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## Mitochondrial Involvement and Oxidative Stress in Temporal Lobe Epilepsy

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### Abstract

A role for mitochondria and oxidative stress is emerging in acquired epilepsies such as temporal lobe epilepsy (TLE). TLE is characterized by chronic unprovoked seizures arising from an inciting insult with a variable seizure-free “latent period”. The mechanisms by which inciting injury induces chronic epilepsy, known as epileptogenesis involves multiple cellular, molecular and physiological changes resulting in altered hyperexcitable circuitry. Whether mitochondrial and redox mechanisms contribute to epileptogenesis remains to be fully clarified. Mitochondrial impairment is revealed in studies from human imaging and tissue analysis from TLE patients. The collective data from animal models suggest that steady-state mitochondrial reactive oxygen species and resultant oxidative damage to cellular macromolecules occurs during different phases of epileptogenesis. This review discusses evidence for the role of mitochondria and redox changes occurring in human and experimental TLE. Potential mechanisms by which mitochondrial energetic and redox mechanisms contribute to increased neuronal excitability and therapeutic approaches to target TLE are delineated.

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Epilepsy is a common neurological disorder that affects approximately 0.6% of the entire population. Recurrent spontaneous convulsive or non-convulsive seizures are the hallmark of epilepsy. A seizure is characterized by synchronized abnormal electrical discharges from a locus in the brain. Epilepsy is defined by a condition in which recurrent unprovoked seizures occur as a result of genetic disposition or acquired factors such as brain injury. Epilepsies occur throughout the lifespan with the highest incidence in children younger than 5 and precipitously rising in the elderly after 65 years of age [1]. Temporal lobe epilepsy (TLE) is the most prominent of the acquired epilepsies and is commonly preceded by an initial brain injury such as an episode of prolonged seizures or status epilepticus (SE), complicated childhood febrile seizures, hypoxia or trauma which leads to chronic epilepsy

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or spontaneous recurrent seizures. The process whereby physiological neuronal characteristics and circuitry are altered by a precipitating event is known as epileptogenesis. Animal models of acquired epilepsy attempt to recapitulate several of the features of human TLE and usually involve an initial insult which is followed by a variable “latent period” that results in recurrent, spontaneous seizure activity. The majority of epilepsy research is focused on ion channels and receptors with attempts to understand and control altered network excitability. A key shift in current epilepsy research emphasis is the prevention of chronic epilepsy development and disease progression rather than the traditional focus on controlling seizures per se with antiepileptic drugs. Many different approaches have been taken in this renewed focus of research with a primary purpose of identifying anti-epileptogenic or disease-modifying therapies. Towards this goal, understanding mechanisms by which injury mediates the epileptogenic process and comorbid states such as depression and memory loss that coexist with TLE is important. This review will cover the major strategies employed to implicate the role of mitochondria and oxidative stress in human and experimental TLE and potential mechanisms by which altered metabolism can increase neuronal excitability.

### **Mitochondrial Function and Neuronal Excitability**

Mitochondria serve several key cellular functions that may have a direct and/or indirect impact on neuronal hyperexcitability such as the generation of ATP, metabolite/neurotransmitter biosynthesis, calcium homeostasis, control of cell death and they are the primary site of reactive oxygen species (ROS) production. Given the bioenergetics of seizures themselves and injury processes that trigger epileptogenesis, the role of mitochondria and oxidative stress is gaining increased recognition in the progression of epileptogenesis [2,3]. In fact, several key events initiated by the injury process such as hippocampal cell loss, inflammation and cell signaling suggest a role for mitochondria and redox processes in epileptogenesis. The brain's unique susceptibility to oxidative stress and bioenergetic insults likely drives or at least exacerbates neuronal excitability during epileptogenesis because of a high metabolic demand in hypersynchronous circuits. In addition, mitochondria are a critical interface between environmental factors such as diet, disease and proper cell function. Metabolic control of neuronal excitability is evident from the broad antiepileptic efficacy of the ketogenic diet (KD), a high fat, low carbohydrate dietary therapy in children and adolescents [4] which is based on providing alternative mitochondrial fuels i.e. ketones and fatty acids vs glycolytic substrates to control intractable seizures. Metabolic control of seizures and epileptogenesis is also suggested by their regulation by epigenetic mechanisms through histone modifications as this requires high energy intermediates such as ATP, acetyl-CoA and S-adenosyl-methionine [5]. Altering mitochondrial functions therefore becomes a potentially important area of interest in contemporary epilepsy research.

### **Metabolic Alterations Implicating Mitochondrial Involvement in Human TLE**

The most compelling evidence for the role of mitochondria in epilepsy arises from rare inherited mitochondrial disorders associated with epileptic seizures e.g. myoclonic epilepsy with ragged red fibers (MERRF), and mitochondrial encephalopathy with lactic acidosis

(MELAS). Mitochondrial DNA mutations and spontaneous seizure activity are evident in both disorders [6]. The role of mitochondria in acquired epilepsy is largely indirect and based on observed changes in known mitochondrial functions in human tissue and experimental models.

A major suggestion of mitochondrial involvement in human TLE comes from observations of metabolic and bioenergetic changes following acute seizures and during various phases of chronic epilepsy. Glycolytic rates, activity-matched cerebral blood flow, and lactate/pyruvate ratios are acutely increased during seizure activity [7]. This ictal hypermetabolism in the human epileptic foci is followed by inter-ictal hypometabolism. This hypometabolism may reflect a “metabolically stressed circuit” in which mitochondrial bioenergetic capacity may be depleted. Mitochondrial involvement in epilepsy has been suggested based on the loss of mitochondrial N-acetyl aspartate in human epileptic tissue [8,9]. Finally, severe metabolic dysfunction characterized by biphasic abnormal NAD(P)H fluorescence transients and changes in mitochondrial membrane potential have been observed in ex vivo preparations from both chronically epileptic rats and human subjects [10].

Neuronal loss in the hippocampal formation or hippocampal sclerosis is a distinct pathological finding in human TLE and thought to be important because inciting injury can result in the development and progression of TLE. Understanding the mechanisms by which seizures result in neuronal loss and contribute to TLE is important and underscores the relevance of evaluating the role of oxidative damage and mitochondrial involvement in these processes. The vulnerability of the hippocampal principal neurons in TLE is largely due to the involvement of the structure in the seizure circuit and excessive glutamatergic neurotransmission resulting in excitotoxic cell death. Neuropathological findings in human TLE provide evidence for morphological changes in mitochondria of epileptic patients. For instance, neuronal damage incurred by ischemia and seizure-related events cause mitochondrial swelling and disruption [11]. Apoptotic machinery proteins as well as excitotoxic mechanisms are also known to be activated by seizures. For example, there are increases in the anti-apoptotic molecule Bcl-2 in the serum of children with TLE [12], and changes in proapoptotic molecules in epileptic brain tissue [13], highlighting the importance of mitochondrial involvement in the cell death process [14]. Additionally, ROS have been suggested in seizure-induced apoptotic cell death in the hippocampus [15]. Calcium transients associated with seizure activity represent a potential role by which mitochondria might contribute to neuronal injury in TLE [16] based on a crucial role of mitochondria in buffering cytosolic calcium.

Literature attempting to link mitochondrial (dys)function in acquired epilepsies, such as TLE, is based on measurement of mitochondrial enzyme activities, indices of mitochondrial oxidative damage, bioenergetic alterations, secondary processes such as cell death involving mitochondria, alteration of redox status [17] and inhibition of oxidative phosphorylation (OXPHOS) enzyme complexes of mitochondria in animal models and human tissue [18]. Redox status measured by reduced and oxidized forms of glutathione (GSH/GSSG) shifts to a more oxidized state in brain regions and plasma of epileptic patients [19]. Another study shows decreased copy numbers for mitochondrial DNA and decreased aconitase activity in the CA3 [20]. The hypometabolism seen in the epileptic focus in inter-ictal phases of seizure

activity may therefore be attributed more to mitochondrial dysfunction than to neuronal cell loss [21]. The impact that mitochondrial dysfunction can have in human TLE is becoming more generally accepted while work in experimental models of TLE will continue to help elucidate mechanisms of how mitochondria are involved. In sum, evidence for alterations in metabolic functions directly and indirectly suggesting mitochondrial involvement is mounting in human TLE. However, evidence for oxidative damage in human TLE is yet to be clearly established.

## Oxidative Stress and Mitochondrial Involvement in Experimental TLE

The majority of data supporting the role of mitochondria and oxidative stress in the epilepsies including TLE comes from experimental models. The difficulties associated with assessment of ROS and reactive nitrogen species (RNS) in tissues from human samples and animals arises due to their unstable, evanescent and interchangeable nature as well as the need for respiring mitochondria for functional analysis. Nevertheless, animal models of TLE have provided sufficient data to date of profound alterations in mitochondrial function and ROS. Key features of experimental models for the study of human TLE include a precipitating injury such as traumatic brain injury, infection or status epilepticus (SE), followed by a “latent” period after acute changes due to injury in which seizure probability is low akin to the human condition, and finally, the appearance of chronic spontaneous electrographic and behavioral seizures that are progressive (see figure 1). Chemoconvulsant or SE models initiated by the glutamatergic agonist kainic acid or the cholinergic agonist pilocarpine replicate these features and are therefore widely used as experimental models of TLE. The kindling model refers to an electrical stimulus applied repeatedly to a limbic brain structure sufficient to evoke a short after-discharge duration, which, over time, evokes an electrographic after-discharge that initiates a generalized convulsive seizure. While kindling results in permanent alteration in limbic circuitry, it lacks a true latent period and the impact of a precipitating injury. Therefore, it is not usually associated with spontaneous seizures but rather a lowered seizure threshold. Both chemoconvulsant models as well as the kindling model in adult animals show evidence of increased steady-state ROS levels [2,22–25]. In addition, hippocampal slices and slice cultures are also used to assess changes associated with TLE *ex vivo* and *in vitro*. In the following sections, evidence of oxidative damage to cellular macromolecules in animal and *ex vivo* models of TLE is discussed.

### Protein oxidation

Proteins can undergo altered primary, secondary, and tertiary structures, spontaneous fragmentation and increased proteolytic susceptibility following exposure to ROS. The amino acid side chains of proteins are particularly susceptible to various forms of reversible or irreversible oxidation that can lead to functional impairment. One way to estimate protein oxidation is to quantify protein carbonyls, or the addition of ketone and aldehyde groups to protein side chains. Elevated carbonyl levels are observed during aging and neurodegenerative disorders [26,27]. Increase in carbonyl content has also been observed following kainate injection in the rat piriform cortex and hippocampus as early as 8 hour post-treatment [28].

An important mechanism by which ROS can alter cellular and mitochondrial function is via post-translational modification of critical proteins leading to changes in function. Mitochondrial aconitase, alpha ketoglutarate dehydrogenase ( $\alpha$ -KGDH) and complex I (CI) are among the proteins that are known to be specifically posttranslationally modified or inhibited by ROS during epileptogenesis. Mitochondrial aconitase is a TCA cycle enzyme that contains a labile iron motif in its iron-sulfur (Fe-S) center that is susceptible to oxidative damage by superoxide ( $O_2^-$ ) and related species (see Figure 2). The measurement of endogenous aconitase activity can serve both as an index of steady state  $O_2^-$  levels and evidence of oxidative damage to proteins [29,30]. Inactivation of aconitase normalized to fumarase or citrate synthetase has been used to determine oxidative damage to mitochondrial proteins in animal models of TLE and human TLE. Kainate-induced seizures inactivate mitochondrial aconitase but not fumarase, with maximal inactivation occurring 16 hours post-treatment, several hours after SE and preceding neuronal death of susceptible hippocampal neurons [2]. Inactivation of mitochondrial aconitase at times following the onset of behavioral seizures suggests that mitochondrial  $O_2^-$  production occurs as a consequence of prolonged seizure activity. Mice that are partially deficient in the primary mitochondrial antioxidant, MnSOD (SOD2<sup>-/+</sup>), show exacerbation of KA-induced mitochondrial aconitase inactivation and hippocampal neuronal loss [31], while both indices are attenuated in mice overexpressing SOD2. Manganese (III) tetrakis (4-benzoic acid) porphyrin (MnTBAP), a broad spectrum antioxidant, protected rats against seizure-induced mitochondrial aconitase inactivation and hippocampal damage without decreasing behavioral seizure intensity [31]. Aconitase and  $\alpha$ -KGDH activities in the rat hippocampus are decreased 16–44 hours post-SE induced by pilocarpine, and return to normal values by 8 days [32]. Finally, aconitase activity is decreased in the CA3 region of human cases of TLE [8]. One consequence of oxidative inactivation of aconitase is the release of iron and generation of  $H_2O_2$  which can form  $\cdot OH$  and thereby result in further oxidative damage. Increases of hippocampal mitochondrial iron coinciding with inactivation of mitochondrial aconitase and neuroprotection by an iron chelator have been demonstrated in the kainate model [17]. This suggests that  $O_2^-$ -mediated posttranslational inactivation of mitochondrial aconitase may be one source of iron accumulation and  $H_2O_2$  following seizures leading to a vicious cycle of ROS-induced ROS formation.

CI of the mitochondria receives a lot of attention in neurodegenerative disease [33] due to the importance of this enzyme in the initiation of electron flow in the mitochondrial electron transport chain (ETC). In TLE, CI inhibition is of particular significance since its activity has been demonstrated to be inhibited in hippocampal CA3 area from human TLE tissue [18]. Recently Ryan et al. [34] demonstrated for the first time an oxidative post-translational modification via carbonylation of the 75kDa subunit of CI in experimental TLE. The pattern of CI carbonylation occurred in a biphasic manner during epileptogenesis and coincided with periods following/accompanied by high seizure activity and inhibition of CI activity. Mass spectrometric analysis of the oxidation of the 75kDa subunit in rat hippocampi during acute, latent and chronic phases of epileptogenesis revealed a specific type of carbonylation classified as metal catalyzed oxidation (MCO), which is typically generated in the presence of oxidative stress and increased chelatable metals such as iron (Figure 3). Although MCO may not be the most common type of carbonyl addition in vivo, its occurrence in

experimental TLE is supported by previous reports that mitochondrial Fenton reactants,  $H_2O_2$  and  $Fe^{2+}$ , are increased in the kainate model [17,35] and HBED, an iron chelator is neuroprotective. These data suggest that MCO products may exist in other neurological conditions with increased mitochondrial oxidative stress and elevated redox active chelatable metals such as Parkinson's disease [35–37].

The nature of post-translational modification suggests that MCO primarily occurs on lysine (K) and arginine (R) protein AA, converting them to amino adipic semialdehyde and glutamic semialdehyde chemical modification products [38]. Specific conversion of arginine 76 (Arg76) to glutamic semialdehyde 76 (GSA76) occurred within the 75kDa subunit 100% of the time at acute and chronic stages of epileptogenesis. Further, molecular modeling studies predicted that carbonylation at this site within the 75kDa subunit results in altered surface structure and charge at the interaction interface within the CI active site, its interaction with the 51kDa subunit of CI, and the position of nearby Fe-S centers proximal to the CI active site which can impair electron transfer from NADH to the proximal Fe-S center, and thus CI function. Together, these data identify a post-translational oxidative lesion on Arg76 in an important subunit of mitochondrial CI during epileptogenesis. This demonstrates a specific ROS-mediated oxidative post-translational modification in the 75kDa subunit of CI during the acute and chronic phases of epilepsy development which can impair mitochondrial function during epileptogenesis. Carbonylation and inhibition of CI during epileptogenesis suggests that CI is not only a target of oxidative stress via post-translational modifications, but may also be a source of  $O_2^-$  production when inhibited, generating excess reactive species and further propagating mitochondrial and cellular damage [39–42]. Thus, CI may be both a source and target of ROS during epileptogenesis leading to a vicious cycle of seizures and ROS production. Additionally, this suggests that oxidative damage may underlie specific CI deficiency observed in tissue resected from TLE patients [18].

Membrane proteins susceptible to oxidative damage and/or alterations in ATP which are also known to be coupled to increased neuronal excitability include glutamate transporters,  $Na^+/K^+$ -ATPase and glutamine synthetase (GS). Of particular interest are neuronal and glial glutamate transporters which limit glutamate from reaching neurotoxic levels in the synapse [43]. Improper handling of glutamate can lead to hyperexcitability and neuronal death. GLT-1 is regulated by extracellular levels of ATP in the hippocampus [44] and GLT-1 and GLAST are highly sensitive to oxidative insults resulting in lowered transport activity [45]. This makes GLT-1 and GLAST attractive targets for ongoing oxidative stress during epileptogenesis as well as potential links to increased neuronal excitability. In *Sod2*<sup>-/+</sup> mice, decreased GLT-1 and GLAST expression coincides with increased susceptibility to seizures and mitochondrial oxidative stress [31]. Epileptic human patients have been shown to have less glutamate transporters with an overall deficiency in glutamate transport [46].

### **Oxidative Mitochondrial DNA Damage**

Mitochondrial DNA (mtDNA) damage from oxidative stress and resultant impairment are implicated in the pathogenesis of many human mitochondrial disorders [47]. MtDNA damage has been implicated in the progression of epileptogenesis. mtDNA is especially

susceptible to oxidative damage for many reasons. Primarily, mtDNA lack protective histones and is located near the inner mitochondrial membrane in close proximity to where ROS can be generated. Increased production of ROS from seizures can cause mtDNA damage that potentially leads to decreased activities of electron transport complexes [48]. Therefore, the mtDNA is specifically vulnerable to damage induced by ROS [49] under normal circumstances and is exacerbated after seizures. One month after pilocarpine treatment, one study shows a decrease of mtDNA copy number in the CA3 and CA1 areas of the hippocampus [50]. Another method of determining mtDNA damage is using the markers thymine glycol (TG) and 8-hydroxy 2-deoxyguanine (8-OHdG), an oxidized guanine adduct most commonly formed from oxidation of DNA [51]. Reports show that a time dependent increase in mitochondrial 8-OHdG to total 2-deoxyguanine (2-dG) occurs 16-48 hours following kainate administration with a corresponding increase in mtDNA lesion frequency [17]. Additionally, basic excision DNA repair systems known to be activated by 8-OHdG are also activated during epileptogenesis initiated by kainate administration. The activation of these repair pathways after an epileptogenic insult suggests ongoing adaptive repair and response to oxidative stress.

### Lipid Peroxidation

Lipids are another major target of oxidative damage that can occur during epileptogenesis as a consequence of seizures. Polyunsaturated fatty acids present in phospholipids of biological membranes are highly susceptible to oxidation by ROS. Lipid peroxidation occurs when hydrogen is abstracted from polyunsaturated fatty acids by  $\cdot\text{OH}$  [52,53]. As with damage to proteins and mtDNA, the brain is particularly susceptible to lipid peroxidation after seizures and increased ROS production. Following seizure activity,  $\text{Ca}^{2+}$ -dependent activation of phospholipase A<sub>2</sub> releases arachidonic acid [54,55] yielding ROS via enzymatic and non-enzymatic mechanisms [53]. F<sub>2</sub>isoprostanes (F<sub>2</sub>-IsoPs) and isofurans (IsoFs) are produced by a non-cyclooxygenase and free radical catalyzed mechanism involving the peroxidation of arachidonic acid. F<sub>2</sub>-IsoPs are used as an index of lipid peroxidation in vivo because of their formation in disease states associated with oxidative stress, stable nature which allows detection in bodily tissues and fluids, they are modulated by antioxidants and unaffected by dietary lipids [56]. Seizure-induced increases in F<sub>2</sub>-IsoPs and IsoFs have been reported in micro-dissected dentate gyrus, CA1, and CA3 regions at distinct time points post-kainate administration [3,57]. The mechanism(s) by which seizure activity results in F<sub>2</sub>-IsoP and IsoF likely results from calcium-dependent activation of phospholipase A<sub>2</sub> (PLA<sub>2</sub>), release of arachidonic acid (AA), formation of prostaglandins including prostaglandin- F<sub>2</sub> $\alpha$ , precursor of  $\alpha$ F<sub>2</sub>-IsoP, and subsequent free-radical catalyzed formation that coincide with seizure activity. Therefore, the dentate gyrus, which serves as a “gate” for seizure activity, shows the highest increases followed by CA3 and CA1 areas. Further investigation regarding the factors that control F<sub>2</sub>-IsoPs and IsoFs and any role of mitochondria was revealed by correlation of their formation with tissue pO<sub>2</sub> levels and indices of mitochondria-specific oxidative stress. Since IsoFs but not F<sub>2</sub>-IsoP formation is favored by high oxygen tensions, this enabled examination of any correlation of seizure-induced IsoFs and its relationship with hippocampal pO<sub>2</sub> measured by in vivo electron paramagnetic resonance oximetry. Interestingly, this revealed that seizure-induced F<sub>2</sub>-IsoP formation coincided with the peak hypoxia phase, whereas IsoF formation coincided with the “re-

oxygenation” phase. Furthermore, IsoF formation correlated closely with indices of mitochondrial oxidative stress e.g. aconitase inactivation [3]. Other indices of lipid peroxidation include the formation of reactive lipid mediators such as 4-hydroxy-2-(E)-nonenal (4-HNE) and malondialdehyde (MDA) [58] and confirm ongoing lipid peroxidation in the cortex, hippocampus and other brain regions as early as 4 hours into SE and lasting until 24 hours after SE in a variety of seizure models including chemoconvulsant models [23,24,28,59]. These results suggest that oxidative damage to lipids occurs as a result of seizures and implicate an important role in the progression of epilepsy. Interestingly, the precise role of seizure-induced lipid peroxidation remains unclear particularly due to the high extent in the dentate gyrus region in which cell death-resistant granule cells reside. This suggests that reactive lipids may have roles other than mediating neuronal injury in the epileptic brain such as signal transduction.

### Changes in Redox Status

Redox couples such as GSH and its disulfide (GSSG) serve as biomarkers of oxidative stress [60,61]. Coenzyme A (CoASH) and its disulfide with GSH (CoASSG), primary compartmentalized within mitochondria, have been measured and utilized as a marker of mitochondrial specific redox status [61,62]. GSSG levels have been found to increase as early as 4 hours post-SE in the cortex [24]. A greater time-dependent decrease in the GSH/GSSG ratio and depletion of total glutathione following KA-induced SE is observed in mitochondrial fractions than whole hippocampal homogenates [61]. This altered redox status was accompanied by a moderate increase in glutathione peroxidase activity and a decrease in glutathione reductase (GR) activity in hippocampal homogenates and mitochondria, respectively. Ratios of hippocampal GSH/GSSG and CoASH/CoASSG following lithium-pilocarpine-induced SE have been recently demonstrated to decrease by 24 hours and remain permanently impaired throughout epileptogenesis and chronic epilepsy even during the latent phase when measurements of H<sub>2</sub>O<sub>2</sub> production and mtDNA damage returned to control levels [63]. Both GSH levels and GR activity are lowered in brain regions and plasma of epileptic patients [19,64]. A profound and persistent oxidation of GSH to GSSG and depletion of total GSH during epileptogenesis, including the latent period, would favor protein post-translational modifications such as S-glutathionylation and/or S-nitrosylation of sensitive targets, e.g. ion channels and energy-dependent transporters that could ultimately alter neuronal excitability. Therefore, altered cellular and mitochondrial redox status may initiate neuronal injury and redox signaling events. Whether they provide an important mechanistic link between acute and chronic stages of epilepsy remains to be determined.

### Mitochondria Disproportionately Contribute to Seizure-Induced ROS

The above studies clearly demonstrate that target oxidation occurs during various phases of epileptogenesis and suggest a disproportionate contribution of mitochondria to the increased ROS. First, inactivation of oxidant-sensitive proteins i.e. mitochondrial vs cytosolic aconitase during the acute phase of epileptogenesis clearly demonstrates sensitivity towards the mitochondrial enzyme and not the cytosolic [2]. Similarly, increases in mitochondrial 8OHdG/2dg and not nuclear 8OHdG/2DG levels in the acute phase of epileptogenesis are suggestive of mitochondria but not the nucleus as both a source and target of ROS. Finally,



studies in SOD mutant mice provide further evidence of the importance of subcellular  $O_2^-$  in seizure-induced neuronal death as well as seizure susceptibility. The relative importance of mitochondrial vs cytosolic and extracellular  $O_2^-$  is evident from knowledge that genetic inactivation of SOD1 or SOD3 results in mild phenotypes [65,66] while mice lacking SOD2 are neonatal lethal by three weeks regardless of their background strain [67,68]. In earlier studies it has been demonstrated that mice deficient in SOD3 (SOD3<sup>-/-</sup> mice) or SOD2<sup>-/+</sup> mice are more sensitive to kainate-induced hippocampal damage [61,69] and overexpression of SOD3 and SOD2 is protective. A small but significant source of seizure-induced  $O_2^-$  revealed by the kainate model was Nox-2 derived and SOD3-sensitive [70]. This pool of ROS most likely contributes to seizure-induced inflammation and may also have links or “cross-talk” with the mitochondrial pool of ROS [71]. Moreover, SOD2<sup>-/-</sup> mice in a mixed background have recently shown to exhibit spontaneous seizures and profound oxidative stress which can be rescued by administration of a catalytic antioxidant [72]. This suggests that steady-state increase in mitochondrial  $O_2^-$  and resultant mitochondrial impairment is sufficient to result in epilepsy. Furthermore, SOD2<sup>-/+</sup> in either a C57B6 or CD-1 background have age-related seizure and show greater susceptibility to chemoconvulsant and handling-induced seizures. Hence, mitochondrial  $O_2^-$  appears to be a critical mediator of both seizure-induced neuronal damage as well as seizure susceptibility.

### Mechanism(s) of Seizure-Induced ROS Generation

Steady-state levels of ROS increase and oxidative damage ensues when antioxidant systems and repair processes are overwhelmed [73]. Prolonged seizure activity increases steady-state  $O_2^-$  as evidenced by oxidative inactivation of oxidant-sensitive aconitase but not fumarase and measurement by dihydroethidium in situ [2,17,25]. The extent and mechanism of seizure-induced  $O_2^-$  formation may vary during the acute, latent and chronic phases of epileptogenesis as well as during ictal and interictal periods. During the acute phase of epileptogenesis shortly after an inciting event such as SE or trauma, and in the chronic phase of epileptogenesis when spontaneous seizures occur, increased mitochondrial  $O_2^-$  and  $H_2O_2$  occur as evidenced by inactivation of  $O_2^-$  sensitive aconitase but not fumarase and resorufin fluorescence [17]. The mechanism of ROS production during these phases may result from increased OXPHOS from over activation of glycolysis during the ictal period leading to accumulation of electrons at the ETC and thereby reduction of  $O_2$  to  $O_2^-$  and  $H_2O_2$ . Inhibition of ETC enzymes such as CI and TCA cycle enzymes  $\alpha$ -KGDH and aconitase further exacerbates ROS production during the acute and chronic phases of epileptogenesis [32,34]. Additionally, transient hypoxia-reperfusion associated with the inciting injury may contribute to increased production of mitochondrial  $O_2^-$  and  $H_2O_2$  [2]. Measurement of  $pO_2$  in rat brain using oxygen-sensitive probes [57] indicated a transient lowering of  $pO_2$  shortly following kainate-induced SE (6 hours) which returned to normal values by 16 hours and coinciding with increased ROS production [2,61]. The decrease in SE induced change in  $pO_2$  was similar in magnitude to that observed in the ischemic penumbra suggesting that ischemia-reperfusion may be one mechanism by which seizure activity increases  $O_2^-$  production. After prolonged seizures, glucose levels are decreased around 50% in the hippocampus [74] and brain imaging shows increases in glycolytic activity, especially in the temporal lobe, during ictal phases [75–77]. A similar phenomenon occurs in hyperglycemia,

where increased glycolytic rates increase ROS production due to large flux of electron donors from the TCA cycle, generating a high mitochondrial membrane potential that can inhibit electron transport and therefore increase the production of  $O_2^-$  [78]. Therefore, increased glycolytic activity stimulated by ictal events and partially inhibited ETC complexes can increase steady-state ROS levels due to electron accumulation on OXPHOS complexes that are transferred to  $O_2$  and ultimately overwhelm endogenous antioxidant defenses, potentially deplete reserve capacity and lead to oxidative damage of vulnerable targets mentioned previously [2,3,17,57]. Adaptive mechanisms may be important among the reasons why mitochondrial  $O_2^-$  and  $H_2O_2$  production occurs during acute and chronic phases of epileptogenesis but not during the latent period. During the latent phase when seizure probability is low, antioxidant defenses and repair processes are activated as demonstrated by elevated mtDNA repair enzymes, Ogg1 and Pol $\gamma$  mRNA and protein levels shortly after the inciting injury and lasting  $\sim 3$  wk thereafter, followed by improvement in mtDNA repair [17]. Interestingly, spontaneous seizures associated with the chronic phase of epileptogenesis coincided with accumulation of mtDNA damage, increased mitochondrial  $H_2O_2$ , decreased Ogg1 and Pol $\gamma$ , and impaired mtDNA repair. This suggests that ongoing seizure activity and/or failure to adapt/repair may contribute to oxidative stress and mitochondrial injury as epileptogenesis progresses. A vicious cycle is also created by the occurrence of chronic seizures which produce more ROS rising above threshold levels once chronic epilepsy is established.

## Mechanisms by Which Mitochondria and Oxidative Damage can Impact Epileptogenesis

There are many potential ways that mitochondrial function and ROS production during epilepsy can contribute to increased hyperexcitability. Two potential links between mitochondrial oxidative stress and increased neuronal excitability are: 1) bioenergetic failure and 2) fuel utilization. There are many areas of research that could fit into these two links that may encompass all or many of the deficits discussed previously with a larger emphasis on the effects of energy failure and ATP depletion.

### Bioenergetic Failure

There is a large demand for neuronal mitochondria to produce cellular energy (ATP) for maintenance of proper neuronal membrane potential and an imbalance in ATP levels is associated with seizure activity. One of the primary consumers of neuronal mitochondria-derived ATP is the  $Na^+/K^+$  ATPase, which typically requires 40-50% of total cellular ATP [79]. Decreased  $Na^+/K^+$  ATPase activity has been detected in post-mortem epileptic human brain tissue [80]. Furthermore, neuronal excitability is controlled by glutamate and GABA which depend on mitochondria for their biosynthesis, as well as apoptosis, and  $Ca^{2+}$  homeostasis [10]. Mitochondria are therefore involved in a diverse array of cellular functions that if unregulated, can lead to increased disease progression in TLE. Mitochondrial ROS have the potential to impact epileptogenesis both via redox signaling as well as oxidative damage to macromolecules. Oxidative inactivation of TCA cycle enzymes (aconitase,  $\alpha$ -KGDH) and carbonylation and inhibition of CI during epileptogenesis suggests that these are not only a targets of oxidative stress, but may also be a source of

ROS production when inhibited, generating excess reactive species and further propagating mitochondrial and cellular damage [39–42]. Thus, several key proteins may be both a source and target of ROS during epileptogenesis leading to a vicious cycle of seizures and ROS production. A consequence of this ongoing cycle of oxidative damage to mitochondria in epilepsy is energy failure and ATP depletion. Decreased levels of ATP could potentially increase neuronal excitability by lowering neuronal resting membrane potential. This would occur through inhibition of the  $\text{Na}^+/\text{K}^+$  ATPase that requires ATP to restore a normal resting potential. An alternative explanation would be the importance of presynaptic ATP levels for normal synaptic transmission. Many types of inhibitory interneurons contain high amounts of mitochondria [81] where ATP levels are important for mobilization of the synaptic vesicle reserve pool [82]. Therefore, as mentioned previously over time there would be increased mitochondrial oxidative stress due to a potential lack of mitochondrial reserve capacity leading to further ATP depletion and lack of inhibitory signaling. Over the course of epileptogenesis this could increase overall neuronal excitability. However, at this time these ideas remain unproven necessitating further work to confirm these hypotheses.

Mitochondrial reserve capacity or spare respiratory capacity has been shown to be important in maintaining ATP levels during a metabolic insult or challenge [83]. Interestingly, one study showed the importance of reserve capacity during Complex I (CI) inhibition [84]. Proof of mitochondrial reserve capacity changes in epilepsy have yet to be shown but it should be considered due to the highly metabolic activity of a seizure and the CI inhibition that occurs in both human and experimental TLE [18,34]. Therefore, between changes in enzyme complexes due to energy failure and ATP depletion we can see the many ways that oxidative stress can affect macromolecules and overall mitochondrial function.

### Fuel Utilization

Bioenergetic functions of mitochondria are linked to neuronal excitability at the level of substrate utilization via TCA cycle, fatty acid metabolism and OXPHOS activity leading to ATP production to maintain plasmalemmal  $\text{Na}^+/\text{K}^+$ ATPase function. The TCA cycle recently has received more attention as a potential therapeutic target in epilepsy based on anapleurotic substrates being effective in seizure control [85]. Additionally, oxidative inactivation of the TCA cycle aconitase and  $\alpha$ -KGDH occurs in TLE models [2,17,32]. Oxidative inactivation of TCA cycle enzymes such as aconitase is known to generate ROS providing an additional mechanism of already ongoing damage [32]. In the case of aconitase, oxidative inactivation results in both redox active iron and  $\text{H}_2\text{O}_2$  which via Fenton chemistry generate  $\cdot\text{OH}$  radicals and propagate damage [86]. Surprisingly, decreasing aconitase expression decreased OXPHOS activity but also prevented damage from exogenous oxidative insults suggesting a key role for posttranslational oxidative modifications [87].

The importance of metabolic fuels in controlling seizures is underscored by both clinical and experimental observations attesting to the broad spectrum efficacy of the KD. The KD remains the main-stay method of altering fuels to control epilepsies. The KD is a high-fat/low-carbohydrate diet used to treat children and adolescents who are refractory to normal anticonvulsant drugs. The KD appears to have broader efficacy than any currently available

anti-epileptic drug, suggestive of a broad mechanism of action. A group of studies conducted from 1925-1998 revealed that out of 720 patients placed on the KD, 37% experienced greater than 90% reduction in their seizures, and an additional 30% achieved 50-90% seizure control [88]. This type of general efficacy is highly suggestive of a central mechanism that could affect oxidative stress pathways previously discussed. Studies on the mechanism of action for the KD are varied and there are many different theories. However, one of these theories is the effect that the KD has on mitochondria and ROS production. Included in this theory is the similar mechanism of glycolysis inhibition that is accomplished pharmacologically with 2-Deoxy-D-Glucose (2-DG) and fructose-1,6-bisphosphate (FBP) [89]. The KD has been shown to produce mitochondrial biogenesis [90] and decrease mitochondrial ROS [91]. Additionally, rats fed the diet for a period of 3 weeks improved mitochondrial redox status including GSH levels [4] that could help the brain to resist metabolic insults that occur during seizures. The KD is a very important treatment in pediatric epilepsy and knowledge from the application of this diet has led to increased research on mitochondrial bioenergetics and epilepsy. However, all of the contributing mechanisms of the KD remain unknown and further research is needed to apply current knowledge toward an effective treatment strategy.

There is renewed resurgence of interest in the research community to explore ways to modify neuronal excitability by altering metabolic flux. Therefore, targeted investigation of mechanisms by which the KD exerts an antiepileptic effect and attempting to substitute its beneficial effects with single molecules are ongoing. One such approach is using 2-DG, a non-metabolizable analog of glucose which shows remarkable benefits in models of acquired epilepsy [92]. The effects of 2-DG seem to mimic caloric restriction. Simply reducing daily caloric intake by 40% can extend life span by 30-50% over ad libitum fed animals [93]. The precise mechanisms of how 2-DG exerts its effect remain to be further clarified since a narrow margin of therapeutic effect has been observed in its ability to be anti-convulsive vs pro-convulsive [94]. Consistent with this line of investigation, FBP, which shunts the flux of glucose into the pentose phosphate pathway [95], has been shown to lower time to seizure onset, seizure duration, and seizure severity in the kainate, pilocarpine, and pentylenetetrazole (PTZ) models [96]. Further research is needed with these compounds to understand the mechanism by which they attenuate seizures, and whether or not they are anti-convulsive only or anti-epileptogenic.

Giménez-Cassina and colleagues (2012) recently made an intriguing mechanistic link between alternative mitochondrial fuel utilization, apoptotic machinery and neuronal excitability. They demonstrated that the Bcl-2-associated agonist of cell death (BAD), controls mitochondrial fuel utilization and neuronal excitability via plasmalemmal  $K_{ATP}$  channels. BAD therefore is an optimal target for interfering with epilepsy progression due to the effects it has on cellular function, classically in promoting apoptosis but also in regulating glucose metabolism. BAD exists in either phosphorylated or dephosphorylated states, resulting in opposing effects on cell death. By manipulating the phosphorylation state of BAD they were able to induce a metabolic switch comparable to what occurs with the KD and 2-DG administration and confer resistance to seizures [97].

## Potential Therapeutic Approaches to Targeting Metabolic Pathways and ROS in Epilepsy

Even with a myriad of anti-epileptic drugs approximately one-third of patients are refractory to these medications. Therefore, much of the focus in drug development has switched from treating or alleviating seizures to prevention or progression of the disease. The focus of current research is to develop treatments that are anti-epileptogenic as opposed to merely anti-seizure. Although it is evident that ROS and oxidative stress play a role in epileptogenesis, the exact pathogenesis and progression of free radicals and their effects on seizures remains unclear. Importantly, whether targeting mitochondrial processes has any effects on epileptogenesis remains to be determined. Two major issues associated with the therapeutic targeting of metabolic pathways is the complex interaction between 1) mitochondrial functions and cell signaling and 2) redundancies and adaptive control of metabolic perturbation. Despite the difficulties in specifically targeting metabolic pathways, it is clear that increased mitochondrial ROS occurs throughout epileptogenesis and contributes to seizure-induced neuronal injury. Additionally, global changes in metabolic function by switching fuels achieved with the KD can be antiepileptic. Collectively, this suggests that targeting mitochondria and ROS may be beneficial in controlling seizures and epileptogenesis by exerting neuroprotection and via alternate fuel utilization, both of which are operative during epileptogenesis. With respect to neuroprotection, preventing mitochondria-mediated damage may be directly beneficial or aid in the beneficial effects of neuroprotective drugs that also have anticonvulsant effects e.g. topiramate and levetiracetam. Preventing ROS formation and mitochondrial dysfunction may be an important avenue to prevent or delay the development of epilepsy and/or its comorbidities such as cognitive impairment. Levetiracetam, a novel antiepileptic drug, is unique to other drugs because of the effect it has on mitochondria. Levetiracetam has rescued mitochondrial deficits seen in GSH, aconitase, citrate synthase, CI, and  $\alpha$ -KGDH in a model of experimental or electrically induced SE [98]. These effects however did not attenuate seizure severity or decrease the frequency of seizures as seen from EEG parameters.

With respect to antioxidant therapies, three types of therapies may be considered 1) bulk or stoichiometric scavengers such as vitamin E or C or nitroxide spin traps, 2) catalytic antioxidants such as salen, macrocyclic or metalloporphyrins or 3) indirect antioxidants such as iron chelators or KD which activates antioxidant pathways such as Nrf2, increases mitochondrial GSH and decreases ROS production [4]. Vitamin E has also been shown to have antioxidant and neuroprotective effects in the pilocarpine model. In these studies, vitamin E increased catalase levels along with brain free fatty acid levels [99]. Vitamin E given as a co-medication to children with refractory epilepsy had an effect of decreasing seizure frequency over 3 months [100]. However, subsequent clinical trials of vitamin E have been controversial with many failed attempts to lessen the occurrence of seizures in pediatric patients and in animal models of epilepsy. A variety of other antioxidant compounds have been used in many models with varying degrees of success. The variability in results shows that although certain antioxidants have been effective in certain models, these effects need increased research to understand why these effects often don't translate to humans and/or other rodent models [101,102]. The use of antioxidants that directly affect or

improve mitochondrial function or oxidative stress pathways may provide new approaches for management of epilepsies.

The use of synthetic catalytic antioxidants capable of detoxifying ROS such as  $O_2^-$ ,  $H_2O_2$ ,  $ONOO^-$ , and lipid peroxide radicals [103], have been shown to protect mitochondrial targets and decrease neuronal death in animal models of epilepsy [2]. The metalloporphyrin MnTBAP and salen compounds (e.g. EUK-134) have been shown to lessen oxidative stress and neuronal damage induced by SE [104, 105]. Acute administration of MnTBAP did not attenuate the severity of behavioral seizures but did protect from mitochondrial aconitase inactivation, 8-OHdG formation, and hippocampal neuronal loss in the kainate model [2]. More recently it was shown that  $SOD2^{-/-}$  mice from a mixed genetic background (B6D2F2) that lived approximately 3 weeks, exhibited frequent spontaneous seizures by the second to third postnatal week which were attenuated by a blood-brain barrier permeable metalloporphyrin catalytic antioxidant [72]. Additionally, these mice had increased lifespan and were protected from neuronal death while indices of mitochondrial oxidative stress were all partially rescued. Whether antioxidant therapies or alternative fuel substrates alter progression of epileptogenesis and/or comorbidities associated with TLE remain to be determined. Regardless, mitochondria remain an attractive target for epilepsy therapeutics.

## Conclusion

In summary, there is ample evidence for increased ROS production and oxidative damage to cellular targets in experimental models of TLE. In human TLE, the evidence for oxidative damage is limited and more studies are needed using stable and informative biomarkers and methodologies. With respect to mitochondrial dysfunction, studies to date in human and experimental models have demonstrated alterations in various functions of mitochondria including apoptotic factors, ETC enzyme activities, ROS production/detoxification etc. Although alterations in these individual mitochondrial functions may herald “dysfunctional” mitochondria, it has been argued that direct assessment of the physiological function of mitochondria in generating ATP via OXPHOS is necessary to truly demonstrate mitochondrial “dysfunction” in a system [106]. Based on lack of bioenergetic assessment of mitochondria in experimental models of TLE, it is difficult to conclude that mitochondrial “dysfunction” occurs following seizures and/or epileptogenesis. Work from several laboratories including ours has shown oxidative damage to individual mitochondrial enzyme complexes as well as increased production of ROS during epileptogenesis. However, whether these individual events are adaptable via repair and/or antioxidant defenses and result in loss of ATP generation via OXPHOS remains to be established. Therefore, assigning a role for mitochondrial dysfunction in TLE based on currently available data should be cautiously interpreted.

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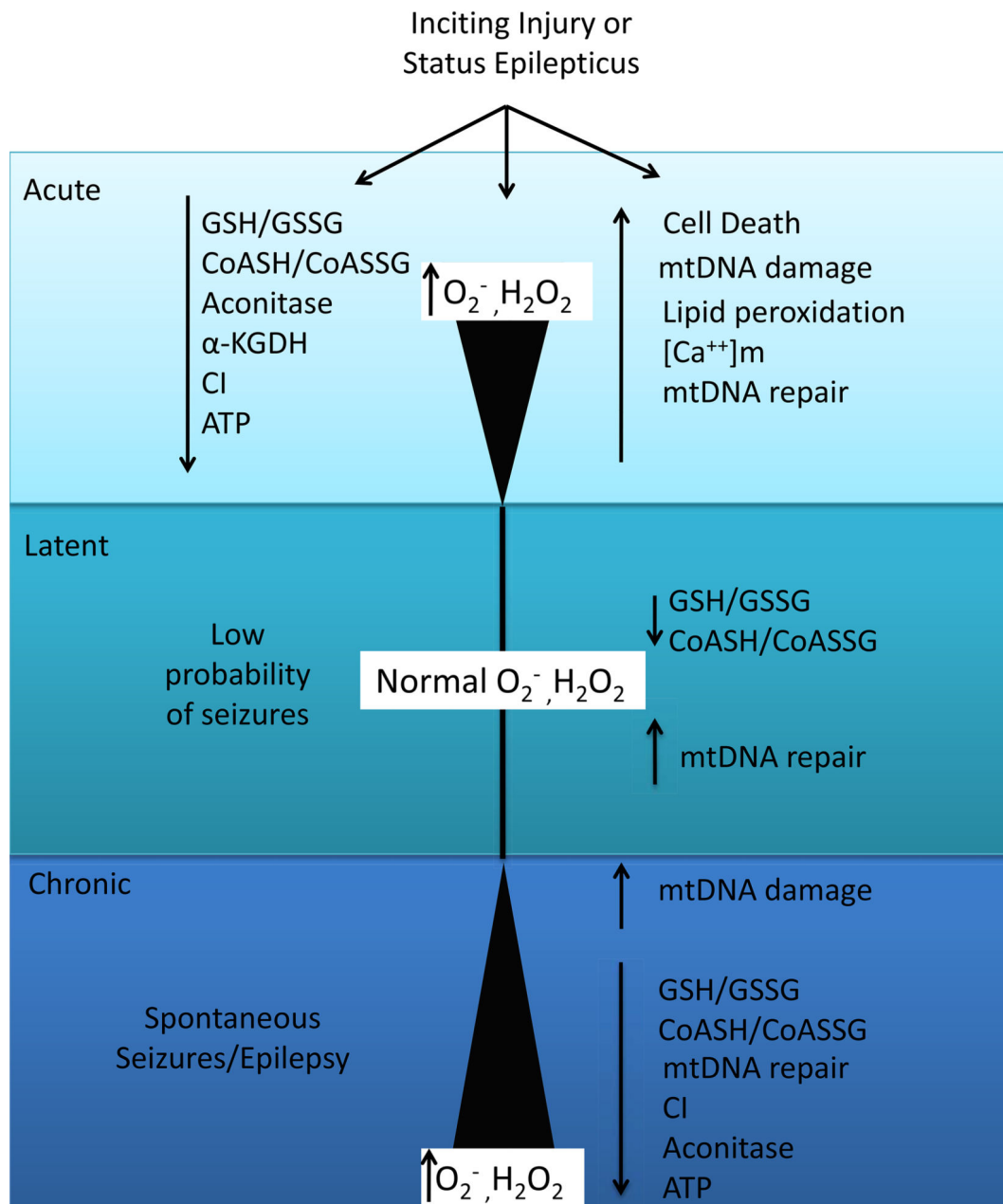
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### Highlights

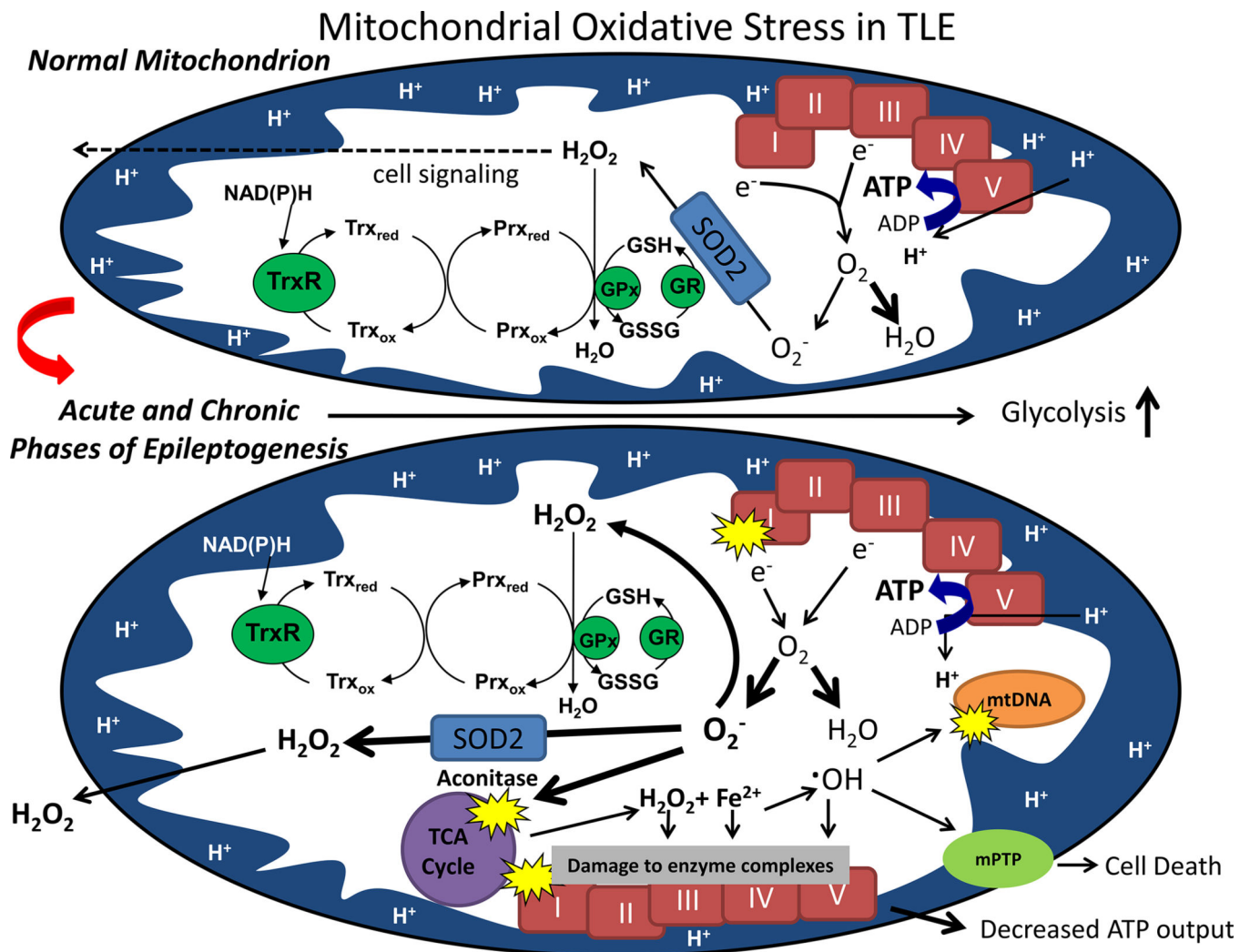
- We examine mitochondrial function and neuronal excitability in human and experimental models of temporal lobe epilepsy.
- Mitochondria contribute to seizure-induced reactive oxygen species formation.
- More work is needed to determine the mechanisms of how reactive oxygen species contributes to epileptogenesis.
- We examine potential metabolic therapies and targets for epileptogenesis.

## Temporal Lobe Epilepsy



**Figure 1.** Mitochondrial oxidative stress during the acute, latent and chronic phases of epileptogenesis. During the acute phase, shortly following an inciting injury increased production of reactive oxygen species (ROS) such as superoxide, hydrogen peroxide and hydroxyl radicals via Fenton chemistry and oxidative damage to mitochondrial targets and altered redox status occur. ROS production returns to control values during the latent period during which seizure probability is low; however mitochondrial and cellular redox environment remains persistently altered. ROS production and oxidative damage returns during the chronic phase

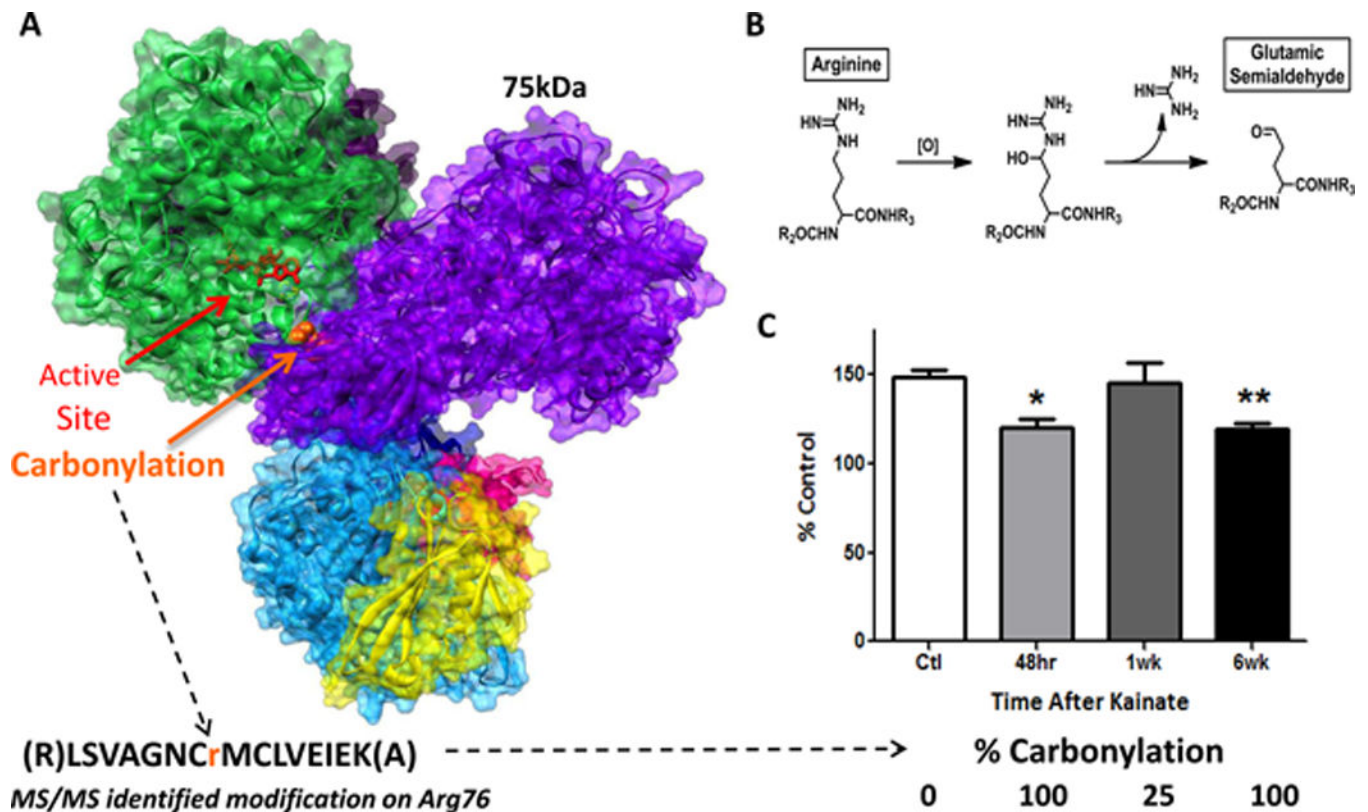
accompanied by spontaneous recurrent seizures. Mitochondrial repair enzyme expression is activated shortly after injury during the acute phase and remains elevated during the latent phase. Failure of repair enzymes may further exacerbate oxidative damage during the chronic phase of epileptogenesis. GSH=glutathione; GSSG=glutathione disulfide;  $\alpha$ -KGDH=  $\alpha$ -ketoglutarate dehydrogenase; CI= complex I; ATP= adenosine triphosphate; mtDNA= mitochondrial DNA;  $[Ca^{++}]_m$ = mitochondrial calcium concentration; ROS=reactive oxygen species.



**Figure 2.** Normal mitochondrial functions (depicted above) can be impaired following acute injury and during the chronic phase of epileptogenesis (depicted below). In normal brain mitochondria, superoxide (O<sub>2</sub><sup>-</sup>) produced via electron transport chain (ETC) Complexes I (CI) and III is detoxified by manganese superoxide dismutase (SOD2) while the majority of oxygen consumed is reduced to water; H<sub>2</sub>O<sub>2</sub> resulting from enzymatic and spontaneous dismutation is detoxified via the glutathione and thioredoxin/peroxiredoxin (Trx/Prx) pathways such that low levels emitted from mitochondria play a redox signaling role. Following an inciting injury such as status epilepticus or trauma, steady-state levels of mitochondrial (O<sub>2</sub><sup>-</sup> and H<sub>2</sub>O<sub>2</sub>) are elevated under conditions of low ATP production and inhibited CI[2, 25]. Inhibition of CI and aconitase are among two mechanisms that provide a feed-forward mechanism of reactive oxygen species (ROS)-induced ROS production by increasing O<sub>2</sub><sup>-</sup> and release of redox-active iron and H<sub>2</sub>O<sub>2</sub>, respectively [34,86]. Oxidative damage to vicinal targets such as mtDNA, lipids and proteins ensues[53]. Higher levels of H<sub>2</sub>O<sub>2</sub> emitted from mitochondria may damage plasmalemmal synaptic targets such as glutamate transporters and/or the ion channels potentially affecting neuronal excitability and



cell death. mPTP=mitochondrial permeability transition pore; GSH=glutathione; GSSG=glutathione disulfide; GR=glutathione reductase; GPx=glutathione peroxidase.



**Figure 3.**

Oxidative post-translational modification (carbonylation) of the 75kDa subunit in complex I correlates with loss of activity during epileptogenesis. [A] Homology model of the rat hydrophilic domain of mitochondrial complex I highlighting the enzyme active site (NADH binding in red) and location of carbonylation on Arginine 76 (Arg 76 - orange) at the n-terminus of the 75kDa subunit (purple). Mass spectrometry results indicate that carbonylation occurs in a single peptide 100% of the time at the acute and chronic stages of epileptogenesis and 25% during the latent period of kainate-treated adult male Sprague Dawley rats. [B] Schematic of the chemical oxidation of Arg76 to glutamic semialdehyde. [C] Mitochondrial complex I activity was significantly decreased at acute (48 hour) and chronic (6 week) stages of epileptogenesis in accordance with carbonylation at Arg 76 as shown in Ryan et al. 2012, J. Neuroscience.