 and cAMP generating agonists, PKA phosphorylates the IP_3 Rs to facilitate release of IRBIT from the IP_3 Rs by IP_3 binding. IRBIT recruits PP1 to the transporters to dephosphorylate them and at the SPAK phosphorylation sites and target them to the plasma membrane. IRBIT remains bound to the transporters AIDs to relieve their constitutive inhibition resulting in activation of the transporters and of fluid and electrolyte secretion.