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# Diffusion fMRI detects white-matter dysfunction in mice with acute optic neuritis

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# Abstract

Optic neuritis is a frequent and early symptom of multiple sclerosis (MS). Conventional magnetic resonance (MR) techniques provide means to assess multiple MS-related pathologies, including axonal injury, demyelination, and inflammation. A method to directly and non-invasively probe white-matter function could further elucidate the interplay of underlying pathologies and functional impairments. Previously, we demonstrated a significant 27% activation-associated decrease in the apparent diffusion coefficient of water perpendicular to the axonal fibers (ADC ) in normal C57BL/6 mouse optic nerve with visual stimulation using diffusion fMRI. Here we apply this approach to explore the relationship between visual acuity, optic nerve pathology, and diffusion fMRI in the experimental autoimmune encephalomyelitis (EAE) mouse model of optic neuritis. Visual stimulation produced a significant 25% (vs. baseline) ADC<sub>1</sub> decrease in sham EAE optic nerves, while only a 7% (vs. baseline) ADC | decrease was seen in EAE mice with acute optic neuritis. The reduced activation-associated ADC<sub>1</sub> response correlated with post-MRI immunohistochemistry determined pathologies (including inflammation, demyelination, and axonal injury). The negative correlation between activation-associated ADC<sub>1</sub> response and visual acuity was also found when pooling EAE-affected and sham groups under our experimental criteria. Results suggest that reduction in diffusion fMRI directly reflects impaired axonal-

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activation in EAE mice with optic neuritis. Diffusion fMRI holds promise for directly gauging *in vivo* white-matter dysfunction or therapeutic responses in MS patients.

#### Keywords

diffusion fMRI; white matter; EAE; optic neuritis; visual acuity

### Introduction

Multiple sclerosis (MS) is an inflammatory demyelinating disease affecting brain, optic nerve, and spinal cord (Compston and Coles, 2008; Filippi et al., 2012; Trapp and Nave, 2008). Optic neuritis is a frequent first sign of MS, which produces blurred vision and/or pain in the affected eye due to inflammation and demyelination at foci within optic nerve (Arnold, 2005; Beck et al., 2003; Brodsky et al., 2008). Experimental autoimmune encephalomyelitis (EAE) induced by inoculation of myelin oligodendrocyte glycoprotein (MOG) peptide is a widely used animal model of human MS. Many features of the pathology in this EAE model resemble those characteristic of MS, including inflammation, demyelination, and axonal injury and loss (Diem et al., 2008; Emerson et al., 2009; Gold et al., 2006; Sun et al., 2007).

Magnetic resonance imaging (MRI) is routinely used to detect and quantify pathologies in EAE animal models and MS patients (Emerson et al., 2009; Filippi, 2003; Filippi et al., 2012; Ge, 2006; Inglese and Bester, 2010). For instance, diffusion-MRI-derived axial diffusivity, radial diffusivity, fractional anisotropy, and mean diffusivity have been used to identify axonal injury, demyelination, inflammation, and axonal loss (Naismith et al., 2010; Roosendaal et al., 2009; Song et al., 2005; Sun et al., 2007; Wu et al., 2007). Abnormal T2weighted hyperintensities within white matter may reflect several pathologies, including inflammation, demyelination, and axonal loss (Bruck et al., 1997; Sahraian and Eshaghi, 2010). Significant axon loss can lead to persistent T1-weighted hypointensities (van Walderveen et al., 1998). T1-weighted gadolinium contrast-enhancement is indicative of compromised blood-brain barrier (BBB), which is associated with inflammation in EAE models and MS (Boretius et al., 2008; Broom et al., 2005; Bruck et al., 1997; Filippi et al., 1995; Nessler et al., 2007). More accurate and novel approaches have recently been introduced to distinguish coexisting inflammation, demyelination, and axonal injury using diffusion basis spectrum image (DBSI) or diffusion kurtosis image (DKI) (Chiang et al., 2012; Raz et al., 2013; Tu et al., 2012; Wang et al., 2011).

MRI also holds potential to probe functional integrity in real time. For instance, blood oxygen level dependent (BOLD) fMRI has been applied to study brain plasticity and cortical activation in MS patients (Gallo et al., 2012; Rocca et al., 2012a; Rocca et al., 2012b; Staffen et al., 2002) as a reflection of motor or visual functional deficits. However, conventional BOLD fMRI relies on local modulation of blood volume and blood flow, secondary to neuronal activation and metabolic demand, it is an approach which is largely limited to cortical and gray-matter regions (Heeger and Ress, 2002; Logothetis, 2008) and mainly reflects post-synaptic activity in cortical regions (Gawryluk et al., 2009; Logothetis

et al., 2001). Since EAE and MS are diseases that significantly affect white-matter tracts, a method to directly assess white-matter function (in combination with BOLD fMRI in gray matter) could provide more comprehensive information about disease progression and therapeutic response in experimental models and the clinic.

Diffusion fMRI has recently been introduced and suggested as an alternative approach to directly identify functional integrity of neurons and axons (Darquie et al., 2001; Flint et al., 2009; Le Bihan, 2012; Le Bihan et al., 2006; Spees et al., 2013; Tsurugizawa et al., 2013). Diffusion fMRI offers a promising means to assess axonal function since BOLD-based fMRI has not been successful in white matter and our previous report showed a significant 27% ADC<sub> $\perp$ </sub> decrease during visual stimulation in healthy mouse optic nerves. Importantly, this activation-associated ADC<sub> $\perp$ </sub> decrease in optic nerves was found to be independent of any vascular contribution (Spees et al., 2013).

In the current study, diffusion fMRI was evaluated as a non-invasive probe of *in vivo* optic nerve axonal dysfunction in mice with acute-stage EAE with unilateral optic neuritis. The prevalence of optic neuritis in the disease course of MS provides motivation for the current studies. Moreover, the optic nerve can be viewed as a prototypical white-matter structure, thus the current investigation lays the groundwork for future studies of MS pathophysiology and therapeutic outcome in other CNS white-matter targets.

# **Materials and Methods**

All experimental procedures involving animals were approved by Washington University's Animal Studies Committee and conformed to the NIH Policy on Responsibility for Care and Use of Animals.

#### Experimental autoimmune encephalomyelitis (EAE) mouse model

Fourteen 7-week-old, female C57BL/6 mice were obtained from Jackson Laboratory (Bar Harbor, ME). Before immunization, mice were housed under a 12-hour dark/light cycle for a week. Mice were randomly separated into two groups: seven in the EAE group and seven in the sham group. The mice in the EAE group were immunized with 50  $\mu$ g MOG<sub>35-55</sub> peptide emulsified (1:1) in incomplete Freund's adjuvant (IFA) and desiccated Mycobacterium tuberculosis. Pertussis toxin (300 ng; PTX, List Laboratories, Campbell, CA) was injected intravenously on the day of MOG<sub>35-55</sub> immunization and two days later. Mice in the sham control group underwent the same procedure with only IFA and pertussis toxin injected.

# Visual Acuity (VA)

Mouse visual acuity was assessed using the Virtual Optometry System (OptoMotry, CerebralMechanics, Inc., Canada). Briefly, virtual rotating columns (vertical light/dark bands) were projected onto four LCD monitors, surrounding a platform where the mouse stands, with varied spatial frequencies in cycles/degree (c/d). The mouse head movement in response to the virtual column rotations was noted. The spatial frequency was changed starting from 0.1 c/d in increments or decrement of 0.05 c/d until the mouse stopped responding. The VA was defined as the highest spatial frequency of virtual rotating columns to which the mouse responded. Before immunization, normal VA was confirmed for each

eye (n = 28, VA =  $0.37 \pm 0.02$  c/d) to exclude mice with poor vision at baseline due to unrelated factors. After immunization, VA was assessed daily in all mice. For animals in the EAE group, VA 0.25 c/d (8 – 13 days post-immunization) was defined as the onset of acute optic neuritis (Chiang et al., 2012). For EAE animals, diffusion fMRI measurements were performed on the first day (10.6 ± 1.7 days post-immunization, mean ± SD) at which their VA was observed to be below 0.25 c/d, at which time the VA decline was invariably unilateral. The mice in the sham group did not develop visual impairment, but underwent the diffusion fMRI procedure within the same time range (10.6 ± 1.7 days post-immunization, mean ± SD).

# Animal anesthesia and set-up

For initial setup, mice were anesthetized with 1.5% isofluorane in O<sub>2</sub>. Anesthetized mice were placed in a custom-made stereotactic head holder. The experimental eye remained open to receive light stimulus. The contralateral eye was covered with Parafilm<sup>TM</sup> and two layers of black electrical tape to block out the flashing light (also identified as "blocked" eyes in the text). After careful setup the mouse and head holder were placed in the imaging cradle. Respiratory rate and body temperature were monitored during experiments using an MR-compatible animal-monitoring system (SA Instrument, Inc., Stony Brook, NY). The body temperature was maintained at 37 °C via a regulated circulating warm water pad underneath the mouse body and regulated warm air blown into the magnet bore. When mouse respiration was stable, a subcutaneous 0.3 mg/kg bolus of medetomidine was administered followed immediately by a continuous infusion of medetomidine at a rate of 0.6 mg/kg·hr through an in-dwelling subcutaneous catheter. Isoflurane in the breathing-gas mixture was gradually discontinued according to previously-described protocols until the animals were breathing room air (Adamczak et al., 2010).

# Diffusion-weighted Image (DWI) protocol

MRI experiments were performed on a 4.7-T Agilent DirectDrive<sup>™</sup> small-animal MRI system (Agilent Technologies, Santa Clara, CA) equipped with a Magnex/Agilent HD imaging gradient coil (Magnex/Agilent, Oxford, UK) capable of pulsed-gradient strengths of up to 58 G/cm and a gradient rise time 295 µs. An actively-decoupled 1.7-cm receive-only surface coil was positioned on top of the mouse head. Then, the animal holder assembly, including the receive coil was placed inside an 8-cm actively-decoupled volume transmit coil.

DWI measurements were carried out as previously described (Spees et al., 2013). In brief, a multi-echo spin-echo diffusion-weighted imaging sequence (Tu et al., 2010) was employed to improve the signal-to-noise ratio (SNR) by averaging the extra echoes of the same k-space line, during the readout period after diffusion weighting, with negligible increase in imaging time comparing with the conventional spin-echo diffusion sequence. A train of three echoes were co-added to increase signal-to-noise in the summed MR image. The following acquisition parameters were used: TR = 1.5 s, TE = 37.1 ms, inter-echo delay = 23.6 ms, FOV =  $20 \times 20$  mm<sup>2</sup>, matrix size =  $256 \times 256$  (zero-filled to  $512 \times 512$ ), slice thickness = 1.3 mm. To obtain the final target image plane and minimize partial volume effects, a middle-sagittal DW image (diffusion gradient applied in the slice-select direction)

was acquired based on axial scout images. The sagittal DWI encompassed optic nerves of both eyes longitudinally. An image plane parallel to the optic nerves was placed overlying the nerves. By rotating this image plane by 90°, the final targeted image slice plane was orthogonal to the optic nerves to minimize partial volume effects. Two diffusion-sensitizing factors (b values), 0.1 and 1.4 ms/ $\mu$ m<sup>2</sup>, i.e., 100 and 1400 s/mm<sup>2</sup> (with  $\delta = 5$  ms and = 18 ms), were applied to generate a pair of DWIs (Fig. 1 A and B).

#### Visual stimulation

Visual stimulation was delivered by a flashing white LED (Cree, Model C503C-WAS) placed 5 cm in front of the mouse nose, the corresponding luminance level ~ 445 candela/m<sup>2</sup>. A step-function signal of 4V amplitude was repeated at 1.4 Hz with 200/514 ms on/off duration to generate the flashing light stimulus. Equipment set-up was as reported previously (Spees et al., 2013).

# **Diffusion fMRI strategy**

For each mouse, three pairs of diffusion-weighted images were acquired. The first pair of images without visual stimulation was taken as a baseline. Then, the stimulus-on DWI dataset was acquired during application of flashing-light stimulation. Finally, the LED light was turned off for the post-stimulus DWI acquisition.

#### **DWI Data analysis**

For measurements of diffusion perpendicular to the axonal fibers, signal decay with b-value between 0.1 and 1.4 ms/ $\mu$ m<sup>2</sup> (or 100 and 1400 s/mm<sup>2</sup>) is mono-exponential (Spees et al., 2013). ADC<sub> $\perp$ </sub> maps were generated from the pair of DWIs according to the Skejskal-Tanner equation (Stejskal and Tanner, 1965) with code developed in-house and written in MATLAB (Mathworks, Natick, MA). Optic nerve ROIs were drawn based on operator-independent criteria as described previously (Spees et al., 2013).

### Immunohistochemistry (IHC) staining in optic nerves

Following MR experiments, mice were perfused with 0.01 M phosphate-buffered saline (PBS) followed by 4% paraformaldehyde in 0.01 M PBS. The brain was excised and postfixed in 4% paraformaldehyde/PBS for 24 hours then transferred to 0.01 M PBS for storage at 4 °C until histological analysis. Mouse optic nerves were embedded in 2% agar blocks (Blewitt et al., 1982). Then, the agar block was embedded in paraffin wax and 5-µm thick transverse slices were sectioned for IHC staining. Sections were deparaffinized, rehydrated, and then blocked using 1% bovine serum albumin (BSA, Sigma Inc., MO, US) and 5% normal goat-serum solution for 20 minutes at room temperature to prevent non-specific binding. Slides were incubated overnight at 4 °C with monoclonal anti-phosphorylated neurofilament antibody (SMI-31; 1:1000, Covance, U.S.) to stain non-injured axons or with rabbit anti-myelin basic protein (MBP) antibody (1:1000, Sigma Inc., MO, U.S.) to stain myelin sheaths (Budde et al., 2009; Song et al., 2003; Sun et al., 2008). After rinsing, goat anti-mouse IgG or goat anti-rabbit IgG conjugated Alexa 488 (1:800) were applied to visualize immunoreactivity of phosphorylated neurofilament and MBP. Finally, slides were covered using Vectashield Mounting Medium with 4′,6-diamidino-2-phenylindole (DAPI,

Vector Laboratory, Inc., Burlingame, CA) to stain cell nuclei (Budde et al., 2009; Wang et al., 2011). Histological slides were examined with a Nikon Eclipse 80i fluorescence microscope equipped with a 60× water objective, and images from the center of optic nerve were captured with a black-and-white CCD camera with MetaMorph software (Universal Imaging Corporation, Sunnyvale, CA). The  $60 \times$  IHC images (0.018 mm<sup>2</sup>) covered ~40% of the whole optic nerve area (0.045 ± 0.013 mm<sup>2</sup>, mean ± SD). Histological counts are reported for 7 EAE-affected and 6 sham optic nerves in this study (one sham optic nerve specimen was damaged during tissue processing).

### Histological data analysis

Whole-field SMI-31, MBP, and DAPI images at 60× magnification were captured with the same fluorescence light intensity and exposure time. All captured images were converted to 8-bit gray scale and analyzed using threshold, particle analyzer and gray level watershed segmentation functions in ImageJ (http://bigwww.epfl.ch/sage/soft/watershed/).

#### Statistical analysis

 $ADC_{\perp}$  changes (initial/baseline vs. stimulus on, stimulus on vs. stimulus off, etc.) were tested for statistical significance via a cluster linear repeated measures model, which took into account that there were three time points for each eye and two eyes per mouse. The p-values of visual function (VA), SMI-31, MBP, and DAPI were from nonparametric Wilcoxon two-sample tests for difference between sham and EAE groups. The correlation coefficients for VA with each of SMI-31, MBP, DAPI, and decreased ADC<sub> $\perp$ </sub> were analyzed by Spearman's rank correlation coefficient.

# Results

# Impairment of visual function and reduced activation-associated $ADC_{\perp}$ response in EAE optic nerves

For animals in the EAE group, the onset of optic neuritis, defined as VA 0.25 c/d (Chiang et al., 2012), occurred in the range from 8 – 13 days post-immunization (10.6 ± 1.7 days post-immunization, mean ± SD). Group-averaged visual acuities of the EAE-affected (optic neuritis), sham and blocked eyes (n= 7, 7, and 14, respectively) were  $0.15 \pm 0.08$ ,  $0.36 \pm 0.02$ , and  $0.36 \pm 0.03 \text{ c/d}$  (mean ± SD, Fig. 2 A). Since all EAE-affected mice in this study developed unilateral visual impairment, the VA of blocked eyes (n = 14) were in the normal range. VA of EAE-affected eyes with optic neuritis showed a significant 58% decrease (p < 0.005, EAE vs. sham) in measurements just prior to diffusion fMRI.

ADC<sub> $\perp$ </sub> maps were generated from the diffusion-weighted image data (Fig. 1). The groupaveraged baseline optic-nerve ADC<sub> $\perp$ </sub> of affected acute-stage EAE optic neuritis eyes was higher than in sham eyes (Fig. 2 B and 2 C, Table 1). Compared to their own pre-stimulus baseline and stimulus off measurements, ADC<sub> $\perp$ </sub> during visual stimulus of EAE-affected versus sham eyes showed no significant (7%, p = 0.45, vs. baseline and 10%, p = 0.15, vs. stimulus off for EAE) versus significant (25%, p < 0.005, vs. baseline and 22 %, p < 0.005, vs. stimulus off for sham) decrease, respectively. No ADC<sub> $\perp$ </sub> changes were observed between baseline, stimulus on, and stimulus off in the contralateral blocked eyes of mice with EAE (p

= 0.91 for baseline vs. stimulus on and p = 0.13 for stimulus on vs. stimulus off) and sham (p = 0.97 for baseline vs. stimulus on and p = 0.64 for stimulus on vs. stimulus off) mice (Fig. 2 B and C, Table 1). Thus EAE-affected eyes with optic neuritis as evinced by impaired visual acuity exhibited a correspondingly reduced ADC<sub>⊥</sub> response with visual stimulation.

#### Axonal impairment was assessed by immunohistochemistry (IHC) staining

Previously, we have employed immunohistochemical (IHC) staining of phosphorylated neurofilaments (SMI-31, intact axons), myelin basic protein (MBP, myelin sheath), and 4', 6- diamidino-2-phenylindole (DAPI, cell nuclei) to reflect white-matter integrity (Song et al., 2003; Sun et al., 2007; Wang et al., 2011). Representative zoomed-in 60× images (56% of the 60× field of view) from EAE-affected (n=7) optic nerves demonstrated axonal beading, with lower density of intact axons, less myelin positive area (with thinner myelin), and higher density of cell nuclei (Fig. 3A, D, and G) than sham optic nerves (n = 6). Group-averaged analysis of SMI-31, MBP, and DAPI (Fig. 3C, F, I and Table 2) at EAE optic neuritis onset showed a significant 22% decrease in density of intact axons [p < 0.005, 5.3 ( $\pm$  0.6) × 10<sup>5</sup> mm<sup>-2</sup>] and 17% decrease in myelin sheath area [p < 0.005, 36.2 ( $\pm$  2.5) %] compared with sham group [6.8 ( $\pm$  0.5) × 10<sup>5</sup> mm<sup>-2</sup> and 43.6 ( $\pm$  2.1) %, respectively]. Furthermore, the density of cell nuclei in optic nerves at EAE optic neuritis onset was increased by 38% [p < 0.05, 5.8 ( $\pm$  1.2) × 10<sup>3</sup> mm<sup>-2</sup>] compared with sham group [4.2 ( $\pm$  0.5) × 10<sup>3</sup> mm<sup>-2</sup>]. Based on IHC results, the EAE-affected optic nerves demonstrated unequivocal signs of axonal injury, demyelination, and inflammation.

# Reduced activation-associated ADC $_{\perp}$ was correlated with impaired visual function and optic nerve pathologies

The correlation between activation-associated ADC<sub> $\perp$ </sub> response and visual acuity was found when pooling EAE and sham groups under our experimental criteria (Fig. 4A, r = 0.76, p = 0.0015), axon density (Fig. 4B, r = 0.92, p < 0.0001), and myelin sheath area (Fig. 4C, r = 0.76, p = 0.0023) and, to a lesser degree, with cell nuclei density (Fig. 4D, r = 0.60, p = 0.03). The data suggest that diffusion fMRI can provide a means to non-invasively and directly assess axonal dysfunction associated with axonal injury, demyelination, and inflammation at optic neuritis onset in this EAE mouse model.

# Discussion

This is the first study applying diffusion fMRI to assess functional deficits of a white-matter tract *in vivo*. The results presented here demonstrate an attenuated neuronal-activation-associated ADC<sub> $\perp$ </sub> response (~7% non-significant reduction) in EAE mice at the onset of optic neuritis, compared to a significant decremental response in sham mice (~25% reduction). The results for EAE sham mice are comparable to our previously-reported ~27% ADC<sub> $\perp$ </sub> decrease in optic nerves of normal mice (Spees et al., 2013). Reduced activation-associated ADC<sub> $\perp$ </sub> response in association with impaired visual function (Fig. 4A) correlated with underlying optic-nerve axonal pathology (Fig. 3).

Visual signal conduction through the optic nerve depends on repeated cycles of membrane depolarization/action potential/repolarization, which are accompanied by ion gradient changes (Nicholls et al., 2001; Zhang et al., 2006). Unlike BOLD fMRI, which is largely limited to gray matter (Gawryluk et al., 2009; Logothetis et al., 2001), we proposed that diffusion fMRI could detect the effect of functional activation of axons and further improves our understanding of CNS functionality. Extracellular space (ECS) shrinkage during electrical stimulation has been reported (Holthoff and Witte, 1996; Nicholson and Sykova, 1998; Ransom and Orkand, 1996; Ransom et al., 1985), such ECS shrinkage is highly associated with transient ionic gradient changes, osmotic shifts of water across cell membranes, or glial cell swelling associated with changes in size and shape (Bay and Butt, 2012; Flint et al., 2009; Kole et al., 2008; Le Bihan, 2007; Le Bihan and Johansen-Berg, 2012; Schwartzkroin et al., 1998; Waxman, 1977). We speculated that diffusion measurement, especially, in white matter would be sensitive to extracellular space (ECS) shrinkage with relative minor vascular-coupling effect due to lower blood flow and volume. Therefore, the activation-associated ADC | decrease of diffusion fMRI is expected. Indeed, in our previous study, an activation-associated 27% ADC $_{\perp}$  decrease in healthy mouse optic nerves was shown and observed to be independent of vascular-coupling contributions (Spees et al., 2013). In the same study, we did not observed ADC<sub>11</sub> changes during the visual stimulation. We speculate that this may be due to that  $ADC_{\parallel}$  is likely to be affected more by the intra-axonal water than that in the ECS. Hence, diffusion fMRI measuring ADC | of axonal bundles has the potential to directly probe axon functional integrity without confounding blood-flow effects.

For MS and its animal model, EAE, mitochondrial impairment reduces energy production due to increased nitric oxide and free radical/reactive oxygen species (Smith and Lassmann, 2002). Sodium channel redistribution in demyelinated axons is required to maintain signal propagation but this also increases energy consumption (Kornek et al., 2001; Waxman, 2006). The imbalanced energy cycle would eventually lead to energy deficiency associated Na<sup>+</sup>/K<sup>+</sup>-ATPase pump failure and the reversal of Na<sup>+</sup>/Ca<sup>2+</sup> exchanger due to increased intracellular Na<sup>+</sup>. Finally, the resultant influx and accumulation of intracellular Ca<sup>2+</sup> may further lead to mitochondrial dysfunction and axonal damage (Craner et al., 2005; Stys, 2005; Su et al., 2009). Optic neuritis is frequently the first sign of MS in patients (Beck et al., 2003). Inflammation and demyelination of the affected optic nerves are associated with impeded action potential conduction (Compston and Coles, 2008) and result in impaired visual function. In EAE animal models of MS, several reports demonstrated visual dysfunction accompanying optic neuritis via behavioral or visual evoked potential (VEP) measurements (Diem et al., 2008; Diem et al., 2005; Matsunaga et al., 2012; Meyer et al., 2001). These measurements rely upon functionality of the entire visual pathway including retina, optic nerve, visual cortex, and/or conscious response of the brain. Thus, they may lack specificity in the location and contribution of specific optic nerve/white-matter lesion sites. Ion-channel dysfunction and deregulation are related to impaired signal propagation. Ion-channel dysfunction and deregulation could also lead to disability of activationassociated modulation in ECS. Therefore, activation-associated ADC | decrease, which likely results from ECS shrinkage during axonal activation, was less in EAE-affected optic nerves than in sham mice optic nerves during visual stimulation.

In this study, visual acuity measurements in EAE and sham eyes represent overall function of the entire visual efferent pathway (Douglas et al., 2005; Prusky et al., 2004). If we accept that the VA measurement reflects overall electrophysiological competence as measured by VEP (Ridder and Nusinowitz, 2006), and that the optic nerve is the primary site of impaired visual function in this EAE animal model, then the VA measurement provides an indirect measure of optic nerve electrical competence. As expected, the VA of EAE optic neuritis eyes was significantly lower than in sham eyes (Fig. 2A) in the current study. Subsequent histological results of these same optic nerves revealed axonal injury, demyelination, and inflammation (Fig. 3C, F, and I), suggesting that these optic-nerve-specific pathologies were a primary source of the impaired visual function in EAE mice.

Based on VEP measurement in the mouse visual system, the optimal visual stimulation condition in C57BL/6 mice has been determined (Ridder and Nusinowitz, 2006) and applied to this study. During diffusion measurement with visual stimulation, decreased ADC<sub> $\perp$ </sub> and unchanged ADC<sub> $\perp$ </sub> were observed in unblocked and blocked normal (sham) eyes, respectively (Fig. 2B and C), suggesting the ADC<sub> $\perp$ </sub> directly revealed the effect of functional activation in optic nerves. For the unblocked eyes, the ADC<sub> $\perp$ </sub> change in EAE-affected optic nerves was less than sham optic nerves and provides some measure of the extent of axonal dysfunction (Fig. 2B and C).

Since contributions from retinal dysfunction at the early time point measured herein may (Quinn et al., 2011; Shindler et al., 2008) or may not (Meyer et al., 2001) be ruled out, the RGC (retinal ganglion cell) histological data of our own EAE model were confirmed before this study. The RGC counting results of sham and EAE-affected groups at these early time-points were no different, and suggested that RGC pathologies may occur later in the progression of optic neuritis (Chiang et al., unpublished). Therefore, the attenuated diffusion fMRI response (reduced ADC<sub> $\perp$ </sub> decrease with stimulation) is likely a direct result of axonal dysfunction. The somewhat elevated baseline ADC<sub> $\perp$ </sub> in EAE optic neuritis (Table 2) may result from acute demyelination or vasogenic edema since radial diffusivity or ADC increases reflecting those two pathologies have been reported in EAE mice and MS patients (Boretius et al., 2008; Castriota-Scanderbeg et al., 2002; Chiang et al., 2012; Hickman et al., 2004; Song et al., 2005; Sun et al., 2007).

Our results showed that the functional deficits in EAE-affected optic nerves using diffusion fMRI provide a unique perspective on the consequences of inflammatory demyelinating pathologies. Since the EAE optic neuritis nerves at the acute stage exhibit multiple coexisting pathologies, it is not possible to determine contributions of each specific type of tissue damage to the overall reduced activation-associated  $ADC_{\perp}$  response. Consequently, pre-onset study for EAE optic neuritis would be needed to understand if functional deficits precede morphological changes and the inter-relationship between mild injury and diffusion fMRI activation. *In vivo* diffusion fMRI is a promising tool for direct investigations of evolving pathology, therapeutic targets, and/or longitudinal assessment in white-matter tracts.

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# Highlights

- Visual stimulation induces a significant ADC⊥ decrease in normal mouse optic nerves
- Activation-associated  $ADC_{\perp}$  response decreased at the onset of optic neuritis
- Activation-associated  $ADC_{\perp}$  response correlated with visual function
- Activation-associated ADC  $_{\perp}$  response correlated with optic nerve integrity



# Figure 1.

Two diffusion-weighted images (DWI), which were zero-filled to  $512 \times 512$ , with diffusionsensitizing gradients applied in the phase-encoding direction (left-to-right) with b values of  $0.1 \text{ ms/}\mu\text{m}^2$  (or 100 s/mm<sup>2</sup>) (A) and 1.4 (B) ms/ $\mu\text{m}^2$  (or 1400 s/mm<sup>2</sup>) were used to generate the resulting ADC<sub>⊥</sub> map (C). The red box in panel B highlights the location of optic nerves (bright) and surrounding cerebrospinal fluid, which is highly suppressed. ADC<sub>⊥</sub> values in the optic nerves are considerably lower than in other brain tissues. The regular (nearly circular) shape of the optic nerves suggests good orthogonality between the nerve axes and the slice plane, which minimizes partial volume effects.



#### Figure 2.

Group-averaged visual acuity was significantly decreased by 58% (p < 0.005, vs. sham) in affected EAE eyes (n=7) compared with the normal vision of sham eyes (n=7); the visual acuity of contralateral blocked (n=14) eyes was in the normal range (A). In this mouse model of EAE optic neuritis, visual deficits typically develop asymmetrically, beginning in only one eye. An activation-associated ADC<sub> $\perp$ </sub> decrease was observed in both EAE and sham eyes but not in blocked eyes (B, C, and Table 1), suggesting that the decreased ADC<sub> $\perp$ </sub> in stimulated EAE and sham optic nerves was caused by axonal activity. When compared to its own baseline and stimulus-off, ADC<sub> $\perp$ </sub> significantly decrease (7%, p = 0.45, vs. baseline and 10%, p = 0.13, vs. stimulus-off) was observed in EAE optic nerves (B, C and, Table 1). Group ADC<sub> $\perp$ </sub> maps of EAE (n=7) and sham (n=7) optic nerves were generated by averaging stacked ADC<sub> $\perp$ </sub> maps, which were interpolated to 1024 × 1024 (C).



### Figure 3.

Representative 60× immunohistochemistry staining images of phosphorylated neurofilaments (SMI-31, intact axons), myelin basic protein (MBP, myelin sheath), and 4', 6-dianidino-2-phenylindole (DAPI, nuclei) from EAE-affected (A, D, and G,) and sham (B, E, and H) optic nerves. EAE optic nerves with optic neuritis demonstrated obvious axonal beading, lower axonal density (A), reduced myelin area (D), and more cell nuclei (G). Group-averaged IHC counts of EAE (n=7) and sham (n=6) optic nerves (Table 2) revealed significant SMI-31 (C) and MBP (F) decrease (p < 0.005) and significant DAPI (I) increase (p < 0.05) in the EAE-affected group. IHC results suggested that axonal impairment, demyelination, and inflammatory infiltration all contribute to visual deficits in acute-stage optic neuritis in this EAE mouse model.

Scale Bar: 25  $\mu m$ 

\* indicates p < 0.005

\*\* indicates *p*< 0.05



#### Figure 4.

The activation-associated ADC<sub> $\perp$ </sub> change (decrease in ADC<sub> $\perp$ </sub> with stimulation expressed as a percentage of baseline ADC<sub> $\perp$ </sub>) correlated well with visual function (A, r = 0.76, p = 0.0015) and the density of intact axons (B, r = 0.92, p < 0.0001) and myelination (C, r = 0.76, p = 0.0023). Reduced activation-associated ADC<sub> $\perp$ </sub> response was associated with the severity of inflammation (D, r = 0.60, p = 0.03). These data suggest that axonal impairment and dysfunction can be assessed by diffusion fMRI.

### Table 1

Group averaged ADC $_{\perp}$  of baseline, stimulus on, and stimulus off of EAE-affected (n=7), sham (n=7), blocked EAE and sham (n=14) eyes

	Baseline	Stimulus on	Stimulus off
EAE	$0.200\pm0.012$	$0.186\pm0.015$	$0.207\pm0.012$
Sham	$0.171\pm0.014$	$0.128 \pm 0.008$	$0.164\pm0.016$
Blocked	$0.188 \pm 0.006$	$0.189 \pm 0.007$	$0.196 \pm 0.007$

ADC  $\perp (\mu m^2/ms, \, or \times 10^{-3} \ mm^2/s)$  : mean  $\pm$  standard error of the mean

Blocked: contralateral EAE and sham eyes

### Table 2

Quantitative immunohistochemistry results of EAE (n=7) and sham (n=6) optic nerves

	SMI31 (#/mm <sup>2</sup> )	MBP (area %)	DAPI (#/mm <sup>2</sup> )
EAE	$5.3~(\pm 0.6) \times 10^{5}$	$36.2\pm2.5$	$5.8 (\pm 1.2) \times 10^3$
Sham	$6.8~(\pm~0.5)\times10^{5}$	$43.6\pm2.1$	$4.3~(\pm 0.5) \times 10^{3}$

mean  $\pm$  standard deviation