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Abstract

COPD represents a major respiratory disorder, causing significant morbidity and mortality throughout the world. While therapies exist for COPD, they are not always effective, and many patients experience exacerbations and morbidity despite current therapies. Study of the molecular mechanisms involved in the underlying physiological manifestations of COPD has yielded multiple new targets for therapeutic intervention. In this review, we discuss signaling pathways involved in COPD pathogenesis and review clinical studies of p38 MAPK inhibitors, TNFa inhibitors, and IKK2 inhibitors as potential COPD therapies.

Keywords

airways disease; inflammation; irreversible airway obstruction; airway remodeling

Introduction

Treatments for COPD include inhaled steroids, anticholinergics, and β_2 -adrenergic receptor agonists. Inhaled long-acting β_2 -agonists (LABAs) and long acting anticholinergics improve lung function and health-related quality of life [1], while treatment with inhaled steroids decreases the frequency and severity of exacerbations but has little effect on decline in lung function [2]. Many patients however experience morbidity and frequent exacerbations despite therapy with LABAs and inhaled steroids; the molecular mechanisms underlying COPD remain unclear and novel therapeutics to treat inflammation are being examined [3]. With the underlying causes of COPD being diverse, recent approaches attempt to personalize COPD management using novel anti inflammatory drugs, as seen in Table 1. Multiple basic science studies suggest that the p38 mitogen activated protein kinase (MAPK) inhibitors, TNF α inhibitors, and IKK2 inhibitors may modulate the physiologic changes seen in COPD. In this review, we address signaling pathways that are activated in

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effector cells in the lungs of COPD patients and identify emerging therapeutics providing targeted bronchodilation and anti-inflammatory therapy.

p38 MAP kinase

Patients with COPD have chronic airway inflammation and suffer from exacerbations, that increase morbidity. The inflammatory mediators involved in COPD are complex, and since relative glucocorticoid insensitivity is a hallmark of COPD, new therapies that target the inflammatory diathesis are being evaluated. The p38 mitogen activated protein kinase (MAPK) family consists of four isoforms of p38 MAPK, α , β , γ , and δ , which are expressed in different tissues and regulate activation of different kinases and phosphorylation of different substrates, causing diverse and often opposing effects. The a isoform of p38 MAPK is expressed in airway smooth muscle cells, epithelial cells, and immune cells and the study of p38 MAPK inhibitors for COPD have focused on this isoform [4]. As seen in Figure 1, the p38 MAPK signaling pathway is activated in response to multiple inflammatory signals, including inflammatory cytokines, oxidative stress, and growth factors. The p38 MAPK signaling pathway also interacts with other signaling pathways to modulate inflammation and cell proliferation. Patients with COPD have increased p38 MAPK activation in both macrophages and other cells within the alveolar wall when compared to nonsmokers or smokers without COPD. Additionally, p38 MAPK activation correlated with the degree of lung function impairment and alveolar wall inflammation [5]. Patients with COPD also manifest increased oxidative stress in the airways [6], and exposure to either ozone or cigarette smoke extract induces p38 MAPK activation [4, 7]. Bacterial or viral infection is a common trigger for COPD exacerbations, and exposure to LPS induces p38 MAPK activation in rat peritoneal macrophages and dendritic cells as well as an increase expression of inflammatory mediators [8, 9]. Activation of p38 MAPK is also implicated in inhibition of glucocorticoid function induced by proinflammatory cytokines such as TNFa, IL-1a and IL-13 [10-13]. Collectively, these studies suggest that p38 MAPK inhibitors may be an effective treatment for COPD. Isoformselective p38 MAPK inhibitors have been developed that selectively inhibit the α and β isoforms by binding the ATP-binding site, including first generation inhibitor SB203580 and subsequently developed inhibitors SD282 (an indole-5-carboxamide), VX745, SCIO469, SD0006 (a diarylpyrazole), SB681323 (dilmapimod), PH797804 (identified from a series of N-aryl pyridinones), BMS582949, R1503 and AW814141 [4]. Inhibitors of p38 MAPK decrease airway inflammation [14], and the p38 MAPK inhibitor SB706504 decreased LPSinduced release of TNFa from macrophages in vitro [15]. In vivo the p38 MAPK inhibitor SD-282 inhibited tobacco smoke-induced increases in number of bronchoalveolar lavage (BAL) neutrophils and macrophages in mice, while steroids had little effect [16]. Additionally, in bleomycin-treated rats, treatment with p38 MAPK inhibitor SB239063 decreased bleomycin-induced synthesis of hydroxyproline, associated with fibrosis, collagen synthesis, and right ventricular hypertrophy. In guinea pigs, SB 239063 inhibited LPSinduced numbers in of neutrophils and IL-6 levels in the BAL [17]. Currently, p38 MAPK inhibitors are aslo considered to target inflammation in other diseases such as hyperlipidemia and rheumatoid arthritis. Trials of p38 MAPK inhibitors in humans have also demonstrated that p38 MAPK inhibitors decreases serum levels of both TNFa and IL-6 after

LPS administration as well as acute phase reactants associated with inflammation, serum erythrocyte sedimentation rate (ESR) and c-reactive protein (CRP) [18]; a trial of an oral p38 MAPK inhibitor SCIO-469 in patients with rheumatoid arthritis demonstrated a decrease in ESR and CRP. Over the 24 weeks of the trial, however, there was little change in levels of acute phase reactants or arthritis symptoms when compared to placebo [19]. Another study showed that patients with coronary artery disease given p38 MAPK inhibitor SB-681323 prior to stent placement manifested decreased CRP levels compared to placebo [20]; patients with hyperlipidemia demonstrated a decrease in CRP and improved forearm blood flow in response to acetylcholine or sodium nitroprusside after treatment with p38 MAPK inhibitor losmapipod [21]. A study on COPD patients demonstrated that the p38 MAPK inhibitor SB-681323 decreased levels of activated serum heat shock protein 27, a marker of p38 activity, and decreased LPS-stimulated TNFa release into serum. Interestingly, prednisolone decreased LPS-stimulated TNFa release in the serum with little decrease in HSP 27 activation, suggesting the involvement of multiple inflammatory pathways in COPD [22]. Barnes et al reported that patients with moderate stable COPD receiving SB681323 for 28 days had a reduced sputum neutrophils and plasma fibringen with improvement in forced vital capacity as compared with placebo. A 6 week trial of p38 MAPK inhibitor PH797804 in patients with moderate to severe COPD decreased serum CRP levels as well as improved trough forced expiratory volume in 1 second (FEV1) and dyspnea index scores when compared to placebo. While these results are promising, there are some potential problems that make the p38 MAPK pathway a less desirable target for controlling inflammation. As seen in Figure 1, airway inflammation involves multiple kinases and signaling pathways, and blocking one kinase may lead to increased activity of others. Additionally, the p38a MAPK modulates activity of upstream MAPK kinase kinases such as TAK1 [23], and inhibition of p38a MAPK may alter these feedback loops and increase activation of kinases such as TAK1 and JNK2. Importantly, many p38 inhibitors have failed in clinical trials due to unacceptable safety profiles. Multiple side effects have been reported with p38 MAPK inhibitors including elevated liver enzymes, skin rash, cardiotoxicity, infections, and CNS and GI toxicity [24]. Inhaled p38 MAPK therapy is being explored for COPD, and p38 MAPK inhibitors ARRY371797 and PF03715455 show promise as p38 MAPK inhibitors that can be administered via inhalation [25].

TNFa Inhibitors

Tumor necrosis factor alpha (TNFa) is a pleiotropic cytokine and a member of the TNF superfamily, a group of membrane-bound and soluble proteins implicated in inflammation. TNFa is produced as an intregral membrane protein that is translocated to the cell surface, and is released in soluble form by TNFa converting enzyme (TACE); TNFa may also play a central role in COPD pathogenesis (Figure 1). Induced sputum from patients with COPD has higher levels of TNFa than sputum obtained from smokers without COPD or nonsmoking controls [26]; levels of TNFa in induced sputum correlate directly with pack-years of smoking and inversely with forced exipiratory volume in one second (FEV1) [27]. Sputum TNFa levels were also increased in COPD patients with exacerbations associated with bacterial infections [28]. Interestingly, in animal models instillation of TNFa in the lungs of mice induces inflammatory and pathological features that are similar to that

observed in COPD patients and TNF receptor knockout mice exposed to cigarette smoke had less airspace destruction and decreased levels of inflammatory mediators in BAL after cigarette smoke exposure. Further, TNFa over-expression downregulates oxidative stress enzymes and proteins, thereby decreasing the protective capacity of the lungs in response to oxidative damage [29]. Blocking TNF α has gained interest as an agent that attenuates airway inflammation. Two strategies have been employed to neutralize TNFa effects: etanercept is a monoclonal antibody that is a fusion of type II TNF receptor and the Fc portion of IgG to block unbound TNFa; infliximab and adalimumab are antibodies with a human Fc portion and mouse variable portions that directly bind TNFa. Infliximab and adalimumab also have the capability to activate complement mediated cellular lysis whereas ethanercept lacks this function [30]. Infliximab was used in 16 mild to severe COPD patients for a period of six weeks and found to have little effect on levels of inflammatory mediators in BAL or serum [31]. A study of 14 smokers with mild to moderate COPD given infliximab noted no change in spirometry measurements, eNO, or AHR, as compared to patients given placebo [32]. Rennard et al. studied 157 patients with mild to severe COPD, measuring exacerbations, FEV1, and transition dyspnea index, and found that little difference between patients treated with infliximab or placebo, however infliximab increased the incidence of pneumonia and malignancy, and a higher percentage of patients receiving infliximab needed to discontinue therapy due to adverse events [33]. An observational nested cohort study of 15,771 patients with both rheumatoid arthritis and COPD showed an association between patients given etanercept and a reduction in the rate of COPD hospitalizations, but no such association for patients given infliximab [34]. The lack of efficacy of infliximab may be due to a multiple factors. Although TNFa levels are elevated in COPD patients, none of the current studies measured serum or sputum TNFa levels. A subgroup of COPD patients may exist with increased TNFa levels who may benefit, but this remains to be seen. Additionally, the clinical trials were conducted for different time courses, varying from 6 weeks to 24 weeks, and longer studies may be needed to address efficacy. The side effects of blocking TNFa systemically include increased risk of infection, recurrence of tuberculosis and reactivation of hepatitis B, as well as worsening of congestive heart failure [30]. These side effects may overshadow the therapeutic benefits for COPD. Accordingly, anti-TNFa therapy may be more beneficial for exacerbations rather than as maintenance therapy. A study found that levels of TNFa in bronchial secretions could distinguish patients with COPD exacerbations and Pseudomonas aeruginosa infections from COPD exacerbation patients with common bacterial or viral infections [35], further suggesting that a subtype of patients may benefit from anti-TNFa therapy. Additionally, TNFa expression is increased by NF κ B activation, and increases in TNF α levels seen in patients with COPD and/or COPD exacerbations may be due to NFkB activation. Further studies are needed to determine whether alternate delivery routes for TNFa inhibitors or identification of subgroups of COPD patients who may benefit from TNFa inhibitors. Alternatively, targeting release of soluble TNFa by TACE may be effective in limiting chronic inflammation, and TACE inhibitors PKF242-484 and PKF241-466 inhibited TNFa release from human macrophages in vitro and decreased LPS-induced and increases of cellular infiltration, TNFa levels, and myeloperoxidase and elastase activities in an animal model [36]. Other members of the TNF superfamily may also be targets for COPD treatment.

Blockade of TNF superfamily ligand LIGHT decreases lung fibrosis, airway smooth muscle hyperplasia and airway hyperresponsiveness in a mouse model of chronic asthma [37].

IKK2 inhibitors

NF κ B is a family of transcription factors that is activated in the inflammatory response of COPD. Both TNFa and cigarette smoke extract increase NFxB activation [38], and NFxB regulates the expression of multiple pro-inflammatory mediators (e.g $TNF\alpha$, interleukins, vascular cell adhesion molecules, matrix metalloproteinases and cyclooxyenases [39], many of which are involved in COPD pathogenesis [40]. Patients with COPD have increased NFxB activation in BAL macrophages and epithelial cells, and NFxB activation further increases during exacerbations [3]. NF κ B normally resides in the cytoplasm bound to I κ Ba, a chaperone protein that inhibits NF κ B activation. As shown in Figure 1, NF κ B is activated when an IrB kinase containing catalytic subunits IrB kinase 1 and IrB kinase 2 (IKK2) phosphorylate I κ Ba, causing its ubiquitination and proteolysis, releasing NF κ B to translocate to the nucleus and initiate gene transcription [39]. IKK2 inhibition abrogates NFrB activation and nuclear translocation and decreases the inflammatory response seen in COPD. While IKK2 knockout mice were not viable, B-cells obtained from conditional IKK2 knockout mice demonstrate severely decreased proliferation in response to stimulation with anti-IgM, LPS, or anti-CD40, mediators that activate NFrB in normal conditions [41]. Numerous IKK2 inhibitors are being evaluated as potential anti-inflammatory therapies, including IMD-0354, IMD-0650, BMS-345541, PS-1145, SC-514, ACHP, Bay 65-1942, and AS602868 [42], and while there have been no clinical trials using IKK2 inhibitors, in vitro IKK2 inhibitors decrease NFrB activation induced by both TNFa and viral exposure as well as expression of NFrB dependent genes ICAM-1, IL-8, RANTES, IP-10, I-TAC and COX-2 [43–45]. The IKK2 inhibitor PHA-408 fed to rats exposed to aerosolized LPS or cigarette smoke decreased NFrB-DNA binding as well as neutrophils and proinflammatory mediators TNFa, IL-6, GM-CSF and IL-1B BAL when compared to controls [46]. Additonally, rats given the inhaled IKK2 inhibitor PF-184 and exposed to LPS had decreased NFrB activation as well as decreased levels of TNFa and PGE2 in the BAL. BAL cells challenged with LPS ex vivo demonstrated decreased secretion of nitric oxide, IL-1β, TNF-a, and Gro-a [47]. There are multiple alternatives to IKK2 inhibition to decrease NFkB activation, including overexpression or inhibiting degradation of IkBa, such as targeting of IrcB ubiquitin ligase, inhibition of other kinases besides IKKs, or inhibition of non-canonical NFrB activation by inhibiting NFrB inducing kinase. Inhibition of NFrBinduced gene transcription with 'decoy' oligonucleotides [48] or using small interfering RNAs (siRNAs) to target expression of specific genes regulated by NFrB is another therapeutic strategy.

Animal studies suggest that inhibiting NF κ B activation may have multiple side effects, including increased susceptibility to infections and liver apoptosis, and these potential adverse effects will need to be evaluated prior to initiating human studies.

To summarize, COPD is a disease defined by chronic airflow limitation and airway inflammation, and is a cause of significant morbidity and mortality. Research into the molecular mechanisms of inflammation underlying COPD pathogenesis have yielded

multiple targets for new therapies, including inhibitors of p38 MAPK, TNFa, and IKK2. While these treatments have all demonstrated promise *in vitro* as well as in animal models, they all have significant side effects and human studies are currently lacking in evidence of efficacy. Further studies are necessary focusing on delivery methods to minimize adverse side effects as well as identification of subpopulations of COPD patients who may benefit most from these new therapies.

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Highlights

• COPD causes significant morbidity and mortality throughout the world.

- Drugs that target inflammation have promise as therapies for COPD
- TNF alpha, NF kappa B, and p38 MAP kinase may all contribute to COPD pathogenesis
- Inhibitors of TNF alpha, IKK2 and p38 MAPK may be useful as COPD therapies



Figure 1.

Role of TNFa, IKK2 and p38MAPK in modulating gene expression. Multiple stimuli induce p38MAPK phosphorylation, including inflammatory cytokines and oxidative stress. Once activated, p38 can activate multiple transcription factors including AP-1, ATF2, and ELK 1 to modulate gene transcription. TNFa binds its receptor and causes activation of NF κ B by activating the IKK complex. IKK2 phosphorylates and inactivates I κ Ba, exposing the nuclear localization of NF κ B and activating it. This figure is a simplification of the pathways involved with these mediators; multiple NF κ B inducers have been identified including IL-1 β and LPS, and there are interactions among kinases and transcription factors that are not elaborated here. ATF2 – activating transcription factor 2; CREB – cAMP

response element binding; ELK1 – extracellular signal regulated-like kinase 1; IKK- I κ B kinase; JNK – c-Jun N-terminal Kinase ; MAPK – mitogen-activated protein kinase, MKK-mitogen-activated protein kinase kinase; NEMO - NF κ B essential modulator ; R – prototype receptor (e.g. cytokine, eicosanoid, prostaglandin), STAT1 – signal transducers and activators of transcription 1; TNF- Tumor necrosis factor alpha, TNFR – TNF receptor.

Table 1

Possible effects of new treatments on physiological changes seen in COPD. Review of the literature [47-54] suggests that p38 MAPK inhibitors, TNFa inhibitors, and IKK2 inhibitors may inhibit many of the physiological changes seen in COPD and could serve as useful therapies for this disease.

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COPD Manifestations	P38 MAPK inhibitors	TNFa inhibitors	IKK2 Inhibitors
Airflow Limitation	+[47]	+[48]	+[49]
Mucus Hypersecretion	+[50]	unknown	unknown
Alveolar Destruction	unknown	+[51]	+[49]
Pulmonary Vasoconstriction	+[52]	unknown	unknown
Skeletal Muscle Weakness	+[53]	+[54]	+[54]