

Published in final edited form as:

Neuroscience. 2014 January 31; 258: 147–161. doi:10.1016/j.neuroscience.2013.10.064.

Unpredictable neonatal stress enhances adult anxiety and alters amygdala gene expression related to serotonin and GABA

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Abstract

Anxiety-related disorders are among the most common psychiatric illnesses, thought to have both genetic and environmental causes. Early-life trauma, such as abuse from a caregiver, can be *predictable* or *unpredictable*, each resulting in increased prevalence and severity of a unique set of disorders. In this study, we examined the influence of early *unpredictable* trauma on both the behavioral expression of adult anxiety and gene expression within the amygdala. Neonatal rats were exposed to unpaired odor-shock conditioning for 5 days, which produces deficits in adult behavior and amygdala dysfunction. In adulthood, we used the Light/Dark box test to measure anxiety-related behaviors, measuring the latency to enter the lit area and quantified urination and defecation. The amygdala was then dissected and a microarray analysis was performed to examine changes in gene expression. Animals that had received early unpredictable trauma displayed significantly longer latencies to enter the lit area and more defecation and urination. The microarray analysis revealed over-represented genes related to learning and memory, synaptic transmission and trans-membrane transport. Gene ontology and pathway analysis identified highly represented disease states related to anxiety phenotypes, including social anxiety, obsessive-compulsive disorders, PTSD and bipolar disorder. Addiction related genes were also overrepresented in this analysis. Unpredictable shock during early development increased anxiety-like behaviors in adulthood with concomitant changes in genes related to neurotransmission, resulting in gene expression patterns similar to anxiety-related psychiatric disorders.

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Drs. Sarro, Sullivan and Barr report no financial interests of potential conflicts of interest.

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Keywords

unpredictable; early life; stress; anxiety; microarray; rodent

1.0 Introduction

Anxiety or fear-related disorders, such as post-traumatic stress disorder (PTSD), phobic or obsessive compulsive disorders are among the most common psychiatric illnesses reported, with about one third of the population experiencing symptoms in their lifetime. Anxiety disorders are thought to have both genetic and environmental causes (Heim and Nemeroff, 2001; Charney and Drevets, 2002; Kessler et al., 2005; Kessler et al., 2007; Norrholm and Kessler, 2009). Clinical studies have shown that early-life trauma, such as an abusive relationship with a caregiver results in an increased prevalence and severity of these fear-disorders throughout the lifetime (Famularo et al., 1992; Newman et al., 1996; Heim and Nemeroff, 2001; Anderson, 2003; Costello et al., 2003; Kessler et al., 2007; Gartstein et al., 2010). Examining adverse experience in animals allows for control over many variables, therefore providing necessary information on the causal effects of this manipulation on adult behavior and avenues for treatment. Thus, our lab and others model early life adversity by subjecting neonates to early life stressors, such as prolonged maternal separation or shock. These paradigms have resulted in heightened emotionality and anxiety in the adult (Wigger and Neumann, 1999; Huot et al., 2001; Meaney, 2001; Kalinichev et al., 2002; Price and Feldon, 2003; Koston et al., 2006; Sevelinges et al., 2007; Moriceau et al., 2009).

Manipulations of early trauma can be either predictable or unpredictable to the infant; each resulting in a unique set of disorders. While, predictable trauma, such as the temporal linking of a stimulus with a shock, disrupts the development of numerous cognitive processes and results in the enhanced expression of depressive-like behaviors (Sevelinges et al., 2011; Rainekei et al., 2012), *unpredictable* trauma, such as a shock that is not linked in time to a specific stimulus, also disrupts normal developmental cognitive processes and leads to an enhanced expression of later life anxiety behaviors (Levine et al., 1956; Fride and Weinstock, 1984; Tyler et al., 2007; Bondi et al., 2008; Franklin et al., 2011). Anxiety, the focus of this manuscript, is often defined as the feeling of worry, nervousness, or unease and is typically about a threat or something with an uncertain outcome. Thus in this study, we were specifically interested in examining the influence of early unpredictable trauma on the expression of adult anxiety and asked which phenotypic changes within the amygdala nuclei were altered by that trauma and associated with anxiety.

It is well established that the amygdala, a complex set of nuclei, well positioned between systems of sensory input and those of motor output, is vital for the learning and expression of threat, anxiety, and other forms of emotionality (Charney and Drevets, 2002; Rodrigues et al., 2009). For example, manipulations of early life experience, such as early trauma, have been shown to alter amygdala function and amygdala-dependent behaviors in adulthood (Sevelinges et al., 2007; Sevelinges et al., 2008; Moriceau et al., 2009; Rainekei et al., 2009; Landers and Sullivan, 2012). Predictable trauma, (i.e., odor-shock conditioning during early development), leads to both depressive-like behaviors as well as altered amygdala function (Sevelinges et al., 2011; Rainekei et al., 2012). Moreover, experiences during early

development, such as altering the quality of maternal care, induce changes in gene transcription that continue throughout the lifespan and promote changes to physiological and behavioral measures, such as the physiological response to stress (Meaney, 2001; Roth and Sweatt, 2011). This suggests that specific alterations in gene transcription within the amygdala may underlie the behavioral effect of early *unpredictable* trauma on the expression of anxiety in adults. While links between *unpredictable* early life stress and protein expression in the amygdala have been suggested (Weiss et al., 2011), the specific influence of *unpredictable* early life stress on the broad phenotypic expression within the amygdala and its relationship to anxiety-like behaviors is currently not known.

In the current study, we assessed whether *unpredictable* early life stress produces a long-term effect on adult anxiety-related behaviors and asked whether this manipulation changes the expression of specific genes within the amygdala. To explore this, neonatal rats (PN8) were exposed to a treatment that simulated unpredictable trauma (i.e., unpaired odor-shock conditioning) for 5 consecutive days. We have previously shown this to produce modified amygdala-dependent anxiety-like behavior in adults (Tyler et al., 2007). We tested for anxiety-related behaviors in adults that had experienced either unpredictable early life trauma or a normal developmental experience. We then conducted a broad screen of possible phenotypic related changes within the amygdala in a separate cohort of adults after an identical developmental experience. We show that unpredictable trauma in early life leads to heightened anxiety in adulthood and long lasting changes to gene expression. These changes were both broad in scope and specific to particular receptors and disease states.

2.0 Methods and Materials

2.1 Subjects

We used male Long-Evans rats born and bred in our colony (originally from Harlan Labs). Animals were housed in polypropylene cages (34 × 29 × 17 cm) with an abundant amount of wood shavings for nest building, and kept in a 20°C environment with a 12:12 light-dark cycle. Food and water were available *ad libitum*. The day of birth was considered Postnatal day (PN) 0 and litters were culled to 12 pups (6 males and 6 females) on PN1. To preclude litter effects, only 1–2 animals per litter were assigned to each experimental group and each litter was equally represented across groups. The Institutional Animal Care and Use Committee approved all animal care and experimental procedures, which follow the guidelines from the National Institutes of Health.

2.2 Infant experience

Beginning at PN8, pups were exposed to either an odor unpaired with an electric shock or an odor alone, daily for 5 consecutive days. Pups were placed in individual 600mL beakers and were given a 10 min acclimation period prior to conditioning to recover from experimental handling. During a conditioning session, unpaired pups (n = 6–8) received 11 presentations of a 30 sec peppermint odor (McCormick & Co Inc) and an explicitly unpaired 0.5mA hindlimb shock occurring for 1 sec. The odor was delivered by a flow dilution olfactometer (2 liters/min flow rate) at a concentration of 1:10 peppermint vapor to air every 4 min for all pups. After unpaired conditioning, pups were returned to the home cage. Control animals (n

= 6) received similar treatment, but were only exposed to the odor and did not receive a shock.

2.3 Behavioral testing

2.3.1 Adult Light/Dark box—We used this test to measure anxiety-related behaviors, which capitalizes on rodents' avoidance of brightly illuminated areas and exploratory activity (Crawley, 1985). Both unpaired and control animals ($n = 6/\text{group}$) were tested as adults (~3 months old). Anxiety is assumed to be high when the latency to enter the light box is high. The plastic apparatus (53 cm long · 12 cm wide · 18 cm height) was equally divided into 2 compartments by a sliding door: one compartment was painted black and shut-off from all light while the light, larger compartment was painted white and brightly lit (each compartment was 26.5 cm long · 12 cm wide · 18 cm height). The rat was placed in the dark box for a 1 min to habituate before the door separating the dark and light boxes was opened providing the animal with a 10 min exploration period. The latency to enter the light box was recorded. Rats were considered to have entered the light compartment when the rat's entire body had passed the separation between the two compartments. We also recorded urination and defecation from each animal during the testing period. Observers were blind to the prior infant condition. Behavioral data were analyzed by paired t-tests. Differences were considered significant when $p < 0.05$.

2.4 Amygdala Dissection

In a separate cohort of animals (~3 months of age; $n = 8/\text{group}$), not tested for anxiety, both amygdala were dissected on ice, flash frozen and stored at -80°C . The amygdala was located using the ventral hippocampus and putamen as landmarks for the rostral and caudal cuts, respectively. The brain was turned to obtain a coronal view, where the rhinal fissure could be easily seen and used as a landmark to make the dorsal cut. The remaining cortex on the lateral side is lifted off the amygdala while the optic track was used to make the medial cut.

2.5 Microarray assessment

2.5.1 Tissue processing—The dissected amygdala tissue was processed for total RNA (Qiagen RNeasy Micro Kit). RNA was extracted using elution columns; residual buffers and enzymes were removed. mRNA was amplified linearly, and hybridized to Affymetrix rat 2.0 chips, as specified by Affymetrix (Santa Clara, CA) and NuGEN (San Carlos, CA) (Pico system).

2.5.2 Data processing—Raw data were preprocessed, background-corrected, and normalized by GCRMA (Wu and Irizarry, 2004). The number of genes was filtered to approximately 12,000 by eliminating probe sets that did not vary across conditions (variance filtering) or for which there was no available annotation. The first step defined differentially expressed probe sets. To accomplish this, we used Rank Products (Breitling et al., 2004), which simulates probabilities based on pairwise comparison differences. From these results, we determined the percentage of differentially regulated genes fit into different biological and cellular GO categories [Panther; (Mi et al., 2013)].

Because consistent changes, even if small, are likely more important than changes in individual genes, we used additional methods to determine functional classifications. We were interested in functional pathways that were altered by the unpaired shock and we selected all probes whose fold changes were $>\pm 1.25$ and entered them in DAVID for Gene Ontology functional classification (Huang da et al., 2009; Huang da et al., 2009). Up- and downregulated genes (45 and 143 respectively) were analyzed separately given the differences in GO categories in the Panther analysis. Of those Gene ontology categories, we chose categories with a fold enrichment >2.0 and a corrected probability (FDR) $<10\%$ for follow-up.

2.5.3 Pathway analysis—To determine pathways involved in the adult amygdala, we used Ingenuity Pathways Analysis (IPA; Ingenuity Systems, www.ingenuity.com) to define networks from the top 100 up- and top 100 down-regulated probes ordered by fold change. We included up- and downregulated genes together because the analytic methods in IPA generates pathways from both. Each identifier was mapped to its corresponding object by using the “direct connection” option in Ingenuity’s Knowledge Base. The IPA Functional Analysis identifies the biological functions most significant to the dataset. For each dataset analyzed in this manner, predefined canonical pathways were identified from the Ingenuity Pathways Analysis library. The significance of the association between the data set and the canonical pathway was measured by Fisher’s exact test for the probability that the association between the genes in the dataset and the canonical pathway was not by chance (Ingenuity Systems, 2009, www.ingenuity.com). For descriptive purposes and for clarity of presentation we show canonical paths and disease states typical of those paths.

3.0 Results

3.1 Behavior

We first asked whether early life trauma (i.e., unpredicted shock) leads to heightened anxiety-like behavior in adulthood. To do so, we measured the latency of when animals entered the light compartment from the dark area in a testing arena (Light/dark box- see Methods) ($n = 6$ /group). Those animals that had received unpaired odor-shock treatment as neonates displayed significantly longer latencies to enter the light area (Figure 1A; control: 9.17 ± 1.54 vs. Unpaired: 16.79 ± 2.67 ; t-test: $t = -4.2$, $p = 0.002$). Furthermore, Unpaired animals also displayed significantly more numbers of defecations and urinations during the testing period than control animals (Figure 1B, defecations: control: 0.17 ± 0.17 vs. Unpaired: 2.67 ± 0.71 ; t-test: $t = -3.41$, $p = 0.007$; Figure 1C, urinations: control: 0 ± 0 vs. Unpaired: 1.5 ± 0.22 ; t-test: $t = -6.71$, $p = 0.001$). Longer latency to enter the light area of the testing arena as well as increased numbers of defecations and urinations suggest that those animals exposed to unpredictable shock during early development displayed increased anxiety-like behavior in adulthood. These results replicate and extend an earlier finding that long term anxiety-like behaviors are a result of unpredictable early-life shock. Importantly, predictable shock does not have this effect on these measures (Tyler et al., 2007).

3.2 Amygdala microarray assessment

3.2.1 Differential expression—Ranked products showed 64 genes differentially regulated by the neonatal treatment at $pfp < .05$ and 85 at $pfp < .10$ (pfp : percentage of false predictions). These are shown in Table 1. At the 5% pfp level, 50 were downregulated and 14 were upregulated. At the 10% pfp level, 65 were downregulated and 20 were upregulated. Thus, at all levels of significance, and for all subsequent analyses, gene expression overall was more suppressed than increased.

3.2.2 Gene Ontology categorization—We used Gene Ontology to classify genes by their Biological Processes and Cellular Components. For the former, most genes were classified as metabolic process, cellular communication, or cellular process. Fewer, although still a substantial proportion, were transport genes, homeostatic processes, or immune system processes. These proportions were similar for up- and downregulated genes (Figure 2a). However, when the Cellular Component class was analyzed, the direction of regulation was important. Upregulated genes were located almost exclusively at the cell junction of the plasma membrane. In contrast, downregulated genes were largely in the extracellular matrix (> 50%), and with about 25% each additionally that were intracellular or on the plasma membrane (Figure 2b).

The results of the functional annotation analysis by DAVID represent functional similarities between genes, used to identify salient ontological categories. We focused only on the Biological Process and the Cellular Component of the Gene Ontology database. For the upregulated probesets, three different pathways were apparent and we examined those at the most specific level of analysis. Probes that are within each Gene ontology category that met the criteria specified above (fold enrichment >2.0 and a corrected probability (FDR)<10%) were integrated into the Gene ontology clusters (Tables 2 and 3).

3.2.3 Upregulated probesets—The three paths were “cell adhesion/synaptic transmission”, “serotonin/neurotransmitter regulation”, and “affective behavior” (Table 4). The first, synaptic transmission, includes genes with clearly defined neurotransmitter/modulator function that regulate synaptic transmission. In some cases these have effects on specific transmitters (e.g. *dlg4*, which binds NMDA receptors. In most cases, however, the effects of these genes are more global (e.g. *cadm3*, *cdh1*, *clstn3*, *kcnj4* and *klk8*) and affect many systems. The second class identified probes more specific to transmission processes including serotonin and GABA. Three 5HT receptors were upregulated, as well as a GABA receptor subunit and a GABA transporter that is widely distributed on neurons, astrocytes and other cells. Overall, many of the upregulated genes are implicated in anxiety. Finally, three probesets that were upregulated in the 3rd GO category have strong roles in fear and anxiety, including *AKAP5*, which has polymorphisms that contribute to affective phenotypes in human patient populations.

3.2.4 Downregulated probesets—Downregulated probes consisted of neuromodulators that play a role in social behavior. Oxytocin and vasopressin are conserved genes that have long been hypothesized to regulate a variety of homeostatic functions including regulation of stress, sexual, maternal, and social interactions [for reviews, see (Neumann and Landgraf,

2012; Goodson, 2013; Goodson and Kingsbury, 2013)]. Pro-melanin-concentrating hormone has a role in many homeostatic processes and reduced angiotensin 1 converting enzyme is anxiogenic (PMID (Okuyama et al., 1999)). The second gene group included three homeobox genes that are involved in formation of the forebrain. In particular Otx2 and Gbx2 interact to regulate rostral brain development and to close sensitive periods (Table 5).

3.2.5 Pathway analysis—IPA pathway analysis showed three networks that were significantly enriched in the probe set. We present two of these networks that show relationships of gene expression to the behavioral phenotype. Network 2 was defined as a “Neurological disease, organ injury, inflammatory disease” network (Figure 3). In this network, there are a number of expression changes that focus on G-protein coupled receptors (GPCR). These include receptors involved in cannabinoid, somatostatin, glutamate and serotonin processing. In addition, there are networks related to MAPKinase processing and sodium and potassium channels, as found from the DAVID analysis. Network 3 (Figure 4) focuses around GABA, calcium and RhoA signaling, processes that are putatively involved in neuropsychiatric disorders (Lowe et al., 2007).

4.0 Discussion

Here we tested the hypothesis that unpredictable trauma during early development produces changes to the genetic phenotype of the amygdala nuclei and that this is associated with later life anxiety-like behaviors. The idea that unpredictable trauma can lead to enhanced anxiety draws from a multitude of clinical studies demonstrating heightened emotionality and anxiety (Famularo et al., 1992; Newman et al., 1996; Heim and Nemeroff, 2001; Anderson, 2003; Costello et al., 2003; Kessler et al., 2007; Gartstein et al., 2010). We modeled early life unpredictable stress in developing rats and found enhanced levels of anxiety when tested in adulthood compared to control, non-stressed adults. We then asked whether these behavioral changes were associated with specific alterations to the genetic phenotype within the amygdala. The overall results of the gene expression analysis demonstrate long-lasting changes due to the early unpredictable electrical shock. These changes were both broad in scope and specific to particular receptors and disease states. In general, multiple neurotransmitters that are implicated in anxiety, including GABA, cannabinoid, somatostatin, glutamate and serotonin were affected. However, we also show multiple changes in ion channels that imply long-term alterations in membrane potentials and firing ability. How these global effects alter the propensity for anxiety by changing specific signaling pathways remains an open question.

4.1 Unpredictable versus predictable trauma in animal models

The ability to test the impact of infant trauma using shock in a highly controlled environment allows us to examine specifically the effect of *unpredictable* infant pain. It is recognized that shock alters later emotionality, with unpredictable shock producing significant enhancement in adult emotionality compared to predictable infant shock and is consistent with adult literature on the impact of trauma (Levine et al., 1956; Fride and Weinstock, 1984). Our findings further indicate that shock during early life that occurs in an unpredictable manner results in enhanced measures of anxiety when tested in adulthood

(Figure 1). This was determined by placing adult animals in a light/dark box, a highly sensitive test of anxiety-like behaviors often used in rodents. Animals that had experienced unpredictable developmental trauma demonstrated a longer latency for leaving the dark area and entering the light area (Figure 1A). These animals also displayed more defecations and urinations during testing (Figure 1B and 1C) than control animals, measures that are often used to indicate high levels of anxiety (O'Malley et al., 2010; Daly et al., 2012; Kolyaduke and Hughes, 2013). These results replicate and extend earlier findings that long term anxiety-like behaviors are a result of unpredictable early-life shock. Importantly, predictable shock does not have this effect on these measures (Tyler et al., 2007), but instead produces depressive-like behaviors in adulthood (Sevelinges et al., 2011; Raineki et al., 2012).

Our behavioral results supplement a body of literature using chronic unpredictable or variable stress as one of the most clinically relevant stress paradigms in the rodent, in that it produces many of the behavioral profiles observed in patients with anxiety and related mood disorders (Pittenger and Duman, 2008). Other models of early life unpredictable stress also report long-term deficits in cognitive abilities (Baram et al., 2012) For example, fragmented rough interaction with the mother during early life leads to deficits when tested on learning and memory tasks (Rice et al., 2008). In addition, these results are consistent with similar studies in adolescents or adults (D'Aquila et al., 1994; Zurita et al., 2000; Maslova et al., 2002; Bondi et al., 2008), for example, Pohl et al., (Pohl et al., 2007) found that intermittent exposure to physical stressors (foot- shock and cold water immersion) throughout adolescence led to enhanced anxiety-related behaviors in adult rats on the elevated plus-maze and shock-probe burying tests. In adult rats, chronic unpredictable stress leads to increasing levels of anxiety over the course of several weeks following the stress manipulation (Matuszewich and Yamamoto, 2003). Finally, in a non-rodent animal model, the zebra fish, unpredictable stress can lead to enhanced levels of anxiety (Piato et al., 2011; Chakravarty et al., 2013).

In contrast to the numerous effects of unpredictable trauma on later life behaviors, predictable trauma, such as pairing a sensory stimulus with a shock during early life, is strongly associated with depressive-like behaviors (Teicher et al., 2003; Stovall-McClough and Cloitre, 2006; Heim et al., 2009). For example, animal models of predictable early-life trauma have demonstrated a clear impact on later life depressive-like behaviors (Sevelinges et al., 2011). This is in sharp contrast with the effect in adolescents and adults as findings suggest that, in fact, unpredictable adverse events may lead to depressive-like behaviors and "learned helplessness" (Seligman and Maier, 1967; Sherman et al., 1979).

4.2 Comparison to clinical findings

Clinically, a myriad of studies have demonstrated that periods of variable or unpredictable stress during the lifespan can result in a higher incidence of mental illness, including heightened anxiety (Heim and Nemeroff, 2001; Heim et al., 2009), for example in adults with chronic variable stress, such as found in those in high-risk occupations or low-income status (Regier et al., 1993; Kessler et al., 1994). Surveys assessing the effects of unpredictable childhood trauma or abuse also show a strong relationship to a number of behavioral problems, including heightened anxiety, depression and other physical disorders

such as irritable bowel syndrome (Lowman et al., 1987; Drossman et al., 1990; Talley et al., 1994; Talley et al., 1995; Fremont, 2004). One factor that seems to highly influence the behavioral outcome is the age at which the trauma occurs. Intermittent adversity that occurs across both childhood and adolescence seems to have a large effect on later life behavior. However, when assessed closer, adversity that occurs only during early childhood or pre-puberty seems to have a greater impact as opposed to adversity in later adolescence. In fact, chronic stress during late adolescence may lead to resilience (Beitchman et al., 1992; Maercker et al., 2004; Wilkin et al., 2012). Similar to this, our animal model more closely simulates adversity during early childhood and we show a dramatic behavioral effect in adulthood.

4.3 Modifications to genetic phenotype within the amygdala

A primary objective of this study was to examine whether modifications in the genetic phenotype within the amygdala occur as a result of early life unpredictable trauma. Prior reports have shown that the amygdala undergoes dramatic modifications as a function of early life trauma (Sevelinges et al., 2007; Sevelinges et al., 2008; Moriceau et al., 2009; Rainecki et al., 2009; Landers and Sullivan, 2012). For example, predictable trauma leads to depressive-like behaviors and importantly, altered amygdala function (Sevelinges et al., 2011; Rainecki et al., 2012). Here, we examined the amygdala at the genetic level using a broad unbiased screen for networks of genes that were altered by early unpredictable stress. There were three major findings. There were far more downregulated than upregulated probesets. For the Gene Ontology Biologic Function, there were global categories that did not differ for up and downregulated genes. These functions were metabolic and cellular, developmental and transport related, and reflect the large global changes induced by early unpredictable shock. However, the cellular localization of these functions did differ for each direction. Upregulated genes were largely located on the cell membrane and included adhesion molecules, receptors, transport channels, among others. One group of seemingly unrelated genes were found, each of which is implicated in anxiety or fear. Downregulated genes were more evenly dispersed, and about 50% located extracellularly and 50% intracellularly or on the plasma membrane. The gene ontology analysis showed a different set of genes that were downregulated compared to upregulated. These included genes coding for neuromodulatory transmitters that are involved in 1) social behavior and 2) brain organization and neuroplasticity. *Otx2* is involved in the regulation of GABA, serotonin and dopamine neurons of the midbrain (Borgkvist et al., 2006). Of particular note here is that *Otx2* binding to perineuronal nets and parvalbumin positive GABA neurons is necessary and sufficient to open and close (Beurdeley et al., 2012) the critical period of neuroplasticity in visual cortex. Although there are no data on the functional role of *Otx2* specifically in the amygdala, perineuronal nets have been proposed to be a molecular mechanism that mediates the critical period when ability to “forget” conditioned fear is lost (Gogolla et al., 2009).

Finally the network analysis of altered genes showed two networks related to anxiety. The first consisted of GPCR's including upregulated serotonin receptors and a variety of transcription factors; the second included GABA receptors and signaling pathways.

To our knowledge, there are relatively few assessments of specific changes to the genetic profile following early life trauma within the amygdala. One such study examined mRNA from the amygdala following periods of maternal separation in non-human primates and found changes to specific genes associated with social behavior (Sabatini et al., 2007). In another example, unpredictable stress in adulthood was found to alter serotonin receptor mediated and glutamatergic responses for several months following termination of the last stressor (Alfarez et al., 2003; Matuszewich and Yamamoto, 2003; Joels et al., 2004). Finally, across several brain areas and across generations, unpredictable stress can alter the cellular distribution and levels of serotonin receptor subtypes (Franklin et al., 2011; Hazra et al., 2012) as well as levels of serotonin (Huang et al., 2012). In fact, the use of antidepressant drugs, such as serotonin reuptake inhibitors can reduce the display of anxiety following paradigms of chronic unpredictable stress (Bondi et al., 2008). We also report changes in GABAergic neurotransmission following early life trauma (Table 1; Figure 4). In agreement, periods of unpredictable stress in adults, leads to modifications to GABAergic receptor genes (Qin et al., 2004) and suppression of inhibitory input to hypothalamic-pituitary-adrenal axis neurons (Joels et al., 2004; Verkuyl et al., 2004). While in line with the above studies, our results extend this by showing that dramatic modifications occur within the amygdala, a region critical for emotionality and stress induced responses. Our results suggest that early life unpredictable trauma can lead to long-term changes to the genetic profile of the amygdala that could largely contribute to the emergence of anxiety-like behaviors in adulthood.

Acknowledgments

This work was supported by MH80603 to GB and RS. We thank Kyle Muzney for the technical assistance in behavioral data collection.

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Highlights

- Unpredictable early-life trauma leads to higher levels of anxiety-like behavior.
- Genes related to synaptic transmission, such as 5HT and GABA, were up regulated.
- Genes related to social behavior, emotion, and brain formation were down regulated.

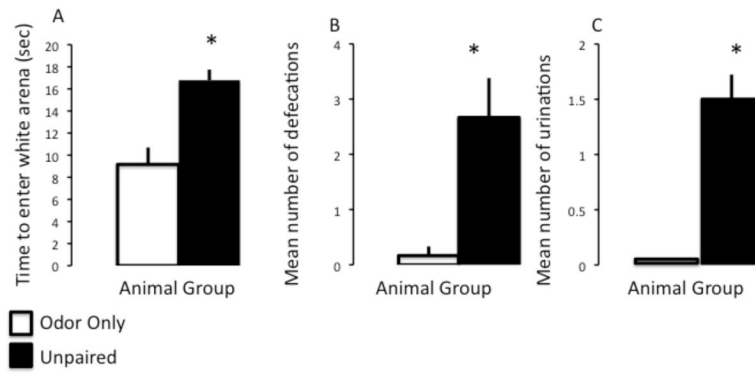


Figure 1.

Animals with early-life unpredictable trauma display enhanced levels of anxiety-like behaviors in adulthood. A: Animals with unpaired odor shock conditioning (solid bar) displayed a higher latency to enter an illuminated arena as well as higher numbers of defecations (B) and urinations (C) during a testing session than Odor only (control) animals (open bar). Asterisk indicates significance at $p < 0.05$.



Figure 2. Gene Ontology categories for biologic and cellular function for genes that were differentially regulated (Rank Products, $p < .05$). For the biologic function (top), there were a number categories represented including cell communication, cellular processes, developmental processes, and metabolic processes. The classification for biologic function was virtually identical for up- and down regulated genes. For cellular processes (bottom), however, the direction of regulation was important. Upregulated genes were largely located on the plasma membrane whereas downregulated genes were largely extracellular.

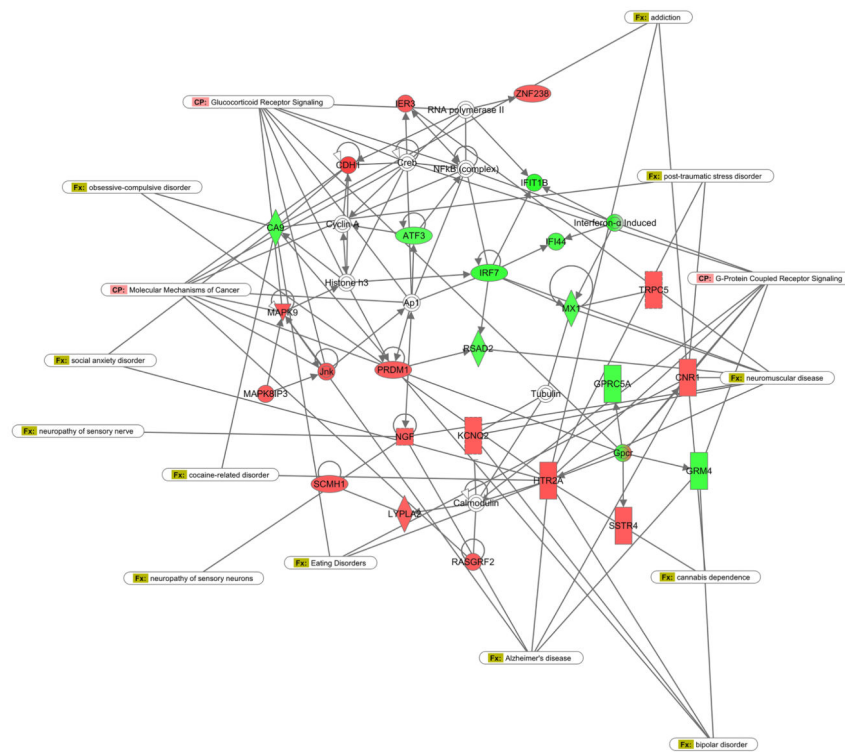


Figure 3.

Ingenuity Pathway Analyses: Pathway analyses were from the commercially available Ingenuity Pathway Analysis software. Input was the top 100 up- and top 100-downregulated probes ordered by fold change. Three networks were significantly enriched. Up-regulated probes are in red whereas down-regulated probes are in green. The network 2 shown here was defined as “Neurological disease, organ injury, inflammatory disease”. Canonical pathways identified by the pattern of gene expression are shown in the long ovals labeled “CP” in pink. These included a large number of G-protein coupled receptors. Associated disease states are also in long ovals labeled “Fx” in green. A number of disorders related to anxiety, addiction and stress were significantly over-represented (social anxiety; “ptsd”).

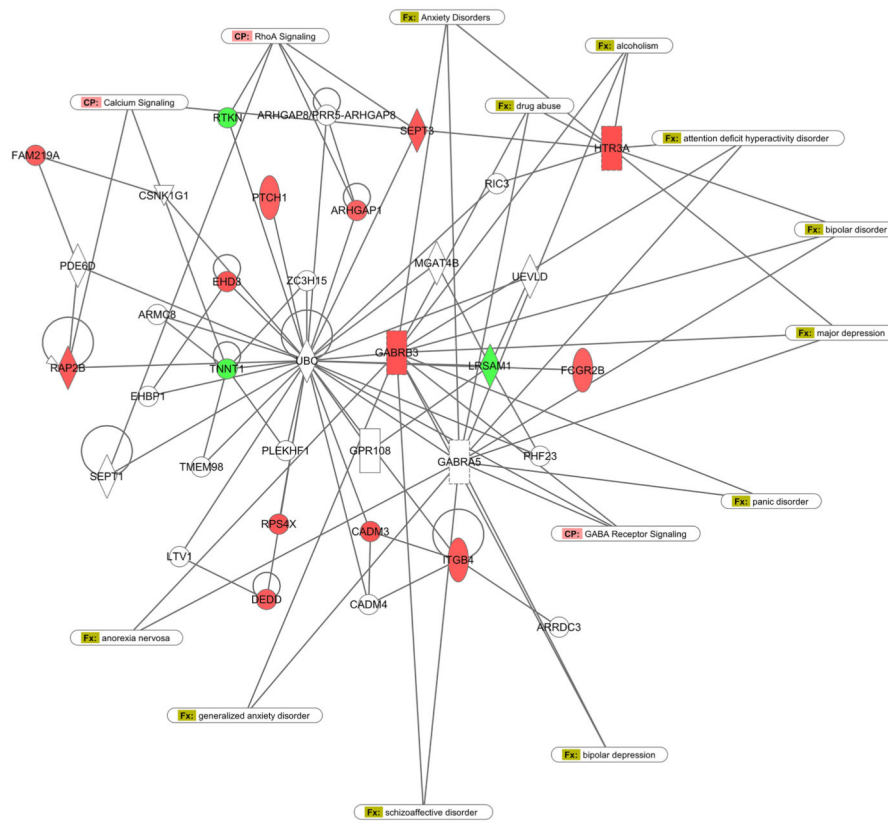


Figure 4. Ingenuity Pathway Analyses: Details are as in Figure 3. This is network 3 from the IPA analysis. There were three major canonical signaling pathways associated with the phenotype including GABA, RhoA and Calcium. Similar to Figure 3, the associated disease states are directly related to anxiety disorders (e.g. generalized anxiety; anxiety disorders; panic disorder) or have an anxiety related components.

Table 1

Significant gene probes from the Rank Product analysis

Gene_ID	Symbol	Chr	Title	Min pfp	Fold
81512	Lect1	15	leukocyte cell derived chemotaxin 1	0	-1.8636
315597	Mfrp	8	membrane frizzled-related protein	0	-1.7864
80900	Slco1a5	4	solute carrier organic anion transporter family, member 1a5	0	-1.7307
300920	Cldn2	X	claudin 2	0	-1.682
309100	Segb1c1	1	secretoglobin, family 1C, member 1	0	-1.6801
304929	F5	13	coagulation factor V (proaccelerin, labile factor)	0	-1.5717
84386	Slpi	3	secretory leukocyte peptidase inhibitor	0.001	-1.5834
266803	Sostdc1	6	sclerosin domain containing 1	0.0011	-1.6735
305858	Ox2	15	orthodenticle homeobox 2	0.0013	-1.7561
57395	Tmem27	X	transmembrane protein 27	0.0014	-1.624
25250	Cox8b	1	cytochrome c oxidase, subunit VIIIb	0.0015	-1.5842
100359478	LOC100359478	13	rCG20339-like	0.0017	-1.5832
24659	Pmch	7	pro-melanin-concentrating hormone	0.0018	-1.4926
304021	Col8a1	11	collagen, type VIII, alpha 1	0.0019	-1.4486
84024	Pon1	4	paraoxonase 1	0.002	-1.4103
500945	RGD1561795	8	similar to RIKEN cDNA 1700012B09	0.0021	-1.5813
295462	Ccdc109b	2	coiled-coil domain containing 109B	0.0035	-1.4561
25258	Glycam1	7	glycosylation dependent cell adhesion molecule 1	0.0035	-1.3865
56824	Ifit1	1	interferon-induced protein with tetratricopeptide repeats 1	0.0037	-1.474
360613	Ccdc49	10	coiled-coil domain containing 49	0.0039	-1.2299
297738	Steap1	4	six transmembrane epithelial antigen of the prostate 1	0.0043	-1.3824
83504	Kl	12	Klotho	0.0043	-1.3616
24203	Amy1a	2	amylase, alpha 1A (salivary)	0.0045	-1.4718
286918	Mx2	11	myxovirus (influenza virus) resistance 2	0.0072	-1.2404
29354	Pla2g5	5	phospholipase A2, group V	0.0075	-1.3488
312677	Ccdc77	4	coiled-coil domain containing 77	0.0081	-1.5577
25240	Aqp1	4	aquaporin 1	0.0085	-1.382

Gene_ID	Symbol	C hr	Title	Min pfp	Fold
25400	Camk2a	18	calcium/calmodulin-dependent protein kinase II alpha	0.01	1.3171
25049	Atxn1	17	ataxin 1	0.01	1.4662
293154	Folr2	1	folate receptor 2 (fetal)	0.0107	-1.3013
310707	Chd11	2	chromodomain helicase DNA binding protein 1-like	0.012	1.3325
315820	Myo5c	8	myosin VC	0.0131	-1.3772
85327	Lin7a	7	lin-7 homolog a (C. elegans)	0.0138	1.5181
310836	Abca4	2	ATP-binding cassette, subfamily A (ABC1), member 4	0.0147	-1.2854
65153	Freq	3	frequenin homolog (Drosophila)	0.015	1.2456
171049	Folr1	1	folate receptor 1 (adult)	0.0155	-1.2226
366140	Fjx1	3	four jointed box 1 (Drosophila)	0.0157	1.6088
24856	Trt	18	transthyretin	0.0167	-1.6577
83502	Cdh1	19	cadherin 1	0.0167	1.4029
308958	Cdr2	1	cerebellar degeneration-related 2	0.0169	-1.4405
311491	RGD1308385	3	similar to RIKEN cDNA 1700010M22	0.0182	-1.3839
361394	Lrrc36	19	leucine rich repeat containing 36	0.02	-1.3778
308565	Klk8	1	kallikrein related-peptidase 8	0.02	1.4348
366035	Wdr38	3	WD repeat domain 38	0.0206	-1.3965
50872	Hpcal4	5	hippocalcin-like 4	0.0227	1.4617
79247	Htr5b	13	5-hydroxytryptamine (serotonin) receptor 5B	0.025	1.3337
84493	Fmo3	13	flavin containing monooxygenase 3	0.0278	1.3849
24310	Ace	10	angiotensin I converting enzyme (peptidyl-dipeptidase A) 1	0.0305	-1.3355
362879	RGD1562127	7	similar to chromosome 11 open reading frame 9	0.0313	-1.397
690286	LOC690286	10	similar to hepatic leukemia factor	0.0342	1.1494
25504	Oxt	3	oxytocin, prepropeptide	0.0355	-1.5973
689043	Fam19a4	4	family with sequence similarity 19 (chemokine (C-C motif)-like), member A4	0.0362	-1.5561
294806	C1qnf3	2	C1q and tumor necrosis factor related protein 3	0.0368	-1.2763
362285	Col9a3	3	procollagen, type IX, alpha 3	0.0424	-1.3996
24684	Prlr	2	prolactin receptor	0.0433	-1.1666
292843	Siglec5	1	sialic acid binding Ig-like lectin 5	0.0433	-1.1592

Gene_ID	Symbol	C hr	Title	Min pfp	Fold
309400	Tmem2	1	transmembrane protein 2	0.0433	-1.1039
25365	Actg2	4	actin, gamma 2, smooth muscle, enteric	0.0436	-1.1241
308794	RGD1310371	1	similar to RIKEN cDNA 1700026D08	0.0438	-1.4482
304667	Rtbdn	19	retbindin	0.0439	-1.3039
293624	Irf7	1	interferon regulatory factor 7	0.0441	-1.3866
499017	Syt3	1	synaptotagmin-like 3	0.0443	-1.3515
50658	Mapk9	10	mitogen-activated protein kinase 9	0.0457	1.247
300663	Ccdc153	8	coiled-coil domain containing 153	0.0478	-1.3664
498944	Tsnaxip1	19	translin-associated factor X interacting protein 1	0.0485	-1.4034
64030	Kit	14	v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog	0.0485	1.2012
307562	Dsg2	18	desmoglein 2	0.0553	-1.3039
362424	Tmem72	4	transmembrane protein 72	0.0563	-1.2332
306454	Cldn22	16	claudin 22	0.057	-1.3355
681124	Dnae1l2	10	deoxyribonuclease 1-like 2	0.0586	-1.3381
171138	Kcne2	11	potassium voltage-gated channel, Isk-related subfamily, gene 2	0.0589	-1.1843
171026	Akap5	6	A kinase (PRKA) anchor protein 5	0.0606	1.3613
117019	Eif2b4	6	eukaryotic translation initiation factor 2B, subunit 4 delta	0.0607	-1.3816
116455	Atp6v0a2	12	ATPase, H+ transporting, lysosomal V0 subunit A2	0.0633	1.3328
85496	Enpp1	1	ectonucleotide pyrophosphatase/phosphodiesterase 1	0.0644	1.2997
498278	RGD1562658	13	similar to RIKEN cDNA 1700009P17	0.0653	-1.3344
291084	Nqo2	17	NAD(P)H dehydrogenase, quinone 2	0.0656	-1.3615
290595	LOC290595	16	hypothetical gene supported by AF152002	0.0658	-1.215
290372	RGD1560137	15	similar to expressed sequence AU021034	0.0665	-1.3229
311061	Itgb6	3	integrin, beta 6	0.0674	-1.1521
100147704	Usp43_predicted	10	ubiquitin specific protease 43	0.077	-1.3302
498642	Rbpms	16	RNA binding protein with multiple splicing	0.0779	-1.3107
312790	Gprc5a	4	G protein-coupled receptor, family C, group 5, member A	0.0804	-1.3111
288562	Tfr2	12	transferrin receptor 2	0.0825	-1.3336
297595	Leprel2	4	leprecan-like 2	0.0901	-1.2675

Gene_ID	Symbol	C hr	Title	Min pfp	Fold
84020	Kcng1	1	potassium voltage-gated channel, KQT-like subfamily, member 1	0.0901	-1.2511
362336	Fam180a	4	family with sequence similarity 180, member A	0.0955	1.229
315691	Lingo1	8	leucine rich repeat and Ig domain containing 1	0.0956	1.1121
64536	Esm1	2	endothelial cell-specific molecule 1	0.0975	-1.2597
680802	LOC680802	1	similar to Zinc finger protein 45 (BRC1744)	0.0989	1.2272

Note: Pfp is the percentage of false predictions

Table 2

Upregulated Biological and Cell Component Classes

Symbol	Gene ID	Gene Name
AKAP5	171026	A kinase (PRKA) anchor protein 5
ARF5	79117	ADP-ribosylation factor 5
ATXN1	25049	ataxin 1
CADM3	360882	cell adhesion molecule 3
CAMK2A	25400	calcium/calmodulin-dependent protein kinase II alpha
CAMK2N1	287005	calcium/calmodulin-dependent protein kinase II inhibitor 1
CDH1	83502	cadherin 1
CLSTN3	171393	calsyntenin 3
DDR1	25678	discoidin domain receptor tyrosine kinase 1
DLG4	29495	discs, large homolog 4 (Drosophila)
EHD3	315499	similar to EH-domain containing 3; EH-domain containing 3
EHD3	192249	similar to EH-domain containing 3; EH-domain containing 3
ENPP1	85496	ectonucleotide pyrophosphatase/phosphodiesterase 1
EPN1	117277	Epsin 1
FBXO10	362511	F-box protein 10
GABRB3	24922	gamma-aminobutyric acid (GABA) A receptor, beta 3
HTR2A	29595	5-hydroxytryptamine (serotonin) receptor 2A
HTR3A	79246	5-hydroxytryptamine (serotonin) receptor 3a
HTR5B	79247	5-hydroxytryptamine (serotonin) receptor 5B
KCNJ4	116649	potassium inwardly-rectifying channel, subfamily J, member 4
KLK8	308565	kallikrein related-peptidase 8
LIN7A	85327	lin-7 homolog a (C. elegans)
MSLN	60333	mesothelin
SERPINF1	287526	serine (or cysteine) peptidase inhibitor, clade F, member 1
SLC6A13	171163	solute carrier family 6 (neurotransmitter transporter, GABA), member 13
SLC6A20	113918	solute carrier family 6 (neurotransmitter transporter), member 20
TRH	25569	thyrotropin releasing hormone
UNC5A	60629	unc-5 homolog A (C. elegans)
WFS1	83725	Wolfram syndrome 1 homolog (human)

Table 3

Down regulated Biological and Cell Component Classes

ACE	24310	angiotensin I converting enzyme (peptidyl-dipeptidase A) 1
ALDH1A1	24188	aldehyde dehydrogenase 1 family, member A1
AQP1	25240	aquaporin 1
AVP	24221	arginine vasopressin
CAR9	313495	carbonic anhydrase 9
CGA	116700	glycoprotein hormones, alpha subunit
COL2A1	25412	collagen, type II, alpha 1
COL8A1	304021	collagen, type VIII, alpha 1
EIF2B4	117019	eukaryotic translation initiation factor 2B, subunit 4 delta
F5	304929	coagulation factor V (proaccelerin, labile factor)
FOXA2	25099	forkhead box A2
GBX2	114500	gastrulation brain homeobox 2
GNG8	245986	guanine nucleotide binding protein (G protein), gamma 8
GRM4	24417	glutamate receptor, metabotropic 4
HSF4	291960	heat shock transcription factor 4
IRX5	498918	iroquois homeobox 5
KRT8	25626	keratin 8
NQO2	291084	NAD(P)H dehydrogenase, quinone 2
OTX2	305858	orthodenticle homolog 2 (Drosophila)
OXT	25504	oxytocin, prepropeptide
PLA2G5	29354	phospholipase A2, group V
PMCH	24659	pro-melanin-concentrating hormone
SHOX2	25546	short stature homeobox 2
SLC27A2	65192	solute carrier family 27 (fatty acid transporter), member 2
SLCO1A5	80900	solute carrier organic anion transporter family, member 1a5
STEAP2	312052	six transmembrane epithelial antigen of the prostate 2
SYTL3	499017	synaptotagmin-like 3
TH	25085	tyrosine hydroxylase
UCN	29151	urocortin
ACE	394682	angiotensin I converting enzyme (peptidyl-dipeptidase A) 1
AMY1A	392205	amylase, alpha 1A (salivary)
AQP1	411355	aquaporin 1
AVP	409168	arginine vasopressin
CAR9	409305	carbonic anhydrase 9
CGA	383810	glycoprotein hormones, alpha subunit
CLDN2	380225	claudin 2
CLEC1B	407692	C-type lectin domain family 1, member b
COL2A1	413871	collagen, type II, alpha 1

CTHRC1	406161	collagen triple helix repeat containing 1
DSG2	400958	desmoglein 2
DYSF	407472	dysferlin
ENPP2	397475	ectonucleotide pyrophosphatase/phosphodiesterase 2
ESM1	403943	endothelial cell-specific molecule 1
F5	392715	coagulation factor V (proaccelerin, labile factor)
GLYCAM1	393551	glycosylation dependent cell adhesion molecule 1
GNG8	392668	guanine nucleotide binding protein (G protein), gamma 8
GRM4	385400	glutamate receptor, metabotropic 4
HGS	396973	hepatocyte growth factor-regulated tyrosine kinase substrate
KCNQ1	418114	potassium voltage-gated channel, subfamily Q, member 1
KL	417041	Klotho
KLK6	404136	kallikrein related-peptidase 6
KRT8	416397	keratin 8
LECT1	414983	leukocyte cell derived chemotaxin 1
OXT	408924	oxytocin, prepropeptide
P2RX6	393457	purinergic receptor P2X, ligand-gated ion channel, 6
PLA2G5	417130	phospholipase A2, group V
PMCH	399481	pro-melanin-concentrating hormone
PON1	381133	paraoxonase 1
PRPH	402974	peripherin
RNASE12	388854	ribonuclease, RNase A family, 12 (non-active)
SCGB1C1	397101	secretoglobin, family 1C, member 1
SCN2A1	399606	sodium channel, voltage-gated, type II, alpha 1
SCN4B	380233	sodium channel, type IV, beta
SGMS2	407500	sphingomyelin synthase 2
SLC5A11	406299	solute carrier family 5 (sodium/glucose cotransporter), member 11
SLCO1A5	383300	solute carrier organic anion transporter family, member 1a5
SLPI	405412	secretory leukocyte peptidase inhibitor
SOSTDC1	400391	sclerostin domain containing 1
STEAP2	413664	six transmembrane epithelial antigen of the prostate 2
SYTL3	394843	synaptotagmin-like 3
TFR2	397885	transferrin receptor 2
TH	404368	tyrosine hydroxylase
TTR	403842	transthyretin
UCN	403129	urocortin
VAV3	403653	vav 3 guanine nucleotide exchange factor
VIPR2	409436	vasoactive intestinal peptide receptor 2
VOM2R31	394357	vomer nasal 2 receptor, 31
XCL1	394484	chemokine (C motif) ligand 1

Table 4

Functional Annotation Clusters from DAVID for Upregulated genes

<i>Gene Group 1. Cell Adhesion, Synaptic Transmission</i>			
Symbol	Gene Name	Putative function *	Fold
Cadm3	cell adhesion molecule 3	Brain specific Ca ²⁺ -independent adhesion molecule involved in the formation of synapses, axon bundles and myelinated axons	1.29
Cdh1	cadherin 1	Regulates neuron projection growth via cadherin signaling pathway; Cdh1 cKO mice had impaired associative fear memory and exhibited impaired long-term potentiation (LTP) in amygdala slices. (Pick et al., 2013)	1.40
Clstn3	calsyntenin 3	Thought to be involved in signal transduction processes as vesicular trafficking protein in the brain that can couple synaptic vesicle exocytosis to neuronal cell adhesion.	1.28
Dlg4	discs, large homolog 4	Scaffolding protein that binds and clusters NMDA receptors at neuronal synapses; DLG4 gene disruption in mice produces a complex range of behavioral and molecular abnormalities relevant to autism spectrum disorders and Williams' syndrome. (Feyder et al., 2010)	1.28
Kcnj4	potassium inwardly-rectifying channel, subfamily J, member 4	Forebrain specific with a key role in neuronal signaling by regulation of the excitability of neurons	1.35
Klk8 (neuropsin)	kallikrein related-peptidase 8	A extracellular protease, mediates activity-dependent synaptic change required for hippocampal LTP (Ishikawa et al., 2011)	1.43

<i>Gene Group 2. Serotonin/neurotransmitter Regulation</i>			
Symbol	Gene Name	Putative function *	Fold
Gabrb3	gamma-aminobutyric acid (GABA) A receptor, beta 3	Beta 3 subunit, with alpha subunits forms active GABA-A receptors	1.28
Htr2a	5-hydroxytryptamine (serotonin) receptor 2a	Linked to anxiety/affective disorders	1.26
Htr3a	5-hydroxytryptamine (serotonin) receptor 3a	Ligand gated pre- and postsynaptic receptor implicated in anxiety disorders and IBS	1.29
Htr5b	5-hydroxytryptamine (serotonin) receptor 5B	G-protein coupled receptor co-expressed with the 5-HT transporter in dorsal raphe.	1.33
Slc6a13	solute carrier family 6 (neurotransmitter transporter, GABA), member 13	GABA transporter (GAT2) on neurons and astrocytes	1.27
Slc6a20	solute carrier family 6 (neurotransmitter transporter), member 20	Amino acid transporter as part of the IMINO system. Regulates extracellular proline levels	1.27
Trh	Thyrotropin releasing hormone	Strongly implicated in anxiety, particularly in the amygdala	1.33

<i>Gene Group 3. Other Genes implicated in Affective behaviors</i>			
Symbol	Gene Name	Putative Function *	Fold
AKAP5	A kinase (PRKA) anchor protein 5	AKAP5 Pro100Leu polymorphism (rs2230491) contributes to individual differences in affective control (Richter et al., 2013)	1.36
CAMK2A	calcium/calmodulin- dependent protein kinase II alpha	Significant for retrieval of fear conditioning with NMDA 2A receptors in amygdala; (Moriya et al., 2000)	1.32
WFS1	Wolfram syndrome 1 homolog (human	Negatively related to anxiety phenotype in mice	1.32

*From NIH and RGD databases and the cited literature.

Table 5

Functional annotation clusters from DAVID for Downregulated genes

<i>Gene Group 1. Neuromodulators/social behavior</i>			
Symbol	Gene Name	Putative function *	Fold
Oxt	oxytocin, prepropeptide	Codes for oxytocin and neurophysin I, involved in cognition, tolerance, adaptation and complex sexual and maternal behavior, as well as in the regulation of water excretion and cardiovascular functions	-1.60
Pmch	pro-melanin- concentrating hormone	Acts as a neurotransmitter or neuromodulator in a broad array of neuronal functions	-1.49
Avp	arginine vasopressin	Acts on a variety of homeostatic functions, especially mammalian social behaviors	-1.31
ACE	angiotensin I converting enzyme	Decreased ACE function results in anxiety-like but not depressant like behavior (Okuyama et al., 1999)	-1.34
ALDH1A1	aldehyde dehydrogenase 1 family, member A1	ALDH1A1 is expressed in VTA dopaminergic neurons. Altered in infant attachment (Barr et al., 2009)	-1.26

<i>Gene Group 2. Homeobox genes</i>			
Symbol	Gene Name	Putative Function *	Fold
Otx2	orthodenticle homeobox 2	Key regulator of neural plasticity, rostral brain development and closing of critical periods (Sugiyama et al., 2009; Beurdeley et al., 2012).	-1.76
Irx5	iroquois homeobox 5	Required for proper formation of posterior forebrain, midbrain, hindbrain and, to a lesser an extent, spinal cord	-1.40
Gbx2	gastrulation brain homeobox 2	Interacts with Otx2 to regulate rostral brain development and brain segmentation (Inoue et al., 2012)	-1.34

* From NIH and RGD databases and the cited literature.

Note. In addition to the two groups above, a third group of down regulated probes consisted of Cthrc1 (collagen triple helix repeat containing 1), Rnase12 (ribonuclease, RNase A family, 12 (non-active) and Scgb1c1 (secretoglobin, family 1C, member 1). However their relation to brain function is unknown.