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Metabolic control of the epigenome in systemic Lupus erythematosus

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Abstract

Epigenetic mechanisms are proposed to underlie aberrant gene expression in systemic lupus erythematosus (SLE) that results in dysregulation of the immune system and loss of tolerance. Modifications of DNA and histones require substrates derived from diet and intermediary metabolism. DNA and histone methyltransferases depend on S-adenosylmethionine (SAM) as a methyl donor. SAM is generated from adenosine triphosphate (ATP) and methionine by methionine adenosyltransferase (MAT), a redox-sensitive enzyme in the SAM cycle. The availability of B vitamins and methionine regulate SAM generation. The DNA of SLE patients is hypomethylated, indicating dysfunction in the SAM cycle and methyltransferase activity. Acetyl-CoA, which is necessary for histone acetylation, is generated from citrate produced in mitochondria. Mitochondria are also responsible for de novo synthesis of flavin adenine dinucleotide (FAD) for histone demethylation. Mitochondrial oxidative phosphorylation is the dominant source of ATP. The depletion of ATP in lupus T cells may affect MAT activity as well as adenosine monophosphate (AMP) activated protein kinase (AMPK), which phosphorylates histones and inhibits mechanistic target of rapamycin (mTOR). In turn, mTOR can modify epigenetic pathways including methylation, demethylation, and histone phosphorylation and mediates enhanced T-cell activation in SLE. Beyond their role in metabolism, mitochondria are the main source of reactive oxygen intermediates (ROI), which activate mTOR and regulate the activity of histone and DNA modifying enzymes. In this review we will focus on the sources of metabolites required for epigenetic regulation and how the flux of the underlying metabolic pathways affects gene expression.

Keywords

Epigenetics; genetics; metabolism; SLE

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Declaration of interest

The authors alone are responsible for the content and writing of the paper.

Introduction

Systemic lupus erythematosus (SLE) is an autoimmune disease characterized by dysfunction of B and T cells, macrophages, dendritic cells, and production of a wide spectrum of antinuclear autoantibodies [1–5]. So far, no single, unifying hypothesis has explained the pathogenesis of SLE; rather, it appears to be caused by a complex interplay of genetic and environmental factors [6]. The genetic factors that have been associated with SLE include a large number of single nucleotide polymorphisms (SNPs) that only increase the relative risk of disease by 1.1–1.3-fold with the exception of inactivating mutations in complement genes [7,8]. Many of the lupus-linked SNPs are located in non-protein-coding DNA that regulate gene transcription [9]. Genome-wide association studies found *ITGAM*, *STAT4*, *ATG5*, *IRF5*, *BLK*, *BANK1*, *IL10*, *IL2/IL21*, *ELF1*, *CD40*, and *TLR7* to be modestly associated with SLE [10,11]. There is mounting evidence that modification of DNA by direct methylation and histone modifications, which are commonly termed as epigenetic mechanisms, affect the expression of genes that regulate the function of cells within the immune system [12–16]. The pathogenic role of epigenetics was observed in SLE over two decades ago [17]. In lupus CD4⁺ T cells, hypomethylation of *CD70*, *CD11a*, *perforin*, *IL4*, *IL6*, and *CD40L* results in increased transcriptional activity [18]. Recently, large-scale DNA methylation analysis between SLE and control naïve CD4⁺ T cells identified 47 genes that are differentially methylated, including *BST2*, *IFI44L*, and *STAT1* [19]. Still, much of what we know about epigenetic regulation comes from cancer biology [20,21]. The epigenetic regulation of gene transcription in autoimmune diseases, including SLE, is not as well defined and limited to a small number of genes [13].

The effect of metabolism on DNA and histone modifications has recently emerged as a major regulatory mechanism of epigenetics [20,21]. The DNA and histone modifications that encompass epigenetics rely on common metabolites such as S-adenosyl-methionine (SAM), acetyl-CoA, and nicotinamide adenine dinucleotide (NAD⁺) (Table 1) [21]. The *de novo* synthesis or regeneration of metabolites involved in epigenetic regulation are dependent on diet as well as biochemical pathways such as glycolysis, the urea cycle, the SAM cycle, and the controlled production of reactive oxygen intermediates (ROI; Figure 1) [22,23]. In particular, ROI act as signaling molecules in the immune system and play a role in SLE pathogenesis [24]. Additionally, ROI act on DNA and histone modifying enzymes to regulate transcription [25]. Mitochondria are important sources of ROI as well as other metabolites that will be discussed and serve as a focal point of dysfunction in SLE [26,27]. In this review, we aim to present the current knowledge of epigenetics with respect to metabolism in SLE while drawing heavily on what has been discovered in other fields such as yeast and cancer biology and ascribe these findings to possible mechanisms of metabolic regulation of epigenetics in SLE.

DNA modifications

Methylation

DNA methylation results in the repression of gene expression. In eukaryotes, cytosine is the modified by methylation at the 5 carbon [14]. DNA methylation occurs when cytosine is adjacent to a guanosine reading in the 5' to 3' direction, hence the nomenclature CpG.

There are clusters of CpGs in the DNA, called CpG islands, which can occur in regulatory segments of DNA. The methylation status of these islands can be controlled through metabolism and can regulate the expression of genes downstream [23].

SLE patients with active disease have hypomethylated DNA [17]. The methylation of DNA inversely correlates with lupus disease activity [28]. DNA methylation is carried out by three DNA methyltransferases (DNMT). Dnmt3a and Dnmt3b perform *de novo* methylation whereas Dnmt1 maintains inheritable methylation [14]. DNA methylation is dependent on SAM as a methyl group donor. SAM is generated from ATP and methionine by methionine adenosyltransferase (MAT). MAT1A knockout mice have a greater than seven-fold increase in plasma methionine while SAM and reduced glutathione (GSH) were severely reduced by 74% and 40%, respectively [29]. MAT is negatively regulated by oxidative and nitrative stress, which is reversed by the addition of GSH [30]. Thus, SAM is regulated by the cellular reduction-oxidation state.

The by-product of DNA methylation by SAM is S-adenosyl-homocysteine (SAH), which inhibits both DNMTs and histone methyltransferases (HMTs) [31]. Subsequently, SAH is hydrolyzed to adenosine and homocysteine. Adenosine generated by monocytes and regulatory T cells (Tregs) inhibits arachidonic acid release from monocytes and modifies the immune response in SLE [32]. Homocysteine can activate T cells and is elevated in children with SLE [33,34]. Homocysteine can then be re-methylated to regenerate methionine or it may be metabolized to cystathionine, a GSH precursor (Figure 1).

GSH is essential for maintaining a reducing environment and acts as a precursor of methionine. DNMTs are sensitive to ROI because of a reduced cysteine that participates directly in the methyltransferase activity [25,35]. DNMT1 expression and enzymatic activity is reduced in SLE [17,36]. The depletion of GSH and subsequent increase in oxidative stress in SLE may be driving the inhibition of DNMT1 via oxidation of catalytic cysteine residues [37]. DNMT1 and DNMT3 transcription levels and methyltransferase activity are positively regulated by protein kinase C delta (PKC δ) and ERK [38–40]. PKC δ is sensitive to oxidative and nitrosative stress and nitration of PKC δ prevents phosphorylation of the tyrosine 505 residue and subsequent activation of PKC δ [41]. Downregulated ERK activity in lupus CD4+ T cells due to less PKC δ activity results in DNA hypomethylation and more permissive transcription [39]. The importance of ERK in DNMT regulation is further supported by data showing pharmacological inhibition of ERK by hydralazine results in DNA hypomethylation [42]. Additionally, ultraviolet (UV) radiation inhibits ERK, which inhibits T cell activation [43]. Since UV induces SLE flares, T cell hypomethylation may be due to inhibited ERK signaling to DNMTs [6,17].

In addition to its role in T cell DNA methylation, PKC δ also regulates B cell proliferation in humans. PKC δ deficiency in humans results in the expansion of B cell populations and early onset SLE [44]. The methylation status of B cell DNA is important for receptor gene rearrangement and hypomethylated DNA can lead to loss of B cell tolerance [45]. The DNA methylation status was not reported in PKC δ deficient patients, but future studies may yield some information on the epigenetic regulation of B cell transcription by PKC δ . Another important regulator of B cell autoreactivity in SLE is activation-induced cytidine deaminase

(AID). AID deaminates cytosine to uracil on single stranded DNA and is associated with DNA demethylation [46]. The nucleotide conversion by AID drives somatic hypermutation and immunoglobulin class switching in B cells [47]. VDJ rearrangement in B cells requires hypomethylated DNA [47]. AID associates with demethylated DNA and require histone phosphorylation, methylation, and acetylation to gain access to immunoglobulin loci [47]. The transcription of *Aicda*, the gene encoding AID, depends on histone 3 methylation and acetylation [47]. B cell maturation is dependent on metabolites such as glucose, tryptophan, and 5'-methylthioadenosine, a polyamine biosynthesis intermediate [48]. The flux of these metabolites in B cells may play a role in epigenetic regulation so that antibody responses are appropriate and self-tolerant.

SLE lymphocytes have hypomethylated DNA and increased oxidative stress due to the depletion of GSH [17,27,49]. This may be due to the accumulation of SAH from blockage in the SAM pathway that prevents recycling of SAH and homocysteine to methionine or cystathionine. Elevated levels of SAH inhibit methyltransferase activity [50]. SAH and homocysteine accumulation also cause demethylation in lymphocytes [51]. Increased SAH and homocysteine indicate a block in the pathways to regenerate SAM and *de novo* GSH synthesis, which further promotes oxidative stress. Interestingly, the depletion of GSH results in DNA hypomethylation and it is argued that methionine is diverted from the SAM cycle to regenerate GSH [52].

All of the reactions to generate GSH from methionine are reversible. Thus, it could be reasoned that GSH is a source of methionine and therefore the depletion of GSH results in less available methionine for SAM regeneration. Furthermore, MAT1A knockout mice have depleted GSH despite a dramatic increase in methionine further supporting the hypothesis that GSH is shunted towards the SAM cycle and drives methylation and not *vice versa* [29]. Thus, the availability of SAM and GSH coupled with less methyltransferase activity may drive T cell fate and further instigate autoimmunity.

Dietary intake of vitamins and proteins are essential for maintaining the SAM cycle. The vitamins B₂, B₆, B₉ (folate), and B₁₂ are all required for the re-methylation of homocysteine to methionine and are required in the diet (Figure 1) [53–56]. DNA methylation is dependent on dietary folate [14,38]. Dietary intake of methionine is likely important for maintaining SAM levels because it is an essential amino acid that cannot be generated *de novo* in humans. The DNA methylation pathway connects diet, the SAM cycle, and oxidative stress to T and B cell fate and autoimmunity.

Demethylation

Hypomethylated DNA in SLE patients is immunogenic and allows for increased transcription [57,58]. The hypomethylated state of SLE DNA may be a result of increased demethylation activity. The TET-family enzymes oxidize methylcytosine to generate 5-hydroxymethylcytosine, 5-formylcytosine, and 5-carboxylcytosine [59,60]. TET-family enzymes require α -ketoglutarate (α -KG), O₂, and Fe²⁺ to demethylate DNA. α -KG is an important metabolite of the tricarboxylic acid (TCA) cycle in mitochondria and is generated from the decarboxylation of isocitrate or the deamination of glutamate. The dependence on the mitochondria for substrate makes these enzymes sensitive to cellular energetics. The

transition from aerobic glycolysis to oxidative phosphorylation (OXPHOS) likely affects the availability of α -KG for demethylation and may regulate the epigenome.

DNA methylation/demethylation reactions in SLE depend on the availability of SAM, GSH, and α -KG. Within 20 minutes of T cell activation, the IL-2 promoter is demethylated [61]. The ability of the cell to regulate gene expression quickly through methylation requires coordination of metabolic flux. Thus, readily available pools of SAM, GSH, and methionine for methylation and α -KG for demethylation are essential in cells that need to quickly respond to stimuli and stress.

Z-DNA

Transcriptionally active DNA is found in three different conformations: A, B, and Z-DNA. Z-DNA has a left handed helix that turns in the opposite direction of A and B-DNA. The Z-DNA structure prevents histone inhibition of transcription due to the low affinity of Z-DNA for histones [15]. Furthermore, anti-dsDNA antibodies in SLE have a greater affinity for Z-DNA than B-DNA indicating that Z-DNA is common in SLE patients and immunogenic [62]. Z-DNA occurs transiently in cells, but can be stabilized in the presence of polyamines such as spermine [15]. Polyamines are increased in the sera of children with SLE [63]. Hydralazine induced lupus also stabilizes Z-DNA indicating that its inhibition of the ERK pathway plays a role in Z-DNA stabilization or it affects polyamine synthesis [64].

Ornithine, generated in the urea cycle, is a precursor in spermine synthesis. SAM is also necessary for the synthesis of spermine. Ornithine decarboxylase converts ornithine into putrescine through decarboxylation to initiate spermine synthesis. Ornithine decarboxylase is activated by UV radiation [65]. In SLE patients, this means that UV radiation could contribute to the stabilization of Z-DNA and promote transcription by increasing spermine levels. Spermine levels in SLE have not been investigated thus far, but coupled with demethylation this may lead to increased transcription in CD4+ T cells.

It has been proposed that spermine synthase and spermidine/spermine acetyl transferase can act as a futile cycle that wastes SAM in SLE cells [15]. In wasting SAM, cells could draw on GSH to replenish SAM, effectively depleting GSH. Spermine synthase and spermidine/spermine acetyl transferase are located on the X chromosome, and demethylation of the inactivated X chromosome in females would allow for increased gene dosage in SLE [15]. Furthermore, polyamines induce histone acetylation which promotes transcription [66,67]. The sensitivity of SAM generation to oxidative stress and ornithine decarboxylase to UV make spermine and other polyamines possible biomarkers for disease activity in SLE.

Histone modifications

Methylation

Much like DNA methylation, histone methylation is also dependent on SAM as a methyl donor and HMTs are inhibited by SAH (Figure 1) [31]. A distinction of histone methylation from DNA methylation is that the methylation of histones does not act as a simple on/off switch for transcription. Instead, the methylation code of histones is determined by both which lysine is methylated as well as the number methyl groups attached to the lysines [68].

When lysine 79 of H3 is mono or dimethylated, transcription is activated [15,69]. Conversely, trimethylation of H3K79 represses transcription [69]. Much like DNMTs, HMTs maintain reduced cysteine residues at that are involved in the catalysis of histone methylation [70]. These cysteines are targets of ROI and implicate oxidative stress and GSH depletion in histone methylation dysfunction [25]. Instances of increased histone methylation have been reported in SLE T cells indicating HMT activity may be increased [71,72]. The complexity of the histone methylation code does not lend itself to straightforward regulation by metabolism and more studies are required to determine how SAM, GSH, and SAH availability affects histone methylation in SLE.

Demethylation

Metabolically, there are 2 classes of histone demethylases. Lysine-specific demethylases (LSD) are flavin adenine dinucleotide (FAD) dependent and the JumonjiC (JmjC) domain containing histone demethylases which have the same substrates as TET-family demethylases [21]. FAD is formed from ATP and riboflavin (B_2) in mitochondria [20]. The demethylation of histones by LSD enzymes generates reduced FAD ($FADH_2$). To recycle $FADH_2$, the cell uses O_2 to oxidize $FADH_2$ into FAD which results in the production of H_2O_2 [21]. In addition, each demethylation reaction catalyzed by LSD1 generates one molecule of H_2O_2 and can result in the oxidation of nearby DNA bases [73]. Thus, demethylation of histones ultimately causes oxidative stress through the production of H_2O_2 . Consequently, LSD1 negatively regulates the transcription of many genes involved in energetic metabolism such as PGC-1 α , PDK4, and ATGL [74].

Diminished JmjC demethylase 3 activity results in increased trimethylation of H3K27 and is implicated in increased T and B cell activation in SLE [72]. The JmjC demethylases have the same requirements as the TET family DNA demethylases, and thus the same metabolic disturbances that affect α -KG concentration and TET function also affect JmjC demethylases. Succinate is a product of TET and JmjC demethylation, which acts through feedback inhibition to block further DNA and histone demethylation [75]. Furthermore, both JmjC and TET demethylases are negatively regulated by ROI [76].

The oxidative environment of lupus T cells may inhibit the function of these demethylases. The mammalian target of rapamycin (mTOR) may also regulate the JmjC histone demethylases through its control of hypoxia inducible factor 1 (Hif1) transcription. HIF1 acts as a transcription factor to upregulate the transcription of some of the JmjC demethylases [77]. mTOR is sensitive to amino acid and glucose levels and positively regulates Hif1 expression [78]. Conversely, the Egin prolyl hydroxylases negatively regulate Hif1 [20]. The Egin prolyl hydroxylases are induced by α -KG and inhibited by succinate and fumarate, all products of the TCA cycle [20]. The dependence of demethylase enzymes on mitochondrial substrates makes understanding mitochondrial dysfunction in SLE that much more essential [27].

Acetylation

The positive charge of lysines allows for tight binding of histones to negatively charged DNA, which inhibits transcription by hindering access of transcription enzymes to DNA.

Acetylation by histone acetylases (HATs) eliminates the charge differences between histones and DNA allowing transcription factors to access DNA [79]. The expression of the HAT p300 is protective against lupus and its loss results in a SLE phenotype in mice [80]. HATs utilize acetyl-CoA for acetylation reactions. Acetyl-CoA can be generated in mitochondria from pyruvate or in the cytosol during fatty acid synthesis. The citrate that is used for fatty acid synthesis is generated by the TCA cycle from glucose or α -KG in the forward and reverse cycle directions, respectively.

The export of citrate from mitochondria, typically in a well-fed state, results in the generation of cytosolic acetyl-CoA by ATP-citrate lyase. Cytosolic acetyl-CoA can then be used to acetylate histones in the nucleus. The concentration of acetyl-CoA is essential for acetylation because its abundance and depletion induce acetylation and hypoacetylation, respectively, in yeast [81,82]. The dependence on the TCA cycle for both acetyl-CoA and α -KG link acetylation and demethylation processes of the cell.

The ERK pathway may also affect acetylation indirectly. ERK positively regulates pyruvate dehydrogenase (PDH), the enzyme responsible for converting pyruvate to acetyl-CoA [83]. Due to low PKC δ and ERK activity in SLE, one might expect less flux of glucose into the TCA due to less PDH activity. TCA cycle activity is actually increased in chronically activated lymphocytes so the interrelationship between ERK and glycolysis/TCA activity may not be as clear cut [84]. ERK also disrupts the TSC1/TSC2 complex which prevents TSC2 from inhibiting mTOR [85]. Low ERK in SLE would then allow for mTOR inhibition in CD4+ T cells, which is not the case, indicating that mTOR activation is independent of ERK in lupus CD4+ T cells. Rather, mTOR is elevated in lupus CD4+ T cells and causes dysfunction through increased recycling of CD4 and TCR ζ via HRES/Rab4 and HIF1 as mentioned above [78,86].

Deacetylation

Histone deacetylases (HDACs) and NAD⁺ dependent sirtuins act on histones to cleave acetyl moieties. HDACs hydrolyze acetyl groups and thus are not dependent on metabolite cofactors to be active. Cell metabolism does affect HDAC activity through ROI and RNS signaling. The activities of HDAC1, HDAC2, and HDAC3 are reduced due to nitration and HDAC2 is degraded under nitrate and oxidative stress [87,88]. Sirtuins 1, 2, 6, and 7 are localized to the nucleus. Sirtuins require NAD⁺ as a cofactor and their activity is dependent on the NAD⁺/NADH ratio [89]. Sirtuins are sensitive to the oxidative state of the cell because NAD⁺ and NADH are used in reduction-oxidation reactions [89]. NAD⁺ is an important substrate in glycolysis and it dominates over its reduced form, NADH [90]. NAD⁺ can be generated *de novo* from tryptophan, an essential amino acid further implicating diet in epigenetic regulation [91]. Interestingly, tryptophan is depleted in SLE and its catabolite, kynurenine, is increased which may have an effect on *de novo* NAD⁺ synthesis [92,93]. Niacin and aspartate are also NAD⁺ precursors making NAD⁺ central to many metabolic pathways that affect epigenetics.

As a cofactor in sirtuin driven deacetylation, NAD⁺ is cleaved into nicotinamide (NAM) and O-acetyl-ADP-ribose [21]. NAM acts to inhibit sirtuins and thus the product of deacetylation acts to inhibit further sirtuin activity [94]. NAM can also be recycled to

regenerate NAD^+ . NADH is also an inhibitor of sirtuins [89]. Glycolysis and redox are thus equally important for acetylation reactions as deacetylation reactions.

Hypoacetylation of histone H3 correlates directly with SLE disease activity [95]. In MRL/*lpr* mice there is increased expression of Sirt1 and decreased expression of HDAC2 and HDAC7 in CD4+ T cells [95,96]. Despite the downregulation of HDAC proteins, HDAC inhibitors increase histone acetylation and improve disease in mouse lupus models [97]. The overexpression of Sirt1 drives histone hypoacetylation and may deprive glycolysis of NAD^+ or drive increased degradation of tryptophan to replenish NAD^+ .

Acetylation in SLE is very dynamic and is different depending on cell type [13]. Monocyte H4 histones are hyperacetylated in SLE [98]. Interestingly, it was found that hyperacetylation of monocytes histones leads to increased production of the pro-inflammatory cytokine TNF- α [99]. Lupus monocytes have impaired glycolysis and thus less carbon is being shunted into the TCA cycle and lactate production [100]. The low glycolytic activity of these cells may provide less NAD^+ for deacetylation because there is not likely an increase in acetyl-CoA to drive acetylation. In contrast to lupus monocytes, lupus CD4+ T cells have general hypoacetylation [95]. One would expect the abundance of acetyl-CoA from increased TCA cycle activity in chronically activated lymphocytes to increase acetylation [84]. Consequently, the hypoacetylation may then be driven by sirtuins rather than HATs in lupus CD4+ cells.

Phosphorylation

Histone phosphorylation is another method of transcriptional regulation. ATP is not considered a limiting factor for kinases that act on histones [21]. There are kinases that act as metabolic sensors which then phosphorylate histones based on metabolite levels. A metabolic sensor that has the capacity to phosphorylate histones is AKT [101]. AKT is phosphorylated by mTORC2, which is sensitive to amino acid levels in the cell [102]. Thus, the cellular concentration of amino acids can drive histone phosphorylation. AMP activated protein kinase (AMPK) is sensitive to low ATP/AMP ratios and is activated under these conditions. During energy stress, AMPK translocates to the nucleus and phosphorylates histones to activate transcription of stress related genes [103].

In SLE, ATP is depleted and thus a low ATP/AMP activates AMPK [104,105]. There are currently no studies found upon cross-referencing SLE and AMPK, but there is a great opportunity to explore the regulatory effects of AMPK on the epigenome of SLE T cells. Furthermore, AMPK negatively regulates mTOR, which is activated in lupus T cells [106]. Many other kinases phosphorylate histones but metabolic control of their activities is not as well described [101].

Lipid peroxidation/carbonylation

The oxidative environment in SLE can generate reactive lipid species. Peroxidation of lipids generates malondialdehyde (MDA) and 4-hydroxynonenal (4-HNE). MDA reacts with adenosine and guanosine in DNA and forms adducts which can inhibit RNA polymerase II (RNAP II) activity [107,108]. RNAP II is responsible for the synthesis of mRNA during

transcription. Thus, MDA inhibition of transcription could result in aberrant gene expression in SLE. 4-HNE reacts with HDACs 1-3 to carbonylate cysteine residues [109]. 4-HNE repression of HDACs permits Gadd45 transcription, which is overexpressed in SLE T cells [13,110]. Gadd45 promotes demethylation and gene transcription of CD11a, and CD70 in autoreactive cells [110,111]. Gadd45 is also activated by UV radiation which causes lupus flares and induces oxidative stress [6,12,110]. Gadd45 connects oxidative stress, lipid peroxidation, histone acetylation, UV damage, and demethylation to lupus flares.

GlcNAcylation/ubiquitination

A recently discovered histone modification is *O*-linked N-acetylglucosamine (GlcNAc) [112]. GlcNAc is formed by amination of glucose. The TET-family DNA demethylase enzymes TET2 and TET3 regulate GlcNAcylation of histones by interacting with *O*-linked GlcNAc transferase (OGT) [113,114]. The TET2/3-OGT interaction with chromatin tends to induce transcription as well as histone ubiquitination [112]. With respect to SLE, it is not currently known how histone glycosylation may affect pathogenesis, but a link may exist between TET driven demethylation and glycosylation. Although histone glycosylation has not been described in SLE, the addition of GlcNAc to the transcription factor Elf1 is defective in SLE [115]. Elf1 is responsible for the transcription of TCR ζ in T cells. The loss of glycosylation prevents Elf1 from translocating to the nucleus and inducing TCR ζ transcription [115]. As stated above, the activation of the mTOR results in increased degradation of TCR ζ through increased recycling by HRES/Rab4 endocytic trafficking [106]. Thus, the downregulation of TCR ζ in SLE is regulated by two different metabolic pathways. GlcNAc is relevant in SLE pathogenesis and further studies are needed to determine how histone glycosylation may affect SLE activity.

Lymphocyte activation and metabolism

Acutely activated lymphocytes block OXPHOS and instead favor glycolysis as the major source of ATP [116]. In blocking OXPHOS, there is increased lactate production in acutely activated lymphocytes which diverts carbon from the TCA. This would effectively prevent the generation of α -KG for demethylation enzymes. Thus, acute activation of lymphocytes could affect the methylation status of histones and DNA. Upregulation of glycolysis by acutely activated lymphocytes also acts to protect the cells from ROI [117]. In contrast, chronically activated lymphocytes, such as lupus T cells, generate ATP predominantly from OXPHOS [84]. Chronically activated CD4⁺ and CD8⁺ T cells from NZB/W lupus mice showed less lactate production than their BALB/c controls indicating that these lymphocytes are not utilizing glycolysis for their chief source of ATP [84]. The shift from acute to chronic activation in lupus T cells likely alters ROI production as well as the availability of SAM, GSH, and α -KG. The transition from acute to chronic activation is suitable for metabolome studies and epigenetic changes that occur as a result.

Conclusion

The role of metabolism in epigenetic regulation of SLE is still greatly underexplored. With recent advances in the ability to detect a large number of metabolites via mass spectrometry, the metabolome of SLE monocytes, T cells, and B cells is well within reach [118].

Identifying the relative differences between healthy controls and SLE patients with flares will provide a metabolic profile of SLE. Future studies will also need to focus on the subcellular localization of metabolites. The mitochondria generates many of the metabolites necessary for epigenetic regulation but the impermeability of the inner mitochondrial membrane makes the availability of these metabolites dependent on transmembrane transport [119].

The nuclear membrane, on the other hand, allows passive transport for molecules up to 60 kilodaltons which permits small metabolites to easily enter the nucleus [120]. Key metabolites will act as nodes that connect pathways involved in epigenetic regulation of SLE and serve as biomarkers of disease activity. When building the metabolome of SLE, we can then identify pathways that may be sensitive to changes in metabolite availability due to diet, transport, or enzymatic turnover.

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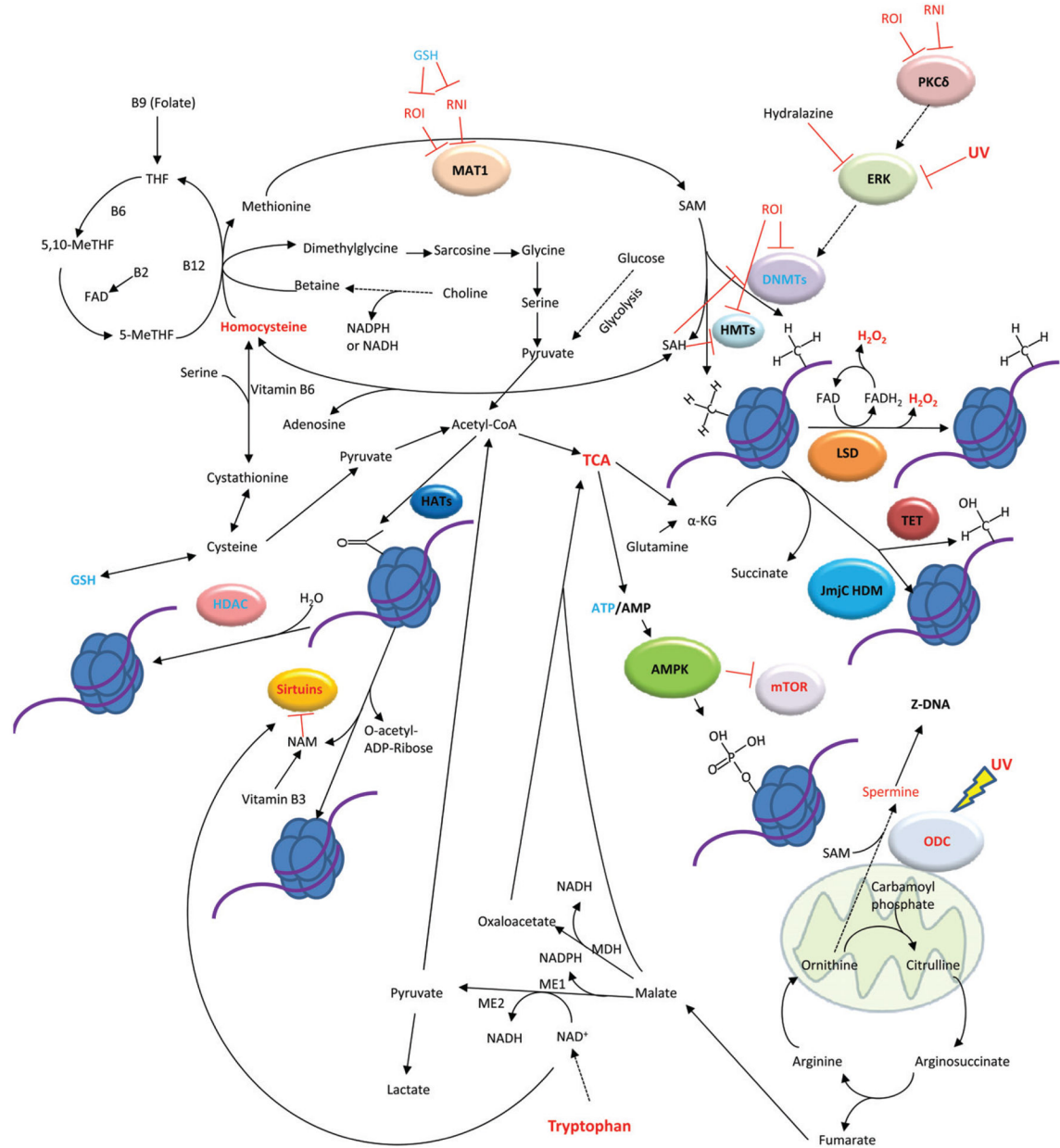


Figure 1. Schematic diagram of metabolites and pathways that control the epigenome in SLE. Metabolites or enzymes in red show elevated levels or activity, while those in blue have decreased level or activity in SLE. Artwork will only appear in color in the online journal.

Table 1

Metabolite requirements for DNA and histone modifications.

Modification	Responsible enzymes	Metabolites required	Affected in SLE?
DNA			
Methylation	DNA Methyltransferases (DNMT1, DNMT3A, DNMT3B)	SAM	Yes [17,36]
Demethylation	TET Family Enzymes	α -ketoglutarate, O ₂ , Fe ²⁺	Not described
Z-DNA	N/A	Polyamines	Yes [62,63]
Histones			
Methylation	Histone Methyl Transferases (HMTs)	SAM	Yes [71,72]
Demethylation	LSD1/LSD2	Flavin adenine dinculeotide	Not described
	Jumonji-C domain containing demethylases	α -ketoglutarate, O ₂ , Fe ²⁺	Yes [72]
Acetylation	Histone Acetyl Transferases (HATs)	Acetyl-CoA	Yes [80,95,96]
Deacetylation	Histone Deacetylases (HDACs)	H ₂ O, hydrolysis reaction	Yes [95,96]
	Sirtuins (Sirt1, Sirt2, Sirt6, Sirt7 in nucleus)	NAD ⁺	Yes [95,96]
Phosphorylation	Kinases (AMPK, Akt, PKC, etc.)	ATP	Not described
Ubiquitinylation	E1, E2, E3 Enzymes	Ubiquitin	Not described
SUMOylation	E1, E2, E3 Enzymes	SUMO	Not described
Citrullination	Peptidylargininedeiminases (PADs)	H ₂ O, hydrolysis reaction	Not described
GlcNAcylation	O-GlcNAcTransferase	O-linked N-acetylglucosamine	Yes, but no evidence for histone modification [115]
Carbonylation	N/A	4-HNE, MDA	Not described