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Detection of Cancer DNA in Plasma of Early Stage Breast Cancer Patients

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Abstract

Purpose—Detecting circulating plasma tumor DNA (ptDNA) in early stage cancer patients has the potential to change how oncologists recommend systemic therapies for solid tumors after surgery. Droplet digital polymerase chain reaction (ddPCR) is a novel sensitive and specific platform for mutation detection.

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Development of methodology: JAB, DJ, SB, RC, SC, DJZ, HYW, PJH, PVT, MLS, DM, BHP

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Experimental Design—In this prospective study, primary breast tumors and matched pre- and post-surgery blood samples were collected from early stage breast cancer patients (n=29). Tumors (n=30) were analyzed by Sanger sequencing for common *PIK3CA* mutations, and DNA from these tumors and matched plasma were then analyzed for *PIK3CA* mutations using ddPCR.

Results—Sequencing of tumors identified seven *PIK3CA* exon 20 mutations (H1047R) and three exon 9 mutations (E545K). Analysis of tumors by ddPCR confirmed these mutations and identified five additional mutations. Pre-surgery plasma samples $(n=29)$ were then analyzed for *PIK3CA* mutations using ddPCR. Of the fifteen *PIK3CA* mutations detected in tumors by ddPCR, fourteen of the corresponding mutations were detected in pre-surgical ptDNA, while no mutations were found in plasma from patients with *PIK3CA* wild type tumors (sensitivity 93.3%, specificity 100%). Ten patients with mutation positive ptDNA pre-surgery had ddPCR analysis of postsurgery plasma, with five patients having detectable ptDNA post-surgery.

Conclusions—This prospective study demonstrates accurate mutation detection in tumor tissues using ddPCR, and that ptDNA can be detected in blood before and after surgery in early stage breast cancer patients. Future studies can now address whether ptDNA detected after surgery identifies patients at risk for recurrence, which could guide chemotherapy decisions for individual patients.

Keywords

PIK3CA; breast cancer; droplet digital PCR; plasma tumor DNA

Introduction

The goal of adjuvant systemic therapies in clinical oncology, such as chemotherapy administered after breast cancer surgery, is to eradicate microscopic residual disease that could lead to recurrence and incurable disease. Large randomized prospective trials support the use of adjuvant systemic therapies, however these trials also show the majority of patients ($\sim 60\%$ to 70%) with early stage breast cancer are cured with local therapies alone and that the addition of adjuvant therapies improves disease free survival and cure rates by \sim 10% to 20% (1). Though this is a relatively small percentage of patients, this equates to tens of thousands of lives that are cured due to the administration of additional systemic therapies. However, it is also known that many systemic therapies have toxicities such as infection, neuropathy, heart failure and secondary leukemias from chemotherapies that can even lead to premature deaths. Since there is no reliable method for detecting microscopic residual disease after surgery, the current paradigm is to recommend adjuvant therapies to the majority of patients to benefit relatively few, resulting in overtreatment. The ability to develop accurate markers of microscopic residual disease after surgery could identify patients who are at higher versus lower risk for recurrence, and potentially spare patients toxic therapies that are not needed. This could lead to a paradigm shift of individualized adjuvant therapy recommendations based on the presence or absence of residual disease post-surgery.

During the past few years, studies have demonstrated the ability to reliably detect and quantify circulating cell-free cancer DNA and RNA, mostly in patients with metastatic

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disease (2–10). This is predicated on the principle that cancer DNA contains somatic mutations, that is, DNA alterations that are unique to cancer cells and not present in normal cells. Circulating cell-free DNA is thought to be shed or released from normal and cancer cells (11, 12). For clarity and precise nomenclature, we will refer to circulating cell-free plasma tumor DNA as ptDNA since circulating tumor DNA also refers to urine tumor DNA and tumor DNA in other bodily fluids. The ability to accurately detect the small proportion of ptDNA that exists within the larger population of non-cancerous derived plasma DNA holds great promise for guiding systemic therapy decisions in oncology (13). For example, using blood as a "liquid biopsy", one can noninvasively identify specific mutations within a patient's cancer (14). In addition, due to the quantitative nature of ptDNA detection and the short half-life of plasma DNA (1 to 2 hours), detection of minimal tumor burden and monitoring response to therapies in metastatic disease has been shown to be feasible (4, 8).

Technologic advances have raised the possibility of incorporating ptDNA testing for use in clinical oncology. Specifically, digital polymerase chain reaction (PCR) and next generation sequencing allow for the detection of mutant DNA molecules that are present at 0.02% to 0.1% of the total amount of DNA assayed (2, 3). In essence, these technologies partition individual DNA molecules and then each molecule is amplified and queried for a given mutation (15). This dramatically increases the ability to detect rare mutant DNA molecules among a vast population of normal or wild type DNA. Prior studies have been conducted mostly in the metastatic setting where the amount of total plasma DNA and ptDNA tends to be greater, and sensitivity for detecting ptDNA is generally not an issue (2, 4). For example, using varying techniques studies have reported detection of ptDNA in metastatic breast cancer patients with high sensitivities and specificities (5, 7). Additionally, a recent study has demonstrated the ability to detect miRNAs in metastatic prostate cancer using digital PCR (10). Moreover, a recent prospective study in metastatic breast cancer patients compared ptDNA to circulating tumor cells (CTCs) and the breast cancer serum marker CA 15–3, and demonstrated ptDNA more accurately reflects tumor burden with a greater dynamic range for following response to therapies and disease progression (2). However, only a few studies have evaluated ptDNA in early stage cancer patients, and in these analyses the ability to identify ptDNA has varied, likely due to the technical limits of these methods to detect smaller tumor burden (9, 14, 16–19). Indeed, these studies suggest that more sensitive methods are needed to utilize ptDNA as a cancer biomarker for early stage disease.

Here we describe a prospective study in which we examined the ability to detect mutant *PIK3CA* molecules in ptDNA from early stage (stage I–III) breast cancer patients using next generation digital PCR platforms. *PIK3CA* is an oncogene that encodes the p110α component of PI3 kinase, and there is currently intense interest to develop PI3 kinase inhibitors due to the high frequency of *PIK3CA* mutations in human cancers (20). There are three frequently recurring "hotspot" *PIK3CA* mutations within two exons (exon 9: E542K and E545K and exon 20: H1047R) which account for 80–90% of all *PIK3CA* mutations found in human malignancies (21). Multiple cancer sequencing studies have found *PIK3CA* mutations to be present in \sim 30% of all breast cancers, with a higher frequency (\sim 45%) reported in estrogen receptor/progesterone receptor (ER/PR) positive and HER2 positive

breast cancers (22–25). In prior work, we and others demonstrated that mutant *PIK3CA* DNA can be reliably detected in plasma from metastatic breast cancer patients using various technologies (2, 5, 16). We hypothesized that the newer technique of droplet digital PCR

(ddPCR) could identify *PIK3CA* mutations in formalin fixed paraffin embedded (FFPE) primary tumor samples and corresponding plasma from early stage breast cancer patients before and after surgery with high sensitivity and specificity. If feasible, this would allow for future trials testing the clinical utility of ptDNA as a cancer biomarker to guide individual decisions regarding adjuvant systemic therapies.

Materials and Methods

Patients and Sample Collection

For each patient, a single pre-surgery blood sample was collected prior to definitive surgery, either lumpectomy or mastectomy. In addition, we collected a second blood sample after surgery. Ten milliliters (10ml) of blood was collected at each time point. Primary tumor samples were obtained as FFPE blocks and slides prepared for DNA analysis as previously described (5) (see also Supplementary Methods). Of the twenty-nine patients, all had primary cancer tissue and pre-surgery blood collected, while seventeen patients had postsurgery blood collected (Figure 1).

Tissue DNA sequencing and ddPCR of FFPE samples

Genomic DNA was extracted from tumor and adjacent normal tissues, and purified as previously described (5) (see also Supplementary Methods). PCR primers used for amplifying segments of *PIK3CA* exon 9 and exon 20, and the nested sequencing primers used for Sanger sequencing are shown in Table S1. Genomic DNA was also analyzed by ddPCR using *Taq*Man probes for wild type *PIK3CA*, as well as *PIK3CA* E545K and *PIK3CA* H1047R mutations to detect and quantitate these mutations (Table S2). ddPCR results were quantified using RainDrop Analyst software (RainDance Technologies) and are expressed as a percentage or fractional abundance of mutant to total (mutant plus wild type) *PIK3CA* molecules for each sample (see also Supplementary Methods).

Isolation and Quantification of ptDNA by ddPCR

Blood samples and plasma DNA preparation were performed as previously described (5) (see also Supplementary Methods). Purified plasma DNA was subjected to high fidelity PCR amplification using the primers listed in Table S3. The PCR amplified products were then diluted and combined with mutant and wild type probes for *PIK3CA* E545K and *PIK3CA* H1047R mutation detection in separate reactions for each mutation specific probe (Table S3). ddPCR was then performed per the manufacturer's protocol with results reported as a percentage or fractional abundance of mutant DNA alleles to total (mutant plus wild type) DNA alleles.

Statistical Analysis

This was a feasibility study to determine the accuracy of detecting *PIK3CA* mutations using ddPCR on pre-surgery plasma from early stage breast cancer patients. We estimated that for 95% accuracy with a 95% lower limit confidence interval of 80%, thirty patient samples

with approximately half containing *PIK3CA* mutations would be sufficient. Using the ddPCR results from the FFPE analysis as our reference, Java Stat 2-way contingency tables were used to calculate sensitivity, specificity, accuracy and 95% confidence intervals for the detection of ptDNA in the pre-surgery plasma samples taking into account both *PIK3CA* E545K and H1047R assays.

In order to quantify the percent ptDNA containing mutant *PIK3CA* in plasma samples, a fractional abundance calculation using the QuantaSoft program (Bio-Rad Technologies) was employed, using the total number of droplets (with and without DNA) to calculate the number of DNA molecules as copies/μl, and then dividing the number of mutant DNA molecules by the number of total DNA molecules (mutant plus wild type), multiplied by 100 to yield a percentage of mutant DNA molecules in a sample taking into account a Poisson distribution of occupied to unoccupied droplets (10). In addition, this program was employed for the summation of each category of droplets in multiple replicates creating a single meta-well for each sample with a 95% confidence interval calculated using Poisson statistics as previously described (10).

Results

Twenty-nine early stage (stage I–III) breast cancer patients were consented and enrolled between August 2010 and January 2011 in a prospective IRB-approved study at Johns Hopkins. Patient characteristics are described in Table 1. The median age of enrolled patients was 60. Though not pre-enriched, the majority of patients (93%) had ER/PR positive disease. One patient (patient 14) had bilateral breast cancers at diagnosis. At the time of data analyses, the median duration of follow up for all twenty-nine patients was 36 months and two patients had recurred.

PIK3CA mutation detection in FFPE samples with ddPCR

Tumor specimens with corresponding clinical and pathological information were collected from all patients. Sanger sequencing of these thirty primary tumor specimens and adjacent normal tissues (controls) from twenty-nine patients identified seven *PIK3CA* exon 20 mutations (H1047R) and three exon 9 mutations (E545K) yielding a frequency of 33.3% (10 of 30 tumors). No other mutations within these coding regions were found. These DNA samples were then subjected to ddPCR which confirmed the ten mutations identified by Sanger sequencing. Mutant to wild type *PIK3CA* fractional abundance ranged from 13.8% to 55.6%. ddPCR also identified two additional *PIK3CA* H1047R mutations, one additional *PIK3CA* E545K mutation and one sample with both H1047R and E545K mutations. The prevalence of *PIK3CA* mutations detected per tumor by ddPCR was 46.7% (14 of 30). Results comparing the FFPE and ddPCR analyses with fractional abundance are shown in Table 2.

PIK3CA mutations detected in ptDNA by ddPCR before surgery

Matched pre-surgery plasma samples were collected for all patients (n=29). The amount of total plasma DNA varied among samples ranging from 3.07 to 22.60 nanograms, which is consistent with prior reports (26–29). These pre-surgery plasma samples were analyzed for

PIK3CA E545K and H1047R mutations using ddPCR for detection. ddPCR detected four patients with *PIK3CA* exon 9 mutations in their pre-surgery ptDNA with a fractional mutation abundance ranging from 0.01% to 0.07%. Ten pre-surgery plasma samples were also identified as harboring a *PIK3CA* H1047R mutation with a fractional abundance ranging from 0.01% to 2.99%. Comparison of the ddPCR ptDNA results with corresponding ddPCR FFPE samples demonstrated that of the fifteen *PIK3CA* mutations detected in tissue samples, identical mutations were detected in fourteen of the matched ptDNA samples (Table 2). Notably, the single patient (patient 13) in whom the *PIK3CA* mutation was not detected in ptDNA had a low percentage of mutant *PIK3CA* in the tumor sample (not detected by Sanger sequencing) and a small amount of total plasma DNA (~5 nanograms). Importantly, none of the patients with *PIK3CA* wild type tumors had detectable *PIK3CA* mutations in pre-surgery plasma DNA. These data demonstrate a sensitivity of 93.3% (95% confidence interval $75.5\% - 93.3\%$); specificity of 100% (95% confidence interval 82.2% – 100.0%) and accuracy of 96.7% (95% confidence interval 78.9% – 96.7%) of ddPCR for detecting mutant *PIK3CA* in pre-surgery ptDNA.

In total, from the fifteen *PIK3CA* mutations identified in primary tumors by ddPCR, fourteen *PIK3CA* mutations were detected in thirteen of the pre-surgery plasma samples, as one patient (patient 4) had concurrent E545K and H1047R mutations identified in both tumor and ptDNA. Of these *PIK3CA* positive ptDNA samples, eight patients, including patient 4, had stage IA disease with mutant *PIK3CA* ptDNA fractional abundance ranging from 0.01% to 0.12%. Three patients with stage IIA disease had plasma *PIK3CA* mutation levels with a fractional abundance of 0.02% and 0.01%, while two stage IIB patients' plasma samples demonstrated mutant *PIK3CA* at 0.01% and 2.99% fractional abundance. Fractional abundance for all ddPCR results are shown in Tables 2 and 3 with 95% confidence intervals in Table S4. Representative ddPCR pre-surgery plasma DNA analyses are shown in Figure S1.

PIK3CA mutations detected in ptDNA by ddPCR after surgery

We then sought to determine whether any patients continued to have detectable mutant *PIK3CA* after breast surgery. Post-surgical plasma specimens were collected from seventeen of the twenty-nine patients including nine patients with a positive mutant *PIK3CA* presurgical ptDNA sample, and a tenth patient (patient 4) whose tumor and pre-surgical ptDNA harbored both E545K and H1047R *PIK3CA* mutations for a total of ten potentially informative samples with eleven mutations identified in pre-surgery ptDNA. We collected post-surgery blood samples within 14 days after surgery in five of these patients as initially planned, while logistical issues allowed us to collect the remaining five patients' postsurgery blood at times ranging from 15 to 72 days after surgery. Two patients, patients 16 and 22, had their blood collected while receiving adjuvant chemotherapy and radiation therapy, respectively (Table 3).

Of the ten patients with *PIK3CA* mutations detected in ptDNA prior to surgery, five patients had detectable ptDNA post-surgery. For patient 1, there was a lengthy period between surgery and the post-surgery blood specimen (48 days), though adjuvant endocrine therapy was initiated after this sample was taken. Interestingly, patient 4 had both *PIK3CA* E545K

and H1047R mutations present in tumor and pre-surgery plasma, but only the H1047R mutation was detected in the post-surgery sample taken 13 days after surgery and prior to adjuvant endocrine therapy. Thus far, patient 16 is the only patient with a *PIK3CA* mutation who has had a cancer recurrence (26 months after initial diagnosis). She presented with a triple negative (ER/PR/HER2 negative) metaplastic breast cancer, received standard adjuvant chemotherapy and radiation, and had the highest fractional abundance of presurgery mutant *PIK3CA* ptDNA (2.99%). Her post-surgery blood obtained after cycle 2 of adjuvant chemotherapy had persistent albeit lower fractional abundance of mutant *PIK3CA* ptDNA. Patients 25 and 28 had a relatively smaller fractional abundance of mutant *PIK3CA* ptDNA that was similar before and after surgery (lumpectomy for both) with a relatively short period of time between surgery and post-surgery blood draw at days 8 and 13, respectively. Both patients' post-surgery blood samples were collected prior to adjuvant systemic and radiation therapies.

Discussion

We employed the new technique of ddPCR in order to identify *PIK3CA* mutations in formalin fixed paraffin embedded (FFPE) primary tumor samples and corresponding plasma from early stage breast cancer patients. We detected *PIK3CA* mutations in pre-surgery blood samples with 93.3% sensitivity (14 of 15 mutations) and 100% specificity. In addition, postsurgery blood samples were available for ten mutation positive patients and ptDNA was detected in five of these patients. Importantly, these patients had no clinical evidence of disease after surgery. This high level of sensitivity and specificity for cancer mutation detection in peripheral blood offers a number of potential clinical applications for oncology practice. First, ddPCR could augment or replace mutation detection in primary cancer tissues. The fact that ddPCR can detect additional mutations in primary tumor tissues not found by traditional Sanger sequencing could increase the number of patients who are candidates for targeted therapies. Interestingly, patient 4's sample was detected by ddPCR with a high fractional abundance (E545K, 28.9%) but was not identified by sequencing, though in theory 28.9% is within the reported sensitivity of Sanger sequencing. Repeat sequencing of this sample was negative for mutation. Although we do not have a definitive explanation for this, in our hands the use of FFPE DNA for PCR and Sanger sequencing often leads to "allelic drop out" due to degradation of the sample, which could explain these results. In contrast, ddPCR requires much smaller amounts of input DNA and a smaller amplicon size, and therefore is less prone to this phenomenon. Second, the improved sensitivity of ddPCR allows for detection of ptDNA with even low levels of tumor burden. Eight of our patients in whom a *PIK3CA* mutation was detected in pre-surgery ptDNA had T1 (2.0cm) tumors and node negative disease, with one of these patients harboring a T1b (< 1.0cm) tumor. This presents the opportunity of using blood as a liquid biopsy for mutation detection in early stage breast cancer patients without the need for accessing tumor tissues. Third, the short half-life of ptDNA and wide dynamic range may allow for a rapid assessment of therapeutic response for both early and late stage disease. Finally, the use of ptDNA detection for minimal residual disease may help guide individualized decisions regarding adjuvant systemic therapies, and be used for surveillance of patients with a high risk for cancer recurrence.

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It should be reemphasized that this is a feasibility study with a relatively small sample size. Thus, the clinical relevance of detectable versus undetectable ptDNA post-surgery is currently unclear. However, it is tempting to speculate that ptDNA may be a useful marker of residual micrometastatic disease and response to adjuvant therapies. The fact that half of our patients with detectable ptDNA before surgery also had ptDNA present after surgery demonstrates that it is feasible to design future trials with longer term follow up to test this hypothesis. Notably, patient 16 with triple negative metaplastic disease had a short diseasefree interval despite adjuvant chemotherapy, consistent with the known natural history of this phenotype (30). In contrast, ER/PR positive breast cancers can recur decades after the diagnosis of early stage disease, and the use of adjuvant endocrine therapy may play a role in inducing tumor dormancy and increased risk of late recurrences beyond five years. While this would require many years of follow up to address conclusively, such studies could potentially identify patients who might benefit from prolonged or lifelong endocrine therapy, an emerging issue given recent data supporting extended use of these agents in some patients (31, 32).

One of our patients had two detectable mutations in her primary tumor as detected by ddPCR. Since there is no biologically known reason why a cancer would have two oncogenic mutations in the same gene within a given cell, we would presume that this breast cancer was multi-clonal arising from independent progenitors. Given the high risk nature of some patients for developing breast cancer, this explanation is plausible and in fact has also been reported by us and others in prior studies (5, 33).

Our study provides a proof of concept and attests to the feasibility of ptDNA analysis for early stage breast cancer patients; however there are limitations of our study including the small sample size and low number of recurrences partly due to the natural history of ER/PR positive breast cancers. In addition, we assayed only for hotspot mutations in the *PIK3CA* gene and thus were unable to follow approximately half of the patients enrolled in this study. We are currently expanding this study to include multiple blood draws before, during and after adjuvant therapies and performing broader mutational analyses to obtain additional "markers" to measure patients' ptDNA.

While the sensitivity and specificity of ddPCR for detecting ptDNA is a technologic achievement, applying these assays for routine use in clinical oncology requires further prospective studies. However, the ability to detect ptDNA before and after surgery lends credence to the idea that assessment of ptDNA may allow for more informed individualized decisions regarding adjuvant systemic therapies. This could potentially change the current paradigm of overtreatment for early stage breast cancer patients.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Statement of translational relevance

In this study the feasibility and accuracy of plasma tumor DNA (ptDNA) detection was prospectively assessed by screening for the presence of tumor *PIK3CA* mutations in patients' plasma prior to and after breast surgery using ddPCR, a second generation digital PCR platform. We observed in early stage breast cancer patients that ddPCR could detect *PIK3CA* mutations preoperatively with 93.3% sensitivity (14 of 15 mutations detected) and 100% specificity (no false positives in 30 tumors). Moreover, 5 of 10 patients with *PIK3CA* mutation positive tumors continued to have mutant *PIK3CA* detected in their postoperative blood sample despite having no clinical evidence of disease. This work is the first to demonstrate in a prospective fashion that droplet digital PCR (ddPCR) can be used to accurately detect cancer DNA mutations in the blood of early stage breast cancer patients including those with minimal, clinically undetectable disease. Our results suggest that ddPCR provides an accurate and relatively non-invasive method for measuring residual disease and could be developed as a biomarker to identify early stage breast cancer patients at higher risk for recurrence to help make informed decisions regarding adjuvant therapies.

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Figure 1. Enrollment of patients and collection of clinical samples

A total of twenty-nine women were enrolled in this prospective study. *PIK3CA* mutational analysis was performed on thirty tumor specimens and pre- and post-surgery plasma samples collected. In twelve patients, post-surgery blood samples could not be collected. PreOp denotes pre-surgery specimens and PostOp denotes post-surgery specimens.

Table 1

Patient characteristics

n=29. ER: estrogen receptor, PR: progesterone receptor, HER2: Human Epidermal Growth Factor Receptor 2.

*** equivocal by immunohistochemical staining 2+, and FISH ratio of HER2:chromosome 17 = 2.1.

Table 2

Analysis of *PIK3CA* mutations in tumors and blood.

Tumor and blood samples from twenty-nine early stage breast cancer patients were analyzed for *PIK3CA* mutations using Sanger sequencing of formalin fixed paraffin embedded tumors (Sequencing FFPE tumor tissue), ddPCR of formalin fixed paraffin embedded tumors (ddPCR FFPE tumor tissue) and pre-surgery plasma DNA (ddPCR pre-surgery plasma). Percentage reflects fractional abundance of mutant *PIK3CA* (E545K or H1047R) to total *PIK3CA* DNA.

Table 3

ddPCR analysis of post-surgery plasma for patients with pre-surgery *PIK3CA* mutation positive ptDNA.

ddPCR was performed on corresponding plasma DNA prepared from blood collected at various times post-surgery. Percentage reflects fractional abundance of mutant *PIK3CA* (E545K or H1047R) to total *PIK3CA* DNA. For patients who received adjuvant radiation and/or systemic therapies with their local oncologists, the exact day of initiating those therapies is unknown though clinical follow up at our institution documents the minimal time (e.g. Day > XX).