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Comprehensive immunophenotyping of CSF cells in patients with neuroimmunological diseases

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Abstract

We performed unbiased, comprehensive immunophenotyping of cerebrospinal fluid (CSF) and blood leukocytes in 221 subjects referred for the diagnostic work-up of neuroimmunological disorders in order to obtain insight about disease-specific phenotypes of intrathecal immune responses. Quantification of 14 different immune cell subsets, coupled with the assessment of their activation status, revealed physiological differences between intrathecal and systemic immunity, irrespective of final diagnosis. Our data are consistent with a model, where the central nervous system shapes intrathecal immune responses to provide effective protection against persistent, especially by memory T cells, plasmacytoid dendritic cells and CD56bright NK cells. Our data also argue that CSF immune cells do not simply reflect cells recruited from the periphery. Instead,

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they represent a mixture of cells that are recruited from the blood, have been activated intrathecally and leave the CNS after performing effector functions.

Diagnosis-specific differences provide mechanistic insight into the disease process in the defined subtypes of multiple sclerosis (MS), neonatal onset multisystem inflammatory disease and Aicardi-Goutieres syndrome. This analysis also determined that secondary-progressive MS patients are immunologically closer to relapsing-remitting patients as compared to patients with primary-progressive MS. Because CSF immunophenotyping captures the biology of the intrathecal inflammatory processes, it has the potential to guide optimal selection of immunomodulatory therapies in individual patients and monitor their efficacy. Our study adds to the increasing number of publications that demonstrate poor correlation between systemic and intrathecal inflammatory biomarkers in patients with neuroimmunological diseases and stresses the importance of studying immune responses directly in the intrathecal compartment.

Keywords

multiple sclerosis; cerebrospinal fluid; flow cytometry; neurological disorders; neuroinflammation

INTRODUCTION

Neuroimmunological disorders of the central nervous system (CNS) are an expanding group of diseases affecting all age groups. The most extensively studied disorder is multiple sclerosis (MS). Although the pathogenic role of inflammation is no longer disputed in MS (at least in the most frequent form called relapsing-remitting MS [RR-MS]), neither the antigenic target, nor the pathogenic cell population(s) have been defined. Heterogeneity in pathological MS specimens suggests that diverse mechanisms may be driving the development of CNS lesions in different patients (1). Furthermore, decreased efficacy of immunomodulatory disease-modifying therapies (DMTs) in the later stages of MS raises the possibility that neurodegenerative mechanisms drive disability in primary-progressive (PP-MS) and secondary-progressive MS (SP-MS) (2, 3). This hypothesis is supported by a paucity of contrast-enhancing lesions (CEL) in neuroimaging studies (4) and presence of diffuse CNS tissue injury (5). However, pathological studies also demonstrate continuous presence of inflammatory cells in progressive MS, especially in the meninges (6–8). It is likely that patients with progressive disease who retain a prominent inflammation experience partial benefit from DMTs (9).

Thus, understanding the heterogeneity of intrathecal immune responses and their relationship to disease phenotype is a necessary prerequisite for rational selection of optimal therapy in patients with MS, as well as other neuroimmunological diseases for which pathogenic mechanisms are even less understood. Moreover, when targeted therapies are applied, it often remains unclear whether residual inflammation persists. This is exemplified by use of interleukin-1 (IL-1) receptor antagonist anakinra for the treatment of neonatal onset multisystem inflammatory disease (NOMID), characterized by excessive activation of innate immunity secondary to genetic defect in NLRP3 inflammasome pathway (10).

Immunophenotyping of cerebrospinal fluid (CSF) cells by flow cytometry is a powerful tool that provided important insights into the MS. It revealed that RR-MS patients have intrathecal expansion of B cells and plasma blasts, in comparison to non-inflammatory neurological diseases (NIND) controls (11). Others demonstrated a link between CSF B cells and intrathecal production of CXCL13 (12, 13) and between CSF B cells and CEL (14, 15). Additional cellular abnormalities involved decreased proportion of monocytes (11, 13), an elevated number of dendritic cells (DCs) (16), especially plasmacytoid DCs (17) and an increase in activated T cells (18–20). The latter abnormalities have not been confirmed in independent cohorts. As CSF evaluation of patients with progressive MS is rarely done in contemporary clinical practice, it is unclear if afore-mentioned findings apply also to these patients. The abnormalities summarized above are also found in other inflammatory neurological disease (OIND) patients and therefore raise the question whether immunophenotyping can reveal differences in the phenotype of inflammatory responses and thus provide insight into disease pathogenesis.

We performed comprehensive immunophenotyping in a sizable cohort of prospectively acquired pediatric and adult patients (N=221) who presented to NIH for diagnostic work-up of a neuroimmunological diseases with the following goals: 1. Develop a standardized 12 color, single staining flow cytometry immunophenotyping panel that can be applied to CSF specimens containing of as few as 5,000 CSF cells; 2. Define differences in the number and activation status of major immune subpopulations between blood and CSF; 3. Define immunophenotyping differences between different inflammatory disorders, including MS subtypes and 4. Assess the value of this method in defining disease pathogenesis and therapeutic management.

METHODS

Subjects

The study was approved by the NIH Institutional Review Board and all patients provided written consent (or assent). Patients were prospectively recruited between February 2011 and August 2013 from multiple NIH groups that provide care for patients with neuroimmunological or neuro-infectious disorders. Adult subjects had not received immunomodulatory therapies for a minimum of 3 months before immunophenotyping. As untreated pediatric patients could not be readily recruited, all pediatric patients were included irrespective of treatment.

All patients underwent a thorough diagnostic work-up evaluating infectious and auto-immune causes, magnetic resonance imaging (MRI) and CSF studies. When indicated by history or serological studies, CSF work-up included serological and qPCR search for infectious etiologies. Diagnosis of MS was based on 2010 revisions to the McDonald diagnostic criteria (21). Patients who presented with clinically isolated syndrome (CIS) were followed for a minimum of 1 year and reclassified as MS if they fulfilled diagnostic criteria. Patients who did not convert to MS were grouped with OIND subjects, because based on phenotypical and MRI characteristics, these patients were deemed to have low probability of converting to definite MS in the future.

Non-MS patients were grouped into diagnostic categories of adult or pediatric inflammatory (OIND) or non-inflammatory neurological diseases (NIND). Patients with a defined diagnosis were grouped based on whether the CNS disease was thought to be immune-mediated or not. Patients whose diagnosis remained unclear after diagnostic work-up were classified into OIND subgroup based on at least one of the following accepted laboratory and imaging markers of intrathecal inflammation: CSF pleiocytosis, increased IgG index, CSF oligoclonal bands (OCB) or presence of CEL on brain or spinal cord MRI. Patients who did not fulfill these criteria were classified as NIND.

Because NIH is a highly specialized international referral center, difficult-to diagnose patients are overrepresented in our cohort in comparison to regular clinical practice. The demographic data and diagnoses are summarized in Table 1.

Sample preparation and Flow cytometry

All samples were labeled with a prospectively assigned alpha-numeric code and personnel performing the studies were blinded to the diagnosis of the subject. Specimen collection, handling and processing was performed according to a written standard operating procedures (SOPs).

Immunophenotyping of peripheral blood cells was performed on anticoagulated blood within 60 minutes of *ex vivo* collection after osmotic lysis of erythrocytes. CSF samples were placed on ice immediately after collection. Within 15 minutes the CSF (usually 20ml) was spun and cell pellets were resuspended in 400 μ L ice-cold X-Vivo media (Lonza). Concentrated CSF cells were counted by hemocytometer (Neubauer; Hausser Scientific) at high magnification to allow differentiation of erythrocytes from nucleated cells. Concentration of CSF leukocytes per 1ml of CSF was calculated by dividing the total number of CSF leukocytes by volume of collected CSF.

The 12 color immunophenotyping panel is described in Table 2. A minimum of 10^6 blood cells and 5000 CSF cells were stained according to a previously established protocol (22), which included blocking of Fc receptors by 2% intravenous immunoglobulin (IVIg). Cells were immediately acquired on a BD LSR II with High Throughput Sampler (HTS) delivery system and analyzed with FACSDiva 6.1 software (all BD Biosciences). Gating was based on isotype controls. Sample acquisition, gating and sample exclusion (based on the review of quality of the staining and of absolute numbers of acquired events to assess reliability of data) was done on coded samples.

Statistical analysis

Appropriate transformations were applied to the 66 markers based on the results of the Box-Cox method. To evaluate the association of the markers with the factor of diagnosis, analysis of covariance (ANCOVA) with unequal variance model was performed with gender as covariate. Since age was related to the factor of diagnosis, it could not be used as a covariate. To assess the effect of age, ANCOVA with both age and gender as covariates was applied to a subset of four patient groups (PP-MS, SP-MS, OIND and NIND) in which there was no significant difference in age. To distinguish age-related from the disease-related

effects in pediatric group, we searched PubMed for articles describing age-related effects on the immune system in healthy donors (HDs) and compiled data from these articles into Supplementary Table 1. We also performed analysis of correlations between measured markers and age within three age-homogeneous cohorts in our study (i.e. “Pediatric”, “Young adult” and “Older adult” cohorts [Supplementary Table 1]). When congruency in correlation between the marker and the age was observed within several cohorts (including published data) we attributed the observed difference to age-related change and highlighted associated statistical annotations by grey shading in the relevant figures.

To evaluate the relationship between markers, pair-wise Spearman correlation coefficients were calculated for each cohort. To visualize the combined marker effect on diagnosis, a heat map was created from cluster analysis (Ward method) based on the markers with p-value of F-test (df=6) less than 0.015 in ANCOVA.

To examine the difference between CSF and blood, repeated measures ANOVA was performed with two factors, diagnosis (between-subject factor), type (within-subject factor) and their interaction in the model. Statistical analyses were performed using SAS version 9.2.

Because we were able to recruit only 5 HDs, this group was too small to use for statistical analysis. Instead, we plotted mean \pm 2SD for HD group as approximate reference range, with the understanding that SD may be artificially inflated due to small cohort size.

RESULTS

Development of a 12 color flow cytometry immunophenotyping panel

In pilot experiments we have optimized the combination of commercially-available fluorochrome-conjugated antibodies (Table 2) that allowed us to reliably quantify 14 subpopulations of immune cells (see gating strategy in Supplementary Fig. 1) and assess their *in vivo* activation. We used several activation markers (HLA-DR: activated “effector” T cells, CD25: activated T cells, B cells, monocytes and DCs, and CD80: activated monocytes, DCs and B cells) combined with cell-specific measurements of size and granularity.

We observed significant differences between blood and CSF samples in proportion and activation status of virtually all immune cells analyzed. These changes were seen across all diagnostic categories. In Figure 1 we highlight markers for which there was interaction between sample type and diagnosis. In Supplementary Figure 2 we provide plots of differences between diagnostic categories for the highlighted markers. Diagnosis-specific changes will be discussed later; here we focus on global changes within the entire cohort and highlight only statistically significant changes.

Compared to blood (Fig 1A), the proportion innate immune cells is lower in the CSF; monocytes were decreased by $45.18 \pm 7.51\%$, granulocytes by $71.73 \pm 1.69\%$ and basophils by $53.89 \pm 36.83\%$. Subsets of DC and NK cells were differentially represented: myeloid DCs (MyDC) and CD56^{dim} NK cells were under-represented in the CSF compared to blood

(MyDC by $3.89 \pm 1.22\%$ and $CD56^{\dim}$ NK cells by $47.85 \pm 2.99\%$), while plasmacytoid DC (PIDC) and $CD56^{\text{bright}}$ NK cells were over-represented in the CSF (PIDC by $143.57 \pm 0.18\%$ and $CD56^{\text{bright}}$ NK cells by $109.93 \pm 40.09\%$).

Several innate immune subsets in the CSF had phenotypes consistent with recent activation: monocytes were significantly smaller and dramatically degranulated (SSC decreased by $17.32 \pm 9.15\%$). Granulocytes were also smaller in the CSF but had comparable granularity to blood cells (SSC smaller by $0.94 \pm 1.58\%$ in the CSF compared to blood) and basophils did not have altered size or granularity. In contrast, DC and NK cells were significantly larger in the CSF, indicating their activated status, but only those DC and NK cells that were over-represented in the CSF were also significantly degranulated in comparison to blood: i.e. PIDC were degranulated by $18.64 \pm 6.49\%$ and $CD56^{\text{bright}}$ NK cells were degranulated by $12.50 \pm 2.19\%$.

Among adaptive immune cells (Fig 1B), proportions of all T cell subsets were significantly increased in the CSF, while B cells were dramatically reduced (by $75.79 \pm 37.18\%$). $CD4^+$ T cells were proportionally more expanded in the CSF than $CD8^+$ T cells (by $38.30 \pm 8.14\%$ for $CD4^+$ and by $13.03 \pm 4.72\%$ for $CD8^+$ T cells), which resulted in increased $CD4/CD8$ T cell ratio in the CSF, consistent with a previous reports (23). Compared to blood, T cell populations had activated phenotypes in the CSF: they were significantly larger ($CD4^+$ T cells by $15.09 \pm 3.31\%$ and $CD8^+$ T cells by $13.68 \pm 7.31\%$) and degranulated ($CD4^+$ T cells by $4.92 \pm 3.31\%$ and $CD8^+$ T cells by $3.56 \pm 1.39\%$). Interestingly, while HLA-DR⁺ T cells are larger and more granular than HLA-DR⁻ T cells (consistent with recent-activation) they were even larger and more strongly degranulated in the CSF compared to their counterparts in the blood (HLA-DR/ $CD4^+$: $+4.45 \pm 1.02\%$ size and $-11.04 \pm 3.98\%$ granularity; and HLA-DR/ $CD8^+$ T cells: $+3.07 \pm 1.47\%$ size and $-8.02 \pm 2.08\%$ granularity). These effectors were dramatically expanded in the CSF (Fig 1B). We also noted over-representation of “cytotoxic” T cells, $CD4^+$ and $CD8^+$ T cells expressing NK marker $CD56$ in the CSF, which were also larger than their blood counterparts. However, only $CD8^+/CD56^+$ T cells were degranulated in the CSF.

B cells were significantly larger in the CSF ($28.90 \pm 3.09\%$) and were the only cellular subpopulation with higher granularity in the CSF ($4.3 \pm 0.91\%$). This was likely due to the fact that our immunophenotyping panel could not differentiate B cells from plasma blasts, which are larger and more granular than B cells, but still express $CD19$ (14).

Differences in the immune cells among diagnostic categories

Overall, we observed prominent overlap between diagnostic categories for both blood and CSF markers (Fig 2–5). In general, the two pediatric cohorts were more dissimilar compared to the adult subgroups. Although we show all significant differences in the Figures 2–5, we only highlight those that we consider to be biologically meaningful based on consistency and high levels of significance. Differences that could be age-related (and thus were not considered to be disease specific) are highlighted by grey shading of the statistical annotations within Fig 2–5.

Differences in T cells

While no differences among adult subgroups were observed for blood T cells, in the CSF the OIND patients had significantly higher absolute numbers of all T cells (CD3+, CD4+, CD8+), including HLA-DR+ effector CD4+ T cells (Fig 2) in comparison to NIND patients and the two progressive MS subgroups. Additionally, RR-MS patients had significantly higher absolute numbers of the majority of CSF T cell subpopulations (CD3+, CD4+, CD8+ and CD4-/CD8- "double negative" T cells (Tdn; Fig 3)) in comparison to PP-MS, but not SP-MS patients.

Multiple differences were observed between pediatric and adults subgroups. In the blood, pediatric patients had elevations in absolute numbers of T cells (Fig 2), especially CD8+ and Tdn (Fig 3), as compared to adult patients. Based on literature review and our age-homogenous subgroup analysis (Supplementary Table 1), these results reflect physiological elevations of lymphocytes in pediatric subjects.

The increases in Tdn in both pediatric cohorts compared to adults was also seen in the CSF. The uniformity of this change and its congruency with our age-homogenous subgroup analysis suggests that this difference is likely age-related. Both pediatric cohorts also had elevated absolute numbers of CD3+ and CD8+ in the CSF in comparison to NIND, PP-MS and SP-MS subjects. For CD4+ T cells, the difference was only significant for absolute numbers between pediatric OIND (pOIND) cohort and NIND, PP-MS and SP-MS patients, which was likely driven by the overall CSF pleiocytosis observed in the pOIND cohort. The pOIND patients had actually significantly lower %-age of CD4+ T cells in the CSF. Because this change is inconsistent with the physiological enrichment of T cell in pediatric patients, it is likely disease-related. The proportional decline in CSF T cells in the pOIND patients can be explained by substantial enrichment of monocytes and granulocytes in the CSF of this cohort (see below), consisting mostly of NOMID patients. Our interpretation that adaptive immunity does not play dominant role in this disorder is further supported by additional observations: pOIND cohort had decreased proportions of HLA-DR+ T cells (Figs 2&3) and it was the cohort that was driving the statistical interactions with the diagnosis identified in Fig 1. Specifically, in comparison to all other cohorts, pOIND patients had the smallest enrichment of T cells in the CSF in comparison to blood (Supplementary Fig 2) and in fact, for CD8+ T cells, the CSF/blood ratio was inverted (Supplementary Fig 2B). Only absolute numbers of cytotoxic CD56+/CD8+ T cells were significantly enriched in the CSF of the pOIND cohort, but these cells cannot be distinguished by our immunophenotyping panel from NKT cells, which are part of the innate immune system.

We did not observe significant differences in the remaining activation markers, such as size, granularity and CD25 expression among other patient subgroups (data not shown).

Differences in B cells

In adults, we did not observe any B cell related differences in the blood. In contrast, B cells were over-represented in the CSF of RR-MS and SP-MS (but not PP-MS) patients in comparison to NIND controls (Fig 4, top panels). When considering absolute numbers of CSF B cells, RR-MS patients had significantly higher numbers in comparison to both NIND

and PP-MS (but not SP-MS) patients. Similarly, OIND patients had elevated CSF B cell numbers in comparison to NIND and PP-MS cohorts.

We also observed a significant increase in CD80 expression on CSF B cells in RR-MS patients as compared to NIND subjects ($p=0.02257$, data not shown).

B cells were dramatically enriched in the blood of pediatric NIND (pNIND) patients in comparison to all adult subgroups, both as a proportion and absolute numbers. This change is consistent with physiological enrichment of lymphocytes in the pediatric subjects (Supplementary Table 1). However, we cannot rule out disease-related contributions, because the pNIND group exhibited dramatic enrichment of blood B cells in comparison to CSF B cells among all diagnostic categories, including HDs (Fig 4 upper panels and Supplementary Fig 2B). In contrast, no statistically-significant differences from adult cohorts were observed in pOIND patients. Pediatric patients had increased absolute numbers of CSF B cells in comparison to NIND and PP-MS adult patients, which is likely age-related.

Differences in monocytes

RR-MS patients had a significantly lower CSF proportion of monocytes in comparison to NIND and PP-MS, but not SP-MS patients (Fig 4, second row). Due to relative CSF pleiocytosis in RR-MS cohort, this change was no longer significant when considering absolute numbers of monocytes.

pNIND patients had robust decrease in the proportion of monocytes in the blood in comparison to all adult patients. Because this difference disappeared when absolute numbers were considered, we believe that this proportional decrease of monocytes in the blood is linked to robust proportional enrichment of lymphocytes (especially B cells) in the same patients. In the CSF, pOIND patients exhibited strong increase in the absolute numbers of monocytes compared to all subgroups, including pNIND.

Differences in NK cells

Among adult patients, the OIND group had significantly higher absolute numbers of NK cells in the CSF in comparison to NIND and PP-MS patients (Fig 4, last 2 rows). No significant differences were noted among adult subjects in the blood.

In the blood, pediatric patients had overall higher numbers of NK cells in comparison to adult patients; this difference was more pronounced for CD56^{bright} NK cells and especially in the pNIND cohort. While this is consistent with physiological enrichment of lymphocytes in the blood of pediatric patients, the difference between pNIND and pOIND subjects in numbers of CD56^{bright} NK cells suggests the possibility of disease-related change.

Absolute numbers of CD56^{dim} NK cells were increased in the CSF of pediatric patients in comparison to all adult subgroups, except OIND. Absolute numbers of CD56^{bright} NK cells were increased only in pOIND subgroup and only in comparison to NIND, PP-MS and SP-MS cohorts. Because of lack of normative pediatric data, it is unclear if this represents physiological or disease-related difference.

Differences in DCs

The more prevalent MyDC were proportionally under-represented in the blood of pediatric cohorts (Fig 5, upper row); this difference was significant only in pNIND in comparison to adult subgroups. The difference was less robust for pOIND group and disappeared when absolute numbers of MyDC were considered. However, both pediatric cohorts had significantly higher absolute numbers of MyDC in the CSF in comparison to NIND, PP-MS and SP-MS subgroups. In contrast, no differences in the proportion, activation status or absolute numbers of MyDC were observed among adult patients.

PIDC were conspicuously elevated in the CSF of the pediatric cohort, both in terms of proportions and absolute numbers (Fig 5, second row). The prominent increase in the proportion and absolute numbers of CSF PIDC in a subgroup of pNIND patients (in AGS patients; Supplementary Fig 2A), strongly suggests disease-related process.

In contrast, among adult subjects, only OIND and RR-MS patients had higher absolute numbers of PIDC in the CSF in comparison to NIND group.

Differences in granulocytes and basophils

Granulocytes were proportionally decreased in the blood of pNIND cohort in comparison to all adult patients (Fig 5), consistent with age-related normative data (Supplementary Table 1). In contrast, pOIND cohort did not have physiological proportional decrease in blood granulocytes. Furthermore, pOIND patients had prominent expansion of absolute numbers of granulocytes in the CSF, in comparison to adult subgroups and pNIND cohort. There was similarly robust expansion of absolute numbers of basophils in the CSF of pOIND cohort as compared to all adult subgroups, except OIND. Overall these data indicate that the primary immune alteration in the pOIND cohort resides in innate immune cells, such as monocytes, granulocytes and basophils. This interpretation is supported by the observation that the majority of statistical interactions with the diagnosis identified in Fig 1A were driven by pOIND NOMID patients. Specifically, these patients had inverted blood/CSF ratio of monocytes (i.e. had higher proportion of monocytes in the CSF than in the blood) and had also inverted ratios of monocyte size and granulocyte granularity (Supplementary Fig 2A). In other words, CSF monocytes of NOMID patients were larger and CSF granulocytes were significantly more degranulated in comparison to their counterparts in the blood.

No significant differences in the proportion, numbers or activation status of granulocytes and basophils were identified among adult patients, with the exception of increased proportion of granulocytes in the CSF of PP-MS cohort in comparison to RR-MS.

Correlations between immune subpopulations in the blood and CSF

Virtually all non-physiological differences between diagnostic categories were related to CSF and not blood biomarkers, suggesting that immune cells in the CSF are not simply recruited from the periphery. To support this interpretation, we analyzed correlations between blood and CSF biomarkers using Spearman correlation coefficient higher than 0.5 as an indication of biologically meaningful correlation (i.e. explaining >25% of variance).

We found significant correlations between immune cell subsets in the blood and CSF only in two non-inflammatory cohorts: the NIND and pNIND (Table 3). In NIND, the strongest correlations were observed for DnT ($r = 0.72$ $p < 0.0001$), CD8+ T cells ($r = 0.55$; $p = 0.0035$) and their “effectors” (HLA-DR+ CD8+ T cells; $r = 0.68$; $p = 0.0001$) and for B cells ($r = 0.67$; $p = 0.0002$). Within the same cohort, the activation status of B cells, as measured by levels of CD80, also correlated strongly between blood and CSF compartment ($r = 0.84$; $p = 0.0001$). In pNIND cohort we observed significant correlations between blood and CSF B cells ($r = 0.61$; $p = 0.0358$) and between subsets of CD4+ T cells (CD56+/CD4+; $r = 0.73$; $p = 0.0065$ and HLA-DR+/CD4+; $r = 0.66$; $p = 0.0202$) and MyDC ($r = 0.59$; $p = 0.0446$). Additionally, although monocyte numbers in the CSF did not correlate with monocyte numbers in the blood for any cohort, we observed statistically significant correlation between CD80 expression on monocytes in the blood and CSF for both OIND ($r = 0.62$; $p = 0.0036$) and pOIND ($r = 0.53$; $p = 0.0432$) patients.

Unsupervised clustering based on CSF immunophenotyping data

Because the biggest challenge for clinicians is to determine extent of intrathecal inflammation in diagnostically uncertain cases, we wanted to assess relationship between immunophenotyping data and the diagnostic categories by unsupervised clustering (Fig. 6).

On the cell level, the algorithm clustered absolute numbers of adaptive immune cells, such as T and B cells subsets. Interestingly, CD56^{dim} NK cells and myeloid DCs also clustered with this large group. Based on this largest discriminatory group, patients could be separated into 3 clusters: A: low, B: medium and C: high absolute numbers of immune cells. A smaller cluster contained absolute numbers of monocytes, granulocytes and basophils. The next cluster consisted of proportions and numbers of PIDs and DnT, which contain high proportion of γ/δ T cells (unpublished observations). Proportions of B cells represented a unique cluster, but with close proximity to the DnT cluster. The final two clusters consisted of proportions of CD3+ and CD4+ T cells and proportions of granulocytes and monocytes and these subdivided patient categories with moderate to high CSF pleiocytosis (i.e. groups B&C) into 2 distinct subgroups: B1 and C1 had proportional predominance of monocytes and granulocytes (which also dominated the entire group A), whereas B2 and C2 had proportional predominance of T cells, especially CD4+. Thus, the unsupervised clustering actually reflected the biology of the immune responses, by clustering in proximity those elements that are usually activated together.

On the patient level, group A, characterized by low numbers of immune cells and relative dominance of innate immunity, contained most patients with non-inflammatory etiology. The majority of HDs (80%) and NIND (46.7%) patients fell into this group. More than a third of progressive MS patients also fell into this group (42.31% of PP-MS and 33.33% of SP-MS).

Group B contained intermediate numbers of immune cells. RR-MS patients clearly dominated this group (65.96%), followed by a large proportion of SP-MS (61.90%) and PP-MS (50.00%) patients. Although 43.3% of NIND patients and 20% of HD also fell into this group, all of them were classified into group B1: with relative predominance of innate immune cells. Similarly, out of 40.6% of OIND patients who clustered here, $\frac{3}{4}$ clustered to

the B1 sub-group. Likewise, pNIND and pOIND patients clustered exclusively to B1 subgroup. In contrast, MS patients, especially RR-MS and SP-MS clustered preferentially to B2 subgroup.

Finally, group C was characterized by high numbers of immune cells. Not surprisingly, the largest proportions of patients with intrathecal inflammation (40.63% of OIND, 76.92% of pOIND, but also 25.53% of RR-MS and 75.00% pNIND) clustered here, whereas NIND patients, as well as patients with progressive MS were almost completely excluded. As would be expected for NOMID disease process, the majority of pOIND patients (61.54%) clustered to C1. Interestingly, a large portion of pNIND patients (66.7%) also clustered to C1. In addition to AGS patients, who had the highest proportions and absolute numbers of PIDC with relative lack of monocytes and granulocytes (and thus clustered at the R-edge of C1 category, Fig 6), pNIND category contained mostly children with autoinflammatory syndromes other than NOMID.

While OIND patients were equally distributed between C1 (21.88%) and C2 (18.75%), almost all RR-MS patients clustered to group C2, consistent with predominance of adaptive immunity in this disease.

DISCUSSION

Results of the current study can be conceptually divided into two categories:

The first relates to the physiological relationship between systemic and intrathecal immune responses: CSF leukocytes differ from those from blood in a surprisingly uniform manner, irrespective of patient diagnosis. Most of innate immune cells (i.e. granulocytes, monocytes, MyDCs, basophils and CD56^{dim} NK cells) and B cells are proportionally under-represented in the CSF, while T cells (especially CD4+), immunoregulatory CD56^{bright} NK cells and PIDCs are over-represented. We confirmed that T and B cells in the CSF have more activated phenotype than analogous cells in the blood, an observation that was previously attributed to selective ability of activated lymphocytes to cross the blood brain barrier (BBB) (24). We expand these findings by demonstrating that CSF T cells not only express more activation markers such as HLA-DR, but they are also significantly and uniformly degranulated in comparison to their blood counterparts. Our data argue that CSF immune cells do not simply reflect cells recruited from the periphery. Instead, they represent a mixture of cells that are recruited from the blood, are activated intrathecally and leave the CNS after performing effector functions. This explanation is consistent with our observation that the only biologically-meaningful correlations between numbers of immune cells in the blood and CSF were observed in patients with non-inflammatory CNS processes, where selective expansion and/or retention of immune cells in the intrathecal compartment was minimized. “Finally, this explanation is also consistent with observations from animal models, which demonstrated that activated T cells enter the CNS compartment irrespective of their antigen specificity, but only those T cells that recognize antigen(s) expressed in the CNS are retained and expanded (25, 26). While the majority of T cells that expand in CNS tissue undergo apoptotic death leading to termination of the intrathecal immune response(s), some of them leave the CNS compartment to become memory T cells, as evidenced by

increased precursor frequency of autoreactive T cells in the blood several weeks/months after experimentally-induced stroke (27).

The uniformity of the phenotypical changes affecting immune cell subsets in the CSF supports the notion that the CNS microenvironment shapes intrathecal immune responses: e.g. we observed simultaneous activation and degranulation of the PIDs and CD56^{bright} NK cells in the CNS, the two cell populations that are also selectively enriched in the CSF in comparison to blood. In contrast, MyDCs, CD56^{dim} NK cells, but also granulocytes and basophils (all cell types that are under-represented in the CSF) had comparable granularity in both compartments. It is likely that recruitment to the CNS and local activation of these cells is physiologically restricted, because they can be highly destructive for CNS tissue (28). This explanation is supported by our observations that in NOMID patients, with genetically-determined aberrant activation of inflammasome pathway, granulocytes (and monocytes) in the CSF are both abundant and degranulated.

Out of the common innate effectors, monocytes behave uniquely in their decreased granularity in the CSF indicating intrathecal engagement of effector functions. Interestingly, while some studies have highlighted a pathogenic role of monocytes in CNS tissue destruction (28) others have shown that under physiological conditions monocytes promote repair of CNS tissue, including remyelination (29–31).

In contrast to constrained innate immune responses, CSF is highly enriched for memory/effector T cells, especially CD4⁺. It is known that T cells are important for immunosurveillance against persisting neurotrophic viruses (32, 33). Physiological intrathecal immunity controls inadvertent activation of such opportunistic pathogens and memory T cells in conjunction with PIDs (34) and NK cells (35, 36) are uniquely suited to play this role. However the humoral part of the adaptive immune responses is profoundly under-represented in the CSF. One wonders whether an abundance of B cells poses a special threat for CNS tissue. It is informative to recall that transgenic animals, in which the majority of T cells (or B cells) recognize CNS auto-antigen, rarely develop spontaneous CNS autoimmunity. However, when they are crossed to animals, in which transgenic T and B cells recognize the same auto-antigen, spontaneous CNS inflammation is frequent (37, 38). Thus, autoreactive T cells need help from autoreactive B cells in order to mediate CNS tissue injury, explaining the high efficacy of B cell-depleting therapies in MS (39).

However, one cannot forget that CSF immunophenotyping reflects only the “mobile” pool of immune cells that reside in the CNS. For example, it has been demonstrated previously that despite predominance of CD4⁺ T cells in the CSF, CD8⁺ T cells actually represent the majority of T cells infiltrating the CNS tissue (40). Nevertheless, pathology studies that utilized NIND controls generally found very few immune cells (other than microglia) infiltrating CNS parenchyma or meninges and therefore in HD and NIND subjects, the CSF immunophenotyping likely reflects physiological status of intrathecal immunity (or healthy immunosurveillance function of the CNS) and this is what we are focusing on in this first part of the discussion. To summarize: our data point to the existence of physiological regulation of intrathecal immune responses, which likely aim to provide immunity against persistent pathogens and to enhance immune-mediated repair, while limiting the potential

for immune-mediated destruction of CNS tissue (by enhanced presence of regulatory immune cells such as FoxP3+ T-regs (41, 42) and CD56^{bright} NK cells (43) and by limited recruitment of granulocytes, CD56^{dim} NK cells, myeloid DCs and B cells).

Nevertheless, our data also indicate that despite physiological regulation, *in-situ* inflammation-driven changes shape cellular composition of CSF in a disease-specific manner. Referring back to previously mentioned “mobile” versus “static” pools of intrathecal inflammatory cells, we recognize that CSF immunophenotyping may be significantly under-representing disease-specific differences, especially as they relate to immune cells infiltrating CNS tissue.

With this drawback in mind, we reproduced previously-validated enrichment of CSF B cells and relative decrease of CSF monocytes in RR-MS patients in comparison to NIND controls, leading to profound decrease in monocyte/B cell ratio in the RR-MS cohort (Supplementary Fig 3a). We have put un-validated reports of other CSF abnormalities observed in MS patients into the perspective of properly-controlled large datasets, analyzed in a blinded fashion using identical SOPs. Thus, we conclude that the most conspicuous and reproducible intrathecal immune abnormality in RR-MS resides in abnormal adaptive immune responses, including humoral immunity, in accordance to previously-described presence of OCB and high IgG index (44), high intrathecal concentrations of CXCL13 (12, 45, 46) and high CSF numbers of B cells and plasma cells. MS has been traditionally viewed as T cell-mediated disease and our data do not disprove this notion. Instead, they indicate that both parts of the adaptive immune responses, i.e. T cell and B cells, play important role in MS disease process, likely through potentiation of each other's functions. In contrast, we reason that the scarcity of CSF monocytes in RR-MS is likely secondary to their preferential recruitment to actively demyelinating lesions, where they clear myelin debris and potentially promote remyelination (30). This explanation is consistent with observations that RR-MS patients have higher (not *lower*) CSF levels of IL-12p40 (the cytokine preferentially released by activated monocytes/macrophages) and that levels of IL-12p40 peak *after* development of MRI CEL (47). The rapid filling of MS plaques with intravenous contrast likely signifies that the tissue integrity inside the CEL has already been damaged; otherwise the fluid would slowly propagate along the white matter tracks, as it does in vasogenic edema associated with brain tumors. It is into this damaged tissue that monocytes are recruited to phagocytose myelin and activated to produce IL-12p40.

We also provide a comprehensive comparison between patients with different MS subtypes: our data show decidedly that on a group level, SP-MS patients are immunologically closer to RR-MS than PP-MS patients are. RR-MS patients have significantly higher numbers of CD4+ and CD8+ T cells and B cells, in comparison to PP-MS only. Both RR-MS and SP-MS (but not PP-MS) patients have elevated proportions of CSF B cells in comparison to NIND. Finally, PP-MS patients have higher proportions of monocytes and granulocytes as compared to RR-MS, but not SP-MS subjects. Unsupervised clustering also grouped SP-MS closer to RR-MS in comparison to PP-MS. Having said that, we also observed substantial overlap between the three MS groups, supporting the notion of heterogeneity of disease mechanisms across clinical diagnostic categories. We will get back to this point later in the discussion.

Genetically confirmed NOMID and AGS patients represent clear examples of the potential of CSF immunophenotyping to provide insight into disease processes. Despite the fact that the vast majority of studied NOMID patients were treated with anakinra, we found significant elevations in their intrathecal levels of monocytes and granulocytes, even in comparison to the pNIND cohort. Furthermore, intergroup comparison in the size and granularity of monocytes and granulocytes provided strong evidence for their intrathecal activation in NOMID patients. Thus, we conclude that therapy with anakinra does not completely normalize intrathecal immune abnormalities in this cohort, perhaps due to persistent activation of IL-18 arm of the inflammasome pathway (48) or inability of anakinra to access intrathecal compartment after therapeutic closure of the blood brain barrier (BBB).

Similarly, we observed homogeneous abnormalities in AGS patients, which were grouped into pNIND cohort based on the lack of CSF abnormalities on clinical laboratory tests. However, research laboratory CSF counts were consistently elevated in this group, in accordance with published reports (49). We observed prominent expansion of PIDs in their CSF (Supplementary Fig 2A), consistent with the proposed disease mechanism, where genetic defect in the metabolism of nucleic acids leads to activation of innate immune system and intrathecal production of α -interferon (IFN- α) (50). PIDs are the best known cellular producers of IFN- α (51). AGS might be more appropriately classified into pOIND group despite lack of clinical laboratory biomarkers of CNS inflammation. AGS may be considered another auto-inflammatory disorder, especially because AGS-associated genetic defects can also aberrantly activate the inflammasome pathway (50). This brings us to the final topic of the discussion.

We acknowledge that our study has important limitations: we consider the lack of normative data on HDs the most imperative. We were able to collect only 5 HDs. The concentration of CSF cells (median 2472.73, range: 866.67–4740.64) obtained from this small cohort is slightly higher than the only other published cohort of HDs we are aware of (median 968 cells/ml of CSF, range 413–2616; (52)). Our strict SOPs designed to limit CSF cells loss are the likely explanation for the higher numbers of CSF leukocytes in our cohort. Accordingly, we observed a higher proportion of granulocytes and monocytes, which are most susceptible to lysis or adherence to plastic in CSF samples that remain unprocessed for extended time. If this small cohort is truly representative, then all patient cohorts differ from HDs in many aspects (Figs 2–5).

In this regard, inclusion of a broad range of patients with putative neuroimmunological disorder represents both a strength and noteworthy challenge of the current study. In contrast to previous studies, where control groups were clearly different from MS (e.g. patients with normal pressure hydrocephalus), NIND and OIND patients included in this study were all referred for evaluation of possible neuroimmunological disorder. Patients classified as OIND have infectious, autoimmune and autoinflammatory CNS diseases with *diverse phenotypes* of the intrathecal immune responses. This diversity contributes to the broad spread of immunophenotyping values and diminishes statistical significance of the intergroup comparisons. Furthermore, because of our strict adherence to currently approved CSF laboratory tests in diagnostic classification, it is likely that the OIND cohort includes patients with history of past intrathecal inflammatory process, but without active CNS

inflammation. This is due to the fact that IgG index or OCB may remain elevated for years after the intrathecal inflammatory process has subsided, because of the longevity of plasma cells (53) and that contrast-enhancement on brain MRI represents opening of the BBB, which may, or may not be due to inflammatory process.

A similar degree of heterogeneity and diagnostic uncertainty applies to NIND patients. Classification of NIND category was based on negative systemic work-up for neuroimmunological disorder, the absence of CEL on MRI and benign CSF profile. Unfortunately, these standard markers, developed decades ago, are not of sufficient sensitivity to unambiguously exclude intrathecal inflammation. For example, counting in a Neubauer hemocytometer is (according to manufacturer insert) unreliable under cell concentrations below 250,000 cells/ml. This represents the vast majority of unspun CSF samples. In contrast, our research laboratory effectively concentrated CSF cells 50 fold and thus increased the reliable range of hemocytometer counts to specimens with more than 5000 cells/ml of CSF. This represents the majority of CSF samples processed in this study. Not surprisingly therefore, we observed poor, albeit statistically significant ($r=0.4636$; $p<0.001$; Supplementary Fig 3b) correlations between CSF cell counts generated in the NIH clinical laboratory, versus our research laboratory. Most importantly, this enhanced counting of CSF cells demonstrated that many patients from the NIND category had absolute counts above 2SD of HD range. While we do not dare to re-classify patients from NIND to OIND category solely based on the CSF counts obtained in our research laboratory, we remain open to the possibility that current diagnostic processes are insensitive to intermediate levels of intrathecal inflammation, which may nevertheless be pathophysiologically important.

That is the openness with which we also interpret results of unsupervised clustering. By itself, CSF immunophenotyping cannot represent a diagnostic test. However, our data on NOMID, AGS patients and MS subtypes indicate that CSF immunophenotyping captures the biology of the immune process extremely well, probably better than clinical diagnostic classification of polygenic diseases. Therefore, the question we should be asking is “what kind of disease characteristics do patients who cluster together have in common”? Can clustering based on immunophenotyping data identify those patients with progressive MS who have remaining intrathecal inflammatory process amenable to therapy with current DMTs? Will NIND patients, who cluster with OIND patients show abnormal levels of other neuroinflammatory biomarkers? Undoubtedly, these questions are beyond the scope of the current paper. Nevertheless, each clinical collaborator plans to address in future studies whether CSF immunophenotyping relates to the phenotype, genotype or severity of the disease process. Our anecdotal observations suggest that this may be the case; e.g. when immunophenotyping profile of PP-MS patient cluster with RR-MS patients, such patient may have phenotypical aspects of disease that are more typical for RR-MS, such as CEL or a large MS lesion load in the brain, as opposed to predominant involvement of the brainstem or spinal cord, which is more typical for PP-MS. But we obviously need to perform this analysis in an unbiased way, where rating of the imaging and clinical disease characteristics is done by an evaluator blinded to the immunological data and by using pre-defined, reproducible outcomes (54).

Lastly, our study adds to the increasing list of publications that demonstrate poor correlation between systemic and intrathecal immune responses in patients with neuroinflammatory diseases. For example, soluble inflammatory markers do not correlate between blood and CSF and sometimes may have even opposing trends (46, 55, 56). Similarly, a study which evaluated B cell exchange between peripheral blood and CSF by deep sequencing of IgG heavy chain variable region genes (57) identified on average less than 5% sharing of B cell clonotypes between these two compartments. Together with current data, these studies indicate that the CSF represents a unique window into CNS pathology (58) and that assessment of the phenotype or severity of neuroinflammatory process from blood biomarkers may lead to unreliable conclusions, especially when such studies use methodology susceptible to biases (59). At best, the signature of the intrathecal process is extremely “diluted” in the systemic circulation and until we fully understand what we are looking for, we should focus our search for mechanistic insight into CNS diseases by studying CSF, or non-invasively, CNS tissue.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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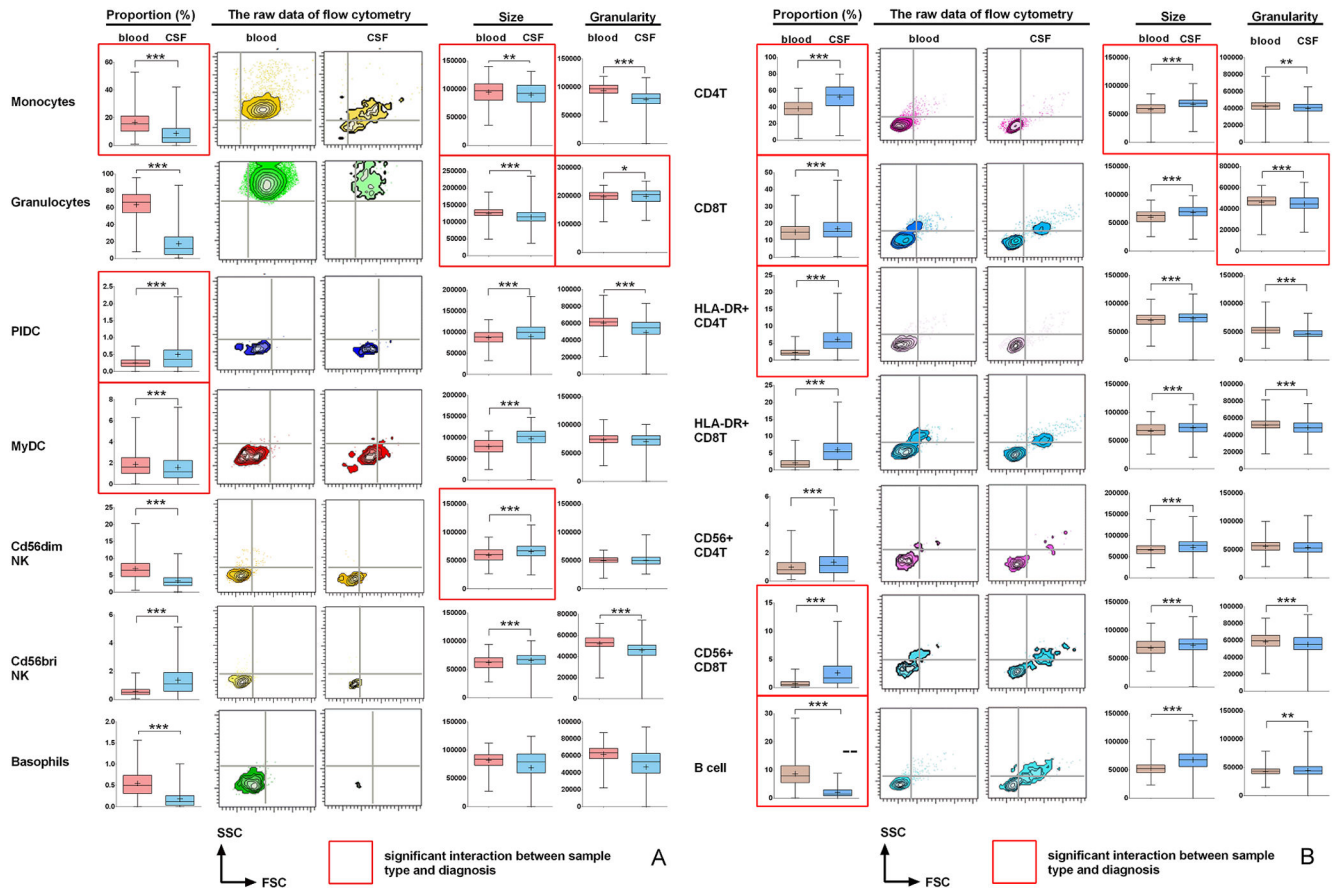


Figure 1. The differences between the blood and CSF samples in the proportion and activation status of immune cells for all patients

(a) Differences in the cells of the innate immune system: monocytes, granulocytes, plasmacytoid DCs (PIDC), myeloid DCs (MyDC), CD56^{dim} and CD56^{bright} NK cells and basophils. **(b)** Differences in the cells belonging to adaptive immune system: CD4⁺ and CD8⁺ T cells and their subsets (HLA-DR⁺ effector cells and CD56⁺ cytotoxic cells) and CD19⁺ B cells. Left panels in each row demonstrate differences in the proportions of specified cell population among all CD45⁺ leukocytes between blood (red) and CSF (blue). Next two panels in each row show representative raw FACS images of the size (forward scatter; FSC on x axis) and granularity (side scatter; SSC on y axis) for specified cell population from MS patient. The right 2 panels in each row represent group comparisons between blood and CSF of the size and granularity for specified subpopulation of immune cells. Statistically significant differences are depicted as follows: *: $P < 0.05$, **: $0.001 < P < 0.05$, ***: $P < 0.001$. Mean values are shown \pm SD. Red edge highlights those markers for which statistical interaction was identified between sample type and diagnosis. For these markers the diagnosis – specific plots can be found in Supplementary Figures 2a and 2b.

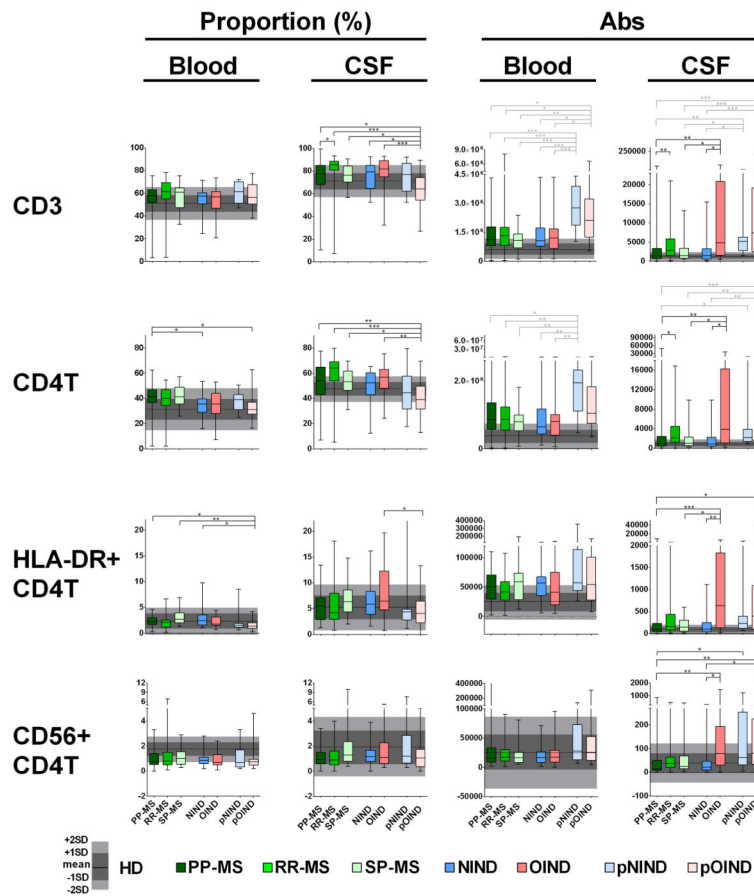


Figure 2. Differences in the proportions and absolute numbers of immune cells among diagnostic categories: CD3 T cells, CD4+ T cells and their subtypes
 Two left panels in each row represent proportions of specific cell populations in blood and CSF, while two right panels represent absolute numbers of the same cell population in the blood and CSF. Each diagnostic category is represented by one vertical box blot, while data from healthy donors (HD) are depicted as grey shading, with horizontal line representing mean, dark shade of grey representing +/- 1SD and lighter shade of grey representing +/- 2SD of HD cohort. Each box plot shows median, 25–75%-tile and whisker blots represent minimum-maximum-tile for each diagnostic category. *: $P < 0.05$, **: $0.001 < P < 0.05$, ***: $P < 0.001$.

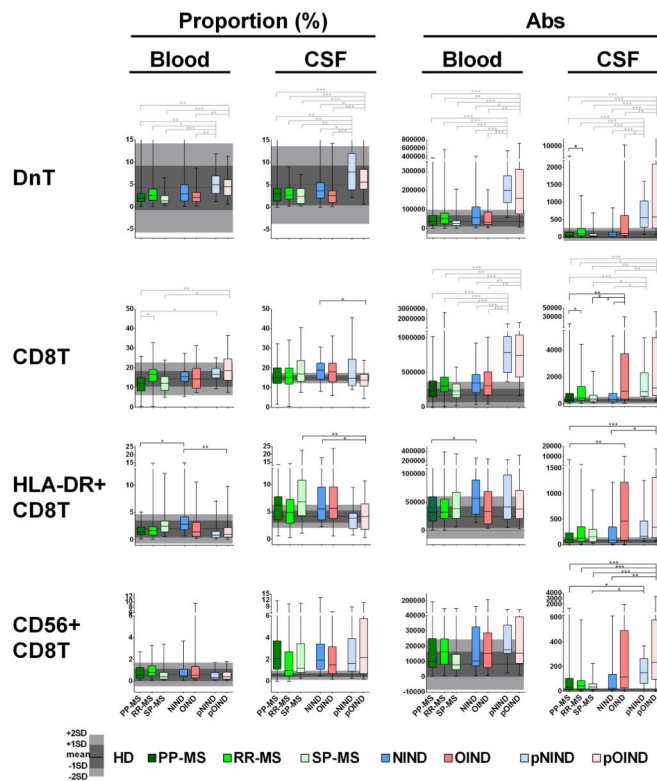


Figure 3. Differences in the proportions and absolute numbers of immune cells among diagnostic categories: double negative T cells, CD8+ T cells and their subtypes
 Two left panels in each row represent proportions of specific cell populations in blood and CSF, while two right panels represent absolute numbers of the same cell population in the blood and CSF. Each diagnostic category is represented by one vertical box plot, while data from healthy donors (HD) are depicted as grey shading, with horizontal line representing mean, dark shade of grey representing +/- 1SD and lighter shade of grey representing +/- 2SD of HD cohort. Each box plot shows median, 25–75%-tile and whisker blots represent minimum-maximum-tile for each diagnostic category. *: $P < 0.05$, **: $0.001 < P < 0.05$, ***: $P < 0.001$.

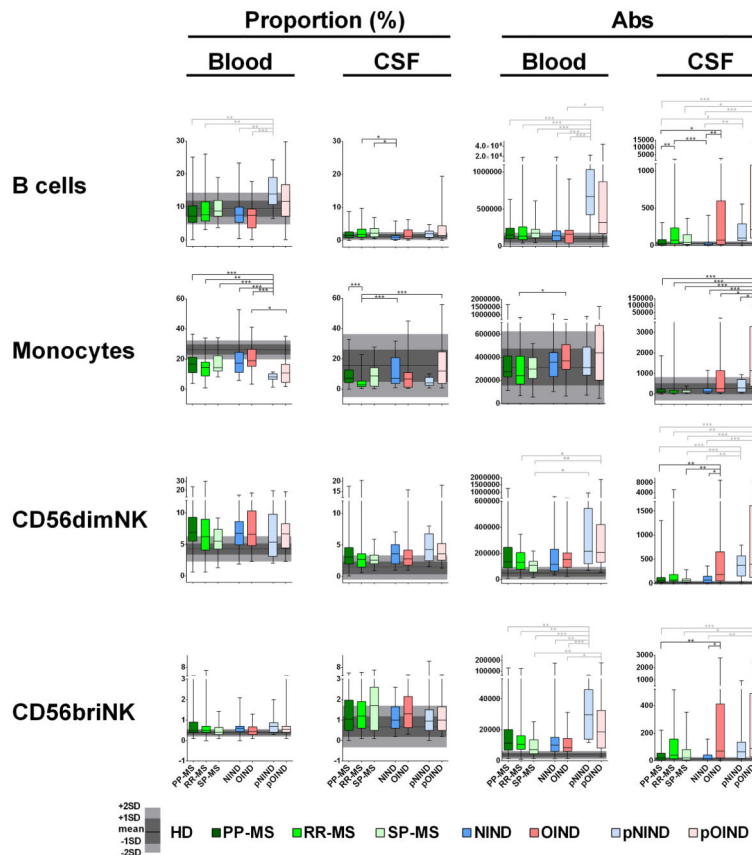


Figure 4. Differences in the proportions and absolute numbers of immune cells among diagnostic categories: B cells, Monocytes and NK cell

Two left panels in each row represent proportions of specific cell populations in blood and CSF, while two right panels represent absolute numbers of the same cell population in the blood and CSF. Each diagnostic category is represented by one vertical box plot, while data from healthy donors (HD) are depicted as grey shading, with horizontal line representing mean, dark shade of grey representing ± 1 SD and lighter shade of grey representing ± 2 SD of HD cohort. Each box plot shows median, 25–75%-tile and whisker blots represent minimum-maximum-tile for each diagnostic category. *: $P < 0.05$, **: $0.001 < P < 0.05$, ***: $P < 0.001$.

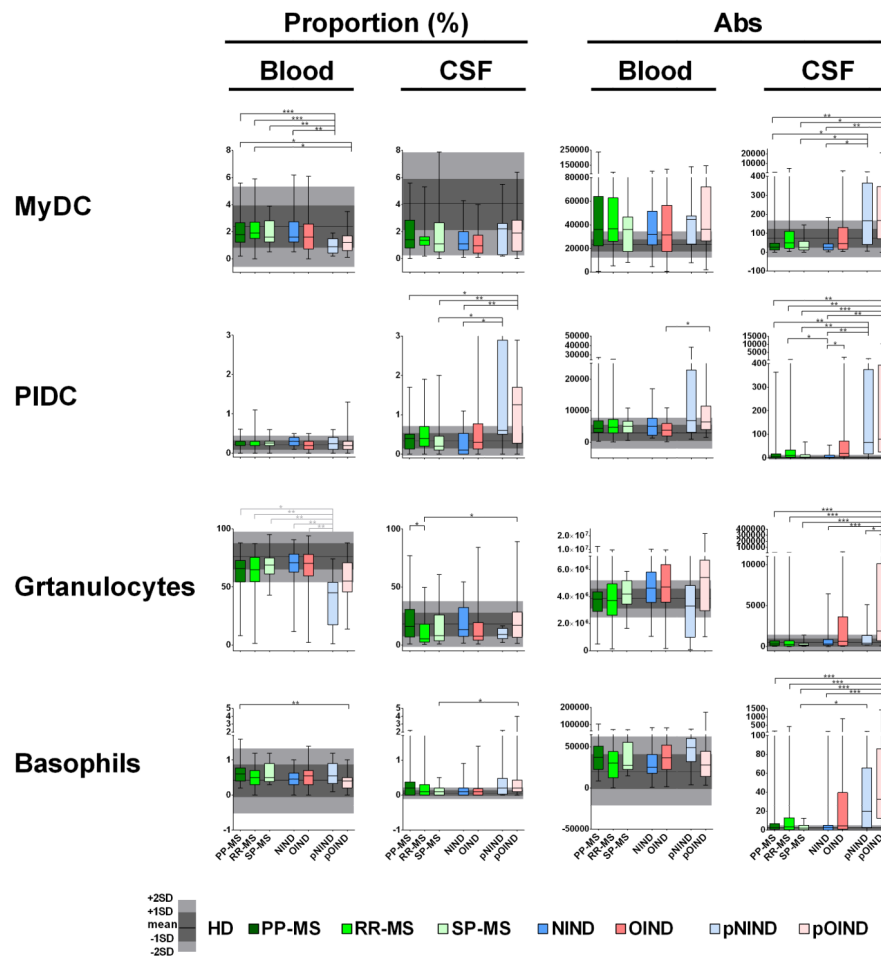
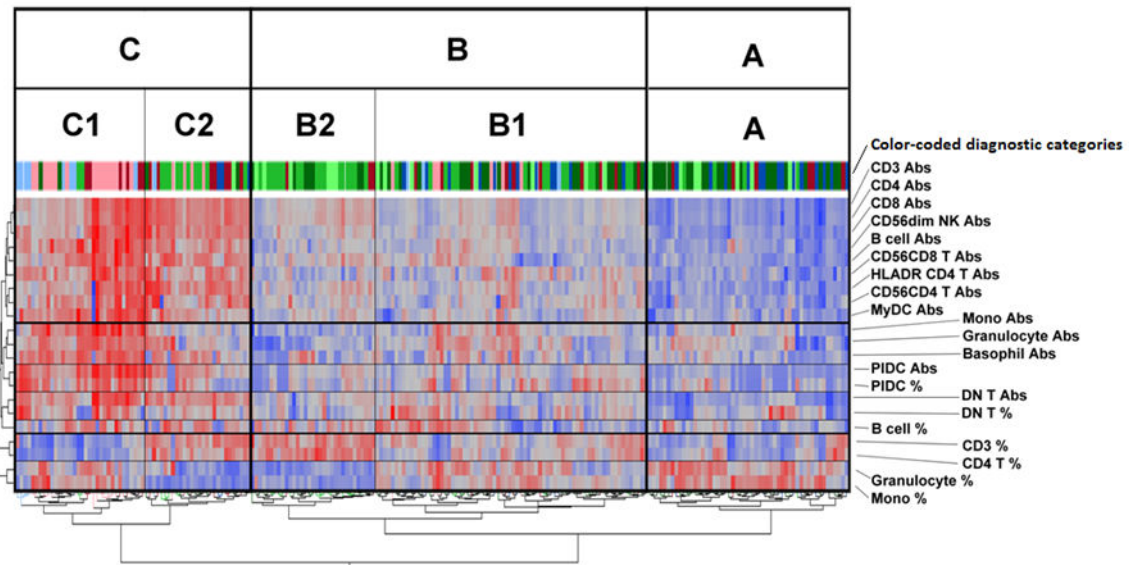


Figure 5. Differences in the proportions and absolute numbers of immune cells among diagnostic categories: Myeloid (MyDC) and plasmacytoid dendritic cell (PIDC), granulocytes and basophils
 Two left panels in each row represent proportions of specific cell populations in blood and CSF, while two right panels represent absolute numbers of the same cell population in the blood and CSF. Each diagnostic category is represented by one vertical box blot, while data from healthy donors (HD) are depicted as grey shading, with horizontal line representing mean, dark shade of grey representing $\pm 1SD$ and lighter shade of grey representing $\pm 2SD$ of HD cohort. Each box plot shows median, 25–75%-tile and whisker blots represent minimum-maximum-tile for each diagnostic category. *: $P < 0.05$, **: $0.001 < P < 0.05$, ***: $P < 0.001$.



C		B		A	Color-coded diagnostic categories
C1	C2	B2	B1	A	
7.69			50.00	42.31	PPMS
3.85	3.85	13.46	36.54	42.31	
25.53			65.96	8.51	RRMS
4.26	21.28	36.17	29.79	8.51	
4.76			61.90	33.33	SPMS
0.00	4.76	28.57	33.33	33.33	
10.00			43.33	46.67	NIND
0.00	10.00	0.00	43.33	46.67	
40.63			40.63	18.75	OIND
18.75	21.88	9.38	32.25	18.75	
75.00			25.00	0.00	pNIND
66.67	8.33	0.00	25.00	0.00	
76.92			23.08	0.00	pOIND
61.54	15.38	0.00	23.08	0.00	

Figure 6. Unsupervised clustering of diagnostic codes based on CSF immunophenotyping data
 A two-way, unsupervised hierarchical clustering dendrogram of subjects and biomarkers based on selection of CSF immunophenotyping markers that were discriminatory in subgroup analyses. Red: relatively high expression; blue: relatively low expression. The proportions of patients from different diagnostic categories that are classified to distinct clustering subgroups are outlined below the dendrogram. Color-coded diagnostic categories are identical for both panels.

Patient Demographics and diagnosis

221 patients were prospectively recruited between February 2011 and August 2013 from the Neuroimmunological Diseases Unit (NDU) natural history protocol 09-N-0032 that provides diagnostic work-up for untreated patients with putative neuroimmunological disorder. Statistically-significant differences in demographic and clinical parameters are outlined in the table.

Table 1

Demographics	PP-MS n=61	RR-MS n=51	SP-MS n=30	NIND n=21	OIND n=29	p-NIND n=12	p-OIND n=17	Health donor
Age (Year)	55.29 ^a [31.00–70.43]	38.92 ^b [18.00–65.80]	54.89 ^a [43.06–65.99]	49.94 ^a [19.94–70.56]	51.20 ^b [19.80–74.86]	6.10 ^c [1.48–17.21]	8.85 ^c [0.80–21.58]	38.50 [34.15–44.14]
Disease Duration (Year)	2.40 ^a [0.10–36.60]	9.8 ^a [0.52–38.30]	25.00 ^b [10.90–42.11]	2.90 ^a [0.56–31.33]	7.60 ^{ab} [0.20–25.69]	2.71 ^a [1.02–5.72]	5.36 ^{ab} [0.80–9.32]	0
EDSS	5.60 ^a [1.50–7.50]	1.90 ^a [1.00–6.50]	6.40 ^a [6.00–7.00]	1.20 ^a [0.00–4.50]	3.30 ^a [1.00–6.50]	Not available	Not available	Not available
SNRS	66.40 ^a [45.00–90.00]	91.70 ^c [72.00–100.00]	60.3 ^a [47.00–82.00]	92.00 ^b [57.00–100.00]	84.70 ^{ab} [68.00–98.00]	Not available	Not available	Not available
CSF WBC (per mL)	3.10 ^c [1.00–15.00]	5.30 ^c [1.00–21.00]	2.7 ^c [1.00–10.00]	1.59 ^c [0.00–2.00]	14.20 ^b [1.00–92.00]	0.90 ^c [0.00–4.00]	48.30 ^a [0.00–905.00]	1.73 [1.00–2.00]
CSF Lymphocyte (%)	92.50 ^a [88.70–97.00]	91.00 ^a [68.00–97.00]	92.50 ^a [88.0–97.00]	Not available	74.00 ^{ab} [39.00–92.00]	Not available	61.70 ^b [29.00–81.00]	Not available
Oligoclonal band pattern % (I/II/III/IV)*	1.80 / 53.50 / 44.70 / 0	4.30 / 82.79 / 10.80 / 2.20	0 / 50.00 / 50.00 / 0	46.20 / 0 / 23.01 / 15.42	20.00 / 53.30 / 13.30 / 13.03	100.00 / 0 / 0 / 0	100.00 / 0 / 0 / 0	66.67 / 0 / 0 / 33.33
IgG index	2.30 ^a [1.00–3.00]	2.00 ^a [0.60–3.00]	2.60 ^a [2.00–4.00]	1.80 ^a [1.00–4.00]	2.00 ^a [1.00–4.00]	0.5 ^a [0.48–0.57]	0.6 ^a [0.37–1.24]	0.50 [0.37–0.53]
Treatment	untreated	untreated	untreated	untreated	untreated	untreated	untreated (n=8) Anakinra (n=9)	untreated

median [range]

EDSS: Expanded Disability Status Scale

SNRS: Sclerosis Neurologic Rating Scale

* I- No bands in CSF and Serum; II-Oligoclonal bands in CSF only; consistent with intrathecal IgG synthesis / III- Partially identical Oligoclonal bands in CSF and serum; consistent with systemic disease / IV- Identical Oligoclonal bands in CSF and serum; consistent with systemic inflammation

a, b, and c means with different letters are significantly different with $p < 0.001$.

Table 2
Optimized combination of twelve commercially-available flouochrome-conjugated antibodies to reliably quantify 14 subpopulations of immune cells

Conjugation	Name	Company (Clone)
FITC	Anti-human CD56 antibody	BD (Clone: MEM188)
PE	Anti-human CD80 antibody	BD (Clone: M-A712)
PE	Mouse IgG1 isotype control	BD (Clone: G18-145)
PerCP-Cy5.5	Anti-human CD123 antibody	eBioscience (Clone: 7G3)
PE-Cy7	Anti-human CD11c antibody	eBioscience (Clone: 3.9)
V450	Anti-human CD45 antibody	BD (Clone: HI30)
AmCyan	Anti-human CD8 antibody	BD (Clone: SK1)
eFluor 605 Nanocrystal	Anti-human CD19 antibody	eBioscience (Clone: HIB19)
eFluor 655 Nanocrystal	Anti-human CD3 antibody	eBioscience (Clone: OKT3)
Qdot 705	Anti-human CD4 antibody	Invitrogen (Clone: S3.5)
APC	Anti-human CD25 antibody	BD (Clone: M-A251)
APC	Mouse IgG1 isotype control	BD (Clone: MOPC-21)
Alexa Fluor 700	Anti-human CD14 antibody	BioLegend (Clone: HCD14)
APC-Cy7	Anti-human HLA-DR antibody	eBioscience (Clone: LN3)

Table 3

Correlations between immune subpopulations in the blood and CSF

The immune cell subsets in the blood and CSF showed significant correlations only in two non-inflammatory cohorts: the adult: NIND and pediatric: pNIND.

Abs	PP-MS	RR-MS	SP-MS	NIND	OIND	p-NIND	p-OIND
CD3	0.1112	-0.0294	-0.0753	0.4550*	-0.0051	0.0559	-0.2478
CD4T	0.1031	0.0628	-0.0974	0.2950	-0.0191	0.0140	-0.2748
HLA-DR+CD4T	0.1387	-0.2536	0.0013	0.4715*	-0.0271	0.6573*	0.2061
CD56+CD4T	0.1116	-0.1052	0.2519	0.2568	0.1221	0.7343**	-0.0113
CD8T	0.2419	0.0882	-0.0299	0.5508**	0.1147	0.1608	0.1183
HLA-DR+CD8T	0.3393*	-0.0118	0.2104	0.6807***	0.1888	0.4965	0.1148
CD56+CD8T	0.1468	-0.0707	0.1519	0.1166	-0.0510	-0.3287	0.1730
DN T	0.3066*	-0.0002	0.2208	0.7176***	0.3717*	0.3986	0.1104
C456dimNK	0.1232	0.2531	0.1091	0.3422	0.1902	0.3147	0.3304
CD56briNK	0.2002	0.1050	0.3532	0.4489*	-0.0136	-0.3986	-0.0461
Monocytes	0.2999*	0.3277*	0.3078	0.3128	0.0477	0.1119	0.0478
B cells	0.1608	0.1748	-0.2312	0.6677***	0.2394	0.6084*	0.0557
PlDC	0.2013	0.3083*	-0.0819	0.4346*	-0.0422	0.1399	0.0074
MyDC	0.2408	0.0312	0.3468	0.0947	0.1503	0.5874*	0.0504
Basophils	0.2109	0.4087**	0.1612	0.4822*	0.4179*	0.4336	0.3414
Granulocytes	0.0771	0.0704	-0.1987	0.2807	0.2786	0.2727	0.2052
Monocytes CD80 MFI	0.3919*	0.2665	0.6000	0.3664	0.6198***	0.4692	0.5277*
B cell CD80 MFI	0.0227	0.1084	0.2909	0.8365***	-0.1504	0.1321	0.2198

* : P<0.05,

** : 0.001<P<0.05,

*** : P<0.001,

light green: 0.5<R<0.6, green: 0.6<R<0.7, dark green: R>0.7.