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# Long-lasting fibrin matrices ensure stable and functional angiogenesis by highly tunable, sustained delivery of recombinant VEGF<sub>164</sub>

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Clinical trials of therapeutic angiogenesis by vascular endothelial growth factor (VEGF) gene delivery failed to show efficacy. Major challenges include the need to precisely control in vivo distribution of growth factor dose and duration of expression. Recombinant VEGF protein delivery could overcome these issues, but rapid in vivo clearance prevents the stabilization of induced angiogenesis. Here, we developed an optimized fibrin platform for controlled delivery of recombinant VEGF, to robustly induce normal, stable, and functional angiogenesis. Murine VEGF<sub>164</sub> was fused to a sequence derived from  $\alpha$ 2-plasmin inhibitor ( $\alpha_2$ -Pl<sub>1-8</sub>) that is a substrate for the coagulation factor fXIIIa, to allow its covalent crosslinking into fibrin hydrogels and release only by enzymatic cleavage. An  $\alpha_2$ -Pl<sub>1-8</sub>-fused variant of the fibrinolysis inhibitor aprotinin was used to control the hydrogel degradation rate, which determines both the duration and effective dose of factor release. An optimized aprotinin- $\alpha_2$ -PI<sub>1-8</sub> concentration ensured ideal degradation over 4 wk. Under these conditions, fibrin- $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> allowed exquisitely dose-dependent angiogenesis: concentrations ≥25 µg/mL caused widespread aberrant vascular structures, but a 500-fold concentration range (0.01-5.0 µg/mL) induced exclusively normal, mature, nonleaky, and perfused capillaries, which were stable after 3 mo. Optimized delivery of fibrin- $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> was therapeutically effective both in ischemic hind limb and wound-healing models, significantly improving angiogenesis, tissue perfusion, and healing rate. In conclusion, this optimized platform ensured (i) controlled and highly tunable delivery of VEGF protein in ischemic tissue and (ii) stable and functional angiogenesis without introducing genetic material and with a limited and controllable duration of treatment. These findings suggest a strategy to improve safety and efficacy of therapeutic angiogenesis.

herapeutic angiogenesis is an attractive strategy for treating ischemic conditions, such as peripheral and coronary artery diseases or chronic wounds, in which the intrinsic capacity for spontaneous vascular repair and tissue regeneration is either compromised or insufficient to restore physiological blood flow. In fact, sufficient expansion of microvascular networks is capable of increasing flow in upstream collateral arteries through retrograde signals (1, 2), thereby providing effective bypass of the obstructed feeding vessels. Vascular endothelial growth factor (VEGF) is the master regulator of both developmental and reparative vascular growth (3). However, initial clinical trials of VEGF gene delivery failed to establish clinical benefit (4). Retrospective analyses identified several issues that undermined the efficacy of those trials, particularly the difficulty to deliver a sufficient VEGF dose into the target tissue at safe vector doses (5, 6). By cellbased gene delivery, we previously found that, to effectively

exploit VEGF's therapeutic potential and robustly induce only functional and safe angiogenesis, it is key to control its microenvironmental concentration around each producing cell in vivo rather than its total dose (7) as VEGF binds tightly to the extracellular matrix (ECM) (8). However, it is challenging to achieve homogeneous expression levels in vivo with gene-therapy vectors. Further, newly induced vessels require sustained VEGF stimulation for at least 4 wk to stabilize and persist indefinitely, but unlimited duration of expression raises safety concerns (7, 9, 10). Controlled release of recombinant VEGF protein from biodegradable matrices is an attractive approach for clinical translation of these biological concepts due to the lack of genetic modification, the ease of achieving a homogenous dose distribution, and the limited duration of treatment (11).

Physiological angiogenesis crucially depends on a spatially restricted organization of growth factors through their binding to the ECM (12). Fibrin, a natural product of blood coagulation, provides unique features for physiological presentation of angiogenic signals: (i) It is injectable as a liquid and solidifies in situ without cytotoxicity; (ii) it is remodeled by cell-associated enzymes

# Significance

Inducing the growth of new blood vessels by specific factors is an attractive strategy to restore blood flow in ischemic tissues. Vascular endothelial growth factor (VEGF) is the master regulator of angiogenesis, yet clinical trials of VEGF gene delivery failed. Major challenges include the need to control the tissue distribution of factor dose and the duration of expression. Here, we developed a highly tunable fibrin-based platform to precisely control the dose and duration of VEGF protein delivery in tissues. Optimized delivery of fibrin-bound VEGF ensured normal, stable, and functional angiogenesis and improved perfusion of ischemic tissues, without genetic modification and with limited duration of VEGF delivery. These findings suggest a strategy to improve both safety and efficacy of therapeutic angiogenesis.

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Conflict of interest statement: The fibrin gel immobilization scheme is the subject of patents upon which J.A.H. is named as inventor and has been licensed by a company in which J.A.H. is a shareholder.

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like metalloproteinases and plasmin; and (iii) it is a natural cellinfiltration matrix (13). Therefore, we previously developed an approach to enzymatically link growth factors into fibrin hydrogels: the  $\alpha_2$ -plasmin inhibitor-derived octapeptide NQEQVSPL ( $\alpha_2$ -PI<sub>1-8</sub>), which is a substrate for the transglutaminase coagulation factor fXIIIa and has no plasmin inhibitory function itself, fused onto a factor N terminus, ensures its covalent binding to fibrin during the fibrinogen cross-linking reaction and subsequent release only through matrix degradation by local cell-associated proteases (14, 15). Matrix-bound presentation of diverse so-engineered growth factors, such as  $\alpha_2$ -PI<sub>1-8</sub>-fused variants of VEGF-A<sub>121</sub>, BMP-2, and IGF1, considerably accentuated their biological effects compared with the wild-type factors (16-19). However, the brief persistence of fibrin hydrogels in vivo (16) is insufficient to ensure stabilization of newly induced vessels and is a major obstacle to its exploitation for therapeutic angiogenesis (20). To gain control over fibrin-remodeling rates and significantly prolong gel persistence in vivo, we have engineered an  $\alpha_2$ -PI<sub>1-8</sub>-fused variant of the fibrinolysis inhibitor aprotinin (21). Here, we developed a fibrin platform to ensure both controlled and sustained delivery of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF-A<sub>164</sub> and achieve robust induction of normal, stable, and functional angiogenesis in therapeutically relevant target tissues.

## Results

Generation of a Recombinant Murine VEGF<sub>164</sub> Variant,  $\alpha_2 PI_{1-8}$ -VEGF<sub>164</sub>. The  $\alpha_2$ -PI<sub>1-8</sub> peptide was fused at the N terminus of murine VEGF<sub>164</sub> by a previously developed method of protein engineering (15). The coupling efficiency of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> in fibrin gels was determined measuring the factor release into buffer every 24 h over 7 d: 5.1 ± 1.2% of the incorporated  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> was released in the first day without significant increases by 7 d (6.9 ± 1.2%) whereas the native VEGF<sub>164</sub> was almost completely released already after 1 d (88.2 ± 2.4%) (Fig. S1*A*). The bioactivity of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> was equivalent to native VEGF<sub>164</sub>, as determined by their ability to induce VEGFR-2 phosphorylation on endothelial cells (Fig. S1*B*).

In Vivo Fibrin-Gel Degradation as a Function of Composition. Fibrinogen content proportionally determines the maximum amount of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF incorporated into the gel. Therefore, the highest concentration compatible with in vivo injection in liquid form (polymerization time >10 s) was determined to be 25 mg/mL and selected for subsequent experiments. Small-strain oscillatory shear rheometry showed that gel stiffness varied between  $2.9 \pm 0.4$  and  $6.9 \pm 1.2$  kPa, depending on the concentration of cross-linking enzymes. To determine the effect of gel composition on in vivo degradation rate after intramuscular injection, the amount of remaining gel was assessed by histological analysis after 4 d (Fig. S2A) and by noninvasive multispectral imaging of gels labeled with fluorescent fibrinogen (Fig. S2B). All compositions showed similar gel persistence and degradation rates, being essentially consumed by 5 d (Fig. S2). Therefore, the composition with the lowest stiffness (2.9 kPa: fibrinogen 25 mg/mL, FXIII 2 U/mL, thrombin 2 U/mL) was selected to investigate growth-factor delivery in vivo, to maximize compliance and minimize tissue invasiveness.

Aprotinin- $\alpha_2$ -PI<sub>1-8</sub> Concentration Determines both Rate and Duration of VEGF Release. Aprotinin inhibits fibrin degradation by proteases, and the engineered variant aprotinin- $\alpha_2$ -PI<sub>1-8</sub> (21) was covalently cross-linked in the gels to prolong in vivo persistence and the duration of VEGF release, required for vascular stabilization. Gel degradation rate affects both key parameters controlling angiogenesis (i.e., the rate and duration of VEGF release), but in opposite directions, as a reduction in degradation rate would increase the duration of VEGF release but also reduce its rate (i.e., the effective delivered dose). Therefore, we first sought to determine the optimal aprotinin- $\alpha_2$ -PI<sub>1-8</sub> concentration that would ensure both sufficient in vivo persistence and an adequate VEGF

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release rate. Gels were prepared with the maximum  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentration that would not affect their mechanical properties (100 µg/mL) and a fourfold lower one (25 µg/mL), in combination with three different aprotinin- $\alpha_2$ -PI<sub>1-8</sub> concentrations (17 µg/mL, 56 µg/mL, and 85 µg/mL), to analyze the effect of aprotinin- $\alpha_2$ -PI<sub>1-8</sub> dose on the effective VEGF release rate, based on induced vascular morphology. As shown in Fig. 1, 9 d after intramuscular injection, the negative control gels, containing only aprotinin- $\alpha_2$ -PI<sub>1-8</sub>, did not induce any angiogenesis whereas 100  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> induced aberrant vessels independently of aprotinin concentration. Such vessels displayed irregularly dilated diameters and multiple lumens, were devoid of pericytes, and were covered with a thick layer of smooth muscle cells, similar to previously described angioma-like structures induced by excessive VEGF doses (7). However, the effects of the fourfold lower  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentration of 25 µg/mL were clearly dependent on aprotinin- $\alpha_2$ -PI<sub>1-8</sub> amount: no angiogenesis was detectable with 85 µg/mL, aberrant angioma-like structures were induced with 17 µg/mL, and an abundant network of morphologically normal, pericyte-covered capillaries was generated with the intermediate 56 µg/mL concentration, even if rare enlarged vessels were still detectable. Thus, an aprotinin- $\alpha_2$ -PI<sub>1-8</sub> concentration of 56 µg/mL, which allowed a VEGF dose-dependent transition between normal and aberrant angiogenesis, was used in subsequent experiments.

 $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> Bioactivity After Gel Incorporation and in Vivo Implantation. To determine whether  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> could retain its bioactivity while incorporated into the fibrin gels in vivo, before being released, gels were preformed at 37 °C with 100 µg/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> and 56 µg/mL aprotinin- $\alpha_2$ -PI<sub>1-8</sub> and implanted s.c. in nude mice. After 2 wk, gels still contained



**Fig. 1.** Aprotinin- $\alpha_2$ -Pl<sub>1-8</sub> concentration determines the effective released dose of  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub> and the angiogenic outcome. Fibrin gels were injected into the gastrocnemius muscles of SCID mice, and tissues were analyzed 9 d later. Two different  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub> concentrations (25 µg/mL and 100 µg/mL) were tested in combination with three aprotinin- $\alpha_2$ -Pl<sub>1-8</sub> concentrations (17 µg/mL, 56 µg/mL, and 81 µg/mL). Negative control conditions contained only aprotinin- $\alpha_2$ -Pl<sub>1-8</sub>. Frozen sections were immunostained for endothelial cells (CD31, in red), pericytes (NG2, in green), smooth-muscle cells ( $\alpha$ -SMA, in cyan) and nuclei (DAPI, in blue). Asterisks, enlarged aberrant vascular structures. n = 3. (Scale bar: 20 µm.)

~30% of the  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> amount incorporated at day 0 (Fig. S3*A*). Furthermore,  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> extracted from gels after 2 wk of in vivo incubation was capable of inducing endothelial proliferation as efficiently as the nonimplanted factor (Fig. S3*B*), indicating that gel incorporation effectively protects VEGF bioactivity despite prolonged in vivo exposure. The extracted factor showed a slightly reduced activity compared with fresh recombinant VEGF (~80% relative efficacy) as a consequence of the prolonged manipulations necessary for the gel-extraction procedure.

**Dose-Dependent Angiogenesis by Fibrin-Bound**  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub>. Since decreasing  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub> from 100 µg/mL to 25 µg/mL caused a shift from completely aberrant to mostly normal angiogenesis, we investigated the effects of lower  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub> concentrations. Nine days after intramuscular injection, 5 µg/mL, 1 µg/mL, and 0.1 µg/mL  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub> all induced exclusively normal and mature capillaries, associated with nerve/glia antigen 2 (NG2)-positive and  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA)-negative pericytes (Fig. S4).

Sustained VEGF stimulation for at least 4 wk is necessary for newly induced vessels to stabilize and become VEGF-independent (7, 9, 10). Four weeks after intramuscular implantation of gels carrying four different  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentrations (0.01 µg/mL, 0.1 µg/mL, 5 µg/mL, and 100 µg/mL), small amounts of nondegraded gel were still detectable (Fig. S5), and robust angiogenesis was present in all conditions (Fig. 2A and D). Similarly to the 9-d results, 100  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> generated aberrant angioma-like structures mixed with more regular capillaries, which were, however, completely devoid of mural cells whereas both 0.1 µg/mL and 5 µg/mL induced exclusively normal networks of mature capillaries. Remarkably, the further 10-fold lower VEGF concentration of 0.01  $\mu$ g/mL also induced efficient capillary growth, suggesting that normal angiogenesis can be effectively generated by a very wide range of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> doses. All vessels induced by  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentrations up to 5 µg/mL displayed the morphology of normal skeletal-muscle capillaries as they were covered by NG2<sup>+</sup>/SMA<sup>-</sup> pericytes, but no SMA<sup>+</sup> smooth muscle (22) and had homogeneous diameter distributions in a narrow range within 10 µm (90th percentile,  $0.01 \ \mu g/mL = 4.62 \ \mu m; 0.1 \ \mu g/mL = 4.53 \ \mu m; 5 \ \mu g/mL = 8.47 \ \mu m),$ similar to normal capillaries in control tissues (90th percentile, 4.48  $\mu$ m). In contrast, aberrant structures induced by 100  $\mu$ g/mL displayed very heterogeneous and enlarged sizes (90th percentile, 16.05 µm) and were covered by a thick smooth-muscle coat (Fig. 2 A and B). Interestingly, concentrations  $\leq 0.1 \ \mu$ g/mL induced vessels with the same average diameter as control tissue whereas the capillaries induced by 5  $\mu$ g/mL were significantly larger (Fig. 2C), although homogeneous in size and smaller than 10 µm and normal in morphology. In contrast to vessel diameters, the amount of angiogenesis, quantified as vessel length density (VLD), did not depend on the  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> dose as all concentrations between 0.01  $\mu$ g/mL and 5  $\mu$ g/mL similarly increased VLD by 50–60% compared with controls (Fig. 2D).

Sustained vascular leakage is a side effect of VEGF delivery that can lead to harmful tissue edema (23). Therefore, plasma leakage was quantified 4 wk after implantation of gels containing 5 µg/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>: i.e., the highest concentration inducing morphologically normal angiogenesis at the latest time when gel-bound factor was still present (Fig. S5). Consistent with previous results (7), newly induced normal vessels were not leaky after 4 wk of VEGF delivery, with similar levels of Evans blue extravasation as the background measured in control tissues implanted with empty gels containing no VEGF (controls, 6.49 ± 1.54 ng Evans blue/mg tissue vs. VEGF, 5 µg/mL, 6.98 ± 1.83 ng Evans blue/mg tissue; P = n.s.), suggesting they had acquired normal functionality. Moreover, no macroscopic edema was observed in the implanted limbs at any time up to 3 mo.

Long-Term Stability and Perfusion of Vessels Induced by Optimized  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> Delivery. We assessed whether  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>induced vessels had stabilized and achieved complete independence from exogenous VEGF 3 mo after intramuscular gel injection. Angiogenesis was still present in all conditions, displaying similar morphologies as after 4 wk (Fig. 3A) although no trace of the injected gels could be found anymore (Fig. S5). All  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentrations causing normal angiogenesis (0.01-5 µg/mL) induced about a 70% increase in VLD, which was also significantly more than the amount still present after delivery of 100 µg/mL that induced aberrant angiogenesis (Fig. 3B). A comparison between VLD after 3 mo and 4 wk showed that the normal vessels generated by concentrations between 0.01 µg/mL and 5 µg/mL were completely stable and even further increased whereas greater than 60% of the aberrant vasculature induced by 100  $\mu$ g/mL regressed (Fig. 3C). Further, i.v. injection of a fluorescein-labeled tomato lectin (FITC-lectin) showed that essentially all endothelial structures induced by the different  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentrations were reached by blood flow and thereby functionally connected to the systemic circulation both after 4 wk (Fig. S6) and 3 mo (Fig. S7), as demonstrated by colocalization of CD31 immunostaining and FITC-lectin. Therefore, optimized delivery of fibrin-bound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> induced the growth of morphologically normal and mature capillary networks that were both stable and functional.

**Functional Improvement in Ischemia.** Lastly, we tested the efficacy of optimized delivery of fibrin-bound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> to cause functional improvement in two different rodent models of clinically relevant ischemic diseases: i.e., hind-limb ischemia and ischemic wound healing.

Based on the results described in Figs. 2 and 3 for normal skeletal muscle, two  $\alpha_2$ -PI<sub>1-8</sub>-VEGF concentrations in a 10-fold range (0.5 µg/mL and 5 µg/mL) were delivered through the optimized gel composition in a murine model of hind-limb ischemia.

**Fig. 2.** Dose-dependent angiogenesis 4 wk after optimized delivery of fibrin-bound  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub>. Fibrin gels containing 56 µg/mL aprotinin- $\alpha_2$ -Pl<sub>1-8</sub> and 0 µg/mL (negative control), 0.01 µg/mL, 0.1 µg/mL, 5 µg/mL, or 100 µg/mL  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub> were injected into gastrocnemius muscles of SCID mice. Tissues were analyzed 4 wk later. (A) Frozen sections were immunostained to detect endothelial cells (CD31, in red), pericytes (NG2, in green), and smooth-muscle cells ( $\alpha$ -SMA, in cyan). n = 3. (Scale bar: 20 µm.) Asterisks, enlarged aberrant vascular structures; arrowhead, regular capillaries devoid of mural cells. (*B* and *C*)



Quantification of vessel diameters (n > 500 per group), shown as their distribution in 1-µm intervals (*B*) and mean ± SEM (*C*). (*D*) The amount of angiogenesis was quantified as vessel length density (VLD): i.e., the total vessel length in the area of each measured field (n = 5-10 fields per group); \*\*\*P < 0.001, \*\*P < 0.01 vs. negative control (NC).



**Fig. 3.** Long-term stability of normal, but not aberrant, angiogenesis induced by optimized delivery of fibrin-bound  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub>. Fibrin gels containing 56 µg/mL aprotinin- $\alpha_2$ -Pl<sub>1-8</sub> and 0 µg/mL (negative control), 0.01 µg/mL, 0.1 µg/mL, 5 µg/mL, and 100 µg/mL  $\alpha_2$ -Pl<sub>1-8</sub>-VEGF<sub>164</sub> were injected into gastrocnemius muscles of SCID mice. Tissues were analyzed 3 mo later. (A) Frozen sections were immunostained to detect endothelial cells (CD31, in red), pericytes (NG2, in green), and smooth-muscle cells ( $\alpha$ -SMA, in cyan). *n* = 3. (Scale bar: 20 µm.) (*B*) The amount of angiogenesis was quantified as vessel length density (mean VLD ± SEM; *n* = 5–10 fields per group); \*\*\**P* < 0.001 or \*\**P* < 0.01 vs. negative control, <sup>86</sup>*P* < 0.01, <sup>8</sup>*P* < 0.05 vs. the 100 µg/mL condition. (C) The stabilization rate of vessels induced in each condition was calculated as the percentage ratio between VLD 3 mo and 4 wk after gel injection (% Resistant fraction), with a value of 100% or higher indicating complete stabilization and a value lower than 100% indicating vascular regression between the two time points.

An empty gel of the same composition was used as a negative control. Histological analysis (Fig. 4A) and VLD quantification (Fig. 4C) showed that, after 4 wk, 0.5  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> promoted the growth of an abundant network of morphologically normal and mature capillaries, associated with NG2<sup>+</sup>/SMA<sup>-</sup> pericytes, compared with negative control. However, contrary to the results in normal muscle, 5  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF led to a lower increase in VLD (Fig. 4C) and actually caused the growth of aberrant angioma-like structures, devoid of pericytes, and encompassed by smooth-muscle cells (asterisk in Fig. 4A). Blood flow was recorded by laser Doppler imaging both in the ischemic and nonoperated contralateral leg preoperatively, immediately after surgery and 7 d and 28 d later. To account for variables, including ambient light and temperature, calculated perfusion was expressed as a ratio of that in the ischemic to normal limb, as previously described (24). Blood flow in ischemic muscles was unaffected by 5  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> compared with control (Fig. 4 B and D) but was significantly improved by  $0.5 \mu g/mL$  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> after 4 wk compared with both control and 5 µg/mL VEGF (Fig. 4 B and D). Consistent with the improvement in blood flow, after 4 wk, the 0.5  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> condition also significantly increased the number of histologically visible collateral arteries in the cranial part of the adductor thigh muscles compared with both other treatments (Fig. 4E).

To determine the general applicability of this approach, we further investigated whether the optimized delivery of fibrinbound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> could promote functional improvement in a distinct ischemic wound-healing model. Based on the results described in Fig. 4, showing that the threshold between normal and aberrant angiogenesis in ischemic tissue lies between 0.5 µg/mL and 5 µg/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>, a concentration of 2 µg/mL was used in the optimized fibrin-matrix composition as the therapeutic condition, with an empty gel of the same composition as negative control. Histological analysis (Fig. S8 *A* and *B*) and VLD quantification (Fig. S8 *C* and *E*) showed that, after 7 d, treatment with  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> significantly increased dermis vascularization both in nonischemic and ischemic wounds. Microvessels were associated with NG2<sup>+</sup> pericytes in all groups (Fig. S8 *A* and *B*). Furthermore,  $\alpha$ -SMA<sup>+</sup> mural cells were found associated with both microvessels and small-caliber arterioles and venules (arrowheads in Fig. S8 *A* and *B*) because, contrary to muscle tissue, in the skin, a proportion of capillary pericytes also express  $\alpha$ -SMA (25). The  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>-treated tissues displayed a greater density of regularly shaped larger vessels (>15 µm) with the features of arterioles (covered by a regular smoothmuscle layer and homogeneous in size), consistently with the previously described effect of VEGF to cause arteriolization of preexisting vessels (26). Laser Doppler imaging showed that the increased vessel density in the  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>-treated wounds correlated with significantly improved tissue perfusion both in the nonischemic and ischemic sites by 7 d (Fig. S8 *D*, *F*, and *G*) (*P* < 0.05).

To evaluate the functional effects of increased angiogenesis and perfusion in the treated tissues, wound healing was analyzed. Under nonischemic conditions (Fig. S9A), the control-treated tissues showed signs of very mild inflammation with hyper/parakeratosis, without clearly identifiable dermis beneath the epidermis and with bleeding areas. The underlying muscle layer was fully infiltrated by inflammatory cells, and several muscle fibers displayed signs of partial necrosis, evidenced by infiltration of mononuclear inflammatory cells inside the myofibers.  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> treatment slightly reduced epidermal hyperplasia, above which a layer of keratinized tissue with several apoptotic bodies was visible, whereas the stratus corneum was partially present, indicating that the  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>-treated tissue had reached a more advanced stage of regeneration of the physiological skin structure. Further,  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> treatment reduced the inflammatory infiltrate in the underlying muscle layer and completely prevented myofiber damage. Under ischemic conditions



Fig. 4. Functional improvement of hind-limb ischemia by  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>. Fibrin gels containing 56  $\mu$ g/mL aprotinin- $\alpha_2$ -Pl<sub>1-8</sub> and 0  $\mu$ g/mL (negative control), 0.5  $\mu$ g/mL, and 5  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> were injected into the lower thigh muscles. Tissues were analyzed 4 wk later. (A) Frozen sections were immunostained to detect endothelial cells (CD31, in red), pericytes (NG2, in green), and smooth-muscle cells ( $\alpha$ -SMA, in cyan). n = 3. (Scale bar: 20  $\mu$ m.) (B) Representative laser Doppler images of nonischemic and ischemic limbs (left and right side of each image, respectively) 28 d after treatment with control gels (control) or 0.5  $\mu$ g/mL and 5  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>. (C) The amount of angiogenesis was quantified as vessel length density (mean VLD  $\pm$  SEM; n = 5-10 fields per group); \*\*\*P < 0.001 and \*\*P < 0.01 vs. negative control,  $^{\delta}P<0.05$  vs. the 0.5  $\mu g/mL$  condition. (D) Blood flow was measured by laser Doppler imaging before surgery (preop) to set the baseline, immediately after (postop) and 7 and 28 d later. Results were expressed as the ratio between measured flow in the ischemic and the contralateral nonoperated hind limb. (E) The number of collateral arteries was determined histologically in the adductor muscles after 4 wk (mean  $\pm$  SEM per field; n = 5-10 fields per group); \*P < 0.05 vs. negative control,  ${}^{\delta}\!\textit{P}$  < 0.05 vs. the 0.5  $\mu g/mL$  condition.

(Fig. S9B), control tissues displayed moderate hyperplasia of the epidermis, which was covered with a thick keratinized tissue full of apoptotic bodies. Both the dermis and the underlying muscle layer were prominently infiltrated with inflammatory cells, the muscle fibers were completely disorganized, many were invaded by monocytes, and several degenerative vacuoles were visible within the muscle layer. However, in the  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>treated wounds, both epidermal hyperplasia and the thickness of the keratinized tissue with apoptotic bodies were reduced compared with controls. Further,  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> treatment reduced the inflammatory infiltrate in the muscle layer and prevented myofiber damage, avoiding tissue necrosis. Therefore, histological analysis showed that treatment with  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> significantly improved tissue regeneration and restoration of the physiological structure. Consistently, the quantification of woundhealing rate showed that  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> promoted a significant acceleration of ischemic wound closure 7 d after gel implantation (Fig. S9D). Nonischemic wounds were also smaller both 3 d and 7 d after  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> treatment although the differences were not statistically significant (Fig. S9C).

### Discussion

Here, we found that the combination of fibrin-bound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> with the fibrin-bound fibrinolysis inhibitor aprotinin- $\alpha_2$ -PI<sub>1-8</sub> provides a highly tunable platform to precisely control the VEGF dose delivered to tissues and efficiently induce stable and functional angiogenesis. Incorporation of aprotinin- $\alpha_2$ -PI<sub>1-8</sub> at an optimal concentration is a key requirement to efficiently induce normal angiogenesis in vivo through its control of fibrinolysis and thus release of  $\alpha_2 PI_{1-8} VEGF_{164}$ . Although differing release rates of the same  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentration could cause disparate effects, from none to aberrant angiogenesis, optimal gel degradation rates enabled fibrin-bound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> to reliably induce exclusively normal, mature, stable, and functionally perfused microvascular networks over a 500fold range of concentrations in normal muscle tissue. Remarkably, newly induced vessels did not regress for at least 3 mo whereas the implanted gels were almost completely consumed by 4 wk, demonstrating that they achieved independence from exogenous VEGF signaling for their survival and suggesting that they could persist indefinitely. This finding is particularly relevant for the therapeutic potential of this approach because one of the main limitations of recombinant protein delivery for therapeutic angiogenesis has been the insufficient duration of factor release to achieve persistent effects (20). On the other hand, aberrant angiogenesis induced by 100  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> failed to recruit physiological pericyte coverage by 4 wk, when gel-bound factor was still present, consistently with the described function of VEGF as a negative regulator of pericyte function through formation of nonfunctional VEGFR-2/PDGFR-β complexes and consequent inhibition of PDGFR- $\beta$  phosphorylation (27). When exogenous  $\alpha_2$ -PI<sub>1-8</sub>-VEGF-A<sub>164</sub> became exhausted, more than 60% of the vascular structures induced by this high dose disappeared, indicating that they could not stabilize despite sustained VEGF release for at least 4 wk.

Therefore, incorporation of 56 µg/mL aprotinin- $\alpha_2$ -PI<sub>1-8</sub> ensured an optimal gel degradation rate in vivo, which is the key parameter controlling both the duration and the effective dose of factor delivery. Under these optimized conditions, the angiogenic outcome was solely controlled by  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentration, with aberrant vascular structures being induced by levels  $\geq 25 \ \mu$ g/mL and physiological functional capillary networks resulting from a wide range of doses 0.01–5 µg/mL. The high tunability of the fibrin-bound delivery platform allowed us to span an extremely wide range of VEGF doses, including those determining the transition between normal and aberrant angiogenesis, which is a key feature for the design of preclinical dose-escalation studies. It should be noted that we chose to deliver the

syngenic mouse recombinant factor mVEGF<sub>164</sub> instead of the clinically used human homolog hVEGF<sub>165</sub> because the experiments were performed in a mouse model and we recently found that the dose-dependent effects of VEGF are species-specific (28).

The concentration of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> did not affect the amount of induced vasculature because already the lowest dose caused the maximum increase in VLD, which was maintained over a 500-fold range. However, the dose of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> influenced the size of induced vessels, which remained unaffected by concentrations up to 0.1 µg/mL but was significantly increased by 5 µg/mL. These results are relevant for the therapeutic potential of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> delivery. In fact, we and others have previously shown that the size of newly induced vessels is key to determine the efficacy of therapeutic angiogenesis approaches (29, 30) as a similar increase in number without increase in size provided no therapeutic benefit (29). Based on these considerations, two different  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentrations in the upper range of normal angiogenesis, 0.5 µg/mL and 5 µg/mL, were chosen to investigate dose-dependent functional improvement in a hind-limb ischemia model. Results showed that 0.5 µg/mL was effective to induce functional improvement as it caused a twofold increase in the amount of normal capillaries and significantly increased blood flow in ischemic tissue compared with controls. However, 5  $\mu$ g/mL  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>, which induced only normal and stable angiogenesis in nonischemic muscle, actually stimulated the growth of aberrant vascular structures that failed to improve blood flow and collateral arteriogenesis in ischemic tissue. This disparate effect of the same concentration of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> may be attributable to the elevated levels of inflammatory cells and proteases during ischemia, which accelerate gel degradation and thus the effective rate of growth factor release. These results highlight the need to determine the therapeutic window of fibrin-bound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> delivery specifically for each envisioned clinical application as the unique biological variables associated with different pathologies can influence the effective degradation rate, factor release, and angiogenic outcome.

Considering the results obtained in the normal and ischemic hind limb, a concentration of 2 µg/mL was chosen to test the functional efficacy of fibrin-bound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> in an ischemic wound-healing model. The treatment with  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> stimulated an 80% increase in normal angiogenesis, which significantly improved tissue perfusion both in nonischemic and ischemic tissues. The angiogenic stimulus induced a significant improvement of the wound closure in ischemic conditions and a positive trend toward improvement in nonischemic tissues. Interestingly, in control conditions, ischemia significantly slowed wound healing compared with normal tissue (55% vs. 38% still-open wound size by 7 d), and  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> treatment restored healing in ischemia to the nonischemic level (36% still-open wound size by 7 d). In nonischemic tissue,  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> treatment provided a further benefit (28% still-open wound size by 7 d), but the magnitude of the difference was insufficient to reach statistical significance. These data suggest that, in the absence of ischemia, tissue repair proceeds already at physiological speed and that increased blood flow could improve it only marginally whereas, in ischemic conditions, impaired perfusion is the critical factor limiting wound healing, and  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> treatment may unfold its therapeutic effect. Consistently with this concept, it has been previously found that skin wounding in normal conditions leads to a transient localized ischemia due to microvascular damage and a six- to sevenfold up-regulation of endogenous VEGF expression, but this up-regulation is not further increased if wounding is carried out under conditions of ischemia (31).

In ischemic tissue, maximum blood supply is limited, and the opening of collateral arteries (arteriogenesis) is required to restore physiological flow levels to meet the metabolic demands of

regenerating tissue. Microvascular angiogenesis by VEGF can induce arteriogenesis by increasing blood flow and shear stress (1) and generating upstream responses through retrograde conduction along vessel walls via intercellular gap junctions (2). However, in chronic ischemia, spontaneous angiogenesis is insufficient to restore physiological flow, and we have previously found that VEGF doses higher than the maximal up-regulation achieved by the endogenous response are necessary to significantly increase both the amount and size of microvascular networks, induce collateral arteriogenesis, and achieve therapeutic benefit (29). Our results suggest that such doses can be effectively achieved in ischemic tissue by optimized delivery of fibrinbound  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub>. However, as the specific conditions prevalent in different tissues and pathologic states dictate the actual degradation rate and therefore the effective growth factor release in vivo, it is impossible to define a general therapeutic window. In this respect, the high tunability of the optimized platform developed in this study, with normal and stable angiogenesis being induced in healthy skeletal muscle over a 500-fold range of  $\alpha_2$ -PI<sub>1-8</sub>-VEGF<sub>164</sub> concentrations, provides a key enabling tool for specific dose-finding studies for each envisioned clinical application, such as peripheral or coronary artery disease, or chronic wounds, so that dosage can be carefully determined and adapted.

### Methods

Detailed information is provided in SI Methods.

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**Recombinant**  $\alpha_2 Pl_{1-8}$ -VEGF<sub>164</sub> **Production and Purification**. The transglutaminase substrate sequence NQEQVSPL ( $\alpha_2$ -Pl<sub>1-8</sub>) was fused to the N terminus of the mouse VEGF-A<sub>164</sub> cDNA by PCR. The fusion protein was expressed into *Escherichia coli* strain BL21 (Dc3) pLys (Novagen) and isolated as described previously (32) and in *SI Methods*.

**Intramuscular Fibrin-Gel Implantation.** Fifty microliters of fibrin hydrogel, prepared as described in *SI Methods*, was aspirated with an insulin syringe with integrated 30G needle (Becton Dickinson) and injected into the gastrocnemius muscle of 6- to 8-wk-old immunodeficient SCID CB.17 mice (Charles River), previously anesthetized by 3% isofluorane inhalation.

**Hind-Limb Ischemia.** Hind-limb ischemia experiments were performed on female CD1-mice (Charles River) by unilateral femoral artery ligation and excision, as detailed in *SI Methods*. Blood flow was measured by a laser Doppler imaging system (Moor Instruments), and results were presented as a ratio of the flow in the ischemic to that in the contralateral normally perfused hind limbs to account for variables, including ambient light and temperatures, as previously described (24) and as detailed in *SI Methods*.

**Ischemic Wound Healing.** An ischemic wound-healing model was performed on male Sprague–Dawley rats (Harlan-Winkelmann; n = 6 per group), based on a modification of a previously described epigastric flap model (33) and as detailed in *SI Methods*.

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